

# Classifieds

## Kitchen Chatter by Nancy Winfrey

### MEATLOAF RECIPES AND OTHER THINGS...

#### BEST EVER MEATLOAF

1 or 1-1/2 pounds ground beef  
 1 can Campbell's Beef Vegetable Soup, undiluted  
 1 egg  
 Several crushed saltine crackers or bread crumbs  
 Topping (recipe follows)  
 Blend the soup, egg and crushed saltine crackers with the ground beef and blend well. Shape into a loaf and place in baking dish or pan. Spread the topping over the loaf and stretch 2 or 3 slices of uncooked bacon across the loaf. Place in 350 degree oven and bake for about 30 or 35 minutes or until done.

#### Topping:

1/3 cup catsup  
 1 tablespoon mustard  
 1 tablespoon brown sugar  
 Combine ingredients and blend well.  
 NOTE: Use with or without topping - you choose.

#### BARBECUED MEATLOAF

1-1/2 pounds ground beef  
 1 cup breadcrumbs  
 1 medium onion, finely chopped  
 1 egg, beaten  
 1-1/2 teaspoons salt  
 1/4 teaspoon pepper  
 1 can (8-oz.) tomato sauce, divided  
 1/2 cup water  
 3 tablespoons brown sugar  
 3 tablespoons vinegar  
 Dash of hot sauce  
 2 tablespoons prepared mustard  
 2 teaspoons Worcestershire sauce

Combine the beef, breadcrumbs, onions, egg, salt, pepper and 1/2 cup tomato sauce. Spoon into a baking dish and shape into a loaf. Combine remaining 1/2 cup tomato sauce and remaining ingredients. Pour over meat loaf. Bake in 350 degree oven for 1 hour and 15 minutes, basting occasionally with the sauce. Serves 8.

#### SUPER MEATLOAF

1-1/2 pounds ground beef  
 3/4 cup uncooked regular oats

2 eggs, slightly beaten  
 2 teaspoons salt  
 1/4 teaspoon pepper  
 1 teaspoon Worcestershire sauce  
 2/3 cup milk  
 2 strips bacon  
 Mushroom Filling (recipe follows)

Combine all ingredients except the Mushroom Filling. Place half of the meat mixture in a lightly greased baking dish. Form into a loaf shape. Make a shallow well lengthwise in the loaf. Spoon the Mushroom Filling into the well. Spoon remaining meat mixture over the filling, covering all the filling and shaping into a loaf. Place the bacon lengthwise across the loaf. Bake in 350 degree oven for 1 hour. Let stand 5 minutes before cutting. Serves 8.

#### Mushroom Filling:

1 cup sliced mushrooms  
 1/2 cup chopped onions  
 2 tablespoons butter and margarine  
 1/3 cup commercial sour cream  
 Sauté the mushrooms and onions in butter until soft. Remove from heat and stir in sour cream. Makes 1 cup.

#### SALMON LOAF

1 can (15-1/2-oz.) salmon  
 3 tablespoons salmon liquid  
 1-1/2 cups breadcrumbs  
 1 egg  
 2 teaspoons grated onions  
 13 cup evaporated milk  
 Salt and pepper  
 Butter Sauce (recipe follows)

Combine all ingredients except the Butter Sauce. Pack into a well greased and floured 8-1/2x4-1/2-oz.x2-5/8-inch loaf pan. Bake in 350 degree oven for 35 minutes. Serve with Butter Sauce. Serves 6.

#### Butter Sauce:

3 tablespoons butter or margarine  
 3 tablespoons all-purpose flour  
 Salt and pepper  
 1-1/2 cups milk  
 2 egg yolks, beaten  
 1 teaspoon lemon juice  
 Melt the butter in a small saucepan - stir in flour, salt and pepper until smooth. Add milk slowly and cook and stir until thickened. Beat some of the hot mixture into the egg yolks and stir into remaining hot mixture. Cook 1 minutes. Stir in lemon juice. Makes 2 cups.

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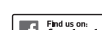
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