



The Pamlico News

Wednesday, March 20, 2024

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Champion Sports and Fitness
What did a handful of members do on New Year's Eve 2023?

They rang out the old and "Lifted" in the new! What a fun evening that was for the 5 lifters and those who came out to cheer them on.

It was quite awesome to realize that the five lifters raised **2,105 pounds** among them. **Ben Rack Pulled 470 pounds**, **Gail Rack Pulled 160 pounds**, **Cole Dead Lifted 475 pounds**, **Steven Squated 400 pounds**, and **Jackson Rack Pulled 600 pounds**.

The lifters had a purpose in lifting New Year's Eve as each person was lifting for a Charity! Ben brought **Pamlico Girls on the Run \$2,713** and **Pamlico 1st Choice Pregnancy \$3165**. Gail brought **Paws of Pamlico County \$800**. Cole brought **Michael Spain Foundation \$300**. Steven brought **Pamlico Senior Center \$3,000**. Jackson brought **Rock Steady Boxing \$1,200**.

Together the five lifters brought a total of **\$11,178** which was something for the individuals to accomplish for Charities in Pamlico County.

Next year the challenge will be to get more lifters participating and get pledges to increase the amount. Champion Sports and Fitness wants to thank all those who pledged as the money stays in the county and support great organizations!



P&PD, Hiring Our Heroes Host Career Summit, Job Fair at Cherry Point

MARINE CORPS AIR STATION CHERRY POINT, N.C. (March 18, 2024) — Marine Corps Air Station Cherry Point Personal and Professional Development Program partners with Hiring Our Heroes to host its annual, grandee Career Summit at the Jerry Marvel Training and Education Building, MCAS Cherry Point from 9 a.m. to 4 p.m., March 21, 2024.

The event, which is sponsored by Hiring Our Heroes, U.S. Chamber of Commerce Foundation, is organized with several hours of employment transition classes, workshops, and a job fair of more than 40 employers seeking to fill more than 39,000 job openings. Additionally, it will offer to job seekers — service members, military spouses, and veterans.

This year's special guest is the 18th Sergeant Major of the Marine Corps, retired Sgt. Maj. Ronald Green, who will kick off the event along with MCAS Cherry Point command leaders.

The event will include classes aimed at helping service members and their families as they transition out of active-duty service. Topics will cover how to prepare financial success, career exploration with industry leaders, interview preparation, SkillBridge and apprenticeship information, and more.

The day will end with an in-person hiring fair targeting service members, military spouses, and veterans.

Hiring Our Heroes is a program of the U.S. Chamber of Commerce Foundation with a goal to help veterans, transitioning service members, and military spouses find meaningful employment opportunities.

Pamlico First Responders Honored

by: Hiram Lupton



Abigail Bretz (center), flanked by some of the Pamlico County first responders who helped save her life last November.

The evening of November 9, 2023 will be one that is forever etched in the minds of many Pamlico County first responders, and certainly in the mind of Abigail Bretz. That evening, Miss Bretz was involved in a near tragic head on collision on NC Hwy 55 just east of the McDonald's in Grantsboro. I use the term near tragic because while Abigail suffered severe injuries, the final outcome could have been worse. Much worse. "With this much vehicular damage and force of impact, situations like this don't often have a good ending," said Pamlico Emergency Management Director Chris Murray. Much of the credit for giving this event a good ending goes to the dedicated first responders of Pamlico County who worked for 1 hour and 47 minutes to extract Abigail from the mangled vehicle and then provide medical assistance to her until East Care transported her to the hospital. First responders are a collective group of individuals who are members of law enforcement, fire departments, and rescue squads who go through extensive training to handle the sort of circumstances they faced that November night. To a person, first responders will tell you that they hope they never have to put those hours and hours of training to use, but they will be ready if the situation arises. Last Thursday night, some of the members of the first responder units that were on the scene of collision were recognized for their quick thinking and hard work which saved a life. Those honored with



the Green Cross Award were: from Pamlico EMS, Amy Durci and Ruth Spivey; from the Pamlico County Sheriff's Department, Jason Mansfield and Dakota Thomas; from the Grantsboro Volunteer Fire Department, Trevor McFadden, Chris Sanchez and Josh Peele; and from the Arapahoe Volunteer Fire Department, Jeff Hochteitl, and Eddie Griffin. The Green Cross Award is a symbol of recognition for those who have used HURST Jaws of Life products to save lives and is sponsored by the HURST Company. "First responders don't want the limelight, but positive outcomes must be recognized," said Murray. "Because of training, good equipment and teamwork, a difference was made, and this young lady was able to walk out of the hospital." That young lady, Abigail, was able to attend the ceremony. "All I can say is Thank you. Thank you so much for what you did." Her mother expressed that she felt they had come "full circle" in being back with those who helped save her daughter's life that night. Abigail still has a long way to go, but she is well on her way to a full recovery. You hear the cliché often that "not all super heroes wear capes." And it is so true of these real super heroes. If you see a member of Pamlico County's first responder community out and about, give them a big Thank You, not just for saving Abigail's life, but for all the hours of training and hard work they put in. The next life they save may be yours.

An Evening with the Arts

by: Hiram Lupton

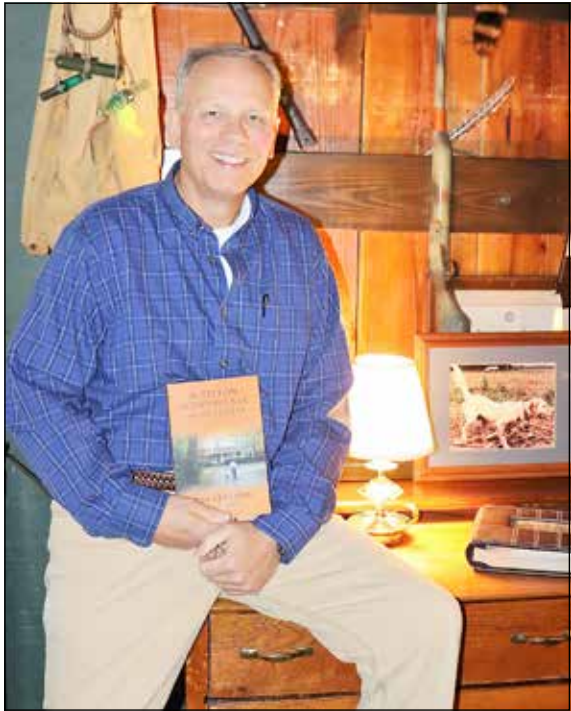
If you enjoy all forms of artistic expression, then Pamlico County High School was the place to be last Thursday evening to whet your appetite for creativeness. My America is...An Evening with the Arts, began in the cafeteria with some awesome displays of paintings, drawings, and sculptures, all done by Pamlico County students. There were also displays celebrating language arts and Hispanic heritage projects. Simultaneously, attendees enjoyed a feast for the ears as school choruses and the Jazz Band performed. Did we mention "appetite" and "feast." Yes, we did and for good reason. Students of the PCHS culinary arts program were on hand providing samples of their most tasty creations. At 7 PM, things shifted to A.H. Hatsell Auditorium for the "Music in Our Schools" band concert. The first half of the concert featured Middle School members of the band showcasing their talents in solos and small ensembles. This was followed by a performance by the Pamlico County Symphonic Band presenting selections they will be performing at the 2024 Biltmore Music Showcase and the 2024 Carowinds Festival of Music. A great way to wrap up a fantastic evening of creativity and the arts.



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The PCHA Welcomes Local Author to March Meeting

by: Hiram Lupton



Bill Fentress

The Pamlico County Historical Association would like to invite everyone to a special SnapShot meeting on March 25, where the guest speaker will be local author and Pamlico County native Bill Fentress. He will be discussing his experiences growing up in Pamlico County in the 1960's and 70's and how those experiences helped shape his book, "The Yellow Honeysuckle is the Sweetest." Bill is an avid outdoorsman who has enjoyed hunting and fishing throughout his life and many of the stories in his book are centered on those activities, but the stories go much deeper than that. They are about family and community and how they tie into his love of the outdoors. Bill's descriptive storytelling gives a great perspective on what life was like growing up in Pamlico County in his day. The program starts at 7:00 PM at the Pamlico County Heritage Center in Grantsboro.



Bayboro, North Carolina – April is National Child Abuse Prevention Month and Pamlico County Human Services, Pamlico Partnership for Children, and NC Guardian ad Litem Program District 4 have partnered to recognize the importance of our community working together to prevent child abuse and neglect.

In 2021, approximately 600,000 children were victims of abuse and neglect. During this same year, it is estimated that 1,820 children in the United States died from abuse and neglect. It is estimated that at least 1 in 7 children in the United States have had contact with child protection agencies in the past year and approximately 1 in 5 children die every day because of child abuse. This is a public health issue that has long lasting impacts for children and our community. Child abuse happens in all communities and all sections of society. To raise awareness and prevent child abuse in our community we invite all to join us for the Opening Ceremony in honor of Child Abuse Prevention Month on March 28, 2024, at 8:30am on the lawn of the Pamlico County Courthouse (202 Main St., Bayboro, NC). Funnels of Love, event sponsor, will be on site with funnels cakes and coffee. A percentage of proceeds will go towards Child Abuse Prevention.

If you suspect a child is being neglected or abused, report it to local DSS at 252-745-4086 or call 911. For more information on NC GAL, visit <http://www.volunteerforal.org/> or call our office at 252-639-3232. To access resources and support through the Pamlico Partnership for Children or donate to this organization please visit <https://pamlicopartnership.org> or call 252-745-7850.

WEEKEND WEATHER

Saturday, March 23rd **67° Hi** Rain throughout the day

Sunday, March 24th **61° Hi** Mostly cloudy throughout the day



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COMMUNITY

OBITUARIES



Daniel Bryan Oliver Sr., 98, passed away peacefully at home in the morning hours of Monday, March 11, 2024. He was the son of Dan Rasmus Oliver and Deborah Lee Oliver. He is survived by grandsons, James H. Jones Jr., and Cory Oliver; granddaughter, Megan Oliver Styron; great grandchildren, Daniel Bryan Styron and Kaylee Elizabeth Jones; son-in-law, James H. Jones Sr., and caretaker/angel, Joyce Stancil; nephews, Bill, Timmy, Seth and Shannon; nieces, Jenny, Martha, and Gail.

He is preceded in death by wives, Alma Pipkin Oliver and Ann Woodward Oliver; son, Daniel B. Oliver, Jr.; and daughter, Deborah Lee Oliver Jones. He was a member of the Greatest Generation, a veteran of WWII serving in the US Navy @ Pearl Harbor. He was a member of Bethany Christian Church. He was an avid hunter, fisherman, gardener, and historian, beloved by all who knew him. His memorial service, with military honors, will be held 11:00 a.m., Saturday, March 16th at the Lakeside Chapel at Greenleaf Memorial Park. The family will receive friends immediately following the service at the cemetery.



Wendell Holmes Mills, Jr. passed away unexpectedly on Sunday March 10, 2024 in Austin, Texas. He was born on July 31, 1945 in Detroit, Michigan to Wendell and Athaleah Mills. Wendell was a real-life model of the fruits of the spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. He was a true friend, mentor, and confidant to many and brought optimism, a positive outlook, and a ray of sunshine everywhere he went. Wendell grew up during the Detroit automobile boom, his father having relocated from Pamlico, North Carolina to join GM. As a boy he loved baseball, math, science, and became a prodigy on the piano. After graduating from Detroit Cass Tech, he attended the University of Michigan, earning engineering and mathematics degrees. He left Michigan for California, playing piano across the country to pay for his trip. There he met the love of his life, Gloria Gonzalez, and they were married July 4, 1969. He went on to earn a Masters degree from the University of Florida and returned to the University of Michigan to earn a Ph. D in mathematics in 1976. Wendell enjoyed a long career as a mathematician and a pianist/recording artist. He started as an associate professor at Penn State University (1976-1982) but then left academia to become an industrial

mathematician first for British Petroleum in Cleveland (1982-1994) and then for ABB/Alstom in Hartford, CT (1994-2011). Along the way he played piano at many public and private venues, including the Ann Arbor Hilton, the Nittany Lion Inn, the Palm Restaurant, Steinway Hall, the Kensington Hotel (London), and Carnival Cruise Lines. His music remains available on Spotify, amazon music, and www.solopianostylings.com. Wendell was quite proud of his status as “great” uncle, and is survived by his nieces, Deidra Donald (Hank), Meredith Mills, and nephews Jeff Mills (Mary), Thomas Craig Mills (Nancy) and Corey Mills, 13 great-nieces and nephews, and his faithful dog, Buckley. He was predeceased by Gloria, his wife of 52 years, his mother and father, his two brothers (David, Thomas) and his sister (Bonnie). Wendell was a devoted husband, dog lover, accomplished composer, inventor, fix-it man, avid golfer and James Bond aficionado among many talents and interests. He loved cookies, and we could always count on him to take home a couple extra “for Gloria or Buckley”. You can honor him by donating to the Dumb Friends League or Doctors Without Borders in lieu of flowers. Services will be held at Cook-Walden/Forest Oaks Funeral Home in Austin, TX on Saturday, March 23, 2024, starting with a visitation at 12PM, followed by the funeral service at 1PM. Live Streaming will be available through the Cook-Walden/Forest Oaks Funeral Home and Memorial Park website

solar eclipse

A total solar eclipse will be visible from Texas to Maine on April 8, 2024. NASA notes that this phenomenal, awe-inspiring event occurs when the moon passes between the sun and Earth, completely blocking the face of the sun. The National History Museum notes that solar eclipses occur between two and five times a year, but a total solar eclipse occurs less frequently. A total eclipse takes place every 18 months or so, but that does not mean everyone can view the eclipse. Whether or not a total solar eclipse is visible depends on where a person happens to be at the time it occurs. In fact, the NHM reports that generally total solar eclipses are visible every 400 years from any one place. Americans interested in seeing a total solar eclipse should make a concerted effort to do so in 2024, as NASA indicates the next total solar eclipse visible from the contiguous United States will occur in August 2044.

Horoscopes



ARIES – Mar 21/Apr 20
Aries, this week you need to get back to business, especially if hobbies or other interests have been taking up much of your time lately. Avoid distractions at all costs.



TAURUS – Apr 21/May 21
You may be excited about new prospects that are on the horizon, Taurus. With so much change coming, it can be exciting to see what lies in wait.



GEMINI – May 22/Jun 21
Gemini, you may discover that you are devoting a lot of attention to others of late, sometimes cutting into your own needs. Be attentive and caring, but pay attention to your own needs as well.



CANCER – Jun 22/Jul 22
Cancer, if you check the calendar lately you are bound to find a number of dates are filled. You may want to consider slowing down; otherwise, you may prematurely burnout.



LEO – Jul 23/Aug 23
Leo, if expenses and finances have been troubling you of late, you can breathe a sigh of relief when things lighten up this week. Right now you are in a good spot financially.



VIRGO – Aug 24/Sept 22
Virgo, you will need to uphold your end of the bargain for the time being as others are counting on you delivering. You cannot dodge any responsibilities right now.



LIBRA – Sept 23/Oct 23
Libra, over the next few days you may receive some offers from employers or entrepreneurs that seem very appealing. Before you jump into something new, do your homework.



SCORPIO – Oct 24/Nov 22
Scorpio, it will become obvious how others rely on you for advice and to get jobs done correctly. All of that responsibility can put extra pressure on you, so take it all in stride.



SAGITTARIUS – Nov 23/Dec 21
This week you may discover that people are flocking to you left and right, Sagittarius. You will not have trouble making new friends if you so desire.



CAPRICORN – Dec 22/Jan 20
Capricorn, take ownership of any actions that may have put you into a strained relationship with those close to you. Admitting mistakes is the first step in mending fences.



AQUARIUS – Jan 21/Feb 18
Aquarius, you may only now be getting to those resolutions you made a few months ago, but better late than never. Focus on projects around the home that will revitalize your spaces.



PISCES – Feb 19/Mar 20
Physical activity can do wonders for you, Pisces. If you are feeling stressed, overwhelmed or even tired, take a walk or hit the gym for some exercise that can alleviate many symptoms.

ARIES Traits & Overview

The first sign of the Zodiac, Aries are the trailblazers. Passionate and independent, Aries will never do something just because everyone else is doing it—a Ram needs to be 100 percent committed to the task at hand. Competitive to the max, the best way to motivate an Aries is to turn something into a contest. Aries will put everything they have (and then some) into winning. Loyal, smart, and impulsive, they always have multiple projects on their mind, and won’t be satisfied until their work, social life, and personal lives line up exactly with the dream life they’ve envisioned. Those who are drawn to magnetic Aries may have trouble keeping up—but if they can, they’ll have a friend for life.

FOR ENTERTAINMENT PURPOSES ONLY

THIS WEEK IN HISTORY

by: Hiram Lupton

- March 20th – 1930, Colonel Harland Sanders opened Sanders Court & Café. This later became Colonel Sanders’ Kentucky Fried Chicken.
- March 21st – Today is National Common Courtesy Day. Say “please and thank you”, and hold the door for someone.
- March 22nd – 1963, “Please, Please Me”, the first album by The Beatles is released.
- March 23rd – Today is National Chip and Dip Day.
- March 24th – Today is National Cheesesteak Day. There are a lot of good cheesesteak sandwiches out there, but my favorite is at J. Michael’s Philly Deli in Wilmington.
- March 25th – Today is National Medal of Honor Day.
- March 26th – Today is Live Long and Prosper Day.

BIRTHDAYS THIS WEEK

- March 20th – 1957, Movie director/producer Shelton Lee (Spike Lee)
- March 22nd – 2233, Commander of the Starship Enterprise, Captain James T. Kirk
- March 24th – 1930, Actor Terrence Stephen McQueen (Steve McQueen) 1973, Actor Jim Parsons
- March 25th – 1942, The Queen of soul, Aretha Franklin 1947, Singer and composer Reginald Dwight (Elton John)
- March 26th – 1931, Actor Leonard Nimoy 1930, The first female Supreme Court Justice, Sandra Day O’Connor



Alliance Insurance Services Promotes Safe Driving

by Offering Scholarship Money

(Winston-Salem, NC) In recognition of April as “Distracted Driving Month”, Alliance Insurance Services will be awarding money for college to three students who produce the best videos on the dangers of distracted driving. “We’re doing this because teen drivers are nearly three times more likely than adults to die in an automobile crash”, said Christopher Cook, owner of Alliance Insurance Services. “These deaths could be prevented if we can just convince teenagers not to text, eat, or talk on the phone while driving.” Competition for the scholarship money is open to any North Carolina student planning to enroll in a community college or university this fall. The video can be up to three minutes in length and must be submitted by March 31. Alliance Insurance Services will be awarding three cash prizes. First place wins \$1,750, second place \$ 900, and third place \$350. Video submissions should be emailed to pam cook at pcookk@aol.com. Winners will be announced during the first week in April. For more information visit Contact Us - Alliance Insurance (myallianceinsurance.com)

Concerned about your drinking?
You are not alone, there is help available!
Come join others who have found a Solution!
Alcoholics Anonymous: New Bern Hotline (252) 633-3716
Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)
Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)
Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)
Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).
Sunday *7pm – Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)
<https://aaeasternnc.org/> <https://aanorthcarolina.org/> <https://www.aa.org/>

OTHER RECOVERY RESOURCES IN PAMLICO COUNTY
Al-Anon Tuesday **7pm** - Meeting at 403 Mildred Street in Oriental, NC (Green House) (Members are people, just like you, who are worried about someone with a drinking problem). <https://al-anon.org>
Adult Children of Alcoholics (ACOA) Monday 6:30-8pm (Open Meeting) and Saturday 6:30-8pm (Women Only) both meetings are held at the Free Will Baptist Church, 600 Ragan Rd. in Oriental (2nd brick building on left off Hwy 55) (ACOA is concerned with the impact and after-effects of growing up in alcoholic or dysfunctional circumstances) <https://adultchildren.org/>
Narcotics Anonymous (NA) Wednesday 7pm - Never Alone Group: Meeting held at Alliance United Methodist Church, 687 Main Street, Bayboro, NC (close to DSS/Senior Center) (NA is a group of peers who offers a plan for recovery and an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle) <https://na.org/>

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**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week
Linda Hoff
Broker
Here's what one of Linda's customers had to say...

A Real Estate Gem: Linda Hoff of Mariner Realty Goes Above and Beyond

Our experience with Linda Hoff from Mariner Realty transcended the typical real estate transaction and entered the realm of exceptional service and genuine care. Beyond her role as a top-tier real estate agent, Linda demonstrated unparalleled resourcefulness and generosity that left an indelible mark on our journey to finding our dream home in Merritt, North Carolina.

One of the many instances that highlight Linda's remarkable character was her gracious offer to enlist the help of her son and two friends to assist us in moving our belongings into our new home. This act of kindness, coupled with her unwavering dedication to ensuring our satisfaction, underscored Linda's commitment to going above and beyond for her clients.

Linda's resourcefulness extends far beyond the confines of traditional real estate assistance. She seamlessly integrates her extensive network and personal connections to provide comprehensive support tailored to each client's unique needs. This invaluable quality sets Linda apart as a true gem in the real estate industry.

In every interaction, Linda's warmth, professionalism, and unwavering dedication shine through, making the entire process not only smooth but genuinely enjoyable. My wife and I are immensely grateful for Linda's exemplary service and wholeheartedly recommend her to anyone in search of a real estate partner who not only delivers exceptional results but also enriches the entire experience with kindness and generosity. Thank you, Linda, for being a beacon of excellence in your field.

Tom & Jill, Merritt



MINNESOTT BEACH – Best Neuse River View in Pamlico County from 2BR/2BA condo. Perfect SW orientation, completely updated, not in a flood zone, pool, gazebo & private sandy beach.
OFFERED AT \$225,000



ORIENTAL – 3BR/1.5BA open floor plan kitchen dining area, amazing amount of cabinet space, and carport with an attached storage area. Minutes from downtown Oriental, not in a flood zone.
OFFERED AT \$289,900



ORIENTAL – Impeccable 3BR/2BA waterfront on Broad Creek in Forestshore Estates community. Sits on 0.99 acres of deep-water that is sail boat accessible with wide-water views and is only a few minutes from Oriental. This 2,710 hsf open-concept home offers pristine water views from almost every room. Spacious waterfront deck and large screened porch, deep-water boat dock can accommodate a 50' boat and has a 7,000 pound boat lift for your favorite power boat. Easy access to the Pamlico Sound, ICW and multiple inlets to the Atlantic Ocean. Transferrable flood policy (\$755.00/year). Has a 2-car garage/workshop with a walk-up floored attic with abundant storage space.
OFFERED AT \$725,000

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Or contact Allen Propst
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704 Broad St, PO Box 750, Oriental, NC 28571



Pamlico Community College

Get caught up or get ahead! PCC to offer slate of courses for Summer Term

By Sandy Wall

Summer is a great time for students to enroll in the tough-to-get courses they need for their programs, to get caught up in their studies, to get ahead in their coursework, or even to try something new!

Pamlico Community College will be offering a robust slate of curriculum courses this summer to meet the needs of current students as well as men and women who might be enrolled in other colleges or universities.

The college has scheduled in-demand, transferable courses in biology, chemistry, communications, English, geology, history, math, music appreciation, psychology, sociology and more. Courses in career programs such as Criminal Justice Technology and Electrical Systems Technology also will be available.

Additionally, PCC will be offering seated courses in hands-on curriculum programs such as Cosmetology and Welding Technology.

Registration for the Summer Term officially opens Monday, March 25. Summer Term courses will begin May 20 and will conclude July 29.

“Pamlico's Summer Term is a great opportunity to take a class or two to get ahead or get caught up after a rough semester,” said Counselor/Career Center Director Cristy Lewis Warner, who works with students from other institutions. “Current PCC students and those visiting from other community colleges or universities will find a small college with a big heart ready and willing to welcome them into our learning community.”

All of Pamlico's transferable-credit courses will be offered in a convenient online format, and students who successfully complete them will be able to use the hours earned here at PCC, at another N.C. community college, or at a University of North Carolina system member institution.



Pamlico Community College's transferable-credit curriculum courses for the upcoming Summer Term will be available in a convenient online format. Visit www.pamlicocc.edu today to review the entire Summer Term slate of courses. Contributed photo

Many private colleges and universities also accept these credits.

“Taking classes over the Summer Term can move you closer to finishing your degree, whether here or away,” Warner said. “As the weather gets hot, heat up the pace of your education by planning a few Summer Term courses to get ahead. Because they're offered online, you'll still have plenty of time to work a job or enjoy some days at the beach.”

Neil Callahan, the college's director of academic advising, said enrolling in Summer Term courses was a fantastic option for high-schoolers who

are enrolled in Career & College Promise (CCP) courses to earn additional college credits.

“Current CCP students who are rising seniors and those graduating after May 20 have a unique opportunity to take advantage of transferable course offerings at PCC this summer,” he said. “For rising seniors, you can get a head start on finishing up your CCP Transfer Pathway. For graduating seniors, you can gain a few extra courses to take with you when you apply to four-year institutions. The best part of all of this is that these courses are tuition free! You can save hundreds and thousands of dollars before you go off to college.”

Pamlico's Summer 2024 curriculum course schedule is posted on the college's website at https://pamlicocc.edu/wp-content/uploads/2024/03/2024SU_Schedule_3.13.24.pdf

Current PCC students who are interested in Summer Term courses should speak with their advisors. New and visiting students should contact Student Services at studentservices@pamlicocc.edu or by phone at 252-249-1851, ext. 3001.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.

Pamlico's Summer 2024 curriculum course schedule is posted on the college's website at https://pamlicocc.edu/wp-content/uploads/2024/03/2024SU_Schedule_3.13.24.pdf



SEMINAR FOR NON-PROFITS serving Pamlico County



"BUILDING A BETTER BOARD"

with Senior Advisor
Todd Brantley

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WED, APR 17TH, 11AM-1PM
Delamar Center, Pamlico
Community College



- Recruiting new board members
- Growing young leaders
- Retaining current board members
- Inspiring productivity within your board



Register for FREE at
PamlicoSBC.com

FINANCIAL FOCUS

Time for financial spring cleaning?



Dan M. Roberts

Spring is almost here, which means it's time for some spring cleaning. This year, in addition to tidying your home and surroundings, you might want to consider sprucing up your financial environment, as well.

Here are some suggestions for doing just that:

- *Improve your vision.* Once the days are warmer and longer, you may want to get outside and clean all the winter grime and smudges from your windows, allowing you to see the world more clearly. And you may want to bring more focus to your financial vision by asking some key questions: Is my investment strategy still appropriate for my needs, goals and family situation? If not, what changes should I make? And am I prepared for changes in my life, such as health challenges or a need to retire earlier than planned? The answers to these and other questions can help you clarify where you are, in terms of your financial picture, and where you want to go.
- *De-clutter.* As you look around your home, you may find things such as expired health care products, old prescriptions, ancient cleaning solutions, and so on, in addition to duplicate household items (how many blenders do you really need?) and non-working equipment — printers, laptops, etc. Most people find that eliminating this clutter gives them a good feeling — and more livable space. As an investor, you can also find clutter in the form of redundant investments — for example, you might own several nearly identical mutual funds. You might be better off selling some of these funds and using the proceeds to find new investments that can help you further diversify your portfolio. As you may know, diversification is a key to investment success, but keep in mind that it can't prevent all losses.

- *Plant seeds of opportunity.* Whether they're planting camellias and crocuses or carrots and cilantro, gardeners are busy in the spring, hoping their efforts result in lovely flowers and tasty foods. And when you invest, you, too, need to plant seeds of opportunity in the form of investments that you hope will grow enough to enable you to make progress toward your goals. So, you may want to review your portfolio to ensure it's providing this growth potential, given your individual risk tolerance.
- *Reduce dangers.* You may not think about it that much, but your home and surroundings can contain potential hazards. You might have ill-fitting caps on cleaning products with toxic chemicals, or sharp cutting instruments protruding from shelves in your garage, or heavy, cracked tree branches hovering close to your roof. Spending some time on a spring-cleaning sweep can get rid of these dangers — and devoting time to consider the possible threats to your financial security, and those of your family, can pay off, too. For starters, review your life insurance to determine if you've got enough. Your employer may offer some coverage as an employee benefit, but it might not be sufficient, so you may need private coverage. And the same is true for disability insurance, because if something were to happen to you, and you couldn't work for a while, you'd still want to protect your family's lifestyle.

Spring is a great time for brightening your physical space — and your financial one, too.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
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NC

COOPERATIVE
EXTENSION

Pamlico County

Busy as a Bee!

Daniel Simpson County Extension Director, Agriculture Agent



(Taken from an article written by NC State Extension Entomologist Matt Bertone at <http://go.ncsu.edu/readext?853405>).

As the warm weather continues to build, insects and other animals are becoming more active. This may include insects like paper wasps, yellowjackets, and hornets that are emerging from their overwinter resting sites. However, in this article, let's discuss another close insect relative you may see in abundance right now: native, solitary, ground-nesting bees!

There are many species of native bees in NC (for more information see this wonderful bee guide at <https://go.ncsu.edu/4hox774>). Ground-nesting bees can be found throughout the state and are active during warm parts of the year; however, the most conspicuous activity typically happens in March when dozens to hundreds of bees emerge from the ground after developing as larvae the year before. Small mounds of loose soil pop up, especially in bare patches of ground where the vegetation is not very dense.

When really active, numerous bees fly around the area like a giant bee metropolis. The bees' mate, and the industrious females collect pollen to provision cells in the ground where the eggs will be laid. Many people cringe or panic at the mere mention of bees, let alone hundreds of them flying around one's yard. But fear not, these bees are solitary (they nest in a group but do not have a colony to defend) and are not aggressive.

These bees are not only native, but are wonderful pollinators of spring flowers. They are also only active for a few weeks, at which time the adults die out, leaving their larvae to develop underground; thus, we suggest leaving them alone, if possible. It can be a safe and wonderful experience seeing these insects out and about, and they are an integral part of our local ecosystem.

If you really must get rid of these bees, then try irrigating the turf heavily, or fertilize with organic matter, and use ground covers or heavy mulches in areas of bare soil. In areas where nests are present, tilling of the soil may help partially destroy tunnels, but establishment of dense turf is the best discouragement to further nesting. Chemical control options are available but are rarely required. Most common turf insecticides with bees on the label will provide control. However, the best defense is to promote dense vegetation or turf to discourage bees from nesting on your property. But if you can stand them for a few weeks, please let them BEE!!!

To learn more about ground nesting bees, visit this Extension note at <https://www.turffiles.ncsu.edu/insects/bees-in-turf/>. If you have questions or would like to discuss this topic further, please contact Daniel Simpson at 252-745-4121 or daniel_simpson@ncsu.edu.



Soil mounds from bees



Bee emerging from ground

How to incorporate tech into a farming business

The agricultural industry long has been a vital part of society, providing foods for billions of people across the globe. Farming can be a challenging profession, and farmers routinely find creative solutions to overcome obstacles to effective production. Thanks to technology, finding solutions has become that much easier.

Yet not every farmer who is set in his or her ways is ready to welcome changes that incorporate technology right away. In fact, reluctance to turn over operations in some part to artificial intelligence or smart technologies could be due in part to farming being such a nuanced skill and the role intuition plays in the growth of crops. The following are some ways for seasoned and novice farmers to seamlessly incorporate technology into their operations.

START WITH PERIPHERAL TECH

Farmers can begin implementing technology that does not directly relate to farming operations. Examples include switching to efficient and intuitive accounting and payroll systems to save time. If a farm also includes a retail enterprise, such as a farmers market, upgrading point-of-sale technology, like credit card readers or e-commerce websites for new revenue potential, can be good a good starting point.

ASSESS OPERATION WEAKNESSES

Figure out where the business is lacking and could use some help. Perhaps you're having difficulty maintaining adequate irrigation or plant nutrition is compromised due to soil deficits? Precision auto-



mation farming advancements that employ remote sensors can assess conditions and fine tune adjustments to alleviate these issues.

GET TRAINING

Novel technologies can increase crop yield and make for more efficient use of limited resources. However, people who may never have employed drones, IoT devices or soil sensors can expect a learning curve. Visiting a nearby farm operation to learn how they have implemented technology and gaining hands-on experience can be invaluable. In addition, request that a tech vendor provide thorough instruction on products to make it easier to seamlessly integrate new technology into an agriculture business.

TAP INTO WORKFORCE TALENT

The Food and Agriculture Organization of the United Nations says agriculture and food production accounts for 28 percent of the entire global workforce. There are more than 570 million smallholder farms worldwide. Technology can be utilized by agricultural businesses to zero in on intelligent and qualified employees who can take operations to the next level. Websites like Glassdoor, Indeed and ZipRecruiter remain helpful tools when looking for qualified job candidates. The internet is an essential employment resource, and farms can utilize it to acquire new hires.

Agricultural businesses can explore various ways to gradually and seamlessly make technology part of their operations.

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NOTICE OF MEETINGS
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Notice is hereby given pursuant to the provisions of N.C.G.S. 105-322 that the 2024 Pamlico County Board of Equalization and Review will hold its first meeting on Wednesday, April 3, 2024, at 2:30 p.m. in the Commissioners room on the second floor of the Pamlico County Courthouse, 202 Main St. Bayboro, NC 28515. The Board will meet for the purposes of performing its statutory duties and to receive requests and hear appeals of taxpayers relating to the 2024 property listings and appraisals.

The 2024 Pamlico County Board of Equalization and Review will convene on Wednesday, April 3rd at 2:30 p.m. and adjourn on Wednesday, May 1st at 2:30 p.m. in the same location. In the event of earlier or later adjournment, notice to that effect will be published in this same newspaper as provided by law.



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A Special Section From
The Pamlico News

SPORTS

Whitley to Play Baseball at MACU

by: Hiram Lupton



Last Wednesday was a big day for Zac Whitley and his family. Surrounded by friends, teammates, coaches, and family, the dually enrolled Senior at both Pamlico Christian Academy (PCA) and Pamlico County High School (PCHS), signed a letter of intent to continue his academic and athletic career this fall at Mid-Atlantic Christian University located in Elizabeth City, North Carolina. Zac's primary position is catcher, but he has shown the versatility to play several other positions including pitching for the Hurricanes. He was described by PCHS baseball coach Chris Davis as a leader on the field who always strives to get the most out of himself and his teammates. Zac was also a standout player for the PCA Mariners on the basketball court. He will now take his on-field talent and leadership to the Mustangs of MACU, who compete in the Division II United States Collegiate Athletic Association. While at MACU Zac will be studying Business Administration. Congratulations and best wishes to Zac and his family. We look forward to seeing your picture on a baseball card in the future.

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Hurricane Ladies9 Go 2-1 for Week

by: Hiram Lupton



The Pamlico County High School softball team took on a trio of 3A schools last week and narrowly missed going undefeated for the week. First up was a visit to Richlands to take on the Wildcats. Pamlico got on the board first with a big 5-run second inning highlighted by Layla Ireland's, hit the ball, and touch them all, inside the park home run, driving in 2 runs. Richlands wouldn't fold however and the Cats chipped away at the Hurricane lead. Aided by some shaky Pamlico defense, Richlands tied things up in the bottom of the fourth and took the lead, 6-5 in their half of the sixth. Pamlico couldn't answer and Richlands held on for the 1-run win. Hayley Shamblin and Peyton Robinson led the 'Canes offense with 3 hits apiece. Layla Prescott went the distance in the loss, allowing 6 runs, only one of which was earned. Pamlico was back at it against another 3A team Thursday as they hosted the Patriots of West Carteret. The Hurricanes showed that the loss against Richlands was not indicative of the team they are, particularly on defense, as they only committed one error against the Patriots in a 3-0 win. Layla Prescott and Adyson Foreman had a pair of hits each for the Lady 'Canes. Prescott and Peyton Robinson shared time in the circle for Pamlico and both were superb, allowing only 4 hits total and zero runs. Pamlico finished out the week on Friday by traveling to yet another 3A school, White Oak, to battle with the Vikings. There was a new pitcher in the circle for Pamlico and sophomore Avery Cain was great, going the distance and giving up only 4 hits while striking out 2. She was backed up by excellent Hurricane defense as Pamlico earned another shutout win, 12-0. The Hurricanes pounded out 13 hits, with Peyton Robinson continuing her hot streak at the plate, going 4 for 4 including a double and a triple, while driving in 2. The Lady 'Canes now sit at 5-1 on the season and have another busy week this week as they host Jones on Tuesday, travel to West Carteret on Thursday, and hit the road to Jones on Friday to finish out the week.



Layla Ireland slides home with an inside the park home run

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An Evening with the Arts



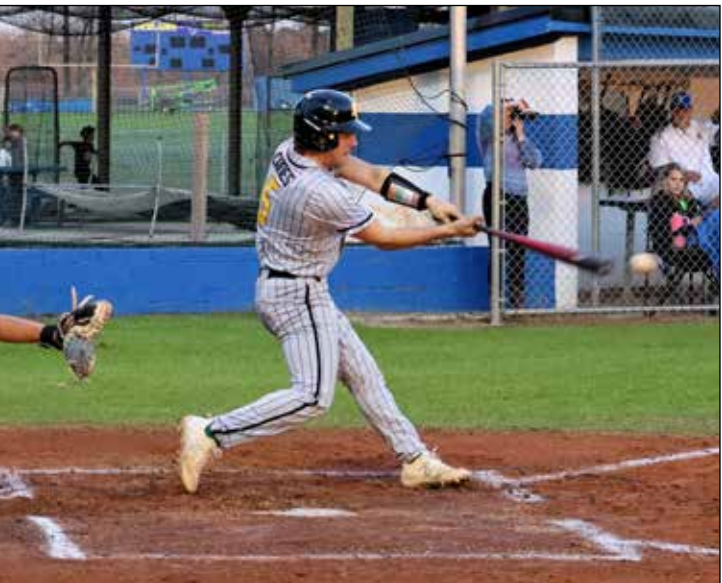
SPORTS

Hurricanes Pick Up First Win on the Road

by: Hiram Lupton

With a finally full roster, it was time for the Pamlico County High School Hurricanes baseball team to get on the winning track and win they did last week, picking up a pair of road wins against 3A opponents. Tuesday, they took on Richlands at the home of the Wildcats and the Hurricanes jumped on the kittens with a pair of runs in the first. Lucas Browne had the big blow for Pamlico, with a 2-run double. The teams traded runs through the game with Richlands finally taking a 1-run lead in the bottom of the sixth. The Hurricanes needed at least a run to extend the game but they got that, times 5, with their biggest offensive inning of the season thus far. Pamlico had used 4 pitchers so far for the game and Head Coach Chris Davis opted for a fresh arm in the bottom of the seventh in the person of Jeremiah Mitchell. The freshman responded with 3 strikeouts to shut down Richlands and pick up the 9-5 victory. Pamlico cracked 12 hits and were led by Ragan Shields who had 3 of them driving in 2

of Pamlico's runs. He also added a walk and a stolen base. Friday night the 'Canes headed back to Onslow County to tangle with the Vikings of White Oak. They jumped on Pamlico with 3 in the first, but this year's edition of the Hurricanes does not panic or give in. They added runs in every inning starting in the third and with two in the sixth, tied things up at 5 apiece. Pamlico then struck for 3 in their half of the seventh to take an 8-5 lead which they held onto for a win. Mason Stroud led Pamlico with a pair of hits. Although recording no hits, Zac Whitley reached base 4 times, twice via walk, once on an error and once when he was hit by a pitch. He came around to score 3 of those times. Pamlico used 3 different pitchers with Ragan Shields working the final 3.2 innings, striking out 7, to pick up the win. This week the Hurricanes play a pair of games at home, hosting Jones (on Tuesday) and Ayden-Grifton on Wednesday, before closing out the week by visiting Jones on Friday.



Jake Whitley



Ragan Shields

Mariner Softball

by: Hiram Lupton



Pamlico Christian Academy has added a new spring season sport this year, ladies softball. As with any new team, there are some growing pains, but Head Coach Lee Jones has his girls working hard and improving every game. The Lady Mariners play their home games at Creekside Park in New Bern.



Mariner Shortstop Allee Jones swinging away



PCA Pitcher Robyn Gaskins



Makena Shaffer scores for PCA



Lexi Koontz

Teeing Off with the Hurricanes

by: Hiram Lupton

The weather is warming and golfing season is in full swing as is the Pamlico County High School Men's Golf Team. PCHS Golf Head Coach Tammy Taylor currently has 10 golfers on the squad and the only thing they are lacking is experience, which they are gaining in every match. The PCHS Golf Team plays their home matches at the beautiful Minnesott Golf and Country Club.



Golfing Hurricanes (L to R); Jonah Rose, Donny Campbell, Kai Wood, Wyatt Johnson

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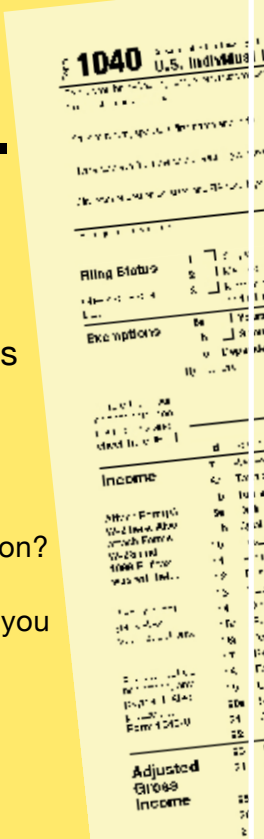
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Retiree Health Care Cost

The burden on health care costs in retirement could be a significant hurdle for retirees without a sizable nest egg or effective strategy to cover such expenses. According to the Fidelity Retiree Health Care Cost Estimate, an average retired couple aged 65 in 2022 could need around \$315,000 after taxes to cover their health care expenses in retirement. Thought traditional retirement goals like financing travel or relocating to a warmer climate are worthy pursuits, it's vital that individuals of all ages, including those on the cusp of



retirement, recognize the importance of saving for health care expenses as well. Such expenses, which include medication costs, are easy to take for granted when individuals are still working. However, Fidelity notes that generics, branded drugs and specialty drugs account for roughly 17 percent of retirement health care expenses. That equates to around \$53,500 that might be needed to pay for medication alone.

Health&Wellness

Overcome seasonal allergies



Seasonal allergies crop up at certain times each year, particularly in spring and fall. In 2021, approximately 81 million people in the United States were diagnosed with seasonal allergic rhinitis, according to the Asthma and Allergy Foundation of America. The Canadian Allergy, Asthma and Immunology Foundation says between 20 and 25 percent of Canadians suffer from allergic rhinitis.

Tree and grass pollen are notable contributors to allergies, as is mold. Verywell Health says allergies can be worse in certain areas. In the U.S., certain areas of the East Coast have high rates of allergies, while cities on the West Coast tend to be less harsh on those with allergies.

Since allergies can make life uncomfortable, people want to know all they can do to overcome seasonal allergies. These strategies can help.

- Know the pollen count. Information is key, and knowing when pollen or mold counts are particularly high can help people take certain steps to avoid allergic reactions.
 - Close the windows. When pollen levels are high, closing windows to prevent breezes that can bring pollen inside a home can be an effective strategy. You also can utilize a HEPA filter on the home's air conditioning system.
 - Remove clothes worn outdoors and shower to rinse pollen off of skin and hair.
 - While it can reduce energy usage, hanging clothing to line dry during high pollen counts can cause pollen to stick to freshly laundered items.
 - Avoid gardening or other outdoor activities when pollen is high. If you must be outdoors, wear a mask.
 - Try an antihistamine product that will reduce your body's reaction to the seasonal allergen. WebMD says butterbar as well as a plant-based Phleum pratense could be natural alternative antihistamine products.
 - Use a nasal rinse to clean allergens out of your nose. This can help ease congestion and itching. Select sterile saline solutions or carefully follow directions for preparing rinses in neti pots.
 - Corticosteroid nasal sprays can improve nasal symptoms. Speak with a doctor about how to use these products and how long to use them.
 - Consider allergy shots, also known as allergen immunotherapy. These shots can help desensitize the body to common allergies by using very small amounts of allergens over time. Eventually the immune system will produce a reduced reaction to the allergen.
- Allergies can be troublesome. However, various strategies can help to diminish the often unpleasant effects of seasonal allergies.

5 perks to enjoying raw, local honey



Whether one places a dollop in tea or drizzles some in a yogurt smoothie, honey is the sweet finish that can make various foods and beverages taste that much better. In fact, honey is perhaps Mother Nature's most natural sweetener.

While honey in any form can provide its share of healthy offerings, raw honey — which is unprocessed and taken straight from a honeycomb — may be even healthier than the alternatives. According to a 2019 report in Medical News Today, some people believe that processing honey, which often involves pasteurization, removes many of its natural beneficial elements. But honey taken straight from the beehive contains bee pollen, bee propolis and scores of antioxidants.

Individuals interested in trying raw, local honey should consider buying it from a trusted local producer. For those who need more convincing, the following are five beneficial properties of raw honey.

1. Antioxidants: Raw honey contains plant chemicals that act as antioxidants. Healthline says some types of honey have as many antioxidants as fruits and vegetables, which can protect the body from free radicals that damage cells.
 2. Antimicrobial/antifungal properties: Raw honey has antimicrobial properties that could kill certain bacteria, says the Carolina Farm Stewardship Association. That is perhaps why honey long has been used as a natural salve for wounds. Honey can soothe a sore throat, and it also can attack bacteria in the throat responsible for certain illnesses. Healthline says raw honey also has been studied for its use against certain Candida-related infections.
 3. Allergy relief: Raw, local honey is made from local flowers and flowering plants. By ingesting raw, local honey regularly, a person is taking in small, manageable doses of allergens from their area, which can help build up an immunity to these allergens over time.
 4. Digestive relief: Raw honey has been studied for use in treatment for H. pylori bacteria, a common cause of stomach ulcers. Raw honey also may help people overcome diarrhea. Honey contains prebiotics, which nourish good bacteria that live in the gut.
 5. Brain health: A 2017 study published in the journal Pharmacognosy Research found ingredients of honey have anti-inflammatory properties that may help fight inflammation in an area of the brain called the hippocampus, which is responsible for memory.
- Raw, local honey can help protect the environment because the public has a vested interest in maintaining natural spaces and healthy bee populations. Raw, local honey is available from various vendors, notably small operations at farmers markets who take quality control seriously.

Did you know?

Parents of school-aged children are undoubtedly familiar with the notion of “nut-free” classrooms and cafeterias, which typically indicates educators have declared school grounds off limits for peanuts and peanut butter. The prevalence of such environments may suggest peanut allergies have increased in recent years, and while that might be true, it's also not necessarily so. In fact, the American College of Allergy, Asthma & Immunology notes that awareness about peanut allergy has risen in recent years. And while a 2017 study found that incidence rates of peanut allergy had increased by 21 percent since 2010, that could be a byproduct of heightened awareness of peanut allergy and not necessarily indicative that considerably more individuals are now allergic to peanuts. Recognition of that reality may make some people pause before they dismiss peanut allergy, which the ACAAI notes can cause anaphylaxis, a life-threatening response to an allergen marked by impaired breathing, swelling in the throat and a sudden drop in blood pressure, among other symptoms.



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COASTAL LIVING

SOUND RIVERS

GRACE EVANS, ORIENTAL

“Most of our problems for the river have always been, and now certainly are, from the land.”

The words are those of Grace Evans, who, for more than last 40 years, was instrumental in the fight for clean water on the lower Neuse River. Grace passed away in 2021.

A lifelong sailor, the wide waters of the Neuse brought her to Oriental in the 1960s; by 1972, she decided to make the riverside town her permanent home and would go on to run two sailing schools.

“We swam, we didn’t get infections. We fished and floundered, just really enjoyed the river and didn’t think particularly of what it might contain. The river had plenty of fish and wonderful sailing,” Evans said.

But over time, the trash began piling up: creeks the dumping ground for household appliances; the river, a garbage receptacle for day-boaters. Then came the algal blooms and fish kills, and by 1980, when the Neuse River Foundation was founded, Evans was on board with its mission.

“Even though I made my living on the river, I also used it for my recreation. Every part of my life had to do with the river,” she said.

As an early member of the young environmental organization, Evans said she received an education on the urgent issues facing local waterways.

“It was just becoming aware myself of what was happening, and then making other people aware of it, too,” Evans said.

Those early members met in living rooms and in offices loaned for the occasion, before making the Neuse River Foundation’s first home in a trailer in Bridgeton. NRF petitioned the state to ban phosphates in cleaning products, the same phosphates that were throwing off the river’s natural balance, and won that battle. They built an army of creekkeepers — those who knew their waterways best — to keep tabs on polluting. Then, with a push from Evans, NRF made a pioneering step in honing its mission.

“We hired the first Riverkeeper in North Carolina, Rick Dove, and he was very effective. He was completely dedicated to the projects — nitrogen loading, animal farms, what the state was allowing different sewage treatments to do,” Evans said.



Late in life, Evans remained passionate about the work the Neuse River Foundation did, and that Sound Rivers continues today. Despite four decades of advocacy and education, she remained a firm believer that the work was far from over, than an ever-evolving array of issues continue to plague the waterways, from the sources of ongoing fish kills to sea-level rise and flooding.

“It used to be septic tanks, now it’s industrial farms,” Evans said. “What I’d like to see is much more awareness of what is happening on the land, and how what’s happening on the land affects the river.”

March is Women’s History Month, a nationwide celebration lifting up the significant roles women have had in shaping our history. In honor of Women’s History Month, Sound Rivers is sharing weekly opportunities to learn more about some of the women who have paved the way in environmentalism.

"BEYOND the FENCE"

Opening Reception to Showcase Art by Inmates

MOREHEAD CITY – The Arts Council of Carteret County & the Carolina Artist Gallery will host an event designed to showcase the artistic talent of the inmates who are incarcerated at Carteret Correctional Center and Pamlico Correctional Institution. The community is invited to attend the opening reception which will be held on Saturday, March 30, 2024, from 4:00 pm - 6:00 pm.

Education is a valuable resource for the inmates at Carteret Correction Facility and Pamlico Correction Institute. As part of their learning opportunities, several inmates have expressed an interest in ART. To support positive growth during their incarceration, the Arts Council of Carteret County & Carolina Artist Gallery have chosen to sponsor an ART SHOW that showcases the artistic talents of the inmates.

All artwork will be for sale with proceeds benefitting nonprofit organizations selected by the inmates. The nonprofits will be posted at the reception.

The March 30th public reception will be held from 4-6 pm at the Arts Council of Carteret County & the Carolina Artist Gallery (in the workshop area), located at 1702 Arendell Street in Morehead City, NC. The show will run from March 30th through April 13th, 2024.

"This event means a great deal to the inmates as it provides them with a positive, creative outlet but also helps them to reconnect 'beyond the fence,'" said Beverly Snowden, ACCC executive director. "The inmates quickly took ownership of this event by naming the art show 'Beyond the Fence.' The graphic design used to promote the show was created by one of the inmates. The design speaks volumes.

"This is the first-ever art show in Carteret County, and perhaps Pamlico County, to represent the artistic talent of the inmates. While we've been discussing this possibility for the past year, the art show is the brainstorm of Chief Probation/Parole Officer, Charles Lane, with the Division of Community Supervision, NC Department of Adult Correction. We are thrilled that the show is



Kay Zimarino

now coming together.

"Charles Lane has truly been an advocate for the inmates and worked persistently with us to achieve this artistic opportunity. We hope to livestream the reception so the inmates will be able to listen to the announcement of the show winners selected by the guest judge," said Snowden.

The official judge for "BEYOND the FENCE" is local artist, Kay Zimarino. A native of Lenoir County, NC, Zimarino was raised in an environment that nurtured a passion for creativity. Since a young age, Zimarino's creativity was fostered through art classes, culminating in a Fine Arts degree from East Carolina University.

Zimarino's journey in education began in Lenoir County, teaching elementary school art students for six years before transitioning to high school education, where she dedicated nine years to inspiring young artists. Along the way, Zimarino achieved National Board Certification. An exciting highlight of her journey, as an artist, was her selection as the "NC Seafood Festival Poster Artist" in 2004.

After returning to ECU to earn her master's degree, Zimarino embarked on a new chapter in 2005 as a high school administrator at Croatan High School, ultimately retiring after eight fulfilling years as Principal.

She currently resides in Swansboro, NC, with her husband Steve. They are the proud parents of two sons, Nick and Logan. Family is important to Zimarino. She is one of five sisters and shares that her artistic talents were undoubtedly influenced by her father, a freelance artist known for his portraits and hand-painted signage for businesses.

"We appreciate Kay Zimarino's volunteer time and service as the judge for this unique and valuable art show!" said Snowden. "We look forward to a strong turnout from the community."

**If individuals, organizations or businesses are interested in sponsoring this event, please contact ACCC Executive Director, Beverly Snowden: acccexecutivedirector@gmail.com or call: 252-726-7550

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"BEYOND the FENCE"

OPENING RECEPTION

An amazing "ART Show by the Inmates" at Carteret Correctional Center & Pamlico Correctional Institute

Saturday, March 30, 2024

4:00 PM to 6:00 PM

The Public is Invited!

1702 Arendell St. Morehead City, NC

Sponsored by the Arts Council of Carteret County & Carolina Artist Gallery

Tip for a successful marriage:
Don't ask your wife when dinner will be ready while she's mowing the lawn.

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OUR SCHOOLS

Fred A Anderson

Students at Fred A Anderson enjoyed a visit from Mr. Eric and the NOAA weather station in Newport. They talked about weather conditions and Mr. Eric explained all the tools that are used in making the weather predictions and forecast.

Communities In Schools NC Student Support Specialist, Ashley Cephas in partnership with Fred A. Anderson Elementary School hosted our Spring Title One Night. The theme was Superhero's for Digital Literacy. Families had the opportunity to learn about how to make smart choices related to digital literacy. Each grade level had three rotations and families who completed the stations were able to enter their names into a raffle.

Dominoes and Pizza Hut donated free pizza to the event. Walmart and Food Lion in Grantsboro donated gift cards.



FUN FACTS
A hurricane releases enough energy in one second to equal that of 10 atomic bombs.

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Tuition-free college courses available through the N.C. Career & College Promise program can help high school students get a head start on their futures!



Meet Kendall Harris!

This 16-year-old Pamlico County High School junior is accumulating transferable college credits that will give her a head start on her goal of becoming a registered nurse! She plans to pursue an associate degree in nursing and then work toward her bachelor's degree.

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Saturday, May 18th 2024
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Rain Date, May 19th

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AROUND THE COUNTY

Pamlico Betty Jo Rodgers, *Correspondent*



This has been a busy week in Pamlico. Our son Kevin and his wife Suzie were home from Africa. It was wonderful having them here for three days. They helped with spring cleaning including pressure washing the house. Of course, now the pollen is covering everything that was cleaned. I also learned a valuable lesson. By accident I put his iPhone, car key fob and wallet in my front-loading washer. When we realized it, we could not open the washer because it had to complete the cycle and drain the water before the door unlocked. We googled and figured out how to get the water drained and the phone out. I also learned that an iPhone can be in water for 30 minutes and survive. Praise the Lord.

I preached the Wednesday noontime Lenten service at Bayboro United Methodist Church. This week the Reverend Scott Fitzgerald from Bayboro Missionary Baptist Church will preach on March 20th. Minister Carnell Barrow will be there on March 27th to preach the final noon Lenten service. Look for these names to be posted on the Stonewall Methodist Church sign as you drive by.

I had the privilege of sponsoring John LaGuardia from the Village Club as a pilgrim on the Pamlico Emmaus Walk PE#83 in Dunn this past weekend. He was the only one I sponsored, but there were participants from Edward, Havelock and New Bern as well as participants from as far away as South Carolina. Pamlico Emmaus is a 4-day spiritual retreat. Many people from Pamlico County have been blessed to go on the Emmaus Walk. Flo Daniels and the Reverend Peg Witt will be part of the leadership for the women's walk PE#84 in April.

Holy Week begins on Palm Sunday and the Stonewall Methodist Church Choir will sing the cantata “Love Grew Where the Blood Fell” at 6:00 pm. Refreshments will follow in the fellowship hall. Other Holy Week events will be posted on their church sign ending with Easter on March 31st.

Celebrating birthdays in March are Frank Bacon & Patrick Phillips (3/21), Heath Fulcher (3/24), Emma Machle & Joanna Harrell (3/27), Asa Gatlin (3/28), Debbie Willis Fulcher (3/30), and Santa Klotz (3/31).



Have a blessed week. Take John LaGuardia's Spiritual Vitamin. “Be strong and courageous! Do not be afraid, for the Lord your God is with you wherever you go.” Joshua 1:9b

Whortonsville Reba Tiller, *Correspondent*



Hope everyone enjoyed St. Patrick's Day and ate Corn Beef, Carrots, Irish Potatoes and Soda Bread. I always think of Jeannette Santoro when I eat Irish Soda Bread because she made it every year. Elizabeth Cuthrell, Marsha Palpham, and I sat with Michelle Bissette for the evening of Irish Music with Frank Murphy's family entertaining while we ate the delicious meal at The Catholic Church. Thanks to Michelle for singing with us because we did not have the full chorus. The family scattered Frank and Kate's ashes in the river this afternoon. I keep losing folks that I have loved so much over the years, but hope I will see them again in another world, and I know without a doubt that Frank is entertaining all the angels in heaven.

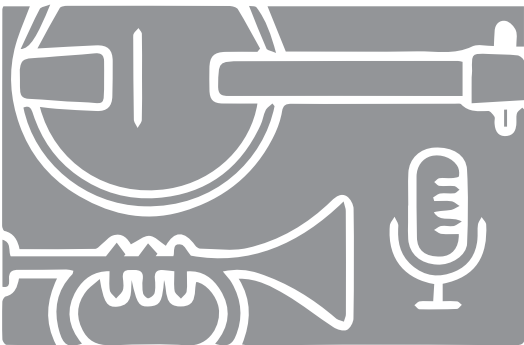
There were 14 adults and 2 children at Bethel today. Several of Alex and Stephanie's family were visiting and

Cody Lazenby was back after spending a little time in the hospital. We had lunch at the church but I had a failure with my Corn Beef and Cabbage casserole. It did not turn out so good, but I had success with my corn bread.

The yellow pollen is falling on my car and it is so bad I am ashamed to put it on the road until it gets washed. Marsha Palpham came over and we did a 300 piece puzzle together from start to finish. We are trying to get away from 1000 piece puzzles. Noticed today my azaleas are beginning to bloom so spring is here!

My son Ken is in the hospital in Durham but is doing much better.

Thought for the week—When things are going bad, there is an answer for it— PRAYER!



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nization bringing quality musical entertainment, enrichment, and education to Pamlico County. We welcome your support! To learn more about the benefits of membership, including advance ticket sales and artists’ receptions, call 252-617-2125 or visit www.pamlicomusic.org, and like us on Facebook @ [pamlicomusic](https://www.facebook.com/pamlicomusic).

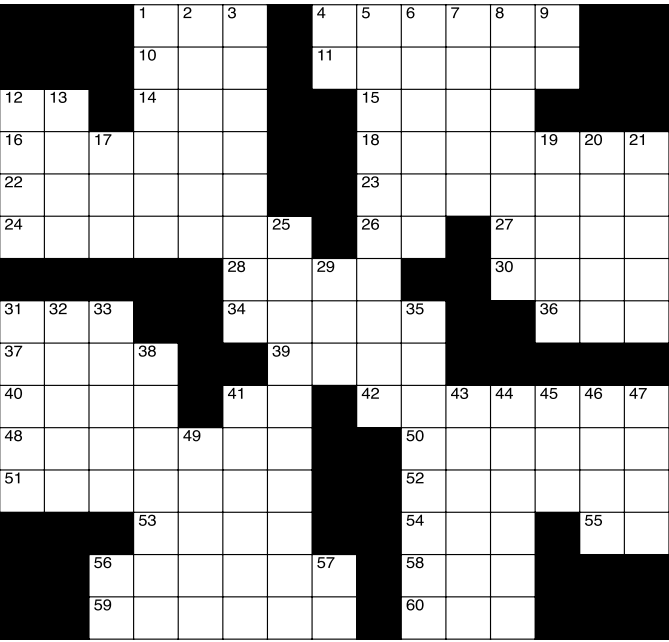


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CROSSWORD



CLUES ACROSS

1. Small Eurasian deer

4. Irish county

10. A major division of geological time

11. Broadway actor Lane

12. Canadian province (abbr.)

14. Human gene

15. Two

16. A famous one is blue

18. Utter repeatedly

22. Ring-shaped objects

23. Spoils

24. Occurs

26. Commercial

27. Near

28. Products you may need

30. Pledge thrown down as a challenge

31. TV network
34. Silk or cotton garments

36. Soviet Socialist Republics

37. Retired American football coach Dean

39. Hot dish

40. A type of gin

41. Atomic #84

42. Sawhorse

48. About ground

50. Medicine man

51. Seedless raisin

52. Capital of Albania

53. Appendage

54. OJ trial judge

55. By the way (abbr.)

56. Bicycle parts

58. Barbie's friend

59. Moved one's neck to see

60. Commercials

CLUES DOWN

1. Make up for

2. Baltimore ballplayer

3. Salary

4. Influential world body

5. Engravers

6. Declared as fact

7. One who steals

8. Jewelry

9. Hospital employee (abbr.)

12. Nonsense (slang)

13. Town in Galilee

17. Value

19. A fake name

20. Sheep in their second year

21. Town in Surrey, England

25. Appropriate for a particular time of year

29. Creative works
31. Recesses

32. W. Pacific island group

33. Tolkien character

35. Ancient symbol co-opted by the Nazi party

38. Pioneer

41. Scribe

43. Painted a bright color

44. Lowest members of British nobility

45. Actress Thurman

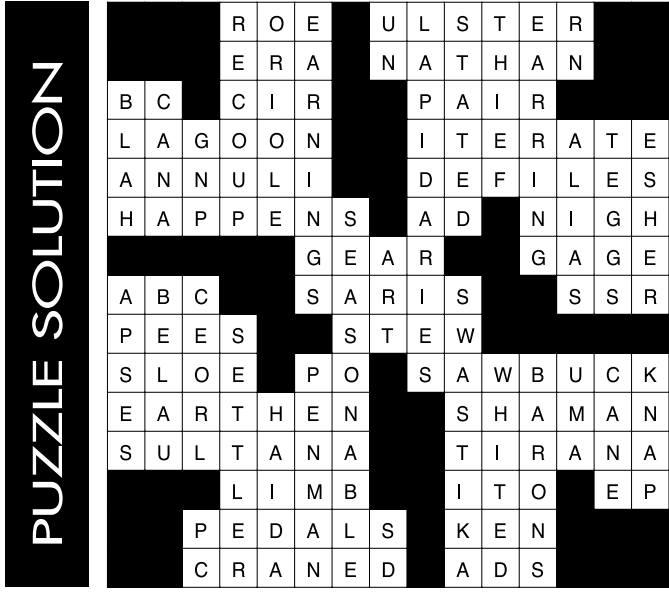
46. Type of sugar

47. Crest of a hill

49. N. American people of British Columbia

56. Device

57. The Mount Rushmore State



Guess Who?

I am an entertainer born in New Jersey on March 18, 1970. I beat-boxed for a hip-hop group in the mid-80s before going on to a successful music and movie career. I was nominated for a Golden Globe for my work in the film, “Chicago.”

Answer: *Queen Latifah*

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to flowers.

LOPLEN

--	--	--	--	--	--

Answer: *Pollen*

I'm not saying let's eliminate all the stupid people. I'm just saying let's remove all the warning labels and let the problem sort itself out.

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The Town of Oriental will be receiving bids on engineering services for their Water Treatment Plant Rehabilitation project according to RFQ posted on our website at www.townoforiental.com

Sealed bids will be opened on Monday, March 25, 2024 at 2PM in the large Board room at Town Hall, 507 Church St, Oriental, NC 28571. Bids will not be accepted electronically.

Any questions can be directed to Diane H. Miller, MPA, ICMA-CM at Manager@Townoforiental.com or 252-249-0555.



Mail To: THE PAMLICO NEWS,
P.O. Box 510, Oriental, NC 38571 or Call 252-249-1555

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**NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
DWIGHT TOWNS WILKINSON, JR
File No.: 24 E 39**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to CORA W. FOREMAN, ADMINISTRATOR on or before MAY 28, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 28TH DAY OF FEBRUARY 2024

ESTATE OF DWIGHT TOWNS WILKINSON, JR
C/O CORA W. FOREMAN
213 RIVER REACH DR
SWANSBORO, NC 28584

Publish FEBRUARY 28, MARCH 6, 13 AND 20, 2024

**Notice to Creditors
North Carolina,
Pamlico County**

All persons, firms and corporations having claims against the Estate of Laurie Ann Bingham, deceased, of Merritt, NC, are notified to present the same to the personal representative listed below on or before May 28, 2024, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 28th day of February, 2024.

Cindi M. Quay, Administrator of the Estate of Laurie Ann Bingham
412 Broad Street
New Bern, NC 28560

PUBLICATION DATES: 2/28/24, 3/6/24, 3/13/24, 3/20/24

**Notice to Creditors
North Carolina,
Pamlico County**

All persons, firms and corporations having claims against the Estate of Vaughn Antonio Jones, deceased, of Bayboro, NC, are notified to present the same to the personal

representative listed below on or before May 28, 2024, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 28th day of February, 2024.

Cindi M. Quay, Administrator of the Estate of Vaughn Antonio Jones
c/o Quay & Associates, P.A.
412 Broad Street
New Bern, NC 28560

PUBLICATION DATES: 2/28/24, 3/6/24, 3/13/24, 3/20/24

**NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
SALLY SIMPSON MIDYETTE
File No.: 23 E 168**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to KATHRYN M. ANDERSON, EXECUTOR on or before MAY 28, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 28TH DAY OF FEBRUARY 2024

ESTATE OF SALLY SIMPSON MIDYETTE
C/O KATHRYN M. ANDERSON
4100 FIVE OAKS DRIVE, UNIT #4
DURHAM, NC 27707

Publish FEBRUARY 28, MARCH 6, 13 AND 20, 2024

**NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
PHILIP IRA SAX
File No.: 24 E 43**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MARTY G. BECKER, EXECUTOR on or before JUNE 4, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 6TH DAY OF MARCH 2024

ESTATE OF PHILIP IRA SAX
C/O MARTY G. BECKER
5619 BROOKLYN AVE NE
SEATTLE, WA 98105

Publish MARCH 6, 13, 20 AND 27, 2024

**NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
DEWEY BARKER JONES**

Having qualified as Administrator of the Estate of Dewey Barker Jones, late of 7737 Highway 55 East, New Bern, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 7737 Highway 55 East, New Bern, North Carolina 28560, on or before the 17th day of June, 2024, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 13th day of March, 2024

Margaret B. Jones
7737 Highway 55 East
New Bern, NC 28560

Publish: March 13, 20th 27th April 3rd, 2024

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**Request for Prequalification
1st Tier Subcontractors
Pamlico County 6-12**

Metcon, as Construction Manager on behalf of the Pamlico County Schools, Pamlico County 6-12 is requesting interested subcontractors to prequalify. Prequalification forms can be requested by contacting pre-qualification@metconus.com or by contacting Tina Harris at (910) 521-8013, or 910-785-0155. The Prequalification deadline is May 16, 2024, COB.

Project Description:
The Pamlico County 6-12 School is approximately 142,043

Sq Ft. This project will include a new state-of-the-art high school facility that includes 52 core classrooms/labs to support an innovative, student-centered learning environment. This facility will also house a food service/kitchen/cafeteria, media space, gymnasiums, collaborative spaces, and office spaces. To ensure the building is highly productive for many years into the future, the design includes flexible spaces to accommodate updates for changes in technology and shifts in curricula. The program includes several dedicated CTE labs that have been designed to suit the specific needs of each curriculum.

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- Manufactured Casework
- Telescoping Bleachers
- Elevators
- Fire Suppression
- Plumbing
- HVAC
- Electrical
- Turnkey Sitework
- Ground Improvement & Dewatering
- Fence & Gates
- Landscaping

Prequalification Forms will be submitted electronically via Trade Tapp & Building Connected.

INCIDENTS

Feb. 29, Main St., Bayboro, obtain property by false pretenses
Feb. 29, Main St., Bayboro, larceny of motor vehicle, financial card theft - take/withhold/use without person's consent
Feb. 29, Pirate Cove Circle, Oriental, disturbance
March 1, Magnolia Lane, Grantsboro, simple assault
March 2, McCotter Rd., Stonewall, communicating threats
March 2, NC Hwy 306 N., Grantsboro, missing person
March 4, Farnell St., Bayboro, disturbance
March 5, NC Hwy 307, Vandemere, attempted larceny report
March 5, NC Hwy 55, Alliance, break or enter motor vehicle, larceny after breaking or entering, financial card theft - take/withhold, use without person's consent
March 6, Janiero Rd., Arapahoe, second degree trespass
March 6, Anderson Dr., Bayboro, simple possession of Schedule V controlled substance, resist/delay/obstruct officer

NOTICE OF PUBLIC HEARING
FOR
REZONING

The Town of Oriental Board of Commissioners will hold a Public Hearing on a Tuesday, April 2, 2024 at 6:00PM, or as soon thereafter as can be reached, at Town Hall, 507 Church Street, Oriental, NC 28571.

The purpose of this Public Hearing is to hear a request for rezoning a portion of parcel # J083-24, 604 Shorey Court, (recently subdivided) from R-3 (Residential- multi- family) to MU (Mixed Use).

ALSO

The Planning Board will discuss this request at their March 20, 2024 meeting, also at Town Hall, from which a recommendation will be made to the Board of Commissioners on the request.

BOTH meetings are open to the Public and interested parties are welcome to speak to both Boards.

Substantial changes in the proposed amendments may be made following the public hearing.

Diane H. Miller, Land Use Administrator

PROPERTY TRANSFERS

Feb. 28, 2.85 AC Lot 6 PCB 12-13 & PCA 67-1, Water's Edge Boat Slip 2 PCA 71-7 from Steven Marinos, Vivianne Marinos to Brian Mauro, Carol Mauro, \$50
Feb. 28, West Water Street Metes & Bounds from Gary D. Helton, Nancy Bauer Helton to Roland Dock Sawyer, III, \$538
Feb. 28, Oriental Harbor Village Marina Boat Slip 10 Dock C; CB 1/78, 1/101, 1/104, 1/135 from Gary D. Helton, Nancy Bauer Helton to Robin Gibson Sawyer, Roland Dock Sawyer, III, \$46
Feb. 28, 6.366 AC W/Riggs Rd & E/New Ditch Farm Road Alliance, PIN F04-27 from Jerald D. Bryant, Carol H. Bryant to Michael E. Spencer, Jr., \$60
Feb. 29, 3.72 AC Tract 3 PCA 71-4 from Mountains to the Coast, LLC to Maurice W. Benton, Glenda G. Benton, \$20
March 1, ¾ AC Rich St PIN: L09-16 Life Estate from Mary Ann Grady, Arey W. Grady, Jr. to Rainbow Creek, LLC, \$0
March 1, 15 AC S/S Jones Bay; Alcock Tract from Harlen Greene, Jan Greene to Pam Pak Hunting Club, LLC, \$95
March 4, ¼ AC W/S Rich/Eberson Rd, 78/100 AC SR 1209, PIN: H041-204 Quitclaim Life Estate Deed from Sharon G. Braswell, Douglas Braswell to Shaun Braswell, \$0
March 4, Parcel 1 MB 10/85 from Marion H. Holt to Buck H. Jones, Kelly C. Jones, \$180
March 4, Windward Estate Lot: 9, PCA 103-9 from Streamline Developers, LLC to Mary E. Hiatt, Jeff J. Leonard, \$778
March 4, Bay Winds Lot: 15, Section Two PCA 142-11 from Karen Iva Hampton/TR, Karen Iva Hampton RevocableTrust, Karen Iva Hampton to Thomas Robert Lehman, Tom R. Lehman, Jill Ann Hamilton, \$1,880
March 4, Pinedale Section 7; 2.05 AC MB 7/39, PIN D061-191-4 & D061-188-411; Interest from Janise D. Edwards to Janise D. Edwards, Guy L. Edwards, III, \$0
March 5, Whittaker Pointe Lot: 25 Phase Two PCA 133-18 from Charles Robert Gordon, Sharon R. Stephenson to Roger Huth, Chrystal Huth, \$300
March 6, Teachs Cove Lot: 23 MB 5/69 from Lynda E. Lowry, Frank R. Lowry to Dawn Suzanne Daniel, Thomas David Daniel, \$150

NOTICE OF PUBLIC HEARING

A Public Hearing on a Special Use Permit for a short term rental at 301 Ragan Road in the Town of Oriental will be held on Tuesday, April 2, 2024 at 6PM in the large Board Room in Town Hall, 507 Church St, Oriental, NC. The application will be available for viewing by the Public at Oriental Town Hall and online at www.TownofOriental.com.

The meeting is open to the Public.

Diane H. Miller, MPA, ICMA-CM
Manager/Clerk

Enjoy a fun day at a local aquarium



Aquariums are hard to beat as day trip destinations. Aquariums feature many different exhibits and events so there's likely something to pique the interest of every visitor.

Aquariums have been popular for a number of years. In 1853, Philip Henry Gosse and David William Mitchell, the first paid secretary of the Zoological Society of London, created the first public aquarium in the Regent's Park Zoological Gardens (now known as the London Zoo). The large glass aquarium was stocked with 200 specimens of marine animals and plants. The exhibit grew quite popular and eventually expanded, helping to pave the way for many future aquariums.

The Georgia Aquarium in Atlanta is the largest aquarium in the United States, making it one of the state's top attractions. The Vancouver Aquarium in Canada was the country's first public aquarium and is Canada's largest. While these impressive facilities attract millions of visitors each year, there are aquariums large and small across North America. Here's how to make the most of a day at the aquarium.

- Visit during off-peak hours. Aquariums do their best to accommodate crowds, but there may be wait times for entry if you turn up during peak visiting hours. Call the facility to find out when is the best time to visit. Ask if the day you're planning to go is filled with any class trips or camp groups, which can make the aquarium more crowded. You also likely can buy tickets in advance and avoid the queue.
- Leave the stroller at home. Certain aquariums prohibit the use of strollers and baby carriages because they can inhibit the flow of people. Some rent special baby carriers, or you can use your own carrier that enables you to wear baby on your body.
- Dress the kids in bright colors. Children can wander off as they race to see different exhibits. Also, some areas of the aquarium may be darkened to show off the marine animals behind the glass. It may be easier to keep tabs on kids by dressing them in bright hues or easily recognizable clothing.
- Wear comfortable shoes. A lot of walking goes into visiting an aquarium. Don comfortable walking shoes or sneakers to ensure pain-free viewing.
- Check the itinerary. Aquariums boast daily schedules that may include hands-on touch opportunities, informational presentations and animal feedings. Know which time these events begin and where they are located so you can get to them in a timely manner.
- Prepare to dine in. Be sure to factor food into your budget for a day at the aquarium. Many facilities do not permit outside food and drink as selling in-house treats is clearly a way for them to increase revenue. Prices are what you may expect at any museum, amusement park or other attraction, which means eating inside will be more costly than dining outside the building. Either eat heartily before you arrive or bring cash or card to split a meal.

A day spent at the aquarium can be an enjoyable experience with some advanced preparation.

Churches of Pamlico

Photo by: Hiram Lupton



Bethel Freewill Baptist Church - Whortonsville

Communities can work together to make prom night safer

Spring is in the air and that means high school juniors and seniors across the country are getting ready to party the night away at their respective school proms.

Even though these rites of passage are well-known as opportunities to make lasting memories, prom also is associated with several risky behaviors. Underage alcohol use is among the poor choices that teens may face on prom night. However, parents and community members can work collectively to keep promgoers happy and safe this season.

- Liquor lock down: Merchants who sell alcoholic beverages can be especially diligent around prom season to check identification and fail to sell alcohol to anyone who is underage. This includes wait staff at area restaurants. Parents and guardians can make sure their own alcohol at home is locked away so it cannot be borrowed for prom celebrations.
- Beef up police patrols. Community leaders can work with local police departments to increase patrols around schools and locations that are frequent meeting spots for teenagers following prom festivities. Law enforcement can respond quickly to parties and other concerns if they devote specialized underage drinking details for prom night.
- Keep parties age-appropriate. Parents in the community can keep prom nights safer by not serving or allowing alcohol at any party they are hosting.



- Safe after-party fun: Recreational centers, churches and other businesses can offer to host after-parties that are monitored and/or chaperoned. This enables teens to gather at safe locations and continue to celebrate in ways that are age-appropriate, without feeling the pressure to attend less trustworthy events.

- Talk about risky behaviors. Parents, teachers and community leaders can talk to teens about the potentially dangerous behaviors present on prom night. Remind teens they always can come to an adult without the risk of being punished if they find themselves in an uncomfortable situation. Parents can continue to establish trust so their kids can come to them when they need help or advice.
- Change prom timing. While "prom night" is the standard, prom dances can occur at any time of the day. Schools concerned about after-hours shenanigans can schedule their events earlier in the day when the potential for drinking or other risky behaviors may be less significant.

Community residents can work together to help make prom season safe for all students.

LAST CHANCE TO REGISTER!!



ARTIFICIAL INTELLIGENCE
in the WORKPLACE
FREE, IN-PERSON SEMINARS
Saturday, March 23rd

- 8:30-10:30: Intro to AI
 - Start with the basics of AI: what is it exactly? Is it safe? Is it free? Why do I need to learn about it?
- 10:30-12:30: Using AI tools in the Workplace
 - Learn about AI tools such as ChatGPT, Claude, CoPilot, how they are used, and how you can streamline operations and marketing, freeing up resources.



701 N Main St
Bayboro, NC 28515

Get more info and REGISTER for FREE at:
WWW.PAMLICOSBC.COM



ALL DRESSED UP
AND NO WHERE
TO GO??
Come to the Annual
Pamlico Animal Welfare
Society



DOG PARADE

SATURDAY, MARCH 30
LOU MAC PARK, ORIENTAL
(No Rain Date)

Registration 10-11:00 am
\$5.00 per dog

Parade starts at 11:00 am
Costumes Encouraged!

Prizes in many categories including Bribing a Judge
for the most money donated!

Dogs must be leashed and vaccinations up to date.
"PAWS DOGS" will be selling hot dogs and drinks.



Easter Egg Hunt
for the Dogs

GO TO www.pamlicopaws.net
Or the Pamlico Animal Welfare Society
Facebook Page

