

The Pamlico News

Wednesday, September 27, 2023

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Marine Fisheries asks public to report Blue Land Crab sightings

MOREHEAD CITY - The N.C. Division of Marine Fisheries is asking people to please be on the lookout for blue land crabs, *Cardisoma guanhumi*, and to report sightings.

Blue land crabs are a non-native species to the Carolinas that look like an enormous fiddler crab.

There has been a spate of recent reports of blue land crabs spotted in North Carolina and South Carolina, and biologists are requesting public assistance to help them learn more about where the non-native species is spreading by reporting any sightings.

Blue land crabs are native to the Atlantic coast from Brazil to South Florida, but occasional sightings of the large crabs have been reported in South Carolina since 2008. The first confirmed blue land crab sighting in North Carolina occurred in the summer of 2023. Researchers do not yet know the extent of the crab's distribution throughout the Carolinas nor its impact on the environment and other wildlife. Whether the species arrived through natural expansion of its range or human-mediated sources is also not clear.



Despite their name, the crabs vary widely in color. Adult males tend to have the characteristic blue-gray coloring, but females can also be white or ash-gray, and juveniles can range from orangish to dark brown to purple. They're also unusually long-lived and slow-growing among crabs, reaching maturity at four years of age and surviving up to eleven years. For more information and images please visit the Blue Land Crab Species Profile Page at <https://www.deq.nc.gov/about/divisions/marine-fisheries/public-information-and-education/species-profiles/blue-land-crabs>.

Blue land crabs are difficult to catch. In addition to their speed at retreating into burrows deep below ground, the crabs possess a large claw that they can use to dexterously defend themselves. If you see one of these crabs, biologists encourage you to snap a photo and report the date and the location of your sighting at the link below. Biologists suspect the crabs may be more visible following heavy rains which can drive them out of their burrows.

To report sightings, go to <https://survey123.arcgis.com/share/73155cf-36b124961a366a8b116147a54>. For more information, please contact Robert Corbett at Robert.Corbett@deq.nc.gov with the NC Division of Marine Fisheries or Bronwyn Williams Bronwyn.Williams@naturalsciences.org with the N.C. Museum of Natural Sciences.

Hurricanes Women's Golf

by: Hiram Lupton



Kyleigh Farley tees off



Summer Sawyer putting on the green

The Pamlico County High School women's golf season is in full swing with the ladies teeing off weekly, weather permitting. "The girls are improving every time we hit the course", says Head Coach Tammy Taylor. "We've got some talented players and they are starting to tap into that talent." The team consists of Kyleigh Farley, Summer Sawyer and Alyssa Schmidt. They play their home matches at The Minnesott Golf and Country Club.

Pamlico Athletics Recognized for Sportsmanship

by: Hiram Lupton



Each school year, the North Carolina Farm Bureau sponsors the North Carolina High School Athletic Association's Ejection Free program which recognizes member schools which have competed throughout the school year without a single ejection. Pamlico County was among 106 schools statewide which were awarded this distinction for the 2022-23 competition year. It was one of three schools in the Coastal Plains Conference, along with Jones Senior and Northside-Pinetown, to receive this distinction. "This is our third year in a row to be recognized for this," says Pamlico County High School Athletic Director April Rose. "We are very proud of our athletes for setting high standards for themselves and their teammates. We are also proud to have a coaching staff that displays the importance of sportsmanship no matter the outcome. Accountability goes a long way in the athletic world." Sportsmanship is the first core value of the NCHSAA and these schools have been excellent examples of following the rules of the game, respecting the judgment of referees and officials, treating opponents with respect, and graciousness in victory or defeat.

Historical Association Snapshot Meeting

by: Hiram Lupton



Attendees at the Monday Pamlico County Historical Association's SnapShot Meeting were treated to a program that was both historical and inspiring. Historian Johnny Surles gave a presentation about the life of Mr. Jacklyn "Jack" Lucas, a native of Plymouth, North Carolina, who enlisted into the U. S. Marine Corps in 1942 at the age of 14, and became, at the age of 17, the youngest recipient of the Congressional Medal of Honor during World War II for his heroic actions during the battle for the island of Iwo Jima. Lucas threw himself on a live grenade to save the lives of his fellow soldiers and remarkably, though severely injured, lived through the ordeal. This was just one aspect of Lucas' life that Mr. Surles covered that showed both his bravery and his perseverance in his desire to serve his country during a time of war. His memoir was published in a book entitled "Indestructible" and in 2016 it was announced that a U. S. navy Destroyer, the U.S.S. Jack H. Lucas would be built and named in his honor.

If you would like to know more about the SnapShot programs presented by the Pamlico County Historical Association at the Pamlico County Heritage Center, follow them on Facebook or stop by the Museum located at 10642 NC Hwy 55, Grantsboro.



The U.S.S. Jack H. Lucas

PCMS Volleyball are Champs

by: Hiram Lupton



Conference Regular Season and Tournament Champs

The Pamlico County Middle School volleyball team capped off a great season last week by winning both their conference regular season championship, and then on Thursday put an exclamation point on the end of that championship by earning the tournament championship. After a tough start to the season with two losses to West Craven Middle School, the team began to jell and went 8-0 the rest of the season to claim the title. At the Coastal Middle School Athletic Conference tournament on Thursday, they put the icing on the cake two straight set wins. As regular season champs, PCMS earned a bye in the first round, and faced H. J. MacDonald in the second round and took down the game Warcubs 2-0 (25-9, 25-23). With only a short warmup break in between, they now faced off with the host of the tournament, Grover C. Fields Middle School. Playing back-to-back left the Hurricanes running on fumes, but the ladies dug deep, caught their breath, and fought off the Grizzlies 2-0 (25-19, 25-16) to earn the tournament championship. A great job first year head coach Jakiya Jones and her assistant coaches Hailey Sales and Kelly Jones and of course a great job by the players. Congratulations Ladies.



Hailey Rice lunges for a save

WEEKEND WEATHER

Saturday, September 30th **78°Hi** Cloudy throughout the day

Sunday, October 1st **71°Hi** Partly cloudy throughout the day



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COMMUNITY

OBITUARIES

Mary Kathleen Whitfield, 86, of New Bern, died September 14, 2023. Arrangements are by Cotten Funeral Home & Crematory.

How to prepare children to welcome a new pet

Excitement is the order of the day when welcoming a new pet into a home. Families often go to great lengths when picking a new pet for their household, spending significant time studying specific breeds and preparing their homes for the new addition. Despite that preparation, no one truly knows how a family dynamic will shift until the pet comes home.

Adults who have had pets in the past may know what to expect when welcoming a new pet to the family, but kids with no such experience may need a little coaching. The following are some ways parents can prepare youngsters to welcome a new pet into their homes.

- **Emphasize respect for the animal.** The Animal Humane Society urges parents to teach children how to touch animals with respect. Many children naturally love animals, and that enthusiasm may compel them to be a little overexcited in their initial interactions with their new pet. In such instances, pets may feel threatened, even by small children, which could lead them to bark, growl or lunge at youngsters. So it's important for parents to teach children how to approach and touch their new pets prior to bringing the animal into the home.



- **Explain body language to kids.** The American Kennel Clubs notes that deciphering a dog's body language is an important part of communicating with the animal, as dogs utilize posture, facial expression and other physical cues to communicate with their human companions. Parents can speak with the adoption agency and/or their veterinarians about body language specific to certain animals and what each gesture may signify. Explain these gestures to children so they can learn when to leave a pet alone or when to engage with it.

- **Encourage kids to afford animals a period to adjust.** Kids may not be the only ones who don't know what to expect when welcoming a new pet into their homes. The pets themselves may be a little nervous. Explain to children that the animal's initial days in the home should be seen as an adjustment period and not necessarily a time to engage in lots of play with the animal. For example, when welcoming a new cat or kitten into a home, the AHS urges parents to limit children's interactions to gentle petting when the cat approaches. This initial adjustment period is not the time to pick up the cat or encroach on it physically. This time should be free of sudden movements and loud noises as the pet adjusts to its new surroundings.

The day a new pet first comes home is a momentous one for families. Parents can help that transition go smoothly by preparing young children for the newest member of the family.

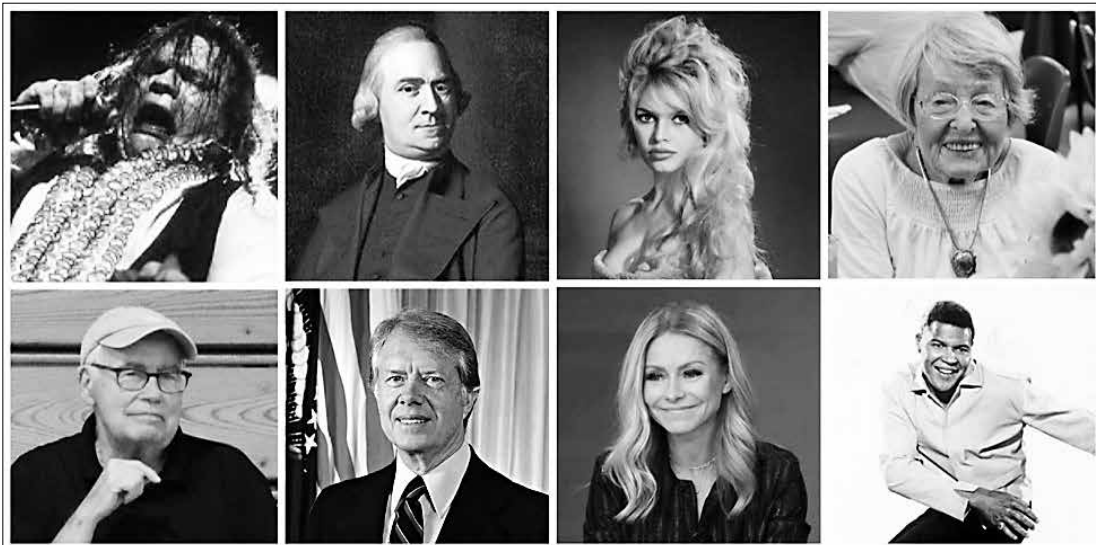
THIS WEEK IN HISTORY

by: Hiram Lupton

- September 27th – Today is National Crush a Can Day.
- September 28th – Today is National Ask a Stupid Question Day. According to my wife, I celebrate this every day.
- September 29th – Today is National Coffee Day.
- September 30th – Today is National Ghost Hunting Day. I'll meet you at the cemetery.
- October 1st – Today is National Pumpkin Spice Day. Truthfully, I'm not a big fan. It is also National Homemade Cookies Day. Truthfully, I am a big fan.
- October 2nd – 1950, The comic strip "Peanuts" first appears in newspapers.
- October 3rd – Today is National Boyfriend Day. I'm expecting lots of cards and gifts from all my girlfriends. Just don't tell my wife.

BIRTHDAYS THIS WEEK

- September 27th - 1947, Singer Marvin Lee Aday (Meatloaf) 1722. Patriot and brewer of ale, Samuel Adams
- September 28th – 1934, Actress Brigitte Bardot
- September 29th – 1923, Happy 100th Mrs. Fay Bond
- September 30th – 1942, Paul Delamar, Jr.
- October 1st - 1924, The 39th President of The United States Jimmy Carter
- October 2nd - 1970, TV hostess Kelly Ripa
- October 3rd – 1941, Singer Ernest Evans (Chubby Checker)

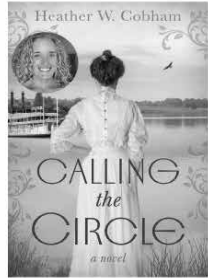


Samuel Adams

Founding Father Samuel Adams was a thorn in the side of the British in the years before the American Revolution. As a political activist and state legislator, he spoke out against British efforts to tax the colonists and pressured merchants to boycott British products. He also was an important leader in the Sons of Liberty, a radical group that engaged in violent civil disobedience and retaliation against those who cooperated with the British. Additionally, as a writer, Adams was a skillful propagandist, churning out scores of newspaper articles, pamphlets and letters to promote resistance to British rule.

WHAT'S HAPPENING WITH THE NEW LIBRARY? FIND OUT

NEW LIBRARY UPDATE | AUTHOR TALK



THURSDAY
28 SEPT
2023

7PM @ Marybelle Hollowell Annex

The Marybelle Hollowell Annex is located @ Heartworks, 709 Main St., Bayboro

Horoscopes



ARIES – Mar 21/Apr 20
There is nothing wrong with a bit of self-indulgence, Aries. But you do not want to go overboard with your treats and other must-haves. Moderation is key in everything.



TAURUS – Apr 21/May 21
You have a no-nonsense bearing that immediately has people drawing close to you and trusting you, Taurus. Put that out in full force as you try to win favor on the job this week.



GEMINI – May 22/Jun 21
Gemini, don't let your quest for excitement pull you in too many different directions right now. You need to stick to one plan for a certain amount of time and see things through.



CANCER – Jun 22/Jul 22
Everyone wants a piece of you right now, Cancer. It is equally flattering and exhausting. You'll have to be choosy regarding where and with whom to dedicate your time.



LEO – Jul 23/Aug 23
Listen to the messages swirling around in your head right now, Leo. Your intuition has been on target so there is no reason to doubt yourself now. Keep moving forward.



VIRGO – Aug 24/Sept 22
Virgo, is a particular relationship getting too intense for you? It might be the time to ease up a bit and take a step back. Distance could provide the clarity you need.



LIBRA – Sept 23/Oct 23
Libra, you do not need to struggle if you simply call in a few favors. Reach out to your network of people and figure out how you can make things work.



SCORPIO – Oct 24/Nov 22
Scorpio, do not chase people down, simply wait for them to come to you with your natural magnetism. You don't want to exert energy this week unnecessarily.



SAGITTARIUS – Nov 23/Dec 21
Sagittarius, rather than showing people all of your cards, hold some information close to the vest and maintain a bit of mystery. Others likely will be intrigued.



CAPRICORN – Dec 22/Jan 20
Capricorn, you may find that things are very profitable for you this week. If you are an entrepreneur, business will be solid. If you perhaps sell on the side, money will flow.



AQUARIUS – Jan 21/Feb 18
Aquarius, for quite some time you have been focusing on everyone but yourself. You have to change your ways if you can get the rest and healing that you need right now.



PISCES – Feb 19/Mar 20
There is no doubt that you've earned a few commendations, Pisces. But this week you need to accept congratulations without being boastful. Exhibit both humility and pride.

LIBRA Traits & Overview

Libra is the zodiac sign that rules peace, love, and harmony. As the sign that falls in the middle of the zodiac, the Libra personality is all about balance. Charm and pleasant demeanor are among the Libra traits that can make this sign so soothing to be around. Libra rules relationships, and both Libra men and Libra women are natural partners who love to support their favorite people. Libra is associated with the seventh house of the zodiac—it rules relationships, harmony and balance.

Romantic and social, many Libras love to flirt. They may have a lot of admirers, and may break

a few hearts along the way. But they can't help it! The Libra zodiac sign is ruled by Venus, the planet of beauty and romance. Not only are Libras in love with love, they enjoy sharing the finer things in life (art, fashion, a delicious meal) with an attractive partner.

Many of the world's most famous beauties are Libras, such as Kim Kardashian and Bridget Bardot. Common Libra features include dimples, symmetrical features and gentle eyes. Both Libra males and Libra females can be described as "pretty."

FOR ENTERTAINMENT PURPOSES ONLY

Pamlico County Library

Calling All Trunks!

We need your help

Register your trunk for the library's annual Trunk-or-Treat

Please call 252-745-3515 or email sidney.phibbons@mycprl.org to register



Saturday, October 28th
All trunks are to be setup by 11:30 am

No fee to participate

Concerned about your drinking?
You are not alone, there is help available!
Come join others who have found a Solution!
Alcoholics Anonymous: New Bern Hotline (252) 633-3716

Meetings in Pamlico County:

- (If you think you may have a problem, you are welcome to attend)
- Tuesday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)
 - Thursday *7:30pm**** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)
 - Friday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).
 - Sunday *7pm** - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left) <https://aaeasternnc.org/> <https://aanorthcarolina.org/> <https://www.aa.org/>

OTHER RECOVERY RESOURCES IN PAMLICO COUNTY

- Al-Anon Tuesday **7pm**** - Meeting at 403 Mildred Street in Oriental, NC (Green House) (Members are people, just like you, who are worried about someone with a drinking problem). <https://al-anon.org>
- Adult Children of Alcoholics (ACOA)** Monday 6:30-8pm (Open Meeting) and Saturday 6:30-8pm (Women Only) both meetings are held at the Free Will Baptist Church, 600 Ragan Rd. in Oriental (2nd brick building on left off Hwy 55) (ACOA is concerned with the impact and after-effects of growing up in alcoholic or dysfunctional circumstances) <https://adultchildren.org/>
- Narcotics Anonymous (NA) Wednesday 7pm** - Never Alone Group: Meeting held at Alliance United Methodist Church, 687 Main Street, Bayboro, NC (close to DSS/Senior Center) (NA is a group of peers who offers a plan for recovery and an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle) <https://na.org/>

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**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Gregory Green
Broker

Here's what one of Gregory's customers had to say...

Gregory-I am so impressed by your performance listing multiple lots and achieving two sales in quick order. Your enthusiasm is contagious and is so appreciated by me that I would not hesitate to recommend you to my friends and associates. You are a welcome addition to Mariner Realty's staff.

Susan, NJ



BAYBORO – 1.45-acre waterfront property offers a picturesque and serene setting. Nestled within a tranquil environment, the private lakefront views provide a haven of relaxation and inspiration. Central location, easy commuting to major employment, walking distance to bakery/coffee shop, parks, shopping, and schools.
OFFERED AT \$35,000



ORIENTAL – Lakefront 1.04 acre site with Neuse River view only 1 mile from downtown Oriental. Elevated to 12 feet above sea level; flood insurance not required. Septic system drain field installed; lifetime septic permit. Community clubhouse with salt-water pool & fitness center, including a Peleton bike & other fitness machines.
OFFERED AT \$79,500



ORIENTAL – Beautiful .39 ac waterfront lot on Smith Creek. Septic System in place. Located in well-established Buccaneer Bay community close to town of Oriental. Great access to ICW, Neuse River and Pamlico Sound. Owner financing considered.
OFFERED AT \$119,000



ORIENTAL – Partially furnished 4BR/3BA in Village of Oriental. Deeded water access to Whittaker Creek. Windows & skylights provide ambient lighting. Sun room, loft, studio, office & 2-car garage with workshop. Wood-burning stove in living room & wood-burning fireplace in master bedroom.
OFFERED AT \$ 435,000



ORIENTAL – Natural wooded landscapes, 3BR/2.5BA, spacious decks front & back, ample windows & a sunny kitchen overlooking Green Creek. Magnificent fireplace with custom surround & mantle, spiral staircase, vaulted ceilings. Flawless master suite has walk-in tiled shower, skylight & walk-in closet. Third bedroom is used as an office with built-in desks, cabinets & shelving.
OFFERED AT \$449,500



ARAPAHOE – Gorgeous 58.8 wooded acres located on Tarklin Creek. No HOA and no restrictions. Offers 2,184 feet of road frontage and 1,478.4 feet of waterfront property. Minutes away from the Village of Oriental.
OFFERED AT \$575,000

See all Listings & Visual Tours at
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Or contact Allen Propst
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Pamlico Community College

October to feature fresh slate of PCC Continuing Education courses

By Sandy Wall

Pamlico Community College plans to launch a fresh slate of short-term courses in October that can help men and women enhance their job skills, explore new careers and enter the local workforce.

These courses are open to adult learners. Financial aid is available for qualified students.

“As a college, we have made a commitment to growing our lineup of short-term training programs for men and women who are interested in high-demand career fields or who want to become more valuable in their current jobs,” said PCC President Dr. Jim Ross. “One of the greatest features of these Continuing Education courses is that they start at different times throughout the year, which means our college always has something new to offer students. These programs vary from hands-on courses to others than can be completed online.”

October's schedule will include:

- * Community Health Worker, a hybrid course scheduled to start Oct. 3. It will run through Dec. 14. Cost is \$180.
- * Grant Writing, which will be offered in a Zoom-based format. It will meet Tuesdays and Thursdays from Oct. 3 to Nov. 9. Hours will be 6:30 to 8 p.m. Cost is \$70.
- * Smartphones and Tablets: iPhones, a course designed to help men and women operate their Apple devices. It's scheduled to begin Oct. 6 and run through Nov. 10. It will meet Fridays from 1 to 3 p.m.
- * Dialysis Technician, an evening course starting Oct. 9. It will meet from 5:30 to 9:30 p.m. Mondays and Wednesdays through Feb. 26, 2024. Cost is \$180.
- * Effective Teacher Training, a 30-hour online course that's scheduled to start Oct. 16. Cost is \$125.
- * Forklift Training, a one-day training set for Oct. 21. Participants also will learn to use a power pallet jack. Hours are 8 a.m. to 5 p.m. Cost is \$70.
- * Marine Diesel Engines for Boaters, an evening seated course for boat owners and hobbyists that's scheduled to start Oct. 23. Classes will meet Mondays and Wednesdays through Dec. 6. Hours are 5 to 7 p.m. Cost is \$70.
- * ServSafe, a one-day training set for Oct. 23. It will meet from 9 a.m. to 7 p.m. Cost is \$70.
- * Marine Diesel Engines for Job-Seekers, a seated course for men and women interested in a career in marine diesel engines. This course, which has a different focus than the Marine Diesel Engines for Boaters version, is scheduled to start Oct. 24. Classes will meet Tuesdays through Dec. 5. Hours are 5 to 8 p.m. Cost is \$70.
- * Notary, a one-day class scheduled for Oct. 28 in Bayboro. It will meet from 8:30 a.m. to 4:30 p.m. Cost is \$70, plus a book.

For more information about these programs or to register, visit the Continuing Education webpage at <http://www.pamlicocc.edu/programs-continuing.php>, contact the college at 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



Instructor Kacynthia Ingram will lead the next section of Pamlico Community College's Dialysis Technician course, which is scheduled to begin Oct. 9. Contributed photo

Health & Wellness

The Nutritional Benefits of Peaches

Pies, cobblers and smoothies might be the first things that come to mind when people think of peaches. Perhaps nutrition needs to muscle its way into that discussion?

Peaches are typically viewed as a sweet treat, particularly in summertime. But peaches also provide a host of health benefits, which can make anyone who enjoys a peach-based sweet treat feel a little better about their indulgence.

PEACHES AND HEART HEALTH

Peaches are rich in vitamins and minerals, including potassium. The potassium content in peaches, though moderate, is still significant, as the American Heart Association notes that potassium plays an important role in the management of high blood pressure. In addition, a 2014 animal study published in the

Journal of Nutritional Biochemistry found that consumption of peach and plum juice provided protection against cardiovascular disease.

PEACHES AND BODY WEIGHT

One of the keys to long-term health is the ability to maintain a healthy weight from childhood through adulthood. The Cleveland Clinic estimates that a single large peach contains just 68 calories. Peaches also do not contain any saturated fats, making them a good low-calorie snacking option that can help people maintain a healthy weight.

PEACHES AND CANCER RISK

A report from the American Institute for Cancer Research linked fruits with a lower risk for cancers of the mouth, pharynx, larynx, esophagus, lung, and stomach. Peaches are rich in free radical-fighting vitamin C. That could explain their link to reducing cancer risk, as free radicals are unstable atoms that often contribute to cell damage that is a hallmark of cancer. In addition, MedicineNet reports that peaches are high in polyphenols, which studies have found prevent the formation and spread of cancer cells in lab tests.

PEACHES AND VISION

Peaches also can have a positive impact on vision. According to the New Jersey Agricultural Experiment Station at Rutgers University, a medium-sized peach provides roughly 6 percent of the daily recommended value of vitamin A. That's helpful for vision, as the American Optometric Association notes that vitamin A supports functioning of the conjunctival membranes and cornea. In addition, the AOA reports that vitamin A deficiency is the leading cause of preventable blindness in children.

Peaches have a well-earned reputation as a sweet treat. However, the powerful peach is more than just a post-meal palate cleanser, and in fact can play a vital role in promoting long-term health.

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FINANCIAL FOCUS

What to know about HSAs and FSAs



Dan M. Roberts

Paying for health care can be challenging — but are you taking full advantage of all the resources available to you?

You might have access to a Health Savings Account (HSA) or a Flexible Spending Account (FSA), so let's look at both.

An HSA is a personal savings account used to pay health care costs. If you're enrolled in a high-deductible health plan, you also may be eligible to contribute to an HSA. You aren't taxed on the money you put into this account or on the earnings generated from your contributions, as long as withdrawals are used for qualified health care costs such as deductibles, copayments and coinsurance. And there's no "use it or lose it" provision with HSAs — the money stays in your account until you use it. In fact, you can carry your HSA with you all the way until retirement, when you can use the money to pay for qualified expenses that Medicare or Medicare Supplement Insurance (Medigap) doesn't cover. In 2023, you can contribute up to \$3,850 to an HSA, or \$4,850 if you're 55 or older; for family coverage, you can put in up to \$7,750.

It's important to keep in mind that your HSA's tax benefits only apply when your withdrawals are used for qualified health care costs. If you use the money for non-qualified expenses, it is considered taxable income, and you may also face a penalty of 20% on the amount withdrawn. However, once you turn 65, you can use your HSA funds for any purpose without a penalty, though the withdrawals will still count as taxable income.

Now, let's turn to the Flexible Savings Account. An FSA may be available to you if you get health insurance through your employer. And because you fund your FSA with pretax dollars, your contributions can reduce your taxable income. (In 2023, you can contribute up to \$3,050 to an FSA.) Your employer may also choose to contribute to your FSA. Once your account is funded and active, you submit claims with proof of your medical expenses, along with a statement that these expenses aren't covered by your plan, and you can be reimbursed for your costs.

It's helpful to have a good estimate of your yearly medical expenses for a Flexible Savings Account. That's because an FSA generally needs to be spent before the end of the plan year — if you don't use all the money, you can only carry over some of it and any remaining balance is forfeited. (You can carry over up to \$610 from 2023 into 2024.)

You can't contribute to an HSA and a traditional FSA in the same year. But if you have an HSA, you might be able to use what's known as a Limited Purpose Flexible Spending Account (LPFSA) for dental and vision expenses. You'll need to check with your plan to see if this option is available.

Managing your health care expenses should be a key part of your overall financial strategy — so consider putting an HSA or FSA to work for you.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
Edward Jones, Member SIPC*



Daniels-Sadler Funeral Home & Crematory
52 Bryant St., PO Box 99, Alliance, NC 28509
252-745-4966 | info@dsfunerals.com

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Formerly Bryant Funeral Home, under new ownership
Preplanning | Full-Service Funeral Establishment
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Daniels-Sadler Funeral Home will be hosting an Awareness Seminar on Thursday, September 28 from 6-8pm.

Discussion will include pre-planning for the loss of a loved one, what should be in place and decisions families will need to make if wishes are not known.

Guest Speaker will be Pamlico County Clerk of Court, Steven Hollowell.

Website: danielssadlerfunerals.com

NC COOPERATIVE EXTENSION Pamlico County

Traditional Life Skills



Kait Neeland
4-H Agent

One of the great things about 4-H is the wide variety of programs that we have. We do robotics, public speaking, leadership, electric projects, and career development. We also have programs where kids can learn some traditional life-skills like cooking, food preservation, home gardening, animal husbandry, and financial literacy. Traditional life-skills that help build a foundation for kids to transition to adult life.

Sewing is both a traditional life-skill and a creative outlet. Why is sewing a life-skill? Being able to repair torn clothes or repair split seams allows clothes to last longer. Which doesn't speak to the ability to tailor store bought clothes to better fit, or sewing your own clothes to perfectly fit. Sewing has many benefits as a traditional life-skill.

Sewing is also a great creative outlet. Often talks about creativity, or art are in the abstract. Sewing, whether it's clothes, or household goods is both an art and a means of producing practical items. The environment we create can have a huge impact on our mental health.

While a home or learning environment that children find pleasing, can improve their ability to focus and learn, a creative outlet is a huge importance to children's mental well being. Creating has been linked to improved cognitive, physical, social, and emotional skills. Further youth who have the time to engage in creative activities have been shown to reduce anxiety and stress.

We are very excited that our Sew Much Fun program is back! We are looking forward to this workshop series. We will be making needle books! Needle books have several parts. Children will be able to choose their own fabric for the outside of their project, while the \$10 registration fee will cover the rest of the needed materials. These workshop days will be held: October 3rd, 10th, 17th, 23rd. Youth should pick 1/2 yard of cotton fabric, for the cover of their needle books. Open for kids age 10 - 18 (as of January 1st 2023).

There is a two-step registration process. Step One: Complete the Eventbrite Registration Form. Step Two: Complete 4-H Online Enrollment. Your registration is not complete until enrollment in 4-H Online is complete.

While Sew Much Fun is an exciting program, we have programs for anyone's interest. We will be making plans to attend a 4-H Sleep Away camp next summer. If you would like to find out more information and put your names on the list give us a call! We are also very excited to make plans for the Coastal Plains Chicken show! Registration will be opened in December. We are also looking forward to a Livestock Shop Class, to introduce youth to 4-H Livestock programs.



If you would like to learn more about how your kids can attend joining 4-H, what programs we have on our 2024 calendar, or talk about starting a community 4-H Club give us a call. We are always happy to talk about all of the opportunities 4-H has, stop by the office anytime! You can also sign up for our Pamlico 4-H Email list. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or kait_neeland@ncsu.edu, or check us out online at pamlico.ces.ncsu.edu. Don't FORGET to REGISTER, spaces will fill up!!

DO YOU REMEMBER

Submitted by: Jerry Casey

Thursday, September 26, 1985
128—The Sun Journal, New Bern, N.C.

Farming

Prize pumpkin



Allen Casey Jr., 7, of Reelsboro sits atop his prize-winning pumpkin. The 215-pound pumpkin won best of show and biggest pumpkin at the three-county agricultural fair recently. Casey is a master of growing pumpkins — last year his 130-pound pumpkin won the same two titles during the fair. The lad says he plans to purchase a swimming pool from sales of pumpkins from the family pumpkin patch he operates with his father.

Photo by Doris Warrington

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**TOWN OF VANDEMERE
AMENDED NOTICE OF
ADVERTISEMENT FOR UPSET BIDS
(GS §160A-269)**

PLEASE TAKE NOTICE that the Town of Vandemere has received an offer to purchase the following parcel(s) of real property owned by it:

BEING all of the Lot(s) 19, 24, and 25 of Port Vandemere subdivision, as per plat thereof recorded in Plat Cabinet A, Slides 164-8 and 9 and 165-7, Pamlico County Registry.

The offer for the parcel(s) described above is \$180,000.00. A deposit five percent (5%) of the offer has been collected from the offeror and the balance of the offer shall be due upon closing of the upset bid period. Within ten (10) days of this notice any person may raise the bid by not less than ten percent (10%) of the first one thousand dollars (\$1,000) and five percent (5%) of the remainder. At any time when the bid is raised, the bidder shall deposit with the Clerk to the Board of Commissioners five percent (5%) of the increased bid, and the Clerk shall re-advertise the offer at the increased bid. This procedure shall be repeated until no further qualifying upset bids are received, at which time the Board of Commissioners may accept the offer and sell the property to the highest bidder. The Board of Commissioners may at any time reject any and all offers.

Bids must be submitted to Sue Britt, Town Clerk, P.O. Box 338 (mail), 1042 Pennsylvania Avenue (in-person), Vandemere, NC 28587. Bids must be received no later than 5:00 p.m. on the tenth (10th) day following the publication of this advertisement.

The real property is being sold "as is", and bids may not contain any conditions or reservations. A bid deposit in an amount no less than 5% of the proposed bid must be included with all bids, and must be readily available funds payable to "Town of Vandemere." Bid deposits shall be refunded in the event a bid is not awarded or it is upset.

This notice amends a Notice of Advertisement for Upset Bids previously published on September 20, 2023

How Farmers Are Using Drones

The farmers of yesteryear might not be too familiar with their surroundings if they were to visit a modern farm. While the men and women who made their livings as farmers decades ago would no doubt still recognize certain farm features that have withstood the test of time, they might not understand the inner workings of the modern farm, particularly in regard to the role technology now plays within the agricultural sector.



Technology has changed agriculture in myriad ways. The methods farmers employ to produce food and improve the efficiency of their operations has changed as technology has evolved. One of the more noticeable changes that's hard to miss on modern farms is the use of agricultural drones.

Drones have been around for decades. Sometimes referred to as "unmanned aerial vehicles," or "UAVs," drones can be utilized in ways that can save farmers money and protect the planet.

• Monitor crops: According to senseFly, the commercial drone subsidiary of Parrot Group, drones can help farmers effectively monitor their crops. With a drone flying overhead, farmers can spot and quickly identify issues affecting their crops

before those issues escalate into something larger.

• Soil analysis: Another potential benefit of agricultural drones highlights their role in analyzing soil. Agricultural drones utilize complex mapping functions to gather data about the soil, including areas where it might be stressed. That enables farmers to develop accurate soil samples that can be used to guide decisions in regard to irrigation and fertilization.

• Reduce waste: SenseFly notes that data gathered by drones can help farmers determine the vigor of their crops at various stages of growth. Such information can prevent overfertilization and overwatering, thereby reducing waste and runoff, benefitting the planet as a result.

• Planning: Drones can be used to collect data on crop growth and health at various times throughout the growing season. That can help farmers develop accurate predictions regarding harvest quality and crop yield, making it easier for them to plan ahead.

Agricultural drones are one of the many examples that illustrate how technology has changed and will continue to change the ways modern farmers conduct business.



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Hurricanes Go 2-0 for Week



Doing the digging on the back line. (L to R) Layla Prescott, Taylor McHenry, Layla Ireland, and Kendall Harris

The Pamlico County High School volleyball team “only” had two matches last week, both on the road and both against conference foes. On Tuesday they travelled to East Carteret to face the Mariners. East Carteret is the only 2A member of the Coastal Plains Conference and is an always tough adversary particularly at home, but the Hurricanes took care of business, sweeping the Mariners 3-0 (25-20, 25-20, 25-19). On Thursday, Pamlico head-

ed to Trenton to take on Jones Senior and the Hurricanes made quick work of the Trojans, 3-0 (25-10, 25-14, 25-13). The two wins put the Hurricanes at 4-0 and tied with Northside-Pinetown for first place in the conference. The tie will be broken this week as the Panthers visit Pamlico on Tuesday. Pamlico will travel to Southside to take on the Seahawks on Thursday in their other scheduled match for the week.

Peter Sandbeck Returns Oct. 8!

Discovering New Bern’s Historic Architecture: A Personal Journey

NEW BERN, NC, The New Bern Historical Society is thrilled to welcome back architectural historian Peter Sandbeck, the pre-eminent authority on New Bern’s historic architecture. He’ll be at Craven Community College’s Orringer Auditorium on Sunday, October 8 at 2pm where he’ll present “Discovering New Bern’s Historic Architecture: A Personal Journey”.

A lively and engaging speaker, Sandbeck will share his insights and discoveries about some of New Bern’s remarkable historic buildings and sites. Through the use of historic and modern photos, he’ll explore the special significance of our historic architecture and remind us about why these buildings deserve our appreciation and watchful care. He’ll also relate the forgotten story of the important role the New Bern Historical Society played in spearheading the 1980s project to study and document these buildings, resulting in his much-loved book, *The Historic Architecture of New Bern and Craven County*, published in 1988.

Sandbeck’s appearance is one of the Special 100th Anniversary Presentations the Historical Society is hosting to celebrate their centennial year.

Cost for the presentation is \$10. Reservations are strongly recommended and are available at www.newBernHistorical.org/presentations-special-programs or by calling 252-638-8558. Patrons will enjoy a light reception following the program.

The mission of the New Bern Historical Society is to celebrate and promote New Bern and its heritage through events and education. Offices are located in the historic Attmore-Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical.org or www.facebook.com/NewBernHistoricalSociety



Sandbeck’s book is considered the “bible” of New Bern architecture.

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- Dynamite Marketing on a Budget for Small Businesses
- The Treasure Chest: Finding the Funds to Finance your Business
- Creating a Winning Business Plan

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Tues., Nov 14, 6-8pm

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Bayboro, NC 28515
252.670.2468

Also offered: Small Business Accounting (Oct 10 and 12), Homesteading/Hobby Farming (Oct 28), Everything you need to know to Start an AirBnB (Oct 21 and Nov 14)

Register for FREE at PamlicoSBC.com



HOME COMING

PCHS HOMECOMING COURT FALL 2023

GIRLS

Brooklyn Altman is the daughter of Jonathan and Lori Altman, from Olympia. Brooklyn stay busy as a member of our cheer team, and also participates in NTHS, as well as the Fellowship of Christian Athletes. Next year she hopes to attend N.C. State University to ultimately obtain her Master's Degree in architecture. She will be escorted by her father, Jonathan Altman.

Morgan Connor is the daughter of Randy Marks, from Knoxville, Tennessee, and Melissa Lugo, from Bayboro. She is a member of our community band and our senior committee. She hopes to soon attend Appalachian State University, where she will study interior design and business. She will be escorted by her mother, Melissa Lugo.

Kyleigh Farley is the daughter of Aaron and Cassie Farley, and they reside in Minnesott Beach. She is a member of our cheerleading team, and participates in FFA. After high school, she hopes to study business at N.C. State University. She will be escorted by her brother, AJ Farley.

Adyson Foreman is the daughter of Allan and Dana Foreman, out of Merritt. Adyson plays softball, and serves on our senior committee and student advisor panel. After high school, she hopes to attend UNC Wilmington, where she will double major in criminal justice and psychology. She will be escorted by her father, Allan Foreman.

Izabella Goswick is the daughter of Daniel and Ashley Goswick, from Oriental. Izabella stays busy in ROTC, Beta, our Spanish Club, and often participates in our SGA. After high school, Izabella will be studying business at N.C. State University. She will be escorted by her father, Daniel Goswick.

Kandyce Hardison is the daughter of Joshua Hardison, and his wife Tina, from Arapahoe, and Amanda Shirley, from Cove City. Kandyce can be found with our Theatre Arts Department, but also is an accomplished athlete in cross country, track, and basketball. After high school, she hopes to attend N.C. State University, where she will major in business. She will be escorted by her father, Joshua Hardison.

Kendal Hartley is the daughter of Kevin Hartley from Johnston County, and Jaime Dupree, from Arapahoe. Kendal is very involved in our ROTC program, but also participates in Girls on the Run as a coach. She hopes to soon attend East Carolina University, where she will study elementary education to become a school teacher.

Breanna Hudson is the daughter of Brandon Jones and Angie Hudson, from Bayboro. Breanna is also involved with our ROTC program, and with our senior committee. Breanna hopes to study sonography in college next year. She will be escorted by her stepfather, Brandon Jones.

Layla Ireland is the daughter of Ivan and Pam Ireland, from Lowland. Layla stays very busy with ROTC, multiple sports including softball and volleyball, and volunteers in the community. Layla will soon join the military, before beginning a chemistry degree at UNC Wilmington. She will be escorted by her father, Ivan Ireland.

Julieana Ludwick is the daughter of Terry and Gayle Ludwick, from Aurora. Julieana has served with our ROTC program, and spends a lot of time working in theater arts. After high school, she hopes to obtain a degree in sales from Western Carolina University, so that she may work in the radio industry.

Aaliyah Lockey is the daughter of April Lockey, from Bayboro. Aaliyah is a prized member of our color guard team. She will soon be attending Fayetteville State University, where she will major in pediatric nursing. She will be escorted by her cousin, Charles Jones.

Layla Prescott is the daughter of John and Kimberly Prescott. Layla has been busy as a member of our softball and volleyball teams, as well as in multiple academic groups such as NTHS, Beta Club, Rho Kappa, and more. She will soon be attending UNC Chapel Hill, where she will double major in environmental science and public communication. She will be escorted by her father, John Prescott.

Brylei Simpson is the daughter of Jody Henriens and Miranda Simpson. As a new student, she has put herself out there as the baseball manager and a varsity cheerleader. Her goal after high school is to attend Free Chapel College in order to major in youth ministry. She will be escorted by her father, Jody Henriens.

Kaitlyn Toler is the daughter of Robert and Rebecca Toler, from Grantsboro. Kaitlyn stays busy playing volleyball and softball, and finds time to work with NTHS and Beta Club as well. Next year, Kaitlyn will attend East Carolina University, where she will be enrolled in their aRIBN nursing program. She will be escorted by her father, Robert Toler.

Jaden Wong is the daughter of Brian Wong, from Dublin, California, and Sandi Dalton, from Oriental. Jaden spends time as our track announcer, as a football manager, and serves in several other capacities. She soon hopes to attend a four-year university to major in marine biology. She will be escorted by her stepfather, Patrick Dalton.

BOYS

Jackson Callen is the son of Bill and Shannon Callen, and is from Oriental. Jackson stays busy with cross country and track, countless academic organizations, and serves on multiple teams within our ROTC program. Next year he plans to attend High Point where he will major in geospatial engineering with a minor in history. He will be escorted by his mother, Shannon Callen.

Antoine King is the son of Ron and Tracy King, and is from Bayboro. Antoine can be found on our football field, but also stays busy in student government, as well as on the basketball court and as a member of our track and field team. After high school, he hopes to attend college on an athletic scholarship, but he is also considering joining the U.S. Air Force. He will be escorted by his mother, Tracy King.

Gabriel Mason is the son of Lee and Beth Mason, out of Mesic. Mason has been a valued member of HOSA, and our public safety team. After high school, he would like to attend a local college, where he will study nursing with the goal of being a traveling nurse. He will be escorted by his mother, Lee Mason.

Braylen Ollison is the son of Mejoron Ollison and Keya Simmons. Braylen chooses to spend his time competing, as a member of our football, baseball, and basketball teams. He resides in Fairfield Harbor. After high school, Braylen wants to study business at UNC Wilmington. He will be escorted by his mother, Keya Simmons.

Ragan Shields is the son of Lance and Michelle Shields, out of New Bern. Ragan is a member of our baseball and basketball teams, but also finds time to serve in our Beta club. His ultimate goal is to become a physical therapist, and he plans on attending N.C. State. He will be escorted by his mother, Michelle Shields.

Tyler Stevens is the son of Jason Stevens, from Arapahoe, and Christina Heath, out of Pollocksville. He spends a lot of time competing, both in ROTC, but also as a member of our football, wrestling, and track teams. After high school, Tyler plans on studying music technology at UNC Wilmington. He will be escorted by his mother, Christina Heath.

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Fall 2023 Collection Events

CRAVEN COUNTY	PAMLICO COUNTY	CARTERET COUNTY
Saturday, October 28, 2023 8:00 AM-1:00 PM Craven Community College 800 College Court, New Bern	Saturday, October 7, 2023 9:00 AM-1:00 PM Pamlico County Courthouse 202 Main Street, Bayboro	Saturday, October 21, 2023 8:00 AM - 1:00 PM Carteret County Health Dept 3820 Bridges Street, Morehead City

NEW DATE

Accepted Materials

- ✓ Cooking oil
- ✓ Drain openers
- ✓ Batteries
- ✓ Paint: Latex* and oil based; paint thinners
- ✓ Automotive fluids: gasoline, used motor oil, anti-freeze
- ✓ Pesticides: Lawn, garden, and farm pesticides and fertilizer

10 gallons max per vehicle. *Dried latex paint may be disposed of via normal waste collection.

Non-Accepted Materials

- ✗ Commercial waste
- ✗ Infectious, biological, or radioactive wastes
- ✗ Explosives
- ✗ Ammunition

No Mystery Cans! Everything must be labeled or easily identified.

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You will be asked to remain in your vehicle at all times. We will remove your items from your vehicle. Contractors are not permitted to bring items for disposal (residential wastes only)

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Pamlico Shrinettes

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Saturday, October 7, 2023

9 am ~ 2 pm

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- ~ Ornaments
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- & much more

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PCMS Earns 2nd Win of Season

by: Hiram Lupton

The Pamlico County Middle School football team headed across the river last Wednesday hoping to pick up win number two this season. Their first win came two weeks ago when they took a home win over West Craven Middle School, 21-7 and now they ventured into enemy territory to match up with the Mustangs of Tucker Creek Middle School. With a touchdown in both of the first two quarters, the Hurricanes held a 13-0 lead at the half and only built on that after the intermission, doubling the score for a final of 26-0. The 2 wins this season are already 2 more than they had all last year. "I'm proud of this group of kids", said Head Coach Jack Taylor. "They are starting to get it. If they keep working and striving to get better, they could have an opportunity to do some special things this season."



Saadiq Barber heads for the endzone



Fullback Khyron Himbry



Head Coach Jack Taylor goes over a play with Saadiq Barber

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WORKING LANDS TRUST PROTECTS 1,200 ACRES OF FARMLAND IN PAMLICO COUNTY



Working Lands Trust, a leading nonprofit organization dedicated to the preservation of North Carolina's vital farms and working forests, is thrilled to announce the successful closing of the McCotter Promised Land Opportunity Zone (PLOZ) Farm Easement in Pamlico County, North Carolina. This significant milestone marks the second-largest agricultural conservation easement to close in the state and is a testament to the tireless efforts of our organization and our valued partners.

The McCotter PLOZ Farm Easement, encompassing a sprawling 1,200 acres of agricultural land and working forests, has been safeguarded thanks to the generous support and funding from the North Carolina Department of Agriculture's Agriculture Development and Farmland Preservation Trust Fund (ADFPTF) and the Department of Defense Readiness and Environmental Protection Integration (REPI) program. This collaborative effort ensures the protection of essential farmlands, which play a critical role in feeding our nation and maintaining the rural integrity of vital military training areas.

Mikey Fulk, Executive Director of Working Lands Trust, expressed her enthusiasm, stating, "The closing of the McCotter PLOZ Farm Easement is a momentous occasion for Working Lands Trust and demonstrates the power of collaboration and dedication. This achievement reinforces our commitment to protecting the farmlands and rural communities that are the backbone of our state's agriculture and defense industries."

The closing of the McCotter PLOZ Farm Easement comes at a crucial time. According to American Farmland Trust, North Carolina faces the potential loss of approximately 20% of its 8 million acres of farmland to development by 2040. Currently, NC ranks second in the nation for agricultural land loss, trailing only behind Texas. The protection of these vital farmlands is not only a victory for Working Lands Trust but for the entire community as well.

"Once land like this is converted from agricultural use, it is lost to food and fiber production, so we're very proud this project will preserve the land's use as a farm for generations to come," said North Carolina Agriculture Commissioner Steve Troxler. "To complete a transaction this large takes great teamwork and we appreciate our partners in the Working Land Trust, the U.S. Navy, and

Promised Land Opportunity Zone Funds. North Carolina is at high risk of losing farmland in the decades to come, but easements like this help ensure the future of our state's top industry."

According to the report published May 2023 entitled "Agriculture and Agribusiness, North Carolina's Number One Industry" by Mike Walden, Reynolds Distinguished Professor Emeritus, NC State's College of Agriculture and Life Sciences, North Carolina agriculture and agribusiness reached a milestone of \$103.2 billion in economic impact. In addition, the state's food, natural fiber, and forestry industries employ almost one in five North Carolina workers.

"The placement of a conservation easement on a portion of our 4,500 acres at McCotter PLOZ Farm is a landmark transaction for Promised Land and the Pamlico County community," commented John Heneghan, Manager of Promised Land Opportunity Zone Funds. "McCotter is highly productive farmland with attractive return potential from its rental income and appreciation attributes. We were delighted to work with Working Lands Trust and its capital partners to place a conservation value on the farm for its many ecological and environmental benefits."



Colonel Brendan Burks added, "The successful closing of the McCotter Easement not only protects our military training capabilities but it also reinforces our commitment to maintaining the rural character of working farmlands that are compatible with military training and testing areas. We are proud to contribute to the preservation of North Carolina's working lands through REPI and other partnering programs."

For additional information about the McCotter PLOZ Farm Easement and Working Lands Trust's ongoing farmland preservation efforts, please contact Mikey Fulk, Executive Director of Working Lands Trust, at 336-460-2562 or mikey@workinglandstrust.org.

About Working Lands Trust: Working Lands Trust is a leading nonprofit organization dedicated to the preservation of farmlands and working forests. Through strategic partnerships and innovative conservation initiatives, Working Lands Trust works towards ensuring the long-term viability of working farmlands, protecting our nation's food security, and preserving the rural heritage of communities across the state.

PAMLICO WILDLIFE

We appreciate all the readers who have sent us pictures for our "Pamlico Wildlife" photo feature. If you'd like to share your Pamlico Wildlife photos please email them to frontdesk@thepamliconews.com. Please include your name and roughly where in Pamlico County it was taken.

Red Fox Playtime:

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AROUND THE COUNTY

Pamlico Betty Jo Rodgers, *Correspondent*



Tropical Storm Ophelia flooded parts of Pamlico this week. Our pier was under water again and water also beat in under our kitchen door. Some limbs fell down plus a lot of debris, but overall, we were blessed once again. When we first moved into our house in 2005, another storm named Ophelia also flooded Pamlico, but that was a hurricane. I pray none of our neighbors received damage from this recent Tropical Storm.

On Sunday, I fellowshiped with Warren Chapel Methodist Church in Blount's Creek as they were celebrating their homecoming. This was the first time they had celebrated their homecoming since 2020 when Covid-19 was rampant, and I was their pastor.

This is my fourth year at Stonewall Methodist Church, and it is a member of the Global Methodist Church. Stonewall is in the Beaufort District now and our Lead Presiding Elder, the Reverend Ken Hall preached the homecoming message at Warren Chapel. I was blessed to share a meal with him and his wife and the congregation.

On Wednesday evening, Stonewall Methodist Church had Bible Study at 6:30 pm followed by choir practice at 7:30 pm. You do not have to be a member to participate in Bible study. All are welcome. On Thursday evening, Stonewall will have a fellowship meal at 6:30 followed by some good fun and fellowship time.

October 1, 2023, is World Communion Sunday. Regardless of affiliation, congregations throughout the world will celebrate Holy Communion on this day.

Homecoming for Pamlico Methodist Church is October 1, 2023. On October 15, Stonewall Methodist Church will be celebrating "Miracle Sunday." They will also dedicate the baby grand piano that was given to the church by the Ron and Marilyn Slate Family.

Farmers are still harvesting their corn. Usually, the corn is harvested before the first day of dove season in September; however, due to Hurricane Idalia and Hurricane Lee, farmers are behind schedule. They will begin harvesting soybeans in a couple of weeks.

The temporary bridge across Trent Creek at Merritt is being dismantled. The pavement is also being removed.

Celebrating September birthdays are Aiden Reason, Donna Gordon, and Fay Bond (9/29), and Tim Carey and Reid Carey (9/30). We wish Ms. Fay a very happy 100th birthday! Celebrating their anniversary during September are Chris & Maria Machle (9/27).

Have a blessed week. Nervous? Take Spiritual Vitamin N. "Let your conversation be without covetousness; and be content with such things as ye have for he hath said, I will never leave thee, nor forsake thee." (Hebrews 13:5)



AMERICAN CHEESE is a recipe staple

With its silky texture, ability to melt and mild flavor, American cheese can do wonders for burgers and grilled cheese. American cheese can make quesadillas really sing, and it long has been a school lunch staple.

Although American cheese may not be part of high class charcuterie platters or coveted by French fromageries, it has its own unique place in the culinary landscape.

According to the online cheese purveyor Cheese.com, American cheese is a semi-soft, processed product made from pasteurized cow's milk and has a creamy, mild flavor.

American cheese can come in yellow or white varieties.

American cheese is made from a mixture of cheeses, including colby and cheddar. Each slice of American cheese



today contains less than 51 percent of curds, which means it doesn't exactly meet the definition of cheese as defined by the Food and Drug Administration. To be a true "cheese," a product has to be more than 50 percent cheese. American cheese is made from a base of cheese and combined with whey, milk proteins and emulsifying salts. This blend of ingredients helps American cheese melt without breaking or turning greasy the way a traditional cheese does.

According to the resource Serious Eats, the process for making American cheese was invented in Switzerland. In an effort to reduce cheese waste, scraps from various batches of cheese were melted together and formed into a new product. In 1916, Canadian-American cheese salesman James Kraft perfected and patented the technique. He produced and sold the first American cheese.

While American cheese has cheese in it, labels on the American cheese typically sold at the deli counter typically say pasteurized processed cheese. Those individually plastic-wrapped slices sold in the dairy case often go by pasteurized cheese food. The latter has a higher percentage of added ingredients that affect texture and meltability.

While true cheese connoisseurs may scoff at American cheese, the product certainly has had staying power and stands up in many recipes.

ADVERTISEMENT FOR BIDS

The Town of Oriental is requesting Bids on behalf of the Sea Harbour Yacht Club from qualified (licensed) contractors for the Pierce Creek Spoils Site cleanup, (2023-01)

Bids for the execution of the Project, according to specifications will be received at the Town Hall of the Town of Oriental located at 507 Church St. (PO Box 472), Oriental, NC 28571, until Wednesday, October 4, 2023 at 2:00 pm local time. Once a sufficient number of bids have been received, The Project will be awarded and executed. Complete plans and specifications for this project can be obtained from the Town's website at www.TownofOriental.com and questions can be directed to the Town Manager at manager@townoforiental.com The Town reserves the unqualified right to reject any and all proposals.

Whortonsville Reba Tiller, *Correspondent*



There's always beauty after the storm and today proved that to be true because it was a perfect Sunday. The storm brought into our yards, limbs and debris, our electricity never went off and the water did not get high enough for us to move our vehicles out. Brown Creek looked like the ocean at one point in the storm with whitecaps as the wind was gusting. A bird was trying to fly as the wind was gusting, and he wasn't making much progress. There were twelve folks at church today with lunch in the Fellowship Hall afterwards. Jaenna Tiller is still spending time with doctors and I hope soon they can find her problem. Just spoke to Amanda Godwin who is in Carteret Hospital with health problems. I took a tumble at

Food Lion in the parking lot today but before I could say "Help, I've fallen and I can't get up" two lovely young ladies came to my rescue. Unfortunately I did not get their names but hope you read this so I can give you an extra "thank you" Russ and I got 43 pounds of fresh shrimp at the dock in Bayboro on Wednesday. Russ was 14th in line and he worried the shrimper would sell out before he got ours. Elizabeth Cuthrell is usually here to help de-head them and she is so fast! Pamlico Chorale is rehearsing for Thanksgiving and Christmas and we are getting new members so if you sing come and join us.

Thought for the week— Wrinkles should merely indicate where smiles have been. (Mark Twain)



CarolinaEast Foundation Grants More Than \$145,000 to Sixteen Local Nonprofit Organizations and Programs

(New Bern, NC) – On September 7, 2023, the CarolinaEast Foundation hosted a check-passing event to present sixteen local organizations with grant money to support their causes. The Foundation distributed checks that made up the \$145,919 available to disburse from the Foundation's first grant cycle of fiscal year 2024. These donor dollars come largely from the monies donated during the most recent CarolinaEast Health System's Employee Campaign. CarolinaEast Health System covers all overhead costs of the Foundation; therefore, 100% of the dollars raised during the Employee Campaign are dedicated to directly serving the healthcare needs of the local communities in eastern North Carolina.

"The CarolinaEast Foundation is incredibly excited to support the tremendous work that these organizations are doing in our community," said Katie Giles, Chair of the CarolinaEast Foundation Allocations and Disbursement Committee.

The CarolinaEast Foundation Board of Directors approved these grants given to sixteen local nonprofit organizations and programs that share CarolinaEast Health System's vision for health and wellness. The following non-profits were served with these grant dollars:

- Ainsley's Angels – Race chair for inclusive access to endurance events for individuals with disabilities
- Coastal Women's Shelter – Therapeutic services for domestic and sexual violence victims and survivors
- Craven Arts Council and Gallery – Providing arts accessibility to Craven County citizens through an AED machine and wheelchair
- Craven County Senior Services: The Sunshine Center – Scholarships to families for respite services
- Craven Literacy Council – Health literacy program
- Crystal Coast Cancer Rehab Center – Scholarships for cancer survivors for rehabilitative exercise therapy
- Eight Way Center – The Eight Way Health Fitness Program
- Habitat for Humanity of Craven County – AED machines for Habitat ReStore, construction sites, and administrative office

Hope Clinic – Indigent medical care, mobile outreach, and integration of electronic medical record system

Hope Recovery Homes – Scholarships for recovery program

Mile of Hope – "Get-away" weekend to the North Carolina Crystal Coast for children who are suffering from cancer and their families

One Place – Providing mental health services for children who have been maltreated

Pamlico County Community for the Aged – Ramp construction project

True Justice – Outreach, assistance, and resources for survivors of human trafficking

Voices Together – Pre-employment transition services preparation initiative for Jones and Pamlico Counties and a Crystal Coast autism community group in Craven County

YMCA of the Triangle: Camp Sea Gull & Seafarer – Anchoring the Family program

The CarolinaEast Foundation offers two grant cycles each year. Organizations can make one request per year for a health care initiative, but must first submit a Letter of Intent before completing a full grant proposal. The next Letter of Intent deadline for the 2024 fiscal year is October 13, 2023. More information about the CarolinaEast Foundation's grant process can be found on their website at www.carolinaeastfoundation.com.

About The CarolinaEast Foundation

The CarolinaEast Foundation is a non-profit organization with the mission to promote health in our region, support the healthcare community, and assist individuals with healthcare needs. To learn more about the mission of the CarolinaEast Foundation and to donate to one of the campaigns, visit www.carolinaeast-foundation.com.

For more information, contact:
Jared Brinkley, Executive Director
CarolinaEast Foundation
252-633-8247
jbrinkley@carolinaeasthealth.com

STATE OF NORTH CAROLINA
UTILITIES COMMISSION
RALEIGH

DOCKET NO. E-22, SUB 676

BEFORE THE NORTH CAROLINA UTILITIES COMMISSION

In the Matter of)
Application by Virginia Electric and Power)
Company, d/b/a Dominion Energy North)
Carolina, for Approval of Demand-Side)
Management and Energy Efficiency Cost)
Recovery Rider under N.C.G.S. § 62-133.9)
and Commission Rule R8 69)

PUBLIC NOTICE

NOTICE IS HEREBY GIVEN that the North Carolina Utilities Commission has scheduled a public hearing in the annual demand-side management (DSM) and energy efficiency (EE) cost recovery proceeding for Virginia Electric and Power Company, d/b/a Dominion Energy North Carolina (DENC). The public hearing has been scheduled to begin immediately following the hearings in Docket Nos. E-22, Subs 674 and 675, which are scheduled to begin on Tuesday, November 28, 2023, at 9:00 a.m., in Commission Hearing Room 2115, Dobbs Building, 430 North Salisbury Street, Raleigh, North Carolina. This proceeding is being held pursuant to the provisions of N.C. Gen. Stat. § 62-133.9 and Commission Rule R8-69 for the purpose of determining whether an increment or decrement rider is required to allow DENC to recover all reasonable and prudent costs incurred for adoption and implementation of new DSM and new EE measures and appropriate incentives. Public witness testimony will be received in accordance with Commission Rule R1-21(g).

On August 15, 2023, DENC filed its application for approval of DSM/EE cost recovery pursuant to N.C.G.S. § 62-133.9 and Commission Rule R8-69. By its application, DENC requests revisions to its DSM/EE cost recovery rider effective for service rendered on and after February 1, 2024. DENC's request, exclusive of the regulatory fee, would result in the following kilowatt-hour (kWh) charges: 0.1317 cents per kWh for residential customers; 0.1787 cents per kWh for small general service and public authority customers; and 0.1616 cents per kWh for large general service customers. No DSM/EE rate rider would be applicable to rate schedules 6VP, NS, outdoor lighting and traffic lighting customers. In addition, industrial and large commercial customers that have, under N.C.G.S. § 62-133.9, opted out of and never participated in DENC's DSM and EE programs are not subject to the rider.

Compared to the current DSM/EE rates, the result of DENC's request would be a decrease of 0.0646 cents per kWh for residential customers, which would decrease the monthly bill of a residential customer using 1,000 kWh of electricity by \$0.65. Small general service and public authority customers would see a DSM/EE rider increase of 0.0083 cents per kWh, and large general service customers would see a DSM/EE rider increase of 0.0141 cents per kWh.

Specific information may be obtained from the Office of the Chief Clerk, North Carolina Utilities Commission, Dobbs Building, 430 North Salisbury Street, Raleigh, North Carolina, where a copy of DENC's application is available for review by the public, and on the Commission's website at www.ncuc.net.

The Public Staff is authorized by statute to represent consumers in proceedings before the Commission. Written statements to the Public Staff should include any information that the writers wish to be considered by the Public Staff in its investigation of the matter. Such statements should be addressed to Christopher J. Ayers, Executive Director, Public Staff 4326 Mail Service Center, Raleigh, North Carolina 27699-4300.

The Attorney General is also authorized by statute to represent consumers in proceedings before the Commission. Statements to the Attorney General should be addressed to The Honorable Josh Stein, Attorney General, c/o Consumer Protection-Utilities, 9001 Mail Service Center, Raleigh, North Carolina, 27699-9001. Written statements may be emailed to utilityAGO@ncdoj.gov.

Written statements are not evidence unless the persons appear at a public hearing and testify concerning the information contained in their written statements.

Any person desiring to intervene in the proceeding as a formal party of record should file a petition under North Carolina Utilities Commission Rules R1-5 and R1-19 on or before Tuesday, November 7, 2023. Such petitions should be filed with the Chief Clerk of the North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300. The direct testimony and exhibits of expert witnesses to be presented by intervenors should also be filed with the Commission on or before Tuesday, November 7, 2023.

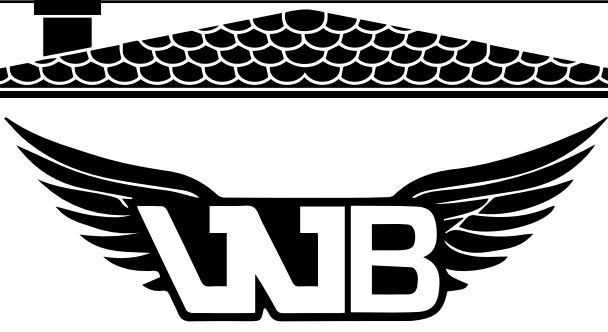
ISSUED BY ORDER OF THE COMMISSION.

This the 7th day of September, 2023.

NORTH CAROLINA UTILITIES COMMISSION

A. Shonta Dunston, Chief Clerk

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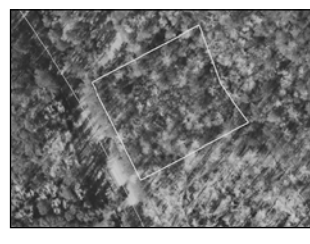


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LEGALS

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF JOHN P. HERMAN, JR.

Having qualified as Executor of the Estate of John P. Herman, Jr., late of Oriental, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 50 Windy Court, Oriental, North Carolina 28571, on or before the 27th day of December, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 20th day of September 2023,

Carol E. Herman
50 Windy Court
Oriental, NC 28571
Publish: September 20, 27, October 4, 11th, 2023

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Bayboro, NC 28515
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NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF SHARON T. TANNER
File No.: 23 E 201

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JESSICA L. DELLACORTE, Executor, on or before DECEMBER 19, 2023, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 20TH DAY OF SEPTEMBER, 2023.

ESTATE OF SHARON T. TANNER
C/O JESSICA L. DELLACORTE
5 PHEASANT LANE
NORWALK, CT 06854

Publish SEPTEMBER 20, 27, OCTOBER 4 AND 11, 2023

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ARTHUR J. WIKANDER

Having qualified as Executor of the Estate of Arthur J. Wikander, late of Merritt, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 783 Winchester Way, Merritt, North Carolina 28556, on or before the 27th day of December, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 20th day of September 2023,

Madeline Labetti
783 Winchester Way
Merritt, NC 28556

Publish: September 20, 27, October 4, 11th, 2023

HOLLOWELL & HOLLOWELL

P.O. Box 218
Bayboro, NC 28515
(252)-745-5115

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ROOSEVELT STOKES, JR
File No.: 23 E 195

All persons, firms and corporations having claims against deceased, are notified to exhibit them to TAUNYA STOKES, Executor, on or before DECEMBER 26, 2023, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 27TH DAY OF SEPTEMBER, 2023.

ESTATE OF ROOSEVELT STOKES, JR
C/O TAUNYA STOKES
20 GREENHOOD STREET
DEDHAM, MA 02026

Publish SEPTEMBER 27, OCTOBER 4, 11 AND 18, 2023

INCIDENTS

Sept. 14, Fisher Rd., Oriental, larceny of firearm

Sept. 14, Baker Ave., Grantsboro, standing, sitting or lying upon highways or streets prohibited

Sept. 14, Lupton Lane, New Bern, assist EMS with psychiatric call

Sept. 15, North St., Bayboro, injury to real property, injury to personal property

Sept. 15, NC Hwy 55, Alliance, all other offenses

Sept. 15, NC Hwy 306 S., Grantsboro, injury to real property

Sept. 16, NC Hwy 304, Vandemere, assault by pointing gun, prostitution, purchasing prostitution

Sept. 16, NC Hwy 55, New Bern, injury to real property

Sept. 16, Caroline St., Bayboro, traffic complaint

Sept. 16, NC Hwy 304, Bayboro, assault on a female by male at least 18 years of age

Sept. 16, NC Hwy 304/33, Lowland, simple assault

Sept. 17, Parsons Rd., Arapahoe, civil complaint

Sept. 18, Main St., Bayboro, tax warrant service

Sept. 18, NC Hwy 306 N., Grantsboro, larceny of property or goods <= \$1,000

Sept. 18, Emily St., New Bern, injury to personal property

Sept. 18, Scott Town Rd., Grantsboro, larceny of dog

Sept. 18, Williams Lane, New Bern, unauthorized use of motor vehicle/car without consent of owner

Sept. 19, Alligator Loop Rd./ NC Hwy 55, Stonewall, larceny from permitted construction site

Sept. 19, NC Hwy 306 N., Grantsboro, communicating threats

Sept. 20, Cyberspace, Oriental, identity theft

Sept. 20, NC Hwy 306 N., Grantsboro, welfare check

INSPECTIONS

Sept. 5, Stanley Feigenbaum, Oriental, temp pole, \$50; Mark Goodbrand, Mesic, building/shed, \$75.60; Derek Boone, Oriental, electrical, \$50; Keith Haynes, Oriental, mechanical, \$50; Bob Baskerville, Arapahoe, mechanical, \$50; Kathy Williams, Oriental, remodel, \$894

Sept. 6, Pamlico County - Shelter at Ball Field, Bayboro, \$0

Sept. 7, Sackett Potatoes, Grantsboro, electrical, \$1,202; Charles Gryb,

Arapahoe, electrical temp pole, \$50; Brenda Heiberg, Vandemere, gas/bath remodel, \$100; Lorena Mozelle, Oriental, new residential, \$685.24

Sept. 8, Jesse Cahoon, Grantsboro, building, \$242; Patrick Klug, Oriental, building/shed, \$254.80

Sept. 11, Stan Aeschelman, Oriental, mechanical, \$50; Frank Willis, Bayboro, mechanical, \$50; Pamlico Medical Center, Bayboro, mechanical, \$50; Victoria Bennett, New Bern, mechanical, \$50; Donald Oakley, Oriental, mechanical, \$50; Yvonne Hardison, Arapahoe, plumbing, \$144.08; George Stronach, Lowland, double-wide, \$260; Ken Dodson, Bayboro, electrical, \$50

Sept. 12, Harper Dev., Bayboro, building/bath house, \$693.22; Harper Dev., Bayboro, tiny home, \$411.64 (10)

Sept. 13, Charlene Midgette, Alliance, demolition, \$0; William White, Minnesott Beach, electrical for 10x12 shed, \$50; YMCA - Seagull, Arapahoe, fireworks, \$50; Faye Rotz, Bayboro, mechanical, \$50; Denard Potter, New Bern, mechanical, \$50; Beverly Bryant, Oriental, mechanical, \$50; Gene Klark, Oriental, mechanical, \$50; Betty Best, Oriental, mechanical, \$50; Thomas Carbone, Oriental, garage, \$315.04; Chris Behre, Oriental, electrical, \$50; Bob Webster, Oriental, electrical, \$50

Sept. 14, Horace McIntosh, Merritt, electrical 400 amp, \$100; Bayboro Town Hall, Bayboro, plumbing gas line, \$50; Scott Whitford, Grantsboro, plumbing - fuel piping, \$50; Juanita Riggins, Grantsboro, demolition, \$0; Chris Davis, Minnesott Beach, garage, \$495; Anthony Nelson, Oriental, mechanical, \$50

Sept. 14, Foxwood at Pinedale Section III Lot: 73, PCA 106-7; Foxwood at Pinedale Section III Lot: 74, PCA 106-7, 1.002 AC SW Neuse RD NCSR 1005; PCA 38-9; DB 256/441; 1.79 AC NW Lee Landing Rd NCSR 1103; DB 197/778, PIN: D061-110-73; D061-110-74-L; D061-84; D061-63-1; 23E27 from Kimberly Dixon Caroon/EXR, Christopher Thad Dixon/EXR, Barbara L. Dixon/EST to Barbara L. Dixon Testamentary Trust, Barbara L. Dixon, Christopher Thad Dixon/TR, Kimberly Dixon Caroon/TR, \$0

Sept. 15, Sea Gull Villas Unit: 5, BLDG I Phase VII CB 1-44 from Barbara M. Thacker to Billy Joe Stout, Jr., Chona Sandoval Stout, \$435

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Richard Osmun to Steven W. Hunter, Frances S. Hunter, \$0

Sept. 12, Shine Landing Combine Lot 50 & 51A, PCA 133-7; Map Attached PIN: H092-6-50 & Portion H092-6-51 from Robert McPherrren, Marie McPherrren, Kevin James McPherrren, Bonita McPherrern to Robert McPherrren, Marie McPherrren, \$50

Sept. 12, Shine Landing Combine Lot 51B & 52 PCA 133-7; Map Attached, PIN H092-6-50 & Portion of H092-6-51 from Kevin James McPherrren, Bonita McPherrren to Kevin James McPherrren, Bonita McPherrren, \$0

Sept. 13, 1/2 AC Lot Chinchilla Drive Metes & Bounds from Chevonne Kelly, Angelo Newkirk to Darrill McKinney, Marianne McKinney, \$390

Sept. 13, Lot: 12, PCA 121-10 Map Attached from Anthony Divello, Laurie A. Divello, Charles Ernest Salter, Charles E. Salter, Mary M. Salter, Mary Salter to Anthony Divello, Laurie A. Divello, \$0

Sept. 13, Lot: 12, PCA 121-10 Map Attached from Anthony Divello, Laurie A. Divello to David R. Lauginiger, Kimberly Ann Lauginiger, \$164

Sept. 14, .52 AC Swan Point Rd Metes & Bounds from Michael Ray Bryant, Dana Bryant to Walton Oswald Williams, Jr., Richard Oliver Seay, II, \$16

Sept. 14, 1 Tract Metes & Bounds See Instrument from Thomas R. Mattocks to Vincent Conley Perry, Laverne Mattocks-Perry, Laverne Mattocks Perry, Laverne Mattocks Perry, \$0

Sept. 14, 1 Tract Metes & BOUNDS Life Estate Reserved from Lonnie Grey Griffin, Lonnie G. Griffin to Krystyn G. Carey, \$0

Sept. 14, Foxwood at Pinedale Section III Lot: 73, PCA 106-7; Foxwood at Pinedale Section III Lot: 74, PCA 106-7, 1.002 AC SW Neuse RD NCSR 1005; PCA 38-9; DB 256/441; 1.79 AC NW Lee Landing Rd NCSR 1103; DB 197/778, PIN: D061-110-73; D061-110-74-L; D061-84; D061-63-1; 23E27 from Kimberly Dixon Caroon/EXR, Christopher Thad Dixon/EXR, Barbara L. Dixon/EST to Barbara L. Dixon Testamentary Trust, Barbara L. Dixon, Christopher Thad Dixon/TR, Kimberly Dixon Caroon/TR, \$0

Sept. 15, Sea Gull Villas Unit: 5, BLDG I Phase VII CB 1-44 from Barbara M. Thacker to Billy Joe Stout, Jr., Chona Sandoval Stout, \$435

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Sept. 15, Sea Gull Villas Unit: 2 BLDG A; CB 1/31, PIN: F093-81-A-2-TH from Barbara Palmer/TR, The E E & M Palmer Family Trust to Luke Justin Conder, \$350

Sept. 15, River Dunes Marina Village Section 1A & 2; 1.82 AC; Lots 95 & 96 Combined; PCA 194-5 from John J. Wild, Jr., Kathleen Redmond, Kathleen M. Redmond to International Furniture Consultants, Inc., \$3,600

Sept. 15, Teachs Cove Unit: 1, Phase Two; CB 1/17; Und Int Common Areas from Robert B. Brewer, Heather C. Brewer to Mark Daniel Schultz, Rebecca Ann Schultz, \$525

Sept. 15, Sea Harbour Marina Boat Slip 1; CB 1/71 from Cedric John Pearce, Cedric J. Pearce, Susan Anne Pearce, Sea Harbour Condominium Yacht Club, Inc. to Christopher Peter Behre, \$90

Sept. 15, Sea Vista, Pierce Creek Area Lot: 14, Section IV PCA 46-4, PIN: J083-29-14 from John Amoroso to Angelika Haritos, \$0

Sept. 15, Lot: 1, Paul Arthur Faust Property; PCB 8-10 from Colony Custom Builders, LLC to Stacy Trythall, \$574

Sept. 18, 0.28 AC map DB 683/261 from Henry Tazewell Waller, Kay Marie Burke to Dennis Dodgen, Janet W. Dodgen, \$810

Sept. 19, 7.543 AC Map DB 647/813 from Michael Dobson, Jerri J. Johnson to Richard Kenneth Ogg, \$840

Sept. 20, 1-1/4 AC SW/S NC Hwy 304 from Laula Elizabeth Credle Allen to George Credle, \$24

Sept. 21, 58/100 AC NE/S Neuse River Metes & Bounds, PIN: F093-23 from Susan Blanchard Speight, Ivey Bruce Speight to B & S Speight Revocable Trust, \$0

Sept. 21, Lot: 2, MB 7/69 Northern 1/2 Metes & Bounds; Lot: 3, MB 7/69; Lot: 4, MB 7/69; PIN: K04-39 & K04-41 from Frances S. Mallard to Stephen Lee Mallard, Lisa Mallard Hager, \$0

Sept. 21, Florence Manors Lot: 1, PCA 68-4; Florence Manors Lot: 2, PCA 68-4; Deed of Gift from Timothy Paul Hardy, Color Splash Hair Studio, LLC to Timothy Paul Hardy/TR, The Timothy Paul Hardy Revocable Trust, \$0

Sept. 21, Sunset Shores Lot: 14, PCA 1-9 from Janet S. Day to H. Brad Blankenbeckler, Mary J. Blankenbeckler, \$56



2023 Festival Schedule

FRIDAY, Oct. 6

TIME	ARTIST	VENUE
12 noon	Harbor Sounds	Riverfront Stage
1 pm	Hank, Pattie, & the Current	500 South Ave.
1 pm	UHOOs	304 Neuse St.
2 pm	Lua Flora	Riverfront Stage
3 pm	John Bemis & Greg Hanson	500 South Ave.
3 pm	Pamlico Flutes	209 Mildred St.
3 pm	Minda Lacy	Marsha's Cottage
4 pm	Well Drinkers	Riverfront Stage
4 pm	Christie Lenée (Creativity Workshop)	Oriental United Methodist Church
5 pm	Lou Hazel	New Village Brewery
5 pm	Ken Belangia	901 South Ave.
5 pm	Brant Island Strings	502 South Ave.
6 pm	Driftwood	Riverfront Stage

SATURDAY, Oct. 7

TIME	ARTIST	VENUE
12 noon	Christie Lenée	Riverfront Stage
12 noon	Gospel Ensemble	Oriental United Methodist Church
12 noon	Minda Lacy	Nautical Wheelers
1 pm	Dust Parade	304 Neuse St.
1 pm	Downeast Dulcimers	209 Mildred St.
1 pm	Hoff n' Finch	209 Neuse St.
1 pm	Minda Lacy	Nautical Wheelers
2 pm	Al Strong Quartet	Riverfront Stage
3 pm	Moore's Creek Bluegrass	209 Neuse St.
3 pm	TerryLynn Melody	305 Freemason St.
3 pm	Lydia Salett Dudley	502 South Ave.
4 pm	Liam Purcell & Cane Mill Road	Riverfront Stage
4 pm	Gospel Ensemble	Oriental United Methodist Church
5 pm	Christie Lenée	New Village Brewery
5 pm	Hooverville	500 South Ave.
6 pm	Damn Tall Buildings	Riverfront Stage

For performer bios, music samples, schedule, festival map, lists of food and craft vendors, sponsors, and merchandise, go to olfrotoporch.org ALL PERFORMANCES FREE!



Ol' Front Porch Music Festival, Inc., is a 501(c)(3) nonprofit organization. Its purpose is to provide the region's multi-cultural and racially diverse musical talent with support, promotion and performance venues and encourage development of roots music appreciation and skills in Pamlico County, in particular among its youth. Contributions are tax deductible to the extent allowed by law.