

The Pamlico News

Wednesday, October 2, 2024

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Applications Sought For Annual Youth Legislative Assembly

Raleigh, N.C. – Leaders of the North Carolina General Assembly invite North Carolina high school students to apply for the annual Youth Legislative Assembly (YLA).

The North Carolina General Assembly's Legislative Services Office is now accepting applications for this year's conference, slated for March 7-9, 2025, in Raleigh. Applications will be accepted through January 16, 2025. The application can be found online at <https://www.ncleg.gov/YLA>.

"North Carolina's Youth Legislative Assembly offers students a unique opportunity to learn first-hand about the legislative process and to develop leadership skills that will help them succeed in life," said Senate President Pro Tempore Phil Berger and House Speaker Tim Moore. "We are proud to continue this long tradition of helping prepare our state's future leaders."

The YLA teaches high school students about the laws governing North Carolina's citizens as well as the lawmaking process. Students draft, debate, and vote on mock legislative bills while developing skills in research, interviewing, group facilitation, and policy writing. As the bills are debated, the students get a chance to practice communicating their ideas, opinions, and experiences in a team building environment.

At the conclusion of the three-day program, the participants have a better understanding of the lawmaking process as well as enhanced written and oral communication skills.

The YLA provides the opportunity for North Carolina's youth to engage with peers from across the state in a structured, positive, youth-focused environment. The YLA program is open to students in North Carolina who are in good standing at a public, private, charter, or home school, or dual enrolled students.

For more information, please email YLA Coordinator erica.gallion@ncleg.gov or call 919-301-1372.



Hurricane Soccer

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Pamlico Emergency Management Answers the Call

by: Hiram Lupton

If you have followed the news, you have no doubt seen the destruction that has occurred in many areas of the western part of our state due to Hurricane Helene. It is not unlike what many have experienced right here in Pamlico County in 2011 (Hurricane Irene) and 2018

(Hurricane Florence). Whole communities swept away by flood waters in almost unbelievable devastation. In these dire circumstances, Pamlico County has often received the assistance from emergency management agencies from outside our area and even before the storm had cleared the impacted area, plans were being implemented to send help west. Pamlico County EM Director Chris Murray assembled a mixed team of volunteer firemen and deputies to provide assistance in search and rescue operations. The team, which has



swift water rescue training, was staged at the Forest City Fire Department in Rutherford County and began working in the Chimney Rock/Lake Lure area on Saturday. They report that the "damage is unimaginable" as they were the first agency from outside the village to reach the community and provide assistance. They are working closely with local EM as well as other volunteer units including members of the Aurora Fire Department and a team from New Bern who are embedded with them. There are also members of the North Carolina Marine Patrol and the NCHART (Helicopter Aquatic Rescue Team) working in the devastated areas. If you want to know what real heroes look like, look no further than members of our local Fire Departments and Emergency Management who have answered the call.



Election 2024 – Dates to Remember

by: Hiram Lupton

We now have just a little over a month before the 2024 campaign season comes to a close and if you are like me, it really can't get here soon enough. Between TV ads, mailings, texts, and phone calls, I pretty much know every good thing about all the candidates, and all the bad things about their opponents. There are a few things you may need to know about the 2024 election itself. First of all, the date for the general election is Tuesday, November 5, and polling places will be open from 6:30 A.M. until 7:30 P.M. on that day. There are some other dates to be aware of before that final opportunity to cast your ballot gets here. First of all, in order to vote, you must be registered. There are currently 7,683,724 registered voters in our state. If you have voted in recent elections, you are probably good to go, but if you have any doubt, check with the Pamlico County Board of Elections (BOE) or you can go to the North Carolina State Board of Elections website at www.ncsbe.gov and check your voter status. You can find out a whole wealth of information about yourself including your polling place for election day. You can also see a sample ballot with all the candidates, both national and local you will be



voting for (or against). If you are not registered to vote, there is still time to take care of that, but you must be registered by October 11. You can do this at the Pamlico County BOE in the courthouse. In-Person early voting begins on Thursday, October 17, and ends at 3 P.M. on Saturday November 2, and takes place at the Pamlico County BOE office in the courthouse. You can do this week days from 8:00 A.M. until 7:30 P.M. The only Saturday you can early vote is the final day of early voting, November 2, and they will close at 3:00 P.M. that day. If you wish to request an absentee ballot and vote by mail you must do so by 5:00 P.M. on October 29. You can find out how to do this on the State Board of Elections website or at the Pamlico BOE office. As we said earlier, early voting takes place at the County BOE office, but on election day itself (Nov. 5) you will vote at your assigned polling place. Look for an article on these just before November 5. One more thing to remember, you will need a photo ID to vote. Now that we have told you every thing you need to know in order to vote, the only thing left is for us to tell you who to vote for. Sorry, you are on your own for that.

OWC Road Clean Up Crew



Congratulations to the Oriental Woman's Club as they reach 35 years of participating in the Adopt-A-Highway Program. They started on March 15, 1989 and it is one of the many ways the club contributes to the community. Let's keep our roadsides looking beautiful.

Pamlico County Farm Bureau Notice Of 2024 Annual Meeting Of Members

The Annual Meeting of the members of the Pamlico County Farm Bureau, Inc., a North Carolina corporation (the "Corporation"), will be held on October 30, 2024, at 7:00 p.m. at the Pamlico County Farm Bureau, 13709 NC Highway 55, Alliance, NC 28509. During the meeting, the members of the Corporation will consider an amendment to increase the number of members and eligibility requirements for the Board of Directors. Members of the Corporation will consider any other business brought before the membership.

New Pamlico Library Update



As you drive through Bayboro, you can see the progress clearly! Walls are being constructed, the skylight is now visible, and the overall footprint of the new Pamlico County Library is taking shape. The construction is underway and is expected to be completed by March 2025—only about six months from now. We are incredibly grateful to our community for making this dream a reality.



PAMLICO COUNTY HIGH SCHOOL

on Page A9



WEEKEND WEATHER

Saturday, October 5th **81°Hi** cloudy throughout the day

Sunday, October 6th **80°Hi** cloudy throughout the day

TURNAGE
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COMMUNITY

OBITUARIES



Phillip M. Banks, 80, of Arapahoe passed away Thursday, September 26, 2024, at CarolinaEast Medical Center.

Sherry Wayne (Jamie), Phil Banks (Melissa), and Chad Banks (Asmir Dizdarevic); brother, Charles Banks (Martha); seven grandchildren; and four great-grandchildren.

A graveside service to honor Phillip's life will be held at 11:00 a.m., Monday, September 30th at Paul Cemetery, Arapahoe.

The family will receive friends from 3 p.m. to 5 p.m., Sunday, September 29th at Daniels-Sadler Funeral Home.

As an expression of sympathy, memorial contributions can be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Arrangements made by Daniels-Sadler Funeral Home, Alliance, NC

A man of faith, Phillip was a member of Bethany Christian Church. He retired from the maintenance division of PCS Phosphate after 39 years of service. He was an avid hunter and gardener.

Phillip was preceded in death by his parents, Rufus and Leona Banks and sister, Dora Moritz.

He will be deeply missed by his wife of 60 years, Mary Banks; his children, Kip Banks,

Easy ways to support small businesses

It's easy to overlook how integral small businesses are to local, national and even global economies. The Small Business Administration and the U.S Census Bureau indicate small businesses account for 99.7 percent of all American businesses, employing 56.8 million people. Similarly, according to Statistics Canada, local businesses classified as micro or small businesses made up 98.1 percent of all the employers in Canada in 2021.



Since mall businesses are the economic engine of many neighborhoods and communities, it's in everyone's best interest to pitch in and ensure such firms' success. Thankfully, it's easy for anyone to support the small businesses that make their communities unique.

- Shop locally and online from small businesses as much as possible. If you cannot shop right away, consider purchasing gift cards to the retailer or service provider and share them as gifts to others.
- Before you immediately go with a well-known chain or e-commerce giant, find out if a local retailer offers the same items you need and shop there.
- Actively discover new brands, check them out, and then spread the word about your findings to others.
- Share posts from small businesses on social media. It's good exposure for them and can help to widen their customer base.
- Attend special events or promotions hosted by local businesses. Well-attended events may spark others' curiosity.
- Share a quick photo of something you bought at a small business or of a service they provided. For example, if a local landscaping company did a wonderful job putting in a new patio or pavers, share the before and after with those you know.

Communities can embrace various strategies to support the small businesses that make Main Street unique.

THIS WEEK IN HISTORY

by: Hiram Lupton

- October 2nd – 1967, Thurgood Marshall is sworn in as the first African-American Supreme Court Justice.
- October 3rd – Today is National Boyfriend Day. I'll be waiting for my gifts, cash is accepted.
- October 4th – Today is National Vodka Day. It is also National Cinnamon Bun Day.
- October 5th – Today is National Do Something Nice Day. I try doing this every day.
- October 6th – 2000, CSI: Crime Scene Investigation premieres on television
- October 7th – 1952, American Bandstand first appeared on WFIL-TV in Philadelphia
- October 8th – 1871, Mrs. O'Leary's cow knocked over a lantern and started the Great Chicago Fire which 3 1/2 square miles of the city.

BIRTHDAYS THIS WEEK

- October 2nd – 1970, TV Hostess Kelly Ripa
- October 3rd – 1941, Singer Ernest Evans (Chubby Checker)
- October 3rd – 1969, Singer Gwen Stefani
- October 5th – 1975, Actress Kate Winslet
- October 7th – 19??, Local Author Odell Spain
- October 7th – 1952, Russian dictator Vladimir Putin
- October 7th – 1967, Singer Toni Braxton
- October 8th – 1949, Actress Susan Weaver (Sigourney Weaver)



Do you realize that I have had five albums in the Top 30. Elvis and The Beatles have never done that. I had five singles in the Top 5, I mean, no one's ever done that.

–Chubby Checker

Please drop off items at the Pamlico County Sheriff's office at 200 Main Street, Bayboro.

At this time, they are not accepting expired or used items.

ACCEPTED ITEMS:

- SPORTS DRINKS (POWDERED PACKETS)
- HYDRATION PACKS (POWDER FORM)
- BABY WIPES
- DIAPERS (CHILDREN & ADULTS)
- BABY FORMULA
- BUG SPRAY
- SUNSCREEN
- PLASTIC UTENSILS
- MANUAL CAN OPENERS
- TRASH BAGS (13 GAL OR CONTRACTOR BAGS)
- NON-PERISHABLE FOODS
- CLEANING SUPPLIES
- PLASTIC SHEETING/TARPS
- TOOTHBRUSHES
- TOOTHPASTE
- TOILETRIES/SANITATION ITEMS
- PET FOOD (DOG & CAT)
- HAND SANITIZER
- SANITIZER WIPES
- FEMININE HYGIENE PRODUCTS
- HEAVY DUTY WORK GLOVES
- SOCKS - ALL SIZES (UNOPENED)

WE CANNOT ACCEPT THE FOLLOWING ITEMS:

- USED clothes
- Water (due to weight)
- HAZMAT
- Most chemicals (including bleach)
- Fuel
- Flammable items

PAMLICO COUNTY FARM BUREAU NOTICE OF 2024 ANNUAL MEETING OF MEMBERS

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Horoscopes



ARIES – Mar 21/Apr 20
Even though you told yourself you'll just suck it up and get through the week, you're having a change of heart, Aries. Some modifications are necessary to navigate the waters.



TAURUS – Apr 21/May 21
Taurus, all bets are off this week, especially if you've been smoothing over your emotions to get along with someone close by. All true feelings are bound to come to the surface.



GEMINI – May 22/Jun 21
This week you may not be feeling like yourself, Gemini. Low energy have you feeling out of sorts. Spend some time with a close friend to get things back on track.



CANCER – Jun 22/Jul 22
Cancer, your friends always have your back, but this week there is a disruption in your crew. Someone isn't playing nice, but a few words from you will smooth things over quickly.



LEO – Jul 23/Aug 23
You are anxious to get started on an exciting project, Leo. Others on your team may need a dose of inspiration. It could be up to you to motivate the troops.



VIRGO – Aug 24/Sept 22
Virgo, you made a commitment to keep things toned down. Enjoy the slower pace and take note of how the lack of hustle and bustle suits you.



LIBRA – Sept 23/Oct 23
Normally you're satisfied to let someone else take the lead and make all of the decisions, Libra. This week you might need to be the one taking a leadership role.



SCORPIO – Oct 24/Nov 22
A surprising bit of information may be brought to your attention, Scorpio. You might be up for a promotion or an exciting change could be coming in your personal life.



SAGITTARIUS – Nov 23/Dec 21
Don't stop now when you are so close to the finish line, Sagittarius. It may be a busy week ahead, but you will reap the rewards of your labors. Remain patient.



CAPRICORN – Dec 22/Jan 20
Take inventory of your romantic relationship, Capricorn. You might need to put in a little extra effort if things haven't been as smooth as you would like. Don't give up on this.



AQUARIUS – Jan 21/Feb 18
Aquarius, you are working at keeping everyone on the same page. Continue to emphasize the importance of teamwork. Others notice and appreciate your efforts.



PISCES – Feb 19/Mar 20
It is not possible to make it all the way through your to-do list this week, so plan on some carryover to the next. Pisces. Space out your work so you don't get too overwhelmed.

LIBRA Traits & Overview

Libra (September 23 - October 22) is an air sign represented by the scales (interestingly, the only inanimate object of the zodiac), an association that reflects Libra's fixation on balance and harmony. Libra is obsessed with symmetry and strives to create equilibrium in all areas of life. These air signs are the aesthetes of the zodiac: Ruled by Venus, the planet that governs love, beauty, and money, Libras adore high art, intellectualism, and connoisseurship. Suave Libras need to surround themselves with stunning objects and create environments that reflect their exquisite tastes. Accordingly, these air signs make excellent designers, decorators, art critics, and stylists.

While Libra's opposite sign, Aries, represents "me," Libra symbolizes "we." Relationships are paramount for Libras, who find balance in companionship. They love harmonious partnerships with fashionable mates, especially those who make attractive arm candy. (Libra governs the skin, and these air signs are highly motivated by physical appearance. There's no better way for a Libra to relax than with a luxurious face mask.)

FOR ENTERTAINMENT PURPOSES ONLY

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Publisher
Sandy Winfrey
Office Manager
Katherine Winfrey
Jeannine Russo
Editor
Sandy Winfrey
Photographer Reporter
Hiram Lupton
Advertising Sales
Jeannine Russo
Production
J.P. Miller
Distribution
Neal McCraw

Press Releases, Events, News
editor@thepamliconews.com
Photographer Reporter
hiram@thepamliconews.com
Advertising
frontdesk@thepamliconews.com
Billing Inquiries
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Oriental, NC 28571
(252) 249-1555 fax: (252) 249 0857
www.thepamliconews.com

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We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.



**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Linda Hoff
Broker

Here's what one of Linda's customers had to say...

We recently sold our lot on Windmill Point & Linda Hoff at Mariner Realty guided us every step of the way. She is an outstanding agent -- pleasant, communicative, knowledgeable, and honest! In our opinion, Linda is the most reliable, trustworthy agent in Oriental. She's the agent you should use!

Richard & Anne, Durham



ORIENTAL – Affordable, quaint, cute in the Heart of the Old Village, this 1,636 hsf. **3BR/2BA** is not in a flood zone and is only 1 1/2 blocks from the Neuse River and the public beach. Kitchen features SS appliances, tiled backsplash, pantry, and gas range/oven. Huge sunroom serves as the focal point in this home with private yet expansive views of the fenced backyard with finished storage building and a detached shed.
OFFERED AT \$275,000



ORIENTAL – Oriental West Condominiums **2BR/2BA** waterfront unit with deeded deep-water boat slip on Smith Creek. Unit A-2 overlooks boat slip #6 (up to 40'), million-dollar waterfront views, and most furnishings convey. Updated kitchen with new cabinets & drawers, stylish SS appliances and warm quartz kitchen counters.
OFFERED AT \$350,000



MINNESOTT BEACH – Frontage on Minnesott Beach Golf & Country Club golf course, **3BR/2.5BA** with 2 brick wood-burning fireplaces, office and 2-car garage. Screened porch, brick patio and fenced backyard. No HOA, not in flood zone.
OFFERED AT \$395,000



ORIENTAL – Spacious **3BR/2.5BA** home offers comfortable living. Open floor plan seamlessly connects living spaces, making it ideal for family gatherings or entertaining. Three acres of land provide ample space for outdoor activities. Whether you're looking for a peaceful retreat or a place to call home, this property offers a great balance of space and tranquility. Property will be sold as is.
OFFERED AT \$425,500



MINNESOTT BEACH – **3BR/3.5BA**, 2 master BRs, 3 gas-log fireplaces, bonus room, covered porch, deck, concrete patio, concrete driveway, attached 2-car garage-workshop, detached RV barn, & detached workshop. Not in flood zone, no HOA.
OFFERED AT \$475,000



ORIENTAL – Spectacular 2,721 hsf **3BR/3BA** home in the Village of Oriental that can only be described as the "Best of the Best." Living room has vaulted solid wood ceilings and opens to a spacious wood deck with 10'-12' tall privacy wood fencing along back yard. Sunroom offers all wood interior with a loft & skylight. A 20' X 20' all metal detached garage/workshop is fully-insulated with heating & AC, work benches & work tables. There is also a full complement of woodworking equipment that is negotiable. Whole-house softening system with RO for the kitchen. No HOA or HOA dues!
OFFERED AT \$650,000

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014
Or contact Allen Propst
252-671-4644

704 Broad St, PO Box 750, Oriental, NC 28571



Pamlico Community College

Fighting food insecurity: College students can access food, drinks at 'Pamlico Pantry'

By Sandy Wall



Pamlico Community College staffers prepare to sort the first batch of grocery items for the new Pamlico Pantry sites on campus and in Bayboro. Pictured are, from left, Kim Taylor, Jamie D. Gibbs, George Willey, Cristy Lewis Warner and Laura West. Contributed photo

"It's a growing trend around colleges because of the food-insecurity issues throughout society," Gibbs said. "We're going to make sure we have the Pamlico Pantry accessible."

Both the Pamlico Pantry on campus and the satellite location in Bayboro will be available to curriculum and Continuing Education students when the college is open. In addition to the food and drinks, the facilities are equipped with refrigerators and easy-to-use microwave ovens.

"They can take something, heat it up and eat it, if they need to," said Counselor/Career Center Director Cristy Lewis Warner.

PCC officials say they will keep track of how many people use the service, but will not be recording individuals' names. They are encouraging students to use the Pamlico Pantry and not to be embarrassed about it.

"It's for one snack bar, a lunch, or even to feed a family at home," Warner said. "We want to remove every barrier to learning that we can."

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.

Pamlico Community College is working to remove barriers to students' success, including hungry bellies.

The college recently opened the "Pamlico Pantry" in the Johnson Building on campus and stocked it with lots of non-perishable food, snack items and drinks that PCC students can access free while on campus.

A second pantry also is being outfitted at the Bayboro Center.

The goal is to fight food insecurity among PCC students and their families, thereby helping students succeed in their academics.

"We don't want anyone to go hungry," said PCC Vice President of Student Services Jamie D. Gibbs, who is leading the initiative. "We were blessed with some funding. We have gotten the project off the ground, and we will be looking at additional avenues and partnerships to help sustain these efforts."

Neighboring community colleges have opened food pantries for their students who might need a little extra help, including Craven, Carteret and Beaufort County. Officials hope Pamlico's effort will lead to increased student success.

PCC Cultural & Life Enrichment Program

Designed to promote personal growth and self-enrichment. This may include courses in leisure activities, non-vocational skill development, learning a new language, discovering a new talent, arts & crafts, media techniques, wellness activities and much more, as well as musical and theatrical productions. These classes are self-supporting and use the talents and skills of some of our community's gifted residents.

For more information and registration, please call:
252-249-1851 x3113, cleclasses@pamlicocc.edu

Women and Girls Empowerment Self-Defense Course

This 2-hour evening class provides strategies for handling threatening situations and boundary violations, such as offensive comments or behavior, encounters with angry individuals, street harassment, and physical or sexual assaults. Participants will learn and practice techniques for setting verbal and physical boundaries, along with other tactics aimed at reducing vulnerability to violence. These skills are designed to enhance safety by increasing awareness, personal presence, and the ability to assess and respond appropriately to dangerous situations. The class includes practice in physical techniques that are accessible to everyone, regardless of physical ability. Please wear comfortable clothing that allows for free movement. Open to females ages 16 and up.

Instructor: Darla Bolon - darlabolon@gmail.com
Registration: \$25.55
Date: Nov. 21st (1 day class)
Times: 6:30-8:30pm

Astronomical Viewing the Fabulous

This class will take you places and beyond – for beginners, armatures and pros!
Instructor: Fred Read

Dates: Tuesdays beginning Feb. 18th – Mar.25th
Feb. 18th & 25th and March 4th 11th 18th 25th
Registration: \$48.55

Fall Bird Watching

First class will meet in the Delamar Building at 9 a.m. for a slide show, discussion of birding optics and techniques with a short field trip afterwards. Subsequent classes will be held in the field with early morning meeting times.

Instructors: Sheryl McNair and Diane Midness
Registration: \$35.55 (4 classes)
Dates: Tuesdays, Oct. 8 – 29th

Bridge for Beginners – FREE!

Learn to play this strategic and social card game and join a club
Instructor: Craig Welling
Registration: FREE!
Dates: Tues., Wed., & Thurs., Oct. 15, 16, 17
Time: 5:30 to 7 p.m. - 30

Music Jams! Third & Fifth Thursdays – Free! and Open to the Public - all levels of unplugged playing and enjoyment!
6 p.m. PCC Delamar Auditorium Atrium

Cultural and Life Enrichment Instructors Wanted!

Spread your knowledge, showcase your talents, enhance your community's experiences, spark a desire, and share a joy...

If you would enjoy sharing a talent, hobby or skill with enthusiastic students who are often of like mind and vast experiences themselves, then... Come on down to Pamlico Community College and be a part of a stress-free and fulfilling experience! Please contact us – 252.249.1851 x3113 or cleclasses@pamlicocc.edu

ORIENTAL COMMUNITY INTERFAITH

YOUTH GROUP

Fall kick-off! Monday, Oct 14 5:30-7:00 at Lupton Park -rain plan - fellowship hall at Oriental United Methodist Church. Includes Pizza!

GAMES, ACTIVITIES, AND VALUES-BASED DEVOTIONS FOR MIDDLE SCHOOL YOUTH

OUR CORE VALUES: HELPING YOUNG PEOPLE THROUGH CARING, SHARING, AND CONNECTING

MORE INFO: ORIENTALUMC@ORIENTALUMC.ORG

FINANCIAL FOCUS

Do you need to fear retirement?



Dan M. Roberts

If you're planning to retire in a few years, are you looking forward to it? Or are you somewhat apprehensive? Are you asking yourself: "What sort of retirement can I afford?"

It's a good question — because the answer can make a big difference in your ability to enjoy life as a retiree.

And retirement can indeed be enjoyable, exciting and fun. Consider this from a recent survey by Edward Jones and AgeWave: A majority of respondents said retirement should be looked at as a whole new chapter of life, and not just a time for rest and relaxation. In other words, people are viewing retirement as a chance for new experiences and new opportunities, rather than a time to simply wind down. But if you're going to make the most of your retirement — which could last two or even three decades — you need to be financially prepared.

This preparation can involve many steps, but here are some of the key ones:

- **Decide what your retirement lifestyle will look like.** How you choose to spend your retirement years can make a big difference in the financial resources you'll need. For example, if you plan on traveling the world, you might need more income than if you were to stay close to home and pursue your hobbies. If you can envision your retirement lifestyle and estimate how much money you'll need to support it, you can help reduce some of the uncertainties you might face once you do retire.

- **Review your income sources.** During retirement, you'll likely need to draw on all your income sources, so it's a good idea to know what you'll have available, such as your IRA, 401(k) and other investment accounts. You'll also need to decide when to take Social Security — if you wait until your full retirement age

(probably between 66 and 67), you'll get much larger monthly benefits than if you started taking them at 62. And here's another variable: earned income. Even if you've retired from your career, you might, if you desire, use your acquired skills in a consulting or part-time position. The more you can earn, the less you may have to withdraw from your investment accounts and the better position you'll be in to delay taking Social Security.

- **Consider adjusting your investment portfolio.** For most of your working years, you may have invested mostly for growth — to increase your assets as much as possible. But growth-oriented investments are also, by nature, riskier, so when you retire, you should review your portfolio to determine whether you need to move it toward a more conservative position. Also, more conservative investments may provide more current income in the form of interest payments. However, even in retirement, you may need some investments with growth potential if you want to keep ahead of inflation.

Retirement is certainly a major milestone in your life — and adjusting to it can take some time. But there will be much less to fear — and much more to enjoy — if you've done what you can to prepare yourself financially.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Spay, Neuter Services for your pet's health and safety

PAWS is happy the cats in the area are receiving assistance with our spay/neuter program. But **DON'T FORGET OUR DOGS.** If you are a dog owner in Pamlico County and need financial assistance to have your pet **spayed/neutered** please contact **PAWS.**

mail@pamlicopaws.net
252-745-PAWS (7297)



Spaying and neutering pets helps prevent animal overpopulation and homelessness, and can help your pet live a longer, healthier life!

NC COOPERATIVE EXTENSION Pamlico County

It's Time to get Fruity

By: Daniel Simpson County Extension Director, Agriculture Agent



Now that we have officially made it to Fall, those folks who are interested in growing tree fruit should start preparing planting sites and placing orders. Most tree fruits do not begin shipping from nurseries until January, and availability is greatest before shipping season begins. Pears, figs, apples and peaches can all be grown successfully in Pamlico County, but you will need adequate space, full sunlight, and good drainage to produce a crop. If you ignore these three simple requirements, you will probably be disappointed.

For all fruit tree varieties, a soil fertility test and nematode assay is generally recommended before planting. Additions of potassium and phosphorus fertilizer along with adjustments to soil pH should be made before planting, but nitrogen fertilizer should be withheld until buds break in the spring. If drainage is an issue, then consider mounding soil to create a raised planting area. Just remember that tree roots spread much further than the canopy, so soil mounds should be as wide as possible.

One of the easiest fruit trees to grow is the fig. The varieties Brown Turkey and Celeste are the most commonly recommended for our area. Winter temperatures may occasionally cause dieback with figs, but trees will regrow during the summer. Little pruning is required for figs, but do not be afraid to cut these trees back, if needed. Figs are grown on their own roots, so grafted plants are not required. For more information on growing figs in North Carolina, review the NC State Extension Fig Culture note at <https://content.ces.ncsu.edu/fig-culture-in-north-carolina>.

Apple and pear trees are typically produced as grafted plants. Grafted trees provide disease protection and the ability to control plant height. Dwarfing rootstocks are recommended for homeowners to help maintain a growth range that can be easily managed, but pruning will still be required to maintain a particular height. Always plant grafted trees with graft unions at least 2-3 inches above the soil line and do not plant into wet soil conditions. Apples and pears will need routine training and pruning to produce a tree structure that will support a heavy fruit load and promote tree health. For more information on pruning apples and pear trees, refer to the N.C. State Extension publication "Training and Pruning Fruit Trees" at <https://content.ces.ncsu.edu/training-and-pruning-fruit-trees-in-north-carolina>.

Peach trees can be difficult to grow in Pamlico County because of disease and insects. Two recommended varieties for North Carolina include Contender and China Pearl, preferably grown on Contender rootstock. This variety and rootstock combination will provide a better defense package against various disease issues and provide the proper chilling requirements to limit freeze damage to flower buds. Peaches will require routine pruning, training, and spray applications to control pests. Spray applications should start after petals fall from flowers in the spring and several applications may be needed during the growing season. A combination insecticide and fungicide product called a Home Fruit Tree Spray is often available from garden centers and should simplify this task. Always read and follow the label directions when applying pesticides and pay particular attention to limitations for the total amount of applications made and the interval between application and harvest.

Trying to produce blemish free peaches, apples and pears with little to no pests or disease control may be difficult. Focus on providing the best growing conditions first, and utilize recommended varieties. For more information on growing tree fruit, please refer to the "Tree Fruit and Nuts Chapter" from the N.C. State Extension Gardener Handbook at <https://content.ces.ncsu.edu/extension-gardener-handbook/15-tree-fruit-and-nuts>. You can also find valuable information on the N.C. State Extension Apple & Peach Portals at <https://peaches.ces.ncsu.edu/> & <https://apples.ces.ncsu.edu/>.

For more information related to fruit tree production, please contact Daniel Simpson at 252-745-4121 or Daniel_simpson@ncsu.edu.



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Health & Wellness

What young women should know about breast cancer



A prevailing myth concerning breast cancer is that it only affects older women. Various medical organizations and institutions recommend women begin receiving mammograms starting at age 40, which may compel women younger than 40 to think that they are immune to breast cancer. Yale Medicine notes breast cancer in younger individuals is rare, but the organization reports it is the most common cancer among women between the ages of 15 and 39. In addition, a body of evidence points to a growing rate of breast cancer diagnoses in younger women.

The Cleveland Clinic says breast cancer in young women and people assigned female at birth is known as early-onset breast cancer. Even adolescents and young adults can get breast cancer. Although young people can get any form of breast cancer, invasive ductal carcinoma and triple-negative breast cancer are the most common forms of the disease among young women.

Diagnoses of breast cancer have steadily risen in women under age 50 over the last 20 years, says the Washington University School of Medicine in St. Louis. Researchers believe the surge is largely driven by increases in the number of women diagnosed with estrogen-receptor positive tumors, which are cancerous tumors fueled by estrogen. The researchers also found higher rates of breast cancer among Black women, particularly those between the ages of 20 and 29. Black women in this age group were found to have a 53 percent increased risk of breast cancer.

The Breast Cancer Research Foundation says that breast cancers in women under age 40 are more likely to have features that contribute to poorer outcomes and prognoses. Larger tumor size, advanced tumor stage, negative hormone receptor status, and an over-expression of the HER2 protein are some such features. The BCRF also reports younger women are more likely to experience a recurrence at five and 10 years after therapy compared to older women.

It is essential for younger women to be in tune with their bodies and learn to recognize any signs that may be indicative of breast cancer. Since annual screenings are not often part of preventative health plans for women younger than 40, adolescents and young adults need to alert their doctors if they suspect anything is wrong. Unfortunately, by the time a tumor in the breast can be felt, it likely has been present for some time already. Symptoms of breast cancer may include:

- Inverted nipple
- Breast lump or a lump in armpit
- Breast pain
- Changes in the skin of the breast
- Nipple discharge with or without pain
- Swollen lymph nodes

Any of these signs should be discussed with a primary care physician or a gynecologist.

Younger patients also are more likely to have a genetic connection to breast cancer. Individuals with one or more family members who were diagnosed with breast cancer are at higher risk and may want to consider screening at earlier ages.

Breast cancer is not a disease that only affects women 40 and older. Younger people can get breast cancer, and it's often a surprise and sometimes more aggressive.

Did you know?

Breast cancer affects millions of women each year, but breast cancer also can be diagnosed in men. Each year in the United States, about 2,400 cases of breast cancer are diagnosed in men, according to the Centers for Disease Control and Prevention. Roughly 270 men will be diagnosed with breast cancer this year in Canada, according to the Canadian Cancer Society. Macmillan Cancer Support says men have a small amount of breast tissue behind their nipples, where breast cancer potentially can develop. Breast tissue in boys and girls is the same until puberty, when girls start to develop more. Signs of male breast cancer include a lump or swelling in the breast, redness or flaky skin in the breast, irritation or dimpling of the skin around the nipple, nipple discharge, or pulling in or pain of the nipple, states the CDC.



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Oriental Woman's Club October Yard of the Month



The Oriental Woman's Club Garden Club October Yard of the Month winner is the home of Nina Leonard and Peter Carroll located at 617 Windward Drive in Oriental.

The yard features Fall decorations including a waving skeleton, pumpkins, Mums and corn stalks. Several potted plants includes a large white Mandi villa. other plantings include variegated Coleus, yellow Lantanas, a Holly tree, and Yellow Hibiscus.

This happy yard will bring a smile to your day.

The benefits of home security cameras

Homeowners go to great lengths to make their properties comfortable places to call home. Whether it's new interior furnishings or renovated outdoor living areas or the installation of various smart home technologies, there's no shortage of ways to upgrade a home with comfort in mind.



When homeowners renovate a home in an effort to make spaces more relaxing and welcoming, it's important they recognize the relationship between comfort and safety. A home is only as comfortable as it is safe, as residents might struggle to relax if they're concerned about their safety. Security cameras can help quell such concerns, which is one of a handful of reasons homeowners should consider these increasingly popular safety features for their homes.

- Security cameras can help to deter criminals. Property crimes may not garner the same level of news coverage as violent crimes, but a recent report from the Federal Bureau of Investigation indicated that there were still nearly 900,000 burglary offenses in the United States in 2022. That figure represents a decline of more than 50 percent since 2012, when FBI data indicates more than 1.8 million such offenses were committed. A host of variables undoubtedly contributed to that decline, and the greater availability and increased affordability of security cameras has made it easier than ever for homeowners to make their homes less appealing to prospective burglars.
- Security cameras may help to lower insurance premiums. Exterior security cameras can help individuals lower the cost of their homeowners insurance policies.

The extent of those savings may depend on the type of cameras homeowners install and whether or not the cameras are integrated into a whole-home security system. The Insurance Information Institute notes that whole home security systems can save homeowners anywhere from 2 to 15 percent on their homeowners insurance policies. More advanced systems, such as those which feature alarms and exterior cameras, can earn homeowners greater savings on their policies.

- Security cameras provide peace of mind while traveling. Modern security camera systems now provide remote access through smartphone apps. That can give homeowners peace of mind when traveling, as they can monitor their properties when they're away from home and potentially alert local authorities if they notice anything suspicious on their remote feeds.
 - Security cameras can give parents peace of mind. Much like security cameras help travelers keep an eye on their property while they're away, parents also may find that access to real-time video footage of their homes can calm their nerves when children are in the house. Parents can utilize cameras to keep tabs on youngsters playing in the yard and monitor feeds to see what older kids are up to while Mom and Dad are at work or away from the home for other reasons.
- Home security cameras are a worthwhile investment that can save homeowners money and provide peace of mind that they're doing everything possible to make their homes comfortable, safe spaces to live.

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LEGALS

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF TYREL EMMIT MINOR
File No.: 24 E 122

All persons, firms and corporations having claims against deceased, are notified to exhibit them to URSULA M. MOORE, ADMINISTRATOR or before DECEMBER 10, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator.

This 11TH DAY OF SEPTEMBER 2024

ESTATE OF TYREL EMMIT MINOR
C/O URSULA M. MOORE
P O BOX 757
BAYBORO, NC 28515

Publish September 11,18,25 AND OCTOBER 2, 2024.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ELIZABETH MARY CALLAHAN
File No.: 24 E 173

All persons, firms and corporations having claims

against deceased, are notified to exhibit them to ELIZABETH THURNAU, EXECUTOR on or before DECEMBER 17, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 18TH DAY OF SEPTEMBER 2024

ESTATE OF ELIZABETH MARY CALLAHAN
C/O ELIZABETH THURNAU
30 WOODSIDE DR
BURNT HILLS, NY 12027

Publish SEPTEMBER 18, 25, OCTOBER 2 AND 9 2024.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF GREGORY JOHN WALL
File No.: 24 E 177

All persons, firms and corporations having claims against deceased, are notified to exhibit them to SHANE C. WALL, EXECUTOR on or before DECEMBER 17, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 18TH DAY OF SEPTEMBER 2024

ESTATE OF GREGORY JOHN WALL
C/O SHANE C. WALL
5405 CAROLYN DRIVE
WILMINGTON, NC 28409

Publish SEPTEMBER 18,25, OCTOBER 2 AND 9 2024.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF TODD CARLTON WHORTON
File No.: 24 E 167

All persons, firms and corporations having claims against deceased, are notified to exhibit them to LACY KNOWLES, EXECUTOR on or before DECEMBER 31, 2024, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 2ND DAY OF OCTOBER 2024

ESTATE OF TODD CARLTON WHORTON
C/O LACY KNOWLES
137 CAMPEN RD
BAYBORO, NC 28515

Publish OCTOBER 2, 9, 16 AND 23, 2024.

NON-RESIDENT NOTICE

CASE NO. **2024-PF-10134**

In the **PROBATE & FAMILY COURT** of CUMBERLAND COUNTY, at CROSSVILLE TENNESSEE

SIERRA BRITNEY GREER, and husband, COZMO DROLET GREER
Versus

FRANCISCO VERNICE
In this cause, it appearing from the Order for Publication of Kevin R. Bryant, Attorney, which is sworn to, that the Defendant, Francisco Vernice, is a non-resident of the State of Tennessee or whereabouts unknown, it is ordered by me that publication be made for four successive weeks, as required by law, in The Pamlico News, a newspaper published in Oriental, North Carolina, in said County, notifying said non-resident Defendant to file an answer with Plaintiff's Attorney, Kevin R. Bryant, whose address is 68 Woodmere Mall, Suite 101, within 30 days from the last date of publication, exclusive of said last date of publication, or a judgment by default may be entered and the cause set for hearing as to said Defendant.

This the 24 day of September, 2024.

/s/ Ben Tollett
BEN TOLLETT, CLERK AND MASTER

/s/ Emily Wattenbarger
DEPUTY CLERK AND MASTER

INCIDENTS

- Sept. 19, NC Hwy 306 S., Arapahoe, false pretenses, swindle/confidence game
- Sept. 20, Crystal Court, New Bern, assault on a female by male at least 18 years of age, interfere with emergency communication
- Sept. 21, NC Hwy 55, Grantsboro, counterfeit money
- Sept. 21, Neuse Rd., Grantsboro, stalking/cyberstalking
- Sept. 21, NC Hwy 55, Bayboro, communicating threat of mass violence on educational property
- Sept. 21, NC Hwy 55, Grantsboro, assault on government official or employee, resist/delay/obstruct public officer, driving while impaired.
- Sept. 22, NC Hwy 55, Grantsboro, unauthorized use of motor vehicle/car without consent of owner
- Sept. 23, Mill Pond Rd., Alliance, runaway juvenile, contributing to delinquency of juvenile
- Sept. 24, NC Hwy 306 S., Arapahoe, all other offenses/911 hang up with unsecured door
- Sept. 24, Neuse Rd., New Bern, second degree trespass
- Sept. 24, Mill Quarter Rd., Grantsboro, simple assault
- Sept. 24, Scotts Store Rd., Grantsboro, injury to personal property
- Sept. 25, NC Hwy 306 N., Grantsboro, assault on a female by male at least 18 years of age, simple assault
- Sept. 25, Blount Rd., Arapahoe, involuntary commitment
- Sept. 25, NC Hwy 55, Alliance, accidental transfer of money

PROPERTY TRANSFERS

- Aug. 23, Bluffs Lot: L8 Phase Three MB 10/1, MB 9/31 & M 8/6; Map in DB 395/702, Bluffs Lot: L9 Phase Three M 10/1; Map in DB 377/138 PIN F094-58 & F094-59 from Scheherazade Messinger, Elias Nicholas Katsanis to Elias Nicholas Katsanis, Scheherazade, \$0
- Aug. 23, Buccaneer Bay Lot: 17 MB 11/8 & PCA 6-1 from Florence N. Giro to Taylor Lee Lilly, Kathleen Elizabeth Lilly, \$594
- Aug. 23, Cutter Bay Lot: 53 7.06 AC PCB 1309 from Cutter Bay LLC from Cynthia D. Holland, Bryan Holland, \$380
- Aug. 23, Cutter Bay Lot: 92 3.67 AC PCB 13-9

- from Cutter Bay LLC to Christopher Lawrence Vance/TR, Cynthia Kapper Vance/TR, Vance Living Trust, \$290
- Aug. 23, Cutter Bay Lot: 93, 3.17 AC, PCB 15-14 from Cutter Bay LLC to Christopher Lawrence Vance/TR, Cynthia Kapper Vance/TR, Vance Living Trust, \$280
- Aug. 26, 0.47 AC Map Attached from Drew S. Peretzky, Cathy Brugett Peretzky, Jesse B. Cahoon, Teresa S. Cahoon to Jesse B. Cahoon, Teresa S. Cahoon, \$0
- Aug. 26, Ball Creek Lot: 2, PCA 69-2, PIN K05-9-2; Marital Deed from Mona Lisa Von Riedl, Gerhold Franz Von Riedl to Gerhold Franz Von Riedl, \$0
- Aug. 26, Cutter Bay Lot: 35, 6.17 AC, PCB 13-9 from Cutter Bay LLC to Equity Trust Company, Shamil J. Morayati, Shamil J. Morayati #1736087, Equity Trust Company as Custodian FBO Shamil J. Moryati #1736087, \$800
- Aug. 27, 3.33 AC (Tracts one and two) See Instrument from Regina A. Beamis, Regina Anne Bemis, Lynn Anne Cheatham/AIF to Richard Bentley Cheatham, Lynn Anne Cheatham, \$0
- Aug. 27, PIN K-0512-29; 2 AC N/S Main Rd Florence Community from Kathleen Alexander/EXR, Una K. Stowe/EST, Norma Kitson, Guy Wayne Stowe, Patricia Stowe to Gerald Stowe, \$0
- Aug. 27, Landings Hargett Lot: 49 Section III PCA 47-7; Map DB 417/135 from George E. Smith, Judith M. Smith to Paul J. Delamar, III, Sara L. Delamar, \$64
- Aug. 28, PIN: G042-196; Beneficiary and Executor's Deed; 23E53; Bill Street 7 AC E/S Cowell Lane & N/S SE Prong Bay River; Map DB 142/654 from Teresa H. Vaughn/TR, Teresa H. Vaughn/EXR, Richard W. Hudson Revocable Trust, Richard W. Hudson, Richard W. Hudson/EST to Keith D. Cowell, Gloria H. Cowell, \$950
- Aug. 28, Arlington Place Lot: 172 Phase 1 PCA 153017, Arlington Place Lot: 173 Phase 1 PCA 153-17 from Burton Farm Development Company, LLC, Boddie-Noell Enterprises, Inc. to James Watson, Angela Watson, \$136
- Aug. 29, Neuse Heights Lot: 84 MB 4/42; Map DB 236/93 from Ronald J. Stroupe, Penny R. Stroupe to Jeffrey D. McRoy, Lori C. McRoy, \$1,090
- Aug. 29, Lot 4 Herbert Broughton Farm Subdivision from Betty Noble McDevett/EST,

- Sue Bain/EXR, Sue Bain, Michael Bain, Warren Blount McDevett, Jr., to Mikaela A. Fahey, \$750
- Aug. 29, PIN H091-2; 1.89 AC NCSR 1350; Map in DB 513/722 from Jean C. Fowler, Ralph J. Mongelia, Jr. to New Vision Trust Company/CUST, Julie Weaver Roth IRA, Julie Weaver, \$240
- Aug. 29, PIN L06-9 (Portion); 2.01 AC New Parcel PCB 15-9 & PCA 137-18 from Larry W. Oliver, Patricia A. Oliver to Larry W. Oliver, Patricia A. Oliver, \$0
- Aug. 29, Schoolhouse Estates Lot: 3 Section I; 0.51 AC PCB 15-1 from Eascon Properties, LLC to Deborah O. Zang, \$52
- Aug. 30, River Dunes Lot: 130 Section 11; PCA 157-10 from Robert Lee Jobe, Donna C. Jobe to Thomas Lachman, Rhonda Lachman, \$3,400
- Aug. 30, Buccaneer Bay Section Three Lot: 80 PCA 16-2, Buccaneer Bay Section Three Lot: 81 PCA 16-2 from Bruce J. Belschner, Kathleen R. Belschner to John D. Corcell, \$16
- Aug. 30, 24E97; 2.01 AC W/S Alligator Loop Rd SR 1334 from Carol H. West, Carol H. West/EXR, Jennings B. Tingle, Jr./EST to Johnny Ray Anderson, Jr., Dawn Horner Anderson, \$536
- Aug. 30, 7,455 Sq. Ft; Map in DB 441/907 from Kenneth Milton Pitts/TR, The Kenneth Milton Pitts Revocable Trust, Kenneth Milton Pitts to Brendan Edward Sheprow, Wendy Wooten Sheprow, \$240
- Aug. 30, River Dunes Lot: 9 Marina Village - Harbor Village III-B PCA 166-7 from River Dunes Development, LLC to Timothy Charles Depp, Candace Matthews Depp, \$170
- Aug. 30, River Dunes Lot: 83 Section 1-B PCA 176-13 from River Dunes Development, LLC to Dennis Palazza, Linda Nancy Palazza, \$500
- Aug. 30, 1 Tract Metes & Bounds PCB 11-14 & 0.5092 AC PCB 11-14 from Willis Properties, LLC to Brian A. Baechtle, Sharon A. Baechtle, \$1,750
- Sept. 3, Dawson Creek Lot: 270 PH 1 Sec 2 PCA 165-19 from Steve Fletcher, Randi E. Fletcher, Randi R. Fletcher to Karl Frederick Bowman, Jr., Melissa F. Bowman, \$545
- Sept. 3, Spinnaker Point Lot: 3 PCA 22-3 & Map in DB 408/427 from Norman F. Stephens, Susan E. Stephens to Thomas G. Cook, Mary C. Cook, \$166

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AROUND THE COUNTY

Pamlico Betty Jo Rodgers, *Correspondent*



Hurricane Helene devastated western North Carolina. The Pamlico Water Rescue Team went and rescued individuals in the town of Chimney Rock. The Global Methodist Church and the NC Baptist Men are partnering together as part of the "on mission network" to provide disaster recovery in western NC. If you can help financially, support those who are trained and prepared for disaster recovery at <https://www.onmissionnetwork.org/helene>. Also, everyone in western North Carolina needs your prayers whether they are residents or volunteers.

We saw three turkeys on the farm enjoying the corn and grass. We have also seen a great blue heron and a mature bald eagle on our pier fishing in Broad Creek. Our granddaughter, Hannah, and her husband arrived safely in Norway on the 30th where they are serving as missionaries.

Since September 29, 2024, was a fifth Sunday, the quarterly Fellowship Union for Galilee United Church of Christ and Broad Creek United Church of Christ was hosted by Broad Creek UCC in Pamlico. This was the quarterly Union meeting for the five UCC churches in Pamlico County.

The Ol' Front Porch Music Festival consists of Folk, Americana, Bluegrass, Country, Gospel, Jazz... all in the walkable village of Oriental, NC. And this amazing weekend of music is absolutely free to attend. The festival runs for two full days, Friday Oct 4, 2024, from 11am-7:30pm and Saturday Oct 5, 2024, from 11:00am-7:30pm.

Pamlico Methodist Church will celebrate homecoming on October 6, 2024. October 6, 2024, is also World Communion

Sunday and Stonewall will celebrate with Holy Communion by intinction in a hand carved communion paten and chalice that came from Costa Rica.

On October 20, Stonewall Methodist Church will celebrate "Miracle Sunday," and will have a catered fellowship meal after the service. Everyone's invited to attend.

October is Pastor Appreciation month. Pastors have awesome responsibilities and dedicate their lives to serving others by preaching and teaching the word of God and leading souls to Jesus Christ. The job is tough, but those who are dedicated rest in the assurance that they are doing what God has called them to do. Pray for your pastor, they need prayers daily.

The Ina Gaskins Circle is selling note cards with a color picture of the church on them as a fund raiser this year. They come in packs of 7 for \$5.00. These will be available on Miracle Sunday or at any other gathering at the church.

Celebrating birthdays in October are Pearl Ford Smith (10/5), Kim Potter (10/6), James Wood (10/9), Amanda Carey and Joannis Rodgers (10/10), John Paul Wood (10/11), Dixie Gatlin (10/12), Elena Hamilton (10/13), John Deaton (10/15), Barbara Carey (10/19), Bilinda Gwaltney and Connor Russo, (10/22), Linda Lane (10/24), George Bennett (10/25), Polly Taylor (10/27), Jeremy Freeman (10/29), and Linda Gail Lupton (10/31). Charles and Ann Stackhouse will celebrate their Anniversary on October 16.

Have a blessed week. Knowledgeable? Take Spiritual Vitamin K. "Know this that the Lord is God, it is He that made us and not we ourselves." (Psalms 100:3)

Whortonsville Reba Tiller, *Correspondent*



Seems I was just writing that we were entering September, now I am writing we are going into October. Where does the time go? When we were young Christmas was so far away, but when we grow old it seems to come in six months! Feel so bad for the folks that are suffering from the hurricane but we were blessed. Today was a beautiful day for us to be in church and have a wonderful lunch afterward. Had a guest and her five year old son

but they were moving on south on their boat. Both of my grandsons were working at Camp Seagull last weekend. A reminder about the October 18th Wing and a Prayer luncheon at the Oriental U. Methodist Church. The Old Porch music festival begins Friday and Saturday night with a great lineup both days. Chorale meets Mondays at 6:00 at the Oriental U. Methodist Church.

THOUGHT FOR THE WEEK —PRAY FOR OUR COUNTRY!

An Unprecedented Response: State, Local and Federal Partners Surge Resources into Western NC Following Historic Damage from Hurricane Helene

RALEIGH: State, federal and local partners continue to work together to surge resources into Western North Carolina in response to unprecedented damage from Hurricane Helene across the region. Governor Cooper has activated More than 400 National Guard Personnel.

FEMA helpline: 1-800-621-3362.

Feeding sites have been established at the following locations:
 Buncombe County – Biltmore Baptist Church, 35 Clayton Road, Arden, NC 28704

McDowell County – Grace Community Church, 5182 Highway 70 West, Marion, NC 28752

Watauga County – First Baptist Church, 375 West King Street, Boone, NC 28607

Local governments may be able to provide additional information on feeding sites established in local communities.

Shelters
 Twenty-nine shelters have been opened in affected areas, housing a total of 1107 people.

A list of shelters can be found at www.readync.gov.

Major Disaster Declaration and FEMA Assistance
 President Biden approved Governor Cooper's request for an expedited request declaring a Major Disaster for 25 North Carolina counties and the Eastern Band of Cherokee Indians. This declaration paves the way for Public Assistance to help our hard-hit local governments, as well as access to FEMA's Individual Assistance program.

FEMA may be able to help with serious needs, displacement, temporary lodging, basic home repair costs, personal property loss or other disaster-caused needs. Homeowners and renters in Alexander, Alleghany, Ashe, Avery, Buncombe, Burke, Caldwell, Catawba, Clay, Cleveland, Gaston, Haywood, Henderson, Jackson, Lincoln, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Transylvania, Watauga, Wilkes and Yancey counties and the Eastern Band of Cherokee Indians can apply.

Additional information regarding these resources can be found at: www.disasterassistance.gov

Road Closures
 Travel remains dangerous, more than 400 roads remain closed. NCDOT is asking people to refrain from unnecessary travel to or in Western North Carolina.

Cellphone Provider Coverage
 Cellphone providers are working to fix the damage and coverage issues caused by the storm and get stopgap solutions in place and rapid progress is being made. Restoring communications is critical to saving lives, finding where people are and getting in supplies.

Missing Persons
 To report a missing person or request non-emergency support, please call NC 211 or 1-888-892-1162 if calling from out-of-state.

Storm Damage Cleanup
 If your home has damages and you need assistance with clean up, please call Crisis Cleanup for access to volunteer organizations that can assist you at 844-965-1386.

Volunteers and Donations
 If you would like to donate to the North Carolina Disaster Relief Fund, visit nc.gov/donate.

If you are seeking information on volunteer opportunities, please visit nc.gov/working/volunteer-opportunities/volunteer-nc.

Additional Assistance
 If you are seeking a representative from the North Carolina Joint Information Center, please email ncempio@ncdps.gov or call 919.825.2599.

For general information, access to resources, or answers to frequently asked questions, please visit ncdps.gov/helene.

For information on resources for recovery help for a resident impacted from the storm, please email IArecovery@ncdps.gov.

PUBLIC NOTICE

NOTICE TO ALL WATER CUSTOMERS

Beginning Tuesday, October 15, 2024 through Wednesday, November 20, 2024, the Town of Oriental Water Department will not be using ammonia as part of the disinfection process in its drinking water.

The change is recommended by the federal and state regulations governing the Town's water system.

Using ammonia in the treatment process helps reduce the amount of Trihalomethanes, a disinfection by-product that forms when water is disinfected with chlorine. The one-month return to chlorine-only disinfecting is not expected to cause any significant increase in Trihalomethanes.

The Town of Oriental will also conduct flushing of the distribution system in order to expedite this event. Customers should be aware that there may be a slight discoloration and/or slight chlorine odor of their drinking water.

Please plan to take the steps necessary to insure that our month long change to chlorine only disinfection during this period does not detrimentally affect your uses of the water we provide.

We regret any inconvenience or problem this may cause. Please visit our website, www.Townoforiental.com for more information. If you have any questions or concerns, please contact the Town at 252-249-0555.

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PAMLICO COUNTY HIGH SCHOOL Hurricanes - Past, Present and Future



New Dance Class Opportunity

As the school year kicked off in August, Pamlico County High School (PCHS) has been abuzz with activities, events, and milestones that reflect the energy and engagement of students, staff, and the community. Here's a look back at some of the exciting happenings so far.

Football Jersey Retirement Ceremony In August, PCHS honored alumnus Doug Smith by retiring his football jersey at the season opener game. The ceremony celebrated Smith's contributions as a player and his lasting legacy at the school, providing inspiration for the current football team and future generations of student-athletes.

Culinary Class in Action Chef Keith Reese and his talented culinary class have had a busy start to the year. Notably, they served a delicious breakfast to business leaders and community partners during a workforce development meeting hosted at PCHS. Their efforts impressed attendees and demonstrated the practical skills students are learning in the school's growing culinary program.

Alpha Phi Alpha Voter Registration Event In a move to encourage civic engagement among students, young men from East Carolina University's Alpha Phi Alpha Fraternity hosted a voter registration event at the high school in September. This event gave students the opportunity to register to vote, fostering a culture of responsibility and participation in local and national elections.

New Dance Class Opportunity Every year brings new opportunities and this year we are EXCITED to welcome the new theater arts teacher, Elizabeth Bucks, who is also teaching a class of dance. Ms. Bucks, teaches an introduction to various dances from around the world. The students in her class have said they love having the time to get up from the books and concentrate on movement.

Groundbreaking for the New Pamlico County High School A major milestone for Pamlico County Schools came in August with the groundbreaking event for the future Pamlico County High School. Community members, school officials, and students gathered to commemorate the beginning of construction for the new facility. This new school promises to provide modern learning spaces and updated facilities that will better serve the needs of students for years to come.

From honoring legacies to laying the foundation for the future, Pamlico County High School continues to foster an environment where students can thrive both inside and outside the classroom. As the school year progresses, there are sure to be more memorable moments and milestones ahead.



Football Jersey Retirement Ceremony

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COASTAL LIVING



3 tips for safely enjoying the water in the off season from BoatUS Foundation

ANNAPOLIS, Md., Sept. 19, 2024 – Say a final goodbye to the summer 2024 boating season as Sept. 22 marks the fall equinox. With the change of season, ushered in by cooler air and water temperatures, boating safety also changes. With that in mind, the BoatUS Foundation offers three safety tips tailor-made to help you safely enjoy the wonders of the water during the off season.



Boating safety changes as temperatures cool. (CREDIT: Alyssia Greiner)

- **A life jacket for the season:** Unexpected falls overboard could be big trouble fast, so wear a life jacket that fits over your clothing or consider investing in a float coat (a combination winter jacket and PFD). It can provide the return of your life. A life jacket or float coat can give you more time to self-recover as there are fewer boaters on the water, decreasing your chance for good Samaritan help. Some of the most comfortable life jackets today are inflatable models and can be easily worn over outer gear, but keep in mind inflatable jackets should not be used when air temperatures are expected to be below 40 degrees Fahrenheit.
- **More than just a hat:** Keeping your body warm when fall temperatures drop is a story about layers and facing the myth about the need to wear a hat. While it may be a sunny October day when you head out just wearing a T-shirt, ensure that it's synthetic or wool, as wet cotton has no thermal

value. Additional layers can be added as the day and temperatures change. And while your grandmother always told you to wear a hat because that's where the biggest loss of heat is, that's a myth based on imperfect testing done by the military in the 1950s. Yes – your grandmom loves you and you should wear a hat. However, 90% of heat loss comes from the body, so having the right layers are key. It's also a good idea to keep a spare set of

- clothing aboard in a drybag.
- **A word about batteries:** While smartphones work in all seasons, battery performance declines as temperatures drop. On average, a cellphone battery can last two to three years, or 300 to 500 charge cycles, depending how much it's used and recharged. The biggest drain on battery life is the energy your phone uses trying to find and connect to Wi-Fi or data networks. With all these variables, don't trust that your phone's battery life will be there for you when you need it. Carry a spare power pack aboard when cold weather boating. You don't want to lose a critical navigation app, or the ability to call for help if necessary. The same goes for personal locator beacon batteries.

For a closer look a cold weather boating, go to BoatUS.org/cold-water-boating.

Grill some wings for the big game

Football season heats up each January, when fans of both college football and the professional game look forward to each sport's respective playoffs. Though playoff expansion is on the horizon for the college game, the postseason remains a four-team format for the time being, with the semifinals kicking off on January 1 before the championship game on January 8. The National Football League will host its traditional playoff format again this season, with Wild Card weekend kicking off January 13 before the league ultimately crowns its champion in Las Vegas on February 11.

January is undeniably a big month for football fans. Playoff weekends are that much more fun when hosting or attending a game watch party for the big game, as food and fellow fans only add to the enjoyment of the competition on the field. Though many foods are at home during game watch parties, perhaps no dish is more associated with football than chicken wings. Wings make the ideal food when watching football, and this recipe for "Grilled Buffalo Wings" courtesy of cookbook author Katie Lee Biegel and The Food Network can make a delicious addition to your game day spread.

Grilled Buffalo Wings

Yields 6 to 8 servings

- 1 tablespoon kosher salt
- 1 teaspoon freshly ground black pepper
- 1 teaspoon garlic powder
- 3 pounds whole chicken wings
- 6 tablespoons unsalted butter
- 1/3 cup hot sauce
- 1 tablespoon apple cider vinegar
- 1 tablespoon honey



1. In a small bowl, combine the salt, pepper and garlic powder. In a large bowl, toss the wings with the salt mixture to evenly coat.
2. Preheat a gas grill to medium heat (about 350 F).
3. Place the wings on the grill, crowding them together so that they are all touching (this goes against the conventional wisdom of giving meat room so it doesn't steam; you want them to steam so they stay moist). Grill, flipping the wings every 5 minutes, for a total of 20 minutes of cooking.
4. In the meantime, heat the butter, hot sauce, vinegar, and honey in a saucepan over low heat and whisk to combine.
5. In a clean large bowl, toss the wings with the sauce. Turn the heat up on the grill to medium-high. Use tongs to remove the wings from the sauce and put them back on the grill until the skins crisp, 1 to 2 minutes per side. Put the wings back in the bowl with the sauce, toss and serve.

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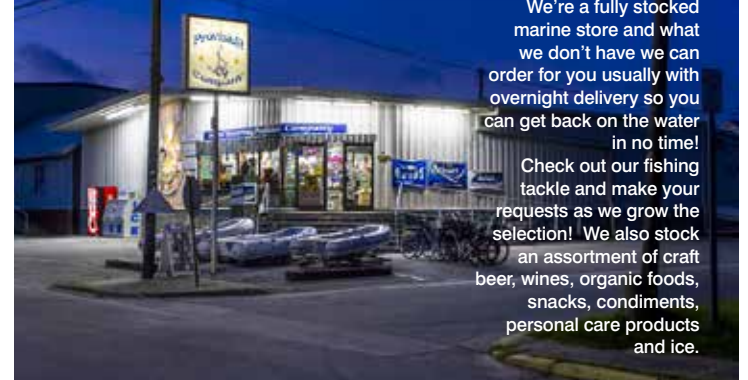


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Hurricanes at the Net

Pamlico Remains Undefeated in Conference

by: Hiram Lupton



Sydney Whitley-Reece goes high for a kill against Lejeune



Taylor McHenry goes low to dig out an opponent's serve

The Pamlico County High School volleyball team took on a pair of Coastal Plains Conference opponents last week and when the week was done, they remained undefeated in CPC play. On Tuesday they made the short trip up NC Hwy 33 to Chocowinity to take on Southside and successfully grounded the Seahawks, sweeping them on their home court 3-0 (25-12, 25-10, 25-11). Two nights later they hosted Lejeune with a similar result, a 3-0 sweep (25-7, 25-23, 25-10). The Devil Pups did manage to put up a fight in the second set before the Hurricanes regained their focus to score the final 2 points for a win. Pamlico sits alone atop the conference standings with a 6-0 mark and will put that perfect record on the line this week when they travel to East Carteret on Tuesday and host Jones Senior on Thursday.

PCMS Wins Conference Tournament

by: Hiram Lupton

In sports, if you win your conference regular season championship, you deserve the title of champions. There is something however about a post season tournament that can put pressure on a championship team. You are favored to win it, and if you don't, you are sharing the championship. If the Pamlico County Middle School volleyball team was feeling the pressure last Wednesday, they didn't show it. The squad had run roughshod over the other members of the Coastal Middle School Athletic Conference during the regular season, going undefeated and earning the conference championship. It was now time to wrap things up at the conference tournament, held this year at West Craven High School and the Hurricanes were ready. Just as in the regular season, Pamlico swept their matches, first defeating Tucker Creek 2-0, and then claiming the tourney championship with a 2-0 win over Grover C. Fields. A great way to put an exclamation point on an outstanding season. Congratulations to the ladies and the sister/brother coaching duo of Zarah and Jeremy Forbes.



Hurricanes Pick up First Win on the Road

by: Hiram Lupton

The Pamlico County High School Hurricanes have seemingly fought through diversity all season but on Monday night they put that behind them and picked up their first win of the season at Washington County. Pamlico took the lead early with a pair of rushing touchdowns in the 1st quarter by Tariq Barber and Jordan Pratt. The Panthers briefly retook the lead, 14-13 in the 2nd quarter, but a Hurricane touchdown through the air with under a minute to go before the half made it 20-14 Pamlico at the intermission. Washington County tied things up in the 4th quarter at 20-20, and then went ahead on a successful 2-point to make it 22-20. Pamlico stormed back downfield for a comeback touchdown of their own to take a 26-22 lead. With under a minute left, Koby Lane intercepted a Washington County pass to seal the victory, the first High School win for interim Head Coach Jack Taylor, Jr. Pamlico had to come from behind not once but twice and the Hurricane defense forced 3 turnovers in the win.



Coach Jack Taylor, Jr.

Hurricane Soccer

by: Hiram Lupton



Percy Guidry (#6) and Chris Avery (#2) go on offense against Southside



Samyah Maiden with a well-placed kick



Goalie Baird Audilet

Pamlico County High School took to the pitch once again Monday evening for a conference matchup with Southside and the Seahawks flew away with a 9-0 win over the Hurricanes. This is a restart of High School soccer for Pamlico after 15 years of not having the sport at the varsity level and as expected, there have been some growing pains. Head Coach Kevin Knox has the team working hard and steadily improving every week.

Watch your actions, they become your habits. Watch your habits, they become your character.
- Vince Lombardi, Hall of Fame NFL coach

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NORTH CAROLINA
COMMUNITY FOUNDATION



Pamlico County Community Foundation awards more than \$2,700 in grants



The Pamlico County Community Foundation, a North Carolina Community Foundation affiliate, has awarded \$2,720 in grants to organizations supporting the local community.

The board of advisors granted:
\$720 to Coastal Women’s Shelter, Inc. for New Beginnings empowerment program
\$1,000 to First Tee Coastal Carolinas for Building Game Changers
\$1,000 to Voices Together for VOICSS in Education – Pamlico County Schools

“These grants are possible because of the ongoing support we have from the community,” said Heather Brewer, advisory board president of the Pamlico County Community Foundation. “They will help make Pamlico County a better place to live and work.”

Funds for 2024 grants came from PCCF’s community grantmaking fund. Each year, PCCF’s local volunteer advisory board uses dollars from its endowment fund to make grants to eligible local organizations, including nonprofits, local governments, schools and churches.

Visit nccommunityfoundation.org/pamlico to learn more about PCCF and its work in the community or make a tax-deductible donation. For information about PCCF, contact the eastern region community leadership officer.

Pamlico County Community Foundation Advisory Board Members

Advisory board members live and work in Pamlico County, positioning them to strategically leverage resources, meet local needs and access opportunities. In addition to Brewer, board members include Tim Buck (secretary/treasurer), Joy Baker, Sally Belangia, Amy Chapin, Elizabeth Cordes, Leslie Kellenberger, Todd McFadden, Flora Moorman, Sam Myers and Marsha Papham.

About the North Carolina Community Foundation

The North Carolina Community Foundation brings together generous people and connects them to causes and organizations they care about, with a focus on inspiring lasting and meaningful philanthropy in the state’s rural communities.

With \$400 million in assets, NCCF sustains over 1,200 endowments and partners with donors and a network of affiliates in 60 counties to strengthen our state. By stewarding and growing donors’ gifts, NCCF makes a powerful impact through a robust grants and scholarships program, awarding over \$270 million since 1988.

For more information, visit nccommunityfoundation.org.



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—Margaret Mead

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1 out of 2 Americans read or access information from their local weekly newspaper every month.

Telling Our
STORIES
CELEBRATING NATIONAL NEWSPAPER WEEK | OCTOBER 6-12, 2024

Source: America’s Newspapers 2023 Local Newspaper Study conducted by Coda Ventures.

✓ VOTE

TARE ‘T’ DAVIS

NC SENATE

MILITARY VETERAN

LAW ENFORCEMENT OFFICER, 28 YEARS

COUNTY AND STATE LEADER

DEVOTED HUSBAND AND FATHER

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**The Unifying Voice
for District 2**

Carteret, Chowan, Halifax, Hyde, Martin, Pamlico, Warren & Washington counties

★★

Paid for by Committee to Elect Tare ‘T’ Davis



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**NORTH CAROLINA
 COMMUNITY FOUNDATION**



Donations encouraged for Hurricane Helene emergency response, NCCF opens Disaster Relief Fund for long-term recovery in west

The North Carolina Community Foundation is encouraging donations to groups that are working to address immediate health, humanitarian and safety needs in western North Carolina in the wake of the devastation left by Hurricane Helene.

A wide range of groups are supporting that effort, including the American Red Cross (<https://www.redcross.org/donate/donation.html/>) Baptists On Mission (<https://baptistsonmission.org/Mission-Projects/By-Mission-Type/Disaster-Relief/Hurricane-Helene/Donations>) The Salvation Army (<https://give.helpsalvationarmy.org/give/514022/#!/donation/checkout>) and United Way of North Carolina (<https://www.unitedwayabc.org/news/hurricane-helene-relief-efforts>) You can also donate to emergency response efforts by visiting nc.gov/donate.

The recovery needs in western North Carolina will remain great in the months and years to come. To support the region, NCCF is accepting donations for our Disaster Relief Fund (<https://www.nccommunityfoundation.org/nonprofits/disaster-relief-fund>) which supports mid- to long-term recovery efforts when North Carolina faces a disaster.

The fund will provide grants to nonprofit and charitable organizations working to support communities in western North Carolina affected by Hurricane Helene.

All contributions go directly to disaster relief and donations are tax deductible. No portion of the money raised will be used for NCCF's administrative or operational expenses. NCCF will also encourage this practice among organizations that receive grants from the fund.

Donations can be made online (https://nccf.fcsuite.com/erp/donate/create/fund?funit_id=16903) or by mailing a check to NCCF at 3737 Glenwood Ave., Suite 460, Raleigh, NC 27612. Write "Disaster Relief" on the memo line of your check.

Those needing assistance with their donation can call 919-828-4387 or 800-532-1349 or email info@nccommunityfoundation.org.

"The devastation in western North Carolina due to Hurricane Helene is heartbreaking," said Jennifer Tolle Whiteside, NCCF CEO and President. "Our Disaster Relief Fund will support nonprofits in the west in their response in the months ahead and we will ensure that donations to the Disaster Relief Fund are distributed to charitable organizations that can best help people directly impacted."

The NCCF Disaster Relief Fund's grantmaking strategy focuses on mid- to long-term recovery efforts in affected communities and does not compete with first responders.

Approximately \$5 million in grants have been provided by the fund to charitable organizations since it began after Hurricane Fran in 1996.

After Hurricane Florence in 2018, the fund awarded 153 grants to nonprofit organizations totaling \$3.25 million. Learn more about the fund at nccommunityfoundation.org/disaster.

About the North Carolina Community Foundation

The North Carolina Community Foundation brings together generous people and connects them to causes and organizations they care about, with a focus on inspiring lasting and meaningful philanthropy in the state's rural communities.

With \$400 million in assets, NCCF sustains over 1,200 endowments and partners with donors and a network of affiliates in 60 counties to strengthen our state. By stewarding and growing donors' gifts, NCCF makes a powerful impact through a robust grants and scholarships program, awarding over \$270 million since 1988. For more information, visit nccommunityfoundation.org or follow us on Facebook, Instagram, LinkedIn and X (formerly Twitter).

"Failure is the condiment that gives success its flavor." – L. Capote

VOTE!

NORMAN SANDERSON

NC Senate District 2

Christian ★ Conservative ★ Republican



Key Accomplishments

1. Responsible budgeting and spending
2. Tax Reform that reduces private and corporate taxes
3. Education Investments and School Choice
4. 2nd Amendment Rights
5. Voter Integrity to protect election results
6. Pro-family and pro-freedom legislation



Early Voting: October 17 - November 2

**Election Day
 November 5, 2024**

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