

Wednesday, January 3, 2018 Your Community News Source Since 1968 www.thepamliconews.com | .50



Monday's "Super Moon" by Lawrence Rowe



Thank You Advertisers!

All of us at The Pamlico News extend our thanks to the community that supports this newspaper in so many different ways. We wish each and every one of you a very happy and prosperous New Year!

In recognition, following is a list of our 2017 advertisers. Thanks to all and we offer a reminder to our readers to support the businesses that support your local newspaper.

CJ Advertising Lighthouse Mobile RV Maintenance Bev Seymour Nancy Johnosn John Willis Susan Price Terry Cannan VIDANT The Potter's Market Ginn's Seafood Rhonda Spencer Dennis Marlin Wayside Restaurant Shuttle Me Transportation Freedom Towing Hurn, Kathy Perrilyn Wells Tawana M. Harrell Demetricis L. Davie Karen Meyer Lynn Speas **Diane Barham** Val Calcavecchia Jamie Lupton Elizabeth Valassis **Richard Nelson Pamlico Antiques** Lucas & Davis, P.A. **Raymond Terry Smith** Joy McCracken Myra Blue Kisby, Pamela **Pauline Sterin** Peggy Wooster Day Law Firm, PLLC **Barbara** Powers Jordan Price Law Offices Debora Steenson Joyce Engel Tony Troop Teresa Palmer John R. Cooney Nellie Hopkins Satterfield Legal Substitute Trustee Hit 'Em With The Hein Roy Evans Andante, LLC Wanda Lee

Ringing In The New Year Dragon Style



The annual Chinese holiday is known as the Lunar New Year or The Spring Festival, and each year is represented by a zodiac animal on the lunarsolar Chinese calendar. As China ushers out 2017 as the Year of the Rooster, citizens are readying to welcome 2018 as the Year of the Dog. (Photo courtesy of Ben Casey)



Barbershoppers Serenade Hope Clinic Fundraiser



INCLEMENT WEATHER INFO

PCC To Add Two Days To Registration Period

Because of the threat of inclement weather this week, Pamlico Community College has added two days to its Spring 2018 registration period.

In addition to Wednesday and Thursday, Jan. 3 and 4, the college will register students for the upcoming Spring 2018 semester on Monday and Tuesday, Jan. 8 and 9, from 8:30 a.m. to 7 p.m. both days.

Registration will take place in the Johnson Building at the PCC Campus.

New and returning students are urged to use caution before traveling to campus to register during the inclement weather.

For more information, please call PCC Student Services at 252-249-1851, ext. 3001.



 Steward Oscar Nichols, 89 of Oriental • Velma Leary Henries, 66 of Grantsboro · Phyliss Williams McFadden, 80 of Monroeville, formerly of Oriental · Milford Rex Bennettt, Jr., 84 of Reelsboro • Velma Leary Henries, 66 of Grantsboro • Sherwood B. Norris, 86 of Olympia Charles Thomas Toler, 84 of Craven County · Alisa "Lisa" Rae Harris DuVal, 53 of Grantsboro • Betty Minshew Stuart, 93 of Arapahoe Sammie Lee Daughety Jr., 62 of Bayboro · Brantley "Drake" Whichard, 2 1/2 months of Merritt Malcom Ross Selden of Oriental · Jeffrey Wayne Padrick of Grantsboro Grace Jane Lamberson, 73 of Oriental • Kimberly Dawn Meekins, 22 of Bayboro · Michael "Mike" Allen McDaniels Sr., 61 of Florence Thomas Francis McCue, Jr., 78 of Merritt • Mark Alan Wetherington, 51 of Dover · Philip Lewis Heckhaus III, 87 of Oriental Nancy Pickles, 67 of Bayboro • Vaughn Thomas Hill, Jr., 79 of Pamlico Addie Peru Vaughan Durham, 93 of Arapahoe

See Advertisers, page 4A

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OBITUARIES

- Helen Sheetz Cayton, age 93, of Oriental
- Brian Keith Holton, age 61, of New Bern
- Earl S. Sadler, Sr., age 78 of Lowland
- Ponce DeLeon Ham Sr., age 76, of Oriental

Sherri Rettew, Executive Director of the Hope Clinic, receives a serenade and a \$250.00 gift for the Clinic's New Beginnings substance abuse program from members of the Southern Gentlemen Barbershop Chorus.

Expressing the Community's thanks through song, The Southern Gentlemen Barbershop Chorus presented a check for \$250.00 at the recent Hope Clinic "Wine and Dine" fund-raiser to benefit New Beginnings, the year old substance abuse program. The event raised over \$3000.00.

Hope Clinic, a nonprofit organization, has been providing free medical care to Pamlico County and surrounding communities for 18 years. In 2016, Hope began providing substance abuse assistance getting to rehab facilities, emergency needs provisions, emotional support, and family violence advocacy through

New Beginnings.

The 25 year old Southern Gentlemen Barbershop Chorus is made up of thirty men who enjoy singing four part harmony. Monies raised by the Chorus through their Singing Valentines project in February and their annual show in April help support their charitable giving to organizations such as Hope Clinic.

The Southern Gentlemen rehearse every Tuesday at the Cornerstone Assembly Church in James City at 7 p.m. All men are invited to drop by and sample the joy of singing in the Barbershop style. For more information, call 252-635-2961.

· Betty Jo Roberts Baldree, 76 of Arapahoe · Janet "Jan" C. Stobie, 91 of Dacula, GA · Fannie Rowe Tingle, 90 of Wilson, formerly of Merritt Russell Everette Zurface, 64 of Aurora • Mark Daniel Hancock, 32 of Grantsboro · Barbara (Bobbie) Cox Alligood, 83 of Aurora Fran Kirskey Deaton Bennett, 91 of Greensboro Jean Gaskill Jones, 76 of Bayboro · Johnathan Garrette Bond, 34 of Edward Mary Lee Alcock Pearson, 75 of Dorchester Co, SC • Wanda Harvill Williams, 76 of Grantsboro · William Hay Whitehurst II, 68 of Stonewall Lowell Thomas Gillikan, 80 of Aurora · Dr. Ross William Kingsley, 89 of Durham • Lela Hopkins Jarvis, 100 of Norfolk Joseph Alexander Brinson, 79 of Alexandria Susan Todorow Rohrman. 61 of Oriental · Charles "Nick" Nicholas Richter, 77 of Grantsboro Charles Duffy Caton, 83 of Grantsboro • Paula Willis Banks, 64 of Grantsboro • Nellie Irene Dixon Phipps, 83 Pamlico County Jasper Ray Hannah, 75 of Bayboro

Mollie Ballance Campen, 103 of Lowland

See In Remembrance, page 10A

Aurora Woma<u>n Wants To Set Example For Granddaughters</u>

By Sandy Wall, Pamlico Community College

Lisha Coward wants her two granddaughters to understand that they can achieve anything in life - and she doesn't want to hear any excuses. The 56-year-old Aurora woman said she's living proof that it's never too

late to go back to school to pursue your dreams.

"When I was growing up, I never thought I could go to college," said Coward, who is studying Business at Pamlico Community College. "This is a dream come true."

Coward, who raised two successful daughters, worked for many years as a certified nursing assistant after studying in PCC's Nurse Aide program. Now she's back at the college studying Business, with hopes to open her own business someday.

"It's been a wonderful experience here at the college," Coward said. "I want to improve myself."

PCC President Dr. Jim Ross said Coward sets a wonderful example for her family and for others.

"Lisha Coward shows us that it's never too late to enroll in college and to pursue your goals," he said. "She is working hard to improve her life and the lives of her family members. That's a fantastic example for us all."

Coward says she has to work hard in class to ensure she understands and retains the material. She frequently can be found in a campus computer lab diligently working on her assignments and studying.

"When it comes down to testing, I've never been good at it," Coward said. "It's just a struggle I have to overcome."

• Edward D. Lupton, 91 of Oriental

Clifton Paul Lupton, Sr., 91 of Hobucken

She credits the assistance and encouragement she has received from PCC staffers like Mary Brown, Jamie Gibbs and Cristy Lewis Warner with help-

ing her push through her academic challenges and keep moving forward.

"I thank God for that," Coward said. "They have really stood by me."

She hopes her granddaughters, ages 10 and 8, see that her hard work is paying off.

"Don't give up. You can be anything you want to be," Coward said, adding she wants young people to take their education seriously and to stay committed to it.

"Life is too precious," she said.

Coward also has advice for men and women in their 50s or older who believe it's too late for college.

"I would tell them to go for it," Coward said. "It never hurts to try. Try it and see what you can accomplish."

If you're interested in giving college a try, check out PCC! Registration for the Spring 2018 semester is scheduled for Jan. 3 and 4 from 8:30 a.m. to 7 p.m. in the Johnson Building. Visit www.pamlicocc.edu to learn more.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.





Got News? Call us at, 249-1555 or nail editor@thepamliconews.com



Lisha Coward relaxes outdoors at Pamlico Community College. She is studying Business. Contributed photo

2A Almanac



CO	MMUNIT	Y CALEN	DAR	attend.	under age 18 is \$12 with parental permission required and Special Olympians plunge for free
Wednesday, January 3	Thursday, Jan	uary 4	Friday, January 5	Freezin' For A Reason! The Craven County Special Olympics will be having their 2nd Annual Polar Plunge on	You can pre-register on line at firstgiving.com sonc/cravenplunge2018. On-site registration begins at 9 am. Plungers and Dippers will be
US Coast Guard Auziliary otilla 20-03 7:30 pm	Friends Of The 11 am	e PC Library	National Bird Day	Saturday, January 20th at Courts Plus' outdoor pool at 2911 Brunswick Ave in New Bern. This is	Freezin' for a Reason beginning at 10 am. For more information contact Steve Aster at 252-
	Town of Arapaho	be 7 pm		a fund raising event for Craven County Special Olympics. The entry fee to Plunge or Dip is \$25,	6606 or email at saster@cravencountync.gov
Saturday, January 6	Sunday, Jan	uary 7	Monday, January 8		JANUARY
Oriental Bike Ride 10:30 am neet at the Bean)	Oriental Bike (meet at the Bear	Ride 10:30 am 1)	Town Of Vandemere Planning Board 6:30 pm and Commissioners		BUYS
nree Kings Day			at 7:30 pm Town Of Alliance 7 pm	The helpful place.	
					Now through January 31
			NAACP of PC 6 pm	32 Gal.	SALE \$6.99
Tuesday, January 9				Heavy Duty	
Oriental Town Board 7 pm	Email Your I	Event Or Meet-	Margare have a fixed of summy.	Trash Can ACE Item no: 71102 082901711025 ACE	Ace 9" x 3/8" Premium Roller Cover 3/Pk.
wn Of Stonewall 7 pm	ing to frontdes	k@thepamli-	HADDV	REG. \$17.99	1309707
	conews.com to		NEW YEAR Y Y	w/\$4.00 instant savings	The distance of the
	The Pamlico N	ews Calendar		SALE	\$7.99
	NOTA	BLES	a State and Mittan	^{\$} 13. ⁹⁹	
oose Creek State Park Black	STATE PARKS		resh eggs, home-baked breads,	Ace Rewards Customers	Ace Trash Bags 6186761, 6187116, 6214910, 6228588.
ears: NC's History of Hunting aturday, January 6 at 2 p.m.	a National Andrews	and chocolates.	s, cakes, pies as well as preserves		621910, 0220306, 6297049 Limit 5 total at this price.
nis fun and educational progra		N D	N	*Ace Rewards card Instant Savings ("Instant Savings") amount is available only to Ace Rewards members in store (see You must present Ace Rewards card to receive Instant Savings in store, Instant Savings listed in this advertisement ar	store for details). Where applicable by law, tax is charged on the sale price before application of Instant Savings.
ill be held in the visitor center. we will be covering the history,		New Bern Farn Grow it, Sew it,	Make it, Bake it Now accepting	You must present Ace Rewards card to receive Instant Savings in store. Instant Savings listed in this advertisement and	e valid through 1/31/18, at participating stores.
portsmanship of hunting black	bears in North	SNAP/EBT. Op	en Saturdays from 8 a.m. to		ME BUILDERS
arolina. Call the park office at ore details.	252-923-2191 for		accepts SNAP/EBT. Saturday TASTIC FIBER ARTS DAY"		
		-	ors who sew, crochet, knit, felt,	& SUPPI	LIES, INC.
peration Veggie Box ease save the date if you are i	interested in		nachine embroidery using fabric, , etc. Watch while they		e • (252) 745-4111
e next meeting of Operation V	/eggie Box and		eir craft. Special Demonstration:	Hours: Mon. – Fri. 7:30 am to 5	:30 pm • Sat. 8:00 am to 2:00 pm
nified Christian NetworkS: Jar DeLamar Center Conference			by Melissa Grey with Southern y. Located at 421 South Front		
ommunity College.		Street in Downto	own New Bern. Vendor space	Anim Pamlico Anim	PAWS rescues adoptable shelter dogs and pa them with inmate trainers at the Pamlico Correcti
amlico Chorale		available. Call 2	52-633-0043.	Walfara Casia	Institution. The inmates learn patience, responsib and teamwork along with new, marketable skills.
he Pamlico Chorale will begin			y Public Library	Welfare Socie	
riental United Methodist Churc			ds Meeting at 12 pm and Art om; January 8: Girl Scout Meeting		NS) advanced obedience, agility and rally training. The
all on Monday, January 8th at embers are welcome.	7.00 p.m. New		y 9: Knittting at 1 pm.	"NEW LEASH ON LIFE" Pro "Everyone deserves a second cha	gram r c r c
amlico Amateur Radio Socie	ety	Alzheimer's De	mentia Caregiver Support		rear old that would love to be your lovebug. Basic that just wants to curl up in your lap while you wa
he Pamlico Amateur Radio So	ciety holds it's	Are you, or som	eone you know, caring for a loved	TV or at your feet whi	le you work on your computer. A low maintena
nonthly meetings on the last Sa nonth. The meetings will be hel			er's or Dementia? This can be , and there is support available.		notivated. A Labrador dachshund mix that is g logs. I also really like children, so if you have so
oom of Brantley's Restaurant ir	n Oriental from	You are invited t	o the Alzheimer's/Dementia	we'll be best friends o	r if you're a grandparent your grandchildren wil vers. We can have many happy adventures toge
am to 10 am. Everyone is well mateur radio enthusiasts. Plea			ort Group Meeting at the Pamlico Center the first and third Monday	since I'm a truly happ	y go lucky girl that just wants to please my peo
ack to allow for customer park		of the month at		I'll be graduating from	Pamlico's New Leash on Life program in the mic

of the month at 2 p.m. For more information call Beth Hardison at 745-7196.

NAACP Monthly Meeting

The NAACP of Pamlico County will hold its regular monthly

meeting on the second Monday of each month at 6 p.m. at the Pamlico County senior Services Center at 800 Main Street in Alliance. All



of February. Rose is sponsored by Lynn & Bill Hines



Hello, I'm Axel a Miniature Pincher, Pug mix. A handsome black and tan 1 year old boy that gets along well with other dogs. I'm an active little guy that is also very affectionate, so I'll enjoy a romp as well as settling in for quiet evenings as your foot warmer while you work on your computer. I'm a happy, outgoing, low maintenance boy that wants nothing more than to please my family. I'll be graduating from Pamlico's New Leash on Life program in the middle of February. Axel is sponsored by New Village Brewery

back to allow for customer parking. The Pamlico Radio Society also provides assistance with local EMS services.

Oriental Farmers Market Open every Saturday from 8:30 to 11:30 a.m. Located on Hodges Street in front of Garland Fulchers Seafood. The market features a

interested persons are invited and welcome to

PAMLICO COUNTY SENIOR CENTER HAPPENINGS

Wednesday, January 3

10 am -12 pm Crocheting & Knitting 10-10:30 am Bible Study

Thursday, January 4

10 am Health Screening Blood Pressure Ck/wt 10:30 am Talk & Exercise With Beth 1-2 pm Arthritis Exercise Class 1-2 pm Stain Glass Class

Friday, January 5

Fantastic Friday 10 am Bingo 1 pm Cards 2 pm Young At Heart Crafts

Young At Heart Christmas Dinner Celebration Monday, January 8

9-12 Acrylic Painting 9-12 Volunteers Paperwork 1-2 Arthritis Exercise Class

Tuesday, January 9 9:30 Line Dancing 10:30 Singing 11 50+ Club 1 Wicker Basketry Class 1 Cards 5:30 Tops Meeting

WEATHER

Wednesday

Snow and freezing rain likely after 2pm. Cloudy, with a high near 40. North wind 7 to 14 mph. Chance of precipitation is 60%. New snow accumulation of less than a half inch possible.

Wednesday Night

Snow and freezing rain likely before 8pm, then rain and snow between 8pm and 2am, then snow likely after 2am. Low around 31. Blustery, with a north wind 14 to 20 mph. Chance of precipitation is 80%. New precipitation amounts between a half and three quarters of an inch possible.

Thursday

Snow likely before 8am. Mostly sunny, with a high near 35. Northwest wind 16 to 18 mph. Chance of precipitation is 60%.



Thursday Night Clear, with a low around 15.

Friday Sunny, with a high near 29.

> Friday Night Clear, with a low around 15.

Saturday Sunny, with a high near 28.

Saturday Night Mostly clear, with a low around 17.

Sunday Sunny, with a high near 40.

Sunday Night Mostly cloudy, with a low around 31.

QUICK REFERENCE

Emergency: Dial 911 for police, sheriff, fire	County Manager: 745-3133	
departments, rescue squads, ambulance	Emergency Management: 745-4131	
Animal Poison Control Center: 1-888-426-4435	Health Dept.: 745-5111	
Carteret General Hospital: 808-6000	Recycling Center: 745-3283	
Coastal Carolina Regional Airport: 638-8591	Senior Services: 745-7196	
Emergency Pet Care: 444-1399	Sheriff's Dept. (non-emergency) – 745-	
Highway Patrol: 1-800-441-6127	3101	
Medical Assistance (CarolinaEast Medical	Social Services: 745-4086	
Center): 633-8111	Tax Collector: 745-4125	
Nova Urgent Care: 745-7440	Water Dept.: 745-5453	
Pamlico County Departments	Poison Control Center: 1-800-222-1222	
Board of Elections: 745-4821	US Coast Guard (Hobucken): 745-3131	





I'm Indy a peachy brindle Labrador retriever grey hound mix. I'm kinda shy, but I quickly warm up to people if given a chance. I've had a rough 2 years of life, but thanks to Pamlico's NLOL program I'm getting on with my crate training, because I've discover that's where food will be waiting for me. I'm especially fond of my peanut butter bones. I also am getting along well with other dogs, but cats are still a mystery to me. Perhaps you don't have any cats and would like to be my jogging partner? I will need a job and humans to help me figure out what that job will be." I can't wait for you to come to my graduation so you can see all the new tasks I've learned."

All New Leash on Life dogs are fully vetted, altered, heartworm tested, and micro chipped. After they've graduated from the New Leash on Life program they have 8 weeks of crate training, housebreaking, leash experience, with some obedience and agility work. All adopting families are invited to their dog's graduation. If you're interested contact Jackie at 252-649-5504 or Penny at 252-249-1453 and fill out an adoption application at Pamlicopaws.net.

Horoscopes January 2018 • Week

December 22 - January 20 Capricorn, your vision of the future may be set right now, but there is always room for some modifications. Embrace some of the uncertainty that can lead to greatness. CAPRICORN



January 21 - February 18 Aquarius, no career goal is out of reach right now. Therefore, if you've been thinking of a career move, now is a great time to put those plans in motion.

AQUARIUS



February 19 - March 20 The search for the truth could lead you on a bit of a wild adventure, Pisces. Eventually, you can get to the bottom of the situation

March 21 - April 20 Expressing yourself authentically is proving difficult, Aries. But this will pass shortly. Eventually, your persistence will pay off, and others 111 will see that your intentions are genuine

ARIES

April 21 - May 21 If your dreams are within reason, there is no reason why they can't come to fruition, Taurus. You just may need a few friends in your corner to help make things happen.

TAURUS



specific approach to working hrough a problem. Seek feedback from a number of people and explore all of your options.

June 22 - July 22 Cancer, it may take an intense effort to concentrate on your work this week because your thoughts keep drifting elsewhere. You must rein in your wandering mind.





It may be challenging to separate your fantasies from reality right now, Leo. Even though things are vivid in your mind, others may help clarify things for you.



August 24 - September 22 Surprising news leaves you a little bit frazzled, Virgo. However, once you work your way through the surprise, you'll see that this news bodes well for you.



September 23 - October 23 Libra, others feel like you have everything figured out this week and are as sensible as can be. But there's a fun side of you that is just waiting to pop out.

LIBRA



October 24 - November 22 Something in your life is causing you undue stress, Scorpio. Find a way to let it all go by focusing on thoughts and things that bring you happiness.

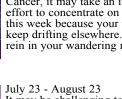
SCORPIO



November 23 - December 21 Sagittarius, it may seem like your time in the spotlight has come and gone, but that isn't the case. You have plenty of time to show what you can accomplish.

SAGITTARIUS

FOR ENTERTAINMENT PURPOSES ONLY









ARINER REALTY, INC. Land/Home Sales **Property Management Appraisals Development** Agent of the Week **Allen Propst** Broker-In-Charge



Here's what one of Allen's customers had to say ...

We have bought and sold several homes through Mariner Realty. We found Allen to be extremely knowledgeable about the local area and when a problem did arise his negotiating skills were outstanding. He always managed to bring the sale to a close. Taz & Katy, Oriental



ARAPAHOE - Recently updated 3BR/2BA, not in a flood zone, in a well-established neighborhood in Minnesott Beach features tiled flooring in the kitchen & both bathrooms, brick wood/gas burning fireplace in the living room, sparkling updated kitchen, garage & 2 detached storage/workshop buildings. **OFFERED AT \$ 169,900**



ORIENTAL - Roomy 3BR/2BA with FROG in heart of established waterfront neighborhood. Walk or bike to everything. Whittaker Creek Yacht Harbor is just down the road. Large screened porch, huge utility room, low maintenance lot. No HOA dues. **OFFERED AT \$214,900**



Minnesott Golf & CC Holds Annual Awards Day

The Minnesott Golf & Country Club Ladies' Golf Association held their annual Awards Day on Thursday, December 14, 2017. Twelve ladies participated in a fun 9 holes of golf after which several more ladies joined us for a lunch prepared by the losing team of our October Solheim Tournament.

The nine-hole golf game was simply odd prizes for each hole, such as longest drive, straightest drive and closest to the pin. Annual prizes awarded included Most Improved Player (Cheryl Thompson), Ace of Aces (Barbara Gould), Ringer Tournament (Jenny Hollowell and Mary Verdier), Member-Member Match Play Tournament (Jan Mosca, Sue Magnuson, Sue Slaymaker and Dot Lord), and the Birdie Tree (Jenny Hollowell and Sally Belangia). Milestones reached this year included Cheryl Thompson's first under 90 score, a hole-in-one for Dot Lord and an Eagle for Mary Verdier.

The golf was fun, the lunch was delicious and, of course, it is always nice to walk away with some prize money. We are all looking forward to beginning our new season in January.



Neighborhood 3A

Had I Been A Civil War Soldier: A Historian Reflects On **Medical Conditions From The Civil War To WWII**



Renowned Civil War historian Ed Bearss was with the 3rd Marine Raider Battalion in the invasion of Guadalcanal and the Russell Islands, and the 1st Marine Division in New Britain. In 1944, Bearss was severely wounded by Japanese machine gun fire and spent 26 months recovering in various hospitals. In his 12th annual visit to New Bern, Ed will discuss medical conditions over the years and the possible outcome if he had incurred his extensive injuries during the Civil War on Sunday, January 7 at 2 p.m. at the Cullman Auditorium, NC History Center. A reception will follow.

Your tax-deductible donation of \$10 per person to attend this presentation will go entirely to support the New Bern Battlefield Park.

To reserve a seat and make your donation by phone, call the New Bern Historical Society at 252.638.8558.

New Bern's Lebanese Legacy And The Pollock Street **Corridor: 1900s To Present**

In another "Did You Know?" opportunity, the New Bern Historical Kathy and her husband Peter formed Bern Investment Group, Inc. Society brings Dr. Katherine Adolph and Tony Salem to their January shortly after their arrival in New Bern. She is president of the corpo-

Lunch & Learn. You didn't know about the Lebanese community in New Bern? Come to the first Lunch & Learn of 2018 on January 10 at The Chelsea at 11:30 am and find out! They will discuss Lebanese immigration in New Bern in the beginning of the 20th Century, the evolution of the Lebanese community and its impact on the local economy and our neighborhoods including Pollock Street. Drawing from Tony's personal history growing up on the Pollock Street Corridor and Kathy's exten-

sive research, they will share images of Pollock Street in the 1930s and '40s, discuss the decline in the corridor and current plans for revitalization.

Tony Salem is a New Bern native and a graduate of UNC-Chapel Hill. He has been a practicing CPA since 1975 and is currently managing partner of A.G. Salem & Associates, PLLC. He is married to Tresie Hatem Salem who is also a New Bern native.

Dr. Katherine Adolph finished a 30-year career as an educational administrator in Denver prior to moving to New Bern in 2005.



Pollock Street View ca 1930s

ration and is currently devoting her time to

New Bern's revitalization efforts along the gateway corridors to downtown.

Lunch & Learn starts at 11:30 a.m. at The Chelsea Restaurant, 335 Middle Street, New Bern. The cost is \$18 for Historical Society members and \$20 for non-members; lunch is included. Advance reservations must be made by calling the New Bern Historical Society at 252-638-8558, or can be ordered at www.NewBernHistorical.org/ tickets. Lunch choices are: Beef Tenderloin

Shoulder with Cabernet Demi-Glace Brown Butter Barbecue Chicken.

The mission of the New Bern Historical Society is to celebrate and promote New Bern and its heritage through events and education. Offices are located in the historic Attmore-Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical.org or www.facebook.com/ NewBernHistoricalSociety.

SECU Employees Contribute Over \$101,000

State Employees' Credit Union (SECU) again joined efforts with North Carolina state employees in providing financial support for

million to SECC's cumulative tally of over \$103 million since the program's inception 31 years ago.



ORIENTAL - Spectacular 2,250 hsf 2BR/2.5BA offers phenomenal views of Broad Creek, maple flooring in kitchen, living & master suite, gorgeous tile flooring in baths. All SS appliances w/ a gas range, double ovens, gas Rinni instant hot water, two gas-log fireplaces (one on each level). Granite counters. **OFFERED AT \$315,000**



ORIENTAL - Waterfront in the heart of Oriental, features exquisite craftsmanship & flawless design, 4 bedrooms, 3 full- baths, 2 half-baths. Built on the highest waterfront lot in the Village. there have never been flood waters near this home or the outbuildings. No HOA.

OFFERED AT \$425,000



ORIENTAL - Panoramic water views from 3BR/6.5BA on unrestricted 1.73 acre waterfront peninsula just outside the village on the other side of the bridge. Historic 1920 solid-brick home was renovated in 2012 w/ 3 stories of living eight feet above base flood elevation. Dock w/ 2 high-capacity lifts & wet slip, 3-car garage, zoned HVAC, no HOA **OFFERED AT \$739,500**

See all Listings & Visual Tours at www.orientalncwaterfront.com 1-800-347-8246 • 252-249-1014

> Or contact Allen Propst 252-671-4644

704 Broad St, PO Box 750 Oriental, NC 28571

(incle r

charities through the 2017 State Employees Combined Campaign

(SECC). Pledges and donations from SECU employees totaled more than \$101,000-a record annual amount! Credit Union members provided additional support through the SECU Foundation by funding the cost of the SECC Giving Guide, which lists the more than 900 charitable organizations eligible to receive contributions.

"SECU's 2017 participation in the State Employees Combined Campaign continues their long tradition of support for charities in North Carolina and beyond," shared Laura Marx, 2017 SECC Campaign Team Lead. "The culture of caring for local communities is evident each and every year, and we want to thank every SECU donor on behalf of the recipients of these donations. We are also very fortunate to have support from the SECU Foundation."

The SECC provides state personnel and government retirees with a convenient and trusted way to support causes that have the power to make a difference. This year's contributions added more than \$3.6



Jimmy Goodrum, SECU Senior Vice President of Member

Education and Outreach commented, "This year's SECC contributions and pledges by SECU employees exceeded our expectations. Their generosity is a true example of the credit union 'People Helping People®' philosophy put into action. We're proud to be part of this annual statewide event supported by fellow North Carolinians who raise millions of dollars for community services provided by local non-profits."

About SECU: A not-for-profit financial cooperative owned by its members, SECU has been providing employees of the State of North Carolina and their families with consumer financial services for over 80 years. The Credit Union also offers a diversified line of financial advisory services including retirement and education planning, tax preparation, insurance, trust

and estate planning services, and investments through its partners and affiliated entities. SECU serves 2.2 million members through 262 branch offices, nearly 1,100 ATMs, 24/7 Member Services via phone and a website, www.ncsecu.org.

Start Off The New Year By Giving Blood



LIFE'S A GIFT. GIVE MORE OF IT. DONATE BLOOD.

The American Red Cross urges eligible donors to schedule a blood donation to give a patient in need something to be extra thankful for this year. The Red Cross urges donors of all blood types to give to help keep the blood supply stable during the holidays. Blood donations often decline from Thanksgiving to New Year's Day as people are busy with holiday activities. This November, set aside some time to give more life by giving blood. Your donation can give a patient



in need something to be extra thankful for this year. The Red Cross must collect 14,000 blood donations every day for the patients in need. Please help meet the need by donating blood. Save time by using RapidPass to complete your pre-donation reading and health history online from mobile device or computer before you come to your appointment. Encourage friends and family who have never donated blood to come with you to help sustain the blood supply.

Below is the list of blood drives.

01/05/18, New Bern Mall. 3134 Dr. Martin Luther King Boulevard, New Bern, 11:00 am - 4:00 pm

01/06/18, Dayspring Christian Center, 1246 Pollocks St., New Bern, 9:30 am - 2:00 pm

01/17/18, Emerald Golf Club, 5000 Clubhouse Dr., New Bern, 9:00 am - 3:00 pm

01/18/18, Knights of Columbus, 1125 Pine Tree Drive, New Bern, 12:00 pm - 6:00 pm

01/19/18, Knights of Columbus, 1125 Pine Tree Drive, New Bern, 10:00 am - 4:00 pm

01/19/18, Grantsboro Town Hall, 10648 NC Highway 55, Grantsboro, 10:00 am - 3:00 pm



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Kitchen Chatter Nancy Winfrey

EASY & ELEGANT BISCUITS

2-1/3 cups all-purpose flour 4 teaspoons baking powder 1 teaspoon salt 6 tablespoons shortening 1 can condensed cream of celery, mushroom or chicken soup

Combine the dry ingredients and cut in the shortening until mixture resembles coarse meal. Add the soup, stirring quickly until a soft, but not sticky dough is formed. Turn out on a lightly floured surface and knead gently to shape into a smooth ball. Roll lightly to 1/2-inch thickness. Cut and place on a greased baking sheet, placing 1/2 inch apart. Bake in 450 degree oven for 12 to 15 minutes.

QUICK CHICKEN CHOW MEIN

- 2 cups diced cooked chicken
- 2 cups thinly sliced celery
- 3 medium onions, thinly sliced 1 small can mushrooms, well drained
- 1 can beef gravy
- 1 cup chicken broth
- 2 tablespoons sov sauce
- 2 tablespoons corn starch dissolved in 1/2 cup water 1 can bean sprouts, rinsed and well drained

In a skillet, cook the onions, mushrooms and celery in a little of the broth until tender. Add the chicken, gravy and remaining stock and cook for 20 minutes, stirring frequently. Add the bean sprouts and corn starch mixture and continue to stir until thickens. Serve over crisp Chinese noodles or rice.

GROUND BEEF & NOODLE BAKE

1 pound ground beef 2 tablespoons butter or margarine 1 garlic clove, minced 1/4 teaspoon salt 1/8 teaspoon pepper 1 tablespoon sugar 2 small cans tomato sauce 1 package (8-oz.) noodles 6 green onions, finely chopped 1 package (3-oz.) cream cheese, room temperature 1 cup sour cream 1 cup grated Cheddar cheese

Cook the noodles according to the directions on package, drain and set aside. In a large skillet, melt the butter or margarine and add the ground beef, cooking and stirring until meat is broken up and done. Add the garlic, salt, pepper, sugar and tomato sauce to the mixture and cook slowly for 15 minutes. Combine the softened cream cheese, sour cream and chopped green onions and blend in the salt and pepper. In a baking dish, place a layer of the noodles about 1/2inch deep in bottom. Spread with 1/3 of the cream cheese mixture. Cover with 1/3 of the meat sauce. Repeat layers until all used up. Sprinkle the top with the grated Cheddar cheese. Bake in 350 degree oven about 20 to 25 minutes or until bubbly hot. Serves 6.

CORNISH HENS

4 whole Cornish hens, split in half 1 cup sour cream 1 envelope Liptonís dry onion soup mix 1 can cream of mushroom soup, undiluted 1 small or large can mushrooms, undrained

Rinse and pat dry Cornish hen halves and place in a 9x13x2-inch baking dish. Combine the sour cream, onion soup mix, mushroom soup and undrained mushrooms. Blend mixture well and pour over the Cornish hens. Bake in 350 degree oven for 45 minutes, adding a bit of water if liquid begins to dry out too much. When ready to serve, ladle gravy from dish over the hens.

FLORENTINE CRAB CASSEROLE

1 pound fresh crab meat 2 cups medium white sauce (recipe follows) 6 hard-cooked eggs, well chopped 1 tablespoon prepared (table) mustard Dash garlic powder 3 medium green peppers, finely chopped 1 cup grated sharp Cheddar cheese Buttered breadcrumbs (toss 1 cup soft breadcrumbs with 1/4 cup melted butter or margarine)

Combine all above ingredients except the grated cheese and buttered breadcrumbs and blend well. Place mixture in a generously buttered baking dish. Sprinkle with grated cheese and buttered breadcrumbs. Bake in 325 degree oven for about 15 minutes or until hot and bubbly and breadcrumbs are a pale brown.

Medium White Sauce: (Makes 2 cups)

4 tablespoons butter or margarine 4 tablespoons all-purpose flour 2 cups milk 1 teaspoon salt

In a saucepan, melt the butter or margarine and slowly blend in the flour, cooking and stirring until smooth. Gradually stir in the milk and salt and cook and stir until mixture thickens.

TASTY EGGPLANT FRITTERS

1 medium eggplant 1 cup waffle batter (see package for instructions) 1/4 teaspoon salt 1/8 teaspoon pepper Vegetable oil for deep frying

Peel eggplant and slice. Place in boiling water and boil until tender - drain well. Mash cooked eggplant until it is pulpy and then add to the waffle batter. Heat oil several inches deep in a saucepan (or use your deep fryer) and drop the batter by spoonfuls into the hot oil. Cook until golden brown and drain on paper tow-

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CHICKEN SUPREME

8 chicken breast halves, skinned and boned Slices dried beef (chipped beef) 8 slices bacon 1 cup sour cream 1 can cream of mushroom or cream of chicken soup

Generously butter or grease a 9x13x2-inch baking dish. Line the bottom of dish with a layer of dried/ chipped beef. Wrap each chicken breast half with a slice of bacon and place on top of the beef-linedbaking dish. Combine the sour cream and soup, blend well, and pour over the chicken. If desired, sprinkle with paprika. Bake in 250 degree oven-uncovered-for about 2 to 2-1/2 hours or until done.

els. Serve hot.

MUSHROOM & CHEESE BAKE OVER NOODLES

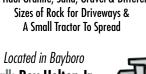
1/3 cup milk 1 can cream of mushroom soup 1 can (small or large) mushrooms, drained 1/4 cup finely chopped pimiento 1 cup small frozen peas 4 hard-cooked eggs, sliced 1-1/2 cups sharp Cheddar cheese, cut into small cubes 1 can Chinese Noodles, heated

Run the 1 cup of frozen peas under hot water to thaw. Combine the milk, mushroom soup, mushrooms, chopped pimiento, peas and bend well. Stir in the cheese cubes and peas and blend. Place in buttered baking dish and bake in 350 degree oven until bubbly. Serve over heated crisp Chinese Noodles.



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6A Commentary



Financial Focus: Time is a Key Factor in Investing

With the arrival of the New Year, many of us will pause and ponder the age-old question: "Who knows where the time goes?" And, as is always the case, none of us really do know. However, wherever the time goes, it will usually be a key factor in your success as an investor.

Time can affect how you invest, and the results of your investing, in different ways: • Growth potential – Contrary to myth,

Dan M. Roberts, IV **Financial Advisor**

there's no real way to "get rich quick" when investing. To build wealth, you need patience

- and time. If you own quality investments with growth potential, and you give them years - in fact, decades - to increase in value, your perseverance may be rewarded. Of course, there are no guarantees, and you'll need the discipline to withstand the inevitable downturns along the way. But in describing how long he likes to keep his investments, renowned investor Warren Buffet says his favorite holding period is "forever."

• Targeted goals – To accumulate resources for retirement, you need to save and invest throughout your working life. But along the way, you'll probably also have some shorter-term goals - making a down payment on a home, sending your children to college, taking a round-the-world trip, and so on. Each of these goals has a specific time limit and usually requires a specific amount of money, so you will need to choose the appropriate investments.

• Risk tolerance – The element of time also will affect your tolerance for risk. When you have many decades to go until you retire, you can afford to take more risk with your investments

because you have time to overcome periods of market volatility. But when you're on the verge of retirement, you may want to lower the risk level in your portfolio. For example, you may want to begin moving away from some of your more aggressive, growth-oriented investments and move toward more incomeproducing vehicles that offer greater stability of principal. Keep in mind, though, that even during retirement, you'll need your portfolio to provide enough growth opportunity at least to help keep you ahead of inflation.

Thus far, we have looked at ways in which time plays a role in how you invest. But there's also an aspect of time that you may want to keep out of your investment strategies. Specifically, you might not want to try to "time" the market. The biggest problem with market timing is it's just too hard. You essentially have to be right twice, selling at a market top and buying at the bottom. Also, as humans, we appear to be somewhat wired to think that an activity - especially a long-running activity - will simply continue. So, when the market goes up, we seem to expect it to keep rising, and when the market drops, we think it will continue doropping. This can lead to big mistakes, such as selling after a major market drop even though that can be the time when it may be much smarter to buy because prices are low.

As we've seen, the way you interact with time can affect your investment efforts. So, think carefully about how you can put all the days, months and years on your side. Time is the one asset you can't replenish – so use it wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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Opioid Prescription Limits Take Effect Jan. 1

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By Laura Leslie

Raleigh — As part of North Carolina's battle against opioid abuse, new rules for how doctors prescribe painkillers take effect Monday.

An epidemic of overdoses prompted lawmakers this year to pass the Strengthen Opioid Misuse Prevent (STOP) Act, which set new limits on the quantity of the drugs that can be prescribed during a patient's first visit.

Beginning Jan. 1, doctors can prescribe only five days' worth of opioids for acute pain, such as after a car crash or a muscle injury or broken bone. After that, physicians can refill the prescription at their discretion.

For pain that follows a surgical procedure, doctors will now be limited to a one-week prescription for opioids. Again, they can prescribe refills as needed, but that first prescription will be restricted.

The new limits don't affect prescriptions of opioids for chronic pain patients, including those with longterm back injuries or people in nursing homes or hospice care.

WRAL Documentary: Searching for a Fix

The idea, advocates say, is simply to reduce the chances that patients will become addicted to the medications and to reduce the number of pills being sent home with people who may not actually need them or take them.

to suffer, and it feels very wrong to say to a patient who's suffering, 'No. I know I can take your pain away, but I'm not going to do it," he said.

Doctors now understand, he said, that anyone taking opioids for weeks stands a good chance of becoming addicted.

"Anyone who is given a prescription for opiates for weeks on end, when that stops, there will be withdrawal," he said. "They will suffer. They will sweat, get abdominal cramps, maybe nausea

and throw up. They need help."

Snyder said the new limits will help keep extra prescription drugs out of the hands of children and teens, who can become addicted even more easily.

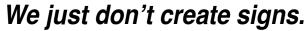
According to the Centers for Disease Control and Prevention, drug overdose deaths have tripled nationwide since 1999.

The number of people dying from overdoses of prescription opioids in North Carolina has actually leveled off in recent years after peaking at nearly 600 in 2008, according to information from the state Department of Health and Human Services. Meanwhile,

deaths from heroin overdoses have spiked since 2008, going from fewer than 200 per year to about 600 per year, DHHS data shows.

Still, advocates say, in about half of opioid overdose deaths, the victims overdose on the same prescription drug that was originally prescribed by a doctor.

Snyder said it's crucial to keep opioids available for cancer



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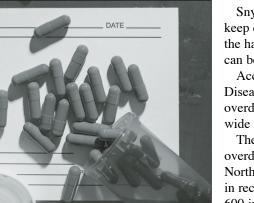












"I think, in the vast majority of cases, that's a good thing," said Dr. Graham Snyder, an emergency physician and opioid educator at WakeMed in Raleigh. "Many times, I hear from people ... 'I hurt my knee, and they gave me this big bottle of narcotics, which I didn't need.""

In the 1970s and 1980s, doctors under-treated pain because they were phobic about opiates, Snyder said. They then over-corrected, prescribing new versions of potent painkillers for acute pain, as well as chronic pain, discounting the chance that patients would become dependent.

"As physicians, we care about people. We don't want to people

Letter To The Editor

Maybe we don't merit your attention because we don't fit for your savoir complex; we don't need saving. We DO need respect. Understanding. Some of us were born with autoimmune diseases or genetic anomalies that cause our chronic pain. Others have been in accidents. Others have the bad roll of dice and come up cancer. However, none of us chose this. None of us did anything to be responsible for the pain that plagues our everyday lives. It's inescapable.

Oh, you sprained your ankle? It'll be better in a few weeks. It's a pain that can be relatively managed (I know - I've done it). For those of us in chronic pain, there is no escaping it. It is there 24/7/365. As reliable as the sun rising in the east.

We don't get a choice. We didn't get a choice to start with.

And now pharmacies want to say they're only going to fill limited prescriptions; insurance companies are beginning to refuse to cover long-acting pain medication.

Because the deaths of thousands, their actions, is enough to dictate the care and treatment of more than one hundred million chronic pain patients. Yes, one hundred MILLION.

The numbers of deaths is going to continue to increase because the wrong population is paying the penalty for something they had nothing to do with. Chronic pain patients are already being cut back, down and off their medications, and it's leading to selfharming. Soon, patients and their caretakers are going to be so overwhelmed, it won't be surprising to hear of many deaths by suicide. Because they couldn't manage their pain. Because they followed the rules. Because not living is better than suffering a life of horrid, unmanaged pain.

So, where is it addicts are getting all these meds? Just curious, since it means I'm getting not enough because others are using them for getting high. I've been through withdrawal. Multiple times, and it isn't a party. By choice because I was trying to give anything else a true chance. It doesn't work. Know what else isn't a party? Living in chronic pain. No reprieve: not one hour, not one minute, not one second of a single day.

I don't get buzzed or high from my meds. I'm lucky if my



patients and others in severe chronic pain, but doctors can use them less for other pain.

"It basically took us seeing the body count rise from overdoses and addiction to say, 'I'm sorry. I know you're suffering, but more narcotics is not the answer for you," he said.

As part of the STOP Act, doctors and pharmacists also have new requirements to report all prescriptions to the state's controlled substance reporting database. The database, which isn't widely used, allows medical professionals to tracks who's getting what drugs so that people addicted to opioids cannot go from one doctor to another to get more drugs.

chronic level of pain decreases a little. I live at an 8/10 - with my meds. Lately, it's been higher and my meds get me to an 8 at best. It used to be a 6. Maybe a 5 if the weather was in my side and I'd recently gotten other treatments.

Yup, I get treatments every three weeks. I need surgery. Surgery that will help stop the degeneration of my spine and keep the integrity of my spinal cord intact. I just want to function, spend time with my family and friends, do the shopping for my pets that I need to do so I can care for them. Maybe do another play. I miss that.

I can't function. I barely scrape by most days. I've been in the middle of a flare for months now. I can't keep food down because my pain is so extreme, it's made the nausea untreatable.

I want answers. Why does my life, my father's life, the life of my friends, and the lives of MILLIONS of those like me matter less? We did nothing to be in the position we are in. We have legitimate medical conditions that require strong medicine, sometimes the strongest.

Believe me: we have tried. We have tried toughing it out, going without. Taking medicine that made us even more ill or landed us in the hospital because of reactions that were never on the label.

So stop hurting us. Stop legislating what our doctors are trying to do - their jobs! They are trying to help us. For many, it took YEARS to get to connected with a good provider or network of providers.

Death by suicide has already increased because it's preferable to an existence like this. Because be honest: this is not living. It's simply existing as best as possible. And no one should have to suffer, yet it's being forced on millions.

Even locally, quality of life is being tossed aside for longtime patients because the doctor is scared of the government. Meanwhile, patients and families suffer.

The pain is not imagined, it is not in our minds, it isn't a figment or delusion. It's real and it impacts every aspect of our lives. Jenn Waterman Arapahoe



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YEAR OF THE DOG

The Pamlico News

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Oriental, NC 28571. or drop them off at our office, 800 Broad St. in Oriental. Birth Announcements and Cards of Thanks are free up to 15 lines, approximately 75 words. Wedding, Engagements and Anniversaries are free when using our form. Add a photo for \$24. Call, visit our website (www.thepamliconews.com) or stop by office for forms.



Community 7A

Betty Jo Rodgers Correspondent

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As this will be my first article for 2018, I want to wish all my readers a very Happy New Year. I pray the Lord's blessings for all of you. May God make 2018 a blessed year for everyone! Not by shielding you from sorrows and pain, but by strengthening you to bear it; not by making your path easy, but by making you able to travel any path; not by taking hardships from you, but by taking fear from your heart; not by granting

you unbroken sunshine, but by keeping your face bright, even in the shadows; not by making your life always pleasant, but by showing you when people need you most, and by giving you the desire to help. I pray God's love, peace, hope and joy to all for the year ahead.

Lord, let 2018 be filled with the things that are truly good with the comfort of warmth in our relationships, with the strength to help those who need our help and the humility and open-ness to accept help from others. As we look into 2018 we look at a block of time. We see 12 months, 52 weeks, 365 days, 8,760 hours, 525,600 minutes, 31,536,000 seconds, all a gift from God. We have done nothing to deserve it, earn it, or purchased it. Like the air we breathe, time comes to us as a part of life. The gift of time is not ours alone. It is given equally to each person. Rich and poor, educated and ignorant, strong and weak—every man, woman and child has the same twenty-four hours every day. Use your time wisely.

Another important thing about time is that you cannot stop it. There is no way to slow it down, turn it off, or adjust it. Time marches on. And you cannot bring it back. Once it is gone, it is gone. Yesterday is lost forever, and tomorrow is uncertain. We may look ahead at a full year's block of time, but we really have no guarantee that we will experience any of it. Obviously, time is one of our most precious possessions. We can waste it; we can

Goose Creek Island



Goose Creek Island 55 Plus Club met Dec 21 at the Community Center. There was a brief business meeting. An election was held for2018 club officers. Afterwards we enjoyed our annual Christmas Dinner. Members brought covered dishes. There was baked ham and a large variety of side dishes and desserts. It was a blessed time of Love and fellowship. Gifts and food were car-

ried to Nelvin and Jimmy Bateman who are not doing well. Also, I brought a plate to my neighbor Nick Tetterton. Nick takes care of the Community Bulletin Board on the corner and that really saves me a lot of steps. Thank you, Nick!

Last Thursday the 55 Plus Club held an Installation Ceremony led by Sue Gaskill Gilgo. New officers: Pres. - Rosanne Gaskill Rowe, V Pres. - Ila Dowdy Leary, Sec/Treas - Karen Lupton Ireland, Chaplain - Rev. Bob Johnson, Correspondence - Edith Campen Johnson. Sue concluded the service with an original poem which was charming and witty. Sue is a very talented poet! Everyone gave a report on their Christmas activities which were very happy and merry with family and friends. We are looking forward to a wonderful new year!

Prayer List: There was a very bad automobile accident before Christmas near Springs Creek. The driver lost control and the car skidded into the ditch. There were four teenage boys in the car, the Eastman boys whose father is a hunter and owns a house in Lowland, and two of their friends from Morehead City. One of these young men is a patient at Vidant In Greenville and is in ICU. I'm sorry we don't have further information, but please keep these boys and parents in your prayers. Praise Offerings: It was reported that Blainey Rowe is recovering and doing well. Sandra Kay Jones O'Neal was released from worry over it; we can spend it on ourselves; or, as good stewards, we can invest it in the kingdom of God. The New Year is full of time. As the seconds tick away, will you be tossing time out the window, or will you make every minute count?

Vandemere UMC had their Candlelight Communion on Christmas Eve again this year and it was well attended, even though the weather was cold. Bethel OFWB church in Whortonsville canceled their Christmas Night Communion Service this year and instead held Holy Communion on Christmas Eve during their regular morning worship service.

We were blessed to have Joannis home with us for a few days before and including Christmas. Our son, Kevin and his family spent Christmas in Paris, France this year. Our grandson, Zachary and his wife, Megan came to Pamlico to visit from the 27th through the 29th.

Penny \$ Farmer was blessed to have her brother and his wife and son visit with her family over the New Year's weekend.

Condolences are sent out to the Ponce Ham Family from their church families at Vandemere UMC and Pamlico UMC. Ponce Senior, their Patriarch went home to be with the Lord on New Year's Eve.

Celebrating birthdays in January are Janice Shorey (1/1), Mike Styron (1/2), Reuben Phillips, Jeremiah Day, Casey Greenfield, and Anne Watson (1/3), Kathy Tyndall (1/5), Kandy Broughton (1/6), Irene Muse (1/7), Elizabeth Farmer Tillman (1/15), Kelli Hinson and Ruth Ireland (1/16), Ned Ferris (1/21), Kate Moye Fields and Jenny Lupton (1/22), Wayne Dunbar (1/23), Desiree Brinson (1/25), and Shari Roberts Hale (1/31).

Have a blessed week. Tired after the holiday season? Take Spiritual Vitamin T. "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." (Isaiah 40:31)

Annette Jones, 55 Plus Club Correspondent

the hospital Wednesday. She has been a patient at Carolina East since Dec. 8.

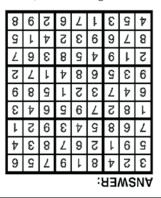
I know that Craig and Angela are taking good care of her. We were saddened to hear that two Hobucken School alumni passed away during the Christmas holidays. Roy Grady Cahoon who was born in Mesic and attended Hobucken in the early grades. His family moved, and he graduated from New Bern High School. Earl Small Sadler was born and raised in Lowland. He graduated from HHS Elementary School and Pamlico County High School in 1957. Our prayers and condolences go out to the families.

We received word that Ponce DeLeon Ham, Sr. passed away Sunday, Dec 31 after a long illness. Ponce was born and raised in Mesic and was also an alumni of Hobucken School graduating from the Elementary grades in 1955 and Pamlico County High School in 1959. Love, prayers and condolences to the family.

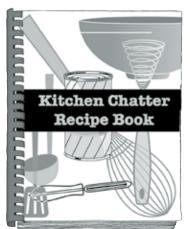
Happy Birthday: Holly Ireland and Michelle Popperwill - Dec 28, Allen Mack Watson, Edward Ray Barnett and Joel Jones from Texas -Dec 29, Patricia Leary Dowdy and Joy Williams Guidry - Dec 30, Robbie Mercer - Dec 31, Ryan Lewis, Andrew Sadler, Michael Ireland, Jerry Lee Mercer and Billy Irealnd - Jan 1, Irene Rice Florian - Jan 2, Maria Rhoden Norman, Percy Guidry, Anne Watson and Cadence Grace Scala - Jan 3. Happy Anniversary Johnny & Wendy Ireland Potter - Dec 28 and Rev Ray & Scarlett Bonner - Dec 30.

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



The Panlico News is pleased to offer the second printing of Nancy Winfrey's Treasured Recipe Book "Kitchen Chatter."



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Whortonsville



The songs that say "Baby, it's cold outside" and "the weather outside is frightful" are real hits right now, but the cold did not stop folks from shopping for the last minutes bargains. I am sure there are folks with frozen pipes and that is a real headache. Weeks and I watched the ball drop in Times Square and are looking for a wonderful year ahead.

Our house was full during the holidays with

our children and grandchildren. On Christmas eve the annual pizza party was held at the Bryans with friends and neighbors enjoying many different types of pizzas and desserts. On Christmas day twelve friends joined us for fried turkey and ham in our home. Talked with John Tilton who lives in Virginia now and he sent

Aurora



On the way home from errands in Bayboro I noticed for the first time the newly generated tree skeletons from the result of the end of fall. The thousands standing silent and straight always delight me this time of year. Come February, I will not be so enamored with their bareness. I still get my color green enjoyment by fixating on the pines. The

loblolly is my favorite. There is a superb stand on 306 between Highways 33 and 55.

The farm fields are mostly plowed and sowed with their winter coverage. They appear to be asleep for the duration. The grasses are all brown and it makes the blue skies prettier. It looks like Flatland has their onion sets out.

It was a very foggy day recently. I could hear the ferry's horn on the river. The loons have been extra vocal this year. Usually I only detect them a handful of times the entire winter, but I hear them every day now, even at sunset. Once in a while I see a pair come by the dock. I've seen the white pelicans return! The fishing boats have been replaced with duck blind vessels.

While observing Christmas lights in yards I'm saw a revival of blue, which is a decorating trend this year. I just assumed it was the continued manifestation of 'haint blue', which was used in Nancy Ross, son Jesse Ross and Jenna Jones attended Star Wars - The Last Jedi in New Bern during the holidays. The ate lunch at Taco Bell and had a very nice day.

Happy New Year to all our readers and friends. Annette Jones and Karen L Ireland.

Reba Tiller Correspondent

love to everyone. Also received a card from Joan Kilbourne and e-mail from the Hinners. John is now mastering the Celtic Harp. Contacted Gayle Fohner to see how she is doing after the death of Jay. Enjoyed having our new neighbors Bill and Sylvia on Christmas day. Darlene Law's mother Eleanor fell during the holidays and is in Greenville hospital.

I am writing on New Year's Day so I must get the black-eyed peas and the greens cooking so that we will have a very prosperous year! Elizabeth Cuthrell just called and said we could have snow later in the week so stock up on your needs.

Thought for the week-- My wish for everyone is a positive outlook for the coming year, and a lot of time with family and friends.

Joy McCracken Correspondent

house painting to ward off evil spirits, especially in my home state of South Carolina. Although I can't find it by research, I'd heard from old timers that 'haints' were very short and if your house had blue on it, when they looked up, they couldn't see your house to haunt because they confused it with the blue sky.

I got ready for New Year's by getting the ingredients for Hoppin' John. I didn't realize the peas are 'symbolic of pennies or coins' and the addition of a greens dish (collards being my personal preferred) are 'to further add to the wealth, since they are the color of American currency".

Happy Birthday wishes go to: 1/1-Michelle Hill; 1/2- Austin Willis; 1/3- Tyshaun Morris, Todd Jones Jr., Kevan Groome, Ollie Henries (in memory) and Bobby Credle; 1/4- Gerry Edwards, Joseph L. Hooker and Ava Hollister; 1/6- Jim Austin and Lillian V. Hooker; 1/7-Guy Mills (in memory), Lee Anne Hooker, Aubrie Lynn West and Kyra Mixon; 1/8-Jenny Gaskins and Justin Williams; 1/9-Joe Galloway (in memory), Dick Nanney and Phyllis Garrison.

More exiting work is still happening with the restoration of the town's ball field: a batting cage, dugout and bleacher renovation, installation of night game lights, a score board, rest room fixtures and a pitching machine are the current projects being completed. Soon, purchasing for equipment and signs will begin.



8A Legals

Legals

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NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE

PAMLICO COUNTY SUPERIOR COURT DIVISION

NOTICE TO CREDITORS AND DEBTORS

OF MAVIS R. O'NEAL

File No.: 17 E 194

All persons, firms and corporations having claims against MAVIS R. O'NEAL deceased, are notified to exhibit them to Nancy R. Johnson, Executor of the Estate, on or before February 27, 2018, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor

This 6th day of December, 2017.

Nancy R. Johnson, Executor Estate of Mavis R. O'Neal 2129 Saturn Street Raleigh, NC 27603

Publish December 6, 13, 20, 2017 & January 3.2018

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE

> PAMLICO COUNTY SUPERIOR COURT DIVISION

NOTICE TO CREDITORS AND DEBTORS

Reports

Incidents

Dec. 15, NC Hwy 306 North, Grantsboro, missing persons Dec. 15, Griffin Road, Vandemere, injury to personal property and larceny Dec. 15, NC Hwy 55, Alliance, larceny and aid & abet larceny Dec. 15, Indian Bluff Drive, Arapahoe, cyberstalking Dec. 16, Neuse Winds Drive, Oriental, fraud-electronic manipulation Dec. 16, Main Street, Bayboro, injury to personal property Dec. 17, NC Hwy 55, Grantsboro, hit and run property damage Dec. 17, Longleaf Drive, New Bern, child neglect(non-assaultive) Dec. 18, NC Hwy 55, New Bern, overdose Dec. 19, NC Hwy 55, Bayboro, larceny Dec. 19, NC Hwy 55, Stonewall, welfare check Dec. 20, Blackhorse Run South, New Bern, larceny

Dec. 21, Longleaf Drive, New Bern, larceny

OF RUDOLF HANS SCHELLER

File No.: 17 E 195

All persons, firms and corporations having claims against RUDOLF HANS SCHELLER deceased, are notified to exhibit them to Patricia S. Bowen, Executor of the Estate, on or before February 27, 2018, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 6th day of December, 2017.

Patricia S. Bowen, Executor Estate of Rudolf Hans Scheller 3325 Davie Street Winterville, NC 28590

Publish December 6, 13, 20, and January 3, 2017

IN THE GENERAL COURT OF JUSTICE OF NORTH CAROLINA SUPERIOR COURT DIVISION PAMLICO COUNTY 17SP56 IN THE MATTER OF THE FORECLOSURE OF A DEED OF TRUST EXECUTED BY WILLIAM K. GREEN AND ELIZABETH Y. GREEN DATED APRIL 24, 2008 AND RECORDED IN BOOK 515 AT PAGE 433 IN THE PAMLICO COUNTY PUBLIC REGISTRY, NORTH CAROLINA NOTICE OF SALE Under and by virtue of the power and authority contained in the above-referenced deed of trust and because of default in the payment of the secured indebtedness and failure to perform the stipulation and agreements therein contained and, pursuant to demand of the owner and holder of the secured debt, the undersigned substitute trustee will expose for sale at public auction

to the highest bidder for cash at the usual place of sale at the county courthouse of said

Property Transfers Dec. 18, See Instrument, from The

Taylor Family Partnership and Zachary Taylor/PTNR to Quatro Hermanos LLC, \$0 Dec. 18, Sea Harbour Marina Boat Slip 14, from Sandra P. Donaldson TR, Sandra P. Donaldson Revocable Trust, Sandra P. Donaldson, and Sea Harbour Condominium Yacht Club Inc. to John Edward Pittard III and Debra C. Pittard,

\$50 Dec. 19, Off NCSR 1126; Metes & Bounds, from Nawaff Mohammad to Russell G. Hunter Jr., \$0 Dec. 20, Lake Minnesott Estates Lot: 17 Section II, from David M. Sawyer Jr. and Trustee Services of Carolina LLC TR to First Horizon Alternative Mortage Securities Trust 2005-AA10, The Bank of New York Mellon TR, and The Bank of New York TR, \$242 Dec. 21, Teachs Cove Lot: 33, from Richard A. Samanns to Pihilp B. Ra and Katherine K. Ra, \$800 Dec. 21, Three Tracts, Aaron Sadler and Dorothy Sadler to Spring Creek Land LLC \$140 Dec. 21, Pecan Grove Marina Three Tracts, from Matilda & Company LLC

to Michael A. Doncaster, \$0 Dec. 21, 0.68 AC; Tract Two, from

county at 10:00AM on January 18, 2018 the following described real estate and any other improvements which may be situated thereon, in Pamlico County, North Carolina, and being more particularly described as follows:

All those certain tracts or parcels of land in Pamlico County, North Carolina, particularly described as follows:

TRACT I: BEGINNING at a stake on the south side of Orchard Creek Road, and runs South 11° West 60 feet to a stake; thence North 80 ° West 98 feet to a ditch: thence North 11° East 60 feet to the edge of the Orchard Creek Road: thence North 15° Fast 99 feet to the point of Beginning. Being a part of the Holly D. Green Home Tract. TRACT II: BEGINNING at a stake in the Southern right of way line of NC Road #1317, said stake also being located 788 feet from the center line of NC Road #1321 in an easterly direction, and running thence South 11° West 222.24 feet to a stake: thence South 80° East parallel with said road 98 feet to a stake; thence North 11° East, parallel with said ditch, 122.40 feet to the edge of the said road; thence North 80° West along the edge of the road 98 feet to the beginning, containing one-half (1/2) acre, more or less, and being a portion of the lands described in Book 79, Page 39, Pamlico County Registry. And Being more commonly known as: 156 Orchard Creek Rd, Oriental, NC 28571 The record owner(s) of the property, as reflected on the records of the Register of Deeds, is/are Elizabeth B. Green. The property to be offered pursuant to this notice of sale is being offered for sale transfer and conveyance "AS IS. WHERE IS." Neither the Trustee nor the holder of the note secured by the deed of trust, being foreclosed, nor the officers, directors, attorneys, employees, agents or authorized representative of either Trustee or the holder of the note make any representation or warranty relating to the title or any physical, environmental, health or safety conditions existing in, on, at or relating to

Three Seas Legacy LLC and Quality Marine Service Inc. to Flockhart Oriental Investments LLC, \$400 Dec. 21, Sea Vista Oriental Heights Block: Q Lot: 5, from Ruth A. Ireland to Three Seas Legacy LLC and Quality Marine Services, \$414 Dec. 21, 0.60 AC & 1.53 AC, from Michael S. Quinn and Margaret Suzanne Quinn to Bryan J. Laney and Christy G. Laney, \$0 Dec. 22, Tract 2; 1.05 AC, from Michael Louis Price and Marie K. Price to Thomas Edward Lighton and Sharon V. Lighton, \$0 Dec. 22, Off Chair Road(NCSR 1131); Metes & Bounds, from Emmanuel College Inc. to The International Pentecostal Holiness Church Extension Loan Fund Inc., \$440 Dec. 22, Metes & Bounds, from Three Seas Legacy LLC and Quality Marine Serivces to Three Seas Legacy LLC, \$0 Dec. 22, 2.4 AC; China Grove Community, from Richard Alan Kinsey and Janet Kinsey, \$40 Dec. 28, 10.32 AC, from Timothy P. Daly, Jennifer D. Daly, and Jenniefer D. Daly to Payton A. Martinez and Catherine M. Martinez, \$440 Dec. 28, Plantation Oaks Lot: 23 Phase Two and Phase Three, from Muse Co

the property being offered for sale. Any and all responsibilities or liabilities arising out of or in any way relating to any such condition expressly are disclaimed. This sale is made subject to all prior liens and encumbrances, and unpaid taxes and assessments

including but not limited to any transfer tax associated with the foreclosure. A deposit of five percent (5%) of the amount of the bid or seven hundred fifty dollars (\$750.00), whichever is greater, is required and must be tendered in the form of certified funds at the time of the sale. This sale will be held open ten days for upset bids as required by law. Following the expiration of the statutory upset period, all remaining amounts are IMMEDIATELY DUE AND OWING. Failure to remit funds in a timely manner will result in a Declaration of Default and any deposit will be frozen pending the outcome of any re-sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, the Substitute Trustee or the attorney of any of the foregoing.

SPECIAL NOTICE FOR LEASEHOLD TENANTS: If you are a tenant residing in the property, be advised that an Order for Possession of the property may be issued in favor of the purchaser. Also, if your lease began or was renewed on or after October 1, 2007, be advised that you may terminate the rental agreement upon 10 days written notice to the landlord. You may be liable for rent due under the agreement prorated to the effective date of the termination. The date of this Notice is December 13. 2017. 17-095547

Jonathan Blake Davis

Attorney for the Substitute Trustee 10130 Perimeter Parkway, Suite 400 Charlotte, NC 28216 (704) 333-8107 http://shapiroattorneys.com/nc/

Construction LLC to Brent Midgette and Keri T. Midgette, \$358 Dec. 28, Lake Minnesott Estates Section V Lot: 35 & Lake Minnesott Estates Section V Lot: 36, from Ronnie Shew and Patricia Shew to Kevin A. Kokes, \$312

Dec. 29, Two Tracts, from River Dunes Two LLC and River Dunes Investment

Property LLC to Georgia Land & Timber LLC, \$300 Dec. 29, Creek Pointe Lot: 7 Section I, from James W. Clayton to The James and Cynthia Clayton Living Trust, James Watson Clayton TR, James Clayton, Cynthia Chlus Clayton TR, and Cynthia Clayton, \$0

Dec. 29, Janerio Park Lot: 6 Section One, from Ernest B. Cranford Jr. to Kylie A. Cranford, \$0

Dec. 29, Cox Subdivision; Oriental; Metes & Bounds, from KAC Rentals LLC to Kylie A. Cranford, \$0 Dec. 29. Creek Pointe Lot: 7 Section I, from Christopher B. Masters and Kirby A. Masters to Peter F. Della Vedova, Debra J. Della Vedova, Peter F. Della Vedova, and Debra J. Della Vedova, \$670

Dec. 29, See Instrument, from RITD LLC to Mitscherlich Family Foundation LLC, \$0



Looking Back 35 Years...

This Appeared In The January 5, 1983 Issue Of The Pamlico News





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\bigcap . 1 Obituaries

Helen Sheetz Cayton, 93, of Oriental passed away Tuesday, December 19, 2017, at CarolinaEast Medical Center.

She is a veteran of the U.S. Navy and graduated college with a Master's degree.

She was preceded in death by her husband, James W. Cayton.

She is survived by two sons, Steven Cayton & wife, Kathy and Mike Cayton and wife, Patricia; three grandchildren; eight great-grandchildren; and three great-great grandchildren.

Mrs. Cayton will be inurned beside her husband at the Coastal Carolina State Veterans Cemetery without services.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

Brian Keith Holton, 61, of New Bern passed away Saturday, December 23, 2017 at CarolinaEast Medical Center.

He was preceded in death by his parents, Paul Wesley and Ollie Estelle Holton.

He is survived by his daughter, Hope Holton; granddaughter, Sophya Craven; brothers, Paul & Roy Holton; and sisters, Tina Ipock and Penny Welch.

A Celebration of Life will be announced at a later date.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

Earl S. Sadler Sr., 78, of Lowland passed away Sunday, December 24, 2017.



He was a member of both Dublin Grove and Wardens Grove FWB Church's and previously served with the Gideons. He was a well-known and respected community leader and entrepreneur in the commercial fishing industry. He mostly enjoyed spending time with his family and adored children.

He was preceded in death by his wife, Patsy Sadler.

He is survived by sons, Earl Sadler Jr. and wife, Merry, and Richard Manker; daughter, Joy Carrere and husband, John Jr.; five grandchildren, Earl Sadler III "Trey", Madison Sadler, John Carrere

III (Amy), Brandon Carrere (Becky) and Camron Carrere (Emily); three great-grandchildren, Emma Grace Carrere, Connor Michael Carrere and Hunter Cole Ireland; and his pet companion, Tiny.

His memorial service will be held 5 p.m. Wednesday, December 27th at Dublin Grove FWB Church with the Rev. John Carawan and Rev. Timmy Webber officiating.

The family will receive friends one hour prior to the service in the church fellowship hall.

In lieu of flowers the family suggested memorial contributions be made to Gideons International, c/o Roger Stewart, PO Box 924, Bayboro, NC 28515 or Pamlico Co. Rescue Squad, PO Box 302, Bayboro, NC 28515.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

Ponce DeLeon Ham Sr., 76, of Oriental, passed away Sunday, December 31, 2017, at home.

He was a member of Pamlico United Methodist Church. He worked as a commercial fisherman all of his life.

He is survived by his wife of nearly 57 years, Mary Ellen Ham; son, Ponce Ham Jr. and wife, Karin; daughter, Kim Sanders; five grandchildren. Lacy Whorton, Travis Whorton, Ponce Ham III and wife, Avery, Frank Leary III and Hunter Leary (Daniel Hacker); one great-grandchild, Kayden Hancock; sister, Lola Fornes and husband, Dennis; and nephew, Jonathan Fornes.

He was preceded in death by his cousin, Vernon Mason and niece, Rebecca Fornes.

His funeral service will be held 2:00 p.m., Wednesday, January 3, 2018 at Pamlico United Methodist Church with the Rev. Mike Roach officiating. Interment will follow immediately in Celestial Memorial Gardens.

The family will receive friends and relatives from 6 to 7:30 p.m. Tuesday, January 2nd at Bryant Funeral Home.

In lieu of flowers the family suggested memorial contributions be made to Pamlico United Methodist Church c/o Tillie Roberts, 9985 NC Hwy 306 S, Arapahoe, NC 28510 or Hospice of Pamlico, PO Box 6, Bayboro, NC 28515.

Arrangements by Bryant Funeral Home & Crematory, Alliance.



ATTENTION: North Carolina **Corn Farmers**

Corn growers across the nation are taking legal action to recover financial losses caused by Syngenta® GMO corn seed. When Syngenta® Global released a new strain of GMO corn into U.S. crops in 2011, they failed to get the corn approved by export partners. Many foreign markets rejected all U.S. corn, and as a result, U.S. corn prices plummeted!

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Responsible Attorney: Brian L. Kinsley and Michael T. Brown, Jr. 2400 Freeman Mill Road, Greensboro, NC 27406



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Historic Cherry Point Transport Squadron To Transfer To Western Skies

MARINE CORPS AIR STATION CHERRY POINT - Cherry Point's first Marine Corps flying squadron will take the final steps to transfer to a new home later this month when the squadron flag is packed and carried to Naval Air Station Joint Reserve Base Fort Worth, Texas.

Marine Transport Squadron 1, born and raised here in eastern North Carolina, is scheduled to officially transfer to the Texas base on December 31. VMR-1 will continue to support Department of Defense worldwide airlift operations as it transitions to more modern

aircraft under the current Marine Corps aviation plan. The Roadrunners will operate under the 4th Marine Aircraft Wing.

The move will have minimal impact on MCAS Cherry Point as only a small contingent of remaining military and contract personnel will transfer to the new location. VMR-1 discontinued flight operations with its two C-9B transport aircraft earlier this year, as part of the Marine Corps' sundown plan for those aircraft. The squadron's two remaining UC-35D aircraft, which are small passenger jets, were reassigned to the air station's Headquarters & Headquarters Squadron for maintenance and flight operations on October 1. They will remain at Cherry Point.

VMR-1 is the lone flying squadron at Cherry Point that is not part of the 2nd Marine Aircraft Wing, which is the Marine Corps' East Coast combat aviation command. The squadron has performed a wide variety of missions over its time here, ranging from base operations, to worldwide transportation of personnel and equipment, to search and rescue operations with the orange and gray helicopters commonly known as "Pedro."

The new laydown for VMR-1 operations will result in several benefits for the squadron and the Marine Corps, including a more centralized location for its airlift mission, and a move to a newer, larger, more capable aircraft - the Boeing C-40A.

The small contingent of Marines who will move with the squadron colors will carry a large legacy on their shoulders with this move. The squadron can trace its roots back to January 1943, when it was originally commissioned here as Aircraft Engineering Squadron 46 (AES-46). With more than 1,000 Marines, AES-46 was the largest aviation squadron in the Marine Corps and performed a myriad of airfield support operations. Among its assigned missions, AES-46 was responsible for air traffic control, services to visiting aircraft, station communications, and ordnance related activities, including care of the base ordnance magazine areas. Other support divisions manned by AES-46 Marines included airfield operations; crash, fire and recovery; and the air station photo lab.

Between then and now, the squadron received several name changes

as it adjusted its mission for an evolving Marine Corps. Over time, it split into Station Operations Squadron 2 (SOS-2) and Station Airfield Engineering Squadron (SAES-2). Later, it reformed as Station Operations and Engineering Squadron (SOES) until it became VMR-1 in 1997. VMR-1 remained a unique Marine Corps asset that eventually operated C-9B Skytrain II aircraft, UC-35D Cessna Encores, and HH-46D Sea Knight search and rescue helicopters. Those helicopters were a common sight over the coastal region until they were decommissioned in September 2015 when the Marine Corps divested itself

of the search and rescue mission.

Over the past decade, VMR-1 has achieved many accomplishments and awards to its credit. In February 1990, VMR-1 became the first Marine aviation unit to fly to the former Soviet Union when the squadron transported the U.S. Marine Band to Moscow. From August 1990 through 1991, the squadron flew nearly 2,000 hours moving troops and cargo in and out of the Middle East in direct support of Operations Desert Shield and Desert Storm. The squadron was awarded the Coast Guard Meritorious Unit Commendation with Operational Distinguishing Device in 1992, 1998 and 2001, and received the Marine Corps Commandant's Aviation Efficiency

Trophy in 1994. The squadron has been the recipient of the CNO Aviation Safety Award an incredible 15 times between 1990 and 2006. After Hurricane Floyd washed through eastern North Carolina in September 1999, VMR-1 helicopter crews rescued 399 people directly threatened by flood, and provided logistical support with emergency delivery of water and food supplies to volunteer workers and isolated communities throughout the region. It was this kind of dedication that earned VMR-1 a Commandant of the Marine Corps Certificate of Commendation in 2000 with an associated Meritorious Unit Commendation. Additionally, the squadron was recognized by the Joint Operational Support Airlift Center as the Unit of the Year (Large Jet Category) in the first quarters of 2000 and 2002. Earlier this year, the squadron and associated detachments were listed to receive a Presidential Unit Commendation and a Meritorious Unit Commendation for recent service.

As VMR-1 starts a new chapter in its long and illustrious life, it will be long remembered for its many notable accomplishments over the past 74 years. The daily sight of VMR-1's Pedro helicopters winging along the coast here on missions for the Marine Corps and the community at large will stand out most significantly to the people of eastern North Carolina - but there are many others who will remember their flights with the squadron ... to nearly every corner of the globe.

2018 NC Travel Guide Inspires A Scenic Journey Through History, Cuisine And Nature

RALEIGH — The 2018 "Official North Carolina Travel Guide" leads travelers to dining discoveries from Asheville to Wilmington, water-filled adventures from the Alligator River to Turtleback Falls, and a tricentennial voyage through history with Blackbeard. With today's announcement of the guide's release, Visit North Carolina launched three different Travel Guide covers, which reflect the state's diversity of natural beauty and travel experiences. The coastal cover

features a couple with surfboards in the early morning glow at Wrightsville Beach. Liberty Warehouse in lively downtown Durham reflects the urban energy of the Piedmont's cities. Rafters on the French Broad River north of Marshall signal adventure in the mountains. "The Travel Guide provides inspiration for visitors to North Carolina that lead to richer experiences," said Wit Tuttell, executive director of Visit North Carolina. "It's the promise of grand landscapes and simple pleasures, epic adventure and perfect serenity, dramatic history and soul-stirring moments. Whatever inspiration a traveler seeks, North Carolina has a way to satisfy it." First-time features inside the guide include a 10-question pop quiz and visitors' Instagram photos of North Carolina lighthouses. "The Pirate Life" tracks Blackbeard to his riotous end, a 1718 duel to the death off the island of Ocracoke. Vivid photos and succinct text draw attention to art, culture, and momentous histories



2018's "Official North Carolina Travel Guide" is free. The 172-page print edition is available at the state's nine Welcome Centers; it can also be ordered at VisitNC.com and 800-847-4862 (800-VISITNC). Beginning Dec. 14, readers can link to a digital magazine version from VisitNC.com. The digital version, which includes all three covers, is enhanced by information pop-ups, a social media share feature, search functions and clickable URLs. Responsive

> design technology automatically adapts the digital guide to desktop, mobile and tablet devices for a seamless, user-friendly experience, no mat-

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in New Bern, Fayetteville and Cherokee. And "Incredible Eats" whets appetites for celebrated treats and suggests between-bite activities.

Travel planners will find assistance from a two-page map with major roads, bodies of water, parks, and cities and towns. Regional directories list accommodations and attractions in hundreds of destinations.

Three sweepstakes prized with North Carolina weekend getaways corresponding to the destination covers will launch later this month remaining open until January 31, 2018.

ter how readers access it.

The 2018 Travel Guide, the official guide for North Carolina's state tourism office, was produced by Meredith Travel Marketing. It was financed by private industry support with nearly \$730,000 in advertising in the 500,000 printed copies. Listings for the 900 attractions and 2,900 accommodations and campgrounds were provided for free. The self-mailer format for printed copies reinforces the green initiatives of Visit North Carolina, which is part of the Economic Development Partnership of North Carolina (EDPNC). The EDPNC is contracted by the North Carolina Department of Commerce to execute North Carolina's marketing and recruitment functions. The partnership serves to assist efforts in economic development, international trade, and tourism, film and sports development. Tourism remains one of the state's most vital

252.745.4561

industries with economic activity and employment generated in each of the state's 100 counties. In 2016, domestic travelers to North Carolina spent \$22.9 billion, which accounts for 218,340 jobs for North Carolinians. State and local tax revenues, as a result of visitor spending, approached \$1.9 billion in 2016. Tourism spending creates \$497 in annual household savings. North Carolina ranks sixth in total person-trip volume by state behind California, Florida, Texas, New York, and Pennsylvania.

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10 A Things To Know



Gov. Cooper Takes Action To Keep Home Heating **Fuels Available Amid Freezing Temperatures**

In anticipation of a forecast of cold weather, Gov. Roy Cooper signed an executive order to help maintain supply of home heating fuels like propane across North Carolina.

"Freezing temperatures could cause rising prices and transportation challenges for propane and other fuels that keep homes warm," Gov. Cooper said. "I'm taking action today to make it easier to

get heating fuels into North Carolina for those who need it."

Restrictions Lifted to Keep Home Heating Fuels Flowing to NC

Today, Gov. Cooper signed Executive Order No. 30, declaring a state of emergency to temporarily waive the cap on maximum hours of service restrictions for fuel vehicles traveling in and through North Carolina.

Several additional states along the east coast are requesting similar waivers on hours of service restrictions.

The executive order will help propane and heating fuels move in and through the state more easily and quickly in response to delivery problems that could be caused by freezing temperatures in North Carolina and in the Northeast and Midwest. The order will also help meet continued demand for heating fuels. According to the North Carolina Propane Gas Association, North Carolina is the third largest user of propane in the country.

Price Gouging Law Now in Effect Statewide Today's executive order has also put North Carolina's price gouging law into effect statewide

In Remembrance

- Beth Elaine Harrington, 66 of Greenville, TX • Mary H. Ferris, 84 of Oriental
- Yvonne June Stevenson, 85 of Oriental
- Mitchell Wayne Nipper, 74 of Grantsboro Teresa Muse Cooney, 63 of Bayboro
- Ernest Albert Alligood, 85 of Aurora
- Norma "Lucille" Ireland Sadler, 77 of Hobucken

• Paul Poncet Meyer, 80 of Oriental • Ricky Odell Sawyer, 56 of Grantsboro

Richard "Dick" Joseph Scoppe, 82 of New Bern

• Shawn Lee Hopkins, 35 of Aurora MGSgt Richard "Dick" Joseph Scoppe, age

- 82 · Dorothy "Dot" Lucille Harrison, 89 of
- Arapahoe · Jo Ann Moore Stowe, 77 of Grantsboro • Russell Veston Willis, Jr., age 70 of Reelshoro
- Jo Ann Moore Stowe, age 77 of Grantsboro • Ruben Ray Rochelle Jr., age 59 of Bayboro

for the next 30 days or for the duration of the emergency, whichever is less. The price gouging law prohibits overcharging in a time of crisis.

North Carolinians who spot potential gas price gouging may report it to the North Carolina Attorney General's Office at ncdoj.gov or 1-877-5-NO-SCAM.

Forecast Shows Freezing Temperatures, Slight Chance of Winter

Precipitation Through Friday A slight chance of freezing drizzle or light freezing rain remains across far southeastern NC late tonight through early Friday morning. Any ice accumulations will be on the order of a hundredth of an inch or less. Confidence is not high that these areas will see precipitation, but even a light glaze of ice could result in slick

conditions on sidewalks, roads, and bridges during Friday's morning commute. Temperatures across southeastern NC on Friday are expected to climb above freezing during the late morning hours.

NC Emergency Management shared the following tips for staying warm through the cold weather:

Only burn wood for heat. Never use grills, camping stoves, or generators indoors.

Keep holiday decorations and other items away from heaters.

Check your home's smoke detectors and keep a working fire extinguisher.

Wear extra layers of clothing.

Additional winter safety tips can be found on the free ReadyNC mobile app or online at readync.org.

Continued from page 1

- Etles Allen Henries Sr., age 88 of Aurora Alma Edgerton Register, age 84 of New Bern
 - · Julia Boyd Peterson, age 88 of Arapahoe
- Mrs. Myra Whorton Wingate, age 95 of Bath · Howard Osmond Troop, age 87 of
- Reelsboro • Bettie Pegram Lee, age 68 of Arapahoe
- Thomas William Smith, age 93 of Oriental
- Franklin M. Keller, age 87 of Oriental
- Jerome Parker, age 87 of Pamlico County Norman Hardison Willis, age 55 of
- Bayboro • Elizabeth "Libby" Lupton Cahoon, age 83 of Grantsboro
- · Peggy Sisk Wooster, age 76 of Alliance · Phillip "Pig" Riley Pipkin Sr., age 64 of Reelsboro
- Mark Anthony Yurko, age 49 of Arapahoe Archie "Chip" Clayton Williams, III, age 64 of Arapahoe
 - · Alisa Lynne Burke Miller, age 40 of New Bern June Strong Carpenter, age 93 of Oriental Janice Marie Kush Gates, age 67 of Oriental • Billy Raeford Rogers, age 77 of Reelsboro



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- Renona Walker Potter, age 79 of Hobucken
- · Captain James J. Cutshall USMC-Retired,
- age 85 of Stonewall
- Jesse James Williams, age 81 of Grantsboro • Bryan Michael Spain, 19 of Stonewall
 - · Rebecca Collins Fornes, age 44 of Grantsboro
- · Faye Spencer Ireland, age 70 of New Bern Larry C. Caraway, age 72 of Alliance
- · Charles Leroy Richardson, Jr., age 53 of New Bern
 - Siddie Cooper Greene
- · Kathleen "Winkie" Silverthorn Slade, age 99 of Whortonsville
 - · Glenda Bland Whealton, age 74 of Grantsboro
- Arnoldus Engel, age 85 of Oriental
- Gretchen Rice Bennett, age 82 of Stonewall
- Kenneth "Hop" Hudson, age 72 of Pamlico County
- · Melba Tingle Dixon, age 98 of Oriental Mamie Slade Banks, age 81 of Ayden
- · Alton Wayne Caton Sr., age 78 of Bayboro Pauline (Abbie) Armstrong, age 38
- Betty Gray Bennett, age 81 of Reelsboro
- Nellie Spain Hopkins, age 88 of Aurora
- Rebecca Sue Yelverton Chase, age 71 of Alliance
- Letha Marie Paul, age 80 of Alliance
- George Dennis Rolison, age 70 of Alliance
 - · Jeannette Alyce Santoro, age 73 of Whortonsville

- · William "Red" Bryan Jones, age 67 of Mesic • James Damron "J.D." Gaskill, age 37 of Oriental
- Peggy Love Spruill, age 81 of Savannah, GA
 Mavis Reeder O'Neal, age 82 of Bayboro

 - Robert J. McLean, age 95 of Grantsboro · Darrell "DJ" Wayne Rogers, age 31 of Alliance
 - · Bill Sternberg, age 77 of Oriental
 - Dalton Clement Hardison, Sr. Age 84 formerly of Alliance
- Rudolf Hans Scheller, age 83 of Pamlico County
- · Cleo Matthew Vandiford, age 62 of Edward
- Elsie Bateman Willis, age 94 of Warrenton • Deborah Oliver Jones, age 65 of Arapahoe Elva Maylene Hill, age 80 of Oriental
- Wesley Jay VanHook, Jr., age 31 of Bayboro
 Ronald "Ronnie" Edward Dunlap, age 61 of Grantsboro
- · Joseph Lawrence "Jay" Fohner, Jr., age 88 of Sumter
- · Robert "Bob" Lynn Rice, age 61 of Olympia · Katharina Scholl Burt, age 88 of Oriental

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Ben Casey has authored three books on Eastern NC waterways, is a photo-essayist, and documentary photographer.









CLUES ACROSS 1. Put within

17. Logical basis for a belief 18. Of I

21. Insignificant organizational member 22. ____ route

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31. Spanish soldier "El

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9. Belongs to sun god

2. Canadian peninsula 3. Koran chapters

34. Obscure unit of measurement

35. Okinawa prefecture capital 37. Platforms

4. Abba , İsraeli politician

32. Pouch-like structure

CLUES DOWN

Youngster

11. Great in salads

14. Entryway
 15. Support pillars

25. Aquatic mammal 26. ____ Farrow, actress

27. Unhappy 29. Holds molecules

6. Burns

10. Nickel

12. Leader

31. Thrifty

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6. Learned person

19. Indicates position

12. Resistance 16. Female title

20. Article

systems 26. Ponds

28. Satisfy

30. Dad

39. Jazz singer Irene

44. Needed to see

47. Fast plane48. Bahrain dinar

50. Urgent request
 52. Raccoon genus

54. Millisecond

61. Free agent62. For instance

66. Lincoln's state

33. French dynasty

42. Used to fry things

63. Reduces

67. Quit

39. Dawn

51. Passion

56. Atlanta rapper 57. Rural delivery

59. Intrauterine device 60. The Wolverine State

70. Midsections71. Bullfighting maneuvers

36. Scottish port38. Irish militant organization

. Musical group of seven

47. Fourth son of Jacob and Leah49. Goes against

58. Mountain and morning are two

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65. Retirement plan68. Star Trek character Laren

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43. Carrot's companion46. Rough stone landmarks

53. Hard white animal fat

54. Soybean pastes55. Beckon

60. Self-referential

64. Data executive

69. You and I

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41. Hellenistic governors 43. Brownish-green fruit

45. Political action committee

40. Benefits

Things To Know 11A

MARINER'S MENU: Falling for Oysters

From Coastwatch 2017 Holiday Issue Photos by VANDA LEWIS

These simple recipes will make the oyster the star at your holiday celebrations.

As the eldest of three girls, I've always been the most adventurous with food - especially seafood. I always was the first to try shrimp, lobster, fried crawdads and any sushi I could get my hands

on. Growing up close to the southern California coast, I took advantage of the easy access I had to fresh seafood.

But it wasn't until I moved across the country to North Carolina that I learned of the complex process of how the seafood I've always enjoyed made its way to me from the coast.

Most of what I've learned about seafood has come from working with North Carolina Sea Grant due to the team's partnerships with fishing communities and

industries. These glimpses of what it takes to make seafood available throughout the state have changed my own perspective about seafood, and have reinforced my interest in N.C. seafood.

I've become particularly interested in oysters. Wild harvest boosts the bivalves' availability during the fall and winter seasons.

Whether on the West or East coast, or anywhere in between, these oyster recipes from Mariner's Menu: 30 Years of Fresh Seafood Ideas are sure to impress even the least adventurous holiday guest with their fresh simplicity.

Mariner's Menu by Joyce Taylor can be purchased from ncseagrant. ncsu.edu/bookstore or at your local bookstore. Visit the Mariner's Menu blog at marinersmenu.org for more recipes and updates. - M.I.

GARLIC BUTTER OYSTERS

- Garlic Butter Oysters
- 24 oysters in shell
- 2 teaspoons pressed or minced garlic
- 4 tablespoons chopped fresh parsley
- 2 tablespoons butter
- 4 tablespoons fresh bread crumbs

Shuck oysters and reserve deeper shells. Combine garlic and parsley. Place oysters in reserved shells in a bed of rock salt. Place 1/2 teaspoon garlic/parsley mix on top of each oyster. Place 1/2 teaspoon crumbs over each. Top each with 1/4 teaspoon butter. Broil about 4 inches from heat source until oysters are done and crumbs are brown, about 8 to 10 minutes. Serves 4.

BAKED OYSTERS WITH BACON Baked Oysters with Bacon 2 dozen large unshucked oysters 6 slices bacon 1 cup fresh cracker crumbs 1/2 cup mayonnaise



In small bowl, combine

Place deep layer of rock salt in bottom of large pan or baking dish. Arrange reserved shells in rock salt, being sure that they are level. Place one oyster in each shell. Spread crumb mixture over each. Top

with a piece of bacon, then sprinkle with cheese. Bake at 450 F until bacon is crisp and oysters are done, about 8 to 10 minutes. Serves 4 to 6.

- GOLDEN FRIED OYSTERS Golden Fried Oysters 1 pint select oysters 1/2 tablespoon sake (rice wine) 1/2 teaspoon salt freshly ground black pepper flour
- 2 eggs, beaten
- vegetable oil for frying

Drain oysters. Place in bowl and mix with sake; let stand about 5 minutes. Remove and pat dry with paper towels. Sprinkle with salt and pepper. Roll in four, shaking off excess.

Dip oysters in egg and place in oil in large heavy skillet. Cook at 375 F until golden brown on one side, about 1 to 2 minutes.

Turn and repeat on other side. Drain on paper towels. Serves 4 to 6.

Operation Veggie Box!



2 tablespoons thinly sliced green onion, including tops 1 teaspoon fresh lemon iuice

1 teaspoon Tabasco sauce 1/2 teaspoon Dijon mustard

1/2 cup freshly grated Parmesan cheese rock salt

Scrub oysters with stiff brush under cold, running water. Shuck, reserving deep half of shells. Drain oysters. Cut bacon slices into quarters. Cook until limp, but not brown.

crumbs, mayonnaise, onion, lemon juice, Tabasco and mustard.

For our 4th Annual Operation Veggie Box! Event we delivered 2,000 boxes of vegetables with spiritual messages to families in need in six eastern NC counties! About 30,000 lbs of potatoes, sweet potatoes, onions, and sweet corn were delivered.

For our 4th Annual Corn JAM! we harvested over 15,000 lbs of sweet corn!

Local Farmers and Businesses

Don Lee Farms and Neuse River Turf Farm Arapahoe, NC Grows an acre of sweet corn and Hosts the Corn JAM! Flatland Ag Aurora, NC Supplies onions. Sackett Potatoes Vandemere, NC Supplies potatoes Tull Hill Farms Kinston, NC Supplies sweet potatoes Sevenski Trucking Bayboro, NC Vince Sevenski Donates use of truck, fuel, and driver to deliver vegetables to boxing sites. Pamco Dixie Alliance, NC Provided pallets Pamlico News Oriental, NC Print and promotional coverage Potash Corp – Aurora *financial support* Society of St. Andrew Durham, NC Contacts Society of St. Andrew Jacksonville, NC Volunteer harvest group Food Bank of Eastern and Central NC New Bern, NC Boxes Spectrum Communications, Jacksonville, NC Television Coverage Sun Journal/Charlie Hall New Bern, NC Print and media coverage WCTI-12 New Bern, NC Television Coverage

Local Christian Churches and Organizations

1. Alliance Chapel AME Zion Church Alliance, NC

- 2. Anointed Remnant Church of Christ, Disciples of Christ Arapahoe, NC
- 3. Antioch Free Will Baptist Church New Bern, NC
- 4. Arapahoe Charter School Students and Staff Arapahoe, NC
- 5. Bayboro Baptist Church Bayboro, NC
- 6. Bethany Christian Church and Youth Program Arapahoe, NC
- 7. Camp Seafarer Arapahoe, NC
- 8. Dick and Joan Lilley Oriental, NC
- Delivered boxes to Lumbee Indian Tribe
- 9. Dublin Grove Original Free Will Baptist Church Aurora, NC
- 10. Elizabeth Cuttherll Florence/Whortonsville, NC
- 11. Fishes and Loaves Oriental, NC
- 12. Goose Creek Pentecostal Holiness Church Goose Creek, NC
- 13. Habitat for Humanity Grantsboro, NC
- 14. Loaves and Fishes Beaufort, NC
- 15. Lowland Pentecostal Holiness Church, Lowland, NC
- 16. Oriental United Methodist Church Oriental, NC
- 17. Outreach Ministerial Association Havelock, NC
- 18. Pamlico Community College Grantsboro, NC
- 19. Pamlico Lighthouse Ministries Bayboro, NC
- 20. Pamlico Rescue Squad Bayboro, NC
- 21. Pamlico County Chamber of Commerce Grantsboro, NC
- 22. Pamlico County Sheriff Department Bayboro, NC
- 23. Pamlico Senior Citizens Center Alliance, NC
- 24. Reelsboro Methodist Church, Reelsboro, NC
- 25. Religious Community Services New Bern, NC
- 26. Rock of Zion Baptist Church Grantsboro, NC
- 27. Sarah Gibbs and Ruddell King Maribel and Vandmere and Mesic, NC
- 28. Silver Hill Christian Church Grantsboro, NC
- 29. St. Peter the Fisherman Oriental, NC
- 30. St. Thomas Episcopal Church Oriental, NC
- 31. Town of Vandemere
- 32. West Branch Missionary Baptist Church Bayboro, NC
- 33. United States Marine Corps/Young Marine Program, Cherry Point, NC



"But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you." John 16:7

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." John 3:16

"The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all." 2 Corinthians 13:14

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Bethany Christian Church Boxing Site.

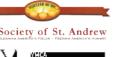


















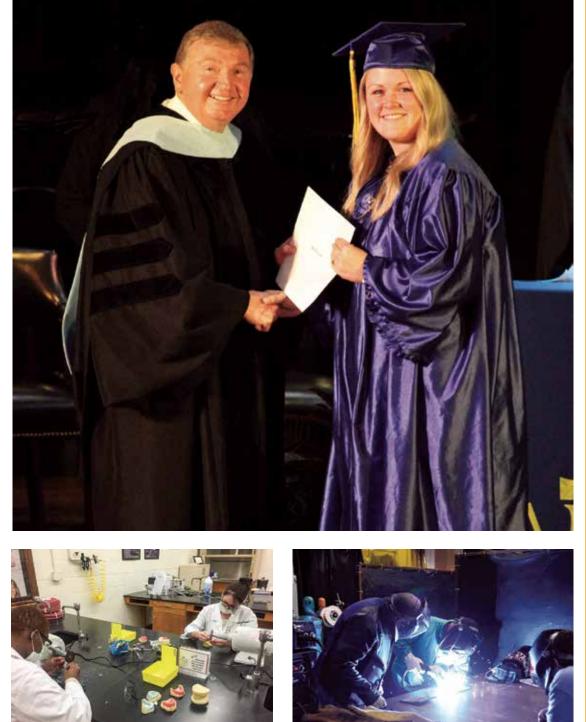
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