

The Pamlico News



Wednesday, February 03, 2016

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NOTABLE

• OWC to Host Fundraiser

The Oriental Woman's Club Continues Celebration of 100th Anniversary with Raise the Roof with Music and Voice. Harbor Sounds will give a benefit concert at the Oriental Woman's Club Clubhouse, 1007 Gilgo Road, Oriental, on Friday, February 26, from 7-9pm. This concert will be a fund raiser for the OWC Roof Fund - donations only. An old-fashioned Ice Cream Social will follow the concert. Make plans to attend - tell all your friends and neighbors about this event - better yet - bring them out for an enjoyable evening. For information, call Carol McAdoo at 745-7762.

• St. George's to Host Pancake Supper Tuesday

St. George's Episcopal Church, Engelhard, is holding its annual benefit Shrove Tuesday Pancake Supper on Tues., Feb. 9th, between 5-7 p.m. The fare will include pancakes, sausage, bacon, eggs, grits and fruit all prepared by the men of St. George's. Donations accepted and take out will be available. All are welcome.

• Learn about our Seashore

The Croatan Group of the NC Sierra Club will sponsor Superintendent Pat Kenney of the Cape Lookout National Seashore on Monday, February 15 at the Marine Lab Auditorium at Pivers Island, Beaufort, NC. The event will take place from 7-8pm and there will be a "meet and greet" at 6:30pm. This event is free and open to the public. Superintendent Kenney will speak about current issues related to the national seashore and there will be time for questions and answers. Visit <http://croatagroup.wordpress.com>

• New Exhibit Now Open at History Museum

The Oriental History Museum has opened its newest exhibit on "Navigation Before GPS." How did sailors and boater find their way without current electronics. The exhibit illustrates traditional navigation techniques and the tools used "back in the day." Exhibit runs through May. Admission is always free. Museum hours are: Fri. 11-3, Sat. 1-4, Sun. 1-4. Contact: museum@dockline.net.

• Interested in volunteering at HeartWorks?

Come to an Open House/Orientation Session for new volunteers on Thursday, February 11 at 1pm. Volunteers are needed to mentor, teach literacy or math skills, arts & crafts, music, dance, chess, sports, gardening, the International Club, etc., etc.. Join our dedicated group of volunteers in providing enrichment activities to the kids at HeartWorks' 21st Century Community Learning Center. Short and long-term commitments are available to meet your schedule. Help is also needed with fundraising. The meeting will be at HeartWorks on Hwy 55 in Bayboro. For more information, contact Katherine Hudson, Volunteer Coordinator, at 252-745-9703 or send an email to volunteer@heartworksnc.org.

• PAWS Yard Sale Set for February 13

The Pamlico Animal Welfare Society (PAWS) will hold a Yard Sale on Saturday, February 13 from 9am-2pm at the Oriental Women's Club on Gilgo Road. Get your spring cleaning done early and donate items in good condition, large or small. (please no clothes) Items may be dropped off Thursday, February 11th between 10am-1pm and Friday, February 12th between 10am-2pm. Donate to a great cause! Come Saturday to buy! Questions? Call Christine, 249-3513.

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OBITUARIES

- Myron Montague Banks, Jr., 72, of New Bern
- Adam Hugh Harris, Jr., 85, of New Bern, formerly of Oriental
- Linda Woodard Whorton, 75, of Greenville

Got News? Call us at 249-1555 or email editor@thepamliconews.com

“Food Desert”? Local Groups Say “Not Here”

Staff Reports

While rumors are swirling around town that a new grocer is working to purchase the Walmart building and open a much-needed market, one group is busy working on an alternative plan.

Even before Walmart announced the closing of its Express store a group of concerned citizens organized a meeting to explore the different ways of getting good quality foods to the town. The Oriental Food Initiative (OFI) has been networking with local farms to bring in meat, produce and dairy products which are currently being sold at the Inland Waterway Provision Company. They held an open Forum last Wednesday at the Old Theater to let the public know what they have been up to and to see how they can meet the needs of the community until another grocery store is opened in town. On the night before Walmart's closing more than 160 people filled The Old Theater to learn more about the OFI.

Oriental resident Regina Dubiel, opened the



More than 160 people turned out to discuss possible solutions to the lack of a grocery store in Oriental following Walmart's closing.

meeting by asking the audience for a show of hands of how many people would be willing to give time and money toward landing a new gro-

cery, with only a handful of people raising their hands in response.

See Food, page 7A

Carving Out the Future with Passion

By Ben Casey
Special to The Pamlico News

Lou Powell, veteran distinguished instructor in horticulture at Pamlico Community College, Retired, will be a featured artisan at the East Carolina Wildlife and Art Festival hosted by the Washington Civic Center in Little Washington, NC this weekend, February 6 & 7. One critic observed, "Lou's transformations of wood into 3-dimensional sculptures warms the spirits of sensitive people who appreciate fine craftsmanship."

The rural environment of vast farmland between Wilmar and Emul in Northern Craven County was the springboard that propelled his passion for working with the natural, a variety of species of both hard and soft woods. After serving in Viet Nam, he returned to his homeland and married Laura Lee Nelms from Nashville, NC. She became a school teacher, he an agribusinessman, hardware store owner, and horticulturist. Their two sons now work at East Carolina University; one is an instructor in the College of Engineering and Technology; the other is an IT staff member.

After losing his hardware store to a fire, he became a horticulture instructor at Pamlico Community College. He was credited for developing a program of instruction which produced astonishing results at Pamlico Correctional Institution. He not only taught horticulture, he helped individuals make course corrections and leave prison with a future in professional yard maintenance and landscaping. It is not uncommon for him to relate great joy after hearing of the success of a former inmate.

Powell has always appreciated all things constructed from wood which was the impetus for him realize to how much he enjoyed carving. Beginning in the year 2000, he began to hone those skills, studying in classes sponsored by the Smoky Mountain Woodcarvers. He has also studied under Rick Jensen, a specialist with carving cottonwood bark. Powell credits Jensen with inspiring him to work with cottonwood bark because no two pieces can be carved the same from this species. Powell said, "This expands the creativity you can exercise in each individual carving." He has also been an understudy of the acclaimed Jerry Barkley, a major talent in decoy and bird carving.

Never one to let creativity become housed in one species of wood, Lou is deeply grateful



Lou Powell, will be a featured artisan at the East Carolina Wildlife and Art Festival in Little Washington this coming weekend.

for his personal friendship with Jack Holbrook, a professional sawyer who has helped him locate a variety of domestic and foreign hardwoods. From this variety, he has carved human sculptures, old barns, lighthouses, dolphins, whimsical fish, and more recently, attractive black walnut crosses for pendants.

"I don't really like commissions. I don't want to sound pretentious, but I want to create something I feel good about, something that comes from the way I feel when I'm carving it. Carving faces is not easy at all. The stress that would come from carving someone's face the way they wanted it to look would kill the joy out of creating something. I want people to buy a carving from me because it arouses a feeling in them. I don't want somebody who wanted a carving of a particular person to judge it by asking themselves if it is a photographic likeness of the person."

Lou Powell is also passionate about stimulating creative passion in others. He has taught a number of classes in carving, often collaborating with other carvers. Beyond the carving tools, he is often complimented because he commits acts of kindness in his community, doing for others, especially the less fortunate. He is passionate about spreading human decency. This has been exemplified by life in his very close-knit family of sons and grandchildren. Not just a servant in his community, he is equally proud that he served his country.

To view some of Lou Powell's carvings, visit www.loupowellcarvings.com.

Stories of Changing Lives at PCC

By Townley Cheek

Austin Fonville and Torrence Purdue are two hard-working, driven Pamlico Community College students. Both are members of the Student Government Association and Men Eliminating Barriers and Creating Opportunities (MEBCO). While both students have different backgrounds and reasons for attending PCC, both have found hope and a place to call home, and both agree that Pamlico Community College has changed their lives.

Austin Fonville, a 48-year-old Human Services Technology student, is a firm believer that you are never too old to learn or to change your life. "Watching my children graduate with their Masters and pass their medical boards made me realize that not only did I want that for them, but I wanted it for myself as well," he says.

Not being from Pamlico County, Fonville heard about Pamlico Community College from the alumni in the community. "I was completely impressed at the quality of the education and the passion the faculty and staff had for each student. PCC has changed my life and the lives



These students, and many just like them, are the individuals behind the bond, and their story should be told.

of my family. This college has a lot to offer our community, and I am proud to be part of it."

Torrence Purdue, a Business Administration student, believes that education is one of the biggest blessings in life. "Knowledge is power, enabling one to create their own destiny. The only reason I know this is because being a student at PCC has allowed me to look in the mirror and actually tell myself who I am, rather than what society depicts me as being."

See PCC, page 7A

CRIME REPORT

Suspect Sought in Mule Killings



Three mules were shot to death at this Gibbtown Rd location.

The search is underway for whoever shot and killed three mules in Merritt earlier this week.

On Monday deputies from the Pamlico County Sheriff's Office were called to a Gibbtown Rd. location to assist the Pamlico County Animal Control with an animal cruelty case.

Upon arrival it was determined that three mule livestock animals had suffered a gunshot wound and subsequently were died. Two of the animals were located a short distance from the owners residence on Saturday and a third animal was found dead in the animals' stable on Monday morning. It is believed that all three animals were shot at the same time.

Neighbors in area report that a silver in color SUV, similar to a Chevrolet Suburban, was seen in the area on Saturday at approximately 3-4 p.m. The neighbors advised that shortly after the vehicle entered the area a series of gunshots were heard.

The Pamlico County Animal Control Office and The Pamlico County Sheriff's Office are seeking the community's assistance in identifying and locating the suspect(s) involved in this crime. There is a \$500 reward for any information leading to the arrest of the person(s) responsible for this crime.

Early Spring Forecast by Phil, Sir Wally

Yesterday marked the 130th Groundhog Day celebration in Punxsutawney, Pennsylvania where crowds gathered eagerly awaiting the Punxsutawney Phil's furry eruption from his burrow tell us whether spring will come early this year or we will have to endure six more weeks of winter weather.



Sir Walter Wally did not see his shadow, which means spring is on the way, at the North Carolina Museum of Natural Sciences' 12th annual Groundhog Day celebration on Tuesday.

The handlers of Pennsylvania's most famous groundhog, Punxsutawney Phil, say the furry rodent has failed to see his shadow, meaning he has a "predicted" an early spring. The "forecast" was announced at sunrise, just before 7:30 a.m. Tuesday.

According to folklore, if it is cloudy when a groundhog emerges from its burrow on this day, then spring will come early; if it is sunny, the groundhog will supposedly see its shadow and retreat back into its burrow, and the winter weather will persist for six more weeks.

Even though it's fun to watch Phil emerge from his hole to tell us what he thinks, it seems as though the groundhog has lost his edge and

See Groundhog, page 7A

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1. Guion Stewart Bluford, Jr., spent six days in space in 1983. Was he a member of a Challenger, Apollo or Gemini mission? ANSWER: A Challenger mission. He was the first black American astronaut in space, and helped to launch a communication and weather satellite.

2. In what Midwestern city did Dr. Hale Williams establish the first African-American hospital? ANSWER: Chicago, in 1891.

3. Who was the first black woman ever named to the cabinet of a U.S. president? ANSWER: Patricia R. Harris, who served as secretary of Housing and Urban Development under former President Jimmy Carter.

4. In 1849, a Virginia slave named Henry Brown decided to mail himself to freedom. Did

he succeed or fail? ANSWER: He succeeded. Packaged in a 3' x 2' x 28" box, he arrived safely 26 hours later at the Anti-Slavery Society in Philadelphia.

5. Did the first black lawyer in America receive his license before or after the Civil War? ANSWER: Before. Macon B. Allen received his license in Massachusetts in 1845.

6. Which U.S. president signed Executive Order 9981, ending official racial discrimination in the U.S. armed forces? ANSWER: Harry Truman, in 1948. Desegregation had already begun on a trial basis during World War II.

7. What book by Richard Wright was a main selection of the Book-of-the-Month Club in 1940? ANSWER: Native Son

QUICK REFERENCE

Emergency: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance

Animal Poison Control Center: 1-888-426-4435

Carteret General Hospital: 808-6000;

Coastal Carolina Regional Airport: 638-8591

Emergency Pet Care: 444-1399

Highway Patrol: 1-800-441-6127

Medical Assistance: CarolinaEast Medical Center: 633-8111

Nova Urgent Care: 745-7440

Pamlico County Departments:

Board of Elections: 745-4821

County Manager: 745-3133

Emergency Management: 745-4131

Health Dept.: 745-5111

Recycling Center: 745-3283

Senior Services: 745-7196

Sheriff's Dept. (non-emergency) – 745-3101

Social Services: 745-4086

Tax Collector: 745-4125

Water Dept.: 745-5453

Poison Control Center: 1-800-222-1222

US Coast Guard (Hobucken): 745-3131

WEATHER.COM

Wednesday
A chance of showers, with thunderstorms also possible after noon. Mostly cloudy, with a high near 68.

Wednesday Night
Showers likely and possibly a thunderstorm before 1am, then a chance of showers. Cloudy, with a low around 52. Chance of precipitation is 60%. New rainfall amounts between a half and three quarters of an inch possible.

Thursday
A chance of showers. Cloudy, with a high near 54. Chance of precipitation is 50%.

Thursday Night

A chance of showers. Mostly cloudy, with a low around 37. Chance of precipitation is 40%.

Friday
A chance of showers. Partly sunny, with a high near 45. Chance of precipitation is 40%.

Friday Night
Partly cloudy, with a low around 33.

Saturday
Mostly sunny, with a high near 50.

Saturday Night
Partly cloudy, with a low around 35.

Sunday
A chance of showers. Partly sunny, with a high near 49. Chance of precipitation is 30%.

WEEKLY HOROSCOPE

Aries (March 21-April 19)
This is a popular time for you! This week, in particular, is an excellent time to make long-range plans, especially related to future travel, study, courses, and anything to do with the law, medicine, publishing and the media. Disputes about shared property and inheritances might be successfully settled. (Or maybe not.) Your relations with a boss or an authority figure might get out of hand. Smoochy boochies! (You know who you are.) You can work with others to achieve your goals this week. Please so not lose sight of the fact that this is your year to get a better job or improve your existing job. Likewise, you can improve your health. No slackers!

Taurus (April 20-May 20)
The Sun continues to be at the top of your chart casting a flattering light on you, which is why everyone thinks you're competent, talented and reliable. (Which you are.) In particular, bosses, parents and VIPs are impressed with you, which is why they will ask you to take on increased responsibilities. Just say yes because you will dazzle them. (You don't even have to do anything special because good (Solar) lighting is everything!) Someone older or more experienced might have advice for you now. It looks like you can settle red-tape issues about inheritances and shared property. Meanwhile, something might occur that causes you to take a new approach to a partnership. This is probably a good idea.

Gemini (May 21-June 20)
This continues to be a wonderful time for adventure, travel and chances to learn something new either through formal education or your ability to scrounge for exciting information. You're a magpie. Some of you will solidify your approach to travel plans or coursework and training. Take note: At the end of this week, surprise opportunities in these areas will fall in your lap. Meanwhile, you're working hard plus you're ingenious and resourceful with whatever you do this week. You see new approaches, new uses and new applications for things. Because your sex drive is amped, romance will give you juicy fodder for your diary. Oh yeah! Author of Fifty Shades of Grey E. L. James is an imaginative Pisces with Moon in Leo; but you are Gemini - the wordsmith!

Cancer (June 21-July 22)
Your focus continues to be on inheritances, shared property, taxes, debt and insurance matters. Fortunately, the planetary configurations of this week will help you by giving you the patience, endurance, and also flashes of insight, so that you can wrap up loose details. Relations with partners and close friends are passionate this week. No question. Keep your eyes open for an unexpected gift or favour from someone, which will likely come your way. You might decide to take a new approach to dealing with your kids or dealing with a romantic partner. "The time is come the warlus said to talk of many things."

Leo (July 23-Aug. 22)
The first thing that you have to keep in mind right now is that you need more sleep. Don't beat yourself up if you are a buzz kill at parties. ("I have to go home to go to bed.") Your first duty right now is to take care of yourself. Nevertheless, you are working hard on the home front to introduce changes you want, plus you will be resourceful and see new ways of working with what you presently have. Be ready for a few surprises from a partner or close friend because something out of the blue will occur. A work-related romance might begin for some. All of you are on a self-improvement kick now to buff your bod because soon you can no longer hide in your winter coat. Aaaggggh!

Virgo (Aug. 23-Sept. 22)
You continue to be keen about getting better organized and boosting your health. ("Yes, I want it all!") Something unexpected might trigger some excitement in your job. This could be related to technology. Meanwhile, those of you who write, teach, act, sell or use your words for a living are very powerful this week. Your persuasive skills will be impressive! This could come in handy because romance, love affairs and even casual, recreational sex look promising in an intense, passionate way. This might also be why serious relationships are confusing. Oh well, the road of true anything never runs smooth.

Libra (Sept. 23-Oct. 22)
Things are good now because you are a social sign and the planets are giving you lots of opportunity to play! In fact, this week surprise invitations will come your way, along with unexpected flirtations that could lead to something sweet and sizzling. Meanwhile, you will feel passionately about something at home. This could relate to how you want to redecorate or make improvements at home. Or it could be an emotional family matter. Whatever the case, you won't compromise. Meanwhile, back at the bank, you're working hard to earn money and working just as hard to spend it! Money in - money out. Life is getting easier for you for the most part; and by September - you're laughing!

Scorpio (Oct. 23-Nov. 21)
Home, family and your private life are your main focus now and will continue to be so for the next few weeks. Conversations with relatives and siblings are intense - nothing is casual. But at least, you know what you want and you're not afraid to express it. An older family member will help you now. However, something unexpected and out of the blue will likely impact your private world. You might temporarily live somewhere different or something unusual might impact your home - possibly the introduction of something new and high-tech? Meanwhile, with Mars in your sign, you're bursting with energy to both work and play. Yes, the bases are loaded and you are up to bat. Yowser!

Sagittarius (Nov. 22-Dec. 21)
Your busy pace continues. "I'm late! I'm late, for a very important date!" Short trips, errands, increased reading and writing and conversations with everyone push your pace now. In addition, unexpected demands on your time further complicate things for you. Nevertheless, you are making long-range plans for the future and working hard to earn money. Some of you are considering a whole new income stream or way of generating cash. It might be a new job or a new idea to make some money on the side. Considering that you are now in the process of reinventing yourself, who is surprised? (This transformation will last until 2022.)

Capricorn (Dec. 22-Jan. 19)
You have so many ideas right now! Naturally, you're focused on money and cash flow because you have to know what you can count on in order to expedite your brilliant plans. It goes without saying that you are in the process of downsizing and letting go of much of what you accumulated since 2003. Oh yes, you're heading into a whole new game by 2018. Hence, your efforts to do some serious financial planning this week. An unexpected job opportunity or a chance to boost your earnings or buy something unusual will fall in your lap. Stay tuned for this. Meanwhile, take a realistic look in the mirror because you can make some radical changes to improve your appearance this week.

Aquarius (Jan. 20-Feb. 18)
With the Sun in your sign, you are energized and fortunate! But you're not being silly. Oh no. This week you are taking a long-range look at things in a very careful, measured way. This is a good thing because your ambition might reveal a new career path that will open for you. Or maybe it's similar to what you're doing but it's got a whole new twist. (Lemon or lime?) This week you need your freedom because you intend to do exactly what you want to do. "Full speed ahead! Damn the torpedoes!" Remember that gifts, goodies, loans and mortgages will come your way now, so keep your eyes peeled and your pockets open.

Pisces (Feb. 19-March 20)
Because your birthday will not arrive for a few weeks, you are sort of waiting in the wings. Nevertheless, you're willing to put a lot of energy out to travel and explore your world. Big time! It's curious because two contradictory influences are at play now. On one hand, you are serious, dedicated and keen to make long-range plans. This part of you presents a responsible, reliable image to the world. But another part of you feels quite different. You are passionate, intense and up for adventure! This influence makes you restless, excited and eager for change. Just remember that friendships and partners are supportive to you now. You are not alone.

COMMUNITY CALENDAR

Wednesday, February 3

- Pamlico Partnership Parent & Child class at Pamlico Primary School, 9:00 or 10:30 a.m. when school is in session. Call Michelle Sheilds 252-745-7850 for information.
- Crocheting & Knitting at Senior Center at 10 a.m.
- Health Screening - Blood Pressure & Weight Checks at Senior Center at 10 a.m.
- Talk & Exercise with Beth at Senior Center at 10:30 a.m.
- Quilting at PC Senior Center from 1-3 p.m.
- Research genealogy and search online 1-4 p.m. at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
- Drumming Dragons, Oriental Town Hall, 7:00 p.m.

Thursday, February 4

- Prayer Shawl Ministry, Oriental United Methodist Church, 10 - 11:30 a.m. For all levels of knitting and crocheting. We can teach you how! Call Leigh Price for more info, 249-1361.
- Site meeting at PC Senior Center at 10 a.m.
- Alcohol Anonymous, Thursday @ 12 noon, Closed, Grapevine, @ Free Will Baptist Church, Ragan Rd., Oriental.
- AARP meeting at 1 p.m. at PC Senior Center
- Arthritis Foundation Exercise Program Class at 1 p.m. at Senior Center
- Research genealogy and search online 1-4 p.m. at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
- Honor Guard at PC Senior Center at 6 p.m.
- Reelsboro Community Watch meeting at the Reelsboro Fire House on Holland Drive at 7 p.m.
- Pamlico County Horseman's Association meets at 7pm at the Pamlico County History Center in Grantsboro. Horse Lovers come on out, even if you don't own a horse, you can still be a part of the club and can help plan horse shows, trail rides, community fun days for kids and fun days at our arena in Arapahoe. For more information call Karen Gardner at 252-671-6945

Friday, February 5

- Fantastic Friday at Senior Center
- Oriental Quilting Bee, 9 a.m., 403 Mildred Street. No experience needed.
- Preschool story time at PC library at 10 a.m.
- Bingo at 10 a.m. at Senior Center
- Card Games at Senior Center at 1 p.m.
- Young at Heart Crafts at Senior Center at 2 p.m.
- YA Anime at PC Library at 3 p.m.

Saturday, February 6

- Oriental Farmer's Market on Hodges St. from 9 a.m. to noon.
- Family Movie at 11 a.m. at PC Library

Monday, February 8

- Center volunteers paperwork at 9 a.m. at Senior Center
- Bible Study at Alliance UMC at 9:30 a.m. All are welcome
- Grief Support Group meets every Monday at 10 a.m. at Oriental Methodist Church (Round Table Room) Call 249-2493 for more information
- Arthritis Class at Senior Center at 1 p.m.
- Dementia Support Group meets at Senior Center from 2-3:30
- Look good, feel better for adult, female cancer patients currently in treatment 2-4 p.m. at Shepard Cancer Center. Pre-registration required at (252) 975-4308 ext. 109
- NAACP of Pamlico County regular meeting at 6 p.m. at Green Hill MB Church, 314 Water St., Bayboro. All welcome.
- Women's Living Sober Group, 7 p.m. at Bayboro Methodist Church
- American Legion at Senior Center at 7 p.m.

Tuesday, February 9

- Plein air painting is Tuesdays 9 a.m. Different location each week. Artists paint outside. Call Susan Cheatham at 249-4925 for locations/info.
- Line Dancing at Senior Center at 9:30 a.m.
- Knitting at PC Library at 10 a.m.
- Singing at Senior Center at 10:30 a.m.
- 50+ Club at Senior Center at 11 a.m.
- Wicker Basketry Class at Senior Center at 1 p.m.
- Cards at Senior Center at 1 p.m.
- Beach Books at PC Library at 2 p.m.
- Research genealogy and search online 1-4 p.m. at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
- Weight Watchers, weigh-in begins at 4:30 p.m.. Snowden Elementary School (Aurora), music center, meeting at 5 p.m.
- TOPS Meeting at Senior Center at 5:30 p.m.
- MADD Chapter Meeting for Craven/

GOVERNMENT

- Monday, February 8**
- Vandemere Town Hall Meetings, 6:30 p.m. Planning Board, 7:30 p.m. Commissioners Mtg, Pennsylvania Avenue, Vandemere
 - Alliance Town Hall Meeting - 934 Main Street, Alliance, time is changed to 7 p.m. for this meeting
- Tuesday, February 9**
- Minnott Beach Town Hall Meeting - 11758 Highway 306 S, 7 p.m.
 - Stonewall Town Hall Meeting, Stonewall Town Hall, Spain Farm Road, 7 p.m.

Wednesday, February 10

- Oriental Parks & Recreation Advisory Committee at 8 a.m.
- Thursday, February 11**
- Harbor Waterfronts Committee at Oriental Town Hall at 4:30 p.m.
 - Arapahoe Town Hall Meeting - Arapahoe Town Hall (in front of fire station) at 7 p.m.
 - Soil & Water Conservation Board Meeting at Little Italy Pizza at 6 p.m.
 - Arapahoe Charter School Board of Directors meets at 6:30 p.m. at the Arlington Place Clubhouse

Monday, February 15

- Pamlico County Commissioners Meeting at 7 p.m. in the 2nd floor Commissioners Room

Tuesday, February 16

- Pamlico County Chamber of Commerce Board Meeting at 7:30 a.m. at the Heritage Museum.
- Oriental Tourism Board meets at Oriental Town hall at 5:30 p.m.
- Bayboro Town Hall Meeting - 208 North Street, Bayboro, 7 p.m.

Wednesday, February 17

- Oriental Planning Board meets at Oriental Town Hall at 3 p.m.

Monday, February 22

- Water Advisory Board Meeting at Oriental Town Hall at 7 p.m.
- Pamlico County Historical Association meets at the Heritage Museum at 7 p.m.

Tuesday, February 23

- Oriental Tree Board meets at Oriental Town Hall at 8 a.m.
- Pamlico County Board of Elections, 10 a.m. in the Elections office (Pamlico County Courthouse)
- Pamlico Human Services, 11 a.m. at the Human Services Building
- Pamlico County Planning Board, 7 p.m. in 2nd floor Commissioners room

Thursday, February 25

- Arapahoe Charter School Board of Directors meets at 6:30 p.m. at the Arlington Place Clubhouse

Email your meeting to frontdesk@thepamliconews.com no later than noon Friday.

Pamlico. Trinity United Methodist Church, 2311 Elizabeth Avenue, New Bern at 7 p.m.

- The Lower Neuse Anglers club will be meeting at Brantley's Village Restaurant at 7 p.m.
- Croatan Group of the Sierra Club executive committee at St. Andrews Episcopal Church, 2005 Arendell St., Morehead City. 6:30 to 7:30 p.m. All are welcome. Visit CroatanGroupSierraClub.com for info.
- Grief support group at Alliance UMC at 7:30 p.m. Call Penny Dollar Farmer for info 670-7766
- Alcohol Anonymous 8 p.m. Open. Discussion @ Free Will Baptist Church, Ragan Rd., Oriental.
- Al-anon Family Group, Tuesday 8 pm. St.Thomas Episcopal Church Annex, 403 Mildred St., Oriental.

Wednesday, February 10

- Pamlico Partnership Parent & Child class at Pamlico Primary School, 9:00 or 10:30 a.m. when school is in session. Call Michelle Sheilds 252-745-7850 for information.
- Crocheting & Knitting at Senior Center at 10 a.m.
- Health Screening - Blood Pressure & Weight Checks at Senior Center at 10 a.m.
- Talk & Exercise with Beth at Senior Center at 10:30 a.m.
- Research genealogy and search online 1-4 p.m. at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
- Drumming Dragons, Oriental Town Hall, 7:00 p.m.

Thursday, February 11

- DMV Mobile Unit behind Health Department 9 a.m. to 3 p.m.
- Prayer Shawl Ministry, Oriental United Methodist Church, 10 - 11:30 a.m. For all levels of knitting and crocheting. We can teach you how! Call Leigh Price for more info, 249-1361.
- Alcohol Anonymous, Thursday @ 12 noon, Closed, Grapevine, @ Free Will Baptist Church, Ragan Rd., Oriental.
- Arthritis Foundation Exercise Program Class at 1 p.m. at Senior Center
- Stained Glass class at Senior Center at 1 p.m.
- Research genealogy and search online 1-4 p.m. at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
- Pamlico County Law Enforcement Association monthly meeting at the PCLEA Range, Mill Road, 7 p.m. Contact 252-670-5625 for information.

Friday, February 12

- Fantastic Friday at Senior Center
- Oriental Quilting Bee, 9 a.m., 403 Mildred



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- Street. No experience needed.
- Preschool story time at PC library at 10 a.m.
- Bingo at 10 a.m. at Senior Center
- Card Games at Senior Center at 1 p.m.
- Young at Heart Crafts at Senior Center, 2 p.m.

Saturday, February 13

- Oriental Farmer's Market on Hodges St. from 9 a.m. to noon.
- Family Movie at PC Library at 11 a.m.

Monday, February 15

- Acrylic Painting at Senior Center at 9 a.m.
- Center volunteers paperwork at 9 a.m. at Senior Center
- Bible Study at Alliance UMC at 9:30 a.m. All are welcome
- Grief Support Group meets every Monday at 10 a.m. at Oriental Methodist Church (Round Table Room) Call 249-2493 for more information
- Arthritis Class at Senior Center at 1 p.m.
- Book Worm at PC Library at 2 p.m.
- Dementia Support Group meets at Senior Center from 2-3:30
- PAWS monthly meeting at Oriental Town Hall at 5:30 p.m.
- Women's Living Sober Group, 7 p.m. at Bayboro Methodist Church
- American Legion at Senior Center at 7 p.m.

Tuesday, February 16

- Plein air painting is Tuesdays 9 a.m. Different location each week. Artists paint outside. Call Susan Cheatham at 249-4925 for locations/info.
- Line Dancing at Senior Center at 9:30 a.m.

- Caregiver Support group, 10 a.m. at Shepard Cancer Center. (252) 975-4308 ext. 109 for info
- Knitting at PC Library at 10 a.m.
- Singing at Senior Center at 10:30 a.m.
- Support group for long-term breast cancer survivors at 11 a.m. in Education Dept at Beaufort County Medical Center. (252) 975-4308 for more info.
- 50+ Club at Senior Center at 11 a.m.
- Wicker Basketry Class at Senior Center at 1 p.m.
- Cards at Senior Center at 1 p.m.
- Research genealogy and search online 1-4 p.m. at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
- Weight Watchers, weigh-in begins at 4:30 p.m., Snowden Elementary School (Aurora), music center, meeting at 5 p.m.
- TOPS Meeting at Senior Center at 5:30 p.m.
- Relay for Life meeting at Stonewall United Methodist Church at 6 p.m. for all who are registered or would like to get signed up
- Genealogy at PC Library at 6:30 p.m.
- Grief support group at Alliance UMC at 7:30 p.m. Call Penny Dollar Farmer for info 670-7766
- Alcohol Anonymous 8 p.m. Open. Discussion @ Free Will Baptist Church, Ragan Rd., Oriental.
- Al-anon Family Group, Tuesday 8 pm. St.Thomas Episcopal Church Annex, 403 Mildred St., Oriental.

Email your event to frontdesk@thepamliconews.com no later than noon Friday

Pamlico Animal Welfare Society (PAWS)

"NEW LEASH ON LIFE" Program - Everyone deserves a second chance"

PAWS rescues adoptable shelter dogs and pairs them with inmate trainers at the Pamlico Correctional Institution. The inmates learn patience, responsibility and teamwork along with new, marketable skills.

The dogs are vetted, vaccinated and altered, house, crate and leash trained, and receive basic and advanced obedience, agility and rally training. These well-behaved companions graduate every eight weeks, ready to join new, forever families - maybe yours?



Hi there - my name is Haley aka Peanut and as you can plainly see I have ears that would make Sister Bertrille of The Flying Nun proud. Like the good sister I'm slight of frame and a good breeze could easily take us both away on a grand adventure. Weighing a mere 27 lbs. and young - 2 or so years old, we could share a long happy life. I love treats and going for sniff tests. Now, that I've landed on my feet in the Pamlico New Leash on Life program for 8 weeks of confidence building, my difficult past is just a fading memory and being a true southern lady, I'll never tell you my tale. A low energy hound mix girl that just wants her forever human to appear, so we can have many adventures together. My foster dad says I get along well with other dogs and not so well with all cats. Haley has been sponsored by Dr. Sherri Hicks of Oriental Village Veterinary Hospital



I'm Scarlet and a sweeter dog you'll never find. I truly love everything and everyone. No one knows exactly what I am, but some seem to think I'm part Labrador, Spaniel, and maybe Terrier. They all say the same thing "whatever she is she got the best of everything". Still a young girl at 11 months old we could have many happy years together. A cuddlebug that would love nothing better than to be your couch potato every night. Scarlet has been sponsored by Ron and Louise Stevens.



Woof, Woof, Woof, Cole is my name and playing is my game. "Play, play, play all day" is my motto. I'm so glad to be in the New Leash on Life program at Pamlico's Correctional Institution. I'll have eight weeks of learning all kinds of fun stuff. Some people have said they think I might be a Sheltie mix which means I'm very smart. I really really love kids and children too. My foster mom says I'm sweet and a love bug. Just a baby at around 5 months old it will be your job to teach me everything you want me to do. Cole has been sponsored by Delanie Royal and Ed and Lee Duer

If you're interested in adopting a NLOL dog contact Jackie Schmidt at 649-5504 or Penny Monell at 249-1453. You can also email PAWS at mail@pamlicopaws.net and download an adoption application at pamlicopaws.net on the individual dog's page.



PAMLICO ANIMAL WELFARE SOCIETY (PAWS)

"Helping the Helpless"

Spay and Neuter Assistance Program

PAWS provides low-cost spay and neuter assistance to those needing help to "fix" their pets. We issue vouchers for use at local vets, or at the Spay Today clinic in Greenville.

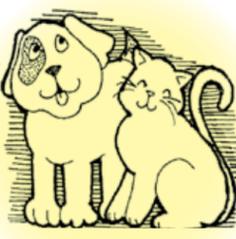
Our mission is to reduce the pet overpopulation problem in Pamlico County and surrounding areas by preventing hundreds of unwanted, innocent animals from being born. They are often neglected, abandoned or killed in shelters so altering your pets before they breed is the humane and common-sense solution.

We are here to help! Take action today!

"Saving one animal doesn't change the world, but it changes the world for that one animal."

PAWS is an all-volunteer, non-profit, 501(c)(3) organization that relies solely on donations. Find out more about us and how you can help at PamlicoPAWS.net

To request assistance, call the PAWS "Help Line" at (252) 745-PAWS (7297) or email us at mail@PamlicoPAWS.net





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Agent of the Week

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Broker

Here's what one of Sue's customers had to say...

Sue was very focused on our needs and wants and offered us several options that met our criteria. We are completely satisfied with her professionalism and ability to make us feel welcome to the area.

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ARAPAHOE – Beautiful turn-of-the-century 3BR/2BA in Heart of Arapahoe. Delightful to all who recognize quality restoration at its best! Working fireplaces, upstairs apt with an additional kitchen, 1.75 acres, and separate laundry room. No flood insurance required. No HOA dues.

OFFERED AT \$129,900



GRANTSBORO – Beautiful rural setting yet convenient to all your needs and close for New Bern commute. Well maintained 3BR/1BA ranch w/ tree lined privacy, completely fenced back yard, 2-car-attached carport. Unrestricted, no HOA dues, and not in a flood zone.

OFFERED AT \$132,500



MINNESOTA BEACH – Immaculate, fully-furnished 3BR/2BA w/professional-grade décor, located near championship golf course in quiet neighborhood. No HOA dues. Granite kitchen counters, exquisite cabinetry, fenced backyard, not in flood zone. Short walk to Neuse River.

OFFERED AT \$159,900



ORIENTAL – Margaritaville in the Heart of Oriental! Two-lot home, top-of-the-line upgrades featuring a salt-water swimming pool, exquisite landscaping & spacious concrete patio. 3BR/2BA offers tile & bamboo floors, stainless appliances, Quartz countertops, double dishwasher, gas stove & ice maker. No HOA dues!

OFFERED AT \$299,000



ORIENTAL – Award-winning home w/ highest quality amenities, craftsmanship & architecture. 3BR/2.5BA +FROG w/ half-bath, designer kitchen, oak flooring, show-quality carpets, Whirlpool tub, Kohler faucets, 2-car attached garage, detached climate-controlled workshop, fenced yard, and not in a flood zone!

OFFERED AT \$339,900

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Rock Out On Chamber Music



Unconventional, electrifying, contemporary, classical. This is the music of Revien -- a nationally acclaimed contemporary chamber ensemble consisting of three members of the Georgia Guitar Quartet: Phil Snyder on cello, Kyle Dawkins on guitars and electronics, and Brian Smith on guitars and electronics. The Pamlico Musical Society is thrilled to present Revien at The Old Theater in Oriental on Saturday, February 20, 2016 at 7:30 pm.

The trio creates a compelling program for audiences by incorporating modern tech and enhancements on their instruments. You might hear guitars and cello used as percussion, or guitar strings fitted with found objects to sound more like a sitar. Regularly featured on NPR's "Performance Today", the group's repertoire embraces classical music but draws from the energy of rock and pop music as well. If you didn't think you liked chamber music, Revien's imaginative approach could change your mind.

"In the world of music, for better or worse, we often like to put things in categories. These days, musical categories are more and more blurred around the edges, though. There are more and more musicians who simply ignore those labels, more power to them. They write and play whatever they want and let the critics and the music business sort it all out. Three members of the Georgia Guitar Quartet have a side project called Revien. Two guitars and cello. And they play...they play whatever they want to play. Bach, Debussy, Duke Ellington, Led Zeppelin, flamenco, bluegrass..." said Fred Child, "Performance Today" National Public Radio

Tickets to Revien's concert are \$22 and are available at Nautical Wheelers, 411 Broad Street in Oriental or online at www.pamlicomusic.org. For more information or to be added to the wait list, call 252-617-2125. Tickets for sold-out shows may become available at the door last minute. Check at the box office at 7:15.

For helping to make this concert possible, Pamlico Musical Society wishes to thank our season sponsor, Silos Restaurant of Oriental and our corporate sponsors, Four Paws Professional Grooming & Styling Spa of Bayboro and Axelson Chiropractic of Alliance.

Pamlico Musical Society is a non-profit organization bringing quality musical entertainment, enrichment, and education to Pamlico County, and we welcome your support! To learn more about the benefits of joining us, including advance ticket sales and artists' receptions, call 252-617-2125, or visit www.pamlicomusic.org. The Old Theater is located at 609 Broad Street and is handicapped accessible.

• PCC to Host Annual Oyster Revival

Save the Date! The 6th Annual Great Oyster Revival to benefit the Pamlico Community College Foundation will be held on Saturday, February 27 from 3-5pm at the Pamlico Community College Campus.

• Cupid Crawl Set for Feb. 13

The Neuse Pamlico Sound Women's Coalition will sponsor the Cupid Crawl 5K Walk/Run on Saturday, February 13 in downtown New Bern -- Union Point Park at starting at 8am. The entry fee is \$25 for the 5K run and \$20 for the 5K walk. Come out and join (New Bern native) Buffalo Bills NFL linebacker Kevin Reddick, Jr. #51. All registered participants will be eligible for special autographed footballs.

• Village Gallery Welcomes Norm Robins

The Village Gallery in Oriental welcomes Norm Robins from Fairfield Harbor as its guest artist for the month of February. An opening reception will be held Saturday, February 6th from 2:00 till 5:00 PM at the Gallery.

The Village Gallery is located at 300 Hodges Street and displays the work of more than 30 local and regional artists. The Gallery is open during January and February from 10 am till 5 pm, Thursdays through Sundays. For more information visit the website of villagegallerync.com or contact Judy Wayland at 252 249 1505 or call the Gallery during normal hours of operation at 252 249 0300.



Before Hours

Pamlico County Chamber of Commerce held a "Business Before Hours" breakfast at Brantley's Village Restaurant on Thursday, January 28. The event was hosted by First Citizens Bank and drew about 50 people. Pictured is First Citizens Vice President and Oriental Mayor Sally Belangia addressed attendees.

Microchips: A New Kind of Hearing Aid

Announcing a hearing breakthrough: a microchip that is so small it can fit on the head of a pin. Digital technology means that hearing aids are much smaller and less visible than older analogue devices. Worn hidden entirely in your ear canal making you hear clear as a bell.

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Great Mail Race

Bill Hampson's fourth-grade class at S.W. Snowden Elementary School in Aurora is participating in the Great Mail Race. The goal is to mail letters written by students to all fifty states and, in turn, receiving letters from each state. Each student is assigned a state to research using the website www.nces.ed.gov/globallocator/. The student chooses a city and a corresponding elementary school in that city. A brief letter from each student, instructions, and a questionnaire are enclosed in each envelope and mailed to their respective schools. The students are all very excited to receive return letters and are looking forward to achieving their goal of mailing letters to all fifty United States.

United Way Celebrates Dr. Seuss

United Way of Coastal Carolina is working with our community partners, volunteers, and board members to challenge the citizens of Pamlico County to celebrate Dr. Seuss' birthday on Wednesday, March 2. How and why are we celebrating Dr. Seuss' birthday? It's simple, Read Across America Day takes place annually on his birthday and we want to challenge everyone to donate new or gently used children's books during the month of February to ensure all children in our service area have a book of their own!

United Way of Coastal Carolina Board President Larry Gracie would like to challenge the citizens of Pamlico County to donate a book during the month of February. Larry stated, "It takes an entire community to make a difference, and we need you. Last year over 300 books were donated to Pamlico County Primary School." New or gently used children's books can be dropped off at the Pamlico County Extension Service office; 13724 NC Hwy. 55, Alliance, NC.

The United Way of Coastal Carolina had its beginnings in the Coastal Carolina area in 1957. What started as just a fundraising organization many years ago, has developed into an organization focused on measurable, long-lasting results focused on the community's most compelling needs. Education, Income and Health are the three major areas of focus. Currently there are 19 funded programs serving individuals in Carteret, Craven, Jones and Pamlico Counties. Funds are raised locally to fund local programs. For more information visit www.unitedwaycoastalnc.org.



S.W. S's 4th Grade Skypes with Fellow Students

Joy McCracken's 4th grade media class has made friends with another fourth grade class across the state in Iredell County. While reviewing the North Carolina School Library Media Association blog, McCracken saw a request for Skype class partners and immediately began a dialogue with the teacher, Mary Kenyon. Kenyon's class is in Mooresville at East Mooresville Intermediate. The students from both SWS and EMI have met using video conferencing software (<http://www.skype.com/en/>). Some of the information exchanges included local weather, what each class was currently studying, where they go on field trips, local festivals, famous landmarks for their county and other county trivia. McCracken's students will Skype several more times with Kenyon's class during the semester. A cumulative project will consist of preparing a county artifact box for the networking classes.



SWS 4th Grader Louis Adams holds the tablet displaying the students from Mooresville conversing about particulars of Iredell County while Media Coordinator Joy McCracken's students take notes.

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Tragedy Becomes Blessing at Dublin Grove



When Hurricane Irene came for a visit and wore out her welcome many in eastern North Carolina suffered loss of home, business, employment and place of worship. Dublin Grove Free Will Baptist lost their near century old sanctuary. For many members the church was a link to family and friends who'd gone on. It was a memory of childhood, weddings and funerals. The loss of this building was more than wood and plaster, it was the loss of a chapter in their lives.

The rebuilding of Dublin Grove's sanctuary was filled with hope and heartache. The new sanctuary boasts lovely blue carpet and cushioned pews, an amazing stained glass window, and a fantastic sound system but as Pastor Earl Sadler, jr. said, it isn't the building that makes the church. Dublin Grove survived Hurricane Irene because the people were still there.

With all the ups and downs of rebuilding Dublin Grove did not stop giving or supporting others. From missionaries to health fairs, they believed it was important to continue to give even though it would have made things easier if they kept their money and put it towards their own needs. It is their giving spirit that makes them such an awe inspiring church. Their love and generosity towards others is what being Christians is all about.

Today Dublin Grove celebrated the burning of their bank note, just a little over two years after their first Sunday in their new sanctuary they were able to worship debt free. Brother Harvey Brothers, elder and deacon and a member of the building committee held the torch lighting the papers held by the future leaders of Dublin Grove while Aurora Volunteer Fireman Chuck Bonner stood by in case the fire got out of hand.

Pastor Earl closed with prayer and blessing. The celebration continued with dinner on the ground.



VOTE **Kari**
FORREST HAMMOND

Board of Education

District 2 KariForrestHammond.com

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Lady Canes Continue to Dominate the Conference

The Pamlico girls basketball team has kept their lead in the conference outscoring both the Northside Panthers and the Jones Senior Trojans last week. On Thursday the Lady Canes dominated the Panthers at Home winning by a score of 56-24. Congratulations to #32 Hydia Davis for being selected the Pamlico County Girls Basketball Player of the Game. The sophomore Center contributed 12 points in Thursday's conference game. In Friday's home conference game the Lady Canes outscored the Jones Senior Trojans 53-48. Pamlico's #23 Laichelle Sparrow had 16 points, #14 Briana Jones had 12 and #32 Hydia Davis added 11. These wins leave the girls 16-3 and 7-0 in the conference. The score for last night's away conference game against Bear Grass Charter School will be posted in next week's issue.



Pamlico's #23 Laichelle Sparrow

The Pamlico Boys basketball team made a huge comeback in the conference last week beating the Northside Panthers and the Jones Senior Trojans. In Thursday's home, conference game, the Hurricanes outscored the Panthers 50-44. They were again victorious in Friday night's home conference game beating the Trojans by a score of 67-58. Going into yesterday's away, conference game against Bear Grass Charter School the Canes were 9-10 overall and 4-3 in the conference.

CAROLINA
CHOCOLATE FESTIVAL
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Save the date!
FEBRUARY 6-7, 2016
AT THE CRYSTAL COAST CIVIC CENTER IN MOREHEAD CITY

For Tickets and Event Information join us on Facebook or Visit www.CarolinaChocolateFestival.com

The Chocolate Festival was created by the late John Green, who envisioned non-profit groups working together to organize an event as partners, and in turn reap the benefits. Proceeds from the 2016 festival will support local Carteret County charities. Over the last 12 years over \$400,000 has been given to designated charities.

Featuring chocolatiers from North Carolina and as far away as Tennessee and Virginia, this festival is for lovers of mankind's best-loved dessert, chocolate, featuring chocolate cakes, tortes, bars, truffles, fudge, popcorn and ice cream—even chocolate wine and sugar-free chocolate. The event offers more than a sampling of everything chocolate.

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Legals

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF EDWARD STEPHEN ZAMONSKI File No.: 16 E 6

All persons, firms and corporations having claims against EDWARD STEPHEN ZAMONSKI, deceased, are notified to exhibit them to ROBERT F. BLACK, Executor of the Estate, on or before APRIL 20, 2016, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 20th day of January, 2016.

Robert F. Black, Executor
Estate of Edward Stephen Zamonski
4104 Crestview Way
Doylestown, PA 18902

Publish January 20, 27, February 3, and 10, 2016.

Notice to Creditors: Estate of Edna Hopkins Johnston, File No. 16 E 9

Having qualified as Executor of the Estate of Edna Hopkins Johnston, late of 2023 Kershaw Road, Pamlico County, Oriental, North Carolina, 28571, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 408 Main Street, P.O. Box 411, Bayboro, North Carolina 28515, on or before the 27th day of March, 2016, or this notice will be pleaded in bar of recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 27th day of January, 2016.

Sharon Meadows, Executrix
Estate of Edna Hopkins Johnston

Sharon Meadows, Executrix
c/o Paul J. Delamar, Attorney
Delamar & Delamar, PLLC
408 Main Street
P.O. Box 411
Bayboro, N.C. 28515

(For Publication: 01/27/2016; 02/03/2016; 02/10/2016; 02/17/2016)

NOTICE OF FORECLOSURE SALE 15 SP 73

Under and by virtue of the power of sale contained in a certain Deed of Trust made by Janice W. Willis to Getter Law Offices, Trustee(s), dated the 10th day of December, 2014, and recorded in Book 601, Page 382, in Pamlico County Registry, North Carolina, default having been made in the payment of the note thereby secured by the said Deed of Trust and the undersigned, Substitute Trustee Services, Inc. having been substituted as Trustee in said Deed of Trust by an instrument duly recorded in the Office of the Register of Deeds of Pamlico County, North Carolina and the holder of the note evidencing said indebtedness having directed that the Deed of Trust be foreclosed, the undersigned Substitute Trustee will offer for sale at the courthouse door in the City of Bayboro, Pamlico County, North Carolina, or the customary location designated for foreclosure sales, at 12:00 PM on February 15, 2016 and will sell to the highest bidder for cash the following real estate situated in the County of Pamlico, North Carolina, and being more particularly described as follows: BEGINNING at a point on the Eastern right of way of N.C. Highway #55, which is the Southwestern corner of Preston Hunnings land on N.C. Highway #55 and which is also

the beginning of a ditch in the Eastern right of way of N.C. Highway #55, the Southern boundary of Preston Hunnings' land, thence with this ditch North 75 degrees 40 minutes East 266.0 feet to the intersection of the ditch; thence South 13 degrees 29 minutes East 189.6 feet along and with the Lesly Whorton line to a point in a ditch; thence South 78 degrees 10 minutes West 266.0 feet along and with the ditch to a point on the Eastern right of way of N. C. Highway #55; thence North 13 degrees 30 minutes West 178.0 feet to the point of beginning. Containing approximately 1.12 acres, more or less. Reference is made to Book 121, Page 575, Pamlico County Registry. Together with improvements located thereon; said property being located at 22215 NC Highway 55, Oriental, North Carolina.

Trustee may, in the Trustee's sole discretion, delay the sale for up to one hour as provided in NCGS §45-21.23.

Should the property be purchased by a third party, that party must pay the excise tax, as well as the court costs of Forty-Five Cents (\$0.45) per One Hundred Dollars (\$100.00) required by NCGS §7A-308(a)(1).

The property to be offered pursuant to this notice of sale is being offered for sale, transfer and conveyance "AS IS, WHERE IS." Neither the Trustee nor the holder of the note secured by the deed of trust/security agreement, or both, being foreclosed, nor the officers, directors, attorneys, employees, agents or authorized representative of either the Trustee or the holder of the note make any representation or warranty relating to the title or any physical, environmental, health or safety conditions existing in, on, at or relating to the property being offered for sale, and any and all responsibilities or liabilities arising out of or in any way relating to any such condition expressly are disclaimed. Also, this property is being sold subject to all taxes, special assessments, and prior liens or encumbrances of record and any recorded releases. Said property is also being sold subject to applicable Federal and State laws.

A deposit of five percent (5%) of the purchase price, or seven hundred fifty dollars (\$750.00), whichever is greater, is required and must be tendered in the form of certified funds at the time of the sale.

If the trustee is unable to convey title to this property for any reason, the sole remedy of the purchaser is the return of the deposit. Reasons of such inability to convey include, but are not limited to, the filing of a bankruptcy petition prior to the confirmation of the sale and reinstatement of the loan without the knowledge of the trustee. If the validity of the sale is challenged by any party, the trustee, in their sole discretion, if they believe the challenge to have merit, may request the court to declare the sale to be void and return the deposit. The purchaser will have no further remedy. Additional Notice for Residential Property with Less than 15 rental units, including Single-Family Residential Real Property. An order for possession of the property may be issued pursuant to N.C.G.S. § 45-21.29 in favor of the purchaser and against the party or parties in possession by the clerk of superior court of the county in which the property is sold.

Any person who occupies the property pursuant to a rental agreement entered into or renewed on or after October 1, 2007, may after receiving the notice of foreclosure sale, terminate the rental agreement by providing written notice of termination to the landlord, to be effective on a date stated in the notice that is at least 10 days but not more than 90 days, after the sale date contained in this notice of sale, provided that the mortgagor has not cured the default at the time the tenant provides the notice of termination. Upon termination of a rental agreement, the tenant is liable for rent due under the rental agreement prorated to the effective date of

the termination.

SUBSTITUTE TRUSTEE SERVICES, INC. SUBSTITUTE TRUSTEE

BY:
Attorney at Law
Hutchens Law Firm
Attorneys for Substitute Trustee Services, Inc.
c/o Hutchens Law Firm
P.O. Box 1028
4317 Ramsey Street
Fayetteville, North Carolina 28311
Phone No: (910) 864-3068
https://sales.hutchenslawfirm.com
Case No: 1165534 (FC.FAY)

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION 15 E 171 NOTICE TO CREDITORS AND DEBTORS OF CARL WAYNE JOHNSON

Having qualified as Co-Executors of the Estate of CARL WAYNE JOHNSON, late of Oriental, Pamlico County, North Carolina, the undersigned do hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at Carlee Sears Johnson, P.O. Box 782, Oriental, NC 28571 or Saundra Johnson Clark, 5902 Sea View Drive, Oriental, NC 28571, Co-Executors on or before the 11th day of May, 2016, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 3rd day of February, 2016

Saundra Johnson Clark, Co-Executrix
5902 Sea View Drive
Oriental, NC 28571

Carlee Sears Johnson, Co-Executrix
P.O. Box 782
Oriental, NC 28571

Publish: February 3rd, 10th, 17th, 24th, 2016

Bernard B. Hollowell, Jr. Gregory T. Peacock
HOLLOWELL & HOLLOWELL Ward
and Smith, PA
P.O. Box 218
P.O. Box 867
Bayboro, NC 28515
New Bern, NC 28563-0867

Notice to Creditors: Estate of Frederick W. Fisher, File No. 15 E 186

Having qualified as Executor of the Estate of Frederick W. Fisher, late of 350 Fisher Road, Pamlico County, Merritt, North Carolina, 28556, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 408 Main Street, P.O. Box 411, Bayboro, North Carolina 28515, on or before the 3rd day of May, 2016, or this notice will be pleaded in bar of recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 3rd day of February, 2016.

Karen Mattocks, Executrix
Estate of Frederick W. Fisher
Karen Mattocks, Executrix
c/o Sara L. Delamar, Attorney
Delamar & Delamar, PLLC
408 Main Street
P.O. Box 411
Bayboro, N.C. 28515

(For Publication: 2/3/2016, 02/10/2016, 02/17/2016, 02/24/2016)

Incidents

Jan. 25, Florence Rd., Merritt, larceny in general
Jan. 25, Florence St., New Bern, welfare check
Jan. 26, Vernon Rd., larceny of animal trap
Jan. 26, NC Hwy 306 S., Arapahoe, Dollar General, fight, affray
Jan. 26, Teachs Cove Rd., Oriental, simple assault, all other simple assault
Jan. 27, Kershaw Rd., Arapahoe, second degree trespassing, injury to personal property,, driving while impaired
Jan. 29, NC Hwy 55, Stonewall, missing persons
Jan. 29, Creek Pointe Rd., New Bern, larceny of tools
Jan. 29, NC Hwy 304, Vandemere, drunk and disruptive
Jan. 30, Jo Jane Rd., Arapahoe, calls for service
Jan. 30, Lynch's Beach Loop Rd.,

Bayboro, assault by pointing a gun (2), assault with deadly weapon – minor present
Feb. 1, NC Hwy 304, Bayboro, calls for service

Inspections

Jan. 25, Erin Williams, Arapahoe, electrical, \$40; Bradford Stokes, Merritt, mechanical, \$88
Jan. 26, En Sign Services, Merritt, electrical, \$40; Georgina Willis, Bayboro, mechanical, \$40; Priscilla Mitchell, Oriental, electrical, \$75; John Pannaman, Grantsboro, electrical, \$40
Jan. 27, John Robinson, Oriental, garage, \$249.90
Jan. 29, Ron Gutkowski, Merritt, remodel, \$170
Feb. 1, Willie Banks, Stonewall, electrical/plumbing, \$123.56

Property Transfers (Jan. 26-28)

Jan. 26, 0.50 AC; MN 10/93 PIN: E091-91, from Puryear & Gowing Investments, LLC to Eddie D. Reynolds, Jr. and Jennifer Nicole Reynolds, \$28
Jan. 26, 10.38 Acres; Tract 7; PCA 75-2 PIN: D05-53, from Hayward Carl Toler, Jennifer B. Toler, Patricia T. Talvacchio and Jeffery M. Talvacchio to Ken Bennett, Jr., \$34
Jan. 27, Lot: 23, Plan of Stonewall; MB 1/23 & MB 3/106, from Bayboro United Methodist Church, Ruth T. Rice/TR and Gary S. Harrison/TR to Stonewall United Methodist Church, Clyde A. Styron/TR, Amy C. Smith/TR, Maurice W. Benton/TR, Patricia V. Wood/TR, Lupe Bennett/TR, David W. Varley, Jr./TR and Timothy W. Carey/TR, \$50
Jan. 28, Creek Pointe Lot: 19, Section K, PIN: C07-19, from Randal A. Knight, Anne P. Knight and Anne L. Perry to Donald A. Bennett and Sami J. Bennett, \$252

Reports

AgCarolina Farm Credit Announces Scholarships

AgCarolina Farm Credit announces twenty-seven college scholarships are available and will be awarded in the coming months.

The Raleigh-based farm lender has long been a supporter of young and beginning farmers and others who live in rural North Carolina. College scholarships are just one component of the Young and Beginning Farmer Program at AgCarolina Farm Credit. Ag loans, special loan programs, educational seminars, and financial sponsorships to help young and beginning farmers succeed are also provided by the agricultural lender.

Five FFA scholarships are available to FFA members who are high school seniors, along with two scholarships to students attending North Carolina A&T State University.

Recipients must be residents of eastern North Carolina. The scholarship program is part of the cooperative's corporate giving program, the Fund for Rural North Carolina. Applications are due by April 30.

Students who are enrolled in an agricultural related degree at North Carolina State University may apply for one of five \$2,000 scholarships. Recipients must be children or grandchildren of customers of AgCarolina Farm Credit. Students must apply directly to NCSU. Applications are due by February 17.

In addition, five \$750 scholarships will be awarded to students enrolled in the Ag Institute at North Carolina State University. Recipients must be children or grandchildren of an AgCarolina customer.

Students must apply directly to NCSU. Applications are due by February 17.

Ten \$1,000 "At-Large" college scholarships will be awarded to recipients who are attending or plan to attend a 4-year college or university within the State of North Carolina. The "At-Large" scholarships are non-degree specific and recipients must be the children or grandchildren of customers of AgCarolina Farm Credit. Deadline is April 30.

"AgCarolina believes in investing in the young people of eastern North Carolina as they pursue higher education," says Dave Corum, AgCarolina's President and CEO. "The education these young people pursue will serve as a building block for them to become tomorrow's leaders."

SECU Staff Raises \$79,000 for North Carolina Charities

Hundreds of charitable causes across the state will receive a financial boost in 2016, thanks to the generosity of North Carolina's government workforce and staff of State Employees' Credit Union via the 2015 State Employees Combined Campaign (SECC). In support of the annual workplace giving program that began in 1984 by state employees, SECU personnel statewide raised nearly \$79,000 for their favorite SECC non-profits. Credit Union members via the SECU Foundation also demonstrated their helping spirit through the funding of the SECC Giving Guide that lists the program's nearly 1,000 approved charitable organizations.

"It's always a pleasure to work with State Employees' Credit Union and their staff who

share a strong commitment to help our North Carolina communities," remarked SECC Resource Development Director Laura Baker. "We are grateful for their generous donations of nearly \$79,000 and the SECU Foundation's partnership gift of funding for the Giving Guide."

The SECC provides state employees and retirees an opportunity to support causes committed to improving the quality of life in North Carolina through a uniform, systematic and convenient process. 2015 SECC fundraising efforts netted over \$3.7 million in pledges and contributions during the Campaign, reaching a major milestone in its campaign history – achieving \$100 million in contributions!

"The State Employees Combined Campaign is another excellent example of Credit

Union staff showing their support for North Carolina non-profits," said Jimmy Goodrum, Senior Vice President of SECU Member Education and Outreach. "Successfully raising \$79,000 certainly shows their commitment to the Campaign and we are proud of their accomplishments and continued generosity!"

Baker added, "SECU's participation and the Foundation's support in helping state employees bring in just over \$3.7 million for charities is something to be proud of and will make a real impact in North Carolina!"

SECU is a not-for-profit financial cooperative owned by its members. SECU has been providing employees of the State of North Carolina and their families with consumer financial services for over 78 years.

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Anticipated Delinquency Intervention Funds for Pamlico County

Pamlico County anticipates allocation of funds from the North Carolina Department of Public Safety, Division of Adult Corrections & Juvenile Justice, Juvenile Community Programs section in the amount of \$64,880 for programs to serve delinquent youth and youth most at risk to become delinquent. The Pamlico County Juvenile Crime Prevention Council will be accepting proposals for the funding period of July 1, 2016 through June 30, 2017 from local government agencies and private non-profits with 501-c-3 status for the following services:

1. COUNSELING - individual, group, and family counseling focusing on court involved youth and their families and youth most at risk for delinquency, providing services in the home, school, and other community settings.
2. INDIVIDUAL SKILL BUILDING (inclusive of youth ages 12 - 17)
3. RESTITUTION & COMMUNITY SERVICE.

Please contact Steve Hollowell at the Pamlico County Clerk of Court's Office - Pamlico County Courthouse, PO Box 38, Bayboro, NC 28515 (1-252-745-6600) for a complete Request for Proposals and submission information. The deadline for submitting proposals is March 7, 2016 at 12:00 noon.

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IMPROVING THE HEALTH

OF THE COMMUNITY



COMMUNITY BENEFIT GRANTS

Vidant Beaufort Hospital is accepting letters of intent for the Community Benefit Grants Program to support projects in the program's health-related focus areas:

Access to Care (including mental health)
Chronic Disease/Cancer Prevention and Management
Nutrition/Physical Activity

The grants will be awarded as part of the 2016-2017 Community Benefit Grants program; the grant cycle period is July 1, 2016 - June 30, 2017. Grants will be accepted from Beaufort and Hyde Counties.

We are now accepting Letters of Intent through an electronic process. To access this process, go to www.vidanthealth.com/communitybenefit. There will be a description of the program and a link to the letter of intent process. Please ensure that you are linking to the correct hospital's grants program for which you are applying.

Letters of Intent must be submitted by Monday, February 8, 2016.

For additional questions contact Pam Shadle at Vidant Beaufort Hospital (975-4134 or pam.shadle@vidanthealth.com).

Only government entities or non-profit organizations with 501(c)(3) status are eligible for funding. Grants will not be awarded for medical research.



Food

Continued from page 1

Members of the Initiative encouraged residents to support local businesses that have stepped up their efforts to fill the gap in the absence of a true grocery store. Silos offers carved meats and cheeses at its deli counter. The Dollar General is now offering an added selection of food products, the Provision Company is selling fresh produce, meats and cheeses and dairy products in addition to dry goods. The Mini-mart offers a variety of foods and Nautical Wheelers has added snacks and a more affordable wine selection to their shelves.

Members of the audience praised the efforts of the OFI and their willingness to help. "Kudos to the OFI, I was raised by a farmer and support farming. The key to being successful is to shop local. There are a lot of people in this county that can't afford to shop organic and those on food stamps who need to have the same opportunities as those who are not," said Oriental resident, Gail Good.

The OFI's long-range vision and goal is that Oriental will have a market again. A timeline for a solution was not announced at the meeting and organizers did say it could take time for Walmart to make a decision to allow another business to occupy the now vacant building. Until then, they promise to stay the course and with the help of the community make provisions to fill the gap until that happens.

And another group is working to provide transportation to and from grocery stores in the County in the interim.

Oriental Commissioner Allen Price says he has a group of 40 volunteers to help those who need transportation to and from grocery stores and pharmacies and to make deliveries. He has joined forces with volunteers from "Prime Time," a group from the Oriental United Methodist Church that offers services to the aging population Oriental and surrounding areas. The shopping trips are currently scheduled for Thursdays beginning tomorrow at 9:30 a.m. The number to call for a ride is 249-1361. In addition, a Bayboro man offered to shop and bring groceries to Oriental a few times a week using his own cargo van and Heather and Eric, who are new to Oriental said they have started a delivery service, something they hope will help the community at large. You can email them at freshexpress@gmail.com to find out more about the services they offer. OFI Organizers provided sign-up sheets for anyone interested in volunteering at any capacity to help.

Walmart's closing garnered national attention with NBC and ABC highlighting the town's predicament on its nightly news broadcasts. Owner of the now closed Town and Country, Ruth Ireland, and Manager, Renee Smith, were featured expressing their dismay with Walmart's actions which they blame, in part, for forcing them to close their doors in October after 43 years of doing business in this town.

Oriental Mayor, Sally Belangia said this is the first time in 57 years that the town has not had a grocery store. "I have faith we as a community will come together. I am here to support you. Let me know what I can do to help," Belangia said at the OFI meeting.

Several local business owners have expressed interest in purchasing the Walmart property and open up a full service grocery store and pharmacy. Billy Flockhart, owner of the Piggly Wiggly in Grantsboro for 26 years, told the crowd that he had an interest in coming to Oriental even before Walmart's closing and has been in talks with Walmart executives to explore purchasing their building. He has submitted a formal agreement of sale and signed a confidentially agreement with Walmart and is awaiting their response. He does not know how long the process could take but estimates that if they accept his offer it should take an estimated 60 days after closing for the store to reopen. Plans for the store include an independently run pharmacy and butcher shop. He estimates that the store would employ between 20 and 25 people and assures everyone that the Piggly Wiggly in Grantsboro will remain open. "It is because of my fantastic



(Above and below) Some of the offerings currently available at the Provision Company.



employees in Grantsboro that I am able to open another store," said Billy. Although he acknowledged the severity of the town's situation, he stressed that this would be a business decision. "We have a certain clientele here in Oriental. People may think I just sell "country food" but I can get anything you want, but you have to buy it," he said of requests for more upscale and organic foods. He said he would be willing to meet with the folks of the town to discuss the types of products they would like the store to carry is he is able to purchase it. He reminded the crowd that in the mean time his current store does make deliveries and if he can consolidate deliveries to Oriental, he may be able to do so for a discounted fee. Frank Zeidan, owner of the Mini-mart said he's already tried to buy the Walmart property, but he believes he was turned down by the giant retailer because his business was too small. "We are here for the community but, Walmart only wants to sell to corporations, we need the community to tell them to sell it to us," said Frank.

Walmart owns the building and property at 1400 B Broad St., Oriental. Executives with the company say they are working with interested parties to handle the selling process as quickly as possible and working with potential buyers and that the decision of whether stores will be sold as a group or individually is being worked out. In 2015, Walmart paid \$4,245 in property tax to Pamlico County on the 11,918-square-foot building located on 2.4 acres. The building and property have a listed value of \$654,901, according to the Pamlico County Tax Office.

Audience members wanted to know what Walmart planned to do to help the community in its current situation. "We are on their radar, said Town Manager, Diane Miller. "I have received four emails from their legal team." She told the audience that she has also been contacted by several media outlets inquiring about the current emergency situation. "I told them that this is not new, the OFI has been meeting for months. We are Oriental, we don't panic, we do which is evident in tonight's turnout. That is what should be broadcast to the national media," she added.

PCC

Continued from page 1

Purdue, like Fonville, credits PCC as the catalyst for his success. "PCC means hope, family, second chances, acceptance, growth, inspiration, and acknowledgement," he says. "PCC has changed my life, and yes, PCC can change other people's lives in more ways than they could ever imagine. But, it all starts with walking through that door and telling yourself that the time is now."

Many of our students, like Fonville and Purdue, have found success at Pamlico Community College. These successes, in part, are due to the close faculty and student relationship and accepting learning environment PCC provides to its students. The faculty at PCC work very hard to create compelling, modern learning environments to enhance student success. Unfortunately, technology and the demands of the working world are constantly changing, and Pamlico Community College must adapt and change with the times in order to successfully prepare students to enter the workforce.

Currently, Pamlico Community College is in need of repairs and renovations to improve the infrastructure and enhance capacity, providing a modern learning environment that meets the demands of a 21st century workforce. These are renovations and repairs that the college simply cannot afford on its own.

The Connect NC Bond provides NC com-

munity colleges a unique opportunity to address educational related needs, and if it passes on March 15, Pamlico Community College plans to use the \$4.19 million to renovate and repair the Johnson building, which built in 1976 is the oldest building on campus.

"This renovation would enhance capacity and state-of-the-art classrooms and labs to house retooled and new technical and Science, Technology, Engineering and Math (STEM) related programs to train the workforce of the 21st century for the benefit of the residents of Pamlico County," says Dr. Maria Fraser-Molina, Interim President.

"The current library and student services suite would be renovated following a student-centered learning concept, enhancing the college's student success activities and modernizing the community and student related services."

At Pamlico Community College, we are in the business of changing lives, helping our students unlock and discover their potential. These repairs and renovations the college simply cannot afford on its own will help preserve that mission for many years to come.

To learn more about PCC programs, or about the students, please visit www.pamlico.edu or call 252-249-1851. To learn more about the Connect NC bond, please visit <http://connect.nc.gov/>.

Groundhog

Continued from page 1

is now simply guessing. In the past 28 years, he has only been right 13 times. That's only a 46 percent accuracy so he is right less than half the time. We could always try listening to the not so famous rodent from our own state, Sir Walter Wally, who has been predicting whether winter is staying or going in Raleigh for nineteen years. This year's ceremony took place on the steps of the Museum of Natural Science and like his counterpart, Phil, Sir Walter Wally did not see

his shadow which could mean an early spring. Unlike, Punxsutawney Phil, Sir Walter Wally has a pretty good record of predicting a long winter or an early spring.

Sir Walter Wally has a 50% success rate as compared to a 39% success rate of Punxsutawney Phil. In fact, the Weather Channel puts Sir Walter Wally in the Top 11 Groundhogs to watch on Groundhog Day for an accurate prediction.



The Last (Hopefully) Last Word on Walmart's Stopover

Maureen Donald
The Editor's Desk

Walmart comes to town, established businesses fold. Is it really that simple? I think not. I watched with interest the local and national news soundbites about Walmart's departure from Oriental last week. I can't say I blame folks for being upset that the mega chain picked up stakes after only 20 months in town. That said, Walmart's food department (using the term loosely) ranks pretty much at the bottom of my list as a viable food source. The produce is pitiful, the meat frightening and the selection inadequate to say the least. A roll of paper towels, a bottle of wine (barely) or a carton of name-brand milk in a pinch is about it for me.

But despite my limited patronage, closing up and leaving Oriental definitely didn't improve my opinion of the organization. There's no doubt in my mind that many small businesses are affected when Walmart shows up. And when, as here, they show up and then hightail it out of town when the marketing

plan doesn't work out as expected, the impact can have an even greater impact

Given the circumstances there's justifiably a lot of bad feelings swirling around town. There's been no shortage of outrage about Walmart's actions and Town n' Country going out of business. But how about some good news which I haven't heard anyone mention in light of the situation.

What about the community support demonstrated towards the Town n' Country market? When I turn on the news and hear the insinuations that this community turned its back on our small businesses, especially Town n' Country, I draw the line. Walmart's presence here might have put the market out of business, but we really never had the opportunity to find out.

I believe I speak for more than myself that many of us continued (or tried) to support the market after Walmart opened. The implication that the shelves were stocked and no one showed up to buy goods is blatantly wrong. Shortly after Walmart moved in, inventory started to drop and drop . . . until it was difficult to find a loaf of bread on the shelf.

Let me point out - I have no idea what other factors might be involved. Perhaps it was difficulty with suppliers, not knowing what direction was right for the store, sheer panic or a perfect storm of multiple factors. The one thing I know it was not, was desertion on the part of this community.

I have spoken with many people in town who repeatedly tried to shop at Town n' Country with no success. If anything this was a case of Town n' Country deserting this community - maybe not intentionally, but the result nevertheless.

Making matters worse are the folks now jumping on the big, bad Walmart bandwagon to declare allegiance to independent markets. It's so very easy to lay blame on the big dog's doorstep, and while not without a legitimate component, to imply that this was simply Walmart's doing coupled with an apathetic community is wrong. There were many in this community that stepped up - or tried to.

Changes - desirable or not - are part of the cost of free enterprise. The outcome of those changes is dependent on all of us - not just the result of the big bad dog showing up.



Making Sense of Investing

Dan M. Roberts, IV
Financial Advisor

You invest so that you can achieve a variety of goals, such as a secure retirement. It's inevitable, though, that you will incur some costs when investing, ranging from payments to a financial professional to costs of educational materials. So it's a good idea to familiarize yourself with these expenses.

If you work with a financial professional - and you should, because the investment world is complex - you will need to compensate this individual for his or her expertise and guidance. Financial advisors get paid in different ways, including the following methods:

- **Fee only** - Fee-based accounts may charge a fee as a percentage of your total portfolio. For example, if an account charges 1.5% per year, and your original account balance was \$100,000, you'd pay a \$1,500 fee. The next year, if your account value goes up to \$110,000, you'd pay \$1,650. This arrangement could function in different ways. For example, a financial advisor could work with you to create an overall strategy, consult with you on individual transactions and then carry out those transactions.

Alternatively, the account could be a discretionary one, in which you grant the advisor the right to make all the decisions on your behalf.

A second fee-based arrangement is the per-hour charge, in which an advisor will charge you an agreed-upon amount per hour, then leave it up to you to implement his or her recommendations.

- **Commission only** - Under this model, the financial advisor's compensation consists of the commission he or she gets from the products you purchase. Some commission-based advisors may suggest trades to help you follow an overall financial strategy, while others may simply make the transactions that you've decided upon after consulting with them.

Which of these payment methods is best? There's no one right answer for everyone. Your choice may ultimately depend on several factors, such as how involved you want to be in choosing your own investments, how frequently you plan to trade, how often you'd like to consult with an advisor, and so on. In any case, before you start working with a financial advisor, make sure you clearly understand how he or she is paid.

Apart from whatever costs are connected to working with a

What Expenses Will You Incur When Investing?

financial advisor, you may incur other expenses while investing. Some types of investments carry fees and expenses, which may or may not be included in the compensation your financial advisor receives. Your advisor should clearly explain the costs associated with all investments and investment programs.

One other area in which you may tack on expenses is through investment-related educational materials. For example, you might subscribe to an investment newsletter, or purchase books or magazines related to investing. Even if you work with a financial advisor, there's certainly nothing wrong with educating yourself as broadly as possible about investment issues. Keep in mind, though, that any recommendations you read about are only intended for a general audience and may not apply to your individual situation.

As you invest through the years, always be aware of expenses and from where they originate. After all, you want to make educated decisions about every aspect of investing - including its costs.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Protect Personal Data

Attorney General
Roy Cooper

- *Businesses, government and consumers should follow data privacy measures.*

On Data Privacy Day, Attorney General Roy Cooper urged North Carolina consumers, businesses and government agencies to prioritize privacy and protect personal information.

"With so many more opportunities for us to share information, data privacy is more important than ever," Cooper said. "Consumers should take proactive steps to guard their information and keep it from falling into the hands of criminals and scammers."

To protect personal information, Cooper recommends that North Carolinians:

- Be careful about what you share online. Avoid sharing information or images that you want to remain completely private, even if you're using privacy settings. On social networking sites like Facebook, Twitter, Instagram, never post private information like your address or phone number. Be aware that hackers and criminals are capable of using personal information shared online to their advantage, like knowing when you'll be away from home for a trip or using the information to pose as you. Finally, remember to talk to your kids about online safety.

- Choose secure passwords. Passwords should be 10 to 12 characters long and should include a mix of letters, numbers and special characters. Don't use common information or phrases, like your date of birth, street address number, names of family members, phone number or series of consecutive numbers. Avoid passwords that could be easily guessed from information you share on social media, such as kids' and pets' names. Keep passwords

for all your online accounts, computer and cell phone private and don't share them, particularly not over the phone, in text messages, or over email. For more password tips, visit the Federal Trade Commission website.

Keep your guard up against scams. Never respond to calls, emails, texts or social media posts that ask you to share your Social Security Number or bank account information. Remember that legitimate businesses and government entities won't ask you for this information online. Avoid clicking through links that arrive in suspicious, unexpected emails and social media messages. Before sharing personal information online with a trusted business, make sure the website is secure by looking for a lock icon and "https" in the web address.

Use privacy settings, but don't rely on them. Criminals take advantage of personal information shared on social networking sites to help them plan scams and target victims. On social networking sites like Facebook and Instagram, privacy settings are available to help protect your information. But remember to share images and personal information cautiously online, because your online privacy could still be compromised.

Find a Wi-Fi hotspot? Proceed with caution. Free, public Wireless Internet service is common and convenient. But remember that connecting your smartphone, laptop, or tablet to unprotected Wi-Fi can put your information at risk. Scammers can use public Wi-Fi to steal your passwords and account numbers to commit identity theft and credit card fraud. For maximum security, choose Wi-Fi hotspots that use Wi-Fi Protected Access (WPA) and have privacy statements on their login websites, and ask to make sure you connect to the correct Wi-Fi network instead of falling for a copycat. Limit activity on public Wi-Fi to surfing only, not checking your bank account or making purchases.

If your information is compromised, take action immediately. Major data breaches involving Anthem Inc. and the U.S. Office of Personnel Management have recently compromised the information of thousands of North Carolinians. If you are notified that you may have been affected by a breach, take steps to protect your identity as soon as possible. Immediately change passwords and monitor your credit report and accounts for unusual activity. Also consider a security freeze, which prevents any new lines of credit from being opened in your name. Under a new law North Carolina parents can now get security freezes for children as well.

"Businesses and government must do a better job protecting information that consumers share with them, but consumers can't afford to wait for that to happen," Cooper said. "Recent data breaches serve as a reminder that we must take all steps possible to keep our personal information secure."

Data Privacy Day is a national effort led by the National Cyber Security Alliance (NCSA) on January 28 each year. The event educates consumers on ways privacy measures can help them stay safe online and works to show businesses, non-profit organizations and government entities that data privacy is an important business practice. Cooper's office is participating in this year's Data Privacy Day as a Privacy Champion organization.



Do You Remember?

Flo Daniels
Correspondent

The picture this week comes from the files of James "Bossy" Hardison.

James posted this picture on Face Book last month. This lady is Bossy's great grandmother, Mary Jane Sanders Thomas of Coweeta in Macon County in Western North

Carolina. Mary Jane lived into her 90s. Her husband William Holland Thomas was half Cherokee.

Thanks James for sharing your picture.

If you have missed my column in recent weeks, it is because I do not have any pictures to post. Several of the ones I have posted recently, I have downloaded from Facebook. In order to continue this column, I need your help, your pictures. I do not believe that after twelve years this county has no more pictures to share. My contact information is in the last paragraph of this article. Thank you for your help.

I would like to include pictures of Veterans in this column. If



Mary Jane Sanders Thomas

you have a picture of a Veteran and can provide some information on his or her service, please let me share it with our readers. It is important to remember and honor our veterans.

Please help me by sharing your pictures with me to use in this column. I have used the old pictures from my files and the ones I could find at the museum. Contact me by email at flodan48@yahoo.com, call me at 745-6544, drop me a note in care of The Pamlico News, or leave me a message at the Pamlico County Heritage and Visitor Center in Grantsboro.

Garden Of Innocents

by Ray Reilly

Over two years ago, The St. Peter The Fisherman Respect Life Committee and the Cemetery Committee joined together for a project that was inspired by God and our Catholic faith in understanding, protecting and respecting life from conception to death.

The focus was that miscarried babies do not always find a place to lay their heads in a peaceful slumber. For their physical form often does not get to make the final journey home perhaps to lie underneath the shade of a giant tree in a quiet and restful cemetery.

These babies might find a safe harbor in the memory of saddened parents uncomforted by tragedy, which befell them.

Most cemeteries seem to find an opening for those babies born without a breath taken; the stillborn that never got a chance to utter a single cry. Even infants and toddlers find hallowed ground set aside especially for them.

It is the miscarried who get tossed, disposed of by people in the medical profession as medical waste.

Having a place to go and remember those tiny unborn babies can bring healing to those in grief and serves as a reminder that they did exist. The Garden of the Innocents will be their resting place, a place for their parents and families to grieve, heal and remember.

The garden will be available to anyone in Pamlico County and to members of our Sister Parish of St. Paul in New Bern. It is a way for our parish to reach out to the community regardless of their religious affiliation and to evangelize our faith in God's mercy and our commitment to the respect for life.

It must be noted that the stone marker has been donated by The

Bryant Funeral Home. Patrick Bryant and I had numerous conversations regarding burial procedures and was overwhelmed by the thoughtfulness our parish was extending to Pamlico County.

Two stone benches were donated by two families in memory of the children and grandchildren lost by miscarriage.

The plantings were a small gift from Lee Landing Nursery. The Cemetery Committee donated the sod and location. Upkeep will be the responsibility of The Respect Life Committee and donations will continue to be accepted.

To best understand the heartache felt by parents of miscarried babies are best described by poems that I have read, unfortunately, too many. The poems are truly tears formed into words. How very softly you tiptoed into our world, almost silently; only a moment you stayed, but what an imprint your footprints left on our hearts.



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15 lines, approximately 75 words.

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Pamlico Babe Ruth League
2016 Registration

Saturday, January 30th at Hardees from 11 a.m. to 2 p.m.
Saturday, February 6th at Hardees from 11 a.m. to 2 p.m.

T-Ball ages 4-6
Baseball Ages: 8U, 10U, 12U, 13-15 Year Olds
Softball Ages: 8U, 10U, 12U, and 14U

All forms must be turned in by February 13th!
No forms will be accepted after this date.

Evaluations will be held on Saturday March 4th:
8U @ 2 p.m., 10U @ 3 p.m. and 12U @ 4 p.m.
- Rain Date is March 5th -

Opening Day will be held on April 4th

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Goose Creek Island

Annette Jones
55 Plus Club
Correspondent

Goose Creek Island 55 Plus Club met Thursday at the Community Center. We sang Happy Anniversary to Sue Gaskill Gilgo. E.M. and Sue have been married 45 years. A slate of officers for the new year was selected last month. Sue conducted the Installation of New Officers Ceremony for 2016. Pres. - Shelby Keech, Vice Pres. - Bob Johnson, Sec/Treas - Karen Ireland, Chaplain - Brenda Watson and Cards & Correspondences - Edith Campen Johnson. The officers were welcomed by a round of applause. We enjoyed a time sharing. After dismissal prayer Brenda and I settled down to play scrabble. We each won a game. Somehow after a couple of hours the seats get a little hard! Shelby Keech, Karen Ireland, Sharon Leary and Rita Lupton enjoyed playing Rummikub. Next week guest speaker will be Daniel Simpson who is bringing some of his Honey Bees! Everyone is invited to come and enjoy his presentation. It will be sweet! Feb.11 is Bingo Day and our Valentine luncheon. Come and bring something.

Lottie Caroon and daughter, Teresa Grubbs attended the Baptist Women's Conference at Cragmont in Black Mountains, NC. We sure missed Lottie at the old people's meeting. Also, our Scrabble Buddy, Mildred, who was with her husband, Herbert Fulford who is having medical tests.

Prayer List: We are also missing Edna McKinney who is having a long bout with shingles. Norman Miller, former Pastor, Lowland Church of Christ has pneumonia and is a patient at Vidant Hospital in Washington. Shilah Fayeth Gray, young

daughter of Trevor and Tina Gray is ill with a serious infection. Camden Popperwill, son of Robert, is in the hospital undergoing Chemo treatments for leukemia. Doug Campen, son of Eric and Elizabeth Lupton Campen has been diagnosed with brain cancer. Troy Potter, Jr. was admitted to East Carolina Hospital this week. Musa Voliva Harris continues rehab treatment at the Nursing home in New Bern. Jeff Honeycutt completed his last series of radiation, but is not doing well. Phil Williamson was pleased to be able to attend Wednesday night Bible Study. Please continue to remember Benjy Voliva and Albin Henriens. Ray Lupton and Stakes Ireland are not feeling so good.

Happy Birthday Kevin DeOliveria and Elmo Murray Gilgo - Feb 4, Bruce Wayne Morris - Feb 5, Julius Elmo Flowers and Darrow Hopkins - Feb 6, Rhonda Lynn Jones Mayo, Johnny Cahoon, Wendy Ireland Morris and Tricia Ireland - Feb 7. Martha Rawls Campen, Ila Lee McKinney, McHenry and Donald Williams - Feb 8, Jessica Malone Jarman - Feb 9. Happy Anniversary Trevor and Tina Sawyer Gray - Feb 7.

O.B. and Dean Howerin visited with daughter Rebecca Robison and family in Charlotte last week. I'm sure they had a good time with granddaughter, Emilee Grace.

Mitchie Ray Midgette who is now living in Aurora visited with Steven and Pattie Leary and other friends in the community.

Darin and Helena Mayo spent several days snow skiing in the mountains this week.

Many thanks to Tina Foreman Beacham for all the work she does with the Goose Creek Island Album on Facebook. People enjoy the old pictures and history notes about the island so much! Just want you to know, Tina, that you are very much appreciated!



Pamlico

Betty Jo
Rodgers
Correspondent

In this cold weather, a lot of wildlife has been out and about. We even saw a great blue heron in our ditch on the farm last week. Of course the usual wildlife abounds and the little black and white cat from the corner has been hunting in our fields for field mice, etc. That cat just cannot read the "no hunting" sign we have posted. (Smile!) I was saddened to see that buzzards were eating a deer carcass in one of the fields on Trent Road. Roy told me he had seen three dead deer on his way to Hobucken last week. Some may have been road kill, but I fear that some may have been poachers just shooting for sport at night.

Fishermen and fisherwomen were fishing in Broad Creek on Saturday. It was a slick cam and some fished from boats and some from the pier at The Preserve. I saw several fishing at little bridges in Beaufort County as well. I am not sure if they were catching much, but it sure was nice weather for it.

January has been a month of great loss for the Pamlico Community and the town of Oriental. Mary Clyde Dunn, a bright spot to our community, died on January 1, 2016. Three weeks later William "Snooks" Gibbs, Jr. died on January 21, 2016. I was not aware of his passing until after his funeral, but I knew him well. I used to go to his grocery store with my mother, Annis Gwaltney, because she especially liked the way he would cut meat. After I was married, he would help us cut deer into steaks. I remember that he ran a crab picking plant behind the old grocery store.

Hugh Harris, a former resident of Oriental also died in January. I realize a lot of the new people in Oriental did not know Hugh but we rented a house on the corner of Vandemere and South Street from his wife back in the early 80's. His brother Bill lived beside us and Hugh lived on the waterfront near Lou Mac Park.

Many also did not have the privilege of knowing "Snooks", but he was a kind and generous Christian man and was thought highly of by many in the community. For those of you who did not

know where his store was located, it was the building that Chris Fulcher refurbished beside the former Walmart Express. And of course, Walmart Express closed leaving no grocery store east of Grantsboro, since they had been instrumental in the closing of the Town 'N Country. Mary Clyde, "Snooks" and Hugh will be sorely missed by the Pamlico Community for a long time to come.

This past Sunday was a fifth Sunday and the Broad Creek United Church of Christ hosted the Union meeting for the five United Church of Christ churches in the county. I could tell the service was well attended because there were two long rows of vehicles parked on each side of the church.

Next week Christians around the world begin their celebration of the season of Lent on February 10, 2016 which is Ash Wednesday. There will be several services in the area that are open for all to attend so surely you can find one that will meet your busy schedule. At 8:00 am, there will be a preaching service at Reelsboro Christian Church with Holy Communion. At noon there will be an Ash Wednesday service with Imposition of Ashes at Bayboro UMC, led by the Reverend Peg O. Witt. The service will be followed by a donation/fellowship meal. Wednesday evening there will be an Ash Wednesday service at Aurora UMC at 6:00 pm with Imposition of Ashes and that same evening at Arapahoe UMC there will be a chili supper followed by an Ash Wednesday service at 7:15 pm with Imposition of Ashes.

Birthdays in February include Bruce Morris (2/5), Darrow Hopkins (2/6), Seth Michael Zimmer (2/10), Mildred Harrison & John Farmer (2/14), Sheryl Kaye Sanders & William McKinley Harrison (2/15), Joe McClees (2/19), Esther Jane Lupton (2/20), and Tillie Roberts & John Daniel Brady Jr. (2/24). Remember February 14 is Valentine's Day and lovebirds Karen and John Deaton celebrate their wedding anniversary on February 13.

Have a blessed week. Aggravated? Take Spiritual Vitamin A. "And we know that All things work together for good to them that love God, to them who are the called according to his purpose." (Romans 8:28)



Whortonsville

Reba Tiller
Correspondent

Our computer is up and running after a little glitch last week. New things can be very frustrating. Guess I had better give the weather report and it is a good one this week. We just can't get by with out a little rain later in the week, but it is very warm this Monday morning.

Is every one out there as sick of politics as I am? The candidates act like spoiled children throwing "barbs" at each other. The old saying "He or she who is without sin throw the first stone!"

On Sunday there were seventeen folks at church. Matt and Meghan Scott were visiting. Darlene Law was hostess for the Women's Auxiliary meeting on Monday evening. Maura and Lydia

were here working in their yard on the weekend. The model plane enthusiasts were flying on Saturday. Kevin Bryan and friends went out for a sail on Sunday.

Also on Sunday we were saddened by the news that our dear friend Jane L'Hommedieu had passed away after battling cancer for several weeks. Jane was a real trooper. She would out shoot the men on the rifle range at WOW Camp, went up in a hot air balloon, rode the zip line, quilted, card player, and could put together the most difficult puzzles. Jane and Mark traveled a lot during their marriage to Timeshares around the country. Jane was a member of the Pamlico Chorale and the Fifty plus Club for many years.

Thought for the week--February is the "LOVE" month fellas, so don't forget the bonbons and flowers for your favorite lady.

Deaths

• **Linda Woodard Whorton, 75**, of Greenville, passed away Saturday, January 30, 2016, at Vidant Medical Center. She was a member and volunteer of Pitt County VFW and also volunteered with Pitt Co. Senior Center. She is survived by two sons, Chris Stovenour of Brentwood, TN and Jules Jason Whorton of Greenville; two daughters, Terri Banks of Jacksonville and Kim Garcia of San Antonio, TX; brother, Jules Woodard of Grantsboro; sisters, Vicki Jones of Beaufort and Suzette Nesbit of Aurora; four grandchildren; and three great-grandchildren. Her memorial service will be held 11 a.m., Wednesday, February 3rd at Bryant Funeral Home Chapel with the Rev. Wesley Taylor officiating. The family will receive friends immediately following the service at the funeral home. In lieu of flowers the family suggested memorial contributions be made to The American Cancer Society, 2202 Wrightsville Ave. Suite 111, Wilmington, NC 28403. Arrangements by Bryant Funeral Home & Crematory, Alliance.

• **Myron Montague Banks, Jr., 72**, of New Bern passed away Thursday, January 28, 2016, at home. When he wasn't at work as an electrician at Weyerhaeuser, he enjoyed nothing more than spending time with his family and making them laugh. He is survived by his wife of 51 years, Pamela "Pam" Fore Banks; daughter, Dianna Wheeler and husband, Craig; son, Brian Banks and wife, Emily; sister, Jeannette Hudson and husband, Richard "Dick"; sister, Rosalie Peacock and husband, George; and grandchildren, Kristen Wheeler, Kaitlyn Wheeler, Maya Banks, Leo Banks, and Cora Banks. In celebration of Myron's life, a memorial service was held at Bryant Funeral Home Chapel on Sunday, January 31st with the Rev. Stephen Prescott officiating. The family received friends and relatives prior to the service at the funeral home. In lieu of flowers the family suggested memorial contributions be made to 3HC Home Health and Hospice Care, 214 Main St., Pollockville, NC 28573. Arrangements by Bryant Funeral Home & Crematory, Alliance.

• **Adam Hugh Harris, Jr., 85**, of New Bern, passed away on January 24, 2016 at CarolinaEast Medical Center. He was born in Oriental, NC, on October 9, 1930 at his grandmother's home with two doctors attending. He is survived by his wife, Larue Holton Harris of New Bern; his son, David Holton Harris of Winterville; and granddaughters, Rachel Alyssa Harris and Anna Marie Harris. He was preceded in death by his parents, Ethel Brothers Harris and Adam Hugh Harris Sr., his brother, William

"Bill" Harris and son, Adam Hugh Harris, III.

Hugh grew up in Oriental and spent much time in nearby Kershaw, NC on the family farm, where his extended family lived. Hugh went to grade school at Oriental School and high school at Fishburne Military School in Waynesboro, VA. From there he was off to North Carolina State College, where he graduated in 1954 with a degree in Engineering.

On June 14th of that same year he married Larue Holton. It was a marriage that lasted with much love for 63 years. 45 of those years were lived on the river in Oriental and the last 16 on the lake in New Bern. 1954 was an eventful year for Hugh. That year he also joined the US Army Corps of Engineers as a Lieutenant. Within months he was deployed to Korea during the Korean War. He was awarded the Korean Service Medal, with two Bronze Campaign Stars, the United Nations Service Medal and the National Defense Service Medal.

In 1974 Hugh was certified as a Professional Engineer (PE) and as a Professional Land Surveyor in 1976. He was also a member of Mensa. He was a member of Sigma Alpha Epsilon Fraternity "SAE" at North Carolina State College. During his career he worked as an Engineer and Land Surveyor, mostly in Oriental and New Bern, but also included early stints in Jacksonville, FL and Wilson, NC. Early in his career he worked for various businesses. He expanded and ran with his Father, a grain business in Grantsboro, NC, for many years. He retired in 1996 from Harris Engineering, Inc., an Engineering and Land Surveying business he founded in the seventies.

The following are a few of his other business ventures. He was a farmer for few years and developed some creative practices. He and Larue were active and successful in real estate investments and development. Many people learned to play golf on a 9-hole course, he designed and built in Oriental, which was the first in Pamlico County.

Hugh was a man who valued integrity and honesty. Many people enjoyed his kindness and sense of humor.

The funeral was held at Centenary United Methodist Church in New Bern Sunday, January 31 in the sanctuary, followed by a reception in the Fellowship Hall at the Church. A visitation in the Chapel preceded the service. For those who wish, donations in his name to Centenary United Methodist Church, PO Box 1388, New Bern, NC 28563 or Oriental United Methodist Church, P.O. Box 70, Oriental, NC 28571 are appreciated. (Paid obituary)

Arrangements by Bryant Funeral Home & Crematory, Alliance.

POSITION AVAILABLE

The Town of Minnesott Beach is taking applications for the vacated position of Town Commissioner for the 2016-2017 term. Applicants need to contact the Town Hall for the criteria for this office: 252-249-1755. The deadline for receipt of applications is February 11, 2016 at 2:30pm. (1/27-2/3)

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PET EXCHANGE

Lost female German Shepherd, 7 years old, 80 pounds, White Farm Road area. Please help us find her, heartbroken. Please call 252-249-1217. (1/20-1/27)

Lost Beagle, male, spotted in Minnesott Beach area, Country Club Drive along the waterfront. Call 249-2074 for information. (2/3-2/10)

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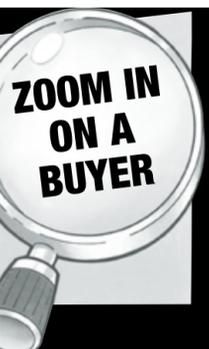
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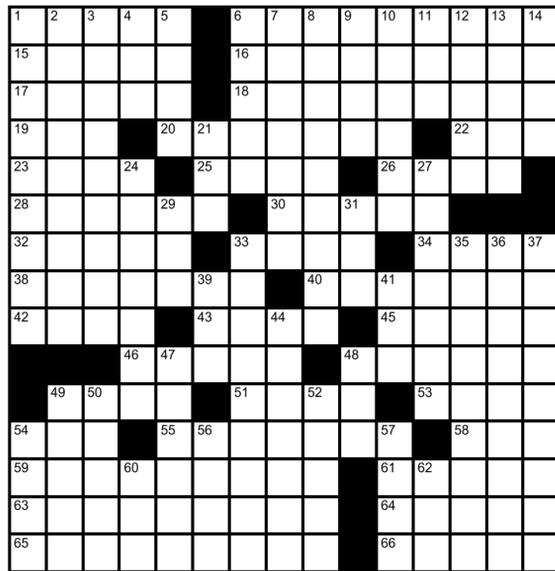
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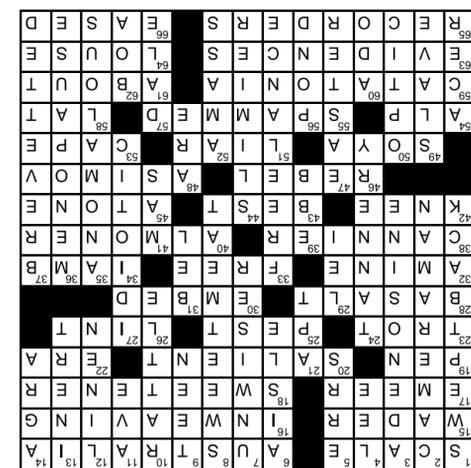


Across

- Bathroom item
- Down Under
- High water-proof boot
- Entwining
- Arab leader
- Sugar substitute
- Ballpoint, e.g.
- Hard to miss
- Victorian, for one
- Gait between walk and canter
- Fly, e.g.
- Fluff
- Black igneous rock
- Put in
- Nitrogen compound
- At liberty
- Foot
- Smarter, cleverer
- One who distributes charity
- "Trick" joint
- Number one
- Agreeing (with)
- Riot
- Russian writer
- ___ bean
- Pinocchio, at times
- Supergarb
- Matterhorn, e.g.
- Sent unwanted emails
- Back muscle, familiarly
- Psychomotor disturbance
- Circa
- Set of things to help form a conclusion
- Spoil, with "up"
- Cousin of the flute (plural)
- Alleviated

Down

- Rearward angled
- One who takes photos
- Component of nucleic acids
- "Malcolm X" director
- Blows it
- Bridal path
- Of less wisdom
- Confectionary or candy
- Freshman, probably
- Faze
- "___ Maria"
- Flax fabric
- Dead to the world
- City on the Yamuna River
- Appropriate
- Building where hides are tanned
- Inane
- "Fantasy Island" prop
- ___ canto
- Independent worker
- Inconsistent, irregular
- Cessation of menstruation
- Promoted military rank
- "Chicago" lyricist
- In, in Madrid
- Like a snail, but worse
- Break time
- "___ we having fun yet?"
- Drudge
- Kind of nerve
- Accumulate
- Maple genus
- Duck's home
- Broad valley
- "Much ___ About Nothing"
- ___ constrictor



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Kitchen Chatter

by Nancy Winfrey



If You're Looking for Low Carb Recipes, Here You Are . . .

CRISP FRIED CHICKEN

4 boneless chicken breasts
1 teaspoon salt
1 teaspoon garlic powder
Several shakes of cayenne pepper
1 egg
Pork rinds, crushed

Beat the egg and add the salt, garlic powder and cayenne pepper. Dip chicken breasts in mixture and then toss with crushed pork rinds to coat completely. Fry in vegetable oil or a blend of butter and vegetable oil until thoroughly cooked and crispy.

BAKED CHEESE DISH

This dish is great. The cheese can either be in cubes, slices or grated and the vegetables, if you wish to add them, can be cooked until crisp-tender before added to the dish or you may desire to add them raw.

Line a baking dish with crushed pork rinds to completely cover the bottom of the dish. Then add a variety of cheeses—Cheddar, Colby, Monterey Jack, Munster, Mozzarella, etc.—either in cubed form, sliced or grated. Add enough cheeses until the dish is loosely filled. If desired, top with broccoli, chopped onions and cauliflower. Bake in 325 degree oven for 30 minutes or until cheese is completely melted. Let cook about 10 minutes before serving.

FRIED CHEESE SHELLS OR CHIPS

Using a 5-inch and non-stick skillet, place grated sharp Cheddar cheese in to generously cover the bottom of the skillet. Let the cheese melt over medium heat until the cheese begins to bubble (like a pancake). When necessary, pour off any oil released by the cheese. Brown the cheese on one side then flip and brown the other side. Remove by bending with a spatula. Cool upside-down to help hold shape.

For tortilla-like chips, break the rounds apart and “dip away.”

BAKED CHEDDAR SLICES

Spray a baking sheet with non-stick spray. Place thick slices of Cheddar cheese on the prepared baking sheet. Sprinkle with salt and bake in 350 degree oven for 20 minutes. Remove from oven, let cool and enjoy!

CHEESE SAUCE

1 cup heavy cream
1/2 cup water
1 pound Cheddar cheese
1/4 teaspoon garlic salt
1 teaspoon mustard
1/4 teaspoon paprika
1/4 teaspoon Worcestershire sauce

Using a double boiler over boiling water, add above ingredients and cook and stir for about 10 minutes. Serve over vegetables, chicken, fish, etc. Serves 16. (Carbs, 0.8 g per serving)

CRAB CASSEROLE

1 pound lump crab meat
1 package (16-oz.) cream cheese, softened
1 carton (8-oz.) sour cream
2 tablespoons mayonnaise
1 cup grated sharp Cheddar cheese
Dash of garlic salt
1/8 teaspoon pepper
1/8 teaspoon salt
2 tablespoons Worcestershire sauce

Combine the sour cream with the softened cream cheese and beat until mixture is smooth. Add the mayonnaise, Worcestershire sauce, salt, pepper and garlic salt and mix thoroughly. Gently fold in the crab meat and place mixture in a 2-1/2-quart baking dish. Bake—uncovered—for about 20 or 25 minutes in a 350 degree oven. Remove from oven and stir and then sprinkle cheese evenly over the top of the casserole. Return to the oven and bake 10 minutes longer. Serves 6. (Carbs, approx. 4 g per serving).



BAKED TUNA STEAKS

4 tuna steak fillets
2 tablespoons vegetable or olive oil
2 tablespoons finely chopped onions
2 ribs celery, finely chopped
1 ripe tomato, peeled and coarsely chopped
1 teaspoon thyme
10 to 12 tablespoons white wine
Salt and pepper

Heat 1 tablespoon of the oil in a skillet and sauté the onions and celery until softened. Stir in the tomatoes and thyme and continue to cook and stir for 5 or 6 minutes or until tomatoes are a bit soft. Place mixture in a shallow baking dish. Heat the remaining oil in the same skillet and fry the tuna steak fillets long enough to brown quickly on both sides. Remove tuna steak fillets and place on top of vegetables and season with salt and pepper. Pour the wine evenly over all. Cover and bake in 325 degree oven for about 40 or 50 minutes or until fish is tender. Serves 4. (no carbs).

BLENDER HOLLANDAISE

4 egg yolks
1/2 teaspoon salt
Dash of cayenne pepper
1 tablespoon lemon juice
1 stick butter

Combine the egg yolks, seasonings and lemon juice in blender container. On blend setting, process the mixture for a few seconds or until mixed. Heat the butter until bubbling hot stage – very hot. Do not let the butter brown. Remove the insert from lid of blender, turn blender on medium-high and begin to pour hot butter in a thin stream into the blender. Do not pour too fast or the egg yolks will not be able to absorb the butter, causing the mixture to curdle. Serves 8. (Carbs, 1 g per serving).

CRAB CAKES

1 pound crabmeat, flaked and shell removed)
1 egg, well beaten
2 tablespoons mayonnaise
1 tablespoon prepared mustard
1 tablespoon butter, melted
1 teaspoon freshly chopped parsley
1/2 teaspoon dry mustard
1/2 teaspoon salt
1/4 teaspoon pepper
1-1/2 cups crushed pork rinds
Vegetable oil for frying

In a large bowl, combine the egg, mayonnaise, prepared

mustard, butter, parsley, dry mustard, salt and pepper and blend well. Gently fold in the crab meat. Divide the mixture into 8 portions and then shape each portion into a patty. Roll the patties in the crushed pork rind crumbs to coat on both sides. In a large heavy skillet, add several inches of vegetable oil and heat until very hot. Place the crab cakes in the hot oil and let brown on one side, turn and brown on other side.

Remove and drain on paper towels and serve immediately. Serves 4. (Carbs, 2 per serving).

BLACKENED CHICKEN

8 boneless, skinless chicken breast halves
2 tablespoon salt
1-1/2 tablespoons garlic powder
1-1/2 tablespoons black pepper
1 tablespoon white pepper
1 tablespoon onion powder
1 tablespoon ground cumin
1/2 tablespoon cayenne pepper
1/2 teaspoon sweet paprika
3 sticks butter, melted

Pound the chicken breasts between waxed paper to about 1/3-inch thickness. Combine all the seasonings in a small bowl and blend well. Dip each piece of chicken in melted butter to cover both sides and then sprinkle both sides with about 1/2 generous teaspoon of the seasoning mix. Pat seasoning mixture with hands to help stick to chicken.

Using a heavy skillet that has been heated to very high heat, add the chicken and place 1 teaspoon butter on top of each fillet – careful because the butter might flame up when it hits the hot pan. Cook—uncovered—over very high heat until underside forms a crust – about 2 minutes or according to thickness. Turn fillets over and pour 1 teaspoon melted butter on top of each. Cook about 2 minutes or until meat is done. Serve chicken fillets with crustier side up and pass some extra melted butter to drizzle over the top. (no carbs).

Note: Clean the skillet after cooking each batch.

MUSTARD CHICKEN

4 boneless chicken breasts
3 tablespoons olive oil or other
2 garlic cloves, minced
3 tablespoons wine or chicken broth
3 tablespoons soy sauce
2 tablespoons Dijon mustard

Heat the oil in a large skillet and add the garlic and cook and stir for about 3 minutes. Then, add the chicken breasts and sauté until browned. In a bowl, combine the wine or chicken broth, soy sauce and mustard, blend, and pour over the chicken. Cover and cook until chicken is tender. Spoon sauce over the chicken before serving. Serves 4. (only trace of carbs)

SUGAR-FREE FUDGE

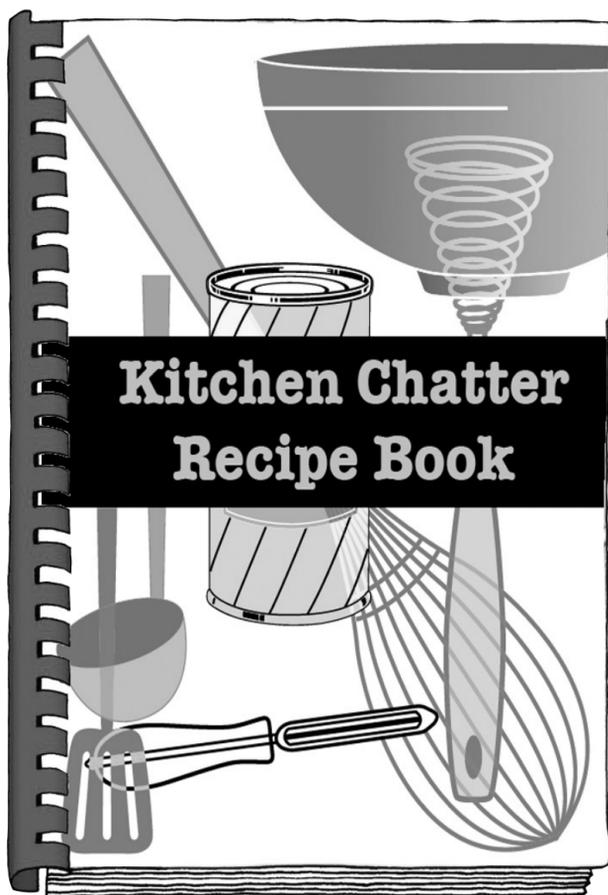
1 package (16-oz.) cream cheese, softened
2 blocks (1 oz. each) unsweetened chocolate
1/2 cup sugar substitute
1 teaspoon vanilla
1/2 cup chopped pecans, if desired

Melt the chocolate and let cool. Line an 8-inch baking pan with foil – set aside. Beat the cream cheese, chocolate, sweetener and vanilla until smooth and then stir in pecans. Pour mixture into prepared pan, cover and refrigerate overnight. Cut into squares. Store in refrigerator.

CHOCOLATE DESSERT

1 teaspoon chocolate extract
1 teaspoon vanilla
1 package artificial sweetener
1 cup whipped cream or low-fat artificially sweetened whipped topping

Combine the chocolate extract, vanilla and sweetener and fold into the whipped cream. Chill mixture and then serve.



The Pamlico News is pleased to offer Mrs. Nancy Winfrey's Treasured Kitchen Chatter Recipe Book

Nancy started writing her cookbook long before she started her food column in The Pamlico News and that means her cookbook has some recipes that have been in the newspaper and many that she reserved especially for her cookbook.

In Kitchen Chatter, you'll find the recipes Nancy considers the best, the most unique, elegant, the most fun to prepare, the most pleasing to serve and the best tasting.

This 150-page classic is now available. Order your copy by calling 252-249-1555 or mailing the order form to The Pamlico News, PO Box 510, Oriental, NC 28571 with your payment. For \$15.00 you can pick your copy up at The Pamlico News office or include \$5.00 for shipping and handling.



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Fashion in North Carolina Exhibit Now Open at History Museum

A variety of programs will complement the exhibit *Made Especially for You by Willie Kay* now open at the N.C. Museum of History in Raleigh. There will be programs for all ages.

The lineup features fashion designer Justin LeBlanc, who was a finalist on Lifetime channel's "Project Runway." Hear about his high-tech couture on Saturday, Feb. 13.

Elizabeth Constant Lewis, Willie Kay's grandniece, will be August's Artist at Work. She is an accomplished beader who will demonstrate her craft during a drop-in program on Saturday, Aug. 13. Visitors will be able to make a simple bead pin of their own.

Join us for these programs and more at the N.C. Museum of History. All programs are free unless otherwise noted. Parking is free on weekends.



- **High-Tech Carolina Couture: Justin LeBlanc**
Saturday, Feb. 13, 3-4 p.m.
Free tickets are distributed while they last beginning at 2 p.m.
Justin LeBlanc, College of Design, N.C. State University
LeBlanc, fashion designer and finalist on Lifetime channel's "Project Runway," will discuss how his ties to North Carolina inspire his work with fibers, fabrics, and technology to create fashion — much as designer Willie Otey Kay contributed to the art form of her time, transforming the dreams of brides and debutantes into reality through her handmade designs.

- **Lecture/Discussion: James Murchison**
Saturday, June 4, 3-4 p.m.
James Murchison, founder and designer of urban wear companies Backstabbers Clothing and Honor Raleigh, will share insights about creating and running a successful clothing-based business in Raleigh.

- **Workshop/Artist at Work: Eric Ennis**
Saturday, July 9
Workshop: 10 a.m.-noon (registration required; check NCMOH-programs.com for more details)
Artist at Work: 1-3 p.m. (drop-in program)
Eric Ennis, fashion designer and now beading artist, will present a beading workshop in the morning. In the afternoon he will be our Artist at Work in the museum lobby. Watch Ennis carry out his work, and then make a simple bead pin of your own.

- **Artist at Work: Elizabeth Constant Lewis**
Saturday, Aug. 13, 1-3 p.m. (drop-in program)
Elizabeth Constant Lewis is Willie Otey Kay's grandniece. She was taught to bead by her grandmother, Elizabeth Otey Constant, Willie Kay's sister. Mrs. Lewis will demonstrate her work in the museum lobby, and visitors will be able to make a simple bead pin of their own.
For information about the N.C. Museum of History, a Smithsonian-affiliated museum, call 919-807-7900 or access ncmuseumofhistory.org or follow on Facebook, Twitter, Instagram, Google+ or YouTube.



Willie Otey Kay made this mother-of-the-groom dress of satin brocade with handcrafted cabbage roses. Doris Doshier wore the dress to her son's 1959 wedding at Raleigh's First Baptist Church. (N.C. Museum of History)



(Above) Willie Otey Kay created this stunning teal satin gown, which Elizabeth Otey Constant embellished with sequins and rhinestones, for Louise Wooten in 1954. (N.C. Museum of History)

(Right) Willie Otey Kay works at her dress form, 1981. (Courtesy of the News & Observer)



Willie Otey Kay (center) worked closely with her sisters, who were also skilled textile artists. From left: Chloe Otey Jervay Laws, Mildred Otey Taylor, Josephine Otey Hayes, and Elizabeth Otey Constant. (Courtesy of the Mildred Otey Taylor family)

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Your Health

Community Health Centers Serve Needs of the Community

By Connie Rhem, Communications Director for Greene County Health Care Inc.

My first assignment in health care involved writing an article about a new group of hospital clinics in the area. I'll never forget the first three words: access, access, access.

This column is much like that first article. Early on, I realized that access to health care is one of the primary barriers to receiving care. What I didn't know is that the move to improve access to care in underserved areas began in 1965 with two community health centers - one in Columbia Point (Boston) and one in Mound Bayou (Mississippi). Each location was predominantly poor and underserved in a number of areas, including health care.

From that humble beginning grew today's more than 1,400 community health centers serving more than 24 million patients in the United States, according to the National Association of Community Health Centers (NACHC).

Community health centers continue to grow in importance as the delivery of health care continues to evolve.

What does that mean to you, though - as a resident of eastern North Carolina? The answer is simple. Greene County Health Care (GCHC) Inc., operates seven medical and dental community health centers in Pitt, Greene and Pamlico counties. And that's good news for the people in those communities. Here's why.

A community health center's focus is on serving as a "medical home" for the community. That means the center provides preventive care, primary care, behavioral health care and even dental care. GCHC physicians, physician assis-

tants, nurse practitioners and other medical and non-medical support staff are committed to that medical home care philosophy.

In fact, the National Committee for Quality Assurance (NCQA) recognized three of our centers - James D. Bernstein Community Health Center in Pitt County, and Snow Hill Medical Center and Kate B. Reynolds Medical Center, both in Snow Hill - as Level III patient-centered medical homes. That's the highest ranking. We even have dental care at both the Bernstein and Greene County Dental Services sites in Snow Hill. The NCQA recognized Pamlico Community Health Center in Bayboro as a Level II patient-centered medical home.

Our community health centers also provide education, Student Health Services, care coordination, night and weekend hours, bilingual outreach services and medication assistance. Our goal is truly to serve the health care needs of our entire community. We continue to open our doors to new patients.

Having community health centers in eastern North Carolina benefits not only us, but the entire health care system. We provide integrated care at a lower cost, according to NACHC. The organization also notes that our patients tend to spend less on health care per year. And they tend to have fewer unneeded emergency room visits. Also, members of the community help govern our community health centers. The result is community-focused, patient-centered care that costs less.

Greene County Health Care is your best source of high quality, affordable, integrated care in eastern North Carolina. We're caring for you and your community.

Chiropractors Call for Conservative Pain Treatment

The American Chiropractic Association (ACA) is working with thousands of doctors of chiropractic (DCs), chiropractic assistants (CAs) and chiropractic doctoral students nationwide to bring attention to the public health crisis caused by pain, and in particular the overuse of prescription painkillers, with this year's theme #PainFreeNation. The campaign is part of the profession's ongoing efforts to educate the public about the value of exhausting conservative forms of care for both acute and chronic pain before resorting to higher-risk options, such as opioids.

"Opioid medications involve the risk of overuse and addiction. Beyond the risks of overuse and addiction, prescription drugs that numb pain may convince a patient that a musculoskeletal condition is less severe than it is, or that it has healed. This misunderstanding can lead to overexertion and a delay in the healing process or even to permanent injury," said ACA President Anthony Hamm, DC.

President Hamm noted that people in pain should be informed of all management strategies, including non-drug approaches such as chiropractic, to reduce their risk of overuse and addiction.

"Each patient is unique, and care plans should be tailored to focus on what is the safest, most

effective treatment for the individual. Chiropractic physicians stand ready to work together with medical physicians to help address this epidemic that has caused unnecessary suffering, enormous loss of human potential and massive financial and personal costs," he added.

Fortunately, health care quality organizations have begun to recognize the value of this conservative, multidisciplinary approach. Earlier this year, the Joint Commission, which certifies more than 20,000 health care organizations and programs in the United States, including every major hospital, revised its pain management standard to include chiropractic services and acupuncture. Clinical experts in pain management who provide input to the commission's standards affirmed that treatment strategies may consider both pharmacologic and nonpharmacologic approaches.

During NCHM this year, ACA will offer chiropractic physicians resources to help them share information about their conservative approach and why it is especially significant to today's health care consumers amidst the opioid epidemic. For updates and more information on #PainFreeNation, go to www.acatoday.org. For information on how to obtain a doctor of chiropractic in North Carolina, visit www.ncchiro.org.



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2nd Grade Inventors Woo Shark Tank Sharks



Second grade teacher Katelyn Girard's students created an imaginary product and asked for financial support from the Sharks (like on the television show Shark Tank) to grow their businesses. Students spent a great deal of effort writing persuasive speeches that convinced others to buy and invest in their product. Many students created songs or jingles to help promote their product and often you would hear students humming one another's songs during class time.

Mrs. Girard states, "My students were able to watch a few episodes of "Shark Tank" that had kid presenters instead of adults. While watching, students focused on what sales tactics and techniques the kids used. Students really enjoyed counting how many sharks each child could get to invest in their product. Considering my students will not be receiving "real" money after their presentations, they are looking forward to finding out how many of our Sharks would want to invest in their product. Students have spent a great deal of time adding voice to their presentations so that they are not monotone sounding. They have also practiced projecting their voices and looking at their audience. Students have researched prices of items similar to theirs so that they will have a fair asking price for their product and production."

Matthew Servia and Micah Moore were the special greeters that escorted the Sharks to the classroom from the front office.

Friday, January 29th, Mrs. Girard had four community leaders playing the role of "Sharks" as students presented their final projects. Thank you to Barry Monk, Phil Hammond, Shakia Boone, and Kari Hammond who were the wonderful guest sharks. Great job students! We can't wait to see where you go from here! The world is your oyster!



All the student inventions "won" support from the Sharks but Moriah Phillips and Marie Bennett (above, left) got the most funding because they were trying to stop the problem of bullying by allowing kids to design their clothes online. They were also looking to expand worldwide with an app commercial and they had a cute song and dance that they did at the end.

Great Inventions!

- Madison and Abigail: Molly Pops - Lollypops that clean your teeth
- Camden and Dylan: Super Yoyo - A yoyo that won't break anything
- Marie and Moriah: "Be You" - Clothing line where you design your own clothing
- Mary and Elizabeth: Warm and Sweet Lemonade - Warm flavored lemonade
- Amya and Ruby: White Board Crew - Clothes that you can write on
- Micah and Tyler: Lolly Poppies - Lolly Pops that make you smarter
- Naomi and Adrian: Rock Star Cookies - Healthy Cookies
- Liliana and Erica: Bounce-Aroo- Shoes - Shoes that make you jump high
- Nazri, Angel and Konner: Doodle Pops - Clean your teeth
- Kyre and Logan: Walking With Dinosaurs 3-D - Dinosaur toy
- Matthew and Lukas: FastBot - Robot

A video from this presentation can be viewed on our school youtube channel at: https://youtu.be/5_sBbX6hg4Y

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Ask about Prime Time and what it has to offer Seniors of all denominations.

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Pamlico County Primary School



IMPORTANT DATES FOR PCPS

- February 5th - Candy Land Winter Festival 5:00-7:00 p.m.
- February 5th - No school for our PreK students
- February 6th - Twin Rivers Reading Fun Day 10:00 a.m. to 2:00 p.m.
- February 8th - Food Bank Distribution at Fred Anderson 4:00-6:00 p.m.
- February 8th-12th - Bus Driver Appreciation week
- February 9th - 100th day of school
- February 9th - PTO meeting 5:30 p.m.
- February 12th - Jump Rope for Heart
- February 15th - Required Teacher Workday
- February 16th - 2nd grade field trip to Oriental
- February 24th - PRIDE Recognition Breakfast - 8:10 a.m.
- February 26th - National Theater for Children performance- 9:00 a.m.
- February 27th - Special Olympics Polar Plunge (Arlington Village pool)
- February 29th-March 4th - Reading Spirit week at PCPS

Pre-K is Hibernating!!

The preschoolers of the primary school have been studying "Animals in Winter" this week. After a reading of the children's story, *Bear Snores On*, these preschoolers have constructed their very own cave made from a cardboard box, painted it, and have brought stuffed animals from home to "hibernate" inside of it for a time. This activity brings a stronger sense of awareness for how seasons affect living things.



Candyland Festival

DATE: FRIDAY, FEBRUARY 5, 2016
TIME: 5 PM - 7 PM
PLACE: PAMLICO PRIMARY SCHOOL
ADMISSION FOR ADULTS AND CHILDREN 3 YRS AND ABOVE = \$1
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WE ALSO NEED CAKES/CUPCAKES FOR THE CAKE WALK. THESE CAN BE DROPPED OFF THE MORNING OF FRIDAY, FEB. 5TH
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Saturday, February 27 at Arlington Place - Burton Clubhouse
57 Burton Farm Road, Arapahoe
Registration 9:15 - 9:45am
Raffle 9:45am

I nominate _____ to take the plunge. He/She must match my/our donation of _____ or brave the cold on February 27!

Nominated by _____

Please return along with a minimum donation of \$25. Cash or check, please make checks payable to SONC Pamlico County



PCPS STUDENTS WILL BE JUMP ROPING FOR HEARTS AND HELPING TO SAVE LIVES

Students at PCPS are jumping at the chance to fight heart disease and stroke, our nation's No. 1 and No. 4 killers. On February 12th, PCPS will host its 2nd annual Jump Rope For Heart event to raise money for the American Heart Association, which funds lifesaving heart and stroke research and community and educational programs for our youth.

Jump Rope For Heart teaches students how physical fitness benefits the heart and shows them that volunteering can be a fun and positive experience for the whole community. The need to educate children about the importance of physical activity couldn't be timelier.



Reid Smith and Shane Greene showing the motions they learned in our kick off assembly. They are being Heart Heroes!

According to recent studies, about one-third of children ages 2 to 19 are overweight and obese.

By including physical activity into their daily routines, kids can significantly reduce the onset and burden of heart disease. By raising money through Jump Rope For Heart, we are preventing heart disease and obesity for the next generation of Americans. Kids are literally jumping into a heart healthier life while becoming passionate about raising money for other kids with sick hearts.

Please help our students help others by making a donation. Our students will receive prizes for money donations that they collect. If you would like to help more, call 1-800-242-8721. You can also visit us online at heart.org/jump.



Kendra Harris and Will Willis displaying the Jump Rope for heart flyer

Read Across America Spirit Week

February 29th - March 4th

We are celebrating reading and Dr. Seuss' birthday! Each day, we will feature a different book.

- Monday: Cat in the Hat day. Wear your own hat!
- Tuesday: Fox in Socks day. Wear your crazy socks!
- Wednesday: Wacky Wednesday day. Wear mismatched clothes!
- Thursday: Oh, the Places You'll Go day. Come dressed like what you want to be when you grow up!
- Friday: School-wide Read-In: Wear red & white like the Cat in the Hat!

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Br-r-r Colder Weather Ahead Here's Tips to Keep Your Kids Busy This Winter

Do your kids have the winter blues? Don't despair! North Carolina winter is a time for families to get out, have fun and simply take it all in. Your family will love this winter wonderland of cures for cabin fever. Find indoor and outdoor fun activities right here in Eastern NC to keep your kids happy and busy throughout the winters months. There are plenty of parks, museums and exhibits, farms, and fun activities like skating, bowling, movies and the arts that will bring kids and adults alike, together. Here are just a few suggestions for kids of all ages to do in our local area.

Looking for a place to play? There are a number of recreational areas right here in our area. Creekside Park is a hub for New Bern's recreational fun for both kids and adults. Located on 111 acres adjacent to the Coastal Carolina Regional Airport, the park features three playgrounds designed for children ages 5-12 years of age, as well as a sand volleyball court, picnic shelters, a walking trail, and more. Tucked between Neuse Boulevard and Trent Road on Fort Totten Drive is the five and one-half acre Fort Totten Park. It's the perfect spot for get-togethers with family or friends. For the little ones, a modular playground and tot lot make a visit to the park unforgettable. Fort Totten Park has a picnic shelter with grills and picnic tables for any size gathering. Kidsville at Seth West Parrot Park is an active and interactive environment that helps kids explore their imagination. This beautifully planned environment has a fort-like setting that allows kids to slide, swing, run, and climb through twists, turns, climbing frames, and more.

Who says learning can't be fun? Explore the history of North Carolina fire fighting at the New Bern Firemen's Museum. This museum houses a collection of early fire fighting equipment, along with rare photographs and Civil War relics. You'll hear stories of Fire Horse Fred and learn why the Dalmation is the official fire dog and a distinct look into a respected piece of the city's past.

Both the Pamlico and New Bern-Craven County Public Libraries offer a variety of programs that provide both pure entertainment and the opportunity to learn for children of all ages. Time Out for Toddlers is a 20-minute program for children ages 18 months to 3 years that includes books, rhymes, fingerplays, songs, and puppets. Kids ages 3-5 will enjoy Preschool Storysteps,



which offers stories, music, puppetry, and more. And Children's Story Hour, an after school adventure that features storytelling and creative activities, is for ages 5-10. Kids will love to explore, play, and read at the library.

There's no better way to enjoy the beauty of historic downtown New Bern than by taking a guided tour. Choose from traditional trolley tours, walking tours, or even specialty tours. Professional guides will walk you through the fascinating details of New Bern - from its deeply steeped history to its true stories as a former royal capital to the tales of ghosts that still haunt the town.

Located in Pollocksville, the Foscoe Plantation is a majestic reminder of a period in time more than 200 years ago. The house has been meticulously restored to its original construction in high-style antebellum decor that showcases a number of original furnishings. If you want to step back in time and find out about a fascinating tale of love and war and the strength of a Southern family, you have come to the right place! The home is available for viewing on Thursdays from 10:00am to 4:00pm and by appointment.

The NC History Center is a brand new, 65 Million dollar addition to the Tryon Palace & Gardens complex. Let this new museum transport you through time - starting from the formation of the coastline and through the people who shaped the history of the region.

Free tours of Tryon Palace and historic buildings (limited to first floors), games and crafts will be featured free of charge for the entire family to enjoy on February 6. Sponsored by the Harold Bate Foundation, this year's Free Day celebrates the diverse cultures found in New Bern and the surrounding region. A multi-cultural celebration with dancing, music and much more will be held in the North Carolina History Center.

The Carolina Chamber Music Festival Festive Family Concert will be held on February 14 at the New Bern-Craven County Public Library. Local violinist Rachel Harmatuk Pino leads this exciting annual family event featuring area music students alongside Carolina Chamber Music Festival artists. This concert is free and open to the public.

The Science & Nature Center located in Greenville features North American Wildlife Exhibit, Shells are Everywhere Exhibit and Waterfowl of the Atlantic Flyway along with displays of Eastern NC snakes and turtles and a 10,000 gallon aquarium with live fish, a touch tank and interactive displays.

Adventure awaits inside and out at The North Carolina Aquarium located in Pine Knoll Shores. Children of all ages can see and do incredible things as they show their appreciation of North Carolina's aquatic resources. Daily programs may include marine life, videos, audience, participation games, and feeding programs.

The Aurora Fossil Museum features four rooms of interesting marine fossils and a gift shop specializing in fossilized shark teeth. The main museum houses a wide variety of Miocene and Pliocene marine fossils with most displays showcasing specimens collected from the neighboring PotashCorp-Aurora Phosphate Mine. Featured in their shark hall are the remnants of the terror of the Miocene-Pliocene seas, C. megalodon.

(Next Week - More tips to make Winter fun)



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February Calendar of Events

- 4th: Charity Event for Journey of Hope Cancer Support Center, 11:00am - 10:00pm at the Beer Army Burger Company. Call 252-288-5814.
- 5th: Daddy Daughter Sweetheart Ball, 6:00pm at Christ Church Harrison Center. Call 252-637-8079.
- 5th: Jeep Rosenberg in Concert, doors open at 6:30pm, show starts at 7:30pm. Presented by Down East Folk Arts Society at Trent River Coffee Company. Call 252-646-4657.
- 5th - 7th: Blues for an Alabama Sky, Fri - Sat: 7:30pm; Sun: 2pm at the New Bern Civic Theatre. Call 252-633-0567.
- 6th: "Vendor Soup-a-Bowl", 8:00am - 2:00pm at the New Bern Farmers Market. Call 252-633-0043.
- 6th: Reading Fun Day for Children birth to 12 years of age, 10:00am - 2:00pm at the New Bern Mall. Call 252-671-0689.
- 6th: Art Sale for Colorfest 2016, 5:00pm - 8:00pm presented by Art by Benetz at Designing Image, 928 Queen St.
- 6th: Beijing-based Author Nancy Pellegrini shares overview of "The Performing Arts in China", 7:30 at Fairfield Harbour's Community Center on Broad Creek Rd. Call 252-635-6629.
- 7th: 27th Annual Jazz Showcase, 1:30pm - 7:00pm at the DoubleTree by Hilton presented by the Craven Arts Council. Call 252-638-2577.
- 7th: Honoring Mrs. Arabelle B. Bryant: Community Stalwart and Educator, 3:00pm at the New Bern-Craven County Public Library Auditorium. Presented by the Historic Dryborough Association. Call 252-349-0405.
- 8th: Let's Talk About It Book Series, 7:00pm at the New Bern - Craven County Public Library in the Hayden H. Jones Auditorium. Call 252-638-7807.
- 9th: "The Land of the Long-Leaf Pine, The Naval Stores Industry in ENC", 6:30pm presented by the Craven County Genealogical Society of NC at New Bern LDS Church. Call 252-638-3291.
- 10th: Lunch and Learn: Peter Sandbeck presents New Bern as it Really Looked in 1860, 11:30am at The Chelsea Restaurant. Call 252-638-8548.
- 11th: Empty Bowls, 11:00am - 2:00pm at Temple Baptist Church. Call 252-638-2577.
- 12th: ArtWalk throughout Downtown New Bern, 5:00pm - 8:00pm, presented by the Craven Arts Council at the Bank of the Arts. 252-638-2577.
- 12th: ArtCrawl presented by the Community Artist Will, 5:00pm - 8:00pm at the Center for the Arts, Isaac Taylor House and Gardens, and numerous locations in Downtown New Bern. Call 252-649-1712.
- 12th: Tuppence presents "Songs of Love and Life", 7:00pm at the Trent River Coffee Company. Call 252-514-2030.
- 12th - 14th: New Bern Antique Show and Sale, Fri - Sat: 10:00am - 5:00pm; Sun: 11:00am - 4:00pm. Presented by the New Bern Preservation Foundation at the New Bern Riverfront Convention Center. Call 252-633-6448.
- 12th - 14th: Blues for an Alabama Sky, Fri - Sat: 7:30pm; Sun: 2pm at the New Bern Civic Theatre. Call 252-633-0567.
- 12th - 14th: MacBeth, Fri - Sat: 8:00pm; Sun: 3pm presented by RiverTowne Players at the Masonic Theatre. Call 252-633-3318.
- 13th: "Chocolate and Jewelry Day", 8:00am - 2:00pm at the New Bern Farmers Market. Call 252-633-0043.



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