

# The Pamlico News

Wednesday, June 5, 2024

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## James Madison University announces spring 2024 graduates

HARRISONBURG, VA – James Madison University is pleased to announce the following students who graduated during the May 2024 commencement exercises.

**Sarah Allen** of New Bern who received a degree in Writing Rhet & Tech Comm - BA.

**Eliza Snipes** of Vandemere who received a degree in Theatre - BA.



Eliza Snipes



## Cherry Point June 2024 Notice of Training

MARINE CORPS AIR STATION CHERRY POINT, N.C. — Marine Corps Air Station Cherry Point and its outlying fields and ranges will facilitate a variety of military trainings throughout the month of June.

Those living near Marine Corps Outlying Field Atlantic can expect to hear loud booms associated with artillery simulations and blank gun fire from 10 p.m. to midnight, June 11-19.

Additionally, there will be special boat teams operating in and around the Marine Corps Air Station Cherry Point waterways June 10-22. Those living near the waterways can expect to see an increase in military presence near Bombing Targets 9 and 11 and hear loud noises associated with live-fire training, going as late as midnight some nights.

Residents living near MCOLF Oak Grove are advised that parachute operations will be conducted during daylight hours, June 12.

Lastly, explosive ordnance disposal Marines may conduct explosives training at MCAS Cherry Point. Those living on or near the installation can expect to hear the occasional loud explosion.

Direct follow-up inquiries to MCAS Cherry Point Communication Strategy and Operations at 252-466-4241 or [cherrypt@usmc.mil](mailto:cherrypt@usmc.mil).

### PCHS Athletic Awards



Coach Bobby Griffin and Chase Bennett

## Pamlico County High School Spring Athletic Awards

by: Hiram Lupton

The athletes of Pamlico County High School were honored Thursday evening at the annual Spring athletic awards ceremony. In addition to the members of the Men's and Women's Track team, Men's Golf team, Softball team, and Baseball team being recognized, sev-



Coach April Rose and Dania Galvan-Veliz

eral athletes were recognized for their achievements throughout the entire school year. Among the many awards given, several stood out. Mr. Malachi Sheffield was the 2023 1A State Wheelchair Champion in three Track and Field Events, the Shotput, the 100-meters, and the 200-meters, and on Thursday he was presented with his championship rings for those events. It was a very special occasion as Malachi has been battling health issues this spring which included an extended hospital stay. He is on the mend and was able to join the event in person and receive his rings from Coach Bobby Griffin. He was also awarded the Vanessa Anderson Overcomer Award presented by the Pamlico County Schools Athletic Booster Club. The prestigious Hubert L. Monk Leadership Award went to two outstanding persons and athletes, Miss Dania Galvan-Veliz and Mr. Chase Bennett. Finally, The Male and Female Athlete of the Year Awards went to two standout performers on the field and court, Mr. Antoine King and Miss Layla Prescott. Congratulations to all the fine athletes honored at the ceremony.



Malachi Sheffield receives his State Championship rings from Coach Bobby Griffin



Athletes of the Year, Layla Prescott and Antoine King

## PCHS Scholarship Night

by: Hiram Lupton



It was a huge night last Tuesday, celebrating the academic achievements of the students of Pamlico County High School and rewarding their hard work. The PCHS Scholarship Night opened by recognizing a few underclassmen who no doubt will be sitting on this stage next spring. PCHS students who will be attending the North Carolina School of Science and Math and The North Carolina Governor's School this summer were acknowledged. The nine members of the Junior class who, through their high academic achievement, have been selected to perform the duties of 2024 graduation Marshals were also introduced. After these important preliminaries, it was on to the main event, the awarding of scholarships. For the twenty-four Seniors seated on the stage, and a couple who weren't able to attend the ceremony, it was a very rewarding night indeed, as over \$1.3 million in scholarships were announced and given to these deserving students. Many of the rewarding organizations had representatives on hand to present these awards. No matter the size, or whether they were from local entities or the college or university the student is attending, each scholarship was greatly appreciated. Take it from a parent who has been there, college is expensive, and every bit helps. The scholarship awards are not quite over. There are several more awards to be announced at graduation and through the summer, with amounts totaling in the thousands of dollars. The Pamlico News will publish a list of scholarship recipients in our special Graduation issue out on June 12th. Congratulations to all the scholarship recipients and a special thanks to PCHS School Counselor Betsy McCandless and the entire school administration for once again organizing this great event.

### Electrical fires are more common than one might think.

The Electrical Safety Foundation says home electrical fires account for an estimated 51,000 fires each year, nearly 500 deaths, and more than 1,400 injuries. Certain conditions can lead to electrical home fires. The National Fire Protection Association indicates home fires can result from overloading electrical outlets and inadequate distribution of lighting equipment. When this occurs, these fires most often originate in a bedroom. Ensuring electrical systems are up to code and addressing issues with the help of a qualified electrician can reduce the risk of electrical fires.

## BOC Budget Presentation Draws Packed Courtroom

by: Hiram Lupton



The Pamlico County Board of Commissioners

It is early June and time for the annual ritual we all know and love, presentation of the County budget by the County Manager to the Board of Commissioners. The Board has had a series of budget meetings over the past several weeks, and the suggestion made by one commissioner at last week's meeting to massively cut the school's portion of the budget by as much as a million dollars has effectively stirred up a hornet's nest. As the word of this spread, it became apparent that there would be a huge turnout, and County staff took appropriate measures to move the meeting from the Commissioners room to the courtroom.

The budget is certainly a tight one. Projected revenues are \$23,815,846 while County expenses are expected to be \$25,795,429. The \$1,979,583 shortfall will be made up by tapping into the County's fund balance, or as County Manager Tim Buck called it, "our piggy bank," which currently has a balance of between 8 and 9 million dollars. As Mr. Buck pointed out to the Commissioners, these are projected amounts and the budget planners tend to lean conservative in what they expect revenues to be and realistic on the expense side. The outside agency funding which the county supplies, for the most part stuck to 3.5% increases from last year's budget. The exceptions were the Forestry Service which received a 6.4% boost and the Capital outlays to Pamlico County Schools which was cut by about 15%, down from \$386,800 to \$330,000. The general expenses to the school received a 3.5% boost to \$4,717,116, up from last year's \$4,557,600. Not quite the requested \$4,998,507, but much better than the proposed \$1,000,000 cut that Commissioner Baskerville had proposed at last week's budget meeting. Within the actual County services budget, departments were asked to maintain their budget at last year's levels and many of the capital requests were only partially funded or deferred. Funds were appropriated to give County employees a 3.5% raise. One item that did not survive the chopping block at all was the recycling convenience sites, which by closing are projected to save the County about \$100,000. Recycling will still be available at the transfer station in Grantsboro. Important to many, all of this was done without a property tax rate increase, which will remain at last year's level of \$.625 per \$100 of value. While many did not get what they asked for, for the most part the budget spread this reduced funding throughout all departments and agencies. It contained no property tax increase and it allotted County employees a raise. As my daddy used to tell me, "If you can't make everyone happy, make sure you piss everyone off equally." You can find the entire budget presentation presented to the Commissioners on the County's website. This is of course, the proposed budget, not the final approved budget.

After Mr. Buck's presentation, as it was the first Board meeting of the month, time was allotted for public comment. Nearly all of the eleven speakers adamantly urged the Board to fully fund the County schools. The speakers included the Superintendent of Schools, Chairman of the Board of Education, School Principals, Coaches, parents, and concerned citizens. Vickie Moseley Jones urged the Board to "give children the best opportunity

Continued on Page A5

### WEEKEND WEATHER

Saturday, June 8th **85° Hi** Clear throughout the day

Sunday, June 9th **88° Hi** Clear throughout the day



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# Pamlico Community College

## Pamlico Community College plans free Summer STEM day camp for middle schoolers

By Sandy Wall

Pamlico Community College is inviting rising sixth-, seventh- and eighth-graders to take part in an informative, educational and fun day camp in June focusing on the region's beautiful natural surroundings.

The college's Environmental Camp 2024 is set for June 24-27. It will be based at PCC's Delamar Center, but will include plenty of outdoor activities and field trips for participants.

Twenty (20) spots are available in the free day camp, which is designed to get middle school students excited about Science, Technology, Engineering and Math (STEM). Participants will receive lunch and snacks each day, as well as transportation to off-campus sites such as East Carolina University's Queen Anne's Revenge lab, Carrot Island near Beaufort and the Lathan-Whitehurst Nature Park in Craven County.

A generous \$5,000 grant from the STEM East Network is making it possible for the college to offer the day camp, which will take place daily from 9 a.m. to 3 p.m.

"We're going to be busy. We have a lot of exciting activities and trips planned for our four-day Environmental Camp," said Derek Godwin, the college's director of Career & College Promise and a key organizer of the event. "We hope to show the middle-schoolers how STEM concepts explain the wonders of our natural environment. We also want to let them know about the STEM-related career opportunities that could be available for them close to home."

Before the COVID-19 pandemic, the college had offered similar day camps for middle schoolers, including in 2018 and 2019. Pamlico has been able to restart the effort in large part because it has joined other area community colleges in the STEM East Network, which is a Greenville-based consortium of schools, colleges, employers, state and local governments and others designed to enhance STEM learning opportunities that align with jobs available in Eastern North Carolina.

By participating in the STEM East Network, which is an initiative of the NC East Alliance, a regional economic development organization, Pamlico is part of a regionwide effort to expand learning opportunities for students and to grow the area's skilled workforce.

"We are happy to be part of the STEM East Network, and all of us are grateful for the organization's support of our day camp," said PCC Acting President Michelle Willis-Krauss. "I encourage parents of rising sixth-, seventh- and eighth-graders to check out this opportunity."

Information about the day camp is available online by joining the camp's Facebook group at <https://www.facebook.com/groups/pccsummercamp2024>

Additional information also is available by contacting Derek Godwin at 252-249-1851, ext. 3106, or [dgodwin@pamlicocc.edu](mailto:dgodwin@pamlicocc.edu).

Sandy Wall can be reached at 252-249-1851, ext. 3010, or [swall@pamlicocc.edu](mailto:swall@pamlicocc.edu).



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Agent of the Week

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Broker/Veteran

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Bill, PA



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**MINNESOTT BEACH** – First floor 2BR/2BA Sea Gull Villas waterfront condo. Perfect Neuse River views, private sandy beach, gazebo & swimming pool. Recently remodeled kitchen. No flood insurance needed; 30' above sea level.

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# THIS WEEK IN HISTORY

by: Hiram Lupton

- June 5th – Today is National Start Over Day. I generally start over several times a day. It is also National Moonshine Day and National Running Day. Guess which one I'm going to celebrate.
- June 6th – Today is the 80th anniversary of the D-Day landings on Normandy in World War II.
- June 7th – Today is National Doughnut Day. One of my favorite nuts.
- June 8th – Today is Name Your Poison Day. I think I'll name it George.
- June 9th – Today is National Earl Day. If your name is Earl, celebrate. My favorite Earl is the Earl of Sandwich. He invented the sandwich in 1762.
- June 10th – Today is National Iced Tea Day. Make sure its sweet with a little bit of lemon.
- June 11th – Today is National Call Your Doctor Day. I think I'll call him a quack.

## BIRTHDAYS THIS WEEK

- June 7th – 1958, Musician Prince Rodgers Nelson (Prince)
- June 8th – 19??, Legendary saxophone player James Durham
- June 9th – 1934, Famous cartoon quacker, Donald Fauntleroy Duck
- June 9th – 1961, Actor Michael J. Fox
- June 9th – 1963, Actor and court defendant Johnny Depp
- June 9th – 1981, Actress Natlie Hershlag (Natalie Portman)
- June 10th – 1893, Actress Hattie McDaniel
- June 11th – 1910, Marine Biologist Jacques Cousteau



*I am careful not to confuse excellence with perfection. Excellence I can reach for; perfection is God's business.*

—Michael J. Fox

*“Every explorer I have met has been driven—not coincidentally but quintessentially—by curiosity, by a single-minded, insatiable, and even jubilant need to know.”*

— Jacques-Yves Cousteau, *The Human, the Orchid, and the Octopus: Exploring and Conserving Our Natural World*

**Concerned about your drinking?  
You are not alone, there is help available!  
Come join others who have found a Solution!  
Alcoholics Anonymous: New Bern Hotline (252) 633-3716**

### Meetings in Pamlico County:

**(If you think you may have a problem, you are welcome to attend)**

**Tuesday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

**Thursday \*7:30pm\*\*** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

**Friday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

**Sunday \*7pm** - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)

<https://aaeasternnc.org/>    <https://aanorthcarolina.org/>    <https://www.aa.org/>

### OTHER RECOVERY RESOURCES IN PAMLICO COUNTY

**Al-Anon Tuesday \*\*7pm\*\*** - Meeting at 403 Mildred Street in Oriental, NC (Green House) (Members are people, just like you, who are worried about someone with a drinking problem). <https://al-anon.org>

**Adult Children of Alcoholics (ACOA)** Monday 6:30-8pm (Open Meeting) and Saturday 6:30-8pm (Women Only) both meetings are held at the Free Will Baptist Church, 600 Ragan Rd. in Oriental (2nd brick building on left off Hwy 55) (ACOA is concerned with the impact and after-effects of growing up in alcoholic or dysfunctional circumstances) <https://adultchildren.org/>

**Narcotics Anonymous (NA) Wednesday 7pm** - Never Alone Group: Meeting held at Alliance United Methodist Church, 687 Main Street, Bayboro, NC (close to DSS/Senior Center) (NA is a group of peers who offers a plan for recovery and an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle) <https://na.org/>

# The Pamlico News

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# COMMUNITY

## OBITUARIES



**Arlene Haddock Willis, 79, of New Bern** passed away Friday, May 31, 2024, at Pruitt Health-Neuse Campus.

Arlene liked to travel; however, she loved her community of New Bern, and always came back home. She retired from Carolina Telephone as a supervisor. She was a member of Amity Christian Church. Arlene happily dedicated her time and efforts to her family. Her caring nature and warm heart made her a mother figure to many as she fostered several children throughout her life. She found joy and happiness in working in her yard.

She was preceded in death by her parents, Richard and Lillian Haddock; hus-

band, Ashton Willis; brothers, Richard A. Haddock, Jr. and Samuel Haddock; and a great granddaughter.

Those remaining to cherish her memory are sons, Wesley Broughton (Terri) and Leslie Broughton; daughter, Misty Coute; sisters, Angela Gaskins (Jimmy), Princess Lipscomb (Doug), and Victoria Andrews (Rodney); four grandchildren; and one great grandchild.

A funeral service to honor Arlene's life will be held at 2:00 p.m., Wednesday, June 5th at Amity Christian Church. Interment will follow immediately in the church cemetery. The family will receive friends one hour prior to the service at the church.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance.



## Free and Charitable Clinics, ECU Farm2Clinic Initiative, Food Lion Feeds To Provide Produce, Healthy Cooking Demos, Gift Cards to Underserved

- Public invited to events June 8 and June 18 to learn about link between diet, good health
- Mobile teaching kitchen funded by Food Lion Feeds will make debut with cooking demos
- Events also offer chance for uninsured residents to enroll with a free and charitable clinic

**GREENVILLE, N.C. (June 4, 2024)** – The North Carolina Association of Free and Charitable Clinics (NCAFCC) is teaming up with East Carolina University (ECU) and Food Lion Feeds in June to help low-income uninsured and underinsured residents in Eastern North Carolina eat their way to better health.

Two events, June 8 in Grantsboro and June 18 in Goldsboro will feature giveaways of fresh produce and Food Lion gift cards along with healthy cooking demonstrations utilizing a new mobile teaching kitchen funded by Food Lion Feeds for use by ECU's Farm2Clinic program. Both events are open to the public.

The ECU program works with seven NCAFCC member clinics in the region, providing produce donated by local farms as part of a food-as-medicine initiative. This initiative aims to improve patients' health by increasing their access to fresh fruits and vegetables and showing them how to incorporate healthy ingredients in their meals.

"Poor nutrition is a major contributor to the health issues faced by our uninsured and underinsured neighbors in Eastern North Carolina," said Lauren Sastre, an assistant professor in ECU's Department of Nutrition Science and founder and director of the Farm2Clinic program. "Together with Food Lion Feeds and North Carolina's free and charitable clinics, we are making a difference by providing the improved food access, food literacy and culinary education that are keys to longer-term healthy eating and lives."

The events will also offer a chance for uninsured residents of Beaufort, Craven, Pamlico and Wayne counties to enroll in a local free and charitable clinic. The clinics provide no-cost/low-cost health care to adults without health insurance and income below 300% of the federal poverty level (FPL).

Pamlico County Event: June 8 – 10 a.m. to 2 p.m. in the parking lot of the Food Lion store at 11560 NC 55 Hwy East, Grantsboro NC 28529. Hope Clinic in Bayboro, which serves uninsured residents in Beaufort, Craven and Pamlico counties, is participating.

Wayne County Event: June 18 –10 a.m. to 2 p.m., at St. Stephen's Episcopal Church, 200 N. James St., Goldsboro NC 27530. WATCH Clinic in Goldsboro, which serves uninsured Wayne County residents, is participating.

# Horoscopes



**ARIES – Mar 21/Apr 20**  
Family obligations are swimming through your mind, Aries. It is time to sit down and hammer out a resolution that will appeal to everyone and lighten your load.



**TAURUS – Apr 21/May 21**  
A special person in your life is getting closer and closer to you every day, Taurus. This may be the companion that you have been hoping for. Continue to take things slowly.



**GEMINI – May 22/June 21**  
Gemini, sometimes you have a tendency to make things more difficult than they need to be. Stop obsessing over every little detail this week. Things have a way of working out.



**CANCER – Jun 22/Jul 22**  
Cancer, if someone accuses you of being too emotional this week, do not take it personally. This person may be projecting his or her experiences on you. Continue what you're doing.



**LEO – Jul 23/Aug 23**  
Leo, could you be holding yourself to unreasonably high standards? If you're getting frustrated by not meeting your goals, ease up on yourself for the time being.



**VIRGO – Aug 24/Sept 22**  
Virgo, it is your mission to change the minds of some people at work this week, as it will bode well for you down the road. Just don't make too many extravagant requests.



**LIBRA – Sept 23/Oct 23**  
Recently people have been directing accolades in your direction, Libra. This is the boost you have needed to propel yourself to do more of the things that have been your goals.



**SCORPIO – Oct 24/Nov 22**  
Scorpio, someone simply isn't bringing his or her A-game to a work project, and it shows. It's frustrating and you want to take over, but this is supposed to be a team effort.



**SAGITTARIUS – Nov 23/Dec 21**  
Simple things used to bring you pleasure and now it seems a bit of a gray cloud has descended. Don't start to fret you're getting jaded, Sagittarius. This is just a little rough patch.



**CAPRICORN – Dec 22/Jan 20**  
Capricorn, as a finish line approaches, it can be tempting to get very excited. Hold off on that elation until everything is done. You never know what can crop up in between.



**AQUARIUS – Jan 21/Feb 18**  
It doesn't need to be New Year's to make a resolution, Aquarius. You can aspire to change an aspect of your life anytime you want. Perhaps this is the week to embrace change?



**PISCES – Feb 19/Mar 20**  
Have you been putting all of your focus on only one part of your life, Pisces? Take a more balanced approach; otherwise, burnout may soon set in.

## GEMINI Traits & Overview

*Smart, passionate, and dynamic, Gemini is characterized by the Twins, Castor and Pollux, and is known for having two different sides they can display to the world. Expert communicators, Gemini is the chameleon of the Zodiac, adept at blending into different groups based on the vibe and energy they perceive. While they're also amazing at showcasing surface traits, the Gemini well runs deep, which is why the Twins are one of the Zodiac's most emotionally intelligent signs.*

*Energetic and quick-witted, Gemini never gets stuck in the past and doesn't ruminate on what might have been. Instead, they move forward with glass-half-full optimism and an ability to always look on the bright side—and land on their feet—in nearly any situation. With a mind that's constantly racing, even when they're just quietly hanging out, the Twins never get bored. In fact, Gemini are happy keeping their own company, and can often turn their solitary daydreams into reality.*

FOR ENTERTAINMENT PURPOSES ONLY

# FINANCIAL FOCUS

## Should estate plans be equal ... or fair?



Dan M. Roberts

When you're creating your estate plan, your biggest priority may be taking care of your family — your spouse, grown children, grandchildren, and other loved ones. And as you think of where you want your assets to go, you also may be thinking about how to be fair — but is that the same as treating everyone equally?

In estate planning, "equal" doesn't always mean "fair." Let's consider some factors that can help explain the difference:

- **Need** – It's highly unlikely that the individuals you want to include in your estate plan — especially your adult children — have the same family and financial situations. For example, you could have one child who is extremely successful and has no children of their own, while another child earns much less income and supports three children. Clearly, your two adult children have vastly different financial needs — so, you need to consider whether you want to treat them equally or fairly. If you decide you want to treat them fairly, you may want to divide your assets in a way that provides more help to the child who needs it most.

- **Abilities** – You may well have some assets that you believe are more suitable for one child over another. This can

be especially true if you are planning on passing on a family business. If you know that one child is the most capable of running the business or has been primarily involved in the business, then you may want to give that child control as a next-generation owner. Yet, this may not seem fair to another child, who might also express interest in the business, so you may want to look for ways to provide this child with enough assets to help make the overall inheritance more equal.

- **Practicality** – In some instances, you might think you can meet both the "fair" and "equal" criteria. Suppose, for instance, that you have a cabin or other vacation home that you think two of your children could share. In theory, this joint ownership might sound good, but in practical terms, it could cause problems. Are both children equally willing and capable of paying taxes and upkeep on the cabin or vacation home? What if one child wants to sell their share? And then, there's the question of who gets to use the property at various times of the year. All these issues should be resolvable, but they can also cause great stress within the family.

There's no simple formula for solving the fair-versus-equal dilemma. But keep this in mind: Communicating your wishes to your loved ones while you are drawing up your estate plan can help reduce confusion — and hopefully lead to fewer

hard feelings — when you are no longer around. By their nature, fairness and equality issues related to estate plans can trigger a range of emotions, and addressing these feelings beforehand can help provide a great service for your loved ones.

You might also find that some objectivity can be valuable. That's why, when creating your estate plan, you may benefit by working with a team of professionals, including your legal, financial and tax advisors.

When developing your estate plan, you might well strive for equality and fairness but above all, you want to get things right. And careful planning, open communication and appropriate guidance can help go a long way toward this goal.

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## Job change?

Whether retiring or changing jobs, you'll want to know your retirement account options.



There are four potential options for your 401(k) when leaving an employer:

- Leave it in your former employer's 401(k) plan, if allowed by the plan.
- Move it to your new employer's 401(k) plan, if you've changed employers and your new employer plan allows for it.
- Roll the account over to an individual retirement account (IRA).
- Cash it out, which is subject to potential tax consequences.

We can talk through your financial goals and find the option that works best for you.



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## Public Notice

**North Carolina Environmental Management Commission/NPDES Unit**  
1617 Mail Service Center  
Raleigh, NC 27699-1617

### Notice of Intent to Issue a NPDES Wastewater Permit NC0007617 Garland F. Fulcher Seafood

The North Carolina Environmental Management Commission proposes to issue a NPDES wastewater discharge permit to the person(s) listed below. Written comments regarding the proposed permit will be accepted until 30 days after the publish date of this notice. The Director of the NC Division of Water Resources (DWR) may hold a public hearing should there be a significant degree of public interest. Please mail comments and/or information requests to DWR at the above address. Interested persons may visit the DWR at 512 N. Salisbury Street, Raleigh, NC 27604 to review the information on file. Additional information on NPDES permits and this notice may be found on our website: <https://deq.nc.gov/public-notice-hearings>, or by calling (919) 707-3601. Garland F. Fulcher's Seafood, Inc. requests to renew NPDES permit NC0007617 for its seafood processing/packing operations, 301 Hodges Street, Oriental, Pamlico County, discharging wastewater into Gideon Creek [Oriental Harbor], Neuse River Basin. Currently, Total Residual Chlorine (TRC), Total Suspended Solids (TSS), Dissolved Oxygen (DO), and Oil & Grease (O&G) are water-quality limited. This discharge may affect future wasteload allocations in this portion of the Neuse River Basin.

## PUBLIC NOTICE Town of Minnesott Beach 2024-2025 Budget

The Town of Minnesott Beach Board of Commissioners will hold a Public Hearing on June 11, 2024 at 7:00pm at the Minnesott Beach Town Hall, located at 11758 NC Hwy. 306 S. in Minnesott Beach on the proposed Fiscal Year 2024-2025 Budget pursuant to NC GS 159-12(b).

A copy of the proposed budget is on file at the Town Hall for public inspection Monday through Thursday from 9:00AM to 2:30PM. It is also available on the web at [minnesottbeachnc.gov/office2.com](http://minnesottbeachnc.gov/office2.com).

This is an open meeting and all residents are invited to attend.

## NOTICE OF PUBLIC HEARING

### Pamlico County Proposed Fiscal Year 2024- '25 Budget

The proposed budget for Pamlico County for fiscal year 2024-2025 will be submitted to the governing board by June 1, 2024 and after that date, will be available for public inspection in the Clerk to the Board's Office located at the Pamlico County Administration Building, 302 Main Street, Bayboro, on weekdays between 8:00 a.m. and 5:00 p.m. and on the County's website at [www.pamlicocounty.org](http://www.pamlicocounty.org). The budget will be presented to the public on June 3, 2024, 7:00 p.m. during the regular meeting of the Pamlico County Board of Commissioners. A public hearing on the budget will be held on June 17, 2024, at 7:00 p.m. or as soon thereafter as the matter may be heard on the agenda. The public hearing will take place in the Commissioners' Meeting Room located in the Pamlico County Courthouse Annex, 202 Main Street, Bayboro. All interested citizens will have the opportunity to give written and oral comments.

Tracy Boyd  
Clerk to the Board  
June 1, 2024

## NC COOPERATIVE EXTENSION Pamlico County

## What Are You Doing This Summer?



Kait Neeland  
4-H Agent

4-H Fun happens all year round. Whether we're having fun being creative with Sew Much Fun, or learning about leadership in 4-H Life Skills, or learning how to care for and show chickens with the Coastal Plains Chicken Show. I certainly would be hard pressed to pick a favorite time of year, or a favorite 4-H Project. I enjoy so much about each. There is, however, something really special about 4-H Summer Fun.

With every 4-H Project and program we always want to make sure that we are learning something. But with 4-H Summer Fun we have so much time to explore, experiment, and enjoy! Our 4-H programs are all designed to help with summer learning loss, which is always a big concern. Summer learning loss compiles as children move through school. It is important that summer programs opportunities during the summer months that allow children the opportunities not only to have fun but to retain the knowledge gained in the previous year's schooling.

While combating summer learning loss is very important creating positive social connections across communities and schools is another positive aspect of summer fun programs. Social connections have been shown to have positive impacts across a person's lifespan including both mental and physical health. Summer programs that are open to all kids in the community allows children to engage in fun and environments with children they may not attend school with creating positive social connection to carry throughout the year. We are very excited about our summer programs which offer great opportunities for social engagement and fun, but also provide high quality learning opportunities.

We are very excited about our 4-H Summer Fun Programs this year! Book Explorers is Back! Book Explorers is one of my favorite parts of summer. We've been partnering with the Pamlico County Library since 2019 to bring this fun program to the youth of Pamlico County. With Book Explorers we will take a fantastic journey around the world, one book and one country at a time. You can join us as we read our way around the globe, learning about the culture, arts, foods and landscape of countries around the world. Each month we will debut a new book and country to explore; learning about the peoples and places in our world. In the past we have we travelled to Poland, Cambodia, England, Camaroon, Puerto Rico and more! We have learned about the

geography of each of these countries: their capital cities, their coolest landmarks, and their most interesting native animals. We have learned traditional arts such as Polish paper cutting called Wycinanki, made our own New Years Lanterns, pan pipes, and mosaics. We will be meeting at the Pamlico County Library on Mondays at 2pm starting on June 10th.

Book Explorers isn't the only fun we've got coming up! If you like nature and photography then we've got the 4-H Summer Camp for you! We will be exploring our creative side with photography! We will be focusing on smartphone and digital photography, where we will learn about composition, lighting, framing, and aperture. Once we've got the basics down we will be heading to Carrot Island for a day of nature and photography. We will also be submitting photographs to the NC State 4-H Photo Contest. So get ready to snap! June 18th – 20th!



We are also looking forward to 4-H Summer Fun! Registration for our 4-H Photography Camp: Carrot Island is now open. You can find registration and in for on our website. You will also need to register in 4-H online to complete your registration for any program. You can access the link on our website. If you have any questions about accessing 4-H Online or the enrollment process please give us a call and we will be happy to walk you through it. You can also sign up for our Pamlico 4-H Email list. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or [kait\\_neeland@ncsu.edu](mailto:kait_neeland@ncsu.edu), or check us out online at [pamlico.ces.ncsu.edu](http://pamlico.ces.ncsu.edu). Don't FORGET to REGISTER, spaces will fill up!!

## What certain noises may indicate about your car



Automobiles have come a long way since their introduction more than 100 years ago. Though modern cars and trucks still employ some of the same principles as their forebears, the vehicles people drive today bear little resemblance to those that made waves in the early part of the twentieth century. Modern automobiles are technological marvels, which has made both driving and maintaining a vehicle much simpler. In regard to maintenance, built-in diagnostic systems can now alert drivers when something is wrong with their vehicles. Though that feature is undeniably useful, drivers can still benefit from learning to recognize issues by ear. Many issues that can affect a car or truck produce unusual sounds, and learning what certain noises may indicate can help drivers detect problems as soon as possible.

- **Rattling sound in a wheel well:** Most people have mistakenly placed clothing in a dryer without realizing they had spare change in their pockets. That mistake is immediately apparent once the dryer starts thanks to the unpleasant noise of coins bouncing off the interior of the machine. Drivers may hear a similar sound when behind the wheel and wonder what's behind it. Such a sound is often indicative that there's a loose lug nut inside the hubcap. This issue can arise when drivers don't tighten the wheel properly after changing their own tire, or if mechanics make the same mistake when rotating or replacing tires during a routine maintenance session.

- **Squeaking sound:** The auto insurance experts at Geico® note that rear-wheel or four-wheel drive vehicles may produce a rhythmic squeaking sound when an issue arises with the universal joint. JD Power notes that the universal joint, often referred to as a U-joint, is part of the system that enables the rotating crankshaft in the engine of a vehicle to transfer that rotating motion to the rear wheels. U-joints get a workout whenever vehicles are driven, so they require maintenance, and a squeaking sound is one indicator that the U-joint

needs to be addressed immediately.

- **Squealing sound:** A high-pitched squealing sound is typically indicative of worn out brake pads. However, Cars.com notes that if such a sound is only present when a car is first driven in the morning, it could just be surface rust being scraped off the rotors. After a few initial applications of the brakes, that sound might disappear. If it doesn't, the vehicle will likely need new brake pads.
- **Scraping on the windshield during rain:** The scraping sound on a windshield when the wipers are in use should not be taken lightly or be interpreted as a sign that the rain is only falling slightly. In fact, that sound indicates the wipers are worn out, which means they're not effectively clearing the windshield. In addition, the wipers could be scratching the windshield each time they produce this sound, ultimately necessitating a costly windshield replacement. Wiper blades can be replaced in a matter of minutes, so address this issue promptly. Learning to recognize the culprits behind various vehicle noises can help drivers nip problems in the bud before they compromise the automobile and the safety of the people inside it.

## PCMS Athletic Awards Ceremony

by: Hiram Lupton



PCMS Athletic Director Eric Hardison Conference Champion Volleyball Team

Coaches, Parents, and Athletes of Pamlico County Middle School gathered Monday to reflect on the school's 2023-24 sports season and recognize the athletes who participated in those sports. After a welcome by PCMS Athletic Director Eric Hardison, the members of all ten of PCMS's sports teams; boys and girls basketball, boys and girls track & field, volleyball, soccer, baseball, softball, football, and cheerleading, were brought onto the stage of A.H. Hatsell Auditorium while their coaches summarized their seasons. Special recognition was given to the athletes who were able to win conference championships this past year. As football coach Jack Taylor said, "when we have a win, it is a very big deal, since we are competing against schools who have nearly twice the enrollment as we do." An excellent ceremony to conclude another fine year of PCMS Athletics.

## Churches of Pamlico Photo by: Hiram Lupton



Deliverance Temple Church - Bayboro

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## PCMS Academic Awards Night

by: Hiram Lupton



### Pamlico County Middle School Academic Awards 2023-2024

Sixth Grade	Seventh Grade	Eighth Grade
Jacob Avery	Mia Angelo*B	Starla Armstrong
Aranza Beltran-Lopez*H	Melody Armstrong*	Karleigh Bain
Morgan Blachburn	Tre' Milya Arrington*	Leclaus Barnett
Amelia Brothers*B	Manuel Benard-Zavala	Infinity Blakemore
Allison Buck	Brayden Bujalski*	Tucker Carey*
Ciarrah Caravan	Gage Caraway	Kamryn Eastwood*P
Antonio Carmon*	William Carter	Dawson Force*P
Haley Cautley*B	Camden Centers	Harmony Gray*
Einley Cowell	Raygen Curtis	Kaleb Harrison
Donovan Day	Gia Daye	Madison Hudson*P
Noah Earp	Annie Delamar*	Balleigh Jones
Aaron Figueras-Beltran	Alexandra Duran-Guadalupe	Autumn Jones
Jacob Fleming*	Logan Egan*	Nazir Jones
Talin Gibbs	Mason Foreman*	Gavin Lockwood
Sheyla Guadalupe	Angel Garner	Peyton Lowrey
Emily Harris*B	Olivia Greene*	Danica Mogyey
Joshua Hewell*B	Avery Hettinger	Jackson Norman*P
Gabriel Hobbs*	Evalie Lang*	Adalynn - Kay Nunley*
Bentley Horton	Bonnie Lugo-Pichardo	Kristian Ormond*P
Clare Kanitz	Aleannah Nanney	Kendall Outlaw Jr*P
Francesca Karp*B	Mariana Nieblas-Lugo*B	Edgar Riano - Muro*
LilyAnna Lee*B	Aspyn Nunley*	Hayley Rice*
Ava Lewis*B	Neriah Ollison	Jocelyn Robinson*
Noah Lin	Jasiel Perez-Mendoza	Eliot Sampson
Emely Lopez-Jimenez	Cadence Powell	Johnny Schmidt
Olga Lugo-Ramos*B	Micah Rodriguez*	Bella - Ann Shulz
Gavin Moody	Ruby Rolzman*B	Cooper Shepard
Noah Perry*B	Brayden Shelton*B	Kancilya Whitehead
Michael Rowe*B	Reid Smith*B	Winter Williams
Dixon Strickland	Genevieve Toler	Jacobs Willis
Mckenna Tribby	Evelyn Wall	Brian Woolard
Terra Vilches		
Isla Weimann*B		
Raylan Wilkinson*B		

\*= Principal's List Award      P= Special Principal's Award      B= Beta Club Inductee

Last Thursday evening was a special night of celebration honoring the academic achievements of ninety-six Pamlico County Middle School students. The event included one of my favorite ways to celebrate, food, as it was catered by Moore's Barbeque. The students were recognized for achieving the Honor Roll, Principal's List throughout the year, as well as induction into the Beta Club. Six Eighth Graders also received the highest award of the night, the Special Principal's List Award, signifying being named to the Principal's list for their entire tenure at PCMS. They are: Kamryn Eastwood, Dawson Force, Madison Hudson, Jackson Norman, Kristian Ormond, and Kendall Outlaw, Jr. Congratulations to all these students on their outstanding academic accomplishments.

Continued from page A1

## BOC Budget Presentation Draws Packed Courtroom

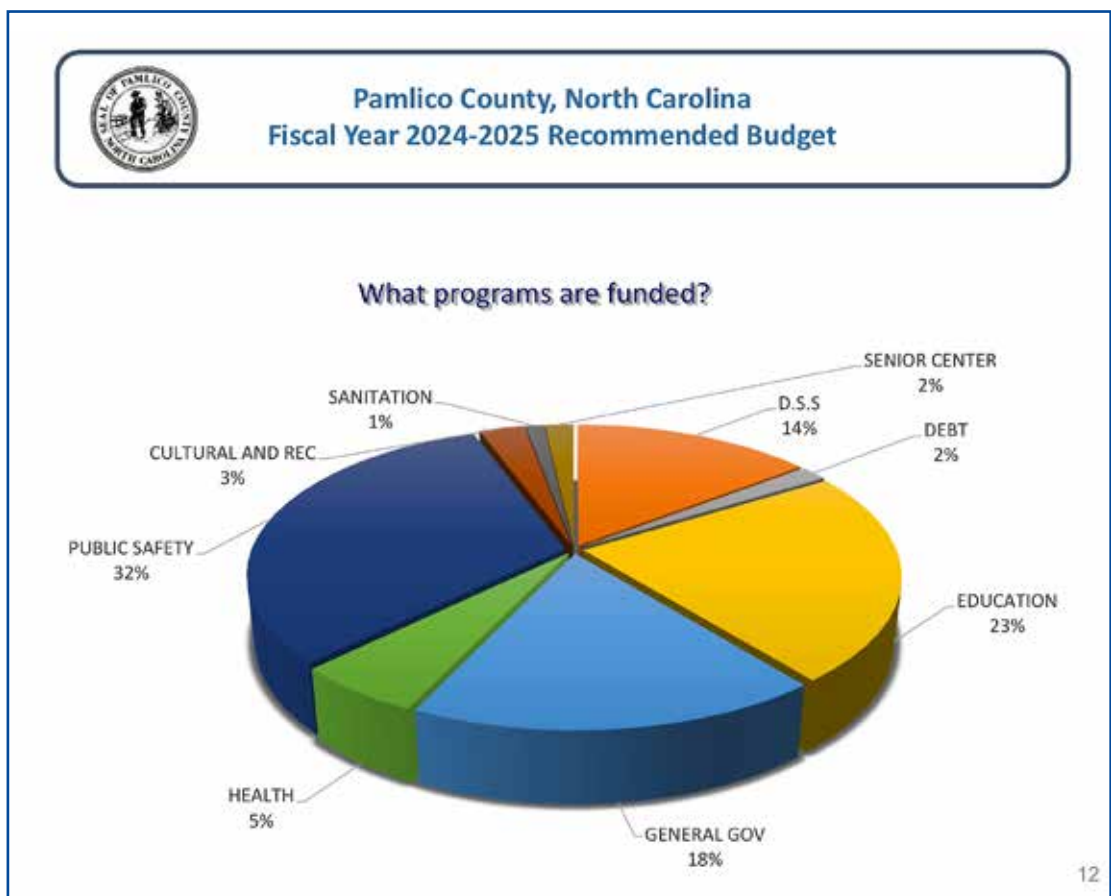


County Manager presents the 2024-25 budget to the Board of Commissioners before a packed courtroom

...for the best education." Of those not there supporting the schools, one citizen urged the board to not increase taxes, while County Republican Party Chairman Dave Wickersham, advised the Board to proceed with caution when tapping into the County's fund balance.

So, what happens with the budget now. First of all, the budget is required to have a public hearing and the Commissioners set that to be at their next regularly scheduled meeting on June 17. As County Manager Tim Buck explained to the Commissioners, this balanced budget is prepared and presented in accordance with state law and the guidance given to him by the Board. They can now discuss it further, make changes, and submit questions to his office which he would be happy to answer. He also stated that by June 30, the Board must either approve a budget, or pass a continuing resolution in order to keep the County running until such time a budget is passed.

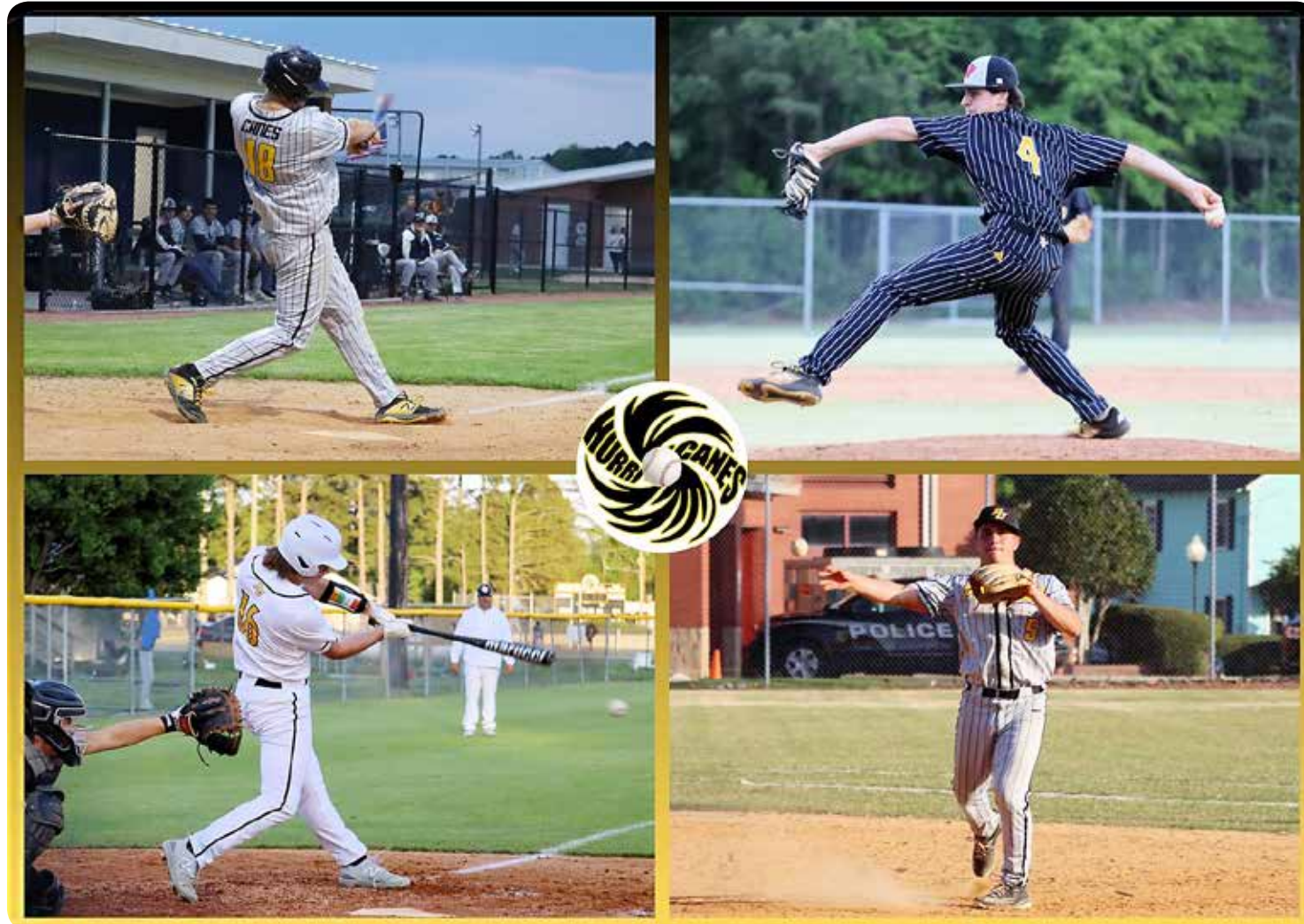
The meeting then continued with the passing of the other agenda items until just before wrapping things up, Chairman Candy Bohmert stated that "I think we need to have another budget meeting next week." Commissioner Baskervill quickly agreed and Chairman Bohmert proceeded to ask for dates and times to schedule the meeting. When pressed by both Commissioners Ed Riggs and Keri Forrest as to why they needed to meet on the budget again before the public hearing, Chairman Bohmert simply stated they needed to consider some things. Riggs then asked, "What things? I'd like to know more specifically what parts of the budget need to be discussed, and we have a room full of people here tonight who I think would like to know too." No other details were forthcoming however. Commissioners Bohmert and Baskervill, who have often derided the schools for not being fully transparent in their meetings, suddenly seem to lack transparency themselves. After checking schedules, a budget meeting was set for June 12 at 5:30 PM. Stay tuned, more budget developments seem likely.



# SPORTS

## Hurricane Baseball All-Conference Selections

by: Hiram Lupton



Clockwise from upper Left; Lucas Browne, Ross McLamb, Jake Whitley, Mason Stroud

After a fine season and a deep playoff run, some members of the Pamlico County High School Baseball Team got a little icing on their cake in the form of selection to the Coastal Plains Conference All-Conference Team. Four Hurricanes; Jake Whitley, Mason Stroud, Lucas Browne, and Ross McLamb were

selected to the All-Conference team while Ragan Shields and Zac Whitley received honorable mention. Browne, and McLamb are underclassmen and will be providing Coach Chris Davis a strong nucleus to build around for next season. Congratulations to the entire team and each player who received all-conference honors.

## Hurricane Players Receive Conference Honors

by: Hiram Lupton

You would expect a team that won their conference championship to receive numerous individual post-season honors and the Pamlico County High School Hurricanes Softball Team has certainly done that. It was announced last week that five members of the team have been named to the Coastal Plains Conference all-conference team. They are: Avery Cain, Adyson Foreman, Layla Ireland, Taylor McHenry, and Kaitlyn Toler. In addition, two other members of the team, Sarah Scott and Hayley Shamblin, were named honorable mention all-conference. The Hurricanes also picked up the two most prestigious honors. Layla Prescott was named Conference Pitcher of the Year. For the season, the Senior hurler had a 14-5 overall record with an earned run average of 1.15 while pitching over 109 innings for the Hurricanes. She recorded an amazing 181 strikeouts and only issued 10 walks all season. The honor of the Conference Player of the Year goes to Pamlico shortstop Peyton Robinson. The Junior batted .453 for the season. She had 51 hits, of which 24 were for extra bases including 4 home runs. She also led the team with 17 stolen bases. Congratulations to all these players on a great 2024 season.



Peyton Robinson (L) and Layla Prescott (R)

### Coastal Plains All-Conference

**Avery Cain**  
**Adyson Foreman**  
**Layla Ireland**  
**Taylor McHenry**  
**Kaitlyn Toler**

Pamlico All-Conference Selections

## NO Focus Pocus

Just good sense and sound advice in the Business section.

**Check it out!**

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8

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- \* **Nurse Aide I, Evening hybrid starts June 18!**
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- \* **Notary, One-day class June 22 in Bayboro!**

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# Health & Wellness

TEN HEALTHY HABITS FOR YOUR BRAIN



**Alzheimer's is a brain disease that causes problems with memory, thinking and behavior.**

In recognition of Alzheimer's & Brain Awareness Month in June, the Alzheimer's Association in North Carolina educating all about the benefits of brain health. While there is currently no cure for Alzheimer's, we know more than ever about brain health, risk reduction and ways to live well with the disease.

Today, there are nearly 7 million people aged 65 and older in the U.S. are living with Alzheimer's dementia, including more than 210,000 in North Carolina. The lifetime risk for the disease at age 45 is 1 in 5 for women and 1 in 10 for men. The brain changes that cause Alzheimer's are thought to begin 20 years or more before symptoms start, which suggests that there may be a substantial window of time in which we can intervene in the progression of the disease.

Experts believe there isn't a single cause of Alzheimer's. It's likely the disease develops as a result of multiple factors. While not a direct cause of Alzheimer's, the greatest known risk factor is advancing age. Although some risk factors like age cannot be changed, others — including physical activity, not smoking, education, challenging your mind, blood pressure and diet — may be modified to reduce a person's risk.

"Alzheimer's & Brain Awareness Month offers the perfect opportunity for North Carolina residents to take charge of their brain health," said Katherine L. Lambert, Alzheimer's Association Regional Leader for NC, SC & GA. "We want people to know there are steps they can take to potentially reduce their risk of cognitive decline. We also want to encourage anyone experiencing memory or thinking problems to talk to their doctor. There are many possible causes — and if it is Alzheimer's disease, there are numerous benefits to getting a timely diagnosis."

Based on mounting scientific evidence, the Alzheimer's Association offers these 10 healthy habits for your brain. Follow as many of these 10 tips as possible to achieve maximum benefits for the brain and body.

1. Challenge your mind. Be curious. Put your brain to work and do something that is new for you. Learn a new skill. Try something artistic. Challenging your mind may have short- and long-term benefits for your brain.
2. Stay in school. Education reduces your risk of cognitive decline and dementia. Encourage youth to stay in school and pursue the highest level of training possible. Continue your own education by taking a class at a local library, college, or online.
3. Get moving. Engage in regular exercise. This includes activities that raise your heart rate and increase blood flow to the brain and body. Find ways to build more movement into your day — walking, dancing, gardening — whatever works for you!
4. Protect your head. Help prevent an injury to your head. Wear a helmet for activities like biking, and wear a seatbelt. Do what you can to prevent falls, especially for older adults.
5. Be smoke-free. Quitting smoking can lower the risk of cognitive decline back to levels similar to those who have not smoked. It's never too late to stop.
6. Control your blood pressure. Medications can help lower high blood pressure. And healthy habits like eating right and physical activity can help too. Work with a health care provider to control your blood pressure.
7. Manage diabetes. Type 2 diabetes can be prevented or controlled by healthier eating, increasing physical activity, and medication, if necessary.
8. Eat right. Eating healthier foods can help reduce your risk of cognitive decline. This includes more vegetables and leaner meats/proteins, along with foods that are less processed and lower in fat. Choose healthier meals and snacks that you enjoy and are available to you. Make eating right a habit!
9. Maintain a healthy weight. Talk to your health care provider about the weight that is healthy for you. Other healthy habits on this list — eating right, physical activity and sleep — can help with maintaining a healthy weight.
10. Sleep well. Good quality sleep is important for brain health. Stay off screens before bed and make your sleep space as comfortable as possible. Do all you can to minimize disruptions. If you have any sleep-related problems, such as sleep apnea, talk to a health care provider.

To learn more, visit [alz.org/healthyhabits](http://alz.org/healthyhabits).

For information on about Alzheimer's disease, support for families and people living with the disease and information on the Alzheimer's Association – Eastern North Carolina Chapter, visit [alz.org/nc](http://alz.org/nc) or call 800.272.3900.



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# COASTAL LIVING

## 2024 Hurricane Community Forum

by: Hiram Lupton

It is almost summer so it's time to prepare for a season that comes around every year at this time and I'm not talking about grilling season, although it might be a good time to refill that extra propane tank. I am of course referring to something we all hate to think about but must be prepared for, hurricane season. A great way to start your preparations, whether you are a veteran of many storms, or a rookie new to the area, was by attending the 2024 Oriental Hurricane Community Forum last Thursday held at Town Hall. The event was sponsored by the Pamlico Amateur Radio Society (PARS) in conjunction with the Town of Oriental and featured three great presenters with loads of information for residents. First up was Mr. Bruce Perkins, President of PARS who gave some insight on just how important amateur radio operators are for maintaining a link with the outside world and emergency responders, not just during and after a hurricane, but in any emergency situation which may affect traditional means of communications. Next, Town Manager Diane Miller spoke about many aspects of being prepared for a potential storm in a general context, as well as things that particularly apply to the Town of Oriental. Several points that were emphasized included to make sure you get your information directly from trusted weather sources. The National Weather



Meteorologist Erik Heden of the National Weather Service



Oriental Town Manager Diane Miller

Service (NWS), The National Hurricane Center (NHC) and the National Oceanic and Atmospheric Administration (NOAA) are considered three of the best. Another point that was made was that authorities cannot force you to leave your home, but if an evacuation notice is given, it puts residents on notice that if the storm hits here, you can expect to be on your own for a while. "The first 72, is on you," is a phrase that refers to how many hours you should be prepared to be without

help or services should the worst happen. Ms. Miller also went over the Hurricane package that town residents should be aware of located on the town website. It is full of useful information that the town wants you to know. The final speaker of the forum was Erik Heden, Meteorologist for the National Weather Service office located in Newport who expects this to be a busy hurricane season. He stressed three important points everyone should be aware of. First, know your risk, especially as far as potential flooding is concerned. Secondly, begin making a hurricane kit today. It is much less stressful to do this well in advance, than when a storm is imminent. Finally, have a plan to evacuate. Establish early your criteria to evacuate, and where you will go. This and much more important information is located on the NWS website at [www.weather.gov/moreheadcity](http://www.weather.gov/moreheadcity). They also have a Facebook page. Mr. Heden suggested that you make it a part of your daily routine to check in every morning during hurricane season for any news on what may be brewing in the tropics. Throughout all the presentations, one thing was constantly stressed, BE PREPARED. If you missed the forum, you can still watch it on YouTube. Just search "Oriental Hurricane Preparedness Forum May 22nd, 2024." Remember, if only a single hurricane forms this season and it hits your location, it has been a bad season.

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## The Old Theater in Oriental Presents

### The Dust Parade: Magnolia Cafe Two Shows: June 8 and 9 at 7:00 PM

Tickets: \$25 (\$20 for OT members, military, and students) available now at Nautical Wheelers in Oriental and New Bern or online at this address: <https://showclix.com/event/dust-parade>



The Dust Parade is back by popular demand. Jump in with Hank and the boys as they drive us along the highways and byways of American song. Destination: The Magnolia Cafe.

Maybe the idea came to them as a delicate riff on Nashville's infamous Bluebird Café where up and coming songwriters journey to have their work discovered. At the Magnolia Café you'll hear performances and stories of some classic American songs as well as a bit about how they've influenced the very Dust Parade that y'all know and love.

Follow them on social media for some little sneak peeks of just who the American songwriters are and exactly what tunes may take a feature in the show. @TheDustParade on Instagram and Facebook; TheDustParade.com; Hankbarbee.com

Tickets may be available at the Box Office on the day of performance. Complimentary tickets must be exchanged for regular tickets at Nautical Wheelers to ensure seating in the event of a SOLD-OUT show.

Box Office opens one hour before the performance; doors open 30 minutes before the show. Wine and soft drinks will be available by donation.

The Old Theater is a 501(c)(3) nonprofit organization, a venue for performing arts in Oriental, Pamlico County and all Eastern North Carolina. Located at 609 Broad Street in Oriental, NC. For additional information call 252-249-0477 or visit the theater's website at <https://oldtheater.org>

## Caring House Receives \$3 Million Challenge Grant for Expansion of Durham Hospitality House



SECU Foundation Board Members, staff, and SECU representatives with Caring House leaders during check presentation.

DURHAM, N.C. – SECU Foundation recently announced its pledge of support for Caring House with a \$3 million challenge grant for the construction of an addition that will more than double the capacity of its Durham-based hospitality home. The non-profit serves more than 700 patients, who, along with their caregivers, travel each year for life-saving treatments at Duke Cancer Institute (DCI).

Funding for the Caring House expansion builds upon the success of SECU Foundation's flagship project that was approved nearly 20 years ago for the SECU Family House at UNC Hospitals in Chapel Hill. Since then, the Foundation has helped fund similar facilities in Winston-Salem and Wilmington in response to the overwhelming demand for hospitality house services.

"This project holds great significance for SECU Foundation, taking us back to our first brick and mortar project that has led us on a remarkable journey that continues today," said SECU Foundation Board Chair Chris Ayers. "We are so pleased to be a part of the effort that is helping Caring House take the important next steps to expand and meet the growing demand for their much-needed services."

"Duke Cancer Institute patients have needed more housing for years, and Caring House is excited to finally be able to expand our facility to meet that need," said Caring House Executive Director Sasha Zarzour. "We are so grateful for SECU Foundation's support of our Making Room to Heal Campaign for Expansion as well as their dedication to hospitality houses across North Carolina. We look forward to our future partnership with the Foundation and local SECU branches."

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# AROUND THE COUNTY

## Whortonsville Reba Tiller, *Correspondent*

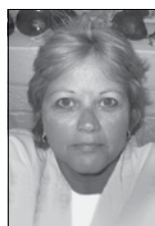


It is another beautiful Sunday afternoon. All week has been a wonderful time to get out in the yard except for around noon, then it gets a little hot! There were twelve at church today. We took a little time to talk about Amanda Godwin who died on Monday. She fought a good fight against cancer but it finally got so bad she lost the battle. She and her husband Eddie were so good to Weeks and me. They worked together to build us a really strong dock after a hurricane took out the one we had. I saw Debbie Godwin at the store yesterday and she told me she is the only Silverthorne left in the county. I want to thank all the people that carried Amanda to treatments in Morehead. We have the nicest people in our community. Thanks to Alecia Williams for coming to church today and telling some of

the things she did with Amanda. The Pamlico Chorale is getting ready to sing with the band for the Croaker Festival. Gordon is getting the music from the locker, so if you do not have SALUTE TO THE ARMED FORCES OR AMERICAN CELEBRATION he will have it at our rehearsal on Monday, July 1st at 5:00pm in the Methodist Fellowship Hall. We are also singing GOD BLESS AMERICA but you should know that by heart. Bethel is having Bible Study and Prayer Service 6:00 and 7:00p.m. on Wednesday night. My grandson Noah Tiller is graduating from Pamlico High School on Friday. My son Ken Tiller and his family were able to spend four days with me. Pray for Ken as he goes through cancer treatments.

Thought for the week—Forgiveness does not change the past, but it does enlarge the future.

## Aurora Joy McCracken, *Correspondent*



I first need to make a correction: what I thought was a Barn Owl squawking at night in reflection (and thanks to Merlin) was I'm pretty sure a juvenile Great Horned Owl. Their sounds are pretty close. Apparently the Killdeer is still in the neighborhood calling and flying around. Saw the biggest group of Canadian Geese swimming by the dock ever; numbered around 20. I put out some new bird food including peanuts in the shell hoping to attract anything but Squirrels, but they came like thieves taking them away and watched a couple bury them in the yard! I think I saw what I'm confident was a Sanderling strolling around the pool. The Mockingbird is busy running around the lawn like a Roadrunner looking for insects and doing his showy wing flash behavior. After hearing him in the trees for a couple of days got my first ever visual of a Summer Tanager at the bird bath.

The Cow-nosed Rays are back in the creek along with a couple of Dolphin sightings. It appears some of the deployed crab pots have been removed. Must not be good hunting. An astonishing announcement was made that there won't be a recreational Flounder season this year. Someone is to blame for that.

The Mimosa are in bloom and I saw four young bucks out on the road the other day.

I think my favorite strawberry use this year was making a strudel out of puff pastry and cream cheese filling.



My Photo of the Week is of Representative Keith Kidwell visiting with WWII veteran Ann Windley at the Aurora Veteran's Memorial Day Breakfast. She just celebrated her 100th birthday in April.

## Vandemere Sandra Snipes, *Correspondent*



It has been a super productive week in Vandemere! Thank you to Danny Wooten, David Snipes, and all the hands that have helped us upgrade the park restrooms to meet ADA standards. We cannot move our Town forward without all the support Vandemerians unconditionally give!

Squidders Bait and Tackle and the Signature Blend Band had the Town enjoying an evening of good food and music. Proceeds from this event goes to ensuring a memorable Squidder Festival this year. The Squidder Festival will be July 6, 2024 at the Vandemere Waterfront Park starting at 4 PM. Bring your friendliness, smiles, and a chair to enjoy this family friendly event.

On Monday, June 10, 2024 we will have our monthly Board of Commissioner's Meeting at 6:30 PM, at the Town Hall. Please join us as there is always so much to talk about to stay in the know!

Discover what Vandemere is all about at

[www.vandemerenc.com](http://www.vandemerenc.com)



## Rotary Club of Oriental John J. Mitchell, Past President

### Hey, it's June



What happened to May? It was just here a day or so ago. June is a big deal month for our club, changes to our board members, ending to the fiscal year including International Rotary.

Now we gear up for another year of dedication to the groups we support. It's the start of a new fund raising calendar to meet the level we have set for ourselves.

Some positions will be changed on our board, Cathy Santore will move on to the past president spot and Sheri Rettew will become the new president. Club members will fill the positions of International Services., Public Image/Public relations, and the Sargent at Arms position

District wide, District Governor Tony Santore finishes up his tenure at the end of June and will be replaced by a Rotarian from another club. I'm sure Tony will be happy and be able to relax and look forward to a lot less traveling. I have resigned from my board position as PR Director and Tony will step into the spot. So much for Tony relaxing. I will continue to write this column.

Look for us during the 24-25 year at our annual boat show, car show, chicken barbecue, ringing the bell at the Pig for the Salvation Army, setting up tents around the community and also the ubiquitous hamburger tent feeding folks for ours and various other events. There will be other times you will see us around.

*Please wish us a successful new Rotary year.*

## Pamlico Betty Jo Rodgers, *Correspondent*



The recent rain has really blessed the farmers crops in Pamlico and they are thriving. The corn on the farm is taller than me, of course that is not very high. A friend calls me the nickname "runt" which is pretty descriptive; however, my mother had three girls and believe it or not, I was the tallest. In my younger days, I was 5 feet 2 inches, but alas the years and gravity have taken their toll, because now I am only 5 feet 1 inch tall.

Mr. Dubois brought in a bulldozer and leveled his lot and has even moved a storage container onto the property. His lot next to the Broad Creek United Church of Christ and the farm is looking nice. It gives people a view of Broad Creek from Straight Road which they never had before.

Mrs. Mary Mattocks has three POD containers in her driveway as they are working on house. The refurbishing of Mary Mattocks house ended up being a teardown, and they will build her a new house in the same location.

On Sunday afternoon, Broad Creek UCC honored Mrs. Mary Mattocks for her fifty years of service as an usher to the congregation. It was a special Holy Spirit filled service honoring this special woman. Many of her family members are ministers or pastors because of her spiritual influence. The church was packed out with many well-wishers, and the music brought by the Sons of

Thunder from Pierce Chapel in Oriental was outstanding. Pastor Geoffrey Parker, Church on the Rock, Providence, R.I. preached an inspiring sermon.

Chubby's BBQ in Merritt has new hours: 11:00 am – 7:00 pm Monday through Saturday.

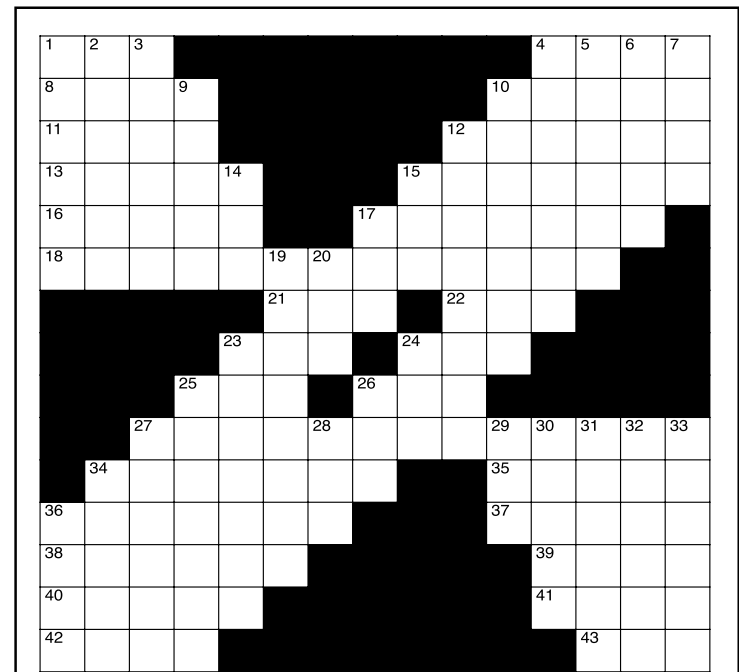
Bayboro Baptist Church will be having Vacation Bible School June 10th -13th for ages 4-12. VBS will be nightly from 5:30-7:30 pm.

Celebrating birthdays in June are James Edwards (6/4), Cathie Hopkins (6/5), Gray Winfrey (6/7), Peg Graves (6/14), Julie Sanders McCulley (6/15), Samuel Wade Rodgers (6/16), Jimmy Spain (6/17), Trisha Wood (6/18), Walter Graves and Phillip G. Nanny (6/19), Brantley Norman, Jr., Dennis Delamar, and Bruce Spain (6/20), Jonathan Fulcher (6/21), Tyler Davis Green (6/22), Cousin Shirley Edwards (6/24), Russell Gregory, Brent and Cathy Fulcher (6/25), Carly Alisha Sanders (6/28), Sidney Phibbons (6/29), and Grace Farmer Nanny (6/30).

Jonathan and Emily Fulcher celebrated their fifth anniversary on June 1.

Have a blessed week. Uncertain? Take Spiritual Vitamin U. "Ye are my witnesses, saith the LORD, and my servant whom I have chosen that ye may know and believe me and understand that I am he: before me there was no God formed, neither shall there be after me." (Isaiah 43:10)

# CROSSWORD



### CLUES ACROSS

- 1. Baby's dining accessory
- 4. Something free
- 8. Ancient Egyptian deity
- 10. Set-like mathematical categories
- 11. Top-quality
- 12. Expansive
- 13. Seizure
- 15. People with congenital absence of pigment
- 16. Gains
- 17. Mocked online
- 18. Clint's son
- 21. Body part
- 22. Humor
- 23. Code number
- 24. Your physique
- 25. Family of regulator genes
- 26. LA football player (abbr.)
- 27. "The Blonde Bombshell"
- 34. Charity
- 35. Bluish greens
- 36. Examined closely
- 37. A type of equation
- 38. Stretched uncomfortably
- 39. Indian religious god
- 40. Clocks
- 41. Slowly leak through
- 42. Witnesses
- 43. Midway between south and southeast

### CLUES DOWN

- 1. Nestlings
- 2. Induces vomiting
- 3. A place to eat
- 4. Partner in the air
- 5. Offered one's take
- 6. Nobel-winning French biologist
- 7. Farm animals
- 9. Prevent from growing
- 10. Sensationalist periodical
- 12. Soft-bodied beetle
- 14. Very fast airplane
- 15. Imaginative creation
- 17. Recipe measurement (abbr.)
- 19. Evoked a response
- 20. French river
- 23. Shiny yellow minerals
- 24. Make illegal
- 25. U.S. military branch
- 26. River in France and Belgium
- 27. A woman of refinement
- 28. Male child
- 29. Type of medication
- 30. German city
- 31. Animal disease
- 32. Mediterranean dietary staple
- 33. Sneak out
- 34. Radioactivity unit
- 36. Performs on stage

PUZZLE SOLUTION

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## Guess Who?

I am a comedian born on June 5, 1976 in New York. I grew up in Staten Island and attended a private high school where I met friends with whom I formed the comedy troupe The Tenderloins. We had such success that our jokes turned into a prank show that airs on TruTV.

*Answer: Joe Gatto*

*"The winner ain't the one with the fastest car, it's the one who refuses to lose."*  
— Dale Earnhardt

## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to Father's Day.

S R T E E P N

--	--	--	--	--	--	--

*Answer: Present*

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# OUR SCHOOLS



## Arapahoe Charter School Graduation

The Eighth Commencement Exercise of Arapahoe Charter School took place Thursday, May 30th 2024 at the Delamar Center, Pamlico Community College.

Following the Processional and Welcome, speeches were presented by Salutatorian Maddisen Lee Gibson and Valedictorian Jayden Christian Anderson. School Counselor Sherry Reeves proudly presented Scholarships and Special Recognitions.

Cody Edwards, Chief Academic Officer also offered his congratulations to the graduates. "The most unique thing about being a K-12 school is watching our students grow from kindergarten all the way through taking college classes while in high school. By the time they graduate, we have made so many memories with each class. This graduation class will always hold a special place in my heart as I have traveled with many of them to NYC, Atlanta, Orlando, and this year to California. They have quite literally taken me places in my career that I have never been before. Congrats to the class of 2024, we will miss each of them!"

Mr. Edwards then turned things over to the Commencement Speaker, Upper School Director Robin McElhannon.

"This class is small but mighty. We at ACS are proud that these graduates made the grades and attendance and earned the respect of all staff. As their former English teacher and now Upper School Director, I can honestly say this is the kindest group of students I've had the pleasure to work with. I admire their tenacity through hard times and their ability to stay focused on completing their high school requirements," said Ms. McElhannon.

### Awarding of Diplomas to Arapahoe Charter School's Class of 2024.



Jayden Christian Anderson - Valedictorian



Kansas Marie Bond



Benjamin Wayne Burton



Zylorian Mae'Sia Campbell-Curtis



Mya Elizabeth Figueroa



Maddisen Lee Gibson - Salutatorian



Kara Mae Hardy



Brandon Jay Ipock



Shelby Annalise Jones



Santonio Augusta O'Neal



Elizabeth Rachel Price



Tristen Lamont Pruitt

"We are so very proud of our graduating class! Each and every one of these young people are a credit to Arapahoe Charter School and have always, and will always, continue to represent our school with honor," summed up Chris Watson, Chief Executive Officer



Isabel Jasmine Veliz

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# Sullenberger Aviation Museum approaching Charlotte takeoff

By Kevin Ellis

The former Carolinas Aviation Museum reopens Saturday, June 1, with a new name, in a new location and a renewed commitment to be more than just a place that puts an emphasis on the Tar Heel state's status as "First in Flight," says Stephen Saucier, museum president.

The Sullenberger Aviation Museum – which takes its new name after now-retired pilot Capt. Chesley "Sully" Sullenberger, known for the 2009 "Miracle on the Hudson" landing – hopes it can spark an interest in young minds about a career in aviation.

"If we want to do something about getting kids interested in STEM programs (science, technology, engineering and math) and address economic mobility, we need to develop a museum that's about workforce development," Saucier says.

As Saucier spoke, a plane would land every few minutes a few hundred yards outside his office window on a runway at Charlotte Douglas International, the world's seventh busiest airport and where about 20,000 people work. He says the museum – and its proximity to the airport – can create a wow factor in young minds.

The museum needs to heighten its relationships with young people in the west Charlotte neighborhoods surrounding the airport, he says, pointing out that 20 low-income public schools are located within a 10-mile distance. Those children, he says, may not realize the close-by opportunities that exist in aviation careers.

"A museum is really, really good at intrinsic motivation, trying to get a child inspired to dream about what they can do in this career," says Saucier, who has been with the museum since 2017.

The former museum closed after losing its hangar space at Charlotte Douglas International Airport in 2019. A subsequent \$34 million community fundraising effort followed, led by Charlotte-based Falfurrias Management Partners Chair Marc Oken, a Navy aviator in Vietnam and former chief finance officer of Bank of America.

Dozens of individuals, companies and organizations gave hundreds of thousands of dollars. Digital media company Red Ventures gave \$500,000. Its CEO Ric Elias was a passenger on that fateful USAirways flight that landed in the Hudson River after a flock of Canada geese destroyed its engines. Elias personally gave \$1 million. Actor Tom Hanks portrayed Sullenberger in the 2016 film "Sully," which scored an 85% and 84% on rotten-tomatoes.com's Tomatometer and audience rating, respectively.

A total of 45 aircraft will be on display at the 105,000-square-foot multi-building campus, including replicas of the Wright Flyer and glider planes, a McDonnell F-4S Phantom II, a Douglas D-558-1 Skystreak used to test breaking the sound barrier, a Grumman F-14 Tomcat, an ERCO Ercoupe, an American Champion Citabria and a Lockheed P-80 Shooting Star. Some aircraft will be displayed outside, others in buildings and a replica hangar.



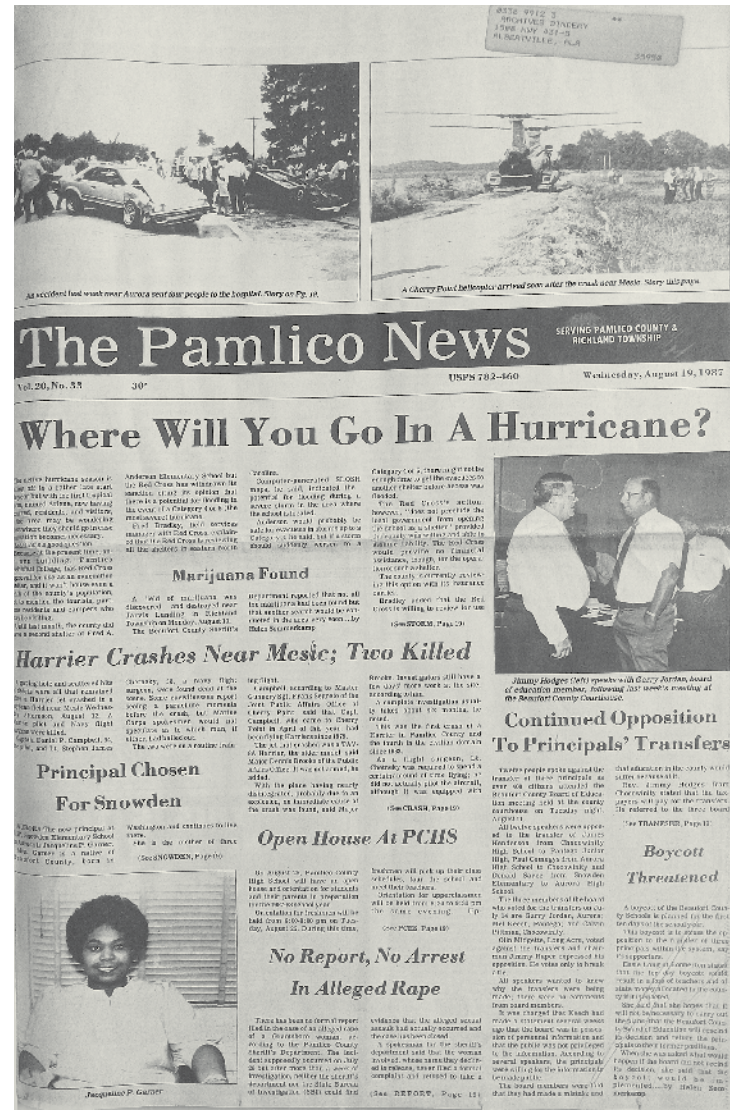
Sullenberger Aviation Museum President Stephen Saucier talks about opening of museum as a plane lands at Charlotte Douglas International Airport.



Sullenberger Aviation Museum will open in Charlotte on June 1, 2024. The former Carolinas Aviation Museum closed in 2019! One of the centerpieces will be the plane Capt. "Sully" Sullenberger landed in the 2009 "Miracle on the Hudson."

Rodgers-Leeper, an association between Charlotte-based Rodgers and R.J. Leeper was the general contractor on the project, with Charlotte-based Barringer Construction volunteering to manage the project. Charlotte-based Progressive AE was the architect. Australia-based Freeman Ryan Design was in charge of visitor experience and interactive designs. All of the companies provided services at discount rates, Saucier says.

The museum will be open Tuesday through Saturday from 10 a.m. to 4:30 p.m., noon to 4:30 p.m. Sundays, except Thanksgiving, Christmas Day and New Year's Day. Admission prices are \$24 for adults; \$20 for seniors, veterans, military and educators; \$18 for students 17 and under; free for members and children under 5.



Tickets can be purchased at: <https://www.sullenbergeraviation.org/buy-tickets/>. Annual membership costs range from \$75 for an individual and \$200 for a family (two adults, a caregiver and up to six children).

Those prices may be steep for those living in the communities surrounding the airport, and elsewhere, says Saucier. After opening day, tickets will be available for \$3 per person if someone in their group has a valid SNAP/EBT (food stamps) card. Those with a valid SNAP/EBT can can buy a year membership through the website for \$30.

*A piece of Pamlico News history will also be on display at the Sullenberger Aviation museum - an article from 1987 covering a Harrier crash in Mesic will be on display. If any of our readers visit the museum, we will publish your photo of the issue on display.*

## Sun damage from ultraviolet radiation can occur in the eyes.

Various eye disease and conditions are linked to UV exposure from being outdoors in the sun or even the use of indoor tanning beds. A condition called "surfer's eye" can occur from UV exposure. According to the National Eye Institute, pterygium ("surfer's eye") is a growth of fleshy tissue that extends from the sclera (white of the eye) to the clear tissue called the cornea, which covers the iris and pupil. It may feel irritating and, if it grows large enough, can cover part of the

cornea and affect vision. Pterygium sometimes start as a pinguecula. This is a yellowish, raised growth on the conjunctiva. It usually occurs on the side of the eye nearest the nose. A pinguecula may contain deposits of protein, fat or calcium, says the American Optometric Association. Both pterygium and pinguecula are believed to be caused by a combination of exposure to UV light, wind and dust.

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