

# The Pamlico News

Wednesday, July 27, 2022

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## Grant money available for transient recreational boating facilities

**MOREHEAD CITY** – The N.C. Division of Marine Fisheries is accepting proposals for the Boating Infrastructure Grant (BIG) Program for federal fiscal year 2023. The Request for Proposals is published on the N.C. Division of Marine Fisheries BIG website.

BIG is a grant program of the U.S. Fish and Wildlife Service that reimburses up to 75 percent of costs for projects that construct, renovate, or maintain tie-up facilities and related amenities for recreational transient vessels that are at least 26 feet long. The grant program was authorized by Congress in 1998 and is funded by excise taxes on fishing equipment and motorboat fuel.

The Division of Marine Fisheries serves as the liaison between projects in North Carolina and the U.S. Fish and Wildlife Service for the BIG Program. Proposals must be submitted to the division to be considered for this funding opportunity.

Some examples of potentially eligible activities include transient slips, mooring buoys, day-docks, floating and fixed piers and breakwaters, dinghy docks, restrooms, showers, laundry facilities, retaining walls, bulkheads, dockside utilities (water, electric, telephone, internet), sewage pump-out stations, recycling and trash receptacles, navigational aids and marine fueling stations. Applicants must have or intend to construct dedicated dockage for transient vessels to receive funding for these eligible activities.

BIG funds are awarded each year. Grants are available on a two-tiered basis. For Tier 1 – State grants, all states may receive up to \$200,000 per grant cycle as long as proposals meet the program's guidelines. Tier 2 – National grants are reserved for large-scale, more expensive undertakings and are awarded on a nationwide competitive basis. For this funding opportunity, applicants may apply for up to \$200,000 under Tier 1 and up to \$1.5 million under Tier 2.

For information about grant availability, project eligibility, and proposal development, please visit the N.C. Division of Marine Fisheries' website at <https://deq.nc.gov/boating-infrastructure-grant> or contact Vicky Pohoresky, Federal Aid Coordinator for the N.C. Division of Marine Fisheries at 252-808-8016, or Vicky.Pohoresky@ncdenr.gov. The deadline for applications to be received by the state Division of Marine Fisheries is 5 pm Monday, Aug. 15, 2022. Please refer to RFP requirements for proposal submission.



## Oriental Hurricane Community Forum

by: Hiram Lupton



Hurricane season is upon us and being prepared for it was the topic last Wednesday evening at the Oriental Town Hall, as the Town of Oriental and the Pamlico Amateur Radio Society welcomed Meteorologist Erik Heden of the National Weather Service (NWS) in Newport/Morehead City for a Hurricane Community Forum. The meeting room was full with roughly 40 attendees in person and about the same number who watched online. It was very telling that when Mr. Heden asked the crowd how many had lived in the area less than five years, probably 75% or more raised their hands. Whether you are new to the area, or a salty long-time resident like the Mayor, there was a lot of good information presented. Year in and year out, the coastline of North Carolina is the area of the Country most impacted by tropical systems, and the NWS is the best source for tracking storms and what their potential impact could be if one makes landfall in our area. So many good points were stressed. It is important not to focus on just the category of a storm, which is determined by wind speed. Wind is a to be respected and can cause a great deal of

damage, but water is still what kills. Also, the center of a storm is just that, the center. Depending on the size, impacts can be felt hundreds of miles away from the eye of the storm. Another important point, preseason predictions on the numbers of tropical systems and how many could become major hurricanes are speculation based on meteorological conditions and trends and can give insight on what could occur, but if only one hurricane develops in a season and hits your area, it has been a bad year. As the name suggests, this was a forum and there were great questions and contributions from the audience, including very valuable local insight and information from town manager Diane Miller and Mayor Sally Belangia. The time to make your plan in case of a hurricane is now. Educate yourself, stay informed, and listen to local officials. The NWS website is [weather.gov/newport](http://weather.gov/newport). They are also on Facebook and Twitter. It is also important to go to [pamlicocounty.org](http://pamlicocounty.org) and register with CodeRed so you can be notified by your local emergency response team in the event of emergency situations including weather warnings and evacuation notices.

## Steinburg to leave N.C. Senate at end of month; Hanig expected to be named replacement

July 19, 2022 | Local News | By: Sam Walker | From The: WOBX

*State Sen. Bob Steinburg has announced he will step down from the North Carolina Senate on July 31, likely clearing the way for state Rep. Bobby Hanig to assume a seat in the chamber he is running for in November.*



Sen. Bob Steinburg (R-Chowan)

Rep. Bobby Hanig (R-Currituck)

The Daily Advance reported Friday that Steinburg is stepping down this summer so he can be eligible to be a registered lobbyist when the 2023-24 session begins at the N.C. General Assembly next winter.

The Republican from Edenton is in his second term as senator for the First District, which covers Camden, Chowan, Currituck, Dare, Gates, Hertford, Hyde, Pasquotank, Perquimans, Tyrrell and Washington after serving three terms in the state House.

"I'm proud of my time representing northeastern North Carolina, and I'm glad we've done some positive things to improve our corrections system," Steinburg told Carolina Journal on Thursday. "I'm now excited to move forward in the next chapter, where I will continue to advocate for causes I care about, as well as northeastern North Carolina."

Steinburg chairs the Senate Select Committee on Prison Safety and has been a key player in

moving prison reforms through in recent years.

Steinburg lost to fellow Sen. Norm Sanderson of Pamlico County in the GOP primary in May, after the two were placed in the same district during the most recent redistricting process.

Sanderson has no opposition in the general election this November for the new First District that will include Carteret, Chowan, Dare, Hyde, Pamlico, Pasquotank, Perquimans and Washington counties.

"It has been the opportunity of a lifetime to serve in the North Carolina House of Representatives. I look forward to continuing my service in the Senate," Hanig said.

"Senator Steinburg is a great leader. I am honored to have his support in filling the vacancy," Hanig said. "I will work hard to carry on his legacy of standing up for northeastern North Carolina values in Raleigh."

Hanig is a Republican from Powells Point serving his second term in the N.C. House of Representatives and was elevated last year to Deputy Majority Whip, a key leadership position.

With the region split into a pair of districts beginning in 2022, Hanig was unopposed in the May primary for the Republican nomination to the Third District Senate seat. That district covers Bertie, Currituck, Camden, Gates, Halifax, Hertford, Martin and Warren counties.

Hanig will face Valerie Jordan, a Democrat from Warren County, in the November general election.

Continued on Page A06

## Pamlico Community College Honors Representative Bobby Hanig with 2022 Extraordinary Partnership Award



Pamlico Community College President Dr. Jim Ross, left, presents the 2022 Extraordinary Partnership Award to Rep. Bobby Hanig of Currituck County. The college recognized Hanig for his work in the General Assembly to strengthen the college's prison education programs in Bayboro and his other efforts on behalf of PCC. Contributed photo

Pamlico Community College recognized the tireless work and continued support of one of its strongest legislative advocates recently by presenting him with the college's 2022 Extraordinary Partnership Award.

Rep. Bobby Hanig, who currently represents the college and all of Pamlico County in the N.C. House of Representatives, was presented this prestigious award in his Raleigh office by PCC President Dr. Jim Ross.

Hanig, who also serves as Deputy Majority Whip in the NC House of Representatives, has been particularly instrumental in the college's efforts to grow and strengthen its widely praised education programs for offenders at Pamlico Correctional Institution in Bayboro.

"Representative Hanig is an outstanding public servant who has been an extraordinary champion for our college," Ross said. "We have asked him to help lead vital initiatives to advance our college, and in every single case he has pursued these with tireless energy, determination, and integrity until victory is achieved. He is responsible for monumental achievements for our college and those we serve."

Hanig is only the fourth person or organization to be recognized by Pamlico Community College with its Extraordinary Partnership Award. He joins mental health organization Promise Place, former PCI Superintendent Faye Daniels and N.C. Sen. Norman Sanderson as recipients of the award. Sanderson has received the honor twice – in 2017 and 2019.

Ross said it was important to recognize Hanig's outstanding work on behalf of the college's prison education programs, which have received statewide praise as an exceptional model in reducing crime and recidivism by preparing offenders to be law-abiding, productive, good citizens after their release.

The award states, "Representative Hanig has provided exceptional overall support for Pamlico Community College, which has enabled our college to gain national recognition as one of America's best community colleges. He has also provided extraordinary support of our prison education program's goal to become America's best prison education program, which will bring reduced crime, reduced recidivism, and enormous benefits to all North Carolina citizens."



Cast of Who Killed Mr O

## WEEKEND WEATHER



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# COMMUNITY

## OBITUARIES



**Gary Edwin Stowe, 68, of Silverhill,** went to his Heavenly home on July 19, 2022. He is survived by his bride of 45 years, Tammy Stowe, and his daughters, Jill Ireland (Wade), Beth S. Wood (John), and Jana Woolard (Dale). His grandchildren, Hailey, Michaela, Chelsea, Mariah, and Brian. Great-grandchildren, Cru and Colt. His sisters, Gloria Mercer and Gayle

Thomas (John). There are also many special nieces and nephews. He loved his family, his church family at Goose Creek P.H. Church, many cousins, and countless friends. Most importantly, his love for God. He could often be found in the garden, tinkering with his growing collection of lawnmowers, rocking on the front porch, or watching westerns, especially Gunsmoke. His bear hugs, smiles, and encouraging words will be greatly missed!!!!

In lieu of flowers, donations can be made to Pamlico County Rescue Squad.

# Prepare for the financial impact of natural disasters

The fury of Mother Nature’s wrath is displayed in vivid color during stormy times of year, including hurricane season. And it seems no area of the planet is safe from such furor. In September 2018, Hurricane Florence battered the southeastern coast of the United States while Typhoon Mangkhut hit Hong Kong. Just a few months earlier, California saw devastating wild fires, and in August torrential rain flooded many areas of Taiwan.



After the flood waters recede and the rain or smoke has passed, people affected by storms must face the financial ramifications. Whether storms touch down nearby or overseas, the globalized economy means the financial fallout from natural disasters can be felt near and wide. The National Centers for Environmental Information estimates that hurricanes cost an average of \$21.8 billion per event in damages for the United States. Since 1980, when data started to be collected, NCEI indicates hurricanes (tropical cyclones), drought, flooding, wildfires, freezes, and winter storms tend to be the most costly events. It’s easy to underestimate the scope of the financial burdens caused by natural disasters. Here are a few ways to protect one’s financial interests in advance of natural disasters.

- Experts at Property Casualty Insurers Association of America advise consumers to review and update their insurance policies regularly. Many homeowners are underinsured for natural disasters, particularly for flooding or earthquakes, which are not included in most policies.
- Adjust insurance shortfalls based on what insurers provide and the type of weather that tends to affect the area in which you live.
- Policies should reimburse for hotel rooms or meals out if a home is uninhabitable after a disaster. In a Consumer Reports survey of people who experienced property damage after a hurricane, 5 percent said they had to stay elsewhere, while 42 percent needed to relocate temporarily after damages from wildfires.
- Remove valuables and store them in a bank safety deposit box or another location that’s outside the path of the storm. Theft, vandalism and looting can occur after storms.
- Have a backup employment plan and savings strategy if storms come through regularly. It is not uncommon for local businesses to shut down for some time to recover. This can mean temporary or permanent loss of employment.
- Recognize your portfolio may suffer as commodity prices and stocks take a hit if regions are decimated by natural disasters. Think ahead in regard to how your investments may be affected and make changes accordingly to mitigate the financial damage.

*Storms cause structural and economic damage when they roll through. Be prepared to protect your financial interests.*

obits@thepamliconews.com

# Horoscopes



**ARIES – Mar 21/Apr 20**  
Try not to question the mysteries of the universe right now, Aries. Unconventional vibes are coming your way, which may lead you on some bizarre, yet enjoyable journeys.



**TAURUS – Apr 21/May 21**  
Don’t believe everything you read on social media, Taurus. Some strange information is coming in and you have to weed through misinformation to make some smart choices.



**GEMINI – May 22/Jun 21**  
There may be surprises around the workplace this week, Gemini. A supervisor could act out of sorts and the momentum may be a bit erratic. Ride out this unsettling wave.



**CANCER – Jun 22/Jul 22**  
You have a sensitive and compassionate demeanor, Cancer. Unfortunately, this can make you vulnerable. Keep a few tough friends in your corner.



**LEO – Jul 23/Aug 23**  
Leo, advocate and negotiate for yourself as much as you can in the days to come. You can’t expect anyone to promote yourself better than you can.



**VIRGO – Aug 24/Sept 22**  
Give yourself a break, Virgo. You have been putting your nose to the grindstone for so long, you deserve an opportunity to enjoy the lighter side of life for a bit.



**LIBRA – Sept 23/Oct 23**  
Your responsibilities are at an all-time high right now, Libra. That means you are in much demand. Pick and choose your projects because your schedule is packed.



**SCORPIO – Oct 24/Nov 22**  
Scorpio, celebrate yourself this week. You deserve some recognition and celebration just for being you, and what better person to initiate it than yourself?



**SAGITTARIUS – Nov 23/Dec 21**  
You may have a sudden urge to get organized at home or at the office, Sagittarius. Spend ample time sorting and cleaning out the clutter. You’ll be more productive for your efforts.



**CAPRICORN – Dec 22/Jan 20**  
Light banter is the name of the game for conversation this week, Capricorn. Avoid any topics that can be deemed controversial or lead to confrontation.



**AQUARIUS – Jan 21/Feb 18**  
Appreciate the world around you, Aquarius. It’s easy to get fixated on what is going wrong. Instead, be grateful for all of the things that are going right.



**PISCES – Feb 19/Mar 20**  
Good vibes are heading your way, Pisces. Cosmic energy continues through your sign, articulating visions of future ambitions.

## CANCER Traits & Overview

Deeply intuitive and sentimental, Cancer can be one of the most challenging zodiac signs to get to know. They are very emotional and sensitive, and care deeply about matters of the family and their home. Cancer is sympathetic and attached to people they keep close. Those born with their Sun in Cancer are very loyal and able to empathize with other people’s pain and suffering. The sign of Cancer belongs to the element of Water, just like Scorpio and Pisces. Guided by emotion and their heart, they could have a hard time blending into the world around them. Being ruled by the Moon, phases of the lunar cycle deepen their internal mysteries and create fleeting emotional patterns that are

beyond their control. As children, they don’t have enough coping and defensive mechanisms for the outer world, and have to be approached with care and understanding, for that is what they give in return. Lack of patience or even love will manifest through mood swings later in life, and even selfishness, self-pity or manipulation. They are quick to help others, just as they are quick to avoid conflict, and rarely benefit from close combat of any kind, always choosing to hit someone stronger, bigger, or more powerful than they imagined. When at peace with their life choices, Cancer representatives will be happy and content to be surrounded by a loving family and harmony in their home.

FOR ENTERTAINMENT PURPOSES ONLY

# THIS WEEK IN HISTORY

- July 27th – 1751, North Carolina’s first newspaper, The North Carolina Gaze>e was published.
- July 28th – 1914, World War I begins when Austria–Hungary declares war on Serbia.
- July 29th – 1958, The NaMonal AeronauMcs and Space AdministraMon (NASA) is created.
- July 30th – 1954, Elvis Presley gave his first public concert at Levi> Shell amphitheater in Memphis, Tennessee. There was a whole lo>a shakin’ going on.
- July 31st – Today is World Ranger Day. I thought this might be for the Lone Ranger, or maybe the Texas Rangers but it is celebraMng Park Rangers. If you are at a State or NaMonal Park today, wish them a happy Ranger Day.
- • August 1st – 1962, Spiderman first appeared in Marvel Comics. Growing up, I always figured one day I’d be bi>en by a radioacMve mosquito and become mosquito man.
- • August 2nd – 1876, Wild Bill Hickock is shot and killed during a poker game. He was holding a pair of Ace’s and 8’s. This came to be known as “The dead man’s hand.”

## BIRTHDAYS THIS WEEK

- July 27th – 1944, Singer Roberta Lee Streeter (Bobbie Gentry, “Ode to Billie Joe”)
- July 28th – 1866, Writer Beatrix POKer (Peter Rabbit)
- July 29th – 1953, Rock singer and bassist Geddy Lee (Rush)
- July 30th – 1947, Arnold Schwarzenegger
- July 31st – 1965, Author Joanne Rowling (J. K. Rowling, “Harry PoKer”)
- August 1st – 1779, Poet Francis ScoK Key (“The Star–Spangled Banner”)
- 1942, Guitarist and songwriter Jerry Garcia
- August 2nd – Writer James Baldwin



**"What a LONG, STRANGE TRIP IT'S BEEN" JUST KEEP TRUCKIN' ON** – Jerry Garcia

**Concerned about your drinking?**  
**You are not alone, there is help available!**  
**Come join others who have found a solution.**  
**Alcoholics Anonymous: New Bern Hotline (252) 633-3716**

**Meetings in Pamlico County:**  
**(If you think you may have a problem, you are welcome.)**

- Tuesday 8pm** - Oriental Tuesday Night Group - Meeting at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left)
- Thursday \*\*7:30pm\*\*** - Recovery and Beyond (a great meeting for new members) - Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC
- Friday 8pm** - Oriental Friday Night Group - Meeting at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left).
- Sunday \*\*7pm\*\*** – Oriental Sunday Night Group - Meeting at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on left)

**Al-Anon (Members are people, just like you, who are worried about someone with a drinking problem).**  
**Tuesday \*\*7pm\*\*** - Meeting at 403 Mildred Street in Oriental, NC  
**Adult Children of Alcoholics (ACOA)**  
**Tuesday 6:30-7:30pm - (Open Meeting) at the Free Will Baptist Church, 600 Ragan Road in Oriental (2nd brick building on left).**  
**Narcotics Anonymous (A group atmosphere which provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle).**  
**Wednesday \*\*7pm\*\*** - Never Alone @ 7 - Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC

## QUICK REFERENCE

**EMERGENCY:** Dial 911 for police, sheriff, fire departments, rescue squads, ambulance  
Animal Poison Control Center: 1-888-426-4435  
Carteret General Hospital: 808-6000  
Coastal Carolina Regional Airport: 638-8591  
**EMERGENCY PET CARE:** 444-1399  
**HIGHWAY PATROL:** 1-800-441-6127  
**MEDICAL ASSISTANCE** – CarolinaEast Medical Center: 633-8111  
**PAMLICO COUNTY DEPARTMENTS**  
Board of Elections: 745-4821  
County Manager: 745-3133  
Emergency Management: 745-4131  
Health Dept.: 745-5111  
Lynn H. Lewis  
Pamlico County Register of Deeds: 252.745.4421  
Recycling Center: 745-3283  
Senior Services: 745-7196  
Sheriff’s Dept. (non-emergency) – 745-3101  
Social Services: 745-4086  
Tax Collector: 745-4125  
Water Dept.: 745-5453  
Poison Control Center: 1-800-222-1222  
US Coast Guard (Hobucken): 745-3131

## The Pamlico News

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**Land/Home Sales  
Property Management  
Appraisals Development**



*Agent of the Week*  
**Linda Hoff**  
Broker  
*Here's what one of Linda's customers had to say...*

We are writing to say how pleased we are with the realty service of Linda Hoff in the sale of our slip outside Oriental, NC. She was very helpful in reaching out to us, explaining the process clearly and making the sale as quick and professional as possible. We are very pleased that she was able to sell our slip quickly and for the asking price.  
*Valerie & Glenn, PA*



**ORIENTAL** – Prime vacant lot on North Street in the Village of Oriental. Not in a flood zone. Residential and/or commercial possibilities since it is zoned MU, which allows any type of development including short-term vacation rentals. Centrally located to the bank, post office, hardware store and all of your favorite restaurants in the Village of Oriental! Central sewer & water are available as well as high-speed internet. No flood insurance required. No HOA.  
**OFFERED AT \$75,000**



**ORIENTAL** – Landmark 1910 historic **3BR/2BA**, updated kitchen with Butcher Block counters, SS appliances & sink, all new LVP flooring, new windows, freshly painted and the original rolled metal standing seamed roof which is considered a lifetime roof. All new mini-splits (3 units) and in the Heart of the Village only 2 blocks from Oriental Harbor. No HOA.  
**OFFERED AT \$275,000**



**ORIENTAL** – This **2BR/2BA** home is at the end of a cul-de-sac in the Sea Vista community. Updated kitchen, 2 walk in closets in master bedroom & updated master bath. Screened in sitting area on deck. Wrap around bench on open deck. Breezeway between house and garage. Convenient to downtown Oriental. Community boat ramp.  
**OFFERED AT \$298,500**



**MINNESOTT BEACH** –Water view and stunning sunsets from **2BR/2.5BA** condo with deeded access to the Neuse River. Ground level 2-car garage, bedrooms on 1st living level, kitchen, living room, game room on top. Upper and lower water side covered decks, community pier, not in a flood zone.  
**OFFERED AT \$325,000**



**ORIENTAL** – One-of-a-kind 1908 American Queen Anne style **3BR/2.5BA** on .58 acres (4 lots) on corner of Mildred St. & Second Ave. in heart of the Village includes 1900 built Pickle Cottage and a detached garage-workshop. Not in a flood zone, meticulously maintained, updated with modern conveniences.  
**OFFERED AT \$650,000**

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704 Broad St, PO Box 750  
Oriental, NC 28571



# Pamlico Community College

## PCC's Electrical Systems Technology program empowers graduates for great careers

By Sandy Wall

Pamlico Community College's Electrical Systems Technology program can empower you for a great career!

The program trains students to install and maintain electrical and electronics systems found in homes, businesses and industrial sites.

Coursework, most of which is hands-on, includes topics such as AC/DC theory, basic wiring practices, programmable logic controllers, industrial motor controls, applications of the National Electric Code and other subjects.

Students can earn an Associate of Applied Science degree, and there are certificate options available.

"Electricity truly powers our world, and our Electrical Systems Technology program is a great pathway into this important career field," said PCC President Dr. Jim Ross. "Our program includes informative classroom instruction as well as hands-on training."

Larry Monk, a 2012 graduate of the program, is the lead instructor. He began work at the college in 2018 after working at Hatteras/ Cabo Yachts in New Bern, where he installed electrical equipment on high-end boats.

He has said he enjoys sharing his knowledge and skills with students and showing them the opportunities available in the field.

There is a quite a bit of math in the program, but the hands-on learning makes it an attractive option to potential students, Monk has said.

The lab where he teaches is inside the recently renovated and expanded Johnson Building, and it includes several new pieces of sophisticated equipment.

For more information about PCC's Electrical Systems Technology program, contact Monk at [lmonk@pamlicocc.edu](mailto:lmonk@pamlicocc.edu) or 252-249-1851, ext. 3029.

Registration for the upcoming Fall 2022 semester is scheduled for Aug. 9 and 10 at the college. For more information about signing up for courses, contact Student Services at 252-249-1851, ext. 3001, or [studentservices@pamlicocc.edu](mailto:studentservices@pamlicocc.edu).

*Sandy Wall can be reached at 252-249-1851, ext. 3010, or [swall@pamlicocc.edu](mailto:swall@pamlicocc.edu)*



Larry Monk leads Pamlico Community College's Electrical Systems Technology program. He is a 2012 graduate of the college. Contributed photo

## Eastern Carolina Workforce Development Board and NCWorks Offers Essential Training

*Providing job seekers with attainable job-ready skills for employability*

**New Bern, NC, July 25, 2022** - Eastern Carolina Workforce Development Board and NCWorks offers job seekers enhanced training services to improve their skills and propel their employability while providing a pathway to a high-demand career. The training services are offered to qualified individuals who are unemployed, underemployed, individuals that have been laid off due to no fault of their own, low-income, and youth just entering the workforce. The training options are varied and are approved by the Eastern Carolina Workforce Development Board and funded through the Workforce Innovation and Opportunity Act (WIOA) Title I. These options can be completed in two years or less and will lead to employment in high-growth career opportunities within eastern North Carolina. Once training is completed, NCWorks Career Advisors are available to help match trained job seekers to employers who have a requirement to grow their workforce and become more competitive in today's market.

"Workforce development aligning job seekers to employers' needs has been our ongoing mission. Being able to offer funded training programs through the WIOA for qualified job seekers will infuse the pipeline helping our region's businesses to achieve their growth objectives," states Tammy Childers, Executive Director, Eastern Carolina Workforce Development Board. "Our success with our training programs is as varied as our region's businesses, in the past year we have helped hundreds of job seekers secure a sustainable career," concludes Ms. Childers.

### Success Stories

Elijah, from Kinston, worked with the NextGen Youth Career Advisor at NCWorks and was able to successfully complete his training and obtain his CDL. Elijah found employment and is now working at Smithfield Hog Production as a truck driver. "I am so grateful for all the help I have received," Elijah said. "Through the WIOA, I was able to reach my goal and my dream job as a trucker."

Cheryle worked for 10 years at a company before they were forced into massive layoffs. Cheryle then discovered the WIOA and the Trade Adjustment Act (TAA) through NCWorks and found out that these programs would provide funds and resources that allowed her to go to school and earn certificates in both Office Administration and Microsoft Applications Proficiency. Cheryle is now working

at Wayne Community College in two part-time positions, one as a professional tutor and the other as a health screening technician. Cheryle comments, "I will forever be grateful for the TAA and the WIOA programs. If not for these programs and NCWorks Career Advisors, I never would have gone back to college. They believed in me, allowing me to believe in myself."

### About Workforce Innovation and Opportunity Act (WIOA)

WIOA stands for the Workforce Innovation and Opportunity Act which is designed to help job seekers access employment, education, training, and support services to succeed in the labor market. WIOA training funds are designed to serve dislocated workers, underemployed adults and youth providing training to enter or re-enter the labor market.

The WIOA is landmark legislation, signed into law in 2014, that is designed to strengthen and improve our nation's public workforce system and help get Americans, including youth and those with significant barriers to employment, into high-quality jobs and careers and help employers hire and retain skilled workers.

WIOA requires states to strategically align their core workforce development programs to coordinate the needs of both job seekers and employers through combined four-year state plans with greater flexibility than its predecessor program (WIA). Additionally, WIOA promotes accountability and transparency through negotiated performance goals that are publicly available, fosters regional collaboration within states through local workforce areas, and improves the American Job Center system.

### Training Programs offered by NCWorks include:

**Grow With Google** - IT Certificates in Data Analysis, Project management, and UX Design. This program is free to qualified job seekers. For more information visit: <https://www.ecwdb.org/for-individual.php?Grants-Special-Programs-Grow-with-Google-45>

**On-The-Job Training** - allows job candidates to work and receive a paycheck as they gain experience in a specific job. For more information for job seekers and employers visit: <https://www.ecwdb.org/for-employer.php?Services-On-the-Job-Training-6>

**NCWorks NextGen Youth Programs** are specifically designed for out-of-school youth ages 16 to 24 years old, to help them discover their career path and training options for employability. For more information about College Training Options that lead to a certificate, degree, or diploma are available through the Region's seven local community colleges, for more information visit: <https://www.ecwdb.org/for-individual.php?Youth-Next-Gen-Youth-Program-8>

About Eastern Carolina Workforce Development Board, Inc.

ECWDB is a non-profit organization located in New Bern, North Carolina. ECWDB administers workforce development programs funded through the Federal Workforce Innovation and Opportunity Act (WIOA) in the nine-county local area of Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, and Wayne. ECWDB contracts its programs with organizations throughout the region that provide services through local NCWorks Career Centers. For more information about the ECWDB visit [www.ecwdb.org](http://www.ecwdb.org).

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# FINANCIAL FOCUS

## Avoid these estate-planning mistakes



Dan M. Roberts

When many people hear the words “estate planning,” they assume it’s just for the wealthy. But that’s not the case because everyone can benefit from an estate plan. And when you’re creating one, you’ll want to avoid some common mistakes.

Before we look at those mistakes, let’s go over what estate planning is designed to accomplish. Essentially, an estate plan allows you to pass on your assets in the way you desire. But it can also specify other actions, such as naming someone to care for your minor children if you were no longer around. In creating an estate plan, several key documents are involved, including a will, a trust, a financial power of attorney and a medical power of attorney or a health care directive. Now, let’s consider a few estate-planning mistakes:

- Not communicating your plans. You’ll need to inform your family about whom you’ve chosen as executor – the individual who will administer your estate – and whom you’ve named as the trustee – the person who will manage your trust’s assets. (You can also choose a trust company to handle this duty.) And to help avoid unpleasant surprises when your estate is being settled, consider letting your children or other close relatives know who will be receiving what.
- Not reviewing your plans periodically – Once you create your estate plans, don’t forget about them. Over time, your personal situation may change – you may experience a remarriage or bring in new children. Your interests may change, too – perhaps you’ll become deeply involved in supporting a favorite charitable organization. Given these and other potential changes, you’ll want to review your estate plans once in a while to see if they need to be modified.

- Not updating beneficiary designations – Every so often, you may want to review the beneficiary designations on your life insurance policies, investment accounts and retirement assets. As mentioned, changes in your life, such as remarriage and the addition of new children, may affect your beneficiaries. Beneficiary designations are powerful and can even supersede your will, so you’ll want to update them as needed. Also, if you have a 529 education savings plan, you’ll want to name a successor owner – someone who can take over your 529 if you were to pass away.
- Not re-registering assets placed in a trust – A living trust offers you many potential benefits, such as the ability to bypass the time-consuming and highly public process of probate when it’s time to settle your estate. However, just establishing the trust, by itself, may be insufficient – you likely also need to re-register assets, such as your investments, so they are officially owned by the trust, not by you. This is essential for the trust to work as you intended.

Here’s one other mistake – not getting the help you need. Estate planning can be complex, so you’ll want to work with an attorney, and possibly with your financial advisor and tax professional, too.

By avoiding key mistakes and working with a qualified team of professionals, you can create and maintain an estate plan that will help you leave the legacy you desire.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.  
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Pamlico County

## Smart Watering in the Garden

Taken from article written by Jessica Strickland, Wayne County NC Cooperative Extension at <https://wayne.ces.ncsu.edu/2022/06/smart-watering-in-the-garden/>.

Daniel Simpson, County Extension Director, Agriculture Agent



In the hot summer month of July, we are often focused on watering to keep our plants in the landscape and garden alive. With water being one of our most important natural resources we want to make sure that we conserve water and avoid wasting it. There are simple steps you can take to conserve water but yet still keep you garden alive and growing during the summer.

Below are tips that you can put into effect and water smartly in your own garden and landscape:

- When preparing to plant, add organic matter like compost to the soil. Organic matter increases water-holding capacity of the soil, especially in sandy soils.
- Mulching around plants in the landscape and garden not only controls weeds but will reduce water loss from the soil due to evaporation.
- Touch the soil to determine when to water. Moist soil will hold together better in a ball than dry soil. Avoid watering plants on a schedule just for the sake of watering.
- Switch overhead watering to soaker hoses and drip irrigation, where possible. This can reduce landscape water use up to 50 percent. Significant water is lost through evaporation from overhead watering before it even reaches plant roots.
- When hand watering, water at the base of plants instead of over the top of leaves. This allows more water to reach the plant roots before evaporating and also discourages plant diseases by keeping the leaves drier.
- Water deeply and less frequently. Lightly watering plants every day does not encourage the deep root system that plants need to better withstand dry periods. Instead, soak the soil to a depth of at least 6 inches to encourage roots to seek water.
- Water early in the morning instead of mid-day to reduce water loss to evaporation.
- Many plants are often tougher than we give them credit for. All plants will need routine water following planting and during the first year of establishment. However, established trees and shrubs should be able to thrive without regular watering unless we have a serious drought. Vegetable and container gardens will probably require more frequent watering during the growing season.



Dripline in raised bed garden can help conserve water while directing water to the plant roots.

- Install a rain sensor or soil moisture sensor on your irrigation system. This will prevent your irrigation system from running when we have had plenty of rainfall.
- Avoid watering sidewalks, driveways and other hard surfaces. Instead, direct irrigation heads and sprinklers so that the water is only going to plants and lawns.
- Install rain barrels to collect rain water from your roof top. One inch of rain on a 1,000 square foot roof is equal to over 500 gallons. That is a lot of water which can be collected and reused in the garden. Not only will rain barrels conserve water but will also save on the water bill. To learn more about harvesting rainwater, visit this NC State Rainwater Harvesting note for homeowners at <https://content.ces.ncsu.edu/rainwater-harvesting-guide-for-homeowners>
- Plant drought tolerant plants when possible. Once these plants are established, drought tolerant plants will not need regular watering and will thrive during hot, dry weather. For more information on choosing drought tolerant plants, utilize the NC State Extension Plant Toolbox to help select plants adapted to your location at <https://plants.ces.ncsu.edu/>.

Jessica Strickland is an Agriculture Extension Agent, specializing in horticulture for North Carolina Cooperative Extension in Wayne County.

Items to include in a disaster supplies kit

Previous natural disasters have shown everyone how unpredictable the fallout from storms and other weather events can be. For example, drone footage of areas ravaged by hurricanes or tornados often shows a few seemingly untouched homes in a sea of properties that were leveled or damaged beyond repair. Such footage shows how much damage natural disasters can do and underscores the importance of preparation to surviving potentially deadly storms. In recognition of that importance, the American Red Cross advises everyone to prepare a disaster supplies kit that they can utilize should they need to evacuate their homes. The Red Cross recommends including the following items in the kit and storing them in an easy-to-carry container, such as a backpack or duffel bag.

- Water: Include one gallon of water per person per day and store it in sealed, unbreakable containers. Date each container and replace it every six months.
- Food: Maintain a supply of nonperishable packaged or canned food. Store a non-electric can opener with the food.
- Clothing: Include a change of clothing as well as rain gear and sturdy shoes.
- Sleeping essentials: Pack a blanket or sleeping bag for each member of the family.
- First aid kit and prescription medications: If necessary, individuals can speak with their physicians in advance of their region’s storm season to request their prescriptions are updated so they can more easily get their medicine should they run out while they are away from home.
- Eyeglasses: Pack an extra pair of eyeglasses should an existing pair be lost or broken while away from home.
- Battery-powered electronics: Pack a battery-powered radio and flashlight and plenty of extra batteries as well.
- Extra set of car keys
- Medical lists: Include a list of family physicians for each individual in the supply kit. In addition, document the style and serial number of medical devices such as pacemakers.

Disaster supplies kits can help individuals and their families safely navigate the initial aftermath of potentially deadly storms.

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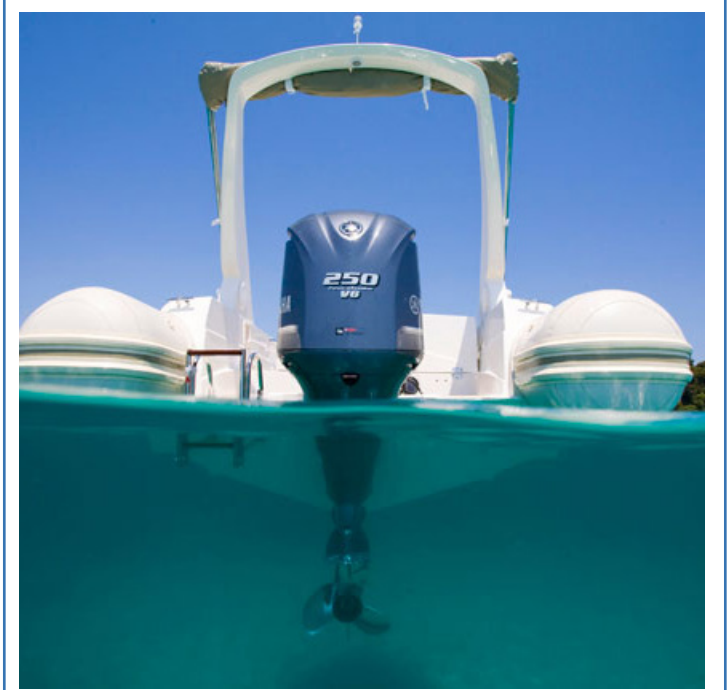
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# Day Trippin’ Edenton

by: Hiram Lupton



If you are looking for a day trip from Pamlico County to a place that is full of history, Edenton may be a good place for a visit. The town is situated on the north side of the Albemarle Sound near the mouth of the Chowan River and is less than 2 hours from Pamlico County. It was settled in the mid 1600’s by colonists expanding south from Virginia and with a nice natural harbor, it became a prime spot for early settlement. It was called various names until 1722 when it was named Edenton after North Carolina Governor Charles Eden. It was also that year that the capitol of North Carolina was moved there and stayed until 1743. Edenton has had as a resident a signer of the Declaration of Independence (Joseph Hewes), a signer of the United States Constitution (Dr. Hugh Williamson), and the youngest appointee to the U. S. Supreme Court (James Iredell). Edenton is also the home of the relocated Roanoke River Lighthouse. The screw-pile lighthouse once served as a navigational aid up the Albemarle Sound near the mouth of the Roanoke River. After decommissioning in 1941, it sat unattended until 1955 when it was sold and removed from its piling and floated by barge to a site just west of Edenton where it served as a private residence. It was purchased by the Edenton Historical Society in 2007 and moved to the town waterfront where it was painstakingly restored. It now serves as one of the focal points of the town’s waterfront Colonial Park. You can pick up a walking tour guide brochure at the visitor’s center, or ride in a trolley that takes you around to the sites of interest. Often cited as one of the most beautiful small towns in the south, historic Edenton is a joy to explore in whatever manner you choose to see it.

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## Judy Crane Bio The village Gallery, Oriental NC

It is often the sense of light in the artwork of professional painter Judy Crane that draws the viewer to her paintings. Whether painting a landscape, cityscape, interior, or still life, Crane captures the magical influence of light on the subject before her. Often this light is fleeting and illusive, other times bold and brilliant. For Crane it is the effects of light and the resulting shadows and colors that inspire her to paint a subject. Years of Plein air painting have honed her ability to clearly see these effects and to create works that capture the essence of the subject. This emphasis on light and shadow leads the viewer through the painting to the intimate spaces that invite you in and create a feeling of peacefulness

Judy Crane grew up on the west Coast where she graduated from the University of California. In 1980 she moved to North Carolina and resides in Raleigh. It has been during this time in North Carolina, more than 40 years, that her art career has flourished.

Originally working in watercolor and pastels, she has primarily painted with oils for the last 20 years. She has studied with prominent artists both in the US and abroad, believing that art is a life long learning process.

She shares her knowledge by teaching painting workshops with students attending from all around the United States.

Her paintings are held in many private and corporate collections including SAS Institute, IBM,Cisco Systems, Duke Hospital, UNC Hospital, Rex Hospital, Duke Energy, The State of North Carolina, Wake Forest University Baptist Hospital, and many banks, law firms, medical offices and homes throughout the southeast and beyond.






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# Avoid Natural Disaster Scams This Hurricane Season

## Attorney General Josh Stein



The summer months are a great opportunity to get outside and enjoy all the beauty North Carolina has to offer. But summer is also the start of hurricane season, which begins in June and continues through November. We're predicted to have another busy hurricane season. You should prepare now to protect yourself from severe weather and the scams that follow in its wake. Follow these tips, along with the guidance of your local and state officials, to stay safe this hurricane season and to avoid scams.

Make an emergency plan. Sit down with your family and have a conversation about emergency preparedness. Familiarize yourselves with your town or county's emergency protocols, such as evacuation routes and the location of crisis shelters. Give special consideration in your plan to those who might need extra care, like small children, elderly family members, or household pets.

Gather must-have documents and supplies. If you need to evacuate, you don't want to waste time searching your home for the essential items. Prepare a disaster kit in advance and be sure that all household members know where to find it. Pack items that would be useful in case of an evacuation such as a change of clothes, a battery-operated flashlight, and bottles of water. Be sure to include important documents (driver's license, Social Security card, insurance card, mortgage information, bank documents, unpaid bills, and passport) as well as a list of emergency phone numbers. Include the number for our Consumer Protection Division, 1-877-5-NO-SCAM, so that you can report scammers in the midst of a natural disaster. Take and keep updated pictures of your vehicles and your home in case you need to file an insurance claim due to storm damage.

Be on the lookout for price gouging and scams. Scammers often try to capitalize on a hurricane's destruction. Don't give out personal information to unknown callers, even if they claim to represent government agencies. If the governor declares a state of emergency, our statewide price gouging law will take effect. This makes it illegal to charge unfair prices during a crisis, and you should report any incidences of price gouging to our office at [www.ncdoj.gov/gouging](http://www.ncdoj.gov/gouging).

After the storm has passed and you have to repair your home or property, be careful about picking a contractor or business. Look for reviews online, call my office to check for complaints, and shop around by getting written estimates from at least three companies. Read the contract carefully before you sign, and don't pay the entire agreed-upon amount until the work is completed to your satisfaction.

To learn more about how you can be prepared this hurricane season, visit [readync.gov](http://readync.gov). If each of us does our part to prepare, we will all be able to recover more quickly when disaster strikes.

## REPORT: One Year After New Federal Law Implemented, Robocalls Fall, Robotexts Skyrocket

### Number of phone companies installing robocall technology quadruples

WASHINGTON – A year after a new federal law aimed at fighting robocalls, the number of phone companies that have adopted the required technology has quadrupled and the volume of scam robocalls has dropped in half. But spam texts have increased more than tenfold as con artists and identity thieves find alternative ways to steal Americans' personal information and money.

"Too often, we hear stories about elderly people who lose their life savings after responding to someone they think is from their bank," said Katie Craig, State Director, NCPIRG Education Fund. "I'd like to see regulators, lawmakers and executives from phone companies explain to that family why they haven't done more to help their grandma."

In a new report by NCPIRG Education Fund, "Ringing in our Fears," Our analysis of the Federal Communications Commission's robocall mitigation database of 7,514 voice providers nationwide shows:

- 1,932 have installed the industry-standard STIR/SHAKEN technology, up from 536 companies last year.
- 1,518 have partially adopted the STIR/SHAKEN technology, up from 817 companies last year.
- 3,062 have not installed STIR/SHAKEN but claim to be using their own robocall mitigation system. That compares with 1,710 companies last year. The increase reflects companies that didn't report their status last year.
- 1,002 claimed they're exempt from the requirements, almost all because they're intermediate providers that don't originate or complete calls.

The phone companies' actions appear to be helping, but clearly, incomplete compliance has not solved our national robocall problem. The number of monthly scam robocalls has dropped from 2.1 billion to 1.1 billion in the year since the law took effect, according to a leading robocall-filtering company. While robocalls may be ringing in our ears less often, excessive robotexts are now ringing in our fears of being scammed: They have increased from 1 billion to 12 billion a month in the last year.



"We've focused on scam robocalls for 15 years and can't believe we haven't made more progress. The FCC approves new rules, Congress passes new laws, yet we still have more than a billion scam robocalls and 12 times as many robotexts a month. Americans deserve better enforcement and corporations need to take their share of responsibility."

The report offers reasons for short-term optimism, starting with new enforcement partnerships with attorneys general nationwide, including in North Carolina. Through such partnerships, the FCC has already begun to take action, including against Bandwidth Inc., a North Carolina based company in February which failed to meet the "implementation commitments of the June 30, 2021, deadline.

In addition, the FCC is targeting both "gateway" providers that funnel scam calls from overseas and smaller providers that originally were exempt from the law until June 2023, but now must comply. Still, more needs to be done, including allowing public access to "traceback" data that shows which companies originate or allow scam robocalls on their lines.

"Research shows that 80 percent of us generally don't answer calls from an unknown number," Craig said. "We rely on our phones, we pay good money for our phones, but it's become a hassle to use our phones the way we want to -- to answer calls and texts. And the tales of people whose lives are wrecked by scam calls and texts are gut-wrenching. It needs to stop."

## Preparing your home for the next natural disaster

(MS) — We all want our homes to be safe, comforting spaces that offer refuge and protection from the outside world. The global pandemic has taught us this, as well as the importance of preparation – not just for illness — but also for natural disasters like fires, floods, earthquakes, and tornadoes.

Making sure your house is a secure and resilient structure is critical no matter where you live, as global warming has altered the climates and weather events of many regions. Fortunately, thanks to advances in design and innovative materials, building a stronger, disaster-proof home is possible.

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Homes built with these ICFs are proven to survive natural disasters — houses that faced Hurricane Michael in Florida and Hurricane Katrina in New Orleans are still standing. ICFs even offer wind resistance of up to 250 mph (402 kph), equivalent to an F4 tornado.

Homes that use ICF construction have other added benefits, including enhanced insulation for lower energy bills, a reduced carbon footprint, and improved ventilation for better indoor air quality and lower susceptibility to mold. Concrete forms also require less maintenance over time, saving you the expense and effort of continuous upkeep and providing additional peace of mind.

Find more information at [nudura.com](http://nudura.com).



■Continued from page A1

## Steinburg to leave N.C. Senate at end of month; Hanig expected to be named replacement

The replacement for Steinburg will be nominated by a committee of Republicans from each of the 11 counties in the First Senate District, and then submitted to the governor for approval. But that cannot happen until after Steinburg officially steps down.

Hanig said Friday he has spoken to 9 of the 11 GOP chairs to express his interest and received favorable opinions.

If Hanig is approved to take the Senate seat, that would leave open his House seat representing Currituck, Dare, Hyde and Pamlico.

Hanig said Paul O'Neal, a former Currituck County Commissioner from Waterlily, is the likely candidate to serve out the remainder of the House term ending in January.

The northeast corner of the state has been split into three House districts ahead of the 2022 elections.

Rep. Edward Goodwin (R-Chowan) is unopposed in the First District covering Currituck, Chowan, northern Dare (Kitty Hawk, Southern Shores and Duck), Perquimans, Tyrrell and Washington; counties Rep. Keith Kidwell (R-Beaufort) unopposed in the 79th covering Beaufort, the rest of Dare, Hyde and Pamlico counties; and Rep. Howard Hunter (D-Hertford Co.) faces a challenged from Bill Republican Bill Ward of Elizabeth City in the 5th which includes Camden, Pasquotank, Gates and Hertford counties.

While the legislature wrapped up its work in the short session at the beginning of July, they still have not official adjourned.

Hanig said no major votes will be taken, with skeleton session taking place about every 30 days.

He said a major reason a full adjournment did not take place is in case a hurricane were to hit the state this season and the General Assembly can approve an emergency relief package without having to be called into special session.

“So it turns out that being an adult is really just Googling how to do stuff.” – Unknown

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6	9	1	5	6		8	7	3
7	4	9	8	6	3	2	5	1
3	2	8	5	1	7	6	4	9
4	1	3	7	9	6	5	8	2
5	7	6	4	2	8	1	3	9
2	8	9	6	3	1	5	4	7
8	7	4	3	9	6	2	1	5
9	3	5	8	1	2	7	4	6
1	6	2	4	5	7	3	8	9

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# Keep Pets Safe In Hot Weather

**RALEIGH, NC, July 18, 2022** - Summer's heat can be dangerous for your family pets and this year could be particularly hazardous as experts report we may see hotter than normal weather across most of the country. The American Red Cross has steps you can take to help ensure your pet stays safe when the temperatures rise.

"It's critical that you don't leave your pet in a hot vehicle, even for a few minutes," said Barry Porter, Regional CEO, American Red Cross Eastern North Carolina Region. "The inside temperature of the car can quickly reach 120 degrees in minutes, even with the windows cracked open."

Keep your pets inside and out of the heat. Make sure your pets have access to cool, fresh water all day long.

**HEAT STROKE** Animals can suffer heat stroke in warmer weather. Dogs with short noses or snouts, like the boxer or bulldog, are especially prone to heat stroke, along with overweight pets. Those with an extremely thick fur coat or any pet with upper respiratory problems such as laryngeal paralysis or collapsing trachea.

**Some of the signs of heat stroke in your pet are:**

- Heavy panting and unable to calm down, even when lying down
- Brick red gum color
- Fast pulse rate
- Unable to get up

If you suspect your pet has heat stroke, take their temperature rectally. If the temperature is above 105 degrees, cool the animal down. The easiest way to do this is by using the water hose. Stop cooling the animal when the temperature reaches 103 degrees. Bring your pet to the veterinarian immediately as heat stroke can lead to severe organ dysfunction and damage.

**PLANT HAZARDS** We're more likely to leave the windows or doors open in warm weather, an invitation for pets to try to get outside. Be aware that some plants in your garden can be hazardous to animals. Visit the Animal Poison Control Center to find out which plants and flowers are poisonous to animals.

**RESOURCES** Download the Red Cross Pet First Aid app for step-by-step instructions for first aid emergencies, toxic substances, a pet profile for storing tag ID, photo and medical information, early warning signs for when to contact a veterinarian and an animal hospital locator. You can find it in smartphone app stores by searching for the American Red Cross, texting GETPET to 90999 for a link to download the app or going to [redcross.org/apps](https://redcross.org/apps).

You can also take the Red Cross Cat and Dog First Aid online course so that you'll know what to do in an emergency until veterinary care is available. Access the course on your desktop or tablet and go through the content at your own pace.

**The interactive course includes:**

- How to determine a pet's normal vital signs so owners can notice if there are any irregularities
- Step-by-step instructions and visual aids for what to do if a pet is choking, needs CPR, has a wound, or is having a seizure; and information on preventative care, health and tips for a pet's well-being.

***Find more information about pets and their safety during warm weather here.***

# How to Stay Connected During Weather-Related Disasters

**(StatePoint)** While the summer season often signifies the start of hurricane season and wildfires, the rise in natural disasters has made preparedness a year-long process. The National Oceanic and Atmospheric Administration (NOAA) reported 2021 was the third-most active hurricane season on record, with 21 named storms. According to CoreLogic, about one in every 10 homes in the United States was impacted to some degree by natural disasters in 2021.

Companies like T-Mobile have emergency response teams working tirelessly to ensure they are ready to keep communities, first responders and customers connected when it's needed most. T-Mobile works with weather forecasters, including StormGeo, to accurately track weather events and potential severity. T-Mobile's network switches, data centers, points of presence and other critical sites are equipped with thousands of new backup generators, thanks to a multi-year network hardening investment that also added advanced relief and recovery tools in hurricane-prone areas. And its Network Operations Centers provide 24/7 monitoring so technicians and engineers can watch network traffic demands and weather impacts.

When it comes to weather-related disasters, even with all T-Mobile's preparations and the network's increased capacity, power outages and other service interruptions can still occur. The good news is that you can also take steps to ensure you stay connected during weather events:

- If you have a network connection, keep calls to a minimum and as short as possible.
- Send a text instead of making a call. Text messages get through more easily during times of congestion.
- If you have home broadband and power but no mobile service, turn on Wi-Fi calling, which allows T-Mobile, Sprint, and Metro by T-Mobile customers with capable devices to text and make and receive voice calls via any capable Wi-Fi connection. If you need to call 911 using Wi-Fi, be sure to give your address to the operator.

There are additional weather monitoring resources available to alert you of upcoming severe weather. You can receive the latest storm forecasts from NOAA's National Weather Service and the National Hurricane Center. You can also download The Weather ChannelTV app on your smart TV or streaming device. To learn more about how T-Mobile prepares for and responds to disaster events, visit T-Mobile's disaster relief website at [t-mobile.com](https://t-mobile.com).

*Taking a few minutes to brush up on best practices during inclement weather will help keep you connected, come what may.*

A black and white photograph showing a T-Mobile Emergency Management trailer. The trailer is white with a large satellite dish mounted on top and a sign that reads "EMERGENCY MANAGEMENT" with a T-Mobile logo. It is parked on a debris field in front of a severely damaged, multi-story building. The scene suggests a disaster recovery or emergency response operation.



COASTAL LIVING



# Boating Accidents Down in 2021, but Safety Education Remains Critical

U.S. Coast Guard 2021 recreational boating statistics released

ANNAPOLIS, Md., July 11, 2022 – With the pandemic putting more people than ever on the water and consequent rise in boating accidents and fatalities, there's some better news in the newly released 2021 U.S. Coast Guard Recreational Boating Statistics. (https://www.uscgboating.org/statistics/accident\_statistics.php)

The latest Coast Guard report shows double-digit declines year-over-year across the board in the main boating safety indicators: Boating accidents dropped 15.7%, injuries decreased 17.2%, and fatalities dropped 14.2%. The 2021 fatality rate decreased to 5.5 deaths per 100,000 registered recreational vessels, a 15.4% reduction from 6.5 deaths per 100,000 in 2020.

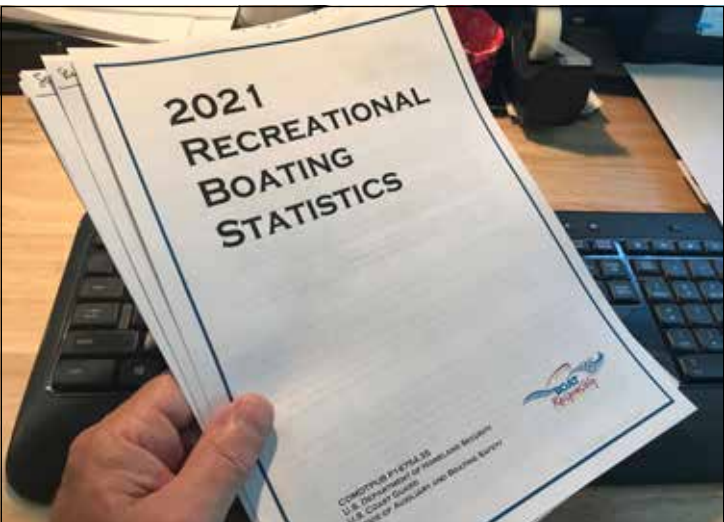
“The new report shows a dramatic decrease in injuries and fatalities, more than I can recall in recent memory,” said BoatUS Foundation for Boating Safety and Clean Water president Chris Edmonston. “However, even with Covid restrictions lifted and boating no longer one of the few ways to recreate with the family, operator inexperience remains one of the top risk factors contributing to accidents.” Operator inattention, improper lookout, machinery failure and excessive speed round out the list.

“The need to focus on these five boating safety basics and the continued need for boating safety education has not changed,” added Edmonston.

The BoatUS Foundation offers the only free online boating safety course accepted by boating license agencies in 36 states. (https://www.boatus.org/free/) Courses are also NASBLA-approved and recognized by the U.S. Coast Guard. The Foundation also offers On-Water Powerboat Training at 15 locations from Maine to Florida and Southern California. (https://www.boatus.org/On-Water/)

What’s influencing these latest boating safety numbers? “We’re unsure if this latest data is an anomaly or a trend, but we believe the increasing number of states requiring mandatory boating safety education, as well as states requiring education for a greater portion of their boating citizens, is having a positive effect,” said Edmonston. He also notes, however, that paddlecraft operators remain a concern, as they typically don’t have any requirements for education before hitting the water. Where the data was known, 2021 statistics show that 15% of deaths were attributed to kayaks — unchanged from the year prior.

For more go to BoatUS.org.



The U.S. Coast Guard just released its 2021 Recreational Boating Statistics.

Is fair skin more susceptible to skin cancer?



The skin is the largest organ on the body. As with other areas of the body, skin is susceptible to cancer.

The National Cancer Institute says there are many different types of skin cancer and that it can appear differently depending on the type and the person. Any changes in skin should be brought to the attention of a doctor immediately. The sooner treatment begins, the better the prognosis typically is. Individuals also should be aware of what constitutes having a heightened risk for skin cancer. In most cases, that can include the type of skin one has. The Skin Cancer Foundation indicates that skin type is a major factor in risk for skin cancer, including the deadly melanoma. While people with any shade of skin can get skin cancer, those who have fair skin tones are even more at risk for sunburn, sun damage and skin cancer. In 1975, Harvard Medical School physician Thomas Fitzpatrick created a scientific classification system for skin type, identifying six types of skin. The Fitzpatrick Skin Type chart goes from very light to very dark. Skin types I and II face the highest risk of developing skin cancer, while types V and VI are at the lowest risk. That’s because fair skin doesn’t have as much pigmentation and natural melanin protection from the sun.

In addition to pigmentation, skin type also is calculated by how skin reacts to sun exposure. This means whether one easily burns or easily tans. Fair skin tends to burn easily and tan lightly or not at all. Even though fair-skinned individuals are at greater for skin cancer, anyone can get the disease. Everyone should use a broad-spectrum daily sunscreen of SPF 30 or higher to protect against harmful rays. In addition, wearing sun-protective clothing and avoiding exposure between the peak hours of 10 a.m. and 4 p.m. is essential. Individuals concerned about skin cancer risk or unusual changes to their skin should speak with their dermatologists.

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# Health & Wellness

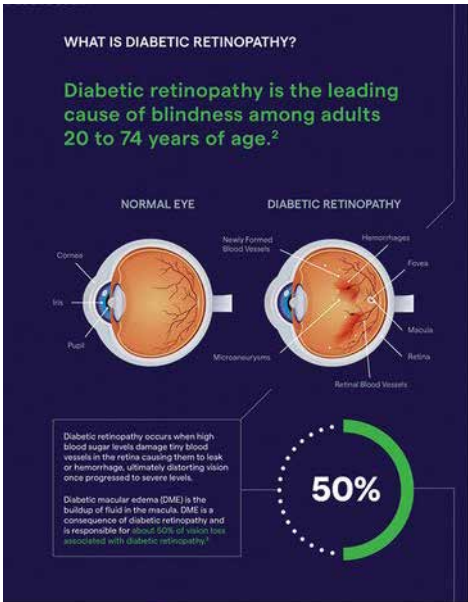
## Eye On Health

When Dealing With Diabetes, See The Doctor About Your Eyes

(NAPSI) According to the Centers for Disease Control and Prevention, more than one in 10 Americans can expect to be diagnosed with diabetes. If you or someone you care about is ever among them, you may be surprised to learn that one of the most important ways your doctor can help detect the condition is with an eye exam.

### The Problem

That's because a serious complication of diabetes is diabetic retinopathy. The disease causes damage to the blood vessels in the back of the eye. It can affect up to 80 percent of patients living with diabetes and is the leading cause of blindness amongst working age adults. It can affect up to 80 percent of people with diabetes. Diabetic retinopathy has no early warning signs, and symptoms such as blurred vision do not occur until diabetic retinopathy is in an advanced state.



### What Can Be Done

Fortunately, early detection and timely treatment can reduce the risk of vision loss due to diabetic retinopathy by 95%. Primary Care physicians now have access to a simple and affordable solution called the Welch Allyn RetinaVue Care delivery model, available from Henry Schein. The RetinaVue care delivery model is a turnkey solution that consists of three core components, including the RetinaVue 700 Imager, RetinaVue Network software for secure transfer of patient images and Professional Medical Services to analyze and diagnose patient images and networks the doctors already have. The imager's ease of use and lightweight, portable design make it well-suited for use across clinics, at the bedside or even in the home. In a fast and non-invasive procedure, your primary care physician can take a photo of your retina and send it to an ophthalmologist to analyze the blood vessels there. Thanks to this technology, you won't even need to leave the doctor's office and may not need to make another appointment with the ophthalmologist, although doctors do recommend that anyone living with diabetes get an annual retinal exam.



### What Else You Can Do

Managing your diabetes is the best way to lower your risk of diabetic retinopathy, advises the National Institutes of Health. That means keeping your blood sugar levels in a healthy range. You can do this by:

- Getting regular physical activity
- Eating healthy
- Carefully following your doctor's instructions about taking insulin or other diabetes medicines

Treatments include injections of drugs that can slow or even reverse the damage; laser treatment to shrink retinal blood vessels; and a type of eye surgery called vitrectomy that replaces the vitreous humor with another clear fluid.

### Learn More

For further facts on diabetic retinopathy, you can visit the National Institutes of Health at [www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/diabetic-retinopathy](http://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/diabetic-retinopathy). Doctors and patients can find more information on the RetinaVue care delivery model at [www.retinavue.com](http://www.retinavue.com).

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LEGALS

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS AND  
DEBTORS  
OF JON MICHAEL MCCULLUM**

Having qualified as Administrator of the Estate of Jon Michael McCullum, late of Lowland, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 1403 Hardee Road, Kinston, NC 28504, on or before the 10th day of October 2022, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 6th day of July, 2022

Mr. Anthony M. McCullum  
1403 Hardee Road  
Kinston, NC 28504

Publish: July 6,13,20,27, 2022

**NORTH CAROLINA IN THE  
GENERAL COURT OF  
JUSTICE  
EDGECOMBE COUNTY  
SUPERIOR COURT DIVISION  
FILE NO. 22 CVS 250**

**CLARENCE BARNES,  
PLAINTIFF**

**VS. NOTICE OF SERVICE OF  
PROCESS BY PUBLICATION**

**BEULAH P. JOYNER AND  
DONALD JOYNER,  
DEFENDANTS**

TO: Beulah P. Joyner and Donald Joyner, Defendants  
Present Address: Unknown  
Last Known Address: 1106 Woods Ct., Morehead City, NC 28557

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is damages for

personal injuries suffered in a vehicle accident on about 3 September 2020, attorney fees, cost of court and interest.

You are required to make defense to such pleadings no later than 22 August 2022, said date being at least forty days from the first publication of this Notice; and upon your failure to do so, the party seeking relief against you will apply to the Court for the relief sought.

This the 13th day of July 2022.

PERRY & ASSOCIATES

BY: \_\_\_\_\_  
Cedric R. Perry  
Attorney for Plaintiff  
301 South Church Street  
Station Square, Suite 124  
Rocky Mount, NC 27804  
252.266.4552

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS  
AND DEBTORS OF  
ELIZABETH MARGARET  
GRIMM  
File No.: 22 E 127**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JOSEPH H. GRIMM, Administrator of the Estate, on or before OCTOBER 18, 2022 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 20TH day of July, 2022.

ESTATE OF ELIZABETH MARGARET GRIMM  
C/O JOSEPH H. GRIMM  
1152 HARBOR DRIVE APT 201  
WILMINGTON, NC 28401

Publish JULY 20, 27, AUGUST 3 & 10TH, 2022

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY**

Bybee (Aaron Raynor), Oriental, mechanical mini-split - 3, \$150, Barbara Smith, Bayboro, porch, \$131.92

**PROPERTY TRANSFERS**  
June 29, Pecan Grove Marina Three Tracts from Cox Family Properties, LLC to Kenneth P. Reed, Joann Reed, \$76  
June 29, Cloisters at Kershaw Creek Lot: 35, Phase II; PCA 173-13 from Lindsey's Creek, LLC to Chris E. Moffat, Anne O. Moffat, \$13  
June 29, Pecan Grove Marina Three Tracts Quitclaim Deed from Edward J. Kreul, Ann M. Kreul to Edward J. Kreul/TR, Ann M. Kreul/TR, Edward J. Kreul and Ann M. Kreul Revocable Trust, Edward J. Kreul, Ann M. Kreul, \$0  
June 30, 0.539 AC; Map DB 466/789; NCSR 1103 from Erin V. Stitcher to Daniel Eric Mitchell, Lisa S. Mitchell, \$24  
June 30, Arlington Place Mill Creek Lot: 42, Phase I; PCA 172/2-13 from Orchard Creek Construction, Inc. to David G. Fudala, Martha G. Fudala, \$898  
June 30, Camp Creek 5.10 AC; PCA 171/2-3 from Larry W. Bembridge to Brown Pelican Construction, LLC, \$0  
June 30, 1 ¼ AC; metes and bounds from Mintoria Faith Watson/TR, Mintoria Faith Watson Revocable Living Trust to Mintoria Faith Watson, \$0  
June 30, 1 ¼ AC; metes and bounds from Mintoria Faith Watson to Mintoria Faith Watson/TR, Mintoria Faith Watson Revocable Living Trust, \$0  
June 30, Headwaters Lot: 19, PCA 74-9 from Joan Lonie to B & C Property Investments, LLC, \$36  
June 30, Windward Shores Lot: 14, Section IV Phase II; PCA 146/6-7; map DB 460/168 from Rima J. Britt to Joseph D. Buck Kathryn M. Buck, \$34  
June 30, Pecan Grove Marina Three Tracts from Melanie Dawn Carter Revocable Trust, Melanie Dawn Carter, Melanie Dawn Carter/TR to Abram William Vandermeer, III, \$70  
July 1, W/S NC Hwy 55; Trent; Map DB 307/755 from Steven

**SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS  
AND DEBTORS OF  
HAMPTON WALTER SLADE, JR  
File No.: 22 E 116**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to SUSAN K. SLADE, Executor of the Estate, on or before OCTOBER 18, 2022 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 20TH day of July, 2022.

ESTATE OF HAMPTON WALTER SLADE, JR  
C/O SUSAN K. SLADE  
124 SANDY TRAIL RD  
NEW BERN, NC 28560

Publish JULY 20, 27, AUGUST 3 & 10TH, 2022

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS  
AND DEBTORS OF  
ROBERT P. MORRIS**

Having qualified as Administrator of the Estate of Robert P. Morris, late of Bayboro, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 827 N. Bambrey Street, Philadelphia, PA 19103-1808, on or before the 24th day of October 2022, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 20th day of July, 2022

Courtney H. Morris  
827 N. Bambrey Street  
Philadelphia, PA 19103-1808

Publish: July 20, 27, August 3, 10th, 2022

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W. Lavallee, Melissa A. Lavallee to DNL Homes, LLC, \$524  
July 1, Spicers Creek Lot: 2, PCA 58-5 from David L. Light, Jeannie J. Light to Frances Beatty, \$34  
July 1, Glenwood Heights Sub, see instrument, Life Estate from George D. Bennett to Roy A. Carey, \$56  
July 6, Alliance; east of NCSR 1203; metes and bounds from Richard John Russo to Richard John Russo, Kelly Elizabeth Russo, \$0  
July 6, ½ AC; Florence; metes and bounds; interest PIN: K052-62 from Carol D. Johnson, Barbara Carol Daniels Johnson, Barbara C. Johnson to Cynthia J. Mallol, Catherine J. Stewart, \$1  
July 6, ½ AC; Florence; metes and bounds; interest, PIN: K052-62 from Carol D. Johnson, Barbara Carol Daniels Johnson, Barbara C. Johnson to Cynthia J. Mallol, Catherine J. Stewart, Barbara Carol Daniels Johnson, \$1  
July 6, Cabin Creek Four Tracts from Vincent P. Conley, III, Rosemary H.F. Conley to Stephen H. Craig, Jr., Monica L. Craig, \$110  
July 6, 0.459 AC; NCSR 1114; Map Attached from Jerry Burton to Robert T. Rains, Christy Rains, \$18  
July 6, Caraway Cove Lot: 6, PCA 164-11 from Luke L. Allen, Melody Allen to Helen R. Godfrey, In Ho Kim, \$76  
July 6, Caraway Cove Lot: 5, PCA 164-11, PIN: E09-17-5 from Edward Anthony Rubes, Jr. to Helen R. Godfrey, In Ho Kim, \$50  
July 6, 0.90 AC; NC Hwy 55, PIN: C051-19 from Ingrid Ogle to Ingrid Ogle, \$0  
July 6, Map Book 3/58; NCSR 1230 & NCSR 1232; metes and bounds from Charles F. Threatt, Deliah Threatt to Spring Creek Condos, LLC, \$41  
July 7, Eight Tracts Mill Pond Road & Cowell Road, H03-16; H03-15; G03-28-1; G03-29; G03-42 from Ashley Ellen Teague/TR, Franklin E. & Sharon L. Dees Family Trust, Franklin E. Dees and Wife, Sharon L. Dees Family Trust, Franklin E. Dees, Sharon L. Dees to Randall L.

**Notice to Creditors:  
Estate of Walter G. Holland,  
File No. 22 E 111**

Having qualified as Executor of the Estate of Walter G. Holland, late of 1200 St. Andrews Road, Columbia, SC 29201, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned's attorney at 408 Main Street, P.O. Box 411, Bayboro, North Carolina 28515, on or before October 20, 2021, or this notice will be pleaded in bar of recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 20th day of July, 2022.

Warren F. Holland, Executor  
Estate of Walter G. Holland  
c/o Sara L. Delamar  
Delamar & Delamar, PLLC  
408 Main Street  
P.O. Box 411  
Bayboro, N.C. 28515

(For Publication: 07/20/2022;  
07/27/2022; 08/03/2022;  
08/10/2022)

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS AND  
DEBTORS OF  
JAMEY ANTHONY LUPTON  
File No.: 22 E 104**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to ANTHONY T. LUPTON, Executor of the Estate, on or before OCTOBER 25, 2022 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 27TH day of July, 2022.

ESTATE OF JAMEY ANTHONY LUPTON  
C/O ANTHONY T. LUPTON  
23 HARPER RD  
BAYBORO, NC 28515

Publish JULY 27, AUGUST 3, 10, AND 17TH, 2022

Dees, \$0  
July 7, Two Tracts PIN: K07-15 & K07-15-1 from Patrick B. Mitchell to Craig H. Heartwell, Heather D. Heartwell, \$1,695  
July 7, Two Tracts from David L. Garland, Tracy F. Garland to Roger L. Geer, Linda Lorraine Geer, \$1,600  
July 7, Sail Loft Lot: 50, 0.50 AC; Map Book 6/83; Map DB 445/195 from David W. Creech to Stephen D. Baybutt, Colleen M. Baybutt, \$98  
July 7, 75 AC; Lot 4, Sandhill Tract from Danny R. Harrison, Lois L. Harrison to Corey Harrison, Heather Harrison, \$140  
July 7, One AC; NCSR 1125; Map DB 656/636, PIN: E04-3-2 from Carolyn Piner Bennett, Carolyn Bennett to Elizabeth Bennett, \$10  
July 7, 0.67 AC; N/S NC Hwy 304; E/S SR 1203 Life Estate from Hubert D. Credle, Daisy L. Credle, Maurice Alan Credle, Janet Letitia Johnson, Myra Elaine Perkins, Andrew Perkins to Hubert D. Credle, Maurice Alan Credle, Debra Ann Credle, Janet Letitia Johnson, Myra Elaine Perkins, \$0  
July 7, 4 AC; metes and bounds from Tisha Goodwin, Tisha G. Corriher, Ronald R. Corriher to Keven Scott Atwell, Theresa G. Atwell, \$10  
July 8, Three Tracts; map attached from Bobby Rowe Lee, Mary Ellen Lee, Jean E. Lee, Joann Lee Toler to Debra A. Lee, Bryan C. Harris, \$520  
July 8, 23/100 AC; N/S SR 1302; Janerio; metes and bounds from Glen O. Ray, Melinsa O. Ray to James H. Eddins, Jr., Kimberly W. Eddins, James Michael Coughlin, Kay Eddins Coughlin, \$1,100  
July 8, 1 ¼ AC; metes and bounds from Elbert H. Lee, Jr., Carol H. Lee to Josephine G. Fleming, \$420  
July 8, Timber Point 3.51 AC; PCA 142-6, PIN: J05-4-1 from FMF Holdings, LLC to Edward F. Siler, Patricia M. Siler, \$79  
July 8, Windward Shores Lot: 21, Section IV Phase II; PCA 146-6; Map DB 460/753 from David Sgambelluri, Patricia Sgambelluri to David L. Knisley, Donna L. Sublette, \$32



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