



The Pamlico News

Wednesday, July 10, 2019

Your County News Source Since 1968

www.thepamliconews.com | 50 Cents

OBITUARIES



George R. Brinson, 88, of Arapahoe, died peacefully at Vidant Medical Center surrounded by family on July 2, 2019. He is survived by two daughters, Angela Brinson Rea (David) and Jennifer Brinson Sadler (Andrew). His grandchildren are Laura Rea Doxey (Ryan), Rebecca Rea Myers (Taylor), Jessica Sadler Padilla (Kelly), and Andrew Sadler, III (Courtney). His great grandchildren are Lila Doxey, Luke Doxey, Paige Myers, Nolan Myers, Jackson Sadler, and Scarlett Sadler. He is also survived by one brother, Roy Brinson, one sister, Carolyn Cox, one sister-in-law, Shirley Brinson, and one brother-in-law, Jay Barrington. He is survived as well by many nieces, nephews, and cousins whom he loved dearly. His little dog and beloved companion, Simbo, is also among the many who are missing him.

He was born on May 20, 1931. He was preceded in death by his loving wife of 63 years, Mary Elizabeth "Lib" Sawyer Brinson. Also preceding him in death were his beloved parents, Jarvis and Bessie Brinson, brothers, Robert Brinson and Leland Brinson, and sisters, Edna Brinson Rice, Ruby Brinson Evans, and Mary Brinson Spruill.

He was a faithful member and elder of Amity Christian Church, where he has attended church all of his life, and was involved in all aspects of church fellowship and service. He taught both the teen and adult Sunday School classes over the years, chaired the church board, and served on many committees. He also faithfully prepared the bread and wine for the Lord's Supper each Sunday from 1982 until June 16, 2019.

Mr. Brinson graduated from East Carolina College in 1953, having majored in Education, English, and Economics. Immediately following his college graduation, he proudly served in the US Army during the Korean War and was stationed in Korea for 18 months.

He began his career in education as an English teacher at New Bern High School. He then taught sixth, seventh, and eighth grades in various combinations at Arapahoe Elementary School and coached basketball there as well. He somehow found the time to commute to East Carolina College for night classes in order to complete a Master's Degree in School Administration during those busy years. He later became principal at Arapahoe Elementary School while still teaching and coaching. Following several years at Arapahoe Elementary School, he moved on to serve as principal at Pamlico County High School for four years.

He became superintendent of Pamlico County Schools in 1969 and remained in that position for 22 years (1969-1991). He absolutely loved his work as an educator. He formed close and lasting ties with countless students, families, and staff in every school. Mr. Brinson had the gift of being able to specifically recall funny and touching personal stories about his students. He delighted in maintaining close friendships with them throughout their

■ Obituary on Page A5

Citizens of Pamlico, Craven, Carteret and Beaufort Counties Demonstrate Against the County Compass



On June 19, 2019, the County Compass published its regular article by Constance Hanna, "Trump Report Card." This article is a regular in the County Compass and supports President Trump completely and points out a lot of things that President Trump has done. Generally the Report Card contains information readily picked up by most conservative news outlets and there is nothing new in the "Report Card." However, in the June 19th issue it deals with various departments and their attempts to keep President Trump from gaining the Republican nomination for President in 2016 or being elected after he was nominated. The title of the article, "If we want to make America great again, We will have to make evil people fear punishment again." Alongside that stern warning, was the picture of a hangman's noose. A large number of citizens in Pamlico and surrounding counties, found this photo of the hangman's noose as offensive or at least disturbing. The symbol of the hangman's noose brought up images of racial strife in the early part of the twentieth century when blacks were lynched by the hundreds. Many of those who found the article, especially the hangman's noose to be offensive, decided they had the responsibility to demonstrate against the County Compass to make it known that they were very upset over the photo of the noose as well as offended by it and that such a photo had no place in Pamlico

County, especially in a county paper. As a result, on Wednesday afternoon, July 3rd, a group of about 50 citizens of Pamlico, Craven, Carteret and Beaufort counties showed up in front of the County Compass office to demonstrate against the Compass showing their disapproval of the issue with the noose. This was a quickly organized group of citizens organized to protest the photo of the noose and the symbol it represented of hate. These demonstrators believe there is no room for hate in Pamlico County as represented by the hangman's noose. In talking with the various members of the protest, the reporter found the demonstrators were clear in what they were demonstrating for or rather against. They were opposed to the publication of the hangman's noose which to them symbolized hate.

Catherine Garcia was one of the leaders/organizers of the event. She said, "We are protesting the image of the noose that was that was printed in the County Compass and that is hate speech and we don't want it in our local papers." She went on to add, "We are a quickly put together group of concerned citizens that came together when we saw that image to create a rally to bring attention to it, because . . . you can't allow hate to grow."

When asked if they had contacted the publisher, Mrs. Garcia responded, "We have contacted Jeff, he has not really responded, he has not given us a

■ See Compass Protest Page A6



Station 19 Receives Large Grant

By Stephen Rice

On Friday after the opening ceremony for the Croaker Festival in Oriental, Miss Sally Belangia took off her Mayors hat and put on her hat as President of the Dottie Gray Ambulance Fund, a component fund of the NCCF. As President she presented Station 19 in Oriental with a check for 20,600.00 to purchase a lifesaving piece of equipment called a "Life Pack 15" for Station 19's Quick Response Vehicle.

This Monitor/Defibrillator will help our local first responders start gathering valuable information from the patient such as heart monitoring, blood pressure, respiration and other critical data prior to the ambulance arriving. The Life Pak 15 also functions as an AED/Defibrillator should the patient need to be shocked to help bring them back to normal rhythm. Congratulations to Station 19 for receiving this grant for much needed equipment to better serve your community.

■ Continued on Page 10



Republican Run-off Election

Republicans in the Third Congressional District went to the polls on July 9th to elect their candidate to run in the general election for Congress on September 10th. The election was between Dr. Joan Perry of Kinston and Dr. Greg Murphy of Greenville. The winner of Tuesday's primary run-off will face Allen Thomas, Democrat; Tim Harris, Libertarian; and Greg Holt, Constitutional Party in the September election. They are competing for the seat vacated by Congressman Walter B. Jones who passed away, leaving the seat vacant.

State's Shellfish Farming Industry Bound for Success

The newly passed Shellfish Aquaculture Act will provide new support for the North Carolina mariculture industry.



OCEAN — North Carolina's shellfish farmers will get a serious boost now that the North Carolina General Assembly has passed the Shellfish Aquaculture Act, which will help grow the industry into a \$100 million enterprise by 2030—supporting the state's coastal economy and environment.

Gov. Roy Cooper signed the bill into law on June 21. In addition, the proposed state budget also allocates \$682,000 toward growing the industry, although a final budget has not yet been agreed upon by the governor and the General Assembly.

"This bipartisan effort will help to grow shellfish farming into a major economic powerhouse for coastal North Carolina," said Todd Miller, executive director of the North Carolina Coastal Federation. "This industry requires clean water to prosper which means we will also need to invest to keep our coastal resources healthy and productive."

Prior to the passage of this bill, the federation and a diverse group of stakeholders developed a strategic plan to grow the shellfish farming industry. It became a key foundation for the provisions in the Shellfish Aquaculture Act, which addresses many important parts of the industry.

Among the act's provisions is the establishment of Shellfish Enterprise Areas—a new approach to leasing areas of public coastal waters that streamlines and accelerates the permitting process while ensuring growers are leasing in locations that will not interfere with other users of coastal waters.

WEEKEND WEATHER

Saturday: The forecast for Jul 13 is 89 degrees and Moderate or heavy rain shower. There is 62 percentage chance of rain and 3 mph winds from the South-Southwest. **Sunday:** The forecast for Jul 14 is 92 degrees and Partly cloudy. There is 46 percentage chance of rain and 4 mph winds from the Northeast.



TURNAGE
Construction & Trucking Co. Inc.
2373 NC Hwy 304, Bayboro, NC 28515

Rock, Sand & Topsoil
Custom Excavation, Bulldozer & Backhoe Services
Clearing • Grading • Rock Bulkheads
Custom Septic & Drainage Installation
NC Onsite Wastewater Contractors & Inspectors
Cert # 2043 | Grade IV | Cert # 20431 | Grade Inspector

Dwight Turnage
Office: 252-745-4976
Cell: 252-637-8817
Fax: 252-745-5240

COMMUNITY

WEATHER FORECAST

Wednesday: The forecast for Jul 10 is 86 degrees with a chance of a thunderstorm in spots. Chance of rain is only 41%.

Thursday: The forecast for Jul 11 is 88 degrees and Thundery outbreaks possible. There is 60% chance of rain and 15 mph winds from the Southwest.

Friday: The forecast for Jul 12 is 89 degrees and a shower is possible, but more likely thunderstorms. Heavy cloud cover as well. Chance of rain 53%.

Saturday: The forecast for Jul 13 is 91 degrees and towering clouds, with a thunderstorm possible in the afternoon. Winds should be at 9 mph and the chance of rain is only 30%.

Sunday: The forecast for Jul 14 is 92 degrees and Partly sunny. There is 11% chance of rain and 10 mph winds from the Southwest.

Monday: The forecast for Jul 15 is 93 degrees with variable cloudiness. Real feel of 101 degrees. Very low 25% of rain with winds out of the Northeast reaching 16 mph.

Tuesday: The forecast for Jul 16 is 94 degrees with times of clouds and sun early on, but leading to thunderstorms or showers in the afternoon. Very humid with a real feel of 103 degrees. Chance of rain 30%.

Wednesday: The forecast for Jul 17 is 94 degrees and sunny. A real feel of 105 degrees and a chance of thunderstorms in the afternoon. Chance of rain 30%.

OBITUARIES

Mr. George Brinson

Obituary Continued from page A1

lives, kept up with their accomplishments, and remained available to them as their friend over the years. Likewise, they remained available to him and endlessly reached out to him in fun and wonderful ways.

In 2012, the North Carolina Center for the Advancement of Teaching honored him with the presentation of an Honored Educator Scholarship in his name.

Over the years, Mr. Brinson was an active and vital member of numerous boards, including Pamlico Community College Board of Trustees, Pamlico County Education Foundation, Library Board of Pamlico County and Craven-Pamlico-Carteret Library, Pamlico County Historical Association, Pamlico County Heritage Center, Heartworks, and Pamlico County Chamber of Commerce. He served on the Perry Griffin Foundation and Walker Scholarship Fund interview team for many years and as recently as mid-June of this year.

Mr. Brinson loved and enjoyed his family, devoting himself to not only his own family, but to his huge extended family as well. He enjoyed simple things like daily visits with his parents during their

lifetimes, gathering around the table for big meals, long Sunday afternoons with family following “dinner” right after church, and all of the outdoor fun that goes with life in the country. He is affectionately known as “Ba” to his grandchildren and great grandchildren. They could always count on Ba’s undivided attention and total interest in their little worlds and interests every single time he was with them. He loved sharing with them treasures from his collections, and clearly passed along to them a desire to explore nature and a love of fresh air and sunshine.

The funeral will be on Wednesday, July 10 at 2:00 PM in the auditorium of Pamlico County High School. The family will receive friends in the auditorium immediately following the funeral. A private burial will be held on Sunday, July 7th at Amity Christian Church Cemetery.

In lieu of flowers, memorials and donations may be made to Heartworks PO Box 365, Bayboro, NC 28515, Hospice of Pamlico PO Box 6, Bayboro, NC 28515, or to a charity of the donor’s choice.

Arrangements by Bryant Funeral Home & Cremations, Alliance.



Brenda Lupton Frankie, 68, of Winterville, formerly of New Bern, entered eternal life while at home on Friday, July 5, 2019 after a long and courageous battle with cancer.

Brenda was the first child born to James Lloyd, Jr. and Sara Hill Lupton of Whortonsville on August 31, 1950. She lived many years

in that small community until the family moved to Bayboro. She was a member of the Pamlico County High School Class of 1968. Brenda also graduated from Hardbarger Junior College of Business shortly after high school graduation and, later in life, she earned her LPN and RN from Craven Community College. She worked as a nurse for several years in New Bern.

Family has always been an important part of Brenda’s life. She loved having family over to celebrate holidays, other special occasions or simply “just because.” She wanted her immediate and extended family members to enjoy one another’s company as often as possible. She knew that it was through these gatherings that long-lasting memories were made and relationships strengthened.

In addition to her love of family, she loved the water and beach. Growing up in Pamlico County, she learned to enjoy the water at an early age, spending countless hours boating, fishing, swimming and skiing on the creeks and rivers of the County. Later, she found that she enjoyed the smell of the salty ocean air, the feeling of sand between her toes and the sound of ocean waves crashing on the beach.

There was a season of her life during which Brenda spent time dancing, specifically shagging. She loved to dance and enjoyed the beach music that came along with it. Brenda enjoyed shagging enough that she taught shag lessons for a time.

Brenda is survived by her husband, Brian Frankie; daughter, Kelly Toler (Kenny) Horner of New Bern; step-son, Cort (Becca) Frankie of Cameron; step-daughter, Brienne (Jewell) Chambers of Raeford; grandchildren, Kenlee Horner, Madison Matthews, Ava Chambers, Andy Chambers, Caitlyn Frankie, Margaret “Maggie” Frankie, Luke Frankie; brother, Bruce (Dianne) Lupton of Silver Hill; sister, Paula (Alan) Woodard of Reelsboro; niece, Ashlyne (Jonathan) Peters; nephews, Brian (Kacey) Lupton, Mark (Laura) Lupton, Jordan (Melissa) Woodard; and, several great-nieces and great-nephews. She also leaves behind a precious fur baby, Bailee, who brought her much joy. Brenda was preceded in death by her parents, James L. and Sara H. Lupton, her step-daughter, Brandy Matthews, and her nephew, John P. Lupton.

Brenda’s memorial service will be Saturday, July 13 at 11:00 a.m. at Bryant Funeral Home Chapel, 52 Bryant Street, Alliance with Rev. Alan Woodard and Rev. Jordan Woodard presiding. The family will receive friends one hour prior to the memorial service at Bryant Funeral Home. In lieu of flowers, the family suggests a donation to the American Cancer Society (www.cancer.org or 800-227-2345) or to your favorite charity.

Arrangements are by Bryant Funeral Home and Crematory, Alliance, North Carolina.

NOTE THE DATE

NEW BERN HISTORICAL SOCIETY

The New Bern Historical Society is pleased to be able to host Mark Sandvigen and his WWI presentation “A Distant Mirror: Craven County and Reflections on the Great War, 1917-1920 “once again on July 10th. This Lunch & Learn offering sold out in May, so we encourage folks to get their reservations early.

DISASTER FIELD OPERATIONS CENTER EAST DEADLINE APPROACHING IN NORTH CAROLINA FOR SBA WORKING CAPITAL LOANS

The U.S. Small Business Administration is reminding small businesses, small agricultural cooperatives, small businesses engaged in aquaculture and most private nonprofit organizations that July 8 is the filing deadline for federal economic injury disaster loans in North Carolina as a result of Hurricane Florence, flooding and wind that began on Sept. 14, 2018. This disaster declaration includes the following counties: Alamance, Anson, Beaufort, Bladen, Brunswick, Carteret, Caswell, Chatham, Columbus, Craven, Cumberland, Dare, Davidson, Duplin, Durham, Edgecombe, Franklin, Granville, Greene, Halifax, Harnett, Hoke, Hyde, Johnston, Jones, Lee, Lenoir, Martin, Montgomery, Moore, Nash, New Hanover, Onslow, Orange, Pamlico, Pender, Person, Pitt, Randolph, Richmond, Robeson, Rockingham, Rowan, Sampson, Scotland, Stanly, Tyrrell, Vance, Wake, Warren, Washington, Wayne and Wilson in North Carolina. Disaster loan information and application forms may also be obtained by calling the SBA’s Customer Service Center at 800-659-2955 (800-877-8339 for the deaf and hard-of-hearing) or by sending an email to disastercustomerservice@sba.gov. Loan applications can be downloaded from the SBA’s website at sba.gov. Completed applications should be mailed to: U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155. Completed loan applications must be returned to SBA no later than July 8, 2019.

BAY RIVER MSD NOTICE OF PUBLIC HEARING PROPOSED BUDGET FOR FISCAL YEAR 2019-2020

The proposed fiscal year 2019-2020 budget for Bay River Metropolitan Sewerage District has been presented to the Board of Directors and is available for public inspection in the office at 101 North Fourth Street, Bayboro from 8:00 am to 4:00 pm weekdays.

QUILTING

Every Friday, 9 am - 12 pm
403 Mildred Street, Oriental

PAMLICO COMMUNITY COLLEGE CULTURAL & LIFE ENRICHMENT PROGRAM

CHAIR YOGA & MEDITATION
Seated muscle toning & joint lubrication for strenght/balance. Instructor: Diana Peterson. Oriental Town Hall, Wednesdays, June 26-August 28, 3-4 pm, \$28

ADVANCED T’AI CHI

Instructor: Diana Peterson
Tuesdays & Thursdays, July 9-August 8, 3-4 pm, Oriental Town Hall, \$35

BASIC T’AI CHI

Instructor: Diana Peterson
Tuesdays & Thursdays, September 10-October 10, 3-4 pm, Oriental Town Hall, \$35

SHORT STORY METHODS “WHAT IS IN A WORD?”

Instructor: Sarah Swan; published YA Author
Tuesdays & Thursdays, July 9-August 1, 10:30-12, \$20, call to register: 252-249-1851 ext. 3113

MACHINE QUILTING

Sewing machine experience not required, all levels are welcome!
Instructor: Karen Dodd
Thursdays, September 5 – October 3, 1-4 PM, \$60 call to register 252.249.1851 ext. 3113

UKULELE/VIOLIN/MANDOLIN/BANJO/GUITAR LESSONS

Instructor: Simon Spalding
Wednesdays, September 11-October 16, 10-11 pm, \$90 call to register 252.249.1851 ext. 3113

GOLF LESSONS/BEGINNING & INTERMEDIATE

Instructor: Golf Pro Terry Bobbin
Mondays and Tuesdays, September 16-October 8, 4-5:30 pm, Minnesott Golf and Country Club, \$64 call to register 252.249.1851 ext. 3113

BRIDGE FOR BEGINNERS FREE!

Instructor: Craig Welling
October 22,23, 24, 5:30-7, PCC Library call to register 252.249.1851 ext. 3113

BRIDGE FOR BEGINNERS PHASE II FREE!

Instructor: Craig Welling, October 29, 30, 31, 5:30-7, PCC Library Call to register 252.249.1851 ext. 3113

WEAVING ON A HULA HOOP LOOM

Learn basic principles of “rug twinning”, loom construction and the weaving of a chair mat.
Instructor: Julia McDonald,
Mondays, October 4-18, \$60 (price includes materials)
Learn basic principles of “rug twinning”, loom construction and the weaving of a chair mat.

FALL BIRD WATCHING

Instructor: Diane Midness
Tuesdays, September 10-October 1, Initial class meets at 9 am in PCC Delamar Bldg, Room 102A with subsequent classes held in the field Call to register 252-249-1851 ext 3113

CRAVEN COMMUNITY COLLEGE ADULT ENRICHMENT PROGRAM

SILK SCARF DYEING

A great way to make your own wardrobe statement, painting 100% silk scarves. Materials are provided, and you keep the two scarves. No art skill is needed, just willingness to let your mind go wild with color and “found” objects (bobby pins, Clothes clips, rubber bands, etc.) Tues, July 16 or Aug 13, 9:30-11:30,\$40

SHIBORI DYEING

In this two-hour hands-on workshop, Julia McDonald will demonstrate the basics of Shibori, a Japanese dyeing technique dating from the 8th Century. It is an addictive and fascinating type of dyeing that is currently in the spotlight, a type of dyeing that uses various methods of manipulating the fabrics to achieve desired effects. Participants then have the fun of using one or more of these techniques on two 8”X 54” silk scarves or 22” square cotton bandanas provided by the instructor. After immersion in a traditional Indigo dye bath they will have created their own unique masterpiece. Since there are an infinite number of ways one can bind, stitch, fold, twist, or compress cloth for shibori, each way results in very different exciting patterns. Saturday, October 5, 10-12 pm or 1-3 pm, \$40

INTRO TO SELLING ON EBAY

Want to learn how to earn spare cash? Have you ever wanted to join the millions who sell items on eBay but didn’t understand the process? Well, fear no more! John Lawrence, who has bought and sold on Ebay for the past 15 years, will take students through the process so they can begin selling items with confidence. This comprehensive six-session class will cover the history of eBay, requirements for selling, how to get started, understanding eBay help menus, setting up accounts, how to prepare & take photos, list items and what to do once your item is purchased. So, get your collectibles, decor, appliances, computers, furnishings, equipment, vehicles and other miscellaneous items ready to sell on Ebay! Thursdays, Sept 19-Oct. 24, 6-8 pm, \$80

PHOTOSHOP ELEMENTS

This three-session class teaches the elemental basics of Adobe Photoshop Elements. Students learn how to use the tools available in the software to edit their own photos so that they look more professional and how to create their own images from a blank screen. This class is for both photographers that would like to learn about editing their own photos as well as for artists that would like to be able to present their work better online. Students will learn about each of the options available in the toolbar, working with layers, masking, font use and filters. The basics of cutting and pasting, and merging images will be covered. Thursdays, Oct. 4-18, 6-8 pm, \$75

PCHS CLASS OF 1979 40TH REUNION will be Oct. 12, 2019 at 6:30 at The Chelsea. The cost is \$50 per person. Mail payment to Donna Rice, PO Box 62, Simpson, NC 27879. For more information connect with us on Facebook - Pamlico County High - Class of 79 or contact Donna at donnahrice1@gmail.com.

OPEN MIC NIGHT AT THE SILOS

The Silos hosts Open Mic Nights every Wednesday starting at 7 pm. The Mic is open to those that wish to perform. 1111 Broad Street, Oriental

ORIENTAL MINDFULNESS MEDITATION GROUP

One hour meetings including 30 minutes of meditation. Practice to teach mindfulness through meditation. Sessions are free and open to the public, regardless of experience level. Mondays at 7 pm and Thursdays at 7 am, Perry-Griffin Community Center, 300 High Street. Questions please contact Tony Noel at togetherwesit@gmail.com

13TH ANNUAL CHARITY DINGHY POKER RUN

Benefiting the Pamlico Coastal Activity Council and supporting Pamlico Youth sailing, Cards are dealt from the local docs. After collecting cards players return to the Tiki Bar deck to present their best 5 cards to determine their winnings. Cost: \$10 a hand and 3 for \$25. Sale begins at 9:30 a.m. and the run starts at 11 a.m. Food and cash bar available.

HARBORFEST FOR HEARTWORKS

SEPTEMBER 27-29, GRACE HARBOR, RIVER DUNES 2 night event featuring live music, Roland’s BBQ, silent auctions and a buffet by The Chelsea on Saturday. Register at heartworksnc.org

ANTIOCH CONGREGATIONAL CHRISTIAN CHURCH

You are cordially invited to our Annual Letter Rain Conference on July 13, 2019 @ 10am. The speaker of the hour will be Minister Jeremy Forbes from West Branch Baptist Church in Alliance, NC. The music will be rendered by the Antioch Men of War Choir. Please feel welcome to come and worship with us. Contact person-Brother Billy Gibbs @ (252)745-3214

QUICK REFERENCE

EMERGENCY: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance
Animal Poison Control Center: 1-888-426-4435
Carteret General Hospital: 808-6000
Coastal Carolina Regional Airport: 638-8591

EMERGENCY PET CARE: 444-1399

HIGHWAY PATROL: 1-800-441-6127

MEDICAL ASSISTANCE –
CarolinaEast Medical Center: 633-8111
Nova Urgent Care: 745-7440

PAMLICO COUNTY DEPARTMENTS

Board of Elections: 745-4821
County Manager: 745-3133
Emergency Management: 745-4131
Health Dept.: 745-5111
Recycling Center: 745-3283
Senior Services: 745-7196
Sheriff’s Dept. (non-emergency) – 745-3101
Social Services: 745-4086
Tax Collector: 745-4125
Water Dept.: 745-5453
Poison Control Center: 1-800-222-1222
US Coast Guard (Hobucken): 745-3131

The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.

–Ralph Waldo Emerson

The Pamlico News

Publisher: Sandy Winfrey

Office Manager: Katherine Winfrey

Editor: Jim White

Production Editor: J.P. Miller

Production: Josh Wilkinson

Reporter: Stephen Rice

Advertising: Lori Banks | Stephen Rice | Mary Frances Taylor

Distribution: Neal McCraw

We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.

Press Releases, Events, News: editor@thepamliconews.com

Advertising: sales@thepamliconews.com

Billing Inquiries: frontdesk@thepamliconews.com

USPS 782-460 Published 51 times a year

800 Broad St., Oriental, NC 28571

(252) 249-1555 (252) 249 0857, fax

www.thepamliconews.com

Horoscopes



ARIES – Mar 21/Apr 20

Aries, your ingenuity is ramped up and you can roll up your sleeves and get down to business this week. Avoid distractions by focusing on the details and not taking on too much.



TAURUS – Apr 21/May 21

Taurus, arm yourself with information because you need to support your ideas with clear ways to get things done effectively. Only with information can you move forward.



GEMINI – May 22/Jun 21

Time heals all wounds, Gemini. You may need some time to recover from some emotional wounds. Just be patient and you’ll get back on track.



CANCER – Jun 22/Jul 22

Cancer, teamwork may seem like the way to go to get an important job done. Do not hesitate to share your ideas and solicit others’ thoughts as well.



LEO – Jul 23/Aug 23

Leo, it is time to sort through your life, and that can begin with sorting through your belongings. Start to get rid of anything that you haven’t used in the last year and move on.



VIRGO – Aug 24/Sept 22

Virgo, honesty is the best policy, but you may need to approach a delicate situation with some discretion. Try to get your point across without coming across as abrasive.



LIBRA – Sept 23/Oct 23

Libra, you may need to do a little damage control between two people who are close to you. It can be challenging not taking sides when both are pressing for you to support them.



SCORPIO – Oct 24/Nov 22

Scorpio, overcome your fear of rocking the boat. Others need to hear your opinion, and your honesty will be appreciated and inspire loyalty.



SAGITTARIUS – Nov 23/Dec 21

Sagittarius, emphasize the importance of accountability to team members. Use yourself as an example, insisting that you will be held accountable just like everyone else.



CAPRICORN – Dec 22/Jan 20

Capricorn, if you are ready to put yourself out there in the name of love, a dynamic person could sweep you off your feet. A special date could have you contemplating a future together.



AQUARIUS – Jan 21/Feb 18

Drama in your life may lead to some hectic times ahead, Aquarius. If you approach things with a calm head, then you can sail through the week relatively unscathed.



PISCES – Feb 19/Mar 20

Pisces, a power struggle won’t prove the headache you’re anticipating it to be. Stay patient and listen to what others have to say.



**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Allen Propst
Broker-In-Charge

Here's what one of Allen's customers had to say...

Our experience with Allen has always been positive and we endorse him to anyone who is interested in buying or selling in Eastern North Carolina. He has been a successful realtor and developer for many years and we highly recommend him for his local knowledge, expertise, responsiveness and negotiation skills.
Mr. Sordill, Oriental

PRICE REDUCED

ORIENTAL – Beautiful design & workmanship, remodeled 2BR/2BA 1st floor condo w/ deep-water boat slip at Oriental West Condos. Quartz kitchen counters accented w/ SS appliances & tiled floor opens to living/dining area with waterfront views of Smith Creek.
OFFERED AT \$169,900

ORIENTAL – Custom 3BR/2BA in quiet Buccaneer Bay neighborhood, generous yard, cedar ceilings, oak floors, above-ground pool, flowering trees, 2-car garage with FROG and nearby boat slip,
OFFERED AT \$239,000

SOLD

ORIENTAL – Exceptional design, workmanship and waterfront setting has created this consummate 3BR/2.5BA +FROG waterfront dream home on Orchard Creek. Water views from every room, deep-water boat dock & lift.
SOLD FOR \$270,000

PRICE REDUCED

MINNESOTT BEACH – Waterfront 3BR/3.5BA, no HOA dues. Cedar siding, Anderson windows, abundant ambient lighting & spectacular views. Energy-efficient with Zoned Bosch water-source heat pumps, Kohler whole-house generator & mechanical storm shutters on upper windows. No flooding issues.
OFFERED AT \$595,000

SOLD

ARAPAHOE – Custom 3BR/2.5BA Dawson Creek waterfront in Shine Landing with boat dock and lift. Split floor plan, whole house generator, sunroom, attached 2-car garage and FROG. Community pool, club house & tennis courts.
SOLD FOR \$610,000

See all Listings & Visual Tours at www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014
Or contact Allen Propst
252-671-4644
704 Broad St, PO Box 750
Oriental, NC 28571

Pamlico Community College

PCC Can Help You Find The Funds You Need For College

By Sandy Wall
Pamlico Community College

Pamlico Community College's Financial Aid office can help you find the money you need to pursue your educational goals. The time to start the process is now.

"Don't let a lack of money keep you from pursuing your dream of a college education," said PCC President Dr. Jim Ross. "Our college's Financial Aid office can help you find the resources you need to enroll, which is the first step toward a better life for you and your family. Now is the time to get started on the financial aid process so you can be ready to register in August."

About 80 percent of PCC students receive some type of financial aid.

The first step that current and prospective students should take when applying for financial aid is to complete the FAFSA (Free Application for Federal Student Aid) form, even if they believe they won't qualify for federal help.

The FAFSA form helps PCC determine a student's need so they can match them with possible scholarships or other federal or state financial aid options.

PCC staffers are available to help students complete the form. Much of the financial aid awarded by PCC comes in the form of federal Pell Grants.

While need-based Pell Grants help a large number of students attend college, not everyone qualifies for them. That's where private



Pamlico Community College Director of Financial Aid Meredith Beeman can help students find the resources they need to pursue their educational goals.
Contributed photo

dollars raised through the PCC Foundation and its scholarship funds can help fill the gap.

Thanks to the generosity of private donors, clubs, civic organizations and others, PCC is able to offer scholarships. Unlike loans, scholarships and grants do not have to be paid back.

"We are very fortunate to have generous donors who want to help deserving men and women enroll at Pamlico Community College," Ross said. "We are thankful for their support of our students."

For more information about financial aid, scholarships and completing the FAFSA form, please contact PCC Director of Financial Aid Meredith Beeman at 252-249-1851, ext. 3026, or mbeeman@pamlicocc.edu.

Fall Registration is scheduled for Aug. 7 and 8 from 8:30 a.m. to 7 p.m. Seated classes will begin Aug. 19. Online classes start Aug. 28.

New students are encouraged to contact the college now to begin at the enrollment process so they can be ready to register. For more information about enrolling at PCC this fall, please contact Student Services at 252-249-1851, ext. 3001, or studentservices@pamlicocc.edu. The college is closed on Fridays during the summer.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.

Citizens Demonstrate Against the County Compass

Continued from page A1



response that we find acceptable because he just says I'm sorry but he doesn't say why, he doesn't show that he understands what the image means and for so many people there is an image there is a reaction to it and it is an image that is hateful so we are out here to let him know that. And we don't want that in our local paper."

Other members of the protest came away with similar reasons to protest. Richard Friend added, "we are out here to show our disapproval of the County Compass publishing a photograph of a noose in their paper it seems as though that's a very sensitive area and is somewhat distasteful and we feel that the newspaper should be more considerate especially of the African-American population."

Ken Lasier said, "What I have to say is that Jeff Adlyette certainly should have known that the imagery of a noose would upset people. Anyone who lives in this country knows what that precipitates. And he's claiming he had no idea. And he lives in the south. He was brought up here, he should have known better than that."

Mrs. Vicky Mosier Jones had a different take on the article and hate. She said, "I'm here because I couldn't believe the article or

the picture that I saw in the newspaper in 2019 that you would put a picture of a noose and say that in order to make America great again, we need to start lynching people. That was my interpretation and I was highly offended and very upset. Very disappointed in the paper that it would publish that and that it would not be conscious of the community and that you are seeing things only from one side. And that's very unfortunate because we have to live here and if you want to talk about hate, what I hate is the poverty in Pamlico County, the homelessness in Pamlico County, the fact that children don't have food to eat during the summer. That's what I hate. So that's what we need to be focusing on. We are all in this together."

Dawn Baldwin Gibson added, "I believe our county is better than this and that we are stronger together and any types of hate we've got to confront it and be able to say that its not about politics, this is about what is right and what is wrong." Pastor Doug Pearsall stated it very well when he said, "one thing I can say is, First Peter 4:8 says, 'Love will cover up a multitude of sins.' We have no hate here, and that's what we are here about. I preach the Gospel and that's what I want to do is stay on top of this here so we can all love each other. No matter who we are, because hate doesn't discriminate. It has no affiliation with any political parties. Hate is hate. And hopefully we can stand together as people of Pamlico County and eliminate it. That is our main interest, is to do that."

Terry Reed served 28 years as an Army Nurse and gave a different perspective on the topic, "I am here because I saw the picture of the noose, the rope noose, in the newspaper last week. And what the sentiments were that they were apparently going to start lynching people who don't want America great the way other people want America Great. That's what I got out of it. That's what I got out of it, and that's a violation of the



first amendment. I wore the uniform of our country for twenty-eight years because I was defending the first amendment. And that's why I'm here today."

David Smith summed it up by saying, "I'm out here to protest the hatred that has been pushed in the paper, particularly putting up the picture of a noose. So, anybody who doesn't know what that is, is crazy, because everybody knows what that is. And anybody of any age should understand the civil rights movement and what that meaning is."

During the protest, I had the opportunity to sit down with Jeff Adlyette who added to the protest by saying: "The group on who rallied last week in front of the County Compass newspaper office here in Bayboro were genuinely concerned about an image that appeared in our June 20 issue. The speakers were certainly forceful, and criticized our newspaper for being insensitive to many in this community."

"As the publisher and sole owner of the County Compass, I have apologized for my mistake in approving use of the image. Some of those who participated in the protest indicated that they will be submitting content and commentary on a variety of issues that affect our local community and our nation at large."

"I want to emphasize that the County Compass welcomes opinions and news items from all walks of life. All of us, I hope, have learned from this episode. And, I believe we will be stronger for it."

Special Upgrade Notice

When you first invested in YOUR hearing aids, you probably noticed a dramatic improvement in many aspects of your life. However recently, there have been many hearing aid improvements, which may allow you to hear even better! Today's technology is incredibly advanced and designed to improve your enjoyment of many electronic devices, such as your television. Also, hearing aids themselves are smaller than ever!

Join us for our **SPECIAL TRADE-UP** hearing aid event!
Call **252-745-3400** to set up an appointment!

During your visit, we will demonstrate this major breakthrough in hearing aid technology. Our mission is to help you hear your best. This new technology is the most amazing we've seen for sound clarity and speech preservation.



Yours for Better Hearing,
Tony
Tony Monaco, Hearing Aid Specialist

Call today,
appointments are limited ...



Hear Better. Live Better.
Affordable Hearing
AUDIOLOGY & HEARING CARE



www.affordablehearingnc.com • WE ACCEPT ALL INSURANCES +
13529 Hwy 55, Bayboro • 252-745-3400 | 1427 S. Glenburnie Road, New Bern • 252-636-2300



Affordable Hearing
Providing Quality
Hearing Healthcare
Over 28 Years

We will beat
any competitor's
price on exact
manufacturers
and models.
We can save
you **HUNDREDS**
and maybe even
THOUSANDS!

EDITORIALS

The County Compass

■ From the Editor's Desk



Jim White

On Thursday, June 19th, the County Compass issue had an article entitled the "Trump Report Card," written by Ms. Constance Hanna. Ms. Hanna produces such a report card on President Trump for syndication to newspapers all over the United States. The Pamlico News refuses to publish unsolicited articles that are written by people whom we have never seen or know anything about. We prefer to have our own local editors writing about things here that concern us.

In Ms. Hanna's article, she criticizes the FBI, CIA, NSA, the State Department and perhaps the Department of Homeland Security. She accuses all of them as having major part in the Russian involvement in the 2016 presidential elections. The article explains how the Democratic Party and other groups worked together to keep Donald Trump from getting the nomination for President, and then worked to keep him from winning the general election.

For most people reading the article itself, there is little to nothing in it that we have not already heard. In fact, the TV and newspapers have been saturated with this type of garbage for months. But, and there is always a but. Added to the column was a picture and comment that I could not determine how it fitted in with the rest of the article. I cannot, for the love of Pete, figure out why this picture and comments were attached to the article.

First of all, was the comment in the photo, "IF we want to make America Great Again, we will have to make evil people fear punishment again." Wow! Our jails and prisons are already overflowing with crowded cells filled with large numbers of felons. This comment resonates that of a police state such as that of Nazi Germany, Communist Russia, or perhaps the United States in the late 19th or early 20th centuries. Maybe some criminals are getting off with light punishments, but do we really want a police state where we try a person in the morning, condemn him at noon, and hang him in the afternoon? Or would we prefer a country like Nazi Germany where people just disappear in the middle of the night and were taken away from their families to never be seen again.

As to the article, it really doesn't reflect the title; but the title alone is offensive and violates the idea that America was founded on, the rule of law. I'm not sure which I am more appalled by, the picture of the noose or the words, "IF we want to make America Great Again, we will have to make evil people fear punishment again."

The idea of making "evil People fear punishment" is scary with and in itself. This is reminiscent of Hitler's Germany and Stalin's Soviet Union. They carried out the idea of fear to the extreme. People would be pulled out of their beds at night and carried away and never be seen again. Some would not be pulled out of their beds, but simply be shot in their beds as they lay there beside their wife. Others would be dragged off to some concentration camps

and never be seen at all. And who will determine who is evil? Will the government decide that. Perhaps I don't like the president and make that known. Will I be the next person to be whisked away during the night never to be seen again? Will I end up in front of a firing squad because I said something unkind about the President? Will small committees be formed in each community as existed during the French Revolution which beheaded thousands of people for the crime of being disliked or being of a political party or any number of offenses to the "committee." Yes, the section of "we will have to make evil people fear punishment again" terrifies me.

I'm afraid all that will happen with such a state is to make the common, everyday person fear the government which was established to protect him. Who are the evil people? Who will determine that? Hitler had his list of evil people: Jews, Blacks, Homosexuals, Roman Catholics, those in the opposing political party, those who had physical handicaps, and many more groups. Is that what this article is suggesting? I strongly oppose the concept that Ms. Hanna proposed and feel that the County Compass is enduring her viewpoints week after week in her article, "Trump's Report Card."

And then there is the image of the noose. The image of the noose is similar to the image of the guillotine during the French Revolution. It is a symbol of terror for it struck terror in the countryside for the large number of people who were killed by its sharp ax or tight noose. The hangman's noose has a certain fear for me, but for African-Americans, it is even more of a terror. During the late nineteenth century and early twentieth century, hundreds of blacks were lynched. New Bern's favorite lynching place was the Neuse River Bridge.

Most often, the lynchings were blacks who had no legal help in the trials. Many were pulled out of jail and hanged without due process. They would enter the house of a prominent black man, pull him out of bed while he was asleep, next to his wife, take him to a tree in front of his house and hang him. Why would they hang him? Perhaps he had a little bit of education or wanted to run for office as county commissioner. Perhaps he didn't say, "Yes, Sir" to a white man or made an effort to simply vote.

Secondly, the picture of the hangman's noose alone is inappropriate. It is an object of terror, especially to blacks who had to live under that terror for many years. The caption is aimed at whites who do not live up to expectations, but you can be sure, many blacks see it as an object of oppression. It is not a welcome sight. Bringing back public hangings will turn the state in to mob rule which is contrary to our way of living and thinking. These people will be the high school bullies who will take over the government and will rule with a gun in their hands and a rifle over their backs. We must be very careful of these talks. Ask members of the older generation in Germany. They will warn you.

Finally, I have my own personal reason for being offended by the hangman's noose. In 1972-75, I taught school at what

was then, Pamlico Junior High School. (Today, it is the Middle School.) There I had a student named Lenwood Moore. He was a great kid, polite, and always did what I asked him to do. Well I left Pamlico County and went to Tyrrell County for a few years where I was principal. When I returned I heard that Lenwood had committed suicide and I was deeply upset. Later I learned from first hand knowledge, that Lenwood did not commit suicide but was lynched and left in the woods to rot. He was missing for two years before some hunters found his body. He was lynched over a woman. Another man was in love with her as well as Lenwood. This guy who also loved her organized a gang of men and they went after Lenwood and hanged him in the woods. The sheriff's office at the time, ruled it a suicide. So, the image of a noose upsets me as well. Finally, the County Compass. As editors of local newspapers, we receive dozens of syndicated columns daily to include in our paper. I choose not to print those because they have no relevancy to Pamlico County or they are slanted politically one way or another. Whenever I print an article like those, it tells the reader that I agree with the contents and that I approve them. This becomes an official position of the paper. Putting a hangman's noose is not the image I want for my paper. It does not reflect our thoughts nor policy and would not be printed in the Pamlico News. First of all, I find it offensive; and secondly, at least fifty percent of the citizens of Pamlico County find it offensive. So this is a no brainer. Don't publish pictures or columns which are offensive to your readers.

To the public this article indicates that the owner is in complete agreement with what is said, as well as the picture and the comments contained within that photo. Printing these photos bring back memories of night raids, pulling people from bed, and taking them out to be lynched or shot. The editor of the County Compass must take on the responsibility and ownership of the hangman's noose. It belongs to him now, and no longer belongs to the author who is tucked away safely in some expensive house far from the mischief she has created.

To those who advertise with the County Compass, it is now your ownership as well. It is with your support of the County Compass, through advertising, that keeps the paper in circulation. Therefore, the hangman's noose and all it portrays belongs to you as well. By giving your money to support the County Compass, you are endorsing the editor's thoughts and policy as well as what he publishes in the paper. By giving the paper your money in the form of advertisements, you are giving the editor your endorsement to his viewpoints. I think it is time to decide if you want your company to be supporting a newspaper which places photos of a hangman's noose and uses other methods of scare tactics. If I had an ad in the County Compass, I would have to take a serious look at their philosophy and see if it matched mine. And if it does, then what does that say about me? I am seriously disturbed by this article and the attached photo. I hope you are as well.



Kate Neeland
4-H Agent

NC COOPERATIVE EXTENSION Pamlico County

General Lawn Care

Every homeowner has their own opinion or expectation as to what their lawn should look like and the maintenance required to reach it. Some prefer the approach of less is more, or just mow the green stuff. Others prefer a highly manicured lawn with particular attention paid to weed control. Regardless of these opinions,

there are a few simple principles that homeowners can follow to help achieve a healthy lawn.

First, turfgrass can be divided into cool-season (fescue, bluegrass, ryegrass) and warm-season grasses (bermuda, zoysia, St. Augustine, centipede). In eastern NC and Pamlico County, warm-season grasses are your best option. They will grow during warm weather (green), and then become dormant during winter months (brown). Warm-season grass grows and spreads through above ground (stolons) and below ground (rhizomes) stems. This allows warm-season grasses to creep into areas and fill in bare spots.

Cool-season grasses are generally not recommended for eastern NC, as our hot summer-time temperatures will cause plant death. Since these grasses are generally bunchgrass species, they can only spread via seed. If you wish to save time and money, do not plant cool-season grass unless you desire a temporary turf.

Another issue to be particularly mindful of, is that grass does not grow well in the shade. Yes, some varieties have slightly better shade tolerance than others, but most grasses will perform far better with approximately 6-hours or more of direct sunlight. Be cautious of the bags of grass seed available at home centers that make claims of shade tolerance. Most are a mixture of cool-season grasses, which will most likely fail to produce a perennial turf.

Fertilization is important, but homeowners often give it too much emphasis. Start your fertilization plan with a soil test and follow the corresponding recommendations. Adjust the soil pH only with the recommendations from a soil test. That means annual applications of lime should not be applied. Most grasses other than centipedegrass, prefer a pH range of 6.0-6.5. Centipedegrass prefers a pH of near 5.5. Over liming centipedegrass will lead to declining turf and occasional iron deficiency, noticeable by a yellowing of the turf, usually following spring green-up.

Routine applications of nitrogen and occasional fall applications of potassium are generally all that is needed for turfgrass. For general fertilizer recommendations, 1-pound of nitrogen per thousand square feet, applied 2-3 times during growing

the growing season, should be sufficient for most grasses. Centipedegrass should only receive 0.5 pound of nitrogen per thousand square feet, once during the growing season. Also, be patient before applying nitrogen to warm-season grasses, preferably waiting until May and June. For more specifics on fertilization, refer to the N.C. State Extension publication "Carolina Lawns: A Guide to Maintaining Quality Turf in the Landscape" at <https://content.ces.ncsu.edu/carolina-lawns>.

Another important task is to keep grass mowed. This may sound simple, but one of the best ways to encourage grass growth and to reduce weed competition is through mowing. Proper mowing height is important as this will help reduce the buildup of thatch (areas of decomposing matter between soil and grass leaves) that can increase disease and insect issues. Mowing also encourages spreading, which will help to fill in those weaker areas.

Pest control is important, but each lawn will have different weed, insect, and disease pressures. Routine applications of herbicides applied at the proper time can prevent some weeds, but this level of management may not be required for many homeowners. Diseases are rare occurrences, and routine applications of fungicide are usually not needed. Insects pests occur sporadically. Some grasses like St. Augustine may be more prone to Chinch bugs, but mole crickets can occur almost anywhere. Before taking action against insects, proper identification is recommended. Soil dwelling insects that feed on roots, require insecticides to be applied with irrigation to move the product down into the soil. Other insecticides will lose their effectiveness if irrigation is used. Without proper identification, control can be difficult. For more information on pest identification and control, visit the N.C. State Extension website at www.turfinfo.com. There are several tools available on this website to assist with pest identification and with control recommendations.

Lastly, don't forget to water. Depending upon your location and the current weather pattern, irrigation may be needed. Our warm-season turf species will turn brown and go dormant during hot, dry conditions. If the grass has a blue-haze and holds a foot print for more than a minute, this is a good indication of drought stress. For good growth, turf will require about an inch of water per week. Water deeply and less frequently (2-3 days apart) to encourage deep rooting. The N.C. State Extension [turfinfo.com](http://www.turfinfo.com) website has an irrigation management tool if you need help determining when to apply water.

If you follow these simple recommendations you can grow quality turfgrass in Pamlico County. If you have questions about turf maintenance or have specific issues in your turf, please contact me at my office by calling 252-745-4121 or emailing me at Daniel_simspon@ncsu.edu.



**Don't forget to include
The Pamlico News
for all your special
events!**

*We have great rates to spotlight
engagements, weddings,
anniversaries, birthday and all
those special family moments.*

Call 249-1555

or email frontdesk@thepamliconews.com.

PUBLIC NOTICE

The Town of Oriental is advertising a Request for Proposal from qualified firms for repair of South Avenue. Documents detailing the project and the bid requirements can be found at www.TownofOriental.com. Additionally, copies of the document can be obtained at 507 Church St, Oriental Town Hall, or by emailing Manager@TownofOriental.com. Specifications are minimum requirements. Bid shall be awarded to the lowest Responsive, Responsible bidder. Bidders should note HUB participation, Davis-Bacon and EEO policies. Bids are due July 17, 2019 by 3PM. For any questions concerning this RFP, please contact Town Manager Diane Miller at manager@townoforiental.com or call **252-249-0555**.

Nobody will ever deprive the American people of the right to vote except the American people themselves and the only way they could do this is by not voting.

–Franklin D. Roosevelt

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day.

The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

SPORTS

Coastal Plains Conference Football Season Preview

By: Cooper Metts

With the 2019-2020 NCHSAA Football season quickly approaching, The Pamlico News delves deep into the X's and O's, returning and rising stars, and new coaches in the Coastal Plains Conference. To learn more about what your Pamlico Hurricanes competition this season, read The Pamlico News 2019-2020 Coastal Plains Conference Season Preview!

Cook. "He's going to be a surprise to people coming from center, [but] he is athletic enough to do it."

But, with all the change surrounding the hurricane football program, rising junior tailback Savone Tutt, lovingly nicknamed by the community as "Tank" or "King Tutt," remains a constant.

During his freshmen and sophomore seasons, Tutt posted an incredibly impressive stat line: 2,808 yards and 36 touchdowns. With significant turnover at all positions of skill, expect Tutt to produce even larger numbers this season as the Canes' offensive focal point running behind an experienced offensive line.

Cook plans on making a significant amount of changes to a defense that allowed 19.8 points per game to opposing offenses and struggled against pass-first offenses such as South Creek, Ayden-Grifton, and Rosewood.

"Defensively there are going to be a lot of changes," said Cook.

Cook believes his experience of coaching against spread offenses at his previous job in Texas has equipped him with the knowledge and skill sets he needs to clean up the secondary.

"I will be the secondary coach this year," said Cook.

Final Analysis: Much of the Canes success last season was predicated on the play of the linemen, the decisiveness of the quarterback, and the ability of skill position players to make plays when opposing defenses honed in on the quarterback. Fortunately, the Canes return the majority of their starting offensive and defensive linemen, and they return arguably their most talented skill position player in Savone Tutt. Additionally, Murray's successor at quarterback, Jarrod Ramsey, flashed the ability to be equally as fast and elusive last season as a kick returner. In a conference where coaches are reeling to find replacements to their former contributors, the Canes experience and size should prove to be a major asset.

Riverside Knights

Losing Brandon Beach, the Knights' starting quarterback for the past three seasons, will significantly hurt the Riverside football program next season. During his career, Beach passed for 5,298 yards, 64 touchdowns, and garnered a 103.7 QBR (quarterback rating) while effectively operating the Riverside spread offense.

Beach's play over the past three seasons did not go unnoticed as he will join the Division I Gardner-Webb University football program this upcoming fall.

Finding another quarterback to operate the spread offense, which requires a high football IQ, decisiveness, and an accurate, strong throwing arm; will be an incredibly difficult task.

"Austin Scott [...] and Tyquem Freeman [...] are both guys we are looking at to replace Beach," said McGill.

Scott is a rising senior who played limited minutes last year behind Beach while Freeman, a rising sophomore, was the JV starting quarterback last season. Whether Scott or Freeman win the quarterback competition, they will be protected by a line with a dearth of varsity-football experience.

"Out of the five starters, [from last season], we only have one returning," said McGill.

However, the Knights have holes scattered across their roster after graduating 18 seniors, most of whom were starters.

"Anytime a 1A football [team] graduates 18 seniors, that's a lot," said McGill. "Out of the 18 seniors we lost, two of them are going to play division one football and four are going to play division two football. That's a pretty special senior group," said McGill.

Along with identifying a new signal caller, the Riverside coaching staff must replace last season's leading rusher, last season's top two wide receivers, multiple players in the secondary, their linebacker, and six linemen.

"We are going to be a young football team this year," said McGill. "When you play Riverside this year, you'll be playing against a lot of sophomores and juniors."

On defense, the Knights are also spread thin as they only return two starters. "Defensively, we return two starters," said McGill.

Despite Riverside's youth, McGill has confidence the Knights can put together a good season.

"We have about five or six seniors on the roster, [...] but [...] I think those young guys, especially at the skill positions, have some talent," said McGill. "We have a chance to be pretty decent."

Final Analysis: The Knights are likely to struggle this season after losing many of their key players. A strong non-conference schedule won't help matters. However, the Knights do have a sizeable JV program, unlike the majority of the teams in the CPC. This experience for the the new varsity starters may give them an edge over new starters in programs that do not have a JV team. "We've had a JV program every year I've been there, that helps us," said McGill. Finally, Riverside's non-conference schedule will be a major indicator of whether or not the young Knights are ready to compete this year. If the Knights enter conference play with two or more wins, they could be contenders in the CPC. If not, this could be a rebuilding year.

South Creek Cougars

The South Creek Cougars enter the 2019 football season with a roster missing the majority of the key

■ Continued on Page A9

Jones Senior Trojans

After finishing winless for the second consecutive season, the Trojans enter the 2019 season with a distinct advantage over the rest of the conference: continuity at the quarterback position. Every team, except for the Trojans and Tarboro Vikings, must find a new starting signal caller.

Detorian Brown, the Trojans' senior starting quarterback, looks to build upon a promising junior season where he completed 42% of his passes for 1,059 yards and 7 touchdowns.

Brown will have a strong supporting cast of skill position players to help him guide next year's offense. Headlining Brown's supporting cast is the Trojans wide receiver duo comprised of senior Dejour Brown and junior Jacob Kinsey. Brown and Kinsey combined for 700 receiving yards last season, and should prove to be dynamic, elusive weapons through the air for second year starting quarterback, Detorian Brown.

The Trojans' success next season, however, will depend upon the coaching staff's ability to locate quality offensive and defensive linemen to replace departing linemen Richard Parmer, Austin Price, and Clinton Banks.

Final Analysis: The Trojans offense has the potential to be an explosive unit led by the play-making abilities of Detorian Brown, Jacob Kinsey, and Dejour Brown. However, their success depends largely upon the coaching staff locating competent replacements on both the offensive and defensive line. Anticipate the Trojans to take advantage of their weak non-conference schedule and claim a victory for the first time in two seasons.

Northside-Pinetown Panthers

The Panthers triple option offense, that averaged a meager 10 points per game against conference opponents last season, may continue to struggle against conference defenses after the departure of talented senior quarterback Jonathan Clark. However, the Panthers return the vast majority of their skill position players and offensive linemen.

In fact, on the offensive line, the Panthers return four of five starters. The group is anchored by senior center, Austin Cratch, and bulking 330 pound guard Jon'malik Freeman. The Panthers will, however, have a difficult time replacing their lone departing linemen, Samuel Arias. Arias weighed 280 pounds and was one of the more consistent and aggressive blockers on the team.

Northsides' wealth of experienced players on offense may give them an advantage in a conference where most teams are entering rebuild mode, and may help compensate for their porous defense that allowed 44 points per game to conference opponents.

Final Analysis: The Panthers' success this season hinges on two factors: finding a successor at quarterback to run the triple-option offense as effectively as Johnathan Clark, and tremendously improving the defense. If Northside accomplishes these two tasks, expect them to improve upon last season's 4-8 finish. If not, we may see more of the same from a Northside program that struggled a season ago.

Pamlico County Hurricanes

During the offseason after the most successful season in program history, one of the most recurring themes for the hurricane football program is change.

The Canes have a new head coach in Ron Cook after Torrey Nowell left for New Bern. Cook, unlike Nowell, will run a no-huddle, up-tempo offense in stark contrast to the slow, methodical scheme Nowell ran during the past four seasons.

"Offensively one of the things they are learning is no-huddle," said Cook. "We're not going to huddle anymore. As long as I'm here at Pamlico County High School, that's gone."

They have a new quarterback in senior Jarrod Ramsey after revered, accomplished quarterback Lamont Murray graduated. "Jarrod Ramsey will be our quarterback," Cook said ahead of summer training camp. Ramsey played limited minutes on offense last season however, he was a full-time starting safety and played a pivotal role as an elusive punt and kick returner.

The remaining starting linemen from last season's state title run have been shuffled around on both the offensive and defensive lines like a deck of cards. Stephen Sawyer, who played left guard last season, will now play center. Javon Armstrong, who played right guard last season, will now play right tackle. Moreover, Jalen Davis, who played left tackle last season, will now play right guard. New starting linemen, Luis Osuna-Felix and Ronnie Johnson, will fill in at left tackle and left guard positions respectively.

Finally, the Canes have a new b-back in Jordan Wade after last season's starting b-back, sophomore William Lovick, transferred to New Bern High School.

"Jordan Wade is playing b-back for us," said

**Select
SIMPLY
SOUTHERN
APPAREL
marked
25% Off!**

- Accept all Major Insurance including Medicare Part D
- Competitive Prescription Pricing
- Immunizations Offered
- Drive Thru Service & Delivery Available to Local Area



11326 NC Hwy 55 E • Grantsboro, NC • 745-6337
M-F 8:30 AM - 7:00 PM • SAT. 8:30 AM - 6:00 PM • Closed On Sunday

simply southern®
COLLECTION



Kinetico Doesn't Make Soft Water Hard

If you have Hard Water, Kinetico is your Clear Choice

- Completely non-electrical operation; uses NO electricity.
- No Buttons, Timers, Circuit Boards or Settings to adjust.
- Unlimited Supply of Soft Water with its Dual Tanks.
- Cleans itself with Clean Water.
- Uses 75% less Salt or Potassium than other Softeners.
- System made with all Non-Corrodable Materials.
- On-demand Treated Water 24/7/365.



Over 20 Models to choose from for City and Well Water

The Benefits of a Kinetico Water Softening System



Guaranteed Results with a Kinetico Water Softener



Kinetico®

water systems



1-800-268-8695

Call for your Quick Quote today!

KineticoNC.com

Visit us online for details



**Life Jackets
They Float.
You Don't.**

FINANCIAL FOCUS

Fixed Annuity Could Help Extend Lifespan of Retirement Accounts

Dan M. Roberts



Dan M. Roberts

It's almost impossible to save too much for retirement. After all, you could spend two, or even three, decades as a retiree. And retirement is not cheap – even if you maintain a relatively modest lifestyle, some of your expenses, especially those involving health care, may continue to rise over the years. Consequently, you will need several sources of reliable income – one of which might be a fixed annuity.

Fixed annuities are essentially contracts between investors and insurance companies. When you purchase a fixed annuity, the insurer will guarantee the principal and a minimum rate of interest. This means the money you invest in a fixed annuity is designed never to drop in value. (However, this guarantee is based on the claims-paying ability of the insurer that issues the annuity.)

You can structure a fixed annuity to pay you for a certain number of years or for your entire lifetime, which is the route many people choose. This is advantageous not only because of what it provides you – income for life – but because it also may allow you to take out less money each year from your other retirement accounts.

Here's some background: Once you turn 70½, you are required to begin taking withdrawals from your traditional IRA and your 401(k) or similar employer-sponsored retirement plan. (This requirement does not apply to Roth IRAs.) You must take out a minimum amount, based on your age and account balance, but you are free to exceed that amount each year. But the more you withdraw from these accounts, the faster they are likely to be depleted. So, when you reach retirement, it's a good idea to establish an appropriate annual withdrawal rate, based on your retirement plan balances, Social Security, lifestyle, longevity expectations and other factors. You may want to work with a financial professional to determine a withdrawal rate that's suitable for your needs.

If you can count on the income from a fixed annuity, you might be able to take out less each year from your traditional IRA and 401(k), giving these accounts more tax-deferred growth opportunities. Plus, if you don't withdraw all the money from these accounts during your lifetime, you can include the remainder in your estate plans.

A fixed annuity's potential to help you extend the lifespan of your IRA and 401(k) can clearly be of value to you. Still, a fixed

annuity does carry some issues about which you should be aware, such as surrender charges for early withdrawals, along with other fees. Also, if you take withdrawals before you reach 59½, you likely will face a 10% penalty. And annuities can have tax implications, so before you start taking withdrawals, you will want to consult your tax advisor.

Is a fixed annuity appropriate for you? There's really no one correct answer because everyone's situation is different. However, if you consistently max out your IRA and 401(k) contributions, and you still have money left to invest for retirement, you might want to think about an annuity. An income stream you can't outlive – and that may help you protect your other retirement accounts – is worth considering.

Edward Jones is a licensed insurance producer in all states and Washington, D.C., through Edward D. Jones & Co., L.P., and in California, New Mexico and Massachusetts through Edward Jones Insurance Agency of California, L.L.C.; Edward Jones Insurance Agency of New Mexico, L.L.C.; and Edward Jones Insurance Agency of Massachusetts, L.L.C.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Delamar & Delamar, PLLC
Attorneys at law
Sara Delamar
 Residential, Commercial Real Estate
 Small business incorporation, set-up
 Estate Planning
Paul Delamar
 Criminal Defense, Traffic Citations
 Domestic Law, Estate Administration
 408 Main Street • Bayboro
 252-745-3222 • Fax 252-745-7477 • M-F 8:30am to 5:00pm



Croakerfest Tournament 2019

On Monday, July 1, 2019, Minnesott Golf and Country Club hosted the 2nd Annual Croaker Festival Golf Tournament. Thanks to all who participated and assisted with this year's tournament. A special thanks to Mariner Realty for being our major sponsor. We had 64 participants that played in 4 person Captain's Choice teams. Congratulations to the following winners.

First Flight. 1st Place: King Frazier, Satch Jones, LD Spruill, and Frankie Martin. **2nd Place:** Ron Anderson, Edna Anderson, M Edwards, and Anne Brinson. **3rd Place:** Henry Rice, Dickie Riddick, Marvin Sartin, and Dan Sanchez. **2nd Flight. 1st Place:** Ed Kujat, Ron Scotti, Howard Garfinkle, and Gary Harrison. **2nd Place:** Nick Calcavecchia, Valerie Calcavecchia, Ron Sutherland, and Joanne Harrell. **3rd Place:** Jerry Fitzgerald, Jon Fitzgerald, B Fitzgerald, and Kia and Anne Wood.



The Putting Contest was won by Dan Sanchez but, alas, he missed the final 65-foot putt and the \$2500.00 prize. Closest-to-the-Pin prizes were won by Bruce Miller (#5), Marvin Sartin & Helen Ilsley (#9), Tom Wilson & Lisa D'Alessandro (#12) and Ron Scotti & Betty Rovins (#14). Too bad there was no \$5000.00 prize awarded for a Hole-in-One this day. Maybe next year.



The weather was great, the sun was shining and the lunch provided by Brantley's Restaurant of Oriental was outstanding. Carol Krom Secretary, Board of Directors Minnesott Golf & Country Club

Announcing
 Celebrate the milestones of your life in the Sunday in The Pamlico News and on www.thepamliconews.com. Submit your birth, engagement, wedding and anniversary announcements to frontdesk@thepamliconews.com. The deadline to submit announcements is 3 p.m. Friday, for publication the following Wednesday.
 Announce memorable occasions whether it's your Engagement, Wedding, Anniversary or your child's Birthday. Let friends and family celebrate with you by viewing your announcement.

Swan Island Wraps Up Construction

The last phase of the Swan Island Oyster Sanctuary is nearing completion, bringing 40 acres of oyster reef to life in Pamlico Sound.

CARTERET COUNTY — Construction on the Swan Island Oyster Sanctuary wraps up this month and on July 8 the North Carolina Coastal Federation will host a media tour of the final deployment.

For the past three years, the federation and the North Carolina Division of Marine Fisheries have worked to build this 40-acre oyster reef in Pamlico Sound, contributing to an ambitious goal to restore 50 million oysters in North Carolina waters by 2020.

Each spring and early summer since 2017, the Division of Marine Fisheries and contractors from Stevens Towing Co. Inc., have worked to strategically place thousands of tons of limestone marl and granite in the sound to build new oyster habitat. This material serves as a base for baby oysters, known as spat, to land on, colonize and grow up.

The Swan Island Oyster Sanctuary is one of 15 oyster sanctuaries in Pamlico Sound. This network of sanctuaries, the Senator Jean Preston Oyster Sanctuary Network, is designed to grow new oysters. While reefs in this network are not open to harvest, they are open to hook and line fishing. As the oysters reach maturity, they repopulate, sending their baby oysters to nearby harvested reefs and to seed the state's cultch planting reefs. It's all part of a plan to regrow our state's oyster population and the sanctuaries are doing a good job of growing oysters.

"We recently completed a comprehensive survey of reefs in Pamlico Sound, including reefs that are harvested, natural, intertidal and subtidal. And what we found, is that while subtidal sanctuary oyster reefs in Pamlico Sound only occupy about 6% of the total footprint of oysters, they account for an estimated 40% of the oyster population in Pamlico Sound," reported Dr. Dave Eggleston, director of North Carolina State University's Center for Marine Science and Technology.

"Furthermore, these sanctuaries are hosting oysters at densities nearly ten times higher than the other reef types that

we monitored."

"We're encouraged by the success of the sanctuaries," said Erin Fleckenstein, coastal scientist in the federation's Wanchese office and project manager for the restoration project. "They provide insurance for our oyster population in Pamlico Sound. They host adult oysters that help to repopulate our harvested reefs while also filtering the sound and providing habitat for other fish."

As a complement to the sanctuary construction, the Division of Marine Fisheries has built nearly 145 acres of cultch planted reefs statewide. Some of these are in close proximity to the sanctuary where they can receive spat. These cultch reefs will be open to harvest when oysters reach the legal size of 3 inches.

The effort to restore our oyster populations is especially important after the critical blow that oysters got last fall. With two major hurricanes, Florence and Michael, the oyster population was hit hard. Impacts associated with stormwater runoff, low oxygen water and sediments, decimated oyster populations across the state. It was an impact that was felt by many harvesters during oyster season.

However, a preliminary survey completed after the storms showed that the Swan Island Oyster Sanctuary survived and had very high spatfall counts, indicating recent oyster settlement. While this may have been a stress response to the storm, recruitment and survivorship were strong on this reef. The sanctuary will help to reseed nearby cultch planting sites.

This restoration project is part of the 50 Million Oyster Initiative [<http://www.nccoast.org/project/50-million-oyster-initiative>]. The initiative aims to build 50 acres of oyster reef by 2020. Each acre supports approximately one million oysters and those 50 million oysters will filter 2.5 billion gallons of water per day.

With the conclusion of the Swan Island Sanctuary, the Division of Marine Fisheries will be working with the federation and partners to identify locations for future

restoration efforts. The North Carolina General Assembly has approved \$1.5 million in their recently released conference budget to continue building these reefs.

Funding for all three years of the Swan Island Oyster Sanctuary includes more than \$3 million in state appropriations and nearly \$3.3 million in grant funds from National Oceanic and Atmospheric Administration's community-based restoration program. Additional funding is provided by Grady White Boats and federation members.

The final deployment is scheduled for July 8. Division of Marine Fisheries staff will be available to provide transportation for up to four reporters interested in participating/filming the final deployment. To confirm a spot on the boat please contact Erin Fleckenstein at erinf@nccoast.org [/promail/src/compose.php?send_to=erinf@nccoast.org]. The site visit will take approximately three hours departing at 10 a.m. from the South River Facility in Beaufort. More details available upon confirmed participation in the site visit. July 9 or 10 will serve as backup dates in the event of bad weather on the 8th.

More information on oyster restoration work is available at nccoast.org/oysters [<http://nccoast.org/oysters>] and ncoysters.org [<http://ncoysters.org>].

About the North Carolina Coastal Federation

The North Carolina Coastal Federation is a nonprofit membership organization that works to keep the coast of North Carolina a great place to live, work and play. Through a variety of programs and partnerships, the federation provides for clean coastal waters and habitats, advocates to protect the coast and teaches and informs people about the coast and what they can do to protect it.

The federation has offices in Ocean, Wanchese and Wrightsville Beach, N.C.

To learn more, please visit nccoast.org or call 252-393-8185.

LIFTAVATOR
 ACCESSIBILITY SOLUTIONS

CALL THE ELEVATOR AND LIFT EXPERTS: 1-888-634-1717

Visit our new showroom located at 4430 Hwy 70E, New Bern, NC 28560

With over 30 years of experience, Liftavator is your best source for residential and commercial elevators and lifts. Our qualified and licensed technicians provide professional installation, maintenance, service and inspection. We also offer 24-hour emergency calls. Whether you need an outdoor lift, luxury home elevator, stairlift, or commercial elevator, call Liftavator for a free consultation. We will find a solution that is right for you!

savaria
 ELITE DEALER

LIFTAVATOR.COM
 1-888-634-1717

Go Away Garbage Waste Removal Service
 Serving all of Pamlico County
 Family run and operated...

Garbage Pickup weekly garbage removal rates starting at \$30.00 per month. Receive 1 month FREE if you pay for a year in advance \$330.00 per year. Valet Pick Up, Let us roll the can from your house to the truck and put it back for you, nothing to remember or forget \$50.00 per Month.

"Let's Talk Trash"
 Call (252) 675-8733
GoAwayGarbage.com@gmail.com
www.GoAwayGarbage.com
 Monday thru Thursday 9 AM to 5 PM
 and Fridays 9 Am to 12:00 noon.

AROUND THE COUNTY

I hope that no American will waste his franchise and throw away his vote by voting either for me or against me solely on account of my religious affiliation. It is not relevant.

–John F. Kennedy

Aurora Joy McCracken, Correspondent



The Crape Myrtles are in full bloom now. I had to take a trip to the big city (Greenville) and I saw so many, some really nice old ones, that I thought there should be a festival celebrating them around here. I did find a couple in Scotland Neck and Raleigh, but they are later in the summer. Mine are later blooming and are the often seen fuchsia colored. I do enjoy seeing the other varieties: white, the rare reds, pink and light purple.

back, they hardly noticed. Anneke watched it, looked over at me with an expression as if she were saying “Just who is this you invited to breakfast?”

The 50th Anniversary of the first Lunar Landing is fast approaching and it's hard to believe it's been that long. So much was done with just the technology that can be found in a \$1 calculator and slide rulers. I remember watching it on our new Magnavox eating Space Sticks and drinking Tang.

The New Dollar General is up and running in Blount's Creek on Highway 33. I was impressed that the entrance way is not on the main highway and seems safer. The whole affair makes that intersection look prosperous. It makes me think back to the days when other intersections were just dirt roads with old country stores.

The Aurora High School Memorial Group sadly relays the passing of Hyman Willis Lewis from The Class of 1957 (June 29, 2019).

There will be a Food Distribution at Snowden on 7/27 beginning at 9:30 am.

They've clear cut the woods at the end of my road. It was kind of surprising to see it because there's not a lot of logging down this way. I understand the need for sustained forestry, but wish Longleaf would be planted back a lot more than the faster growing Loblollies.

My possum is back, this time brazenly coming out in the daylight. It strolled right past me while I was reading on the porch, crept up to the cat food table and starting crunching down when I finally became aware of it. The cats are so laid

Goose Creek Island Annette Jones, 55 Plus Club Correspondent



Goose Creek Island 55 Plus Club met Thursday at the Community Center with Pres. Rosanne Gaskill presiding. Chaplain Bob Johnson brought the devotional Exodus 20:6. We sang Happy Birthday to Ila Leary who is celebrating today. Next week we will celebrate July birthdays. July 18 is Bingo Day. Afterwards we drove to R.E. Mayo Co. for the annual July 4th party. There was around 250 in attendance. Phil Lewis extended the welcome and blessed the food.

- Jul 11, Wendy Mayo - Jul 12, Rexie Carawan, Cheyenne Lupton and Richard Stanley Henries, Sr.-Jul 13, William Charles Rowe - Jul 14, Jesse Walker -Jul 15, Braxton Buck, Stella Spence, Linda Foreman Lupton and Annette Hill Jones Jul 17. Happy Anniversary Frankie & Sheila Henries Martin -Jul 12, Tommy & Nancy Reeder Johnson -Jul 13, William & Marsha Lupton Ireland and Richard & Joanne McKinney Clark - Jul 14.

Derrick Stroud & Victoria O'Neal of New Bern announce the birth of twin boys, Rex Oliver and Lucas Fisher each weighing 5 lbs., 5 oz. Proud maternal grandparents are David & Jennifer O'Neal. Proud paternal grandparents are Wayne & Linda Stroud of LaGrange. Proud great grandparents are George & Cathy O'Neal of Mesic. Congratulations Victoria & Derrick.

Bobby & Brenda Watson Lewis celebrated their Diamond Wedding Anniversary Saturday at their new home in Quail Woods. The celebration was hosted by children Nancy Ross, Cathy Lupton, Charlie Lewis, Blair Lewis and families. There was a large group of extended family, friends and neighbors in attendance. Guests toured the house and grounds and enjoyed delicious refreshments outside. Another wonderful opportunity for fellowship and visiting with one another. Congratulations Bobby & Brenda on 60 great years and a fine family! We love you!

Residents of Mesic welcome a new family to their community Justin and Charleen Long have purchased the formed John Paul and Donna Jones home on upper neck road.

Folks gathered on the spacious dock to enjoy hamburgers, hotdogs and lots of sides & delicious desserts. It was great to visit with friends we hadn't seen for a while! Thanks, so much to Carol & Birdie and youngun's and the friendly staff at the fish house.

Prayer List: Julius Flowers underwent hernia surgery and is now recovering at home. Charmain Rowe of Florida, wife of Jesse has completed chemo treatments. Please continue prayer for Sammy Henries and E.M. & Sue Gilgo.

Our condolences and prayers go out to the family of Willis Lewis who passed last week. Willis lived in Campbell's Creek and was a faithful member of Warden's Grove Free Will Baptist Church. Also, to

the family of George Brinson, our dear friend from Arapahoe. Happy Birthday: Diane Gibbs Harris, and Ruth Raynor Easton

Whortonsville Reba Tiller, Correspondent



Croaker Festival is just a memory and we hope it is a good memory for everyone. Russ, Jeanna, Harry, Noah, and Misha represented the Tiller family. It was a little hot for me so I stayed home with Weeks. With all the kids here I feel like I have been through another hurricane. When they were not at the Croaker Festival they were fishing on the dock. Rusty was a happy man when he caught a 20 inch speckled trout!

Bridgeton for the Blueberry Festival since he and the owner of the blueberry farm there share berries, came down and visited us, then spent a little time in Oriental at the festivities.

On Saturday Sylvia Nickerson's sister from Mustang, Oklahoma, Lillie Nottingham and sister Carla Debour from Celina, Texas along with her niece Donna Campbell also from Mustang, Oklahoma flew in to Raleigh Durham and will be spending a week here with Bill and Sylvia. They attended church on Sunday at Bethel so we had a chance to meet them. Thanks to Reverend Jesse for bringing us yellow squash, zucchini, and cucumbers from his garden. I am enjoying cherry tomatoes from my vines. Went to the 50+ Club on Tuesday and enjoyed a birthday party for Bill Smith with Smithfield barbecue and chicken.

There were over 20 people there to help him celebrate. Thought for the week- Remember why we celebrate July 4th and be thankful for our country

All the neighbors were over in Oriental to hear the Embers and I heard that Dave and his wife Jeannette were doing some fine dancing. Harry Tiller pulled our little worn out red wagon (that has been through several hurricanes) in the parade with his dog “Colonel Sanders” sitting in it, and gave dog biscuits to anyone who had a dog. His name was on the list of winners in the parade. My nephew Dickie Jones and his wife Carol came to

Pamlico Betty Jo Rodgers, Correspondent



All of Pamlico was saddened to hear of the passing of Mr. George Brinson. He was well known and well liked throughout the county. His funeral will be held at Pamlico County High School's Hatsell Auditorium on Wednesday, July 10 at 2:00 pm. The family will receive friends in the auditorium immediately following the funeral. There will be a private burial at Amity Christian Church Cemetery on Sunday, July 7th.

over \$350 this year. As long as I am able I will continue to dispose of our garbage that way.

Mavis Harper, a member of the VFW Auxiliary Post 2514, shared with me one of the activities they did in honor and memory of all veterans during the month of June 2019. The auxiliary post had Girl Scout cookies donated to them, and Mavis Harper, Chaplain, gave out boxes of cookies to: the Gardens of Pamlico assisted Living, the Grantsbrook nursing Home, all seven Volunteer Fire Departments in Pamlico County, the Pamlico County Rescue Squad and the Pamlico County Sheriff's office.

July birthdays include Floyd Peed (7/10), Tal Hudgins (7/13), Charles Stackhouse (7/15), Annette Jones (7/17), Betty Lou Burnett Bishop (7/20), Joanne Gwaltney Ashton (7/22), Carlton Muse and Gladys Wright (7/26) and Bertha Gilliam (7/31). Celebrating their anniversaries in July are Mildred and Bill Harrison (7/17) and Cathy and Brent Fulcher (7/24).

Have a blessed week. Vexed? Take Spiritual Vitamin V. “There came also a multitude out of the cities round about unto Jerusalem, bringing sick folks, and them which were vexed with unclean spirits: and they were healed every one.” (Acts 5:16)

Pamlico finally got some much needed rain this past week. It has been typical summertime weather for this time of the year. Sea breezes and thunderstorms follow the heat of the day to cool things off a little. The deer flies continue to bite, but are not as prolific as they have been. We saw a beautiful blue heron sitting atop one of our pier poles as it was fishing the creek. We also saw a neighbor from Pamlico riding up here on his jet ski.

It has been a year since I terminated my contract with Waste Industries and started taking my own trash to the dumping station on Highway 306. Even with the purchase of a large trash can for the garage, I estimate I have saved

Nautical Wheelers In Oriental 252-249-0359 & Downtown New Bern

Spartina Outer Banks Collection!

Shoes & Clothing for Men & Women • Gifts • Jewelry • Wine & more

SAFEshootersUSA LLC
SAFE, ACCURATE FIREARMS EDUCATION

Chris Grose, Owner
NRA Certified Firearms Instructor
252.571.8647

TRAIN FOR FUN. TRAIN FOR FAMILY. TRAIN FOR LIFE!

www.SAFEshootersUSA.com @SAFEshootersUSA

AFTER HOURS PLUMBING REPAIRS, LLC

IT'S MORE THAN AFTER HOURS
Full Time Service & Repair • No Job Is Too Small

- Remodeling
- Repairs
- New Construction
- Water Heaters
- Water Pumps
- Sewer Camera and Locator
- Drain Cleaning
- New Water Line Installation
- Renovations
- Repairs and Replacement of All Plumbing Fixtures

FREE ESTIMATES • WORK GUARANTEED

Eddie Norfleet - Owner
Unlimited License #28278
Email: ahpr.llc@gmail.com
Phone: (252) 745-4038
(252) 745-4035
Emergency: (252) 474-6055

1467 Cooper Road, Bayboro, NC

Scott PLUMBING & HEATING

We service and install all brands and models of Heating & Air Conditioning Units
Natural or Propane Gas, Oil, Electric, or Geothermal

- Free estimates on new installations and/or replacements.
- Residential and commercial applications
- Complete ductwork inspections, repairs, and now offering duct cleaning.
- Serving five counties for over 35 years

American Standard
HEATING & AIR CONDITIONING

(252) 745-5135
6690 Hwy. 55 East in Reelsboro
Emergency, Nights & Weekends 252-670-7688
www.scottph.com

EVERYTHING MUST GO! RETIREMENT SALE!

JERRY CASEY AUTO SALES
1502 HWY. 70 E. (next to KFC) NEW BERN, NC
CALL (252) 638-3029 • (252) 671-4040

- 2016 Hyundai Elantra • 2015 Chevrolet Silverado LT 4WD 4 door (30k miles) ONE OWNER
- 2015 Chevrolet Sonic • 2015 Fiat 500L Pop ONE OWNER • 2014 Dodge Grand Caravan
- 2011 Chevrolet Express 4500 15-passenger (with lift) ONE OWNER • 2011 Toyota Corolla
- 2009 Chevrolet Colorado EXT. Cab LT (2 in stock) ONE OWNER
- 2009 Ford Explorer XLT • 2008 Buick Enclave CXL (3rd row seat)
- 2008 GMC Canyon 4 door • 2007 Buick Lacrosse CX • 2007 Ford Taurus SE
- 2007 GMC Yukon SLT(3rd row seat) • 2007 Honda CRV
- 2001 Mercedes-Benz SLK 230 Hardtop Convert.
- 1995 Chevrolet Silverado Ext. Cab (67k mi) ONE OWNER

4 CAMPERS TO CHOOSE FROM!

- 2016 Mini Lite Rockwood 21048 • 2015 Passport Ultra Lite 24RB1
- 2014 Avenger 28DBS (2 large bunks) • 2012 Fun Finder X210UDS

\$1,000 DISCOUNT COUPON

We're Retiring! FOR LEASE

Jerry Casey Auto Sales
HIGH TRAFFIC volume,
1502 US Hwy 70E, New Bern

Retiring after 36 years!

YOUR COMMUNITY NEWSPAPER...
The brand new eEdition of The Pamlico News is now available on your computer, notepad,

The Pamlico News

Great Reporting • Local Columns • Stories You Care About • Community News At Its Best!

Call 252-249-1555 or visit www.thepamliconewspaper.com to subscribe today by credit card or paypal.

Health & Wellness



Foods to supplement men's workouts

B Diet and exercise go hand-in-hand for adults looking to reduce their risk for heart disease and cancer. A great workout routine is made even better by a healthy diet, and a healthy diet is even more effective when paired with an active lifestyle. While that's certainly not revelatory, men and women might be surprised to learn they have different nutritional needs, so a diet that might satisfy women's needs will not necessarily do the same for men.

When tailoring their diets, men should be sure to include nutrients that prevent prostate cancer and help them maintain muscle mass. The right nutrients also can help men boost their immune systems, prevent bone loss and strengthen their cardiovascular systems. While many foods provide nutritional benefits to both men and women, the following are some foods that can be especially beneficial to men.

- **Bananas:** Rich in potassium, bananas can aid in protein metabolism, boost the immune system, help with the formation of red blood cells and help the nervous system operate at optimal capacity. Bananas are a great source of vitamin B-6, and because they're so easily portable, bananas make a great midday snack or preworkout bite to eat on your way to the gym. In addition to providing ample potassium, bananas also are rich in magnesium, and diets rich in both potassium and magnesium can reduce a person's risk of stroke. Though women suffer more strokes each year than men, the National Stroke Association notes that is likely because women live longer than men and stroke typically occurs at older ages. Stroke incidence is higher in men than women at younger ages, so men, especially those with a family history of stroke, should include bananas in their diet.

- **Broccoli:** Broccoli can help men reduce their risk of heart disease and cancer, the No. 1 and No. 2 killers, respectively, of men 35 and older. Broccoli is a great source of a phytochemical known as sulforaphane, which can help men reduce their risk for both prostate and colon cancer. Broccoli also may help men lower their levels of homocysteine, an amino acid linked to an increased risk of stroke.

- **Soybeans:** Soybeans can be an integral part of a diet that is low in saturated fat and cholesterol, and such diets can help men reduce their risk of heart disease. In addition, soybeans contain a substantial amount of isoflavones, which promote a healthy prostate and lower men's risk of prostate cancer. Men should consider soy products such as soy nuts, soy milk and soy cheese to increase the nutritional value of their diets.



- **Oysters:** Oysters are widely considered a delicacy, but few may know that oysters also make for a healthy addition to a nutritious diet. That's because just a few oysters per day can deliver the recommended daily intake of zinc, a powerful antioxidant that research has shown can protect men against the kind of cell damage that leads to prostate cancer. Men may also experience improved sexual function by including more zinc in their diets, as research has shown that zinc can help improve sperm counts.

Men and women benefit differently from various nutrients, vitamins and minerals, and men might be surprised to learn just how healthy certain easily prepared foods can be.

"You look at where you're going and where you are and it never makes sense, but then you look back at where you've been and a pattern seems to emerge." - Zen and the Art of Motorcycle Maintenance: An Inquiry Into Values, Robert M. Pirsig

your care. your choice.

Dr. Michele Parish loves children.

Call **252-745-2070** today for an appointment.



Pamlico Community Health Center of GCHC

313 Main Street | Bayboro, NC
greencountyhealthcare.com

We provide care on a sliding fee scale for qualifying patients. GCHC is an equal opportunity provider and does not discriminate on the basis of race, color, national origin, sex, age or disability.



FLANK
BASIC FLANK STEAK Let 1 flank steak (3/4 to 1 inch thick, about 1 1/4 pounds) come to room temperature. Pat dry and season with salt and pepper. Grill on oiled grates over medium-high heat, 5 to 6 minutes per side for medium rare. Let rest 5 minutes; thinly slice against the grain.
KIWI Pierce 1 flank steak all over with a fork. Mix 1 minced kiwi with 1 teaspoon kosher salt; rub on the steak. Refrigerate 45 minutes. Grill. For topping, toss 4 diced kiwis, 1 diced cucumber, 1 minced jalapeño and 1 tablespoon each lemon juice, vegetable oil, honey and chopped cilantro; season with salt.

HANGER
BASIC HANGER STEAK Let 1 hanger steak (about 1 1/2 pounds, center membrane removed) come to room temperature. Pat dry; season with salt and pepper. Heat a grill to medium high on one side and medium low on the other. Grill on oiled grates over medium-high heat, 5 minutes per side, then over medium low, covered, about 2 more minutes per side for medium rare. Let rest 5 minutes; slice against the grain.
MOROCCAN MIX 2 tablespoons harissa (chili paste) with 1/2 teaspoon kosher salt and 1/4 teaspoon each ground cumin and cinnamon; rub all over 1 hanger steak and let sit 10 minutes. Grill.

SIRLOIN
BASIC SIRLOIN STEAK Let 1 boneless sirloin steak (3/4 inch thick, about 1 1/2 pounds) come to room temperature. Pat dry and season with salt and pepper. Grill on oiled grates over medium-high heat, 4 to 5 minutes per side for medium rare. Let rest 5 minutes; slice against the grain.
MONTREAL-STYLE Pierce 1 sirloin steak all over with a fork. Coarsely grind 1 teaspoon each coriander seeds and black peppercorns, and 1/4 teaspoon each granulated garlic and red pepper flakes. Mix with 1 3/4 teaspoons kosher salt. Rub all over the steak and grill.

RIB-EYE
BASIC RIB-EYE STEAKS Let 4 bone-in rib-eye steaks (1 inch thick, about 1 pound each) come to room temperature. Pat dry and season with salt and pepper. Grill on oiled grates over medium-high heat, 5 to 6 minutes per side for medium rare. Let rest 5 minutes.

MOJO Coat 4 rib-eyes with the juice of 2 oranges and 1 lime, 1 tablespoon each chopped oregano and garlic, and 1/2 teaspoon kosher salt; set aside 20 minutes. Grill along with some orange wedges. Boil the marinade; season with salt and sugar. Let cool slightly. Serve over the steaks.

TRI-TIP
BASIC TRI-TIP STEAK Let 1 tri-tip steak (1 1/2 inches thick, about 2 pounds) come to room temperature. Pat dry; season with salt and pepper. Heat a grill to medium high on one side and medium low on the other. Grill on oiled grates over medium-high heat, 5 minutes per side, then over medium low, covered, 7 to 9 more minutes per side for medium rare. Let rest 10 minutes; slice against the grain.
BEER-MARINATED Pierce 1 tri-tip steak all over with a fork. Marinate in 1/2 cup dark beer, 1 sliced shallot, 1 bay leaf, 1 tablespoon each soy sauce and vegetable oil, and 1 teaspoon each kosher salt and pepper in the refrigerator, 6 to 8 hours. Grill.

PORTERHOUSE OR T-BONE
BASIC PORTERHOUSE OR T-BONE STEAKS Let 2 porterhouse or T-bone steaks (1 to 1 1/2 inches thick, about 1 1/2 pounds each) come to room temperature. Pat dry; season with salt and pepper. Heat a grill to medium high on one side and medium low on the other. Grill on oiled grates over medium-high heat, 4 to 6 minutes per side, then over medium low, covered, 2 to 3 more minutes per side for medium rare. Let rest 5 minutes.
GRILLED MUSHROOM Toss 1 pound sliced mixed mushrooms with 2 tablespoons each olive oil and white wine; season with salt and red pepper flakes. Place on a piece of foil and seal to form a flat packet. Grill until tender, 8 minutes per side. Serve over Basic Porterhouse or T-Bone Steaks.

STRIP
BASIC STRIP STEAKS Let 4 boneless strip steaks (3/4 to 1 inch thick, about 1 pound each) come to room temperature. Pat dry and season with salt and pepper. Grill on oiled grates over medium-high heat, about 6 minutes per side for medium rare. Let rest 5 minutes; slice against the grain.
PONZU Whisk 1/4 cup soy sauce with 2 tablespoons each lemon juice, lime juice, orange juice, grated radish and finely chopped scallions. Serve over Basic Strip Steaks.

"The real purpose of the scientific method is to make sure nature hasn't misled you into thinking you know something you actually don't know." – Robert M. Pirsig

Walk-ins Welcome!

606 Main Street • Bayboro, NC
Phone: 252.745.3191

Walk-in's and same day appointments available.

Suman Lamsal, MD
Hughes M. Helm, MD
Stephanie D. Carperos, MD
Patricia L. Montgomery, PA-C

www.cchchealthcare.com

CCHC complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

GRANTS BROOK

NURSING & REHABILITATION CENTER



GRANTS BROOK is committed to providing the highest quality of care and services assuring human dignity and quality of life, for our residents, their families, and our employees.

Offering Clinical Services & Rehabilitation and Therapy Services

Together we...

Work to exceed the expectations of our residents, families and employees; Build bridges that span from our families at home to our families at work; Dedicate our efforts and performance to be of the highest quality; Share in the success of accomplishment.



Our staff, our residents and our volunteers are your friends and neighbors.

290 Keel Road, Grantsboro, NC 28529-9424
(252) 745-5005 | www.grantsbrook.com

Coastal Plains Conference Football Season Preview ■ Continued from page 5

players that helped guide them to an 8-5 record last season.

Headlining the list of key departures is Jaylen Short, who rushed for over 1,400 yards and 11 touchdowns last season. Cougars Head Coach Will Harrell knows replacing Short will be a tall task however, he believes a backfield duo of Demorian Smith and Darion Greene is capable of filling the void left by Short.

“Our backfield is going to look a lot different,” said Harrell. “[Demorian and Davion] are more traditional power type backs [whereas] Short was more of a speed back.”

Other key departures include: Jack O’Neal, last season’s leading tackler; Zikeyai Cherry and Jayron Purvis, leading receivers; Keshawn Jarret, Aaron Lawrence, and Tripp Heath, starting offensive and defensive linemen; and quarterback Jahkene Clark.

“They were vital to our program, [and] they set the expectations on and off the field,” said Harrell. “I hate to see them go, but I wish them the best. They meant a lot to this program.”

During summer training, Harrell tabbed rising junior Jeffery Cobb as the Cougars’ replacement at quarterback to the dual-threat, three-year starter, Jahkene Clark.

“Cobb has worked very hard in the weight room,” said Harrell. “He is a linebacker playing quarterback, [so] he is not as elusive as Clark. He has looked good this spring and this summer.”

On both sides of the line, Harrell has several linemen he believes can help fill the holes left by the four departing senior linemen.

“We lost four linemen [and] my three-year starter at center,” said Harrell. “[But] we have about four guys on the roster around 300 pounds and some returning players with experience. I am very excited about that group.”

The young Cougars team, however, does have a relatively light non-conference schedule including matchups at 4-7 Bear Grass, 1-10 Perquimans, 2-9 Kipp Pride, and 6-6 North Edgecombe, before beginning conference play. Anticipate these early non-conference games to be integral to the development of young, new starting players.

Final Analysis: Many fans will look at the Cougars inexperience and youth and assume they’ll finish with a lackluster record. However, these inexperienced, youthful cougars have a weak non-conference schedule that should help them transition into their new starting roles before conference play begins. Expect South Creek to exceed expectations in the conference.

Southside Seahawks

Seahawks Head Coach Jeff Carrow has the utmost confidence in his new starting quarterback, Hundley Stallings, this season.

“I cannot speak more highly of Hundley Stallings,” said Carrow. “He is coachable, hard-working, [and] gets along with other players. He is exactly what a head coach would want in a quarterback.”

The return of senior lead tailback, Jamari Nelson, will help Stallings ease into his first year as a starting quarterback.

“After missing all of last season with a broken leg, Jamari will be our lead back this year,” said Carrow. “He has good vision, makes good cuts, [and] has good speed.”

While Nelson will be Southside’s lead back, the Seahawks plan to rotate several reserve backs into the lineup to keep Nelson fresh. “We are blessed with our depth in the backfield,” said Carrow. Expect Davien Carter, Keewan Campbell, and Aaron Wright to garner carries as well.

The Seahawk running backs will run behind an experienced offensive line that returns three starters from last season. However, they will also be running for their team captain, Colby Curlings, who is out for the entire 2019 season after suffering critical injuries in a car accident.

“Colby was a starter and one of our captains this year,” said Carrow. “The players have rallied around him, and they’re playing for something bigger than themselves.”

The Seahawks return nine starters from a defen-

sive unit that allowed 29 points per game to opposing offenses last season. Headlining the list of returning defensive players is the Seahawks linebacker duo of Shantez Clark and Davien Carter. Carter and Clark combined for over 100 tackles last season. Carter will split time at safety and linebacker while Clark will be the team’s full-time starting sam linebacker. Anticipate both Carter and Clark to play critical roles as returning contributors to the Seahawks’ defense.

Final Analysis: Southside, one of the deepest teams in the conference, returns the majority of their key contributors from last season. However, their non-conference schedule is brutal. If they come out of their non-conference schedule with one or two wins, that could be a major indicator that this team has a legitimate chance in this conference, and potentially at the 1A east regional level.



Tarboro Vikings

The Tarboro Vikings begin summer training fresh off of garnering both their second consecutive undefeated record and IAA state championship victory.

On offense, quarterback Kimani McDaniels returns for his senior year to operate the Vikings’ high octane triple-option offense that averaged 53 points per game last season.

“Obviously everyone else [in the conference] has a new guy coming in [at quarterback], [but] he’s [McDaniels] played some very big games,” said Craddock. “Hopefully he’ll bring a calming presence to my young offense.”

McDaniels accumulated 545 passing yards, 8 passing touchdowns, 337 rushing yards, and 4 rushing touchdowns, last season.

However, McDaniels will carry a heavier load this season both as a rusher and as a passer after lead backs Keon Caudle, Jaquez Edge, Jyron Albritton, and Clifton Joyner Jr., graduate.

“We’re putting some [new] things in to try and take advantage of what he [McDaniels] brings to the table,” said Craddock.

Caudle, Edge, Albritton, and Joyner Jr. combined for 3,863 yards last season.

“All [four of them] were great young men and football players,” said Craddock. “You’re talking about replacing four really really good football players,” said Craddock.

Expect Khalil Staton, Jalen Razor, and Travis Johnson to fill the running back positions in Tarboro’s signature full house formation.

Johnson, Razor, and Staton will run behind a deep, talented, and sizeable offensive line as the Vikings have 15 players on the roster at or over 200 pounds.

“Our depth on the offensive line is pretty good,” said Craddock.

On defense, the Vikings lose their star starting linebacker, Ty’Trez Higgs to graduation. However, the Vikings have holes across the defense after safety Kendarius Jenkins, nickelback Marquez Edge, defensive end Zion Brooks, and nose guards Melik Ward and Matthew Medford, graduate.

“You don’t replace Melik Ward,” said Craddock. “He’s one of the best players, both sides of the ball, I have ever coached.”

However, Craddock believes his “glue-guys” in senior Cameron Powell, Clay Craddock, and division 1 prospect Ja’viyes Massenbourg, will help new starters including Ke’nazious “Naz” Black, Khalil Staton, and Renquan Williams.

“The glue [of the defense] should be Cam Powell in the secondary, Clay [Craddock] as the linebacker, and [300 pound] Ja’viyes Massenbourg [...] as our defensive line anchor,” said Craddock. “We’ve got some really good pieces that have played in big games [on] the big stage.”

Final Analysis: While the Vikings lose several players that were integral pieces during their championship run, they still have greater depth, size, strength, and speed than any other team in the conference. Additionally, quarterback Kimani McDaniels returns to the team for his senior season. Expect Tarboro football to continue to be the powerhouse program it has been over the past decade.

The Pamlico News Projected Order of Finish:

	Regular Season Projected Records	Conference	Overall
1.	Tarboro High School Vikings	6-0	10-1
2.	Pamlico County High School Hurricanes	5-1	7-4
3.	Southside High School Seahawks	4-2	6-5
4.	Riverside-Martin High School Knights	4-3	5-6
5.	South Creek High School Cougars	2-5	6-5
6.	Northside-Pinetown High School Panthers	1-5	3-8
7.	Jones Senior High School Trojans	0-6	3-7



Bill's Pet Shop

Your One Stop Pet Shop!

Just In Low Cost Vet Clinic July 9 5:30-8 PM

SWIM INTO ANNIVERSARY SAVINGS
CELEBRATING 37 YEARS!

FREE CASE of Zignature Cans w/ all 27lb. bags
Goat or Guinea Foul • Limit 1 Free Case per purchase

Register for our *Paddle Board or Kayak Give-A-Way* w/ any Essence Dog or Cat Food purchase

\$3.00 OFF Any Single Dose Frontline, Advantage, or K-9 Advantix
exp 7-29-19

Berne Square, New Bern, NC 252-637-3997
491 Hwy 70 West, Havelock, NC 252-447-2750
Hours: Mon-Sat 9am-8pm | Sunday 12pm-6pm

NEUSE Power Mowers

- SALES
- PARTS
- SERVICE



2301 Old Cherry Point Rd,
New Bern, NC 28560

Phone: 252-638-2770 • 1-800-449-2770 • rhartneusepower@yahoo.com

Brantley's Village Restaurant

Broad St. • Oriental, NC

Serving Pamlico County and Surrounding Area Since 1978

Serving Breakfast Lunch & Dinner

M BBQ Chicken & Meatloaf

T Hamburger Steak & Ham

W Chicken Pastry & Porkchops

Th Fried Chicken & Collard Greens

**F Lunch Seafood Buffet
Dinner Country Buffet 5-9 PM**

**S Famous Breakfast Buffet 7-10:45 AM
Famous Seafood Buffet 5 PM**

Open Monday – Saturday
7 a.m. to 8:30 p.m.
Serving You Is Our Pleasure

FOR TAKEOUT ORDERS CALL
252-249-3509

LEGALS

NORTH CAROLINA PAMLICO COUNTY 19-E-97 NOTICE TO CREDITORS:

All persons, firms and corporations having claims against the Estate of Sandra Ames Towle (a/k/a Sandra Parker Towle), Deceased, of Pamlico County, North Carolina, are notified to present the same to the personal representative listed below on or before October 03, 2019, or this notice will be pleaded in bar of recovery. All debtors of said estate are asked to make immediate payment. This the 3rd day of July, 2019.

Gordon A. Towle, Administrator of the Estate of Sandra Ames Towle
c/o Ernest C Richardson, III
503 Pollock St.
New Bern, NC 28562

July 03, 10, 17, &24, 2019

NOTICE TO CREDITORS

Having qualified as Executrix of the Estate of Robert E. Pittman, late of Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against said Estate to present them to the undersigned, whose mailing address is 1698 E. Arlington Blvd., Greenville, NC 27858, on or before the 3rd day of October, 2019, or this Notice will be pleaded in bar of their recovery. All persons, firms, and corporations indebted to said Estate will please make immediate payment to the undersigned. This the 3rd day of July, 2019.

Claire A. Pittman, Executrix of the Estate of Robert E. Pittman
1698 E. Arlington Blvd.
Greenville, NC 27858

JOHN B. DUNN, JR.
COLOMBO, KITCHIN, DUNN, BALL & PORTER, LLP
Attorneys at Law
1698 E. Arlington Blvd.
Greenville, NC 27858


Publish: July 3, 10, 17, 24, 2019

BROAD ST. CUSTOM SIGNAGE

We just don't create signs.
We design the signage to fit your company or your needs...

- Outdoor Signage
- Contractor Signs
- Vinyl Graphics
- Real Estate Signs
- Decals
- Directional Signs
- Boat Lettering & Numbers
- Custom Signs
- Banners & Posters
- Window Lettering & Graphics
- Magnetics
- Custom Personalized License Plates
- Custom T-Shirts and Apparel

800 Broad St., Oriental NC
249-1555



INCIDENTS

Jun. 28, NC Hwy 55, Bayboro, found property
Jun. 28, Freemason Street, Oriental, violation of a court order
Jun. 29, NC Hwy 55, Bayboro, assault on female (by male at least 18 years of age)
Jun. 29, Neuse Road, Grantsboro, injury to personal property
Jun. 29, Hodges Street, Oriental, armed to the terror of the public
Jun. 30, Country Club Drive, Arapahoe,

trespass of real property
Jul. 1, Wichita Village Lane, Bayboro, calls for service
Jul. 1, Main Street, Grantsboro, unauthorized use of MV/car w/o consent of owner and injury to personal property
Jul. 1, NC Hwy 304, Bayboro, death investigation
Jul. 2, NC Hwy 55, Grantsboro, larceny
Jul. 2, NC Hwy 306 South, Arapahoe, found property

PROPERTY TRANSFERS

(JUL 1-JUL 10, 2019)

Jul. 1, Lots 3 & 4, from Lindsey's Creek LLC to Todd D. Nalley and Janet M. Nalley, \$300
Jul. 1, Two Tracts; Dawson Creek, from Jackie F. Ireland Sr. and Sue G. Ireland to Arthur C. Jeffries and Susan A. Jeffries, \$210
Jul. 1, Neuse Heights Block: H Lot: 87 and Neuse River Heights Block: H Northern Half of Lot 86, from Sandra T. Dupont to Janice F. Coakley, \$390
Jul. 2, Neuse River Heights Lot: 111, from James E. Roesch and Olga G. Roesch to Sheri J. Rettew, \$100
Jul. 2, E/S NCSR 1114; Metes & Bounds, from Robert S. Blackwell Jr. to Caleb Rowe Banks and Harrison Faith Banks, \$0
Jul. 2, Broad Creek Village Tract One: Lot 3 and Tract Two Lot: 3A, from George E. Smith and Judith M. Smith to Shawn M. Brooks and Martha S. Brooks, \$108
Jul. 3, 1.4 Acres; S/S Horne Road (SR 1234), Lowland; Metes & Bounds, from Curtis C. Ireland and Martha C. Ireland to Raymond Bryan Roden, \$0

Jul. 3, End of Will's Lane and NW of Goose Creek Road, NCSR 1110; Metes & Bounds, from Thelma T. Dixon to Judy D. Jernigan, Daniel Christopher Bailey, and Frances Wiley Bailey, \$0
Jul. 3, Dawson Creek Hills Lot: 15, from Virginia Anderson Vogt and Richard Erwin Vogt II to William Hughes Conkwright and Julie Vogt Conkwright, \$240
Jul. 3, 0.48 Acres; N/S Jane Lane NCSR 1368 and S/S Wise Gut; Metes & Bounds, from James Robert Ransom Keeter, Erin Keeter, Rebecca Erin Keeter, James Robert Ransom Keener ADMR, and Gail Iris Keeter EST to Kelly L. Greene and Karen Greene, \$86
Jul. 5, River Dunes Lot: 9 Marina Village-Section 3, from Colleen J. Fitzpatrick TR, The Colleen J. Fitzpatrick Revocable Trust, Colleen J. Fitzpatrick Revocable Trust, and Colleen J. Fitzpatrick to Colleen J. Fitzpatrick, \$0

State's Shellfish Farming Industry

Continued from page A1

Along those lines, the new act ensures effective use of public trust waters by increasing lease productivity requirements and allowing for terminated and abandoned leases to become more readily available for re-leasing.

Under the act, a pilot mariculture program in Pamlico Sound will encourage cultch-on-bottom, or growing oysters on the ocean or sound floor, and other larger farming operations, with limitations in place to prevent potential business conglomerates from dominating shellfish production. Additionally, the law establishes the third-party Shellfish Cultivation Lease Review Committee to review and make determinations on contested lease issues.

Due to ongoing user conflicts in Bogue and Masonboro sounds, the law established two temporary leasing moratoria until 2021 to provide time to formally resolve these conflicts. The federation has worked with stakeholders to ensure the moratoria expire in 2021 so the state can effectively study conflict resolution in these areas.

To continue improving the shellfish industry, the bill calls for several new studies, including one led by the North Carolina Division of Marine Fisheries on how to reduce conflicts related to shellfish leases and how to punish violations regarding thief, another study led by the Department of Agriculture and Consumer Services on developing effective crop insurance for shellfish growing operations, and a study led by the federation on the development of a low-interest loan program to facilitate start-up and other shellfish related business operations.

The new state budget approved by lawmakers will provide funds to help the industry to prosper. These appropriations include: a \$50,000 grant to the federation for a shellfish market analysis study; a \$30,000 grant to the North Carolina Shellfish Growers Association for a shellfish crop insurance pilot project; \$125,000 for a Shellfish Aquaculture Demonstration Center at Carteret Community College in partnership with North Carolina

Sea Grant; \$150,000 to the Division of Marine Fisheries for staffing to expand the Shellfish Lease program. In addition, in 2018 the legislature ensured approximately \$177,000 recurring and \$96,000 nonrecurring funds to reopen the shellfish sanitation lab in the northeastern part of the coast and \$125,000 of recurring funds for a new faculty position at the North Carolina State University Center for Marine Sciences and Technology to study shellfish diseases.

"In addition to strengthening the economy of the coast, the growth of shellfish mariculture industry supports the health of our coast. Oysters filter the water making it cleaner and healthier allowing for swimming, fishing and recreation," said Ana Zivanovic-Nenadovic, the federation's senior policy analyst. "The passage of the bill continues the forward momentum of the shellfish industry in the state. The hard work is only beginning and the federation is excited to be part of it."

More information about the federation's shellfish mariculture efforts is available at nccoast.org/mariculture [<http://nccoast.org/mariculture>] or ncoysters.org [<http://ncoysters.org>] .

For more information contact Ana Zivanovic-Nenadovic at anaz@nccoast.org [[/promail/src/compose.php?send_to=anaz@nccoast.org](mailto:anaz@nccoast.org)] or 252-393-8185.

About the North Carolina Coastal Federation

The North Carolina Coastal Federation is a nonprofit membership organization that works to keep the coast of North Carolina a great place to live, work and play. Through a variety of programs and partnerships, the federation provides for clean coastal waters and habitats, advocates to protect the coast and teaches and informs people about the coast and what they can do to protect it.

The federation has offices in Ocean, Wanchese and Wrightsville Beach, N.C.

To learn more, please visit nccoast.org or call 252-393-8185.

LOOKING BACK

The Pamlico News July 7th 2005

A Gift to Boost New Heritage Center



Pictured with an anchor donated to the Pamlico County Heritage Center are Alberta Potter, Josh Potter, Rosalie Peacock, George Peacock, Geraldine Mayo Beveridge, Clifton Stowe and Palmer Stowe. Below, Geraldine Mayo Beveridge presents a donation to Peacock and Potter that will go toward the new Heritage Center.

AgCarolina Farm Credit Opens Application Period for Ag Biz Programs

Raleigh, NC – AgCarolina Farm Credit is accepting applications for their Ag Biz programs through August 12th. AgCarolina offers two programs with a focus on assisting participants and their families with business planning, among other key financial and money matters related to an agricultural operation.

Ag Biz Basics – designed for YBS and Veteran individuals who are thinking about or in the beginning stages of starting a farming operation.

Ag Biz Planner – designed for YBS and Veteran individuals who are already farming. This course is more in-depth and offers participants the opportunity to create a business plan specifically for their farming operation.

The application and program information are available via our website, and the program will begin in September 2019 and will conclude with a final conference in January 2020. Applications will be accepted through August 12, 2019. Individuals selected for the program will be notified.

"AgCarolina Farm Credit continues to support these Ag Biz programs because of the proven track record graduates have in using the material learned to help manager their operations," states President and CEO Dave Corum. "Investing in young, beginning, small, and Veteran farmers is the best way to ensure agriculture remains the number one industry in North Carolina."

AgCarolina Farm Credit is a farmer owned financial cooperative with headquarters in Raleigh. They are the leading provider of credit to farmers in central and eastern North Carolina. AgCarolina Farm Credit has over \$1.5 billion in loans and commitments outstanding to nearly 3,000 North Carolina farmers. Loans are made to finance land, homes, farm buildings, operating expenses, livestock and equipment, as well as other purposes. Credit life insurance, appraisal services, and leasing are also available through AgCarolina Farm Credit.



Get ready!

Regardless of whether you are a new or a returning student, now is a great time to talk with Student Services staffers so you can be prepared to sign up for classes!



Pamlico can prepare you for a great career or can get you started on four-year degree at a fraction of the cost of university tuition!

PCC features small classes! That means more individualized attention!



Pamlico's programs are versatile, and many of the college's courses are offered in both seated and online formats! Some programs can be completed entirely online!



Fall Registration is set for Aug. 7 and 8 from 8:30 a.m. to 7 p.m.

Call, email or drop by the college today and get ready!



America's third-ranked community college!

5049 N.C. 306 South
Grantsboro, NC 28529
252-249-1851, ext. 3001

studentservices@pamlicocc.edu
www.pamlicocc.edu

