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Pamlico Community Health Center of GCHC

Medical | Dental | Mental Health | Virtual Visits

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number HBCS10607 Health Center Program, in the amount of \$8,654,913, or 48% of total program costs, with \$8,956,453 or 50% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov. GCHC is licensed by the state of North Carolina, led by an independent Board of Directors, and is an FQHC Program grantee under 42 U.S.C. 254. GCHC receives HHS funding and has Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

Vol. 53 No.36, 12 Pages

The Pamlico News

Wednesday, September 8, 2021

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Pamlico County Schools Board Discuss COVID-19 Protocols

This afternoon, the Pamlico County Schools Board of Education met to discuss COVID-19 protocols. The board recognizes that this is a highly debated topic throughout our community and state. The board considered the most recent NC Strong Schools toolkit and the quarantine rules if someone was or was not wearing a mask. The likelihood of keeping a larger number of students and staff in school during the pandemic is much higher if all are properly masked. That being said, after lengthy discussion, the board voted 7 to 0 to require masks to be worn indoors by all students, staff and anyone who enters the building. This requirement will go into effect tomorrow, September 1, 2021. All students will be required to wear a mask indoors beginning tomorrow.

Exception: Athletes may remove their masks while actively participating in their sport. Athletes participating in indoor sports must wear their mask while on the bench.

Community Center Celebrates Centennial



Mr. Vernon Cooper, an alumni of the school, now volunteers his time and talent to its restoration



Volunteers and members of the Board of HCCC honor Mrs. Badger

When you have a 100th birthday, it's time for a celebration. Last Saturday, alumni, friends, volunteers and community leaders gathered to do just that at the Holt's Chapel Community Center Centennial Celebration. Located just outside of Oriental at 136 Janiero Road, the Holt's Chapel Community Center (HCCC) was one of four Rosenwald schools built in Pamlico County and currently the only one in operational use. HCCC was built in 1921 as part of the Rosenwald Initiative. Conceived in the 1910's by black educator Booker T. Washington and his Tuskegee Institute staff, the Rosenwald program was an effort to improve black rural education in the south through a public-private partnership. It was named after Julius Rosenwald, then the president of Sears, Roebuck and Company, who

Continued on Page A6

High Morale at Pamlico Community College Soars to Remarkable 95%

This is key reason PCC is number 1 nationally in student success and 2 in overall rankings



Pamlico Community College President Dr. Jim Ross, center, and PCC Environmental Programs Instructor Zac Schnell, right, present Annemarie Brown with the Academic Excellence Award during the college's 2021 Commencement ceremony, which took place outdoors. Contributed photo

Pamlico Community College employee high morale has skyrocketed the past five years, with a remarkable 95 percent of faculty and staff now expressing high morale. PCC high morale has increased nearly 9 percent this past year alone after increasing more than 50 percent in recent years. The 95 percent employee high morale rating is extremely unusual in higher education – or within almost any enterprise, for that matter. In contrast, national surveys show employee morale is declining with only 30 percent nationwide expressing high morale in their work.

PCC President Dr. Jim Ross, who has led the effort to increase morale at the college, strongly believes treating people well and the high employee morale it brings must be a top priority and is essential to serving students and the community with excellence. "When employees have high morale, this brings increased quality of work," he said. "Our dedicated and caring employees are to be commended for embracing such a positive and uplifting team spirit in embracing our shared vision of pursuing ambitious and noble goals of service to others," Ross said. "I believe the extremely high morale that has been achieved is a key reason why PCC has significantly improved and become a national leader in student success and in overall rankings of the college."

WalletHub this year ranked PCC number 1 among all community colleges in America in student educational outcomes. This national analysis used U.S. Department of Education data by scoring each college in first-year retention rate; graduation rate; transfer-out rate; degree and certificates awarded per 100 full-time-equivalent students; student-faculty ratio; share of full-time faculty; and other factors. PCC was ranked number 1 in the nation in student success.

SmartAsset, using U.S. Department of Education data, ranked community colleges nationwide and this year honored Pamlico Community College

with the prestigious ranking as the No. 2 best community college in America. The highest score earned was 100, with PCC earning a score of 99.97. PCC graduation/transfer rate, an extremely important indicator of student success, has increased by a seldom-seen amount of 20 percent over the past three years. The PCC graduation/transfer rate is now 76 percent, nearly double the national average.

For each of these achievements, Ross emphasizes they reflect the "amazing PCC faculty and staff" and are made possible because of the employees' increased high morale. The 2020-21 PCC Faculty & Staff Satisfaction Survey conducted this year found for the morale question that the highest percentage ever say they are treated as "valued members" of the college team. Nearly 100 full- and part-time employees participated in this year's survey.

"We strive to inspire our treasured employees to change lives, feel sincerely appreciated, and have fun every day," Ross said. "It is wonderful that our amazing employees are enjoying their work even more each year, as evidenced by these surveys the past five years," Ross said. "Seeing such a large increase in high morale this past year-despite the coronavirus-is astonishing."

PCC Vice President for Financial Services Sherry Raby stated that "the dramatic increase in morale that PCC has experienced in the past few years is a direct result of the culture of inclusion, collaboration, and open communication" that has been nurtured under President Ross' leadership. Through his example, she said, "employees' productive, positive, and professional actions are acknowledged and openly recognized. The value that each employee brings as a member of the PCC team is frequently reaffirmed and celebrated. The PCC environment has been transformed into one that is energetic, progressive, and impactful," she said.



Pirate Jam off Teach's Point in Oriental on Sept. 4

The Pamlico County Arts Council and friends produced more summer fun on the water with another Pirate Jam for residents and visitors of Oriental on September 4th. The "on-water music celebration" took place at Teach's Point (Dewey Point) on a sunny Saturday afternoon with local bands lined up for musical entertainment from 1pm to 6pm. The public was invited free of charge thanks to Arts Council benefactor and corporate members Mariner Realty, ArtWorks Oriental, Harbourside Garden Co., Oriental Village Veterinary Hospital, and Village Gallery as well as participating sponsors of the Burgee Bucks: Piggly Wiggly, Farm Bureau, Delamar & Delamar, The Bean, Nautical Wheelers, The Silos, Tideland Electric, Squidders Supply, and Diversified Auto. Access was by boat only and vessels of all kinds and sizes were anchored in Greens Creek, Smith Creek and below the Oriental Bridge to hear music from the Maxtones, Southern Hellcats, Hand Cramps, and Borderline.

Pamlico County, North Carolina Farm Sold for \$25.7 Million



4,528 acres of Pamlico County, NC farmland acquired by Promised Land Opportunity Zone Farms I, LLC. Source: Murray Wise Associates LLC/PRnewswire

Murray Wise Associates LLC, Kander LLC, and National Land Realty acted as broker and transactional advisors in connection with the sale of a 4,528 acre farm located in Pamlico County, North Carolina to Promised Land Opportunity Zone Farms I, LLC for \$25.7 million after an extensive national sale marketing process. The property is widely recognized as a high quality farm known for producing chipping potatoes in a desirable seasonal window. The farm will be managed by Farmland Partners Inc.

According to Eric Sarff, President of Murray Wise Associates, "MWA, Kander and NLR each has tremendous experience representing buyers and sellers of agricultural property, but also have a strong track record of collaborating on large projects like the sale of this farm. The team on this assignment leveraged our firms' unique capabilities as well as deep relationships with both the buyer and seller and produced an outstanding transaction result."

"It is unique to find such a high quality specialty produce farm of this size anywhere in the USA today," said Ken Nofziger of Kander. "Demand and values for farmland across different varieties and geographies have been increasing throughout the last couple of years and this sale just reinforces the strength of the current market."

Ben Crosby of National Land Realty Florida added, "Collectively, we are very pleased to assist two long-time clients complete a transaction on this excellent asset. Our team takes pride in delivering these opportunities, even in tight markets. We look forward to doing more business together with all parties in the future."

Source: Murray Wise Associates LLC



Coach Nick Lewis and LGA representative Carol Krom

LGA Donates to Golf Team

On September 3, 2021, the Minnesott Golf & Country Club Ladies' Golf Association presented a \$522.00 check to Nicholas Lewis, the Pamlico High School Golf Team Coach, to be used to benefit the Girls High School Golf Team. The money was the total of the tips given to the LGA Beverage Cart drivers during the Minnesott Golf & Country Club's annual two-day Midsummer Classic Men's Golf Tournament."

PROBABLE WEEKEND WEATHER

Saturday, September 11th **85°Hi** Overcast throughout the day

Sunday, September 12th **87°Hi** Humid throughout the day



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COMMUNITY

OBITUARIES



Guy Swain Jones, 89, of Florence passed away Sunday, September 5, 2021, at home. He is a member of Concord Christian Church. He was also a member of the Woodmen of the World and Bayboro Masonic Lodge #331. He retired from the U.S. Coast Guard

then worked as a small engine repairman from his home. He was preceded in death by his parents, Clarence and Zeta Jones; one son, Michael Thomas Jones; two daughters, Teresa Ellen Jones and Barbara Anne Jones; brothers, Floyd Jones, Vernon Jones and Benny Jones; and sister, Ella Mae Lupton.

He is survived by his wife of 68 years, Gentry Sanders Jones; son, Doug Jones (Kathy); brothers, Raymond Jones (Mattie), and Len Taylor Jones (Rosa); sisters-in-law, Margarita Jones, and Annette Jones; grandsons, Doug Jones Jr. (Sarah) and Brandon Jones; and two great grandsons, Dawson Vaughn Jones & Carter Swain Jones.

His graveside service with Masonic Rites by Bayboro Lodge #331 and military honors will be held 11:00 a.m., Friday, September 10, 2021 with Dr. Robert Cayton officiating at Concord Memorial Gardens.

The family will receive friends immediately following the graveside at the Concord Christian Church Fellowship Hall and at other times at the home.

Arrangements by Bryant Funeral Home & Cremations, Alliance.

Billy Ernest Lee Jr. "Buddy", 45, of Reelsboro passed away suddenly Saturday, September 4, 2021, at home.

He was preceded in death by his parents, Billie E. Lee, Sr. and Judy Lee Owens.

He is survived by his sister, Becky Carrere (Brandon); stepfather, James Owens; stepbrother, JJ Owens (Nancy); stepsisters, Gina Carlson, Renee Owens (Mickey), and Patricia Parsons (Hamp); and many nieces, nephews, aunts, uncles, cousins and friends.

His memorial service will be held 6:00 p.m., Thursday, September 9th at Bryant Funeral Home Chapel with the Rev. Earl Sadler Jr. officiating.

The family will receive friends and relatives one hour prior to the service at the funeral home.

In lieu of flowers the family requested memorial contributions be made to Bryant Funeral Home, PO Box 99, Alliance, NC 28509.

Arrangements by Bryant Funeral Home & Cremations, Alliance.



Marine Fisheries Commission will meet Sept. 9 by web conference to vote on nine rules

MOREHEAD CITY – The N.C. Marine Fisheries Commission will meet by web conference at 2 p.m. Sept. 9 to vote on amendments and re-adoption of nine rules pertaining to waters managed jointly with the N.C. Wildlife Resources Commission.

The public may listen to the meeting by phone or listen and view presentations online. No public comment period is scheduled.

The meeting links and phone number, an agenda, and information on the proposed amendments to the rules in 15A NCAC 03Q .0100 (General Regulations: Joint) will be posted next week on the Marine Fisheries Commission meetings webpage. No other issues are scheduled for discussion at this meeting.

The rules are scheduled for re-adoption under a mandatory periodic review schedule (G.S. 150B-21.3A). Public comment on the rules was accepted in October and November 2020.

WHO:
N.C. Marine Fisheries Commission

WHAT:
Meeting to vote on nine rules

WHEN:
Sept. 9 at 2 p.m.

WHERE:
Meeting by web conference
[//deq.nc.gov/about/divisions/marine-fisheries/](http://deq.nc.gov/about/divisions/marine-fisheries/)

THIS WEEK IN HISTORY

- September 8th – Today is Ampersand Day (&), because it's just too much trouble to type "and."
- September 9th – 1947, Computer Scientist Grace Hopper finds and removes what is believed to be the first "bug" in a computer system. She used a pair of tweezers to extract a moth from a relay panel in a Harvard University computer.
- September 10th – 1992, Lucy van Pelt raises her "Psychiatric Help" rates from 5 to 47 cents.
- September 11th – Today is 9-11 Remembrance Day. Never forget!
- September 12th – Today is Grandparents Day. If you are fortunate enough to still have them around, go see them or at least give them a call.
- September 13th – Today is Defy Superstition Day. I'm going to walk under a ladder positioned over a crack in the sidewalk while simultaneously dropping and breaking a mirror on the head of a black cat.
- September 14th – 1814, Francis Scott Key writes the "Star Spangled Banner"

Birthdays This Week

- September 8th – 19__, Coach and Teacher, April Rose
- September 9th – 1890, Terrorizer of chickens, Colonel Harlan Sanders 1941, Singer Otis Redding
- September 10th – 1934, TV journalist Charles Kuralt (in Wilmington, N. C.)
- September 11th – 1913, Football coach Paul "Bear" Bryant
- September 12th – 1944, Soul singer Barry White
- September 13th – 1969, Actor, director, and producer, Tyler Perry
- September 14th – 1936, Actor Walter Koenig (Chekov on Star Trek)



Hope Clinic's New Beginnings

Using principals from NA, AA, and Smart Recovery, recovery group support meetings are hosted by Hope Clinic and open to anyone in recovery and are free. Meetings are currently online via Zoom on Sundays, Tuesdays, Thursdays, and Fridays at 7pm. No meetings on Mondays, Wednesdays, or Saturdays.

The Zoom meeting link is <https://us02web.zoom.us/j/85777976172>

<https://us02web.zoom.us/j/85777976172?fbclid=IwAR28m3Ck_E1Q7683FMEHVNYI9tve7vy6UC7naNndi1J4dSUG_bBzWAnA1Fc> and meeting ID is 857 7797 6172. For further questions, call the Hope Clinic at 252-745-5760 or visit their website at www.hopeclinicnc.org <<http://www.hopeclinicnc.org/>>.

Concerned about your drinking?

You are not alone, there *is* help available!

Come join others who have found a solution.
Alcoholics Anonymous: New Bern Hotline (252) 633-3716

Meetings in Pamlico County: (If you think you may have a problem, you are welcome.)

Tuesday 8pm - Oriental Tuesday Night Group - Meeting at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left)

Thursday **7:30pm** - Recovery and Beyond (a great meeting for new members) - Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC

Friday 8pm - Oriental Friday Night Group - Meeting behind Brantley's Village Restaurant, 900 Broad Street (Hwy 55) in Oriental, NC

Sunday **7pm** - Oriental Sunday Night Group - Meeting at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on left)

Al-Anon (Members are people, just like you, who are worried about someone with a drinking problem).

Tuesday **7pm** - Meeting at 403 Mildred Street in Oriental, NC

Narcotics Anonymous (A group atmosphere which provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle).

Wednesday **7pm** - Never Alone @ 7 - Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC

QUICK REFERENCE

EMERGENCY: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance
Animal Poison Control Center: 1-888-426-4435
Carteret General Hospital: 808-6000
Coastal Carolina Regional Airport: 638-8591
EMERGENCY PET CARE: 444-1399
HIGHWAY PATROL: 1-800-441-6127
MEDICAL ASSISTANCE – CarolinaEast Medical Center: 633-8111
Nova Urgent Care: 745-7440
PAMLICO COUNTY DEPARTMENTS
Board of Elections: 745-4821
County Manager: 745-3133
Emergency Management: 745-4131
Health Dept.: 745-5111
Lynn H. Lewis
Pamlico County Register of Deeds: 252.745.4421
Recycling Center: 745-3283
Senior Services: 745-7196
Sheriff's Dept. (non-emergency) – 745-3101
Social Services: 745-4086
Tax Collector: 745-4125
Water Dept.: 745-5453
Poison Control Center: 1-800-222-1222
US Coast Guard (Hobucken): 745-3131

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Pamlico County Fishes and Loaves Outreach Food Pantry

(PCFLO) will be sponsoring it's monthly mobile food truck on the first Wednesday of each month at St. Peter the Fisherman Catholic Church parking lot at 1149 White Farm Road, Oriental. Anyone residing in Pamlico County needing food assistance is welcome. The only requirement is a valid ID showing residence in Pamlico County. Lineup begins at 9am. All are welcome.

Horoscopes



ARIES – Mar 21/Apr 20
Aries, this week you can share some secrets that have been troublesome. A trusted confidante may offer advice or be willing to serve as a supportive sounding board.



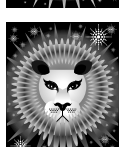
TAURUS – Apr 21/May 21
Taurus, a welcoming aura is drawing others to you in the days ahead. Open yourself to new friendships and look for ways to foster these budding relationships.



GEMINI – May 22/Jun 21
Gemini, consider what you are going to aim for next and don't be afraid to take whatever steps necessary to put you on a path to success. Your confidence will compel you.



CANCER – Jun 22/Jul 22
News about investment and career possibilities could be brought to your attention this week, Cancer. Give these situations a lot of attention over the next few days.



LEO – Jul 23/Aug 23
You are inclined to spend time with others in the coming days, Leo. Take advantage of opportunities to socialize, or take the lead and plan a fun get-together with friends.



VIRGO – Aug 24/Sept 22
Virgo, you have a drive like no other. This can come in handy as you actively seek change. A career change could be in the cards in due time.



LIBRA – Sept 23/Oct 23
Libra, keep aiming to fulfill your ambitions, even if your approach requires a little revision. This is an amazing period of growth for you, and you'll learn a lot.



SCORPIO – Oct 24/Nov 22
Embark on opportunities that will break you out of your comfort zone, Scorpio. These can provide some opportunities for growth and present chances to meet new people.



SAGITTARIUS – Nov 23/Dec 21
Sagittarius, your often positive attitude may be challenged in the days to come as you are faced with a few situations you aren't sure how to handle. Take a deep breath and forge ahead.



CAPRICORN – Dec 22/Jan 20
Capricorn, if you find yourself in the spotlight, remember to put your best foot forward at all times. This is especially true in professional settings.



AQUARIUS – Jan 21/Feb 18
Aquarius, your work ethic has been unrivaled in recent weeks. The summer vacation season has ended and you have gotten back to business. A big change is on the horizon.



PISCES – Feb 19/Mar 20
Focus on romance and sensuality this week Pisces. Take the time to spend moments with a spouse or significant other as much as possible.

VIRGO Traits & Overview

Virgo is an earth sign historically represented by the goddess of wheat and agriculture, an association that speaks to Virgo's deep-rooted presence in the material world. Virgos are logical, practical, and systematic in their approach to life. This earth sign is a perfectionist at heart and isn't afraid to improve skills through diligent and consistent practice. Virgo rules the digestive system, which makes these earth signs especially attuned to the ingredients that make up a whole – in food and in everything else. They're hyper-aware of every detail.

Virgo is governed by Mercury, the messenger planet of communication. Though Mercury also rules Gemini, these two signs are radically different: Gemini is about output and expression, whereas Virgo is about input and processing. A Virgo deals with information like a computer, transforming

even the most jumbled set of information into organized, clear concepts. Though Virgos long to be meticulous in all pursuits, they must remember that constantly chasing after the ideal can be destructive when applied to self or others. Beauty exists within our imperfections and it's important for Virgos to learn that flaws are not defects.

Above all else, Virgos want to help. They are kind, gentle, and supportive friends and lovers who use their incredible intellect and resourcefulness to problem-solve. Virgo's opposite sign, Pisces, offers guidance through spirituality, but Virgos want to assist on a practical level. These earth signs are always striving to provide workable solutions and improve broken systems. Methodical, committed, and hardworking, they make excellent teachers, healers, editors, and musicians.



**Land/Home Sales
Property Management
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Agent of the Week

Susan Adams

Broker-

Here's what one of Susan's customers had to say...

Just a note to let you know how pleased my wife and I have been with Mariner Realty, and in particular, our agent, Susan Adams. Susan knew that we were interested in selling our home in Oriental, which was located on Smith Creek. The house sold in 5 days at full asking price! We couldn't believe it, even though we knew that it was worth that much. We are grateful to Mariner, but especially to Susan whose kindness and professionalism were wonderful. We highly recommend her!
Jim and Elizabeth, Ohio



ORIENTAL – Gorgeous Neuse River view .7 ac home site in Dolphin Point that has the perfect Southwest exposure toward the river in a well-established neighborhood with a boat ramp & tennis court. Lot has central water & sewer available with underground electric & high-speed cable. HOA dues are only \$150.00/year.
OFFERED AT \$49,900



BAYBORO – A nice commercial office building in the heart of Bayboro and next to the Post Office. Three large offices, one smaller one and a 1/2 BA. Large reception area. Must see if looking for a commercial building or if you are interested in turning this into a home. Zoned commercial or family housing.
OFFERED AT \$110,000



ORIENTAL – Gorgeous wide-view waterfront lot on Smith Creek with deep-water and no HOA, yet on a paved maintained road within the Spinnaker Point neighborhood near Oriental. This 0.82 acre nicely wooded yet professional mulched & cleaned home site is ready for your waterfront dream home.
OFFERED AT \$149,500



ORIENTAL – Cedar-sided 2BR/2BA is handicap accessible with ramp to front door. Huge living room with cathedral ceilings & built-in book shelves & cabinets. Not in a flood zone, no HOA or HOA dues. Zoned M-1 so ideal for living office and/or commercial uses. City sewer, water & garbage pickup.
OFFERED AT \$215,000



ORIENTAL – A 1.35 acre Neuse River waterfront lot in Dolphin Point, Oriental's premier waterfront community. Largest riverfront lot in Dolphin Point with 182 feet of river shore & the perfect southern orientation on the Neuse River, allowing for the cooling prevailing winds off the wide expanse of the Neuse River & ICW. Community boat ramp & tennis court.
OFFERED AT \$245,000

See all Listings & Visual Tours at
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Hurricanes on the Run



Hurricane Cross Country Runners Caleb Toler (L) and Faith Gayring (R)

The Pamlico Hurricane Cross Country team took to the road on Tuesday of last week and paid a visit to South Lenoir for a meet that also included Southwest Onslow. For the men, Neil Landow once again paced the Hurricanes with an overall 1st place finish and a time of 19:25. Zymire Harper was close behind for overall 2nd at 19:36 and Caleb Toler also placed with a 21:08. As a team the men won with a score of 21, followed by South Lenoir at 34 and Southwest Onslow at 84. The Ladies won their first meet of the season and avenged an earlier narrow loss at home to South Lenoir. The team scores were Pamlico 38, South Lenoir 41 and Southwest Onslow 42. The Lady Canes got an

overall 1st from Kaylee Smith at 23:57, her 3rd overall first this season. Kendal Hartley finished 5th (28:00) and Faith Grayling placed 11th (29:51) to help Pamlico to the team win. Coach Aaron Caroon was clearly proud of the effort of the Ladies' team. "We did it without two of our top 7 (COVID quarantine). We're built for a full field. Head to heads are tough on teams that aren't full of spectacular runners, but have a lot of solid ones, some of which are still developing. That tight group of number 3-7 runners will do us well if they keep cutting time together." This week, Pamlico will begin conference meets with a visit to Northside on Wednesday, September 8th.

Hurricanes at the Net Pamlico Visits West Carteret



Pamlico's Maya Smith at the Net

Hurricane Setter Izabella Goswick

A short-handed Pamlico squad made the trip to Morehead City last Tuesday to take on the 3A Patriots of West Carteret in a non-conference volleyball matchup. The Hurricanes battled despite missing 3 varsity players in COVID quarantine and having one player pushing through an injury to play. Several Junior Varsity players stepped up and stepped in to fill the void, but the Hurricanes fell 0-3 (24-26, 11-25, 20-25).

You have to do something in your life that is honorable and not cowardly if you are to live in peace with yourself.

-Larry Brown

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www.brinsonins.com



"There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do."

- Derek Jeter

NC COOPERATIVE EXTENSION Pamlico County

Book Explorers & Other Autumn Fun



Kait Neeland
4-H Agent

This past year and a half has seen lots of changes, and cancellations. Slowly we have been able to meet together, having lots of summer fun learning about engineering, photography, and sewing. Even so, it feels like a lot of our exploration has been curtailed. I am very excited that we'll be starting back with some of our Pamlico County 4-H Traditions.

Book Explorers is one of our favorite new 4-H traditions, we started in 2019. Book Explorers is a journey around the world right from the Pamlico County Library. Each month we open a book and travel to a new country. We learn about the geography, natural wonders, cool buildings, food, and folk art. In the past we have travelled to Poland, Nigeria, Cambodia, England and more.

We have an exciting line up for this year as well starting with Thailand. Join us for these journeys starting September 22nd from 3:30 pm – 4:30 pm. Book Explorers is designed for children ages 5 – 10, but older and younger siblings are welcome to join us. We are very excited about our fall line up for Book Explorers: October 20th Cameroon; November 17th Brazil; December 15th Denmark.

While I am very much looking forward to our exploration at the library, I am very excited for the start of our Livestock SPIN. We will be learning about different animals and preparing for the Coastal Plains Livestock Project. While the Coastal Plains Livestock show is a great time, you do not have to participate to join the livestock club. We will be learning about proper animal care and feeding, how to groom, and work with your animal so that you can achieve your goals.

We will be meeting on Wednesdays starting October 6th, from 3:30pm – 4:30 pm. This group is open to kids ages 8 – 15. Registrations will be opening this week. If you have more questions about this program, please give us a call!

Book Explorers and Livestock SPIN aren't the only things we've got planned. I am so pleased to say that we will be starting back with our Robots and Programing after school club. We will be starting our Robots and Programing. We will be beginning with

the basics of robots, and programing, learning the language of programing as well. At the end of our workshop series in May, we will have a showcase to show off all we have learned.

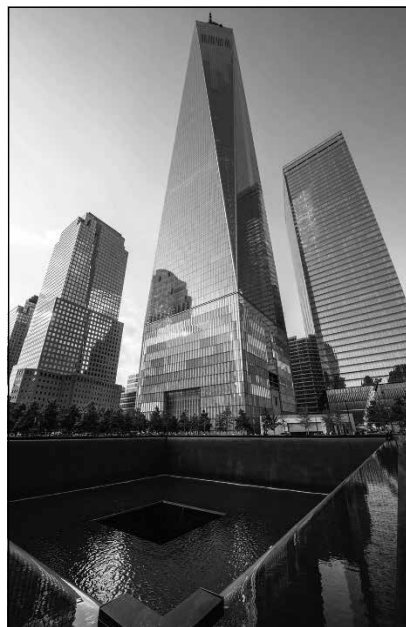


We will be meeting on Wednesdays from 3:30 pm – 4:30 pm. This group is open to kids ages 6 – 11. Registrations will be opening this week. If you have more questions about this program, please give us a call!

To keep with COVID Safe Practices we have a limited number of spaces for our Livestock SPIN, and Robots and Programing groups. Registrations for these groups will open soon. You can get a head start by enrolling in Pamlico County 4-H Online. You can access links on our website. If you have any questions about accessing 4-H Online or the enrollment process please give us a call and we will be happy to walk you through it. You can also sign up for our Pamlico 4-H Email list.

If you would like to see some photos of our 4-H Summer you can check them out online, or our social media pages. If you are interested in learning about our autumn programs you can give us a call [(252)-745-4121]. If you are ready to sign up you can find registration links on our website pamlico.ces.ncsu.edu, and all of our social media accounts. You can also register in 4-H Online, and sign up for our Pamlico County 4-H News List. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or kait_neeland@ncsu.edu, or check us out online at pamlico.ces.ncsu.edu. Don't FORGET to REGISTER, spaces will fill up!!

The 9/11 Memorial



Among the more indelible images to emerge on September 11, 2001, was the sight of two planes crashing into the North and South Towers of the World Trade Center. Still photos and video footage of those planes flying into the Twin Towers were the first images of the attacks many Americans saw, and no one who watched events unfold that morning will ever forget those images. Though both the North and South Towers fell on that day, today the site where each tower once stood is a serene

retreat in the bustling lower Manhattan neighborhood that was shaken to its core on the day of the attacks. The 9/11 Memorial was designed by architect Michael Arad and landscape architect Peter Walker. The 9/11 Memorial and Museum notes that Arad and Walker's proposal was chosen in a design competition that featured 5,201 submissions from 63 countries.

The 9/11 Memorial is located on the western side of the formal World Trade Center where the Twin Towers once stood. Two enormous reflecting pools are part of the Memorial Plaza, which is where the North and South Towers once stood. The pools feature the two largest man-made waterfalls in North America. Around the edges of the pools, the names of people who were killed in the 9/11 attacks in New York, the Pentagon, on Flight 93, and in the 1993 bombing at the World Trade Center are etched in bronze.

In recognition of the crash sites, 400 swamp white oak trees were selected from nurseries located in New York, Pennsylvania and near Washington, D.C. These trees are located throughout the Memorial Plaza, providing a peaceful respite separate from the surrounding city. The Memorial Plaza also includes one Callery pear tree. That tree was discovered at Ground Zero weeks after the attacks and it was severely damaged. The tree, now known as the Survivor Tree, was nursed back to health by members of the New York City Parks and Recreation Department and returned to the World Trade Center site in 2010, where it still stands as an enduring symbol of resilience and perseverance. The 9/11 Memorial is free and open daily from 10 a.m. to 5 p.m. More information about the 9/11 Memorial and the 9/11 Memorial and Museum can be found at www.911memorial.org

A timeline of the morning of September 11, 2001

On the morning of September 11, 2001, 19 terrorists hijacked four commercial airplanes bound for California. The planes departed from airports in Boston; Newark, NJ; and Washington, D.C. September 11 would become an infamous date in American and world history, and the events of that day would forever change the world. As the world commemorates the 20th anniversary of 9/11, the following timeline, courtesy of the National September 11 Memorial & Museum, can help people fully understand how events unfolded on that late-summer morning two decades ago.

5:45 am: Two of the hijackers pass through security at Portland International Airport in Maine. The men will take a short flight to Boston Logan International Airport, where they will join three other hijackers and board American Airlines Flight 11.

6:00 am: Two of the hijacked planes, American Airlines Flight 11 and United Airlines Flight 175, will eventually crash into the North and South Towers of the World Trade Center complex in New York City. The day was a significant one on the New York City political calendar, as polling stations opened at 6 a.m. for primary elections.

7:59 am: American Airlines Flight 11 takes off from Boston with 11 crew members, 76 passengers and five hijackers on board. The plane, which will eventually crash into the North tower at the World Trade Center, is filled with more than 76,000 pounds of fuel.

8:15 am: United Airlines Flight 175 takes off from Boston with nine crew members, 51 passengers, and five hijackers on board. This flight also is loaded with 76,000 pounds of fuel.

8:19 am: American Airlines ground personnel are alerted by flight attendant Betty Ann Ong that Flight 11 is being hijacked. This call lasts roughly 25 minutes and Ong reports

that the cockpit is unreachable. In the moments before Ong's call, one of the hijackers stabbed Daniel M. Lewin, who was sitting in front of him in first class. Lewin is likely the first person killed in the 9/11 attacks.

8:20 am: American Airlines Flight 77 takes off from Washington Dulles International Airport. The flight has 49,900 pounds of fuel and is carrying six crew members, 53 passengers and five hijackers.

8:21 am: The transponder on Flight 11 is turned off. This device is meant to allow air traffic controllers to identify and monitor the flight path of a plane.

8:24 am: One of the hijackers of Flight 11 unwittingly broadcasts a message to air traffic controllers alerting them to the attacks. The hijacker was attempting to communicate with passengers and crew within the cabin.

8:30 am: Around this time, roughly 80 people have already begun gathering on the 106th floor of the North Tower of the World Trade Center for a financial technology conference. The conference is one of many events on the Trade Center schedule that day.

8:37 am: The Boston Air Traffic Control Center alerts the military that a hijacking is under way.

8:42 am: United Airlines Flight 93 takes off from Newark International Airport. The flight was due to take off at roughly the same time as the other hijacked planes but was delayed due to routine traffic. Seven crew members, 33 passengers and four hijackers are on board. The flight is filled with 48,700 pounds of fuel.

8:46 am: Five hijackers crash Flight 11 into floors 93 through 99 of the North Tower of the World Trade Center. Hundreds, including everyone on board the flight, are killed instantly. The crash severs all three emergency stairwells, trapping hundreds of people above the 91st floor.

8:46 am: Police, paramedics and firefighters are sent to the North Tower.

8:50 am: While visiting an elementary school in Florida, U.S. President George W. Bush is notified that a small plane has hit the North Tower.

8:52 am: A flight attendant aboard Flight 175 reaches a United Airlines operator in San Francisco and reports the flight is being hijacked. By 9 a.m., various passengers on Flight 175 have called family members.

8:55 am: The Port Authority informs people inside the South Tower via a public address system that the building is secure and there is no need to evacuate.

8:59 am: The Port Authority Police Department orders both towers evacuated. One minute later Captain Anthony Whitaker expands the order to include all civilians in the entire World Trade Center complex.

9:02 am: An evacuation order is broadcast in the South Tower.

9:03 am: Five hijackers crash Flight 175 into floors 77 through 85 of the South Tower. All onboard the flight are killed, as are an unknown number of people inside the building. Two of the three emergency stairwells are impassable, and most elevator cables are severed, trapping many people above the impact zone and inside elevator cars.

9:03 am: A second call for mobilization brings the total number of New York City Police Department officers responding to the scene to roughly 2,000. In addition, the FDNY issues a fifth alarm and deploys several hundred additional firefighters to the scene.

9:05 am: President Bush is informed that a second plane has crashed into the World Trade Center.

9:12 am: Flight attendant Rene A. May calls her mother and tells her that hijackers have seized control of Flight 77. When May's call is disconnected, she calls American Airlines.

9:30 am: Amidst reports of additional hijacked planes, the Mayor's Office of Emergency Management at

7 World Trade Center is evacuated.

9:37 am: Hijackers crash Flight 77 into the Pentagon. All 53 passengers and six crew members perish, and 125 military and civilian personnel on the ground are killed in the fire caused by the crash.

9:42 am: The Federal Aviation Administration grounds all flights, ordering all civilian planes in United States airspace to land. Departures also are prohibited.

9:45 am: Evacuations at the White House and the U.S. Capitol begin. Both the House of Representatives and Senate are in session at the time the evacuation begins.

9:58 am: Flight 93 is flying so low to the ground that passenger Edward P. Felt is able to reach an emergency 911 operator in Westmoreland County, Pennsylvania.

9:59 am: The South Tower collapses after burning for 56 minutes. The tower collapses in just 10 seconds.

9:59 am: Continuity-of-government procedures are implemented for the first known time in American history.

10:03 am: Four hijackers crash Flight 93 into a field near the town of Shanksville, Pennsylvania. All 33 passengers and seven crew members on board perish. Passengers and crew had stormed the cockpit, and the plane ultimately crashes just 20 minutes' flying time from Washington, D.C.

10:15 am: The E Ring of the Pentagon collapses.

10:28 am: The North Tower collapses after burning for 102 minutes. More than 1,600 people are killed as a result of the attack on the North Tower.

11:02 am: New York City Mayor Rudolph Giuliani urges the evacuation of lower Manhattan.

12:16 pm: The last flight still in the air above the continental United States lands. Within two and a half hours, U.S. airspace has been cleared of roughly 4,500 commercial and general aviation planes.

Delamar & Delamar, PLLC
Attorneys at law

Sara Delamar
Residential, Commercial Real Estate
Small business incorporation, set-up
Estate Planning

Christopher S. Williams
Criminal Defense
Traffic Citations
Domestic Law
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TOBACCO RESEARCH REFERENDUM ANNOUNCEMENT

The Pamlico County Tobacco Research Referendum will be held on Thursday, November 18, 2021. The polling location is as follows:

Pamlico County Extension Office located at 13724 NC Hwy. 55, Alliance, NC 28509

The referendum is being held to let tobacco growers decide if they wish to continue the self-assessment program. This program has been in place since 1991, and the law requires that a new referendum be held every six years.

A 2/3 favorable vote will mean that growers are willing to continue to assess themselves to support tobacco research and education. The assessment is ten cents per hundred pounds of tobacco produced in North Carolina.

The funds, about \$250,000 annually, are collected at buying stations by the North Carolina Department of Agriculture and Consumer Services, and then allocated by the Tobacco Research Commission to research and extension projects for tobacco at NC State University.

For more information on the referendum, please call your County Extension Office at: 252-745-4121.

National Moment of Silence for 9/11

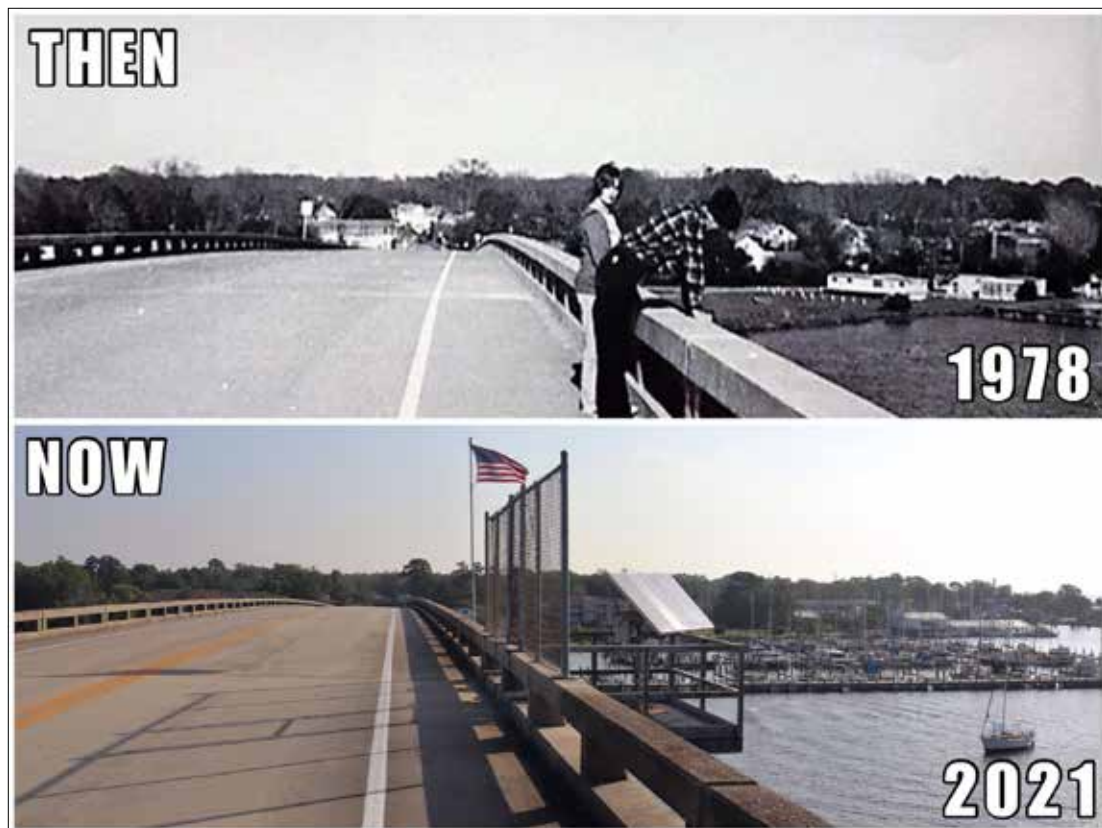
REMEMBER 9-11

The Oriental Fire Station 19 invites the public to join them in honoring the fallen from the terrorist attack on 9/11 with a ceremony held on Hodges Street in Oriental on September 11 to commemorate National Moment of Silence at 8:46 am. Engines from local fire stations will be there and taps will be played. A ceremonial flag will be flown at half-mast at the town dock for the rest of the day.

Then And Now'

The Robert Scott Bridge - Oriental

by: Hiram Lupton



If you're not familiar with what rephotography is, it's the art of shooting old photos of places in the modern day as accurately as possible. This can prove to be rather tricky, especially when it comes to really old photos, as the places often change dramatically over the years, and finding the exact spot where a picture was taken is really challenging. Nevertheless, we love a good challenge, and constantly provide us with amazing recreations of old photos in modern times, proving how time changes things – and not always for the better.

“To sin by silnce when they should protest makes cowards of men (and women)...”
— Abe Lincoln

OWC September Yard of the Month



John and Lorraine Cassillo are the recipients of the Oriental Woman's Club September, 2021 Yard of the Month award. Formerly from Long Island, NY, they reside at 104 Meadow Lane, Arapahoe, NC in Shine Landing. John is a Master Gardener and Lorraine is his photographer, documenting the various seasons of their plantings. John loves using native plants, plus ornamentals that he has found to do well in Pamlico County. He has beautiful gardens. His plantings include Adams Needle, Wild Hibiscus, Marsh Mallow, Burgundy Red Maple, Oleander, Daylilies, Rose of Sharon, Hydrangea, Pyracantha, Hurricane Flower, River Birch Trees and many, many other beautiful plants, trees and shrubs. As a testament to the beauty of their yard, it has been used several times as the backdrop for wedding and graduation photographs. A true gem, you can drive by the front yard on Meadow Lane and also view the back yard from Caroline Way.



Your Library Card is the Smartest Card in Your Wallet. Get it. Use it.

Since 1987, Library Card Sign-up Month has been held each September to mark the beginning of the school year. During the month, the American Library Association and libraries unite in a national effort to ensure every child signs up for their own library card. Craven-Pamlico Regional Library is celebrating this with new library cards. Turn in your old card to get the new CPRL bright, colorful library card and key tag. Don't have a library card? Come with a picture ID (or Guardians' ID) and sign up for your free card!

There's nothing more empowering than a library card. Through access to technology, media resources, and educational programs, libraries provide people of all ages the opportunity to pursue their dreams and passions.

Any individual who registers for a new card or trades in their old card for a new card will go into a drawing for prizes!

To sign up for a library card, visit your local library or apply for one online at <http://mycprl.org/get-a-library-card>



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Stuff Your Bag at the Back-to-School Community Day

The Pamlico County Relief Team hosted their annual Back-to-School Community Day event at the Pamlico County Library last Saturday. Students could come by and “stuff” their bookbags with school supplies for the upcoming year. There was food, bounce houses and a DJ providing music for the occasion. Trillium Health was also on hand to talk to students and parents about student's mental health.

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Pamlico County Animal Control

\$10 \$20

RABIES & MICROCHIP CLINIC

All profits will go to benefit the Pamlico County High School Band Booster Club

Pamlico County Animal Control will hold a Rabies/Microchip Clinic at Pamlico County High School from 8am-12pm on Saturday, September 11 in front of the auditorium.

Cats must in a carrier

Call Animal Control Officer Berkley Hill for more information (252) 745-3202

Continued from page A1

Community Center Celebrates Centennial

offered matching grants to rural communities to help build black schools. Land and labor were provided by the local communities while funds for materials came from Rosenwald. HCCC was one of 5,000 public schools for African American children that were constructed using this process. More of these schools were constructed in North Carolina than in any other state. The building was closed as a public school in the 1960's following desegregation. In the 1970's it was used for the Head Start program and more recently has become a community center and occasional venue for visiting artists. Although the 100th birthday was for the historical building and all it represents, the emphasis in the Holt's Chapel Community Center really is "Community." The theme of the event, "Celebrating the past, as we move into the future," was highlighted in the day-long celebration which included lunch on the grounds, activities for the kids, and the regional library book mobile. Guest speakers talked of the history the building represents and the need to preserve that history. Teresa Badger oversees the preservation of HCCC and is the driving force behind the work of its renovation, most recently the beginning



of the replacement of windows in the building. Whenever she speaks, you can hear the pride in what has been accomplished at HCCC, but also the fact that so much more need to be done. HCCC still operates cooperatively in much the same way as it did at its inception, by using local volunteers for labor and funding from grants and donations from alumni and friends. A day of celebration of the past, but with an eye to the future.

Sgt. Odell Williams named Marine Patrol Officer of the Year



MOREHEAD CITY – Sgt. Odell Williams is the N.C. Marine Patrol Officer of the year for 2021, an honor which he says the officers who work with him deserve as much as he does.

"If it weren't for them, I would be nothing anyway," Williams said. "It all goes back to teamwork."

Capt. Chris Lee, who nominated Williams for the award, said Williams' humbleness is part of his personality. Lee says Williams' exemplary work stands out, and the officers in his district who voted for him agree.

"He's probably deserved it for years," Lee said. "He always has been and always will be someone who goes above and beyond."

Williams will be among the North Carolina Wildlife Federation Governor's Conservation Achievement Awards recipients honored at the organization's annual awards banquet Sept. 11 in Cary.

Lee describes Williams as a "good ol' fella" who is there to help, no matter what time of the day or night he is called.

Williams distinguished himself this past year by filling the gap left by staffing shortages. When his long-time captain retired, the district was without a leader for six months. In that same period, Williams also worked in the field to cover at least four vacant officer positions.

"Throughout his 25-year career, Sgt. Williams has been a standup officer, is always there regardless of circumstance, has never missed a beat or even thought about slowing down," said Marine Patrol Col. Carter Witten. "There is no other more deserving officer."

Williams, 55, was born in Belhaven. He graduated from Mattamuskeet High School in 1985 and received a certificate as a Heavy Equipment Mechanic from Beaufort County Community College in 1987.

He began with the State of North Carolina in 1996 with the Department of Corrections at Hyde Correctional Institute where he worked for seven years and was promoted to the rank of sergeant in 1998.

While at the prison, Williams talked to two Marine Patrol officers who came to his neighborhood to help after a hurricane, and he then knew what he wanted to do in life. He attended Basic Law Enforcement Training at night, received his certificate, and began working with the Hyde County Sheriff's Department.

"I wanted to be with the North Carolina Marine Patrol since day one, but I was always told I needed to gain some experience before applying for the job," Williams said.

He began his career with the Marine Patrol in September of 2004, stationed on the 48-foot patrol vessel Roanoke, in Nags Head. He was assigned to the vessel for 26 months before transferring to Hyde County.

Williams worked in the field in Hyde County, solving numerous cases, including one that resulted in a large seizure of striped bass with replacement costs totaling more than \$373,000. He was promoted to sergeant in 2012 and began supervising eight officers who patrol the southern half of District 1, which includes Hyde County, Dare County and the P/V Roanoke.

Williams holds his Intermediate law enforcement certificate and is a field training officer and background investigator. His background in heavy equipment mechanics also makes him an asset to the Marine Patrol as he can help officers across the state fix mechanical equipment issues and get back in the field faster.

Williams lives near Swan Quarter with his wife of 30 years, Viola Williams. He has two children, Tyler, 21, and Mary Grace, 15.

He is a Master Mason at Atlantic Lodge 294 in Swan Quarter and a member of Swan Quarter Christian Church.

Pamlico County Public Library

- **Preschool Storytime** Fridays at 10:00 a.m. Join Ms. Fran and escape to a new world of make believe.
- **School Age Drop in Craft** Mondays 3 p.m - 6 p.m. Drop in any time between 3 p.m. to 6 p.m. and make a craft to take home.
- **Watercolor with Olga!** Saturday, September 25 at 10:30 a.m. If you have ever wondered about painting in watercolor, or just simply would like to try something new, here's your chance. This workshop at the Pamlico Library is for anyone with little or absolutely no painting experience. It's meant for you to learn but in a relaxing and comfortably supportive environment. Free and no materials required. Registration is required. Call the Pamlico Library at 252-745-3515 to register. Class is limited to 6 participants to allow for social distancing. 2 hours – 10:30-12:30.
- **Erasure Poetry - OR you want me to DRAW in a book?!!** (YA program) Wednesday September 1 after school till 7 p.m. Come and make your own black out poems from discarded novels and other texts in the library.
- **Party like an Ancient God** Mondays from 5-7 p.m. (None on 9/6/2021) (YA program) Join Ms. Caitlin as she reads The Lost Hero by Rick Riordan aloud and learn about ancient Greek myths and culture with a party featuring trivia from the books, costumes, and more.
- **Art Classes** with Ms. Collene of YNTO (YA program) Tuesdays 4:30- 6:30 p.m. Learn acrylic painting techniques each Tuesday for 8 weeks Sign up by calling 252-745-3515. Seats are limited.
- **Gamer Time** (YA Program) Friday 4-6 p.m. (Cancelled Friday 9/17/2021) Join Ms. Caitlin each Friday to play video games.
- **The Classic Trivia Gameshow, Jeopardy!** Wednesday, September 15 at 6 p.m. Come and test your knowledge against your neighbors and friends.
- **Resume and Cover Letter Writing with Job Search Tips** Friday September, 17 at 4 p.m. Reeshema Walker, NCWorks Center Manager, will be giving a program on resume and cover letter writing and job searching tips and tricks.
- **The Book was Better Movie Night (Adult Program)** Tuesday September 21 at 12 p.m. Come and watch a movie which started as a book. This month will be a movie adapted from a Hispanic author to celebrate Hispanic Heritage Month
- **Drop in Tech** Thursdays 5-6 p.m. If you have a questions about your technology- bring it to the library and staff will help you figure it out.
- **Caitlin's Computer Classes** Thursdays at 6 p.m. Ms. Caitlin will be teaching a one hour class on Microsoft programs- free of charge- each week on Thursday evenings. Call 252-745-3515 for details.
- **Family Movie Night Friday**, September 17 at 6 p.m. Food Truck, Dream Dogs will be in the parking lot selling hot dogs, drinks, and chips before the movie.
- **Banned Books Week Costume Contest** September 26 - October 2 Love Books? Love dressing up? Halloween just too far away?! Dress up as a character from your favorite banned or challenged book and submit your photo on our Facebook or Instagram pages or come in and have your photo taken in the Library to post for a chance to win a prize!
- **Friends of the Library Meeting** Thursday- September 16 at 7 p.m.

7 ways newspapers benefit students



Classrooms have come a long way since the days when pioneering settlers would send their children to single-room schoolhouses. Modern classrooms might be technical marvels, but one less flashy learning tool remains as valuable as ever.

Newspapers might not be as glamorous as tablets or other gadgets, but they are still an invaluable resource to educators and students. The following are seven ways in which newspapers in the classroom can benefit students.

1. Newspapers build vocabulary. Numerous studies have found that reading can improve youngsters' vocabulary. Each day, newspapers are filled with fresh stories that can introduce kids to new words, helping them to strengthen their vocabularies and make them more effective communicators.
2. Newspapers improve reading skills. Like the old adage says, "Practice makes perfect." Reading newspapers each day can help kids develop their reading and comprehension skills.
3. Newspapers promote critical thinking. Newspaper reporters are trained to objectively report the news, sharing facts without allowing their own opinions to influence their stories. Educators can choose stories from the newspaper to serve as catalysts for discussions that focus not just on the facts listed in the story, but what might be behind them. Such discussions can help youngsters develop their critical thinking skills.
4. Newspapers bring ideas and current events to life. Many children are aware of major world events, even if they don't know or understand the details. Newspaper articles about world events can be used as avenues to discussions about what's going on in the world.
5. Newspapers build global awareness. Customized newsfeeds funneled through social media outlets can make it hard for young people to recognize and understand the world beyond their own communities and interests. Each day, newspapers include local, national and international stories that can illustrate to kids that there's a world beyond their own.
6. Newspapers promote social consciousness. Without newspapers, young people may never be exposed to the social issues facing their own communities or those issues that are affecting people across the country and the world. Newspapers provide unbiased exposure to such issues, potentially leading youngsters to further explore topics that are shaping their world and even encouraging them to form their own opinions.
7. Newspapers make learning fun. According to a 2017 report from Common Sense Media, kids younger than eight spend an average of two hours and 19 minutes per day looking at screens. Newspapers provide a welcome break from tablets, smartphones and computers, and kids may have fun flipping pages and getting a little ink on their hands.

Newspapers remain invaluable resources that can benefit students in myriad ways.

PCC Cultural & Life Enrichment Program

PCC Cultural & Life Enrichment Program

Designed to promote personal growth and self-enrichment. This may include courses in leisure activities, non-vocational skill development, learning a new language, discovering a new talent, arts & crafts, media techniques, wellness activities and much more, as well as musical and theatrical productions. These classes are self-supporting and use the talents and skills of some of our community's gifted residents who are so often eager to share with you.

For more information and registration, please contact:

Denise - 252-249-1851 x3113, dmeyer-son@pamlicocc.edu

DATES TO BE DETERMINED

ROADMAP to WELLNESS Series - TBD
Instructor: Michele Musella RN, BSN
Doctor of Integrated Medicine
Classes to be scheduled:
Aromatherapy
Acupressure & Auricular Acupressure
Reflexology
Ayurveda
Vibrational Healing
Intro to Reiki Workshop

TRADITIONAL CERAMIC PROGRAM - TBD
Instructor: Barb Drexler
Each student will learn the use of assorted ceramic tools and complete 4 projects using various ceramic finishes. Both beginners and experienced individuals. (5 classes) materials are included in the cost!
Dates: TBD Classes held at instructor's studio - Kil "N" Thyme Ceramics

FALL BIRD WATCHING - TBD
First class will meet in the PCC Delamar Building at 9:00am for a slide show, discus-

sion of birding optics and techniques with a short field trip afterwards. Subsequent classes will be held in the field with early morning meeting times. \$35 (4 classes)
Dates: TBD

GOLF Lessons Beginning & Intermediate - TBD
Players will learn the basic rules and the proper techniques for successful driving, chipping and putting. The last lessons will consist of the actual play of golf holes. \$64 (8 classes) Dates: TBD Minnesott Golf & Country Club

CHAIR YOGA - TBD
Seated muscle toning & joint lubrication for strength, balance and stability. Breathing techniques for relaxation, stress reduction and meditation.
Dates: TBD Oriental Town Hall

SPINNING Wool into Yarn - TBD
Instructor: Shirley Thobe
By class end you will have made a 2-ply skein of yarn. Spinning wheels for use and all materials are provided \$50 (6 hours)
Dates: TBD, (2 classes) 2:00pm – 5:00pm
Pamlico Museum & Heritage Center

SCHEDULED CLASSES

UKULELE/VIOLIN/GUITAR Lessons
Instructor: Simon Spalding
Dates: Wednesdays, September 14th – October 19th, 10am, 11am \$ noon, \$85 (6 classes)

"The Good, Bad and Ugly" of **WRITING**
Instructor: Sarah Swan
Dates: Tuesdays & Thursdays, September 14th – 30th, 10:30am – noon.
Lessons on writing methods and composition of the short story. \$40 (6 Classes).

BRIDGE for Beginners Phase I Free
Instructor: Craig Welling

Learn to play the strategic and social card game – **BRIDGE!**
Tuesday, Wednesday & Thursday; 5:30pm – 7:00am
October 5th, 6th & 7th.

BEEKEEPING Introductory FREE
Instructor: Henry Reid, Master Beekeeper
Classes and discussions with local keepers on various beekeeping topics.
Dates: Wednesdays, October 6 – November 10th, 6 classes, 6:30pm – 8:30pm

BRIDGE for Beginners Phase II Free
Tuesday, Wednesday & Thursday
October 12th, 13th & 14th; 5:30pm – 7:00pm
This is a no-cost course.

ONGOING

REFIT® Dance Fitness - FREE*
Instructors: Yolanda Christiani and Kacy Forbes
REFIT is a workout program that is structured around dance fitness movements and uses positive, energetic and family friendly music in multiple genres, designed for all shapes, ages and sizes. Dates: Most Wednesdays, 6:00pm – 7:00 pm. (Follow "REFIT Pamlico" on Facebook for class updates.

MUSIC JAMS – Free and Open to the Public
Dates: Please call or check the PCC website under Cultural & Life Enrichment page for start dates and times.

FORUMS on NATIONAL INTERESTS - Free and Open to the Public
A monthly series of nonpartisan, interactive discussions on topics of national interest.

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“One of the worst days in American history saw some of the bravest acts in American history. We’ll always honor the heroes of 09/11. Here at this hallowed place, we pledge that we will never forget their sacrifice.”

– President George W. Bush

Letter to the Editor

The Pamlico News welcomes your letters to the editor. Because of limited newsprint space, letters from out of state are not accepted, and clarity, brevity and originality are particularly valued. Letters should be no longer than 400 words and are subject to editing. You must include the writer's real name, mailing address and a daytime telephone number for verification -- no answering machines. No anonymous letters or pseudonyms will be accepted. Please do not type in **ALL CAPS**.

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KEEP PAMLICO BEAUTIFUL

PAMLICO COUNTY CLEAN SWEEP October 9, 2021



REGISTRATION:

Pamlico County Courthouse
208 North Street, Bayboro, NC
9:00 am - 10:00 am

CLEAN SWEEP EVENT:

10:00 am - 2:00 pm

For questions before or during the event, please call Daniel Simpson at 252-617-9647 or Garry Cooper at 252-671-5798.

EVENT DETAILS

The registration and supply distribution point will be at the garage located at the corner of North Street and Third Street directly behind the Pamlico County Courthouse.

VOLUNTEERS SHOULD:

- Only collect roadside litter
- DO NOT collect trash from homeowners.
- Wear the provided safety vest.
- Be aware of traffic and avoid congested or inaccessible areas.
- For personal comfort bring water or snacks, stop when you are tired, bring sunscreen and/or bug spray, and dress appropriately for weather conditions.

WHERE TO CLEAN:

Volunteers may register to clean up roadside areas identified by Clean Sweep administrators or they may register an area that they would like to clean up.

- To ensure bagged litter is collected following the Clean Sweep event, volunteers should clearly identify, during registration, the areas they intend to clean. Addresses and/or GPS coordinates would be beneficial.
- Bagged litter will only be collected from roadsides from registered locations during this event.

OTHER INFORMATION

WHAT TO DO WITH COLLECTED LITTER:

- Litter collected during this event, from areas assigned or identified during registration, may be placed into the provided orange trash bags and left on the side of the road in a neat and accessible location. County personnel will collect this litter during and following this event.
- Bagged litter will only be collected from roadsides from registered locations during this event.
- Volunteers may also dispose of collected litter in a dumpster that will be placed at the Bayboro recycling location adjacent to the Pamlico County Courthouse.

FOR SAFETY WHEN COLLECTING LITTER:

- Only collect litter that is accessible.
- If it is sharp, leave it alone (broken glass, needles, etc.).
- If you find large or heavy objects that cannot be bagged, move these to the side of the road next to bagged litter, but not in the roadway.
- Items that cannot be moved or generate questions of safety, leave in place and report these to Clean Sweep administrators.

PLEASE RETURN SAFETY VESTS AND TRASH GRABBERS TO THE PAMLICO COUNTY COURTHOUSE DISTRIBUTION POINT.

For questions before or during the event, please call Daniel Simpson at 252-617-9647 or Garry Cooper at 252-671-5798.

Health & Wellness

The basics of prostate cancer



If asked to name the most common non-skin cancer in the United States, few Americans may point to prostate cancer. But prostate cancer is the most common non-skin cancer in the United States, and the World Cancer Research Fund notes it is the fourth most commonly occurring cancer across the globe.

The Prostate Cancer Foundation notes that one out of every nine men in the United States will be diagnosed with prostate cancer in his lifetime. Such figures underscore the importance of learning about prostate cancer. Knowledge of prostate cancer and its risk factors and symptoms may help men improve their prognosis if and when they are diagnosed with the disease.

What is the prostate?

The prostate is a walnut-sized gland that is responsible for producing seminal fluid. The growth and function of the prostate is controlled by male hormones, including testosterone.

Are there early warning signs of prostate cancer?

The PCF notes that there usually aren't any early warning signs for prostate cancer. The tumor associated with prostate cancer does not push against anything, even as it grows, so many men with prostate cancer do not experience pain until the cancer has advanced beyond its earliest stages.

What are the symptoms of prostate cancer?

According to the PCF, in rare cases prostate cancer can cause symptoms. Some of the more mild symptoms may be mistaken as normal byproducts of aging, and their presence may not necessarily mean a man has prostate cancer. However, the appearance of any of the following symptoms should be discussed with a physician immediately.

- A need to urinate frequently, especially at night. Sometimes the need to urinate may be urgent.
- Difficulty starting or holding back urination
- Weak, dribbling or interrupted flow of urine
- Painful or burning urination
- Difficulty in having an erection
- A decrease in the amount of fluid ejaculated
- Painful ejaculation
- Blood in the urine or semen
- Pressure or pain in the rectum
- Pain or stiffness in the lower back, hips, pelvis, or thighs

Does anything increase a man's risk for prostate cancer?

The WCRF notes that there is strong evidence to suggest that various factors increase a man's risk of developing prostate cancer. Such factors include:

- Body weight: Men who are obese or overweight are at increased risk of developing advanced prostate cancer.
- Height: Men who are tall are at an increased risk of prostate cancer.
- Diet: The evidence regarding the effects of diet on prostate cancer risk is not as strong as evidence linking body weight and height to the disease. However, the WCRF notes that high consumption of dairy products and diets high in calcium might increase a man's risk of prostate cancer.

Is screening effective?

The PCF notes that there is controversy about the risks and benefits of prostate cancer screening. Men must make their own decisions regarding prostate cancer screening, and such decisions should only be made after discussing the disease and their family histories with their physicians.

Prostate cancer affects millions of men and their families every year. More information about the disease can be found at www.pcf.org.

Did you know?

Prostate cancer is the second most common cancer across the globe. According to the World Cancer Research Fund, age is a considerable risk factor for prostate cancer. The WCRF reports that 97 percent of all prostate cancers in the United States are diagnosed in men who are 50 or older. Incidence rates vary significantly depending on geography. For example, rates are highest in Australia, New Zealand, northern and western Europe, and North America. But the WCRF notes that the variation in incidence rates can likely be traced to differences in screening practices. That might explain why the five- and 10-year survival rates are high in Europe and North America, where prostate cancer screenings are more openly discussed, but lower in some Asian and African countries, where screening is not as readily available as it is elsewhere.

COASTAL LIVING

River-watching on the Neuse

By Mary Frances Taylor

A favorite pastime of coastal residents and visitors in Pamlico County is river-watching. People spend a lot of time lounging on decks and piers to watch the natural beauty of the river, its movement and grace, its sparkle under the sun. There is always activity on the water to watch, from following the commercial fishing boats as they leave and reenter the harbor in Oriental to enjoying a sky ballet of sea gulls and terns as you watch from the ferry at Minnesott Beach. When the river is calm, it appears to be a gigantic sheet of reflective glass and when the wind picks up, the waves crest and fall forming white caps on the surface and a delicious sound on the beach. The river's form, movement and sparkle paint our landscape with everlasting art that enriches our lives and touches the soul.

The Neuse River is the widest river in the United States and flows from Raleigh to New Bern, continuing to join the

Pamlico Sound. For residents of Pamlico County, some of the best river-watching of the Neuse is done at Kennels Beach, Minnesott Beach, and Oriental. You can watch the recreational and commercial vessels pass by or enjoy a family of porpoise swimming in and out of the water. But watch out for alligators that inhabit the Neuse and even sharks, occasionally spotted as far inland as New Bern. Enjoy watching the waterfowl including ducks, geese, and pelicans. A closer view of the water will reward you with turtles and fish of all kinds. As we contemplate the beauty of the river, we are reminded of how interdependent we are on the river for our livelihood and how important conservation strategies are to enable our fishermen to harvest our food from the sea. We are all responsible for keeping our waters clean and plentiful so future generations will have the gift of a river to watch.



River-watching at Lou Mac Park in Oriental



View of the Neuse River at Kennels Beach



Watching the Neuse from the bluff at Minnesott Beach

Hurricane Football Home Opener



Tyler Stevens (#65) gets a little help from teammates to bring down a Crusader ball carrier

Pamlico was finally able to play their home opening football contest last Friday evening and hosted Harrells Christian Academy. The Crusaders, who made an over 200-mile round trip, brought a 2-0 record to Bayboro. The Hurricanes previous weeks game versus Croatan was cancelled due to COVID precautions, and there were several key players missing this week due to quarantine. The Pamlico defense provided the first score as Linebacker Antonio King scooped up a Crusader fumble and rumbled 35 yards to the endzone for the touchdown. Isaiah Godette added the 2-point conversion to put the 'Canes up 8-0. The Crusader offense answered with two scores of their own and it was 14-8 at the end of the first quarter. Pamlico's defense provided another score in the 2nd period as Isaiah Godette grabbed a fumble and sped to the end zone to tie the game. Harrells later added a score and the Crusaders were up 22-14 at the half. Just as in the season opener at Washington, the 3rd quarter wasn't a good one for Pamlico. The Crusader offense put 23 points on the board, as their big 235-pound Senior running back, Devin Fuller, rolled through and around the Hurricane defense and at the end of the 3rd it was 45-14. The Pamlico offense finally provided points in the 4th quarter. Jamie "JD" Gibbs caught an Isaiah Godette pass and weaved his way around multiple Crusader defenders for a touchdown. Gibbs also caught the 2-point conversion. Later in the quarter, Godette himself took the ball in on the ground for a score, but it was too little too late, as the Crusaders added scores of their own to make the final 52-28. Next Friday Pamlico is scheduled to travel to Kinston to take on another undefeated team. The 2A Vikings are 3-0 after beating Ayden-Grifton 40-6 Friday night.



Pamlico's Antonio King goes high for a pass reception despite tight coverage from Harrells Christian Academy



Antonio King (#4) takes in a Crusader fumble for a Hurricane touchdown

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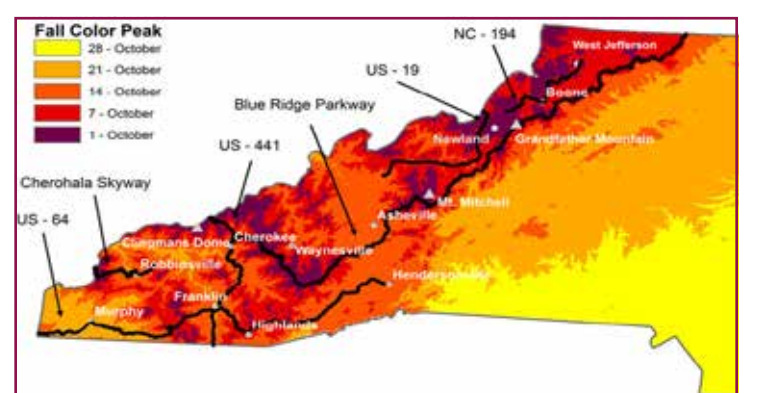
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Everyone Has a Story to Tell
Capturing Memories through the Senses

Hospice of Pamlico County, Inc. invites you to join us and Robin A. Edgar, Tuesday, September 21 2021 for a free workshop on the Healing Power of Reminiscence. Space is limited. For more information or to reserve your seat, call 252-745-5171. Masks will be provided.

Nationally known author Robin A. Edgar will guide you through simple, sensory prompts to recall memories and celebrate your life and loved ones.

September 21, 2021
9:30am to Noon at Bayboro Missionary Baptist Church Fellowship Hall
101 Main Street Bayboro, NC 28515 (next to the Bayboro US Post Office)

Hospice of Pamlico County, Inc. is a 501 3(C) Non-Profit Corporation
This Workshop is worth 3 CEUs

Please bring some old photos or object that will help you remember incidents and feelings from the past

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We're So Happy to be Back!

Coming Back to School with Covid

By Joseph Carl

With COVID continuing to spread in most areas including Pamlico County, it's important that everyone knows how critical it is to stay safe. There are plenty of ways to prevent the spread of COVID through sanitation, such as cleaning chairs and desks with sanitizing wipes, frequently using hand sanitizer to disinfect our hands, as well as using masks appropriately.

Many people don't use masks the correct way, because they think it's uncomfortable, gets in the way, or is flat out unnecessary. When you wear a mask, be sure it covers both your nose and mouth. COVID starts in the nasal cavities, meaning covering it is important. What do our students and staff think about this?

Socialization is a very important part in any animal's life, including humans.

COVID has prevented people from communicating with each other face to face, which can take a toll on our mental health, as mentioned by Riley Banks, a freshman here at ACS.

"I would say that I did pretty decent online. Definitely, the hard part was socialization. I was able to go to church every Wednesday and Sunday. So, I did have a little bit of socialization, and then, obviously, I could talk to my friends online and stuff. I know some people's mental state went totally downhill with going into lockdown and everything. I think it just depends on what kind of person you are, and how you handle different situations."

Riley continues her point, sharing with us her thoughts on returning to school, saying, "I think our school is taking as many precautions as they can to make sure that we're a sanitary environment and that we're able to stay at school this year." She went on to say, "some people have a harder time with not socializing, that was my big thing. I'm a very social person, and not having that socialization with classmates and teachers was really difficult for me."



Freshman Riley Banks

COVID is a very serious subject, and the aim of this article is to help prevent the spread of COVID by informing the reader about the dangers of this virus, and how it has affected our school. There are many different views and opinions on this subject, but these should be based upon factual information, as opposed to what others say.

According to Mrs. Debra Lewis, a middle school English EC teacher. "I think we all are tired of restrictions, and I think a lot of people who have been vigilant have let down their guard, and I think we need to get those people back on track."

Mrs. Lewis continued "I have my own views about COVID, but I am not going to say that it doesn't exist, because it definitely does. It's definitely something I don't want anyone to have to catch and go through. I've been there. I don't want anyone else to go through that. I was blessed. Our life was not in danger. It was just inconvenient. We didn't feel good, and it was a long time to get back to some sense of normal."

Concerning the vaccines, Mrs. Lewis said, "I think that until you get that population that is willing to cooperate, and I don't mean force them either, but somehow their mentality, or their frame of mind can be changed. Okay, you don't agree with it, that's fine. But do what you can to keep everyone safe."

In regards to masks, she goes on to make the following point. "You know, you wearing a mask is not about freedom. It's not about me keeping safe, it's about keeping you safe. That's why I wear a mask. It's not about me, it's about you. And how we can become so selfish and consumed in our own opinions, and then we put our safety above the safety of others, and I don't think that's right. I don't know how to change that. I don't believe that the government should force it, I don't believe that this is something that you can make people do, because we do have personal choices."

In the first few weeks of school, a large number of students and teachers have been absent due to quarantining, recent exposure, positive COVID test results, and possibly even fearing coming to school due to COVID. Most classes have been lacking anywhere from two to eight students per class, as well as entire classes having to quarantine! For teachers, online classes have been very difficult and unreliable, whether the absentee is the teacher, student, or even both. Such problems can diminish a lesson's effectiveness and prevent students and teachers from socializing with others, which can be a problem for everyone's mental health.

Middle School Science Teacher, Paige Dixon, shared her opinion on optional masks before they became mandatory, saying, "I think it comes with risks and rewards. Some people do want to have that choice, some people are vaccinated, so they don't feel like they need it. They kind of feel silly, and feel like they don't need it when wearing it. It's hard to talk and be heard, and everything else. But, for students as optional, it seems a little bit iffy. I know some have been told by their parents, but they won't. Some aren't equipped to make that choice that probably should be wearing it, but then they won't."

Still, staff and students continue to disappear from our classrooms and hallways. Some safety measures have been put in place to keep us safe, such as mandatory masks and spaced seating during lunch for students, though there's no sure way to keep everyone safe. Because of this, it is very important that everyone does their part and tries their best to prevent the spread of COVID by wearing a mask appropriately, as well as sanitizing your hands and frequently touched surfaces.

So Sorry to See You Go, Ms. DeBose!

By Liam Appling

Our beloved English Teacher, Ms. DeBose, is moving on to a new position and we sorry to lose her. Ms. DeBose has been a very well loved teacher throughout our high school years and not one student would have missed her class.

But now that she has a new job, we will all say our farewells and hope for the best on her journey. She has been given the job as "Program Director for a nonprofit Heart Works."

We all will miss her, she will definitely miss her students. Her first reactions to getting this offer was shocking to her. She described it as, "an opportunity falling onto her lap."

After a lot of heartache, she just couldn't pass up the opportunity. The offer came up to her in June but it took two months of her summer break to decide, and she took it. She plans on visiting back this school to see her beloved co-workers and students, fantasizing often on how she would come to visit.

She gets to work with budgets and things that are new to her. She thinks this new job may be a good start for something different, and is willing to take advantage.

We will all miss her dearly, no matter what. She is a great teacher and as she would say to her students or anyone else, you need to "grab life, and run with it."



Welcome New Staff Members!



Lindsay Bramlett (TA 3rd grade) Lauren Moreno (4th grade) Nicy Cooper (3rd grade) Pam Traffanstedt (EC/TA H.S.) Virginia Squier (EC teacher) William Bown (Health) Connie Brame (HS/CTE) Kelli Bailey (TA 2nd grade)

Did you know?

The Federal Emergency Management Agency, or FEMA, notes that it's important for parents of school-aged youngsters to familiarize themselves with the emergency response plans established by their children's schools. Such plans typically include how the school will respond if school is in session during snowstorms or natural disasters, as well as the protocol surrounding lockdown situations where children may be in danger. In such situations, knowledgeable parents who are familiar with emergency response plans and how to communicate with school officials and how those officials will disseminate information to concerned parents can help first responders and educators focus on their responses, which may involve protecting children. Knowledge of these plans also can calm parents' nerves and reduce the likelihood that school campuses will become chaotic in the wake of potentially dangerous situations, including storms or natural disasters. In addition to learning about schools' emergency response plans, parents can discuss these plans with their children. Such discussions should emphasize the importance of following educators' instructions during both practice drills and when the plans are implemented in response to disasters or other threats.

Combating more than just summer learning loss

Lazy summer days are great for lounging around the pool. Though such afternoons are synonymous with summer, failure to flex cognitive muscles along with physical ones may lead to struggles when children return to classrooms.

Summer learning loss, also dubbed "summer slide," is a term used in reference to the loss of academic skills and knowledge during summer vacations. However, in addition to the potential for lost skills from being away from school during summer breaks, students also may be affected by deficits that developed due to virtual learning. This summer may be one best spent catching up on studies.

Researchers have been looking at summer slide since at least 1996, when one of the first comprehensive studies on the phenomenon was published. That study indicated children lose significant knowledge in reading and math over summer break. More recently, a 2020 NWEA® MAP Growth assessment found children in third to fifth grades lose, on average, 20 percent of their school-year gains in reading and 27 percent in math during summer break. NWEA is a research-based, not-for-profit organization that creates assessment solutions that premeasure growth and proficiency.

While summer learning loss has been widely recognized for years, a new issue has developed due to the global pandemic. A shift to hybrid or all virtual learning for significant portions of the last two school years could have long-term consequences for students. A recent study from the Fairfax County Public Schools Office of Research and Strategic Improvement in Virginia found that middle and high school students have had less academic success as a result of online learning. The percentage of students with two or more failing marks increased by 83 percent in the first quarter of the 2020-21 school year. Certain demographics of students struggled even more, including students with disabilities,



Hispanic students and English learner students, according to the report. When separating middle school students from high school students, the former had higher incidences of two or more failing grades, a 300 percent increase versus 50 percent increase among high school students.

There are physical consequences to consider as well. A recent study from the Centers for Disease Control and Prevention that included 1,290 parents whose children were

engaged in online instruction found that students receiving virtual instruction were more likely than those who received in-person instruction to report decreased physical activity, fewer opportunities to socialize with friends and worsened mental or emotional health overall.

Parents who are concerned about their children's educational opportunities over the last year-plus may want to emphasize more smart play this summer. Encourage children to read more, even if it's books of their own choosing, which they are more likely to complete than books selected for them. Families also may want to work with tutors to bring their children back up to level in math and reading proficiency so students are ready for the new school year when it begins in August and September.

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AROUND THE COUNTY

Pamlico Betty Jo Rodgers, *Correspondent*



I met a nice young man at the Oriental recycling station last week. Colin Mann greeted me and helped me to empty my lawn bag full of recyclable bottles and glass jars into the dumpster at the park on Straight Road behind the Fire Department. He was very courteous and helpful. I really appreciated his help.

Speaking of help, we have been blessed to have our grandson, Justin, visiting us this week. He has been doing some weed eating between the house and the marsh and trimming back trees and shrubs on our road. He has been helpful in many other ways, including washing the dishes one night.

With this weekend being Labor Day weekend, it seems there is a lot of information to share with my readers. The crochet class will resume the 7th of September. Stonewall UMC will have a Bible Study on Wednesday evenings at 6:30 prior to the adult choir practice which is at 7:30.

The children are back in school, and it seems as if many are already sick with Covid's Delta Variant or are either in quarantine because of a classmate who has the virus. There was a notable absence of children during church on Sunday morning.

There will be an organizational meeting for the Pamlico Youth Group on Sunday, September 12, 2021, at 6:00 pm. The meeting will take place in the fellowship hall at Stonewall UMC. All youth grades 6-12 are invited to attend. Come and bring a friend.

The corn is being harvested on Trent Road and in other areas of the county. The farmers have been moving equipment and grain throughout the week. The contractors for the DOT (Department of Transportation) have been busy mowing the roadsides in the Pamlico Community. It always looks good and bad after they mow. Let me explain. The nice job they do mowing the roadsides makes it appear neat and uniform; however, when the grass is cut, it also reveals all the garbage people have thrown out of their cars without any consideration for the people who live on these roads.

Celebrating September birthdays are James Paul (9/17), Peg Witt (9/18), and Fay Bond (9/29). Celebrating anniversaries during the month of September are, Kevin and Suzie Rodgers (9/10), and Chris and Maria Machle (9/27).

Have a blessed week.? Insecure? Take Spiritual Vitamin I. "I can do all things through Christ which strengtheneth me." (Philippians 4:13)

Goose Creek Island Annette Jones, *55 Plus Club Correspondent*



Goose Creek Island 55 Plus met Thursday at the Community Center with President Donna Jones Potter officiating. Chaplain Rosanne Rowe gave the devotional, Acts 18:9. "Be bold and speak the word." She read from a book "Keep on Keeping On", and a prayer followed by Elder Gene Lupton. Gene gave a brief talk. Booker T Jones of Mesic called him last week and asked for Gene to meet him at Lumber Landing Recreation Park in Mesic. The town of Mesic has done a lot of work on the grounds, and Booker invited Goose Creek Island residents to come and hold events there. A dedication ceremony is being planned for October and everyone is invited. Thanks so much to the town of Mesic. Reverend John Carawan will be our special guest speaker September 9th.

Prayer List: Stella Ross is receiving chemo treatments at Duke. Gary Mayo underwent knee replacement surgery September 2nd at Carolina East Health System. He was released that afternoon. He is having therapy at home and doing well. Tillman Ireland, Sr fell and was injured last week and is still not doing very well. Wendy Honeycutt has recovered from double pneumonia and is at home doing fine. Roland Leary recently had hip epidural steroid injections and says he already feels improvement. Shirley Morris has returned home and is doing much better. Her daughter Mitzi has been staying with her to ensure continued improvement.

We were saddened to hear of the passing of Guy Swain Jones, born September 27, 1931 in Hobucken. Guy passed away Sunday, September 5, 2021. He was the son of Clarence and Zeta Jones. As a child he went fishing with his father, learned how to work

in the family vegetable garden, and make repairs to the house where seven children were raised. Guy attended Hobucken High School; but, dropped out to join the Coast Guard. He married Gentry Sanders and they settled down in Florence. Thanks to all for the prayers, condolences, and love shown to the family.

Rylan DeOliveria, son of Kevin and Hannah, and River Hardison, son of Travis and Autumn are enrolled in Partnership for Children Pre- School. Their teacher is Mrs Mechelle Shield. Happy School Days boys!

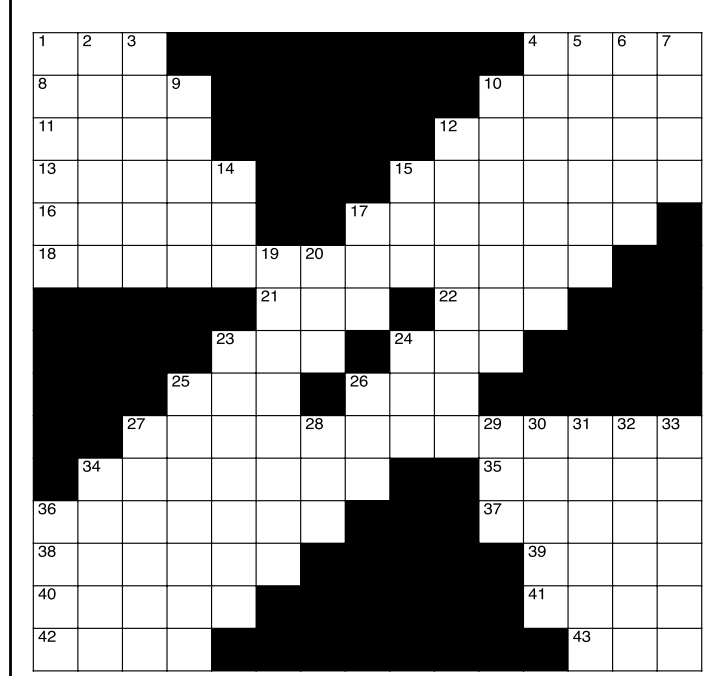
Happy Birthday: Cooper and Piper Henries - September 10th; Kathy Lewis, Gloria Mercer, Robert Popperwill, Jr, Marie (Nuggie) Rice, Kim B Sawyer, and Stephanie B Henries - September 11th; Carla Ireland - September 13th; Kelsey Turnage, William Fulford, Jr, Linda E Anderson, Chris Jarman, Mark E Jones and Maddox DeOliveria - September 14th; Kaley Tyerina - September 15th.

Happy Anniversary: Fernando and Crystal B Rivera - September 9th.

Sandra Kay O'Neal Tripp drove to Hobucken Saturday. She went to Barnett Cemetery to place floral arrangements on the graves of family members, and then came to see me. We were next door neighbors for many years and spent lots of time taking the kids swimming, fishing, skiing, and to baseball games. So, we talked about the "good ole days" and caught up on how the young'uns are doing now. Of course, we talked about our 'medical conditions', but are blessed that we are both doing well. It was a good visit. I love you Kay, Craig and Angela!

I was unable to get the Bill Duncan Fishing Tournament results. Hoping it will be available next week!

CROSSWORD



CLUES ACROSS

- 1. It governs Federer and Nadal's sport
- 4. Golden apple tree
- 8. Central Mexican river
- 10. Horn
- 11. Egg-shaped
- 12. With tooth
- 13. French modernist painter
- 15. Disprove
- 16. Painful intestinal obstruction
- 17. Baby shoes
- 18. Make the grade
- 21. Type of screen
- 22. Christian fraternal organization (abbr.)
- 23. Computer giant
- 24. When you hope to get there
- 25. Corporate executive title (abbr.)
- 26. Shout of welcome or farewell
- 27. Imaginary awards for good deeds
- 34. A citizen of Iran
- 35. It can be sounded
- 36. Making dirty
- 37. Romanian city
- 38. Baking ingredient
- 39. Share a common boundary with
- 40. Succulent plants
- 41. Penny
- 42. Jr. U.S. Senator Paul
- 43. "Laurie Partridge" actress Susan

CLUES DOWN

- 1. A type of bomb
- 2. Pacific island country
- 3. Earth is one
- 4. A place to gather around
- 5. Expressed opposite views
- 6. Group that lives near Siberia
- 7. Ore deposit
- 9. Language related to Eskimo
- 10. Narrative piece of music
- 12. The distance covered by normal stride
- 14. Glycoprotein hormone (abbr.)
- 15. Mathematical term (abbr.)
- 17. Popular beer
- 19. Jabbing
- 20. Historic Swedish castle
- 23. Humorous expressions
- 24. Christmas and New Year's Day each have one
- 25. Filled up
- 26. Nerve that serves the forearm (abbr.)
- 27. One of British descent
- 28. A way to get at
- 29. Food-related allergic reaction
- 30. Group of arteries near the pelvis
- 31. Picked up
- 32. Being three in one
- 33. Obscene
- 34. Dravidian language
- 36. Growl

20th Anniversary of 9/11 Day on September 11, 2021 60 USA COMMUNITIES ANNOUNCED

1st Annual 9/11 Flag of Honor Across America Memorials

Pamlico Teen Court, with the Mediation Center of Eastern Carolina in New Bern, is selected as 1 of 60 Communities in America to Lead a new National 9/11 Day Remembrance Project called the "9/11 Flag of Honor Across America Memorials on Saturday, September 11th, 2021.

On Saturday, September 11th, 2021, us, along with 60 Communities across America as we gather together to Never Forget the 2,983 women, men, and children who lost their lives on September 11, 2001 (2,977) and February 26, 1993 (6). In our community, we will meet at the Pamlico County Courthouse Grounds, 202 Main Street, Bayboro, starting at 9:10-9:15a.m. Please bring your own seating: chair or blanket. We will begin promptly at 9:37:46 am EST: The time at which Flight 77 crashes into the western side of the Pentagon and starts a violent fire.

Each of the 60 Inaugural Communities will remember 50 of the Souls Lost by reading their name, sharing where they are remembered, in the North Pool or South Pool at the 9/11 Memorial in New York City, reading the Panel Number where their Name is in Bronze at the 9/11 Memorial, and reading a Short Bio for each as listed on the Website of the 9/11 Memorial and Museum.

On this special and Sacred Day, each of the 60 Communities will raise the Official 9/11 Flag of Honor, which includes the names of all 2,989 victims who lost their lives on these two tragic days. Each of the 9/11 Flags also visited the 9/11 Memorial and Museum on Sunday, June 27, 2021, and were on the Sacred Ground where the Twin Towers once stood, where the 9/11 Memorial has been erected.

This will be the largest national coordinated 9/11 Day Project in America in remembrance of the 20th Anniversary of that tragic day on September 11th, 2001, and will involve both adults and youth who were not

born at that time. It is essential that we "Never Forget" the largest Terrorist Attack on American soil, and around the world.

All 60 Communities needed for this Special 9/11 Day Project across America have been secured, and they represent a wide range of agencies and organizations from the Global Youth Justice Network of 1800+ Youth-Led Youth/Teen/Student/Peer Court and Peer Jury Diversion Programs, and also Fire Departments, Police

Departments, Nonprofits, Courts, Schools, Senior Centers, Youth Bureaus, United Ways, Army JROTC Programs, Community Centers, Service Organizations, and Red, White and Blue Chapters.

The 1st Annual 9/11 Flag of Honor Across America Memorials on Saturday, September 11th, 2021 is led by Global Youth Justice, Inc., and is sponsored and funded by

the Federal Agency AmeriCorps National Day of Service, and Global Youth Justice, Inc. This is one of only 2 new Federally Sponsored National 9/11 Day Projects by the Federal Agency AmeriCorps, and largest nationally coordinated 9/11 Day Project since September 11th, 2001.

For media, press, and details on covering the 9/11 Flag of Honor Across America Memorial on the morning of Saturday, September 11, 2021 in Craven County, NC, USA, please see below for the contact information for Craven County Teen Court at the Mediation Center of Eastern Carolina. For National Inquiries, see below for contact information for the Federal Agency AmeriCorps and Global Youth Justice, Inc.

PRESS CONTACT INFORMATION

Craven County Teen Court, MCEC, 233 Middle St., Suite 208, New Bern, NC 28560.
<https://www.facebook.com/cravencotc>

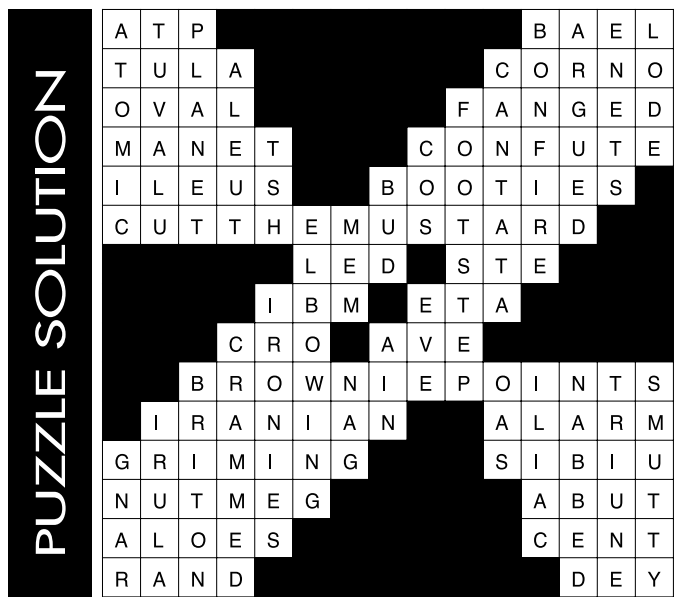
Teen Court is an alternative program to the juvenile court system that provides graduated sanctions (penalties) for misdemeanor juvenile offenders. Sanctions for the youth are determined by a jury of their peers, and imposed based on the severity and circumstances of the offense. It is a "hands-on" educational opportunity to better understand our system of justice for offenders and for youth volunteers.

<https://mceconline.org/>
The Mediation Center of Eastern Carolina is an agency whose mission it is to help individuals in the community develop the capacity to respectfully resolve conflict.

AmeriCorps, Washington, DC, USA
<https://americorps.gov/>

AmeriCorps is the Federal Agency responsible for leading efforts around America to involve Adults and Youth in both 9/11 Day and Martin Luther King, Jr. Day. For Decades AmeriCorps has worked to make service to others an indispensable part of the America Experience. Through America's most trying times, AmeriCorps has come together to help those in need. More information e-mail PressOffice@cns.gov or call 202-606-6755.

Global Youth Justice, Inc., Boston, USA
<https://www.globalyouthjustice.org/news/9-11-day/>
Global Youth Justice, Inc. leads a Global Network of 1800+ Youth-Led and Volunteer-Driven Diversion Programs called Youth/Teen/Student/Peer Court and Peer Jury – now in 47 USA States, 25+ Tribes, Washington, DC, and 12 Countries. More than 250,000 Youth are involved annually to include Youthful Offenders and Youth Volunteers. More information e-mail 911Day@GlobalYouthJustice.org and/or call Global Youth Justice, Inc. @ 202-468-3790.



Guess Who?

I am a comedic actor born in New York, on September 9, 1966. I broke through in Hollywood working as a comedian. I appeared as a regular cast member on "Saturday Night Live" and became a film star.

Answer: Adam Sandler

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NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF BRANDON ELBERT WARD
File No.: 21 E 152

All persons, firms and corporations having claims against deceased, are notified to exhibit them to GRACE ELAINE WARD, Administrator of the Estate, on or before NOVEMBER 16, 2021 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 18th day of August, 2021.
ESTATE OF BRANDON ELBERT WARD
C/O GRACE E. WARD
1234 OLYMPIA RD
NEW BERN, NC 28560

Publish August 18, 25, September 1 and 8, 2021

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF JANET ELIZABETH CATTON
File No.: 21 E 140

All persons, firms and corporations having claims against deceased, are notified to exhibit them to DEAN B. CATTON, Executor of the Estate, on or before NOVEMBER 23, 2021 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 25th day of August, 2021.
ESTATE OF JANET E. CATTON
C/O DEAN CATTON
5884 ORCHARD WAY
WEST PALM BEACH, FL 33417

Publish August 25, September 1, 8 AND 15, 2021

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF MARVIN RICHARD HITCHCOCK, JR
File No.: 21 E 162

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MARVIN R. HITCHCOCK, III, Administrator of the Estate, on or before NOVEMBER 30, 2021 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 1st day of September, 2021.
ESTATE OF MARVIN R. HITCHCOCK, JR
C/O MARVIN R. HITCHCOCK, III
208 POPLAR STREET
NEW BERN, NC 28560

Publish September 1, 8, 15 AND 22 2021

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY

SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ALVIN RAY MARTIN

Having qualified as Executor of the Estate of Alvin Ray Martin, late of Merritt, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 6634 Florence Road, Merritt, NC 28556, on or before the 8th day of November 2021, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 1st day of September 2021

Jeremy D. Hudgins
6634 Florence Road
Merritt, NC 28556

Publish: September 1, 8, 15, 22 2021

HOLLOWELL & HOLLOWELL
P.O. Box 218
Bayboro, NC 28515
(252)-745-5115

Notice to Creditors North Carolina, Pamlico County

All persons, firms and corporations having claims against the Estate of Robert Lee Hamilton, Sr., deceased, of Grantsboro, NC, are notified to present the same to the personal representative listed below on or before December 8, 2021, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 8th day of September, 2021.

Cindi M. Quay, Administrator of the Estate of Robert Lee Hamilton, Sr.
c/o Quay & Associates, P.A.
412 Broad Street
New Bern, NC 28560

PUBLICATION DATES:
September 8, 15, 22, and 29

AMENDED NOTICE OF FORECLOSURE SALE
19 SP 60

Under and by virtue of the power of sale contained in a certain Deed of Trust made by Julia Owens and James Franklin Owens (PRESENT RECORD OWNER(S): James F. Owens) to Brian Taylor, Trustee(s), dated March 25, 2005, and recorded in Book No. 442, at Page 841 in Pamlico County Registry, North Carolina, default having been made in the payment of the promissory note secured by the said Deed of Trust and the undersigned, Substitute Trustee Services, Inc. having been substituted as Trustee in said Deed of Trust by an instrument duly recorded in the Office of the Register of Deeds Pamlico County, North Carolina and the holder of the note evidencing said indebtedness having directed that the Deed of Trust be foreclosed, the undersigned Substitute Trustee will offer for sale at the courthouse door in Bayboro, Pamlico County, North

Carolina, or the customary location designated for foreclosure sales, at 12:00 PM on September 22, 2021 and will sell to the highest bidder for cash the following real estate situated in Grantsboro in the County of Pamlico, North Carolina, and being more particularly described as follows:

All that certain parcel of land lying and being situated in the County of PAMLICO, State of NC, to-wit: On the southwest side of Neuse Road (Secondary Road 1102), Beginning in the southwestern edge of said road at a point which is located the following five courses and distances from the intersection of said road centerline with the centerline of the road leading to North Carolina Highway 306 (Secondary Road 1116); North 33 degrees 05' West with said road centerline 55.6 feet; thence South 62 degrees 20' West 21.3 feet to an iron stake in the road edge; thence North 33 degrees 05' West with said road edge 200 feet; thence North 42 degrees 22' West with said road edge 136 feet; thence North 42 degrees 53' West with said road edge 171.56 feet to the point of Beginning; thence from said beginning point South 25 degrees 59' West 70.6 feet; thence North 67 degrees 18' West 39.17 feet; thence North 17 degrees 15' East 740 feet to the southwestern edge of the Neuse Road; thence South 42 degrees 53' East with said road edge of 162.44 feet to the point of beginning, containing 1.44 acres, more or less. Together with improvements located thereon; said property being located at 10260 Neuse Road, Grantsboro, North Carolina. The easement in the State Highway Commission on that part of the right of way of the Neuse Road which lies within the above description is excepted. Said land is Lot One as shown on a map by Floyd L. Suitt, Jr. R.L.S., of a survey of the lands of B.E. Willis Estate, copy of which is recorded in Map Book Five at Page 67, Pamlico County Registry. Tax Map Reference: F081-9 Being that parcel of land conveyed to JAMES FRANKLIN OWENS AND WIFE, JULIA OWENS, AS TENANTS BY THE ENTIRETY from CARROLL P. KORNEGAY, FORMERLY CARROLL PRIDGEN STOWE, BRANDY S. MESA AND HUSBAND RALPH L. MESA, AND RONNIE W. STOWE, II, UNMARRIED by that deed dated 08/13/2004 and recorded 08/13/2004 in deed book 428, at page 809 of the PAMLICO County, NC Public Registry.

Trustee may, in the Trustee's sole discretion, delay the sale for up to one hour as provided in N.C.G.S. §45-21.23.

Should the property be purchased by a third party, that party must pay the excise tax, as well as the court costs of Forty-Five Cents (\$0.45) per One Hundred Dollars (\$100.00) required by N.C.G.S. §7A-308(a)(1).

The property to be offered pursuant to this notice of sale is being offered for sale, transfer and conveyance "AS IS, WHERE IS." Neither the Trustee nor the holder of the note secured by the deed of trust/security agreement, or both,

being foreclosed, nor the officers, directors, attorneys, employees, agents or authorized representative of either the Trustee or the holder of the note make any representation or warranty relating to the title or any physical, environmental, health or safety conditions existing in, on, at or relating to the property being offered for sale, and any and all responsibilities or liabilities arising out of or in any way relating to any such condition are expressly disclaimed. Also, this property is being sold subject to all taxes, special assessments, and prior liens or prior encumbrances of record and any recorded releases. Said property is also being sold subject to applicable Federal and State laws.

A deposit of five percent (5%) of the purchase price, or seven hundred fifty dollars (\$750.00), whichever is greater, is required and must be tendered in the form of certified funds at the time of the sale.

If the trustee is unable to convey title to this property for any reason, the sole remedy of the purchaser is the return of the deposit. Reasons of such inability to convey include, but are not limited to, the filing of a bankruptcy petition prior to the confirmation of the sale and reinstatement of the loan without the knowledge of the trustee. If the validity of the sale is challenged by any party, the trustee, in its sole discretion, if it believes the challenge to have merit, may request the court to declare the sale to be void and return the deposit. The purchaser will have no further remedy.

Additional Notice for Residential Property with Less than 15 rental units, including Single-Family Residential Real Property

An order for possession of the property may be issued pursuant to N.C.G.S. § 45-21.29 in favor of the purchaser and against the party or parties in possession by the clerk of superior court of the county in which the property is sold.

Any person who occupies the property pursuant to a rental agreement entered into or renewed on or after October 1, 2007, may after receiving the notice of foreclosure sale, terminate the rental agreement by providing written notice of termination to the landlord, to be effective on a date stated in the notice that is at least 10 days but not more than 90 days, after the sale date contained in this notice of sale, provided that the mortgagor has not cured the default at the time the tenant provides the notice of termination. Upon termination of a rental agreement, the tenant is liable for rent due under the rental agreement prorated to the effective date of the termination.

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STATE OF NORTH CAROLINA UTILITIES COMMISSION RALEIGH DOCKET NO. G-9, SUB 791 BEFORE THE NORTH CAROLINA UTILITIES COMMISSION

In the Matter of Application of Piedmont Natural Gas Company, Inc., for Annual Review of Gas Costs Pursuant to N.C.G.S. § 62-133.4(c) and Commission Rule R1-17(k)(6)

PUBLIC NOTICE

NOTICE IS HEREBY GIVEN that the North Carolina Utilities Commission has scheduled a public hearing to conduct an annual review of the cost of natural gas supply, storage and transportation for Piedmont Natural Gas Company, Inc. (Piedmont). The public hearing has been scheduled for Monday, October 11, 2021, at 2:00 p.m. in Commission Hearing Room 2115, Dobbs Building, 430 North Salisbury Street, Raleigh, North Carolina. The hearing is being held pursuant to the provisions of N.C. Gen. Stat. § 62-133.4(c) and Commission Rule R1-17(k)(6) for the purpose

of comparing Piedmont's prudently-incurred gas costs with costs recovered from all of the utility's customers served during the test period. Public witness testimony will be received in accordance with Commission Rule R1-21(g).

Piedmont filed testimony relating to the subject matter of this hearing on August 2, 2021. Further information may be obtained from the Office of the Chief Clerk, North Carolina Utilities Commission, 430 North Salisbury Street, Raleigh, North Carolina, where a copy of Piedmont's testimony is available for review by the public. Also, documents can be viewed on the Commission's website at www.ncuc.net.

The Public Staff is authorized by statute to represent consumers in proceedings before the Commission. Correspondence regarding the annual review proceeding and the hearing thereon should be directed to the Public Staff and should include any information which the writer wishes to be considered by the Public Staff in its investigation of the matter. Such statements should be addressed to Mr. Christopher J. Ayers, Executive Director, Public Staff, 4326 Mail Service Center, Raleigh, North Carolina 27699-4300.

The Attorney General is also authorized by statute to represent consumers in proceedings before the Commission. Statements to the Attorney General should be addressed to The Honorable Josh

Stein, Attorney General, c/o Consumer Protection- Utilities, 9001 Mail Service Center, Raleigh, North Carolina 27699-9001. Written statements may be emailed to utilityAGO@ncdoj.gov.

Written statements are not evidence unless the writers appear at a public hearing and testify concerning the information contained in their written statements.

Persons desiring to intervene in this proceeding as formal parties should file a petition to intervene pursuant to Commission Rules R1-5 and R1-19 on or before Monday, September 27, 2021. Such petitions should be filed with the Chief Clerk of the North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300. The direct testimony and exhibits of expert witnesses to be presented by intervenors should also be filed with the Commission on or before Monday, September 27, 2021.

This the 11th day of August, 2021.

NORTH CAROLINA UTILITIES COMMISSION



Lindsey A Worley, Acting Deputy Clerk

Little Fork Ranch Schooling Show

Area equine students showed off their horsemanship skills last Saturday at the Little Fork Ranch Schooling Horse Show held at the George Brinson Memorial Riding Arena in Arapahoe. I really don't know much about horses, but they all looked good to me. The next scheduled event at the arena is September 25th starting at 10 AM.



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For more information about other services offered by the Small Business Center, call 252.571.2243, email Mindy Moore at mmoore@pamlicocc.edu, or check the Small Business Center web site at www.pamlicocc.edu/sbc.

Renaë Simon, Step-by-Step Solutions.
Webinars held 4-6p
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9/13 Customer Service Part 1
9/20 Customer Service Part 2

Matt Rudisill, The Leadership Academy
Webinars held 4-6p
9/16 Building your Tribe with YouTube
10/12 Using Sales Funnels to Ignite Growth in Your Business

Pat Sordill, Sordill Consulting (out of Oriental!)
Webinars held 4-6p
9/14, 21 Time Management
10/11, 18 Interviewing Skills

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- Creating a Winning Business Plan

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- Ten Tips to Grow Art Market Sales
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