

Sandy's List

Free Ads for items \$500 or less...

Kitchen Chatter

by Nancy Winfrey



Sell your stuff or find what you are looking for FAST with a FOR SALE or ITEMS WANTED AD FREE in Sandy's List which appears each week in The Pamlico News and on The Pamlico News web page.

Sandy's List guidelines:
 Ads are guaranteed to run for one week, but may run until space is needed for new ads. When item sells, please email us so the item can be removed from Sandy's List. Deadline to place ad is Friday at 10am. Your ad will be published the following Wednesday. Single Items \$500 or less. Private individuals only - No businesses please.

To place your Sandy's List ad:
 Fax to: 252-249-0857 Email to: sandyslist@thepamliconews.com You can bring your copy to our office at: 800 Broad Street, Oriental Mail your copy to: PO Box 510, Oriental, NC 28571, Attn: Sandy's List

- Oxford Sailing Dinghy. LOA= 9' BEAM= 56". (built in Oxford Md.)\$499 Phone : 249-1667
- One set of curtains with sheers. Three valances 56 x 17 1/2, two curtain panels 39 x 65, two crinkled sheers 52 x 63. The curtains and valances are royal blue and the crinkled sheers are neutral, beige. \$30 for all. 252-745-5275
- Chain Link Fence for Sale. 4-10'x6' frames, 1 with walk in door. \$225 Cash. Call 252-249-1892
- 180"x4" Fence with Drive In gate, 8'x4", and Walk In gate, 33"x4". 30 Treated fence posts. \$325 Cash. Call 252-249-1892
- Gilson 3 cu ft concrete mixer - needs motor \$75 - call 252-571-0391
- Sears Craftsman Mower, 21". Self Propelled. Push Mower-like new. \$200, O.B.O. Call 252-745-8090
- Lawn Mower Engine. Predator, 6.5 HP still in crate. NEW. \$150, O.B.O. Call 252-745-8090
- Foul Weather jacket and pants, med/large very good condition \$50 Call 252-249-0203
- Basket Making tools with carrier plus patterns galore \$10 Call 252-249-0203
- Used Sunbeam Carousel Rotisserie and Used Sunbeam Shish Kebob attachment for this rotisserie. \$45 Good condition, very clean. Instruction booklet is included for both. Works good. Call 252 745-5275.
- Nova Zoom 20 Walker blue, 300 lb weight cap. New! Paid \$160, selling for \$90. Call 638-9151 or 670-3626
- Confederate Rose (Potted) \$15, Red Japanese Maple (Potted) \$35, fig bush (Potted) \$25, Walking Iris (Potted) \$10. Call 252-638-9151
- New 55 Gallon Rain Barrel \$65 Call 252-638-9151
- Wooden lettuce on plant herbs tray with handles-NEW \$30. Call 252-638-9151
- Generac 5000watt generator. Tecumseh engine with 5 gal. Gas tank,6260 surge watts, cradle with wheels and handle. Don't wait...Hurricane season soon, \$275. (252)943-4447
- FOR SALE: Riding Lawnmower \$175, Push Mower \$150, Cement Mixer \$175, and Iron Wood Splitter \$350. Call 252-249-0209
- Maytag Neptune gas dryer, set up for propane. Working perfectly when last used. Looks brand new. 745-5353
- Welder, Lincon stick welder model k1170, 225amp. Purchased new at Lowe's (\$330 with tax) in factory box, never set up or used. \$230 firm. 745-5353
- Brand New Neutral Ceramic Tile, some in boxes, some loose - 52 12x12 pieces and 168 6x6 pieces plus 26 decorative pieces. \$100.00 Leave message at 252-745-8023.
- Computer Items: Asus X54C Laptop, 4GB, Windows 7, \$125. Samsung B2030 20" Monitor, \$50. Epson Artison 835 Printer, Wi-Fi, Extra Ink, \$35. All in great condition. Make offer. 252-249-2945.
- RCA RTD325W Home Theater, boxed. DVD 1080, Dolby, HDMI, AM/FM \$50. Offer accepted. 252-249-2945
- Greenhouse hoops. 16'wide, heavy duty, enough for a 16x30 greenhouse, \$50, each...252-745-2011
- Nitto Dura Grapplers 245/75R17 75% Tread. Lugs and caps. \$350 (252)649-4749
- Coxreels fuel hose reel. Can be used for airhose or cords. Model# TSHF-550 \$40 (252)649-4749
- 35 Gallon Aluminum Fuel Tank. \$100 (252)649-4749
- Volvo Penta Gauges. NEW! Call for details. (252)649-4749
- Kenmore Fridge. Side by Side. Icemaker broken. \$25 (252)649-4749
- Tread mill. Welso Cadence fold up, hardly used. 252-249-1690
- Jenn-Air Stove/Range 30" wide x 28" deep-Good working condition. \$100 (252)670-7435
- Antique solid red oak pedestal table, just refinished professionally, like new, no chairs. Top may be separated for carrying in a car. Size is 48"x36" including the 12 inch extension leaf. \$150 OBO. Available in River Bend/New Bern, NC. 814-207-7954 or 814-617-0986
- Small Desk \$20 252-745-9027
- Dining Room Table-6 Chairs-protective cover-1 leaf. Plus table cloths. \$200 252-745-9027
- Large TV Cabinet with 2 side cabinets(w/glass doors). \$200 252-745-9027
- Electrolux Vacuum-serviced 1 year ago-w/ power nozzle. \$200 252-745-9027
- 2 tall stools \$20 252-745-9027
- 42" Huskee riding lawnmower good condition-serviced regularly, garage kept \$450.00 OBO callJean 252-514-3437
- You pull it it's yours; 74 Yanmar SB, W/Trans.; 1 CY; 8HP; 252-675-1902
- FUJI SILHOUETTE BIKE. Woman's Carbon Road Bike. 47cm. Shimano components. Many upgrades. Mirror, Bottle Cages. \$500. Firm. 252.249.0761
- CROSMAN AIR RIFLE. :177 pellets. CO2 powered. Extra clips included. \$50. 252.249.0761
- WOMAN'S BIKE. Fuji Supreme. 21 Speed. Cat-eye Computer. Axiom Rear Rack. Rear Light, Mirror, Bottle Cage. \$95. 252.249.0761
- Comforters/sets-Full size/All colors \$15.00 Located in New Bern. 638-9151 or 670-3626
- Whirlpool-Stove-glasstop-1 back burner doesn't work. \$90.00 Located in New Bern. 638-9151 or 670-3626
- Old Dolls-Vintage-some boxed \$5-\$20 Located in New Bern. 638-9151 or 670-3626
- Seeking small white dog. Maltese/Poodle mix. Prefer house broken. Call 745-9277
- OVAL Braided Rug, \$125, burgundy, 6'7" x 8'6". excellent condition, wool. 745-5275
- GUTTER GUARDS: 25 four foot reverse curve aluminum Gutter Genius (by Elko) covers for 5 inch standard gutters. Used, good condition with installation clips. \$150. Call (252) 249-7290 or (603) 496-4274.
- 50 caliber Black Powder Rifle for sale with Scope and loading supplies and some Ammo. Good condition. \$130 252-322-8381
- NIKON D70s SLR digital camera with lens,cards & carry case. \$300 252-249-1655
- STAMINA 1205 precision rower, like new. \$135 252-249-1655
- SPACEMATE folding stepper, like new. \$95 252-249-1655
- POSTURE PUMP disc hydrator, professional model. \$35 252-249-1655
- 36 Inch Round Oak Cocktail table \$60 252-249-2545
- Stanley Professional Air flooring hammer with 3000 nails. \$340 252-249-2545
- Invacare Bench for Shower or Tub. 400 lb. weight cap. Adjustable height \$75 252-571-6058
- TV stand, 31 1/2 wide x 19 1/2 deep 20 in tall. Pickled color. Like New. \$25.00 252-571-6058
- 10L x 10W x 6H a Stephens Pipe & STEEL Galvanized welded frame dog kennel with a lockable walk in gate (also welded pipe). East to assemble; easy to move; easy to add additional panels if desire to make larger. Call 252.249.0103 \$140 Like New Galvanized Welded frame
- "9" FOREST FIR CHRISTMAS TREE, UNLIT Smaller 7 ft. adaptable. \$100 252-249-6528"
- Legacy hunting bow in Case with arrows. Camo bag with 20 Decoys. \$100. 252-249 2029
- High end, large capacity, Frigidaire Affinity clothes dryer. Used very little. 4 yrs old. \$80 252-670-7836
- Electropedic adjustable bed: size - full/double; firm mattress; very good condition; includes some linens. Great for someone recovering from surgery, needs to elevate head and/or feet, or has difficulty getting in and out of bed. Smoke free home. \$300.00. Text: 252-617-5942
- Critter cage: 6ft (tall or long) x 2ft x2ft. Custom made. Not a bird cage. Good condition. \$125.00 Text: 252-617-5942
- Trail bike: 24" derailleur needs adjusting. Fair condition. \$30.00 Text: 252-617-5942
- Antique small cane chair dark in color and once used in tobacco barn as a chair. Asking \$75.00 252-249-2603, ask for Betsy.
- Cherry Dining Table - 48" inches round with two leaves. Queen Ann legs. \$270. 252-249-1090.
- Mahogany Low Boy Dresser and Mirror - three-drawer dresser and mirror with casters. \$275. 252-249-1090.
- Volvo Station Wagon Cover - Gray, never used with bag. \$45. 252-249-1090.
- 81/2 HP Briggs & Stratton engine. \$50. Call 675-0354.
- Radio Shack 40 Channel CB Base Station. \$50. Call 675-0354.
- Radio Shack 40 Channel mobile CB radio. \$25. Call 675-0354.
- New bicycle helmet - Airius, L/XL. \$10. Call 675-3128.
- New Camera - Wanscam IP wireless/wired camera for network monitoring, \$25. Cal 675-3128.
- Dark Cherry Mirror - Thomasville, traditional style. \$70. 252-249-1090
- Baby Items - Stroller (\$35), wooden port-a-crib (\$35), changing table (\$75), car seat (\$10), and toys. 252-249-1090
- Kitchen Countertop - three pieces with back splash, white Formica, 25"x70", 25"x34.5", 25"x25" \$55. 252-249-1090
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- Toshiba Satellite Laptop/with power cord, 6Gb ram HHd 350 webcam wifi, OS win 7 Home prem. Intel celeron Processor works great \$200.00 PH. 252-876-5469
- Gateway desktop with monitor, mouse ,keyboard, slimline amd processor. \$200.00 works great. 252-876-5468
- Prestige touch tablet with case and keyboard android lollipop processor. \$50.00 252-876-5469
- Heavy duty Monitor cord \$15.00, 252-876-5469
- 16 ft fiberglass extension ladder, \$60. Heavy duty aluminum ladder brackets, set of two, \$45. 252-675-0354.
- Electric Outboard/Trolling Motor Package: Newport Vessels 55 short-shaft Electric Outboard/Trolling Motor Package Incl: Motor, Duracell Ultra E5 battery, battery case, in-line fused 12 VDC cable. Used only once so like new. Garage stored. \$225. Call Chuck at 252-249-1409
- 86 U-Haul and Lowes moving boxes, good condition. 11 wardrobes with metal bars, 13 large, 62 medium/small/book size. Broken down, easy to pick up. \$75. Call 949-280-5325 (Oriental)
- Craftsman 22" Self Propelled mower, selling for \$100. Crusair Carry On air conditioner for boat, selling for \$300. Thermador gas stove/electric oven, selling for \$250. Oak flooring 5" face, 3/4" thick, \$3 per square foot. Call 249-1715.
- 2 twin rollaway beds including new matching sheet sets. Excellent condition. \$25.00 each. 434-797-4215.
- Cruising Guide to North Carolina by Claiborne S. Young, 5th Ed. Cover Price \$24.95, asking \$12.50. Janet at 386-559-4554.
- GMCO's Waterproof Chart Book of North Carolina from Back Bay, VA to Little River, South Carolina. Cover \$34.95, asking \$18. Janet at 386-559-4554.
- Dinnerware set, non-skid, compass rose design, 16 pieces, asking \$30. Janet at 386-559-4554.
- OTR GE Microwave, 2011, SS, with bracket, M/N JVM1950. Excellent except "key pad shorted", you fix.. \$25 George 249.3264
- Bantam Chickens for sale. Hens \$3! Roosters \$1 each! 249-0243

Cool Off With This Amazingly Easy Ice Cream Recipes

- ### Homemade Vanilla Ice Cream

6 eggs
 4 cups milk
 2 cups sugar
 1/2 teaspoon salt
 4 cups heavy/whipping cream
 5 teaspoons vanilla

Combine the eggs and milk in a large and heavy saucepan. Beat until the mixture is well blended. Add the sugar and salt. Cook and stir over low heat for about 10 minutes, until mixture thickens slightly. Cool. Stir in cream and vanilla. Pour into ice cream freezer and freeze according to directions. Makes 4 quarts.

Frozen Lemon Pie

3 egg yolks, well beaten
 4 tablespoons lemon juice
 1/2 lemon rind, grated
 1/8 teaspoon salt
 1/2 cup sugar plus 1 tablespoon
 3 eggs whites, stiffly beaten
 1 cup heavy cream, whipped
 Vanilla wafer crumbs

Combine the egg yolks, lemon juice and rind, salt and sugar in the top of a double boiler and cook over hot water until thickened. Cool. Fold the whipped cream into the stiffly beaten egg whites and fold into cooled custard mixture. Line ice cube tray with vanilla wafer crumbs and pour custard mixture into tray. Cover with more crumbs and freeze. Serve in squares. Serves 8.

Oreo Cookie Ice Cream

1/2 gallon vanilla ice cream, softened
 1 container (12-oz.) frozen whipped topping, thawed
 1 package (15-oz.) Oreo cookies, crushed

Combine all above ingredients and blend well. Place in containers and freeze. Serves 10 to 14.

Marshmallow Dessert

1/2 pound marshmallows
 1 cup sherry
 1/2 pint whipping cream
 1 cup graham cracker crumbs
 2/3 stick melted butter

Place the marshmallows and sherry in the top of a double boiler over hot water. Stir until marshmallows have melted. Cool thoroughly. Whip the cream and blend with the marshmallow/sherry mixture. Combine the graham cracker crumbs with the melted butter. Place half the crumb mixture in bottom of an 8x8-inch dish, pour in marshmallow mixture, and top with remaining crumbs. Refrigerate. Serves 8.

Chocolate Mousse

1/4 cup sugar
 1 tablespoon water
 1 pound sweet chocolate, melted
 2 egg whites
 2 cups heavy cream, whipped

Place the sugar and water over very low heat and cook and stir until syrupy. Add the melted chocolate. Cool. Beat the egg whites until stiff and fold into the chocolate mixture. Fold in the whipped cream and chill. Serves 8.

Chocolate Ice Crem Pie

1-1/2 cups chocolate wafer crumbs
 1/4 cup melted butter or margarine
 1/4 cup sugar
 1 quart vanilla ice cream, softened

Combine the crumbs, sugar and margarine and press into a large pie plate or 10-inch dish. Put ice cream into shell - freeze.

French Vanilla Ice Cream

1/2 cup sugar
 1/4 teaspoon salt
 1 cup milk
 3 egg yolks, beaten
 1 tablespoon vanilla
 1 cup heavy cream

Blend the sugar, salt, milk and egg yolks in a heavy saucepan. Cook over medium heat, stirring constantly, until mixture coats the spoon. Remove from heat and let cool, then add the heavy cream and chill. Pour chilled custard into ice cream freezer and churn until frozen. Instant coffee, to taste, can be added for coffee ice cream.

Old Fashioned Custard Ice Cream

1-1/2 cups sugar
 1/4 cup all-purpose flour
 Pinch of salt
 1 quart milk
 4 eggs, beaten
 1 quart heavy cream
 3 tablespoons vanilla

Combine the sugar, flour and salt. Gradually stir in milk. Cook over low heat, stirring until thickened. Stir small amount of hot mixture into beaten eggs and then return to the hot mixture. Cook 2 minutes over low heat, stirring constantly. Chill this mixture and then stir in the heavy cream and vanilla. Freeze in ice cream freezer. Makes 2-1/2 quarts of really creamy ice cream.

Brandied Peach Ice Cream

2 cups peeled, pitted and diced peaches
 1/4 cup brandy
 3 cups heavy cream
 1 cup sugar

Toss the peaches with brandy in a large bowl - mash slightly. Combine 1 cup of heavy cream with the sugar in a small saucepan and heat until sugar dissolves, stirring constantly. Pour mixture over peach mixture and then stir in remaining 2 cups heavy cream. Pour into an ice cream freezer and freeze according to directions. Makes 2 quarts.

Frozen Daiquiri Pie

1-1/2 cups graham cracker crumbs
 1/4 cup sugar
 1/3 cup margarine or butter, melted
 1/4 cup rum
 1 jar (7-oz.) marshmallow cream
 2 teaspoons grated lime rind
 2 cups heavy cream, whipped

Combine the crumbs, sugar and melted butter or margarine. Press mixture onto bottom and sides of 9-inch pie plate - chill. Gradually add the rum to marshmallow cream, mixing until well blended. Stir in lime rind. Fold whipped cream into marshmallow filling and pour into crust. Freeze. Serves 8.

Share Your Recipes

Have a favorite recipe or your own version of one of Miss Nancy Winfrey's?

Send it to us at frontdesk@thepamliconews.com so we can share it with our readers. Include all ingredients, quantities and detailed instructions.

TANGY ENGLISH RIBS

FROM PAGE ____ OF ____ YIELD: 4 SERVINGS

INGREDIENTS:

4 English ribs OR 8 short ribs
 1 (15-ounce) can tomato sauce
 2 cups water
 5 Tablespoons brown sugar
 3 bay leaves

DIRECTIONS:

- 1 Preheat oven to 300°F.
- 2 Place ribs into a 9 x 13" baking pan. Pour tomato sauce over the meat. Add 2 cups of water.
- 3 Sprinkle the brown sugar over the meat, add bay leaves.
- 4 Cover tightly and bake for 3-4 hours until the meat falls off the bone.

My super easy BBQ Ribs are brilliant!

Mike Thigpen...

MEAT / PARGE / DAIRY MAIN DISH

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