




BRAIN INJURY AWARENESS MONTH

Notable types of head injuries

■ Health & Wellness on page A7



The first day of spring (March equinox or vernal equinox) is when the sun shines directly on the celestial equator passing from south to north and the length of day and night are almost the same.

The Pamlico News

Wednesday, March 19, 2025

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PCHD Launches Telehealth Program

by: Hiram Lupton



Pamlico County Health Department Nursing Director Lynn Hardison logs on to the Telehealth Portal to connect to Duke University Medical Center.

If you struggle with transportation issues for your health care, the Pamlico County Health Department (PCHD) launched a program on Monday that may be a game changer in the way you look at healthcare in Pamlico County. Thanks to a Health Resources and Services Administration (HRSA) grant provided to the PCHD sponsored by the Duke University School of Nursing, Telehealth has come to Pamlico County. To participate, a patient would set up an appointment with the PCHD. At your appointment, a nurse would connect via computer with a health professional, either a nurse practitioner, physician assistant, or doctor. As the nurse facilitates your examination, your telemetry is transferred in real time to the remote healthcare professional. When the nurse looks into your throat, listens to your heart and lungs, or gives you an EKG, the remote provider sees exactly what your examining nurse sees. The provider is in contact with the nurse and patient through the entire examination, asking questions and making suggestions, just as if he or she were there in person, in the room with you. The remote provider often can make a diagnosis that could prevent a daylong trip. While certainly not every healthcare situation can be handled remotely, many can, from annual wellness physicals, to examinations by specialists. Currently, the PCHD is working with Duke University Medical Center as the provider, but they hope to be working with additional medical schools at Duke University, University of North Carolina – Chapel Hill, and the Brody School of Medicine at East Carolina University. Another exciting possibility is that in the future, PCHD nurses could conduct a Telehealth exam right in your own home, essentially making a house call and bringing a provider with them via laptop computer. If you would like more information about this program and a new way of looking at health in our County, contact the Pamlico County Health Department at 252-745-5111. The PCHD would like to remind everyone that they are here to serve all residents of Pamlico County.



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New County Construction

by: Hiram Lupton



When Erosion control fabric is installed, you know a new construction project is about to begin. What will be occupying this site along NC Hwy 55 in Grantsboro? Could it be a new Dollar General? No, but it is on the parcel adjacent on the eastern side of the existing Dollar General. Maybe it is a new Vape Shop to be added to the more than half a dozen we already have in a ten mile stretch of 55. Nope, not it. This construction will be some-

thing the County sorely needs, a new urgent care facility. If all goes well construction is hoped to be completed before the end of the year and once fully staffed, Carolina Quick Care will be up and running for Pamlico County. There are currently 15 Carolina Quick Care locations open in North Carolina, with 6 more listed on their website as "under construction," including the Grantsboro location.

ACS Faces Financial Challenges

by: Hiram Lupton



Like many people, businesses, agencies, and municipalities, institutions of learning are facing tighter and tighter budgets. Arapahoe Charter School is one local school that is currently facing some of those financial challenges. "This year has been more challenging because the school has had to spend some fund reserves to balance the budget," says Chris Watson the Chief Executive Officer of ACS. "This is due to the loss of Federal funding under the ESSER and CARES acts, increased pressure on enrollment due to the popularity of home schools and private schools, and because we do not receive capital funds for facilities, building maintenance, and capital improvements as traditional schools do." This budget tightening has, according to Watson, caused the school to go through what he terms a reorganization in preparation for the 2025-26 school year that includes some staff cuts. He would not cite specific positions but only said that the reductions in personnel would be less than 10% of staff and that "The staffing plan developed for next year did take into consideration anticipated retirements and other employment moves known

in advance," and would "Affect all areas of the school." These reductions would take effect for the 2025-26 school year. Watson added that, "The budget reductions planned for next year will keep ACS in line with sound financial practices recommended by the Department of Public Instruction (DPI) and the Office of Charter Schools." One potential cut that was causing much angst among parents was the rumored removal of the School Resource Officer (SRO). Early on it appeared that it was a foregone conclusion that the school would be without an SRO next year. This position may have gotten a reprieve however, as several entities including the school and the Pamlico County Sheriff's Department are attempting to find a way to keep an SRO on duty in the school. ACS undergoes an annual audit of its finances by an independent Certified Public Accounting firm and that report is provided to the Office of Charter Schools for review. The annual audits of ACS show no findings of noncompliance, deficiencies, or material weaknesses. The financial condition of the school as well as other factors including student performance are exam-

ined when it is time for a school to renew its charter. "In North Carolina, charter schools are initially approved for a three-year term but are typically renewed for 3, 5, 7, or 10 years thereafter, depending on performance. ACS has received the maximum term allowable after each renewal cycle since completing our initial 3-year term," says Watson. As far as student performance goes, "We achieved a C (60) on the latest NC School Report Card and met growth. We are meeting all state standards and raised the achievement level of students last school year by over 25%. Our economically disadvantaged students (61% of our student population) and our students with disabilities (21% of our student population) outperformed our three major surrounding districts. If our school continues to achieve at its current rate, we do not anticipate any barriers to receiving a full charter renewal." ACS has a current enrollment of 499 students which is a +18 from October of 2022. When asked about staff morale, Watson stated that "overall, the feeling on the hallways is positive and our staff work together to face every challenge that comes our way."

Pamlico Citizens Rally in Support of Ukraine

by: Hiram Lupton



The First Amendment of the United States Constitution has often been referred to as the cornerstone of American democracy. Included in the amendment are protections of free speech and assembly. Last Friday, a group called The Pamlico Partners for Democracy, a non-partisan alliance formed to protect and promote democracy, put their first amendment rights in motion as they gathered in front of the Pamlico County Courthouse in a rally to support the country of Ukraine and their war with Russia. At its peak, there were just over 100 attendees at the rally, waving American and Ukrainian flags and holding signs supporting the embattled country, as well as some signs disparaging Russian leader Vladimir Putin. One rally goer expressed that they were there to show support for Ukraine and that Putin should not be rewarded for his aggression and unjust war against that country. There were several present, who mounted a counter rally. They explained that while they weren't anti Ukraine and didn't support Putin, they favored an America first policy. Free speech in action, peaceably and without incident.

Evening With the Arts

by: Hiram Lupton



The Pamlico County Schools have a long history of excelling in the 3 A's, Academics, Athletics, and the Arts. The fantastic talent in our school system that shows up and shows out in the third A, the Arts, was on full display last Thursday evening at the annual Evening with the Arts event. It all started at the high school cafeteria with performances by the Pamlico Schools Jazz Band, Middle School and Fred A. Anderson – Pamlico Primary School choruses. There was also an interpretive performance by the PCHS performing arts students of Ms. Ellie Bucks. While all this was going on, there were student art, and student academic research projects on display in the cafeteria and the adjoining hallway. There was also another presentation that is often overlooked as an art, the culinary arts.

■ Continued on Page A12

WEEKEND WEATHER

 Saturday, March 22nd **67°Hi** Mostly clear throughout the day

 Sunday, March 23rd **64°Hi** Clear throughout the day



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Pamlico Community College

Pamlico Community College announces fresh slate of short-term health care courses

By Sandy Wall

Pamlico Community College has announced a fresh slate of great short-term courses that can lead to jobs in the fast-growing health care sector.

Among the courses is a new, short-term Medical Assisting program that will be offered during the day and in the evening.

This new option, which is slated to launch this summer, is designed to reduce the time needed to become a medical assistant, college leaders say.

All of the upcoming courses are a wonderful way for men and women to enhance their skills or to try something in the health care field.

“We are constantly adding new sections of our health care courses because they are always among our most popular offerings,” said Lori Giles, the college’s chair of Continuing Education and Technical Programs. “We are excited about Medical Assisting and all of our upcoming courses. They start at various times throughout the year, which means new and returning students can enroll at a time period that’s convenient for them.”

Some courses will be offered in a seated format, while others will be entirely online. Some will be available in a hybrid format. Financial aid is available.

Upcoming courses include:

* Medical Office Procedures, which will be entirely online. Students will learn all aspects of working in a medical front office, including business practices.

The course will begin May 5. Cost is \$180.55.

* Medical Administrative Assistant, which is an online program scheduled to begin May 12 and run through Aug. 9. Participants will learn the skills neces-



Pamlico Community College has scheduled short-term courses in Medical Office Procedures and Medical Administrative Assistant. Both will be offered entirely online. Contributed image

sary to be a medical office assistant. Cost is \$180.55.

* Medical Legal Issues, which is an online course focusing on the laws and ethics in health care. The course will begin May 12 and will end Aug. 1. Cost is \$180.55.

* Dental Billing and Coding, which is a two-course program offered entirely online. Students will learn the skills needed to process dental bills.

The first course will begin June 2. Each component course costs \$180.55.

* Electronic Health Records, which will be offered entirely online. It will start June 9 and will run through Sept. 16.

Participants will learn the concepts and techniques of managing and main-

taining electronic medical records. Cost is \$180.55.

The college also plans to offer additional short-term health care courses this year, including Cardiac Monitor Technician, Community Health Worker, and an accelerated daytime version of its popular Nurse Aide I course. Visit <https://pamlicocc.edu/programs/continuing-education/healthcare-occupations/> for updates.

For more information about any of these courses or financial aid, please call 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Susan Adams
Broker/Veteran

Here's what one of Susan's customers had to say...

I would like you to know what an outstanding job Susan Adams has done with the sale of our property. She stayed in constant communication with us because we are so far away. We entrusted Susan with everything and she came through and did a fantastic job. Thank you Susan and the knowledgeable Mariner Realty staff for all your hard work
Bill, PA



BAYBORO – 1.45-acre private lakefront land, picturesque, serene setting. Nestled in tranquil environment. Central location, easy commute to major employment, walking distance to bakery/coffee shop, parks, shopping & schools.
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OFFERED AT \$305,000



ORIENTAL – Spectacular waterfront views of Smith & Green Creeks from first floor unit at Oriental West Condos in the Heart of Oriental. Building B, Unit 7 is a **2BR/2BA** condo with a 40' x 16' deeded boat slip with 5' controlling water depth.
OFFERED AT \$350,000



ORIENTAL – **3BR/2.5BA** home offers comfortable living. Open floor plan, ideal for family gatherings or entertaining on 3 acres. Offers a great balance of space and tranquility. Property will be sold as is.
OFFERED AT \$425,500



ORIENTAL – 4,000 hsf commercial building on 0.92 acres of unrestricted land, not in flood zone, +/-3 miles north of Town of Oriental. Fully-insulated I-beam construction, 6" concrete floor. Reception area, conference room & 2 offices. Carrier 2.5 ton heat pump for 1,080 hsf office area & two 5.0 ton HVAC systems for 2,920 hsf warehouse. Walk-up attic storage, fenced side yard, 208 3-Phase electrical system with 200 amps service. Ingersoll Rand 200 PSI air compressor system for warehouse with work benches & shelving. Metal fabrication equipment does not convey.
OFFERED AT \$ 650,000



MERRITT – Waterfront **3BR/2.5BA** with dock and boat lift on Moores Creek. Great water views. Oversized garage with workshop, garden shed, whole house generator, whole house 400 AMP service. Screened deck, open deck, close to ICW on 1 acre in the Bay Shores Estate community.
OFFERED AT \$ 675,000

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THIS WEEK IN HISTORY

by: Hiram Lupton

- March 19th – Today is National Small Business Development Centers Day.
- March 20th – Spring begins today at 5:01 A.M. Also, in 1930, Colonel Harlan Sanders opens the first Kentucky Fried Chicken restaurant in North Corbin, Kentucky.
- March 21st – Today is National Memory Day. I keep forgetting this.
- March 22nd – 1963, The first Beatles album, "Please, Please Me," is released.
- March 23rd – Today is National Chip and Dip Day.
- March 24th – Today is National Cheesesteak Day. Go to Aggies and get you one with a side of onion rings.
- March 25th – Today is National Medal of Honor Day.

BIRTHDAYS THIS WEEK

- March 19th – 1848, Famous Western Lawman Wyatt Earp
- March 19th – 1936, Actress Ursula Andress
- March 20th – 1957, Movie Director Shelton J. Lee (Spike Lee)
- March 22nd – 1920, Actor Werner Klemperer
- March 22nd – 1931, Actor William Shatner
- March 22nd – 1976, Actress Reese Witherspoon
- March 24th – 1930, The King of Cool, Steve McQueen
- March 25th – 1942, The Queen of Soul, Aretha Franklin



Please be aware that on April 1, 2025, we will close the Pamlico County Library, located at 603 Main Street, to begin moving to our new facility at 13896 NC-55, Alliance, NC 28509. During the move, we will offer limited services at the Marybelle Hollowell Annex Children's Library, situated at 709 Main Street, Bayboro, NC 28515.

Temporary hours of operation for the MHA location are as follows:

- Monday to Thursday: 9 AM - 3 PM
- Friday: 9 AM - 6 PM
- Saturday: 10 AM - 2 PM

Programs will be available on a limited basis. Laptops and iPads will be available for patron use. Library material and book holds, new books for browsing, regular library services such as puzzle and magazine exchanges, as well as faxing, printing and copying services, will continue to be offered via our temporary location. The Marybelle Hollowell Annex also has a library full of children's books --so be sure to bring your little one's by to browse and checkout!

The Book Tech Mobile is an excellent resource for accessing the Craven-Pamlico Regional Library. Our outreach team will provide services through the Book Tech Mobile on the first Friday of every month. The first stop will be at the Piglet in Oriental from 10 AM to 12 PM, followed by a second stop at the Arapahoe Free Will Baptist Church from 2 PM to 4 PM. For a complete schedule of the Book Tech Mobile's stops, please visit mycpirl.org.

We are committed to getting us moved into our new location as quickly and efficiently as possible with minimal to no interruptions of library services. Opportunities to assist will be posted on Facebook and our website. We are so excited about our new home and hope that you are, too!

Sincerely,
Sidney J. Phibbons
Branch Manager
Pamlico County Public Library
603 Main Street
Bayboro, NC 28515
(252)745-3515

When spring came, even the false spring, there were no problems except where to be happiest. The only thing that could spoil a day was people and if you could keep from making engagements, each day had no limits. People were always the limiters of happiness except for the very few that were as good as spring itself.

–Ernest Hemingway

Concerned about your drinking?

You are not alone, there is help available!
Come join others who have found a Solution!
Alcoholics Anonymous: New Bern Hotline (252) 349-0898
Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

- Tuesday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)
- Thursday *7:30pm**** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)
- Friday 8pm** - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).
- Sunday *7pm** - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)
<https://aaeasternnc.org/> <https://aanorthcarolina.org/> <https://www.aa.org/>

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We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.

COMMUNITY



4 interesting facts about the month of March

March marks a turning point for many people each year. Perhaps because winter winds down and officially ends in mid-March, the month is easy to characterize as a turning point toward spring and all that entails, including warmer weather and additional hours of daylight. The vernal equinox is one of many interesting facts about the third month of the year.

1. March might mark the official return of spring, but the inspiration for its name is far less serene. According to Almanac.com, March is named for Mars, the Roman god of war. That might not jibe with modern impressions of March, but it makes sense from a historical perspective. That's because military campaigns were once routinely suspended during the cold winter months. Upon the return of spring and the more favorable conditions it produced, military campaigns would start up again, thus making March an aptly named month.

2. Though presidential inaugurations in the United States are now held in January, that wasn't always the case. In fact, March 4 was the official Inauguration Day until 1933, when the Twentieth Amendment was ratified and inaugurations were officially moved to January. Even George Washington, the first man to serve as President of the United States of America, was initially slated to be inaugurated on March 4. However, the Library of Congress notes that electoral ballots could not be counted as quickly as Congress anticipated, so the first inauguration was delayed until April 30, 1789. President Franklin D. Roosevelt holds the distinction of being the first American president to be inaugurated in January after he was sworn in on January 20, 1937.

3. March hosts one of the most beloved holidays across the globe, even though the day commemorates the patron saint of a small country in western Europe. St. Patrick is the primary patron saint of Ireland, a small island nation in the North Atlantic Ocean with a population of roughly seven million people. Despite that, World Population Review reports that St. Patrick's Day is celebrated in more than 200 countries each year on March 17. The New York City St. Patrick's Day Parade is world-renowned, but the holiday is celebrated in other countries one might not immediately associate with Ireland and St. Patrick, such as Singapore, Russia and Japan.

4. College sports fans anxiously anticipate the arrival of March each year. That's because the month marks the return of March Madness, a college basketball tradition that annually draws millions of fans to watch and/or attend games in the weeks long single-elimination NCAA Tournament that culminates with the national championship game. The origins of the phrase "March Madness" are not precisely known, though many historians trace the phrase to high school basketball in Indiana in the 1930s. Legendary broadcaster Brent Musburger is credited with associating the term with the NCAA Tournament in the 1980s.

What Is the Spring Equinox?

In the Northern Hemisphere, the spring equinox (also called the March equinox or vernal equinox across the globe) occurs when the Sun crosses the celestial equator going south to north. It's called the celestial equator because it's an imaginary line in the sky above Earth's equator. Imagine standing on the equator; the Sun would pass directly overhead on its way north.

On the March equinox, the Northern Hemisphere and Southern Hemisphere receive roughly equal amounts of sunlight; neither hemisphere is tilted more toward or away from the Sun than the other.

Although in most locations (the North Pole and the equator being exceptions), the amount of daylight had been increasing each day after the winter solstice—and after the spring equinox, many places will experience more daylight than darkness in each 24-hour day. The amount of daylight each day will continue to increase until the summer solstice (in June) when the longest period of daylight occurs.

Here's an interesting fact: Equinoxes are the only two times yearly that the Sun rises due east and sets due west for all of us on Earth! While the Sun passes overhead, the tilt of Earth is zero relative to the Sun, which means that Earth's axis neither points toward nor away from the Sun. (Note, however, that Earth never orbits upright but is always tilted on its axis by about 23.5 degrees.)

Horoscopes



ARIES – Mar 21/Apr 20
Aries, forcing an agenda right now might backfire. It is best to be patient and let things unfold organically. A few new people may come to your aid this week and support you.



TAURUS – Apr 21/May 21
You might need to reconsider what you have been fighting for, Taurus. A current battle could be particularly hard to win, so you will have to rethink your strategy.



GEMINI – May 22/June 21
Someone in a position of power might try to convince you that their way is the best approach this week, Gemini. You are determined to stick with what you think is right, but keep an open mind as well.



CANCER – June 22/July 22
Cancer, avoid impulsive decisions right now, particularly those that are financial gambles. Poor or selfish actions can deliver consequences that are hard to reverse.



LEO – July 23/Aug 23
Leo, what you desire could be in direct conflict with what a loved one in your home wants. Instead of trying to force your ideas on them, figure out a way to compromise.



VIRGO – Aug 24/Sept 22
Virgo, the universe is calling the shots right now and time is moving at whatever speed is right. It might seem like very slow progress, so you'll need to remain patient.



LIBRA – Sept 23/Oct 23
Libra, this week you might be tempted to put wants before needs. Self-control is needed or you could start spending more than is financially wise right now.



SCORPIO – Oct 24/Nov 22
Scorpio, frustrating exchanges between you and loved ones might leave you retreating to quieter spaces. Any communication is better than no communication, so keep that in mind.



SAGITTARIUS – Nov 23/Dec 21
Sagittarius, you can resist a certain situation, but you might need to remain flexible as you do so. Don't fight battles unnecessarily right now. Look for the silver lining if need be.



CAPRICORN – Dec 22/Jan 20
Capricorn, shortcuts can compromise your personal growth. The pathway to greater success is to work hard and put in the hours necessary to reap the most lasting rewards.



AQUARIUS – Jan 21/Feb 18
Aquarius, you have more power than ever before, but remember it comes with extra responsibility. Always use your authority wisely and think through decisions thoroughly.



PISCES – Feb 19/Mar 20
Pisces, if you hope to make progress, you may have to change tactics. What you have been doing simply isn't working. Start looking at other strategies.

PISCES Traits & Overview

Smart, creative, and deeply intuitive, Pisces can be close to psychic. Pisces feel things deeply, and have incredibly strong gut reactions. A Pisces "knows" things from deep within, and can often judge whether a person or situation is good or bad. That doesn't mean a Pisces ignores the logical part of their brain, though. Deeply intelligent, Pisces have a profound respect for the power of the human mind. Is it a surprise that Albert Einstein was a Pisces?

Pisces signs are sensitive, and get along well in small groups of people. Sometimes, a Pisces may feel like they have an internal and external self, and they may need to spend a lot of time solo to recalibrate those two halves of themselves. A Pisces is rarely lonely when they are by themselves, and have an active imagination. Creative, Pisces love spending time reading, exploring or creating art or music, and understanding their emotions through art.

Those with the Pisces sign may seem quiet but they are incredibly strong and have a very strong sense of right and wrong. Their moral compass, along with their gut, guides them well. When a Pisces speaks up, people listen. Pisces tend to take in everything around them, and they are great people to ask for advice on pretty much anything. While Pisces has strong convictions about the best way for them to live, they have a "live and let live" approach when it comes to others, and are accepting and nonjudgmental of all.

FOR ENTERTAINMENT PURPOSES ONLY

FINANCIAL FOCUS

Time for some financial spring cleaning



Dan M. Roberts

Spring is here — which means it's once again time to wash the windows, organize your cabinets and steam your carpets. This year, in addition to tidying up around your house, why not also consider some financial spring cleaning?

Here are some suggestions to consider:

- **"De-clutter" your investment portfolio.** When you embark on your home cleaning mission, you might notice that you have redundancies — three blenders, two vacuum cleaners, and so on. Similarly, you might find duplications in your investment portfolio, perhaps in the form of multiple, near-identical stocks or mutual funds. If so, then it might be worthwhile to consider selling some of these investments and using the proceeds to boost your portfolio in other areas in which you may be lacking.

- **Cut back on "overgrown" investments.** Now that winter is over and you're venturing outside more, you may notice some overgrown shrubbery or some tree branches that need pruning. And while it may sound counterintuitive, you might also have some investments that have grown too big for your needs. For example, you might own some growth-oriented investments whose value has increased so much that they now take up a larger percentage of your portfolio — and carry a higher degree of risk — than you originally intended. If that's the case, you might be better off by selling some of these investments and purchasing others to help bring your investment mix back to its desired alignment.

- **Dust off your investment strategy.** With more sunlight now pouring in your house, you might notice that the corners of your walls and ceiling may need a good dusting. And as you continually work to strengthen your financial foundation, you may need to dust off your investment strategy, especially if you've recently experienced changes in your life, such as a marriage, addition of children, new

job, and so on. And as you move closer to retirement, you may also need to adjust your strategy in some ways. For one thing, you might want to adopt a more conservative investment approach in the years immediately preceding your retirement, though you'll still need to have some growth potential in your portfolio to help keep you ahead of inflation.

- **Protect yourself from financial dangers.** As you go about your household spring cleaning, you may find actual physical dangers that need to be removed or stored more safely, such as sharp objects or broken tools. And as you navigate daily life, you may also find threats to your financial safety — the need for an expensive home improvement, or a major car repair or an unexpectedly large medical bill. If you don't have the money available to pay these expenses, you might be forced to dip into your retirement accounts or run up your credit card or take out a high-rate loan. To protect yourself from having to make these moves, you may want to maintain an emergency fund containing several months' worth of living expenses, with the money kept in a liquid account, separate from those you use for your daily living expenses.

Of course, some of these moves can take some time — but by getting started on them soon, you can help put your financial house in better shape by the time the next spring cleaning rolls around.

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NC COOPERATIVE EXTENSION Pamlico County

Spring Into Lawn Care

By: Daniel Simpson County Extension Director, Agriculture Agent

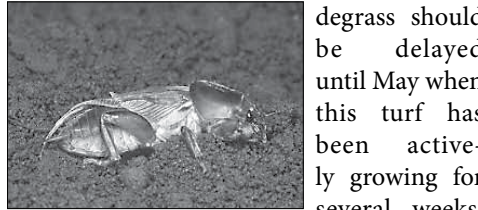


Over the past few weeks, the Cooperative Extension office has received numerous inquiries regarding early spring lawn care. This article will address a few of those concerns to help put a spring step back into your lawn.

Our first issue is winter weed control. Given our early warm temperatures, many of our winter annual broadleaf weeds have grown very noticeable. Annual weeds such as Chickweed (*Stellaria media*), Hopclover (*Trifolium campestre*), and Henbit (*Lamium amplexicaule*) germinate in the fall, grow slowly during the winter and explode in growth in the spring. Warm temperatures will eventually bring their death as they flower and set seed. Other perirenal cool season weeds like White Clover (*Trifolium repens*) may persist all year long, but are most noticeable in the spring. Control of broadleaf weeds is best accomplished in late fall or early winter when plants are still small, with herbicide applications containing a combination of broadleaf weed killers. If we wait until early April, many of these plants are flowering and setting seed, and are far less responsive to herbicide. We must also consider that our turfgrass is just beginning to come out of winter dormancy; a period call spring green-up. Many of the available broadleaf herbicides that can be used in warm season turf (Bermuda, Zoysia, St. Augustine, Centipede) warn against applications until several weeks after spring green up or after several mowings. Centipedegrass, which is the predominate grass type in Pamlico County, is especially sensitive to herbicide products containing the active ingredient 2,4-D. As 2,4-D is common among our broadleaf weed killers, homeowners should follow herbicide labels carefully. For recommendations on weed control, visit the NC State Extension turffiles website at <https://www.turffiles.ncsu.edu/> and explore the weeds tab. Within this site, you can select from numerous weeds found in

North Carolina and find recommended control options.

A second issue involves fertilization. Warm season grasses do not begin active growth until soil temperatures rise in the spring. Fertilization of Zoysia, Bermuda, and St. Augustine should probably be delayed until around April 15 when chances of frost are remote. Fertilization of centipe-



degrass should be delayed until May when this turf has been actively growing for several weeks. Centipedegrass is a low maintenance grass, requiring few inputs. A single application of nitrogen applied in May at approximately 0.5 pound of nitrogen per 1000 square feet is usually all that is required. On sandy soils, an additional 0.5 pound of nitrogen can be applied in July or August. High soil phosphorus levels are detrimental to centipedegrass, so it is best to only apply phosphorus if a soil test requires it. Potassium can be applied along with nitrogen and generally is beneficial to most soils in Pamlico County. When choosing fertilizer remember that the three numbers (N-P-K, 8-0-24) you see

on the bag represent Nitrogen, Phosphorus, and Potassium. For centipedegrass choose products that contain zero phosphorus. To learn more about fertilization and general maintenance of turfgrass, you should visit the NC State Extension Turffiles website at <https://www.turffiles.ncsu.edu/> and review the lawn maintenance calendars available for each turf type.

Lastly, be on the lookout for pests related issues. Going into winter, many lawns were showing signs of large patch disease (*Rhizoctonia solani*), which is active during cool wet weather. As lawns green up, you may notice areas of circular brown dead grass that died as a result of large patch disease. Many of these areas will slowly recover over the summer, so be patient. Spot applications of fungicide applied during spring green up may help with the prevention of additional disease development while temperature are still cool. Large patch is best controlled on a preventative basis with targeted fungicides applications in the fall when soil temperatures begin to drop below 70 degrees Fahrenheit. For more information on Large Patch, visit the NC State Extension Turffiles note at <https://www.turffiles.ncsu.edu/diseases-in-turf/large-patch-in-turf/>.

Another pest of concern that we should be on the lookout for is mole crickets. Mole crickets tunnel through turf pushing up roots and generally create an unthrifty turf. Mole crickets can cause severe damage, especially in areas where homeowners are unaware of their existence. Insecticide applications applied in early spring may help reduce numbers of adult insects before they have a chance to lay eggs. Otherwise, June is best time for control when insects are small and more susceptible to insecticide. To learn more about mole cricket control visit the NC State Extension Turffiles note at <https://www.turffiles.ncsu.edu/insects/mole-cricket-in-turf/>.

If you have additional questions or concerns for your turf, please visit our office or contact Daniel Simpson at 252-745-412 or Daniel_simpson@ncsu.edu.

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SPORTS

PCA Girls Soccer

by: Hiram Lupton

The Pamlico Christian Academy's girls soccer season is underway and last Tuesday the Mariners took on the Trinity Christian School Tigers from Greenville, NC. Coach Stephen Crabbe and his assistant coaches have the ladies working hard and improving every match. PCA currently plays their home matches at Lawson Creek Park in New Bern.



Katherine Banks (#3)



Mandy Tyler (#12)



Kendall Mills (#5)

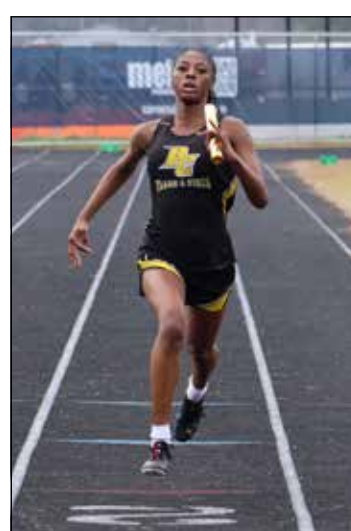


Ellie Spencer (#22)

High School Track and Field

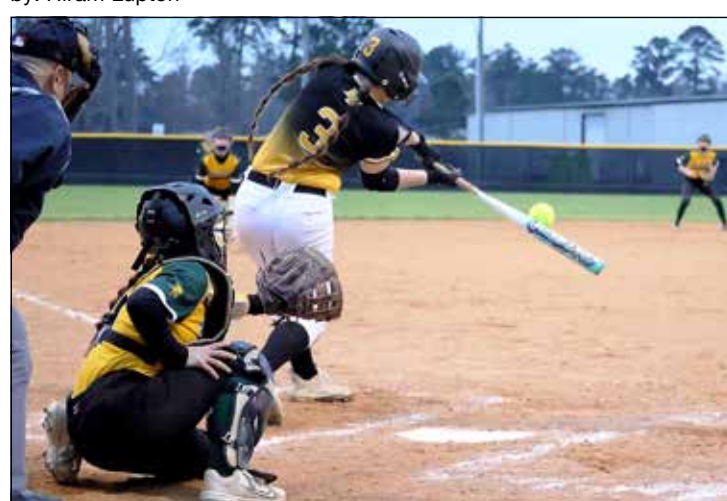
by: Hiram Lupton

Spring is almost here and that means it is time for the running, jumping, and throwing athletes of Pamlico County High School to take to the track. Last Thursday they hosted their first home meet of the season with guests Southside and Northside-Pinetown.



Hurricane Softball

by: Hiram Lupton



Pamlico's Hayley "Fred" Shamblin makes solid contact against White Oak. Shamblin had 4 hits against the Vikings.

The Ladies of the Pamlico County High School softball team had a busy week with three games last week, and considering the length of one of those games, the week may have seemed even longer. On Tuesday, they hit the road up to Washington to do battle with the Pam-Pack and 10 innings later they had lost a hard fought, 5-4 decision. Hayley Shamblin and Peyton Robinson had a pair of hits and an RBI each for Pamlico. Avery Cain pitched solid for the 'Canes, going all 10 innings. The next evening the Hurricanes returned home to host Richlands. Pamlico was looking to get a little payback from the Wildcats who got a win at their place earlier in the season against the 'Canes. Pamlico got a fine pitching performance from Kylee Morris who tossed a 3-hit shutout to turn the Wildcats into kittens. The Hurricane offense was hot, banging out 13 hits for the game, including a home run by Peyton Robinson. Four 'Canes had 2 hits each; Robinson, Taylor McHenry, Payton Force, and Kyliyah Barber. Pamlico wrapped up their week on Friday as the Vikings of White Oak sailed up to Bayboro from Onslow County. The Hurricanes were not going to be gracious hosts, as by the second inning had built a 6-0 lead and cruised to a 9-4 win over their 3A visitors. Pamlico got a great game at the plate from Hayley Shamblin who went 4 for 4, scored 3 times, and drove in a pair of runs. She led a Hurricane attack that had 14 hits on the evening. This week, weather permitting, Pamlico opens their conference schedule, visiting Lejeune on Tuesday and hosting the Devil Pups on Friday. Sandwiched in between is a non-conference matchup at Ayden-Grifton on Wednesday.

Lows and Highs for Pamlico Baseball

by: Hiram Lupton

The road warriors of the Pamlico County High School baseball team had some low lows and some high highs last week as they traveled for 3 games. On Tuesday they visited Washington and the Pam-Pack throttled the Hurricanes in a 5-inning matchup, 14-0. At least it didn't last long. To add insult to injury, Washington pitchers not only shutout Pamlico, they held the Hurricane offense hitless. Pamlico was looking for a quick bounce back the following night as they took a trip to Onslow County to face Richlands. The Wildcats had control early, leading 7-2 after 5 innings, but Pamlico didn't pack it in and give up, choosing instead to hang tough and forge a comeback. Aided by some shaky Richlands defense (6 errors), Pamlico stormed back, scoring 7 runs the final 3 innings to earn their first win of the season, 9-7. Ross McLamb had 2 hits, scored twice, and drove in a pair. Freshmen Cooper Shepard and Cam Daniels also crossed the plate twice for Pamlico. Friday saw the Hurricanes hit White Oak to take on the Vikings and hoping to build on Wednesday's win. After giving up a run in the first, Pamlico Pitcher Ross McLamb settled in and didn't allow another run the rest of the way. McLamb had all his pitches working, striking out 18 of the 25 batters he faced and only allowing one hit. It was going to take more than McLamb's great pitching effort to get a win and, although Pamlico only got 5 hits, they made the most of them. Throw in the 8 walks they received and the 5 errors White Oak committed and the Hurricanes pushed 8 runs across the plate to earn an 8-1 victory and continue a 2-game win streak. This week Pamlico travels to Lejeune on Tuesday and visits Ayden-Grifton on Wednesday. On Friday, Pamlico hopes to do something they haven't done all season, play a home game. If all goes as planned and the weather cooperates, the first official pitch will be thrown at the Hurricanes new ballpark at about 4:30 as Pamlico hopefully will host Lejeune.



Hurricane Pitcher Ross McLamb

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Add a healthy twist to classic Sloppy Joes

Sweet yet savory ground meat served on a bun is a comfort food classic that has been a staple for restaurants and home cooks for decades.

Sloppy Joes are beloved sandwiches that feature meat paired with a lip-smacking, tomato-based sauce. Some attribute the original Sloppy Joe to a cafe in Sioux City, Iowa, where in 1930 a cook named Joe added tomato sauce to his “loose meat” sandwich. Others say the sandwich evolved from sandwiches that were introduced by Floyd Angell, the founder of the Maid Right Restaurants, in 1926. Others attribute the recipe to a bar and cafe in Havana, Cuba, called “Sloppy Joe’s.”

Though the origin story is debatable, most people agree that the sandwiches are delectable. Sloppy Joes are called by many different names in various parts of the country, including yum yums, steamers and slushburgers. While it’s traditional to make them with ground beef, any other meat can be substituted, including ground turkey for a leaner take. Try this recipe for “Turkey Sloppy Joes for a Crowd” from “Taste of Home Healthy Cooking Cookbook” (RDA Enthusiast Brands, LLC) by the Taste of Home Kitchen.

Turkey Sloppy Joes for a Crowd 16 servings

- 3 pounds lean ground turkey
- 3 medium green peppers, chopped
- 3 medium onions, finely chopped
- 2 1/4 cups ketchup
- 3/4 cup water
- 3 tablespoons white vinegar
- 3 tablespoons spicy brown mustard
- 1 jalapeño pepper, seeded and chopped
- 1/2 teaspoon pepper
- 16 whole wheat hamburger buns, split



In a Dutch oven coated with cooking spray, cook the turkey, green peppers and onions over medium heat until the meat is no longer pink and the vegetables are tender; drain.

Stir in the ketchup, water, vinegar, mustard, jalapeño, and pepper. Bring to a boil. Reduce heat, cover and simmer for 20-30 minutes, stirring occasionally. Serve on buns. PC223776

History of Sloppy Joe Sandwiches: A Popular American Sandwich

Some consumers believe Sloppy Joe’s originated from Sioux City, Iowa in the 1920’s and 30’s. It was due to housewives looking for economical sandwiches to make at home. Ye Old Tavern claims to have invented the recipe in Maid Rite, Iowa. They were called loose meat sandwiches.

Hunts Tomato Sauce created Manwich a tomato sauce with seasoning that could be added to ground beef. It was advertised as a complete meal. All the cook needed to make the sandwich was add ground beef, Manwich sauce, and put it on a rolls. They capitalized on the recipe making it an easy meal for home cooks and restaurant to make. The sauce has tomatoes and spices. Manwich had a heat and serve entree sold

in the refrigerated section of supermarkets. It contained both the sauce and meat and could be heated in the microwave or on the stove. Manwich today comes in several flavors and is still a popular easy meal for consumers. It is another version of the Sloppy Joe sandwich.

National Sloppy Joe Day is on March 23, 2023. There are many online sites with delicious Sloppy Joe Recipes. The traditional recipe made with ground beef and fresh ingredients makes a delicious sandwich that you and your family can enjoy. James Beard included the recipe in his cookbook because it was popular with American consumers.

by Sarah Ramsey, Wide Open Eats

Pamlico County’s Shelby Mehring Awarded Prestigious Park Scholarship to NC State*

Bayboro, NC – Pamlico County High School senior Shelby Mehring has been named a recipient of the highly prestigious Park Scholarship at North Carolina State University, an honor that recognizes outstanding academic achievement, leadership, and commitment to service.

Ranked first in her class with a remarkable weighted GPA of 4.52, Shelby exemplifies the very best of Pamlico County. As the Commanding Officer of the Navy Junior Reserve Officer Training Corps (NJROTC), she has demonstrated exceptional leadership, overseeing the well-being and performance of more than 100 cadets. Beyond her academic and military leadership, she has also served as a two-year team captain of the cross-country team, leading her peers to regional and state finals.

Shelby’s dedication to service extends far beyond the classroom. She co-founded *The Caring Cycle*, a charitable initiative dedicated to ending period poverty in her community, providing essential hygiene products to dozens of women each month. Her compassion is also evident in her volunteer work with Horses of Pamlico Rescue, where she helps rehabilitate horses that have been abused, neglected or are unwanted, and through her commitment to numerous community service projects, including food distributions, mission work, and NJROTC color guard performances.

Her accolades are numerous, including the *American Veterans JROTC Award, Daedalian JROTC Award, and the prestigious Stephen Decatur Award*, which recognize her patriotism, leadership, and embodiment of the Navy’s core values of honor, courage, and commitment.

Despite her many achievements, Shelby remains deeply humble and driven by a passion for helping others. “I want to use my experiences to give back and lead with integrity and purpose,” she said.

The *Park Scholarship*, one of the most competitive merit-based scholarships in the nation, will provide Shelby with a full-ride to NC State, where she will join an elite cohort of scholars committed to academic excellence and service-driven leadership.

Pamlico County Schools and the entire community are incredibly proud of Shelby Mehring and look forward to seeing the bright future that awaits her.

About the Park Scholarship

The Park Scholarship, established in 1996, is a four-year, full-ride scholarship awarded to exceptional students who demonstrate leadership, scholarship, service, and character. It provides recipients with opportunities for personal and professional development, including mentorship, study abroad experiences, and service projects.

For more information about Pamlico County Schools and our outstanding students, please contact Elizabeth Harwick, Public Information Officer for Pamlico County Schools at elizabethharwick@pamlicoschools.org.



Churches of Pamlico Photo by: Hiram Lupton



The Pamlico Lighthouse Farm Ministries - Bayboro



According to The Knot Real Weddings Survey, 57 percent of couples invited 101 or more guests to their weddings in 2023, suggesting that large weddings are in style. The Knot survey found that the average wedding size in 2023 was 115 guests, and that only 13 percent of couples invited between one and 50 guests to their big day. Warm weather weddings tend to lead to larger guest lists, as The Knot survey found that weddings were largest in July, with such affairs averaging 121 guests. By comparison, November and December weddings averaged 110 guests. Geography also appears to affect the size of a couple’s guest list. Weddings taking place in the midwestern United States averaged 139 guests in 2023, which was the highest among six regions noted by The Knot survey. Weddings that took place in the south/southeast and the west had the smallest average size among those regions, averaging 102 guests. Destination weddings also tend to be smaller affairs. Domestic destination weddings in the U.S. averaged 77 guests, while overseas affairs averaged 69 guests in 2023.

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Coastal Environmental Partnership

1st Choice Pregnancy Resources

by: Hiram Lupton

A lot has changed in the five years since 1st Choice Pregnancy Resources of Pamlico opened their doors, but one thing that hasn't is their dedication to providing their clients the best possible service and support. An unplanned pregnancy can be a daunting, often scary situation to face, but as Regina Kemble of 1st Choice explains, they are there to help. "The three basics of what we do, are rooted in Compassion, Courage, and Hope. Once you contact us, you are no longer a client, you are family and we strive to

treat you like family with compassion, confidential care and support in a non-judgmental atmosphere. People are searching for answers and options and we want to help them find those through education and peer support. We want them to know that they are not alone and can take courage to make decisions not from fear, but from hope. From initial testing and through the term of pregnancy, 1st Choice is there to accompany you." The support doesn't end after you reach motherhood. "One thing we have seen since we started is a big need for material support in the first two years of motherhood," says Kemble. "We have expanded that area of what we do and will continue to expand to meet those needs whether it is clothing, diapers, or anything they may need for an infant up to about two years of age." One big thing that has changed about 1st Choice is their location. Late last year, they relocated to 306 Main Street in Bayboro.



1st Choice Pregnancy Resources of Pamlico's new location. The entrance and reception area is on the side at the rear of the building.

"We are so happy to be here," says Kemble. "It took a while because we wanted to remodel the interior in order to make the best use of our space, but at the same time retain the homey feel of the building. The best part is that we own it." There has been no drop off in clients since the move. Another service that is not limited to expectant or new mothers is a food distribution in cooperation with Religious Community Services (RCS). This was started at their old location and continues every third Wednesday of the month with pickup now across the street from their new location in the parking lot of Contentnea Health. 1st Choice is a non-profit, so they rely on donations as a big part of their fundraising. Their Seafood Stew Cookoff event every November has become hugely popular and to celebrate their fifth year, they are adding another event that they believe will put the FUN in FUNdraising. "A Jubilee Jamboree" will be held at the Delamar Center on the campus of Pamlico Community College on March 29, beginning at 6:00 P.M. This is a dinner and dancing event, with square dancing as an emphasis. You can get more information about this event as well as what 1st Choice does and how you can help them either through donation or volunteering by calling 252-745-5683 and be sure and check out their website at 1stchoicepamlico.com or follow them on Facebook.



A new baby can need many things and 1st Choice has a fully stocked material support room

Another service that is not limited to expectant or new mothers is a food distribution in cooperation with Religious Community Services (RCS). This was started at their old location and continues every third Wednesday of the month with pickup now across the street from their new location in the parking lot of Contentnea Health. 1st Choice is a non-profit, so they rely on donations as a big part of their fundraising. Their Seafood Stew Cookoff event every November has become hugely popular and to celebrate their fifth year, they are adding another event that they believe will put the FUN in FUNdraising. "A Jubilee Jamboree" will be held at the Delamar Center on the campus of Pamlico Community College on March 29, beginning at 6:00 P.M. This is a dinner and dancing event, with square dancing as an emphasis. You can get more information about this event as well as what 1st Choice does and how you can help them either through donation or volunteering by calling 252-745-5683 and be sure and check out their website at 1stchoicepamlico.com or follow them on Facebook.

Health & Wellness

Notable types of head injuries



Johns Hopkins Medicine reports that head injuries are on the rise, noting that roughly 1.7 million individuals have a traumatic brain injury (TBI) every year. Concussions may be the first thing people think of when contemplating head injuries, and for good reason, as the University of Pittsburgh Medical Center notes concussions are common sports injuries. Concussions are an ongoing topic of discussion and concern in football, which has long since established itself as the most popular sport in the United States. However, concussions are not the only head injury people should know about as they seek ways to protect their short- and long-term cognitive health.

• Skull fractures: The term skull fracture is essentially a generalized term that can refer to various unique head injuries. Johns Hopkins notes there are four major types of skull fractures. A linear skull fracture is the most common type and is characterized by a break in the bone that does not move the bone. When a person suffers a depressed skull fracture, part of the skull is sunken in as a result of the trauma. A basilar skull fracture involves a break in the bone at the base of the skull and typically requires close observation in a hospital. Diastatic skull fractures occur along the suture lines in the skull, which are the areas between the bones that fuse during childhood.

• Intracranial hematoma (ICH): There are various types of intracranial hematomas, but each is marked by a blood clot in or around the brain. Where the clot occurs determines the type of ICH. For example, an epidural hematoma occurs when a clot forms underneath the skull but on top of the dura, which Johns Hopkins describes as the tough covering that surrounds the brain. A subdural hematoma occurs when a clot forms underneath the skull and underneath the dura. An intracerebral hematoma, sometimes referred to as a contusion, and a diffuse axonal injury (DAI) are additional forms of intracranial hematomas. DAIs are caused by a back and forth shaking of the brain and often present in people who have been in car accidents.

• Concussion: UPMC characterizes concussions as mild traumatic brain injuries that occur after a person has taken a direct or indirect hit to their head or body. Spinal fluid cushions the brain from banging into the skull, but when a person is hit hard, the brain can effectively crash into the skull, resulting in a concussion.

Head injuries are more common than some people may recognize. Recognition of the differences between head injuries can be useful knowledge for people from all walks of life.

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Bid on "The Right to Ignite" just prior to the burn. High bidder gets the torch to start the burn!

We hope we can count on your continued support for 2025!

Which Children are at Risk of a Head Injury?

- Head injuries are more common in boys than girls.
- Teenagers are at a higher risk of experiencing head injuries.
- The months of summer and spring present higher risks of head injuries due to the involvement of children in outdoor activities.
- Kids who play sports such as football, hockey, soccer, or basketball could be more susceptible to concussions.

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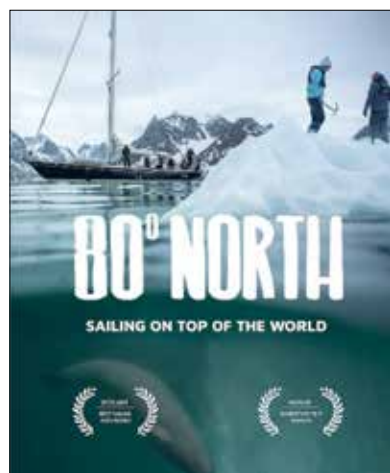
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COASTAL LIVING

Old Theater Events



The Old Theater Presents Friday Flick

80 Degrees North: Sailing on Top of the World

March 28, 2025, at 7:00 PM

A Sailing Documentary

Admission by Donation
Box Office opens at 6:00 PM.

Friday Flicks return to The Old Theater beginning with 80 Degrees North, a documentary series that chronicles the adventures of two popular sailing crews, Delos and Isbjorn, as they explore the relatively unknown arctic waters of Svalbard, a Norwegian archipelago in the Arctic Ocean. Over a three-week expedition, the two sailing crews set out in search of glaciers, polar bears, and 80 degrees North latitude.

The goal is to circumnavigate the main island, which few people have ever done. These are uncharted waters, a frozen landscape of icebergs, glaciers, mountains, and fjords. SV Delos teams up with 59 Degrees North, who specialize in offshore sailing and who are newcomers to such northerly waters, where falling in means almost certain death within minutes.

This award-winning docuseries covers several threatening issues to the wildlife and ecology of the region, from the extreme rate of glacial retreating to the negative effect of cruise ship tourism, from the brutal history of whaling in Svalbard to the harmful impact of plastics pollution. In addition, the series includes a veritable “polar petting zoo” with numerous wildlife encounters, including polar bears, walruses and a gigantic pod of beluga whales. The scenery of Svalbard is truly breathtaking and the cinematography is exceptional.

The Old Theater is a 501(c)(3) nonprofit organization providing a venue for civic and cultural events serving residents and visitors of Oriental, Pamlico County and surrounding areas. The theater is located at 609 Broad Street in Oriental, NC. For more information, call 252-249-0477.

The Old Theater Presents

The Grateful Bonafides: Music of Jerry Garcia

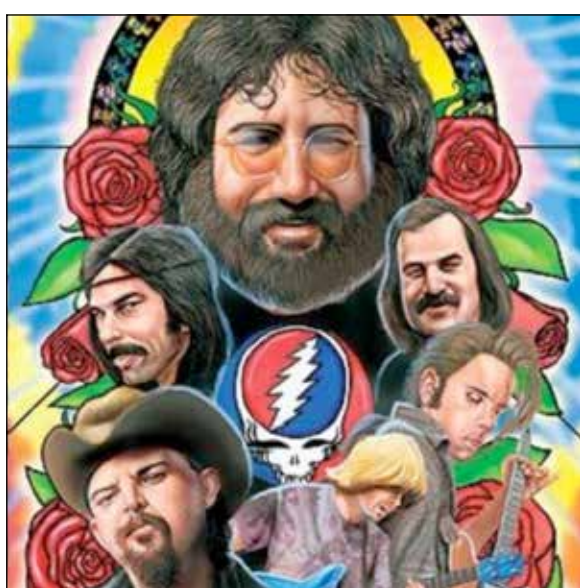
April 5, 2025, at 7:00 pm

April 6, 2025, at 3:00 pm

Tickets: \$25 General Admission; \$20 for OT members, military, and students; Children under 6 are admitted free
Tickets are available at Nautical Wheelers in Oriental and New Bern and online at www.oldtheater.org.



For fans of the Grateful Dead, The Bonafides will present the music of Jerry Garcia at The Old Theater in Oriental on April 5 at 7:00 PM and April 6 at 3:00 PM. This family-plus-friends band from New Bern, NC, has played this concert to sold-out crowds. With acoustic and electric guitars, mandolin, fiddle, bass, drums, banjo, harmonicas and soaring harmonies, The Bonafides never fail to deliver. In this concert, they honor Jerry Garcia, a singer, guitarist, and songwriter who co-founded The Grateful Dead, an American rock band from Palo Alto, California. In 1965, The Grateful Dead was known for their eclectic style that fused elements of rock, blues, jazz, folk, country, bluegrass, rock and roll, gospel, reggae, and world music with psychedelia. The band is famous for improvisation during their live performances and for their devoted fan base known as “Deadheads.” Garcia also founded the Jerry Garcia Band in 1975, a side-band



that favored a slower, groove-based “bar band” approach strongly oriented toward rhythm and blues, gospel and reggae. Their signature song was “How Sweet It Is (To Be Loved by You)” and they toured the country performing until Garcia’s death in 1995. Come experience The Bonafides giving tribute to one of the greatest musicians in music history.

The newly renovated Old Theater will provide the comfort you deserve and the drinks you desire by donation.

The Box Office will open one hour before the show but don’t wait until the last minute to buy tickets. Previous shows have sold out.

The Old Theater is a 501(c)(3) nonprofit organization providing a venue for civic and cultural events serving residents and visitors of Oriental, Pamlico County and surrounding areas. The theater is located at 609 Broad Street in Oriental, NC.

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**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
LINDA MARIE ZIELINSKI
File No.: 25E001093-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to CHRISTOPHER J. STEFFENS, EXECUTOR on or before MAY 27, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 26TH DAY OF FEBRUARY 2025

ESTATE OF LINDA MARIE ZIELINSKI
C/O CHRISTOPHER J. STEFFENS
2473 FOXWOOD DR
CHAPEL HILL, NC 27514

Publish FEBRUARY 26, MARCH 5, 12 AND 19 2025.

**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
CHARLES FRANKLIN
BRINSON, JR.
File No.: 25E001044-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to CHARLES FRANKLIN BRINSON, JR., ADMINISTRATOR CTA on or before JUNE 3, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 28TH DAY OF FEBRUARY 2025

ESTATE OF CHARLES FRANKLIN BRINSON, JR.
C/O CHARLES TODD BRINSON
PO BOX 123
ARAPAHOE, NC 28510

Publish MARCH 5, 12, 19, AND 26TH, 2025.

**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF**

INCIDENTS

March 6, Vandemere St., Oriental, undisciplined juvenile
March 6, Dixon Rd., New Bern, second degree trespass
March 6, Janiero Rd., Arapahoe, second degree trespass
March 7, Sanders Rd., Merritt, death investigation
March 7, Main St., Bayboro, warrant for arrest second degree trespass, warrant for arrest intimidating witness, warrant for arrest domestic violence protective order violation
March 7, Main St., Bayboro, assault employee state/local detention center cause physical injury

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LEGALS

**JOHN CONRAD LATHAM
File No.: 25E001045-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JOHN CONRAD LATHAM, ADMINISTRATOR CTA on or before JUNE 3, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 28TH DAY OF FEBRUARY 2025

ESTATE OF JOHN CONRAD LATHAM
C/O ANDREW L LATHAM
PO BOX 744
BAYBORO, NC 28515

Publish MARCH 5, 12, 19, AND 26TH, 2025.

**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
CECIL C. NOBLES
File No.: 25E001041-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to CECIL C. NOBLES, ADMINISTRATOR CTA on or before JUNE 3, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 28TH DAY OF FEBRUARY 2025

ESTATE OF CECIL C. NOBLES
C/O PENNEY LEWIS
321 WYNDFALL LANE
ARCHER LODGE, NC 27527

Publish MARCH 5, 12, 19, AND 26TH, 2025.

**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
MAVIS POWELL WILLIAMS
File No.: 25E000005-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MAVIS POWELL WILLIAMS, ADMINISTRATOR CTA on or before JUNE 10, 2025, at the

address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 6TH DAY OF MARCH 2025

ESTATE OF MAVIS POWELL WILLIAMS
C/O SHERRIE MIDYETTE
2235 DON LE RD
ARAPAHOE, NC 28510

Publish MARCH 12, 19, 26 AND APRIL 2, 2025.

**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
LILLIE MAE PEGRAM
File No.: 25E001027-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to RUSSELL W. PEGRAM, JR., CO-EXECUTOR OR SHEILA DARLENE PEGRAM, CO-EXECUTOR on or before JUNE 10, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named CO-EXECUTOR'S.

This 12TH DAY OF MARCH 2025

ESTATE OF LILLIE MAE PEGRAM
C/O RUSSELL W. PEGRAM JR
175 COWELL LOOP RD
BAYBORO, NC 28515

ESTATE OF LILLIE MAE PEGRAM
C/O SHEILA D. PEGRAM
224 GIBBS RD
NEW BERN, NC 28560

Publish MARCH 12, 19, 26 AND APRIL 2, 2025.

**Notice to Creditors
North Carolina,
Pamlico County**

All persons, firms and corporations having claims against the Estate of Alma F. Brunner, deceased, of New Bern, NC, are notified to present the same to the personal representative listed below on or before June 12, 2025, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 12th day of March, 2025.

REPORTS

March 7, NC Hwy 55, Alliance, order for arrest second degree trespass, possession of drug paraphernalia not for marijuana
March 8, Pamlico Rd., Oriental, larceny of firearm
March 8, Main St., Bayboro, communicating threats
March 10, Whortonsville Rd., Merritt, citizens assist
March 11, Main St., Bayboro, first degree trespass enter/remain

PROPERTY TRANSFERS
March 3, Fairwinds Lot: 15 0.483 AC PCA 104-2; Map DB 461/462, Life Estate, from Boyd Earl Canfield, Jr., Marian J. Canfield to Nancy Moore, Teresa Moore Lazenby, Craig Stephen Moore, \$770
March 3, 4.00 Tract Two PCB 18-2 from Bay River Capital, LLC to Stacy Gibson, \$506
March 3, Sea Vista Oriental Heights Block: B Lot: 10 MB 4/100; Map DB 347/502 from John Reardon, Katherine Ann Reardon to Peter John Byrne, Cheryl Anne Byrne, \$1,190
March 4, Word Fellowship Church Cemetery Incorporated Lot: 11 Section D Row A PCA 194-12, Word Fellowship Church Cemetery Incorporated Lot: 12 Section D Row A PCA 194-12, Warranty Deed and Right of First Refusal from Word Fellowship Church Cemetery, Inc. to Harry Ralph Roberts, Debra Fornes Roberts, \$3
March 4, Lot 3 Mabel Mills Estate PCA 46-10 from Linda Mills Gray, Andrea Gray Jeffries, Joel T. Jeffries, Jeffrey Barrow Gray, Jana Gray, Janna Gray to Thomas Asa Young, Sr., Cynthia Moore Anderson, \$200

Michael Serrano Miralda, Administrator CTA of the Estate of Alma F. Brunner % Quay & Associates, P.A. 412 Broad Street New Bern, NC 28560

PUBLICATION DATES:
03/12/2025, 03/19/2025,
03/26/2025, 04/02/2025

**NORTH CAROLINA
PAMLICO COUNTY**

Notice to creditors:

All persons, firms and corporations having claims against the Estate of JOHN GRAHAM HODGES, SR. deceased, of PAMLICO County, N.C., are notified to present the same to the personal representative listed below on or before June 19, 2025, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment.

This 19th day of March, 2025.

John Graham Hodges, Jr. -
Executor
C/O MARY T. SKINNER,
ATTORNEY
Dunn, Pittman, Skinner & Ashton,
PLLC
3230 Country Club Road
New Bern, NC 28562

March 19, 26 April 2, 9

**NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
KAY FRANCES EMERY
File No.: 25E001024-680**

All persons, firms and corporations having claims against deceased, are notified to exhibit them to DEBORAH HUNTER, EXECUTOR on or before JUNE 17, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 19TH DAY OF MARCH 2025

ESTATE OF KAY FRANCES EMERY
C/O DEBORAH HUNTER
102 TOLER RD
MANTEO, NC 27954

Publish MARCH 19, 26, APRIL 2 AND 9 2025.

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Miscellaneous

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Miscellaneous

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AROUND THE COUNTY

Grantsboro Jeff Roberts, *Correspondent*



Hello all, I hope that everyone has had a great week. Last week's weather was absolutely phenomenal. 50's-80's is absolutely amazing weather. I hope that everyone gets outside and enjoys it, before the pollen comes. The chicken fry at New Bethlehem OFWB Church went extremely well, I heard that they completely sold out! I am quite certain that they appreciate all the support.

The County Opry will start hosting a farmers market and flea market, make sure you come out and support them with this venture. My wife loves both of those and to be able to do both at one stop will be great for her. This event will begin on April 5 on Saturday's from 8-3. Don't forget about the free tax service at the Pamlico Senior Center on Wednesday's 9am-3pm and Saturday's 9am-1pm. This service is available for walk-ins and drop-offs only.

I noticed last week that they have started breaking ground for our new urgent care facility coming to the area. It is amazing to see over the years how our small community has changed and evolved. The Hope Clinic is another place here in the County that if you need medical care that is available to us. Their services are income based, I was there the other day dropping off a couple of plaques for the pictures I have located there. It is an amazing facility and the people there are amazing!

I still remember when most of the businesses were right there at the flashing light. I remember the old men sitting on the old seat outside the service station and sitting at the stoop of the old two story that sat there as well. My Uncle Bonner walking around the area picking up cans. Such fond memories of back then.

Last week's photo featured a man in what looks to be a window, wearing an old hat smoking on a pipe. This gentleman is James Madison Reel. Just looking at this picture makes me imagine what was going on when this picture was taken. He sure looks like a man who knows hard work and a thing or two about life. He almost looks like he should be in one of the old western movies.

The Reel family dates back to the early 1700's in Craven County. There are documents showing land grants from King George III near Little Swift Creek. There are also records of this family in the Revolutionary war. They have ties to many families in the county names such as Askins, Holton, Dixon, and Brinson.

James was the brother of Mary Reel who married George Dixon from the Dixon plantation, his brother was John Benton Reel. These brothers were known for their prosperity in Pamlico County along with other members of the Reel family. They had stores in Reelsboro, Grantsboro, Arapahoe, and Bairds Creek. I love each and every time that I dive into a part of our history here in Pamlico.



This week's photo is of another man tied to this area, who might this one be?

Pamlico Betty Jo Rodgers, *Correspondent*



There was a misprint in the Pamlico News last week. March 12, 1912 (not 1972) was when Juliet Gordon Low founded the first Girl Scout Troop in America. The date jumped out at me because I attended the 50th birthday celebration for Girl Scouts that was held at Camp LeJeune in 1962 when I was in high school. I had the privilege of meeting Lady Baden Powell. She was the wife of Lord Baden Powell who started the first Boy Scout Troop.

Bayboro Missionary Baptist Church is hosting the county-wide Lenten service each Wednesday during Lent. There is a short worship service starting at noon followed by a fellowship meal after the service. It is designed so working people may attend during lunchtime. Father Jeremiah Day, Retired Episcopal Priest from St. Thomas in Oriental brought a stirring message about the temptation of Christ last week.

Below is a schedule for the remaining services:

- March 19** - Reverend Betty Joe Rodgers, Stonewall Methodist Church Pastor
- March 26** - Reverend Joyce Bell, Retired AME Zion Methodist Church Pastor
- April 2** - Evangelist Carnell J. Barrow, West Branch Missionary Baptist Church
- April 9** - Apostle Thelmond Cooper, True Worshipers Assembly of ENC Pastor
- April 16** - Reverend Scott Fitzgerald, Bayboro Missionary Baptist Church Pastor

Broad Creek United Church of Christ will commemorate their 160th anniversary of the oldest African American Church in Eastern

NC established in 1865. There are events to highlight this milestone in the church's history, starting with a banquet on April 5, 2025, at Pamlico Community College's Delamar Center, a soul stirring church service on April 6, 2025, and a Souvenir Anniversary Booklet that will capture this historic event for years to come. For information, contact Elbert Mattocks at 252-249-9865.

There is activity at the building site beside Broad Creek UCC. Construction appears to be slowly moving along as we enter into the springtime season of the year.

Stonewall Methodist Choir is preparing to perform their Easter Cantata, "Lamb of God" on Palm Sunday, April 13, 2025, at 6:00 pm. Reelsboro Methodist Choir and other singers from Pamlico County are preparing to perform the traditional presentation of "Written in Red," directed by Amy Carey Smith of Stonewall. Night performances on April 8th & 10th-13th at 7:30 pm. Matinee performances April 12th & 13th at 4:00 pm. No admission fee and first come first serve seating.

I mentioned the "Dirt Road Daylilies & Campground" in an earlier article. They have two unique RV sites for rent at \$600 per month which includes internet and TV. These rental are long term or short term. For more information, call 336-588-5658.

Celebrating birthdays in March are Frank Bacon & Patrick Phillips (3/21), Heath Fulcher (3/24), Emma Machle & Joanna Harrell (3/27), Asa Gatlin (3/28), Debbie Willis Fulcher (3/30), and Santa Klotz (3/31).

Have a blessed week. Jittery? Take Spiritual Vitamin J. "Jesus Christ the same yesterday, and today, and forever." (Hebrews 13:8)

Whortonsville Reba Tiller, *Correspondent*



It is early morning on Monday and I have not opened the blinds to see how the storm affected us last night. Today is St. Patrick's Day so I am listening to the Bagpipes playing on Fox. We had our own party yesterday and Lourdes and Todd provided the Corn beef and cabbage with all the trimmings. We actually turned it into a two day party and had scads of food and desserts. We also celebrated birthdays for January, February, and March. We sang happy birthday to all and I played Irish music. We had sixteen people

attending. Our next party will be for birthdays in April, May, and June, so we will also celebrate Easter. Church attendance was down a little yesterday. Bill and Sylvia returned from Charleston where they visited Joe and Colleen who are there on their boat. Maura and Melydia also returned from their trip.

Thought for the week—Give anyone who isn't wearing green today a little pinch!

Aurora Joy McCracken, *Correspondent*



Zounds! That front on 3/5 was something with all the wind and dumped just under an inch of rain. We still have some 40's at night in the forecast but for the most part Spring is here.

I love the UK version of English sometimes. I am keen on crime documentaries and theirs amuse me with examples of 'misadventure' instead of our foul play. A 'torch' is a flashlight and I can picture someone in a medieval castle wandering around with one.

Lots of military plane sounds in the last week or so. It was amazing that you could hear the two low flying jets over the school but not out here. Sometimes the cats confuse the noise with thunder (which they don't like).

The Carpenter Bees are now awake and will probably do the first mowing this week. Two Deer are hanging about at the end of the road.

No Hummingbirds yet although they've been sighted in Oriental. My Brown Thrasher is still a good customer at the feed table and has started singing in the pines. I'm thinking his arrival has chased off the Mockingbird who dominated the yard and feeder for the last two spring/summers. Thrashers have less repeats than Mockingbirds and a larger repertoire.

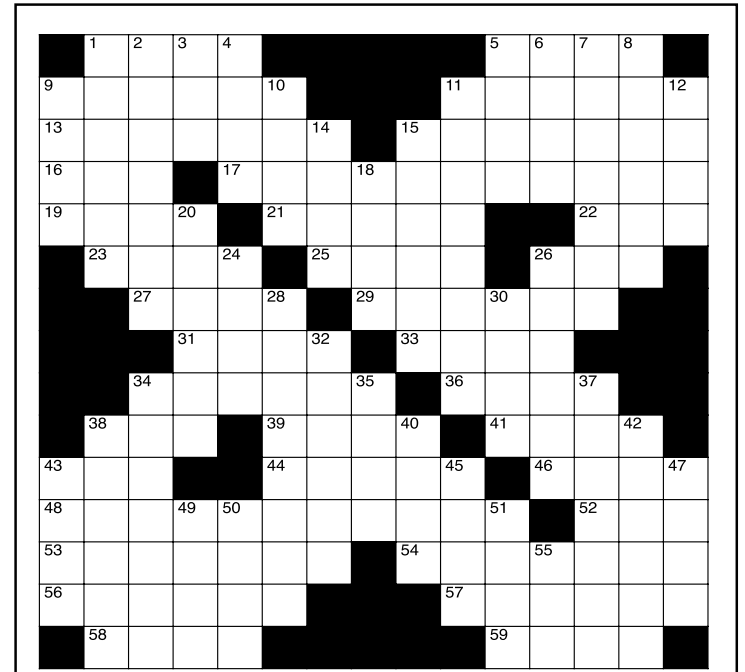
We had a treat going to Washington and getting Brownie Bakery donuts and an excellent corned beef brisket at their extra nice Food Lion.

The annual Rabies Clinic will be in Aurora on 4/12 in the open field across from the water tower from 9-10 am.



My Photo of the Week is of my Gray Catbird who has made himself quite at home.

CROSSWORD

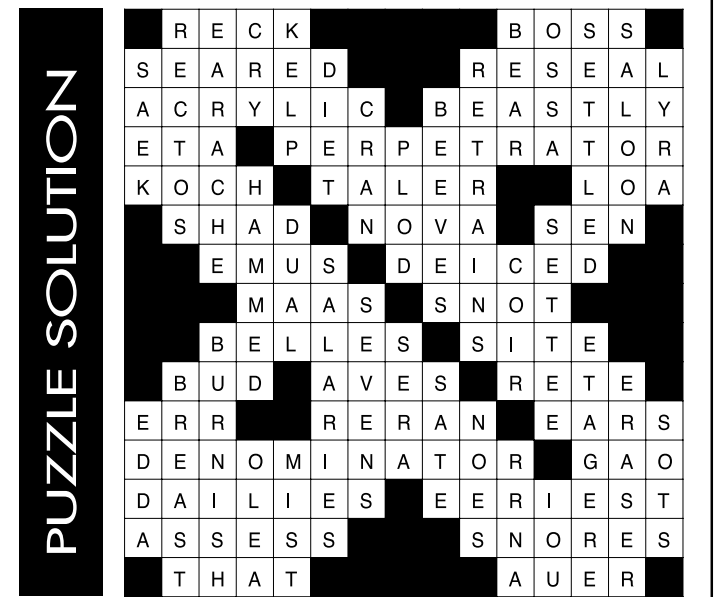


CLUES ACROSS

1. Take heed
5. One's superior
9. Prepped meat
11. Tighten anew
13. Type of textile fiber
15. Animalistic
16. When you hope to get somewhere
17. Offender
19. Former NYC mayor Ed
21. Type of cryptocurrency
22. Mauna __, Hawaiian volcano
23. Herring-like fish
25. Popular PBS program
26. Congressman (abbr.)
27. Flightless Australian birds
29. Defrosted
31. Prior Yankee sensation Kevin
33. Nasal mucus
34. Some are southern
36. A place to construct
38. Popular beer brand
39. Shouts of farewell
41. Network of nerves
43. Make a mistake
44. Showed old movie
46. Body parts
48. A divisor
52. Congressional investigatory body
53. Papers
54. Most unnatural
56. Judge the worth of something
57. Makes sounds while sleeping
58. Which
59. Hungarian Violinist

CLUES DOWN

1. Pages
2. Head pain
3. A loud utterance
4. Large brown seaweed
5. Hulu's chef Carmine
6. Greek mountain
7. Made final
8. Bar
9. Tai subgroup
10. What you eat
11. Teaches again
12. Small constellation
14. Type of berry
15. Cows fattened for meat
18. A way to hoof it
20. Exaggerated a role
24. About two
26. Long upholstered seat
28. What employees earn
30. Fiber from a coconut husk
32. Digits
34. Polish by rubbing
35. Liquid body substances
37. Furniture with open shelves
38. Edible part of a chicken
40. Satisfy
42. Tool used to remove
43. Icelandic poems
45. Swiss village
47. Drunks
49. Evergreen plant genus
50. Light precipitation
51. Ribosomal ribonucleic acid
55. An informal debt instrument



WORD SCRAMBLE

Rearrange the letters to spell something pertaining to working from home.

F E C O I F

--	--	--	--	--	--

Answer: Office

Pamlico Partnership for Children Request for Proposals

Pamlico Partnership for Children (PPFC), a public-private (501(c)(3)) member of the Smart Start network. Pamlico Partnership serves the interest of Pamlico County's children and their families, through programs and activities related to early childhood education, literacy and family support. PPFC is soliciting proposals to implement the following activities for a three-year cycle: July 1, 2025 – June 30, 2028.

Early Childhood Education, Family Support and Evaluation

- Community Play & Learn
- Pamlico Partnership Lending Library
- Partnership Playgroup
- Program Evaluation

For more information or to obtain the full Request for Proposal/ Application contact Pamlico Partnership for Children:
Susan Bridgman, Executive Director, 252-745-7850
E-mail: susan@pamlicopartnership.org
Visit our office at 702A Main Street, Bayboro NC 28515

Completed proposals must be submitted no later than noon, April 30, 2025.

Good morning!

You know it's a good morning when you wake up with everything you need.
Call today for home delivery.

The Pamlico News | P.O. Box 510, Oriental, NC 28571 | 252-249-1555

PAMLICO COUNTY MIDDLE SCHOOL

Pamlico County Middle School Students Make an Impact in the Community and Beyond

Pamlico County Middle School students have been hard at work, making a difference both in their community and in academic competitions. From hands-on service learning at the Food Bank of Eastern North Carolina to outstanding achievements at the Eastern Regional Rally, these students have demonstrated dedication, skill, and a commitment to excellence.

Hands-On Learning Through Service at the Food Bank



Students in Zarah Forbes' "Principles of Family and Human Services" and "Exploring Nutrition and Wellness" classes took their lessons beyond the classroom this week, volunteering at the Food Bank of Eastern North Carolina. Their efforts resulted in an incredible 2,604 meals packed for families in need, providing direct support to those experiencing food insecurity. Through this hands-on experience, students not only reinforced their classroom learning but also saw firsthand the impact of their service on the community.



A Special Connection to Pamlico County Schools

Adding an extra layer of meaning to their volunteer experience, students had the privilege of working alongside two Pamlico County Schools alumni who are now leaders in food relief efforts. Jenna Bustamante, the Volunteer Coordinator for the Food Bank, graduated from Pamlico County High School in 2020, while Wykeshia White, Director of Regional Development from the Greenville office, is a member of the Class of 2009. Their presence showed students that the spirit of service extends well beyond graduation and that Pamlico County Schools instill values that last a lifetime. Seeing former students return to give back to their community was a powerful reminder of the long-term impact of education and service.

Celebrating Student Success at the Eastern Regional Rally

Pamlico County Middle School students brought home an impressive array of awards at the Eastern Regional Rally held at Pitt Community College. Competing in a variety of categories, these talented students demonstrated skill, creativity, and determination, proving that hard work and dedication pay off.

Skills and Creativity on Display



In the "Pin Design" category, Mia Angelo secured first place, followed by Melody Armstrong in second and Chase Carey in third. The "Promotional Bulletin Board" competition was equally impressive, with Taquan Scott, Jr., Isla Weimann, and Francesca Karp earning second place.

Athletics: A Month of Competition and Teamwork

Sports were in full swing throughout February, with student-athletes demonstrating dedication and teamwork on the field and mat. The wrestling team showcased their strength and skill at the Conference Tournament in Havelock on both February 7 and 10. Competing against other schools, the wrestlers put in a tremendous effort, proving that hard work and perseverance pay off.

Meanwhile, the boys' soccer team took to the field, representing PCMS in several competitive matches. On February 18, they traveled to face Grover C. Fields, followed by an away match against HJ Middle on February 20. The players showed resilience and determination as they battled tough opponents. The team continued their season with a home game against Havelock on February 25 and finished out the month with an away game at Tucker Creek on February 27.

Whether winning or learning from challenges, PCMS athletes embodied the spirit of sportsmanship and teamwork, making their school proud.



Artistic Talent and Design Expertise

Students also showcased their artistic abilities in various design competitions. In "Poster Design", Ruby Rohrman won first place, followed by Kayton Forbes in second and Angel Garner in third. The "Promotional Bulletin Board (Gold Medal Team)" category saw Mya Hopkins, Allison Buck, and Morgan Blaebaum earning first place.

In the "T-Shirt Design" competition, Kassidy Covarrubias claimed first place, while Ciarrah Carawan, Mackenzie Carey, and Savannah Huertas rounded out the top four with second, third, and fourth place finishes, respectively.

Leadership and Technical Skills Shine



Pamlico students excelled in leadership and technical competitions as well. Sabella Rodgers took first place in the "Pledge Winners" category, with Dixon Strickland finishing in second. Antonio Carmon demonstrated outstanding knowledge in "Automotive Tool ID", earning first place, while Angel Garner's impressive skills led to a first-place win in "Job Demonstration A*." Wyatt Geary showcased his ability to think on his feet, securing first place in "Extemporaneous Speaking*."

Teamwork and Engineering Excellence

Collaboration and innovation were key in the "Team Engineering" competition, where Aubriana Karp, Ally Cain, and Ada Spangler took home first place. Their ability to work together and solve complex problems demonstrated not only technical knowledge but also teamwork and creativity.



A Community of Excellence

The accomplishments of these students highlight the strong academic and extracurricular opportunities available at Pamlico County Middle School. Whether through community service or competition, they continue to represent their school with pride and dedication. A huge congratulations to all students for their hard work and success—your achievements continue to make Pamlico County proud!

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Continued from page A1

Evening With the Arts



Chef Keith Reese's students prepared a sampling of delicious fare for attendees to enjoy. This did not wrap up the night as the performances now shifted to the A.H. Hatsell Auditorium for some great music by members of the Pamlico County School Bands. Musical selections were performed by soloists, duos, trios, and small ensembles before the Pamlico County Symphonic Band took the stage to entertain as the grand finale, wrapping up a great evening of pleasure for your eyes, ears, and taste buds.



Data from the Bureau of Economic Analysis indicates the significance of farms in relation to the gross domestic product of the United States economy. In 2023, farms contributed \$222.3 billion, or roughly 0.8 percent of the nation's GDP. Though that's a significant contribution in its own right, it only tells a small part of the role farms and farmers play in establishing a healthy national economy. Additional sectors, such as the food and beverage industry and textiles, apparel and leather products, rely on the agricultural sector to contribute to their own success. Without a thriving agricultural sector, those industries would falter, thus creating a domino effect that could prove devastating to the nation's economy. That link is why the BEA estimates the agricultural sector is an even bigger contributor to the nation's GDP than it may seem. Indeed, the BEA indicates the agricultural sector, in conjunction with food and related industries, contributed around \$1.54 trillion to the U.S. economy in 2023, a contribution that accounts for roughly 5.5 percent of the nation's GDP.



Become a Master Gardener Volunteer!

Now Accepting Applications for 2025 Master Gardener Program!

DEADLINE MARCH 25TH





Hurricane Softball

Taylor McHenry comes out from behind the plate to make great defensive play

"In softball, as in life, all the important things happen at home!"

**ORIENTAL UNITED METHODIST CHURCH
AND THE SARA VEAL CIRCLE
INVITES YOU TO THEIR 3RD ANNUAL**

Songs & Sweets

Friday, April 4, 2025 at 7:00 p.m.

**Oriental United Methodist Church Sanctuary
404 Freemason Street, Oriental**

*Join us for an evening of music and fun
Afterwards enjoy pie and ice cream!*



Donations go to support local children in foster care.

(checks should be made payable to Sara Veal Circle)

Hosted by the Sara Veal Circle



FARM SCHOOL ON WHEELS

Powered by Granit Training Group



Agri-Tourism & Farm-Starter Workshop

Saturday, April 26, 9am - 3pm

**Pamlico Small Business Center
701 N. Main St, Bayboro, NC 28515**

- ~ Maximizing Your Land
a smart approach to farming
- ~ Farm Financing 101
funding & planning for growth
- ~ Agritourism 101
turning your land into a destination
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planning for success

Lunch provided by



Register for FREE, visit:
www.PamlicoSBC.com