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The Pamlico News

Wednesday, May 29, 2024

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Memorial Day Ceremony and Remembrance





A nice crowd gathered in front of the Pamlico County Courthouse on Monday to celebrate our freedom and remember those who gave the ultimate sacrifice for it. The Chairman of the Pamlico County Board of Commissioners, Candy Bohmert, welcomed the crowd and shared a bit her family's proud military history. Sisters Shelby and Lila Mehring performed a stirring rendition of our National Anthem on Violins. Other musical selections included performances of "God Bless America" and "America the Beautiful" by Janet Hodges. The Pamlico County High School Navy Junior Reserve Officer Training Corps played a prominent role in the ceremony. In addition to the Mehring sisters, Cadet Moriah Phillips read the poem "Flanders Fields." NJROTC members also performed the traditional raising and lowering of the American flag to half mast while Christine Mele performed Taps. A veteran of the Vietnam war, Reverend Douglas Pearsall gave the invocation. Pamlico County Veterans organizations also placed wreaths in front of the County Veteran's Memorial. Congratulations and a job well done to Larry Summers of the Pamlico County Veterans Council, who, as he does every year, organizes and servers as master of ceremonies



Aurora Fossil Festival

by: Hiram Lupton



The biggest little festival in the world kicked off last weekend as fossil lovers converged on Aurora for a Memorial Day weekend tradition, The Aurora Fossil Festival. The 2023 event was pretty much a washout thanks to mother nature, but this year's weather was near perfect and the festival was bigger and better than ever. From the parade down Main Street, awesome live entertainment, food, and vendors, there was something for everybody. The popular dinosaur show was back for a roaring good time. Of course, as always, the star of the festival was the F-word we all know and love, FOSSILS. You could buy fossils from vendors, learn about fossils from experts, and thanks to primary sponsor, Nutrien, you could dig for fossils in some fresh piles of material in the digging pits. A great weekend of celebrating for both amateur and professional paleontologists.

Pamlico Ladies Compete in Beach Volleyball

by: Hiram Lupton



Julia sets as Sydney moves towards the net

For a pair of Pamlico County High School ladies, summer is not only a time to relax and enjoy some time away from the classroom, it is also a time to enjoy a sport they love, beach volleyball. "It's a sport I love and it helps improve my skills for the upcoming high school season," says Sydney Lamar, who teams with fellow PCHS rising Junior Julia Bain to hit the sand and play in tournaments on the Carolina Region Junior Beach Tour. The duo has played together for several years, but sat out last summer when Julia suffered a knee injury which required surgery and rehab. This year they are back, shaking off the rust and getting better at each event. Last Saturday they were close to home, at Creekside Park in New Bern, but they participate in tournaments all over the state. They finished 5th out of 15 teams on Saturday, competing in the 16U division. Not bad for only their second tournament back in competition. For Julia, beach volleyball has the added purpose of strengthening her knee for the upcoming high school season. "The effort required to push off in the sand is different than on a court," she says. "The lateral movement is helping strengthen the knee and get more confidence in it." There are some other differences in playing on sand rather than the hardcourt aside from the obvious surface difference and court size. "It is just you and your teammate out there," explains Sydney. "Knowing and trusting each other is very important. There is also no subbing out. If you get tired, you just have to push on through." This fall, both these ladies will be back on the hardcourt as key members of the PCHS volleyball team, but this summer, sand is where it's at.



Pamlico Christian Academy Commencement Ceremony

by: Hiram Lupton



Class of 2024 Valedictorian Layla Koontz

Last Thursday evening was a big night in the lives of 26 students of Pamlico Christian Academy. Thirteen students made the big step into high school. They are now no longer "graders," but full-fledged high school freshmen, and entitled to all the privileges and agony that goes along with that title. The other thirteen, now former students of PCA, took not just a step, but a leap into the next phase of their lives as high school graduates. They heard inspiring words of wisdom from PCA Head of School, Earl Sadler, Jr., Commencement Speaker Holden Tyner, and fellow classmates, Valedictorian Layla Koontz and Mariner of the Year Jayda Buck. They then took that emotional walk across the stage, going up the steps as high school seniors, and going down the steps as high school graduates. You could call them the lucky 13, but the blessed 13 would be much more appropriate, as each of them were guided by God to this point in their lives, and while there will surely be bumps in the road, they will continue to be blessed if they seek his guidance through the rest of their lives. Congratulations Pamlico Christian Academy Class of 2024. Now go out and do what you already do, make the world a better place.



The PCA Class of 2024 and The PCA Class of 2028

Pamlico Commissioners Grapple with County Budget

by: Hiram Lupton



Chairman of the Pamlico County Board of Commissioners

It is that time of year. Schools are about to finish up their year, vacations are being planned, and smell of grilling is in the air. It is also the time of year when ■ Continued on Page A3





Saturday, June 1st 82° Hi Clear throughout the day



Sunday, June 2nd **84** ° Hi Clear throughout the day



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Office: 252-745-4976 Cell: 252-637-8817 Fax: 252-745-5240 A2 The Pamlico News – WEDNESDAY MAY 29, 2024



Pamlico Community College honors top employees for 2023-24

By Sandy Wall

Pamlico Community College colleagues gathered for an Endof-Year Celebration in the Delamar Center May 13 to honor the college's top employees for 2023-24 and to enjoy a delicious potluck lunch.

Like last year, the presentation of the annual awards was the centerpiece of the event. It also provided an opportunity for colleagues to look back on the academic year, to get an update on the college's operations and to enjoy each other's company.

In previous years, most college awards for employees were presented at Commencement. In 2020 and 2021 during the worst of the COVID-19 pandemic, the presentations were online.

The day's first award – Instructor of the Year – went to Electrical Systems Technology Instructor Larry Monk. Interim President Michelle Willis-Krauss said Monk was a dependable and patient instructor who created a welcoming learning environment for students.

Members of Monk's family were on hand to surprise him and to congratulate him on the award, which was voted on by students. He had received the college's Alumnus of the Year Award last year.

The Pamlico Correctional Institution Instructor of the Year Award went to George Royal II, who works in the college's Human Services Technology program. Willis-Krauss recalled how Royal, who was chosen for this year's honor by his peers, wanted to notify his mother after he was interviewed and offered a job at the college.

Royal's parents attended the May 13 event.

This year's Adjunct Instructor of the Year Award went to part-time English Instructor Jimmy Lee, who was unable to attend the event. He also was honored as Adjunct Instructor of the Year in 2019.

This year's Staff Member of the Year Award went to Christy Wicks, a computer technician. She was unable to attend the ceremony to accept the award, which was voted on by her colleagues at the college.



Pamlico Community College Interim President Michelle Willis-Krauss, left, and Instructor of the Year Larry Monk smile as Monk's family members surprise him at the May 13 potluck luncheon. Monk, a 2012 graduate of the college, leads PCC's Electrical Systems Technology program. Contributed photo

After enjoying the potluck meal, employees heard updates from Willis-Krauss and from division leaders Jamie D. Gibbs, Lee Tillman, Nick Edwards and Lori Giles. New employees also were introduced.

"Thank you, everyone, for the job you do here," Willis-Krauss said as the event ended. "I really appreciate it."

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



Pamlico Community College's top employees for the 2023-24 academic year include, from left: Instructor of the Year Larry Monk; Pamlico Correctional Institution Instructor of the Year George Royal II; Adjunct Instructor of the Year Jimmy Lee; and Staff Member of the Year Christy Wicks. Contributed image

■Continued from page A1

Pamlico Commissioners Grapple with County Budget

counties and municipalities finish up their budgets for the new fiscal year that begins July 1st, and this year looks to be a tough one for Pamlico County. The Commissioners have had several meetings devoted solely to hammering out the dollars and cents of it all. As County Manager Tim Buck told me, "The problem is really quite simple, the solutions, not so much. If you don't have the money to cover your expenses you either have to raise revenue, or cut the services you provide." Where to reduce the County's spending (i.e. the cuts), or how to increase the revenue (i.e. the taxes), is the problem. Proposals by some commissioners to make massive cuts in the County's contribution to the school system prompted Pamlico County Schools Superintendent Dr. Jeremy Johnson to appear before the Board at their May 20th meeting to urge them to find a way to keep the cuts as small as possible, particularly in the area

of teacher supplements. "I'm really worried about teacher retention if we lose those supplements," said Johnson. What route the Commissioners go, whether cuts or a tax hike, will be once again discussed at another budget meeting on May 29th. It is required by state law that the County Manager have a budget submitted to the commissioners for their consideration by June 1, or in this year's case, June 3, since the 1st is on a Saturday, but he needs guidance from the Commissioners on the construction of that budget. After that, is up to the Board to approve it, or continue to tinker with the numbers until the absolute deadline for their approval at the end of the month. Stay tuned, most likely county residents will be either paying more or getting less, or some combination of the two. Just a reminder, all Commissioners meetings, except closed sessions to discuss personnel issues, are open to the public.

3 tips to catch up on retirement savings

One need not look long or far to be reminded of the importance of saving for retirement. Indeed, it's hard to go a single day without encountering roadside billboards, television and streaming service advertisements, and/or promotional emails touting the retirement planning services offered by an assortment of investment firms. If those adds seem ubiquitous, it's for good reason, as saving for retirement is among the most important steps individuals can take as they look to ensure their long-term financial security.

Despite the widely accepted significance of retirement planning, studies indicate that many people are behind on saving and aware that they're behind. According to a recent survey from the online financial resource Bankrate, 55 percent of respondents indicated they are behind on their retirement saving. In addition, a Gallup poll released in May 2023 indicated that just 43 percent of nonretirees think they will have enough money to live comfortably in retirement. The good news for individuals who are behind or concerned about their financial wellness in retirement is that three strategies can help them catch up on their savings.

1. Take advantage of catch-up rules if you qualify. Laws governing retirement accounts in the United States allow individuals 50 and older to contribute more to their retirement accounts than they're eligible to contribute prior to turning 50. Bankrate notes that current laws allow individuals over 50 to contribute an extra \$1,000 per year to a traditional or Roth IRA and an extra \$7,500 annually to a 401(k), 403(b) or 457(b) account. In Canada, individuals can contribute the maximum to a Registered Retirement Savings Plan (RRSP). According to the National Bank of Canada, individuals can contribute up to 18 percent of their annual income to an RRSP, and those contributions are deducted from taxable income. That means individuals are potentially saving



more for down the road and paying less in taxes today.

2. Itemize your tax deductions. The online financial resource Investopedia notes that taking the standard deduction is not for everyone. Individuals with significant amounts of mortgage interest, business-related expenses that are not reimbursed by an employer, and/or charitable donations may lower their tax obligation by itemizing their deductions. That reduction in tax obligation allows individuals to redirect those funds to their retirement accounts.

3. Cut back on discretionary spending. Perhaps the simplest, though not necessarily the easiest, way to catch up on retirement savings is to redirect funds typically spent on discretionary expenses like dining out or travel into retirement accounts. One way to feel better about this approach is to remind yourself that the less money spent on dining out and travel now means more money will be available to spend on such luxuries in retirement.

Three simple strategies make it easier to catch up on retirement savings



Land/Home Sales
Property Management
Appraisals Development



Agent of the Week

Gregory Green

Here's what one of Gregory's customers had to say...

When my wife and I wanted to purchase a nearby property that was not currently listed for sale I contacted Gregory Green. Greg was able to identify the distant owner and negotiate a price for us. Once the deal was agreed on he promptly and professionally managed the entire process. He even arranged to have expired permits on the property renewed and referred us to a local attorney to handle the closing. When my neighbor mentioned wanting to purchase a similar property nearby, I recommended she call Greg. He handled all the negotiations, and that property is now under agreement and will shortly be hers. Overall I would highly recommend Gregory Green to broker any real estate purchase or sale.

Dave & Lorraine, Arapahoe



MINNESOTT BEACH – First floor **2BR/2BA** Sea Gull Villas waterfront condo with perfect Neuse River views, private sandy beach, gazebo & swimming pool. Recently remodeled kitchen with brand new appliances. No flood insurance needed; you are 30' above sea level.

OFFERED AT \$ 225,000



MINNESOTT BEACH – Completely renovated **3BR/2BA** 1,437 hsf, in Lake Minnesott Estates community. Open floor plan, new appliances, new HVAC unit, new flooring and more. Walking distance to golf course and country club and minutes from ferry. Not in flood zone.

OFFERED AT \$ 315,000



ORIENTAL – Open floor plan **2BR/2BA** cottage with spacious loft overlooking the main living area, natural light, large deck, workshop studio, screened porch, and a veranda that offers views of Smith Creek and its tributaries.

s tributaries.

OFFERED AT \$ 325,000



ORIENTAL - Whittaker Creek fully-bulkheaded waterfront **3BR/2BA** with dock on protected deep-water. Spacious raised deck & covered screened porch, sun room overlooks creek, formal dining room with brick gas-log fireplace.

OFFERED AT \$ 525,000



sail boat accessible waterfront with dock on Broad Creek in Forestshore Estates community. Sits on .99 acres, has 2-car garage-workshop & walk-up floored attic.

OFFERED AT \$675,000

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Or contact Allen Propst 252-671-4644

704 Broad St, PO Box 750, Oriental, NC 28571

THIS WEEK IN HISTORY

by: Hiram Lupton

- May 29th Today is National Senior Health & Fitness Day. Maybe I'll start an exercise program today. Then again, they say naps are good for your health, so I may start with that.
- May 30th 1889, The modern brassiere is invented in France. It was an invention that was well supported.
- May 31st Today is National Smile Day. Make sure you put your teeth in before you celebrate.
- June 1st Today is National Black Bear Day.
- June 2nd Today is National Cancer Survivors Day.
- June 3rd Today is National Mint Julep Day. A traditional southern way to get inebriated.
- June 4th Today is National Cheese Day. Chedder, Monterey Jack, Swiss, Gouda, Munster, Mozzarella, Romano, Asiago, American, Parmesan, Feta, ...by some estimates there are over 1800 different types of cheese.

BIRTHDAYS THIS WEEK

May 29th - 1917, The 35th President of The United States, John F. Kennedy

May 29th - 1903, Entertainer Leslie Townes Hope (Bob Hope)

May 31st - 1930, Actor Clint Eastwood

June 1st - 1926, Actor Andy Griffith (in Mount Airy, N.C.)

June 1st - 1926, Actress Norma Jean Mortenson (Marilyn Monroe)

June 1st - 1937, Actor Morgan Freeman

June 1st - 1947, Guitarist Ron Wood

June 2nd – 1731, The 1st, First Lady of the United States, Martha Washington



I have a lot of growing up to do. But I think, 'Hell, is it too late?' -Ronnie Wood

"I love airports because the rules of society don't apply. Eat a pizza and have a glass of wine at 7 am while in track pants. Nobody cares." -Anonymous

Troop 777 Fundraiser

The Pamlico County Female Boy Scouts of America Troop 777 will be holding a yard sale in the parking lot of the future Motion Church (the old Piggly Wiggly) at the intersection of Hwy 55 and Hwy 306 on June 1 from 8AM - 12PM. The proceeds will help to pay for the troop's trip to West Virginia later this summer.

Concerned about your drinking? You are not alone, there is help available! Come join others who have found a Solution! **Alcoholics Anonymous:** New Bern Hotline (252) 633-3716

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend) Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist

Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55) Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday *7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church

https://aaeasternnc.org/ https://aanorthcarolina.org/ https://www.aa.org/

OTHER RECOVERY RESOURCES IN PAMLICO COUNTY

Al-Anon Tuesday **7pm** - Meeting at 403 Mildred Street in Oriental, NC (Green House) (Members are people, just like you, who are worried about someone with a drinking problem). https://al-anon.org

Adult Children of Alcoholics (ACOA) Monday 6:30-8pm (Open Meeting) and Saturday 6:30-8pm (Women Only) both meetings are held at the Free Will Baptist Church, 600 Ragan Rd. in Oriental (2nd brick building on left off Hwy 55) (ACOA is concerned with the impact and after-effects of growing up in alcoholic or dysfunctional circumstances) https://adultchildren.org/

Narcotics Anonymous (NA) Wednesday 7pm - Never Alone Group: Meeting held at Alliance United Methodist Church, 687 Main Street, Bayboro, NC (close to DSS/Senior Center) (NA is a group of peers who offers a plan for recovery and an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle) https://na.org/

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COMMUNITY

OBITUARIES



Deborah Lynn Furey, age 72, passed away on Wednesday morning, May 15, 2024. She was born December 12, 1951 in Charleston, South Carolina. She attended North Charleston High School. Deborah was the daughter of Edna Elizabeth (Hinson) Murray and David Lawrence

Murray, Sr. of Charleston, SC. Sean and Deborah Furey moved to Oriental in 2002.

Deborah's administrative career began at NY Life in Charleston, SC and proceeded to Coca-Cola Headquarters, Atlanta, GA; Astra Pharmaceuticals, Boston, MA, FlexCon Corp, Spencer, MA; BioTech Corp, Annapolis, MD; and Chippingham Hospital, Richmond, VA.

Deborah's love and support of animals extended to many local and worldwide wildlife organizations, including PAWS (Pamlico Animal Welfare Society). She volunteered with every local animal shelter/humane society as she moved through life. Over the years, Debby & Sean shared their home with their beloved lab, Magic, and many foster/rescue cats that became permanent residents.

She also cared deeply about the plight of women who are victims of domestic abuse and was an avid supporter of the Coastal Women's Shelter in New Bern.

Deborah is preceded in death by her sister Barbara Gwendolyn (Eugene) Curcio of Beaver Falls, PA. She leaves behind her husband, Sean William Furey of Boston, MA, now Oriental, NC; her sister Jacqueline (Harry) Kirk of Pinopolis, SC; her brother David Lawrence Murray, Jr of Cross Hill, SC; her sister Joan Marie (Charles) Molyneaux of Charleston, SC; her stepdaughter, Danielle Furey; her stepson, Bryan Furey; as well as ten nieces and seven nephews.

A private family ceremony will be held in Charleston, SC.

Cotten Funeral Home is honored to serve the family and friends of Deborah Lynn Furey.



Levy Robert O'Neal, 93, died peacefully at home in Reelsboro, NC on May 21, 2024.

He was a member of the Warden's Grove Free Will Baptist Church in Lowland, NC, where he was born and lived most of his life. Levy

served his country in the United States Air Force as an airplane mechanic and worked as a tugboat chief engineer for Maritrans, Philadelphia. He enjoyed hunting deer, doves and ducks, vegetable gardening, net fishing, raising chickens and splitting wood for his fire-

Levy was preceded in death by two daughters, Cindy O'Neal Sawyer, and Brenda O'Neal; parents, Rudolph, and Macy O'Neal; brother, Curtis (Turk) O'Neal; sisters, Tempie Lupton, and Betty Lou (Bootsie) Wilkins; son-in-law, Clifton (Pie) Sawyer; brothers-in-law, Albert McKinney, and Alford Wilkins; and sisters-in-law, Sarah Smith, and Mavis O'Neal.

Levy is survived by his loving wife of 72 years, Athalea (Ban) Watson O'Neal; two daughters, Susan O'Neal, and Linda O'Neal Goodson; three grandsons, Cliff (Ashley) Sawyer, Matt (Missy) Sawyer, and Wes Goodson; great-granddaughters, Morgan, and Macey Sawyer; sister, Edna McKinney; brother, Billy Smith; brother-in-law, Chris Lupton; four nephews and nine nieces.

Memorial services were held Tuesday, May 28th, at Warden's Grove FWB church in Lowland, NC. In lieu of flowers, memorials may be made to Warden's Grove FWB Church, c/o Nancy Leary, 3940 Lowland Rd., Lowland, NC 28552, or a charity of your choice.

PCC Cultural & Life Enrichment Program

Designed to promote personal growth and self-enrichment. This may include courses in leisure activities, non-vocational skill development, learning a new language, discovering a new talent, arts & crafts, media techniques, wellness activities and much more, as well as musical and theatrical productions. These classes are self-supporting and use the talents and skills of some of our community's gifted residents.

For more information and registration, please contact:

Denise - 252-249-1851 x3113, dmcdermott@ pamlicocc.edu

Astronomy for Fun -Making sense of the night sky

The goal of this class is to enjoy the knowledge of WHATS UP above us. We see it every night. This was the "late night show" of the ancients. And now is ours too! Let's make sense of what we see every night above us.

This class is presented by a former Planetarium program producer and presenter who loves turning people on to the night sky.

This will include classroom and some evening sky and telescope observation.

So, keep looking up and join us for a 6-part class. Instructor: Fred Read Tuesdays, June 4th - July 9th Registration \$48

PCC Delamar Building

Music Jams! Third & Fifth Thursdays -Free and Open to the Public - all levels of

unplugged playing, singing, toe tapping... enjoy-

Next Jam; Thursday May 16th, 6 p.m. PCC Delamar Auditorium Atrium

Cultural and Life Enrichment Instructors Wanted! Spread your knowledge, showcase your talents, ennance your community's experiences, spark a desire, and share a joy...

If you would enjoy sharing a talent, hobby or skill with enthusiastic students who are often of like mind and vast experiences themselves, then... Come on down to Pamlico Community College and be a part of a stress-free and fulfilling experience! Please contact us - 252.249.1851 x3113 or dmcdermott@pamlicocc.edu



ARIES - Mar 21/Apr 20

You may have a chance to get to know someone better this week, Aries. Trust your instincts rather than listening to what is running through the rumor mill.



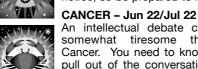
TAURUS - Apr 21/May 21 Taurus, you may be ready to shake things up in regard to your social life



or even with a professional pursuit. Work out the path you want to take. GEMINI - May 22/Jun 21



Following your curiosity may lead you down some interesting paths, Gemini. Things can change on a moment's notice, so be prepared to respond.



An intellectual debate could grow

somewhat tiresome this week, Cancer. You need to know when to pull out of the conversation to help maintain your mental well-being. LEO - Jul 23/Aug 23



Have an important conversation

with a loved one, Leo. You need to clear up a misunderstanding that has been growing more significant. Once you take care of this, smooth sailing



VIRGO - Aug 24/Sept 22 You may want to rely on someone else

to bring some stability and comfort to your life, Virgo. Now may be the time to seek out a new relationship.



LIBRA - Sept 23/Oct 23 Libra, have a good time over the

next couple of weeks. You deserve it. Recognize that fun interactions do not necessarily have to be shallow experiences. You can learn something new even while being entertained.



SCORPIO - Oct 24/Nov 22 It might feel like your peer group has shifted in a way that no longer gels

find some new friends who share your current interests. SAGITTARIUS - Nov 23/Dec 21 You may seek validation from peers or even people on social media if you feel

with you, Scorpio. It may be time to



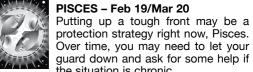
like you are being inhibited by current insecurities, Sagittarius. Others can corroborate your value.

CAPRICORN - Dec 22/Jan 20 Proactive changes you make this week may improve your love life, Capricorn. That can be a good thing if you have encountered relationship issues lately.



AQUARIUS - Jan 21/Feb 18 Aquarius, setting out on an impulsive

adventure could be worth the effort right now. It can be refreshing to spend time outside your usual surroundings. PISCES - Feb 19/Mar 20



Putting up a tough front may be a protection strategy right now, Pisces.

guard down and ask for some help if the situation is chronic.

GEMINI Traits & Overview

Smart, passionate, and dynamic, Gemini is characterized by the Twins, Castor and Pollux, and is known for having two different sides they can display to the world. Expert communicators, Gemini is the chameleon of the Zodiac, adept at blending into different groups based on the vibe and energy they perceive. While they're also amazing at showcasing surface traits, the Gemini well runs deep, which is why the Twins are one of the Zodiac's most emotionally intelligent signs.

Energetic and quick-witted, Gemini never gets stuck in the past and doesn't ruminate on what might have been. Instead, they move forward with glass-half-full optimism and an ability to always look on the bright side—and land on their feet—in nearly any situation. With a mind that's constantly racing, even when they're just quietly hanging out, the Twins never get bored. In fact, Gemini are happy keeping their own company, and can often turn their solitary daydreams into reality.

FOR ENTERTAINMENT PURPOSES ONLY

The Pamlico News - WEDNESDAY MAY 29, 2024

FINANCIAL FOCUS

How is your retirement income taxed?



you will likely need to draw on several types of income for your living expenses. You'll need to know where these funds are coming from and how much you can count on, Dan M. Roberts but you should also be

aware of how this money is taxed because this knowledge can help you plan and budget for your retirement years.

Here's the basic tax information on some key sources of retirement income:

• Social Security - Many people don't realize they may have to pay taxes on their Social Security benefits. Whether your benefits will be taxed depends on how much other taxable income you receive from various sources, such as self-employment, stock dividends and interest payments. You'll want to check with your tax advisor to determine whether your income reaches the threshold where your Social Security benefits will be taxed. The lower your total taxable income, the lower the taxes will be on your benefits. The Social Security Administration will not automatically take out taxes from your monthly checks - to have taxes withheld, you will need to fill out Form W-4V (Voluntary Withholding Request). Again, your tax advisor can help you determine the percentage of your benefits you should withhold.

• Retirement accounts - During your

Once you're retired, working years, you may have contributed to two basic retirement accounts: an IRA and a 401(k) or similar plan (such as a 457(b) plan for state and local government employees or a 403(b) plan for educators and employees of some nonprofits). If you invested in a "traditional" IRA or 401(k) or similar plan, your contributions may have been partially or completely deductible and your earnings grew on a tax-deferred basis. But when you start taking withdrawals from your traditional IRA or 401(k), the money is considered taxable at your normal income tax rate. However, if you chose the "Roth" option (when available), your contributions were not deductible, but your earnings and withdrawals are tax-free, provided you meet certain conditions.

> • Annuities - Many investors use annuities to supplement their retirement income. An annuity is essentially a contract between you and an insurance company in which the insurer pays you an income stream for a given number of years, or for life, in exchange for the premiums you paid. You typically purchase a "qualified" annuity with pre-tax dollars, possibly within a traditional IRA or 401(k), so your premiums may be deductible, and your earnings can grow tax deferred. Once you start taking payouts, the entire amount your contributions and earnings — are taxable at your individual tax rate. On the other hand, you purchase "non-qualified" annuities with after-tax dollars, so your

premiums aren't deductible, but just like qualified annuities, your earnings grow on a tax-deferred basis. When you take payments, you won't pay taxes on the principal amounts you invested but the earnings will be taxed as ordinary income.

We've looked at some general rules governing different sources of income, but you should consult your tax professional about your specific situation. Ultimately, factors such as your goals, lifestyle and time horizon should drive the decisions you make for your retirement income. Nonetheless, you may want to look for ways to control the taxes that result from your various income pools. And the more you know about how your income is taxed, the fewer unpleasant surprises you may experience.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.





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Public Notice of Budget Hearing/

The proposed fiscal year 2024/2025 budget for the Town of Mesic has been presented to the Mesic Town Council and is available for public inspection in the office of the clerk at the Town Hall during regular office hours.

Hazel Smith, Clerk/Finance Officer

Town of Mesic

Regular Monthly Meeting:

The Town Council will hold a Public Hearing on the proposed budget on June 4thth, 2023 at 6:30 P.M. at the Mesic Town Hall, for the purpose of receiving comments on the proposed budget. Immediately following the public hearing, the Town Council will conduct its Regular Monthly Meeting at which time it will take action to approve, disapprove, or table the proposal for further consideration.

For any questions, please contact Hazel Smith at (252) 671-0448

9256 NC Hwy 304 Mesic, NC 28515-9365

PUBLIC HEARING TOWN OF ALLIANCE

A Public Hearing on the proposed budget for the Town of Alliance for FY 2024-2025 will be held on Monday, June 10, 2024, at 7:00 p.m. at the Alliance Town Hall. The proposed budget has been presented to the Board of Commissioners and will be available for public review at the Alliance Town Hall on Wednesday afternoon, June 5, 2024, from 12 Noon until 5:15 p.m. Citizens are invited to make written or oral comments.

L.K.Marshall Town Clerk

Town of Grantsboro Notice of Public Hearing Proposed Budget for 2024-25

The proposed budget for the Town of Grantsboro for fiscal year 2024-25 has been presented to the Town Council and is available for public inspection at the Town Hall. There will be a public hearing on Tuesday, June 4, 2024 at 7:00pm at the Grantsboro Town Hall to discuss the proposed budget, with a Council meeting following for adoption of the budget.

For questions or further info, please call 252-745-6511.

Ray Lewis, Clerk

BAY RIVER MSD

NOTICE OF PUBLIC HEARING

PROPOSED BUDGET FOR FISCAL YEAR 2024 - 2025 The proposed fiscal year 2024-2025 budget for Bay River Metropolitan Sewerage District has been presented to the Board of Directors and is available for public

inspection in the office at 101 North Fourth Street, Bayboro from 8:00 am to 4:00 pm weekdays.

Bay River MSD will hold a final public hearing on the proposed budget on June 6, 2024 at 7:00 PM at the office for the purpose of receiving comments on the proposed budget. Persons wishing to be heard are invited to make written or oral comments.

For any questions, please contact Bay River MSD at 745-4812.

EXTENSION Pamlico County

2024 Pamlico County Extension Master Gardener **Training Course**

Pamlico County.

tainable landscapes.

By: Daniel Simpson County Extension Director, Agriculture Agent



The Pamlico County Cooperative Extension office would like to introduce are newest Master Gardener Interns who recently completed our 40-hour volunteer training course.

• Janet Chinea, Rick Kendall, Jane Potter, Mary Jane Westphal, Monica Lauze, Shelia Moore Cantine, Guylene Thomas, Casey Brown, Anna Daniels, Dottie Baker, Lori Gaskins

These participants received instruction on growing vegetables, maintaining turfgrass, producing tree fruit and small fruit, and controlling pests within the landscape. To celebrate the completion of this course, participants visited the gardens at Tryon Palace in New Bern, NC and learned about various landscape plants that are adapted to our local climate, and others that have a historical relationship to our area (https://www. tryonpalace.org/)





Participants who have completed this course may now obtain

the title of Extension Master Gardener by completing volunteer

service hours with Cooperative Extension. If you recognize

these participants, please congratulate them for completing this

course. We look forward to working with them to bring home horticulture related instruction and assistance to the citizens of

Should you like to learn more about the Extension Master

Gardener Program in North Carolina, please visit https://

emgv.ces.ncsu.edu/. To learn more about the subject matter

that is discussed during this training, review the Extension

Gardener Handbook at https://extensiongardener.ces.ncsu.edu/

extension-gardener-handbook/. Both of these websites provide

additional links to resources and information available through

NC State Extension that can help you grow productive and sus-

You may also contact Daniel Simpson (Pamlico County

Agriculture Extension Agent) at 252-745-4121 or Daniel_sim-

spon@ncsu.edu to ask questions of discuss issues within your

Getting to the root of sodic soil



Plants often are only as strong as the soil in which they grow. While certain greenery may thrive no matter where it's planted, soil conditions are often key to successful growing.

Sodic soil is one condition people may experience at home or in commercial farming operations. Sodic soils, sometimes called saline-alkali soils or dispersive soils, are defined as having high levels of exchangeable sodium and low levels of total salts, according to the

Colorado State University Extension. These conditions compromise growing conditions because sodic soils tend to be poorly drained and crust over. Water intake also can be poor in sodic soils, and pH is usually high — coming in above 9.0.

The Department of Primary Industries and Regional Development of the Government of Western Australia advises a simple sodic soil test to check for sodicity. One can collect dry soil aggregates (crumbs of soil) from different depths. Those crumbs should be placed into a clear jar of distilled water, taking care not to mix or agitate the soil. The water around the edges of sodic soil will become cloudy and appear milky. For highly dispersive soil, the dispersion will be evident after about 10 to 30 minutes. Moderately sodic soil may take 2 hours.

Individuals can take steps to improve sodic soil. Gypsum is the most commonly used amendment for sodic soil, according to Science Direct. It also can reduce the harmful effects of high-sodium irrigation waters. Gypsum is a mineral that is composed of hydrated calcium sulfate. Gypsum has an effect on reducing the rate of soil erosion. It is more effective when gypsum is spread on the soil surface rather than mixed in.

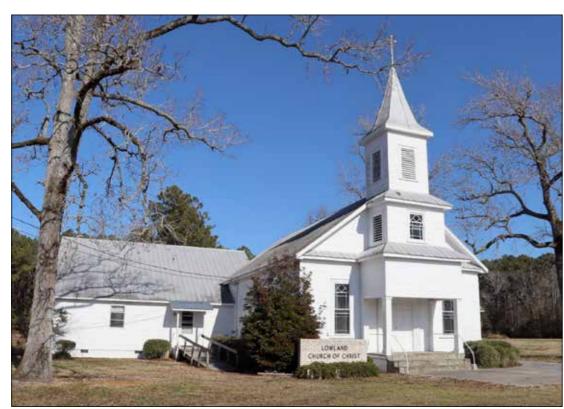
Limestone, which also contains calcium, is another additive that can amend sodic soils. Gardeners may want to add

calcium to the soil because it replaces the sodium and then the sodium can be leached

Additional mitigation methods for sodic soils include changing plant species or varieties to more tolerant ones that will grow more

Commercial farmers or home gardeners may encounter sodic soil. Though sodic soil is not ideal, it can be remedied in various ways.

Churches of Pamlico Photo by: Hiram Lupton



Lowland Church of Christ

PAMLICO WILDLIFE

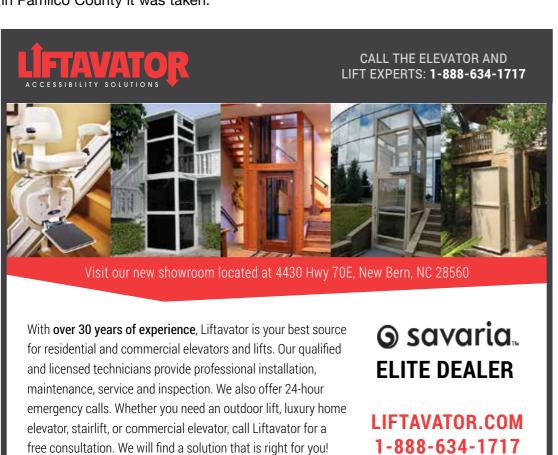


Photo by: Laurie Stidham In Merritt



After recording their calls on my merlin app we finally saw them. 2 Mississippi Kites up in our front tree! Beautiful. Photo By: Sharon Biles

We appreciate all the readers who have sent us pictures for our "Pamlico Wildlife" photo feature. If you'd like to share your Pamlico Wildlife photos please email them to frontdesk@thepamliconews.com, Please include your name and roughly where in Pamlico County it was taken.







Breeze Airways Debuts at New Bern with Seasonal Service to Hartford and Orlando

New Bern, N.C. (May 24, 2024) – Breeze Airway s, the U.S.' only NLCC, or 'Nice Low Cost Carrier,' today inaugurates seasonal nonstop service from Coastal Carolina Regional Airport (EWN) to both Hartford, CT and Orlando, FL.

The new nonstops will both have twice-weekly service, with introductory fares starting from \$49* one way, if purchased by May 30, for travel between May 26 and June 13, 2024.

From New Bern, NC to:

• Hartford, CT (Seasonal service, starting May 24, Friday and Monday of Memorial Day weekend, then Thursdays and Sundays, from \$49* one way); and Orlando, FL (Seasonal service, starting May 24, Friday and Monday of Memorial Day weekend, then Thursdays and Sundays, from \$49* one way).

Also, Breeze is commemorating its third anniversary this week with a special system-wide promotion. Travelers can get 33 percent off** all roundtrip base fares for travel from May 29 through October 1, 2024, by applying the code THREE at checkout at www.flybreeze.com or on the Breeze app.

The birthday promotion is available until May 24 (11:59pm PT) and applies to all routes and cities across Breeze's nationwide network. Starting with just 16 cities in May of 2021, today Breeze has expanded to offer more than 170 nonstop routes from 56 cities across 29 states and has flown more than five million Guests.

"Craven County prides itself on progress. This is a momentous triumph and on behalf of the Craven County Board of Commissioners and the Coastal Carolina Regional Airport Authority, I extend my gratitude and commendation to all whose efforts culminated in this positive growth," expressed Jason Jones, Chairman of the Craven County Board of Commissioners, and board member of the Coastal Carolina Regional Airport Authority.

"We are excited to be starting our Breeze Airways service this Memorial Day weekend and we are positive that folks are going to love it" said Airport Director Andrew Shorter.

"Since we started flying in May 2021, Breeze has continued to add great destinations to our rapidly growing footprint," said Breeze CEO and Founder David Neeleman. "These new summer additions will surely be welcomed as we continue to bring efficient, affordable and elevated travel to underserved markets."

Recognized by Travel + Leisure readers as one of the Top 5 Best U.S. Airlines for the second consecutive year, Breeze offers Guests both bundled and a la carte options known

Nice Nicer and, on flights operated with the Airbus A220-300, Nicest. The Nicer bundle includes a checked bag and carry-on as well as a premium economy seat in its "extra legroom" section. The Nicest bundle includes two checked bags, priority boarding and Breeze Ascent—the

carrier's inflight experience featuring 2x2 recliner seating and complimentary snacks and beverages, including alcohol.

Breeze doesn't charge change or cancellation fees up to 15 minutes prior to departure and offers other benefits such as free family seating and a la carte pricing. With seamless booking, no change or cancellation fees, up to 24-months of reusable flight credit and customized flight features delivered via a sleek and simple app, Breeze makes it easy to buy and easy to fly. Learn more about Breeze's flight offerings via our site or the app.

* Fare promotion is available only when booking a new reservation. Promotion must be purchased by May 30, 2024 (11:59 pm ET), for travel between May 26 and June 13, 2024. Price displayed includes taxes and government fees. Fare prices, rules, routes, and schedules are subject to change without notice. Any changes or modifications to qualifying promotional reservations will be subject to fare repricing. A difference in airfare at the current fare price may apply. Other restrictions and blackout dates may apply.

* 33% base fare discount applies only to new reservations for round-trip flights with promo code THREE. Supply is limited, and no advance purchase requirement applies. Promotion must be purchased at flybreeze.com or on the Breeze app from May 21, 2024, through May 24, 2024 (11:59 pm PT), for travel on May 29, 2024, through October 1, 2024. Travel must be flown on qualifying travel dates for discount to be applied in full. The discount will apply only to flights on qualifying travel dates. All fare rules will apply. Certain flights and/or days of travel may be unavailable. Fare prices, fare classes, rules, routes, and schedules are subject to change or exemption without notice. Cannot be combined with any other offer. Any changes or modifications to qualifying promotional reservations will be subject to fare repricing. A difference in airfare at the current fare price may apply. Offer not valid on group bookings. Other restrictions and blackout dates may apply.

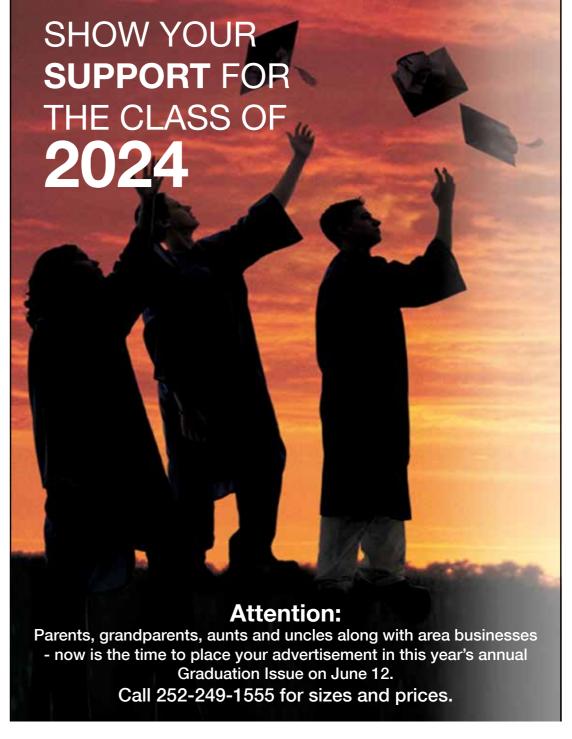
ABOUT COASTAL CAROLINA REGIONAL AIRPORT Coastal Carolina Regional Airport (EWN) is a modern, full-service airport supporting commercial and private aviation activities. With an easy-to-navigate terminal, friendly staff, affordable parking, quick check-in, and security, EWN boasts one of the Southeast's most accessible and convenient regional airports and an "enjoyable air travel experience." The airport acts as the inbound gateway to historic New Bern, the Crystal Coast, The Outer Banks, Emerald Isle, Beaufort, Marine Corps Air Station Cherry Point, and Swansboro, and a portal to destinations all over the world. Learn more at FlyEWN.com

ABOUT BREEZE AIRWAYS

Recognized by Travel + Leisure readers as one of the Top 5 Best U.S. Airlines for the second consecutive year, Breeze offers Guests both bundled and a la carte options known as No Flex Fare, Nice, Nicer and, on flights operated with the Airbus A220-300, Nicest. With the No Flex

Fare, flight changes are not permitted but partial credit is issued for cancellations. The Nice bundle includes a carry-on bag while the Nicer bundle includes a checked bag, a carry-on, and free inflight WiFi as well as a premium economy seat in its "extra legroom" section. The Nicest bundle includes two checked bags, priority boarding, free inflight WiFi and Breeze Ascent—the carrier's inflight experience featuring 2x2 recliner seating, and complimentary snacks and beverages, including alcohol.

Breeze doesn't charge change or cancellation fees up to 15 minutes prior to departure and offers other benefits such as free family seating and a la carte pricing. With seamless booking, no change or cancellation fees, up to 24-months of reusable flight credit and customized flight features delivered via a sleek and simple app, Breeze makes it easy to buy and easy to fly. Learn more about Breeze's flight offerings via our site or the app.



SPORTS

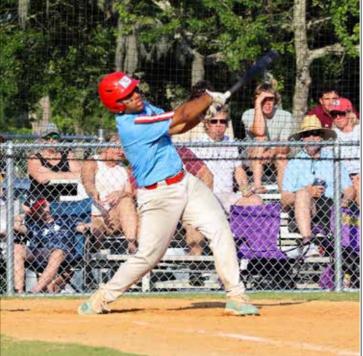
New Bern Southpaws Open Season

by: Hiram Lupton

Baseball is back in New Bern in the form of a collegiate summer league team named the Southpaws. They opened their season last weekend playing a pair of exhibition games against a team of high school all-stars from Craven and Pamlico Counties. The all-stars were coached by Pamlico County High School Head Coach Chris Davis and a pair of Hurricane Seniors, Jake Whitley and Ragan Shields, hit the field to take on the Southpaws. Collegiate summer league baseball has teams comprised of amateur baseball players who have attended at least one year of college and have at least one year of athletic eligibility remaining. This isn't quite the major leagues, but there is some real talent on the field and similar leagues, such as the renowned Cape Cod League, have produced numerous major league stars. The Southpaws play in the Northeastern Division of the Old North State League and will be playing teams based in Edenton, Tarboro, Kinston, Elizabeth City and Jacksonville. Players on the Southpaws roster play on college teams from all over the country. Sunday's starting pitcher, Jonathan Albers plays for the Westminster College Titans in Pennsylvania, while slugging third-baseman Miles Nelson is from Wisconsin and took the field for the Milwaukee Area Technical College Stormers. Two of the Southpaws players played their high school baseball at Pamlico, Jason Caccavaro and Landon Smith, before moving on to play college ball. New Bern will open league play this Friday (31st) at home against the Jacksonville Ospreys and will play 22 home games at historic Kafer Park, located at 603 George Street in New Bern. Kafer Park has been the site of organized baseball since the early 1940's. Whether you sit in the bleachers, or bring your own lawn chair and sit along the fence, Kafer Park is a great place to watch a game. There are concessions and there will usually be a food truck or two at the games so you don't have to worry about getting thirsty or hungry. You can find out more about the Southpaws and see their complete schedule on their website, newbernsouthpaws.com or follow them on Facebook.



Southpaws Pitcher Conner Gore who plays collegiately for Chowar



Southpaws Miles Nelson



Hurricane All-Star Jake Whitley hustles out an infield single against the

Running for Life

by: Hiram Lupton

Nearly 70 runners of all ages, literally 8 to 80+, and levels of fitness, gathered last Saturday for the inaugural Run for Life 5K to benefit the Pamlico County Rescue Squad. The event began and finished at the Pamlico County Rescue Squad station in Bayboro and also included a 1-mile fun run/walk and a 5K dog race. The overall male and female winners of the 5K were Aaron

Caroon and Francesca Karp. According to event organizer Kaylee Smith, the run raised well over \$6000 for the rescue squad and they definitely plan on making this an annual event. Thanks go out to all the sponsors and volunteers who made this a successful event and congratulations to all the runners who participated and helped a worthy cause.







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SKIN CANCER

Skin cancer is the most common type of cancer worldwide. In the United States, one in five people will develop skin cancer by the age of 70, and more than two people die of skin cancer in the U.S. every hour, says the Skin Cancer Foundation. Roughly 90 percent of non-melanoma skin cancers are associated with exposure to UV radiation from the sun. Melanoma also is inex-



tricably linked to UV exposure. In the United Kingdom, nearly nine in 10 cases of melanoma can be prevented by staying safe in the sun. The American Cancer Society estimates about 100,000 new melanomas will be diagnosed in 2024, when roughly 8,290 people are expected to die of melanoma. The number of people getting skin cancer in Canada also has risen at a fairly constant rate over the last 30 years. One in 73 Canadian women and one in 59 Canadian men will develop the disease, according to Canada.ca. Early detection of skin cancer can improve prognosis.



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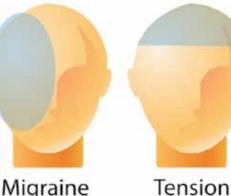


CarolinaEastHealth.com

Health&Wellness

What constitutes a migraine?

Different headache types and locations









Migraine

One or both sides Mild to severe 4 to 72 hours

One or both sides of head or neck Mild or moderate Hours to days

Face, between eyes or forehead Mild to severe Days

One side, starting from behind eye Severe 30 minutes or more

Cluster

Headaches can be debilitating. One type of headache in particular often garners extra attention because it can be more severe than others.

Estimates suggest one billion people suffer from migraines. Migraines often affect adults, but they can be common in children as well. Although migraines produce pain in the head, the symptoms may be even more far-reaching.

With so many different types of headache - some with overlapping symptoms - it can be difficult to identify which is affecting an individual at any given time. According to Brandeis Brockman, CRNP, BSN, MSN, a Pennsylvania-based nurse practitioner, fewer than 5 percent of people affected by headaches have been accurately diagnosed. A few significant distinctions separate migraines from other forms of headache. Penn Medicine and Temple Health note the following are some of those distinctions.

- Migraine headache is a neurological disease that can involve chemicals in the brain in nerve pathways.
- Migraines often produce an aura or light haze (a visual disturbance) minutes before patients feel pain. An aura may be characterized by blurred vision and blind spots that expand over time.
- · Migraine pain typically occurs on only one side of the head at a time, but sometimes it can affect both.
- · A person can experience sensitivity to sounds, touch or smells. Nausea often accompanies a migraine.
- Migraines may be preceded by a period characterized as the pre-headache phase. This features painless symptoms that manifest hours or days before the migraine, and include mood swings, food cravings and stiffness of the neck.
- Some migraines do not produce any head pain, but they may feature other notable migraine symptoms.
- When pain hits, it can be mild to debilitating. Many people get severe pain that makes it difficult to function. A migraine can last for hours or even days.
- Extreme fatigue may set in with migraines. People may go to bed to block out noise
- If headaches occur frequently or persist, it is a good idea to discuss symptoms with a doctor. Something more potent than over-the-counter pain relievers may provide relief from migraines.

The different types of migraines

A migraine is not merely a headache, it's actually a neurological disease. People may be surprised to learn that there are different types of migraines. The American Migraine Foundation says migraines are typically classified as one of these types.

- Migraine with aura (complicated migraine): This is a migraine characterized by a series of sensory and visual changes. Aura generally sets in shortly before or during a migraine.
- Migraine without aura (common migraine): This type of migraine can be challenging to diagnose because symptoms are similar to other types of migraines. However, pulsing or throbbing pain on one side of the head, photophobia, phonophobia, nausea, and vomiting are all classic symptoms of migraine without aura. This type of migraine also lacks the warning phases of other types of migraines.
- Silent migraine: A silent migraine has the same symptoms of migraine with aura but no head pain. Silent migraines also are called acephalgic migraines or typical aura without headache.
- Hemiplegic migraine: People who experience this type of migraine usually have weakness on one side of the body with visual aura symptoms. A "pins and needles" sensation or loss of sensation on one side of the body also can occur. This migraine also doesn't always include severe head pain.



CarolinaEast Health System and Craven County Health Department Aim to Identify Barriers to Health and Well-being of Community

> Community Input Necessary for Meaningful Health Needs Assessment

(New Bern, NC) - CarolinaEast Health System, in partnership with Craven County Health Department, is conducting their triennial Community Health Needs Assessment (CHNA). As a key component of the process, the organizations are requesting that residents participate in a survey to give meaningful input on the health needs of the community.

Led by Health ENC, CarolinaEast and CCHD are among several other hospitals and health departments across the east to conduct Eastern North Carolina's Regional CHNA. A regional approach offers expertise, leadership, and resources that are more robust, to ultimately help improve the overall health of our communities.

The CHNA process uses a systematic approach though collection, assembly, analysis, and dissemination of information about the health of the counties, with the eventual goal of determining health priorities and developing community health improvement plans.

The priorities determined in Craven County's last CHNA were Behavioral Health, Community Wellness and Workforce Development and the full report and implementation plan can be found on CarolinaEast's website.

The 2024 survey is anonymous and available for any resident 18 and older to complete online in English or Spanish until June 7, 2024.

About CarolinaEast Health System

CarolinaEast Health System has been serving the growing needs of the coastal North Carolina community since 1963. In addition to the system's flagship, 350 bed CarolinaEast Medical Center, CarolinaEast includes a rehabilitation hospital, free- standing surgery center, the SECU Comprehensive Cancer Center, and numerous CarolinaEast Physician practices providing primary and specialty care for all phases of life from offices in four counties.

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COASTAL LIVING



State coastal agency announces funding to keep local waterways clean; highlights boater safety programs for National Safe Boating Week

MOREHEAD CITY The N.C. Department of Environment Quality's Division Coastal Management (DCM) is accepting applications for \$170,000 approximately in funding under the North Carolina Marine Sewage Pumpout Station Grant Program. This grant program provides financial assistance through the U.S. Fish and Wildlife Clean Vessel Act (CVA) to marinas (private and commercial),

gas/service docks, fish houses, seafood dealers and other boat docking facilities for the installation and/ or renovation of pumpout stations in the 20 coastal counties to improve water quality by reducing sewage discharge from recreational vessels in North Carolina.

Financial assistance will be provided in the form of matching grants of up to \$20,000. Grant recipients must provide a minimum of 25% match.

"The North Carolina Division of Coastal Management is grateful for these funds that will continue to provide resources to maintain clean coastal waters," said Division Director Tancred Miller. "With more than 50 certified marinas in our state as part of the NC Clean Marina Program, marina operators are true partners in our commitment to help safeguard the coastal environment."

Application guidelines and forms are available online https://www.deq.nc.gov/about/divisions/coastalmanagement/coastal-management-recognitionprograms/nc-pumpout-program. applications may be emailed to Pat Durrett at pat. durrett@deq.nc.gov or submitted by USPS to:

Pat Durrett, Clean Marina Coordinator NC Division of Coastal Management 400 Commerce Ave. Morehead City, NC 28557

Past examples of CVA-funded projects in North Carolina include the installation of fixed pumpout units at



marinas in Carolina Beach and Bradley Creek. Both marinas are in designated "No Discharge Zones".

The NC Clean Marina Program designed is to assist marinas and boatyards in protecting our environment through the use of best management and operation practices. The program is designed to show that marina operators can help safeguard the environment by adopting best practices

hazardous waste management, handling boat sewage, boat maintenance, spill response, and hurricane preparation and operations that go above and beyond regulatory requirements.

The North Carolina Clean Boater Program is an important part of the North Carolina Clean Marina program. Both programs are voluntary. By adopting pollution prevention measures and using best management practices, NC Clean Boaters can take satisfaction in knowing that they are doing their part in keeping North Carolina waterways and shores clean; making sure the watercraft is properly registered and meets the state requirements for safety, preserving our waterways for future generations and learning and teaching clean and safe boating habits.

For information about any NC Boater program, contact Pat Durrett at pat.durrett@deq.nc.gov or 252-808-7858 (mobile) or office (252) 515-5405.

NC DEQ Division of Coastal Management

The North Carolina Department of Environmental Quality's Division of Coastal Management (DCM) works to protect, conserve and manage the state's coastal resources through an integrated program of planning, permitting, education and research. DCM carries out the state's Coastal Area Management Act, the Dredge and Fill Law and the federal Coastal Zone Management Act of 1972 in the 20 coastal counties, using rules and policies of the NC Coastal Resources Commission, known as the CRC. The division serves as staff to the CRC. Click here to learn more about the Division of Coastal Management.



To preserve the resource, recreational flounder season will not open in 2024

MOREHEAD CITY – In order to preserve the southern son. After subtracting the recreational overage from der season will not open for harvest in 2024. Estimates from 2023 indicate the recreational catch exceeded the quota allowed under a stock rebuilding plan that was included in Amendment 3 to the Southern Flounder Fishery Management Plan and adopted by the N.C. Marine Fisheries Commission.

Southern flounder is overfished and overfishing is occurring. Amendment 3 to the Southern Flounder Fishery Management Plan, adopted by the Commission in 2022, set quotas for the recreational and commercial fisheries, based on scientific data, to end overfishing and rebuild the stock. There is a pound-for-pound payback if either sector goes over its quota.

During today's quarterly business meeting, the Marine Fisheries Commission received an update on the recreational quota available for a recreational founder sea-

flounder resource, the North Carolina recreational floun- 2023, the recreational quota remaining for 2024 is not large enough to allow for a season opening. The leftover quota will be used to account for the anticipated dead discards that will occur due to incidental catch and release. The Commission discussed holding a special meeting to consider alternatives to not holding a 2024 recreational season but ultimately did not move forward with that approach

> Following Amendment 3 and not opening the 2024 recreational flounder season, combined with the increased recreational quota in 2025, should allow enough quota for a recreational season next year.

> Carolina's southern flounder fisheries are managed under the Southern Flounder Fishery Management Plan Amendment 3. For more information on the management measures, see the Southern Flounder Information Page under Hot Topics.

Recreational Sector, all values in pounds. (MRIP = recreational angler survey)

Recreational Sector, all values in pounds. (WRH — recreational angler survey)										
Year	TAC	Adjusted TAC	MRIP Landing	Gig Landings	Total Landings	MRIP Dead Discard	Gig Dead Discard	Total Dead Discard	Total Catch	Overage deducted from next year's TAC
2022	170,655	170,655	166,091	7,882	173,973	52,771	251	53,022	226,995	56,340
2023	170,655	114,315	192,168	7,882*	200,050	41,308	251*	41,559	241,609	127,294
2024	170,655	43,361	TBD							

*Estimated values from prior year.





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Did you know?

The American Academy of Dermatology recommends that parents avoid exposing babies younger than six months to

the sun's rays. Infants should be kept in the shade as much as possible and dressed in lightweight and long sleeves, pants, a wide-brimmed hat, and sunglasses. The AAD also notes that, when possible, sun-



screen use should be avoided in babies younger than six months. Children six months and older can use a broad-spectrum, water-resistant sunscreen with a sun-protection factor (SPF) of 30 or higher. These sunscreens should be applied to all areas that are not covered by clothing, and reapplied approximately every two hours (or as often as the product label indicates). Ingredients such as zinc oxide or titanium dioxide may cause less irritation to the sensitive skin of children six months and older.





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Minnesott - Great views and gentle breezes await you at this lovely 2 bedroom/2 bath villa. First floor unit recently upgraded new LVP flooring and newly painted walls. Gorgeous views of the river and pool and private sandy beach.

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Oriental, NC 28571

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3 Bedroom 2 Bath single wide mobile home for rent in Grantsboro. Newly renovated, includes washer and dryer, trash pick-up and lawn maintenance. NO PETS ALLOWED \$700.00 per month plus \$700.00 deposit. Must pass a background check. Please call 252-249-1617

"I have a lot of growing up to do. I realized that the other day inside my fort."

FOR RENT CLOSE TO ORIENTAL VILLAGE 3 BR 2 BA, \$2,000 per month



This immaculate 3 bedrooms and 2.5 bath single family home offers 2,140 square feet of comfortable living. Located in a very nice neighborhood close to the Village of Oriental, relax in the spacious living room-dining room combination that opens up to a lovely sunroom overlooking the private wooded yard. The well-equipped kitchen includes a breakfast nook opening to a peaceful screened in porch. The convenient laundry room is equipped with a washer dryer. Split-living arrangement. There is a finished room over the garage can be the perfect studio office. **Nothin' Could Be Finer**

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NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
EUNICE BOONE
File No.: 24 E 85

All persons, firms and corporations having claims against deceased, are notified to exhibit them to GREGORY B. CUTLER, ADMINISTRATOR on or before AUGUST 6, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 8TH DAY OF MAY 2024

ESTATE OF EUNICE BOONE C/O GREGORY B. CUTLER 707 CHIMNEY HILL WAY ROCKY MOUNT, NC 27804

Publish MAY 8,15, 22 AND 29, 2024

Notice to Creditors North Carolina, Pamlico County

All persons, firms and corporations having claims against the Estate of Bayard Fenner, deceased, of Merritt, NC, are notified to present the same to the personal representative listed below on or before August 8, 2024, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 8th day of May, 2024.

Debra Murray, Executrix of the Estate of Bayard Fenner c/o Quay & Associates, P.A. 412 Broad Street New Bern, NC 28560

PUBLICATION DATES: 5/8/2024; 5/15/2024; 5/22/2024; 5/29/2024

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE

LEGALS

PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
JENNINGS BRYAN TINGLE, JR
File No.: 24 E 97

All persons, firms and corporations having claims against deceased, are notified to exhibit them to CAROL H. WEST, EXECUTOR on or before AUGUST 6, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 8TH DAY OF MAY 2024

ESTATE OF JENNINGS BRYAN TINGLE, JR C/O CAROL H WEST 411 ELSMORE DR NEW BERN, NC 28562

Publish MAY 8,15, 22 AND 29, 2024

NORTH CAROLINA IN THE
GENERAL COURT OF
JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
KENNETH ALLEN MASON
File No.: 24 E 19

All persons, firms and corporations having claims against deceased, are notified to exhibit them to CHRISTINE M. DOTY, EXECUTOR on or before AUGUST 20, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 22ND DAY OF MAY 2024

ESTATE OF KENNETH ALLEN MASON C/O CHRISTINE M. DOTY 237 BLACKWELL POINT RD ORIENTAL, NC 28571

Publish MAY 22, 29, JUNE 5 AND 12, 2024

NORTH CAROLINA PAMLICO COUNTY

Special Proceedings No. 23 SP 50

Substitute Trustee: Philip A. Glass

NOTICE OF FORECLOSURE SALE

Date of Sale: May 30, 2024
Time of Sale: 12:00 p.m.
Place of Sale: Pamlico County
Courthouse
Description of Property: See
Attached Description
Record Owners: Demetrius
A. Green and Sharon M.
Green

Address of Property: 605 Straight Road Oriental, NC 28571

Deed of Trust:
Book: 670 Page: 871
Dated: November 12, 2020
Grantors: Demetrius A. Green
and Sharon M. Green husband
and wife

Original Beneficiary: Local Government Federal Credit Union CONDITIONS OF SALE:

This sale is made subject to all unpaid taxes and superior liens or encumbrances of record and assessments, if any, against the said property, and any recorded leases. This sale is also subject to any applicable county land transfer tax, and the successful third party bidder shall be required to make payment for any such county land transfer tax.

A cash deposit of 5% of the purchase price will be required at the time of the sale. Any successful bidder shall be required to tender the full balance of the purchase price so bid in cash or certified check at the time the Substitute Trustee tenders to him a deed for the property or attempts to tender such deed, and should said successful bidder fail to pay the full balance purchase price so bid at that time, he shall remain liable on his bid as provided for in North Carolina General Statutes Section 45-21.30 (d) and (e). This sale will be held open ten (10) days for upset bids

as required by law.

Residential property with less than 15 rental units, including single-family residential real property: an order for possession of the property may be issued pursuant to G.S. 45-21.29 in favor of the purchaser and against the party or parties in possession by the clerk of superior court of the county in which the property is sold. Any person who occupies the property pursuant to a rental agreement entered into or renewed on or after October 1, 2007, may, after receiving notice of sale, terminate the rental agreement by providing written notice of termination to the landlord, to be effective on a date stated in the notice that is at least 10 days, but not more than 90 days, after the sale date contained in the notice of sale, provided that the mortgagor has not cured the default at the time the tenant provides the notice of termination. Upon termination of a rental agreement, the tenant is liable for rent due under the rental agreement prorated to the effective date of the termination.

Dated: 3/28/24

Posted on 3/28/24 Exhibit A

Being all of tract "B" containing 0.50 acres as shown on that map prepared by William E. Marlowe, Professional Land Surveyor, dated September 9, 2008, entitled, "LOT LINE REVISION PREPARED FOR PATRICK BAKER", which survey map is recorded in Book 524 at page 156, Pamlico County Registry, and is incorporated herein by reference.

Subject to easements, restrictions and rights of way of record, and utility lines and rights of way in existence over, under or upon the above-described property.

PIN: 649822821000 Property Address: 605 Straight Rd. Oriental, NC 28571

INSPECTIONS

April 22, Anne Leonard, Oriental, new, \$989.90; Lynette Schroder, Merritt, demolition, \$0; Elizabeth Jordan, Minnesott Beach, deck, \$57.68; Patrick Bates, Minnesott Beach, shed, \$75.60

April 23, Keith Langlois, Oriental, renovation, \$721.96; Traci Miller, Oriental, mechanical/gas, \$50; Ray Flowers, New Bern, gas, \$50

Bern, gas, \$50 April 24, Amelia Saunders, Oriental, elevation, \$811.64; Rusty Furr, Lowland, elevation, \$886.04; Wesley Davis,

Bayboro, elevation, \$977.72

April 26, Streamline, Minnesott
Beach, new, \$1,342.16;
Streamline, Minnesott Beach,
new, \$1,358.20; Streamline,
Minnesott Beach, new,
\$1,295.26; Santa Klotz,
Grantsboro, electrical, \$50;
Coastal Heritage, Minnesott

Beach, garage, \$98; Ronald

Newpert, Lowland, electrical,

\$50
April 29, Fareed Kadum,
Oriental, CAMA Minor, \$100;
JJ Diverse Construction,
Merritt, deck/screen in porch,
\$86.88; James Kalmback,
Oriental, electrical, \$100;
Janet Leary, Grantsboro,
mechanical, \$189.68; Jimmie
Bright, Oriental, mechanical,
\$50; David Gaskins, Merritt,
electrical, \$50; David Wright,
Oriental, mechanical, \$50;
Mary Mattocks, Oriental, dem-

April 30, Kevin Patton, Arapahoe, building repair; Ray Flowers, New Bern, generator; Stephanie Henries, Stonewall, deck, \$96.08; Austin Morgan, Merritt, remodel, \$360; David Hansen, Stonewall, garage, \$285.20; Vernon Reason, Arapahoe, CAMA, \$104.72

olition, \$0

May 1, Maureen Jones, Oriental, new bakery, \$1,661.56 May 2, PC Grantsboro Well, Grantsboro, electrical, \$50; Realo Drugs, Grantsboro, electrical, \$50; John Brucker, Grantsboro, plumbing, \$50; Dale Montgomery. Oriental, mechanical, \$50; Billy Creech, Oriental, mechanical, \$50; Rhandy Walters, New Bern, building, \$96.08

May 3, Robert Wolfinger, Oriental, plumbing \$50; Troy Bazzle, Arapahoe, plumbing/gas, \$50; Donald Norris, Grantsboro, plumbing, \$50; James Ingram, Oriental, t-pole, \$50 May 6, Kevin Cornell, Merritt, electrical, \$50; Yolanda Cristiani/Hope Clinic, Oriental, tent w/fire, \$100

May 7, Robert Wolfinger, Oriental, electrical transfer switch, \$50; Gray Hardison, Bayboro, addition, \$397.60; Pauline Johnson, Merritt, new residential, \$606.60; Mary Mattocks, Oriental, new residential, \$1,013.96; Mark Holland, Arapahoe, electrical (pool), \$50; DSW Home Construction/Hazel Smith, Vandemere, plumbing, \$50; Shelia Sawyer. Stonewall, shed, \$101.20

May 8, Joyce Pilley, Arapahoe, mechanical, \$50; Alliance Manor Apartments, (2)Alliance, mechanical, \$100; Keith Cowell, Bayboro, garage, \$820; Frederick Wilson, Bayboro, electrical, \$50; Arthur Kelly, Bayboro, dormer, \$61.52

May 9. John Ferrel, Arapahoe, CAMA, \$124; J. Massengill, New Bern, fire, \$50; Shanda Maddox, Arapahoe, deck, \$78.80; Taylor Turner, New Bern. electrical, \$50; Randy McKenzie, Oriental, renovate/deck, \$294.56; James Sutton, Bayboro, garage, \$242; Christopher Bober, Oriental, new, \$1,336.88

May 10. Perez, Clayton Homes, Stonewall, doublewide, \$260

INCIDENTS

April 25, Pamlico Correctional Institute, Bayboro, order for arrest driving while license revoked

April 26, Olympia Rd., New Bern, fraud April 27, Wooded area across

from Reelsboro Methodist Church, New Bern, mental subject

April 28, Lauren Dr., Merritt, second degree trespass April 28, Main St., Bayboro,

simple assault April 29, Main St., Bayboro, obtain property by false pretenses

tenses April 29. NC Hwy 55, Stonewall, simple assault

April 30, Vandemere Rd., Bayboro, vehicle tow April 30. Anderson Dr., Bayboro,

all other offenses

April 30, NC Hwy 55,
Grantsboro, order for arrest
driving while license revoked

May 1, Water St., Bayboro,

injury to real property, injury to personal property

May 1, Old Bay River Rd., Alliance, assault on government official or employee May 1, NC Hwy 55, Grantsboro,

larceny of property or goods <= \$1,000

May 1, Main St., Bayboro, war-

rent for arrest possession with intent to manufacture, sell, distribute Schedule 1 Controlled Substance, warrant for arrest sell Schedule 1 Controlled Substance

May 2, NC Hwy 306/Hill Rd., Grantsboro, speeding (15+ MPH over), driving while license revoked not impaired revoked, carry concealed gun - M

May 2, Main St., Stonewall, order for arrest child support May 2, NC Hwy 306 S., Grantsboro, suspicious activity May 2, Main St., Bayboro, order for arrest driving while license revoked not impaired revoked

May 2, NC Hwy 55, Grantsboro, failure to appear child support. simple possession of Schedule VI controlled substance

May 7, Main St., Bayboro, leaving the scene of an accident
May 7, Main St., Bayboro, brea or enter building (misdemeanor)

May 8, Anderson Dr., Bayboro, simple assault May 9, Main St., Bayboro, child

endangerment

May 9, NC Hwy 306 N.,

Grantsboro, assault on a female by male at least 18 years of age May 9, NC Hwy 55, New Bern, failure to appear child support May 10, Holiday Lane, Oriental, voluntary commitment

May 10, Hobucken School Rd., Hobucken, injury to real property

May 10, NC Hwy 304, Bayboro. domestic violence protective order violation (misdemeanor)

May 11, S. Goose Creek Rd., Grantsboro, warrant for arrest misdemeanor larceny, warrant for arrest possess stolen goods/property

May 11, Crystal Ct., New Bern, domestic

May 12, NC Hwy 55, New Bern, desecration of grave marker May 12, Holiday Lane, Oriental, communicating threats

May 13, Keystown Rd., Grantsboro, misdemeanor crime of domestic violence May 13, Main St., Bayboro,

identity theft

May 13, Main St., Bayboro, cyberstalking
May 14, Main St., Bayboro,

obtain property by false pretenses May 15, NC Hwy 304, Mesic,

assault by pointing gun May 15, NC Hwy 55, New Bern, injury to real property

May 15, Fairview Ct., Bayboro, failure to appear
May 16, NC Hwy 306 S., Arapahoe, break or enter build-

ing (misdemeanor)

May 16, Neals Creek Rd.,
Bayboro, school attendance
law violation (4)

May 16, Anderson Dr., Bayboro, school attendance law violation (2)

May 16, NC Hwy 55, Bayboro, school attendance law violation May 16, N. Berne Landing Rd., New Bern, identity theft, obtain property by false pretenses May 16, Neuse Rd., New Bern,

larceny of property or goods value > \$1,000, injury to real property May 17, Mill Pond Rd., Alliance, break or enter building (misde-

meanor), possession of drug

paraphernalia not for marijuana

May 18, Midyette St., Oriental,

intoxicated and disruptive May 18, Main St., Bayboro, order for arrest driving while license revoked

May 18, Pirate Cove Circle, Oriental, assault on a female by male at least 18 years of age May 18, Pirate Cove Circle, Oriental, misdemeanor crime of

domestic violence May 19, NC Hwy 55, Alliance, larceny of motor vehicle

May 20, Main St., Bayboro, obtain property by false pretenses, impersonation of law enforcement

May 21, S. Goose Creek Rd., Grantsboro, lost property

May 21, Main St., Bayboro, failure to appear May 21, NC Hwy 55, Bayboro,

warrant for arrest
May 22, Main St., Bayboro.
cruelty to animals (M) (M) Dog/

cruelty to animals (M), (M) Dog/ CatFerret vaccination May 22, New Ditch Farm Rd.,

May 22, New Ditch Farm Rd., Alliance, discharge weapon occupied dwelling/moving vehicle

AROUND THE COUNTY

Whortonsville Reba Tiller, Correspondent



The fields are beautiful as the crops are growing with leaps and bounds especially the corn. It is Monday, Memorial Day and I am late with the news this week. Lots of guests. Lalon, my niece and husband Tom Opheim were visiting from the The Villages in Florida last week from Wednesday to Saturday, then my son Ken and grandson Jacob

came on Saturday and am expecting Pulley from Timberlake to arrive today. I love company even though I have a small house we can always find room. My son Ken is the one who was in the hospital recently and found he had cancer but he is doing well with it. The Marine Craft Marina sponsored Extravaganza was Saturday and I listened to the band from my front porch. Just got bad news this morning that Amanda Godwin had passed away in a Hospice House in Charlotte. Amanda and Eddie were very precious and and helpful to Weeks and me over the years. They built us a very good dock when the one we had got torn up in a hurricane. Missed all the happenings in Oriental but with the weather being so gorgeous I am sure everything went off without a hitch. Now we are anticipating Noah's graduation from Pamlico High School. A lot of the credit goes to Savannah Alexander for how well he has done because she taught him in Chapel Hill before Noah moved here. Harry is back at Camp Seagull waiting for schools to end and the influx of the kids. Several of the counselors were at Rusty's house yesterday celebrating their last "hurrah" before the kids come into camp. Pamlico Chorale is gearing up to sing at the Croaker Festival and we will have rehearsal on Monday, July 1st at 5:00 in the Fellowship Hall of the Oriental Methodist Church. Be sure you have the music for the "SALUTE TO THE ARMED FORCES."

THOUGHT FOR THE WEEK-- REMEMBER THOSE WHO SACRIFICED THEIR LIVES SO THAT WE MAY HAVE THE FREEDOM TO WORSHIP, PLAY, SING, AND LOVE EACH

PUBLIC HEARING NOTICE

The Town of Oriental will hold a Public Hearing on June 4, 2024 at 6PM or as soon thereafter as can be reached, at the Oriental Town Hall Large Board Room, 507 Church St.

The Purpose of this Public Hearing is to take comment on the proposed budget and revised fee schedule for the 2024-2025 Fiscal Year, beginning July 1, 2024.

The proposed Budget (General Fund and Water Fund) will have been presented to the Mayor and Commissioners by June 1, and will be available for inspection at Town Hall M-Th 8AM-4PM. F 8AM-3PM.

It can also be viewed at www.TownofOriental.com

Substantial changes may be made to the Budget following the Public Hearing.

Diane H. Miller, Manager/Clerk, Town of Oriental

Pamlico Betty Jo Rodgers, Correspondent



I am late writing my article this week and it is Memorial Day today. Last Memorial Day, I attended the service at the Pamlico County Court House and went to New Bern to meet with Dallas Quidley at his request, because he wanted me to officiate his and Sadie's funerals when the time came. I remember that day well as I took a fall in the hall

at Truwood and got a nice shiner that stayed with me for days. In just one short year, they both went home to be with the Lord.

Praise the Lord, no accidents this year. As always, the wreaths in front of the WW II memorial at the courthouse are beautiful and special to me. Wilbur Gaskill, the husband of my namesake, was one of the men who died for our freedom. He had been a member of Bayboro Baptist Church and had been very active in that church back in the day.

The corn on the farm is high enough now that I have to creep out of my driveway to be sure there is no oncoming traffic. The corn is the tallest I have seen in the county thus far. I did see a small flock of turkeys in a field on Trent Road. Of course, I still have to dodge potholes and turtles when I drive on that road. Several holes have been patched, but it is still a mess.

Mr. Dubois continues to clean up his lot next to the Broad Creek United Church of Christ and our farm. Mrs. Mary Mattocks has containers in her driveway as they are doing work inside her house. I noticed the folks across from Kenny Hill are leveling their lot, perhaps they will become new neighbors this year.

Starting on Memorial Day, Chubby's BBQ will be open from 11:00 am - 7:00 pm Monday through Saturday.

Stonewall Methodist Church had a wonderful Trinity Sunday and Memorial Sunday celebration on May 26, 2024. After worship several youth participated in the "Rise Against Hunger" event at Washington First Methodist Church and helped to pack almost 10,000 meals. Sharon Rowe and I treated them out to supper at Burger King on our way back to Pamlico County. We are so proud of our youth and their desire to take part in service projects.

Celebrating her birthday in May is Suzie Rodgers (5/30). Celebrating their anniversary in May are Timothy & Veronica

Have a blessed week. Tired? Take Spiritual Vitamin T. "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." (Isaiah 40:31)

PUBLIC NOTICE Town of Minnesott Beach 2024-2025 Budget

The Town of Minnesott Beach Board of Commissioners will hold a Public Hearing on June 11, 2024 at 7:00pm at the Minnesott Beach Town Hall, located at 11758 NC Hwy. 306 S. in Minnesott Beach on the proposed Fiscal Year 2024-2025 Budget pursuant to NC GS 159-12(b).

A copy of the proposed budget is on file at the Town Hall for public inspection Monday through Thursday from 9:00AM to 2:30PM. It is also available on the web at minnesottbeachnc.govoffice2.com.

This is an open meeting and all residents are invited to

GLASSES FOUND

A pair of glasses where found in the driveway at 607 Alligator Creek Rd, Merritt. Please call 670-9404 if you lost your glasses there.

How to test home water quality

Water is essential for life. Generally speaking, a human can go without food for about three weeks, but typically would perish without water after just three to four days. When people consume water, they are doing so with the assumption or hope that the water is clean and free from harmful contaminants. Even though municipal water systems filter and test water supplies, the company EcoWater Systems™ says some of the most common tap water con-

taminants they encounter actually enter water sources after they have been tested at treatment facilities. Drinking water may contain small amounts of contaminants that are not unsafe to consume at certain levels. However, at higher levels, these same substances can be problematic. Contaminants can include hydrogen sulfide, raised acidic levels, arsenic, lead, nitrates, and microbiologicals, which include viruses, protozoan and parasites. Homeowners can take proactive approaches to test their water to determine if it contains potentially harmful levels of contaminants. This is especially crucial for those who rely on residential well water, which is not subject to the same testing as municipal systems.



Anyone who knows there may be a problem with the ground water or drinking water in their area or who notices a change in water odor, color and taste can request more informa-

One place to start is with a Consumer Confidence Report. Most people on municipal water should receive an annual water quality report called a CCR, or Consumer Confidence Report, states Consumer Reports. People who rent or didn't receive one can contact their local water supplier or their landlords.

Testing can be initiated by contacting one's local health department, which may provide free private well or drinking water testing, advises the Environmental Protection Agency. Homeowners also can reach out to a state-certified laboratory to test drinking water. These organizations can provide the most accurate results. Call the Safe Drinking Water Hotline at 800-426-4791. People also can buy test kits from their local home centers or online. These tests come with a package of strips that contain reactants that change color to indicate the presence of various contaminants in the water. Keep in mind that quality control may vary, and that tests can give false readings. Testing drinking water can alert to potential problems and compel homeowners to take action regarding contaminated water.

LEGAL NOTICE

STATE OF NORTH CAROLINA **UTILITIES COMMISSION** RALEIGH

DOCKET NO. E-100, SUB 192

BEFORE THE NORTH CAROLINA UTILITIES COMMISSION

In the Matter of 2023 Integrated Resource Plan of Dominion Energy North Carolina

NOTICE OF PUBLIC HEARING ON 2023 BIENNIAL INTEGRATED RESOURCE PLAN AND REPS COMPLIANCE PLAN

NOTICE IS HEREBY GIVEN that the North Carolina Utilities Commission (Commission) has scheduled a public hearing in conjunction with the Commission's review and evaluation of Virginia Electric and Power Company d/b/a Dominion Energy's (Dominion) proposed 2023 Integrated Resource Plan (IRP) and 2023 Renewable Energy and Energy Efficiency Portfolio Standard (REPS) Compliance Plan.

The purpose of the review and evaluation is to ensure that Dominion is developing reliable projections of the long-range demands for electricity in its service area and is developing a combination of reliable resource options for meeting the anticipated demands in a cost-effective manner. An IRP is intended to identify those electric resource options which can be obtained at least cost to ratepayers in North Carolina consistent with adequate, reliable electric service. An IRP also considers conservation, efficiency, load management, and other demand-side program alternatives in the selection of resource options. Commission Rule R8-60 requires that Dominion furnish the Commission with a biennial report that contains the specific information set out in that Commission Rule.

On May 1, 2023, Dominion filed its proposed 2023 IRP, which has been subsequently corrected. Dominion filed the most up-to-date version of its 2023 IRP on September 15, 2023. Also, on May 1, 2023, Dominion filed its 2023 REPS Compliance Plan.

The Commission has scheduled this matter for a virtual public witness hearing on Wednesday, July 10, 2024, at 6:30 p.m., which will be held via Webex and end at the earlier of the last witness' testimony or 9:30 p.m. A link to view the hearing will be available at www.ncuc.gov.

Members of the public that would like to testify must register in advance of the hearing, no later than 5:00 p.m. on Wednesday, July 3, 2024, by completing the electronic Remote Public Witness Registration form located on the Commission's website at www.ncuc.gov/hearings/remotepublicregister/html. If assistance is need is needed, please contact 919-733-0837

Only individuals registered by 5:00 p.m. on Wednesday, July 3, 2024, will be allowed to testify at the Wednesday, July 10, 2024, remote public witness hearing. This hearing will be canceled if no one registers to testify by 5:00 p.m. on Wednesday, July 3, 2024.

The public hearing will be solely for the purpose of receiving the testimony of public witnesses in accordance with Commission Rule R1-21(g). The Commission reserves the right to limit testimony at the public witness hearings pursuant to Commission Rule R1-21(g)(5). Persons who desire to present testimony for the record should register for the public hearings.

Persons who desire to send written statements to inform the Commission of their positions in the matter should address their statements to the North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300, and reference Docket No. E-100, Sub 192CS. However, such written statements cannot be considered competent evidence unless those persons appear remotely at the public witness hearing described below and testify concerning the information contained in their written statements. Persons can also submit a statement on Dominion's proposed 2023 IRP and 2023 REPS Compliance Plan via the Commission's website at www.ncuc.gov/contactus.html. Consumer statements will be placed in Docket No. E-100, Sub 192CS and may be accessed by searching that docket number via the Commission's

The Public Staff is authorized by statute to represent consumers in proceedings before the Commission. Written statements to the Public Staff should include any information which the writers wish to be considered by the Public Staff in its investigation of the matter. Such statements should be addressed to:

> Mr. Christopher J. Ayers Executive Director Public Staff – North Carolina Utilities Commission 4326 Mail Service Center Raleigh, North Carolina 27699-430

The Attorney General is also authorized to represent consumers in proceedings before the Commission. Statements to the Attorney General should be addressed to:

> The Honorable Josh Stein Attorney General of North Carolina c/o Consumer Protection - Utilities 9001 Mail Service Center Raleigh, North Carolina 27699-9001 utilityAGO@ncdoj.gov

This the 14th day of May, 2024

NORTH CAROLINA UTILITIES COMMISSION Tamika D. Convers, Deputy Clerk

LETTER TO THE EDITOR



DALE R. FOLWELL CPA Yala 7- Folance CPA

STATE AND LOCAL GOVERNMENT FINANCE DIVISION AND THE LOCAL GOVERNMENT COMMISSION

May 17, 2024

Dear Local Government Official:

The staff of the Local Government Commission has recently reviewed data from audited financial statements submitted by local governments for fiscal year 2023 and analyzed other information related to their financial health and fiscal management practices. I am pleased to notify you that based on our analysis, Oriental will not be included on the fiscal year 2023 Unit Assistance List.

We commend you and your staff on the efforts you made to achieve this goal. We encourage you to continue to maintain the practices that have led to this accomplishment and to look for opportunities to continue to improve your financial health and fiscal management practices.

Our staff is available to provide guidance or assistance as you continue your work to adhere to the requirements of the Local Government Budget and Fiscal Control Act. Please do not hesitate to contact us at slgfd@nctreasurer.com or 919-814-4300.

Sincerely Kendra B Boyle Kendra B. Boyle, CPA, CIA

Director, Fiscal Management Section State and Local Government Finance Division

Submitted by Breena Litzenberger

Thanks to the hard work and dedication of Diane Davis Miller, Tammy Andrew Cox, Sally Belangia and town admin staff, we are off the Unit Assistance List an ENTIRE YEAR EARLY!!!! This is huge for our small town and due solely to the hard work and long hours our town staff put in. Thank you so much, Team!! Because of you all, we are in better standing for receiving grants and we have more autonomy when dealing with our finances.

We were originally put on the list due to a late audit (COVID related) and due to our water rates being low so as not to fund depreciation.

Be sure to comment and congratulate these amazing women!

Commissioner, Town of Oriental

PCC can help you move to the front of the class... free of charge!

Tuition-free college courses available through the N.C. Career & College Promise program can help high school students get a head start on their futures!













The Spring 2024 semester is over, but it's not too early for rising high school juniors and seniors to talk to PCC officials or their guidance counselors about enrolling for the 2024-25 school year!

CCP courses offered through the college are open to students who attend Pamlico County High School, Arapahoe Charter School, Pamlico Christian Academy or a home school!

CCP courses can help students get ahead in their studies and save money! Join us this Fall!

Contact PCC today to see how the CCP program can help you... free of charge!



Contact Derek Godwin 252-249-1851, ext. 3106 dgodwin@pamlicocc.edu www.pamlicocc.edu



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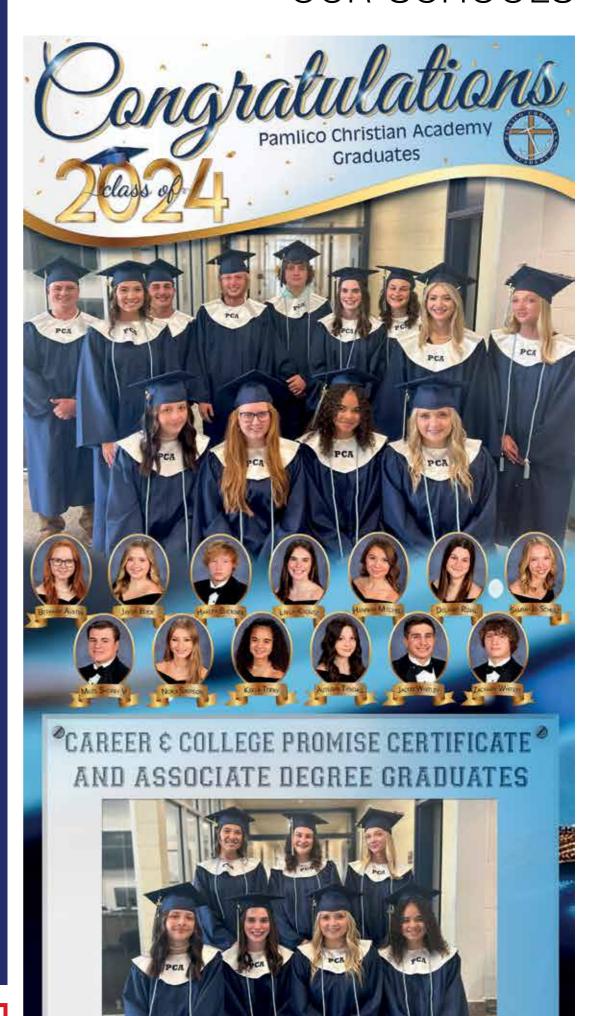
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OUR SCHOOLS



Sammi-Jo Schulz: CCP & Associate, Delanie Royal: CCP & Associate, Sammi-Jo Schulz: CCP, Autumn Tyndall: CCP & Cosmetology Diploma, Layla Koontz: CCP & Associate, Jayda Buck: CCP & Associate, Kayla Terry: CCP

2024 PCA PROMOTIONS



8TH Grade:

Zachary Salen, Naomi Coursey, Raegan Clark, Mandy Tyler, Noah Haywood, Alexis Hardee, Eliza Miller, Presley Boyer, Carolina Wright, Colbey Jae Lee, Laura Thompson, Ava Ladwig, Noah Sadler (not shown)

Kindergarten:

Ellie Anderson, Emma Bass, Robert Donaghy, Avery Hannah, Jacob Hilliker, Elizabeth Hopson, Savannah Jones, Oakleigh Lopez, Grant Mills, Colton Price, Marah Redington, Nevae Ryan, Peter Shaw, Emma Sodoma, Alexandra Thornton, Jaxson Vega, Josiah Waller, Marshall Watson, Michael Weathers, Owen Weaver

Congratulations to the remarkable
Pamlico Christian Academy Class of 2024
graduates, our outstanding 8th grade and
delightful kindergarten promotees! As you step
into new chapters of your lives, may the Lord's
guidance, protection, and love be with you every
step of the way. We are incredibly proud of your
achievements and excited for the bright futures
that await you!

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ART

"An Evening with the Arts" at PCMS

by: Hiram Lupton

As the school year begins to wind down, it is a good time to show off a little and that's exactly what the talented students of Pamlico County Middle School art teacher Jamee Rose did last Wednesday as PCMS hosted "An Evening with the Arts." Student creations using acrylics, charcoal, oil pastels and mixed media were on display in the cafeteria and some of the impressive works left no doubt about the talent present in our schools. In addition to the impressive art display there was also some live music provided by some of the members of the PCMS band as well as the PCMS chorus. A feast for the eyes as well as the ears.









"Art is not what you see, but what you make others see.,,

Edgar Degas

The Old Theater in Oriental Presents Mac McRoy & The South Point Band Sunday June 2 at 3:00 PM

Tickets: \$25 (\$20 for OT members, military, and students) available now at Nautical Wheelers in Oriental and New Bern or online at: https://showclix.com/event/mac-mcroy-gospel-bluegrass

Mac McRoy and The South Point Band play traditional Bluegrass gospel as they give praise to God. Mac has been playing in and around Bluegrass music for over 30 years and is well known for his song writing and high lonesome sound. Born in Blounts Creek, NC, he now lives in New Bern, NC, with his wife Mary. After a 24 year successful career of singing bluegrass and country music on radio and TV, Mac (affectionately called Big Mac) took a break from the entertainment business but he's back now performing at festivals, church specials, and

on stage. He enjoys spreading the Gospel and keeping the music genre traditional. Mary McRoy compliments Mac's vocals with her high harmony and clean sound. Steven Clark adds upright bass and smooth baritone vocals with impeccable timing. Rounding out this ensemble is Mitch Mitchell, banjo extraordinaire. Mitch has been picking since he was fourteen and has played with some of the greats in the region and is known for his Scruggs style picking. Each member of this band has a wondrous



story to tell and gives the Lord praise for their life and talents. Mac is no stranger to Oriental or to The Old Theater, as he played alongside several local musicians and performed on The Old Theater stage more than twenty years ago. Mac McRoy and The South Point Band bring a great combination of gospel music and Bluegrass to their listeners! Praiseworthy indeed!

Tickets may be available one hour before the show at the Box Office or on the theater's website at https://oldtheater.org. Complimentary tickets need to be exchanged for regular tickets

at Nautical Wheelers to ensure seating in the event of a sold-out show. For additional information call 252-249-0477.

Box Office opens one hour before the performance; doors open 30-minutes before the show. Wine and soft drinks will be available by donation.

The Old Theater is located at 609 Broad Street in Oriental, NC, and is a 501(c)(3) nonprofit organization, a venue for performing arts in Pamlico County and all Eastern North Carolina.

music simply sounds better on vinyl...

Despite the number of ways people can store and play music that have evolved through the years, audiophiles often insist that music simply sounds better on vinyl. Is there anything to support this affirmation? It may be more complicated than music simply sounding better, as vinyl engages other senses as well. There is a tangible aspect to playing records rather than just streaming tracks through cyberspace. Records have a distinct smell and feel in hand. Vinyl records also can be displayed on shelves, which appeals

to many music lovers. However, there may be something scientific to music sounding a particular way that makes it different from other methods. According to MeeMix, vinyl is recorded in an analog format, which means the sound is closer to how it was on the original recording. MP3 and other digital files are compressed for size and often lose some of the original sound, although it isn't overtly detectable. When a person is listening to vinyl, all of the original data is present, as opposed to digital formats

where the compression to keep files smaller omits certain frequencies that can add to the nuance of music. However, vinyl won't always sound better than CDs or streaming digital. Equipment used to play vinyl records can affect sound quality. So a quality turntable and high-output speakers will provide the best sound, according to The Sound of Vinyl, a vinyl record retailer. Moderatequality headphones can still do a bang-up job of outputting digital files and creating a sound that's comparable to vinyl.



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