Imagine Pamlico and the Pamlico Small Business Center Offer First FREE Quarterly Seminar for Non-profits, "AI is your Ally"

## Vol. 57 No01, 12 Pages The Pamlico News

Wednesday, January 08, 2025

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#### MCAS Cherry Point **Increases Security Posture**

MARINE CORPS AIR STATION CHERRY POINT, N.C. (JAN. 4, 2025) -

Effective immediately, Marine Corps Air Station Cherry Point and its outlying fields will implement increased security measures at all access control points to the installations.

Following recent events in Las Vegas and New Orleans and as a precaution to ensure the safety and security of personnel and facilities, the commander of U.S. Northern Command has directed all installations to execute heightened security measures. These measures include 100% identification checks, random vehicle inspections, and the suspension of the Trusted Traveler Program until further notice.

Drivers should expect delays and random inspections at all access control points in relation to the enhanced security posture of the installation and outlying properties. The measures are being implemented to ensure the ability to project combat power when and where required.

The Trusted Traveler Program allowed DoD-affiliated sponsors to vouch for other occupants within the same vehicle to gain entry onto an installation. With the suspension of the program, all individuals entering the installation must possess a valid form of Department of Defense identification such as a Common Access Card. Those who do not possess such identification must report to the respective installation's visitor center to request access.

Visit https://www.cherrypoint. marines.mil/Offices/Pass-ID for further details on base access procedures for MCAS Cherry Point.

Direct any follow-up inquiry to MCAS Cherry Point Communication Strategy and Operations at chpt.commstrat.omb@usmc.mil or call 252-466-4241.



In preparation for the move to the new Pamlico County Public Library, the Friends of the Pamlico County Public Library must start packing the storage trailer that houses donated books and serves as the space for our monthly book sales. We will hold two more book sales on Saturday, January 11th from 10:00am - 2:00pm and on Saturday, February 8th, also from 10:00am - 2:00pm. After these dates, we will not hold book sales until we are settled into the new space. Additionally, we will not be able to accept any book donations after January 15th. Other options for book donations include the Hospice Thrift Store of Pamlico, the Salvation Army Thrift Store (Bayboro), and the Goodwill Store of New Bern. We apologize for the inconvenience and will let everyone know as soon as we can start accepting book donations.



Three Dragons and a big crowd at the 8 PM Dragon Run.

goodbye to 2024, and hello to 2025 as only they can, with their traditional New Years Eve Running of the Dragons. It may have been the unseasonably warm temperatures, or it could have been the desire to move on to 2025 and a fresh start, but the crowd on Hodges Street was one of the largest in recent memory.

The Town of Oriental said The Dragon Drummers warmed up the crowd as not 1, not 2, but 3 dragons appeared at the 8:00 PM run. The call it a run, but with a crowd this large, it isn't so much a run, as it is a slow weave. Many attendees brought noisemakers and pots and pans, which were banged loudly in celebration. Oriental Mayor Sally Belangia led the largest drag-

on through the throng as many came up to touch the teeth of the dragon which is said to bring good luck throughout the coming year to those brave enough to do so. The revelry was repeated again at 11:30 PM with one less dragon and the addition of the Croaker drop from a sailboat mast at midnight.

Happy New Year!



Touch the teeth of the Dragon for good luck. Mayor Sally Helping Guide the Dragon through the crowd.

#### Hurricane Wrestlers in Action in Two Directions

Hiram Lupton



Diana Harper earns Gold for Pamlico

Pamlico County High School wrestlers stayed busy during the Christmas break and last Saturday, both the Men and Ladies squads were in action in two different locations. The women headed south to the Swansboro Girls Holiday Classic. This event matched wrestlers up individually in tournament style competition and a pair of Hurricanes advanced through their weight class for podium finishes. At 138 lbs., Harli Nethercutt picked up a bronze for her 3rd place finish and Senior Diana Harper earned a gold for her top finish in the



Harli Nethercutt picks up a Bronze for Pamlico

Photo credit: Emily Harper 126 lbs. class. The men's team headed Northwest to Ayden-Griffon for the Charger Duals. While wrestlers compete individually, duals are more of a team vs team event and Pamlico went 3-2 at the meet, picking up wins over East Carteret, North Johnston, and Northside, while losing narrowly to Rosewood and the host school, Ayden-Grifton. The Hurricanes had 3 grapplers go 5-0 on the day; Isaiah Mewborn, Eric Brantley, and Joc Kirkman. Great jobs by both Hurricane teams

and their coaches. "For last year's words belong to last year's language. And next year's words await another voice – hopefully with fewer typos this time."

#### Minnesott Beach Welcomes the New Year



The annual tradition unofficially known as the "Minnesott Beach Anything that rolls New Year's Eve Parade" wound through the streets of town last Tuesday in a grand celebration of 2024 and welcome to 2025. For the third year in a row, decorated golf carts, cars, trucks, a bicycle and an Arapahoe VFD Firetruck joined in the procession that ended at the Minnesott Golf and Country Club for a special New Year's Eve lunch.



#### **Dogwood Award**



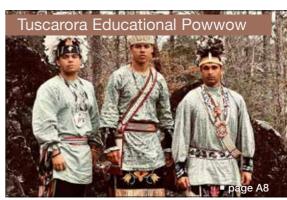
**District Attorney Scott Thomas among** those honored by Attorney General Josh Stein with Dogwood Award

(RALEIGH) Attorney General Josh Stein today honored four North Carolinians in eastern North Carolina with the Attorney General's Dogwood Award. These awards are distributed to honor people who are working to improve the health, safety, and well-being of their fellow North Carolinians.

#### **District Attorney Scott Thomas**

"District Attorney Thomas has been working hard to protect the communities he serves," said Attorney General Josh Stein. "He has been a great partner to my office to make North Carolina safer and healthier."

Scott Thomas is district attorney for Carteret, Craven, and Pamlico counties.







Saturday, January 11th 40°Hi Rain throughout the day



**WEEKEND WEATHER** 

Sunday, January 12th 45 Clear throughout the day



#### FORESTRY MULCHING

Line & Property Line Cutting / Acreage Cutting **Hunting Lane & Recreational Cutting** Septic Perk Site & Custom Cutting Applications

#### **Dustin Turnage**

Office: 252-745-4976 Cell: 252-229-4688 Fax: 252-745-5240



## Students still have time to register for the Spring 2025 semester at Pamlico Community College

By Sandy Wall

Pamlico Community College's formal registration period is over, but there's still time for new and returning curriculum students to sign up for classes for the Spring 2025 semester!

Students can register for a course as long as it has not started yet. Seated classes will begin Monday, Jan. 13. Online courses will start Monday, Jan. 27.

Additionally, registration for popular Career & College Promise courses for high

school juniors and seniors is now underway. It will run today (Wednesday, Jan. 8) and tomorrow (Thursday, Jan. 9) from 9 a.m. to 3 p.m. daily at the Mattocks Center in Bayboro.

Registration for short-term Continuing Education courses, most of which have different start dates and times, is also underway and will continue throughout the semester.

PCC is proud to offer students a place where they can succeed. In fact, Pamlico has been ranked in the Top 10 among the nation's community colleges for students' Educational Outcomes in three of the last five years.



Students who enroll at PCC can expect to be treated as a member of the college family as they receive the knowledge, skills and training they need to get started on a bachelor's degree or to prepare for a great hands-on career in an in-demand field.

PCC features small class sizes so students can get more personalized attention. It also offers seated and online courses, including some programs that can be

completed entirely on the web!

Financial aid is available for qualified students.

Make 2025 your year for success! Financial aid is available for qualified students. For more information about registering at the college, call 252-249-1851, ext. 3001, or email studentservices@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.





Contact: Katie Shorter, kshorter@pamlicocc.edu

Imagine Pamlico and the Pamlico Small Business Center Offer First FREE Quarterly Seminar for Non-profits, "AI is your Ally" January 1, 2025; Grantsboro, NC...All nonprofits serving Pamlico County are invited to attend a free, in-person seminar, "AI is your Ally" on Wednesday, January 15th from 9am-11am at the Delamar Center at Pamlico Community College. Artificial Intelligence (AI) specialist, Dr. Justin Rose from Beaufort County Community College, will provide guidance for non-profits on optimizing AI tools for the grant application process as well as adminstrative tasks. Beginners and experienced AI users alike will benefit from Dr. Rose's expertise.

Pamlico Partnership for Children's Executive Director, Susan Bridgman, provided feedback on her recent instructional sessions with Dr. Rose, "Spending time with Justin under his leadership and guidance has opened my eyes to what AI can really do." Bridgman adds, "It has streamlined my day-to-day tasks and

operations and it has helped me with content in my grant writing, social media posts, and other documents."

For more information and to register, visit www.PamlicoSBC. com or email Pamlico Community College's Small Business Center Director at kshorter@pamlicocc.edu

#### **About Imagine Pamlico:**

Imagine Pamlico is a nonprofit organization based in Pamlico County that seeks to enhance and improve the lives of those who call Pamlico County home. We believe that all residents should have access to health care, economic opportunity, education, safety, and community-enhancing events. We pursue this work with an eye towards the future while honoring and respecting the people and traditions that have made Pamlico County such a special and unique community. For more information about Imagine Pamlico, contact info@imaginepamlico.org.



Picture caption: Imagine Pamlico and the Pamlico SBC offer FREE quartlery professional development seminars for all nonprofits serving Pamlico County.

#### EDITORIALS

I never met President Carter but thanks to another famous person I have a significant remembrance of him.

Millard Fuller, founder of Habitat for Humanity International, was often called on to speak to Senate and House of Representative committees concerned with housing issues. While in Washington Millard would try to meet with one or more of the Capitol area HFHI affiliates.

As the only DC Habitat for Humanity board member who was retired, I was often asked to get Millard at Washington National Airport and chauffeur him to his appointments. We struck up a pretty good relationship and he always remembered my wife's name and wanted to know what was happening in her medical world.

In the mid '90s some bi-partisan congressional staffers got together to sponsor a DC Habitat house. President Carter and Millard were invited to dedicate the house but Carter was busy otherwise and asked Millard to represent him at the event.

After picking Millard up at National and renewing our acquaintance, I asked Millard what he planned to say at the house dedication. He was quiet and reflective for a bit and then told me how he first met President Carter.

In 1981 or '82, Carter was recently out of office and back home in Plains GA, a few miles from HFH's HQ in Americus. HFHI was started in 1976 but was slow in gaining visibility and credibility in the country's charitable donor community. Carter and Millard both being fervent, overt Christians, Millard decided to call on Carter to ask if he might be willing to help with the Habitat mission.

Upon getting an appointment to meet with Carter, Millard proceeded to draw up a list of nine or ten things the former



President might do to assist Habitat. After a brief get-acquainted chat Carter asked what he could do for Millard. Millard offered him a single page with brief details of the possible opportunities, asking the President if he would consider taking one on. The possibilities ranged from taping a few fund-raising PSAs to starting an Advisory Board of Directors to hosting an annual Jimmy Carter Habitat Workweek.

Millard said Carter took an uncomfortable several minutes to read and reread the list but finally said "Okay". Millard told me he said "That's wonderful Mr President, thank you. Which one do you want to do?"

Carter responded "I'll do all of them."

A lot of us think Jimmy Carter started Habitat for Humanity but he didn't. Millard and Linda Fuller did. Jimmy Carter just recognized the value of the mission and cultivated it such that the need for safe, decent, affordable housing is now firmly imbedded in the world's consciousness. Habitat and its partner families have built or rehabbed over 600,000 homes, helping over 13.4 million people to live in such housing.

Well done Mr President. Rest in peace. Submitted by Sam Myers Oriental, NC



Land/Home Sales
Property Management
Appraisals Development



Agent of the Week

Linda Hoff

Here's what one of Linda's customers had to say...

Recently we listed a property near Oriental with Linda Hoff. The property has sold at our asking price. Linda was professional and prompt in this long distance sales effort. We would recommend Linda to anyone interested in buying or selling a property in the Oriental area of NC.

Lou & Jacquelyn, WV



**BAYBORO** – 1.45-acre private lakefront land, picturesque, serene setting. Nestled in tranquil environment. Central location, easy commute to major employment, walking distance to bakery/coffee shop, parks, shopping & schools.

**OFFERED AT \$35,000** 



**ORIENTAL** – Spacious **3BR/2.5BA** home offers comfortable living. Open floor plan, ideal for family gatherings or entertaining. Three acres of land provide ample space for outdoor activities. Whether you're looking for a peaceful retreat or a place to call home, this property offers a great balance of space and tranquility. Property will be sold as is.

OFFERED AT \$425,500



ORIENTAL – Waterfront 3BR/2BA offers breathtaking water views and direct access to some of the best fishin in the area. Spacious, open floor plan, perfect for entertaining. Large windows flood 1,828 sf home with natural light.

OFFERED AT \$ 498,900



**ORIENTAL** – Million-dollar waterfront views over Green Creek, 2,472 hsf, **4BR/4BA** only 1.5 miles from downtown Oriental. Designed for extended family or for income-producing. 2nd floor stand-alone apartment offers a full kitchen, full bath, bedroom and living room with a separate HVAC system. FROG has kitchen, full bath, living area and loft bedroom with stand-alone HVAC. Boat dock is concrete with a drop-down for launching kayaks and a Swinger boat lift. 4 dedicated boat slips can be rented with 2nd floor apartment & FROG apartment. Vinyl bulkhead, lifetime metal roof & maintenance free vinyl siding.

roof & maintenance-free vinyl siding.

OFFERED AT \$ 595,000



ORIENTAL – Waterfront 3,289 sf, 4BR/2.5BA in Heart of Oriental on Tarpon Channel on Whittaker Creek, the most protected deepwater location in Oriental. Not in flood zone; no flood insurance required. Expertly designed landscaping, detached garage/workshop, detached storage building, 32' boat dock with 100' of waterfrontage. No HOA, no HOA fees.

No HOA, no HOA fees.

OFFERED AT \$ 595,000



ORIENTAL – Spectacular 3BR/3BA in Village. Living room opens to deck with privacy wood fencing along backyard. Sunroom w/ wood interior, loft & skylight. 20' X 20' metal detached garage/ workshop is fully-insulated with heat & AC, work benches & tables.

OFFERED AT \$ 650,000

See all Listings & Visual Tours at www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014
Or contact Allen Propst
252-671-4644
704 Broad St, PO Box 750, Oriental, NC 28571

#### THIS WEEK IN HISTORY

by: Hiram Lupton

- January 8th Today is National Bubble Bath Day. I take showers.
- January 9th Today is National Law Enforcement Appreciation Day.
- January 10th Today is National Houseplant Appreciation Day.
- January 11th Today is National Milk Day.
- January 12th Today is National Pharmacist Day.
- January 13th Today is National Clean Off Your Desk Day.
- January 14th 1784, the Treaty of Paris was ratified by Congress officially ending the American Revolution. Also, in 1990, The Simpsons debut on FOX-TV.

#### **BIRTHDAYS THIS WEEK**

January 8th – 1935, Elvis Presley

January 8th - 19??, Entrepreneur Jane Potter

January 10th – 1949, Heavyweight boxing champ George Foreman

January 10th - 19??, Chef Barry Monk

January 11th – 19??, PCMS teacher and coach Eric Hardison

January 12th - 1951, Actress Kirstie Alley

January 13th - 1961, Actress Julia Louis-Dreyfus

January 14th - 19??, Dedicated public servant Pat Lee Prescott





Prime Time provides services and activities promoting the physical, social, mental and spiritual well being of individuals aged 50+ in Oriental and surrounding Pamlico County. Prime Time partners with numerous organizations bringing together many resources helping area residents sustain an enriched and independent quality of life.

Director Phone: 252-675-0909 • Email: director@primetimepamlico.org

Breakfast with Friends @ Brantley's Thursday's - January 9, 16, 23 & 30 8:30 am

Please join the group at Brantley's (Center Room) for breakfast. The breakfast will continue every Thursday at 8:30. (Except for when they are closed). Come as you are able. Breakfast is on your own. All are invited!

**Prayer Shawl** Thursday's - January 9, 16, 23 & 30

Crochet, knit shawls or lap robes to share with those that are in need. Please call Leigh Price for details.

Oriental United Methodist Church - Fellowship Hall

Game Day Wednesday - January 8

919.219.2446.

2:00 pm - 4:00 pm

Oriental United Methodist Church - Fellowship Hall

Prime Time Game Day is returning to the Oriental United Methodist Church Fellowship Hall. Please join us for an afternoon of fun-filled board games, cards, and fellowship! Beginners are welcome with hands-on instruction offered by other players.

Weight Management Monday, January 13 10:00 am - 2:00 pm

Lori Brinson Altman, PharmD a Pharmacist and Wellness Advocate and co-owner of Bayboro Pharmacy and Wellness Center

Embarking on a successful weight management journey requires a strategy that encompasses not just nutrition, but many other aspects. It's essential to understand that weight management is not a one-sizefits-all solution; it involves recognizing and addressing personal challenges. By prioritizing proper food choices and integrating healthy habits into daily routines, individuals can navigate their unique circumstances and achieve sustainable weight goals. Embrace this

multifaceted approach to transform your lifestyle and unlock the path to a healthier you! Following the seminar, we will go into the kitchen to

Advance Registration is required: director@primetime-

prepare a nutritious, healthy meal to share.

Pancakes for Prime Time A Fundraising Event with

Silent Auction Thursday, January 23

4:30 pm - 7:00 pm **Brantley's Village Restaurant** 

Donations of items for the silent auction are being accepted. Services, dinners, merchandise. Please call Debora @ 252.675.0909 or drop by OUMC

Tickets on Sale Now @ OUMC, Nautical Wheelers, Brantley's or from Prime Time Board Members.

Ports, Pilotage, & Shipping in Colonial NC Maritime Heritage Lecture Series Thursday, January 30 Starts @ 11 am

**Fort Macon Coastal Education Center** Group Lunch Following Program (Lunch On Your

Car pooling is suggested. Please register with director@primetimepamlico.org

Join Maritime History Curator David Bennett to learn about the economic role of shipping in colonial North Carolina. In addition, the lecture will discuss the rise of ports and pilotage and how they facilitated economic development.

The informal lectures focused on North Carolina's rich maritime history, coastal environment, and culture. The lectures are currently being held in the Fort Macon Coastal Education Center and streamed via Zoom. Visit ncmaritimemuseumbeaufort.com/virtual to sign up to receive the Zoom links. Programs are also posted to the museum's YouTube channel.

#### Concerned about your drinking?

You are not alone, there is help available! Come join others who have found a Solution! Alcoholics Anonymous: New Bern Hotline (252) 349-0898 Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

Thursday \*7:30pm\*\* - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center) Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday \*7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left) https://aaeasternnc.org/ https://aanorthcarolina.org/ https://www.aa.org/

#### The Pamlico News

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newspaper editorials and letters to the editor on the issues of the day.

The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

### COMMUNITY

#### **OBITUARIES**



Lillie Mae Barker Pegram, **86**, of Bayboro passed away Monday, January 6, 2025, at CarolinaEast Medical Center.

Lillie Mae is a member of Washington Church of God of Prophecy but was recent-

ly attending Bridgeton Pentecostal Holiness Church.

She was preceded in death by her husband, Russell Pegram, Sr.; her parents, Jim and Lillie Barker; brothers, Floyd, J.C., Roosevelt, and Gilbert; sisters, Arzella Midyette, Christine Modlin, Caralee Lancaster, Edna Lancaster, and Elizabeth Barker; and greatgreat grandson, Everette Wayne Pegram. She leaves behind to cherish her memory her son Russell Pegram, Jr. and wife, Annette; daughter, Sheila Pegram; brother, Candler Barker; sisters, Ethel Warner, Margie Peedin, and Beatrice Apple; grandchildren, Mary Boyd, David Pegram (Julie), and Ryan Toler (Erin); great grandchildren, Kristin, Amber, Catherine Alexis, Guy, Halle, and Grayson; and great-great grandchildren, Broughton, Aleese, Madison, and Lilv.

A funeral service to honor Lillie Mae's life will be held at 11:00 a.m., Friday, January 10th at Daniels-Sadler Funeral Home Chapel with the Rev. Kenneth Dixon officiating. Interment will be in Celestial Memorial Gardens.

The family will receive friends one hour prior to the service at the funeral home.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance.

#### Elizabeth Harwick Selected as a Judge for National Future City Competition



proud to share that Elizabeth Harwick, our Public Information Officer, has been selected as a judge for the National Future City Competition! This prestigious event, which inspires middle school students to design and build cities of the future,

launches its inaugural high school competition this year, marking an exciting milestone for the program.

Elizabeth's connection to Future City runs deep, having previously led a student team through this transformative experience. Her firsthand understanding of the program's impact makes

Pamlico County Schools her an excellent choice to evaluate the innovative projects submitted by teams across the nation.

> The Future City Competition challenges students to solve real-world sustainability and engineering challenges by blending engineering, science, math, and creativity. Participants work in teams to tackle a yearly theme, develop city models, write essays, and present their futuristic ideas

> Elizabeth will bring her expertise and enthusiasm to the judging panel, representing Pamlico County Schools on the national stage and encouraging the next generation of problem-solvers.

> Please join us in congratulating Elizabeth on this honor and wishing her the best as she supports the visionaries of tomorrow!

#### Two Pamlico County residents face trafficking charges after drug bust on US Hwy 70

by News 12 Staff

Two Pamlico County residents were arrested on Saturday, Dec. 28, and charged with trafficking opium/heroin after a traffic stop on Hwy 70.

Gabrielle Alexis Armstrong, 30, and Jeramy Wayne Lewis, 40, were traveling eastbound on US Hwy 70 when the Craven County Sheriff's Office Special Investigations Bureau, along with K9 Bureau, conducted a traffic stop.

Probable cause was established and officials say that a search of the vehicle led to the seizure of approximately 7.7 grams of fentanyl and several items of drug paraphernalia.

Gabrielle Alexis Armstrong was arrested and charged with:

- Two counts of Trafficking Opium/Heroin
- · Possession with Intent to Manufacture, Sell, and Deliver a Schedule II Controlled Substance
- Felony Maintaining a Vehicle/Dwelling for **Controlled Substances**
- Possession of Drug Paraphernalia

She was held at the Craven County Detention Center with a \$1,000,000 secured bond. Armstrong is scheduled for her first court appearance on January 2, 2025, at



9:00 AM in Courtroom #4 at the Craven County Courthouse.

Jeramy Wayne Lewis was also arrested and

charged with: Two counts of Trafficking Opium/Heroin

- Possession with Intent to Manufacture, Sell, and Deliver a Schedule II Controlled Substance
- Felony Maintaining a Vehicle/Dwelling for Controlled Substances
- · Possession of Drug Paraphernalia

Lewis was also held at the Craven County Detention Center with a \$1,000,000 secured bond and is scheduled for his first court appearance on January 2, 2025, at 9:00 AM in Courtroom #4 at the Craven County

#### roscopes



ARIES - Mar 21/Apr 20

Focus on collaboration this week, Aries. Teamwork leads to unexpected rewards if you are open to others' ideas, so remain receptive to the input of teammates.



TAURUS - Apr 21/May 21

Taurus, when a project presents itself to you, stay grounded and run through all the components carefully. Employ the same strategy when going over financial opportunities.

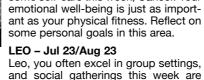


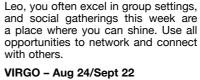
GEMINI - May 22/Jun 21

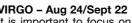
Gemini, clear up any misunderstandings and express your thoughts openly with others this week. Communication is certainly key at this juncture in time.



CANCER - Jun 22/Jul 22 It is important that you take time for some self-care this week, Cancer. Your







It is important to focus on your worklife balance right now, Virgo. Prioritize important tasks, but also make time for relaxation. Small changes to your routine can be ideal.



LIBRA - Sept 23/Oct 23

Embrace your artistic side this week, Libra. Consider a new hobby that will keep your mind busy. Social activities that involve creative pursuits also can bring inspiration and joy.



Allow home and family to take center stage, Scorpio. Spend as much time as possible with loved ones and try to

SCORPIO - Oct 24/Nov 22

solved issues. SAGITTARIUS - Nov 23/Dec 21 Sagittarius, this week focus on activities that afford a chance to learn and explore. You might want to take a class or try a

get to the root of any persistent, unre-



new hobby. Curiosity can be exciting. CAPRICORN - Dec 22/Jan 20 Financial matters may require some attention right now, Capricorn. Examine your budget and figure out if

to how you're managing money.



AQUARIUS - Jan 21/Feb 18 Aquarius, new ideas may lead to some personal projects that inspire you. You might find that you'll be quite busy on these self-imposed tasks for the next couple of weeks.



PISCES - Feb 19/Mar 20 This is a good time to focus attention inward, Pisces. Make time for reflection and even some meditation if that is something that interests you. The rewards will be worth it.

#### **CAPRICORN** Traits & Overview

The last earth sign of the zodiac, Capricorns and their unique spirits are powerful, to say the least. I've worked with thousands of clients over my nearly-10 year-long career as a professional astrologer, and I can confirm that there's something that makes Capricorn extremely special. Perhaps it's their fearless ambition? Their limitless resilience? Their ability to keep pushing forward, even in the face of challenging adversity and painful strife? Or, maybe it's their secret wild side that's very rarely depicted in standard personality assessments, but that rumbles within the soul of every Capricorn: Not everyone gets to see Capricorn ordering rounds of tequila, dancing on the table, and staying out until the crack of dawn-but that rebellious, untamed spirit is a Capricorn asset. I mean, how else do you expect this zodiac sign to let loose and have fun?

Interestingly, Capricorns are said to age backwards: they become increasingly youthful, optimistic, and playful as they mature. Indeed, inside every earnest Capricorn is a mischievous troublemaker Though this earth sign may seem a bit conservative and restrained at first, Capricorn's closest friends and lovers know that these sea goats love to party.

FOR ENTERTAINMENT PURPOSES ONLY

#### FINANCIAL FOCUS

#### Time for New Year's financial resolutions



Now that the calendar has flipped, it's time for some New Year's resolutions. You could decide you're going to exercise more, lose weight, learn a new skill, reconnect with old friends — the possibilities are almost limitless. This year, why not add a few financial resolutions to your list? Here are a few to consider:

• Reduce your debts. It may be easier said than done, but if you can cut down on your debt load, you'll increase your cash flow and have more money available to invest for your future. So, look for ways to lower your expenses and spending. You might find it helpful to use one of the budgeting apps available online.

• Boost your retirement savings. Try to put in as much as you can afford to your IRA and your 401(k) or other employer-sponsored retirement plan. If your salary goes up this year, you've got a good opportunity to increase your contributions to these retirement accounts. And once you turn 50, you can make pre-tax catch-up contributions for your 401(k) and traditional IRA. You might also want to review the investment mix within your 401(k) or similar plan to determine whether it's still providing the growth potential you need, given your risk tolerance and time horizon.

• Build an emergency fund. It's generally a good idea to maintain an emergency fund containing up to six months' worth of living expenses, with the money kept in a liquid, lowrisk account. Without such a fund, you might be forced to dip into your long-term investments to pay for short-term needs, such as an expensive auto or home repair.

• Keep funding your non-retirement goals. Your traditional IRA and 401(k) are good ways to save for retirement — but you likely have other goals, too, and you'll need to save and invest

for them. So, for example, if you want your children to go to college or receive some other type of post-secondary training, you might want to invest in a tax-advantaged 529 education savings plan. And if you have short-term goals, such as saving for a wedding or taking an overseas vacation, you might want to put some money away in a liquid account. For a short-term goal, you don't necessarily need to invest aggressively for growth - you just want the money to be there for you when you need it.

• Review your estate plans. If you haven't already created your estate plans, you may want to do so in 2025. Of course, if you're relatively young, you might not think you need to have estate plans in place just yet, but life is unpredictable, and the future is not ours to see. If you have already drawn up estate plans, you may want to review them, especially if you've recently experienced changes in your life and family situation, such as marriage, remarriage or the addition of a new child. Because estate planning can be complex, you'll want to work with a qualified legal professional.

You may not be able to tackle all these resolutions in 2025. But by addressing as many of them as you can, you may find that, by the end of the year, you have made progress toward your goals and set yourself on a positive course for all the years to come.

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#### Winter Garden and Landscape Chores

By: Daniel Simpson County Extension Director, Agriculture Agent



Winter is here but spring is just around the corner. Use this time to perform a few garden chores and starting planning for spring planting. One of the easiest chores to perform this time of year is soil testing. Soil testing should be conducted every 2-3 years, and provides a snapshot of your current soil fertility and pH levels. You can pick up all the soil testing

materials you will need to submit a sample at our office, and then submit that sample to the North Carolina Department of Agriculture Agronomic Division for analysis http://www.ncagr. gov/agronomi/. By amending your soil now, you will be prepared





for spring planting.

Winter dormancy pruning can also be conducted during the next couple of months. To learn more about pruning of fruit trees, review the Extension publication 'Training and Pruning Fruit Trees in N.C.' at https://content.ces.ncsu.edu/ training-and-pruning-fruittrees-in-north-carolina. You can also find several videos from Extension Tree Fruit Specialist, Dr. Mike Parker, for peach and pecan tree care through our NC

State Extension YouTube channel at https://www.youtube.com/ user/NCExtension.

Remember to hold off on heavy pruning of spring flowering shrubs like Azaleas and Camellia. Wait until they have flowered then proceed to make those cuts. Pruning of these plants early may result in removal of flower buds. Summer flowering plants like Crape myrtle and evergreen shrubs can be pruned immediately. However, try not to remove more than 1/3 of the canopy of any plant during one year. Light, corrective pruning all year long is much easier than large, heavy pruning during winter. Winter pruning generally invigorates plants, so look out for a large flush of new growth in the spring. For specifics on when and how to make those pruning cuts, visit the NC State Extension publication 'General Pruning Techniques' at https://content.ces.ncsu. edu/pdf/general-pruning-techniques/2014-09-29/general-pruning-techniques.pdf.

Planting of trees and shrubs can be conducted almost yearround with containerized plants, but establishment is much easier when planting occurs during cooler parts of the year. With less demand for canopy growth, plants can focus energy on root development before the spring warm-up begins. Remember not to plant too deeply and encourage root growth by pruning back restricted roots systems that occur in containers. For more planting tips, review the NC State Extension video series from Dr. Barbara Fair, Extension Horticultural Specialist, at https://horticulture.ces.ncsu.edu/horticulture-ornamentals/landscaping/



Lastly, do not forget about those winter lawn weeds. Winter annuals and perennials are much easier to control in the fall, but we can still take action now. Most winter weeds are broadleaf plants and can be controlled with mixtures of broadleaf herbicides like Ortho-Weed-B-Gone or Speed Zone Southern. However, cold temperatures will decrease efficacy of these products and add additional time before you notice results. Just be patient and follow the label directions. Stay away from "weed and feed" products during the dormant season. Save the fertilizer for after spring green up, as applications of nitrogen fertilizer during winter dormancy is not recommended for warm season grasses. For more information on identifying & controlling winter weeds follow this link to the N.C. State Extension Turffiles website at https://www.turffiles.ncsu.edu/.

For more information on any of these subjects, please contact Daniel Simpson at 252-745-4121 or Daniel\_simpson@ncsu.edu.

Look deep into nature, and then you will understand everything better. -Albert Einstein







## I don't call them New Year's resolutions. I prefer to call them: casual promises I make to myself that I am under no legal obligation to fulfill.

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## The Famous Man from Tally Ho

D.G. Martin

Who is the most famous North Carolinian today?

If you check the latest edition of the World Almanac as I do this time every vear, you will find a list of "Famous North Carolinians."

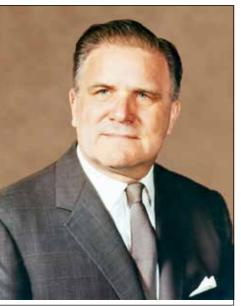
That list includes the following people, but not today's most famous person from our state.

Read over the names on the World Almanac list and then I will tell you today's most famous person: David Brinkley, Shirley Caesar, John Coltrane, Stephen Curry, Rick Dees, Elizabeth Hanford Dole, Dale Earnhardt Sr., John Edwards, Ava Gardner, Richard Jordan Gatling, Billy Graham, Andy Griffith, O. Henry, Andrew Jackson, Andrew Johnson, Michael Jordan, William Rufus King, Charles Kuralt, Meadowlark Lemon, Dolley Madison, Thelonious Monk, Edward R. Murrow, Richard Petty, James K. Polk, Charlie Rose, Carl Sandburg, Enos Slaughter, Dean Smith, James Taylor, Thomas Wolfe.

But that list does not include the North Carolinian most talked about across the world recently: a man who grew up in the Tally Ho community of Granville County.

On Christmas Day 2021 a \$10 billion giant telescope to replace the aging Hubble scope was launched from French Guiana. The launch was successful, and the device has unfolded its antenna, mirror, and tennis-court-sized sunshield, as it moved toward a final orbit.

The Hubble, at work for more than 30 years, was named for Edwin Powell Hubble, an American astronomer who died in 1953. He was an important astronomer whose work



provided evidence that the universe is expanding.

The new observatory-telescope is about 100 times more sensitive than the Hubble. As described by Dennis Overbye in the Oct. 20, 2021, edition of The New York Times, "Orbiting the sun a million miles from Earth, it will be capable of bringing into focus the earliest stars and galaxies in the universe and closely inspecting the atmospheres of nearby exoplanets for signs of life or habitability."

So, what does all this have to do with Granville County and the most talked-about North Carolinian?

The new telescope is named the James Webb Space Telescope. Like the Hubble, the James Webb Space Telescope, or JWST, or Webb Telescope, or simply the Webb, will be in almost every news story about space exploration for many years. Every young person studying astronomy or reading about space will see his name. It will be everywhere.

Why is this critical device named for Webb?

Lewis Bowling, who, like Webb grew up working in the tobacco fields and barns of Granville County, explained in his column in the December 30, 2021, edition of the Oxford Public Ledger, County's Granville twice-weekly newspaper. "James Webb, who grew up in the sticks like me, surrounded by great big fields of tobacco was the man most responsible for leading us to the moon. Let me clarify something: James Webb was born in Tally Ho near Stem, so he was a country boy like me, but obviously a lot smarter. Webb knew and worked for several presidents and was the National Aeronautics and Space Administration director under Presidents Kennedy and Johnson. As former North Carolina Congressman L. H. Fountain once said, 'for the first time since the beginning of the world there are now footprints on the moon, and the major share of credit goes to a distinguished son of Granville County, James E. Webb."

I wrote that I would bet that there will be a new entry in the latest World Almanac's list of "Famous North Carolinians."

I believed the new entry would be James Webb from Tally Ho.

But Webb has still not yet made the World Almanac's list.

I will be looking for Webb's name when the 2026 World Almanac comes out next fall hoping that its editors do not again forget to add James Webb to their list.

D.G. Martin, a retired lawyer, served as UNC-System's vice president for public affairs and hosted PBS-NC's North Carolina Bookwatch.



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Each member of this dynamic group brings a diverse musical background from opera and musical theater, to gospel and R&B. Described by audiences as a "powerhouse display of vocal panache and sheer class", Vox Fortura is bringing classical vocals back into the mainstream, filling every

wow-factor performance with personality and style. They can perform almost any era or genre of music in their iconic crossover style from composers Puccini and Carl Orff to David Bowie, John Legend, and Stevie Wonder.

Tickets to the concert are \$30 and are available in Oriental at Nautical Wheelers, 411 Broad Street,

in New Bern at Nautical Wheelers, 202A Craven Street, and online at pamlicomusic.org.

For helping to make this concert possible, the Pamlico Musical Society wishes to thank our season sponsors: Beth Frazer Real Estate & Rentals and Village Realty; business sponsors: Delamar and Delamar, PLLC; and individual sponsors: Carol & Bill DeMoranville.

Celebrating 27 years of presenting great music for our community, the Pamlico Musical Society is a non-profit organization bringing quality musical entertainment, enrichment, and education to Pamlico County. We welcome your support! To learn more about the benefits of joining our group, including advance ticket sales and artist receptions, call 252-617-2125 or visit www.pamlicomusic. org, and like us on Facebook @pamlicomusic.

#### IN MEMORIAM

The following Obituaries appeared in 2024 Pamlico News.

#### JANUARY

Darrell Browning Cayton, Sr., 82, Aurora Charles Warren Spruill, Jr., 74, Oriental Hilda Simpson Brinson, 78, Arapahoe Martha Gail Dixon Brigman, 72, Bayboro Natalie Norma Day Griffin, 63, Grantsboro James David Broughton, 80, Grantsboro Dwight Towns "D.T." Wilkinson, Jr., 88, Alliance Janice Rose Willis, 76, Grantsboro Kenneth (Kenny) Mason, 68, Oriental

#### **FEBRUARY**

Beverly Bland Holton, 65, Bayboro Damian Ray Nobles, 22, Bayboro

#### MARCH

Donna Heatherington, 90, Raleigh Daniel Bryan Oliver, Sr., 98, Arapahoe James Melvin "Butch" Hardison, Jr., 75, Arapahoe Josephus J.H.P. Muffels,

#### APRIL

Kathy Spruill Schmidt, 69, Oriental

#### MAY

Bennie Harris Black, 86, formerly of Pamlico County Jennings "Jimmy" Bryan Tingle, 77, Merritt Amanda Fay Peele, 74, Aurora Levy Robert O'Neal, 93, Reelsboro Deborah Lynn Furey, 72, Oriental

#### June

Arlene Haddock Willis, 79, New Bern Shirley Dowdy Morris, 89, Mesic Kay Sharon Lupton Durden, formerly of Pamlico County Judith Lee Baker-Privette, 81, Oriental

#### JULY

Carole Ann Jamerson (Chandler), 79, Oriental Warren Thomas Winchester, Jr., 72 Susan Henri Johnson McClees, 75, formerly of Oriental

#### **AUGUST**

Tsuneko Tyndall, 96 Ernest Russell Hudson, 85, Pamlico County Sarah Imogene Land Dunbar, 90, Bayboro Shirley Mae Duell Edwards, 86, New Bern

#### **SEPTEMBER**

Linda Carol Scott Potter, 81, Bayboro William Adrian Whorton, 71, Whortonsville Bobby Lane Woolard, 59, Grantsboro Richard McAdoo, 82, Merritt Elizabeth (Betty) Mary Callahan, 88, Oriental

#### OCTOBER

Phillip M. Banks, 80, Arapahoe Terry R. Garner, 79, Bayboro Dorothy Spruill Tingle, 94, Oriental Alice Ann Dixon Woodard, 94, Reelsboro Linwood A. "Skip" bailey, 77, Oriental Shirley Estelle Stevenson Brinson, 94, Reelsboro Kenneth "Kenny" Evan Whorton, 61, Bayboro

#### NOVEMBER

Johnnie Marvin Ireland, 68, Oriental Debby Hardison Cuthrell, New Bern and Pamlico County Janice Ethel Sears Davis, 86, Grantsboro Carol Herman, 88, Oriental

#### DECEMBER

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#### 4 fun facts about the month of January

January marks the start of a new year, and that sense of a new beginning is palpable for millions of people across the globe. New Year's resolutions are typically made at the start of January, and those can serve as a springboard to an enjoyable year. As the calendar turns to January, there's much to learn about this meaningful month.

1. The Roman god Janus is the namesake for the first month of the year. Janus was considered the protector of gates and doorways and the god of beginnings and transitions, among other things. Given those qualities, it's no wonder Janus is the

namesake for the first month of the year.

2. Though it's not considered part of the holiday season, January boasts its fair share of holidays, and some Christians even consider it the end of the holiday season. Celebrated by some on January 6, the Epiphany is a Christian feast day that commemorates the visit of the Magi, the baptism of Jesus Christ and the wedding at Cana. Though some Christian celebrants may take down their holiday decorations, including their Christmas trees, before the dawn of the new year, those who commemorate the Epiphany may wait until January 6 to pack things up. In addition to the Epiphany, the January calendar also features holidays such as New Year's Day and Martin Luther King, Jr. Day.

3. Though they might not be officially recognized holidays, two very influential figures in American history were born in January. Founding Father Benjamin Franklin, who helped to draft the Declaration of Independence, was born on January 17, 1706, in Boston in what was then known as the Province of Massachusetts Bay. Nearly 230 years later, Elvis Presley was born on January 8, 1935, in Tupelo, Mississippi. Though he was not official royalty, Elvis is still considered the "King of Rock and Roll," and one can only wonder what Benjamin Franklin might have thought about that designation had he been around to hear it.

4. The Farmer's Almanac reports that there is some folklore associated with January weather. Though some might welcome a warmer January than they're accustomed to, the prevailing folklore around January weather suggests a summer-like January will result in a winter-like spring. In addition, fog in January is associated with a wet spring. So anyone hoping for a warm and dry spring might want to hope for and subsequently grin and bear any cold weather that comes their way in January.

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#### Churches of Pamlico Photo by: Hiram Lupton



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## Health&Wellness

## OPEN YOUR EYES TO THE THREAT OF GLAUCOMA



It is easy to take sight for granted when eyes are working as they should. When vision begins to diminish, people may seek the advice of an eye professional to determine if there is something they can do to prevent further deterioration.

Glaucoma is the second leading cause of blindness in the world, advises the Cleveland Clinic. Unlike some other vision problems like cataracts that affect the lens or surface of the eye, glaucoma impacts the optic nerve directly. However, blindness from glaucoma often can be prevented with early treatment.

#### Under pressure

Glaucoma is brought on by abnormal pressure buildup in the eye. The American Academy of Ophthalmology® says the eye constantly makes a substance known as aqueous humor. When new aqueous humor flows into the eye, existing aqueous humor should drain out through an area called the drainage angle. But if the drainage angle is not working correctly, the fluid builds up and intraocular pressure in the eye increases. Over time, this pressure damages the optic nerve. The primary function of the optic nerve is to transmit visual information from the retina to the brain.

#### Open-angle and closed-angle glaucoma

The most common type of glaucoma is known as open-angle glaucoma, which occurs when the drainage angle becomes blocked or there is resistance to the fluid draining out, says the Cleveland Clinic. This disease may go undetected for years because most people do not experience symptoms early on. The Mayo Clinic says gradual development of blind spots in peripheral vision and, in later stages, difficulty seeing things in central vision may occur.

In closed-angle glaucoma, also called angle-closure glaucoma, a person's iris is very close to the drainage angle and the iris itself can end up blocking the drainage angle. When the drainage angle becomes completely blocked, pressure in the eye can rapidly increase. The AAO says this is known as an acute attack and is a true emergency that can result in blindness. Signs of an acute attack include:

- Suddenly blurry vision
- Severe eye pain
- Headache
- NauseaVomiting
- Rainbow-colored rings or halos appearing around lights

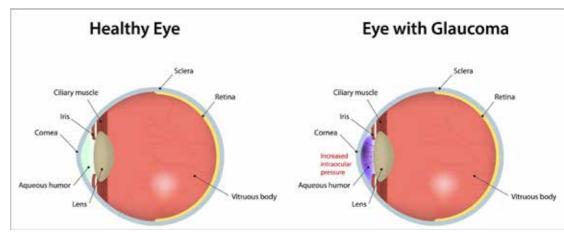
#### Glaucoma risk factors

Glaucoma can affect anyone, but the risk increases with age (over 60) and is higher among Black and Hispanic populations. Asian and Inuit populations are more susceptible to closed-angle glaucoma, says the Cleveland Clinic. People with diabetes also have a much higher risk of getting glaucoma. In addition, individuals with a family history of glaucoma; people with high blood pressure; and people with previous eye injury or surgery are at risk for glaucoma.

#### Treatment

The main treatment for glaucoma includes prescription eye drops that will decrease fluids and improve drainage in the eye. Laser therapy also may be recommended to help improve fluid drainage. Surgery also can achieve better eye pressure, but it is more invasive and additional methods may be tried first.

Glaucoma is not something to take lightly. Routine eye exams that measure intraocular pressure can help determine if eyes are healthy.









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## COASTAL LIVING

#### Learn at the Tuscarora Educational Powwow

Hosted by the New Bern Historical Society Sunday, January 26, 2025

Presented by Kaya and Kat Littleturtle



NEW BERN, NC, Join the New Bern Historical Society as they learn from the Cypress Society Singers and Dancers as they Present the Tuscarora Educational Powwow Sunday, Jan 26, 2025 at 2pm at Craven Community College's Orringer Auditorium.

Cypress Society Singers and Dancers represent the Kahtehnuaka Tuscarora peoples that reside here in these lands that are now called North Carolina. This event is primarily led by Kat Littleturtle

(Kahtehnuaka) and Kaya Littleturtle (Kahtehnuaka). They will share wisdom and traditions established by generations of knowledge kept by lifetimes of resiliency. You will be told the old stories of the eastern woodland native nations and shown the old dances and songs led by various members of the group. The audience will go on a journey that began at the beginnings of creation and get a glimpse of the culture and traditions of the original inhabitants of turtle island.

Come join us on January 26th at 2pm at Orringer Auditorium to hear these untold stories and get a glimpse into the culture and traditions that defined this region before Baron DeGraffenreid and John Lawson arrived. Tickets are \$12 for members, active duty military, and students; \$15 for nonmembers. Reservations available online at www.NewBernHistorical.org or by calling 252-638-8558. A portion of the proceeds will go to supporting

the Cypress Society Singers and Dancers.

Dancers.

The mission of the New Bern Historical Society is to celebrate and promote New Bern and its heritage through events and education. Offices are located in the historic Attmore-Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical. org or www.facebook.com/ NewBernHistoricalSociety.









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## Healthy hobbies families can enjoy together

Resolutions to get fit might garner the bulk of people's attention come New Year's Day. But resolution season also marks a great time for busy families to commit to spending more time togeth-

Hobbies can bring people together, which makes them an ideal outlet for families who want to spend more time with one another. Families on the lookout for hobbies they can enjoy together can consider the following activities.

• Hiking: Hiking is a family-friendly activity that's free and ideal for individuals who also want to turn over a healthy leaf as the new year dawns. The cardiovascular benefits of hiking are well-documented and include lowering hikers' risk for serious ailments, including heart disease. But the exposure to nature that hiking provides can benefit entire families. A 2015 study published in the journal Landscape and Urban Planning found that hiking can help to reduce feelings of anxiety. Hiking trails run the gamut from flat trails that are ideal for families that include young children to more challenging trails that require a little climbing.

• Cycling: Cycling is another healthy, family-friendly hobby. The experts at MD Anderson Cancer Center note that cycling builds muscle, helps people maintain a healthy weight, releases endorphins that can make it easier to relieve and manage stress, and improves balance. Both adults and children can reap those rewards. When cycling with young children, parents can look for flat cycling paths that won't discourage kids or require them to do more than their bodies can handle. Older children and teenagers

can handle more challenging paths, and parents of children in these age groups can even consider incorporating mountain biking into their cycling routines.

• Cooking: There are plenty of family-friendly hobbies that can be enjoyed at home. Cooking is one such hobby, and it can have some surprising benefits for youngsters. According to Nemours KidsHealth\*, cooking can be a great way for parents to reinforce basic math skills kids are learning at school.

Older kids who don't need such lessons can benefit from cooking with their parents by learning to prepare nutritious meals that can lay the foundation for healthy eating habits throughout

• Painting: Painting together as a family can benefit both adults and children in unique ways. Harvard Medical School notes that studies have found that artistic expression can help people with depression and anxiety. Young children, including preschoolers, also can benefit from painting, which helps them develop both their fine and gross motor skills and improves hand-eye coordination. Parents of adolescents should know that painting has also been found to be a productive outlet for teenagers to express themselves, and the process of seeing a painting project through from inception to completion can boost confidence and self-esteem.

As the new year dawns and resolutions are made, families can look to various hobbies they can engage in together to make the year ahead both happy and healthy.



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#### Notice to Creditors North Carolina, Pamlico County

All persons, firms and corporations having claims against the Estate of Carl Vincent Williamson, deceased, of Bayboro, NC, are notified to present the same to the personal representative listed below on or before April 8, 2025, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 8th day of January, 2025.

Cindi M. Quay, Administrator of the Estate of Carl Vincent Williamson c/o Quay & Associates, P.A.

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PUBLICATION DATES: 1/8/2025; 1/15/2025; 1/22/2025; 1/29/2025

#### AMENDED NOTICE OF FORECLOSURE SALE 24 SP 40

Under and by virtue of the power of sale contained in a certain Deed of Trust made by Thomas R. Hoskins (Deceased), Maria Hoskins and Jonathan Hoskins (PRESENT RECORD OWNER(S): Thomas R. Hoskins and Maria Hoskins and Jonathan Hoskins) to PRLAP, Inc., Trustee(s), dated December 8, 2006, and recorded in Book No. 484, at Page 548 in Pamlico County Registry, North Carolina, default having been made in the payment of the promissory note secured by the said Deed of Trust and the undersigned, Substitute Trustee Services, Inc. having been substituted as Trustee in said Deed of Trust by an instrument duly recorded in the Office of the Register of Deeds Pamlico County, North Carolina and the holder of the note evidencing said indebtedness having directed that the Deed of Trust be foreclosed, the undersigned Substitute Trustee will offer for sale at the courthouse door in Bayboro, Pamlico County, North Carolina, or the customary location designated for foreclosure sales, at 12:00 PM on January 21, 2025 and will sell to the highest bidder for cash the following real estate situated in Arapahoe in the County of Pamlico, North Carolina, and being more particularly described as follows: Being Lot No. 85, Phase 1, of the subdivision known as Arlington Place as shown on that certain plat or map entitled "Arlington Place, Phase 1, Township 5, Minnesott Beach, Pamlico County, North Carolina",

#### **LEGALS**

JR., Professional Land Surveyor, dated October 2, 2006 and duly recorded in Plat Cabinet A, Slide 153, Pages 17 through 20 and slide 154, Pages 1 through 8, of the Public Registry of Pamlico County, North Carolina. Together with improvements located thereon; said property being located at 38 Wild Swan Lane, Arapahoe, North Carolina.

Trustee may, in the Trustee's sole discretion, delay the sale for up to one hour as provided in N.C.G.S. §45-21.23.

Should the property be purchased by a third party, that party must pay the excise tax, as well as the court costs of Forty-Five Cents (\$0.45) per One Hundred Dollars (\$100.00) required by N.C.G.S. §7A-308(a) (1).

The property to be offered pursuant to this notice of sale is being offered for sale, transfer and conveyance "AS IS, WHERE IS." Neither the Trustee nor the holder of the note secured by the deed of trust/security agreement, or both, being foreclosed, nor the officers, directors, attorneys, employees, agents or authorized representative of either the Trustee or the holder of the note make any representation or warranty relating to the title or any physical, environmental, health or safety conditions existing in, on, at or relating to the property being offered for sale. and any and all responsibilities or liabilities arising out of or in any way relating to any such condition are expressly disclaimed. Also, this property is being sold subject to all taxes, special assessments, and prior liens or prior encumbrances of record and any recorded releases. Said property is also being sold subject to applicable Federal and State laws.

A deposit of five percent (5%) of the purchase price, or seven hundred fifty dollars (\$750.00), whichever is greater, is required and must be tendered in the form of certified funds at the time of the sale.

If the trustee is unable to convey title to this property for any reason, the sole remedy of the purchaser is the return of the deposit. Reasons of such inability to convey include, but are not limited to, the filing of a bankruptcy petition prior to the confirmation of the sale and reinstatement of the loan without the knowledge of the trustee. If the validity of the sale is challenged by any party, the trustee, in its sole discretion, if it believes the challenge to have merit, may request the court to declare the sale to be void and return the deposit. The purchaser will have no further remedy. Additional Notice for Residential Property with Less than 15 rental units, including Single-Family Residential Real Property

An order for possession of the property may be issued pursuant to N.C.G.S. § 45-21.29 in favor of the purchaser and against the party or parties in possession by the clerk of superior court of the county in which the property is sold.

Any person who occupies the property pursuant to a rental agreement entered into or renewed on or after October 1, 2007, may after receiving the notice of foreclosure sale, terminate the rental agreement by providing written notice of termination to the landlord, to be effective on a date stated in the notice that is at least 10 days but not more than 90 days. after the sale date contained in this notice of sale, provided that the mortgagor has not cured the default at the time the tenant provides the notice of termination. Upon termination of a rental agreement, the tenant is liable for rent due under the rental agreement prorated to the effective date of the termination.

SUBSTITUTE TRUSTEE SERVICES, INC. SUBSTITUTE TRUSTEE c/o Hutchens Law Firm P.O. Box 1028 4317 Ramsey Street Fayetteville, North Carolina 28311 Phone No: (910) 864-3068

Phone No: (910) 864-3068 https://sales.hutchenslawfirm. com

Firm Case No: 22926 - 112750

NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
BRENT DAILY STOWE
File No.: 24 E 231

All persons, firms and corporations having claims against deceased, are notified to exhibit them to GLENN E. STOWE, ADMINISTRATOR on or before APRIL 8, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the abovenamed ADMINISTRATOR.

This 8TH DAY OF JANUARY

ESTATE OF BRENT DAILY STOWE C/O GLENN E. STOWE 203 CAMPEN RD BAYBORO, NC 28515 Publish JANUARY 8, 15,22 AND 29TH 2025

NORTH CAROLINA IN THE
GENERAL COURT
OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
CAROL E. HERMAN

Having qualified as Executor of the Estate of Carol E. Herman, late of Oriental, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 4626 10th Avenue North, St. Petersburg, Florida 3713-6127 on or before the 16th day of April, 2025 or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 8th day of January, 2025

Jeffrey E. Herman 4626 10th Avenue North St. Petersburg, FL 33713-6127

Publish: January 8, 15, 22 and 29th, 2025

HOLLOWELL & HOLLOWELL P.O. Box 218 Bayboro, NC 28515 (252)-745-5115

NORTH CAROLINA IN THE
GENERAL COURT OF
JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS AND
DEBTORS
OF JEFFERY ISAAC WATKIN
File No.: 24 E 245

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MARTINE G. WATKIN, EXECUTOR on or before APRIL 8, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 8TH DAY OF JANUARY 2025

ESTATE OF JEFFERY ISAAC WATKIN C/O MARTINE G. WATKIN 17 PRETTY LOOP ARAPAHOE, NC 28510

Publish JANUARY 8, 15,22 AND 29TH 2025.

# Long ago exactly one cat died from being fed four minutes past feeding time and cats have told their children this for 3,000 generations

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#### INSPECTIONS

prepared by Herbert J. Nobles,

Dec. 9, Benny Rose, Vandemere, building, \$1,950

Dec. 10, Stephen & Ann Dunn, New Bern, mechanical, \$100; Chip Gibbs, Arapahoe, electrical, \$150

Dec. 11, Salvador Lopez, Bayboro, electrical, \$150; DSW Homes/Pamlico County, Bayboro, demolition, \$0

Dec. 12, Dollar General, Oriental, mechanical, \$100; Banks Built, Bayboro, plumbing, \$50; Dan Fossi, Grantsboro, plumbing, \$50; Jim Aldridge, Vandemere, seawall, \$75.60; Scott Britton, Oriental, electrical, \$100

Dec. 16, Terry Walsh, Oriental, mechanical, \$100; Dan Fossi, Grantsboro, electrical 200 amp, \$150; Jennifer Williford, Merritt, fire, \$0; Rebecca Schill, Oriental, new modular, \$842.28; Reg Piland, Oriental, plumbing, \$50 Dec. 17, Jerry Fry, Arapahoe, electrical, \$200; Gypsy Gilliam, Grantsboro, remodel, \$729

Dec. 18, JC Jackson Homes, Grantsboro, new residential, \$1,551; Billy Boyette, Grantsboro, electrical, \$50 Dec. 20, Thomas & Susie Mulry,

Oriental, new house, \$2,229

Dec. 27, Zach Toleman, Oriental, electrical, \$50

#### PROPERTY TRANSFERS

Oct. 2, Arlington Place Lot: 51, Phase 1 PCA 153-17, Arlington Place Lot: 52 Phase 1, PCA 153-17 from William A. Cresswell, Catherine T. Cresswell to Susan Kingree Dodge, David Tennant Dodge, Jr., \$1,510

Oct. 2, Landings Hargett Lot: 20, Section II & 1,037 Sq. Ft.

Tract PCA 29-2 & PCB 11-10, Deed of Correction 719/421 from Nicholas R. Stark, Carolyn A. Stutts, Thomas G. Stone, Mary E. Stone to Nicholas R. Stark, Carolyn A. Stutts, \$0

Oct. 2, Deed of Correction 719/418; 0.3 AC Lot: 19 PCB 11-10 from Nicholas R. Stark, Carolyn A. Stutts, Thomas G. Stone, Mary E. Stone to Thomas G. Stone, Mary E. Stone, \$0

Oct. 2, 1/2 AC W/S Don E Lee (SR 1301) from Rex Smith, Gayla Smith to Marion Gibbs, \$0 Oct. 3, Sea Vista Pierce Creek Area Lot: 1 Addition III MB 10/2; Sea Vista Pierce Creek Area Lot: 2, Addition III MB 10/2; Sea Vista Pierce Creek Area Lot: 3, Addition III MB 10/2 from Albert Truett Ray, Cynthia Johnson Ray to Catherine Anne Siren, Christopher Hanby Siren, \$120 Oct. 3, Camp Creek Lot: 10 PCA 171-2 from Brown Pelican Construction, LLC to Carroll Construction Homes, Inc., \$84 Oct. 4, 1 AC NC Hwy 1203 from William Nathan Carmen, Marjorie L. Carmen to William

Oct. 4, Brown Creek Development Lot: 7 PCA 75-4 from James Anthony Josey, Chnita W. Josey to Gary Noble, Vianka Vives, \$270

Nathan Carmen, Marjorie L.

Carmen, \$0

Oct. 4, Otter Creek Lot: 3 PCA 21-7 from Tara Rebecca Blomquist to Andrew J. White, Holly D. White, \$120

Oct. 4, Bel-Aire MB 4/11, Bel-Aire .016 AC MB 4/11 04E72 from David Brigman, Susan Brigman, Kelly Ballance, Connie Ballance, Jr. to Jerome D. Addis, Deborah C. Addis, \$650

REPORTS
3 11-10, Oct. 4, PIN E041-152; 3 AC NC Hwy 306 S., Grantsboro from Angelica Renee Lee to Richard T. Lee, Rachel Lee Powers, \$0 Oct. 4, Quitclaim Deed; PIN E041-152; 3 AC NC Hwy 306 S Grantsboro from Jeffrey E.

Rachel Lee Powers, \$0
Oct. 4, PIN E041-152; 3 AC
NC Hwy 306 S Grantsboro from
Richard T. Lee, Rachel Lee
Powers, Jeffrey E. Powers to
Brandy Lynn Baxter, \$390

Powers, Rachel Lee Powers to

Oct. 4, Kennels Beach 3 Tracts MB 4/18 24E185; PIN D091-68 from Henry Griffin to Anthony M. Woodard, \$128

Oct. 4, Edgewater Lot: 22 MB 6/34, Edgewater Lot: 23 MB 6/34 from Phyllis Jean Robinson, Phyllis Jean Rasnick, Sandra Lee Smith/AIF to Kenneth Dale Montgomery, Debra Curl Montgomery, \$550

Oct. 4, Weyerhaeuser Properties; see instrument; maps attached from Weyerhaeuser Company to Weyerhaeuser Forest Holdings, Inc., \$0

Oct. 7, 24E19; PIN J082-46; 1.48 AC Lot 3 Jack George Mason MB 5/68 from Christine M. Doty, Christine M. Doty/EXR, Kenneth A. Mason/EST to Donald Fallon Lyons, Kate Elizabeth Lyons, \$940

Oct. 7, Sunset Shores Lot: 1 PCA 1-9 from Kenneth W. Joyner, Tammy F. Joyner to John Denton, Laura Denton, \$870

Oct. 7, Sea Vista Oriental Heights Block: D Lot: 44 MB 5/84; Sea Vista Oriental Heights Block: D Lot: 45 MB 5/84 from Daniel L. Sowers, Elizabeth A. Sowers to Robert W. Lareau, Nicala R.Lareau, \$1,140 Oct. 7, Arlington Place Lot: 66 Phase 1 PCA 153-17, Arlington Place Lot: 67 Phase 1 PCA 153-17 from John Cole, Rebecca H. Cole to John Cole, Brandi Sue Brownley, \$0 Oct. 8, PIN F051-9-1; 1.71 AC Tract 2 PCB 16-9 from Lawana M. Sampson, Johnny Wayne Bunn to Pharon Stoney Ipock, Jodi Sampson Ipock, \$420

Oct. 8, PIN F051-9-1 1.81 AC Tract 1 & 1.99 AC Tract 3 PCB 16-9 from Lawana M. Sampson, Johnny Wayne Bunn to Lawana M. Sampson, Johnny Wayne Bunn, \$0

Oct. 8, Natures Run on Dawson Creek Lot: 9 PCB 11-19 & PCA 177-20, Natures Run on Dawson Creek Lot: 10 PCB 11-19 & PCA 177-20, Natures Run on Dawson Creek Lot: 11 PCB 11-19 & PCA 177-20, Natures Run on Dawson Creek Boat Slip 7 PCA 178-2 from Karrus Ventures, LLC to William James McLaughlin, \$875 Oct. 8, 4 Tracts Vandemere see instrument from Metal Processors, Inc. to Thomas M. McCrudden, Leslie L.

Oct. 8, Whorton Harbor Lot: 6 PCA 117-2 from Thomas Martin to Thomas Martin, Deborah Martin, \$0

McCrudden, \$380

#### **FOR RENT**

3 Bedroom 3 bath singlewide home for rent in Grantsboro. All new appliances, recently renovated, and yard and trash maintenance included. \$1,000 per month, with an \$1,000 deposit.252-249-1617.

ABSOLUTELY NO PETS

#### AROUND THE COUNTY

#### Pamlico Betty Jo Rodgers, Correspondent



HAPPY NEW YEAR! May God make 2025 a blessed and happy one! May God strengthen you, make you sturdy to travel any path, take fear from your heart, keep your face bright, even in the shadows, show you when people need you most, and make you care to be there to help. I pray God's hope, peace, joy, and love be yours in 2025.

The county was decorated for the holidays, and the

residents were blessed with many beautiful light displays especially by the Styron's in Stonewall on Spain Farm Road and the Hacker's on Trent Road in West Pamlico. Epiphany was January 6, 2025, so the Christmas

season is officially over, but it will never be over in my heart. The Holly Music Channel is no longer on Sirius-XM playing Christmas Carols, but I still whistle, hum, and sing them. I shared a "star word" on Sunday with members of my church to give them a prayer focus for 2025. My "star word" for 2025 will be equally helpful for my prayer life as my words from previous years.

I noticed a new sign on Trent Road in Merritt, NC. The sign says, "Dirt Road Daylilies and Campground." I am not exactly sure what it is all about, but I will try to find out more to share in another column.

Wednesday night Bible Study at Stonewall Methodist Church meets Wednesdays at 6:30 pm and will be studying the second part of the Book of Romans. This study is for anyone interested in studying the Bible, not just church members.

Methodist Men meet every second Sunday morning at 7:30 am for a fellowship breakfast. This is open to all men even if they are not members of Stonewall Methodist Church. Come join the fellowship; the cheese biscuits alone are worth the trip.

Celebrating birthdays in January are Janice Shorey (1/1), Reuben Phillips, Jeremiah Day, and Anne Watson (1/3), Kathy Tyndall and Barbara Varley (1/5), Kandy Broughton (1/6), Megan Rodgers (1/7), Amy Gatlin (1/13), Shelby Sutton, Elizabeth Farmer Tillman (1/15), Kelli Hinson and Ruth Ireland (1/16), Ned Ferris (1/21), Kate Moye, Ellen Lupton, and Jenny Lupton (1/22), Desiree Brinson (1/25), Ann Smithwick (1/26), Willy Hope (1/28), Nan Gilbert, Becky Sadler (1/30), and Shari Roberts Hale (1/31).

Have a blessed week. Anxious? Take Spiritual Vitamin A. All things work together for good to those who love God, to those who are the called according to His purpose. (Romans 8:28)

#### Aurora Joy McCracken, Correspondent



We had some interesting weather for the last several weeks. Fog and water blow out closed down the ferry. In fact the water got so low the entire point on our creek was exposed. On Christmas Eve we received a misty rain all day which if temperatures were colder could have

anticipation we have for possible snow even buying look on. The last substantial snow we have gotten were those two back-to-back 5 inches we had in January of

Finally a good sized group of Scaups showed up in the creek. One morning I heard a flock of Tundra Swans fly over probably on their way to the corn fields

I saw a Great Egret at the Merganser pond and there

I've been using my bark butter that I got from Wild Birds in New Bern. The Wrens love it! I have to smear it because if I don't the squirrels just cart chunks of it

I finally realized what all the ticking/chirping has been out front in the Camellias and Azaleas. It's a huge amount of Yellow-rumped Warblers! I'd always figured they were Finches. Thank you Merlin.

My Photo of the Week is of a Carolina Wren waiting his turn at the bark butter.



"New year — a new chapter, new verse, or just the same old story? Ultimately we write it. The choice is ours." — A. Morritt

## éw Yea

The New Year is in the making...

**Stop by Forrest Farm Supply** and let us help you to get 2025 off to a good start

- **★** Bird Food & Feeders
- **★** Horse & Dog Food
- ★ Equine & Pet Supplies & Meds
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If we do not have what you need.....Just ask....we will order and stock it!

Thanks for your support in 2024!! **Forrest Farm Supply** 

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been snow. Ah, this strange, hopeful

bread, milk and eggs as amused northern transplants

west of here. There was a rare winter kayaker one day which at first I thought was a Killer Whale. Time to go to the eye doctor.

have been two Herons chasing each other near the docks.

#### Whortonsville Reba Tiller, Correspondent



It's Christmas time and a very busy time for me as we finish up the Spirit of Christmas and take a break from singing. We decided to start having our Progressive Dinners again but instead of going to four or five houses we downsized to go to just two for drinks, food

and dessert. Twenty of our neighbors came bringing delicious dishes and it seemed like old times again. We have lost so many of our community in the last few years. Suzi and Kevin hosted the drinks and food and I had the desserts at my home. We had white elephant gift exchange after eating. Unfortunately some did not know about the gift exchange so we decided we would do it YEAR!

again next year and try to get it right! Missed getting my news out last week so you didn't know about the Christmas Eve Candlelight Service at 6:00pm with carol singing, cookies and hot chocolate afterward. Eight of my neighbors had a delicious ribeve steak dinner on Christmas Eve with me. Buy your steaks at the Pig in Oriental from Billy and you will not find better ones any where! The running of the Dragon happened on New Year Eve.

MERRY BELATED CHRISTMAS AND HAPPY NEW YEAR. REMEMBER TO EAT BLACK EYED PEAS ON NEW YEARS DAY FOR A PROSPEROUS

#### Vandemere Sandra Snipes, Correspondent



Hello from Vandemere and Happy New Year! All is good in our Village by the Sea. We hope that everyone had a fabulous holiday surrounded by family, friends, and memorable times. The upcoming year 2025 promises to be a year of progress for our town as the grants received in 2024 come to fruition. May 2025 bring great progress for all.

#### STATEWIDE CLASSIFIEDS

#### **Health Services**

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 877-443-0443

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Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. Plus 10% Senior & Military Discounts. Call 1-877-649-1190

#### **Home Improvement**

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-877-560-1844

#### Miscellaneous

HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced 90% less than competitors. Tiny and NEARLY INVISIBLE! 45-day money back guarantee! 888-970-4637

#### Miscellaneous

Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Steppacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503]

#### Miscellaneous

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#### Miscellaneous

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#### Miscellaneous

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-869-7055 today!

#### Miscellaneous

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#### Miscellaneous

WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-888-313-1427. Have zip code of service location ready when vou call!

#### Miscellaneous

Replace your roof with the best looking and longest lasting material - steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer - up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815

be mailed.

#### Miscellaneous

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#### **LEGAL NOTICE**

#### STATE OF NORTH CAROLINA **UTILITIES COMMISSION** RALEIGH

DOCKET NO. E-100, SUB 204

BEFORE THE NORTH CAROLINA UTILITIES COMMISSION

In the Matter of 2024 Integrated Resource Plan of Virginia ) Electric and Power Company, d/b/a Dominion Energy North Carolina

NOTICE OF PUBLIC HEARING ON 2024 BIENNIAL INTEGRATED RESOURCE PLAN

NOTICE IS HEREBY GIVEN that the North Carolina Utilities Commission (Commission) has scheduled a public hearing in conjunction with the Commission's review and evaluation of Virginia Electric and Power Company d/b/a Dominion Energy North Carolina (DENC) proposed 2024 Integrated Resource Plan (2024 IRP).

The purpose of the review and evaluation is to ensure that DENC is developing reliable projections of the long-range demands for electricity in its service area and is developing a combination of reliable resource options for meeting the anticipated demands in a cost-effective manner. IRP is intended to identify those electric resource options which can be obtained at least cost to ratepayers in North Carolina consistent with adequate, reliable electric service. IRP considers conservation, efficiency, load management, and other demand-side program alternatives in the selection of resource options. Commission Rule R8-60 requires that DENC furnish the Commission with a biennial report that contains the specific information set out in that Commission Rule.

On October 15, 2024, DENC filed its proposed 2024 Integrated Resource Plan (IRP) with the Commission as well as the Virginia State Corporation Commission (VSCC). On November 19, 2024, DENC filed a supplement to its proposed 2024 IRP in response to an October 11, 2024 order of the VSCC (Virginia Directed 2024 IRP Supplement). On December 2, 2024, DENC filed a corrected plan with the Commission (together with the Virginia Directed 2024 IRP Supplement, 2024 IRP).

Anyone wishing to review DENC's proposed 2024 IRP may do so at the Commission's website, www.ncuc.gov, by selecting the Docket tab and entering Docket No. E-100 Sub 204. Upon request, the Chief Clerk will place copies of the IRP and any other documents filed in this proceeding in centrallylocated public libraries where they may be copied without prohibition. Such a request may be made by writing to the Chief Clerk, North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300, and providing the name and address of the library to which the information is to

Persons who desire to send written statements to inform the Commission of their positions in the matter should address their statements to the North Carolina Utilities Commission, 4325 Mail Service Center, Raleigh, North Carolina 27699-4300, and reference Docket No. E-100, Sub 204CS. However, such written statements cannot be considered competent evidence unless those persons appear at the public witness hearing described below and testify concerning the information contained in their written statements. Persons can also submit a statement on proposed 2024 IRP via theplaced in Docket No. E-100, Sub 204CS and may be accessed by searching that docket number via the Commission's website.

The Commission has scheduled this matter for a public witness hearing on Tuesday, April 22, 2025, which will be held at the Halifax County Courthouse, Superior Courtroom, 357 Ferrell Lane, Halifax, North Carolina, 27839 to begin at 7:00 p.m. and end at the earlier of the last witness' testimony or 10:00 p.m.

The public hearing will be solely for the purpose of receiving the testimony of public witnesses in accordance with Commission Rule R1-21(g). The Commission reserves the right to limit testimony at the public witness hearings pursuant to Commission Rule R1-21(g)(5).

The Public Staff is authorized by statute to represent consumers in proceedings before the Commission. Written statements to the Public Staff should include any information which the writers wish to be considered by the Public Staff in its investigation of the matter. Such statements should be addressed to:

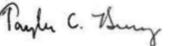
> Mr. Christopher J. Ayers Executive Director Public Staff North Carolina Utilities Commission 4326 Mail Service Center Raleigh, North Carolina 27699-430

The Attorney General is also authorized to represent consumers in proceedings before the Commission. Statements to the Attorney General should be addressed to:

> The Honorable Josh Stein Attorney General of North Carolina c/o Consumer Protection - Utilities 9001 Mail Service Center Raleigh, North Carolina 27699-9001 utilityAGO@ncdoj.gov

This the 11th day of December, 2024.

NORTH CAROLINA UTILITIES COMMISSION



Taylor C. Berry, Deputy Clerk



#### **OUR SCHOOL**



#### **Under One Roof**



**Arapahoe Charter School** is your K-12 tuition-free, regional public school of choice

For more information or to schedule a tour, visit www.arapahoecharter.org or call 252.249.2599

#### Meet Haleigh Murray

I was nominated for the Academic Excellence Award/ PCC Student of the Year, with that I had to write about my "Success Story"... so now that I have submitted it, I thought I would share it with y'all!

Through Pamlico Community College I have been able to find a career I am truly passionate about. Being dual enrolled in both high school and college has been difficult but rewarding. Getting a head start on my career before graduating high school has helped me tremendously. With that I am overjoyed.



During my time at PCC I have faced many difficulties, just as everyone else has. But if it wasn't for the instructors, staff, my family and countless others who have encouraged and supported me along the way I wouldn't be where I am today or who I am today.

With all the obstacles I have faced, such as working two jobs while going to school full time I have maintained a 3.5 GPA. I do feel a sense of accomplishment. Though this is only just the beginning and I have a long way to go before I have "succeeded" in the endless possibilities and reached my full potential. Pamlico Community College has given me a jumpstart to a bigger and brighter future than I ever imagined. For that I am truly grateful and blessed."



#### Get Ready for the READ BOWL!

We are thrilled to share an incredible opportunity for our students to participate in a global event that combines the excitement of football with the power of reading - READBowl! What is READBowl?

READBowl is a FREE global reading competition founded by retired Super Bowl Champion Malcolm Mitchell of the New England Patriots. This inspiring initiative invites PreK-12th grade teams worldwide to compete in a challenge to log the most reading minutes.

Key Details:

- Start Date: The week before the American College Football National Championship (2nd Monday in January).
- End Date: The morning of NFL Super Bowl Sunday with a live crowning of the World Champions of Reading. • Goal: Foster a love for reading, teamwork, and global connection among students.

READBowl is not just a competition - it's a celebration of literacy, perseverance, and the joy of learning. This is an opportunity for our students to connect with peers globally while enhancing their reading skills and embracing a love for books. We will compete on a national level as well as a site level!

Here is the link if you would like to explore...https://readwithmalcolm.com/readbowl/

Please watch for more information in the coming days regarding the events to take place during our READ BOWL! Any questions, please feel free to reach out to Mrs. Harper, Ms. Hardison, Mrs. Mac or myself. We will be happy to

GAME ON ACS!!!!!

SIDENOTE: When Malcolm Mitchell won the super bowl his head coach was Bill Belichick ... ok, UNC Fans this should make you HAPPY!

Thank you Ms. Michelle!

#### Medical school applications are on the decline

Medical school is never far from the minds of students who aspire to be doctors. The Princeton Review says that medical school takes four years to complete, after which individuals will also spend three to eight years in residency. When all is said and done, an individual who entered college at 18 may not become a doctor until he or she is 29, if not older.

In the United States, students can expect to spend an average of \$364,536 to become a doctor, says White Coat Investor. Of that amount, \$218,792 is for medical school and \$145,744 is for an undergraduate degree. Students must devote a lot of time and money to become a doctor, and that commitment could be one reason behind a recent decline in medical school applications.

According to data released by the Association of American Medical Colleges, the 2023-2024 school year marked the second consecutive year medical schools saw a drop in applicants. There were 52,577 applicants, which was a decline of 4 percent over the



2022-2023 year. This is in contrast to the 2021-2022 year, which was likely driven by people inspired to engage in careers in medicine during the COVID-19 pandemic. In 2021, there were a record number of medical school applicants, with an 18 percent increase over the previous year.

Despite a decline in applications, first-year enrollments remain high and rose 1.2 percent compared to 2023, according to AAMC data. Schools also are seeing more ethnically diverse medical students. Medical Economics reports the number of first-year Hispanic medical students rose by 4.5 percent in 2023 and American Indian or Alaska Native medical students rose by 14.7 percent. Women also accounted for more than half of applicants and first-year students.

Experts are unsure what is driving the decline in medical school applicants. However, David J. Skorton, president and CEO of the AAMC, said the medical community is seeing declines in applications for other health professions as well. The long hours, intense schooling, cost of tuition, and wear on mental health are some factors that might be causing students to reconsider medical school. Some schools are now redesigning programs to cater to medical students' overall health and wellness on their journeys to becoming doctors.



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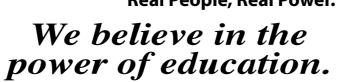




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