



Wednesday, September 21, 2016

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NOTABLE

• Will You Help a Child?

Become a Guardian ad Litem. Learn all about the Guardian ad Litem program by attending an informational session on September 27, 11 am at the YMCA, 100 YMCA Lane, New Bern.

• Cancer Support Offers Free Fitness Class

Fit Forever Class is held every Wednesday from 10:30-11:30 a.m. at Village Health and Fitness located at 1006 Broad Street in Oriental. This is a free class. Fit Forever is a group fitness class for cancer survivors and their caregivers that is designed to focus on whole body strengthening, balance and flexibility. This is a free class sponsored by The Journey of Hope Cancer Support Center. Call 249-1869 for more information.

• Partnership for Children to Hold Meeting

The Pamlico Partnership for Children, Inc. will hold its Annual Board of Directors Meeting on September 22 at 1 p.m. The meeting will be held at the office of Pamlico Partnership for Children, Inc. located at 205 Main Street in Bayboro. Please call 745-7850 for additional information.

• Fish Stew Contest Canceled

The Pamlico County Heritage Center has canceled the Fish Stew Cook Off scheduled for Saturday, October 1, during Heritage Day.

• Missionary Baptist to Host Concert

The Rev. Carnell Barrow, Asst. Pastor of the West Branch Missionary Baptist Church, Alliance will present a concert of Sacred music at the Oriental First Baptist Church, 605 Broad Street, Oriental on Sept. 25 at 6 p.m. A freewill offering will be received. All are welcome and encourage to hear this powerful voice singing praises to Almighty God.

• "All Lives Matter" Topic of Meeting

The NAACP of Pamlico County will host a special monthly meeting on Monday, October 10, at the Pamlico County Courthouse at 7 p.m. on the subject of "All Lives Matter." County Sheriff Chris Davis is scheduled to give short prepared remarks, followed by a question and answer period with attendees. Your contact for further information about this meeting is branch President Chester Bryant. His email address is bryantc1001@gmail.com and his phone number is 252-571-0892.

• Remembering Country Stores

Visit the Oriental History Museum for a special afternoon evoking memories of your favorite country stores. Old-fashioned refreshments will be served reminiscent of days gone-by. The Museum is located at 802 Broad Street in Oriental. Hours are: Friday 11-3, Saturday 1-4, Sunday 1-4. Admission is always free. For more information call 252-249-1870 or visit [museum@dockline.net](#).

• Tax Information for Business at Small Business Center

On Thursday, September 22 from 3:15-5pm, the North Carolina Department of Revenue (NCDOR) will present a seminar covering the basics of tax compliance ranging from registering your business to withholding taxes from employees, sales and use taxes and much more. Information will be provided on a program for businesses that have fallen behind on sales/use tax, withholding and other trust taxes. Come prepared to ask your questions. All sessions held at the Bayboro Center at the corner of 705 Main St. and High School Dr., Bayboro and are free. Online registration is strongly recommended, [www.pamlicocc.edu/community-smallbusiness.php](#) or call Sandy Johnson-Clark at 745-7348 or 571-2243.

• New Bern Farmer's Market

Grow it, Sew it, Make it, Bake it. The New Bern Farmers Market is now accepting SNAP/EBT. This week we will feature locally grown late Summer Vegetables! American-made flags and locally made jewelry, soaps, candles, pottery, cutting boards, children's ware, and much more. Open Saturdays from 8 am to 2 pm and Tuesdays from 10 am to 2 pm. Open Mumfest! Saturday, October 8th from 8 a.m. to 6:30 p.m. and Sunday, October 9th from 9:30 a.m. to 5 p.m. Located at 421 South Front Street in Downtown New Bern. Call 252-633-0043.

• Poker Fun Run Set for Saturday

The Minnesott Golf & CC Poker Fun Run will be held Saturday, Sept. 24. Everyone is welcome! There will be \$5 BBQ sandwich plates for everyone. \$10 per hand or \$25 for three hands for members or \$15 per hand or \$35 for three hands for non-members. Reservations are highly recommended for 35 carts and food (please bring your own cart if you have one). Hands go on sale at noon at the clubhouse, play begins at 3:30, food following the event. Cash from purchased hands will be split 60/40 to the club. Grand prize is 20 percent plus four runner up winners at 5 percent.

• Antioch Christian Celebrates Ministers

Antioch Congregational Christian Church, Highway 304 in Maribel Community, will be celebrating their 6th Ministerial Alliance celebration for Ministers Jacqueline Roberts and Minister Jacqueline Dixon on the 4th Sunday in September at 4pm. The guest Preacher will be Rev. Earl Hamilton of St. John Church in Aurora.

INSIDE

Almanac.....	2A
Arts & Entertainment.....	4A
Classifieds.....	8A
Commentary.....	6A
Community.....	7A
History.....	14A
Kitchen Chatter.....	10A
Legals.....	9A
Local News.....	9A
Neighborhood.....	3A
Obituaries.....	7A
On the Water.....	11A
Places To Go.....	5A
Sandy's List.....	12A
School Page.....	13A
Things To Know.....	12A

OBITUARIES

- Genevieve J. Kelly, 99, Oriental,
- Idell Broughton Robinson, 82, of Oriental

Gas Shortage Triggers Price Gouging Law

Staff Reports

Local gas stations are struggling to keep up with demand while consumers are scrambling to keep their tanks full. In the midst of the current gas shortage, Attorney General Roy Cooper is urging North Carolina consumers to report gas prices that seem unreasonably high.

Both Piggly Wiggly and MiniMart in Oriental ran out of gas several times over the past few days but have quickly recovered with deliveries remaining fairly consistent. Bayboro and Grantsboro stations are experiencing similar situations with consumers playing a hit or miss game at the pumps. Prices for the County have remained well below the definition of price gouging.

North Carolina's law against price gouging is currently in effect due to limited supplies of gasoline caused by a leak in a pipeline that carries gas from the Gulf Coast to North Carolina and other southeastern states.

"A crisis is the wrong time to try to make

a fast buck off of consumers," Cooper said. "Families and businesses across our state are being squeezed by this sudden gas crunch and they deserve fair prices."

Cooper's Consumer Protection Division issued the subpoenas today after getting approximately 600 reports of possible price gouging from consumers across North Carolina since Friday.

The subpoenas went to one gas station in Guilford County and one gas wholesaler, also in Guilford County. The gas station allegedly charged consumers as much as \$4.50 a gallon for gas. The subpoenas require the recipients to provide documentation to the Attorney General's Office including information on their costs.

Consumers can file complaints online or via a toll-free hotline to report potential gas price gouging to Cooper's Consumer Protection Division.

"Consumers are our eyes and ears on the ground and we want to know if you spot potential gas price gouging," Cooper said.

Price gouging—or charging too much in times



This station in Woodstock, GA made headlines on FOX stations with its \$9.99 per gallon gas price. No violation here, however, since there was no gas and the exorbitant price was a hoax.

of crisis—is against North Carolina law when a disaster, an emergency or an abnormal market disruption for critical goods and services is declared or proclaimed by the Governor. The

See Body Cams, page 9A



Oriental Landmark Demolished

Built in 1915, this iconic Oriental landmark at one time housed the post office, a doctor's office, barber shop, beer joint and lastly was the home of The Pamlico News for over 30 years.

Harwick Named Teacher of the Year

By Crystal Garrett
Correspondent

At the beginning of each school year, Elizabeth Harwick asks her fourth grade students to complete a simple writing assignment. It's certainly not for a grade and it doesn't even require a signature. Harwick asks her little ones to complete the sentence, "I wish my teacher knew..."

The responses received from that little writing assignment may surprise you.

"I wish my teacher knew that kids make fun of my glasses," one student wrote. Another simply said, "I wish my teacher knew that we don't have power."

It's those types of responses that guide Harwick in the classroom. Sure, she focuses on the academics. But to Harwick, school is about more than a letter grade.

"My personal philosophy on teaching is that every child can be successful. It's my job to help the child find the path that will help him or her succeed," she said. "While for many years we have been taught to meet the child where they are academically, I believe you must also meet them where they are on a personal level. "Some students have wonderful, supportive families and don't have a care in the world. Other students don't know who will be at their house when they get home and may not see food again until they get back to school Monday morning."

And when children are dealing with stressful things at home, it creates barriers for them to attain the level of education they need to be successful, she added.



Elizabeth Harwick, fourth grade teacher at Fred A. Anderson Elementary School surrounded by some of her students., is the reigning Teacher of the Year in Pamlico County.

So, how does Harwick help children overcome these barriers? She listens to them. If a child seems down, she stops and takes a moment to ask what's going on.

"It's simple I guess," she said.

But to the students she's helped over the past five years of teaching in Pamlico County, it means so much.

And while she does focus on the emotional well-being of her pupils, Harwick also pushes them academically.

"The students in my classes know that we work hard but in turn we get to play hard too," she said. "They stay focused and attentive during lessons so that we will have time to play later."

A chance the children have to play comes at what seems to be an odd time of the year—during End of Grade tests.

Though they've been preparing all year for the exams and reviewing the material, Harwick found her students were still stressed over the

See Teacher, page 9A



Fishes and Loaves: Feeding Those in Need

Editor's Note: This is the second in a series of how you and I can help those in need. Do you have an idea that will make our community better? Or know about an organization that is doing good work and could use a helping hand? Send your ideas to The Pamlico News, PO Box 800, Oriental, NC 28571 or email [editor@thepamliconews.com](#).

Pamlico County Fishes and Loaves Outreach, Inc. is a non-profit, 501-3c, organization whose mission is to accumulate and distribute high-quality, nutritious food to those who need assistance in Pamlico County regardless of race, ethnicity, or religious affiliation. It began this mission in 2007 when it partnered with the Food Bank of Central and Eastern North Carolina. It is sponsored by nine County churches and the Rotary Club, each of whom provide a representative to its Board of Directors.

PCFLO has grown over the years and now serves close to 700 families each month through its various programs. About 370 families receive produce, deli items, and meat which pantry volunteers pick up from local retail stores and deliver to thirteen small community churches. Approximately 300 families are assured a week's worth of groceries which enable them to budget for other expenses. In addition, PCFLO responds to emergency request referrals from the Department of Human Services, other government agencies, church pastors and community leaders. It also oversees a first Wednesday FBCENC donation of perishable food to whom-ever arrives at the pantry location.

PCFLO depends upon the generosity of a variety of donors—churches, organizations, and individuals who provide non-perishables and cash. It costs over \$4000.00 per month to purchase food products and personal hygiene items on sale at local grocery stores to supplement the canned and boxed goods otherwise donated.

As the winter months approach and clients experience higher utility bills, the pantry shelves clear out quickly, so support from the more fortunate among us is vital to the continued success of the mission. PCFLO is located at 1149 White Farm Road where food donations may be left. It is always grateful for cash donations which may be sent to PCFLO, PO Box 771, Oriental, NC 28571. For further information about volunteering or donating, email to [ahsinoriental@gmail.com](#)



Oriental Farmers Market Open Saturdays

The Oriental Farmers Market on Hodges Street is open every Saturday, 8-11 am.

The market features a wide variety of goodies including locally grown produce, farm fresh eggs, home-baked breads, biscotti, cookies, cakes, pies as well as preserves and chocolates.

Market moves to its winter hours 9a-noon on November 7

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Got News?
Call us at 249-1555 or
email [editor@thepamliconews.com](#).

DID YOU KNOW ?

- If you lift a kangaroo's tail off the ground it can't hop.
- The person who invented the Frisbee was cremated and made into frisbees after he died!
- During your lifetime, you will produce enough saliva to fill two swimming pools.
- Polar bears can eat as many as 86 penguins in a single sitting. (If they lived in the same place)
- King Henry VIII slept with a gigantic axe beside him.
- An eagle can kill a young deer and fly away with it.
- Heart attacks are more likely to happen on a Monday.
- There is a species of spider called the Hobo Spider.
- A toaster uses almost half as much energy as a full-sized oven.
- A baby spider is called a spiderling.

QUICK REFERENCE

Emergency: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance
Animal Poison Control Center: 1-888-426-4435
Carteret General Hospital: 808-6000
Coastal Carolina Regional Airport: 638-8591
Emergency Pet Care: 444-1399
Highway Patrol: 1-800-441-6127
Medical Assistance (CarolinaEast Medical Center): 633-8111
Nova Urgent Care: 745-7440
Pamlico County Departments
Board of Elections: 745-4821
County Manager: 745-3133
Emergency Management: 745-4131
Health Dept.: 745-5111
Recycling Center: 745-3283
Senior Services: 745-7196
Sheriff's Dept. (non-emergency) – 745-3101
Social Services: 745-4086
Tax Collector: 745-4125
Water Dept.: 745-5453
Poison Control Center: 1-800-222-1222
US Coast Guard (Hobucken): 745-3131

WEATHER

Wednesday - A chance of showers and thunderstorms. Mostly cloudy, with a high near 83. Northeast wind 9 to 11 mph. Chance of precipitation is 50%.
 Wednesday Night - A chance of showers. Mostly cloudy, with a low around 72. Chance of precipitation is 30%. New precipitation amounts between a tenth and quarter of an inch possible.
 Thursday - A chance of showers. Partly sunny, with a high near 85. Chance of precipitation is 40%.
 Thursday Night - Mostly cloudy, with a low around 72.
 Friday - A chance of showers. Partly sunny, with a high near 86. Chance of precipitation is 30%.
 Friday Night - Partly cloudy, low around 71.
 Saturday - Mostly sunny, with a high near 86.
 Saturday Night - Partly cloudy, with a low around 70.
 Sunday - Partly sunny, with a high near 83.

WEEKLY HOROSCOPE

Aries (March 21-April 19)
 In the next four weeks, you will need more sleep. No question. You're bagged! Of course, Mercury retrograde is wreaking havoc to your job with lost papers, confused communications, cancelled appointments and transportation delays. Ayeiii! It's enough to make you want to retire but who has the money? Fortunately, your ambition is aroused so you are giving it all you've got. Romantic relationships will be smooth and more affectionate. And passionate! This is a good time to collect money that is owed to you. The next four weeks also offer you a perfect opportunity to observe your style of relating to those who are closest to you. Stop barking! Start hugging.

Taurus (April 20-May 20)
 You're keen to work in the next four weeks. Fortunately, the year ahead is one of the best years in over a decade for you to find a good job or improve your job or get a better job. This month you are also keen to improve your health with better diet and more exercise. (Yes, running back and forth to the fridge counts. But you can do better.) Relations with partners and close friends will be especially warm and mutually supportive this month. Act on your urge to get better organized. Tidy up your life! When you feel you are on top of your scene, and in control of things - your confidence grows and shows!

Gemini (May 21-June 20)
 Lucky you! The next month will be fun and playful. You will enjoy parties, socializing with others, sports events and activities with children. You will also enjoy flirting and being prankish and playful! This is the perfect time to take your creative talents more seriously. Yes, they might earn you money. But just a chance to express your creative energy will juice you so that you see new possibilities in every aspect of your world. Make a commitment to having fun. Entertain others. Make plans to enjoy the arts as well as the company of others. Even your relationships at work are excellent this month. Not too shabby!

Cancer (June 21-July 22)
 You have lots of energy to pour into home, family and your private life in the next four weeks. You might do this by cocooning at home and taking it easy. But more likely, you will explore redecorating ideas and how to make your home look more attractive. The placement of the Sun this month sets the groundwork for ways to benefit from real-estate deals and home improvements for the entire year ahead. Relations with parents will improve. In fact, all your family relationships will be warmer, happier and more mutually generous and supportive. Gosh. Is that homemade peanut brittle?

Leo (July 23-Aug. 22)
 The next four weeks are busy! You've got things to do, people to see and places to go! Take short trips and enjoy extra reading, writing and studying. You will also enjoy talking to neighbours, siblings and daily contacts because you are keen to enlighten others with your views and ideas. Because your attitude is so positive, you will tackle new projects with energy and enthusiasm. Some will redecorate at home and entertain more in the next few weeks. Old jobs and previous ways of earning money might fall in your lap once again. (Great!)

Virgo (Aug. 23-Sept. 22)
 Your attention now turns to money, financial matters, major purchases and taking care of what you own. It's all about your wealth and your assets. You see that it's time to sit up and take notice. You need a certain amount of money to do what it is you want to do. (Like stay alive.) And while you contemplate this, you will also wonder about your happiness and its connection to money. What really does make you happy? This is the key - the million-dollar question. Think about your values now and what it is in life that brings you a sense of accomplishment and joy. Be patient with family and your home scene, which might still suffer from chaos and increased activity. It is what it is.

Libra (Sept. 23-Oct. 22)
 This is a powerful month for you as well as a powerful year! For the next four weeks, the Sun will be in your sign lined up with lucky Jupiter. This makes you feel content with your present; and more hopeful about your future. The great benefit of Jupiter is that it encourages faith and confidence in yourself. Take advantage of the next four weeks to replenish and restore your energy for the rest of the year. When the Sun is in your sign, it energizes you! It also attracts favourable circumstances and important people to you. Therefore, do get out of bed. Start making plans. Expect a miracle! The Sun will be in your sign for four weeks but Jupiter will be there for a year!

Scorpio (Oct. 23-Nov. 21)
 The next four weeks are pretty low key. Many of you will work alone or behind the scenes because it's actually a time of preparation for you. You're getting ready for the beginning of your new personal year that will begin in about a month. What do you want for yourself in the coming year? How do you want your new year to be different from this last year, which is just coming to a close? Don't be satisfied with vague wishes, grunts and nodding your head. Be specific about what you want for yourself next year. Write down some goals and give yourself deadlines because deadlines are the only way anything ever gets done. Get serious.

Sagittarius (Nov. 22-Dec. 21)
 Your popularity will be strong in the next four weeks, which is why you should be open, friendly and engaging with everyone. Not only will you enjoy the company of others (and vice versa), you will find that you benefit from all your interactions with others. Major bonus! This is also an excellent time to think about your hopes and dreams for the future. Think of what you want to achieve this winter; and in the next year; and in the next two years. You are a forward-looking sign who likes to be active (especially physically) and you need to believe in a positive future. That's what makes you tick. Knowing this, give yourself some realistic objectives. Ideas?

Capricorn (Dec. 22-Jan. 19)
 In the next month, the Sun will be at the top of your chart shining a light down on you as if you were in a spotlight. (Symbolically.) And this light is flattering! Count on it. Specifically, this means that people in authority will see you in positive terms. They think you are talented, competent, hard-working and trustworthy, which you are. (But it's nice to be appreciated.) Since your boss or any other important VIPs seems to think you're so hot, quite obviously, the next four weeks are the time for you to strike! Make your pitch! Go after what you want! Relations with friends and groups are friendly and warm this month as well. Smoochie boochies!

Aquarius (Jan. 20-Feb. 18)
 In year ahead, you will have an increasing desire to travel. And you will. The energy of the Sun during the next four weeks is the perfect thing to prime the pump. You'll find yourself thinking of places you want to go. Many of you will also want to get further education, which is why you will sign up for classes and make plans to go to school or get further training. More than any other sign, you act locally and think globally. Now you want to reach out more and grab more out of life! Some of you will also explore opportunities in publishing, the media, medicine and the law. Relations with bosses are cozy this month; in fact, some of you might have a romance with a VIP.

Pisces (Feb. 19-March 20)
 This is your time of harvest. You see very clearly what is working and what is not. It's also a time of kudos, promotions, graduation, and anything that makes you feel proud of your past efforts. This is why many of you will use the next four weeks to focus on the money you get from other sources. You will sort through details regarding shared property, inheritances, taxes and debt. You need to get your ducks in a row, especially with respect to money that is owed to you, so that you know what you have! Simple. And when you know this, then you can make plans. Travel definitely appeals in the month ahead. Some of you will have a romance with someone who is "different."

Senior Center:
 • The Coffee Corner is open every morning at 9am
 • Exercise room is open from 7:30 a.m. to 5pm daily
Wednesday, September 21
 • Pamlico Partnership Parent & Child class at Pamlico Primary School, 9 OR 10:30am when school is in session. Call Michelle Shields 252-745-7850 for information.
 • Crocheting & Knitting at Senior Center at 10am
 • Bible Study at Senior Center at 10am
 • Research genealogy and search online 1-4pm at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
 • Drumming Dragons, Oriental Town Hall, 7pm

Thursday, September 22
 • Prayer Shawl Ministry, Oriental United Methodist Church, 10-11:30am. For all levels of knitting and crocheting. We can teach you how! Call Leigh Price for more info, 249-1361.
 • Health Screening - Blood Pressure & Weight Checks at Senior Center at 10am
 • Talk & Exercise with Beth at Senior Center at 10:30am
 • Alcohol Anonymous, Thursday at noon, Closed, Grapevine, at Free Will Baptist Church, Ragan Rd., Oriental.
 • Pamlico Partnership for Children Board Meets at 1pm at their office at 702A Main St., Bayboro. Call 745-7850 for info
 • Arthritis Foundation Exercise Program Class at 1pm at Senior Center
 • Stained Glass class at Senior Center at 1pm
 • Research genealogy and search online 1-4pm at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
 • DAV at PC Senior Center at 7:30pm

Friday, September 23
 • Fantastic Friday at Senior Center
 • Oriental Quilting Bee, 9am, 403 Mildred Street. No experience needed.
 • Preschool Story time at PC Library at 10am
 • Bingo at 10am at Senior Center
 • Card Games at Senior Center at 1pm
 • Young at Heart Crafts at Senior Center at 2pm

Saturday, September 24
 • Oriental Farmer's Market on Hodges St. from 8-11am
 • The Pamlico Amateur Radio Society (PARS) meets at Brantley's Village Restaurant at 9am on the last Saturday of every month (except June) We invite all HAMS and anyone interested in amateur radio to attend. Call Bill Olah, KR4LO at 252-249-0287 for information. Visit our website: www.N4PRS.org.

Monday, September 26
 • Acrylic Painting at Senior Center at 9am
 • Center volunteers paperwork at 9am at Senior Center
 • Bible Study at Alliance UMC at 9:30am. All are welcome
 • Grief Support Group meets every Monday at 10am at Oriental Methodist Church (Round Table Room) Call 249-2493 for more information
 • Arthritis Class at Senior Center at 1pm
 • Dementia Support Group meets at Senior Center from 2-3:30pm
 • Women's Living Sober Group, 7pm at Bayboro Methodist Church

Tuesday, September 27
 • Plein air painting is Tuesdays 9am. Different location each week. Artists paint outside. Call Susan Cheatham at 249-4925 for locations/info.
 • Line Dancing at Senior Center at 9:30am
 • Passages Support Group for ladies currently dealing with breast cancer diagnosis and treatment at Marion L. Shepard Cancer Center at 10am. Call 252-975-4308 to register.
 • Knitting at PC Library at 10am
 • Singing at Senior Center at 10:30am
 • 50+ Club at Senior Center at 11am
 • Wicker Basketry Class at Senior Center at 1pm
 • Cards at Senior Center at 1pm
 • Research genealogy and search online 1-4pm at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
 • Weight Watchers, weigh-in begins at 4:30pm. Snowden Elementary School (Aurora), music center, meeting at 5pm
 • TOPS Meeting at Senior Center at 5:30pm
 • MADD Chapter Meeting for

GOVERNMENT
 Wednesday, September 21
 • Oriental Planning Board meets at Oriental Town Hall at 3pm
 Thursday, September 22
 • Pamlico Partnership for Children Board Meeting at 1pm at the Pamlico Partnership for Children office, 702-A Main St., Bayboro
 • Arapahoe Charter School Board of Directors meets at 6:30pm at the Arlington Place Clubhouse
 Monday, September 26
 • Water Advisory Board Meeting at Oriental Town Hall at 1pm
 • Pamlico County Historical Association meets at the Heritage Museum at 7pm
 Tuesday, September 27
 • Oriental Tree Board meets at Oriental Town Hall at 8am
 • Pamlico County Board of Elections, 10am in the Elections office (Pamlico County Courthouse)
 • Pamlico Human Services, 11am at the Human Services Building
 • Pamlico County Planning Board, 7pm in 2nd floor Commissioners room
 Email your meeting to frontdesk@thepamlico-news.com no later than noon Friday.

COMMUNITY CALENDAR

Craven/Pamlico, Trinity United Methodist Church, 2311 Elizabeth Avenue, New Bern at 7pm
 • Grief support group at Alliance UMC at 7:30pm. Call Penny Dollar Farmer for info 670-7766
 • Alcohol Anonymous 8pm. Open. Discussion at Free Will Baptist Church, Ragan Rd., Oriental.
 • Al-anon Family Group, Tuesday 8pm, St. Thomas Episcopal Church Annex, 403 Mildred St., Oriental.

Wednesday, September 28
 • Pamlico Partnership Parent & Child class at Pamlico Primary School, 9 OR 10:30am when school is in session. Call Michelle Shields 252-745-7850 for information.
 • Crocheting & Knitting at Senior Center at 10am
 • Bible Study at Senior Center at 10am
 • Research genealogy and search online 1-4pm at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
 • Drumming Dragons, Oriental Town Hall, 7pm

Thursday, September 29
 • Prayer Shawl Ministry, Oriental United Methodist Church, 10-11:30am. For all levels of knitting and crocheting. We can teach you how! Call Leigh Price for more info, 249-1361.
 • Health Screening - Blood Pressure & Weight Checks at Senior Center at 10am
 • Talk & Exercise with Beth at Senior Center at 10:30am
 • Alcohol Anonymous, Thursday at noon, Closed, Grapevine, at Free Will Baptist Church, Ragan Rd., Oriental.
 • Pamlico Partnership for Children Board Meets at 1pm at their office at 702A Main St., Bayboro. Call 745-7850 for info
 • Arthritis Foundation Exercise Program Class at 1pm at Senior Center
 • Stained Glass class at Senior Center at 1pm
 • Research genealogy and search online 1-4pm at the Pamlico County Family History Center in Grantsboro. Call 745-2239 for info.
 • DAV at PC Senior Center at 7:30pm

Friday, September 30
 • Fantastic Friday at Senior Center
 • Oriental Quilting Bee, 9am, 403 Mildred Street. No experience needed.
 • Preschool Story time at PC Library at 10am
 • Bingo at 10am at Senior Center
 • Card Games at Senior Center at 1pm
 • Young at Heart Crafts at Senior Center at 2pm

Email your event to frontdesk@thepamlico-news.com no later than noon Friday



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GOP Annual Turkey Dinner
 Saturday, October 22 at 6:30 p.m.
 Pamlico Community College
 The Delamar Center
 Tickets May Be Purchased By Calling
252-249-0840
 Monthly GOP Meeting:
 Tuesday, September 27th At Headquarters In Bayboro
 At 6:30 p.m.
 GOP Headquarters Hours:
 Mon.-Fri. 10 a.m. to 4 p.m. & Sat. 9 a.m. to 3 p.m.
 "WE WANT YOUR VOTE!"

PAWS Pamlico Animal Welfare Society (PAWS)
 "Helping the Helpless"
 Spay and Neuter Assistance Program
 PAWS provides low-cost spay and neuter assistance to those needing help to "fix" their pets. We issue vouchers for use at local vets, or at the Spay Today clinic in Greenville.
 Our mission is to reduce the pet overpopulation problem in Pamlico County and surrounding areas by preventing hundreds of unwanted, innocent animals from being born. They are often neglected, abandoned or killed in shelters so altering your pets before they breed is the humane and common-sense solution.
 We are here to help! Take action today!
 "Saving one animal doesn't change the world, but it changes the world for that one animal."
 PAWS is an all-volunteer, non-profit, 501(c)(3) organization that relies solely on donations. Find out more about us and how you can help at **PamlicoPAWS.net**
 To request assistance, call the PAWS "Help Line" at (252) 745-PAWS (7297) or email us at mail@PamlicoPAWS.net



**Land/Home Sales
Property Management
Appraisals Development**



**Agent
of the
Week**

**Allen Propst
Broker-In-Charge**

Here's what one of Allen's customers had to say...

Allen and the Mariner Realty team were wonderful to work with. Never once did we worry that we weren't getting the best deal. Allen always had our best interests in mind. He was always quick to respond to questions and concerns, and his local knowledge of the area was extremely helpful. We would recommend Allen and Mariner Realty to anyone.

Drew & Margaret, Oriental



ORIENTAL – Lovely **3BR/3.5BA** retreat or rental investment property. Convenient in-unit personal elevator. Nice layout, attached oversized single garage. Move-in ready. Dues include insurance, termite bond, exterior grounds & exterior maintenance. Biking or walking distance to all your needs in town. Great central location.

OFFERED AT \$189,900



ORIENTAL – Exquisite **3BR/2.5BA**, water-access Oriental Plantation home. Deeded boat slip, community boat ramp, club house, pool & tennis court! All on 1 acre! Kohler whole-house gas generator, Culligan whole-house water softener, Vermont castings stove, huge screened porch w/outside shower & goldfish pond!

OFFERED AT \$269,900



ORIENTAL – The perfect blend of exceptional design, workmanship and waterfront setting has created this consummate **3BR/2.5BA** +FROG waterfront dream home on Orchard Creek. Water views from every room, deep-water boat dock & lift.

OFFERED AT \$389,000



ORIENTAL – Tranquil, beautiful, private... everything you could ask for in a dream home. **3BR/3BA** in Bent Tree Landing on 1.22 acres, deep-water dock, covered boat lift, 2-sided gas log fire place, deck, screened porch, exceptional kitchen, FROG w/bath, metal roof, lovely landscaping and attached 2-car garage.

OFFERED AT \$399,900



ORIENTAL – Waterfront **3BR/3BA** +FROG (with additional full bath), boat dock and covered lift on scenic 1.66 acres in Spicers Creek community. Vaulted ceilings, sunroom, formal dining room, gas log fireplace, tile & hardwood flooring, attached 2-car garage & detached RV garage/workshop/garden shed.

OFFERED AT \$449,900

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252-249-1014

Or contact Allen Propst

252-671-4644

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Oriental, NC 28571



2016 Business Expo, Job Fair Equals Fun and Benefits You

By Beth Bucksot
Pamlico County Economic Developer

It's coming soon and you won't want to miss it! On September 27th from 4-7pm at Pamlico Community College's Delamar Center, this year's Business Expo and Job Fair will have free admission, food, entertainment, and a sample of your local businesses and non-profits. In essence, fun! Come out and see what your local businesses and non-profits have to offer while enjoying a sample of your County's tasty fair and talented musicians. Last year's event was successful enough, that we noticed that a nearby county copied some of our format for their event. We are glad they did.

This year's theme is "Shop Local". This is an initiative that was started several years ago by your Pamlico County Chamber of Commerce. It was the brain child of then President Laurie Bennett of CarolinaEast Health System and Jonathan Altman of Bayboro Pharmacy. Since then, Pamlico County Commissioners and the Town of Oriental have passed "Shop Local" resolutions to back our local businesses. To continue the push to support our businesses, the Chamber holds quarterly "Shop Local" drawings, in which Chamber member businesses clientele turn in their receipts to the Chamber. For every \$50 in receipts turned in, the clients garner a ticket to win the \$100 quarterly drawing. We average between \$20,500 - \$28,000 in tickets every quarter. The next drawing will be at the Expo and Job Fair on the 27th. "Shop Local" and win money!

The reasons to support our local businesses are usually pretty obvious to businesses. But sometimes we forget why it benefits us as individual citizens. The local businesses you will meet on September 27th are the same businesses we will probably seek out to support some effort or cause that is dear to our hearts. For example, our schools, local sports teams, Hope Clinic, Relay for Life, Habitat for Humanity, churches, friends in need, someone in search of a job... No matter how important or worthy our cause, their backing of our community efforts is impossible with our support for them. Without our patronage of their businesses, they will not have the resources to contribute to our community

efforts.

Another benefit of supporting our local businesses is that the sales tax stays local and helps fund those services we expect from our local governments including supporting our schools. It also benefits us by helping to keep our property taxes from having to go up to fund those basic services from local government. It also enables your local governments and schools to pay better in order to keep good employees.

We often hear "I have to shop online or go to Raleigh in order to find what I want." While that may occasionally be true, it usually turns out that most people do not even know what is available in their own county. That is one of the reasons coming to Business Expo and Job Fair will benefit you. You will have a better idea of the goods and services that you want that are right here in your own back yard. Oh, yeah! Did we mention that you can win money by shopping local? See above!

In addition, there are lots of unfilled jobs available in our area for those who are interested. That is why Pamlico County Community College's Career Center is joining us to put on a Job Fair. Some of the jobs are part time - this works for a retired person or student looking to add a little variety to their day and some extra money in the pocket. Other jobs are full time. We often hear of employers who are seeking people who are willing to work. Many of those employers will be at the Job Fair. It also a good opportunity to speak with Eric Cedars, Director of the Career Center at 745-9934. He can assist you with finding a job, resume writing, taking the Career Readiness Certification (CRC) or possibly even going to school to retrain for a better paying career that is in demand. Employers such as C.A.R.T.S., Mount Olive College, Coastal Community Action, the Career Center, Vocational Rehabilitation, CMF of Aurora (Metal Fabrication), and the Easter Seals. Come learn about employment opportunities and the services they can provide!

This year's Expo is, as usual, headed up by the Pamlico County Chamber of Commerce. If you have not yet signed your business or nonprofit up for the event, there are just a few booths left. Call Joyce Swimm the Executive

Director at 745-3008 or email her at executive-director1@embarqmail.com. If you would like to sign up for the Job Fair, contact Eric Cedars at 745-9934 or email him at Ecedars@pamlico-ccc.edu

The Chamber has been joined in this effort by Pamlico Community College and its Career Center, and Pamlico County Office of Economic Development. Other sponsors are PCS Phosphate (Platinum), CarolinaEast Health System (Silver), Trent Cadillac (Silver), Pamlico Community College's Small Business Center (Silver) and Deaton Yachts (Bronze). United Way is a donor. Our other partners are musicians and include, the Pamlico Choral, Jane Whitley, and Jazz-o-Mine Rhythm & Blues Band. Local restaurants partners are: Charlie's Restaurant and Oriental Deli and Subs.

Exhibitors:

- Axelson Chiropractic
- Bayboro Pharmacy
- CarolinaEast Health
- Coastal Carolina Regional Airport
- Coastal Women's Shelter
- Creative Kitchen & Bath
- Daily Bread Christian Bk
- Deaton Yachts
- Edward Jones Investment
- First Citizens Bank
- Foster's Mobile Marine
- Greene County Health
- H&R Block
- Jack of All Computers
- Life Max Insurance
- Marc Jessup Insurance
- Pamlico County Historical Association
- Pamlico County Republican Party
- Pamlico Partnership Children
- Prime Time
- R.E. Mayo Seafood
- River Dunes
- Sea Harbour Yacht Club
- Sykes Builders
- Trent Cadillac
- Tru-Coat Inc.
- University of Mount Olive
- United Way
- Wal-Mart of Grantsboro
- World Wide Marine

PCC to Welcome Job Seekers, Local Businesses September 27

Mark your calendars for Tuesday, Sept. 27, 4-7pm for the Business Expo and Job Fair at PCC

By Townley Cheek

This year, Pamlico Community College is trying to make it easier for people to get the help they need and to find the job they want. The Pamlico County Career Center, a branch of Pamlico Community College, has partnered with the Pamlico County Chamber of Commerce to host a Business Expo and Job Fair.

• Job Fair

Over 15 companies looking will be in attendance and are looking to fill open positions.

Whether you want to learn more about your job options or an opportunity to practice your networking skills, make plans to attend.

It is recommended that attendees bring multiple copies of their resume and dress in interview attire.

• Business Expo

Last year's Business Expo was a huge hit, and this year's Expo is expected to be even better.

The Pamlico County Chamber of Commerce has worked hard to put on this event for all ages. PCC will be packed with local businesses and organizations ready to answer your questions and give out free goodies.

"The expo will provide an avenue for businesses to show off their expertise and goods and services. It will also be a great networking opportunity," says Joyce Swimm, Executive Director of the Pamlico Chamber of Commerce. "Restaurants will be showcasing their culinary delights and giving out samples throughout the entire event, and some of Pamlico's local artists will be there to perform, so we will have music as our backdrop."



Thousands of North Carolinians have found jobs using Career Centers across the state.

Mark your calendars for Tuesday, September 27, from 4pm-7pm for Pamlico County's only business expo. Sample businesses from A-Z, sample tasty delights from restaurants, and sample entertainment by area musicians.

The 2016 Business Expo and Job Fair will be hosted at the Delamar Center at Pamlico Community College. The event will be from 4pm-7pm. For more information on the Business Expo, please contact Joyce Swimm at 252-745-3008. For more information on the Job Fair, please contact Eric Cedars at 252-745-9934. Pamlico Community College is located at 5049 NC Hwy 306 S. in Grantsboro.

Household Hazardous Waste Collection Events Saturday October 8

Craven Community College 8 am – 1 pm
800 College Court, New Bern

Pamlico County Courthouse 9 am— noon
202 Main Street, Bayboro

Electronics are accepted year-round in Carteret, Craven and Pamlico counties. For more information, call your local Solid Waste department.

Carteret County - 252-728-8595

Craven County - 252-363-6659

Pamlico County - 252-745-4240

Accepted Materials

Latex and oil paints, used motor oil, lawn and garden fertilizer and pesticides, farm pesticides, gasoline, drain openers, paint thinners, cooking oil, anti-freeze and batteries,

Non Acceptable Materials

Gas cylinders, explosives, ammunition, infectious, biological or radioactive wastes or commercial waste.

No Mystery Cans!! Everything must be labeled or easily identified.

Coastal Environmental Partnership

P.O. Box 128, Cove City, NC 28523

252-633-1564

bobbi@crswma.com



Dragon Boat Club to Celebrate Oktoberfest

Mark your Calendars and get your tickets for the Oriental Dragon Boat Club's Oktoberfest celebration, benefitting The Old Theater's project to replace their HVAC and roof. The event takes place on Saturday, October 8th from 4-6pm at the Oriental Marina and Inn.

Come and celebrate the coming of Fall with great food, good friends, laughter and music. Tickets are \$15. The feast is being prepared by Jim Kellenberger and will include Brats from Morgan's Meats, German sauerkraut, German potato salad, and a beverage ticket for either one Samuel Adams Oktoberfest beer, a glass of wine,

or one soft drink. Tickets will be available at the Farmer's Market & The Provision Company. You can also contact Linda Parker at 249-0888, Bill Minchin at 249-2199, or Ben Reese at 675-3813. In the event of very stormy weather the event will take place at the Oriental Woman's Club.



Country Music with the Malpass Brothers

Two of the most original country artists in a generation, the Malpass Brothers return to Pamlico County with music steeped in the legacies of Johnny Cash and Hank Williams. Presented by The Pamlico Musical Society, these gifted musicians and songwriters will perform at the Old Theater in Oriental on Friday, October 7, at 7:30 PM. If you like cornbread and hushpuppies, you're gonna love the Malpass Brothers.

This is the real deal, folks. Count on classic, real country music. Count on new Malpass tunes. Count on a couple of old-time traditional gospels. Count on giggles and ribbing between the 20-something siblings, along with daddy on the bass. Mentored by iconic music legend Merle Haggard, this duo promotes the work and music of classic country artist legends who have paved the way while creating new music and making their own mark in the lineage of a rich American cultural heritage. With sincerity, honesty and an utter ease on stage that belies their years, their smooth vocal blend and skillful musicianship will bring those legends to life and leave you wanting more.

Tickets to this concert are \$22 and are available in Oriental at Nautical Wheelers, 411 Broad Street, and online at www.pamlicomusic.org. Tickets for sold-out shows may become available at the door last minute. Check at the box



office at 7:15. For more information, call 252-617-2125. Pamlico Musical Society is a non-profit organization bringing quality musical entertainment, enrichment, and education to Pamlico County, and we welcome your support! To learn more about the benefits of joining us, including advance ticket sales and artists' receptions, call 252-617-2125, or visit www.pamlicomusic.org.

Friday Flicks Will Begin This Week

Friday Flicks begins this week with *Master and Commander*.

Director Peter Weir is a master craftsman at creating atmosphere, whether it be an Amish village, a crazy reality TV show or the strange religious beliefs of Australian aborigines. He does a superb job here of re-creating the period detail of the sea battles and human struggles during the Napoleonic Wars between England and France. While the naval battle sequences are quite fantastic, the film is successful because Weir chose to build the story to get to know the men who are locked aboard the tight quarters of a small ship and how they interact every day. The officers and the mates are well-known by the time the final battle comes. Paul Bettany offers a strong performance as the surgeon and naturalist who balances the violence of his chosen life with the quiet demeanor of the scientist. He is the captain's friend and confidant, the two frequently playing violin and cello duets together. The horrors of the injuries from the war are frequently implied, but vividly depicted in the reactions of



the characters. DATE: Friday, September 23, 2016 TICKETS: \$5.50 Includes FREE Popcorn. Available at the Old Theater box office on movie night. All proceeds of Friday Flicks go to the support of The Old Theater, a non-profit organization. SHOW TIME: The Old Theater's box office opens at 6:30 p.m. Doors open at 7 p.m./Movie begins at 7:30 p.m. Visit www.OldTheater.org for a complete list of upcoming films, events, leasing and membership information and more—like volunteering behind the scenes on a theater-sponsored event.

Pamlico County Heritage Day is October 1

Staff and volunteers at the Pamlico County Museum and Heritage Center are busy finalizing plans for their Heritage Day event to be held on October 1, in Grantsboro.

As in the past, the day will be filled with fun activities for the young and not so young! Children and youth will be able to ride ponies, play games, and from live demonstrations, learn how farming was done in the early 1900s. They can shell corn and wash clothes in an old wash pot. They can visit the NC Forestry Service to learn about forests. They can learn about 4-H. Children and adults alike can learn about services offered in Pamlico County such as Rescue Squad, Sheriff's Department and Fire Departments. Who can resist a fire truck or a Sheriff's new car?

Delightful entertainment will include Harbor Sounds and Ken Belangia as well as others not confirmed as yet. And food! Current plans are to serve, hot dogs, collard biscuits and all kinds of bake sale items. Vendors will be selling different types of crafts, jewelry, clothing, quilts, photography, and more, so Christmas shopping may begin! Individual and business sponsorships are sought to defray some of the festival expenses. Tax deductible contributions can be made to the Pamlico County Historical Association. Watch for final plans and the schedule of activities, but go ahead and mark your calendars for Saturday, October 1, from 10 a.m. until 3 p.m. For more information, or to register as a vendor, please contact PCHA at 252-745-2239.

Goose Creek State Park Calendar of Events

Saturday, September 24, 10:00 a.m. Celebrate Take a Child Outside Week with a Flatty Creek Hike

Meet at the campground parking lot to enjoy a relaxing half mile hike out to Flatty Creek. This area of the park is part of a National Natural Landmark which was established due to the diverse ecosystems. Feel free to bring bottled water, sunscreen and bug spray.

Saturday, October 8, 10:00 a.m. Palmetto Boardwalk Hike As the seasons begin to change the views and experiences in the park do as well. Join a ranger for a leisurely stroll down the Palmetto Boardwalk. Meet at the visitor center.

Sunday, October 16, 2:00 p.m. Mallard Creek Hike Take a short walk down to Mallard Creek and check out our new proposed trail extension. Meet in the last parking lot.

Saturday, October 22, 10:00 a.m. Creatures of the Night With Halloween just around the corner, Goose Creek State Park can help set the mood. Join a ranger in the park's visitor center to learn about some of our most common nocturnal creatures.

Saturday, October 29, 5:00 p.m. Owl Prowl Enjoy your evening identifying and studying some of North Carolina's native owls. You'll learn the owl facts and maybe catch a glimpse of these fascinating creatures. Meet at the visitor center.

Sunday, November 6, 2:00 p.m. All About Bears We will talk about the life history of bears,

examine mounts, skulls and furs. Meet in the visitor center.



Saturday, November 12, 10:00 a.m. History Hike Learn about the history of the area starting with the establishment of North Carolina's first town on this interpretive hike of Live Oak Trail. Meet in the last parking lot.

Saturday, November 19, 10:00 a.m. Palmetto Hike Take a one-mile walking tour of the boardwalk and view a freshwater swamp that is transitioning to a brackish water marsh all without getting your feet wet. Meet at the visitor center.

Saturday, November 26, 10:00 a.m. Turkeymon Scavenger Hunt Meet at the park office to "hunt" for turkeys and turkey signs in the park. Bring your phones and take pictures of the turkeys you find. The winner will receive a prize. You will also learn critter stalking techniques.

Saturday, December 3, 10:00 a.m. - 3:00 p.m. Forestry Festival Goose Creek State Park will hold a Forestry Festival in celebration of the 100th anniversary of the NC State Park System. There will be presentations by NC Forestry and park staff. This event will include tar kiln demonstrations, hikes and other activities. There will also be long leaf pine seedlings available for planting in restoration areas of the park and also available to take home. Look for more information in the coming months.

BLOWOUT

Saturday Sept. 24th
from 9 a.m. to 2 p.m.
"IN THE PARKING LOT"
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Saturday Sept. 24th

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BUSINESS EXPO & Job Fair

"Shop Local"

Tuesday, September 27th
From 4 - 7 p.m.

FREE Admission

PCC Delamar Center
5049 Hwy 306 S. Grantsboro
For Info Call 745-3008

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PCC Small Business Center
PCC Career Center, PC Government

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Uplift your spirits while listening to music comprised of a praise team of voices, guitars & keyboards.

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Long-Standing Local Businesses Change Locations

The newly remodeled business complex located at 13531 in Bayboro is home to three new, locally owned and operated businesses. Karen's Spa, Affordable Hearing and Mayo's Seafood Restaurant are now doing business at this newly renovated location.

Karen Gray has worked in the beauty industry for 27 years. Her salon, Karen's Spa, offers an array of services from hair design to massage therapy, manicures and pedicures, facials and tanning. The interior of Karen's Spa was designed by local developer, Martin Spratt and the wood work was done by The Wood Shop in Merritt. Karen used pine taken from old trees at the Arapahoe School as an accent at each station and in the front desk area. She is very excited about the new location and thanks Helena and Darren Mayo for the opportunity.

Locally owned Mayo's Seafood Restaurant has relocated and expanded as well. Bringing a century of family tradition, Mayo's offers fresh, local seafood and daily lunch and dinner



Karen's Spa Staff (l-r) Angela Lupton, Karen Gray, Amber Smith, Olivia Akres, Jamie Abbott Woodard

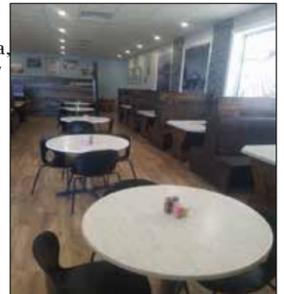


Affordable Hearing now occupies one of the newly renovated units. (Right) Owner of Affordable Hearing is Tony Monaco who operates five locations in eastern North Carolina.



specials.

Affordable Hearing, with five locations in Eastern North Carolina, has also moved its Pamlico facility to this new location and continues to provide hearing solutions that are customized to each patient's individual needs. Offering free, in-home testing and services. Available weekdays, evenings and Saturday by appointment.



(Right) Mayo's Seafood Restaurant has relocated and expanded as well.

Suzanne Gwaltney Awarded Specialist Designation

Suzanne Gwaltney Realtor®/Associate Broker, Century 21 Sail/Loft Realty, Oriental, NC has been awarded the prestigious Certified Residential Specialist (CRS) Designation by the Council of Residential Specialists, the largest not-for-profit affiliate of the National Association of Realtors®.

Realtors who receive the CRS Designation have completed advanced courses and have demonstrated professional expertise in the field of residential real estate. Fewer than 31,000 Realtors® nationwide have earned the credential.

A graduate of East Carolina University, Suzanne has 11 years of experience as a real estate professional in Pamlico County. Suzanne, a member of the North Carolina Regional Association of Realtors, was employed as a Counselor by the state of North Carolina for 30 years prior to joining the real estate profession. Suzanne and her husband, Larry Gwaltney own CENTURY 21 Sail/Loft Realty, a real estate firm based in Oriental, North Carolina.



Hope for the Warriors Spouse/Caregiver Scholarships Now Open

• Nonprofit awards higher education scholarships to military spouses and caregivers

SPRINGFIELD, VA – Applications for the spring 2017 Hope For The Warriors Spouse/Caregiver Scholarship program are now being accepted. Nationwide scholarships are awarded twice a year to spouses/caregivers of post-9/11 wounded or fallen service members.

Celebrating 10 years of service, Hope For The Warriors is a national nonprofit dedicated to restoring a sense of self, family and hope for veterans, service members and military families.

The Spouse/Caregiver Scholarship program identifies, recognizes, and rewards military spouses and caregivers for their strength, fidelity and resolve despite adversity. Scholarships aid in continued education at a reputable, accredited university, college or trade school for spouses/caregivers as they assume critical roles in the financial well-being of their families.

- Honorary Scholarship – Awarded to those seeking graduate or post-graduate degree
- New Beginnings Scholarship – Awarded to those pursuing entry level classes or training
- Restoring Family Scholarship – Awarded to spouses of the fallen
- Restoring Hope Scholarship – Awarded to an MSW Student
- Restoring Self Scholarship – Awarded to those seeking any undergraduate degree

The application process for the spring 2017 scholarships will be open until Oct. 31, 2016. Scholarship winners will be notified mid-December 2016 and announced on hopeforthewarriors.org.

The scholarship program is part Hope For The Warriors' Career Transition and Education pillar. Since 2008, Hope For The Warriors has granted 67 Military Spouse/Caregiver Scholarships totaling \$284,760.

Military spouses and caregivers can apply for a scholarship at <http://www.hopeforthewarriors.org/transition/spousecaregiverscholarships/> or to inquire about sponsorship opportunities email scholarships@hopeforthewarriors.org.

For more information on Hope For The Warriors, visit hopeforthewarriors.org, Facebook or Twitter.

About Hope For The Warriors :

Founded in 2006, Hope For The Warriors is a national nonprofit dedicated to restoring a sense of self, family and hope for post 9/11 veterans, service members and military families. Since its inception, Hope For The Warriors has served approximately 10,000 through a variety of support programs focused on transition, health and wellness, peer engagement and connections to community resources. The nonprofit's first program, A Warrior's Wish, has granted 157 wishes to fulfill a desire for a better quality of life or support a quest for gratifying endeavors. In addition, Run For The Warriors has captured the hearts of more than 22,000 since 2010. For more information, visit <http://www.hopeforthewarriors.org/>, Facebook or Twitter.

AgCarolina Farm Credit Announces Grant Application Deadline

AgCarolina Farm Credit is accepting grant applications through October 14 for programs benefitting farmers and rural residents in its thirty-four county service area in eastern North Carolina.

Grants are available up to \$5,000 per organization for programs in one of four focus areas: Education, Environment, Technology, or the Quality of Rural Life.

Grants are made available through AgCarolina's corporate giving program, The Fund for Rural North Carolina. AgCarolina has given back \$575,000 in grants and scholarships through the Fund over the last ten years and is proud to serve and support the farms and communities of eastern North Carolina.

"Providing access to grant funds is a commitment from AgCarolina Farm Credit to invest in, and improve rural North Carolina," states President and CEO Dave Corum. "The Fund for Rural North Carolina illustrates our dedication to serving and

being active in the communities we serve."

To learn more about the Fund for Rural North Carolina and to obtain guideline criteria, go to the AgCarolina website. Grant applications are available and will be accepted through October 14. Proposals will be reviewed and grants awarded as early as possible after October 14.

AgCarolina Farm Credit is a farmer owned financial cooperative with headquarters in Raleigh. They are the leading provider of credit to farmers in central and eastern North Carolina. AgCarolina Farm Credit has over \$1.4 billion in loans and commitments outstanding to nearly 3,000 North Carolina farmers. Loans are made to finance land, homes, farm buildings, operating expenses, livestock and equipment, as well as other purposes.

Credit life insurance, crop insurance, appraisal services, and leasing are also available through AgCarolina Farm Credit.

NOTICE OF PUBLIC HEARING

A Public Hearing on a Special Use Permit requested from the Town of Oriental will be held on Tuesday, October 4, 2016, at 7PM in the large Board Room in Town Hall, 507 Church St, Oriental, NC.

The proposed project is a boat wash to be installed at 300 South Avenue (Fulcher Point). The proposal documents are online at www.TownofOriental.com and will be available for viewing by the Public at Oriental Town Hall.

Substantial changes may be made to the permit following the Public Hearing.

The meeting is open to the Public.

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No Lack of Absurdity

Maureen Donald
The Editor's Desk

I realize there are a host of studies, surveys, research on the positives and negatives of social media (there always is), mostly aimed at Facebook.

In general, "studies," tend to stretch my imagination. Case in point is one recent study that concluded looking at the Facebook profiles of others could have some ego-deflating effects - who knew. It's logical now that I think about it.

Let's face it, posting things online don't exactly have to be the whole truth and nothing but the truth - some people do exaggerate on occasion.

The study presented last year at the meeting of the Society for Personality and Social Psychology (yes, it really exists) discovered that people with lots of Facebook friends experienced a drop in self-esteem after viewing their friends' status updates. But for people with just a few Facebook friends, viewing status updates wasn't a problem. Now there's a case for downsizing your list of friends.

You probably won't be surprised to hear that the study also found that teens and tweens spend a lot of time watching TV, videos and movies, playing video games, reading, listening to music

and of course, checking social media, but you might be somewhat shocked (I was!) by just how much time.

On any given day, teens in the United States spend about nine hours using media for their enjoyment, according to the report by Common Sense Media, a nonprofit focused on helping children, parents and educators navigate the world of media and technology.

Let's just put nine hours in context for a second. That's more time than teens typically spend sleeping, and more time than they spend with their parents and teachers. And the nine hours does not include time spent using media at school or for their homework.

If you had any questions about present-day dependency on social media and the absurdity of it all, here's an example sure to get you thinking next time to pull up Facebook, not to mention wondering if your child has hired an attorney.

A case out of Austria had me shaking my head and wondering if parents will continue to share photos of their children on Facebook and yes, you heard that correctly.

An 18-year-old woman is suing her parents over their posting of 500 images of her without her consent. The images were shared with her parents' 700 Facebook friends. Her father told the news outlet he has rights to the photos because he took them.

"They knew no shame and no limit - and didn't care whether it was a picture of me sitting on the toilet or lying naked in my

cot - every stage was photographed and then made public," the 18-year-old told her local newspaper.

I've got to admit I never thought about it quite in this light. Before Facebook all those "embarrassing photos were in an album.

The woman is seeking financial compensation (of course) and wants the photos to be removed from Facebook. The woman's lawyer said she has a good chance of winning. Apparently if she lived in France her chances would be even better - there parents can be jailed and fined if their children choose to sue them for breaching privacy.

The Austrian case goes to court in November, and if she does win, parents around the world might be rethinking how they share photos of their children on social media.

The average parent shares almost 1,500 photos - mostly on Facebook - of a children before they turn 5-years-old, according to Parent Zone, a UK-based site about parenting in the digital age. Facebook has no policy against sharing photos of children, but Facebook does require users to be at least 13 years old before creating a profile. Those who oppose posting photos of their kids online say it's unfair to make digital decisions for a child. Also, some parents worry about photos showing up in public search engines or falling into the wrong hands.

Too late.



Making Sense of Investing

Dan M. Roberts, IV
Financial Advisor

In 2015 alone, more than 13 million Americans were victimized by identity theft, according to the U.S.

Department of Justice. What can you do to guard your identity and protect yourself from potential financial losses?

Here are some ideas to consider:

- Review your statements. Closely review the monthly statements from your checking and other financial accounts. If you find any unfamiliar charges, contact your bank or other financial services provider immediately.

- Order your credit reports. The three credit reporting agencies - TransUnion, Equifax and Experian - are each required by law to provide you one free credit report a year. Make sure your name, address and other information are correct on your credit report, and if you find old or inaccurate information, have it removed.

Place a fraud alert. If you suspect you have become a victim of Identity theft, place a "fraud alert" on your credit reports by contacting any of the three credit reporting agencies. You can choose a short-term or long-term alert. And if you're an active member of

the military, you can request a special, one-year alert.

- Feed your shredder. Shred all old bank and investment statements, applications for new credit cards and any other documents that contain personal information.

- Destroy digital data. If you have a variety of financial accounts, you're not just creating a paper trail - you're also establishing a digital "footprint." So, when you sell or otherwise dispose of a computer system or hard drive, you may want to take steps to destroy personal data. You might think that simply deleting it would be sufficient, but tech-savvy identity thieves can "undelete" files or recover information from a formatted drive. However, products are available that allow you to completely wipe out data on hard drives.

- Change passwords. It's a good idea to change your Internet passwords every so often - especially those passwords that provide access to financial accounts.

- Leave your Social Security card home. Snagging someone's Social Security number is a real "catch" for identity thieves, so do everything you can to thwart them. And you can start by leaving your Social Security card safely at home - after all, there's probably never a good reason to bring it out, anyway. In fact, be

Guard Against Identity Theft - and Protect Your Finances

wary of anyone, or any business, that asks for your Social Security number, either in person or online. Except for a few obvious exceptions, such as your tax preparer, most reputable businesses don't need to know anything about your Social Security information.

- Watch for "phishers." If you've ever gotten an e-mail, supposedly from your bank, advising you that your account will be "frozen" unless you provide personal details about your account, it's a good bet that someone is "phishing" for this information - and they're using the "freezing" threat as bait. What's particularly alarming is that these "phishers" have gotten quite good at duplicating logos and using official-sounding language. However, a legitimate bank would never threaten you this way with an e-mail, so, if you get such a message, contact the bank's fraud department.

You can go a long way toward protecting yourself against identity theft by following these suggestions - so put them to work soon.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Fight Grandparent Scams

Attorney General
Roy Cooper

Seniors across the country are getting calls from scammers out to take advantage of grandparents' love for their grandkids.

The con starts with a caller who says "Grandma/grandpa, it's me!"

The grandparent often responds with his or her grandchild's name, giving the scammer more information to make the con sound legitimate, but sometimes the criminal already knows the grandchild's name. The scammer pretends to be in distress - injured, in trouble with the law, or in danger while traveling abroad - but says they don't want mom or dad to know about it. They may also ask the grandparent not to call them back on their mobile phone, saying that it's been confiscated or damaged. Then they ask the grandparent to send thousands of dollars through wire transfers or by loading money onto gift cards. Victims usually don't know they've been scammed until the money is gone for good.

Some North Carolina grandparents have reported losing as much as \$60,000 to scammers posing as their grandkids in distress.

Social media has made this scam more sophisticated, and more believable. Con artists use names, personal information, and travel details that grandchildren share on their Facebook, Twitter and

Instagram accounts to make their calls sound credible.

Our Consumer Protection Division has received 141 reports of grandparent scam attempts this year alone, and 31 of these seniors became victims, losing more than \$143,000 combined. Individual losses reported so far in 2016 range from \$1,250 to \$15,000.

To fight grandparent scams, my office worked with other government agencies to push wire transfer companies and financial institutions to spot and stop fraud-induced cash transfers before the money is lost. North Carolina victims losing less money to this scam on average - around \$4,600 each this year compared to \$20,967 in 2015 - is a sign that these efforts may be paying off.

On your next call to grandma and grandpa, let them know about grandparent scams and talk through what they should do if they ever get one of these calls. Elder fraud is a widely underreported problem, so we know there are likely more seniors affected by grandparent scams than report them. Learn how to spot grandparent scams, and educate senior friends and family about this fraud.

To avoid grandparent scams:

- Don't answer calls from phone numbers you don't recognize or emails from addresses that aren't familiar to you.
- Beware of anyone who asks you to send money immediately, no matter the reason.
- Don't share information about you or your family with

anyone you don't know who calls, emails, or contacts you through other means.

- If you get a call or a message asking for help, hang up or log off and contact the person directly at a number you know is theirs to make sure the request is legitimate.
- If someone claims to be a loved one, ask the person questions that only your real family member would be able to answer.
- Share carefully on social media. Make sure your privacy settings prevent strangers from accessing information about you or your family.
- Never wire or send money in response to a phone call, email or online message. Once the money has been received by a fraudster, it's almost impossible to get it back.

If you or a loved one experiences a grandparent scam, report it to my Consumer Protection Division toll free at 1-877-5-NO-SCAM or file a complaint online at ncdoj.gov.

Attorney General Roy Cooper and his staff want to North Carolina consumers to get the most for their money. We're here to be of service when you need us. Through efforts like these Consumer Columns, we hope to help North Carolinians avoid problems ahead of time.



Voters Will Never Be Experts

John Hood
Chairman,
John Locke
Foundation

I have strong opinions - but not about how to perform brain surgery, write a smart-phone app, design a golf course, or produce a hip hop album. Perhaps you do have a strong view about one of these, but almost certainly not

about all four.

Why? Because none of us can simultaneously be a surgeon, a software engineer, a golfing expert, and a music producer. When it comes to our work, we specialize in a few things and then trade what we produce for the goods and services that other specialists produce. The exchange makes us all better off.

We live most of our lives engaged in such exchanges. There is a great deal of specialized knowledge, with more of it being produced every day. But individually, we possess or are even aware of only a tiny fraction of that knowledge. It would be too difficult or costly to acquire. We don't need it. We just need to trade for its fruits.

Among specialists or other discrete communities of interest, however, there is often robust debate. Surgeons learn, practice, and disagree about the merits of new ways to attack brain cancers. The rest of us don't typically know which side to root for in these contests. We just root for them to keep at it, so we as potential cancer patients can benefit, and otherwise leave them alone as we go about our own business.

Now consider what happens when goods and services are provided by government agencies and public employees rather than private companies and independent professionals. Suddenly, we all feel the need to express our expert opinions about the best ways to rehabilitate a prisoner, treat a mental illness, or teach a child to read - even though we can't possibly possess expertise about so many different and challenging fields, and even those possessing such expertise may lack consensus.

The problem is that, unlike in the earlier cases, we can't simply sit back and let the professionals fight it out. If we don't like a

new smart-phone app or hip hop album, we don't have to buy it. If a particular brain surgeon or hospital seems to have poor results, we can go elsewhere.

But what if we don't like the outcomes produced by our prisons, public health agencies, or public schools? It's either impossible or highly expensive to "take our business elsewhere," as it were, by relocating ourselves and our tax dollars to another state. Instead, we seek to change the mix of professionals providing those services by casting ballots in the next election.

This is not nearly as effective an accountability mechanism. For one thing, we may be outvoted. Even if our preferred candidates win, they may not be in a position to swap out the personnel in question or overrule their professional judgments. And through it all, we end up doing the very thing I'm suggesting we lack the capacity to do well - engaging in debate about matters we don't and can't fully understand.

There is no magic wand one can wave here. Ensure more competitive elections? Great. Collect more data and encourage more experimentation and research? Sure. But the problem will remain in some form. It is endemic.

I submit that the best response is to minimize the extent to which people are compelled to receive services from professionals they don't select. That argues for more choice and competition in education, health care, and transportation, even when those services are substantially funded by governments. The next best thing is for governments to pay for measurable performance, by public or private providers, rather than focusing on inputs or dictating procedures.

More fundamentally, this argues for limiting the scope of the public sector. In fact, I think it's one of the best arguments for limited government. Although you may care and worry about me as a person, it does you no harm if I have a wrong idea, do a foolish thing, or hire an incompetent doctor. You can even learn from my mistakes.

John Hood is chairman of the John Locke Foundation, a North Carolina think tank, and appears on the talk show "NC SPIN."

SBA Now Accepting 2017 Small Business Week Awards Nominations

The U.S. Small Business Administration is now accepting nominations for its 2017 National Small Business Week Awards, including the annual Small Business Person of the Year. Since 1963, National Small Business Week has recognized the outstanding achievements of America's small businesses for their contributions to their local communities, and to our nation's economy.

The dedicated website www.sba.gov/nsbw/awards provides forms, criteria and guidelines for submitting a nomination.

SBA Awards given in celebration of National Small Business Week, April 30 - May 6, 2017, include the following:

- Small Business Person of the Year
- One from each of the 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and Guam.
- Phoenix Awards for Disaster Recovery
- Federal Procurement Awards
- Small Business Prime Contractor of the Year

- Small Business Subcontractor of the Year
- Dwight D. Eisenhower Awards for Excellence (for large prime contractors who use small businesses as suppliers and contractors)
- Jody C. Raskind Lender of the Year
- Small Business Investment Company of the Year
- Awards to SBA Resource Partners
- Small Business Development Center (SBDC) Excellence and Innovation Center Award
- Women's Business Center of Excellence Award
- Veterans Business Outreach Center of the Year

All nominations must be submitted no later than 3 p.m. EST, Tuesday, Jan. 10, 2017. SBA will no longer be using the Small Business Week online portal. All nomination packages may only be hand delivered or mailed. Email submissions of SBA Awards forms will not be accepted as they contain personally identifiable information (PII).

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Annette Jones,
55 Plus Club
Correspondent

Goose Creek Island

Goose Creek Island 55 Plus Club met Thursday at the Community Center. Special guest speaker was Ben Casey accompanied by Carolyn Broughton Casey. Ben is researching material for a new book he is planning to write about Down East in Carteret County. He has interviewed several folks from Down East communities. He talked about interviews as he showed pictures on the power point. He has talked with boat builders and many fishermen. They refer to themselves as "natives" and newcomers as "from off." We enjoyed pictures of haul netting crews and Harker's Island boats. Everyone was very impressed with Ben's presentation. He talked for almost an hour without any notes. I could tell everyone was interested because nobody got up and left! We even forgave Ben for being a week late! Can't wait for his book. He is planning to entitle it "Sound People." My daddy was born and raised in Atlantic.

Prayer List: Camden Popperwill, patient at Vidant in Greenville showed much improvement last week. Bootsie O'Neal Wilkins recently broke a bone in her foot. Velma Leary Henries is receiving treatment at Duke. Gretchen Bennett and A.E. Watson were put on our prayer list.

Matthew Jones, my grandson is a patient at Vidant Hospital in Greenville. He has a severe infection in one of his fingers. The

doctor gave him antibiotics but the swelling didn't go down. The finger was lanced Sunday morning. They think it was infected during a fishing trip last weekend. Mark, Jenny and Jenna spent Sunday afternoon with him.

Happy Birthday: Pattie Ross Leary and Gail Popperwill Hodges - Sept 22, Annette Ireland Popperwill - Sept 23, Joy Manker Carrere and Verona Spain Swindell - Sept 24, Grayson Jarman and Caroline Potter Mayo - Sept 26, Guy Swain Jones, Edith Campen Johnson, Alice Sadler Bateman and Jesse Russell Voliva - Sept 27, Amber Lynn Mayo and George Wallace Flowers - Sept 28. Happy Anniversary Jimmy & Sherry Styron Jones - Sept 23, Raymond Thomas & Mattie Wilson Jones - Sept 26, Aaron and Dorothy Perry Sadler - Sept 28.

Edna Ruth McKinney and daughter Nancy drove to Belhaven Thursday to visit with Edna's sister, Bootsie. Edna thought maybe Bootsie had an evening dress in her closet that she could wear in the Homecoming Play. Hope she found something. Edna reported that Bootsie is doing better with her foot.

Sandra O'Neal and Joan Leary came to see me Sunday afternoon. We had a really nice visit. Talked about genealogy and lots of old stuff. They told me some things that I didn't know! Can you believe that!

Most of you probably know this by now. The Fish Stew Cook Off has been canceled due to the lack of participation. Barbeque plates will be sold at the Pamlico County Heritage Day, Oct 1. Hope to see ya'll there.



Pamlico

Betty Jo
Rodgers
Correspondent

I mentioned last week about the intersection at Straight Road and Trent Road and how people driving way too fast when they come around the curve at that intersection made it dangerous to turn there. I still wish the DOT would make it a 3-way stop for the safety of all involved, but I am pleased to report that when the DOT mowed the road sides, they mowed that intersection farther back than usual so now it is easier to see the traffic that is speeding around the curve.

All of the roadsides in the Pamlico Community have been mowed and it sure looks nice. They would look even nicer if those traveling the roadways would not litter. I see more and more bicyclists out on these pre-autumn days, so look out for them and the motorcyclists and just drive safely.

As I get better each day, I have been able to increase my walking time, speed, and distance. Roy and I, and sometimes even Jake, walk around Oriental on these cooler mornings. There is usually a nice breeze and no mosquitoes. What a great place to

live. And this past weekend, River Dunes sponsored the Oriental Cup Regatta and Harborfest for Heartworks. I also saw some really nice corvettes arriving for the car show.

Enjoyed sharing a table with Leroy Lupton and Santa Klontz at Charlie's on Sunday for lunch. Our usual table mates were either not feeling well or they were blessed to attend Homecoming at Bayboro United Methodist Church and eat the delicious food prepared by those wonderful cooks.

By the way, if you see Charles Stackhouse this week, ask him how his picture is showing up in a new movie that is featuring his nephew.

Celebrating birthdays in September are Mike Miller (9/25), Fay Bond (9/29) and Paul Delamar, Ann Stackhouse and Ruth Mahlman (9/30). Celebrating their anniversary in September are Chris and Maria Machle (9/27).

Have a blessed week. Hesitant? Take Spiritual Vitamin H. "How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth!" (Isaiah 52:7)

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Whortonsville



Rebba Tiller
Correspondent

Another lovely week has passed so fast! Hope everyone saw the sunset on Thursday evening. It was so brilliant all across the western sky and lit up Brown Creek in a bright orange glow. One of the prettiest sunsets I have ever seen, although we have many lovely ones here.

Stopped in at Hospice last Friday and saw the end of the summer clothes as they brought out the fall line. Also Saturday was Customer Appreciation Day with hot dogs being served outside under the tent. Harriett Scharr was working at Hospice and I was saddened to hear that she and her hubby are moving to the Villages in Florida. My niece lives there and they love it. Harriett and Ralph have worked so hard in many areas here. Harriett did such a great job with the Children's Theater for so many years. We shall really miss them.

Our neighbors Caleb and Marian Marsh are also moving to California to be close to their children. They are part of our "neighbors in a row" and we will miss them so much.

Fred and Nancy Karl are spending a lot of time in Greenville with doctors. I know the feeling. Seems Weeks and I have spent a good portion of our lives in doctors offices, but we are checking them off.

The five day revival is coming up with different ministers and churches each night. Alicia Williams had an eye problem, but in time it will be fine. John Presley and Sue visited Mrs. Winky on Saturday and brought her an early birthday cake. The Women's Auxiliary invites everyone to stop by Mrs. Winkys on Saturday, October 1 to say Happy Birthday. It is a floating birthday celebration so you can stop in at anytime. She will be 99 on October 4th.

Thought for the week--If you work for an organization that makes its decision by committee, make darn sure you're on the committee.

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NOTICE OF INTENT TO LEASE SHELLFISH BOTTOM/WATER COLUMN NO. 1863943/1863950 IN PUBLIC WATER OF PAMLICO COUNTY

Notice is hereby given that Steven Quidley has filed an application to lease approximately 4.73 acres, located in Broad Creek, east northeast of Dowdy Point in Green Creek, of Pamlico County, NC for the purpose of shellfish bottom lease and water column utilization for shellfish aquaculture. The area will be marked at each corner as a Proposed Shellfish Lease & Water Column, Lease Number 1863943/1863950.

The Director of the Division of Marine Fisheries for the State of North Carolina has notified the applicant that he will consider the proposed shellfish/water column lease at a public hearing to be held at the Pamlico County Courthouse; 202 Main Street, Bayboro, NC 28515 on Wednesday, October 5, 2016 at 6:00 P.M.

Notes:

1. Any member of the public will be given an opportunity to comment on the proposed shellfish lease and water column amendment applications. Comments may be made orally at the meeting or sworn written comments may be submitted to the Division of Marine Fisheries, P.O. Box 769, Morehead City, NC 28557 until October 4, 2016 at 5 P.M.

2. The Division of Marine Fisheries has determined that this application is substantially consistent with the requirements of G.S. 113-202 and applicable Marine Fisheries Rules. The application file and biologist report for this proposed lease are available for inspection at the DMF office in Morehead City.

This notice is pursuant to G.S. 113-202(f) this the 24th day of August 2016. By authority of the Secretary of the Department of Environmental Quality.

Braxton Davis
Director
Division of Marine Fisheries

• **Idell Broughton Robinson, 82**, of Oriental passed away Tuesday, September 13, 2016, at home. She was preceded in death by her parents, Cephus & Gertrude Broughton; five brothers, William, Randolph, Ralph, James "Skeeter" and Walter Hugh Broughton; two sisters, Della May Broughton and Bernice Murray. She is survived by her husband of 64 years, Daniel Spruill Robinson, Sr.; sons, Daniel S. Robinson, Jr. of Kinston and Alvin Dean "Buddy" Robinson of Pace, Florida; daughter, Glenda Jean "GJ" Carawan of Bayboro; brother, Louis Broughton of Reelsboro; six grandchildren; and 10 great-grandchildren. A private graveside service was held at Friday, September 16th at Greenleaf Memorial Park. In lieu of flowers the family suggested memorial contributions be made to Hospice of Pamlico, PO Box 6, Bayboro, NC 28515, or charity of one's choice. The family would like to give a special "Thank You" to RN Patty Mills, RN Judy Styron, LPN Tonya Jordan, LCSW Catherine Cooper, RN Linda Pence and CNA Hilda Carmady of Hospice of Pamlico County for their care, assistance and love during Idell's illness. Arrangements by Bryant Funeral Home & Crematory, Alliance.

• **Genevieve J. Kelly, 99**, Oriental, NC, passed peacefully at home, surrounded by her immediate family, September 8, 2016. Genevieve was born March 16, 1917 in Jessup, Pennsylvania. She was the second oldest of 5 children. She was predeceased by 3 of her 4 siblings, and is survived by her sister, Ann Dougher, of Wilkes Barre, PA. Jean was married in 1941 to Ted Gaj, who

predeceased her in 1969, then married to Nevin Kelly in 1972, who predeceased her in 2004.

She had 2 sons; Theodore Gaj, who predeceased her in 2015, and Ray Gaj, and his wife, Elizabeth Dickinson, with whom she was living at the time of her death. She is also survived by her step-daughter, Nancy Kelly. Genevieve had 5 grandchildren, 9 great-grandchildren, and many nieces and nephews.

Genevieve was young in spirit, loving and committed to her family and her faith. Originally from North Wilkes Barre, PA, she lived in Lansdale, PA for most of her life until she moved to Oriental in 2013. She attended St. Peter the Fisherman Roman Catholic Church in Oriental and was grateful to all of the people who drove her to services every Sunday. Funeral services and mass were conducted Saturday, September 17 at Saint Nicholas Roman Catholic Church, Wilkes-Barre, PA.

A memorial service to celebrate her life will be held at a later date in Oriental. In lieu of floral tributes, the family would be honored if prospective donors consider a contribution to the Hospice of Pamlico County, Inc. PO Box 6 Bayboro, NC 28515 (Paid obituary)



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Property for sale: 3,700 sq. ft. warehouse, storage, etc with 1 1/2 acres of parking. Location: 1261 Hickory Point Rd., Aurora, NC, 1 1/4 miles past Aurora Ferry. Contact John Whitehurst, 252-402-6434 or email jaxyzgs@gmail.com. Serious inquiries only. (8/31-9/21)

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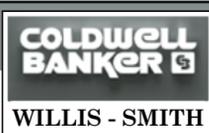
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CROSSWORD

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ACROSS

1. Throng of people.
5. Rob __ Guinness world record holder for ascending the highest summits of all 47 European countries in the shortest time.
10. Japanese form of wrestling.
14. Longest division of geological time.
15. Mottled white and rose American art glass.
16. Malleable silvery-white magnetic or metallic element.
17. Shine a bright light through an organ to detect disease.
20. British unit of weight equivalent to 2,240 pounds.
21. Leeward side.
22. Nine daughters of Zeus.
23. Magpie.
24. Drinks by taking in small amounts at a time.
25. As follows.
29. City in Ancient India at the time of Gautama Buddha.
30. Father.
33. Name of the only Australopithecus bahrelghazali specimen ever discovered.
34. Pertaining to the calf of the leg.
35. Acronym for Home Meal Replacement.
36. Needing no explanation.
40. General name for beer made with a top fermenting yeast.
41. Hard return hitting the tennis ball above the head.
42. Old German name meaning "all."
43. American Abstract Expressionist painter __ Krasner.
44. Anxious feeling.
45. Long monotonous harangue.
47. Brownings of the skin resulting from exposure to the sun's rays.
48. Foot covering.
49. Way something is organized.
52. Person who makes deceitful pretenses.
53. Thick mixture of fruit and sugar.
56. Give a professional character to.
60. Contraction of "is not."
61. Treated with oil.
62. Eighth son of Joktan.
63. River in England.
64. Lacking imagination.
65. Direct one's course.

DOWN

1. The Simpsons creator __ Groening.
2. Acronym for European Environmental Research Organization.
3. Anything lent, at interest.
4. Blues singer __ Rabson.
5. Old __ Central Criminal Court in England.
6. Plastic sheath over a shoelace end.
7. Misfortune.
8. Acronym for Engineering Test Unit.
9. Undergo destruction on impact.
10. Abnormal passage leading from a suppurating cavity to the body surface.
11. Sumerian mythology goddess of the earth.
12. Speck.
13. New York City dance music group known for the single "Flawless."
18. Act of traveling by water.
19. High-jumping, lightly built South African antelope.
23. Money.
24. Eskimo Joe song from, Black Fingernails, Red Wine.
25. 1904 Nobel Prize winner __ Pavlov.
26. Elongated rectangular bone forming the bride of the nose.
27. White poplar tree.
28. Noisy riotous fight.
29. Fierce wild dog of the forests of central and southeast Asia.
31. Acronym for Alliance of Maritime Regional Interests in Europe.
32. Wood nymph.
34. U. S. Coast Guard Women's Reserve created by FDR.
37. Second album by hip hop group Whodini.
38. Marvel Comics superhero Nate Gray AKA __.
39. Counterweight consisting of an empty container used as a counterbalance to obtain net weight.
45. Drink made of beer and lemonade.
46. Dust and gas surrounding an active comet's nucleus.
47. Cut loops of a carpet pile fabric.
48. American power pop band formed in Zion, IL in 1974.
49. Skewer for holding meat over a fire.
50. Synonym for Irish and sometimes for Scottish Gaelic.
51. Quality of a person's voice.
52. Tall, cylindrical tower in which bulk material is stored.
53. Agree with something else.
54. Muslim summons to prayer called by the muezzin from a minaret of a mosque five times a day.
55. Announcement for a score of cards in a card game.
57. Drench.
58. Title of respect for notable person in ancient times.
59. Not far above the horizon.

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Legals

**NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE
PAMLICO COUNTY SUPERIOR COURT
DIVISION
NOTICE TO CREDITORS AND DEBTORS
OF LOUISE S. MILLER
File No.: 15 E 70**

All persons, firms and corporations having claims against LOUISE S. MILLER, deceased, are notified to exhibit them to BETTY JO MILLER, Executrix of the Estate, on or before November 29, 2016, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executrix.

This 31st day of August, 2016.

Betty Jo Miller, Executrix
Estate of Louise S. Miller
P.O. Box 143
Stonewall, NC 28583

Publish August 31, September 6, 13, 20, 2016.

NOTICE OF PERSONAL REPRESENTATIVE

All persons, firms and corporations having claims against Emily Mae Gooding, Deceased, of Pamlico County, North Carolina, are notified to present their claims to the below named Personal Representative on or before December 7, 2016 or this notice will be pleaded in bar of recovery. Debtors of the decedent are requested to make immediate payment. This 7th day of September, 2016.

FLORENCE G. BRAY, EXECUTOR
ESTATE OF EMILY MAE GOODING
c/o Peter S. Moeller
Moeller, P.A.
P.O. Box 1488
New Bern, NC 28563-1488

Received by The Pamlico News on August 31, 2016 to be published September 7, 14, 21, and 28, 2016. Statement to be sent to Peter S. Moeller, Moeller, P.A., P.O. Box 1488, New Bern, NC 28563.

Signature

**NOTICE OF GENERAL ELECTION
PAMLICO COUNTY, NORTH CAROLINA**

A general election will be held on Tuesday, November 8, 2016 in PAMLICO to vote in the following contests:

- US President
- US Senate
- US House of Representatives District 3
- NC Governor
- NC Lt. Governor
- NC Attorney General
- NC Auditor
- NC Commissioner of Agriculture
- NC Commissioner of Insurance
- NC Commissioner of Labor
- NC Secretary of State

- NC Superintendent of Public Instruction
- NC Treasurer
- NC State Senate District 02
- NC House of Representatives District 003
- Pamlico County Register of Deeds
- County Board of Commissioners District 1
- County Board of Commissioners District 2
- County Board of Commissioners District 5
- NC Supreme Court Associate Justice
- NC Court of Appeals (Stephens)
- NC Court of Appeals (Geer)
- NC Court of Appeals (Hunter)
- NC Court of Appeals (Dietz)
- NC Court of Appeals (Zachary)
- NC Superior Court Judge District 3B
- NC District Court Judge District 03B (Alexander)
- NC District Court Judge District 03B (Mack)
- NC District Court Judge District 03B (McFadyen)
- NC District Court Judge District 03B (Mills)
- NC District Court Judge District 03B (Quinn)
- NC District Court Judge District 03B (Rowe)
- Soil and water Conservation District Supervisor
- Town of Grantsboro Mixed Beverage Election

Polls will be open from 6:30 a.m. to 7:30 p.m. on the day of the election, Tuesday, November 8. One-stop early voting will be held at the PAMLICO COUNTY Board of Elections office. One-stop early voting will be open from Thursday, October 20 until 1:00 p.m. on Saturday, November 5 during the following hours:

- OCTOBER 20th- 21st 8am – 6pm
 - SATURDAY, OCTOBER 22nd 8am – 1pm
 - OCTOBER 24th – 28th 8am – 6pm
 - SATURDAY, OCTOBER 29th 8am – 1pm
 - OCTOBER 31st –NOVEMBER 2nd 8am –6pm
 - NOVEMBER 3rd – 4th 8am –8pm
 - SATURDAY, NOVEMBER 5th 8am – 1pm
- Canvass will be held in the Pamlico Board of Elections office at 11:00 a.m. on Friday, November 18.

Absentee voting by mail is available. Requests for an absentee ballot must be made on an absentee request form (available on the State Board of Elections website, at the county board of elections office and where one-stop early voting is offered), and must be received in the Pamlico Board of Elections office or any one-stop early voting site by 5:00 p.m. on Tuesday, November 1. Absentee voting requires the voter to complete an application on the return envelope that must be witnessed by two qualified persons or a notary public. Completed absentee ballots must be returned to the Pamlico Board of Elections by 5:00 p.m. on Election Day (ballots received by mail after this time will be considered timely if they are received within three business days and postmarked on or before Election Day). Voters may receive assistance voting a mail-in absentee ballot from a qualified person of their choice. If the voter lives a facility such as a nursing home, and the voter's near relative or legal guardian is not available, the voter or the facility may arrange to have the county board of elections schedule a visit by a Multipartisan Assistance Team to provide assistance and serve as witnesses.

All persons who are registered to vote with the Pamlico Board of Elections may vote in this election. Persons who are not already registered to vote in the county must register by Friday, October 14 to be eligible to vote in this election. Voters who are not registered in the county by that deadline may register and vote during one stop early voting only, and will be required to provide documentation of their identity and residence. Voters who wish to change party affiliation or who have changed name or address must do so by the registration deadline. Voters who fail to timely make a change in name or address in the county must update the information when presenting to vote, and may be required to vote a provisional ballot.

Voters voting in person are entitled to assistance by an election official, or, if assistance is needed due to disability or illiteracy, by a qualified person of their choice. Voting sites are accessible to all voters. Curbside voting is available for voters who are not able to enter voting sites.

Persons with questions about registration, polling places, early voting, absentee ballots, a Multipartisan Assistance Team visit to a facility, or other election matters may call the Pamlico County Board of Elections Office at 252-745-4821.

Jennifer G. Roe, Chairman
Pamlico County Board of Elections

**NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE
PAMLICO COUNTY SUPERIOR COURT
DIVISION
NOTICE TO CREDITORS AND DEBTORS
OF LUTHER C. WIGGINS, JR**

Having qualified as Co-Executors of the Estate of Luther C. Wiggins, Jr., late of Arapahoe, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at either 192 Seafarer Road, Arapahoe, NC 28510, or 2653 Thomas Langston Road, Winterville, NC 28590 on or before the 28th day of December, 2016, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 21st day of September, 2016

Thomas A. Wiggins
2653 Thomaslangston Road
Winterville, NC 28590

David William Thompson
192 Seafarer Road
Arapahoe, NC 28510

Publish: September 21, 28, October 5 and 12th, 2016

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Bayboro, NC 28515

Reports

Incidents

- Sept. 12, NC hwy 55, Grantsboro, obtaining property by false pretense, uttering a forged document
- Sept. 12, NC Hwy 55, Grantsboro, Walmart, larceny – shoplifting (2)
- Sept. 12, Hobucken School Rd., Hobucken, criminal damage to property (vandalism)
- Sept. 13, Blackbeard Dr., Oriental, larceny/contractor dispute
- Sept. 14, NC Hwy 55, Grantsboro, Piggly Wiggly, fraud – wire/computer/other electronic manipulation
- Sept. 14, NC hwy 55, Alliance, driving while license revoked, possession of an open container in passenger area
- Sept. 15, Neuse Rd., New Bern, fraud – wire/computer/other electronic manipulation, disseminating obscene material to a minor under 16

Property Transfers (Sept. 12 – Sept. 16)

- Sept. 12, Metes & Bounds; Oriental Quitclaim Deed, from Elizabeth M. Spruill to Charles Warren Spruill, Jr., \$0
- Sept. 12, Oriental Village Commons Unit: 1A, CB 1/148, from Sydney C. Baxter/TR, Mary B. Baxter/TR, Mary B. Baxter Trust, Mary B. Baxter to Carman S. Avery, \$350
- Sept. 12, Bairds Shores Lot: 2, Section 1; MB 11/18, from Andante, LLC to Christopher Scot and Tammy Scot, \$0
- Sept. 12, 1/2 AC, from Christopher Scot and Tammy Scot to Andante, LLC, \$0

Inspections

- Sept. 12, Robbie Sadler, Bayboro, electrical, \$256
- Sept. 14, Alliance Manor, Alliance, mechanical/change out, \$40; Jerry Kilborn, Arapahoe, bulkhead, \$92; Mary Duffie, Oriental, plumbing/shower, \$40
- Sept. 15, Willie Midgette, Lowland, elevation, \$560.20
- Sept. 16, Pamlico County Jail, Bayboro, fire, \$0; Grace Mason, New Bern, deck, \$64; Lamar Traffanstedt, Grantsboro, doublewide, \$175; James Kellenberger, Oriental, deck; Danny Mills, New Bern, shed, \$74.56

Holton Family Farm Fun, LLC
- SAVE THE DATE -

Come join us for the opening day of the 2016 season at **Holton's Family Farm Fun**, Saturday, October 1 from 1 p.m. to 9:15 pm. Located at 1018 Olympia Rd.

Hayrides at 6,7 & 8:00 p.m. with a reservation. Enjoy the newly designed corn maze a soybean maze for our young guests, the trike track, corn hole, and the famous corn boxes. Come in the evening & add a hayride to your fun. We'll be here Friday evenings & Saturday until Thanksgiving.

Remember, Save the date.
October 1st from 1:00 until 9:15.
Call 633-0061. See y'all at the farm.



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National Highway Traffic Safety Administration

Teacher

Continued from page 1

tests. So, she created a creative outlet for that stress.

Each year during exam time, students in her class turn a popular song into a parody dealing with exams.

For example, one year her students chose the pop song by Taylor Swift, "Shake It Off," and re-wrote it to express how they were in fact going to "shake off" the jitters of the test. The students not only penned the words to the song but they also created a video that's made its rounds on YouTube.

"Throughout the year, I work with students on how to approach people, how to be polite, how to ask questions, public speaking, building their confidence, etc.," she said. "The end of the year video has been a culmination of all of those

things—it's kind of their final exam on social skills. The staff is always very supportive and willing to look a little silly for the good of the kids too."

Harwick, who just received the honor of being Pamlico County's Teacher of the Year and will go up against other educators for further distinction, didn't come into the field of education because of a great teacher she had. In fact, quite the opposite occurred.

"Throughout the years, just like everyone, I had good teachers and bad teachers," she said. "The bad teachers are what actually made me want to be a teacher. School was my safe place and some of those teachers took that safe place away. I knew I could do better."
And Harwick has.

Teacher

Continued from page 1

law applies to all levels of the supply chain from the manufacturer to the distributor to the retailer.

The price gouging law is currently in effect due to a market disruption for gasoline declared late Friday.

How does the law define price gouging?
North Carolina law (Chapter 75-38) defines price gouging as charging "a price that is unreasonably excessive under the circumstances." There is no set price or percentage increase defined in the law so the law can apply to different products and services in times of crisis. In this case, the law has in effect specifically to prevent gas price gouging. If a gas price looks excessive, report it and we will look into it.

How can I report price gouging?
You can report price gouging three ways:
File a complaint online at ncdoj.gov.
Mail us a complaint to: Consumer Protection

Division: Attorney General's Office, Mail Service Center 9001, Raleigh, NC 27699-9001
Call 1-877-5-NO-SCAM (toll-free within North Carolina) or 919-716-6000.

What should I report?
It's helpful if you can provide receipts if you purchased gas, or photos of gas station price signs you spot.

What happens to price gougers?
Price gougers can face fines of up to \$5,000 for each violation under North Carolina law. According to our state Constitution, all fines go to support the public schools. We also try to win refunds for consumers whenever possible. In 2008, North Carolina faced a similar gas crisis when Gulf Coast refineries shut down. With the price gouging law in effect, Cooper took action and won \$71,000 in consumer refunds, energy assistance and fines from 14 gas stations.

Kitchen Chatter

by Nancy Winfrey



Lots of Quick, Easy and Tasty Dishes

CHEESEBURGER CASSEROLE

- 1-1/2 pounds ground beef
- 1 green pepper, chopped
- 1 large onion, chopped
- 1 can (15-oz.) tomato sauce
- 1/4 teaspoon salt
- 1/2 pound Cheddar Cheese, grated
- 1 can dinner flake rolls

Brown the ground beef in a large skillet. Add the green peppers and onions to the hamburger and cook and stir until tender - drain off excess fat. Add the tomato sauce and salt. Simmer for about 20 minutes. Place a layer of meat mixture in a casserole, layer with cheese and then top with remainder of meat mixture. Top with biscuits. Bake in 375 degree oven for 20 minutes or until biscuits are done and golden brown. Serves 8.

CHICKEN WORCESTERSHIRE

- 1 fryer, cut up
- 3 tablespoons cider vinegar
- 3 tablespoons Worcestershire cause
- 1 stick butter, melted

Place chicken in baking dish and pour vinegar, Worcestershire and melted butter over the top of the chicken. Bake-covered-in 350 degree oven until tender. Remove foil and bake about 15 minutes longer.

CHICKEN & DRIED BEEF BAKE

- 6 chicken breast halves, skinned and boned
- 3/4 pound dried chipped beef
- 6 strips bacon
- 1 can (10-1/2-oz.) cream of mushroom soup

In bottom of a shallow baking dish, arrange the dried beef. Wrap a strip bacon around each chicken breast and arrange over the beef. Spread undiluted mushroom soup over each piece of chicken, cover with aluminum foil and bake in 300 degree oven for about 1-1/2 hours. Increase the heat to 350 degrees, remove foil and bake for another 15 minutes, basting several times.

BAKED CHICKEN SALAD

- 1 package slivered-blanch almonds (optional)
- 2 cups diced and cooked chicken
- 2 cups finely diced celery

- Add to:
- 2 cans cream of chicken soup, undiluted
 - 3/4 cup mayonnaise
 - 2 tablespoons lemon juice
 - 3 hard-cooked eggs, chopped
 - 1 teaspoon salt
 - 1/2 teaspoon pepper
 - 1 small onion, finely chopped

Combine all ingredients and blend well. Place in a generously buttered 9x13-2-inch baking dish and cover with crushed potato chips. Bake in 350 degree oven for about 45 minutes.

GREAT CRAB CAKES

- 1 egg, slightly beaten
- 2 tablespoons all-purpose flour
- 2 tablespoons butter
- Juice of 1/2 lemon
- 2 tablespoons mayonnaise
- 1 teaspoon mustard
- Salt to taste
- 1/8 teaspoon pepper
- Dash of Worcestershire sauce
- 1 pound crab meat
- Cracker meal

Combine all ingredients-except the egg, salt and pepper-and blend lightly with a fork. Beat the egg, salt and pepper together slightly. Shape crab mixture into cakes and roll each cake generously in cracker meal, dip in egg and roll again in the cracker meal. Place in refrigerator for a couple of hours before cooking. Fry in hot vegetable oil until golden brown on each side.



FRESH FISH CREOLE

- 4 tablespoons margarine
- 1/2 cup finely chopped onions
- 1/2 cup celery, finely chopped
- 1/2 cup green pepper, well chopped
- 1 large can mushrooms, well drained
- 1 can (1-lb.) tomatoes, mashed and drained
- 2 tablespoons lemon or lime juice
- 1 bay leaf
- 1/2 teaspoon Tabasco sauce (or to taste)
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 garlic cloves, minced
- Fish Fillets

Combine the butter or margarine in a large skillet. Add the onions, green peppers and mushrooms, along with the minced garlic and sauté until tender. Add the tomatoes, lemon or lime juice and bay leaf, salt, pepper and Tabasco. Cover and simmer 20 minutes. Add fish fillets to mixture, cover and simmer for about 15 or 20 minutes or until fish flakes easily. Serve over hot fluffy rice.

HOT & SPICY CHICKEN NUGGETS

- 1 cup mayonnaise or salad dressing
- 3 tablespoons milk
- 1/2 teaspoon ground cumin
- 1/2 teaspoon onion powder
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon garlic powder
- 1 pound chicken breasts, skinned, boned, cut into 1-inch pieces
- 3/4 cup crushed sesame crackers

Pre-heat oven to 425 degree oven. Combine 1/2 cup of the mayonnaise or salad dressing, milk and seasonings and blend well. Lightly dip the chicken pieces into the mixture and coat well with crumbs. Place on well greased baking sheet and bake for about 18 to 20 minutes. Serve and pass your favorite dipping sauce.

BUFFALO WINGS

- 24 chicken wings/drumettes
- 1/4 cup Tabasco sauce
- 2 packages Hidden Valley Ranch Milk Recipe Original Ranch Salad Dressing Mix
- 1/2 teaspoon paprika
- 1/2 cup melted butter
- 3 tablespoons cider vinegar

Preheat oven to 350 degrees. Dip chicken in mixture of the melted butter, Tabasco sauce and vinegar. Place chicken drumettes in baking pan and then sprinkle with 1 package dry Hidden Valley Ranch Mix. Bake 25 to 30 minutes or until browned. Sprinkle with paprika. Prepare remaining Hidden Valley Ranch Dressing Mix and use as a dipping sauce.

MACARONI & MUSHROOM BAKE

- 8 ounces elbow macaroni, cooked
- 2 cups (8-oz.) shredded Cheddar cheese
- 1 can (10-3/4-oz.) can cream of mushroom soup, undiluted
- 1 cup mayonnaise
- 2 can (4-oz.) sliced mushrooms, drained
- 1/4 cup chopped green bell pepper
- 1/4 cup chopped onions
- 1 cup Ritz cracker crumbs
- Olive oil

Combine the macaroni, Cheddar cheese, soup, mayonnaise, mushrooms, green pepper and chopped onions and blend well. Place mixture into a generously buttered baking dish. Combine the crushed cracker crumbs in a bit of olive oil, toss to coat, and sprinkle evenly over the casserole. Cover with foil and bake in 350 degree oven for 20 minutes - uncover and bake 10 minutes longer. Serves 5.

SHRIMP MANICOTTI

- 2 pounds shrimp, peeled, cleaned and chopped
- 1 onion
- 1 green bell pepper
- 5 green onions
- 1 rib of celery
- 2 garlic cloves, chopped
- 1/3 cup butter or margarine
- 1 cup Italian-seasoned breadcrumbs
- 2 large eggs, slightly beaten
- 1 package (8-oz.) mozzarella cheese, grated
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 14 manicotti shells, cooked
- Tomato Sauce (recipe follows)

Combine the onions, green peppers, onions, celery and garlic with the shrimp. Place mixture in skillet with the butter or margarine and sauté for 3 minutes - drain. Stir the breadcrumbs, eggs, cheese, salt and pepper into the shrimp mixture and blend well. Stuff mixture into the shells and place into a 9x13x2-inch baking dish. Pour sauce over shells. Bake-covered-in 350 degree oven for 1 hour. Serves 7 or 8.

Tomato Sauce:

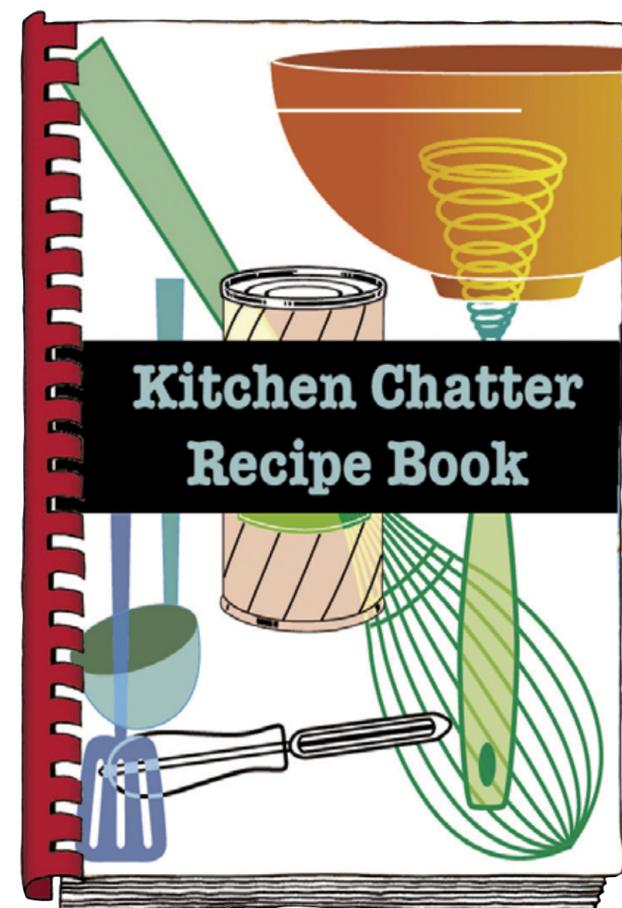
- 1/4 cup butter or margarine
- 1 medium onion, chopped
- 2 ribs celery, finely chopped
- 1/2 green pepper, finely chopped
- 3 cloves garlic, minced
- 1 can (6-oz.) tomato paste
- 2 cups water
- 1/2 teaspoon salt

Melt the butter or margarine in a large skillet. Add the vegetables and sauté about 3 minutes. Stir in tomato paste and sauté until mixture browns - about 3 minutes. Stir in water and salt, reduce heat and simmer-stirring occasionally-for 10 minutes. Makes 3 cups.

CHICKEN WITH ANGEL HAIR PASTA

- 4 chicken breast halves, skinned and boned
- 1 package (16-oz.) angel hair pasta, cooked
- 1-1/2 pounds fresh broccoli
- 1 red bell pepper
- 1 yellow bell pepper
- 12 green onions
- 2 cloves garlic
- 1 tablespoon dark sesame oil (or olive oil)
- 1/4 cup chili garlic sauce, divided
- 1/4 cup soy sauce
- 1/2 tablespoon minced fresh ginger

Cut broccoli into flowerets, cut bell peppers into 1/2-inch strips, mince the garlic and slice the green onions. Combine the oil and 2 tablespoons of the chili garlic sauce in a skillet and add the chicken and cook for 4 minutes on each side or until done. Remove chicken from pan and cut into strips. Add the vegetables, garlic, remaining chili garlic sauce, soy sauce and minced ginger to the skillet. Cook and stir until vegetables are crisp-tender. Add chicken strips and heat through. Serve over angel hair pasta. Serves 4.



The Pamlico News is pleased to offer Mrs. Nancy Winfrey's Treasured Kitchen Chatter Recipe Book

Nancy started writing her cookbook long before she started her food column in The Pamlico News and that means her cookbook has some recipes that have been in the newspaper and many that she reserved especially for her cookbook.

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This 150-page classic is now available. Order your copy by calling 252-249-1555 or mailing the order form to The Pamlico News, PO Box 510, Oriental, NC 28571 with your payment. For \$15.00 you can pick your copy up at The Pamlico News office or include \$5.00 for shipping and handling.



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If the Neuse River is 18,714 feet across between Windmill Point in Oriental and Winthrop Point at Adams Creek, how many miles wide is it? Well, it's both 3.1 "nautical" miles and 3.6 "statute" miles. A nautical mile is 6,076.1 feet and a statute mile is 5,280 feet. A nautical mile is roughly 15% greater in length than a statute mile. For an approximate conversion, you can multiply statute miles by .87 to convert to nautical miles. Multiply nautical miles by 1.15 to convert to statute miles.

Generally, statute miles are used on land and fresh water. Nautical charts of saltwater bodies express distances in nautical miles, with some exceptions in inland coastal areas. One such exception is the Intracoastal Waterway. On ICW charts, there is a magenta colored line, which marks the ICW route. The line is labeled with "St M" every five statute miles along its route. In Gale Creek, south of Hobucken, you can see the designation "St M 160" and in the Neuse River the designation "St M 180" offshore of Oriental. Not all charts show the ICW route. Those that do are labeled with the term "Intracoastal Waterway" in the title block.

When calculating your speed, be sure to know whether it is based on nautical or statute miles. Speed in nautical miles is expressed in "knots." A knot is one "nautical mile per hour." By the way, there is no such thing as "knots per hour", since that would actually be "nautical miles per hour per hour." Speed in statute miles is expressed in "miles per hour." Based on the approximate conversion factors, 10 knots is equal to 11.5 miles per hour, and 10 miles per hour is equal to 8.7 knots.

The 15% difference can be significant when calculating things like your estimated time of

arrival and fuel consumption, just to name a few. 15% may not seem like much until an erroneous calculation causes you to run out of fuel, miss the last bridge opening of the day, or watch the sun go down before you reach your destination. As in all areas of good seamanship, any lack of accuracy can cause you some sort of trouble.

The length of a nautical mile has been disputed over the years. Through the course of history, based on differences in the "assumed" size and shape of the earth, the nautical mile was measured in different lengths around the world.

The dispute over the length of the nautical mile is understandable. There are a total of 360 degrees and 60 nautical miles per degree. Each time the circumference of the earth was calculated differently, the length of the nautical mile was redefined. The earth is approximately an oblate spheroid. It is not a perfect sphere and has a greater circumference at the equator than it does at most other places. Depending on what region of the world was being studied, the circumference measurement varied.

In 1954, the U.S. Departments of Commerce and Defense adopted 6,076.1 feet as the length of the nautical mile. Most maritime nations have agreed and adopted the same length. That leaves the rest of us with one less thing to worry about.

Until next time, we wish you clear skies, fair winds and calm seas!

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Maready Named Marine Officer of the Year

MOREHEAD CITY – Officer Gene Maready received the 2016 Marine Fisheries Enforcement Officer of the Year award from the Governor's Conservation Achievement Awards Program Saturday. The Governor's Conservation Achievement Awards, presented by the North Carolina Wildlife Federation, honor individuals, associations, businesses and others who have exhibited unwavering commitment to conservation in the state.

Maready, a member of the Marine Patrol for 10 years who patrols the Alligator River and Albemarle Sound area, is flattered that his fellow officers elected him for this distinction.

"I'm just honored to even be put in for it," Maready said.

Maready is known for the many cases he has solved involving the illegal use and/or abandonment of commercial fishing gear, violations of size and creel limits, recreational and commercial license violations, the illegal sale of seafood and larceny of gear. Sometimes, solving these cases involved undercover operations.

Maready also serves as a field training officer for new hires and he participates in the newly formed Marine Patrol Education Team, visiting civic groups, schools and expos to promote the mission of the Marine Patrol and to educate the public on fisheries resources, rules, regulations and laws.

In a particularly notable case earlier this year, Maready saved a fisherman from possible hypothermia. After receiving a call about a commercial fisherman who was overdue on a cold winter day, Maready went to the area where he thought this fisherman would most likely have been fishing. He found the fisherman's sunken boat, and then shortly afterward, found the fisherman in a nearby marsh. Maready took the wet and cold



Marine Patrol Officer Gene Maready and his wife, Christy, son, Gabriel and daughter, Zoe, pose for a photo. Maready received the 2016 Marine Fisheries Enforcement Officer of the Year award from the Governor's Conservation Achievement Awards Program Saturday.

fisherman to dry land to meet his family. It was late in the afternoon when the fisherman was found and temperatures were expected to be near freezing that night.

Maready grew up in the Beulaville area graduated from East Duplin High School in 1988.

After high school, he joined the U.S. Air Force and served in Operation Desert Storm. While in the Air Force, he was a part of the security police unit.

When he left the military, Maready enrolled at Wayne Community College to study Fish and Wildlife Management; however, the program was cancelled before he could finish his degree. He then entered into the Basic Law Enforcement Training program there, and graduated in 1993. That same year, he was hired by the Duplin County Sheriff's Department. In his 13 years with the sheriff's office, he moved up the ranks to sergeant, worked as a detective in the Investigations Division, and then was lieutenant over the Patrol Division.

Becoming a Marine Patrol officer allowed Maready to combine his law enforcement experience with his original goal of working in fish and wildlife management.

Maready lives in Columbia with his wife, Christy; daughter, Zoe, 12; and son Gabriel, 17.

Barn Party Will Support Wetland Restoration

OCEAN - The North Carolina Coastal Federation is hosting a Barn Party as part of a cycling event on Sept. 24., 2016, which supports the federation's wetland restoration work in Carteret County.

The Barn Party begins at 3 p.m. and features many family-friendly attractions. The event will take place at the federation's 6,000-acre wetland restoration site at North River Wetlands Preserve in Otway, North Carolina. Over 20 miles of dirt roads surround the centrally located barn, providing views of restored wetlands, forests, farm fields and wildlife.

Attractions include a clam bake, live music, live animal displays, yard games, kite making, massages and hayrides.

Several community partners are leading events at the Barn Party. Second Wind Eco Tours & Yoga will be available for stretches and massages, the Outer Banks Wildlife Shelter, the Trinity Center and the NC Aquarium will display live animals and Kitty Hawk Kites will lead kite-making sessions.

"The Barn Party will be a day of fun for the whole family. Whether you like to bike, run, walk or just hang out and enjoy fresh, local clams, this will be the perfect day for it," said Catherine Snead, director of business engagement for the federation.

Registration is online at nccoast.org/ride, and tickets include a barn party ticket or a combined ticket for the barn party and other events. Tickets include member and nonmember pricing, starting

at \$20 for federation members and \$25 for non-members for the Barn Party.

The Barn Party is part of the bigger event, the Ride for North River & Barn Party, which features a cycling race, 5K run and 1-mile fun run. Those who choose to just register for the Barn Party are welcome to come earlier than 3 p.m. and watch the racers come through the finish line as they enjoy lemonade or beer.

The 7-mile cycling event begins at noon, and all levels of riders are invited to join. There will also be a 5K run and a 1-mile fun run at 2:30 p.m. Prizes will be given to top male and female finishers in the ride, 5K run and the top individual fundraiser for the event.

The goal of the North River Wetlands Preserve is to improve the water quality of degraded downstream estuaries and reopen these waters for shell-fishing. Many of the restored wetlands currently filter agricultural runoff from nearby farms, therefore improving the water quality downstream.

"It's such a beautiful site, and a barn party is the perfect way to get out and enjoy it," said Sarah King, development director for the federation.

This event falls during National Estuaries Week, a nationwide campaign to raise awareness how estuary conservation efforts support our quality of life and economic well-being. Check out the federation's other events that celebrate National Estuaries Week at nccoast.org/events.

Learn more about how to register for the Barn Party at nccoast.org/ride, or call Catherine Snead at 252-393-8185 with questions.

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*Price must be included in ad. *The Pamlico News is not responsible for errors, email preferred

Antique small cane chair dark in color and once used in tobacco barn as a chair. Asking \$75.00 252-249-2603, ask for Betsy.

Used Pur Water filter system for standard kitchen faucet. Faucet adapter missing. Instructions included. New in box 4 pk. 3 stage filters. All for \$40. Call 252-745-0354

Cherry Dining Table - 48" inches round with two leaves. Queen Ann legs. \$270. 252-249-1090.

Mahogany Low Boy Dresser and Mirror - three-drawer dresser and mirror with casters. \$275. 252-249-1090.

Volvo Station Wagon Cover - Gray, never used with bag. \$45. 252-249-1090.

81/2 HP Briggs & Stratton engine. \$50. Call 675-0354.

Radio Shack 40 Channel CB Base Station. \$50. Call 675-0354.

Radio Shack 40 Channel mobile CB radio. \$25. Call 675-0354.

New bicycle helmet - Airius, L/XL, \$10. Call 675-3128.

New Camera - Wanscam IP wireless/wired camera for network monitoring. \$25. Cal 675-3128.

Aquarelle Watercolor paper, 22 x 30, eight pieces, \$15. Call 675-3128.

Round oak dining table and four chairs, \$50. Call 675-3128.

Dark Cherry Mirror - Thomasville, traditional style. \$70. 252-249-1090

Baby Items - Stroller (\$35), wooden port-a-crib (\$35), changing table (\$75), car seat (\$10), and toys. 252-249-1090

Kitchen Countertop - three pieces with back splash, white Formica, 25"x70", 25"x34.5", 25"x25" \$55. 252-249-1090

Craftsman 12" wood planer, belt driven type, no motor, \$100. 252-675-2759 or 252-745-5791.

Old style V.W. trailer hitch. \$10. 252-675-2759 or 252-745-5791.

Volvo lower end unit, in-out drive. \$100. 252-675-2759 or 252-745-5791.

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Solid oak table, 42" square plus 18" leaf. Good condition. \$50 080. 249-0626.

Belly mower for Cub tractor, complete. Good condition. \$300 080. 249-0626.

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DRYER GE Profile - 4-1/2 Years Old, Like New, Metallic Silver Color. Sensor Dry, Sanitizing Feature, many very nice steam features. Would be a nice upgrade to your laundry chores. Call 252-497-6925 (Will Deliver within Pamlico County). New \$900.00/Asking \$450 or 8/0.

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6' fiberglass ladder - \$50; GE Circuit breaker enclosure 200 amp breaker, brand new - \$100; Westinghouse 200 amp enclosure with 11 breakers and 200 amp main - \$200. Call Scott at 610-742-4744 (Oriental location).

Old Town Canoe, 147", new, \$700, selling for \$350. Crusair Carry On air conditioner for boat. \$1,000 new, selling for \$400. Thermador gas stove/electric oven, new \$2,400, selling for \$400. Tongue in groove oak flooring 5" face, 3/4" thick, \$3 per square foot. Call 249-1715.

2 twin rollaway beds including new matching sheet sets. Excellent condition. \$25.00 each. 434-797-4215. CST/berger transit level with tripod, adjustable height. \$200 080, Chris 252-249-3340.

Secretary desk, original, 1930s style, one piece, 6' tall, 31" wide, 18" deep, very good shape (mahogany?). \$275. Call 249-6579, leave message.

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Anchorage along the Intracoastal Waterway by Skipper Bob, 9th Ed. Retail \$16, asking \$8. Janet at 386-559-4554.

Intracoastal Waterway Chartbook, Norfolk, VA to Miami, FL, 4th Ed. Cover price \$59.95, asking \$30. Janet at 386-559-4554.

GMCO's Waterproof Chart Book of North Carolina from Back Bay, VA to Little River, South Carolina. Cover \$34.95, asking \$18. Janet at 386-559-4554.

Dinnerware set, non-skid, compass rose design, 16 pieces, asking \$30. Janet at 386-559-4554.

Tools for sale: 6 inch Craftsman Bench Grinder-\$50 Porter Cable Profile Sander \$65 Back & Decker Finishing Sander \$10 Craftsman 7 1/4 inch Circular Saw \$25 Please call 252-249-9838

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Please leave all animals in the vehicles regardless of carrier or restraints.

Thank you,

Pamlico County Environmental Health Department/Animal Control

Pamlico County Clean Sweep Set for Oct. 8

Pamlico County Clean Sweep will be held Saturday, October 8 from 10am-2pm at any area of the county that you would like to collect litter.

*We all do our part;
That is how we start;
Each sweeps up one little spot;
All together small acts are an awful lot!*

We are excited to invite everyone to join Pamlico County Cooperative Extension & 4-H as we help "Sweep Clean" our county of unsightly and dangerous litter. It's easy to participate! Stop into the Pamlico County Cooperative Extension Office to collect gloves, trash bags, and safety vests (Supplies are limited so come in early!), then head out to your favorite spot in Pamlico

County. Collect as much litter from your community (public spaces, roadways, beaches, etc.) as you can. A dumpster will be placed at the recycling center next to Gary's Restaurant in Arapahoe, NC for folks to dispose of their collected litter. We will have collection report cards available for participants so we can record and report all our great efforts to protect and beautify our communities.

If you would like to participate, please contact the Pamlico County Cooperative Extension office at 252-745-4121 or Daniel Simpson (County Extension Director) at daniel_simpson@ncsu.edu.

The 2014 Pamlico Big Sweep results were 50 bags of litter collected, 7 miles cleaned and 105 volunteers took part.

Ready, Steady, Balance: Prevent Falls in 2016

• National Falls Prevention Awareness Day - September 22

National Falls Prevention Awareness Day is observed the first day of fall to promote and increase public awareness about how to prevent and reduce falls among older adults. Recommendations for preventing falls include encouraging older adults to exercise regularly, have their medications reviewed, get their vision checked, reduce hazards in their homes that

can lead to falls and have their balance tested. Balancing, exercise demonstrations, walker and cane fitting adjustments will be helped with and demonstrated. Violet Ollison, trained in a Matter of Balance, will speak. Shelly Burgess and Angelia Martell (physical therapist) from Grantsbrook will be showing how to adjust legs on a walker, canes and other durable equipment. They will also help with balancing. This will be held at Pamlico Senior Services on September 22 at 10am. For more information call 745-7196.

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(Right) Ms. Ashley Cephas is the CIS representative at Fred Anderson this year and we look forward to a great school year with her. If you would like to contact her, call the school at 745-4611.



Getting to Know Each Other

Open House at FAA was very successful this year. We had a great turn out and welcomed new students to FAA as well as returning students and parents. Students got to meet their teachers and catch up with friends.



A Helping Hand for Brylei

We SHINE together and support each other at FAA. Brylei, a 5th grader at Anderson underwent heart surgery at the beginning of the school year. Her classmates, friends, and community have shown such great support for her as she heals and gets back to school. On Friday, Sept. 2nd, the students at FAA rocked their #BraidsForBrylei to show their support.



All About Science

5th graders at FAA get to experience science this year in a whole new way. Mrs. Sheri Hale, 5th grade science teacher, is focused on STEM and hands-on learning. Here, students were working to see if they created a mixture or a solution.



Welcome Back!

Fred Anderson and Pamlico County Schools celebrated the beginning of another wonderful school year together at the A.H. Hattell auditorium with music, a photo booth, and time to catch up with friends from across the district.

(Below, right) Roger Stewart, PE and health teacher at Anderson, was recognized for his 25 years of service to Pamlico County Schools. Also, (below, left) Ms. Elizabeth Harwick, 4th grade teacher, was nominated and congratulated on becoming Pamlico County Schools' Teacher of the Year for the district. Congratulations to these all-star staff members and welcome back!



Off to a Great Start!

The first day of school was full of fun and lots of learning. The hallways were full of excitement and so were the classrooms. We look forward to a wonderful year at Fred Anderson.



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Celebrate Early Fall with a Visit to the North Carolina Museum of History

October Programs at NC Museum of History

October's changing leaves, pumpkin patches, and cooler days bring a renewed sense of energy after summer's sweltering heat. Take advantage of that vigor and come to the **N.C. Museum of History** in Raleigh, where October programs offer something for all ages.

The month begins with author and political historian Garland S. Tucker III of Raleigh. He will highlight his book *Conservative Heroes: Fourteen Leaders Who Shaped America, From Jefferson to Reagan*.

Treat yourself to a free night out for First Fridays at the Museum: Best of Longleaf, 2015-2016. Watch a variety of short films selected from the museum's Longleaf Film Festival, held each May.

Speaking of treats, October winds up with the always popular Halloween Safe Night at the Museum. Follow the trick-or-treat trail through the exhibit *The Story of North Carolina*. What will surprise you along the way?

Check out these programs and more at the Museum of History. Programs are **free** unless otherwise noted. Parking is free on weekends.

Programs



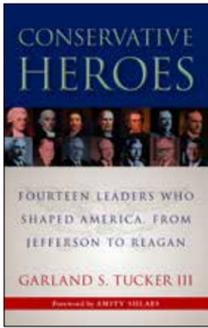
Book Signing: *Conservative Heroes: Fourteen Leaders Who Shaped America, From Jefferson to Reagan*

Sunday, Oct. 2, 2 p.m.
Garland S. Tucker III, Author and Political Historian

Tucker's book provides snapshots of several early statesmen — such as Nathaniel

At the N.C. Museum of History, Garland S. Tucker III will highlight his book *Conservative Heroes: Fourteen Leaders Who Shaped America, From Jefferson to Reagan*.

Bacon, James Madison and Thomas Jefferson — in addition to more modern names — including William F. Buckley, Calvin Coolidge and Ronald Reagan — who supported American conservatism: a philosophy rooted in the virtue of limited government. Copies of his book will be available for purchase after his talk.



Tour two photo exhibits, *Photographs by Hugh Morton* and *Selma to Montgomery*, and investigate the past through pictures.



History Hunters: Picture Perfect will focus on learning some basics of good photography. Image: N.C. Museum of History

History Hunters: Picture Perfect

Wednesday, Oct. 5, noon-2 p.m., Ages 10-13
\$5 plus tax per child; \$3 plus tax for Associates/museum members

To register, visit NCMOH-programs.com. For information, call 919-807-7988.

Bring your own digital camera or smartphone and discover some basics of good photography with Raleigh photographer Ray Pfeiffer, who will talk about using photos as historic records and help you take some pictures of your own. Afterward, see how you did in a show-and-tell review session.

First Fridays at the Museum: Best of Longleaf, 2015-2016

Friday, Oct. 7, 5-9 p.m., Most films fall within the PG-13 range.

To register and buy concession packages in advance, visit LongleafFilmFestival.com. For information, call 919-807-7965.

This free event includes a variety of shorts from the museum's Longleaf Film Festival. The films begin at 6:30 p.m. The museum's lobby-level exhibits and the Museum Shop will be open throughout the evening. Try samples from Clouds Brewing (while they last).

Music of the Carolinas: Joe Penland

Sunday, Oct. 9, 3 p.m., Free tickets for this concert are distributed while they last beginning at 2 p.m.

In 1916 a devastating flood hit the mountains of western North Carolina, providing inspiration for original ballads and traditional folk songs. Musician, singer and songwriter Penland grew up in rural Madison County in the Appalachian Mountains.

A small exhibit, *So Great the Devastation: The 1916 Flood*, will be available for viewing before and after the concert. The program is presented with PineCone and support from the Museum of History Associates and Williams Mullen.

History à la Carte: Above the Fold: History in the Making

Wednesday, Oct. 12, noon-1 p.m.

Register at NCMOH-programs.com and purchase a boxed lunch—or just bring your own. Beverages provided. For information, call 919-807-7986.

Teresa Leonard, Director, News Research, Raleigh News & Observer

Newspapers are a daily record of history in the making. Leonard, who writes the N&O's *Past Times* blog and a column in the paper, will provide a glimpse into how reporting has changed over time and reveal some fascinating stories she's found through the years.

After Hours: Protesting for Our Rights

Thursday, Oct. 13, 5:30-8 p.m., Recommended for adults only.

To register, visit NCMOH-programs.com. For information, call 919-807-7985.

Civil disobedience and peaceful, passionate protests are often part of the fights for civil rights. Leaders from North Carolina's African American, American Indian, Latino and LGBTQ communities will talk about four landmark protests that have helped us all.

Then, an after-hours tour of the *Selma to Montgomery* exhibit will provide additional inspiration to help you design and paint your own protest sign. *Drinks and snacks will be available*. The program is co-sponsored with the N.C. African American Heritage Commission.



History of the Harvest: Farm Fresh

Saturday, Oct. 15, 1-3 p.m.

Get a taste of life on the farm in days past while learning about North Carolina crops. Try your hand at chores, like churning butter. Plant a few seeds to take home, and go on a scavenger hunt in our garden. Then pick up some tasty recipes that use our state vegetable, the sweet potato.

Make It, Take It: Mini Greenhouses

Saturday, Oct. 15, 1-3 p.m. (drop-in program)

Take a walk through the fall crops in the museum garden, then make a miniature greenhouse and plant some seeds to take home. Monday, Oct. 31, 6-9 p.m., Ages 12 and under (with adult) Call 919-878-8069 for information.

St. Peter Baptist Church Ministries, Inc. Presents

Tent Revival RESTORATION

Thursday, Sept. 22nd - Saturday, Sept. 24th
7:30pm Nightly

Sister to Sister Saturday at 1pm
Youth Night, Saturday at 7:30pm
Sunday - September 25th - 11am Service

Location: Hwy 33 Aurora, NC