



# The Pamlico News

Wednesday, September 09, 2020

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## Promise Place Collects Donated School Supplies



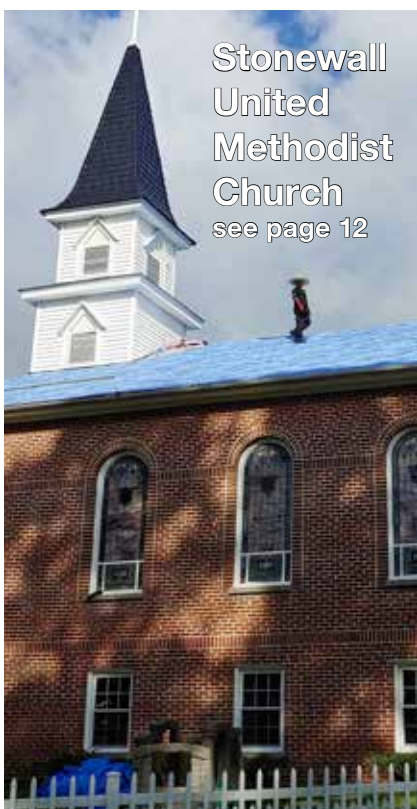
Josh Chitalo, Financial Accountant for Promise Place, accepts donated school supplies from Mary Taylor of The Pamlico News which served as a collection center in Oriental

Many families in Pamlico, Craven, and Jones counties are having a hard time accessing school supplies needed for at-home learning. Low income families have depended on help from schools to provide simple things such as paper and pencils, and the coronavirus has led to a transition for many students and their families to a virtual-learning environment. Now, those learning materials are needed at home to help students complete the school year and not fall behind.



Promise Place stepped up and partnered with local businesses to collect donated school supplies and lunch box items to support local students and parents in their new home-learning environment, ensuring that children have the supplies they need. Communities donated supplies in August and Promise Place will distribute them in September. The Pamlico News was a collection center for Oriental and Pamlico County.

Promise Place is a 501 (c)3 non-profit serving children and adults who have been sexually assaulted, experienced trauma, or may have been a victim of a crime. There is no cost for any of their services. For more information about Promise Place, email Candice Parker, [Candice.parker.promise@gmail.com](mailto:Candice.parker.promise@gmail.com) or call 252-636-3381.



Stonewall United Methodist Church  
see page 12

## 9-11, Never Forget

by: Hiram Lupton



Chances are, if you are old enough to remember the terrorist attacks on our country which occurred on September 11, 2001, you remember where you were, what you were doing and how you felt on that day. For one Pamlico County native, there is no trouble remembering. He was across the river in New Jersey that day and saw the second plane hit the World Trade Center towers in New York City. Sean Yates was a bargeman working for Express Marine, Inc.

"I was at the Hudson Generating Station (power plant) in Jersey City and I was offloading a coal barge. It was a gorgeous day, crystal clear, cloudless blue sky, a crisp early fall morning. We talked about how pretty a day it was. I had gone below deck to start the pumps to begin ballasting the barge while the shore crew offloaded the coal. When I came back up on deck, I noticed a weird looking cloud coming from behind the power plant. I went to the bow of the barge where I had a clear look at the towers, and I could see a lot of smoke coming from one of them. I walked back to where I could talk with the plant operators and they hadn't seen it yet, but they had a radio on and the news said a plane had hit it. All of our first thoughts were, while tragic, it was probably a Cessna type plane and a local pilot had screwed up. FDNY would do what they do and that would be it. I walked back to the bow watched for a few minutes. I could now see the flames. As a volunteer with New Bern Fire and Rescue at the time, I knew what those guys were going through before they even got to the fire floor. Nothing but respect. I'm not sure how long I sat up there but eventually a plane came in low and got my attention. I watched it complete a turn and slam into the second tower. I didn't really know what or why, but I knew then that it was no accident. I ran back to the operators and told them what I had seen. From their vantage point on the ground they couldn't see it, but about the same time, the crew on the coal pile started calling in. They had seen it too. Within minutes management shut us down. I had a good vantage point and stayed up on the barge. I kept running back and forth from the bow to a TV I had inside at the stern. I watched the first tower fall on TV. I knew immediately my brother firefighters were gone. That was not survivable. My wife knew I was in New York, so I got in touch with her back in New Bern to let her know I was OK. I was on the phone with her watching from the bow when the second tower fell. At first, I thought it was a massive explosion. When the smoke cleared the building was gone. My feelings were of complete shock. I felt numb. The power plant was put on complete lockdown and because we were declared a potential target, armed guards and a sniper station was posted on the roof top. All non-essential personnel were ordered to go home and all outside contractors were told to leave. They wanted me and that barge gone, but the harbor had been locked down by USCG. Nothing could move. I told them we had no way of moving it anyway as my tug was offshore with another barge. So, I was ordered to stay on the barge or in my small shoreside trailer/



office. I was glued to the TV, but I wanted to get over there. As a fire fighter I have skills that were needed. FDNY was putting out calls for help. But the tunnels had been closed and all my gear and ID were in NC. They would have never let thru. The harbor was shut down to all movement for 5 days. Nothing allowed in or out. Eventually my tug showed up with the other barge and we were swapped out and I headed south for another load of coal. I passed underneath the former shadows of the towers and thru the smoke cloud. It's a smell I'll never forget. Smoke, burning debris and liquids, and the smell of death. They don't report that part. The city had that smell of death for a month. Every time we entered the harbor, we could smell it."

How does Sean feel now, 19 years later? "I can't stand these conspiracy theories and the claims that it didn't happen. I was there. I saw it. I smelled it. I lived it. There was a whole lot of uncertainty. Just over a week later, I was on plane out of Newark, N. J. headed home. It was probably the only time I've been scared to fly. The week that I waited at the dock, I felt both pride and sadness for our nation. The FDNY lost 343 firefighters. As details came out, I felt anger at those that had done this but pride in my country. This is still a difficult day for me and I can't watch the TV documentaries any more. I just wish we were united as a nation again like we were on Sept 12." Sean still works in marine transport, currently an engineer for Vane Brothers towing, and is also a volunteer fireman with the Rhems Volunteer fire department. Sean grew up in Vandemere and now lives in Craven County.

The September 11th attacks were the single deadliest terrorist attack in history with 2,977 fatalities and over 25,000 injuries. In addition to the attack on the World Trade Center in New York, Islamic terrorists also crashed a plane into the Pentagon outside of Washington D.C. Another hijacked plane believed headed for Washington D.C. was brought down in Pennsylvania by the heroic efforts of passengers before it reached its destination, killing all onboard. The attacks were also the single deadliest incident for firefighters and law enforcement officers in U. S. history as 343 firefighters and 72 police officers lost their lives. Never forget.

## A Message from Karen Brinson Bell to NC Voters

RALEIGH, N.C. – The following is a message to North Carolina voters from Karen Brinson Bell, executive director of the North Carolina State Board of Elections:

It is illegal to vote twice in an election. N.C.G.S. § 163-275(7) makes it a Class I felony for a voter, "with intent to commit a fraud to register or vote at more than one precinct or more than one time...in the same primary or election." Attempting to vote twice in an election or soliciting someone to do so also is a violation of North Carolina law.

There are numerous checks in place in North Carolina that prevent people from double voting. Electronic pollbooks with information about who has already voted are used at every early voting site. If a voter tries to check in who has already voted, they will be prevented from voting a regular ballot. A voter will be offered a provisional ballot if they insist on voting, and this ballot will be researched after Election Day to determine whether it should be counted.

On Election Day, voters who have voted absentee are removed from the pollbook, which is updated before voting starts at 6:30 a.m. Absentee ballots that are received on Election Day are not counted until after the election, and this prevents double voting.

Also, the State Board conducts audits after each election that check voter history against ballots cast and would detect if someone tries to vote more than once in an election. Because absentee ballots and early voting ballots are retrievable, if someone tries to get around the system, their ballot can be retrieved and not counted, so it will not affect the outcome of an election.



The State Board has a dedicated investigations team that investigates allegations of double voting, which are referred to prosecutors when warranted.

If you request an absentee by-mail ballot but decide later that you would like to vote in person instead, you may. You should discard your absentee ballot. Do not send it back in.

If you have already placed your ballot in the mail but are not sure whether it has been accepted by your county board of elections, North Carolina offers a few ways to check the status of your absentee by-mail ballot without leaving your home.

### Voters can:

1. Check your voter record at the State Board's Voter Search Tool to find out whether your ballot was accepted by your county board of elections. This information will appear in the voter record after a ballot has been accepted.
2. Sign up for BallotTrax, when it launches in the next few days, to track your ballot through the system. BallotTrax is a new service that will allow voters to track their ballot through the mail and confirm receipt by the county board of elections, much like they can track their online order or pizza delivery. When it launches, a link will be available at [NCSBE.gov](http://NCSBE.gov).
3. Contact your county board of elections if you have questions about their ballot status.

The State Board office strongly discourages people from showing up at the polls on Election Day to check whether their absentee ballot was counted. That is not necessary, and it would lead to longer lines and the possibility of spreading COVID-19.

North Carolina elections officials encourage voters to request their ballot as soon as possible and return it as soon as they are ready to do so. By doing so, you can track your ballot and ensure your vote counts.

### WEEKEND WEATHER

**SAT SEP 12** Mixed clouds and sun with scattered thunderstorms. High 81F. Winds ENE at 5 to 10 mph. Chance of rain 50%. **SAT Night** Mostly cloudy skies. Low 72F. Winds ENE at 5 to 10 mph. **SUN SEP 13** Variable clouds with scattered thunderstorms. High 87F. Winds SSE at 5 to 10 mph. Chance of rain 40%. **SUN Night** Some clouds and possibly an isolated thunderstorm after midnight. Low 73F. Winds light and variable. Chance of rain 30%.



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# COMMUNITY

## OBITUARIES

**Russell Edwin Spalti, age 71, resident of Aurora, NC,** passed away on September 2, 2020 at his residence. He was born to Norman and Beverly (Fullington) Spalti in Buffalo, NY on October 22, 1948. He was one of four children. Following his graduation from high school, he enlisted in the United States Navy and following his Honorable Discharge from the Navy, he reenlisted with the United States Marines, obtained the rank of Gunnery Sergeant, and retired in 1994. Following his retirement, he was active with the Marine Corps League and the Disabled American Veterans.

He is survived by his loving wife, Janet (Barthel) Hopkins-Spalti; children: Joseph Scott Spalti, Lynette Morris and Michael Spalti; seven grandchildren and two brothers. Russell was preceded in death by his parents: Norman and Beverly Spalti; children: Matthew Spalti, Shawn Hopkins, Erick Spalti and one sister. His service will be held 6:00 p.m., Friday, September 11th at Bryant Funeral Home Chapel with Chaplain Aillsa Harl, LT, USN officiating. The family will receive friends and relatives one hour prior to the service. Arrangements by Bryant Funeral Home & Cremations, Alliance.



### NORTH CAROLINA STATE BOARD OF ELECTIONS

ATTN: CURBSIDE VOTING

You may vote curbside if you are unable to enter the voting place without physical assistance due to age or disability.\*

**DISABILITY MEANS YOU:**

- Are unable to enter the polling place due to age or physical or mental disability, such as agoraphobia
- Have a medical condition that puts you at increased risk of COVID-19
- Should not wear a mask due to a medical or behavioral condition or disability, or
- Are experiencing symptoms of COVID-19

### ABSENTEE VOTERS: KNOW YOUR RIGHTS

**Only you or your near relative or legal guardian can mail or deliver your ballot to the elections office.**

Has someone else tried to take your ballot? Call 919-807-1206

**Only you can vote your ballot.**

Did someone fill out your ballot for you or try to see your ballot? Call 919-807-1206

**You can check the status of your absentee ballot at any time.** Check your status at: <https://vt.ncsbe.gov/RegLkup/>

Didn't get your ballot? Call 919-807-1206

**ELECTION OFFICIALS WILL NEVER COME TO YOUR HOUSE TO PICK UP YOUR ABSENTEE BALLOT OR TELL YOU HOW TO VOTE.**

NORTH CAROLINA STATE BOARD OF ELECTIONS

NCSBE.GOV

## THIS WEEK IN HISTORY

- **September 9th – 1890,** Colonel Harlan Sanders was born in Henryville, Indiana. Chickens have lived in fear ever since.
- **September 10th – 1897,** The first ever drunken driving arrest was made in London, England. Police arrested George Smith after he ran his cab into the side of a building.
- **September 11th – 2001, .....9/11**
- **September 12th – 1954,** The TV show “Lassie” first aired on CBS. I wonder if they ever got Timmy out of that well.
- **September 13th – 1789,** The United States Government took out its first loan. It hasn't stopped borrowing money since.
- **September 14th – 1814,** Francis Scott Key wrote the poem “Defence of Fort M'Henry”. It was later set to music as “The Star-Spangled Banner.” Stand for our National Anthem.
- **September 15th – 1928,** Scottish scientist Alexander Fleming discovered the antibiotic penicillin.



Many great athletes call North Carolina home and one of them is Baseball Hall of Fame pitcher Gaylord Jackson Perry. Perry was born September 15th 1938 in Williamston, N. C. During his playing career he was a five time All-Star and twice voted the Cy Young Award winner (1972 & 1978), for being the most outstanding pitcher for that year. Perry pitched from 1962 until 1983 and played for 8 different major league teams, winning a total of 314 games. He was elected to the Baseball Hall of Fame in 1991.



**YOU NEED IT. WE GOT IT.**

A recap of last night's game. A listing of this weekend's open houses. A review of the latest sports events. A listing of area job openings. Whatever information you're seeking, you can find it in *The Pamlico News*.

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## Hope Clinic's New Beginnings

Recovery support group meetings open to anyone in recovery. Using principals from NA, AA, and Smart Recovery is hosted by Hope Clinic's New Beginnings program. Meetings occur every evening at 7pm, except for Saturday. Most meetings are online and 2 are in-person at this time. There are no requirements to attend and meetings are free. For more information, please call Caitlin at (252) 745-5760 or email her at [caitlin@hopeclinic.net](mailto:caitlin@hopeclinic.net)

### QUICK REFERENCE

- |   |  |
|---|--|
| <p><b>EMERGENCY:</b> Dial 911 for police, sheriff, fire departments, rescue squads, ambulance<br/>Animal Poison Control Center: 1-888-426-4435<br/>Carteret General Hospital: 808-6000<br/>Coastal Carolina Regional Airport: 638-8591</p> <p><b>EMERGENCY PET CARE:</b> 444-1399<br/><b>HIGHWAY PATROL:</b> 1-800-441-6127</p> <p><b>MEDICAL ASSISTANCE –</b><br/>CarolinaEast Medical Center: 633-8111<br/>Nova Urgent Care: 745-7440</p> | <p><b>PAMLICO COUNTY DEPARTMENTS</b><br/>Board of Elections: 745-4821<br/>County Manager: 745-3133<br/>Emergency Management: 745-4131<br/>Health Dept.: 745-5111<br/>Recycling Center: 745-3283<br/>Senior Services: 745-7196<br/>Sheriff's Dept. (non-emergency) – 745-3101<br/>Social Services: 745-4086<br/>Tax Collector: 745-4125<br/>Water Dept.: 745-5453<br/>Poison Control Center: 1-800-222-1222<br/>US Coast Guard (Hobucken): 745-3131</p> |
|---|--|

clubs and organizations events...

**frontdesk@ThePamlicoNews.com**

## The Pamlico News

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## Horoscopes

- ARIES – Mar 21/Apr 20**  
Remember to be careful what you say about others, Aries. If you're talking about someone who isn't in the vicinity, act as if he or she is there so you always remain respectful.
- TAURUS – Apr 21/May 21**  
You might need some time alone this week to get yourself centered, Taurus. This is especially true if you have been running yourself ragged and are feeling stressed out.
- GEMINI – May 22/Jun 21**  
Gemini, do not try to fit into some mold that doesn't represent who you truly are. There's only one person you need to please, and that is yourself.
- CANCER – Jun 22/Jul 22**  
Issues around you may be a bit heavy, Cancer. Your role is to lighten up the situation with humor and amusement. Your powers of adaptability will be put to the test.
- LEO – Jul 23/Aug 23**  
Leo, if one door will not open for you, don't force it. Simply try another door. Accept that some things are not meant to be and it is time to move on.
- VIRGO – Aug 24/Sept 22**  
Virgo, your approach to things may get some push back from others. Don't let that stop you from being independent and forging your own path.

- LIBRA – Sept 23/Oct 23**  
Libra, the old ways of doing things may butt heads with the new, leaving you scratching your head. Go with your gut instinct on this situation this week.
- SCORPIO – Oct 24/Nov 22**  
Unexpected events can shuffle things when you least expect it, Scorpio. Don't be discouraged; learn how to go with the flow and you can come out on top.
- SAGITTARIUS – Nov 23/Dec 21**  
Sagittarius, your confidence may wane a bit this week. All you need is a pep talk from someone to get you out of a funk. Listen to what this person has to say.
- CAPRICORN – Dec 22/Jan 20**  
Aiming for the latest and greatest may not be the best idea, Capricorn. Material possessions bring you entertainment, but strive for other, more grounding goals.
- AQUARIUS – Jan 21/Feb 18**  
Make sure you are nourishing your whole self in the days to come, Aquarius. This means being in tune with physical and mental well-being.
- PISCES – Feb 19/Mar 20**  
A nervous restlessness may urge you to act this week, Pisces. You could be excited about something that you just can't pinpoint right now.

### Virgo Traits & Overview

Virgos are born between August 23 and September 22, and belong to the Earth element of the zodiac (along with Taurus and Capricorn). Earth signs are solid, reliable, practical and stoic. They are the zodiac's backbone! Virgos are blessed with a powerful intelligence AND equally cursed with a leaning towards self-criticism and judgment. They can turn that "laser beam" of perceptiveness on anyone, anytime, but mostly it's (saddy) focussed on themselves. They are not their own BFF by default, and it can take gentle Virgo a long time to curb this savage inner judge. That said, this perfectionism can drive them to heights of achievement, fame and success which other, more laid-back, star signs can only dream of. Virgo is ruled by Mercury (as is Gemini, and actually these two signs get on well, despite BI differences) and this makes them smart, organised, communicative and fast. They also know how to present a 'good face' to the world.

**Typical Virgo personality traits**  
Virgos don't 'slum it', no sir, they have a highly tuned sense of style, quality and taste. They're like the zodiac's 'Quality Control Officers', maintaining high standards across everything in their realm (including YOU). This default wiring towards 'the best' can tip over into judging, sniping and griping when they spot things which don't meet their exacting expectations. And they notice EVERYTHING. So, there's no escape. You'll get nothing past them. You will rarely find a Virgo boasting, bragging or showboating - it's just not their style. Even world-beating achievements are presented with a humble shrug and a self-deprecating comment. Left unchecked, this modesty can turn into a self-confidence dip, and their critical inner judge can take over, highlighting their flaws and negatives at max volume, making them think they're not good enough and don't deserve their spot.





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*Christopher & Casey, NC*



**ORIENTAL** – Investment opportunity awaits in downtown Oriental near foot of Bridge. One-story cedar-sided building has 2019 architectural shingle roof, pinewood T&G flooring, central HVAC, foyer, office, main room and a 1/2 bathroom. Multi-use building zoned MU1-can be renovated as 1 or 2 BR home, office, retail or a combination.  
**OFFERED AT \$189,500**



**ORIENTAL** – Waterfront **2BR/2BA** condo with deeded deep-water boat slip in the heart of Oriental. 2nd floor unit offers spectacular views of Smith Creek, and you can walk to everything the Village offers. HOA dues cover insurance, maintenance, lawn care, docks, water, trash pick-up, etc. Enjoy the good life with a low maintenance home.  
**OFFERED AT \$189,900**



**MERRITT** – **3BR/2BA** unrestricted waterfront w/dock on 1.77 acres fronting Simpson Creek. Lifetime freshly coated metal roof, beautiful LVP flooring, granite counters in kitchen w/soft-close drawers & high-end LG appliances. Detached garage/workshop & detached multi-purpose bldg currently used as music studio. Fenced backyard & garden.  
**OFFERED AT \$249,500**



**MERRITT** – Well maintained 1,782 sf **3BR/2BA** home in Cabin Creek Subdivision features private 1.41 acre parcel, open floor plan, & a large kitchen a center island. Kitchen opens up to the expansive dining and living area w/access to the wrap around porch. Perfect for entertaining family and friends.  
**OFFERED AT \$259,000**



**ORIENTAL** – A pristine 1920 Craftsman **3BR/2BA** bungalow in the Heart of Oriental that is well-elevated with no flooding problems located on Hodges Street only 1 block from the Harbor and includes a deeded boat slip at Oriental Harbor Village Marina.  
**OFFERED AT \$364,900**

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# Pamlico Community College



Pamlico Community College Dental Laboratory Technology students Shanna Turay, foreground, and Maria Gomez learn to make dental casts in the lab while remaining 6 feet apart. The Dental Laboratory Technology program is headquartered in the Johnson Building at the Grantsboro campus. For more information about the program, which is the only one of its kind in Eastern North Carolina, please contact Instructor Dr. Sal Jany at 252-2491851, ext. 3065, or [sjany@pamlicocc.edu](mailto:sjany@pamlicocc.edu). Contributed photo

## Forrest Farm Supply Celebrates 50th Anniversary

by: Hiram Lupton

It isn't easy to be in business, and to be in business for 50 years is quite an accomplishment to say the least. This September, Forrest Farm Supply celebrates their golden anniversary as a Pamlico County business icon. Ralph and Joyce Forrest purchased the business, then known as Lee Farm Supply, in late 1969 and in September of 1970, it officially became Forrest Farm Supply. It is now owned and operated by son Chuck and his wife Wanda. "We really are two businesses here," explained Wanda. "One branch is the Agi-business, which offers a range of services and products to area farmers, and we also have our storefront business which is lawn and garden as well as hardware." Chuck added, "That includes our power equipment lines, which features Stihl saws and trimmers and Bob-Cat mowers."



Chuck Forrest working behind the counter at Forrest Farm Supply in the 1970's

As with any business there are ups and downs, particularly one that has been around for 50 years. Ralph and Joyce both passed away in 2000, and though Chuck had already assumed the reins of the business that he had worked in since he was a teenager, it was still a transition. "2005 was also a turning point," says Wanda. "The widening of the highway ate up all our customer parking. We thought about it and decided to remodel and carry on. We acquired the property next door and donated the house on it to Habitat. That gave us some room for a new parking area." Through all this, as well as the economic ups and downs all businesses face, they have remained and provided livelihoods for a dozen or so employees. "We are just so appreciative of all our customers through the years and now," says Wanda. "Their support is what has kept us open and in business. We don't know what the future holds, but we plan on being around for a long time to come." Forrest Farm Supply is located at 502 Main Street in Bayboro.



Before it became Forrest Farm Supply, it was Lee Farm Supply



Wanda and Chuck Forrest



Forrest Farm Supply before the road widening and remodel

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Wanda and Chuck Forrest



Joyce and Ralph Forrest



# FINANCIAL FOCUS

## Grandparents: Consider These Financial Moves



Dan M. Roberts

Each year, on the first Sunday after Labor Day, we observe National Grandparents Day. Although it's not as widely recognized as Mother's Day or Father's Day, if you're a grandparent, you probably want to do whatever you can to help your grandchildren on their journeys through life. So, you might want to consider the following moves:

- Contribute to their education. If you want to help your grandchildren pay for college, you have a variety of options, including 529 plans. You could also simply set aside some money in an investment account earmarked for education. But you don't just have to stick to helping out financially – you might also want to do some research to see what scholarships are available.

- Consider a UGMA/UTMA account. The Uniform Gifts to Minors Act (UGMA) and Uniform Transfer to Minors Act (UTMA) are custodial accounts that provide a relatively easy way for you to give money to your young grandchildren. A financial advisor can help determine if such a plan is right for you. However, once you put money into the UGMA or UTMA, you no longer have any legal access or authority over the funds unless you are the custodian managing the account.

After children reach the age of majority – typically 18 or 21 – or the age of termination if the state where they live allows for the assets to be held until a later age, they will control the assets, and they may not want to use the money as you had envisioned, such as for college. (Also, tax issues for custodial accounts can be complicated, so, before opening an UGMA or UTMA, you'll want to consult with your tax advisor.)

- Consider gifts to older grandchildren. If you have older grandchildren, you might want to help them out if they're saving for a down payment on a home, or are between jobs, or perhaps are even having children of their own. You can give \$15,000 per year, per individual, without having to file a gift tax return. Your spouse can also give \$15,000 per year to the same individual, again without triggering the need for a gift tax return.

- Review your will. If you've already created your last will and testament, you may want to review it upon the arrival of grandchildren. You can include specific instructions, such as requiring your grandchildren to turn a specific age before they can receive their inheritance. You could also codify the same requirements through the use of a living trust. Contact your legal advisor to determine if such a trust is appropriate for your situation.

- Update beneficiary designations. If you want your grandchildren to receive proceeds from various accounts, such as your 401(k), IRA and life insurance, you may need to update the beneficiary designations, which can even supersede the instructions on your will. Keep in mind that if you have grandchildren with special needs, you may want to designate a supplemental needs trust for your grandchild as the beneficiary instead of naming your grandchild directly. Again, contact your legal advisor for more information.

These aren't the only steps you can take to help your grandchildren, but they should give you some options to consider. The world is an expensive place, and any assistance you can provide to your beloved grandkids can make a big difference in their lives.

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**PUBLIC NOTICE**

Beginning Monday October 5, 2020, Pamlico County will operate and maintain staffed convenience drop-off sites. These convenience drop-off sites are for Residential recycling only. Each site will be scheduled one day per week. The following staffed convenience sites are available for Residential recycling only.

- Reelsboro- Mondays (5656 HWY NC 55 East)
- Oriental- Tuesdays (Oriental Park – Straight Road)
- Arapahoe- Wednesdays (Gary's Restaurant HWY 306 S Arapahoe)
- Hobucken- Wednesdays (Hobucken Community Parking Area)
- Bayboro- Thursdays (3rd Street – Across from courthouse parking)
- Vandemere- Thursdays (HWY 304 Cash Corner)

**HOURS OF OPERATION:**  
 7:30AM-6:00PM

The Grantsboro Transfer Station Recycling Convenience drop-off site will remain and will be open the same days and hours as the Grantsboro Transfer Station as follows:

- Monday-Friday 8:30am-4:00pm
- Saturdays 7:30am-12:00pm

The convenience drop-off sites will be closed on Holidays.

For additional information contact Garry Cooper at (252)745-2094 or Jesse Bloomberg at (252)745-3283.

**NC COOPERATIVE EXTENSION Pamlico County**

# Managing Coyote Conflict

Katie Carter, Livestock Agent



Owning livestock comes with many challenges, one being protecting livestock from predators. Coyotes are a common threat that livestock face. A livestock owner/producer needs to know how to handle a coyote that comes onto their property and what options are available to get rid of this potential threat.

Coyotes were not placed in North Carolina by any government agency, although this may be a misconception. Coyote's range expansion began in the early 1900s, spreading from Mexico through the western US and up into Canada. In 1983, North Carolina had its first confirmed sightings of coyotes. These sightings were only in five counties, but by 2009 all 100 counties had confirmed sightings.

Coyotes typically weigh 25-40 pounds and come in a wide variation of colors. Coyotes are extremely adaptable and will call just about anywhere home, from a farmer's woods around pastures, to a highly populated neighborhood. A coyote's diet also varies depending on their habitat. A coyote that lives close to people in a neighborhood will have a diet made up of trash and possibly small animals, such as outdoor cats or rodents. A coyote that lives in a less populated rural area will have a diet consisting of small rodents, rabbits, bugs, fruit and vegetables, and occasionally livestock and chickens.

Coyotes are very territorial. There will be a mated pair for every territory. Coyotes do not hunt in packs. On summer nights where you can hear coyotes barking and yelling back and forth, it is the par-

ents teaching their pups how to hunt. Once the pups leave to go find their own territories, it will be just the mated pair again. Pups born in the spring will leave to find their own territories in the fall. These pups can travel hundreds of miles, even crossing over state lines looking for an unoccupied territory.



Coyotes can self-regulate their population. If there is an abundance of coyotes, mated pairs of coyotes will have fewer pups per litter. These pups usually are weaker and survival rates are low. If there is a disease outbreak or something that reduces coyote populations, the mated pairs will have larger litters with higher pup survival rates.

A big concern with any wild animal is the threat of disease. Rabies is a deadly disease that is zoonotic, which means it is an infectious disease that is transmitted between species, from animal to human, or from human to animal. Although coyotes can contract rabies they are less likely to develop rabies compared to other wildlife species, such as raccoons or foxes.

If you see a coyote on your property and feel it is a threat to you or your livestock, you can go to [www.ncwildlife.org/coyote](http://www.ncwildlife.org/coyote). This is the NC Wildlife Resource Commission web-

page and it has information about coyotes and options for management.

Hunting season is year-round for coyotes, day or night, and electronic calling can be used. If you are hunting on personal property, a hunting license is not required. If you are hunting on land that you do not own, a hunting license is needed to hunt coyotes. If a landowner has given you permission to hunt coyotes on their land, you will need a signed and dated letter saying you have permission to hunt coyotes on that property.

Trapping season is November 1st through the last day of February. Trapping is only allowed during trapping season and a trapping license is required, unless you are trapping on personal property. For trapping to be done outside of trapping season a depredation permit is required. A landowner or livestock owner can also hire a Wildlife Damage Control Agent. For more information about these agents visit <https://www.ncwildlife.org/Trapping/Wildlife-Control-Agent>.

It is important to remember that it is illegal to relocate coyotes. They have strong homing instincts and will return to the location they were removed from. Once the animal is trapped, it needs to be euthanized and disposed of, or used for its fur.

Fencing is key to keeping coyotes and other predators out of your pastures or chicken runs. High fencing, about 6' tall with 12-18" under the ground, is a good start. Coyotes are great diggers, so running electric wire around the bottom of your fence is a good deterrent. Another way to keep coy-

otes away from livestock and chickens is by securing them at night. This would be hard to do with a herd of cattle or large flocks of sheep, but horses and chickens can be secured in barns and coops very easily. During calving season, be sure to have a safe place for livestock to give birth. Coyotes will take advantage of a mama cow calving, not only killing the calf, but also wounding the mother while she is vulnerable. This applies to goats and sheep as well. Herd protectors, such as a donkey in a pasture with a herd of cattle or a guard dog out with a flock of sheep, are ways to prevent coyotes getting to livestock.

Not all coyotes are potential predators. If they are seen around property, but not harming livestock let them be. If you remove these coyotes, remember new coyotes can move in and may try and take advantage of livestock, if an opportunity arises. To learn more about coyote conflict for livestock operations visit the Jones County YouTube page at <https://youtu.be/tLjjOkzS4Sk>. If you have additional questions contact area Livestock Agent, Katie Carter at [kmcarte4@ncsu.edu](mailto:kmcarte4@ncsu.edu).

## SUDOKU

		6	4					
6	2				4			
1			8	5				6
	1	5			2	6		
	4			7		1		
	2	4			5	8	7	
	8	9				7	1	
	6		1	2	8	4		
4	5				6		9	

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6	2	9	8	6	2	9	8	6
5	8	2	2	6	1	7	9	3
5	8	2	2	6	1	7	9	3
7	1	3	7	4	3	6	5	8
8	3	2	2	1	6	5	8	7
6	4	3	6	2	5	7	9	1
7	1	5	3	8	3	8	3	8
4	4	6	2	5	7	9	1	3
3	6	4	8	2	5	7	9	1
8	2	3	6	7	1	4	5	8
5	7	8	6	4	3	1	9	2

ANSWER:

Don't go getting mixed up in the business of your betters, or you'll land in trouble too big for you.

–J. R. R. Tolkien

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# SCHOOL

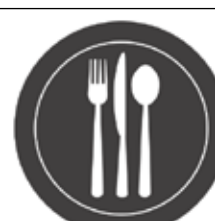
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We are so proud of Ms. Susan Manning for being announced as Pamlico County Schools' Teacher of the Year! Ms. Manning works hard to make sure that all of her students are receiving the best education that they can. She is kind, caring & compassionate. Way to go, Ms. Manning!

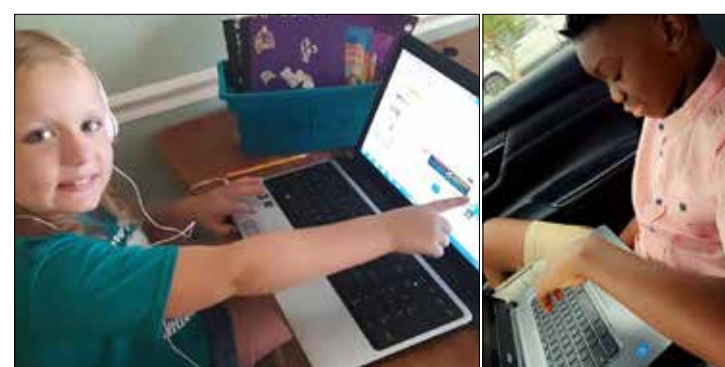


**School lunch information-Plan B**

**Virtual students who have signed up** will have 5 Breakfasts & lunches delivered on Wednesdays

**Group A students:** take home 3 breakfasts & 3 lunches on Tuesdays

**Group B students:** take home 3 breakfasts & 3 lunches on Fridays



Our All-Stars have been working so hard during these first three weeks of remote learning. We are proud of all that they have done and the learning that has occurred. We love seeing our students' pictures during remote learning. You can send them to our Facebook page or to annewood@pamlicoschools.org. Rhylee-meeting her class pet, Brendyn-working remotely on the road, and Haley-working hard on math

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This year looks very different for our teachers, students & parents, but that has not changed how much we love our All-Star family. We have been so thankful to sit down with each family during these first three weeks of school. Pictured: Ms. Tillman and Lilly meeting Ms. Welch



## Pamlico First Responders (part 2)



## 9/11 Memorial Poem: Never Forget!

Let the world always remember,  
That fateful day in September, And  
the ones who answered duty's call,  
Should be remembered by us all.

Men who bravely gave their lives,  
Whose orphaned kids and widowed  
wives, Can proudly look back on  
their dad, Who gave this country all  
they had.

Who left the comfort of their home,  
To face perils as yet unknown, An  
embodiment of goodness on a day,  
When men's hearts had gone astray.

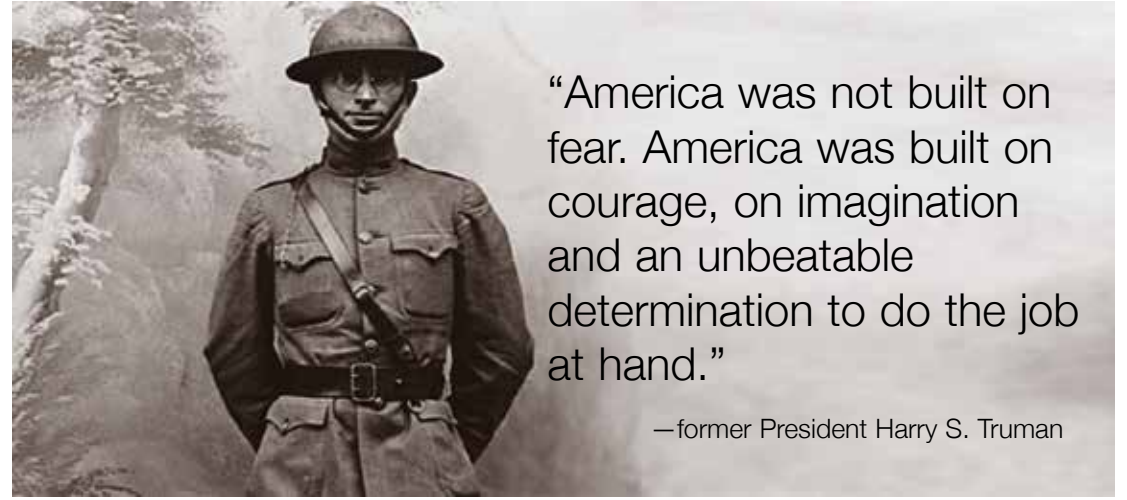
Actions taken without regret,  
Heroisms we shall never forget, The  
ones who paid the ultimate price,  
Let's never forget their sacrifice.

Sons and daughters like me and you,  
Who never questioned what they  
had to do, Who by example, were  
a source of hope, And strength to  
others who could not cope.

And never forget the ones no longer  
here, Who fought for the freedoms  
we all hold dear, And may their  
memory never wane, Lest their  
sacrifices be in vain.

Heroes that would not turn their  
back, With determination that would  
not crack, Who bound together in  
their ranks, And asking not a word of  
thanks.

Alan W. Jankowski



“America was not built on fear. America was built on courage, on imagination and an unbeatable determination to do the job at hand.”

— former President Harry S. Truman



One lazy afternoon in December, 1987, my parents Delbert and Frances took all of the grandchildren on a memorable 30-mile trip into the countryside to watch a Christmas parade in Beautancus, NC — the best day! Mary Frances Taylor

## National Grandparents Day First Sunday After Labor Day

Send us a picture of your grandparents and tell us about them. We'll publish it in our special edition Sept. 16. Don't worry. We will return it.

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<b>US House District 3</b> Greg Murphy	<b>Supreme Court</b> Assoc. Justice Seat 4 Tamara Barringer	<b>District Court Judge</b> District 3B Seat 2 Andrew Wigmore
<b>STATE OFFICES</b> <b>Governor</b> Dan Forest	<b>Court of Appeals</b> Judge Seat 4 April C. Wood	<b>District Court Judge</b> District 3B Seat 3 W. David McFadyen III
<b>Lt Governor</b> Mark Robinson	<b>Court of Appeals</b> Judge Seat 5 Fred Gore	<b>District Court Judge</b> District 3B Seat 4 L. Walter Mills
<b>Attorney General</b> Jim O'Neill	<b>Court of Appeals</b> Judge Seat 6 Chris Dillon	<b>District Court Judge</b> District 3B Seat 5 Bob Cherry
<b>Auditor</b> Anthony Wayne Street	<b>Court of Appeals</b> Judge Seat 7 Jeff Carpenter	<b>District Court Judge</b> District 3B Seat 6 Clinton Rowe
<b>Agriculture Commissioner</b> Steve Troxler	<b>Court of Appeals</b> Judge Seat 13 Jefferson Griffin	<b>COUNTY OFFICES</b> Commissioner Dist. 2 Candy Bohmert
<b>Insurance Commissioner</b> Mike Causey	<b>State Senate - District 2</b> Norman Sanderson	<b>Commissioner Dist. 5</b> Missy Baskervill
<b>Labor Commissioner</b> Josh Dobson	<b>State House - District 6</b> Bobby Hanig	<b>Register of Deeds</b> Lynn Lewis
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<b>Supt. Public Instruction</b> Catherine Truitt		
<b>Treasurer</b> Dale R. Folwell		

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– J. R. R. Tolkien



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# SECU Foundation

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## Meals on Wheels NC Receives Additional \$500,000 in Relief Funding from SECU Foundation

Raleigh, N.C. – As the COVID-19 crisis continues to threaten the health and well-being of North Carolina senior citizens, SECU Foundation has provided an additional round of disaster relief assistance to Meals on Wheels North Carolina (MOWNC). A second \$500,000 grant from the Foundation will both help the organization replace lost revenues due to the COVID-19 pandemic and support the growing need for food deliveries to over 43,000 homebound senior adults through a network of programs in all 100 North Carolina counties.



Jo Anne Sanford, SECU Foundation Board Chair, observed that the grant reduced the meal delivery waiting list, which was populated by 4,000 senior adults statewide, by 63%. According to Meals on Wheels North Carolina, over 1,400 individuals statewide remain on a waiting list for meal delivery service, and it is estimated that 400,000 senior adults in the state are food insecure.



Alan Winstead, Meals on Wheels of Wake County Executive Director, stated, "SECU Foundation remains a dedicated supporter of a range of non-profits serving the most vulnerable citizens in our state. As resources are increasingly strained, we are here to help organizations like Meals on Wheels North Carolina persevere through this difficult time so they can focus on doing what they do best – providing vital food services to individuals and families facing financial challenges during this crisis."



L to R: Jo Anne Sanford, SECU Foundation Board Chair, presents ceremonial check to Alan Winstead, Meals on Wheels of Wake County Executive Director.

Senior adults across the state continue to remain vulnerable to the consequences of COVID-19. Meals on Wheels programs statewide are experiencing increased requests for food and we support those programs in meeting their requests," said Alan Winstead, Executive Director, Meals on Wheels of Wake County. "Continued support from the SECU Foundation greatly impacts Meals on Wheels of North Carolina's ability to help local programs provide nutritious meals and add new participants. We are very grateful for this substantial gift that benefits our senior neighbors across the state."

**About SECU and the SECU Foundation**  
A not-for-profit financial cooperative owned by its members, SECU has been providing employees of the state of North Carolina and their families with consumer financial services for 83 years. The Credit Union also offers a diversified line of financial advisory services including retirement and education planning, tax preparation, insurance, trust and estate planning services, and investments through its partners and affiliated entities. SECU serves over 2.5 million members through 270 branch offices, 1,100 ATMs, 24/7 Member Services via phone, a website, www.ncsecu.org and a Mobile App. Members can also follow and subscribe to SECU on Facebook and YouTube. The SECU Foundation, a 501(c)(3) charitable organization funded by the contributions of SECU members, promotes local community development in North Carolina primarily through high impact projects in the areas of housing, education, healthcare and human services. Since 2004, SECU Foundation has made a collective financial commitment of nearly \$200 million for initiatives to benefit North Carolinians statewide. In addition to the website, highlights are also available on the SECU Foundation Instagram page.

SECU Foundation has made a collective financial commitment of nearly \$200 million for initiatives to benefit North Carolinians statewide. In addition to the website, highlights are also available on the SECU Foundation Instagram page.

## \$250,000 Grant from SECU Foundation Helps Hospice & Home Care Providers Obtain PPE

Raleigh, N.C. – SECU Foundation continues to help mitigate the ongoing economic impacts of COVID-19 on non-profits that deliver vital services to North Carolinians. A \$250,000 general purpose grant was awarded to the Hospice and Home Care Foundation (HHCF) of North Carolina. These funds will be used to help establish a program to purchase personal protective equipment (PPE) in bulk for distribution to home health agencies across North Carolina. The grant will fill a funding gap until state or federal funding is secured.

The Hospice and Home Care Foundation of North Carolina was established by the Association for Home and Hospice Care of NC in 1998 and represents 750 home health agencies in all 100 counties, employing over 100,000 healthcare workers. COVID-19 safety protocols in place for hospitals, clinics, and residential hospice centers are not guaranteed for in-home settings, placing these front-line healthcare workers and their patients at greater risk. The grant from SECU Foundation will help HHCF maintain a supply of PPE for in-home healthcare and hospice service providers who are unable to meet minimum order requirements to purchase equipment for their staff. Every \$50,000 in funding provides a three-month supply of personal protective equipment for 90 staff members.

"As this pandemic continues to spread, serious shortages in healthcare equipment compromise the safety of groups of dedicated, brave individuals who are providing essential services to the citizens of our state. This grant for the Hospice and Home Care Foundation of NC will support the growing needs of home healthcare providers across the state," said Jo Anne Sanford, SECU Foundation Board Chair. "Personal protective equipment is a vital commodity for healthcare staff who are treating and comforting patients and their families, especially given the scope and impact of this terrible disease. We want to thank HHCF for being a strong advocate for the healthcare industry and making such a deep impact within its workforce, as well as for patients and families being served."



Judy Penn, Executive Director of Hospice and Home Care Foundation of North Carolina shared her sentiments on what the grant means to the organization. She stated, "The Hospice and Home Care Foundation of North Carolina is delighted that SECU Foundation has granted us \$250,000 to fund our project to bulk purchase PPE for home care, home health, and hospice agencies in North Carolina. COVID-19 has created unprecedented challenges for these agencies and the vulnerable patients they serve. With the soaring prices of PPE and issues in supply chains, this grant will allow us to purchase and distribute at no cost much needed PPE such as masks, gowns, and gloves to many home health agencies across the state. We are grateful to the SECU Foundation for this grant which will help further the mission of our Foundation in providing critical resources to providers of healthcare at home."

**About SECU and the SECU Foundation**  
A not-for-profit financial cooperative owned by its members, SECU has been providing employees of the state of North Carolina and their families with consumer financial services for 83 years. The Credit Union also offers a diversified line of financial advisory services including retirement and education planning, tax preparation, insurance, trust and estate planning services, and investments through its partners and affiliated entities. SECU serves 2.5 million members through 270 branch offices, 1,100 ATMs, 24/7 Member Services via phone, a website, www.ncsecu.org and a Mobile App. Members can also follow and subscribe to SECU on Facebook and YouTube. The SECU Foundation, a 501(c)(3) charitable organization funded by the contributions of SECU members, promotes local community development in North Carolina primarily through high impact projects in the areas of housing, education, healthcare and human services. Since 2004, SECU Foundation has made a collective financial commitment of nearly \$200 million for initiatives to benefit North Carolinians statewide. In addition to the website, highlights are also available on the SECU Foundation Instagram page.



# Treasurer of ENC seafood company has pleaded guilty to mislabeling crabmeat as US product

by Annette Weston



**ORIENTAL, Pamlico County** — An eastern North Carolina man had pled guilty to federal charges that his seafood company in Oriental, at his direction, falsely labeled hundreds of thousands of dollars' worth of foreign crabmeat as "Product of USA."

Court documents show Jeffrey Styron was the treasurer of the corporate board of officers for Garland Fulcher, a North Carolina company engaged in the business of purchasing, processing, packaging, transporting and selling seafood and seafood products, including crabmeat from blue crab harvested on the East Coast of the U.S..

As treasurer, prosecutors say he was responsible for overseeing the daily operations of the company's crab-related business, which involved managing and directing employees of the company with respect to the processing, packaging, and labeling of crab meat.

Styron pleaded guilty to one count of substituting foreign crabmeat for domestic blue crab and, as part of the plea, admitted to falsely labeling crabmeat with a retail market value of at least \$250,000 dollars, which was sold primarily to small seafood retailers and restaurants.

*"Blue crabs are a classic American seafood product and a vital resource for coastal communities in North Carolina, Virginia, Maryland, and other parts of the United States," said Assistant Attorney General Jeffrey Bossert Clark for the Justice Department's Environment and Natural Resources Division. "This investigation is part of the department's mission to work with our law enforcement partners in the protection of Atlantic blue crab populations and other marine resources."*

U.S. Attorney Robert J. Higdon Jr. for the Eastern District of North Carolina. said seafood mislabeling is consumer fraud that undermines the efforts of hardworking, honest fishermen and the free market by devaluing the price of domestic seafood.

*"In this case, the fraudulent scheme artificially deflated the cost of domestic blue crab and gave Styron and Garland Fulcher Seafood an unacceptable and unfair economic advantage over law-abiding competitors," he added.*

Chris Oliver, Assistant Administrator of the National Oceanic and Atmospheric Administration's National Marine Fisheries Service said, "Seafood fraud undermines the economic viability of U.S. and global fisheries, deceives consumers, and threatens the health of those who consume tainted or misidentified seafood products."

He said the case was a great example of investigative cooperation by state and federal law enforcement to strengthen seafood fraud detection and safeguard the industry and consumers.

As part of his guilty plea, Styron admitted that he and his company could not and did not process sufficient quantities of domestic blue crab to meet customer demands and to make up the shortfall, he and his company used foreign crabmeat to fulfill customer orders.

During the periods when the company did not have a sufficient supply of domestic crab, officials say Styron and Garland Fulcher purchased crabmeat (not live crabs) from South America and Asia.

As part of the guilty plea, Styron further admitted that beginning at least as early as Jan. 1, 2014, and continuing through Dec. 31, 2017, he directed company employees to repack foreign crabmeat into containers labeled "Product of USA," which Garland Fulcher then sold to customers as "backfin," "claw," "lump," "jumbo lump," or "special," domestically-harvested blue crab meat.

Styron is scheduled to be sentenced on Dec. 7.

<https://wcti12.com/news/>

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## Little Fork Ranch Horse Show



Little Fork Ranch hosted a schooling hunter horse show and competition on Saturday at The Pamlico County Horseman's Association riding facility in Arapahoe. Riders and horses showed off their equestrian skills from high stepping over ground poles to high jumping over rails in 5 divisions from beginners to advanced. Little Fork Ranch is located in Ernul, N. C.

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<p><b>2010 Chevrolet Traverse</b> LT AWD, leather, 3rd row seat \$7,900 SALE \$6,900</p>	<p><b>2008 Buick Enclave</b> - AT, power leather seats, 3rd row, sunroof, Loaded! \$7,900 SALE \$6,900</p>	<p><b>2015 Dodge Journey</b> - AT, AC, PW, PDL, CC, TW, 3rd row - \$8,900 SALE \$7,900</p>
<p><b>1999 Toyota Rav4</b> - 5 spd. manual, AC, PW, PDL, CC, TW, power sunroof - \$7,900</p>	<p><b>2012 Chevrolet 4500</b> 18ft. Box Truck - \$6,900</p>	<p><b>2016 Hyundai Elantra</b> - AT, AC, PW, PDL, CC, TW \$8,900 SALE \$7,900</p>
<p><b>2013 Toyota Rav4</b> XLE AT, AC, PW, PDL, CC, TW, powe sunroof - \$11,900 SALE \$9,900</p>	<p><b>2012 GMC Savana</b> 16ft. Box Truck - \$13,900 SALE \$12,900</p>	<p><b>2007 Toyota Camry</b> LE AT, AC, PW, PDL, CC, TW, power seat, 1 owner, \$6,900 SALE \$5,900</p>
<p><b>Double Cab 4x4</b> - 40k miles, AT, AC, PW, PDL, CC, TW, power seat, one owner \$32,000 SALE \$27,000</p>	<p><b>2010 Keystone Montana</b> (Mountaineer Edition) Fifth Wheel with 4 slide-outs and a wonderful floor plan.</p>	<p><b>2008 Ford F-750</b> 20' box, Cummins Diesel, lift gate \$13,900 SALE \$12,900</p>



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- \* **Smartphone and Tablets, starts Oct. 13**

\*\*\*\*\*

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# Health & Wellness

## 3 techniques to help kids concentrate



Classrooms are now vastly different from the ones today's parents were accustomed to when they were children. Technology has changed the face of classrooms, and while digital classrooms have revolutionized the ways kids learn, they also can make it more difficult for students to concentrate.

Computers, tablets and smartphones can be invaluable resources for teachers and students. But when such devices compromise student's ability to concentrate, parents may need to embrace various techniques aimed at improving kids' ability to concentrate.

**1. Discourage personal devices in the classroom.**

Computers and tablets can expand learning opportunities in the classroom, but parents who want their kids to focus on lessons can discourage the use of personal devices, such as smartphones or personal tablets, in the classroom. As noted by the Child Mind® Institute, apps and web content are designed to be user-friendly and addictive. In addition, modern youngsters socialize through their smartphones. Alerts or messages from social media apps or friends can distract kids from their lessons, which may adversely affect their academic performance. Unless teachers ask students to bring their personal devices to class, parents can discourage, if not restrict, their children to bring their smartphones or tablets with them to class.

**2. Limit multitasking.**

A 2009 study from researchers at Stanford University found that heavy media multitaskers were more susceptible to interference from irrelevant environmental stimuli and from irrelevant representations in memory than light media multitaskers. Students who try to do too much at once may think they're getting a lot done, but dividing their attention among several subjects may make it harder for them to fully understand or learn their class lessons. When studying, students who concentrate on one subject or task may understand materials more fluently than those who divide their attention among subjects or those who focus on studying while also performing other tasks.

**3. Encourage strategic breaks.**

The Academic Success Center at Oregon State University notes that taking breaks can improve concentration and make studying more efficient and effective. When taking study breaks, students should set time limits on their breaks and change their scenery. Walking away from a book, device or computer screen for 10 minutes can help students avoid fatigue that can develop when they study for too long without a break. That fatigue can affect students' ability to absorb the lessons they're trying to learn, so parents can encourage students to take strategic breaks. Once per hour might be enough, but some students may benefit from more frequent breaks.

The competition for kids attention in the classroom is greater than ever before. As a result, parents may need to encourage their children to embrace various strategies that can improve their concentration.

## How parents can diminish their stress



Juggling responsibilities to work and family can sometimes make parents feel a little overwhelmed. That feeling of being stretched thin can contribute to stress, which many parents acknowledge is part of their daily lives.

Stress isn't always caused by life-changing events. In fact, a recent study of 2,000 parents in the United Kingdom found that the daily worries of bed time, getting homework finished, weekly food shopping, and meal times were parents' biggest stress triggers. The research, conducted by BPme, a new app that allows customers to pay for their fuel without leaving their car, said the average parent felt stressed six times a day. Data from a 2015 Pew Research Study indicates 15 percent of American parents say their job as a parent is tiring all the time, while an additional 18 percent say parenting is tiring most of the time. Ten percent indicated being a parent is stressful all of the time, while 15 percent said it is most of the time. The younger the age of the children at home, the more stress many parents say they face. It is well documented that stress can have various negative physical and psychological symptoms, which put stress sufferers' overall health at risk. Parents can curtail stress by instituting some lifestyle changes and employing other management techniques.

- Don't take work stress home. It's easy to bring home work-related problems, which can then combine with issues at home. Try to talk to a coworker or a spouse before leaving work to diffuse tricky situations so they can be left at work.

- Increase quality family time. Take a break from the extracurricular activities, volunteer responsibilities and the other tasks that pull families in different directions. Slow down and schedule fun activities that foster parent-child relationships, such as game nights or family movie nights.

- Seek professional help. Parents who are having difficulty coping can enlist the services of trained mental health professionals, advises Psychology Today. These therapists can offer helpful strategies for coping with life's challenges.

- Stick to a routine. Keeping kids on routine schedules enables parents to know which moments of the day they can get a break to rest and recharge.

- Ask for help. Do not be a martyr or attempt to be a superhero. Parents who need help should reach out for assistance, especially if it's to tame stress. Doing so is in the best interest of the entire family. Stress is something many parents face, but it can be overcome.



# AROUND THE COUNTY

## Aurora Joy McCracken, *Correspondent*



Yep, there finally is a slight perception in lower night temperatures and humidity, and I guess September has finally arrived.

The gulls have been congregating on everyone's docks. There is a lone Cormorant that lingers near our dock from time to time. I've seen one dolphin since 8/13.

The butterflies are finally out in good numbers; a Red Spotted Purple, a Monarch and then mostly Sulfurs and Swallow Tails. Another shy bird, Brown-headed Nuthatch, was checking out the feeder. I've been hearing them all summer. There is still only 3 Hummingbirds at their feeder and I have decided that only feeders with rests are more inviting. I've seen where folks put out little swings for them. One can catch a lone Firefly some evenings. Bunches of Cowbirds and Starlings come in daily to pick off the last of the figs and to roam on the grass with the Chickens who will chase them periodically.

There's been very little rain except for a line that formed just west of us and dumped 1.65 inches in just a few hours on 9/1.

Boat traffic has been steady and has been so for the last month. There's been a lot of action at the cove south of us on the other side of the creek. There doesn't seem to be the returning number of crab pots since the Storm.

There has been some neighborhood doings with a new dock and a new lift. We still don't have the generator installed, a source of consternation since we first contracted for it on 6/12.

I didn't realize until the other day that it was soon to be Labor Day. So many things, like holidays, seem to be a back burner thing.

I see as I write this that there are a couple of concerning areas coming off Africa. I just hope the shutters and generator will be installed before the next blow.



## Goose Creek Island Annette Jones, *55 Plus Club Correspondent*



Goose Creek Island 55 Plus Club met Thursday at the Community Center Pres. Donna Jones opened the meeting. Chaplain Rosanne Rowe delivered the devotions Psalm 91:4 telling of God shielding and sheltering us with his wings. A brief business meeting was held. We sang Happy Anniversary to Donna Potter Jones. She and John Paul have been married for 41 years. Congratulations Jones's. This was a very special day. We also celebrated Rosanne Gaskill Rowe's birthday. She was presented with birthday balloons and our lovely rendition of Happy Birthday. Members were called upon to share thoughts of their feelings for Rosanne. She is a blessing to our club and all who know her. Afterwards we enjoyed a hotdog lunch with many sides, topped with homemade cake baked by Donna. The meal was in celebration of Labor Day and also Rosanne's birthday. Many thanks to Karen Ireland, Sharon Leary and Donna Jones for planning the agenda and luncheon! Next week - Guest Speaker is Karen Gardner from the Humane Society. Sept 17 is Bingo Day.

Prayer List: Nelson & Dorothy Lee, Sr., Levy & Ban Watson O'Neal are no longer able to drive to Lowland to church, Taylor Cahoon has a bad case of strep throat. Wade Williamson was placed on the prayer list. Conner Popperwill son of Annette Ireland Popperwill was injured in a four-wheeler accident in Mesic the last days of August. He suffered

from a broken pelvis bone and other injuries. He underwent surgery on a broken ankle bone. Conner is now resting at home in Grantsboro.

Happy Birthday: Kathy Lewis, Gloria Stowe Mercer, Robert Popperwill, Jr., Marie "Nuggie" Rice, Kim Brothers Sawyer and Stephanie Banks Sawyer - Sept 11, Carla Ireland - Sept 13, Kelsey Nicole Sawyer Turnage, William Herbert Fulford, Jr., Linda Everett Anderson, Chris Jarman, Mark Edwin Jones -Sept 14, Kayley Tjjerina - Sept 15. Penny Cayton Flowers - Sept 16.

Several ladies from the 55 Plus Club have recently purchased copies of "The Seasons of Campbell's Creek" book and the reviews are great!

Audrey Lupton had her house raised and has been living in Carol Potters house. She will soon be moving back home as soon as the new elevator is installed.

Karen Ireland, Till Ireland Jr., and Sharon Leary visited with George & Brandi Flowers and daughter Ashley & her friend Jordon Baker at White Oaks Shores Campgrounds last Saturday. After lunch they toured Hammock Beach State Park in Swansboro.

Zachary Jones and friend Erica Luna of Durham visited with his parents Mark & Jennie Jones and sister Jenna in Mesic. They also helped out with some cleanup work at my house and visited with other family members,

Many thanks to Jordan Hopkins and Casper Ireland for mowing the Community Center grounds.

## Pamlico Betty Jo Rodgers, *Correspondent*



The most exciting news in Pamlico this week is the arrival of Kevin and Suzie Rodgers from Kenya on Saturday. This is the first time they have been able to come home since Covid-19 stopped international travel. They will be home for about three weeks, but will only spend three days in Oriental. They will visit with their children and grandchild as well as Suzie's grandparents. We are blessed to have them with us for even a short time at Pamlico. They arrived just in time for this cooler less humid weather and have enjoyed long walks in the neighborhood.

Raymond Tingle, Jr. harvested our corn crop this past weekend and now it is safer to pull out of our drive onto Straight Road. Speaking of the corn crop, I saw the cutest squirrel carrying an entire shucked ear of corn bigger than he was, into the woods when I was driving out one day. I think he was storing up for the winter. Several local animals including turkeys, raccoons, deer, and bear seem to have been feasting on the corn crop at various times this year. I sure hope Raymond has a good yield in spite of this.

Stonewall UMC sponsored their first Red Cross Blood Drive on Wednesday afternoon. They were delighted to have 15 volunteer to donate the gift of life.

On Sunday, James Edwards of Oriental and Roger Stewart of Bayboro came to Stonewall UMC and sang and spoke about the Gideon's International. The Gideon's provide Bibles and New Testaments to people all over the world.

Next Sunday, the Pamlico Youth Group will meet at Bayboro UMC at 6:00 pm. This is open to all students grades 6-12.

We also has a plain bellied water snake in our yard this week and what was really strange, we had a baby blue crab on the ground right at the bottom of our front steps one night. We suspect our local river otter or raccoons dropped their supper when we came out to walk the dog.

Celebrating September birthdays are Eloise Sos (9/9), James Paul (9/17), Peg Witt (9/18), and Fay Bond (9/29). Celebrating anniversaries during the month of September are, Kevin and Suzie Rodgers (9/10), and Chris and Maria Machle (9/27).

Have a blessed week. Empty? Take Spiritual Vitamin E. "Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name." (Psalms 100:4)

## Whortonsville Reba Tiller, *Correspondent*

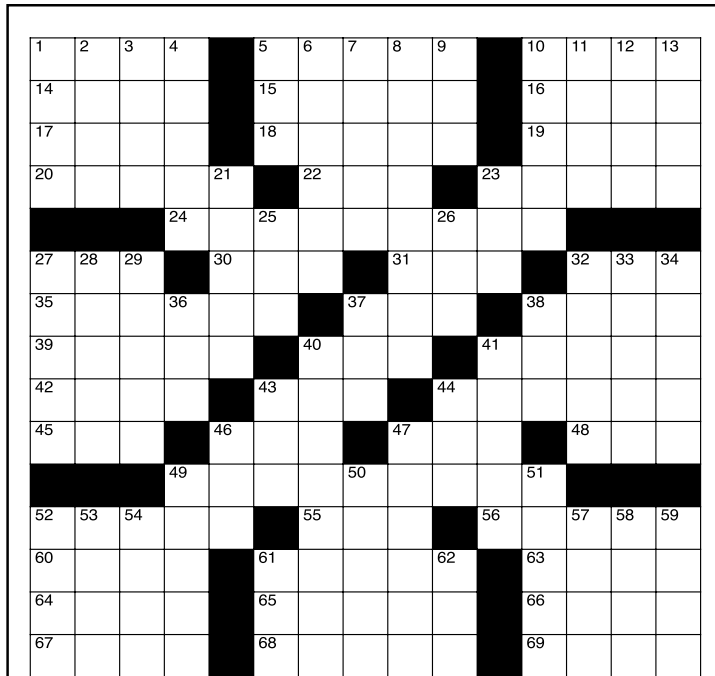


So glad folks had a lovely Labor Day weekend because it doesn't seem that we have had much to enjoy this summer because of the China virus and the heat. The temps fell for the weekend so you could enjoy the outdoor activities. A friend Donna Martel from Monroe came and spent a few days here. Took her on a tour of Oriental, then for a ferry ride and to the Silos for dinner her last night here. She was fascinated with the silos being turned into a restaurant so she took pictures to take back and show her friends. My neighbor Lourdes Best has the horses here now. There are three miniatures and one large horse. Ate lunch at Charlies on Friday with Marena Potter, Florence Bray, and Betty Priester. Saw Maurice and Glenda Benton and Emily Smilor also eating there for fried chicken and collard day. Mrs. Winky and her nephew used to go on Thursdays to Brantleys for the fried chicken and collards. My son Russ is about to get all their belongings from Chapel Hill here in their house on the corner.

Our oldest son Ken, his wife Rhea, and grandson Jacob came for the weekend and brought Sam Hoff down to see her parents. Good crowd at church on Sunday for a sermon on obedience. Twenty in the congregation with the usual two service dogs. One visitor Tom Medlin from Paradise Shores. Noticed on Sunday our neighbor who lives in Mrs. Winkys house was fishing in front of our house and had been there several days in a row. Russ and I stepped out on the dock and ask if he had caught anything. He had just caught a 24 and one half inch puppy drum. He said he doesn't eat fish so he gave it to us and I gave him a pan of my homemade rolls. Good trade! Women's Auxiliary is meeting on Monday and they are starting something new. They will have their meeting and of course eat, then Darlene Law will help them do a painting of a pumpkin. My niece Lalon from the Villages in Florida will arrive with her husband this week to spend a few days with me.

Thought for the week-- Live everyday as if it is the last day of your life!

# CROSSWORD



### CLUES ACROSS

- 1. Aurochs
- 5. Central Dravidian language
- 10. Split pulses in Indian cooking
- 14. Tropical starchy tuberous root
- 15. Well known constellation
- 16. About aviation
- 17. Bowfin genus
- 18. Proper
- 19. Expression of annoyance
- 20. Cabbies
- 22. Bro or sis
- 23. Spiritual leader
- 24. Where football coaches work
- 27. Old TV part
- 30. A way to color
- 31. Touch lightly
- 32. Surround
- 35. Breached
- 37. Aristocratic young woman
- 38. Dry ravine
- 39. Hebrew measurement units
- 40. Supporter
- 41. Type of sword
- 42. Influential Irish playwright
- 43. Witch
- 44. Flower cluster
- 45. Mark Wahlberg's animal friend
- 46. Psychedelic amphetamine
- 47. Actors' group
- 48. Cool!
- 49. Salts
- 52. Group of SE China
- 55. Illuminated
- 56. Semitic Sun god
- 60. Water (Spanish)
- 61. Employed
- 63. Japanese ankle sock
- 64. Fishing fly
- 65. Some pheasants are this
- 66. Literary name for Ireland
- 67. Must have
- 68. A way to write
- 69. One point east of southeast

### CLUES DOWN

- 1. American state
- 2. Hindu model of ideal man
- 3. Type of acid
- 4. Drenches
- 5. "The Raven" writer
- 6. Emerged
- 7. Alpha Centauri: \_ Kentaurus
- 8. Democratic Presidential candidate
- 9. Hostelry
- 10. Fathers
- 11. Any plant with leaves used for flavoring
- 12. Member of a Semitic people
- 13. Lesotho monetary unit
- 21. Lots
- 23. Jewish address for "Sir"
- 25. Male parent
- 26. A way to get
- 27. Body part
- 28. Seam in an organ
- 29. Landlocked African country
- 32. Process for producing ammonia
- 33. Fluid accumulation in tissues
- 34. Bugged down
- 36. Native American tribe
- 37. Unfashionable person
- 38. Female grunts
- 40. Well known
- 41. Gurus
- 43. Norse mythological site
- 44. Tell on
- 46. \_ Farrow, actress
- 47. Cotton fabric
- 49. Reciter of Scandinavian poems
- 50. Clouds
- 51. Satisfies
- 52. Shuttered Air Force base in Germany
- 53. Phil \_\_, former CIA
- 54. Japanese seaport
- 57. Female horse or zebra
- 58. 1st month of ancient Hebrew calendar
- 59. Trigonometric function
- 61. Fashionable knowledge (Slang)
- 62. Insecticide

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## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to libraries.

# K B O S O

Answer: Books

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**NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION**  
**NOTICE TO CREDITORS AND DEBTORS OF JOHNNIE G. MERCER**  
 File No.: 20 E 119

All persons, firms and corporations having claims against JOHNNIE G. MERCER deceased, are notified to exhibit them to B. ELLEN MERCER, Administrator CTA of the Estate, on or before November 17, 2020, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator CTA.

This 19th day of August, 2020.

B. Ellen Mercer, Administrator CTA  
 Estate of Johnnie G. Mercer  
 125 Campbell's Creek Road  
 Aurora, NC 27806

Publish August 19, 26, September 2, 9, 2020.

**NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION**  
**NOTICE TO CREDITORS AND DEBTORS OF WILLIE J. CANNON**  
 File No.: 20 E 115

All persons, firms and corporations having claims against WILLIE J. CANNON deceased, are notified to exhibit them to SOPHIE H. CANNON, Executor of the Estate, on or before November 17, 2020 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 19th day of August, 2020

Estate of Willie J. Cannon  
 c/o Sophie Cannon  
 1201 Broad Street  
 Oriental, NC 28571

Publish August 19, 26, September 2 and 9, 2020

"The thief steals from himself. The swindler swindles himself. For the real price is knowledge and virtue, whereof wealth and credit are signs. These signs, like paper money, may be counterfeited or stolen, but that which they represent, namely, knowledge and virtue, cannot be counterfeited or stolen."

-Ralph Waldo Emerson

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**Town of Fuquay-Varina Proposed Interbasin Transfer**

**NOTICE OF PUBLIC MEETINGS**  
 October 14, 2020, 6:30 PM  
 Chatham County Agriculture & Conference Center  
 (overflow parking lot)  
 1192 US Hwy 64 West Business  
 Pittsboro, North Carolina 27312

October 20, 2020, 6:30 PM  
 Cary Towne Center Mall  
 (parking lot facing former Sears location adjacent to Cary Towne Blvd)  
 1105 Walnut Street  
 Cary, NC 27511

October 21, 2020, 6:30 PM  
 Cross Creek Mall  
 (parking lot adjacent to Macy's at intersection of Skibo and Morganton Roads)  
 419 Cross Creek Mall  
 Fayetteville, NC 28303

The Town of Fuquay-Varina will hold public meetings to receive comments on their request for an interbasin transfer (IBT) certificate from the source river basin of the Cape Fear River basin to the receiving river basin of the Neuse River basin. The Town currently serves customers in the both the Cape Fear and Neuse River basins. The Town is requesting an IBT certificate for an average day over a maximum month transfer of approximately 4 million gallons per day (mgd) from the Cape Fear River basin to the Neuse River basin. The requested transfer amount is based on 2055 water demand projections in the Town's service area.

These meetings are being held to provide stakeholders and the public an opportunity to participate in this project through an open and active public process in accordance with North Carolina General Statute 143215.22L. These meetings are being conducted as part of the scoping phase of the project where the Town of Fuquay-Varina, the North Carolina Department of Environmental Quality, and other agencies are considering the purpose and need, alternatives and the scope of impacts to be evaluated in an environmental impact statement. General Statute 143215.22L requires that public meetings be held in the source river basin (Cape Fear River basin) both upstream and downstream from the proposed point of withdrawal and one public meeting be held in the receiving river basin (Neuse River basin). In an effort to practice social distancing guidelines related to the COVID-19 Pandemic, these meetings will be conducted outside. Social distancing and adherence to the Governor's Executive Order 147 is required. Local authorities will be present to ensure compliance.

The format of the meetings will include an approximately 30-minute overview presentation of the IBT request followed by public questions and comment. The presentation will be the same at each of the three meetings. Based on the number of people who desire to comment, the length of the verbal presentations may be limited. All statements made at the meeting will be audio recorded. Summaries of all verbal comments from the public meetings will be prepared. Verbal comments will be given equal consideration as written comments. Along with representatives from the Town of Fuquay-Varina, the North Carolina Division of Water Resources staff will be present to provide background IBT program information. All presentations given will be posted online immediately following the public meetings. Parking maps will be provided from a link to the Town's main homepage at <https://www.fuquay-varina.org/>.

Mailed and emailed comments will be given equal consideration. Mailed comments should be addressed to Hazen and Sawyer, Attn: Ms. Mary Sadler, PE, 4011 WestChase Blvd, Suite 500, Raleigh, NC 27607. Comments may be submitted electronically to [msadler@hazenandsawyer.com](mailto:msadler@hazenandsawyer.com). The public comment period for this phase of the project closes on November 20, 2020. Individuals who prefer to enter written comments via mail or email need to submit these comments no later than November 20, 2020. Interested parties will have future opportunities to provide input during the overall IBT certificate request process.

Aug. 26, 9,795 sq. ft. lot; N/S Hill Drive; map attached DB 664/257 from Benjamin M. Willis to Albert J. Krelie, III, Electra R. Krelie, \$10  
 Aug. 26, 1.00 AC; W/S Dawson Creek and N/S NCSR 1302; metes and bounds, PIN: H093-105 from Christopher S. Veasey, Jeanna M. Veasey to Seth Furr, Nathan Furr, \$230  
 Aug. 26, Grace Harbor Marina Unit: C-18, Condo Cab 1 12/3-12, PIN: L10-6-C18 from Eugene C. Campbell, Cindy L. Campbell to Janelleone, LLC, \$250  
 Aug. 26, Arlington Place Mill Creek Cottage Unit: B; PCA 195/9-10 from Gregory Alan Thomson, Tanya Tircuit Thompson to Nathaniel Bunn Boddie, Paula Dickerson Boddie, \$480  
 Aug. 26, River Run Lot: 68, Phase IV; PCA 174/7-10 from NC Country Land, LLC, NC Country Land to Adell Arlie Adell Holdings, LLC, \$98  
 Aug. 26, River Run Lot: 46, Phase III; PCA 174/4-6; River Run Right to use boat slip 6; map attached DB 665/874, Deed of Correction; DB 665/904 from NC Country Land, LLC, NC Country Land to Khalil M. Stovall, Nicole D. Stovall, \$0  
 Aug. 26, River Run Lot: 51, Phase III; PCA 174/4-6; River Run Right to Use boat slip 10; map attached DB 665/874 from NC Country Land, LLC, NC Country Land to Xavier Biancarelli, Christa L. Truchan, \$54  
 Aug. 26, 24 and 81/100 AC Tract; DB 79/230 Quitclaim Deed from Lisa S. Willis to Phillip E. Willis, \$0  
 Aug. 26, 25.188 AC Tract; DB 54/443 Quitclaim Deed from Lisa S. Willis to Phillip E. Willis, \$0  
 Aug. 26, A Portion of the Willis Tract; metes and bounds, Quitclaim Deed from Lisa S. Willis to Phillip E. Willis, \$0  
 Aug. 26, 0.79 AC Tract; Caroline Street; metes and bounds, Deed of Correction; DB 659/879 from J. Eldon Hardison, Jr., Cheryl W. Hardison to Christopher B. Broughton  
 Aug. 26, Lot 62; Phase IV; PCA 174/7-10 from NC Country Land, LLC, NC Country Land to Paul A. Schmitt, Terra G. Wolffbrandt, \$175  
 Aug. 26, River Dunes Lot: 36, Marina Village - Section 3; PCA 149/2-3, Address: 106 Oyster Point Rd, Oriental, PIN: L10-3-MV3-36; Quitclaim Deed from Michael I. Zimet, Mari Rendich to Michael I. Zimet, Mari Rendich, \$0  
 Aug. 27, Dawson Creek Lot: 15, 1.96 AC Tract; Recombination Survey of Lots 13, 14 & 15; Phase I; PCA 193-1 from Gregory L. Teets, Barbara S. Teets to 161 Cape Hatteras, LLC, \$2,300  
 Aug. 27, Orchard Creek Estates Lot: 19, Sections One and Two; PCA 36-8; Orchard Creek Estates Lot: 19-A, Sections One and Two; PCA 36-8, PIN: K08-66-19 from Constance Mae Vuolo, John Frederick Vuolo/Aif to Boyd Eli Wilson, III, Denise S. Haywood, \$630  
 Aug. 27, River Run Lot: 48, Phase III; PCA 174/4-6; River Run Right to Use Boat Slip 9; map attached DB 665/874 from NC Country Land, LLC, NC Country Land to John L. Hughey, Rene E. Hughey, \$50  
 Aug. 27, Parcel I; metes & bounds, Parcel II: six tracts, Deed of Correction;

DB 663/886 from Carol Marguerite Adcock/TR, Carol Marguerite Adcock Revocable Trust, Carol Marguerite Adcock to Robert Alger, Leslie Alger, \$0  
 Aug. 27, 3.67 AC; Olympia Road; metes and bounds, PIN: B032-37 (Portion) from Luke O. Henthorn, Erica G. Henthorn to Luke O. Henthorn, Erica G. Henthorn, \$0  
 Aug. 28, Whittaker Pointe Lot: 8, Phase One; PCA 121-7; PCA 121-8 from Whittaker Point Properties, LLC to Henry V. Frazer, \$0  
 Aug. 28, 3/70 AC; NCSR 1005 (Kershaw Road); metes and bounds, PIN: I08-31-8-4, I08-31-8-3 & I08-31-8 from Brad A. Cecil, Anita H. Cecil, Anita Cecil to Brendon J. Fay, Donnacha G. Fay, \$620  
 Aug. 28, All of Cottage A; PCA 198-19 from Kim A. Jacomo to Joseph Sarno, Deborah R. Sarno, \$420  
 Aug. 28, 7,910 sq. ft.; Parcel Two; map attached DB 570/537 from James Clinton Parrish, Roxanne E. Parrish to Dan Alan Gilbert, Debra Lynne Gilbert, \$418  
 Aug. 28, Murphy Lot: 8, Section Three; PCA 165-9 from Sadie Faye M. Riddick, Richard H. Riddick, Jr., Angela W. Spencer, Sam J. Spencer, III, Leslie B. Murphy, Jr. to Thomas F. Freeman, Theresa C. Freeman, Anthony Bradford Evans, Kristen Freeman Evans, \$150  
 Aug. 28, NCSR 1332; "Woods" PCA 1308, PIN: J043-48; 06E123 from Sadie Faye M. Riddick, Richard H. Riddick, Jr., Angela W. Spencer, Sam J. Spencer, III, Leslie B. Murphy, Jr. to Thomas F. Freeman, Theresa C. Freeman, Anthony Bradford Evans, Kristen Freeman Evans, \$150  
 Aug. 28, NCSR 1332; "Woods" PCA 1308, PIN: J043-48; 06E123 from Paul D. Dooling, Susan M. Dooling to NC Country Land, LLC, \$0  
 Aug. 28, River Run Lot: 37, Phase III; PCA 174/4-6; Lot: 36 & 37 Combined; River Run Right to Use Boat Slip 5; map attached DB 665/874, Deed of Correction; see instrument from NC Country Land, LLC, NC Country Land to Paul D. Dooling, Susan M. Dooling, \$0  
 Aug. 28, River Run Lot: 37, Phase III; PCA 174/4-6; Lot: 36 & 37 Combined; River Run Right to Use Boat Slip 5; map attached DB 665/874, Deed of Correction; see instrument from NC Country Land, LLC, NC Country Land to Paul D. Dooling, Susan M. Dooling, \$0  
 Aug. 28, River Run Lot: 38, Phase III; PCA 174/4-6, River Run Right to Use Boat Slip 12; map attached DB 665/874 from NC Country Land, LLC, NC Country Land to Robert W. Gambill, \$70  
 Aug. 28, 0.35 AC; 15,662 sq. ft.; PCB 3-16, 19E104 from Roderick Doyle Parrish, Clifton Wade Parrish to Darrell Glenn Parrish, Debra Bryan Parrish, \$0  
 Aug. 31, Sound View Lot: 152, 1/4 AC; Part Lot 152; Mouth of Buxton Creek, Whortonsville; metes and bounds, PIN: L091-29 from Joseph C. Barker, Jr. to Robert Pegurri, Barbara Rand, \$40  
 Aug. 31, Silver Acres Lot: 23, PCA 62/4-5 from James S. Leininger, Mary E. Leininger to John B. Dirrane, Mary M. Dirrane, \$960  
 Aug. 31, Two Tracts, Address: 521 Country Club Drive, Minnesott Beach from Spradlin Construction, Inc. to Leslie Spradlin, Dawn Spradlin, \$0  
 Aug. 31, Arlington Place Lot: 30, Phase 1; Minnesott Beach; PCA 153/17-20 & PCA 154/1-8, PIN: Portion of F-0932-1-C; F-09-32-1; F-09-33 from Daniel J. Curran, Nicole Curran to Daniel J. Curran/TR, Nicole Curran/TR, Daniel J. Curran Revocable Living Trust, Daniel J. Curran, \$0  
 Sept. 1, Three Tracts from Santa Klotz to Joshua N. Grant, Amanda M. Cline-Grant, Amanda M. Cline Grant, Amanda M. Cline Grant, \$600  
 Sept. 1, WC Yacht Club Three Tracts from David R. Maier, Susan T. Maier to Deborah Koenig, \$14  
 Sept. 1, Sea Vista, Pierce Creek Area Block: A, Lot: 23; map book 8/78; map attached DB 527/759; Sea Vista, Pierce Creek Area Block: A, Lot: 24, map book 8/78; map attached DB 527/759 from John S. Allen, Rhoda A. Allen to Richard D. Wyne, Michelle L. Wyne, \$510  
 Sept. 1, Sea Vista, Pierce Creek Area Lot: 55, Addition III; map book 10/2 from Robert N. Barefoot, Linda M. Barefoot to Charles L. Stevens, Tina M. Stevens, \$70  
 Sept. 1, Buccaneer Bay Section Three Lot: 67, map attached DB 325/773; PCA 6-1; Buccaneer Bay Section Three Lot: 66 Portion; map attached 325/773; PCA 6-1, PIN: I081-10-67 from David L. Sims, Rosa L. Sims, Rose Lee Sims to Matthew Francis Sims, \$550  
 Sept. 2, 20 AC; metes and bounds; DB 108/607 from Julie Green Topping to Delilah T. Rashad, \$10  
 Sept. 2, Teachs Cove Unit: 3, Phase Two; Condo Book 1/17-25; map book 5/69; map book 6/63; Teachs Cove Boat Slip 12 and mooring area; DB 231/610 from Evelyn B. Liles to Frederic Ashley Staley, Catharine Green Staley, \$288  
 Sept. 3, 0.56 AC; Hill Drive; metes and bounds; 1994 Berk Double-Wide mobile home affixed from John N. Staten, Jr., Tammy T. Staten to Albert J. Krelie, III, Electra R. Krelie, \$130  
 Sept. 3, Hortons Landing Lot: 13, Section Two & Section Three; PCA 48-9 from James S. Brown, Christa L. Brown to Dennis Goodwin, \$300  
 Sept. 3, Forestshore Estates Lot: 2, PCA 38-4; 2.48 AC; map attached; Forestshore Estates Lot: 3, PCA 38-4; 2/48 AC; map attached from Joseph S. Seavage/TR, Glenna S. Seavage/TR, Seavage Family Trust to Joseph L. Osterman, Jennifer S. Osterman, \$1,150  
 Sept. 3, 7 AC; E/S James Creek or Horn Road (SR 1234); map book 9/77; metes and bounds from Derald Gray Potter, Jr. to Hobucken Farms, LLC, \$17  
 Sept. 3, Two Tracts from John Prysock, John N. Prysock to Prysock Investments, LLC, \$0  
 Sept. 3, River Run Lot: 43, Phase III; PCA 174/4-7; River Run Right to Use Boat Slip 14 see map DB 665/874 from NC Country Land, LLC, NC Country Land to Carrie Cotter, 4100  
 Sept. 3, Six-Tenths (6/10) AC; NW/S Chair Road, Reelsboro; map attached DB 148/51; MB 4/20; metes and bounds from Victoria G. Starr to Wesley Bruce Broughton, \$80  
 Sept. 3, Woodland Heights Lot: 28, map book 12/58; Woodland Heights Lot: 29, map book 12/58 from HLT Partnership, William Taylor/PTNR, William W. Taylor/PTNR to Shirley Keel Barbee, \$32  
 Sept. 3, Arlington Place Mill Creek Lot: 89, Phase 1; PCA 172/2-13 from Christopher W. Loboda, Renee A. Loboda to Steve M. Dussault, Michele S. Dussault, \$994



# Stonewall United Methodist Church Gets A New Roof

The original building was built in 1794. It is 226 years old and was used in the Civil War by both the Confederacy and the Union as a hospital.



# CarolinaEast Medical Center Receives ACC Chest Pain Gold Performance Achievement Award

Among Nation's Top Performing Hospitals for Treatment of Heart Attack Patients

(New Bern, NC) CarolinaEast Medical Center has received the American College of Cardiology's NCDR Chest Pain MI Registry Gold Performance Achievement Award for 2020. CarolinaEast is one of only 60 hospitals nationwide to receive the honor.

According to the Centers for Disease Control and Prevention, almost 700,000 Americans suffer a heart attack each year. A heart attack occurs when a blood clot in a coronary artery partially or completely blocks blood flow to the heart muscle. Treatment guidelines include administering aspirin upon arrival, timely restoration of blood flow to the blocked artery, smoking cessation counseling and cardiac rehabilitation, among others.

The award recognizes CarolinaEast's commitment and success in implementing a high standard of care for heart attack patients and signifies that CarolinaEast has reached a high threshold goal of treating these patients to standards of care as outlined by the American College of Cardiology/American Heart Association clinical guidelines and recommendations.

(2018 and 2019), and performed at the top level for specific performance measures. "Being among hospitals that take part in a multi-faceted clinical process and best practices in the care of patients experiencing the signs and symptoms of a heart attack is a true source of pride for us," said Dr. Alex Kirby, Cardiologist at CarolinaEast Heart Center and Cardiac Cath Laboratory Medical Director at CarolinaEast Medical Center. "This accreditation is further proof that our dedicated multidisciplinary team that earnestly supports these efforts has been successful in its goal of improved patient outcomes."



Chest Pain MI Registry empowers health care provider teams to consistently treat heart attack patients according to the most current, science-based guidelines and establishes a national standard for understanding and improving the quality, safety and outcomes of care provided for patients with coronary artery disease, specifically high-risk heart attack patients.

The American College of Cardiology envisions a world where innovation and knowledge optimize cardiovascular care and outcomes. As the professional home for the entire cardiovascular care team, the mission of the College and its 54,000 members is to transform cardiovascular care and to improve heart health. The ACC bestows credentials upon cardiovascular professionals who meet stringent qualifications and leads in the formation of health policy, standards and guidelines. The College also provides professional medical education, disseminates cardiovascular research through its world-renowned JACC Journals, operates national registries to measure and improve care, and offers cardiovascular accreditation to hospitals and institutions. For more, visit acc.org.



"As a Gold Performance Award recipient, CarolinaEast Medical Center has established itself as a leader in setting the national standard for improving quality of care in patients with acute myocardial infarction," said Michael C. Kontos, MD, FACC, chair of the NCDR Chest Pain - MI Registry Steering Subcommittee, Virginia Commonwealth University Medical Center. "By meeting the award requirements set forth in the registry, CarolinaEast has demonstrated a commitment to providing reliable, comprehensive treatment for heart attack patients based on current clinical guideline recommendations."

To receive the Chest Pain MI Registry Gold Performance Achievement Award, CarolinaEast has demonstrated sustained achievement in the Chest Pain MI Registry for two consecutive years

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- 2. QuickFio Technology.** Delivers a strong flow of water from the faucet. Allows system to produce more water in less time.
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- 6. PureMometer® Filter Life Indicator.** Shows filter capacity.
- 7. Patented, Tamper-Proof MACguard® Filter.** No more wondering when to change cartridges. Assures high quality water and peace of mind.
- 8. Automatic System Shutdown.** Conserves water - doesn't run water continuous to drain.
- 9. Exclusive Designer Faucet.** Lead-free, stylish design available in a variety of finishes.
- 10. Non-Electric, Totally Automatic.** No electrical problems.
- 11. Efficient Operation.** Conserves water, lower operating costs.
- 12. Outstanding Warranty.** Dependability, peace of mind.



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