



# Hope Clinic's largest annual fundraiser May 10-11 at River Dunes

Tickets on sale now at [www.hoperegala.com](http://www.hoperegala.com)

Friday night: award-winning BBQ hosted by Reelsboro Methodist Church, and live music by Hoff'n'Finch

Saturday night: catered dinner, live and silent auctions, \$10K Golden Raffle Drawing, music, and dancing

Vol. 56 No.17, 12 Pages

# The Pamlico News

Wednesday, April 24, 2024

Your County News Source Since 1968

[www.thepamliconews.com](http://www.thepamliconews.com) | 50 Cents

## The 57th Annual Shriners Fish Fry

by: Hiram Lupton



Last Friday was a day to eat fish for a good cause and the place to get your fish fix was the annual Shriners Fish Fry to support the Shriners Hospitals for Children. There were three area locations to pick up a delicious fish plate, and in Pamlico County it was at the intersection of NC Hwy 55 and 306 in Grantsboro. This was the 57th year for the event which epitomizes the Shriners motto, "A man never stands so tall as when he stoops to help a child."

## Triangle VFD Fire & Smoke BBQ Competition

by: Hiram Lupton



Saturday was a good day to eat some Bar-B-Que, particularly if you got some that was cooked at the 3rd annual Fire and Smoke BBQ Competition sponsored by the Triangle Volunteer Fire Department. Twelve teams from all over the eastern part of North Carolina gathered at the Hardison Tire Company parking lot, cooking whole hog BBQ Friday night into Saturday morning in hopes of being chosen by the esteemed judges as the winner. That winner was the Fired Up BBQ team from Snow Hill, NC headed up by David Murray. Proving that good sauce makes good BBQ, the Fired Up team also won the award for best sauce. After all the cooking, it was time to sell some plates for a good cause, supporting the Triangle Volunteer Fire Department. The TVFD sold 535 plates and 27 gallon bags of BBQ raising roughly \$6200. They also collected \$327 in donations. Job well done!

## Senator Sanderson Visits Pamlico County Schools

by: Hiram Lupton

North Carolina State Senator Norman Sanderson, who represents the Second Senate District of which Pamlico County is a part of, visited the Pamlico County School system last Friday morning, accompanied by the County Manager, Mr. Tim Buck. The visit began at Pamlico County High School where the Senator was greeted by School Superintendent Dr. Jeremy Johnson, Assistant Superintendent Dr. Ervin Patrick, and members of the high school administrative staff. The entourage then proceeded to the school's media center where Senator Sanderson was introduced to members of the Pamlico County School Board as well as several students chosen for their cross-sectional representation of the student body of the high school. The students each gave a biographical presentation which included what Pamlico County High School meant to them, and the members of the faculty that have had a positive influence on them personally and academically. Dr. Johnson then gave a presentation on the Pamlico County school system where he discussed the many great programs the schools have to offer students including academics, clubs, sports and extracurricular activities. He also gave an update on the status of the new school construction. Chef Keith Reese, the instructor of the PCHS Culinary Arts Program was then introduced along with six of his students who had prepared a delicious brunch. Chef Reese gave a brief overview of



(L to R), Dr Ervin Patrick, Senator Norman Sanderson, Dr. Jeremy Johnson

the program before brunch was served where the Senator had the opportunity to get to know the student presenters better. Senator Sanderson then travelled to Pamlico County Primary School where he was greeted by Assistant Superintendent Henry Rice and visited both the art class as well as the music class. Before departing, he was shown an outline of plans for Primary school expansion and grade consolidation which would eliminate Fred A. Anderson Elementary School and pull grades K through 5 into one facility. The Senator offered to provide any assistance he could in helping secure the grant that the school system has applied for to accomplish this goal. A great day of getting to know one another in a relaxed, informal atmosphere which will hopefully foster cooperation to benefit the students and faculty of the Pamlico County School System, and ultimately the community as a whole.



Senator Sanderson was treated to a concert by students at the PCPS music class.



Senator Sanderson got to speak with several students including FFA student leader Coleton Hall.



Students of the Culinary Arts Program served a delicious brunch.



## Bayboro Development Center Resource Fair

by: Hiram Lupton

A great location to get information about the services available to residents of Pamlico County was the Community Resource Fair sponsored by the Bayboro Development Reentry Center. The event was held Saturday at the Watson commercial Center in Alliance. Visitors could pick up helpful material and get information about such things as Senior Health Insurance, the Fishes and Loaves Food Distribution outreach, and available employment opportunities from NC Works. The Hope Clinic was there as well with valuable information on the services they offer and how to qualify as well as information about addiction recovery. The host of the event, the Bayboro Development Reentry Center, were there providing information and assistance to help those who are reentering society after being incarcerated. That assistance includes housing, education, employment and expungement assistance. A lot of great information all in one stop.



## Racing Legend Reggie Fountain to be honored at Reggie Day

Washington, NC...April 18, 2024

Boating industry legend and world champion boat racer Reggie Fountain will be honored for his 45+ years of civic and economic contributions in a special ceremony as the Beaufort County Commissioners officially declare April 23 as "Reggie Day" throughout the county.



In addition to the Beaufort County Commissioners, festivities will include recognition from numerous local civic and county executives. The tribute celebration begins at 11am at the Fountain Powerboat manufacturing facility in Washington, NC.

A native of North Carolina, Reginald Morton Fountain Jr. grew up in Tarboro and in his formative years, became known as an accomplished water skier, barefooter and local racing hero. As his racing career progressed, he eventually became part of the vaunted Mercury Factory Racing team where he won Formula One world championships in 1976 and 1977.

After retiring from Formula One, Reggie transitioned to start Fountain Powerboats in a used-car dealership in Washington. Over the last 45 years Fountain Powerboats has accounted for more than \$1.5 billion in sales with more than 10,000 boats on the water. Fountain Powerboats is widely acknowledged as the world's premier builder of high performance fishing and sport boats. The company has also dominated the offshore racing world with numerous world, national and speed records.

Reggie's video on YouTube 'King of Offshore' has over 1.6 million views. <https://www.youtube.com/watch?v=6yLH4mUgsAs>

For More Information or to attend/cover the Reggie Day Event:

Contact: Mike Weeks, [weeksmike@mac.com](mailto:weeksmike@mac.com)  
252-721-0470  
Copyright 2024 Loreta LTD



Gatlin Creek Community Center Benefit Car Show  
Page A6



### WEEKEND WEATHER

Saturday, April 27th **75° Hi** Partly cloudy

Sunday, April 28th **77° Hi** Mostly cloudy throughout the day



**TURNAGE**  
Construction & Trucking Co. Inc.  
2373 NC Hwy 304, Bayboro, NC 28515

**FORESTRY MULCHING**  
Line & Property Line Cutting / Acreage Cutting  
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Fax: 252-745-5240



# Pamlico Community College

## Pamlico Community College instructor interviewed about AI

By Sandy Wall



Public Radio East (PRE) reporter Ryan Shaffer, left, recently interviewed Pamlico Community College Environmental Science Technology Instructor Zac Schnell on campus for an upcoming story on the use of Artificial Intelligence (AI) in the classroom. Schnell has been an advocate for the use of AI in education and other fields. In fact, he is scheduled to make several presentations about AI at conferences across the state in the next few

weeks, including at events in Alamance, Buncombe and Randolph counties. The PRE segment is scheduled to air soon. For more information, visit the New Bern radio station's website at <https://www.publicradioeast.org/pre-news>. For more information about the college's Environmental Science Technology program, please contact Schnell at 252-249-1851, ext. 3115, or [zschnell@pamlicocc.edu](mailto:zschnell@pamlicocc.edu). Contributed photo

*Did you know there are actually two Air Force Ones?*

*When its only job is to transport one of the world's most influential leaders all over the globe, it's important that it is maintained in tip-top shape. So when Air Force One's SAM 28000 Boeing 747-200B plane is getting fixed, there's an identical plane standing by!*



**LEGAL AID**  
OF NORTH CAROLINA

Do you have property passed down without a will or with multiple heirs?

## Heir Property and Wills Clinic for Pamlico County

Learn how your degree of ownership is affected by heir property and what you can do with part ownership,



**Saturday, May 11th, 10am-1pm**  
**Pamlico Small Business Center**  
701 N. Main St., Bayboro, NC 28515

For info, email Daniel DiMaria: [DanielD2@legallaidnc.org](mailto:DanielD2@legallaidnc.org)



**REGISTER FOR FREE AT**  
**PamlicoSBC.com**



**Land/Home Sales**  
**Property Management**  
**Appraisals Development**



**Agent of the Week**

**Allen Propst**  
Owner/Broker/GRI

*Here's what one of Allen's customers had to say...*

We met Allen after much searching online and we asked him to show us the property we purchased. We had many question not being familiar with NC laws. Allen helped us through all this and through the purchase with the greatest professionalism. He proved invaluable in negotiation. We would recommend Allen Propst and his staff at Mariner Realty without reservation.

*Mike & Grace, Orienta*



**MINNESOTT BEACH** – First floor **2BR/2BA** Sea Gull Villas waterfront condo with perfect Neuse River views, private sandy beach, gazebo & swimming pool. Recently remodeled kitchen with brand new appliances. No flood insurance needed; you are 30' above sea level.  
**OFFERED AT \$ 225,000**



**PRICE REDUCED**  
**ORIENTAL** – **3BR/1.5BA** open floor plan kitchen dining area, amazing amount of cabinet space, and carport with an attached storage area. Minutes from downtown Oriental, not in a flood zone.  
**OFFERED AT \$274,500**



**MINNESOTT BEACH** – Completely renovated **3BR/2BA** 1,437 hsf, in Lake Minnesott Estates community. Open floor plan, new appliances, new HVAC unit, new flooring and more. Walking distance to golf course and country club and minutes from ferry. Not in flood zone.  
**OFFERED AT \$ 325,000**



**ORIENTAL** – First Floor **2BR/2BA** Oriental Harbor Place condo with views of Smith & Green Creeks. Handicap ramps, no steps, community swimming pool, and walking distance to downtown Oriental Village. Waterside master bedroom with walk-out covered balcony.  
**OFFERED AT \$350,000**



**ORIENTAL** – Whittaker Creek fully-bulkheaded waterfront **3BR/2BA** with dock on protected deep-water. Spacious raised deck & covered screened porch. Sun room with bookcases overlooks creek, formal dining room with brick gas-log fireplace, walk-in pantry, and office.  
**OFFERED AT \$ 549,500**



**ORIENTAL** – Wide water views from most rooms, **3BR/2BA** sail boat accessible waterfront with dock on Broad Creek in Forestshore Estates community. Sits on .99 acres, has 2-car garage-workshop & walk-up floored attic.  
**OFFERED AT \$725,000**

See all Listings & Visual Tours at  
[www.orientalncwaterfront.com](http://www.orientalncwaterfront.com)  
1-800-347-8246 • 252-249-1014  
Or contact Allen Propst  
252-671-4644

704 Broad St, PO Box 750, Oriental, NC 28571



# THIS WEEK IN HISTORY

by: Hiram Lupton

- April 24th – Today is National Administrative Professionals Day. Appreciate those who do a little bit of everything to keep an office running.
- April 25th – 1684, A patent was issued for the Thimble. Thumbs up for this invention.
- April 26th – Today is National Historic Marker Day. I had a Sharpie that I used and didn't lose for 3 years! That's historical. It is also National Hairball Awareness Day. One time I thought my cat was cracking up at a joke I told it. Turns out it was just a hairball.
- April 27th – Today is National Tell a Story Day. I never let the truth get in the way of a good story.
- April 28th – Today is National Kiss Your Mate Day. Don't forget the breath mint.
- April 29th – Today is National Zipper Day.
- April 30th – 1789, George Washington is inaugurated as the first President of The United States.

## BIRTHDAYS THIS WEEK

- April 25th – 1917, Jazz singer Ella Fitzgerald
- April 25th – 1932, Harlem Globetrotter Meadowlark Lemon (in Wilmington, NC)
- April 26th – 19??, PCHS NJROTC instructor Captain Jesse Rodriguez
- April 28th – 1758, The 5th President of The United States, James Monroe
- April 28th – 1941, Actress, singer and dancer, Ann-Margaret Olsson
- April 29th – 1951, Race car driver Ralph Dale Earnhardt (in Kannapolis, NC)
- April 29th – 1954, Actor and comedian Jerry Seinfeld
- April 29th – 1933, Willie Nelson



## Pamlico Chamber Offers Free Seminar on Disaster Preparedness



**GRANTSBORO, NC...**The Pamlico Chamber of Commerce, in cooperation with the Pamlico Small Business Center, Pamlico County Planning and Economic Development, and the Pamlico County Disaster Recovery Coalition, is hosting a free presentation, "Disaster Preparedness Planning Workshop," on Wednesday, May 7th starting at 7:30 a.m. at Brantley's Restaurant in Oriental, NC. Pamlico County native Jon Brinson from TWFG Brinson Insurance, who has over two decades of experience in the insurance industry, will expand on the three crucial stages of disaster preparedness, targeting specific issues relevant to Pamlico County. Right in time for the start of "hurricane season," Brinson will discuss long-term preparation, short-term preparation, and recovery plans. The Pamlico Chamber is offering this free seminar, in cooperation with the Pamlico Small Business Center, to all businesses and nonprofits in Pamlico County and the surrounding area; the presentation is free, while attendees pay for their own breakfast.

For more information, email Pamlico Chamber Director Debora Steenson at [pamlicochamber@gmail.com](mailto:pamlicochamber@gmail.com) or Pamlico Small Business Center Director Katie Shorter at [kshorter@pamlicocc.edu](mailto:kshorter@pamlicocc.edu).

**Concerned about your drinking?  
You are not alone, there is help available!  
Come join others who have found a Solution!  
Alcoholics Anonymous: New Bern Hotline (252) 633-3716**

### Meetings in Pamlico County:

**(If you think you may have a problem, you are welcome to attend)**  
**Tuesday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)  
**Thursday \*7:30pm\*\*** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)  
**Friday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).  
**Sunday \*7pm** - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)  
<https://aaeasternnc.org/>    <https://aanorthcarolina.org/>    <https://www.aa.org/>

### OTHER RECOVERY RESOURCES IN PAMLICO COUNTY

**Al-Anon Tuesday \*\*7pm\*\*** - Meeting at 403 Mildred Street in Oriental, NC (Green House) (Members are people, just like you, who are worried about someone with a drinking problem). <https://al-anon.org>  
**Adult Children of Alcoholics (ACOA)** Monday 6:30-8pm (Open Meeting) and Saturday 6:30-8pm (Women Only) both meetings are held at the Free Will Baptist Church, 600 Ragan Rd. in Oriental (2nd brick building on left off Hwy 55) (ACOA is concerned with the impact and after-effects of growing up in alcoholic or dysfunctional circumstances) <https://adultchildren.org/>  
**Narcotics Anonymous (NA) Wednesday 7pm** - Never Alone Group: Meeting held at Alliance United Methodist Church, 687 Main Street, Bayboro, NC (close to DSS/Senior Center) (NA is a group of peers who offers a plan for recovery and an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle) <https://na.org/>

## The Pamlico News

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The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day. The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

# COMMUNITY OBITUARIES



**Kathy Spruill Schmidt, 69**, of Oriental passed away surrounded by her family on Thursday, April 18th, 2024. Kathy dedicated much of her life to her children. Prior to being blessed with the three loves of her life, she worked in Nuclear Medicine with Craven Regional Medical Center, where she made a lasting impact with her many colleagues and patients. Once her plate was full with three small children she came home and spent the next two decades of her life devoted to their care, well-being, and happiness. Once her child-rearing days were behind her, Kathy built a respectable cleaning service, where she once again charmed the many she served with her grand sense of humor and wit. Throughout her years, she maintained her illuminating personality and won the hearts of everyone she met. Kathy is preceded in death by her parents, Walter and Faye Spruill, her beloved son, Ethan

Schmidt, and coveted granddaughter, Colbie Rae Schmidt. She leaves behind to revel in her memories and stories her husband, David; her daughter, Avery Ham and husband, Ponce; her son, Caleb Schmidt; her sister, Sandra Holton and husband, Larry; her most beloved dog, Gus, as well as her many, many friends in her community. Her most cherished loved one she leaves behind is her "butterbean", her granddaughter, Sutton Elizabeth Ham, who was the light of her world. A funeral service to honor Kathy's life will be held at 11:00 a.m., Wednesday, April 24th at Daniels-Sadler Funeral Home Chapel. The family will receive friends one hour prior to the service at the funeral home. A private graveside interment will be held for the family following the service at Paul Cemetery in Arapahoe. In lieu of flowers, the family asks that donations be made in Kathy's honor to The House of Prayer, 5884 Riverdale Drive, Jamestown, NC 27282.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance.

## PCC Cultural & Life Enrichment Program

Designed to promote personal growth and self-enrichment. This may include courses in leisure activities, non-vocational skill development, learning a new language, discovering a new talent, arts & crafts, media techniques, wellness activities and much more, as well as musical and theatrical productions. These classes are self-supporting and use the talents and skills of some of our community's gifted residents.

For more information and registration, please contact:  
Denise - 252-249-1851 x3113, [dmcdermott@pamlicocc.edu](mailto:dmcdermott@pamlicocc.edu)

### Women and Girls Empowerment Self-Defense Course

This 2-part series covers strategies for dealing with threatening situations and boundary-violations, i.e. dealing with offensive comments or behavior, interactions with angry people, street harassment/danger, and physical and sexual assaults. Participants will learn and practice setting appropriate verbal and physical boundaries and other tactics intended to reduce vulnerability to becoming a target of violence. Skills are designed to increase safety by increasing awareness and personal presence, learning to assess dangerous situations and using appropriate intervention strategies that fit the situation. This class will involve the practice of physical techniques that anyone can learn, regardless of your physical skills or abilities. Because this class builds upon skills from the previous class, attendance at the first class is required. Please wear comfortable clothes that allow you to move freely. For females ages 16+.

Instructor: Darla Bolon (Certified Self-Defense Instructor with American Women's Self-Defense Association and the National Women's Martial Arts Federation). [darlabolon@gmail.com](mailto:darlabolon@gmail.com)  
 Registration: \$25.55 (2-classes)  
 Dates: Tuesdays, April 23 & 30  
 Times: 5:30-7:30pm

### Birding Apps Exploration

Whether you are you're a seasoned birder or just starting out, this course will equip you with the knowledge and tools to make the most of modern technology. Join us to:  
 Explore the top birding apps available today and learn how to leverage their features.  
 Identify bird species with ease using advanced bird recognition technology.

Access comprehensive birding guide, maps, and species databases at your fingertips. Connect with a vibrant community of fellow bird enthusiasts and share your sightings. Discover hidden birding hotspots and plan your next birdwatching expedition. Capture bird photos and record bird songs to enhance your birding memories. Instructor: Christine Stoughton Root  
 Registration: FREE  
 Dates: Mondays , April 29 & May 6  
 Times: 9:00 – 11:00am

**Classes still to be scheduled – please put your name on the list and be first in line:**

### Observational Astronomy

Take a peek into the mysteries of the universe with an 'out of this world instructor'!  
 Instructor: Fred Read  
 Dates: TBD

Music Jams! Third & Fifth Thursdays - Free and Open to the Public - all levels of unplugged playing, singing, toe tapping... enjoyment!  
 6 p.m. PCC Delamar Auditorium Atrium

Cultural and Life Enrichment Instructors Wanted! Spread your knowledge, showcase your talents, enhance your community's experiences, spark a desire, and share a joy...

If you would enjoy sharing a talent, hobby or skill with enthusiastic students who are often of like mind and vast experiences themselves, then... Come on down to Pamlico Community College and be a part of a stress-free and fulfilling experience! Please contact us – 252.249.1851 x3113 or [dmcdermott@pamlicocc.edu](mailto:dmcdermott@pamlicocc.edu)

"If you think you are too small to be effective, you have never been in the dark with a mosquito." –

## Horoscopes



**ARIES – Mar 21/Apr 20**  
 You can get your spark back with some help from friends, Aries. You may have been struggling in one form or another, but others can provide the perspective needed.



**TAURUS – Apr 21/May 21**  
 Taurus, you are a dependable rock and that comes with a lot of responsibility. Sometimes you may feel overwhelmed, and in those instances feel free to delegate some tasks.



**GEMINI – May 22/June 21**  
 Too much joking around may strike a nerve of someone close to you, Gemini. Feel out every situation before you start communicating in such a laid back and jovial way.



**CANCER – Jun 22/Jul 22**  
 Cancer, like it or not, you have to stand by a promise or a commitment you made to someone, even if you no longer feel like doing so. Once it is finished, you can go your separate ways.



**LEO – Jul 23/Aug 23**  
 Leo, if others have underestimated you or written you off in the past, you will have an opportunity to prove them wrong this week, even if you already know the truth.



**VIRGO – Aug 24/Sept 22**  
 Your keen eye for detail has you pointing out a mistake that may have cost someone a lot of money, Virgo. Your reward could be a promotion or another commendation.



**LIBRA – Sept 23/Oct 23**  
 Making room for your needs right now is challenging as others seem to require all of the attention, Libra. You will have a chance to balance the scales soon enough.



**SCORPIO – Oct 24/Nov 22**  
 Right now you may be reluctant to commit or comment on an issue that is affecting some in your circle, Scorpio. You can get involved once you dig further and do your own research.



**SAGITTARIUS – Nov 23/Dec 21**  
 Sagittarius, when you hang out with friends, you may be tempted to spend more than is in your budget at the moment. Set a limit, and perhaps leave your credit cards at home.



**CAPRICORN – Dec 22/Jan 20**  
 Capricorn, you are ready to move forward, but others in your orbit may be holding you back. Know when to cut loose and do things according to your bigger vision.



**AQUARIUS – Jan 21/Feb 18**  
 Thinking about all of the things in your life that may not be going to plan could have you feeling down, Aquarius. Flip the perspective and start focusing on the right things.



**PISCES – Feb 19/Mar 20**  
 Pisces, you are known for being a dreamer, but right now you have to come down from the clouds and develop a solid plan of action. There will be time for fanciful ideas later.

## TAURUS Traits & Overview

Taurus, the second sign of the zodiac and the ruler of the second house, is all about reward. Unlike the Aries love of the game, the typical Taurus personality loves the rewards of the game. Think physical pleasures and material goods, for those born under this sign revel in delicious excess. This zodiac sign is also tactile, enjoying a tender, even sensual, touch.

Taurus zodiac sign adores comfort and likes being surrounded by pleasing, soothing things. Along these lines, they also favor a good meal and a fine wine. The good life in all its guises, whether it's the arts or art of their own making (yes, these folks are artistic as well), is heaven on Earth to the Taurus-born.

## FINANCIAL FOCUS

### Be careful when naming beneficiaries



Dan M. Roberts

You might not have thought much about beneficiary designations — but they can play a big role in your estate planning.

When you purchase insurance policies and open investment accounts, such as your IRA, you'll be asked to name a beneficiary, and, in some cases, more than one. This might seem easy, especially if you have a spouse and children, but if you experience a major life event, such as a divorce or a death in the family, you may need to make some changes — because beneficiary designations carry a lot of weight under the law.

In fact, these designations can supersede the instructions you may have written in your will or living trust, so everyone in your family should know who is expected to get which assets. One significant benefit of having proper beneficiary designations in place is that they may enable beneficiaries to avoid the time-consuming — and possibly expensive — probate process.

The beneficiary issue can become complex because not everyone reacts the same way to events such as divorce — some people want their ex-spouses to still receive assets while others don't. Furthermore, not all the states have the same rules about how beneficiary designations are treated after a divorce. And some financial assets are treated differently than others.

Here's the big picture: If you've named your spouse as a beneficiary of an IRA, bank or brokerage account, insurance policy, will or trust, this beneficiary designation will automatically be revoked upon divorce in about half the states. So, if you still want your ex-spouse to get these assets, you will need to name them as a non-spouse beneficiary after the divorce. But if you've named your spouse as beneficiary for a 401(k) plan or pension,

the designation will remain intact until and unless you change it, regardless of where you live.

However, in community property states, couples are generally required to split equally all assets they acquired during their marriage. When couples divorce, the community property laws require they split their assets 50/50, but only those assets they obtained while they lived in that state. If you were to stay in the same community property state throughout your marriage and divorce, the ownership issue is generally straightforward, but if you were to move to or from one of these states, it might change the joint ownership picture.

Thus far, we've only talked about beneficiary designation issues surrounding divorce. But if an ex-spouse — or any beneficiary — passes away, the assets will generally pass to a contingent beneficiary — which is why it's important that you name one at the same time you designate the primary beneficiary. Also, it may be appropriate to name a special needs trust as beneficiary for a family member who has special needs or becomes disabled. If this individual were to be the direct beneficiary, any assets passing directly into their hands could affect their eligibility for certain programs.

You may need to work with a legal professional to sort out beneficiary designation issues and the rules that apply in your state. But you may also want to do a beneficiary review with your financial advisor whenever you experience a major life event, such as a marriage, divorce or the addition of a new child. Your investments, retirement accounts and life insurance proceeds are valuable assets — and you want them to go where you intended.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*

Edward Jones

> edwardjones.com | Member SIPC



### Want to become a more tax-efficient investor?

Learn about investment strategies that could potentially lower next year's tax bill. Talk to a financial advisor today to learn how.



**Dan Roberts IV, AAMS<sup>®</sup>**  
Financial Advisor  
301 South Front Street  
Building 1, Suite A  
New Bern, NC 28560  
**252-633-5263**

FAP-19420-A-AD AECSPAD 2/16/2019



PAMLICO EVENTS  
COMMUNITY CALENDAR

### FREE Community Calendar for Pamlico County events

Share your events with the county!

[www.pamlicoevents.com](http://www.pamlicoevents.com)

**NC COOPERATIVE EXTENSION Pamlico County**

## A Stitching Good Time



Kait Neeland  
4-H Agent

We've been having a great time with our Spring Sew Much Fun Program. Sewing is one of my favorite 4-H programs. (I know I say all the 4-H Programs are my favorite. But Sewing is definitely top two 4-H Programs. Why? It's a 4-H Program I grew up doing, and I have wonderful memories of all the fun we had but sewing is also both a traditional life-skill and a creative outlet.

Why is sewing a life-skill? Being able to repair torn clothes or repair split seams allows clothes to last longer. Which doesn't speak to the ability to tailor store bought clothes to better fit, or sewing your own clothes to perfectly fit. Sewing has many benefits as a traditional life-skill.

Sewing is also a great creative outlet. Often talks about creativity, or art are in the abstract. Sewing, whether it's clothes, or household goods is both an art and a means of producing practical items. The environment we create can have a huge impact on our mental health.

While a home or learning environment that children find pleasing, can improve their ability to focus and learn, a creative outlet is a huge importance to children's mental well-being. Creating has been linked to improved cognitive, physical, social, and emotional skills. Further youth who have the time to engage in creative activities have been shown to reduce anxiety and stress.

We've been learning a lot this year. From how to tell the grain of fabric, to how to design and form a pattern, to how to finish edges of seams. When we begin learning to sew, we stick to patterns. However, once we've learned the basics, we can see that all patterns are composed of basic shapes.

Learning this allows 4-Hers to express their own creativity, and point of view by designing their own patterns and creating their own unique garments. We have really enjoyed watching all of the cool creations our 4-Hers have come up with. We're really excited to show off all the projects they've completed at our upcoming showcase.

We are also really looking forward to 4-H Sleep away camp at the end of the summer! This year we will be going to the Eastern 4-H Center. We will be heading off to camp July 28th and returning August 2nd. Camp is open to youth ages eight to fourteen as of January 1st 2024. If you are interested in camps, please give us a call. We will be happy to talk to you about all scholarship and sponsorship opportunities. Scholarships can be applied for until April 19th.

If you can't wait for summer to have some 4-H Fun Join us for some of our Spring Programs. We are also looking forward to watching our 4-Hers show their chickens at the Coastal Plains Chicken Show on May 9th! We are very excited for our Pamlico County 4-Hers and FFA Students to show off all the hard work they've done with their chickens learning how to show. We are very excited for these programs. But we are also looking forward to 4-H Summer Fun!



Registration for these programs can be found on our website. You will also need to register in 4-H online to complete your registration for any program. You can access the link on our website. If you have any questions about accessing 4-H Online or the enrollment process please give us a call and we will be happy to walk you through it. You can also sign up for our Pamlico 4-H Email list. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or [kait\\_neeland@ncsu.edu](mailto:kait_neeland@ncsu.edu), or check us out online at [pamlico.ces.ncsu.edu](http://pamlico.ces.ncsu.edu). Don't FORGET to REGISTER, spaces will fill up!!

never call you on the phone; their mode of contact is via the U.S. mail. Another scam is individuals advertising a bigger refund when you use their services. This is not how tax laws work nor is it possible to get a return larger than what is owed. Avoid anyone promising a bigger return, advises Bankrate.

4. Consider increasing health spending account contributions. Lisa Greene-Lewis, a blog editor at TurboTax, says HSAs are triple tax-advantaged, meaning you get an "above-the-line" deduction for contributing, and the growth in these accounts as well as withdrawals are tax-free if used for qualified health expenses. If you need to lower your tax burden, HSAs may be a safe and legal way to do so.

5. Utilize tax software. If you're not using an accountant and have a relatively cut-and-dry financial situation, modern tax software can be an easy and inexpensive way to do your taxes. These sophisticated programs ask a series of detailed questions and the entire process can be completed in relatively little time.

It's almost time to get income taxes in order. Certain tips can make the process go more smoothly.

### Notice of Public Hearing

Notice is hereby given that the proposed FY 2024-25 budget for the Coastal Regional Solid Waste Management Authority has been presented to the Board of Directors for consideration. A copy of the proposed budget is available for public review at the administrative offices of the Authority, located at 7400 Old US 70 West, New Bern, NC during regular office hours, or call 252-633-1564 to make arrangements to receive an email copy.

A public hearing on the proposed budget has been scheduled for May 9, 2024 at 2:00 p.m. in the Commissioners Room of the Pamlico County Courthouse Annex, Bayboro, NC at which time comments from the public on the proposed budget will be heard.

Bobby C. Darden  
Executive Director

### NOTICE OF PUBLIC HEARING

TAKE NOTICE THAT the Board of Commissioners of the Town of Alliance will conduct a public hearing on May 13, 2024, at the Town Hall located at 934 Main Street in the Town of Alliance at 7:00 p.m., or as soon thereafter as the matter may be reached, on the question of requesting that the Pamlico County Subdivision Ordinance ("Ordinance") be applicable within the Town, and that Pamlico County administer and otherwise enforce the Ordinance within the Town.

All interested parties will be given an opportunity to be heard.

This the 17th day of April, 2024.

Linda Marshall  
Town Clerk

### NOTICE OF SOLICITATION OF BIDS PAMLICO SENIOR SERVICES NUTRITION PROGRAM FOR OLDER ADULTS

Sealed bids will be received by the Pamlico Department of Senior Services at the Senior Center 800 Main Street, Alliance NC until 3:00pm, Wednesday, May 15th, 2024.

Bids will be opened immediately, thereafter for providing meals for the Congregate and Home Delivered Meals programs for the period beginning July 1, 2024, through June 30, 2026.

Bids must be enclosed in a sealed envelope addressed to Violet Ollison, Director and Michelle Boomer at the Pamlico Senior Services Center, P O Box 184, Alliance NC 28509. The project will consist of preparing 80 meals a day, 250 deals a year. Meals must assure a minimum of one-third of the daily recommended dietary allowances for persons 60 years of age or older. Caterer must have a Grade A Sanitation Rating at the time of submitting the bid and maintain it during the project years.

A copy of the bid specifications may be obtained from the Office of the Director of Pamlico Seniors, 800 Main Street, Alliance NC.

For additional information, contact Violet Ollison or Michelle Boomer at 252-745-7196.

The County of Pamlico reserves the right to reject any or all bids. Small, minority and women's businesses are encouraged to submit proposals. The County of Pamlico is an Equal Opportunity and Affirmative Action Employer.

### Fellowship Dinner at Stonewall Methodist Church

To celebrate the beginning of Homecoming Month of May when Stonewall Methodist Church celebrates their 230th year as a congregation on Thursday, April 25 at 6:30 pm there will be a Fellowship Birthday Calendar Covered Dish Dinner of salads and desserts. There will be a special table for each birthday month.

## 5 tax prep tips

Tax season isn't something most people look forward to, particularly if they suspect they owe money. However, a few tax prep tips can make the process of filing a return and, if necessary, paying back taxes as pain-free as possible.

1. Call your tax preparer early. If you use an accountant or another tax preparer, be sure to book the appointment as soon as possible because slots fill up quickly. You don't want to wait until the last minute and find there are no remaining appointments.

2. Establish a tax preparation folder. Beginning in January, certain documents will arrive in the mail that will be needed to file your taxes. Documents include earnings statements, banking interest statements and documents indicating investment profits. When items arrive, stash them in your tax folder so you'll have all necessary paperwork at the ready.

3. Avoid tax scams. As tax season draws near, tax scammers target unsuspecting individuals. You may find that you receive calls or texts from those purporting to be with the Internal Revenue Service. However, financial experts say that the IRS or the U.S. Treasury will

SPORTS

# Hurricane Athletes Running Toward Finish Line

by: Hiram Lupton

The high school track and field season is beginning to wind down and the running, jumping and throwing Hurricanes of Pamlico County High School only have a few more meets left on the schedule. These meets are not just an opportunity to compete against other athletes and fine tune techniques, but also an opportunity to lower personal best marks and meet the minimum time/distance/height requirements to get automatic qualification to compete in the NCHSAA State Championships. Another thing athletes are working on is timing, and I am not referring to the ones they get on the track. If an athlete is competing in both a field and track event simultaneously, they often have to “check out” of one event, and “check in” to another. Practicing this, as well as maintaining concentration on announcements is essential when competing in multiple events. Last week Pamlico hosted 4 other schools in a meet on Tuesday which gave some great opportunities to accomplish all of these goals. Thursday, they hosted Lejeune, which gave both schools a chance to better times and see how they stack up against one another conference wise. The Lady Hurricanes were dominant on Tuesday, easily besting the other 4 teams, out pointing 2nd place East Carteret by a whopping 143 points, earning 5 individual 1st places plus 4 relay golds. The men’s results have not been posted. As far as achieving the marks required for automatic qualification, The running Lady ‘Canes already have 6 individual athletes qualified as well as the 4X200 relay team. Several other athletes are very close and may receive qualifying times in the next two weeks. The Coastal Plains Conference Championships are currently scheduled for May 1 at Pamlico, with the eastern regionals set for the second weekend in May with the location to be announced. As always, the NCHSAA State Championships will be held at North Carolina A & T University on May 18.



Long Jumper Shaiera Jones



Naomi Hill hands the baton to Nya Clark in the 4X200 relay



High Jumper Koby Lane



Xavier Powell in the 400-meter run



Distance runner Chase Bennett

# Hurricane Baseball Pamlico & Northside Split Two

by: Hiram Lupton

In what has become quite the rivalry, Pamlico squared off twice last week with Northside-Pinetown in a Coastal Plains Conference home and home series. Pamlico hosted on Tuesday and Northside got off to a great start, scoring 3 runs in the top of the first. Despite this shaky start, Hurricane hurler Ross McLamb got it together and was lights out the rest of the way, keeping the Panthers off the board while striking out 9. The Pamlico offense slowly began working its way back into the game, scoring 1 in the third, 2 in the fourth, and finally taking the lead when Mason Stroud singled home Jake Whitley with the go ahead run in the fifth. McLamb needed no help finishing out the game for a 4-3 Hurricane win.

On Friday, the teams switched locations, this time battling at the Panthers lair in Pinetown. Pamlico scored first, plating a run in the third and held the lead until the Panthers scratched out 3 runs in the fourth. Pamlico tied it with a pair of runs in the sixth, but Northside answered back with a run in their half of the inning and then held on for a 4-3 win, the identical score Pamlico won with on Tuesday. Jake Whitley had 3 hits, including a double, for the Hurricanes and drove in two of Pamlico’s runs.



Ross McLamb



Jake Whitley slides home with what proved to be the winning run on Tuesday.

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~ Jan Parson ~  
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July 5<sup>th</sup> & 6<sup>th</sup> 2024

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*Croaker Festival Parade Theme!*

Parade Entries can sign up as late as Wed. June 28th at Noon.  
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(or stop by Village Hardware to fill out the form)

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SPORTS

# Pamlico Ladies9 Hurricanes Split Home and Away

by: Hiram Lupton

The Pamlico County High School softball squad only had a pair of games on the schedule last week, a home and home against conference foe Northside-Pinetown. Tuesday's game was at home for the 'Canes and they set the tone early. Pitcher Layla Prescott and the Pamlico defense set the Panthers down 1-2-3 in the top of the first. In the home half of the first, the second batter up, Peyton Robinson cracked a solo homerun over the left-centerfield fence to give the Hurricanes a 1-0 lead. It was only the first inning and it was only one run, but it quickly established Pamlico's intention to defend their home field. They added 2 more runs in the second, and 3 in the third to take a commanding 6-0 lead. Northside did add a pair of runs in the sixth, but Pamlico got one of them right back in their half of the inning. The Panthers went down in the top of the seventh earning Pamlico the 7-2 win. Prescott went the distance in the circle, striking out 7 to pick up the win. Robinson led the way for the 'Canes, collecting 3 hits including the first inning homerun. Prescott helped herself out with a pair of hits, scoring twice and driving in 2.



Peyton Robinson smashes an over the fence Homerun and then celebrates at Homeplate with her teammates

On Friday, the Panthers were looking for some payback as they played host to the Hurricanes. Pamlico notched a run in the third and Northside answered back with one of their own, and added 2 more in the fourth. The Pamlico offense could never get on track, managing only one hit on the evening. The Hurricanes had an uncharacteristically shaky defense, committing 6 errors in the game, which would be their ultimate undoing in the 4-1 loss.

Pamlico gets back to a busy schedule with 3 games this week. They are on the road Tuesday (23rd) at Southside, and again Wednesday (24th) at Jones Senior. They finish out the week at home on Friday (26th) against Southside.

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"By far, the greatest danger of Artificial Intelligence is that people conclude too early that they understand it." —Eliezer Yudkowsky

# Gatlin Creek Community Center Benefit Car Show

by: Hiram Lupton

If you have an event that was a big success, you have a repeat performance. The 2nd annual Gatlin Creek Community Center Benefit Car Show held Saturday at Pamlico Community College proved to be just as good the second time around. Early morning showers in the area dampened registrations a bit, but as the weather cleared and the sun came out, late arrivals pushed the total number of cars, trucks and motorcycles entered to about 70. Foreign and domestic, classics and modern, there was something for everyone. While the early rain may have slightly decreased the quantity of vehicles from the inaugural event held last year, it certainly didn't decrease the quality.



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Saturday, May 4th, 7pm  
Sunday, May 5th, 3pm  
ACS Cafeteria

A portion of our proceeds will be donated to BCRF (Breast Cancer Research Foundation) in memory of Grease star, British/Australian actress and singer Olivia Newton-John who died of breast cancer at age 73 on August 8, 2022.

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***Instructor Allyson Woolard and the college have developed a convenient slate of web-based standalone courses and short-term online programs to prepare people for in-demand jobs! Many of these jobs can be done at home! Classes begin soon, and financial aid is available!***

\* **Medical Terminology**, which is set for April 29 to Aug. 16. Students who complete this course then can take **Medical Billing**, which will take place Aug. 19 to Dec. 13, and then **Medical Coding**, which is scheduled for Jan. 6, 2025, to April 25, 2025.

\* **Dental Terminology**, which is set for May 15 to Aug. 19. Students who complete this course then can take **Dental Billing and Coding**, which is scheduled for Aug. 26 to Dec. 13.

\* **Electronic Health Records**, a standalone course set for May 20 to Aug. 9.

\* **Medical Administrative Assistant**, a standalone course set for June 3 to Sept. 20.

\* **Anatomy and Physiology for Medical Coding**, a standalone course scheduled for Sept. 9 to Nov. 15.

\* **Medical Auditing**, a standalone course scheduled to run Sept. 16 thru Jan. 17, 2025.

\* **Medical Legal Issues**, a standalone course scheduled to run Sept. 23 to Dec. 13.

\* **Medical Office Procedures**, a standalone course that will be offered Jan. 6, 2025, thru April 25, 2025.

***For more information or to register for any of these great courses, please call 252-249-1851, ext. 3015, today!***



# Health & Wellness

## Warning signs of mouth cancer



Mouth cancer, also referred to as oral cancer, is an oft-overlooked form of the disease. Though mouth cancer is not as prevalent as other forms of the disease, a 2015 study published in the International Journal of Clinical and Experimental Pathology noted it is the sixth most common cancer worldwide, perhaps making this form of the disease worthy of additional attention from the general public.

The Memorial Sloan Kettering Cancer Center notes mouth cancer is most closely linked to tobacco and alcohol use. However, even non-smokers and individuals who do not drink can develop mouth cancer. The MSKCC reports that mouth cancer is typically diagnosed after a dentist notices symptoms during routine exams, which is one of many reasons to schedule dental exams and cleanings at least twice per year. In addition to making dental exams part of their regular health care routine, individuals can keep an eye out for these warning signs of mouth cancer.

- **Mouth ulcers that are not healing:** The MSKCC notes this is a common symptom that is present in most people with mouth cancer. This is marked by a broken area of skin that will not heal.

- **Pain in the mouth:** The MSKCC notes that persistent pain in the mouth that does not subside is another common symptom of mouth cancer.

- **White or red patches in the mouth or throat:** This symptom might be hard for individuals to spot, particularly if the patches are in the throat. The MSKCC notes that a fungal infection known as oral thrush can cause red patches (erythroplakia) and white patches (leukoplakia) as well. Though the presence of these patches are not evidence of cancer, they can lead to cancer if left untreated.

- **Difficulty swallowing:** A burning sensation when chewing or swallowing food may be indicative of mouth cancer. The MSKCC notes that some people with mouth cancer feel as though food is sticking in their throat. Some people also cough or feel as though liquid is entering their windpipe. Difficulty swallowing and chewing compels some people to eat less, which is why unexplained weight loss is another warning sign for mouth cancer.

- **Speech problems:** Changes to one's voice is another potential warning sign of mouth cancer. A voice may sound quieter or husky, and some people's voices may sound as if they have a cold all the time. The MSKCC notes that some people slur words or experience difficulty pronouncing certain sounds when they have developed mouth cancer.

- **A lump in the neck:** Swelling in one or more lymph nodes in the neck is a common symptom of mouth cancer, and people with this sign may feel as though they have a lump in their neck. If a lump in the neck is slowly growing bigger, that is a warning sign for mouth cancer. Lumps that come and go are not typically a byproduct of cancer, according to the MSKCC.

- **Additional warning signs:** A lump or thickening in the lip, a lump in the mouth or throat, unusual bleeding or numbness in the mouth, loose teeth with no apparent reason, and difficulty moving the jaw are some additional warning signs of mouth cancer.

Mouth cancer is not as common as other forms of the disease, but it can still be deadly if left untreated. More information is available at [mskcc.org](http://mskcc.org).



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# COASTAL LIVING

## North Carolina Plein Air Art Festival in historic New Bern – Beaufort - Oriental

News provided by EIN Presswire Mar 13, 2024, 12:51 PM ET



Daily scheduled demonstration to interact with artists. – NC Plein Air Art Festival in New Bern Photography by Robbin Haigler

The 4th Annual North Carolina Plein Air Art Festival in historic New Bern begins Sunday, May 12, and continues through Sunday, May 19.

**Plein air is a popular form of art and recreational activity... Artists are interested in capturing the essence of a particular place and time and celebrating the world's beauty.**  
 – Kippy Hammond

NEW BERN, NORTH CAROLINA, UNITED STATES, March 13, 2024 /EINPresswire.com/ -- The 4th Annual North Carolina Plein Air Art Festival in historic New Bern begins Sunday, May 12, and continues through Sunday, May 19. The eight-day Festival showcases 35 nationally and globally acclaimed plein air artists, including 20 newly juried painters, joining 15 award winners and top performers from 2023's Festival.

"The term 'plein air' is French and means 'open air,'" said Kippy Hammond, Festival organizer. "Plein air painting can be traced back to Impressionist artists such as Monet, Renoir, and Degas – painting outdoors and capturing fleeting moments of light, color, atmosphere, and the mood of a scene, rather than detailed representations."

Painting venues include historic New Bern, the first state capital and second-oldest European-American town in North Carolina; Beaufort, the home of the North Carolina Maritime Museum; and Oriental, the sailing capital of North Carolina. In addition, artists will choose more sites and landscapes in Craven, Carteret, and Pamlico Counties.

According to Hammond, artists will create approximately 400 paintings featuring local scenes, subjects, and vistas, in a friendly competition to win the Best of Show Koffenberger Award, plus other prominent awards and recognition.

Festival attendees will have numerous opportunities to meet and talk with the artists, including using a real-time cell phone app showing the locations of featured painters each day. In addition, youth and adult amateur artists can meet with the pros and compete for ribbons and cash awards in the annual Quick Paint competition.

Festival headquarters, including demonstrations, workshops, art displays, and sales, will be based in historic New Bern's Farmers Market, less than two blocks from Tryon Palace. In addition, pop-up exhibits and art sales will happen in Beaufort and Oriental, with location details, dates, and times on the NC Plein Air website. All activities are free except the workshops, Saturday's awards celebration, and a modest fee for artists to enter the Quick Paint competition (no charge for spectators).

Workshops include award-winning plein air artists Shanna Kunz of Utah, signature member of Oil Painters of America, American Impressionist Society and American Tonalist Society, and James Richards of Georgia, regarded as one of the top oil painters in the nation. Both are renowned American Impressionist painters and in-demand instructors conducting workshops across the United States and Europe.

"Plein air is a popular form of art and recreational activity influenced by the rise in global tourism," said Hammond. "Artists are interested in capturing the essence of a particular place and time and celebrating the world's beauty. Plein air painters typically work in oils, watercolors, or pastels."

NC Plein Air Art Festival is owned and operated by Plein Air New Bern, a 501(c)3 nonprofit organization expanding opportunities for individuals to Be a Part of Art in their communities. Artists commit a portion of all Festival art sales to support the mission of Plein Air New Bern.

### How businesses can express appreciation for employees

Without the dedication and hard work of employees, businesses large and small would not be successful. Recognizing that it takes a team of professionals to help their companies function optimally, business owners can show appreciation to the staff in various ways. This is beneficial to the employees themselves, but also to the company as a whole. Employees who feel valued may be less likely to leave their jobs and be more fully engaged and productive. This results in reduced downtime and removes the need for employers to interview and train.

Employers who want to offer more than verbal appreciation to employees can explore these ideas.

- Maintain a positive tone. There are always problems to be solved in business. Rather than focusing on what went wrong or what could be fixed, lead conversations with recent wins or steps in the right direction. An overall positive tone can make a difference in employee satisfaction.

- Express interest in employees. Make time to sit personally with each employee over coffee or lunch. Ask genuine questions about their personal lives and show interest. That helps employees feel heard and indicates that managers have a vested interest in their well-being.

- Offer non-monetary perks. Many employers show their appreciation through raises or monetary gifts but the funds may not be there in tight economic times. That doesn't mean there aren't other perks to explore. For example, reward work done well or special company milestones with a reserved parking spot close to the door, an extra paid day off of work of the employee's choosing, or early dismissal.

- Host TGIF gatherings. Make Fridays a chance to have a little fun and gather together. Use this informal time to address employee accomplishments, and encourage employees to say something of value to their coworkers.

- Highlight workers on social media. Social media is a significant part of modern business operations. Companies can create a Wall of Fame page that puts a weekly spotlight on a different employee who is contributing in his or her own way to the operations. Not only does this improve the morale of the team, it provides the public with a glimpse into the positive working environment of the company.

- Cater meals when possible. Employers recognize the key seasons of the year that are crunch times for their particular businesses. Employees may have to work harder or put in longer hours during this time. Set aside one day a week to have lunch or dinner catered for the team.

- Host company events. Spending time away from the office or the job site can provide the break employees need. Company retreats or special family days help give back to the team in an enjoyable way.

Employee appreciation is something business owners and managers can focus on to keep employees in good spirits and maintain high morale.

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Pamlico Partnership for Children and Pamlico System of Care Collaborative Present

# FREE FAMILY FUN DAY!

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*Rain Date, May 19th*

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# AROUND THE COUNTY

## Vandemere Sandra Snipes, *Correspondent*



Thank you so much to Team Vandemere for showing up in great force to clean up the Waterfront Park on Saturday, May 20th. The initiative, morale, and energy were through the roof, and what we accomplished together was phenomenal!

The Vandemere Event Planners are happy to announce their Star Wars Day Hot Dog Social / Fundraiser for the 4th Annual Squidder Festival. The Hot Dog Social will be May 4, 2024; 11 AM to 1 PM; Squidders Bait and Tackle, 1370 Pennsylvania Avenue, Vandemere, NC 28587. Wear your Star Wars stuff and come by to enjoy a hotdog, or two, for donation and good company; and, "May the 4th be with You!"

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## Whortonsville Reba Tiller, *Correspondent*



Here we go again, a Sunday rainout and appears that it will go on for a couple of days. The flowers are blooming and Sylvia Nickerson will get the yard of the month. I will get the weeds of the month! Ten at church today. One visitor Laura Winters. Eleven had lunch with me today and it was the first time to see Kevin Bryan since his boat sunk coming back from the islands. He is like a son to me, so I was so thankful the three on the boat were okay. Kevin and Suzi's son Eric was here and also had lunch with us. Haven't seen him since he got married a few weeks ago. The old story about the fox and the hen happened in our neighborhood last week. The fox came into Russ's yard and killed the mother hen who had three baby chicks. The chicks hid in the bushes so Russ is keeping them in the coup and letting the rooster stay on his back porch. Last night the rooster started screeching, Russ got out of bed and there were

two foxes in the yard. They are not only around our homes at night, they are coming into our yards in the daytime, and I have always heard if they are out during the daytime they could have rabies. Saw one of my friends at the grocery store last week that I had not seen for a long time. Are you surprised as I am when you go for groceries they have gone up in price since the week before? And this is happening every week, so if you voted for Biden the last time I hope you will rethink on it before voting for him again. This week was my grandson's 18th birthday and he had several days of celebrating. I made a birthday cake for him and the lunch bunch helped him eat it today. Alex Adams is doing well with his oyster business and I can vouch for how delicious they are. My son Ken needs our prayers as he goes through more testing and chemo this coming week.

Thought for the week—Speak when you are angry and you will make the best speech you will ever regret.

## Aurora Joy McCracken, *Correspondent*



I finally found a recipe, thanks to Katy Griffin Warren from Belhaven, for those wonderful stewed potatoes you get with BBQ plates: "Hacked potatoes (doesn't have to be pretty). Put in boiling pot of water that has been seasoned with salt, pepper, seasoning salt, sliced onions, raw bacon, cider vinegar, chicken bouillon, canned tomatoes, ketchup, tomato sauce, red pepper flakes, and a dash of sugar. Cook 'til taters are tender, bacon is breaking apart, and onions are translucent and tender. Amazing."

There is a mother Wren in the See Rock City birdhouse. The Thrasher pair regularly visit the table feeder and the male sings in the front yard. I'm wondering if they have intimidated the Mockingbirds who have been absent for weeks. The super abundance of songbirds at dawn continues to cheer me. In order of waking up: Chipping Sparrows, Yellow-throated Warbler, Titmouse, Bluebird, Cardinal and Wren. The Swallows are definitely back zooming around the boat house building their nest. There are still some ducks on the creek. A Robin has been singing in the side yard.

I've a Tree Frog on the front porch. Didn't have any last year. The Anoles are plentiful crawling all over the deck. Saw my first Dragonfly the other day.

April is my favorite month. All the deciduous trees are out including the Pecans. I get so used to being in the pines that when I go out and see the leafy trees (a good stretch on Walker Road) I can imagine I'm in the mountains.

Boat traffic has picked up a lot. I saw for the first time ever 4 jet skis together on the creek.

There's a new food truck visiting Aurora, Mex-Cal, on Monday, Wednesday, Thursday and Saturday from 10-5pm. You can find them at the picnic area at the town sign.



My Photo of the Week is of Anneke the Cat singing "I'm a squirrel watcher, I'm a squirrel watcher, watching squirrels go by. My, my, my."

## Pamlico Betty Jo Rodgers, *Correspondent*



A dear friend and former bus driver Dallas Quidley, Jr. died on Saturday morning. I have known Dallas ever since I was a child living in Pamlico. I was blessed to attend his 95th birthday party and last year, I was privileged to officiate the celebration of life service for his wife of 73 years, Mrs. Sadie Pittman Quidley. Dallas wrote a book, "The Lightkeepers Son" and I am privileged to have a first edition signed copy.

Dallas was very active with researching family genealogies and has gifted most of his work to the Heritage Center in Grantsboro. Dallas will be missed by his family and friends.

Stonewall Methodist Church is celebrating 230 years in 2024 and as part of the celebration, they are having a special "birthday" dinner on April 25th at 6:30 pm. People will sit at a table with others who were born in the same month and after the meal, each table will share a small part of this wonderful churches' history.

I had surgery on my little toe this week, and it hurt more than I expected. It has kept me off of my feet most of this week. I did get a visit from Charles and Ann Stackhouse from Pamlico as they stopped by after Charles had helped the Rotary Club take down all the tents that they had put up for the Boat Show last weekend. I found out that Ann Stackhouse also had surgery since I had last seen her. Please keep Ann, Roy and me in your prayers this week. I also spoke with Joann at the Oriental Village Health and Fitness Club when we both went in for Physical Therapy.

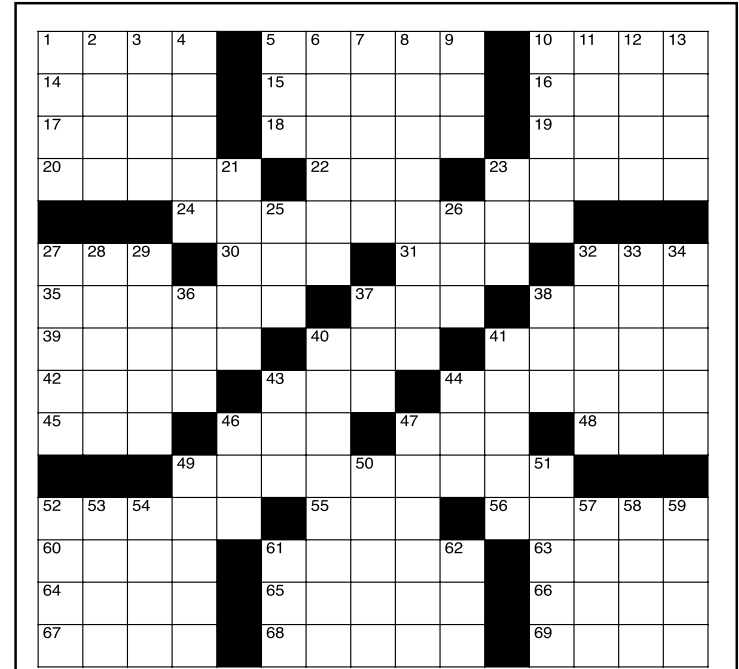
Friends from church have been driving me to appointments and running errands for me. I am blessed to live in such a wonderful community of believers.

Celebrating birthdays in April are Serenity Henries (4/24), Justin Rodgers (4/28), Amy Smith (4/29) and Cynthia Delamar (4/30).

Celebrating his birthday in May is Roy Rodgers who will be 80 on May 1, 2024. We will celebrate his birthday on the Saturday before so our daughter Joannis can be here.

Have a blessed week. Overwhelmed? Take Spiritual Vitamin O. "Be not overcome of evil, but overcome evil with good." (Romans 12:21)

## CROSSWORD

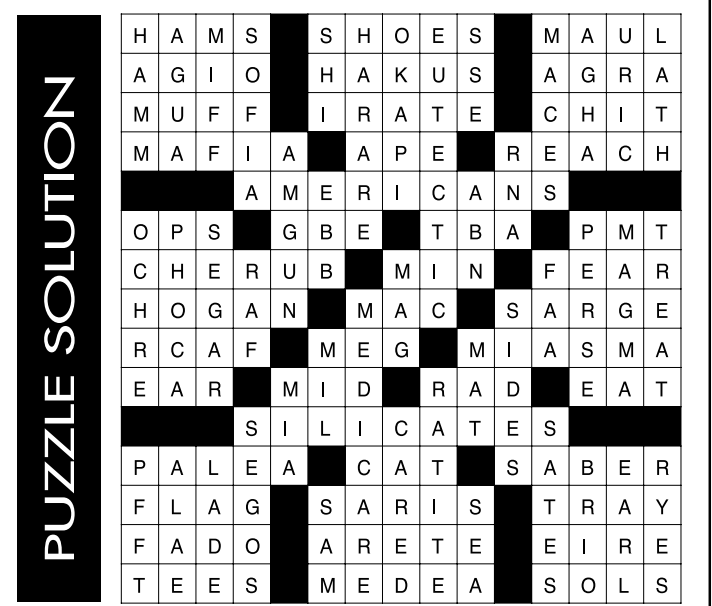


### CLUES ACROSS

- 1. Excessively theatrical actors
- 5. Footwear
- 10. A way to disfigure
- 14. Exchange rate
- 15. Hawaiian wreaths
- 16. North-central Indian city
- 17. Bungle
- 18. Extremely angry
- 19. A short note of what's owed
- 20. Criminal organization
- 22. Mimic
- 23. Try to grab
- 24. U.S.-born individuals
- 27. Some are covert
- 30. Order of the British Empire
- 31. Don't know when yet
- 32. Payment (abbr.)
- 35. Winged angelic being
- 37. Variety of Chinese
- 38. A way to be anxious
- 39. Famed wrestler Hulk
- 40. Partner to cheese
- 41. Slang for sergeant
- 42. Canadian flyers
- 43. Actress Ryan
- 44. Highly unpleasant vapor
- 45. Body part
- 46. Halfway
- 47. Cool!
- 48. Consume
- 49. Salts
- 52. Upper bract of a floret of grass
- 55. Housepet
- 56. Cavalry-sword
- 60. Symbol of a nation
- 61. Frocks
- 63. Used to carry food
- 64. Portuguese folk song
- 65. Sharp mountain ridge
- 66. Ireland
- 67. Where golfers begin
- 68. Greek mythological sorceress
- 69. Fluid suspensions

### CLUES DOWN

- 1. "Mad Men" leading man
- 2. Water (Spanish)
- 3. Annoy
- 4. Bulgarian capital
- 5. Japanese title
- 6. Capital of Zimbabwe
- 7. Giraffe
- 8. A mixture of substances
- 9. Midway between south and southeast
- 10. Staffs
- 11. Turkish title
- 12. Type of acid
- 13. Thin, flat strip of wood
- 21. Russian river
- 23. Ribonucleic acid
- 25. Partner to flow
- 26. Airborne (abbr.)
- 27. Earthy pigment
- 28. Genus of earless seals
- 29. "Key to the Highway" bluesman
- 32. By or in itself
- 33. Hot fluid below the earth's surface
- 34. Partner to trick
- 36. British Air Aces
- 37. Ammunition
- 38. Supervises flying
- 40. Health care for the aged
- 41. Flanks
- 43. Millimeters
- 44. Where wrestlers perform
- 46. Not around
- 47. Flightless bird
- 49. Bell-shaped flowers of the lily family
- 50. Expressed concern for
- 51. Satisfies
- 52. Flew off!
- 53. Wings
- 54. Load a ship
- 57. Vigor
- 58. British title
- 59. Whiskeys
- 61. \_\_\_ Adams: founding father
- 62. Body of water



## New Leadership at The Old Theater

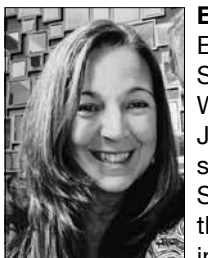
By Mary Frances Taylor

There has been a lot of action at The Old Theater lately, not only having a robust schedule of live performances, but also welcoming newly selected board members to the group. The Board of Directors are non-paid volunteers who manage the theater in support of its mission to provide a venue for performing arts, entertainment, and cultural events for the town of Oriental and for all of Pamlico County. New board members have impressive backgrounds and are now functioning in their new positions.



### Per Erichsen, **President of The Old Theater**

Per is originally from Norway but made his home in Philadelphia, PA. He joined the Peace Corp in West Africa and worked with the World Health Organization in the Democratic Republic of the Congo. Afterward, he practiced law for 25 years. Per and his wife Mariane have lived in Oriental for 10 years. He served as President of the Pamlico Arts Council and Vice President of the NC History Theater. His association with The Old Theater includes acting with the Pelican Players and Oriental Repertory Company and he currently performs with the Rivertowne Players, the NC History Theater, and New Bern Civic Theater. Per hopes to facilitate more live play performances in the coming years.



### Eileen Daniel, **Membership/Volunteer Manager**

Eileen was born in LA and raised in Jeddah, Saudi Arabia. Her main residence is currently Washington Crossing, PA. She and her husband Jim left the New England area to purchase a sailboat and sail down the California coast to the Sea of Cortez. The need for boat repairs brought them to Minnesott Beach and a second home in Oriental. After a career in BioPharma running global clinical trials, she is currently on an "endless sequential years of sabbatical." They love their home in Oriental and desire to be a part of the community. The work involved with Old Theater membership and volunteers can be managed remotely during the months they take a Northern tack.



### Capt. Bob Barnett, **Events Coordinator**

Bob is a musician with Sticks and Strings and lives in Oriental. He was raised in Fairmont, MN, where he played guitar through high school and went on to play with Joe Shultz and the Journeymen. Capt. Bob formed the band Silverado and played across Europe, winning two World-Wide Battle of Bands contests, and receiving a Grammy. Recently, Capt. Bob has reunited with an old friend Orv Buttrey to form the duo Sticks and Strings and they now live in Oriental and play the local circuit. Capt. Bob will plan and coordinate external events at The Old Theater.



### Sheri Lee (Shay) Pierce, **Graphic Arts & Marketing**

Shay is an herbalist, gardener, Internet nerd, natural skincare maker, and former micro-farmer. She moved to Oriental from Massachusetts with her husband Hawkeye (any MASH fans?) three years ago. They took a YouTube sailor's advice to "get off the farm and go sailing." Together, they decided to pursue their dream of living close to the water and owning a sailboat. Shay owns a new herbal skincare business, Salt Habit Skincare, that specializes in all natural products for sailors which are environmentally responsible. She will use her experience marketing her own products for the job of Graphic Arts & Marketing for the theater. You will see her graphic designs on posters, in programs, on Facebook and the OT website.

The role of a board member is vital to the success of The Old Theater, as they provide leadership, direction, and oversight through support, development and review of policies and goals for the theater. There are a few positions still vacant that need to be filled: 1) Facilities Manager who oversees the maintenance of the building and changes the marquee every week, 2) Sponsorship Manager who pursues several fundraising opportunities such as securing sponsors to finance a season of events and advertisers for the programs and playbills, and 3) Publicity Manager who works with a variety of media to advertise upcoming events including newspapers, magazines, social media, radio/TV, and online community calendars. To learn more, or to nominate a candidate, visit [www.oldtheater.org](http://www.oldtheater.org) or email [vp@oldtheater.org](mailto:vp@oldtheater.org).

# Churches of Pamlico

Photo by: Hiram Lupton



Pierce Chapel A. M. E. Zion Church - Oriental

# PAMLICO COUNTY PRIMARY SCHOOL

SHOW YOUR SUPPORT FOR AUTISM AWARENESS



The EC adaptive class and their inclusion buddies are SPREADING THE WORD about Autism and disabilities. They are selling Autism bracelets for Autism Awareness month. We have sold 176 bracelets so far! The money will be used to send our EC adaptive students on a field trip.

Bracelets are \$1 and can be purchased by coming to the Main Office on Thursday or Friday from 2-2:30.

HOW TALL AM I?



Kindergarten students have been learning about nonstandard measurement. For this activity, students worked in pairs to trace each other and measured their height, and length of arms and legs, using various object found in the classroom.



Brrrrrr! Ice Harvest!

Mrs Turners kindergarten WIN group read the Geode titled, Ice Harvest. Students then participated in a readers theatre activity where they acted out the steps to harvest, preserve, and deliver ice to peoples homes for use in their refrigerator ice boxes. This Geodes module is based on America, then and now and focuses on the changes in peoples homelife.

## You're Invited!

### PREK & KINDERGARTEN REGISTRATION COOKOUT!

# APRIL 30 5-7 PM

**PreK Registration:**

- Child must be 4 years old on/before August 31, 2024
- Birth Certificate
- Proof of Residence
- Proof of Income (can be pay stub, W2, etc.)
- Completed application

**For Kindergarten Registration:**

- Child must be 5 years old on / before August 31, 2024
- Birth Certificate
- Proof of Residence
- Completed enrollment packet
- Copy of most recent health assessment

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**\$149.99**  
Greenwich Rocking Chair  
with side table.  
8081111, 8081112

**\$39.99 each**  
HTH® 3' Chlorine Table Advanced, 5 LB.  
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**\$39.99 each**  
Living Accents® 9' Market Umbrella  
Assorted colors. Steel frame, crank tilt, polyester fabric.  
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9' Solar LED Umbrella, 8462418, 8462392, 8462384, 8462434. SALE \$69.99 each.

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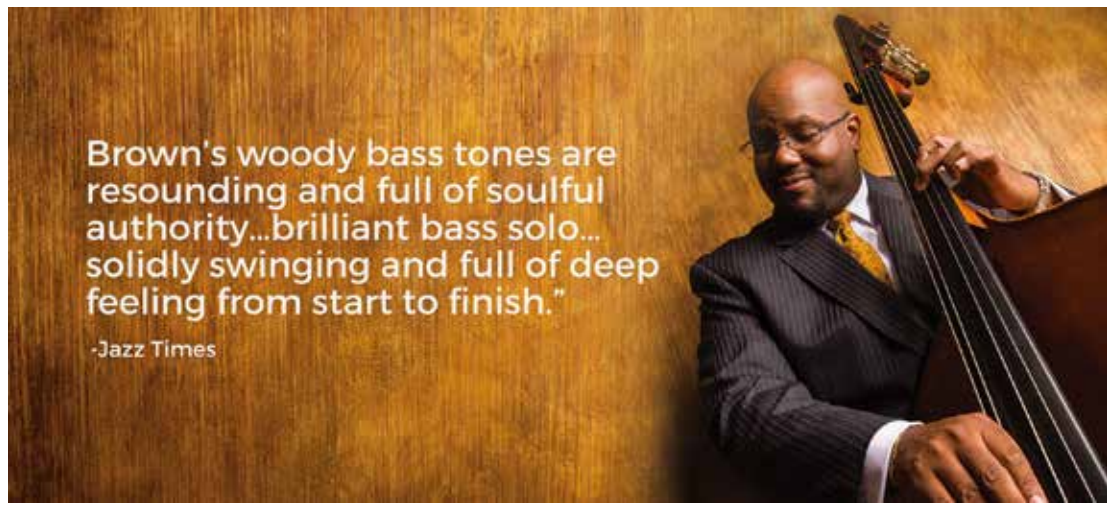
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# ART

## Gospel, Blues & Rockin' BBQ Concert by Pamlico Arts Council



Pamlico Arts Council is thrilled to announce an electrifying evening of soul-stirring melodies at their upcoming FREE concert on Saturday, April 27th. This concert spotlights the evolution of American music from its beginnings in Gospel music up to Blues and Rock n' Roll. Set to take place at The Red Rooster (behind The Silos) in Oriental, the music begins at 3:30pm. This event promises to captivate audiences with an unforgettable musical journey.



One of the headliners is none other than Grammy-nominated musician, John Brown, whose unparalleled talent, and magnetic stage presence have earned him widespread acclaim. Brown hails from Fayetteville, NC and is currently based out of Durham. Performing with the likes of Wynton and Ellis Marsalis, Elvin Jones, and others, Brown has taken the stage at notable venues, The Blue Note, Carnegie Hall, the Kennedy Center, and others. Brown's soulful vocals and musical prowess will undoubtedly leave guests spellbound, as he delivers an unforgettable performance that transcends genres.

Joining Brown on stage are a lineup of exceptionally talented local artists, each bringing their own unique flair to the musical tapestry. From the uplifting harmonies of gospel to the raw, emotive power of blues, and the timeless allure of southern rock, this concert promises something for every musical taste.

"We're thrilled to showcase such a diverse array of musical talent at this year's GB&RBBQ," said Angie Propst, Board President of the Pamlico Arts Council. "This event is not only

a celebration of music but also a testament to the rich cultural heritage of our community." Attendees can expect an evening of toe-tapping rhythms, heartfelt lyrics, and soul-stirring performances, all against the picturesque backdrop of Oriental, North Carolina.

The concert is made possible thanks to the generous support of our local sponsors: North Carolina Arts Council, Mariner Realty, The Silos, Oriental Village Veterinary Hospital, and Premier Lawn Care. Families and individuals can also join the council, which helps support our programs for children and adults throughout the year.

This free concert is open to music lovers of all ages and backgrounds. Whether you're a seasoned aficionado or simply looking to experience the magic of live music, don't miss this opportunity to be a part of something truly special.

The Arts Council has a lot going on these days with updated rebranding, hiring its first Executive Director, and is on task to open the Broad Strokes Gallery in June. The gallery has been made possible by merging with the artists that were previously housed in a now-closed gallery. We invite you to be a part of it through membership or sponsorship.



For more information about the concert and the Pamlico Arts Council please visit [www.pamlicoarts.org](http://www.pamlicoarts.org) or contact Sheri Rettew, Executive Director, at [info@pamlicoarts.org](mailto:info@pamlicoarts.org).



**Ol' Front Porch Fundraiser / Concert**  
**SOUTHERN HELLCATS**

**The Silos, May 4**  
**5pm until**

**FREE ADMISSION.**  
**Donations accepted.**  
**Out of this world food available.**

**MAY THE FOURTH BE WITH YOU**

### The difference between lawyers and attorneys

Individuals who work outside of the legal profession cannot be blamed for thinking the terms "lawyer" and "attorney" are interchangeable. However, there is a subtle difference that distinguishes lawyers from attorneys and vice versa. The difference between lawyers and attorneys has a lot to do with where they work. According to the legal professional recruiting platform LegalJobs, an attorney is a legal professional with a law degree who practices law in court. While lawyers finish law school and pass the bar exam, they do not necessarily practice in a courtroom. Such professionals may serve as legal advisors or consultants in lieu of practicing in court.

**FREE PUBLIC SHRED EVENT**  
**SATURDAY, May 4th 2024**  
**9 AM - NOON**  
**Pamlico County Courthouse**  
**(back parking lot)**  
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urges the public to participate in being proactive in the fight against identity theft! Join us for this FREE Shred Event.

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**Tuesday, May 7, 7:30 am**  
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