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Vol. 54 No.45, 12 Pages

# The Pamlico News

Wednesday, November 9, 2022

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## OFPMF Volunteer Appreciation Breakfast

by: Hiram Lupton



Majorie Dufek

It was time to take a moment to look back and celebrate the teamwork and dedication that put on this year's 'Ol Front Porch Music Festival and what better way to do that than to eat. Saturday morning the volunteers who helped put the festival on gathered at Brantley's Restaurant in Oriental for an appreciation breakfast. It was also a time to reveal the great news that on the final day of the festival, over \$7000 was raised towards the Dottie Osmun Memorial Scholarship. A scholarship in Dottie's name will be awarded to a graduating senior from Pamlico County High School who was involved in the music program in high school. Another great reason to be involved in the arts. OFPMF Director Majorie Dufek also noted that this year there were 107 sponsors and donors to the festival and issued a special thanks to all that helped to overcome an adverse weather situation and make this year's festival a great one. Now, back to work on the 2023 edition of The 'Ol Front Porch Music Festival.



## Lighthouse Day Oriental's History Museum

Saturday November 12, 2 - 4 pm

Ever wonder what a lighthouse keeper and his family do at a lighthouse? Join us on November 12 at 2pm for an informal day celebrating our North Carolina lighthouses. In 2016 Dallas and Marjorie Spruill, along with their grandchildren, volunteered as keepers at the Cape Lookout Lighthouse. They'll be in costume and ready to answer any of your questions. Take a look at our new special exhibit on NC Lighthouses along our coast. Purchase raffle tickets for our many lighthouse items. Buy a post card or two depicting a NC lighthouse. At 3 pm enjoy a wine tasting presented by Nautical Wheeler's. All brought to you by Oriental's History Museum located at 802 Broad St. For more information contact us at museum@dockline.net

## Rotary Club Poker Run



by: Hiram Lupton



Last Saturday morning was a beautiful time for a bit of cruising and the Oriental Rotary Club gave you a great reason to do just that with a Poker Run. Nearly 20 vehicles were registered on the run which began at The Minnesott Golf and Country Club and wound it's way around many of the back roads of Pamlico County. Participants were required to make "check-in" stops at various locations to get their registration card punched. The convoy ended at the waterfront in Oriental where if you made it to all the stops, you drew 5 cards. The winning hand collected a share of one third of the total registration fees. The remainder went to the Rotary Club to help out with many of the great programs they are involved in right here in Pamlico County. The Rotary Club puts the Fun in Fundraising.

## Delamar and Humphries Honored

by: Hiram Lupton



Mr. Paul J. Delamar, Jr. and Ms. Judy Dees Humphries have spent the better part of their adult lives devoted to the education of Pamlico County's children and the school system that oversees that purpose. For the last 8 years both have served on the Pamlico County School Board in at-large seats, but both decided it was time to step aside and not seek reelection this year. In a prelude to their final board meeting, they were honored by a small dinner at Morgan's Restaurant in New Bern last Thursday evening hosted by Pamlico County Schools Superintendent Lisa Jackson and Assistant Superintendent for Business Services Steve Curtis and attended by their fellow School Board members. At Monday's November board meeting both were recognized for their outstanding service to the Pamlico County School System with a short program and certificate presentation.

## White Named Historian of the Year

November 5, 2022. Spencer, NC - James E. White, III of Trent Woods, NC, was named Historian of the Year by the North Carolina Society of Historians at their annual banquet. The banquet was held at the State Transportation Museum in Spencer, NC on November 5, with 60 members of the Society present.

The North Carolina Society of Historians was established in 1941 for the purpose of collecting and preserving North Carolina history, traditions, artifacts, genealogies, and folklore, not only on the statewide basis, but on the county and local levels also. Their purpose is to aid in the exchange of information between members and primarily to reward these persons who fulfill these objectives in an exceptional way via their rewards program.

There are a number of awards given by the Society. They are the Journalism Award, Museum



Maxine McCall and Jim White

Award, Historical Award, Organizational Award, Lighthouse Award, Publishers Award, Multimedia Award, President's Award, Student Historian of the Year Award, and the highest award, the Historian of the Year Award. Jim has earned the Journalism Award, the Historical Award, President's Award, Lighthouse Award, and Multimedia Award for a total of 13 awards for his books and news articles written while Editor of the Pamlico News.

Jim has written and published at least 13 books on eastern North Carolina.

They include Portsmouth Island: A Walk in the Past, Paradise Lost, Portsmouth Island: Image of America, School Mom of Portsmouth Island, Nina Dixon Remembers Portsmouth Island, and Portsmouth Divided. Other books not associated with Portsmouth Island include Years of Light, a

Continued on Page A02



## Pamlico Receives Grant for SROs

by: Hiram Lupton

It was announced on October 31st by the N. C. Department of Public Instruction's Center for Safer Schools that two hundred school districts and charter schools across North Carolina will receive a share of more than \$74.1 million in school safety grants. The Pamlico County School System application was for funding to staff 3 additional School Resource Officers (SROs) in addition to the single full time SRO already on staff and would provide an SRO presence on all 4 campuses in the system. Pamlico will receive roughly \$44,000 for each position but is required to obtain matching funds in the amount of \$11,000 for each position in order to receive the grant. "We are currently the only school district in the eastern quarter of our state that does not have an SRO for each school campus," said School Superintendent Lisa Jackson. "The safety of our students is the top priority, and by having an SRO at each school it will up our safety factor." SROs provide the obvious benefit of deterring outside threats to a school and by providing an onsite response if a threat does occur. Seconds count in these circumstances and an onsite SRO can rapidly access an active situation and take necessary action as well as call in additional resources if needed. They also are there in case of any issue within the school that would require their expertise. Superintendent Jackson also pointed out the added long-term benefit of SROs in each school. "I think its very important that students develop a familiarity and positive relationship with their school SRO. I think it builds trust between themselves and the police in general, and it gives them one more person they can go to if there is a problem." Pamlico Sheriff Chris Davis is also on board. "I'm thankful for the partnership we have with our school system. This is something Superintendent Jackson and I have been working on for years. Keeping our children safe is our top priority," said Davis. Finding the matching funds is now the chore, one that both Jackson and Davis are committed to work together to obtain. Pamlico has never had an active shooter situation at any of their schools, but as recent history shows us, it can happen. "It can never happen here," is a statement that too many communities have tragically regretted making.

## Microchipping...

According to the organization American Humane, each year approximately 10 million pets are lost in the United States. In Canada, Humane Canada™ reports 38 percent of dogs and 48 percent of cats taken into shelters in 2020 were strays. Tags and additional measures to identify cats and dogs greatly increase the chances that lost pets will eventually be reunited with their owners. In fact, such measures can be the most important step pet owners take to ensure the recovery of lost pets. American Humane notes that only 15 percent of dogs and 2 percent of cats that enter shelters without tags are reunited with their owners. In addition to tags, pet owners can speak to their veterinarians about microchipping, which involves the insertion of a tiny electronic capsule beneath the animal's skin that serves a similar function as a tracking device.

### LIKELY WEATHER OVER THE WEEKEND

 Saturday, November 12th **72°Hi** Light rain in the morning

 Sunday, November 13th **58°Hi** Cloudy throughout the day



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# COMMUNITY

## LETTER TO THE EDITOR

### GriefShare Program in Pamlico County

Dear Editor,

My name is Stephanie Pauley and I wanted to introduce myself and my faith based non-profit, EP7 Youth Outreach: [www.ep7youth.org](http://www.ep7youth.org). We are expanding our services from Ohio to this region since we now reside in Pamlico County.

EP7 Youth Outreach provides grief services to youth and their families. We have been providing free services to the community such as our Graceful Healing and SONshine memory boxes, encouragement (bereavement) cards, Camp E'nCOURAGE, our animal and arts grief camp, grief resource library, educational and skilled trades scholarships, and community education on grief, grief support groups, and emergency assistance for families in a grief crisis.

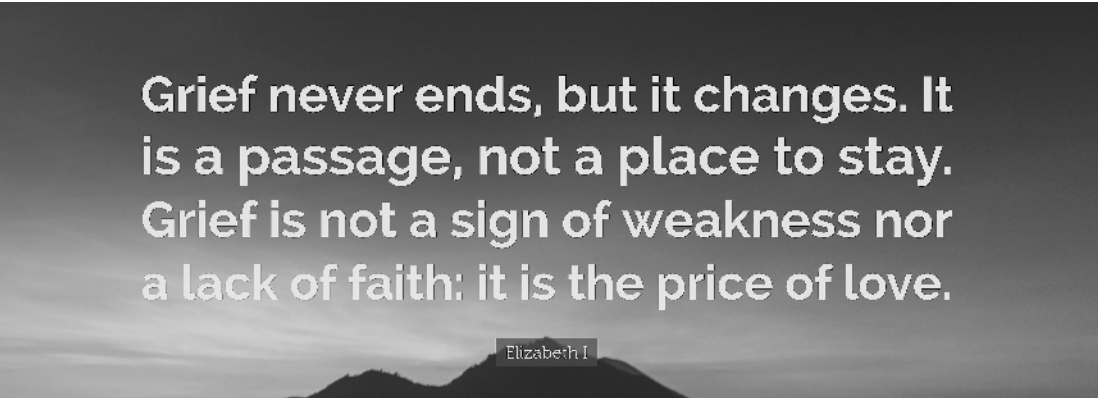
My family and I founded our non-profit in January 2016 after the death of our own teenage son. His story is here: [www.ethanpauley7.com](http://www.ethanpauley7.com). After which I observed a need for grief services in our Ohio community. We plan to expand most of our services here to the Pamlico, Craven, Jones, and Carteret counties. Previously, we fundraised through the EP7 Memorial Futsal tournament in Ohio bringing together soccer players from the tristate of Ohio, Kentucky, and West Virginia, as well as donations from individuals who support our cause. We have also fundraised through other events such as the EP7 Memorial Cruise-In, the EP7 Soccer Shootout, and the EP7 Memorial Fishing Tournament. We are considering holding events to fundraise here in the area.

Currently, I am holding grief groups in Pamlico County through the GriefShare program at Motion Church in Grantsboro. These are free to the public. The next 2-hr grief seminar is on Monday, November 14th from 6-8 pm. A second session will be held on Monday, December 12th from 6-8 pm. These seminars are specific to the increased stress on grievers during the holiday season. Individuals can email me at [stephanie@ep7youth.org](mailto:stephanie@ep7youth.org) for more information or to sign up or visit our Facebook page at [ep7youthoutreach](https://www.facebook.com/ep7youthoutreach).

We are also seeking individuals to serve as volunteers as well as community sponsors or partners to assist us in holding our first Camp E'nCOURAGE here in the area this coming summer.

If you have any questions, please feel free to reach out. We're attempting to spread the word about the EP7 Youth Outreach to this area.

Stephanie Pauley, President & Founder  
[www.ep7youth.org](http://www.ep7youth.org)




■ Continued from page A1

### White Named Historian of the Year


history of St John's Masonic Lodge, No. 3, Fifty Years of Light, a history of Grantham Lodge 725, New Bern in the Civil War, Cove City, The History of a Rural Southern Town, Bethany Christian Church: A Walk With God, and The Longest Year. He has worked with his students and collected some 1,150 oral interviews of World War I, World War II, Korean and Vietnam soldiers which he has placed in the oral history collection at UNC Chapel Hill. They have all been digitized and are available for research. He is now working on slavery and the slave trade on Portsmouth Island and hopes to have a book on that subject out by the spring.

Jim graduated from UNC-Chapel Hill in 1971 with a degree in History. He retired from teaching and being a public-school principal. After his retirement from public schools, he taught in Pamlico Community College and Mount Olive University. Later he served as Editor of the Pamlico News. He is married to the former Nancy Brinson and they have three sons, and seven grandchildren.


## Horoscopes




**ARIES – Mar 21/Apr 20**  
Try to focus on all of the things that are going right in your life right now, Aries. Avoid focusing on those things that have gone wrong. A new perspective is all you need.




**TAURUS – Apr 21/May 21**  
This week you need to slow down and smell the proverbial roses, Taurus. You've likely been moving at break-neck speed and you can't maintain this momentum. Take a break.




**GEMINI – May 22/Jun 21**  
Gemini, when someone presents an idea to you, use your intuition to determine if you should get involved. You can trust your gut on this decision.




**CANCER – Jun 22/Jul 22**  
Cancer, even if you are in control of a situation, delegate some of your tasks to others and lighten your load. It's good to build a team of people you can trust and rely upon.




**LEO – Jul 23/Aug 23**  
Leo, if there is not much excitement happening around you right now, drum up some of your own. Try to schedule a social gathering before people get busy with the holidays.




**VIRGO – Aug 24/Sept 22**  
Virgo, if you can't change your current situation, learn to live with things until you can see new horizons. You may need to grin and bear it for a bit.



**LIBRA – Sept 23/Oct 23**  
Libra, you've already taken an important step, now you just have to fine tune and finesse a situation. Figure out what works for you and then make your move.




**SCORPIO – Oct 24/Nov 22**  
It's not time to throw in the towel just yet, Scorpio. Keep working every angle and exhaust all avenues. You may find a way to make things work to your advantage.




**SAGITTARIUS – Nov 23/Dec 21**  
There's a strong crowd of people rallying around you lately, Sagittarius. Harness their collective energy to pull yourself through a challenging situation.



**CAPRICORN – Dec 22/Jan 20**  
You may need to take a few steps in one direction before you figure out that the other path is the way to go, Capricorn. Don't be afraid to make mistakes.



**AQUARIUS – Jan 21/Feb 18**  
Aquarius, just when you're ready to move out the door, someone is trying to pull you back inside. Be firm with your resolutions. If it's time to move on, then do so.



**PISCES – Feb 19/Mar 20**  
Pisces, you won't make any strides if you are not willing to take a few risks. Explore some new possibilities in the days to come.

### SCORPIO Traits & Overview

Scorpionic energy often appears calm and subdued but is intensely emotional underneath the surface.

We can begin to understand the depths of Scorpio by looking at Pluto—its ruling planet that is associated with the underworld, death, and rebirth. We meet with Pluto in our lives when we feel we need to cross a threshold, examine deep emotional processes, or find truth by delving deep into the hidden parts of ourselves.

Scorpio is a fixed sign, meaning Scorpios tend to like stability, routines, and home life—just like their

opposite sign, Taurus. We can think of Taurus as the natural world and all that is visible and Scorpio as the underworld, or whatever emotions, thoughts, truths, and secrets linger below the surface.

Scorpio is often associated with the eighth house in astrology—an arena that rules sex, death, and rebirth, among other things.

Scorpios are famously discreet and even secretive, with an air of mystery around them. Other personality traits include fearlessness, boldness (thanks to Mars), passion, creativity, and fierce loyalty.

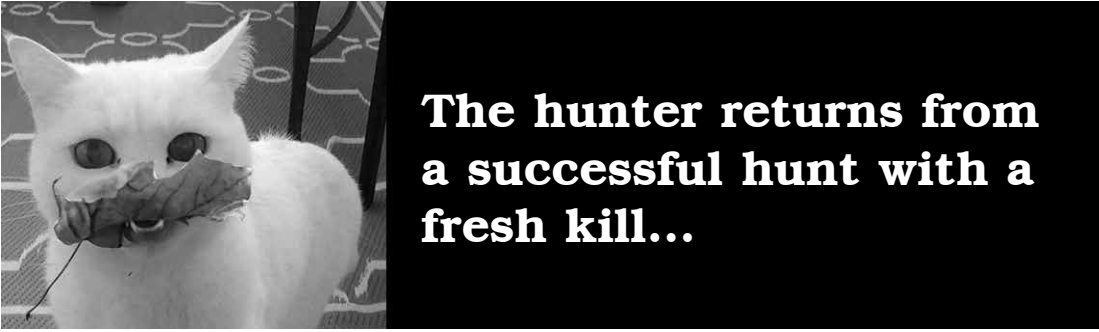
FOR ENTERTAINMENT PURPOSES ONLY

## THIS WEEK IN HISTORY

- by: Hiram Lupton
- November 9th – 1965, The Great Northeast Blackout hits several states leaving them without power for up to 13 hours. Nine months later, the great baby birth explosion hits the same area.
  - November 10th – Happy Birthday to The United States Marine Corps. Semper fi.
  - November 11th – Today is Veterans Day. If you know a Veteran, Thank Them for their service.
  - November 12th – 1983, Stan Lee, Marvel comic book writer and illustrator dies at the age of 95.
  - November 13th – Today is World Kindness Day.
  - November 14th – Today is World Diabetes Day.
  - November 15th – Today is National Clean Out Your Refrigerator Day. If it has fur growing on it, time to throw it out.

### BIRTHDAYS THIS WEEK

- November 9th – 1951, Actor and bodybuilder Lou Ferrigno
- November 10th – 1983, Singer/songwriter Miranda Lambert
- November 11th – 1896, Gangster Charles “Lucky” Luciano
- November 12th – 1982, Actress Anne Hathaway
- November 13th – 1957, Actor Chris Noth
- November 14th – 1954, Scholar and Stateswoman, Condoleezza Rice  
1964, Rapper Joseph Simmons (Run of Run-DMC)
- November 15th – 1940, Actor Sam Waterson (Law & Order)



### QUICK REFERENCE

**EMERGENCY:** Dial 911 for police, sheriff, fire departments, rescue squads, ambulance  
Animal Poison Control Center: 1-888-426-4435  
Carteret General Hospital: 808-6000  
Coastal Carolina Regional Airport: 638-8591  
**EMERGENCY PET CARE:** 444-1399  
**HIGHWAY PATROL:** 1-800-441-6127  
**MEDICAL ASSISTANCE –**  
CarolinaEast Medical Center: 633-8111  
**PAMLICO COUNTY DEPARTMENTS**  
Board of Elections: 745-4821  
County Manager: 745-3133

Emergency Management: 745-4131  
Health Dept.: 745-5111  
Lynn H. Lewis  
Pamlico County Register of Deeds: 252.745.4421  
Recycling Center: 745-3283  
Senior Services: 745-7196  
Sheriff's Dept. (non-emergency) – 745-3101  
Social Services: 745-4086  
Tax Collector: 745-4125  
Water Dept.: 745-5453  
Poison Control Center: 1-800-222-1222  
US Coast Guard (Hobucken): 745-3131

**Concerned about your drinking?**  
**You are not alone, there is help available!**  
**Come join others who have found a solution.**  
Alcoholics Anonymous: New Bern Hotline (252) 633-3716

**Meetings in Pamlico County:**  
(If you think you may have a problem, you are welcome.)

**Tuesday 8pm** - Oriental Tuesday Night Group - Meeting at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left)  
**Thursday \*\*7:30pm\*\*** - Recovery and Beyond (a great meeting for new members) - Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC  
**Friday 8pm** - Oriental Friday Night Group - Meeting at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left).  
**Sunday \*\*7pm\*\*** – Oriental Sunday Night Group - Meeting at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on left)

**Al-Anon (Members are people, just like you, who are worried about someone with a drinking problem).**  
**Tuesday \*\*7pm\*\*** - Meeting at 403 Mildred Street in Oriental, NC  
**Adult Children of Alcoholics (ACOA)**  
**Tuesday 6:30-7:30pm - (Open Meeting) at the Free Will Baptist Church, 600 Ragan Road in Oriental (2nd brick building on left).**  
**Narcotics Anonymous (A group atmosphere which provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle).**  
**Wednesday \*\*7pm\*\*** - Never Alone @ 7 - Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC

## The Pamlico News

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We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.



Land/Home Sales  
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Agent of the Week

**Allen Propst**  
Broker-In-Charge

*Here's what one of Allen's customers had to say...*

If you're looking for an honest and top notch professional, look no further. Allen Propst and his staff assisted us with buying and selling our first home. He made our home buying experience first class and easy by offering us his superior knowledge of the local area and vast realtor expertise. We were highly impressed with his assertiveness and professionalism during the entire process.

His trustworthy and sound approach saved us lots of time and money. For this reason, He's earned our highest recommendation to anyone looking or considering a realtor. I guarantee you will not be disappointed. We certainly appreciated all they did for us...and will certainly use him again, if we find ourselves moving back.

*Jeff & Rhonda – Louisiana*

**ORIENTAL –** Waterfront .47 acre site with 107' directly on Otter Creek. New 5-year 3-BR septic permit. New Elevation Certificate with benchmark elevation nail installed; can start building right away. County water, underground electric & Spectrum high-speed fiber optic cable available. State-maintained paved road, no HOA or HOA dues.

**OFFERED AT \$69,900**

**ORIENTAL –** Stunningly beautiful waterfront lot with a choice southerly exposure on Smith Creek near Oriental. This 0.63 acre wooded home site has an existing septic system already installed and is located in Spinnaker Point which is an established waterfront neighborhood within sight of the Oriental Bridge.

**OFFERED AT \$93,000**

**ORIENTAL –** This **2BR/2BA** home is at the end of a cul-de-sac in the Sea Vista community. Updated kitchen, screened in sitting area on deck. Wrap around bench on open deck. Breezeway between house and garage. Convenient to downtown Oriental. Community boat ramp.

**OFFERED AT \$264,000**

**ORIENTAL –** One-of-a-kind 1908 American Queen Anne style **3BR/2.5BA** on .58 acres (4 lots) on corner of Mildred St. & Second Ave. in heart of the Village includes 1900 built Pickle Cottage and a detached garage-workshop. Not in a flood zone, meticulously maintained, updated with modern conveniences.

**OFFERED AT \$595,000**

**ORIENTAL –** Waterfront **3BR/3BA** 2,574 sf home with wrap-around screened porch on panoramic setting & dock on Brown Creek. Includes 574 hsf Carriage House over 2-car garage, 2.5 acres, cook's kitchen & 32.5' x 23' master bedroom with spectacular views.

**OFFERED AT \$795,000**

See all Listings & Visual Tours at  
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Pamlico Community College

Pamlico Community College hosts a stop on Four-Year College and University Tour

By Sandy Wall

Dozens of Pamlico Community College students and area high schoolers got to discuss their future academic options with representatives of some of the state's most familiar four-year colleges and universities last Thursday in PCC's Johnson Building.

PCC once again was a stop on the annual statewide Four-Year College and University Tour.

"The transfer tour provided a wonderful opportunity for students to learn about colleges and universities as well as majors they might not see in our rural community," she said. "It was fortunate that some high school students who are in their eleventh- and twelfth-grade years got some personal experience with both public and private universities."

The participating institutions' representatives were seated at decorated tables where they handed out literature and answered students' questions.

Participating institutions included: Appalachian State University; Barton College; Campbell University; East Carolina University; N.C. State University; N.C. Wesleyan University; the University of North Carolina at Wilmington; and Western Carolina University.

Of course, students who are interested in a four-year degree can enroll at PCC for their first two years and complete their general studies courses at a much lower tuition rate than a four-year institution. Approved courses transfer seamlessly from PCC to the state's public universities as well as many of North Carolina's private colleges and universities.

Additionally, high school juniors and seniors are eligible to take tuition-free, college-level courses through PCC through the N.C. Career & College Promise (CCP) program.

For more information about enrolling in transfer courses at PCC, call 252-249-1851, ext. 3001, or email [studentservices@pamlicocc.edu](mailto:studentservices@pamlicocc.edu).

Sandy Wall can be reached at ext. 3010, or [swall@pamlicocc.edu](mailto:swall@pamlicocc.edu).

The afternoon event gave participating PCC students and visiting students from Arapahoe Charter School and Pamlico Christian Academy an opportunity to see what's available at some of North Carolina's four-year institutions, from nearby colleges to those in the Piedmont and mountains.

The interactions allowed students to get a feel for each participating institution, which could help them make future decisions to transfer to – or enroll in – a four-year college or university.

"We enjoy hosting the four-year colleges and universities so our students and others can have the information they need to make great decisions about their futures," said PCC President Dr. Jim Ross. "I commend our college's Student Services staffers for facilitating this beneficial event each year."

For her part, PCC Counselor/Career Center Director Cristy Lewis Warner said the transfer fair was an opportunity for students to see what's available academically in North Carolina.

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# FINANCIAL FOCUS

## What to know about sustainable investing



Dan M. Roberts

You may have heard about “sustainable investing.” But if you’re not familiar with it, you may have some questions: What does it involve? Is it right for me? Can I follow a sustainable investing strategy and still get the portfolio performance I need to reach my goals?

Sustainable investing can be defined in different ways, with different terminologies. However, one way to look at a sustainable approach is by thinking of it as investing in a socially conscious way which may involve two broad categories: environmental, social and governance (ESG) investing and values-based investing.

As its name suggests, ESG investing incorporates a broad range of environmental, social and governance risks and opportunities, along with traditional financial measures, when making investment decisions. This approach may have a neutral impact on performance because it maintains a focus on managing risk, traditional fundamental analysis and diversification. Here’s a quick look at the ESG elements:

- Environmental – Companies may work to reduce carbon emissions, invest in renewable energy, decrease pollution and conserve water resources.
- Social – A business may promote gender and pay equality within its workforce, and maintain positive labor relations and safe working conditions for employees.
- Governance – Companies distinguished by good governance may institute strong ethics policies, provide transparent financial reporting and set policies to ensure it has an independent, objective board of directors.

You can pursue an ESG investing approach through individual stocks, mutual funds or exchange-traded funds (ETFs), which hold a variety of investments similar to mutual funds, but are

generally passively managed – that is, they do little or no trading. As an ESG investor, you don’t necessarily have to sacrifice performance because ESG investments generally fare about as well as the wider investment universe. Some investments may even gain from the ESG approach. For example, a company that invests in renewable energy may benefit from the move away from fossil fuel sources.

Now, let’s move on to values-based investing. When you follow a values-based approach, you can focus on specific themes where you may choose to include or exclude certain types of investments that align with your personal values.

So, you could refrain from investing in segments of the market, such as tobacco or firearms, or in companies that engage in certain business practices, such as animal testing. On the other hand, you could actively seek out investments that align with your values. For instance, if you’re interested in climate change, you could invest in a mutual fund or ETF that contains companies in the solar or clean energy industries.

One potential limitation of values-based investing is that it may decrease the diversification of your portfolio and lead to materially lower returns due to narrowly focused investments, prioritization of non-financial goals and too many exclusions.


Ultimately, if you choose to include a sustainable investing approach, you will want – as you do in any investing scenario – to choose those investments that are suitable for your goals, risk tolerance and time horizon.

If sustainable investing interests you, give it some thought – you may find it rewarding to match your money with your beliefs.

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NC COOPERATIVE EXTENSION

Pamlico County

## Practice Makes Improvement!



Kait Neeland  
4-H Agent

It’s week three of Sew Much Fun! We’ve been having an absolute blast! We’ve been building on what we already knew and learned some new skills. We are so excited to see how all of our 4-Hers express their unique perspectives and their individual creativity.

We started our series learning how to read and cut out a pattern. Then we learned how we can make small modifications to customize our project. A large part of sewing, and patterns is understanding and identifying the geometric shapes in a pattern. Then we learned how to select fabric. How to lay out your fabric so the fabric pattern matches in your project. Then we learned how to pin our patterns to our fabric before cutting our pattern out.

Once we had successfully learned how to lay out fabric, and patterns and how cut them out without under cutting, or over cutting we moved on two sewing machines. We learned about the different parts of the machine. Then we learned how to load a bobbin how to thread a machine, and how to line up fabric to get our seems right.

Then we got some practice in on how to sew a straight seam. (Which is a lot harder than it looks.) Then we practiced curves, and turns so we would know all the stiches we need for our project.

This week we learned how to pin our pieces together. Right sides (the bright side of the fabric) almost always go together. Then we learned how to leave gaps to turn the project right side out. As our stuffed bears are three dimensional, we learned how to sew the arms and legs so that they line up correctly.

Next week: Stuffing and button eyes!!! We are so excited to see everyone’s finished project. Stay tuned to check out all the creativity.

We are also very excited to see all the creativity at our Adult Sewing Program! We will be doing a short workshop for adults who would like to learn the basics of sewing. We will be meeting on November 30th, and December 7th from 5:30 – 7:00 pm. Registration will be opening this week. If you have any questions please give us a call, an email, or stop by our office.

While Sew Much Fun is an awesome program, we have a lot more awesome programs including Summer Sleep Away Camp. Camp is open to youth ages eight to fourteen as of January 1st 2023. We are looking to offer partial scholarships to all of our kids this year. There are also other scholarships that we can apply for. If you are interested, please fill out the google form in our link tree. We will be happy to talk to you about all scholarship and sponsorship opportunities.

If you can’t wait to until the summer for some 4-H Fun, we have several programs coming up our schedule will be out soon. We are always happy to talk about all of the opportunities 4-H has stop by the office anytime!

You can get a head start by enrolling in Pamlico County 4-H Online. You can access the link on our website. If you have any questions about accessing 4-H Online or the enrollment process please give us a call and we will be happy to walk you through it. You can also sign up for our Pamlico 4-H Email list. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or kait\_neeland@ncsu.edu, or check us out online at pamlico.ces.ncsu.edu. Don’t FORGET to REGISTER, spaces will fill up!!



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## Did you know?

Public health agencies like the Centers for Disease Control and Prevention advocate for annual flu shots as an effective way to avoid potentially serious complications that can arise when individuals get the influenza virus. But why the need for annual vaccinations? According to the CDC, flu viruses are constantly changing, so a vaccination that might have been effective one year will not necessarily provide significant protection in the following year. In addition, the protection provided by the flu vaccine wanes over time, so people won’t necessarily be well fortified against the flu if they aren’t vaccinated each year. Researchers work to determine which flu viruses are likely to be common in a given year. The vaccinations administered in that year reflect that research and provide the greatest protection against the viruses that are likely to be circulating throughout flu season.



## Most Devastating Fire in Our History, 100 Years Ago Partnership of Organizations Plans Commemorative Weekend

NEW BERN, NC, It was the most devastating fire in our history, destroying hundreds of buildings and leaving more than 3000 people homeless, largely in the African-American community. And it was 100 years ago on December 1st. A large partnership of local organizations has joined to commemorate this tragic fire and has planned a whole weekend of events to help us learn and remember.

The Great Fire Commemoration will consist of four days of events, to include free presentations, free tours of the Great of ’22 exhibit in the Fireman’s Museum, a candlelight vigil, and free trolley tours of the path of the fire. Additionally, Tryon Palace has opened a new exhibit, The Great Fire of New Bern: Images on its 100th Anniversary, in the Cannon Gallery at the North Carolina History Center. The exhibit is free to the public and will be on display through January 2023.

The events will start on Thursday, December 1st, with a trolley tour at 2pm that will take those registered on a tour through New Bern following the path of the fire. That night, at 7pm, a Great Fire Commemoration Vigil will be held at the corner of Broad and Roundtree Streets, near the site of the origin of the fire. Participants are asked to bring a flashlight. The next day, Friday, December 2nd, the Fire of ’22 exhibit at the Firemen’s Museum will be open for hourly tours free of charge from 9am to noon. To register for the Fire Museum tour follow the link at [www.NewBernHistorical.org](http://www.NewBernHistorical.org)



[org/great-fire-1922-100th-anniversary/](http://www.NewBernHistorical.org/great-fire-1922-100th-anniversary/) That afternoon at 2pm, Carol Becton will give a presentation at St. Peter’s AME Zion Church on the impact of the Great Fire, specifically on the African American community and how the city rebuilt. That presentation will be repeated at Cullman Performance Hall at 7pm on Saturday, December 2nd. Also on Saturday, the Fire of ’22 exhibit will be open again, free of charge for hourly tours from noon to 3pm. On Sunday afternoon at 3pm, the trolley will provide free tours following the path of the fire. Registration required for both the Firemen’s Museum exhibit tour and the trolley tour.

Details for all the weekend events and registration for both tours are at both [www.NewBernHistorical.org/great-fire-1922-100th-anniversary/](http://www.NewBernHistorical.org/great-fire-1922-100th-anniversary/) and [www.visitnewbern.com/great-fire-1922/](http://www.visitnewbern.com/great-fire-1922/) or call the New Bern Historical Society at 252-638-8558.

This Commemorative Weekend is the result of a partnership of organizations who came together to underscore the importance of remembering this historic event. They are: The African American Heritage & Cultural Center, City of New Bern, Craven County Tourism Development Authority, Earl of Craven Questers, New Bern Fireman’s Museum, New Bern Historical Society, New Bern Tours, St. Cyprian’s Episcopal Church, St. Peter’s AME Zion Church, Swiss Bear, Tryon Palace, and Uptown Business and Professional Assoc, Inc.



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**Arapahoe Charter School Theatre Arts Department Proudly Presents**

## The Grinch!

**Saturday, Dec. 17th 7pm**

**Sunday, Dec. 18th 3pm**

**Arapahoe Charter School Gymnasium**

**Tickets \$12.00**



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**Arapahoe Charter School Front Office**  
8:00am – 2:00pm, Monday – Friday

**The Pamlico News**  
801 Broad St, Oriental | 9:30am – 4:00pm Mon. Wed. Thu. Fri

## Pamlico Animal Welfare Society (PAWS)

**“Everyone deserves a second chance.”**




Meet Greta. She was found as a stray and now needs someone to give her the forever family she deserves. She is completely housebroken, and knows some of her basic commands (sit, down, off, stay and come). She absolutely loves every person she comes in contact with. She wants to please and is a sucker for treats. She loves to go for rides in the car. She does well at the vet and at the groomer. She is about 2 years old and a pointer mix. She is heartworm negative, housebroken, spayed, fully vetted and microchipped. She also has had some training on her basic commands.


She gets along with most male dogs (was in a foster home with another male for a while) but can be dog selective when it comes to other females. We believe this is mainly due to no socialization and care as a pup.


She has not been around children but her fosters believe she would make the perfect family dog since she loves people so much. But since she is young and full of energy we recommend older children. If you would like to adopt Greta, please contact us at [mail@pamlico-paws.net](mailto:mail@pamlico-paws.net) or call Kathy 703-819-8835.

**PAWS** needs short term and long term foster families. If you or anyone you know may be able to help, call Kathy at **703-819-8835**.



# Thank You Seniors





# Riverside Ends Pamlico’s Season

by: Hiram Lupton

The first round of the North Carolina High School Athletic Association State Football Playoffs began and ended for Pamlico last Friday evening. The #25 seeded Hurricanes traveled north to Martin County to face the #8 seed, Riverside. Pamlico stayed competitive early on. After an early Riverside score, the Hurricanes answered back quickly. After a long pass from Wade Whitaker to Cam Jones down to the Riverside 19 yard line, Whitaker found Zymire Harper in the endzone for a touchdown, making the score 8-6, Riverside. Could we have a competitive game? Unfortunately not. The Knights scored two unanswered touchdowns to close out the quarter with a 22-6 lead. Pamlico showed a little fire in the 2nd quarter. After a 47-yard pass from Whitaker to Harper, Jayden Williams pounded the ball in for a touchdown narrowing Riverside’s lead to 22-12. That was as close as Pamlico would get. There was no quit in the ‘Canes, but Riverside’s high powered offense was just too much and at the half the Knights were leading 48-12. It was more of the same in the second half with Riverside ripping off several big plays and finishing with a final score of 62-12, Riverside. This was the final game for several Pamlico players. Zymire Harper (#1), Anthony Ackerly (#3), Cam Jones (#4), Wade Whitaker (#7), Elijah Dacuyan (#32), Lukata Vereen (#58), and Ryan “Iowa” Baker (#66) all played their last football game for Pamlico on Friday Night. Also a senior, is team manager, Reilleigh Sherbert. Best of luck to all, you will be missed.

## How to get kids into golf



Golf is an outdoor activity that does not require a large group of people, making it an ideal recreational activity during the era of social distancing. In fact, the number of youth golfers skyrocketed during the first six months of pandemic. According to Youth on Course, a nationwide program for children between the ages of six and 18 that offers access to more than 1,000 golf courses for a nominal fee, the number of rounds played by program members between January 2020 and July 2020 increased by 76 percent over the same period a year earlier.

Golf isn’t just beneficial during the age of social distancing. It’s also a great way for parents to get kids to exercise and keep them off of their devices as they enjoy the great outdoors. Golf is a difficult game, and that difficulty may discourage some youngsters from playing. However, parents can overcome that hurdle and others as they try get their kids excited about playing golf.

- Enroll kids in a youth organization. An organization like Youth on Course excites many youngsters because they see children their own age playing golf. That means they can go golfing with friends and talk about the game when they’re not on the course.
- Get the right gear. PGA of America recommends getting kids a putter and a wedge that are made for kids their height, noting the availability of clubs specifically made for juniors. An age-appropriate wedge is short and easy to get in the air. That should make it easier for kids to play, increasing the chances they’ll enjoy themselves.
- Keep it light and fun. Golf can frustrate even the most skilled professionals. It’s important to downplay any frustration kids feel. Parents playing alongside their children must avoid growing frustrated if their own rounds aren’t going well. PGA of America advises parents to not put any expectations on youngsters as they learn the game, focusing instead on how much fun it is to play a round at a beautiful course.

*Golf is a great game for people of all ages, including youngsters.*



# VETERANS! WE WANT YOU!! to JOIN US FOR LUNCH!!



## Drive-Thru Fried Chicken Dinner!

**12 NOON @ Fred Anderson Elementary**  
**Saturday November 12<sup>th</sup> 2022**  
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## November Yard of the Month

The Oriental Womens Garden Club would like to announce the November 2022 Yard of the Month was awarded to Diane and Bill Ennett at 310 Whittaker Point Rd., Oriental. Their lovely Impatiens caught our attention first. They took out a tree in the middle of their yard and started a new area that is a focal point. The yard includes Camellias, Roses, Lantanas, Crepe Myrtle, and various grasses. They also have many accent ceramic pieces to add to the landscape. They moved to Oriental in Feb. of this year from Cedar Point NC after selling their business. Diane and Bill have visited Oriental on previous Dragon New Year's Day celebrations. They are enjoying the quiet town and various activities that Oriental has provided.



### ONE DAY ONLY!!

Saturday - November 12, 2022  
9 to 4  
at the Oriental Woman's Club - 1007 Gilgo Road - Oriental

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- And more

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BAKE SALE

## The Witches Make Donation



by: Hiram Lupton

At a special called convening of the Silverbrooke Witches on Wednesday evening at M & M's Restaurant in Oriental, the practitioners of enchanting dances showed what all their hard work was for. The coven with a cause presented a ceremonial big check in the amount of \$18,110.92 to this year's chosen charity, JoJo Workin', a non-profit organization dedicated to helping those afflicted with opioid addiction return to society after rehabilitation. JoJo Workin's goal is establishing a sober living facility for recovering addicts in Pamlico County sometime next year. On hand to accept the donation from the witches was Lori Kay Smith of JoJo Workin'.

## PAMLICO COUNTY CHRISTMAS PARADE

DECEMBER 17, 2022 @ 4:00 P.M.



Theme: Winter Wonderland

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Parade Registration Forms Available At:  
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Email: [recreation@pamlicocounty.org](mailto:recreation@pamlicocounty.org)  
For more information please call (252) 745-4240

## How the body heals after quitting smoking

*Few habits are as harmful to the human body as smoking tobacco products, especially cigarettes.*

The American Heart Association says smoking is the most preventable cause of death in the United States. Smoking is linked to heart disease and stroke and can increase the risk for cancers of the bladder, throat, cervix, pancreas, and mouth. Smoking is linked to roughly 90 percent of lung cancer cases in the United States as well. Lung Cancer Canada indicates the majority of lung cancer cases in Canada — about 85 percent — are directly related to smoking tobacco.

Even though smoking can ravage the body and cause significant damage to the lungs, which worsens the longer one smokes, people who quit may be able to restore a good portion of their lung health. The Lung Health Institute says there are a number of ways the lungs can heal once a person stops smoking. While it may not be possible to undo the structural damage to the lungs, lung function can be significantly restored when people quit smoking. Here's a look at some ways the lungs and other parts of the body may recover.

- Risk of heart attack decreases: The wellness resource Verywell says that after day one of quitting smokers' risk of heart attack begins to decrease.
- Rate of COPD decline improves: Research published in the journal Respiratory Medicine found that people with mild to moderate COPD can expect to experience normalization of lung function decline within a year of quitting. This means that the rate of decline considered normal with age is the same as someone who had never smoked before.
- Reduced lung cancer risk: The risk of getting lung cancer reduces by 50 percent after 10 years of being smoke-free, according to the Centers for Disease Control & Prevention.
- Carbon monoxide levels go down: Orlando Health says carbon monoxide gradually leaves the bloodstream after people quit smoking, which helps reduce the severity of symptoms like shortness of breath. Similarly, chemicals in cigarette smoke can inflame the lining of the airways.
- Reactivation of cilia: Cilia are the small hair-like structures that move mucus and bacteria to the back of the throat. They fail to work properly when a person smokes, but can resume function after quitting.
- Improved circulation: When lung function improves, oxygen can more effectively reach cells through the body and circulation improves. Within 24 hours of quitting, constriction of blood vessels also will occur, resulting in lower blood pressure and improved pulse rate. Body temperature will start to normalize within 24 hours as well.
- Improved taste and smell: Within 48 hours of quitting, taste and smell receptors start to heal, and damaged nerve cells also will begin to self-repair.

Quitting smoking is the best thing smokers can do for their bodies. Once a person quits smoking, his or her body begins healing in myriad ways.

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for a mobility challenged senior citizen within the County.



We also thank the volunteer build crew of local citizens  
Joe Geraghty, Tom Newman, Ken Roberts and  
new participants Kevin Bryan, John Laguardia and Bill Nickerson  
for their recent construction of a ramp  
for a disabled elderly County resident as well.



If you would like to be added to a list of volunteers for ramp construction,  
please call Pamlico County Senior Services at 252-745-7196.

Pamlico County Foundation for the Aged, Inc. is a non-profit 501(c)3 entity supported by the donations of citizens as well as grants from CarolinaEast Foundation and North Carolina Community Foundation/Pamlico County Chapter (Unrestricted Fund).  
Tax deductible contributions to “PCFA” are appreciated and may be mailed to PO Box 184, Alliance, NC 28509.

# Health&Wellness

## Chronic obstructive pulmonary disease (COPD) affects millions across the country

Each November, the COPD community comes together to promote better understanding of COPD, a progressive lung disease that affects millions across the country. Increasing awareness about COPD and its symptoms is important because early diagnosis and treatment can improve quality of life.

### What is COPD?

Chronic obstructive pulmonary disease (COPD) is a chronic inflammatory lung disease that causes obstructed airflow from the lungs. Emphysema and chronic bronchitis are the most common conditions that make up COPD. Damage to the lungs from COPD can't be reversed. Symptoms include shortness of breath, wheezing, or a chronic cough.

### How can I tell if I have COPD?

COPD is diagnosed with a simple breathing test called spirometry, which can detect COPD before symptoms present. The hallmark of COPD is that the air leaves the lung slower than normal during a forced expiration.

### How is COPD treated?

Smoking cessation, immunization against influenza and pneumonia, and the use of various bronchodilator medications are effective treatments. In advanced stages, oxygen may be required, and in some cases, lung transplantation or surgical removal of localized emphysema may be employed.

### How Can I Prevent COPD?

The best way to prevent COPD is to never start smoking, and if you smoke, quit. Talk with your doctor about programs and products that can help you quit. Also, stay away from secondhand smoke. Here are ways to help you prevent COPD:

Avoid Close Contact With People Who Have Respiratory Infections

Repeated lower respiratory infections, pneumonia, and acute bronchitis can produce scarring. This is particularly true in young children. Scarring contributes to the development of COPD. Whenever possible, try to avoid close contact with people who have contagious respiratory infections. Get a pneumonia vaccination if you are 65 years or older, or have risk factors for pneumonia. Make sure you get yearly flu shots.

### Have a Blood Test to Determine Levels of Alpha-1-Antitrypsin

If someone in your family developed COPD but never smoked, or developed the disease at an early age, you may have a genetic defect that increases your risk of the disease. You should consider having a blood test to measure levels of alpha-1-antitrypsin. This is an important protein that helps protect the lungs from damage due to inflammation. Low levels of this protein increase your risk of developing COPD. You should discuss this with your doctor.

### Quit Smoking

Almost all COPD cases are caused by cigarette smoking. Never smoking, or quitting if you already smoke, are the single most important steps you can take to reduce your risk of developing COPD.

### Manage Environmental Exposures

Try to avoid or limit exposure to:

Secondhand smoke

Dust

Fumes

Environmental smoke (such as smoke from burning wood, charcoal, crop residue)

Be aware of air pollution alerts. Avoid outdoor activities when air quality is particularly poor. Do not exercise in areas where levels of car exhaust are high.

<https://www.chcw.org/november-is-copd-awareness-month/>





# Honoring Our TROOPS & VETERANS

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# COASTAL LIVING

## How To Winterize Your Boat

Getting ready for winter? As you enjoy the season's final weeks of sea and sunshine, start preparing to winterize your boat. Whether your boat has an outboard, gas inboard or stern drive engine, the following nine steps will assure quick, easy startups when the snow melts and warm weather returns come spring.

**Step 1: Replace engine oil**  
Moisture and acids in old oil will pit bearings and other engine parts while in storage, so you need to drain it. First warm up the engine, while in water, so more of the dirty oil will drain out and impurities will flush out more easily. Then use high-quality oil and filters as recommended by your engine's manufacturer. For 4-stroke outboard motors, change the oil and filter before storing for the winter.

**Step 2: Flush and drain cooling water**  
To prevent damage from expanding water when it freezes, you must drain water from your engine. For inboard and sterndrive engines: Flush the engine with clean water by using water muffs or a similar device to connect a garden hose to your cooling system. (Never run a water engine without water). Then flush until the engine reaches normal operating temperature. Next, remove drain plugs. These are usually located in the engine block and manifold. You may also need to remove the water pump hose to drain remaining water. For outboard engine maintenance: First, make sure all drain holes are open. Then start the engine and clean the cooling system by flushing it with fresh water. (Use water muffs or a similar device connected to a garden hose.) Flush for a few minutes.

Are backyard chickens right for you?

Raising backyard chickens has been a growing phenomenon for several years. Many cities have passed laws legalizing backyard chickens, encouraging many to raise chickens as a rewarding hobby. One of the biggest benefits to raising backyard chickens is that their eggs are fresher and often tastier than store-bought varieties. Hens can lay one egg per day. Multiply that egg per hen, and breakfast is always available. Another benefit to chickens is they produce a natural fertilizer that can be used in gardens. "The Old Farmer's Almanac" says chicken manure can be composted, aged and eventually added to the garden. In about six months, a person will accumulate about one cubic foot of manure per chicken. Egg shells and other compostable material can be added to create an even richer formula. Chickens also can help control bugs around the yard, offers the experts at Tractor Supply Company. Before investing in backyard chickens, people should determine if chickens will fit with their lifestyle. Costs and care are a big consideration. Each chick will cost anywhere between \$3 to \$5 a bird. Then there's feed to consider. The most expensive item will likely be the coop. The experts at The Happy Chicken Coop, a resource for raising chickens and starting coops, says handy men and women can build homemade coops, but ready-made ones will cost a few hundred dollars. The coop will need to offer around four square feet of space per chicken (or what's recommended for the breed). Despite being seemingly independent birds, chickens need people to be active caregivers. They require feed and water daily. The chickens will need a caregiver while you vacation. People who are frequently away from home should reconsider chickens. Chickens also are prone to worms, parasites and lice. They need to have rear feathers trimmed to stay clean and sanitary, and they will require an area where they can "dust" and self-groom. The Centers for Disease Control and Prevention advises not to cuddle and kiss chickens like pets because they can carry salmonella. Not every coop is completely varmint-proof, and some chickens may succumb to predators. Squeamish or sentimental folks may find chickens aren't the right fit. Chickens require commitment and care that many people can provide. It is essential to do one's homework to ensure that backyard chickens are a sound investment.

**Step 3: Stabilize fuel**  
Fuel can deteriorate in as little as 60 days, causing gum and varnish to build up in your engine. This results in hard starting, poor performance and reduced engine life. The easiest way to prevent these problems is by adding a high quality marine fuel stabilizer to prevent fuel deterioration. Then fill the tank with fresh fuel to prevent corrosion-causing water condensation. Simply run the engine for a few minutes to get treated gas throughout the system—either when your boat's in the water or while using a fitting designed to run the engine with a garden hose. Note that draining gasoline does not prevent varnish formation in engines since some fuel is always left behind. In addition, gaskets can dry out and cause leaks in the spring.

**Step 4: Protect internal engine components**  
While in storage, engine oil drains away. This exposes internal engine components to harsh elements in winter and can lead to corrosion and metal-to-metal contact, called cylinder scuffing, come spring. To prevent these issues, use a fogging oil spray. This type of product is specially formulated to penetrate deep into the engine and coat parts with a protective layer of anti-corrosive compound.

**Step 5: Replace gear oil**  
Drain the lower unit of old gear oil and replace with a fresh supply. When changing the gear oil, be sure to check for moisture. If water comes out first, or if you see milky or lumpy oil, this is an indication your boat is experiencing moisture contamination and will need new seals before next season.

**Step 6: Grease and lubricate**  
Find your engine's grease fittings (most will be located in the steering mechanism area), then use a quality marine lubricant to protect against rust, corrosion and oxidation. Check your owner's manual to be sure you don't miss any important areas that need to be greased before winter storage.

**Step 7: Remove valuables**  
Boatyards receive little traffic in the winter, which makes break-ins easy. Remove all valuables, including expensive electronics. It is also in your best interest to insure your boat even when it's not on the water.

**Step 8: Clean and wax**

**Step 9: Cover**  
The best place to store your boat is in dry storage, but this can be expensive—especially in areas with long winters. At a minimum, you'll need to cover your boat with a durable cover. Another good option is to shrink wrap your boat.



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BRIGHT IDEAS EDUCATION GRANTS

OUR SCHOOLS

FRED A. ANDERSON ELEMENTARY SCHOOL



Susan Long 4th grade  
they will see that having "stick-with-it-ness" will allow them to get through longer books."

Ms. Susan Long's grant was to purchase class sets of chapter books for read aloud. She says, "Reading aloud to students is so important. It can create a bridge to more complex texts. A 1984 study by Thomas Sticht showed that a child's reading level doesn't catch up to their listening level until around 8th grade. That makes the read aloud a perfect opportunity to expose students to texts they can't yet decode for themselves. Students need to learn how to communicate and have conversations on various topics with teachers and peers...and even conversations with themselves as they "think aloud". While I read aloud, I always stop when I come to important parts of the book and "think aloud". Doing this in front of students models what a good reader should be doing - even when reading to themselves. Another benefit has to do with books children often choose. Many times they shy away from chapter books because they seem too long and daunting. But by reading aloud chapter books to students, they will see that having "stick-with-it-ness" will allow them to get through longer books."



Lauren Seber 4th grade  
their text at all times. The funding from the Bright Ideas grant will support my personal goal to provide a classroom library of books that are interesting and diverse in a classroom that values reading and literacy.

My goal is to establish a well stocked, engaging print rich classroom library. An enriching classroom library is paramount and powerful to guide students toward developing, and internalizing a love for reading. Investing in a classroom library will fulfill academic needs and interest levels by establishing a path to engage all students and creating passionate life-long readers. One world. Many stories. Recognizes the urgent need for the classroom library to coexist alongside the school library. Kids need both. Kids need books everywhere. Kids need school libraries, classroom libraries, home libraries and public libraries. This is not about who owns the books. This is about giving kids the access they deserve. In order for my students to engage in the text they must feel like they have control in selecting materials that are interesting to them. Selecting what to read is a major part of becoming a reader. As an ELA teacher I know that engaged readers are involved, interested and constantly learning from



The students at Fred A. Anderson Elementary celebrated National Bullying Prevention Month with Spirit Week. On Monday students and staff wore orange to say no to bullying. Tuesday they teamed up against bullying and wore their favorite team shirt. Wednesday they put a rest to bullying by wearing their pajamas. Thursday was Hats off to Kindness day and Friday they said Boo to bullying by wearing Halloween costumes. Our students also had lesson on bullying and cyber-bullying in their special classes.

HAT DAY



GAGA BALL PIT



We would like to say a huge thank you to the Oriental Rotary Club for building a Gaga Ball pit for our students. We appreciate their support. Our students love to play Gaga ball.

Book Character Pumpkin Contest

Our students participated in a Book Character Pumpkin Contest. Students had to decorate a pumpkin to look like a book character. We had lots of entries. The students did an amazing job! People from the community came to judge the pumpkins and prizes were awarded to our 1st, 2nd and 3rd place winners. The judges also gave out three Honorable Mentions.

Scott

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Get It On Paper

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS  
AND DEBTORS OF  
MARTHA LURAY JONES**  
File No.: 22 E 191

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JESSICA P. BARTON, Executor of the Estate, on or before JANUARY 17,2023 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 19TH Day of October,2022.

ESTATE OF MARTHA LURAY JONES  
C/O JESSICA P. BARTON  
17 HARPER RD  
BAYBORO, NC 28515

Publish OCTOBER 19, 26,  
November 2 and 9, 2022

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE**

**INCIDENTS**

Sept. 29, Cross Road, Grantsboro, fail to work after paid  
Sept. 29, NC Hwy 55, New Bern, suspicious activity  
Sept. 29, Main St., Bayboro, hostile demeanor/potential for escalation  
Sept. 29, NC Hwy 307, Vandemere, larceny of property or goods <= \$1,000  
Oct. 1, NC Hwy 55, Alliance, littering not > 15 lbs.  
Oct. 1, NC Hwy 55, Alliance, forgery and uttering, obtain property by false pretenses  
Oct. 1, Pinewood Dr., Arapahoe, communicating threats  
Oct. 3, NC Hwy 304, Vandemere, assault on government official or employee, resist/delay/obstruct police officer  
Oct. 4, Main St., Bayboro, order for arrest for driving while license revoked (2)  
Oct. 4, Main St., Bayboro, juvenile petition  
Oct. 4, NC Hwy 55, Bayboro, school attendance law violation  
Oct. 4, NC Hwy 55, New Bern, order for arrest for driving while license revoked  
Oct. 5, NC Hwy 306 N., Grantsboro, failure to appear driving while impaired, failure to appear unauthorized use of motor vehicle  
Oct. 5, NC Hwy 304/Rowe Rd., Bayboro, warrant for arrest communicating threats  
Oct. 5, NC Hwy 307, Vandemere, larceny of motor vehicle  
Oct. 5, Middle Prong Rd., Bayboro, obtain property by false pretenses, felony conversion  
Oct. 6, NC Hwy 304, Bayboro, warrant for arrest/simple assault  
Oct. 6, Holiday Lane, Oriental, involuntary committment  
Oct. 7, Neuse Dr., Oriental, identity theft  
Oct. 10, Main St., Alliance, assault on a female by male at least 18 years of age  
Oct. 11, Main St., Bayboro, warrant for arrest secreting lien property  
Oct. 11, North St., Bayboro, failure to appear driving while license revoked, failure to appear no insurance  
Oct. 11, Moores Swamp Rd., New Bern, traffic collision  
Oct. 11, Bayleaf Rd., New Bern, mental subject  
Oct. 12, NC Hwy 55, Alliance, larceny  
Oct. 12, Bayleaf Rd., New Bern, simple assault  
Oct. 13, Foxwood Trail, New Bern, larceny of motor vehicle parts  
Oct. 13, NC Hwy 55, Grantsboro, simple assault

Oct. 13, Camping Rd., Grantsboro, larceny of property or goods <= \$1,000  
Oct. 14, Keystown Rd., Grantsboro, order for arrest child support  
Oct. 14, hale Rd., New Bern, possess weapon of mass destruction, involuntary commitment order

**PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS  
AND DEBTORS OF  
BETTY ROACH BUCK**  
File No.: 22 E 197

All persons, firms and corporations having claims against deceased, are notified to exhibit it them to TIMOTHY A. BUCK, Executor of the Estate, on or before JANUARY 24,2023 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 26TH Day of October,2022.

ESTATE OF BETTY ROACH BUCK  
C/O TIMOTHY A. BUCK  
936 SHINGLE BROOK RD  
NEW BERN, NC 28560

Publish OCTOBER 26, November 2, 9 AND 16TH 2022

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION**

Oct. 16, McCotter Rd., Stonewall, possession of firearm by convicted felon  
Oct. 16, NC Hwy 55, Alliance, break or enter motor vehicle, larceny after breaking or entering  
Oct. 17, Hickory St., Arapahoe, mental subject  
Oct. 17, Main St., Bayboro, stored evidence for NC Wildlife  
Oct. 17, Jonathan Lane, Arapahoe, assault on a female by male at least 18 years of age  
Oct. 17, NC Hwy 55/306, Grantsboro, assault with a deadly weapon  
Oct. 19, Alligator Creek Rd., Stonewall, runaway juvenile  
Oct. 20, NC Hwy 55, New Bern, break or enter any building/intent commit felony/larceny  
Oct. 20, Cape Fear Lane, New Bern, larceny of firearm  
Oct. 20, Scott Store Rd., Grantsboro, assault with deadly weapon inflicting serious injury  
Oct. 21, Neuse Rd., Grantsboro, obtain property by false pretenses  
Oct. 21, Main St., Bayboro, order for arrest for driving while license revoked  
Oct. 23, Barkside Ct., New Bern, communicating threats  
Oct. 24, Water St., Bayboro, injury to personal property  
Oct. 24, NC Hwy 306 S., Arapahoe, communicating threats  
Oct. 24, NC Hwy 55, Grantsboro, driving while license revoked no impaired revoked  
Oct. 25, NC Hwy 55, Grantsboro, failure to appear cruelty to animals  
Oct. 26, Chinchilla Dr., Bayboro, domestic  
Oct. 26, NC Hwy 304, assault with a deadly weapon  
Oct. 26, Broad St. Ext., Oriental, robbery with firearm/dangerous weapon

**INSPECTIONS**

Sept. 26, Mark Scott, Merritt, garage, \$745; Kenya Servia, Bayboro, storage, \$146.08; Trevor Gray, Bayboro, pool, \$100

Sept. 27, Mike Ridout, Oriental, mechanical, \$50; Palmer Stowe, Grantsboro, mechanical, \$50; International Furn. Cons. (William Ray Guy), Oriental, renovation (commercial), \$250; James O'Connell, Bayboro, building, \$585.56; James O'Connell, Bayboro, building, \$585.56

Sept. 28, Chris Lewis, Grantsboro, doublewide, \$260; Dennis Williams, New Bern, shed, \$194.08; Gail & Dave Kenyon, Oriental, mechanical, \$100; Chris Broughton, Bayboro, pool, \$50

Sept. 29, Marc Willi, Oriental, electrical, \$50; David Smiley, Merritt, generator/electrical, \$50; Michael Hodge, Oriental, pool, \$50

Sept. 30, Williams Storage, New Bern, sign, \$100; Clifford Druml, Oriental, singlewide, \$235; Taylor Turner, New Bern, mechanical, \$50

Oct. 3, Ronnie York, Oriental,

**NOTICE TO CREDITORS  
AND DEBTORS OF  
BERNICE JARVIS BROTHERS**  
File No.: 22 E 194

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JULIUS STEVE BROTHERS, Executor of the Estate, on or before FEBRUARY 7,2023 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 9TH Day of November,2022.

ESTATE OF BERNICE JARVIS BROTHERS  
C/O JULIUS STEVE BROTHERS  
6058 LOWLAND RD  
LOWLAND, NC 28552

Publish November 9,16,23 AND  
30TH, 2022

**NORTH CAROLINA IN THE  
GENERAL COURT OF JUSTICE  
PAMLICO COUNTY  
SUPERIOR COURT DIVISION  
NOTICE TO CREDITORS  
AND DEBTORS OF**

200 amp, \$100; Lorena Mozell, Oriental, demo, \$0, Marthina Fulcher, Oriental, demo, \$0; Heather Henson, Arapahoe, carport, \$149.84  
Oct. 4, Carol West, Bayboro, mechanical, \$50; Stephen Smith, Minnesott Beach, electrical 200 amp, \$100  
Oct. 5, Friends of the Pamlico Library, Alliance, fire, \$50  
Oct. 6, Arthur Kelly, Alliance, building, \$290; Graham Groves, Bayboro, electrical, \$50; River Dunes Dev., Oriental, new residential, \$1,270.88; River Dunes Dev., Oriental, new residential, \$1,270.88; Shane Walsh, Oriental, renovation, \$160; Grantsbrook, Grantsboro, fire, \$50; Gardens of Pamlico, Grantsboro, fire, \$50  
Oct. 7, Bryan Harris, Arapahoe, demo, \$0; Brian & Kristie Newton, Minnesott Beach, new residential, \$1,893.72; Paul Mantonye, Arapahoe, electrical, \$50  
Oct. 10, Bayboro Baptist, Bayboro, mechanical, \$50; Victoria Ziemak, Grantsboro, electrical, \$50; Muriel Diane Latham, Oriental, electrical, \$50; Chris Broughton, Alliance, new construction (residential), \$631.56  
Oct. 11, Rob Semkewyc, Oriental, temp pole, \$50; Andrew Baransky, Merritt, electrical, \$50; Andrew Baransky, Bayboro, electrical, \$50; Andrew Baransky, Bayboro, electrical, \$50; Barry Dubois, Oriental, building, \$75.60;

**PROPERTY TRANSFERS**

Sept. 30, 6.60 AC; Lot 4, PCB 7-18 from Kenneth L. Miller, Janie E. Miller to Rivers Edge Campground, LLC, \$200  
Sept. 30, 25,509 Sq. Ft; Map in DB 388/644, PIN: L091-111 from John T. Wilhelm, John T. Wilhelm/AIF, Mary P. Wilhelm to Bobby A. McLawhorn, Michelle McLawhorn, \$616  
Sept. 30, Foxwood at Pinedale Lot: 22, Section I; Map Book 11/98; Longleaf Drive, PIN: D061-110-22 from Jesse B. Cahoon, Teresa S. Cahoon to Tammi Roberts, \$200  
Sept. 30, Arlington Place Lot: 197, Phase 1; Minnesott Beach; PCA 153/17-20 & PCA 154/1-8 from Anne Boddie Mosley/TR, Bryan Boddie Hancock/TR, N.B. Boddie Wife's Qualified Trust, Boddie, N.B. to Keeley Pollard, \$105  
Sept. 30, Whittaker Creek Yacht Club Three Tracts; WC Yacht Club from Lindsey's Creek, LLC to Brody Shobe, \$26  
Sept. 30, 0.04 AC & 0.42 AC; Map in DB 440/183 from Wayne G. Mulligan, Sharon L. Mulligan to Frederick Slann, Dawn Slann, \$450  
Oct. 3, Two AC; metes and bounds from Julian Scott, Jr., Nancy A. Scott to Nancy A. Scott, \$0  
Oct. 3, River Dunes Lot: 123, Section 11 PUD; PCA 157/10-13 from Jason E. Lindsey/TR, Jason E. Lindsey, Karen P. Lindsey, Karen P. Lindsey/TR, The Lindsey Family Revocable Trust to River Dunes Development, LLC, \$249  
Oct. 3, River Dunes Lot: 138, Section 11; PCA 157/10-13 from River Dunes Development, LLC, River Dunes Investment Property, LLC to Jason E. Lindsey, Jason E. Lindsey/TR, Karen P. Lindsey/TR, Karen P. Lindsey, The Lindsey Family Revocable Trust, \$500  
Oct. 3, 30.88 AC; Map Book 8/4; metes and bounds, PIN: D08-17 from Ross Bell to Reid B. Harper, \$111  
Oct. 3, 30,000 Sq. Ft Tract; map attached from Charles A. Lane to Robert Duane Joseph, Georgia Lynn Joseph, \$54  
Oct. 3, Headwaters Lot: 11, PCA 74-9, PIN: K07-14-1A-11; Deed of Gift from Kevin B. Rains, Kathleen E. Rains to Kevin B. Rains/TR, Kevin B. Rains, Kathleen E.Rains/TR, Kathleen E. Rains, Kevin B. Rains Revocable Trust, Kathleen E. Rains Revocable Trust, \$0  
Oct. 3, Sea Harbour Marina Boat Slip 8; Condo Book 1/71 & 71-A from William L. Francis, Janice Francis, Sea Harbour Condominium Yacht Club, Inc. to Robert Alan Stevens, \$76  
Oct. 4, 4.26 AC; Old Riggs Road and Jones Road; Metes and Bounds, DB 704/325; Correction Deed from Rhonda H. Caroon, Lisa H. Caroon, Judy H. Thaanum, Judith H. Thaanum to Lyn Van Lurette Trust, L.L.C., \$0  
Oct. 4, S/S Old Riggs Road; metes and bounds, DB 704/322; Correction Deed from Judy H. Thaanum, Judith H. Thaanum to Lyn Van Lurette Trust, L.L.C., \$0  
Oct. 4, Arlington Place Lot: 226, Phase 1; Minnesott Beach; PCA 153/17-20 & 154/1-8 from Mason Insurance Agency, Inc. to North Carolina Developers, Inc. \$70  
Oct. 5, Windward Estates Lot: 6, PCA 103-9; Windward Estates Lot: 7, PCA 103-9; Windward Estates Lot: 8, PCA 103-9; Windward Estates Lot: 9, PCA 103-9 from Joanne Gwaltney Ashton, Rudolph Alexander Ashton, III, Joseph Lawrence Gwaltney, Jr., Suzanne Medlin Gwaltney to Streamline Developers, LLC, \$280  
Oct. 5, Dawson Bluff Lot: 1, PCA 91-4, PIN: G08-60-1 from Booster Tex Lindsey, III, Leslie Ann Lindsey to Nikolas Arthur-Wong, Nikolas Arthur Wong, Mairym N. Nikolas Arthur Wong, Mairym N. Arthur-Wong, Mairym N. Arthur Wong, Mairym N. Arthur Wong, \$300  
Oct. 5, Bennett Landing Unit: B, Building B; Condo Cabinet 1/13-2 from Bayport Realty, LLC to James S. Creech, Jane F. Creech, \$807  
Oct. 6, Natures Run Lot: 15, 1.7 AC; Kershaw Road (NCSR 1005); PCA 178-1; metes and bounds; Natures Run Lot: 16, 1.7 AC; Kershaw Road (NCSR 1005); PCA 178-1; metes and bounds from Kenneth J. Norris, Wendy S. Norris to Terry W. Daniels, Katie K.R. Daniels, \$730  
Oct. 6, NCSR 1224; PCA 95-2; Tract 1 & 1-A, PCA 64-8; PCA 185-3; metes and bounds from Ted W. Dunnebacke, Barbara A. Dunnebacke to Barbara A. Dunnebacke, \$0

**LEO C. HARDISON**

Having qualified as Executor of the Estate of LEO C. HARDISON, late of Oriental, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 92 Michael Lane, Oriental, North Carolina 28571, on or before the 13th of February, 2023, or this notice will be plead- ed in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 9th day of November, 2022

Diane U. Hardison  
92 Michael Lane  
Oriental, NC 28571

Publish: November 9,16,23,30,  
2022

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