

The Pamlico News

Wednesday, June 26, 2024

Your County News Source Since 1968

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Pamlico County Library

The Shelton Show – Magic in the Library! on Friday, June 28 @ 1pm

Gary Shelton, Comedian and Magician will be our special guest for our last big event during the 2024 Summer reading Program. Gary's humor is southern flavored and family friendly; his magic brings out the wonder in audiences of any age.



New striped mullet management measures take effect Monday

MOREHEAD CITY – New commercial weekend closures and recreational possession limits for striped mullet will take effect Monday, June 24, to implement Amendment 2 to the Striped Mullet Fishery Management Plan, adopted by the Marine Fisheries Commission in May.

The commercial weekend closures are:

Closed 11:59 p.m. Friday to 12:01 a.m. Monday from Jan. 1 to Sept. 30.
Closed 11:59 p.m. Friday to 12:01 a.m. Tuesday from Oct. 1 to Dec. 31.

For specific commercial regulations, see Proclamation FF-26-2024.

The recreational possession limits are:

Recreational individual bag limit of 100 fish.
Recreational vessel limit of 400 fish.

An exception for For-hire Vessel Operations to possess a bag limit for the number of anglers fishing up to the 400-fish maximum (including in advance of a trip).

For specific recreational regulations, see Proclamation FF-27-2024.

For more information see the Striped Mullet Amendment 2 Information Page at <https://www.deq.nc.gov/about/divisions/marine-fisheries/hot-topics/information-stripped-mullet-fmp-amendment-2>

Recreational fishing license fees to increase July 1

MOREHEAD CITY – Coastal Recreational Fishing License fees will increase July 1.

The N.C. Wildlife Resources Commission (WRC), which administers the recreational fishing license sales system for the N.C. Department of Environmental Quality's Division of Marine Fisheries (DMF), announced last week that it will increase hunting, fishing, trapping and activity licenses, permits, stamps and certifications.

The fee adjustments are based on the total increase in the Consumer Price Index for All Urban Consumers since the last fee increase (Jan. 1, 2020). The DMF and WRC receive funding from license sales, and the increased fees will help the agencies offset operating costs that have been exacerbated by inflation and increased demand for services.

Continued on Page A3

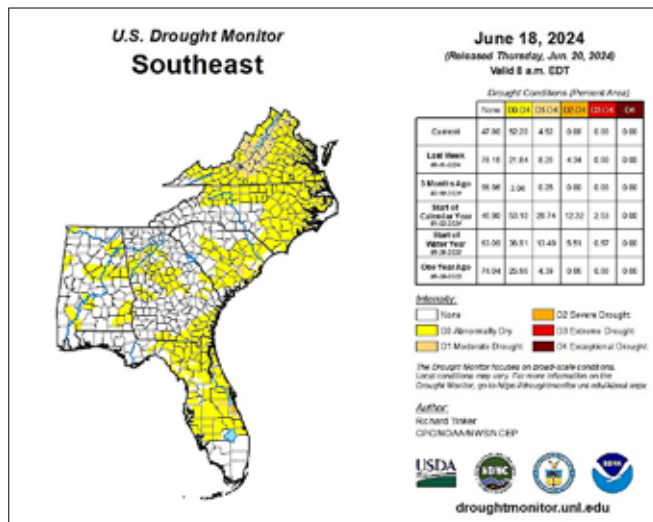
Drought Affecting Pamlico Agriculture

by: Hiram Lupton

If you have stepped foot outside your house in the last week or so, you have probably noticed that the summer heat is here. Something else that the heat is magnifying is the lack of rain in our area, with some yards becoming a bit brown and "crunchy". Last week, Pamlico County issued voluntary water conservation guidelines for those who are on the County water system. The Town of Oriental issued a statement that they have not invoked their water shortage response protocol yet, with an emphasis on the "yet." They however did urge residents to consider voluntary conservation in order to prevent mandatory restrictions in the near future if the area does not receive precipitation soon. One area that is definitely being affected by the lack of rain is agriculture. According to Pamlico County Agriculture Extension Director Daniel Simpson, the lack of precipitation could not have come at a worse time for the corn crop. "Right now, our corn crop is entering the pollination stage which is a critical juncture for determining yield. The bushels per acre will be lower than was expected just a month ago, and will continue to decline if we don't soon get rain," said Simpson. "The areas most affected right now are where crops are planted in soils that don't retain moisture well like the sandy based soils, but all areas of the county are being affected." Simpson added that soybeans have so far not been fairsing as bad as the corn. "The growth of soybeans is more elastic than corn. When it is abnormally dry, the growth will simply slow down and if they receive substantial rain in the next few weeks, they hopefully will rebound some, but the longer this dry period goes on, the more affected they will be." Farmer Derek Potter, who tends nearly 3000 acres in Pamlico County, much of it planted in corn, concurs with Simpson. "Right now, my crops are suffering. A month ago, we were looking at an above average yield for our corn, but the pendulum has definitely swung in the other direction to a below average yield. There is still time to salvage some of the crop, but the longer we go without rain, the worse it will get. We've just got to see it through and do the best we can." Another area farmer is also experiencing some drought anxiety. Cattle rancher Pete Anderson is having to make some adjustments as far as his pasture rotations go. He has also carried a few cows to market a little earlier than he would normally have liked to ease some of the grazing pressure on his fields. His biggest concern may be the grasses he relies on for grazing in the fall. "I have fescue grass planted and it requires a good amount of moisture to get going and grow. I rely a lot on that in the fall of the year. It is not at a critical stage yet, but if rain doesn't come soon, it will be. I have some fields planted in bahia grass. It is not my preferred choice for grazing but I planted it for erosion control and the byproduct of that is that it has a good root system that withstands drought well, but just as with anything that is planted and growing, it needs some rain." With the forecast this week calling for some chance of rain on a couple of days, lets all hope we get some, for our crops, our yards, and for our water supply.



Corn is entering the tasseling stage and needs substantial rain soon to salvage this year's crop.



Last week's drought map shows much of North Carolina in the abnormally dry stage but another week without rain could push many areas into drought status.

Bain and Lamar Earn Silver

by: Hiram Lupton



A few weeks ago, we profiled a pair of Pamlico County High School ladies, Julia Bain and Sydney Lamar, who are competing in Carolina Regional Volleyball Association Junior Beach Volleyball tournaments. We are pleased to report that the team earned Silver medals for their second place finish at the latest tournament last weekend in New Bern. Congratulations Julia and Syd.

Continued on Page A4



Champion Sports & Fitness Family Fun Day

by: Hiram Lupton

The summer heat was here last Saturday but Champion Sports and Fitness of Alliance gave the kids a chance to cool off and have a great time doing it with their inaugural Family Fun Day. The event, which was cosponsored by Ryan Jones of Alpha Mortgage, featured a bounce house for the kids which incorporated a waterslide which gave a great chance to cool off. There was a golf putting skills test, corn hole, basketball and soccer drills. While there you could check out the facilities at Champion and see what they had to offer for ways to help get your body in shape for the summer. It's never too late to get started. A fun event for the whole family and the best thing, it was completely free. Everyone had such a good time, they plan on making this an annual event. Champion Sports and Fitness is located at 13958 NC Hwy 55, Bayboro.



If you are near the coast and encounter what appears to be an enormous fiddler crab, please snap a photo!

The first confirmed Blue Land Crab sighting in North Carolina occurred last summer and researchers do not yet know the extent of the crab's distribution nor its impact on the environment and other wildlife.

Blue land crabs are comparable in size to our native blue crabs but range widely in color (from orange to gray to bright purple).

Our biologists want to know if you see a Blue Land Crab! If you spot one, snap a photo and report the date and the location of your sighting. Heavy rains can push the crabs out of their burrows, becoming easier to spot.

Learn more about Blue Land Crabs and how to report sightings <https://bit.ly/461nXNj>

JONES, CRAVEN, PAMLICO LIVESTOCK SHOW

2024 LIVESTOCK SHOW
AUGUST 16-17, 2024

HOSTED BY:
Lenoir County Livestock Area
1791 NC-55, Kinston, NC 28504

AUGUST 16
Heifer Show
Check In: 4:00 PM
Show Starts: 8:00 PM

AUGUST 17
Goats/Sheep/Hogs
Check In: 7:00 AM
Show Starts: 8:00 AM

AUGUST 17:
WE WILL START THE DAY AT 7:00 AM FOR CHECK IN. GOAT SHOW STARTS AT 9:00 AM, THEN MOVE TO SHEEP, AND FINISH WITH HOGS.

REGISTRATION INFORMATION
REGISTRATION LINK:
WWW.GO.NCSU.EDU/JCP-LIVESTOCKSHOW2024
PAY: \$25 PER CHILD PER ANIMAL AT SHOW
CHECK IN
JUDGE: TBA

Contact: Kristi Welke - Livestock Area
Agent, Craven, Jones, and Pamlico Counties
Phone: 252-407-2403
Email: kristi_welke@ncsu.edu

Continued on Page A4

WEEKEND WEATHER

Saturday, June 29th **92° Hi** Clear throughout the day

Sunday, June 30th **93° Hi** Clear throughout the day



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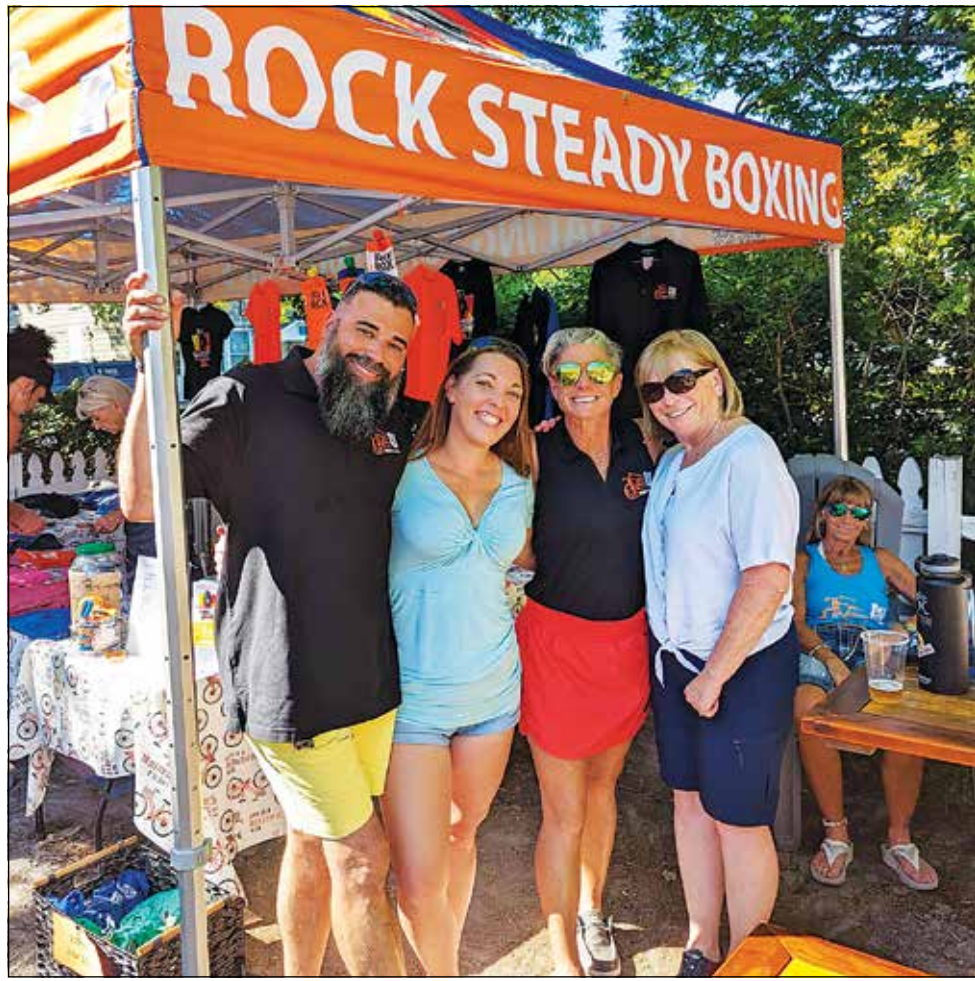
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Pamlico Community College

PCC Foundation stays busy



Pamlico Community College Foundation leaders have been busy in recent weeks. PCC Foundation Executive Director Heather Arevalo, second from left, and Foundation Board President Rose Lore, fourth from left, attended Rock Steady Boxing's "Pints for Parkinson's" fundraiser at the New Village Brewery in Oriental June 8. Joining them in the photo are Arevalo's husband, Juan Arevalo, left, and event organizer Bethany Richards, third from left. About three weeks earlier, Arevalo attended the Oriental Rotary Club's Scholarship Night May 20, where PCC was awarded \$9,500 for student scholarships. Arevalo writes, "We appreciate our continued partnership with the Rotary Club to serve our students and community. We also appreciate all New Village Brewery does for this college and community as well as everything Bethany Richards organizes. She and the Bike Box Project through Rock Steady Boxing put on events over multiple counties to fight back against Parkinson's. We are fortunate to have so many generous and supportive friends of the college." For more information about the PCC Foundation, please call 252-249-1851, ext. 3084, or email harevalo@pamlicocc.edu. Contributed photo

Churches of Pamlico Photo by: Hiram Lupton



Oriental Freewill Baptist Church



**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Susan Adams

Broker/Veteran

Here's what one of Susan's customers had to say...

Just a note to let you know how pleased my wife and I have been with Mariner Realty, and in particular, our agent, Susan Adams. Susan knew that we were interested in selling our home in Oriental, which was located on Smith Creek. The house sold in 5 days at full asking price! We couldn't believe it, even though we knew that it was worth that much. We are grateful to Mariner, but especially to Susan whose kindness and professionalism were wonderful. We highly recommend her!
Jim and Elizabeth, Ohio



NEW BERN – 3BR/2.5BA in Greenbrier subdivision. Classic architecture exudes warmth & character, master BR features ensuite bathroom & walk-in closet.
OFFERED AT \$365,000



MINNESOTT BEACH – Frontage on Minnesott Beach Golf & Country Club golf course, **3BR/2.5BA** with 2 brick wood-burning fireplaces, office, and 2-car garage. Screened porch leads out to private brick patio and entire backyard is fenced. No HOA, not in a flood zone.
OFFERED AT \$395,000



ORIENTAL – Recently renovated **3BR/2BA** in the Heart of the Village. Not located in a flood zone. Huge sunroom, deck, chef's kitchen, attached 2-car garage-workshop and 360 sf heated-cooled FROG. Detached 2-car garage-workshop ideal for multiple cars, boats and golf carts. Architectural shingle roof installed 2019. No HOA or HOA dues.
OFFERED AT \$ 425,000



MINNESOTT BEACH – 3BR/3.5BA w/ 2 master BRs, formal dining room, & gas-log fireplaces in family room, living room & upstairs master bedroom. Bonus room, front covered porch, side wooden deck, back concrete patio, beautifully landscaped yard. Full concrete driveway with Royal Coating finish. Spacious attached 2-car garage/workshop, detached RV barn, & detached workshop. Not in flood zone, no HOA.
OFFERED AT \$ 495,000



ORIENTAL – Whittaker Creek fully-bulkheaded waterfront **3BR/2BA** with dock on protected deep-water. Spacious raised deck & covered screened porch, sun room overlooks creek, formal dining room with brick gas-log fireplace.
OFFERED AT \$ 525,000



ORIENTAL – Wide water views from most rooms, **3BR/2BA** sail boat accessible waterfront with dock on Broad Creek in Forestshore Estates community. Sits on .99 acres, has 2-car garage-workshop & walk-up floored attic.
OFFERED AT \$675,000

REGISTRATION IS NOW OPEN!!!

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COUNTY**



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Armstrong
McGuire

**Wednesday, July 17th
9am-Noon
Delamar Center, Pamlico
Community College**

Attendees will work together with nonprofits that have overlapping services and clientele to:

- Maximize impact for clients
- Brainstorm cooperative ventures, i.e. fundraisers
- Share best practices
- Combine messaging and outreach
- Leverage resources

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FINANCIAL FOCUS

What to know before ‘reversing’ your retirement



Dan M. Roberts

By the time you reach retirement age, you may have accumulated a 401(k), IRA and other investment accounts, along with insurance policies and physical properties. You'll use some of these assets to support your retirement, but the rest may end up in your estate — which is why an estate plan is so important.

So, to leave a legacy for your family and those philanthropic groups you support, you need a comprehensive estate plan — and you need to avoid making mistakes. Here are some of the most common ones:

- **Procrastinating** – Estate planning, and its implications about our mortality, may not be a pleasant topic to think about. Yet, putting off your estate plans can be risky. If you were to pass away or become incapacitated without doing any estate planning, the results could be costly for your loved ones. One possible consequence: If you haven't at least created a basic, simple will, the courts could decide how to divide and distribute your assets, and they may do so in a way you wouldn't want.

- **Not updating wills and other documents** – Drafting a will and other legal documents, such as a living trust, is an important step in your estate planning.

But you shouldn't just create these arrangements and forget about them. Changes in your life and among your loved ones — deaths, divorce, remarriage, new children and more — may result in the need for you to update your estate plans, so it's a good idea to review them periodically.

- **Not updating beneficiaries** – Similar to updating your will to reflect changes in your life and family situation, you may also need to update the beneficiaries listed on your financial accounts and insurance policies. These designations carry a lot of weight and can even supersede instructions in your will, so you'll need to make sure they are current and accurate.

- **Not properly titling assets in a trust** – Depending on your situation, you may benefit from establishing a living trust, which may allow your estate to avoid the time-consuming and expensive process of probate. A living trust also helps give you control over how, and when, you want your assets distributed. However, you need to retitle your assets in the name of the trust for the trust to be effective.

- **Not choosing the right executor** – An executor carries out your wishes based on the instructions you've given in your will or trust documents. But fulfilling an executor's duties is not as simple as, say, following a recipe for a basic meal. Consequently, while you might just want to pick a close

family member as executor, you need to be sure this person is competent, good with details and won't be overwhelmed by the financial and legal issues involved in settling an estate. If your initial choice doesn't have these skills, you may need to find a responsible person outside the family.

Finally, here's one more mistake: going it alone. Estate planning is not a do-it-yourself activity. To help ensure your estate plan addresses all the issues involved, you'll need to work with a legal advisor, and possibly your tax and financial professionals, too.

Devoting the necessary time and effort can help you avoid many of the mistakes that threaten the effectiveness of estate plans — and the fewer mistakes you make, the better off your beneficiaries can be.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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NC COOPERATIVE EXTENSION Pamlico County

JONES, CRAVEN, PAMLICO LIVESTOCK SHOW

Join us for the Jones, Craven, and Pamlico Counties Livestock show in conjunction with Eastern Carolina Showmanship Circuit Livestock Show. This event will be held at the Lenoir County Livestock Arena in Kinston, NC. Show dates are August 16, 2024 for Heifers and August 17, 2024 for Goats, Sheep and Hogs. Showmanship rules are to be announced.

This circuit is for ages: 5-18
Pay: \$25 per child and per animal at show check-in (Exact Cash/Check preferred)
Concessions will be available for purchase during the show.

Register online by August 12th, 2024: 2024 Livestock Show Registration <https://docs.google.com/forms/d/e/1FAIpQLSd64a61whstaf5tD4mT4Zgb4UkDvOUhPOam8aysTuZAJyeLQA/viewform>.

If you have any questions or concerns please contact:

- Kristi Welke – Livestock Area Agent for Craven, Jones, and Pamlico Counties.
- By Phone: 229-402-2403
- By Email: kristi_welke@ncsu.edu

Sponsor the Show

The livestock show provides North Carolina 4-H and FFA youth with an opportunity to display the livestock they have invested time in growing, training, and raising as part of a project for this Showmanship Circuit. We invite you to support our youth in enhancing their education through agricultural opportunities by becoming a sponsor. Our goal is to provide the show participants with prizes as they compete to win Grand Champion. Your sponsorship would cover the costs of show ribbons, photography, livestock judges, and Grand and Reserve Champion prizes, ensuring the success of this year's Livestock Show and future shows for years to come.

SPONSORSHIP LEVELS

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 - THANK YOU CARD AND SHOUTOUT ON SOCIAL MEDIA.
- \$250**
 - LOGO ON BACK OF LIVESTOCK SHOW ITINERARY.
 - THANK YOU CARD AND SHOUTOUT ON SOCIAL MEDIA.
- \$100**
 - LOGO ON BACK OF LIVESTOCK SHOW ITINERARY.
 - THANK YOU CARD

OTHER: WE WILL GLADLY ACCEPT ANY DONATIONS AND AWARDS TO BE GIVEN RANDOMLY THROUGHOUT THE LIVESTOCK SHOW.

N.C. COOPERATIVE EXTENSION IS AN EQUAL OPPORTUNITY PROVIDER.

LETTER TO THE EDITOR

As a Navy Veteran and an American Citizen I am very happy to see many American flags proudly being flown from many homes and businesses in our state. Unfortunately, many flags do not get to properly retire as they grow old and start to fade and get torn and tattered. An American flag after so proudly being displayed needs to be properly disposed of. In Pamlico County there is a receptacle provided by the D.A. Veterans in front of the Sheriff's office in

Bayboro or retired flags can be taken to the Town Hall in Oriental. In New Bern retired flags can be taken to the American Legion Hall on South Glenburnie Rd. or to the New Bern Elks Lodge on Pine Tree Drive where they will be properly and respectfully disposed of.

Shawn Dougherty
Oriental

Dear Editor,

The North Carolina State Constitution specifies a free public school system that provides for equal opportunity for all. Currently, NC allocates about \$7,500 per student, and counties supplement that amount from property tax revenue. In Pamlico County, 17% of that money goes to Arapahoe Charter School.

In 1994, five school districts and families in low-wealth counties filed a lawsuit against the state (Leandro v. State of North Carolina) arguing that their school districts did not have enough money to provide an equal education for their children. For 30 years, there have been rulings, findings, reports and court orders directing the NCGA to adequately and equitably fund public education in NC. Unfortunately, the NC legislature failed to fund it. In 2022, the NC Supreme Court upheld the initial ruling that the state must release \$1.7 billion to pay teachers, principals, and programs for students K-12. This year, 2024, the funding was blocked on the third judicial review.

The Republican led Legislature has taken more than \$1 billion of tax dollars out of the Public School Fund, as of this year, to fund the voucher program. Officially named the "Opportunity Scholarship Program", the voucher program should be called the "Chance To Get A Private School Voucher Paid For With Public Tax Dollars"

program. This year the NCGA wants to expand the voucher program by another \$463 million.

Private schools discriminate and are unaccountable. They are neither required to accept your student nor teach your student an approved curriculum. Many accept only students of their religion. Many discriminate against students based on their grades, their behavior, their race, their special education needs and the behavior of their families. Additionally, the voucher does not cover all tuition costs and fees, meaning that only families wealthy enough to pay the difference can attend. And, because of this "free" tuition money, many private schools are now raising their tuition. This year, the income caps for vouchers were raised so that families can now make up to \$250,000 and still qualify. These families could well afford to pay their own tuition. By school year 2032 – 2033, the Legislature will have diverted \$5 billion from the Public School Fund into unregulated private schools through the voucher program.

If NC continues to defund our public schools that educate 90% of our children, rural schools will fail, leaving us with few options. The Republican led Legislature in Raleigh is gambling with our children's future. They are hurting people who are already struggling.

Diane Lemieux
Arapahoe

Chuck Norris tells Simon what to do.

NOTICE OF PUBLIC HEARING

A Public Hearing on corrections to the Growth Management Ordinance (GMO) bringing it into compliance with N.C.G.S. § 160D in the Town of Oriental will be held on Tuesday, July 2, 2024 at 6PM, or as soon thereafter as can be reached, in the large Board Room in Town Hall, 507 Church St, Oriental, NC. The proposed corrections to the Ordinance is available for viewing by the Public at Oriental Town Hall and online at www.TownofOriental.com

The meeting is open to the Public.
Diane H. Miller, MPA, ICMA-CM, Clerk

SOLICITATION OF BIDS

Pamlico County, North Carolina is currently soliciting bids for the clearance of Vegetative Debris and C&D (Construction and Demolition) Debris for the tropical, winter and nor' eastern storm seasons through October 31, 2027. Bidder's instructions and proposal forms may be obtained from the Pamlico County Clerk to the Board, 302 Main Street, Bayboro, NC 28515, or by contacting Ms. Tracy Boyd, Pamlico County Clerk to the Board, at (252) 745-3133. Documents may also be downloaded from the Pamlico County website at www.pamlicocounty.org. Sealed bids will be addressed to: Clerk to the Board and marked "RFP# 0710-24, Disaster Debris Clearance Services." at Pamlico County, 302 Main Street, Bayboro, NC 28515. Deadline for submittal of bids will be 2:00 PM on Monday, July 10, 2024 at which time the bid opening and reading will take place by County Staff.

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The Old Theater

Dee Dee King & Friends

Pre-4th of July/ Pre-Croaker Festival Celebration Concert.



Alert! Read Now! Croaker Festival 2024 and 4th of July celebrations just got more exciting. The Award winning, electrifying, vocal phenomenon Dee Dee King is back in Oriental and by popular demand at The Old Theater in Oriental NC, June 29th.

Dee Dee King, band & Friends put on a show for Mother's Day so dynamic, people are still raving and talking about everywhere, slating his performance as the best The Old Theater has experienced to date.

Dee Dee King is recognized as one of the best premier voices of this era. This award winning artist's versatility is infectious, he can sing anything of any genre, another concert goer commented.

June 29th will be an unforgettable day and the best way to jump start the holiday weekend. There's nothing like a Dee Dee King concert show, you just have to be there and experience for yourself, has been the constant consensus of those that have attended his performances. Attendees of all ages love Dee Dee King's concerts and performances, from youth to adults to elderly. Everyone will leave energized and fulfilled.

Jazz, Blues, Smooth Jazz, Soul, Rock, R&B, Classic Rock, Standards, Ballads, Motown, and more, you can expect to hear your favorite hit songs. There will be a special Blues Tribute that you just don't want to miss. Many surprises, many special treats for the entire family, of all ages. There will be times you'll see the entire place standing and dancing, moments of joy, celebration, love, and even some special moments of tears, moments that feel so good, they bring tears. It's a guarantee that you will share the same experiences so many others have, more than a concert, more than a show, but an experience and an encounter. Music to move you, soothe you, groove you!

Dee Dee King & Friends, Pre-4th of July/ Pre-Croaker Festival Celebration Concert.

June 29, 2024, The Old Theater Oriental NC. Door Prizes, Cash Prizes, Food, Fun, Music for the entire Family!

Oldtheater.org/events

Dee Dee King, is a performer that captivates the audience with his magnetic stage presence and charisma, combined with his impeccable vocals and four octave range, he no only puts on a show, but leaves every attendee in awe, with the sense of fulfillment, yet not wanting the concert to end, wanting more.

As one concert goer stated, he makes you feel so good, you feel connected, and affected by the magic in the room, my entire family from the youngest to the oldest were blown away, much more than a show or concert, but an encounter.

Dee Dee King, has worked with and have also been inspired by some of the industry's who's who, Billy Preston, Phylliss Hyman, Rance Allen, James brown, Bernard Wright, Daryl Coley, Edwin Hawkins, Strong influences by Teddy Pendergrass, Lou Rawls, Donny Hathaway, Elvis Presley, Frank Sinatra, Aretha Franklin and so many more. December 2023 Dee Dee, was the featured lead vocalist on Bernard Purdie's Christmas Concert and Live Recording in New Bern North Carolina.

As a child Dee Dee's influences came directly from his mother Edith, a native of Oriental, she NC, she was a beautiful, talented,

gifted and accomplished pianist and vocalist, he lost her at the young tender age of 9 years but her impact has lasted him a lifetime. As many of the musical greats he's learned from through the years, she had that it factor, and could move a room with her authenticity and love, when she performed.

Dee Dee King & Friends, Pre-4th of July/ Pre-Croaker Festival Celebration Concert.

June 29, 2024, The Old Theater Oriental NC. Door Prizes, Cash Prizes, Food, Fun, Music for the entire Family!

Oldtheater.org/events



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Fantastic facts about fireworks

Cities and towns across the country commemorate special days with various festivities, particularly when warm weather beckons people outdoors. Fireworks long have been a popular way to cap off parades, concerts, sporting events, and national days of celebration. Entire communities come together to watch spectacular shows in which blazing pops of color light up the night sky.

Smithsonian magazine reports that pyrotechnics displays have been astounding audiences all over the world for centuries. As early as 200 B.C. fireworks were developed in China to first scare off mountain men and later evil spirits. However, soon the Chinese incorporated "fire drug," essentially saltpeter, sulfur and charcoal (a recipe for gunpowder), into their cultural celebrations. Early Chinese fireworks consisted of the gunpowder mixture stuffed in bamboo tubes.

Fireworks have evolved since then, but by and large they're still comprised of the same main parts: an oxidizer, fuel and chemical mixture to produce desired colors. Fireworks are a wonder to behold when they are part of professional displays, and their history can be interesting as well.

- While the Chinese invented fireworks, Italians helped fine-tune them. Italians are credited with designing aerial shells and figuring out that certain metallic powders could create specific colors.



- The largest consistent fireworks show in the United States is the Macy's show in New York over the Hudson River on July 4th. More than three million people view the show, which includes more than 40,000 shells.
- The Walt Disney Company is the largest consumer of fireworks in the world, according to Business Insider. It also is the second largest purchaser of explosive devices, behind only the U.S. Department of Defense.
- High-energy metal compounds like copper chloride emit colors like violet and blue in fireworks. Low-energy compounds

- like strontium chloride produce orange and red.
- The pattern fireworks will produce in the sky is determined by how stars are arranged inside of the shell. Stars are the cubes or spheres that contain the chemicals needed for the firework reaction.
- Mental Floss notes that "daytime fireworks" are made up of colored smoke and can be seen during the day.
- Individuals who are employed in the manufacture of fireworks must wear cotton clothing, including undergarments, as synthetic clothing can create sparks capable of detonating fireworks, according to Alamo Fireworks.
- Various fireworks shapes have their own names. They may be called willows, palms, crossettes, horsetails, rings, cakes, and more.
- New Castle, PA is known as the "Fireworks Capital of America" because Zambelli Fireworks Internationale and Pyrotecnico both got their start there in the mid-nineteenth century.
- Scientists are currently working to create more eco-friendly fireworks.

Fireworks will soon be booming in towns and cities all over, and their history is as interesting as their displays are awe-inspiring.

CROAKER FESTIVAL 2024

Mini Miss Minnow Pageant



BERKLEY ROSE BANKS – Age: 4
 Daughter of: Steve & Lauren Banks
 Hometown: Grantsboro



KYNDELL MARIE CAROON – Age: 4
 Daughter of: Noah & Lyndsie Caroon
 Hometown: Reelsboro



SCARLETT ELIZABETH DAVIS – Age: 4
 Daughter of: Matt & Asheton Davis
 Hometown: Oriental



ALEXIS SWANNIE COOPER – Age: 5
 Daughter of: David Cooper & Lexi Burke
 Hometown: Merritt



TINLEY HACKER – Age: 4
 Daughter of: Daniel & Hunter Hacker
 Hometown: Oriental



RALEIGH MAYO – Age: 6
 Daughter of: Phillip & Ashley Mayo
 Hometown: Merritt



BRYLEE LYNN WHORTON – Age: 5
 Daughter of: Lacy & Worlise Knowles
 Hometown: Oriental



LILLIANA GARDNER-GODY – Age: 5
 Daughter of: Ashley Gody & Kyle Gardner
 Hometown: Merritt



PARKER ELIZABETH STEVENSON – Age: 4
 Daughter of: Ashton & Kyle Stevenson
 Hometown: Oriental



PIPER MAYO – Age: 5
 Daughter of: Phillip & Ashley Mayo
 Hometown: Merritt



DAVIS ERIN HARPER – Age: 6
 Daughter of: Emily & Eric Harper
 Hometown: Grantsboro



ADYSON MARIE SANDERS – Age: 5
 Daughter of: Sherry Johnson-Kelso
 Hometown: Merritt



BETHANY HOPE BURTON – Age: 6
 Daughter of: Tonya & Scott Burton
 Hometown: Reelsboro



JACIE GRAY WILLIFORD – Age: 6
 Daughter of: Fred & Jennifer Williford
 Hometown: Florence



HILLARY BRYAN JONES – Age: 5
 Daughter of: Bryan & Jaclyn Jones
 Hometown: Bayboro



CELINA CLAIRE MONK – Age: 5
 Daughter of: Gretchen Steiger
 & Quashawn Monk
 Hometown: Bayboro



ALEXANDRIA SHAY WILKINSON – Age: 6
 Daughter of: Jeremy Wilkinson (Courtney)
 & Sara Futrell (Kevin)
 Hometown: Arapahoe

Miss Minnow Pageant



ERIN N. FORBES – Age: 8
 Daughter of: Jeremy & Kacy Forbes
 Hometown: Arapahoe



REAGAN LOUISE JORDAN – Age: 8
 Daughter of: Rachel & Rick Jordan
 Hometown: Reelsboro



KAYLEE MAE HOLLOWELL – Age: 8
 Daughter of: Kathrine & Stanley Armstrong
 Hometown: Hobucken



WILLOW SINICROPE – Age: 7
 Daughter of: Robin & Nick Sinicrope
 Hometown: Reelsboro



CARLEIGH MICHELE LANE – Age: 9
 Daughter of: Jeremy & Amber Kimla, BJ & Sabra Cahoon
 Hometown: Oriental



ADALEY FAITH BETTIS – Age: 8
 Daughter of: Braxton & Amanda Bettis
 Hometown: Blounts Creek

**COME OUT AND SEE ALL THE BEAUTIFUL AND TALENTED MINI MISS & MISS MINNOWS
 FRIDAY JULY 5TH AT 5:30 & 6:00 PM ON THE MAIN STAGE.**

CROAKER FESTIVAL 2024

Croaker Queen Pageant



NATALIE REED – Age: 17
Daughter of: Chris & Sherri Reed
Hometown: Oriental



DANICA PEYTON MOGEY – Age: 15
Daughter of: Brittney Lee & Damien Moge
Hometown: Grantsboro



NAZRI WILLIAMS – Age: 15
Daughter of: Vantisha Williams
Hometown: Maribel



HOLLI SCOTT – Age: 17
Daughter of: James Scott & Sue Tucker
Hometown: Bayboro



BREANNA NICOLE HUDSON – Age: 18
Daughter of: Angie Hudson & Brandon Jones
Hometown: Bayboro



ASHLEY DAWN WARREN – Age: 15
Daughter of: Johnny & Christina Warren
Hometown: Vandemere



CATHERINE GRACE LACKEY – Age: 16
Daughter of: Jennifer Lackey & Eric Pare
Hometown: Hobucken



EMMA GRACE SPAIN – Age: 16
Daughter of: Amber Caraway Spain
Hometown: Merritt



BROOKLYN ELIZABETH ALTMAN – Age: 18
Daughter of: Jon & Lori Altman
Hometown: Olympia

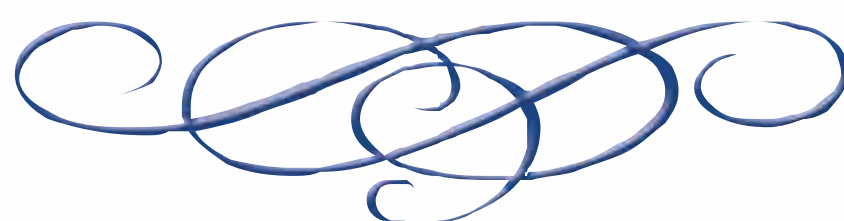


EMERSON SANDRA-HOPE GASKINS – Age: 15
Daughter of: Courtney Boyles (Jeremy)
Hometown: Arapahoe



ABIGAIL RAE CAHOON – Age: 16
Daughter of: Jeremy & Amber Kimla,
BJ & Sabra Cahoon
Hometown: Oriental

Let the pomp & circumstance begin!



**COME OUT AND SEE ALL THE AMAZING AND BEAUTIFUL MISS CROAKERS
FRIDAY JULY 5TH AT 6:30 PM ON THE MAIN STAGE.**

COASTAL LIVING



Oriental Redfish at Dawn

by Brian Cope

Hit the water especially early in July

Capt. Bobby Brewer of Baldheaded Bobby Guide Service in Oriental, NC said the redfish will bite good in July, but usually only for a short period of time, and usually best in the very early morning hours.

“In July, we often start the day with water temperatures around 85 degrees, and it can be 90 degrees or hotter by the end of the trip. That can make it tough. By July, most of my redfish locations that were good to me in May and June are dried up,” he said.

But Brewer said that doesn’t mean anglers should sit at home and wait on cool weather.

“My recommendation is to beat the roosters up and hit the water at dawn, or maybe predawn,” he said.

That might seem too early for some folks, but Brewer said it’s essential this time of year.

“It’s a little early, but it promotes a good nap after lunch. This time of day, the redfish can be really active. But don’t expect it to last long,” he said.

Even though it’s a short window of opportunity, it is usually well worth it.

“Don’t be surprised if your bite only lasts for 30 minutes to an hour. The key is to be there when the bite occurs, and not snoring under your ceiling fan,” he said.

During those early morning hours, Brewer said anglers can coax redfish into hitting topwater lures.

“Don’t forget about topwater. Now is the time. With the water temperatures in the low 80s, redfish will hang out on the banks and points,” he said.

This is exciting fishing, but it can try an angler’s patience.

“If you’re throwing topwater, remember that redfish mouths are on the bottom of their face, and pointed slightly down. When they strike a topwater lure, sometimes they wake it and push it away. Be patient,” he said.

When not using topwater lures, Brewer (919-349-6112) uses shrimp and cut mullet. Soft plastic lures also have a place in his arsenal.



Redfish bite just fine in July along NC’s coast, but they are most active in the early morning hours.

“I’ve been using a lot more shrimp and cut mullet on smaller Carolina rigs than previous years, but they are very active on plastic also,” he said.

Old Drum arriving

It’s a little bit early, but Brewer said in July, anglers should begin to see a lot of bait balls in the middle of the river. And with that, the old drum will follow.

“A few old drum will be caught in July,” he said.

Anglers encountering these trophy-sized redfish will increase their chances of catching them if they’ve got the right tools and bait.

“We catch them with popping corks, cut mullet, and on the fly,” he said.



Pamlico County Fishes and Loaves Outreach Receives Donation from Food Lion Feeds Charitable Foundation

Feeding the Hungry grant increases access to nutritious food; provides nutrition education

ORIENTAL, NC - Pamlico County Fishes and Loaves Outreach (PCFLO) is pleased to announce it has received \$1500 from the Food Lion Feeds Charitable Foundation to help nourish neighbors experiencing hunger. The Feeding the Hungry grant supports community feeding partners by helping neighbors increase their access to nutritious food and providing nutrition education to eliminate health risks for those experiencing food insecurity.

“Once again, thanks to a grant from the Food Lion Feeds Charitable Foundation, Pamlico County Fishes and Loaves Outreach is able to significantly increase our ability to feed the hungry in our county. With the increased cost of food and the increased demand for assistance, the timing of this grant could not be better,” said Raymond Ruppert, chair of the PCFLO Board of Directors.

The mission of PCFLO is: “To assist the people in Pamlico County who need food as determined by Pamlico County’s Social Services Department as well as those who are experiencing emergency situations related to obtaining food.” PCFLO is supported by 10 county churches and the Oriental Rotary Club.

The Food Lion Feeds Charitable Foundation is committed to supporting families facing food insecurity across its 10-state footprint. Established in 2001, the foundation provides financial support for programs and organizations dedicated to feeding local neighbors in the communities it serves. Since its inception, the foundation has awarded more than \$18.9 million in grants.

About The Food Lion Feeds Charitable Foundation

The Food Lion Feeds Charitable Foundation is the philanthropic arm of Food Lion, based in Salisbury, N.C. Established in 2001, the Food Lion Feeds Charitable Foundation provides

financial support for programs and organizations dedicated to eliminating hunger. The charitable foundation has provided more than \$18.9 million in grant funding, helping to nourish communities with fresh food for backpack programs, Kids Café’s, and other hunger-relief programs as well as funding for long-term programs to help shorten the lines at food banks. The charitable foundation partners with Feeding America, the nation’s largest hunger-relief agency, in addition to local food agencies serving the 10 Southeastern and Mid-Atlantic states in which Food Lion operates. For more information, visit www.foodlion.com/pages/food-lion-feeds.

About Food Lion

Food Lion is an omnichannel retailer committed to nourishing its neighbors during the moments that matter most. More than 82,000 associates across 1,100+ stores deliver an easy, fresh and affordable shopping experience throughout 10 Southeastern and Mid-Atlantic states. Through its ‘Count on me’ culture, Food Lion fosters a sense of belonging for all associates, promoting a diverse and inclusive environment that has supported LGBTQ+ equality for nearly two decades. Food Lion is the only company in the country to be named an ENERGY STAR Partner of the Year for 23 consecutive years. It also pioneered a food rescue program to support food-insecure neighbors. Through Food Lion Feeds, the retailer has donated more than 1.2 billion meals to individuals and families since 2014 and has committed to donate 1.5 billion meals by 2025. Founded and based in Salisbury, N.C., since 1957, Food Lion is a company of Ahold Delhaize USA, the U.S. division of Zaandam-based Ahold Delhaize. For more information, visit foodlion.com.

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LEGALS

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS AND DEBTORS OF
JACKIE LINBERG DRIGGERS
File No.: 24 E 108

All persons, firms and corporations having claims against deceased, are notified to exhibit them to VICKI J. THOMAS, ADMINISTRATOR on or before SEPTEMBER 3, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 5TH DAY OF JUNE 2024

ESTATE OF JACKIE LINBERG DRIGGERS
C/O VICKI J. THOMAS
P O BOX 423
VANDEMERE, NC 28587

Publish JUNE 5,12,19 AND 26, 2024

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS AND DEBTORS OF
NANCY MICOU NORRIS
File No.: 24 E 118

All persons, firms and corporations having claims against deceased, are notified to exhibit them to LAURA N. NUCHESTERLEIN, EXECUTOR on or before SEPTEMBER 17, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 19TH DAY OF JUNE 2024

ESTATE OF NANCY MICOU NORRIS
C/O LAURAN. NUCHESTERLEIN
110 SKIPPERS CIRCLE
ORIENTAL, NC 28571

Publish JUNE 19,26, JULY 3 AND 10TH, 2024.

NOTICE OF SERVICE OF PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
PAMLICO COUNTY DISTRICT COURT FILE 24CVD91,
ASHLEY TROYER V. SAMANTHA EDMONDS AND UNKNOWN FATHER TAKE NOTICE that a pleading seeking relief against you has been filed in the above entitled action. The nature of relief being sought is: Temporary and Permanent custody of your minor daughter Theodora K. Dior DOB 5/29/24. You are required to make defense in this pleading no later than forty (40) days from the date of this first publication and upon failure to do so, the plaintiff will apply to the court for the relief sought. You are advised to IMMEDIATELY contact the clerk of court Pamlico County, North Carolina at (252) 745-6600 202 Main St, Bayboro NC 28515 to obtain further information about this case, including a copy of the pleading filed herein, the date(s) of the scheduled hearing.

First published June 19, 2024

NORTH CAROLINA IN THE

GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS AND DEBTORS OF
WILLIAM BRUCE BROUGHTON
File No.: 24 E 121

All persons, firms and corporations having claims against deceased, are notified to exhibit them to WESLEY BRUCE BROUGHTON, ADMINISTRATOR CTA on or before SEPTEMBER 24, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator CTA.

This 26TH DAY OF JUNE 2024

ESTATE OF WILLIAM BRUCE BROUGHTON
C/O WESLEY BRUCE BROUGHTON
59 CHAIR RD
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Publish JUNE 26, JULY 3,10 AND 17TH, 2024.

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INCIDENTS

June 13, Medical Park Ave., Bayboro, larceny of property or goods <= \$1,000
June 13, Main St., Bayboro, order for arrest
June 13, Main St., bayboro, warrant for arrest assault on emergency personnel
June 14, Main St., Bayboro, order for arrest failure to appear
June 14, Broad St., Oriental, obtain property by false pretenses
June 14, Scott Town Rd., Grantsboro, assault inflicting serious bodily injury, assault with a deadly weapon
June 16, Old Bay River Rd., Alliance, violation of court

order
June 16, Courtland Dr., Alliance, simple assault
June 16, Lovick Lee Rd., Oriental, break or enter any building - intent commit felony/larceny, larceny after breaking or entering
June 17, NC Hwy 55, New Bern, failure to appear resisting public officer
June 18, Main St., Bayboro, found property
June 18, Lovick Lee Rd., Oriental, warrant for arrest possession with intent to manufacture/sell/distribute Schedule III controlled substance
June 19, Main St., Bayboro, failure to appear

May 28, William Holton, New Bern, storage building - permit reactivation (expired), \$50; Dan Hintz, Oriental, mechanical, \$50; Herman Turnage, Arapahoe, building/piers, \$50; Camp Vandemere, Vandemere, mechanical - 5 mini splits, \$250; Chris Jones, Merritt, electrical, \$100; Betsy Lee, Oriental, mechanical, \$50; Terri Clark, New Bern, fire, \$50; Yvonne Hardison, Arapahoe, mechanical, \$144.08; Matthew Thomas, Grantsboro, CAMA, Walkway, \$165.20; Kevin Patton, Arapahoe, electrical, \$100
May 29, Andrew Baronsky, New Bern, electrical, \$50; Robert Gryb, Hobucken, electrical, \$100
May 30, Jason Banner, Oriental, plumbing/gas, \$50; Steve Hollowell, Grantsboro, plumbing/gas, \$50
May 31, Steve Hollowell, Grantsboro, electrical, \$100, Streamline, Minnesott Beach, new, \$1,727.10; Billy Holton, Merritt, new, \$1,639.54; Connie Potter, Stonewall, garage, \$149.84; Fred Kadum, Oriental, inground pool, \$100
June 3, William Martin, Oriental, garage, \$604; Lenora Page, Oriental, demolition, \$0; Kelly Holt, New Bern, storage building, \$360
June 4, Dragons Island, Oriental, building/boathouse, \$528
June 5, Croaker Festival, Oriental, fireworks July 6, \$50, Camp Seagull, Arapahoe, fireworks, July 3 & July 31, \$100
June 6, Camp Vandemere, Vandemere, electrical, \$250; Justin McGee, Oriental, electrical/plumbing, \$100; Rameshbhai Patel, Bayboro, building/fire, \$100
June 7, Ranee Pender, Grantsboro, new tiny home,

INSPECTIONS

\$395.40; Jennifer Williford, Merritt, electrical, \$50; Cody Vanhook, electrical, \$50
June 10, Wink & Christy Cline, Oriental, remodel, \$243.60; Sheri Blohm, New Bern, building/foundation repair, \$50; Tina Wiggins, Bayboro, ADA Lift, \$50; Linda Norfleet, Lowland, ADA Lift, \$50; Stephanie Edwards, Bayboro, ADA Lift, \$50; Karen Ireland, Lowland, ADA Lift, \$50; Janice Squires, Bayboro, ADA Lift, \$50; Jamey Lupton/ Gloria Ireland, Lowland, ADA Lift, \$50
June 11, Carolyn Schoch, Merritt, electrical/mechanical, \$100; Desired Lopez, Merritt, renovation, \$904.16; Barry Devries, Merritt, mechanical, \$100; John McCotter, Oriental, mechanical, \$50; Trudy White, Oriental, mechanical, \$50; Nicol Retz, Oriental, \$50; Joshua Stubbs, New Bern, sign, \$50; Emily Varkony, Oriental, shed/storage, \$101.20; Hector Valazquez, Vandemere, temp pole, \$50
June 12, Lisa Wright/Ruthie Styron, Oriental, new double-wide, \$260; Tom Newman, mechanical, \$100; Jeffrey Stettler, Minnesott Beach, mechanical, \$100; Pamela Hannah, mechanical, \$50; Gary Konyeshi, Arapahoe, building/shed, \$80.72; Andrew Baranosky, Grantsboro, electrical, \$50; Andrew Baranosky, Oriental, electrical, \$50; Donald Stokes, Merritt, demolition, \$0
June 14, Dennis Mills, Bayboro, carport, \$160.40; Jeanette Legarde, Oriental, mechanical, \$50; Richard Holt, Oriental, mechanical, \$50; Douglas Delisle, Oriental, mechanical, \$178.96; Richard Tyree, Grantsboro, electrical, \$50; Steven Voliva, Oriental, electrical, \$50

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PARTNERSHIP PROPERTY MANAGEMENT

AROUND THE COUNTY

Whortonsville Reba Tiller, *Correspondent*



Each week I have watched the beautiful green fields but everything has changed with no rain the crops are suffering. It is so sad to think how hard farmers work and everything depends on the weather. The days are hot but it is always hot in the summer. There were 14 at Bethel on Sunday. It was nice to see Matt Scott there. We were playing my messages one day and there was a message from Amanda Godwin so I told my son not to delete it. She wanted to come and see me before she passed away and she never got the opportunity, so I will at least have the message as a remembrance of her. She always called me Mama Reba. I just heard yesterday that Steve Lee had passed away. His two

daughters Jennifer and Julie Ann came by the booth at Mayo's Restaurant on Wednesday as I was having lunch with friends. Croaker Festival is coming up fast and the Pamlico Band and the Pamlico Chorale will pay tribute to the Armed Forces and sing patriotic songs on July 5th at 4:00 p.m. The last of my guests left on Wednesday of last week but there will be more for the Croaker Festival. Saw a turkey on Trent Road last week with about six little ones. Next door neighbors are back from their cruise to Alaska and shared some awesome pictures of the trip! Lunch at Bethel on Sunday July 30th following the service.

THOUGHT FOR THE WEEK—DON'T LET YESTERDAY TAKE UP TOO MUCH OF TODAY!

Vandemere Sandra Snipes, *Correspondent*



Greetings from Vandemere! Oh my goodness it was hot out there this weekend! Thank goodness for the breeze! The weekend was great. We are seeing a lot of wildlife roaming our streets and navigating through the high corn fields at all hours of the day and night. There is a local bear, a bunch of deer, and other wildlife that have been spotted. Please stay away from the wildlife and please don't leave food around your home.

Speaking of other wild life, a pirate ship came to visit our waters. What an awesome sight! Their stay was brief; not even staying long enough to attend the Budget Ordinance Public Hearing to assess the Town's Treasures. Our approving of the Town Budget Ordinance went well and will be operational July 1, 2024. The next Board of Commissioners Meeting will be July 8, 2024 at Town Hall. The meeting will start at 6:30 p.m. and is open to the public.

The Richardson Family had a wonderful turn out for their Squidders Bait and Tackle "New Owner Relaunch" Celebration. The food was fantastic and Signature Blend's performance was icing on the cake! We look forward to their future successes; and, they are off to a great start!

The 4th Annual Squidder Festival is right around the corner, July 6, 2024, starting at 4:00 p.m. and ending at 10:00 p.m. This festival is held at the Vandemere Waterfront Park and is growing in popularity every year. Come by and enjoy a "Good Ole All American Celebration" with something for everyone! There will be live entertainment, dancing, and food, crafts, and games for purchase. Bring your chair, sit back and enjoy an evening at the festival!

Hope everyone has a great weekend! Come see what Vandemere is all about. Visit our website at www.vandemerenc.com



Pamlico Betty Jo Rodgers, *Correspondent*



We say goodbye to two special residents of Pamlico who are no longer with us. Jake Rodgers and Miss Edy Stackhouse were two special puppies that will be missed by their family and friends.

"When tomorrow starts without me, and I'm not here to see, If the sun should rise and find your eyes all filled with tears for me; I wish so much you wouldn't cry the way you did today, While thinking of the many things we didn't get to play. I know how much you love me, as much as I love you, And each time you're thinking of me, I know you'll miss me too. When tomorrow starts without me, don't think we're far apart, For every time you think of me, I'm right here in your heart."

I want to extend a special thank you to Sheri Hicks and her staff for the love and care they have given Jake these last eleven years. Her compassion and care meant so much to us.

Roy and I shared breakfast with Paul Brady and his daughter at Brantley's Village Restaurant Monday morning. It was nice to get out and fellowship with people from Pamlico.

Reverend Dr. Kevin W. Rodgers visited his dad in Pamlico on Thursday and Friday. It was his first visit since he retired from the mission field in Africa. He will visit again before he moves to Texas to teach prospective missionaries at Southwestern Theological Seminary.

Joannis and Walt Summerlin visited Pamlico on Friday and Saturday. The roadsides in Pamlico are being mowed by the Dot. Construction continues on Mary Mattock's new house. And now across the street from her, you get a clear view of our pier on Broad Creek.

Pamlico finally received rain. I hope it was not too little too late for the corn crops. The corn on the farm has small ears and the silks are already turning brown. Farming is so dependent on the weather. Thank farmers every time you eat fresh vegetables.

I saw four adult female turkeys and twelve little turkeys this week in one of the fields in the Pamlico community.

The NC Global Methodist Church conference in Winston Salem was Spirit filled and a blessing. As pastor of Stonewall Methodist Church, a Global Methodist Church, I am proud to be part of this movement towards a more traditional Methodist Wesley doctrine.

Rock of Zion OFWB Church in Grantsboro will be having Camp Firelight VBS on Friday, June 28th from 6-9 pm and Saturday, June 29th from 9am-12pm.

Celebrating birthdays in June are Carly Alisha Sanders (6/28), Sidney Phibbons (6/29), and Grace Farmer Nanny (6/30).

Have a blessed week. eXhausted? Take Spiritual Vitamin X. "But refuse profane and old wives' fables and eXercise thyself rather unto godliness." (1 Timothy 4:7)

"Karma is extremely efficient if one is extremely patient." —

Advertisement to Bid
1st Tier Subcontractors
Pamlico County School 6-12

Metcon. Inc. as Construction Manager on behalf of Public Schools of Pamlico County, for Pamlico County School 6-12 will receive Sealed Bids from Prequalified 1st Tier Contractors on Thursday, July 25th, 2024, at 2:00 pm at Pamlico County High School, Auditorium, 601 Main Street, Bayboro, NC 28515, and immediately, thereafter, publicly opened and read for the furnishing of labor, materials, and equipment. A virtual bid opening will be held at 2:00 pm via Zoom, following the close of the bid deadline. If necessary, a Re-bid will be scheduled for Thursday, August 1st, 2024, at 2:00 pm at the same location stated above.

Project Description:

The Pamlico County 6-12 School is approximately 142,043 Sq Ft. This project will include a new state-of-the-art high school facility that includes fifty-two core classrooms/labs to support an innovative, student-centered learning environment. This facility will also house a food service/kitchen/cafeteria, media space, gymnasiums, collaborative spaces, and office spaces. To ensure the building is highly productive for many years into the future, the design includes flexible spaces to accommodate updates for changes in technology and shifts in curricula. The program includes several dedicated CTE labs designed to suit the specific needs of each curriculum.

Bid Packages to Prequalify:

- General Trades
- Final Cleaning
- Demo & Abatement
- Turnkey Concrete
- Hollow Core Planks
- Turnkey Masonry
- Structural Steel
- Ornamental Metals
- Dampproofing, Waterproofing, Firestopping & Joint Protection
- EFIS
- Wall Panels
- Turnkey Roofing
- Doors, Frames & Hardware
- Overhead Doors
- Glass and Glazing
- Metal Framing, and Gypsum Board Assemblies including Rough Carpentry
- Hard Tile
- Acoustical Ceilings & Panels
- Resilient Flooring & Carpet
- Athletic Flooring
- Epoxy Flooring
- Painting & Coatings
- Signage
- Interior Specialties
- Storage Specialties
- Awnings & Canopies
- Food Service Equipment
- Athletic Equipment
- Window Treatments
- Manufactured Casework
- Telescoping Bleachers
- Elevators
- Fire Suppression
- Plumbing
- HVAC
- Geothermal
- Electrical including Communications & Fire Alarm
- Turnkey Sitework
- Deep Foundation
- Fence & Gates
- Landscaping
- Photovoltaic Panels

An open Pre-Bid and MWSBE Outreach meeting will be held on-site and virtually for ALL interested firms on Thursday, June 27th, 2024, at 2:00 PM at Pamlico County High School, Auditorium, 601 Main Street, Bayboro, NC 28515. The Meeting will address project-specific questions, issues, bidding procedures, and bid forms.

Join Zoom Meeting

<https://metconus.zoom.us/j/9105218013?pwd=6JIHPM3VksO04568L97Cu812mzsOn.1&omn=82532904780>

Meeting ID: 910 521 8013

Passcode: 8013

Dial by your location

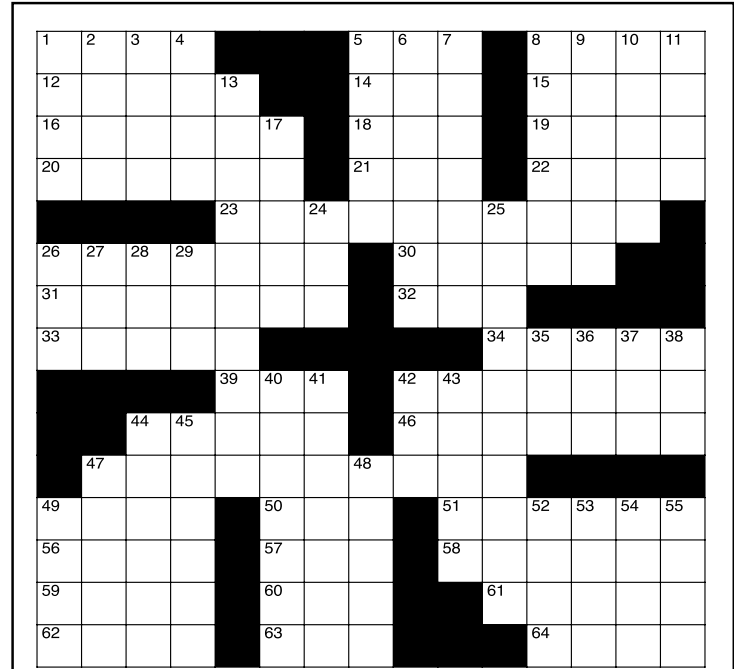
• +1 312 626 6799 US (Chicago)

• +1 646 876 9923 US (New York)

Metcon strongly encourages minority subcontractors to participate in this project. For a list of prequalified bidders please reach out to Tina Harris at pre-qualification@metconus.com or tharris@metconus.com

For Project Information, please contact Andrea Avery at aavery@metconus.com

CROSSWORD



CLUES ACROSS

1. Volunteer school groups
5. Cash machine
8. Title of various Muslim rulers
12. Indian hand clash cymbals
14. Scarf
15. Easily manageable
16. Cry
18. Financial term
19. Reactive structure in organic chemistry (abbr.)
20. Clean out a riverbed
21. Seaport (abbr.)
22. English seascape painter
23. Bring back again
26. Subtracted from
30. Related on the mother's side
31. Mooches
32. Commotion
33. Boer War general
34. Silklike nylon fabric
39. CNN's founder
42. Sarcastic in a bitter way
44. Minute reproductive unit
46. Nourishment
47. Large predatory tropical fish
49. Small, rich sponge cake
50. Drink a small amount
51. Golfer Rodriguez
56. Norse personification of old age
57. Large flightless bird
58. Capsized
59. Convicted American spy
60. Music genre
61. Makes tractors
62. Undergo cell disintegration
63. Patti Hearst's captors
64. Selfs

CLUES DOWN

1. Post-traumatic stress disorder
2. Goat-like mammal
3. Swiss river
4. Slithered
5. Humiliate
6. Tumbled
7. Popular alcoholic drink
8. Small round hole in a leather cloth
9. Fertilizer
10. State of affairs that seems deliberately contrary
11. Count on
13. One who discriminates against
17. New Hampshire city
24. One who cares for teeth
25. Sent off
26. Mutual savings bank
27. Initial public offering
28. Denial
29. Northeastern institution of higher learning (abbr.)
35. A doctrine
36. Consumed
37. Trent Reznor's band
38. Perform in a movie
40. Schoolhouse implements
41. Mathematical term
42. Man who behaves dishonorably
43. Expression of regret
44. Martens
45. Approval
47. Pleasantly warm
48. The Eurasian hoopoe
49. NBAer Bradley
52. Engineering organization
53. Horsefly
54. Type of sandwich
55. A day in the middle of the month

PUZZLE SOLUTION

P	T	A	S		A	T	M		E	M	I	R					
T	A	A	L	S		B	O	A		Y	A	R	E				
S	H	R	I	E	K		A	P	R		E	N	O	L			
D	R	E	D	G	E		S	P	T		L	U	N	Y			
					R	E	D	E	L	I	V	E	R	Y			
M	I	N	U	E	N	D		E	N	A	T	E					
S	P	O	N	G	E	S		D	I	N							
B	O	T	H	A						Q	I	A	N	A			
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L	Y	S	E		S	L	A				E	G	O	S			

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to the great outdoors.

W F R S L E O

--	--	--	--	--	--	--	--

Answers: Flowers



Pablo Picasso entered art school around the age of 10. The Picasso Museum in Barcelona, Spain includes many "early works" from his childhood.

Guess Who?

I am an entrepreneur born in South Africa on June 28, 1971. I attended the Wharton School of the University of Pennsylvania, where I studied economics and physics. I am an engineer who became a billionaire with my many innovative projects.

Answer: Elon Musk

SCHOOLS

Pamlico County Schools Announces Teachers of the Year

Submitted by: Elizabeth Harwick, Public Information Officer, Pamlico County Schools

At the End of Year Celebration, Pamlico County Schools announced the Teachers of the Year for each school.

Being awarded Teacher of the Year is a significant honor that recognizes exceptional educators who have demonstrated outstanding teaching abilities, dedication, and impact on their students and school community. This accolade signifies excellence in teaching, highlighting a teacher's ability to effectively instruct, manage the classroom, engage and inspire students and is selected by their peers. It reflects a profound commitment to students' academic and personal growth, often involving efforts that go above and beyond standard expectations to support their learning and development.

- Kara Egan - Pamlico County Primary School, 1st Grade
- Melinda McDaniel - Fred A. Anderson Elementary School, Art
- Sheri Hale - Pamlico County Middle School, STEM
- Brandy Angelo - Pamlico County High School, Drone and Digital Design

During the summer, each teacher will interview with a selection committee who will then decide the Pamlico County Schools District Teacher of the Year. After the district teacher is selected, the person will then be interviewed by a regional selection committee and then hopefully be selected to go forward to the State Teacher of the Year Competition.



Congratulations to each of our dedicated educators. We are honored to have you in our school system.

Pamlico County Schools Recognizes Unsung Hero Submitted by Pamlico County Schools

At the 2023-34 End of Year Celebration, Pamlico County Schools recognized their Unsung Hero. In every community or organization, there are individuals who work tirelessly behind the scenes. They are the steadfast supporters, the selfless workers, and the dedicated professionals who, without fanfare or recognition, make a significant difference. These are the people who embody the spirit of dedication, who pursue excellence not for accolades but for the betterment of others.



happening within our district receives the recognition it deserves, she embodies the spirit of pride in Pamlico County.

As the Public Information Officer, she plays a crucial role in sharing information, celebrating successes, and inspiring others. Her contributions are instrumental in shaping a vibrant and thriving educational community. She has worked tirelessly to build relationships with local media outlets and makes sure that Pamlico County Schools are portrayed accurately and positively.

Tonight, we shine a spotlight on one of these extraordinary individuals, Elizabeth Harwick, Public Information Officer for Pamlico County Schools. Dedication, passion, and tireless effort are the hallmarks of Ms. Harwick who goes above and beyond to make a difference in our community. She consistently highlights the achievements and efforts of students and staff, contributing to a positive community and fostering pride in our district. By ensuring that all the good

positively. It has been her mission since assuming this role to renew the sense of pride that has historically made our district so special in this community.

It is with great pleasure that we recognize Ms. Elizabeth Harwick as this year's Unsung Hero Award recipient. She is an invaluable member of our Pamlico County Schools family, and we are incredibly proud of her achievements and grateful for the work that she does each day.

Pamlico County Schools Holds End of Year Recognition to Celebrate Teachers and Staff

Submitted by Elizabeth Harwick, Public Information Officer, Pamlico County Schools

In celebration of a successful school year, Pamlico County Schools honored its distinguished educators for the 2023-2024 school year for an End of Year Celebration. The event began with opening remarks from Superintendent of Pamlico County Schools, Dr. Jeremy Johnson, speaking of his gratitude to the staff of Pamlico County Schools for their hard work and dedication in serving the children of Pamlico County.

Ms. Crystal Dixon, Asst Superintendent, recognized the teachers who received special recognitions throughout the 23-24 school year

- Katie Brown - District Teacher of the Year
- Bethany Rothers - Joseph Hughes Award for fostering critical thinking and a love for
- discovery through National History Day in North Carolina
- Brandy Angelo - Pamlico County Schools NCCAT CTE Teacher of the Year
- Stacy Nelson & Katie Hardison - NCCAT George Brinson Honored Educator Scholarship
- Beth Sanderson - North Carolina Association for Supervision and Curriculum Development 2024 Teaching Excellence Award
- Hailey Sales - Pamlico County Schools 2023-2024 NCCAT Beginning Teacher Award
- Barbara Shy - Pamlico County Schools Exceptional Children's Educator of Excellence
- Taylor Godette - PCS K-5 Math Teacher of the Year for PCPS and the District
- Susan Howard - PCS K-5 Math Teacher of the Year for FAA
- Sheri Hale - Kenan Fellow



Keith Reese Sr., Nick Lewis, April Rose, Bobby Griffin



Brandy Angelo, Katie Brown, Bethany Rothers, Katie Hardison, Stacy Nelson, Elizabeth Sanderson, Barbara Shy, Sheri Hale, Taylor Godette, Hailey Sales, Susan Howard



Sheri Hale, James Durham, Hannah Hardee, Anne Wood, Susan Long, Kim Prescott



Kara Egan, Kayla Hacker, Chervon Evans-Morris, Christine Wayne, Susan Long, Jolene Morrow, Katie Brown, Simone Collins, Sheri Hale, Holly Bradley

Ms. Dixon continued by thanking the teachers who served on the Teacher Advisory Committee:

- Representatives from each school:
- PCPS - Kayla Hacker, Kara Egan, Chervon Evans-Morris
 - FAA - Susan Davis, Melanie Brinson
 - PCMS - Katie Brown, Jolena Morrow, Sheri Hale
 - PCHS - Christine Wayne, Holly Bradley, Simone Collins

Mr. Henry Rice, Executive Director of Operations and Administrative Services, presented the Coach Awards to:

- Keith Reese - Coastal Plains Conference Men's Track Team Coach of the Year
- Nick Lewis - Sun Journal All Area and All Conference Coach of the Year for Basketball
- April Rose - Coastal Plains Conference Volleyball Coach of the Year and East/West All
- Star Basketball Game Coach
- Bobby Griffin - Sun Journal Softball All Area Coach of the Year
- Chris Davis - Sun Journal Baseball All Area Coach of the Year

Dr. Ervin Patrick highlighted further achievements:

- Sheri Hale - Speaker at NCCAT Spring Professional Development Seminar
- James Durham - Distinguished clinician for the NC All Eastern Region Jazz Clinic
- Hannah Hardee - NC Farm Bureau Ag in the Classroom Going Local Grant
- Susan Davis - Tideland Electric Membership Corporation Bright Ideas Grants
- Kim Prescott & Anne Wood - Rethink Educator Facilitators
- Renewed National Board Certifications:
- Catherine Revels, FAA
- Holly Bradley, PCHS
- Jennifer Rice, PCPS

Dr. Johnson concluded the event with closing remarks, emphasizing the collective commitment to educational excellence and community pride. The celebration highlighted the exceptional efforts and achievements of Pamlico County Schools' educators, reinforcing their pivotal role in shaping the future of our students.

After landing in Ireland after her first solo Atlantic flight, a farmer asked Amelia Earhart where she was from. When she said America, he almost didn't believe her!

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Health & Wellness



Heat stroke or Heat Exhaustion?

Particularly warm days, which can arise as spring gives way to the dog days of summer, can be both uncomfortable and unhealthy. Such days also can prove deadly. Despite that threat, the Centers for Disease Control and Prevention notes that heat-related illnesses are preventable. Harmful outcomes also are preventable when people learn to distinguish between heat-related illnesses. Heatstroke and heat exhaustion are easily confused, but the two conditions produce noticeably different symptoms. Recognition of that can help anyone stay healthy or help someone in need as the mercury rises this summer.

Heatstroke Symptoms

- Elevated body temperature, typically 103 F or 104 F or higher
- Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Loss of consciousness

Heat Exhaustion Symptoms

- Heavy sweating
- Cold, pale and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Feelings of tiredness or weakness
- Dizziness
- Headache
- Fainting

Anyone experiencing these or other abnormal symptoms on hot days is urged to immediately move to a cool place and seek medical help. The CDC notes that heatstroke is a medical emergency, so individuals who suspect they or someone in their presence is experiencing heatstroke should call 911 immediately. If heat exhaustion is suspected, seek immediate medical help if a person is vomiting, experiencing symptoms that are worsening or sticking around for one hour or longer. More information about heat-related illnesses is available at cdc.gov.



Hydrating is key in summer heat

Summer is a season to enjoy some fun in the sun, but it's imperative that people remember to take steps to reduce their risk for heat illness. Those measures should include efforts to hydrate and remain hydrated throughout the day. The Centers for Disease Control and Prevention report that water will almost always help people remain hydrated even when they're working in the heat. But food also plays a vital role in preventing heat illness, as the CDC notes eating regular meals can help to replace the salt lost through sweat. It's also important that individuals avoid energy drinks and alcohol when spending time in the hot summer sun. Many energy drinks contain more caffeine than standard servings of coffee, tea and soft drinks, and excessive caffeine consumption can contribute to dehydration. The same can be said for alcohol, and the CDC reports that consuming alcohol within 24 hours of working in the heat can increase the risk of heat illness.

THE DANGERS OF ULTRAPROCESSED FOODS

The results of two studies recently published in the British medical journal The BMJ found that eating a lot of ultraprocessed foods significantly increases men's risk of colorectal cancer. Published in August 2022, the studies, which examined individuals in both the United States and Italy, also found that diets high in ultraprocessed foods can lead to heart disease and early death in both men and women. Processed and ultraprocessed foods include meats such as bacon, beef jerky, corned beef, ham, hot dogs, and salami. Various organizations, including the World Health Organization, the American Cancer Society and the American Institute for Cancer Research, have previously warned that those meats are associated with a higher risk of bowel cancer in men and women. The studies published in August 2022 reported that it's not just ultraprocessed meats that increase risk for cancer, but also other processed or ultraprocessed foods, including ready-to-eat-or-heat foods such as french fries, prepackaged soups, sauces, frozen pizza, doughnuts, and store-bought cookies and cakes, among others.



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Would you like to help end liver cancer?



Join STRIVE Today! We will look at how the places where people live, work, and play can make them more or less healthy over time.

What is the goal of this study?

If you choose to be part of this study, you will help researchers understand how our homes and the environment can impact our health in the long-term.

Who can be in this study?

You can be part of the study if you:

- Are 40-75 years old
- Live in NC or GA
- Are generally healthy OR you have cirrhosis of the liver

What will I do during this study?

If you choose to join this study, you will be asked:

- For blood, saliva (spit), and urine (pee) samples
- For samples of dust, water, and soil from your house.
- Questions about your daily life

What are the benefits of taking part in this study?

This study will help us understand liver disease and liver cancer. This study will not benefit you personally, but it may help other people in the future. You will be paid \$50 for each study visit (every 1-2 years).

Stop by our table at The Croaker Festival on July 5th & 6th to learn how to get involved!



STRIVE_Study@ncsu.edu



strive.wordpress.ncsu.edu



Confusion with time or place?

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June is Alzheimer's and Brain Awareness Month.

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