

The Pamlico News

Wednesday, October 14, 2020

Your County News Source Since 1968

www.thepamliconews.com | 50 Cents



Comment period opens, public hearings scheduled for various marine fisheries rules

MOREHEAD CITY - The N.C. Marine Fisheries Commission is accepting public comment on proposed amendments and re-adoption of 50 rules under a state-mandated periodic review schedule.

Most of the rules pertain to shellfish lease user conflicts, reclassification of Special Secondary Nursery Areas, oyster sanctuaries, classification of shellfish growing waters, and sanitation standards for commercial crustacea processing procedures.

Other rules pertaining to joint fishing waters are proposed for re-adoption with no changes.

Two public hearings will be held by web conference on Oct. 21 at 6 p.m. and on Oct. 27 at 6 p.m. The public may join the meetings online; however, those who wish to comment during the hearing must register to speak by noon on the day of the hearing.

Members of the public also may submit written comments through an online form or through the mail to N.C. Marine Fisheries Commission Recreational Water Quality Rules Comments, P.O. Box 769, Morehead City, N.C. 28557. Comments must be posted online or be received by the N.C. Division of Marine Fisheries by 5 p.m. Nov. 30, 2020.

Links to the public hearing registration form and online comment form, as well as text of the proposed rules and links to join the meeting, can be found on the N.C. Marine Fisheries Commission's Proposed Rules Page.

The N.C. Marine Fisheries Commission proposes re-adoption of a portion of rules in 15A NCAC 03O (shellfish lease user conflicts), 15A NCAC 03Q (joint fishing waters), 15A NCAC 03R (Special Secondary Nursery Areas and oyster sanctuaries), and 15A NCAC 18A (shellfish growing waters and shellfish sanitation and processing). Proposed rule changes will:

Address user conflicts associated with shellfish leases while supporting a productive shellfish aquaculture industry, as required by NCGA Session Law 2019-37. The proposed changes will increase setback requirements from developed shorelines for new shellfish leases; limit the allowable number of corner markers for demarcating shellfish leases to simplify the polygon shapes; set new criteria for shellfish lease stakes and signage to alleviate navigation concerns; and, initiate a new shellfish leaseholder training program that emphasizes user conflict reduction strategies.

Reclassify nine Special Secondary Nursery Areas to Secondary Nursery Areas, as recommended by the Shrimp Fishery Management Plan Amendment 1. The nine areas have not been opened to trawling since at least 2004, so there will be no effective change to the shrimp trawl

Continued on Page A03



The Still Charred shoulder of the highway at the scene of last weeks accident on N. C. Hwy 304 near it's intersection with Cowell Loop Road

Unsung Hero at the Scene of Accident

As a follow-up to a story The Pamlico News ran last week (courtesy of WCTI-12) concerning a multi-vehicle crash on N.C. Hwy 304 just outside of Bayboro, we have been alerted to information that an unsung hero at the crash scene prevented a bad situation from becoming tragic. Mr. Vincent Dixon of Mesic was headed west toward Bayboro when he came upon the accident just minutes after it happened. Mr. Dixon later contacted the newspaper and said that Mr. Robert Barrow, who lives near the scene and heard the crash, had already sprung into action. Mr. Barrow broke out the window of one of the vehicles involved which contained an injured woman and her two children. Mr. Barrow was able to remove her from the car, and yelled at Mr. Dixon and another gentleman at the scene to get the kids away from the car. Moments after everyone was safely away from the car, it began to burn and quickly erupted in flames. "If Robert (Mr. Barrow) had not done what he did, I'd hate to think what would have happened to that girl and her two kids," Mr. Dixon told us. "He acted quick and did what needed to be done and I just think folks need to know." The Pamlico News salutes Mr. Robert Barrow, and Mr. Vincent Dixon, as well as all the by-standers who saw a need and took action.

30th Annual Ghostwalk: Both Live AND Virtual New Bern Historical Society Event Adapts for Safety



Spirits Cynthia Evans-Robinson, Deborah Robinson and Cindi Broome will bring you the story of the Chimney Sailor.

NEW BERN, NC. Yes, the New Bern Historical Society knows where all the skeletons in New Bern are buried! And they'll share some of those hidden secrets during the 30th Annual Ghostwalk, "Tales from the Underground," October 22-24. This year's Ghostwalk will bring you the same great 13 vignettes featuring some of New Bern's most intriguing historical characters telling their fascinating tales. But with the challenges and restrictions of the pandemic in place, you can expect major changes in the structure of this year's event.

A safely reimagined, all-outdoor Live Ghostwalk will take place at Cedar Grove Cemetery on Queen Street, October 22-24 from 5:30-9:30pm. Tickets will be good for one evening and you will pick an arrival time either early or later in the evening. The 13 ghost sites will be arrayed along three separate loops in Cedar Grove Cemetery, each with a separate entrance and exit. Small

groups will be led through the two-hour walking tour by ghostly guides.

This year brings the exciting premier of Virtual Ghostwalk, which you'll be able to enjoy in the comfort and safety of your home. Beginning October 22, you'll be able to watch the professionally produced video including all 13 intriguing historical characters on your computer, tablet or phone.

"Ghostwalk has been one of New Bern's favorite annual traditions and our most important fundraiser for 30 years," explains Historical Society Executive Director Mickey Miller. "We very much want to continue to share New Bern's fascinating stories, but with the pandemic and restrictions in effect, we have had to dramatically change the Ghostwalk experience in order to keep the community and our volunteers safe."

Continued on Page A06



During Domestic Violence Awareness Month, #1Thing Can Make All the Difference

NEW BERN, NC 28560, October, 2020 - Domestic violence impacts millions of people each year, but it can be prevented. It requires the collective voice and power of individuals, families, institutions, and systems - each whose "one thing" adds a valuable and powerful component to transforming our communities.

That is why the October, during Domestic Violence Awareness Month (DVAM), Coastal Women's Shelter is asking "What is the #1Thing you can do to end domestic violence?"

"Many people care and understand that domestic violence is a serious public health problem. They want to do something but believe their actions cannot make a difference," said Tova Hairston, Executive Director, Coastal Women's Shelter. "It feels overwhelming. But all change begins with #1Thing. If every person across Craven, Pamlico and Jones Counties committed to just #1Thing to stop domestic violence and help move social justice forward, that will be the beginning of real social transformation."

According to the Centers for Disease Control, 1 in 4 women and 1 in 9 men have experienced contact sexual violence, physical violence, and/or stalking by an intimate partner in their lifetime.

"Right here in our community, Coastal Women's Shelter has served 702 victims of abuse and violence this year alone," added Tova Hairston. "That is why we need everyone - advocates, medical professionals, educators, survivors, researchers, policy makers, law enforcement officers, business owners, students, and more, to do #1Thing to stop domestic violence here in Craven, Pamlico and Jones Counties."

#1Thing you could do to address domestic violence:

- Be a caring and consistent adult in the life of a child
- Talk to loved ones about violence and oppression
- Create a culture of consent in your home
- Use social media to raise awareness among your peers
- organizations to establish
- Reach out to my local domestic violence program to learn how you can help
- Listen to and validate a survivor of trauma
- Take the #1Thing Community Pledge to end domestic violence: <http://ow.ly/fbGT30IYERO>
- See more ideas at <http://ow.ly/FDXR30IYEFg>

This October join Coastal Women's Shelter as we mourn for those whose lives were taken by domestic violence, celebrate the tremendous progress victim advocates have made over the years, and connect with one another with a true sense of unity to end domestic violence.

#1Thing unites our individual voices while highlighting the power of our collective action.

ACTIVITIES DURING THE MONTH OF OCTOBER 2020

Social Media Campaign: hashtags #1Thing #PowerUp #DVAM2020 #CoastalWomensShelter

Throughout the month of October, community members can join in the fun by participating in any or all of the following awareness activities throughout the month of October 2020 using social media:

Purple Pride:

Wear your favorite purple accessories, the color of domestic violence awareness to show your solidarity and support of domestic violence victims. Tock a purple shirt, a favorite pair of socks or lip-stick. The possibilities are endless.

Continued on Page A02

WEEKEND WEATHER

SAT OCT 17th Partly cloudy skies. High 63F. Winds N at 10 to 15 mph.
Sat 17 | Night Clear skies. Low 47F. Winds light and variable.

SUN OCT 18th Generally sunny despite a few afternoon clouds. High 72F. Winds NE at 5 to 10 mph. **Sun 18 | Night** Mostly clear skies. Low 57F. Winds light and variable.



TURNAGE
Construction & Trucking Co. Inc.
2373 NC Hwy 304, Bayboro, NC 28515

FORESTRY MULCHING
Line & Property Line Cutting / Acreage Cutting
Hunting Lane & Recreational Cutting
Septic Perk Site & Custom Cutting Applications

Dustin Turnage
Office: 252-745-4976
Cell: 252-229-4688
Fax: 252-745-5240



Pamlico Community College



Dental Laboratory Technology

Pamlico Community College Dental Laboratory Technology student Jaquan Gibbs makes dental casts in the college's lab in the Johnson Building at the Grantsboro campus. For more information about the program, which is the only one of its kind in Eastern North Carolina, please contact Dr. Sal Jany at 252-2491851, ext. 3065, or sjany@pamlicocc.edu. Contributed photo

Since its founding, tens of thousands of students have benefited from the individual, personalized attention the college provides to its students. The many programs made available at Pamlico Community College.

The college began as an industrial education center in 1962. Since then PCC has grown to become a fully accredited two year community college with programs in varied disciplines in Academic programs, Continuing Education programs, and Cultural Enrichment programs.

A contract program with East Carolina University enables students in appropriate programs to transfer on for a four-year education.



Agcarolina Farm Credit Announces Member Assistance Program

Raleigh, NC — AgCarolina Farm Credit announces the launch of its Member Assistance Program (MAP). A MAP is a company-sponsored benefit offering support and resources needed to address personal or work-related challenges and concerns.

"The agricultural industry has been faced with many challenges over the last several years," said Dave Corum, CEO of AgCarolina Farm Credit. "Life and business can be stressful and can impact your home and work life. The MAP is there for our members in times of distress, anxiety, or depression. Our goal through the MAP is to provide relief when stresses mount for our members and their families."

The Member Assistance Program provides AgCarolina Farm Credit members the following benefits and services:

Assessment and Counseling

Help is available 24/7/365 through our toll-free number for you and your household family members. Reasons to use the MAP include: marital, parenting, stress, depression, work-related concerns, alcohol and drug use/abuse, grief and loss, or preventative.

Legal Services

Members are eligible for free telephonic legal advice and consultation with an attorney.

Online Services

Members have access to educational and financial resources.

Financial Services

Members are eligible for free financial counseling appointments for bankruptcy, budgeting, buying a home, college savings, and retirement planning.

The MAP is another benefit of doing business with AgCarolina Farm Credit and the program can be accessed by visiting <http://bit.ly/AgCarolinaMAP>.

Using the MAP is confidential and free to all AgCarolina Farm Credit members and their household family members.

AgCarolina Farm Credit is a farmer owned financial cooperative with headquarters in Raleigh. They are the leading provider of credit to farmers in central and eastern North Carolina. AgCarolina Farm Credit has over \$1.5 billion in loans and commitments outstanding to nearly 3,300 North Carolina farmers. Loans are made to finance land, homes, farm buildings, operating expenses, livestock and equipment, as well as other purposes. Credit life insurance, appraisal services, and leasing are also available through AgCarolina Farm Credit. Branch locations are in Ahoskie, Elizabeth City, Greenville, Halifax, La Grange, Louisburg, New Bern, Raleigh, Rocky Mount, Smithfield, Swan Quarter, and Williamston.



When you are ready to list or buy a home in Pamlico County, please call Mariner Realty to discuss how we can make you successful in your real estate transaction. With combined experience of over 71 years, let Allen & Angie Propst be your real estate professionals.



GRANTSBORO – 3BR/2BA w/ Neuse River views & access to community boat ramp in Kennels Beach. SOLD FOR AT \$92,000



MINNESOTT BEACH – Riverfront 2BR/2BA condo w/ Neuse River views. SOLD FOR \$106,500



ARAPAOE – Unrestricted 2BR/1BA vintage 1955 home with dock on Dawson Creek with Neuse River Views. SOLD FOR \$150,000



ORIENTAL – Beautiful design & workmanship, remodeled 2BR/2BA 1st floor condo w/ deep-water boat slip at Oriental West Condos.. SOLD FOR \$ 152,500



GRANTSBORO – Remodeled 1865 3BR/2BA on unrestricted 5.3 acres (not in flood zone) with aircraft-hanger and airstrip for STOL airplanes, fish pond and outfitters cabin. SOLD FOR \$157,500



ORIENTAL – Beautifully landscaped 3BR/2.5BA in downtown Oriental. Recently updated kitchen with granite countertops and new appliances. SOLD FOR \$289,000



ORIENTAL – Recently remodeled 3BR/2.5BA brick home in Village & not in flood zone; has never experienced any flooding. SOLD FOR \$290,000

During Domestic Violence Awareness Month, #1 Thing Can Make All the Difference

Continued from page A1

Light It Up Purple:

Replace inside and outside lights with purple light bulbs to serve as a beacon of hope for victims of domestic violence. To get your purple light bulbs visit the Coastal Women's Shelter at 1333 S. Glenburnie Rd, New Bern, while supplies last.

#1 Thing Campaign:

Share one action item that you will do to help end domestic violence and more social justice forward for everyone. Visit the Coastal Women's Shelter Website and Facebook page for ideas and campaign materials.

Website www.coastalwomensshelter.org
Facebook: www.facebook.com/CWSNC/

Local businesses can also engage in October awareness activities by displaying purple ribbons and using purple light bulbs inside and outside of their establishments. Serval merchants will also support the cause by offering their patrons an opportunity to make a monetary contribution to the Coastal Women's Shelter. A full list of participating businesses can be found on the Coastal Women's Shelter's website.

About Coastal Women's Shelter

Serving the community for over 35 years by forging a bridge to end the cycle of domestic violence. Coastal Women's Shelter is the sole provider of no-cost comprehensive domestic violence services in Craven, Jones, and Pamlico counties. Our services include a 24-hour crisis line, court advocacy, monthly support groups for women and children, transportation, tuition assistance, clothing, food, employment resources, housing assistance, and inter-agency information and referrals. We also provide some employability services through a grant from the North Carolina Council for Women.

Challenges faced by our target population include lack of transportation, need for child care, lack of education, lack of

family support for continuing their education and/or employment, lack of knowledge about effective parenting practices, domestic violence, and homelessness.

Our vision is to eradicate domestic violence in the counties that we serve. Our mission is to help families break the cycle of domestic violence and acquire the skills necessary to promote healthy family relationships.

Visit the Coastal Women's Shelter website for more information at www.coastalwomensshelter.org

1Smith, S.G., Chen, J., Basile, K.C., Gilbert, L.K., Merrick, M.T., Patel, N., Walling, M., & Jain, A. (2017). The National Intimate Partner and Sexual Violence Survey (NISVS): 2010-2012 State Report. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

COULD YOU
make
A GOOD THING
Better?

Let's assess
your existing
annuity today!



BRINSON
Insurance Agency
Positively...Different!!!

Contact me to learn more.



Jon Brinson

14104 NC Highway 55 East
Bayboro, NC 28515
252-745-5121 | 252-636-0544
email: info@brinsonins.com
www.brinsonins.com

Note: Products issued and underwritten by The State Life Insurance Company® (State Life), Indianapolis, IN, a OneAmerica company that offers the Care Solutions product suite. This is a solicitation of insurance. An insurance agent or insurance company will contact you. The policies and long-term care insurance riders have exclusions and limitations. For cost and complete details of coverage, contact your insurance agent or company. Provided content is for overview and informational purposes only and is not intended as tax, legal, fiduciary, or investment advice.
NOT A DEPOSIT • NOT FDIC OR NCUA INSURED • NOT BANK OR CREDIT UNION GUARANTEED • NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY • MAY LOSE VALUE
 Brinson Insurance Agency is not an affiliate of the companies of OneAmerica.
ONEAMERICA® is the marketing name for the companies of OneAmerica | OneAmerica.com

© 2018 OneAmerica Financial Partners, Inc. All rights reserved.

COMMUNITY

THIS WEEK IN HISTORY

- **October 14th – 2010**, The National Park service first recognized this day as National Fossil Day. (Wednesday of the second full week of October). I can dig it.
- **October 15th – 1954**, Hurricane Hazel made landfall near Calabash N.C. as a category 4 storm, the most powerful hurricane to strike our state.
- **October 16th – 1958**, National Bosses Day is thought to have first been recognized. Go tell your bosses what you really think of them; just don't let it turn into national "I just got fired" day.
- **October 17th – 1938**, Stuntman, entertainer, and motorcycle rider extraordinaire, Evel Knievel was born in Butte, Montana.
- **October 18th – 1867**, The U.S. took possession of Alaska from Russia. It cost \$7 million or about 2 cents an acre.
- **October 19th – 1781**, The British General Lord Cornwallis surrendered to the American Continental Army at Yorktown, Virginia.
- **October 20th – 1882**, Bela Lugosi, the original movie vampire Count Dracula was born in Lugoj, Rumania. "I never drink... wine."



The North Carolina coast is home to many iconic lighthouses, but there is one, situated on the banks of the Cape Fear River that is often forgotten. The Price's Creek Lighthouse is a 20-foot brick lighthouse constructed in 1850 and was one of several built to help guide ships up the Cape Fear River to the port of Wilmington. During the Civil War, it guided blockade runners carrying supplies to the Confederate States. Later in the war, as Union forces took control of the area, retreating confederates dismantled the light and after the war, it was never relit. What is left of the lighthouse, the only one of the Cape Fear River lights still standing, now sits on land owned by the Archer Daniels Midland Corporation and is not accessible by land. You can get a good view of it from the Southport to Fort Fisher Ferry. It is on the west bank of the river, just north of the Southport Ferry terminal.

Comment period opens, public hearings scheduled for various marine fisheries rules

fishery; however, the reclassification will result in a small mesh gill net attendance requirement in these waters, except for Scranton Creek. All areas have gill net attendance requirements now; the proposed rules would require additional attendance in all waters, not just 50 yards from the shoreline, from May 1 to Nov. 30. Amend the oyster sanctuaries rule by adding five new sites (Long Shoal, Little Creek, Pea Island, Raccoon Island, and Swan Island), updating boundaries for three existing sites (Neuse River, West Bluff, and Gibbs Shoal), and removing two sites that no longer function as sanctuaries (Ocracoke and Clam Shoal). Update shellfish sanitation laboratory procedures, sanitation survey reporting require-

ments, standards for classifying shellfish waters, and definitions to conform with current national standards. Readopt with no changes nine rules that pertain to joint fishing waters, in accordance with a state-mandated periodic review schedule. Correct grammar, typographical errors, and update agency names. The proposed rule changes will be presented to the N.C. Marine Fisheries Commission for final approval in February 2021 and have an earliest effective date of April 1, 2021. For questions about the N.C. Marine Fisheries Commission rulemaking process, email Catherine Blum, rules coordinator for the N.C. Division of Marine Fisheries.

Continued from page A1

PCC's Cultural & Life Enrichment and Continuing Education Programs are offering classes starting soon with scholarship and grant availabilities.

- Phlebotomy Technician (course specific scholarship available!) starts 10/13 [T/Th 5-9],
- Smartphones and Tablets – starts 10/13 [T/Th 1-3]
- ServSafe [one-day training] – 10/12
- Notary Public – [one day training] – 10/17
- Medication Aide – 10/17, 10/23, 10/24]
- ServSafe [full certification training] – 10/19-10/22
- Forklift Training [one day training] – 10/24
- Basic Skills & ESL (ongoing training)

Registration info: 252.249.1851x3115.

NOTE THE DATE

Grantsboro Democrat Precinct Meeting will be held at 11am on Saturday, October 17 at the Pamlico County Heritage Center - side door.

Pamlico County Heritage Center new hours of operation are Wednesday through Friday from 11am to 3pm.

Pamlico County Animal Control

(252) 745-3203 • 202 Main Street • PO Box 776 • Bayboro, NC 28515
animalcontrol@pamlicocounty.org



Attention: Rabies has been reported!

Pamlico County Animal Control has confirmed a raccoon has tested positive for rabies. On October 1, 2020 a few raccoons were discovered in the Bayboro area acting sick. Both of which tested positive for K9 distemper, and negative for rabies. On Wednesday, October 7, 2020 a raccoon was found in Maribel on Highway 304 near Lynch's Beach Road.

Rabies is a preventable viral disease of mammals most often transmitted through the bite of a rabid animal. The vast majority of rabies cases reported to the Centers for Disease Control and Prevention (CDC) each year occur in wild animals like raccoons, skunks, bats, and foxes.

The rabies virus (<https://www.cdc.gov/rabies/transmission/virus.html>) infects the central nervous system, ultimately causing disease in the brain and death. The early symptoms of rabies in people are similar to that of many other illnesses, including fever, headache, and general weakness or discomfort. As the disease progresses, more specific symptoms appear and may include insomnia, anxiety, confusion, slight or partial paralysis, excitation, hallucinations, agitation, hypersalivation (increase in saliva), difficulty swallowing, and hydrophobia (fear of water). Death usually occurs within days of the onset of these symptoms.

This is a reminder to keep your animals from roaming and ensure that your animals are current on all their vaccinations, especially RABIES. Due to COVID-19, there will not be a Rabies clinic. However, you may call one of the three (3) Veterinarians in Pamlico County and receive a low-cost rabies vaccine for your animal(s).

If you have any questions, please call Animal Control Officer, Berkley Hill at 252-745-3203 or Scott Lenhart, Pamlico County Health Director at 252-745-5111

Hope Clinic's New Beginnings

Recovery support group meetings open to anyone in recovery. Using principals from NA, AA, and Smart Recovery is hosted by Hope Clinic's New Beginnings program. Meetings occur every evening at 7pm, except for Saturday. Most meetings are online and 2 are in-person at this time. There are no requirements to attend and meetings are free. For more information, please call Caitlin at (252) 745-5760 or email her at caitlin@hopeclinic.net

QUICK REFERENCE

EMERGENCY: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance
Animal Poison Control Center: 1-888-426-4435
Carteret General Hospital: 808-6000
Coastal Carolina Regional Airport: 638-8591

EMERGENCY PET CARE: 444-1399
HIGHWAY PATROL: 1-800-441-6127
MEDICAL ASSISTANCE –
CarolinaEast Medical Center: 633-8111
Nova Urgent Care: 745-7440

PAMLICO COUNTY DEPARTMENTS
Board of Elections: 745-4821
County Manager: 745-3133
Emergency Management: 745-4131
Health Dept.: 745-5111
Recycling Center: 745-3283
Senior Services: 745-7196
Sheriff's Dept. (non-emergency) – 745-3101
Social Services: 745-4086
Tax Collector: 745-4125
Water Dept.: 745-5453
Poison Control Center: 1-800-222-1222
US Coast Guard (Hobucken): 745-3131

clubs and organizations events...

frontdesk@ThePamlicoNews.com

The Pamlico News

Publisher: Sandy Winfrey
Office Manager: Katherine Winfrey / Jeannine Russo
Editor: Sandy Winfrey

Production: J.P. Miller
Photographer Reporter: Hiram Lupton
Advertising: Mary Frances Taylor
Distribution: Neal McCraw

We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.
Press Releases, Events, News: editor@thepamliconews.com
Advertising: sales@thepamliconews.com
Billing Inquiries: frontdesk@thepamliconews.com
USPS 782-460 Published 51 times a year
800 Broad St., Oriental, NC 28571
(252) 249-1555 (252) 249 0857, fax
www.thepamliconews.com

Horoscopes



ARIES – Mar 21/Apr 20
This week you may feel more rooted in the past than the present, Aries. Feeling nostalgic for old times, including the people and places of your past, is healthy.



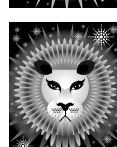
TAURUS – Apr 21/May 21
People move in and out of your social circle. It's a natural transition that everyone experiences. Embrace opportunities to meet new and interesting people.



GEMINI – May 22/Jun 21
Gemini, if you take a trip down memory lane at some point, don't be surprised if family members dominate your thoughts. Think about rekindling a lost relationship.



CANCER – Jun 22/Jul 22
Cancer, you may run into an old flame over the course of the week. In preparation, be sure to leave the house looking your best. This will help boost your confidence.



LEO – Jul 23/Aug 23
You may feel that life has gotten a tad dull, Leo. It is time to do something about that. Try a new restaurant. Engage in a new hobby. Connect with new friends.



VIRGO – Aug 24/Sept 22
Spirituality and religion may be on your mind, Virgo. You may want to figure out how to embrace your values and beliefs, as they can improve your life.



LIBRA – Sept 23/Oct 23
Waking up feeling optimistic and energized is a great thing, Libra. On top of it you may be surprised to find that someone has a crush on you. Go out if you're single.



SCORPIO – Oct 24/Nov 22
Scorpio, if restlessness sneaks up on you, look for new opportunities to add a bit of excitement. It could be taking an online course in a subject that interests you or a vacation.



SAGITTARIUS – Nov 23/Dec 21
Something you read in a book may prove to be an "ah ha" moment for you, Sagittarius. You may have a new perspective on life and be excited to make changes.



CAPRICORN – Dec 22/Jan 20
Capricorn, you may be feeling that someone close to you is ill or not himself or herself. These intuitions will not cease until you check out the situation for yourself.



AQUARIUS – Jan 21/Feb 18
Aquarius, a desire to learn new things may be very strong for you right now. It is never too late to return to school and finish a degree or to begin pursuit of a new one.



PISCES – Feb 19/Mar 20
Pisces, don't take love too personally this week, especially if your romantic partner has been playing it cool. Things will come around.

LIBRA Traits & Overview

Libra is the seventh sign of the zodiac, and it's at this point in the zodiac that we start to see a shift. While the first six signs of the zodiac focus on the individual, the last six focus on the individual's contact with others and with the world. The Libra zodiac sign is first and foremost focused on others and how they relate to them. We can call this the sign of Partnership with a capital 'P' because these folks do not want to be alone!

For a Libra, everything is better if it's done as a pair. Libras are good when paired up, too, since they epitomize balance, harmony, and a sense of fair play. While they are true team players at work, their favorite partnership is at home: marriage. Libras feel most complete when they are coupled up with their lover, forever.

FINANCIAL FOCUS

Can You Afford the Years Beyond Your ‘Healthspan’?



Dan M. Roberts

We’re all interested in the topic of lifespan. What’s the average lifespan of men and women? What factors influence lifespan? What can I expect for my own lifespan? Yet, you may also want to think about your healthspan – that is, how long you will live in generally good health. How should you factor in your potential healthspan when creating your financial strategies?

To begin with, you’ll want to be aware of the gap between lifespan and healthspan. Consider this: The average healthy life expectancy in the U.S. is only 68.5 years, according to World Bank data cited in the 2020 Edward Jones/Age Wave Four Pillars of the New Retirement study. This means that, on average, Americans can expect to spend about 10 years in poor health, which, unfortunately, is more than in most other developed countries.

Of course, everyone’s situation is unique, and many variables are involved in the lifespan/healthspan comparison: differences in projected longevity between women and men, family health histories, environmental factors, and so on. And there are certainly plenty of people whose healthspans essentially match their lifespans – that is, they enjoy healthy, busy lives right up until the end. Yet, even the possibility that you could face a decade or more of less-than-ideal health in your retirement years should be cause for concern. The health issue, by itself, is already worrisome, but the accompanying threat to financial independence is also on people’s minds. In fact, 72% of retirees say one of their biggest fears is becoming a burden on their families, according to the Four Pillars study.

So, given these concerns, here are a few moves to consider, possibly with the help of a financial professional:

- Investigate long-term care protection. The costs of an extended nursing home stay can be exorbitant, and the services of a home health care aide are far from inexpensive, too. And retirees know it: Their greatest financial worry is paying for health care costs, including the cost of long-term care, again according to the Four Pillars study. Consequently, you may want to explore some type of long-term care protection – and the younger you are when you purchase this protection, the more affordable it tends to be.

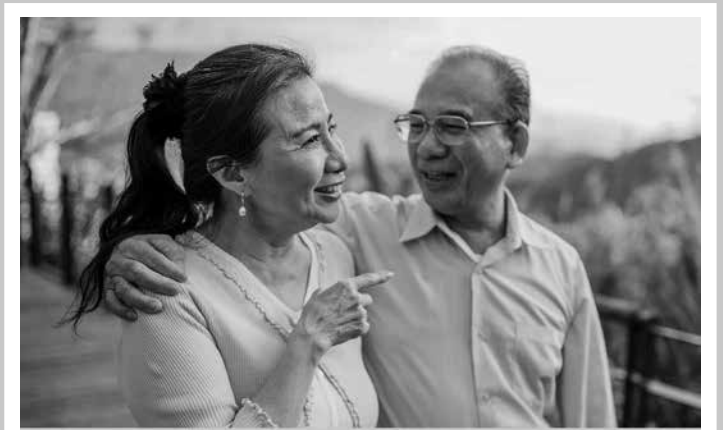
- Evaluate your investment mix. Even with Medicare and Medicare supplement plans, you will likely face significant out-of-pocket health care costs during your retirement years. To help pay these bills, you will need sufficient liquidity in your financial accounts. So, you may need to evaluate, and possibly adjust, your investment mix to make sure you’ve got adequate funds in liquid, low-risk vehicles. These types of securities won’t offer much in terms of growth potential, but they do provide more stability of principal. You won’t want to abandon all growth-oriented vehicles, though – even in retirement, you need to stay ahead of inflation.

- Create a sustainable withdrawal rate. To help address your healthspan funding concerns, you’ll also need to ensure you’re not taking out too much money from your investment portfolio each year, especially during your first few years of retirement.

If you could see into the future, you’d know exactly where your lifespan intersected with your healthspan. But since this certainty is unattainable, you’ll want to be prepared for whatever comes your way.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones. Member SIPC.



You’re Retired. Your Money Isn’t.

To learn why consolidating your retirement accounts to Edward Jones makes sense, call my office today.



Dan Roberts IV, AAMS®
Financial Advisor
301 South Front Street
Building 1, Suite A
New Bern, NC 28560
252-633-5263

edwardjones.com
Member SIPC

Edward Jones®
MAKING SENSE OF INVESTING

NC COOPERATIVE EXTENSION Pamlico County

Hay Bale Contest



Kait Neeland
4-H Agent

There are many things I look forward to every year when autumn finally starts to creep in. One of those things is the NC State Fair. I love the food: roasted corn, funnel cakes, caramel apples with chocolate drizzle and all sorts of treats on top and old fashioned kettle corn! I love to see the beautiful garden displays, the winners in the flower show, and watch the livestock shows. I also love to see all the creativity that goes into the 4-H Hay Bale Decorating Contest. I’ll be sad to miss the food, and the gardens, and the livestock shows, but I (and you) don’t have to miss out on the Hay Bale Decorating!

We’ve decided to bring the hay bale decorating right home to Pamlico County! We’re very excited to decorate our own, and to see your creativity so we are hosting a Hay Bale Decorating Contest. Here’s how it works.

Display your creativity and imagination in a family friendly county-wide competition. This hay bale decorating contest will have three divisions: Pamlico County History and Heritage, Celebrate 4-H, and Fall Fun. Each division will have youth and adult categories. Individuals/Families may submit one entry in each division. Submissions will be compiled and released on the Pamlico County Extension website and Instagram so that everyone can vote for their favorites. Participants who submit entries in the Celebrate 4-H Division have the option of having their entries submitted in the State 4-H Hay Bale Contest. The first place winners will be awarded a ten dollar gift card, 2nd and 3rd place winners of each category in all divisions, will receive a certificate.



To enter, register on Eventbrite, select the category, and division. Once you have registered you will receive instructions on how to submit your photos. Entries will be accepted until November 6th at 5pm.

Submitted photos will be available for judging on Instagram from November 9th – November 13th. After open judging closes a committee of judges will place the top three liked photos of each division based on adherence to theme, creativity, and aesthetic appeal. Winners will be announced on November 20th.

Competition Divisions/Categories

Pamlico County History & Heritage: Bales should be designed to reflect and promote life in Pamlico-past or present. We have a rich and diverse history, so there are plenty of

areas to choose for your display. Suggested ideas include, but are not limited to: agriculture and farming, fishing, the heritage museum, hunting and wildlife.

Categories:

- Individual 8-13
- Individual 14-18
- Individual 19 and up

Families, Organizations, or Businesses: two or more members of the same household regardless of age

Celebrate 4-H: Bales should be designed to celebrate and promote NC 4-H. Suggested ideas include, but are not limited to: 4-H Project areas (STEM, service, Outdoor and/or Healthy Living, Culinary Arts, Communications, Livestock etc.), 4-H Grows Here, 4-H’s (Head, Heart, Hands, Health), NC Regions, 4-H Districts and the Clover.

Categories:

- Individual: 8-13
- Individual: 14-18
- Individual: 19 and up

Families, Organizations, or Businesses: two or more members of the same household regardless of age

Fall Fun:

Hay bales should be decorated with a good clean wholesome nature. No vulgar or suggestive decorations will be allowed

Categories:

- Individual: 8-13
- Individual: 14-18
- Individual: 19 and up

Families, Organizations, or Businesses: two or more members of the same household regardless of age

Guidelines for Participation

- Participants may submit one entry (either individual or family) in each division
- Rectangular hay bales should be used
- Limit your decoration to two (2) - eight (8) bales
- Each entry should have a slogan communicating the aspect of the theme displayed
- Entries will be judged on eye appeal, use of materials, creativity and theme interpretation
- Hay bales should be decorated with a good clean wholesome nature. No vulgar or suggestive decorations will be allowed
- No commercial or political party signs of any kind are allowed (Any photo containing prohibited content will be disqualified, and will not be displayed on any platform.)
- Youth participants must be enrolled in 4-HOnline

If you have questions or need accommodations for persons with disabilities please contact Tamara Carawan or Kait Neeland at 252-745-4121 or email tscarawa@ncsu.edu no later than five business days prior to the event.

The Pamlico County Center of NC Cooperative Extension extends to county residents the educational resources of NC State University and NC A&T State University. Both universities commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.

Delamar & Delamar, PLLC Attorneys at law

Sara Delamar

Residential, Commercial Real Estate
Small business incorporation, set-up
Estate Planning

Paul Delamar, III

Criminal Defense
Traffic Citations
Domestic Law
Estate Administration



408 Main Street • Bayboro
252-745-3222 • Fax 252-745-7477
M-F 8:30am to 5:00pm

Inner Banks Chiropractic

Dr. Shari Richard
252.497.5910



711 Broad Street,
Oriental, NC

Bay River Metropolitan Sewerage District F.O.G. Program (Fats, Oil, and Grease)

Sewer back-ups and overflows are frequently caused by improper materials such as fats, oils and grease being placed into the sewer system by customers. Since fats, oils and grease are lighter than water, they tend to accumulate at the top and sides of sewer pipes and can build up until a blockage happens. If a blockage does occur, the sewer will back up or overflow.

DO NOT:

- Pour grease, fats and oils from cooking down the drain
- Use toilets as a wastebasket
- Use the sewer system as a means to dispose of food and scraps

DO:

- Collect grease in a container to dispose of it in the garbage
- Place food scraps in waste containers or start a compost pile
- Place a wastebasket in the bathroom for disposable diapers and personal hygiene products

Eric Harper – BRMSD Collection System (ORC) Operator Responsible Charge
Chris Venters, BRMSD Superintendent

Bay River MSD
PO Box 758
Bayboro, NC 28515
Phone: 252.745.4812

VOTE EARLY

YOUR TIME ★ YOUR VOICE ★ YOUR VOTE


LOCAL SCHOOL SPONSORS

Proud to serve Pamlico County!



PAMLICO COMMUNITY COLLEGE
www.pamlicocc.edu

A Touchstone Energy® Cooperative




Tideland EMC
Real People, Real Power.
We believe in the power of education.



Hardison Tire Company.
Alliance, NC 28509
745-4561 • 745-4161
www.hardisontire.com
24 Hour Towing & Wrecker Service
252-745-3777

Delamar & Delamar, PLLC
Attorneys At Law
408 Main Street • Bayboro, NC



Paul J. Delamar **Sara L. Delamar**
GENERAL PRACTICE OF LAW
252-745-3222 • M-F 8:00am to 5:00pm

“Respect your parents. They passed school without Google.” – Anonymous

PAMLICO COUNTY PRIMARY SCHOOL PCPS Back To In Person School 2020



Pamlico County Primary School has successfully reopened in a hybrid model for over a month as of the publishing of this article. We are happy to state that we have had very few cases of Covid-19 at PCPS. We take temperatures upon arrival and just before lunch. If a student has a fever, they are quickly escorted to our nurse who assesses their symptoms and if necessary, they are taken to our Covid isolation room which is located in our computer lab, which is not

currently being used due to safety concerns. Parents are asked to pick up their child within 30 minutes after receiving a call.

All staff and students wear masks and desks are spaced six feet apart. Breakfast and lunches are served in our classrooms limiting exposure. Breakfast and lunches are taken in coolers on wheels to the classrooms. Pictured are Ms. Savage's second grade students saying the Pledge of Allegiance with their breakfast on their desks. Our smaller class sizes allow for social distancing and more individualized attention. Classes do not go out at the same time for recess, and our playground equipment is not currently being used.

Our Gym, STEM Lab, Art Room and Media Center are closed for student access. Therefore, our Encore teachers are pushing carts into classrooms providing much needed enrichment, while not allowing for virus spread by moving students within our building (please see pictures). Students are able to request and check out books from our media center. Library books that have been returned are quarantined for one week to ensure that they will not transmit the virus as pictured. P.E., weather permitting, usually takes place outside with Coach Daniels.



Some positives have actually come out of this situation. It is nice to look on the bright side. Amazingly, there have been very few tears shed from our students, even though parents can not walk their child to their class. Students have done a great job entering our building and finding their classrooms. Class sizes are smaller, allowing for more instruction and remediation.

All in person students at PCPS have checked out library books. Our kindergarten students have been so excited to check out their first library book. They have been learning about book care rules and helping the book character Pigeon learn how to take care of a book. Our virtual teachers, students and families have really stepped up and are working hard.



Please see the picture of our kindergarten teacher, Mrs. Jackie teaching her virtual students math with a white board and marker while on a Zoom call. They have their own whiteboards and markers at home and were practicing counting the number three. Our Pre-K



students, who are not required to wear a mask during class time, are doing a great job walking down the hall to class and during dismissal wearing their masks. They have made great progress walking down the hall in a line.

Students Kindergarten through 3rd grade will be provided an electronic device for in class learning. Our remote students will be allowed to use their devices from home. Kindergarten and first grade will receive iPads. Second and Third grade students will receive a laptop computer. Families that do not have Internet access at home will be provided a hotspot to allow much needed access. Families are asked to sign a technology care contract and pay \$15 to offset the cost of repairs down the road. This 1:1 initiative will make a big difference for our students in their learning both in person and remote.

Lastly, in the afternoon, we changed car riders getting picked up in the bus parking lot instead of dismissing from the front of the school and that has been a game changer. There is more room and dismissal goes much smoother and faster than in years past. In addition, students on Tuesday and Friday receive breakfasts and lunches in bags to last them until they return to school (please see picture).

We are not sure when we will return to life as normal at PCPS, but we are thankful for the blessings and bright spots that have occurred. We appreciate all our staff, families and students working hard to make the 2020-2021 school year successful!

Continued on page A09

VOTE EARLY PAMLICO COUNTY

Oct 15 - Oct 31

October 15 - October 31

Pamlico County Courthouse

202 Main Street, Bayboro

Monday - Friday: 8:00 AM - 7:30 PM

Saturdays, October 17 and 24: 7:00 AM - 5:00 PM

Saturday, October 31: 8:00 AM - 3:00 PM



Tommy Fulcher
NC House
House District 6



Libbie Griffin
NC Senate
Senate District 2



Pat Prescott
County Commissioner
Township 1



Carinna Smith
Register of Deeds
Pamlico County



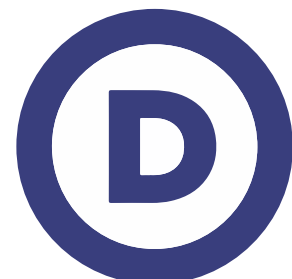
Brenda George
Superior Court Judge
District 38, Seat 2

Curbside Voting is available to voters with a disability which includes voters who:

- Are unable to enter the polling place due to age or physical or mental disability, such as agoraphobia;
- Have a medical condition that puts them at increased risk of contracting COVID-19;
- Should not wear a mask due to a medical or behavioral condition or disability; or
- Are experiencing symptoms of COVID-19.

VOTE DEMOCRATIC

Paid for by the Pamlico County Democratic Party



Pamlico County Board of Elections

The Pamlico County Board of Elections consists of a five-member board that is appointed every two years. NCGS 163A-30 cites "Not more than three members of the county board of elections shall belong to the same political party." Regular monthly meetings are held on the fourth Tuesday of each month at 10:00 am in the Elections office unless otherwise posted. All meetings are open to the public and public attendance is encouraged. Elections office is located on the first floor of the courthouse annex at 202 Main Street in Bayboro, North Carolina.

All North Carolina county boards of elections offices are county funded and state governed. The Elections office is responsible for conduct of all elections and voter registrations in Pamlico County. Voter registration forms are available at all public libraries, the elections office, or may be downloaded from the North Carolina state website at www.sboe.state.gov.

You may also register to vote at the Department of Motor Vehicles office, Employment Security Commission, and the Department of Social Services. Once you are registered, a voter id card will be sent to you with details of your

assigned voting district. These cards may be used to change your name, party affiliation or address.

All qualified registration applications MUST be received by the Elections office by the 25th day before the election to be eligible to vote in that election. Please contact the Pamlico County Board of Elections office with any questions or comments at 252-745-4821 or via email at pamlico.boe@pamlicocounty.org

Board Members:

- Delcine Gibbs, Chairman
- Russell Richard, Secretary
- Mary Helen Boone, Member
- David Brookman, Member
- Isiah Grice, Member

Lisa Bennett, Director

Email: pamlico.boe@pamlicocounty.org
 Office: (252) 745-4821
 Fax: (252) 745-4114
 Address: 202 Main St, PO Box 464,
 Bayboro, NC 28515
 Hours of Operation:
 Monday – Friday, 8:00 AM to 5:00 PM



30th Annual Ghostwalk: Both Live AND Virtual New Bern Historical Society Event Adapts for Safety

Continued from page A1

Safety will indeed be paramount at Cedar Grove Cemetery. All Ghostwalk attendees will be required to wear a mask and practice safe distancing. Other safety measures include paperless ticketing and smaller groups. Three cemetery loops with separate entrances will reduce lines and waiting.

Tickets for both live and virtual Ghostwalk will go on sale to the public October 1. Live Ghostwalk tickets are \$18 for adults and include a complimentary link to watch the virtual show. Or you can enjoy the virtual Ghostwalk show alone for just \$8. Details can be found at www.GhostwalkNewBern.com or by calling the New Bern Historical Society at 252-638-8558.

The mission of the New Bern Historical Society is to celebrate and promote New Bern and its heritage through events and education. Offices are located in the historic Attmore-Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical.org or www.facebook.com/NewBernHistoricalSociety.



Ghosts John Stille and Jim Atchinson will take you to the Golden Age of Radio.

Vote Early October 15-31

and advertise in

The Pamlico News

Your community news source since 1968

NORTH CAROLINA SENIORS

CAN'T TRUST Senator Thom Tillis

- North Carolina has 1,966,306 Medicare and Medicare Advantage beneficiaries – an increase of more than 278,250 since Tillis was elected in 2014. *Source: Kaiser Family Foundation*
- Between 2014-2020, Tillis has taken \$63,900 in campaign contributions from organizations spearheading legal challenges to the Labor Department's Fiduciary Rule including: American Council of Life Insurers, Financial Services Roundtable, Massachusetts Mutual Life Insurance and National Association of Insurance and Financial Advisors. *Source: www.opensecrets.org*



Photo by Gage Skidmore

- Tillis voted **against** a budget amendment to restore \$473 billion in Medicare cuts. *Source: H. Con. Res. 71, 10/18/17, Roll call 222*
- Tillis voted **against** a budget amendment to reject the proposed \$435 billion in cuts to Medicare. *Source: S. Con. Res. 11, 3/26/15, Roll call 111*
- Tillis voted to **overturn** the Department of Labor Fiduciary Rule, which required financial advisers to put the interests of their clients ahead of their own when counseling people on their retirement plans. Americans lose \$17 billion a year in retirement savings due to advice that favors the adviser's, not the client's, interests. *Source: H.J. Res. 88, 5/24/16, Roll call 84*

Flunking Ratings for Thom Tillis from
Alliance for Retired Americans

2019: 20% 2018: 22%

2017: 0% 2016: 10%

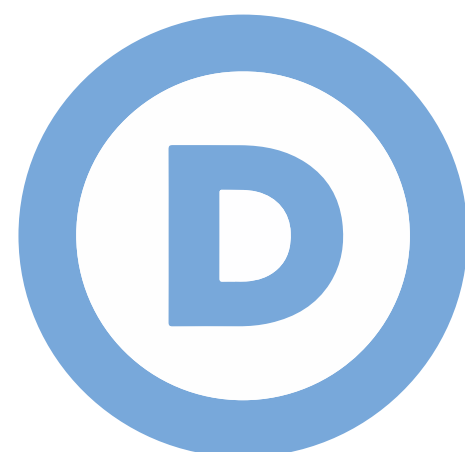
2015: 10%

This November 3, let's retire Senator Thom Tillis

Paid for by Indivisible Action (indivisible.org). Not authorized by any candidate or candidate's committee



Protecting Our Environment Starts with a Vote for



For Candidate and Election Information visit PamlicoDemocrats.com

Paid for by the Pamlico County Democratic Party



Vandemere

Vandemere is a Dutch/Flemish word which roughly translated means “Village by the Sea”. The Town of Vandemere doesn’t lie on the sea, but on the shore of the Bay River near it’s conflux with the creek which bears the name, Vandemere Creek. Vandemere was formally incorporated in 1895 but its history began long before then. Vandemere was the first seat of government of the newly formed County of Pamlico. County commissioners met at a house that was rented for the sum of \$5 per month for use as the courthouse. While it had been planned to build a permanent courthouse and keep the county seat in Vandemere, land prices were, as one commissioner described them at the time “exorbitant” and in 1877 the county seat was moved to Bayboro. The area around Vandemere was also thought to have been a location of a major Native American settlement of the Secontan tribe. Today Vandemere is the home to one of the finest town park/boating access sites in our area.



Preparing for Election Day 2020

Make sure you're registered to vote. The deadline to register in North Carolina is October 9. However, NC allows registration in person during early voting October 15-31. But remember, you must vote at the same time that you register during early voting. You cannot register at early voting and then vote on Election Day.

Who can register to vote in North Carolina?

- Be a U.S. citizen. Citizenship documents are NOT required to register.
- Live in the county where you are registering, and have resided there for at least 30 days prior to the date of the election
- Be at least 18 years old or will be by the date of the general election.
- Not be serving a sentence for a felony conviction, including probation, parole, or post-release supervision. However, individuals serving an extended term of probation, parole, or post-release supervision solely because of outstanding monetary obligations (fines, fees, or restitution) will be permitted to register to vote, or register for the first time to vote, if all the following criteria apply: 1) The voter is serving a term of extended probation, parole, or post-release supervision; 2) The voter has outstanding fines, fees, or restitution as a result of their felony conviction; and 3) The voter does not know of another reason that their probation, parole, or post-release supervision was extended.

Note: An inactive voter is still a registered voter. A voter who has an inactive status will be asked to confirm their address when they appear to vote. No special document is required.

How do I register to vote?

There are two primary methods available to apply for voter registration in North Carolina: Filling out the North Carolina Voter Registration Application and submitting by mail or in person at the Board of Elections, 202 Main St., P.O. Box 464, Bayboro, NC 28515
Using N.C. Division of Motor Vehicles (NCDMV) services: 1) Selecting the option to register to vote while applying for a vehicle license or ID; 2) Existing NCDMV customers may submit their voter registration application online through the DMV

Get what you need to bring to the polls.

No photo ID is required in NC. NC does require you to show a NC Driver's license/ID or last 4 digits of social security if you are voting for the first time.

For early voters or "same-day registration" you must provide proof of residence with a NC driver's license, other government issued photo ID, or a document showing the voter's current name and address issued within 3 months of the date.

Consider early voting or vote by mail.

This is a good way to avoid lines on Election Day. Early voting in North Carolina is October 15-31. The deadline to request an absentee vote by mail is October 27.

Find your polling place.

Be sure you know where you are headed on Election Day.

Polling places in Pamlico County: You can only vote in the county in which you are registered.

Polling Place	Address	Precinct
Alliance Town Hall	934 Main St, Alliance	1ALA
Arapahoe Fire Department	8233 NC Hwy 306, Arapahoe	5AP
Courthouse Annex	202 Main St, Bayboro	3BY
Grantsboro Town Hall	10628 NC Hwy 55, Grantsboro	1GB
Hobucken Community Center	145 Hobucken School Rd, Hobucken	4HB
Mesic Town Hall	9275 NC Hwy 304, Mesic	4MSIC
Oriental Fire Department	6398 Straight Rd, Oriental	2OT
Reelsboro Fire Department	105 Holland Rd, New Bern	1RB
Stonewall Town Hall	74 Spain Farm Rd, Stonewall	2SW
Vandemere Town Hall	1378 Pennsylvania Ave, Vandemere	4VMA

If you need a ride to the polls, try Carpool Vote at www.carpoolvote.com. Rideshare services Uber and Lyft also offer free or discounted trips for voters who need them.

Know what kind of voting machine you'll encounter.

Voting machines can vary a lot, but they are generally very easy to use. It does not hurt to familiarize yourself with the mechanics before the big day. Pamlico County uses paper ballots that voters scan in a Tabulator.

Get a sample ballot.

Before you head to the polls, it is a good idea to get a sample ballot so you know in advance all the races you'll be voting on. There are often lots of smaller races for local offices, judges, or propositions that could have an immediate impact on your life but don't get as much news coverage. If you have a sample ballot in advance, you can do research on all these races, even marking down how you want to vote, and then show up at the polls prepared to make your decisions.



STATE OF NORTH CAROLINA UTILITIES COMMISSION RALEIGH

DOCKET NO. E-22, SUB 589

BEFORE THE NORTH CAROLINA UTILITIES COMMISSION

In the Matter of
Application by Virginia Electric and Power Company, d/b/a Dominion Energy North Carolina, for Approval of Demand-Side Management and Energy Efficiency Cost Recovery Rider under N.C.G.S. § 62-133.9 and Commission Rule R8-69)
)
) PUBLIC NOTICE
)
)
)

NOTICE IS HEREBY GIVEN that the North Carolina Utilities Commission has scheduled a public hearing in the annual demand-side management (DSM) and energy efficiency (EE) cost recovery proceeding for Virginia Electric and Power Company, d/b/a Dominion Energy North Carolina (DENC). The public hearing is scheduled to begin immediately following the hearings in Docket Nos. E-22, Subs 590 and 588, which are scheduled to begin on Tuesday, November 17, 2020, at 10:00 a.m. The hearing will be held remotely via Webex. A link to view the hearing will be available at www.ncuc.net. Members of the public that would like to testify during the hearing must register in advance of the hearing, no later than 5:00 p.m. on Monday, November 9, 2020, by contacting the Public Staff via email at DENCPublicHearing@psncuc.nc.gov or by calling 866-380-9816. When registering, provide your name, docket number (E-22, Sub 589), telephone number, and the topic of your testimony.

Only individuals registered with the Public Staff by 5:00 p.m. on Monday, November 9, 2020, will be allowed to testify at the hearing.

This proceeding is being held pursuant to the provisions of N.C. Gen. Stat. § 62-133.9 and Commission Rule R8-69 for the purpose of determining whether an increment or decrement rider is required to allow DENC to recover all reasonable and prudent costs incurred for adoption and implementation of new DSM and new EE measures and appropriate incentives. Public witness testimony will be received in accordance with Commission Rule R1-21(g).

On August 11, 2020, DENC filed its application for approval of DSM/EE cost recovery pursuant to N.C.G.S. § 62-133.9 and Commission Rule R8-69. By its application, DENC requests revisions to its DSM/EE cost recovery rider effective for service rendered on and after February 1, 2021. DENC's request, including the North Carolina regulatory fee, would result in the following kilowatt-hour (kWh) charges: 0.1051 cents per kWh for residential customers; 0.1198 cents per kWh for small general service and public authority customers; and 0.0922 cents per kWh for large general service customers. No DSM/EE rate rider would be applicable to rate schedules 6VP, NS, outdoor lighting and traffic

lighting customers. In addition, industrial and large commercial customers that have, under N.C.G.S. § 62-133.9, opted out of and never participated in DENC's DSM and EE programs are not subject to the rider.

Compared to the current DSM/EE rates, the result of DENC's request would be a decrease of 0.0199 cents per kWh for residential customers, which would decrease the monthly bill of a residential customer using 1,000 kWh of electricity by 20 cents. Small general service and public authority customers would see a DSM/EE rider decrease of 0.0562 cents per kWh, and large general service customers would see a DSM/EE rider decrease of 0.0158 cents per kWh.

Specific information may be obtained from the Office of the Chief Clerk, North Carolina Utilities Commission, Raleigh, North Carolina, where a copy of DENC's application is available on the Commission's website at www.ncuc.net.

The Public Staff is authorized by statute to represent consumers in proceedings before the Commission. Written statements to the Public Staff should include any information that the writers wish to be considered by the Public Staff in its investigation of the matter. Such statements should be addressed to Christopher J. Ayers, Executive Director, Public Staff 4326 Mail Service Center, Raleigh, North Carolina 27699-4300.

The Attorney General is also authorized by statute to represent consumers in proceedings before the Commission. Statements to the Attorney General should be addressed to The Honorable Josh Stein, Attorney General, c/o Consumer Protection- Utilities, 9001 Mail Service Center, Raleigh, North Carolina, 27699-9001. Written statements may be emailed to utilityAGO@ncdoj.gov.

Written statements are not evidence unless persons appear at a public hearing and testify concerning the information contained in their written statements.

Any person desiring to intervene in the proceeding as a formal party of record should file a petition under North Carolina Utilities Commission Rules R1-5 and R1-19 on or before Monday, October 26, 2020. Such petitions should be filed with the Chief Clerk of the North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300. The direct testimony and exhibits of expert witnesses to be presented by intervenors should also be filed with the Commission on or before Monday, October 26, 2020.

ISSUED BY ORDER OF THE COMMISSION.

This the 14th day of September, 2020.

NORTH CAROLINA UTILITIES COMMISSION

Joann R. Snyder, Deputy Clerk

STATE OF NORTH CAROLINA UTILITIES COMMISSION RALEIGH

DOCKET NO. E-22, SUB 588

BEFORE THE NORTH CAROLINA UTILITIES COMMISSION

In the Matter of
Application of Virginia Electric and Power Company, d/b/a Dominion Energy North Carolina for Approval of Renewable Energy and Energy Efficiency Portfolio Standard Cost Rider Pursuant to N.C.G.S. § 62-133.8 and Commission Rule R8-67)
)
) PUBLIC NOTICE
)
)
)

NOTICE IS HEREBY GIVEN that the North Carolina Utilities Commission has scheduled a public hearing in the annual Renewable Energy and Energy Efficiency Portfolio Standard (REPS), cost recovery application and compliance report filed by Virginia Electric and Power Company, d/b/a Dominion Energy North Carolina (DENC), in the above-captioned docket. The public hearing is scheduled to begin immediately following the hearing in Docket No. E-22, Sub 590, which is scheduled to begin on Tuesday, November 17, 2020, at 10:00 a.m. The hearing will be held remotely via Webex. A link to view the hearing will be available at www.ncuc.net. Members of the public that would like to testify during the hearing must register in advance of the hearing, no later than 5:00 p.m. on Monday, November 9, 2020, by contacting the Public Staff via email at DENCPublicHearing@psncuc.nc.gov or by calling 866-380-9816. When registering, provide your name, docket number (E-22, Sub 588), telephone number, and the topic of your testimony.

Only individuals registered with the Public Staff by 5:00 p.m. on Monday, November 9, 2020, will be allowed to testify at the hearing.

This proceeding is being held pursuant to N.C. Gen. Stat. § 62-133.8 and Commission Rule R8-67 to consider DENC's application for approval of REPS cost recovery and compliance with the REPS requirements during the 2019 calendar year. Public witness testimony will be received in accordance with Commission Rule R1-21(g).

On August 11, 2020, DENC filed direct testimony and exhibits in support of its application for REPS cost recovery and 2019 REPS compliance report. By its application, DENC proposes to implement the following total REPS rates, including regulatory fee, effective for service rendered on and after February 1, 2021: a \$0.14 charge per month for residential customers; a \$0.82 charge per month for commercial customers; and a \$5.35 charge per month for industrial customers.

Specific information may be obtained from the Office of the Chief Clerk, North Carolina Utilities Commission, Raleigh, North Carolina, where a copy of DENC's application is available on the Commission's website at www.ncuc.net.

The Public Staff is authorized by statute to represent consumers in proceedings before the Commission. Written statements to the Public Staff should include any information that the writers wish to be considered by the Public Staff in its investigation of the matter. Such statements should be addressed to Christopher J. Ayers, Executive Director, Public Staff 4326 Mail Service Center, Raleigh, North Carolina 27699-4300.

The Attorney General is also authorized by statute to represent consumers in proceedings before the Commission. Statements to the Attorney General should be addressed to The Honorable Josh Stein, Attorney General, c/o Consumer Protection- Utilities, 9001 Mail Service Center, Raleigh, North Carolina, 27699-9001. Written statements may be emailed to utilityAGO@ncdoj.gov.

Written statements are not evidence unless persons appear at a public hearing and testify concerning the information contained in their written statements.

Any person desiring to intervene in the proceeding as a formal party of record should file a petition under North Carolina Utilities Commission Rules R1-5 and R1-19 on or before Monday, October 26, 2020. Such petitions should be filed with the Chief Clerk of the North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300. The direct testimony and exhibits of expert witnesses to be presented by intervenors should also be filed with the Commission on or before Monday, October 26, 2020.

ISSUED BY ORDER OF THE COMMISSION.

This the 14th day of September, 2020.

NORTH CAROLINA UTILITIES COMMISSION

Joann R. Snyder, Deputy Clerk

PCPS Back To In Person School 2020

Continued from page A5



Check Out Our Daily Specials...

Charlie's Restaurant

Home of Good 'ol Country Cookin'

Charlie's has the fastest and friendliest service in Pamlico County! We serve a wide variety of food. We have the finest fresh seafood in support of our commercial fisherman, and we cook all of our specials from scratch.
Nothing is from a bag or imported here!

14469 NC-55, Bayboro, NC 28515 | 252.745.4551
HOURS: Monday - Saturday 6 am-8 pm and Sunday 7 am-2 pm
Family Style - Good 'ol country cookin' ...



INNOVATIVE IDEA FOR RECESS

Two teacher assistants at PCPS put their thinking caps together and came up with a great plan for getting our students moving during recess since they can not use the playground equipment due to Covid-19. Becky King and Teresa Harris, along with the artistic ability of our Art Teacher, Kate Bennett came up with a design for a sensory path play space which will be painted under a covered area on a patio. Some activities that students will do are: hopscotch, leapfrog, twirling, jumping and balancing to name a few.

These teacher assistants, in the past, have been drawing the sketches out with chalk which only lasts a certain amount of time. With not knowing when our playgrounds can be used again, this will allow many students a chance to have fun and exercise. An anonymous donor has donated paint to help get the project started. We can't wait to see the finished product! Great job ladies!



PE, STEM and Art pushing into classrooms



Breakfast and lunches for when students are not in school



Breakfast in the classrooms while saying the Pledge of Allegiance



Scott PLUMBING & HEATING

We service and install all brands and models of Heating & Air Conditioning Units

Natural or Propane Gas, Oil, Electric, or Geothermal

- Free estimates on new installations and/or replacements.
- Residential and commercial applications
- Complete ductwork inspections, repairs, and now offering duct cleaning.
- Serving five counties for over 35 years



American Standard


HEATING & AIR CONDITIONING

(252) 745-5135


6690 Hwy. 55 East in Reelsboro
Emergency, Nights & Weekends 252-670-7688
www.scottph.com

Pamlico County GOP Candidates


Council of State, Federal, District and County Offices




Attorney General
Jim O'Neill




Auditor
Anthony Street




Agriculture Commissioner
Steve Trooler




Insurance Commissioner
Mike Causey




Labor Commissioner
Josh Dobson



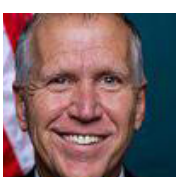
Secretary of State
E. C. Sykes




Supt. Public Instruction
Catherine Truitt



Treasurer
Dale R. Fowell



U.S. Senate
Dale R. Tillis




U.S. House of Representatives
Gregory Murphy

EARLY VOTING BEGINS THURSDAY, OCTOBER 15!

2020 General Election Early Voting Schedule


Thursday, October 15 - Friday, October 16	8:00 a.m. - 7:30 p.m.
Saturday, October 17	7:00 a.m. - 5:00 p.m.
Monday, October 19 - Friday, October 23	8:00 a.m. - 7:30 p.m.
Saturday, October 24	7:00 a.m. - 5:00 p.m.
Monday, October 26 - Friday, October 30	8:00 a.m. - 7:30 p.m.
Saturday, October 31	8:00 a.m. - 3:00 p.m.

ONE-STOP EARLY VOTING LOCATION - PAMLICO COUNTY BOARD OF ELECTIONS
202 MAIN STREET BAYBORO, NC 28515 PHONE: 252-745-4821




State Senate - District 2
Norman Sanderson

It is IMPERATIVE that Conservatives regain a super majority in both the NC House and the Senate so that anyone who tries to trounce on the state constitution and decimate the state's economy for political gain can be stopped in their tracks. In November, we must elect conservatives who care deeply about the legacy we will leave our children and grandchildren. I am asking you to please support my campaign so that I may return to Raleigh to be a voice that represents your wishes for how government should be run, "BY the people, and FOR the people..."



State House - District 6
Bobby Hang

I am honored and humbled by the support and encouragement I have received for continuing my service as their representative. I have proven to all of my constituents they can count on me. I work hard each day to exceed the expectations of many. I ran my first election on promises, and I am running for re-election on accomplishments. I have built strong relationships in the district and in Raleigh which will help me accomplish much more for Eastern North Carolina.



Register of Deeds
Lynn Lewis


I am seeking my 3rd term as your Pamlico County Register of Deeds. I have 18 years of experience in the Register of Deeds office. It is my personal pleasure to serve the citizens of Pamlico County! I love this county and I'm proud to call it home. The office of Register of Deeds is one that is vitally important. I have the knowledge and the experience to keep it operating correctly and efficiently! It is the only contested local race on the ballot. Thank you for your continued support.

DOGS WITH DAVE

Saturday, October 17
11am-1pm

Join us for grilled hot dogs, cookies, drinks and great political conversation!

SAVE THE DATE!
SUNDAY, OCTOBER 25



more information coming soon

Pamlico County GOP Headquarters (next to Ace Hardware)
Open Mon-Friday 9am-5pm Saturday 9am-2pm 252 745-9290

Visit us online at Pamlico.nc.GOP and Facebook

Paid for by Pamlico County Republican Party not by any candidate or candidate committee.

AgCarolina Farm Credit Employees Donate To Cause For Paws



Chosen by employees for the third quarter of 2020 was Cause for Paws of NC. With employee and Association contributions, the total donation amount is \$3,000.

"AgCarolina Farm Credit's employees are committed to taking an active role in distributing resources throughout eastern North Carolina," said AgCarolina CEO Dave Corum. "A Cause a Quarter is the product of an employee suggestion and has been a great way for our team to understand how we can all work together to make an impact. AgCarolina is proud to provide these funds to Cause for Paws of NC as they seek to provide care for animals in need of adoption. We are grateful for organizations like Cause for Paws of NC and wish them great success with their mission."

AgCarolina Farm Credit is a farmer owned financial cooperative with headquarters in Raleigh. They are the leading provider of credit to farmers in central and eastern North Carolina. AgCarolina Farm Credit has over \$1.5 billion in loans and commitments outstanding to nearly 3,000 North Carolina farmers. Loans are made to finance land, homes, farm buildings, operating expenses, livestock and equipment, as well as other purposes. Credit life insurance, appraisal services, and leasing are also available through AgCarolina Farm Credit.

Worth Saving Restoration

Antiques
Appliance
Bicycles
Furniture
Marine
Golf Carts
Mowers
Lite Auto
And More

If Its Worth Saving We Can Fix It

Free Estimates



General Repair

Chad Hoff 252-617-0349

You win some, lose some, and wreck some.

—Dale Earnhardt



Think Pink

survival stories each week

Breast Cancer Awareness Month

Catherine



Catherine was 31 years old when she discovered a breast lump on a self-exam which turned out to be Triple Negative Breast Cancer (TNBC) which means she tested negative for 3 things: the hormones estrogen and progesterone and a protein called HER2 and she required chemotherapy, surgery and radiation. She admits this was a low ebb in her life for her and her family. She started reading about how other people managed to live with their cancer and learned that our beliefs and attitudes can affect and influence how we cope with, manage, and recover from cancer. She decided to regain some element of control at this frightening time in her life by setting goals in a life plan and working toward achieving them. She practiced yoga and positive affirmations to nurture her mental health. She visualized watching her children grow up, being present at their weddings. She went back to college, obtained a degree and a promotion, and eight years later she had two children. She learned not to fear the future as we have absolutely no control over it, to open herself up to all possibilities, and to just let life happen... mytriplenegativelife.

Mary



There is one common thread of truth that runs through every cancer survivor's story. Cancer changes a person's life forever. I was 56 years old and teaching middle-school students in Raleigh when I was diagnosed with stage 3 breast cancer and I began my year-long recovery. After adjusting to the worrisome news, I took a few days off from school to have a mastectomy. After a short recovery period, I was back in the classroom, but there was a dark cloud looming ahead. I took sick leave every Friday for 3 months to receive chemotherapy infusions lasting 4 hours. I took my daughter or my best friend for support because I was scared. The confidence that I had gained in the classroom was gone. When I was at school, my co-workers covered my classes when I had bouts of extreme nausea and my students teased me about my awful wig. I laughed along with them so they would not worry. I received radiation therapy after school every day for an exhausting period of 6 weeks. Once the burns on my skin healed, I underwent two reconstructive surgeries. Eventually I was able to return to the classroom, but my immune system had been compromised and I caught every bug that the students brought to school. I had no more sick leave, so I had to work when I was ill. This former Teacher of the Year could not address the class without bursting into tears. Unable to face another school year, I took early retirement.

The effects of physical damage and mental anguish haunt me still today. Cancer changed me into someone I did not recognize. But the road to recovery was difficult in other ways as well. Living single on a teacher's salary presented a financial crisis in the wake of multiple surgeries and treatments. Although I had good health insurance, my portion of medical expenses depleted my life savings. To pay for expensive cancer treatments, I cashed out my 401K. I used loans and credit cards to pay my living expenses. When my financial resources were completely depleted, I could no longer make my house payments and I had to sell my home. A deep depression of hopelessness consumed me. These were trying times indeed, but with loving support of family and friends, I found the strength and courage to change my life once again and leave cancer behind me. Slowly, I gained my confidence back and I laughed again. I started over with a new career and new attitude, a more positive outlook. Yes, cancer changed me. I would never again be the person I was before cancer, but I was willing to explore the person that I could become. I now live and work in Pamlico County and enjoy the calming effects of watching ripples sparkle on the river at sunset. I am smiling again because I have been cancer free for 14 years.

Is 3D mammography right for you?

Mammograms take images of breast tissue to determine the presence of abnormalities, including lumps. Women may undergo traditional, 2D mammograms, but increasingly many healthcare facilities are now employing 3D technology because it can provide clearer pictures.

A 3D mammogram, also called digital tomosynthesis, takes several different X-rays of the breasts and combines those images to establish a three-dimensional picture. The Mayo Clinic says that a 3D mammogram is typically used to search for breast cancer in people who may have no outward signs or symptoms. It also may be used to help diagnose the cause of a breast mass or nipple discharge. Doctors may suggest 3D imaging to get a better look at any growths or help identify the source of any symptoms a person may be concerned about.

Two-dimensional mammograms are still the industry standard. The 3D versions are obtained in a similar fashion by pressing the breasts between two imaging plates. Rather than just taking images from the sides and top to bottom, the 3D version will take multiple angles to make a digital recreation of the breast. Medical News Today says this enables doctors to look at small, individual sections of the breast tissue that may be as thin as just a single millimeter.



A study published in the journal JAMA Oncology says cancer detection rates are higher in people who do 3D imaging over time. Three-dimensional mammograms can be useful for women with dense breast tissue or those at higher risk for breast cancer. Although experts at MD Anderson Cancer Center advise any woman who needs a mammogram to get the 3D version. However, 3D mammography may not be covered by all insurance plans.

It's important to note that a 3D mammogram releases the same amount of radiation as a traditional mammogram. It is of no greater risk to the patient, and it is approved by the Food and Drug Administration. Also of note, because 3D mammograms produce more images, it may take a radiologist a little longer to read one than it would a 2D mammogram.

Three-dimensional mammograms are an option for women screening for breast cancer.

YOU NEED IT. WE GOT IT.

A recap of last night's game. A listing of this weekend's open houses. A review of the latest sports events. A listing of area job openings. Whatever information you're seeking, you can find it in *The Pamlico News*.

Call 249-1555 today to start your subscription.

The Pamlico News
800 Broad Street • 249-1555
www.thepamliconews.com

FALL IS HERE!

- Pumpkins
- Mums
- Deer Corn
- Rye Grass
- Fall Flags, Spinners & Scarecrows

FORREST FARM SUPPLY

502 Main Street
Bayboro, NC 28515

(252) 745-3551

WAYFARERS COVE
MARINA & BEACH

Major Renovations Taking Place
Docks, Office, Bathhouse, Grounds, and Channel Dredging

Painting, Gelcoat, Rigging, Carpentry, Mechanical & Electrical
60 Ton Travelift Beams to 19' 2" • 140 Slips • Dry Storage to 55'
... Lounge with Cable TV & Fireplace... Heads & Shower... Wireless Internet

HOME OF
Dawson Creek Boatworks | Gatlin Marine Services
Vogt Yachts & Canvas

on the Neuse River
1107 Bennett Rd., Minnesott Beach, NC
252-249-0200
twm@wayfarerscove.com | www.wayfarerscovemarina.com

SEPTIC PUMPING COMING SOON

- Residential/Commercial Plumbing
- New and Repair
- Hydro Jetting
- Water Heaters/Tankless Heaters
- Sewer Blockage
- Sewer Camera Technology
- Septic Installation/Repair
- Rock/Dirt Hauling
- Subsurface Drainage
- Driveways
- Grading
- Land Clearing

-24/7 EMERGENCY SERVICE-

Office: 252-745-5811
Emergency: 252-497-5811
hardisonjoshuam@gmail.com

8434 NC Hwy 306 S.
Arapahoe, NC 28510

TRANE
COMFORT SPECIALIST
It's Hard To Stop A Trane.

Dixon HVAC
HEATING & AIR COND.

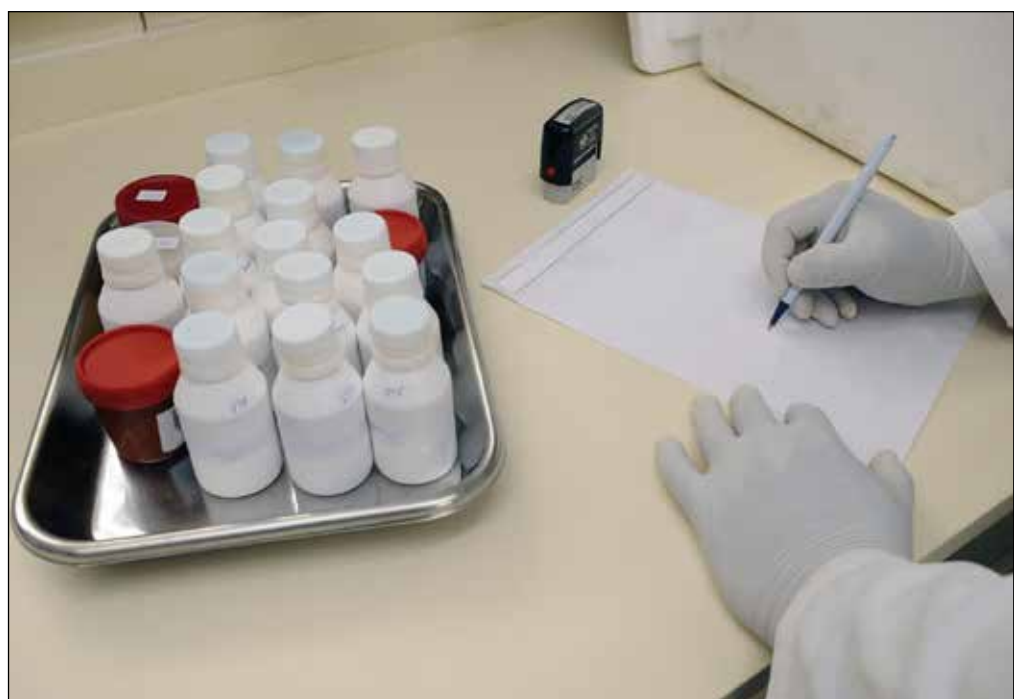
New Bern, NC

We provide **professional HVAC installation and repair service** for residential and commercial properties in Craven, Pamlico, and surrounding areas.

Our heating and cooling experts offer accurate and **free estimates** for your convenience. *Call us to schedule your estimate!*

(252) 745-4022 ▾ **(252) 633-2173**
dixonheatingandair.com

PCC offers short-term training courses that can lead to great jobs in health care!



Medication Aide
Oct. 17, 23 and 24
8 a.m. to 4:30 p.m.



Nurse Aide II
Starting Nov. 17
5 to 9 p.m.

And don't forget about PCC's other great Continuing Education courses:

- * **Notary Public, one-day class, Oct. 17**
- * **ServSafe, full training, Oct. 19-22**
- * **Forklift Training, one-day class, Oct. 24**

Coming soon!

Introduction to Computer-Aided Design and 3-D Printing

Hybrid class will meet Tuesdays and Thursdays. The instructor will be Joe Flynn. Classes start Nov. 3.

For more information on these and other great Continuing Education courses at PCC, please call 252-249-1851, ext. 3015, today!

Basic Skills: Learn more, earn more! Free classes!

Complete your GED® or learn English! Contact the Continuing Education office at 252-249-1851, ext. 3015!



America's second-ranked community college for 2019-20!

Health & Wellness

What to expect after cancer treatment ends

Once the initial shock of a breast cancer diagnosis wears off, many patients are ready to get down to business and begin treatment. Based on data collected by the SEER database, which is maintained by the National Cancer Institute, five-year survival rates for breast cancer in the United States are excellent. If the cancer is localized or regional (spread to nearby structures or lymph nodes), the survival rate is 99 percent and 86 percent, respectively. If the cancer has spread to distant parts of the body, the five-year survival rate is 27 percent. These survival rates underscore the importance of early detection and treatment.

Treatment may induce feelings of anxiety among patients. Equally scary can be what to expect after treatment ends. Here's a closer look at what comes next.

After surgery

If treatment involves surgery for a lumpectomy or mastectomy, patients will move to into the recovery room after surgery to wake up from anesthesia. BreastCancer.org says if you are feeling any pain, now is the time to speak up, as staff in the recovery room assess your pain and vital signs. Many surgeries are completed on an outpatient basis. However, more invasive surgeries that involve lymph node dissection require a hospital stay.

Doctors will set up a schedule of follow-up care to check surgical sites and monitor healing. Radiation or chemotherapy may be used in conjunction with surgery and may continue even after surgery.

After chemotherapy

Chemotherapy causes an "enormous assault" on the body, according to Marisa Weiss, MD, founder of Breastcancer.org. Many of the hurdles that people feel post-treatment are lasting fatigue. WebMD says a phenomenon called "chemo brain" can occur. This is a mental change characterized by an inability to focus and memory deficits.



In addition, after chemo ends, it may take up to six months for hair to start to grow back, and hair that grows back may be a different color and have a different texture.

After radiation

The American Cancer Society says side effects from radiation may vary depending on the patient. Extreme fatigue is often noted, and such feelings may come and go. Some people experience skin changes in the radiation treatment area. The skin may appear red, irritated, swollen, or blistered. Over time, the skin may become dry, itchy or flaky. Depending on certain types of radiation treatment, radioprotective drugs may be offered to help protect certain normal tissues.

Follow-up

Doctors will prescribe a regimen for follow-up care. Every few months women may expect a visit at first. The longer you have been cancer-free, the fewer follow-up visits will be required. Mammograms on any remaining breast tissue will be scheduled between six and 12 months after surgery, and annually thereafter.

Bone density tests and blood and imaging tests also may be recommended if you are taking certain medications or have physical indicators that the cancer might have come back.

Getting back on track after breast cancer treatment can take time. Eventually, life can return to normal, especially for patients with a good support team in place.

Want Purified Drinking Water? Invest in a KS Drinking Water Station

PURE WATER AT YOUR TAP AND FRIDGE
UNLIMITED SUPPLY • ELIMINATE BOTTLED WATER
CLEARER ICE CUBES • PENNIES A GALLON
10 YE AR WARRANTY

What Makes The Kinetic KS Drinking water Station Different?

- 1. Cartridge options.** Eight different options to meet your removal needs now and in the future. Includes the Purefecta® Virus/Bactera Guard for microbiologically pure water. The Mineral Plus+ cartridge improves the taste and health benefits of water by adding magnesium and calcium back into the treated water. Cartridges also available for arsenic, chloramines+, chlorine/sediment, sediment, perchlorate+ and VOC reduction. Final polish with carbon post filter.
- 2. QuickFio Technology.** Delivers a strong flow of water from the faucet. Allows system to produce more water in less time.
- 3. High Daily Production.** Can produce more than 50 gallons per day.
- 4. Quick Disconnect Sanitary Filter Cartridges.** Makes changing filters easy.
- 5. Patented, Exclusive EverClean® Rinse.** Consistent high water quality. Increases membrane life - lowers maintenance cost.
- 6. PureMometer® Filter Life Indicator.** Shows filter capacity.
- 7. Patented, Tamper-Proof MACguard® Filter.** No more wondering when to change cartridges. Assures high quality water and peace of mind.
- 8. Automatic System Shutdown.** Conserves water - doesn't run water continuous to drain.
- 9. Exclusive Designer Faucet.** Lead-free, stylish design available in a variety of finishes.
- 10. Non-Electric, Totally Automatic.** No electrical problems.
- 11. Efficient Operation.** Conserves water, lower operating costs.
- 12. Outstanding Warranty.** Dependability, peace of mind.



Kinetic®

water systems



1-800-268-8695

Call for your Quick Quote today!

KineticNC.com

Visit us online for details

Accepting Applications For North Carolina Cares For Arts Grants

Pamlico County Arts Council is now accepting applications for North Carolina CARES for Arts grants through October 22, 2020.

The North Carolina General Assembly designated \$9.4 million federal CARES Act funds for arts councils and arts organizations to mitigate business disruptions caused by COVID-19. The North Carolina Arts Council will distribute these funds on a per-capita basis to all North Carolina counties with a population of less than one million people. In many counties, local arts councils will receive the funds and then sub-grant a portion of the county allotment to eligible recipients.

All arts and cultural organizations, and/or individual artists) are eligible to apply to for a North Carolina CARES for Arts grant to offset business disruption and/or expenses incurred due to COVID-19 between March 1, 2020, and December 30, 2020. The following expenses can be considered: paid salaries and benefits (including contractors), on-going operating expenses, costs associated with canceling programs and creating virtual programs, and COVID-related safety and cleaning measures. Applicants must provide documentation as evidence for expenses. Documents such as receipts, bill/invoices, monthly financial statements, and payroll ledgers will be considered.

Revenue losses are not considered for mitigation in this grant program. North Carolina CARES for Arts funding cannot reimburse expenses already paid for by other federal relief funds such as PPP loans, direct grants from the NEA, and stimulus grants issued by the North Carolina Arts Council.

Applications must be received no later than October 22, 2020.

For applications, guidelines, questions or more information, contact Marguerite Chadwick-Juner, VP, PCAC at 252-249-2996 or email mjuner33@gmail.com.



PCMS Teacher of the Year and Pamlico County Beginning Teacher of the Year

It has been said that education can change the scope of a family, so imagine what a family dedicated to education can do. Marsha and Jeremy Norman have done just that. Both of these amazing people have dedicated their lives to education and now have been recognized for excellence in their chosen profession.

Earlier this year Mr. Jeremy Norman, seventh grade English and Social Studies teacher was selected by his coworkers at Pamlico County Middle School, as being deserving of the Teacher of the Year award. His coworkers say that he is a teacher that truly cares about his students and will go out of his way to ensure they have what they need to be successful in his class. Mr. Norman says that he became a teacher because "I wanted to do something meaningful and impactful. At the end of the day I wanted to feel like I made a difference in people's lives."

He has definitely done that as his previous students also have a lot to say about him. Diana Villa Segura, a current ninth grader says, "he has taught me to always be myself and gave me inspiration to try harder." LeeAnn Dunn, a current tenth grader, says, "Mr. Norman was one of the most caring teachers I have ever met. I wish I could be in his class again."

The love of his career inspired his wife to pursue the profession as well. Now, in her second year of teaching sixth grade at Pamlico County Middle School, Mrs. Marsha Norman has received the 2020 North Carolina Center for the Advancement of Teaching Beginning Teacher Award. Her principal Dr. Jeremy Johnson said in his nomination, "The most important thing that she did was to build relationships and rapport with students and parents alike. I heard from several parents who praised Mrs. Norman for going above and beyond to help children. We are so pleased to have Mrs. Norman back with us again this year and look forward to working with her in the years to come at Pamlico County Middle School."

We are incredibly fortunate to have such a caring and dedicated family working together at Pamlico County Middle School. It is our pleasure to celebrate them as PCMS Teacher of the Year and Pamlico County Beginning Teacher of the Year. We wish Mrs. Norman luck as she moves forward through the regional selection process.



-PAID ADVERTISEMENT-

SOCIAL SECURITY WHAT WILL YOUR VOTE GET YOU? A question to think about, brought to you by the Pamlico Progressives.		
Social security protected Annual COLA raises Income cap raised Seniors can depend on Social Security for income 2021 Social Security SS History Seniors & Social Security	OR	Social security income sources cut Sporadic raises Wealthy don't contribute their fair share Social security fund bankrupt by 2024 Social Security Income Cap Payroll Taxes

Edward Weston - Leaves of Grass - 1941

Innovators like Paul Strand and Edward Weston would further expand the artistic capabilities and techniques of photography, helping to establish it as an independent art form.

THANK YOU!

The Pamlico County Arts Council wishes to thank all the wonderful musicians that made Pirate Jam 1.9 another spirit lifting success for Pamlico County residents:

Brant Island Strings • Eric & Kusuru
Jim Kohler Band • Southern Hellcats

This event could not have happened without our incredible Sponsors:

The Deaton Family & Deaton Yacht Service
Delamar & Delamar • Mariner Realty • The Silos

Brantley's Village Restaurant • Bow to Stern • Harbourside Garden Co.
Marsha's Cottage • Nautical Wheelers • ONC Tees • The Bean

Additional Sponsors: Inn at Oriental • Powercraft Marine

Thank You So Much!!!

HEALTH & SAFETY EXPO

Neuse Neighbors Network Presents

"AGING IN PLACE"

A Virtual Seminar

From the convenience of your armchair, learn more about Neuse Neighbors Network expanding services, from private transportation to appointments, buddy calls, and tech support, to our new 'Scholarship Program' launching in 2021. Our mission is to help seniors "age in place." Find out how we can help you, a friend, or family member live comfortably at home for as long as possible.

THURSDAY OCT. 22, 1:30 - 2:30

Neuse Neighbors Network's presentation is part of the free 2020 VIRTUAL HEALTH & SAFETY EXPO sponsored by

Be sure to check out these additional seminars!

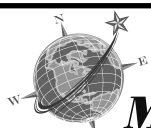
THURSDAY Oct. 15 1:30 - 2:30
EATING TO BOOST YOUR IMMUNE SYSTEM
Presented by Terry Halpern

THURSDAY Oct. 29 1:30 - 2:30
MATTERS OF SAFETY 'TRIVIA' SESSION
Presented by Mary Boudreaull, RN

To learn more about Neuse Neighbors Network, a 501(c)3 organization, visit www.neuseneighbors.org, or call 252-665-8807.

For information on how to attend Neuse Neighbors Network's virtual seminar and all other Prime Time Virtual Health & Safety Expo presentations, visit primetimepamlico.org
Email director@primetimepamlico.org or call 252-675-0909

CLASSIFIEDS



World Wide Marine Training, LLC

U.S.C.G. Approved Training & Testing

Captains Licenses ★ Master 100 Tons ★ Master 200 Tons ★ AB ★ STCW 5-day Basic Training ★ Radar Endorsements ★ Auxiliary Sail and Assistance Towing Endorsements

Call 252-249-2135

worldwidemarinettraining.com

22532 NC Hwy 55 East, Oriental, NC 28571

Pamlico Tree Care, LLC

Servicing New Bern & Surrounding Counties

Owner: Jonathan Mitchell



New Omme 90' Tracklift
Access through a 4' wide gate
Complete Tree Removal
Stump Grinding

Brush & Branch Chipping
Cabling & Crown Reduction
Tree Pruning & Shaping

Fully Insured with Liability and Workmen's Comp

252-745-7232/252-671-7563

Pamlicotreecare@aol.com

www.pamlicotreecare.com

YOUR CLEAN TEAM

You keep a busy schedule; you deserve to come home to a clean, neat house. Count on us to provide reliable, trustworthy and thorough cleaning service, personalized to suit your needs and your budget.

Experienced cleaners to meet all your needs.

Specializing in Residential Cleaning and Boat Interior Detailing

(No job too big or too small)

Schedule your house cleaned for the HOLIDAYS!

Weekly • Biweekly • Monthly Services

{Gift Certificates Available}

K&D Cleaning

Call or email for a free estimate!
Katherine Blount: 252-617-0534
Derek Bennett: 252-514-8192
Wecleanthat2@gmail.com

WINFREY BUILDERS

252-670-2915

T.O.P.P. Care For Pets

The Oriental Pet Parlour

- Full Service Grooming
- Licensed Boarding
- Day Care
- For Dogs, Cats, Birds & Other Pets

252-249-0243

315 White Farm Road Oriental, NC 28571

Hours: M - F 8:30 - 5 • Sat. 9 - 3

Check out our website at

www.TheOrientalPetParlour.com

Wife Swap

Sarah was reading a newspaper, while her husband was engrossed in a magazine. Suddenly, she burst out laughing. "Listen to this," she said. "There's a classified ad here where a guy is offering to swap his wife for a season ticket to the stadium." "Hmmm," her husband said, not looking up from his magazine. Teasing him, Sarah said, "Would you swap me for a season ticket?" "Absolutely not," he said. "How sweet," Sarah said. "Tell me why not." "Season's more than half over," he said.

MOBILE HOMES FOR RENT

2 & 3 BR on private lot, Grantsboro area. Garbage included. Credit and references checked. For more info, call 252-670-0138.

WE PAY CASH!!

WE BUY Campers, RVs Cars & Trucks, Boats, and most anything of value!
CALL: (252)745-9328
OR TEXT/CALL: (252)638-1986

FOR SALE



Merritt - Beautifully updated 3/ bedroom 2 bath brick ranch home. Features luxury plank flooring, ceramic tile, wainscoting and new paint. Wonderful screen porch for outdoor entertaining, concrete drive, private dock and concrete boat ramp!
\$149,500



Sail/Loft Realty
Smarter • Bolder • Faster
249-1787 • (800) 327-4189
www.SailLoftRealty.com

Home Instead SENIOR CARE

To us, it's personal.

CAREgiversSM, In-Home Aides, Certified Nursing Assistants needed in Pamlico County. Contact Amanda at Home Instead Senior Care® (252) 633-3283 or go to: www.homeinstead.com /759/home-care-jobs

LEGALS

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF CLIFTON W. SAWYER
File No.: 20 E 146

All persons, firms and corporations having claims against CLIFTON W. SAWYER deceased, are notified to exhibit them to MATTHEW R. SAWYER, Administrator of the Estate, on or before December 22, 2020 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 23rd day of September, 2020.

Estate of Clifton W. Sawyer
c/o Matthew Sawyer
P O Box 141
Oriental, NC 28571

Publish September 23, 30, October 7 and 14, 2020

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF CHARLES R. MASON
File No.: 15 E 94

All persons, firms and corporations having claims against CHARLES ROSCOE MASON deceased, are notified to exhibit them to MARILYN B. MASON, Administrator of the Estate, on or before January 12, 2021 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 14th day of October, 2020.

Estate of Charles Roscoe Mason
c/o Marilyn B. Mason
P O Box 66
Arapahoe, NC 28510

Publish October 14, 21, 28 and November 4.

NORTH CAROLINA IN THE

GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF TONY LEE DAVIS

Having qualified as Executor of the Estate of TONY LEE DAVIS, late of Oriental, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at Post Office Box 218, Bayboro, NC 28515, on or before the 18th day of January 2021, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 14th day of October 2020

Bernard B. Hollowell, Jr.
Hollowell & Hollowell
P.O. Box 218
Bayboro, NC 28515

Publish: October 14, 21, 28 and

November 4, 2020

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF WILLIAM NEALE PEDERSEN
File No.: 20 E 156

All persons, firms and corporations having claims against WILLIAM NEALE PEDERSEN deceased, are notified to exhibit them to LYNNE B. PEDERSEN, Executor of the Estate, on or before January 12, 2021 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 14th day of October, 2020.

Estate of William Neale Pedersen
c/o Lynne B. Pedersen
7017 Fairwinds Drive
Oriental, NC 28571

Publish October 14, 21, 28 and November 4.

PROPERTY TRANSFERS

Sept. 29, 16.98 AC; PCB 3-19 & PCA 146-14 from Mallard Creek Farms, LLC, Pan Creek, LLC to Mallard Creek Farm, LLC, Mallard Creek Farms, LLC, \$0

Sept. 29, 16.97 AC; PCB 3-19 from Mallard Creek Farms, LLC, Pan Creek, LLC to Pan Creek, LLC, \$0

Sept. 29, Four Tracts from Christa N. Baker to Tommy Lee Baker, \$0

Sept. 29, 0.46 AC; metes and bounds, Address: 1403 NC Hwy 306 North, Grantsboro from D. Keith Tyndall, Betty A. Tyndall to T-N-T Rentals of Pamlico County, LLC, \$0

Sept. 29, Two Tracts from Mark G. White to William Tipton, \$500

Sept. 29, 5.17 AC; S/E Gibbton Rd. (SR 1335); metes and bounds from Paul R. Yurko, Jr., Margie E. Crow, Phillip Crow to Jamey N. Norman, Maria Norman, \$44

Sept. 29, 6.159 AC and 6.520 AC; PCA 4-1, PIN: H031-56; Personal Representative's Deed; 20E147 from Karen Newland, Klem/P/R, Grant Leslie Morris, Jr./Est to Puget Sound Guardians/TR, Testamentary Special Needs Trust for Suzumi Ozawa Morris, Suzumi Ozawa Morris, Grant Leslie Morris, Jr./Will, \$0

Sept. 29, Hwy 306; Silverhill; see map DB 427/743; metes and bounds from Jonathon R. Brinson, Sheila B. Brinson to David Broughton, \$185

Sept. 30, Sun Townhouses at Buccaneer Bay Lot: 3, Unit: 3; PCA 6-10 from Gordon A. Towle to Christian Petersen, \$284

Sept. 30, Arlington Place Mill Creek Lot: 101, Phase I; PCA 172/2-13 from Burton Farm Development Company, LLC, Boddie-Noell Enterprises, Inc. to Joseph Price, Cheyenne Price, \$70

Sept. 30, Up the Creek Lot: 4, PCA 51-4 from Harold K. Holde, Sandra L. Holde to Matthew Thomas Tipton, Rachel Law Tipton, \$750

Sept. 30, Mill Creek Lot: 267, Phase II; Minnesott Beach; PCA 164/2-7, 20E120 from Michael Boddie/Exr, William L. Boddie/Exr, B. Mayo Boddie, Jr./Exr, B. Mayo Boddie, Sr./Exr, Michael Boddie/TR, Bill Boddie/TR, William L. Boddie/TR, B. Mayo Boddie, Jr./TR, B. Mayo Boddie Revocable Trust, Mayo Boddie Revocable Trust, B. Mayo Boddie, Mayo Boddie to Raymond E. Moore, Kathleen E. Moore, \$638

Oct. 1, 2.26 AC; Head of Smith Creek, N/S S.F. McCotter Field Road, PIN: I03-51-1 from Feather & Fur Sporting Clays, LLC to William T. Bland, \$0

Oct. 1, Three Tracts PIN: J041-74, I03-51-1, I03-49-1 from William T. Bland to Thomas Pryor Wright, Julia Anne Wright, \$937

Oct. 1, Gatlin Lot: 3, map attached DB 229/793 from Carrie Ellen Hopkins to Eric R. Hopkins, Michaela T. Hopkins, \$120

Oct. 1, 1.65 AC; W/S Springs Creek Road; map book 1A/110A; Eastern Portion Lot: 4; DB 102/612 & DB 170/385 from Mildred Squires to Brandon Lamar Squires, \$0

Oct. 1, 0.91 AC; Hill Road, NCSR 1109; map attached DB 214/101 Life Tenant from Christopher M. Lee, Christopher Lee to Robin Dayle Lee, Albert J. Krelie, III, Electra R. Krelie, \$35

Oct. 1, 18 AC; WS Neck Road; metes and bounds from Joann M. Moore to William Ray Moore, \$0

Oct. 1, Oriental Harbor Place Condominiums Unit: B-11, Condo Cabinet 1 9/4-10 from Robert C. Arrington, Dorianne A. Arrington to Sue Ann Brugett, \$746

Oct. 1, River Run Lot: 23, Phase II; Section I; PCA 158-2-3 from NC Country Land, LLC to Gospel of Peace International, Inc., \$94

Oct. 1, Buccaneer Bay Section Three Lot: 56, PCA 16-2 from 14E65 from Catherine Pratt to Michelle M. Fodrey, \$1

INCIDENTS

Oct. 2, Wall St., Oriental, assault with deadly weapon inflicting serious injury

Oct. 3, Wichita Village Lane, Bayboro, injury to personal property

Oct. 3, Roberts Rd., Grantsboro, no operators license

Oct. 3, Hornigold Ave., Oriental, overdose

Oct. 4, NC Hwy 55, New Bern, undisciplined juvenile, runaway juvenile, injury to real property

Oct. 4, Carolina Way, Arapahoe, resist/delay/obstruct public officer, assault on government official or employee, second degree trespass

Oct. 5, NC Hwy 304, Bayboro, injury to real property

Oct. 5, Main St., Bayboro, order for arrest for failure to appear

Oct. 5, Main St., Bayboro, order for arrest for failure to appear

Oct. 5, Alligator Loop Rd., Merritt, larceny of firearm

Oct. 5, Main St., Bayboro, order for arrest/failure to appear

Oct. 6, NC Hwy 55, Bayboro, unauthorized use of MV/car w/o consent of owner

Oct. 6, Mill Quarter Rd., Grantsboro, order for arrest for driving while impaired, order for arrest for driving while license revoked not impaired rev.

Oct. 6, NC Hwy 55, Oriental, larceny (felony)

Oct. 6, Rebecca Rd., Grantsboro, family offenses/nonviolent

Oct. 7, Rich Ave., Bayboro, missing person

INSPECTIONS

Sept. 28, Shep Carroll, Arapahoe, electrical, \$280

Sept. 29, Susan Remboski, Minnesott Beach, generator, \$40; Matthew Norris, Grantsboro, demo, \$0; Wyatt Taylor, New Bern, electrical, \$40; Clifton Lee, Alliance, SW, \$150; Pauline Johnson, Merritt, reconnection, \$40

Sept. 30, Denard Potter, New Bern, reactivate, \$40; Jeff Washburn, Oriental, electrical, \$40

Oct. 1, Patricia Price, Grantsboro, renovate, \$288; William Holton, New Bern, building, \$1,203; Robert Locarro, Merritt, NR, \$916.42

Oct. 2, Pamlico Community College, Grantsboro, \$11,168.20; Richard & Sadie Riddick, Merritt, NR, \$1,229.50; Allen Raper, Oriental, electrical, \$75; Jeff & Martine Watkin, Arapahoe, NR, \$1,115.82; William Tarpley, Grantsboro, Storage Building, \$197.12, Mark & Holly Earl, \$1,518.28

Oct. 6, Melissa Faircloth, Hobucken, electrical, \$40; Kenneth & Cynthia Howard, Minnesott Beach, NR, \$892.76

Oct. 7, Miles Shorey, Oriental, T. Pole, \$50; Richard Rosenberg, Bayboro, carport, \$90.40; David Wright, Oriental, generator, \$40

Oct. 8, Forrest Farm Supply, Bayboro, T. Pole, \$50; Heather & Brian Potter, Arapahoe, NR, \$1,274.34

Oct. 9, Rayshawn Sawyer, Bayboro, T. Pole, \$50; Don McGuire, Oriental, elevator, \$40; Oriental United Methodist Church, Oriental, elevator, \$40; Melissa Faircloth, Hobucken, elevator, \$40; John Flowe, Arapahoe, deck, 487.04

Town Clerk needed for Town of Minnesott Beach

Part-time, 2 days per week from 9:00am-2:30pm and attend two monthly evening meetings. The ability to provide a variety of services in support of the town's administration. Maintain financial accounts. Computer skills required and a familiarity with QuickBooks a plus. Some knowledge of accounting or bookkeeping skills a plus. Must be able to work with the public and use a high degree of discretion, initiative, be self-motivated and able to use independent judgment. Send resume to Town of Minnesott Beach, 11758 Highway 306 South, Minnesott Beach, NC 28510. (252-249-1755).

The Town of Minnesott Beach is an Equal Opportunity Employer.

PUBLIC NOTICE

Beginning approximately the week of November 16, 2020, or soon thereafter, Pamlico County surplus/fully depreciated property will be available for purchase at GovDeals.com.

https://www.govdeals.com/

After the first listing of properties, other properties will be subsequently and periodically available on that site. All details/instructions, etc. regarding bidding/purchasing will be available at that site. Pamlico County citizens interested in possible purchases are encouraged to periodically view this site.

CarolinaEast Medical Center To Host Sixth Annual Community National Day of Remembrance

Ceremony Is Open To The Public And Will Be Offered Virtually And Drive-In

30th Anniversary new bern historical society
Ghostwalk

Both **LIVE!** & *Virtual!*

Historic Characters Return for All Outdoor Experience at Cedar Grove Cemetery!

Oct. 22-24, 2020 • 5:30-9:30pm
Choose your day and time. Choose Live or Virtual!

GhostwalkNewBern.com
252-638-8558

tales from the underground

Title Co-Sponsors: **CHESNUTT & CLEMMONS** **COITEN**



Nautical Wheelers
411 Broad Street, Oriental
202A Craven Street, New Bern
NauticalWheelersNC.com
Shop Online Anytime or In Store 7 Days a week!

ILSE JACOBSEN
HORNBAEK

Walk it out in these sporty slip-ons designed for ladies. The Tulip flats from Ilse Jacobsen features an ultra-flexible sole for free range of movement, and a perforated upper that promotes breathability while also looking stylish. Perfect for fall!

Shoes & Clothing for Men & Woman • Wine • Jewelry & more

PLEASE REPORT ANIMAL ABUSE

The Humane Society may offer a reward for reporting **PUPPY MILLS** and **ANIMAL FIGHTING** if the report leads to a conviction.

PAWS asks that you contact Berkley Hill at **252-745-3203** to submit a report.

NEW BERN, NC – On October 15, 2020 at 6:30 p.m. in the front parking lot of CarolinaEast Medical Center in New Bern, the CarolinaEast Medical Center Perinatal Loss and Bereavement Committee will host the Sixth Annual Community National Day of Remembrance, an event to memorialize and remember infants lost. The public is invited to attend to comfort grieving families and friends and light a faux candle in remembrance and support.

October is designated nationally as Pregnancy and Infant Loss Awareness Month to promote awareness and provide information regarding resources within our community to aid and support families that have experienced the loss of a child. October 15th has been set aside as the National Day of Remembrance at which time families come together to promote healing and comfort during a time of pain and heartache and to look towards the future with hope.

Shawna Knight, RN, BSN, Clinical Manager of the Women's and Children's Pavilion at CarolinaEast Medical Center and Coordinator of the Perinatal Loss and Bereavement Program said, "This special event is near and dear to my heart and each year has been as memorable as the last. While this year's will look a bit different in light of the pandemic, we couldn't go without bringing our families together for support and remembrance of their little ones. Too many parents grieve in silence when suffering the loss of a pregnancy or infant."

For those unable or uncomfortable attending in person, the ceremony will be live streamed on CarolinaEast's Facebook page at www.facebook.com/CarolinaEastHealth. Registration is required to ensure families receive the ceremony kit with special items. Please park in the designated lot in front of the main hospital. To register or for more information, contact the CarolinaEast Perinatal Loss and Bereavement Committee at 252-633-8838.



CARINNA SMITH

Pamlico County Candidate
2020



REGISTER OF DEEDS

Support a true Democrat

- Honesty
- Fairness
- Compassion
- Marriage equality
- Equal treatment under the law

Paid for by the Committee to elect Carinna Smith

Heavenly Butterflies Angel Gowns

Jackie Davis and Norma SanClemente are two women who live in different towns and yet they have become friends and partners in an interesting venture, to transform discarded bridal gowns into angel gowns, bereavement garments for stillbirths and deceased infants.



The name Heavenly Butterflies signifies a transformation from an old life to a new life just as a caterpillar transforms into a butterfly. Butterflies remind us that even though we are apart from our loved ones, their spirit is always with us, forever in our hearts.



About four years ago, Jackie encountered a group of women who made bereavement gowns for stillbirths and infants who die shortly after birth. The gowns were made from bridal gowns and then given to hospitals. Jackie decided to try it with her own bridal gown, and she has continued making them ever since. She makes about 125 gowns in one year. Jackie met Norma through family members about two years ago. Norma had just lost her husband and she was searching for something worthwhile to fill her days. Norma admired Jackie's work and decided to join her in creating angel gowns to help honor those tiny souls who have departed and to bring a sense of calmness and beauty to grieving parents.

All angel gowns are different in design, but they all are made from materials taken from bridal gowns. Sometimes Jackie and Norma go shopping for price deals on ribbon, beads, lace, and other materials but they do not mind the expenditure. It is a labor of love. On occasion, they will use material from bridesmaids' gowns as an underlay for a lacy gown or as little boy's vest. When the creative juices flow, these ladies forge ahead until they expend all energy. They may take long breaks but eventually the mood strikes again, and they are off to the sewing machine.

Where does Heavenly Butterflies get the bridal gowns? Most gowns come from individuals donating to a great cause, but sometimes Jackie or Norma will happen onto an opportunity they cannot pass up, like finding a gown in a thrift store or a flea market. Deals are made and discounts are given once the owner learns how they will be used. Flaws in the fabric are cut out and then the gown is deconstructed. Several angel gowns can be made from one bride's castaway. Sizes of the angel gowns range from tiny to 8 pounds. Very often, it is the hospital healthcare worker who chooses the gown for the infant, but the parents are always grateful for the kind consideration.

Jackie and Norma have provided gowns to local hospitals and facilities as far away as Greensboro. If you would like to donate to their cause or arrange to have a bridal gown picked up, here is their contact information: Jackie Davis, 202 Bluff Court, New Bern, NC 28562, (252)876-3035 and Norma SanClemente, 9610 River Road, Grifton, NC 28530, (252)525-0647. You can also drop off a discarded bridal gown at The Pamlico News office in Oriental where it will be picked up by Jackie or Norma and transformed into beautiful garments for angels.



VOTE LIKE YOUR LIFE DEPENDS ON IT

VOTE FOR DEMOCRATS WHO WILL:

Expand Medicare to provide over 500,000 working North Carolinians with health insurance, which will also save our rural hospitals

Lower prescription drug prices and protect North Carolinians with pre-existing conditions

Support increasing the minimum wage to provide a living wage to workers

Enact trade policies that benefit America's family farmers

Make historic investments in rural America and working families

Offer trade policies that benefit America's family farmers

Close the rural digital divide and invest in broadband infrastructure

MAKE YOUR PLAN TO VOTE!

Early Vote October 15th-31st or at Your Polling Place on Nov 3rd
Go to iwillvote.com/nc to find out where to vote in your county

Paid for by the North Carolina Democratic Party (www.ncdp.org). This communication is not authorized by any candidate or candidate's committee.