Vol. 57 No.26, 12 Pages

# The Pamlico News

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#### Correction and acknowledgement

In last weeks article concerning the Pamlico Youth Football Camp, we incorrectly identified HIT as "Hard, Intelligently, as a Team. In this instance it stands for High Intensity Training. We would also be remiss if we didn't recognize the fine work of the Kelly Twinz Helping Hands Foundation, whose hard work and financial contribution made this event, and other charitable events like it throughout the county possible. Thank you for supporting our youth and Hurricane athletics.

#### **Genealogy Help** Available at the Pamlico Heritage Museum

by: Hiram Lupton



Ian Silverthorne Klinner has a passion for genealogical research and thanks to the Pamlico County Heritage Museum, she hopes to share her expertise with others seeking to find out about their family lineage. "I've been interested in genealogy for over forty years. I love finding out bits and pieces about my family tree and putting it all together. I hope I can share some of what I know to help people get started in their search and then let them explore on their own." Jan can show those aspiring genealogists how to research local records as well as do online research. She will be at the Heritage Center on Friday's from 11 AM until 3 PM. The Pamlico County Heritage Center is located at 10642 NC Hwy 55 East in Grantsboro. Give them a call at (252) 745-2239 or stop by when they are open. The best thing, it is free.



## **Inshore Shrimp Trawling – A Commentary**

By Dee Lupton - Retired Deputy Director, NC Division of Marine

Last week, a NC Senate Committee Substitute Amendment was introduced to House Bill 442 that will ban inshore shrimp trawling and passed by the full Senate. As of Sunday, June 21 and the writing of

this commentary, the amended bill was on a fast track to go to the NC House for approval to become law in the pretext to protect juvenile fish and habitats. The outcome will probably be decided after submission of this article to the newspaper. This is not the first attempt to ban inshore shrimp trawling. I DO

NOT support the elimination of inshore shrimp trawls. My objection is based on data, science, and

I have written articles for The Pamlico News the past couple of years primarily focused on coastal interests and intentionally stayed away from North Carolina's fisheries management issues. This article is different and is a commentary from someone who was involved in NC fisheries management issues from data collection, management formulation and implementation, public meetings, and closed-door discussions. I worked close to 30 years for the NC Division of Marine Fisheries and served as Deputy Director for the last 15, retiring in 2022. It was not for the faint of heart. During my career, I vehemently defended the process and the integrity of the data and science. When I retired, I walked away from fisheries management issues, but I cannot stand on the sidelines for this issue because I know the players who support banning inshore trawling and how they do not tell the full story - ever!

This amendment blindsided everyone. Many people in Pamlico County have asked why and how the trawl ban became a sudden issue. Those in the shrimping industry know exactly who lobbied

> for it because they have been fighting this battle for years, but for the general public, it has been a bewildering experience. Like many of you, I sent my comments in opposition to NC House members. It was lengthy as I tried to provide facts and information that supporters of the bill

have failed to provide so that members could have all the information for their decisions. I include some of the information here.

Special interest groups (this is plural – there are at least three who lobby against inshore trawling) have continually attacked the commercial fishing industry and, specifically, the shrimp industry for years. They cover it up under the auspices of 'concern' or 'conservation' for the resource, but it is something much deeper that is hard to understand or explain. I have heard comments, in public and private settings from these groups and individuals about the commercial fishing industry that are beyond disrespectful, downright vengeful, and petty. They will sell out their own stakeholders if it means one less commercial fisherman. Those leading the charge are a small number, but they have great influence. If you are a saltwater angler who disagrees with these actions and groups, you need to speak up and make sure lawmakers understand these groups do not represent you because it is portrayed that they do.

■Continued on Page A11

# PCHS Class of 1955 Reunion



For thirteen members of the Pamlico County High School Class of 1955, Saturday was reunion day as they gathered at Brantley's Village Restaurant in Oriental to celebrate the 70th anniversary of their graduation. Stories, laughter, and a great meal was shared by the classmates. They also paid tribute and memorialized forty-four members of their class who they have lost over the years.

### PCHS Class of 1980 Reunion

by: Hiram Lupton



It was a great evening of food, fun, and fellowship as twenty-six members of the Pamlico County High School Class of 1980 gathered at the Oriental Women's Club to celebrate the 45th anniversary of their graduation. This gathering was particularly special as the 40th reunion that had been planned for 2020 had to first be rescheduled and then cancelled due to the pandemic. About forty classmates who have passed on were also remembered in a memorial display.

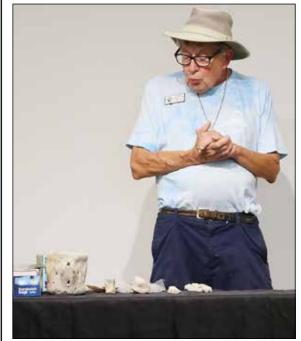
#### Tips to make a computer run more smoothly



The spinning color wheel on a computer screen is an unwelcome sight. Despite that, it's a frustration familiar to millions of computer users across the globe and indicative of a device that's overwhelmed.

Though there's never a good time to see the spinning color wheel, it tends to appear at those moments when users are particularly busy or staring down important deadlines. Some computers experience diminished performance due to age, but oftentimes users have options other than replacement when their devices aren't running smoothly.

#### The Fossil Museum Visits the Library



Dr. George Oliver of the Aurora Fossil Museum

The Aurora Fossil Museum took their educational show on the road last Thursday as Museum Educator Dr. George Oliver brought some great examples of fossils that have been found in the area and talked to those attending about why we find the types of fossils in this area that we do. After that, everyone got to dig and sift through some fresh material he brought to the library for the event. Kids and adults alike found small teeth and fossilized bones dating back thousands of years when our area was covered by ocean. A "cool" way to spend a hot afternoon learning about fossils.







Aurora Fossil Museum PO Box 352, Aurora, NC 27806-0352 Telephone: 252-322-4238 Email: info@aurorafossilmuseum.org











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# Two PCC faculty members complete state's **Master Instructor Program**

By Sandy Wall

Two Pamlico Community College instructors recently took part in an intensive professional development program designed to improve their teaching and effectiveness in the classroom.

Business Administration Instructor Terri Fesmire-Kennedy and Music Instructor Dr. Stacey Russell successfully completed the N.C. Community College System's Master Instructor Program, or NC3MI, earlier this year.



Dr. Stacey Russell

The five-month program is designed to teach instructors strategies to increase student success, including fostering connections with individuals and ensuring instruction is both engaging and impactful.

The two women were among 37 instructors from across the state to complete the NC3MI program, which is now in its second

PCC President Zac Schnell saluted the two instructors for their accomplishments and their commitment to self-improvement.

"Terri Fesmire-Kennedy and Dr. Stacey Russell's completion of the Master Instructor Program exemplifies our college's dedication to innovative teaching excellence.," he said. "Their achievement reflects our ongoing efforts to provide students with an education that prepares them for the evolving workforce of tomorrow. Congratulations to Terri and Stacey for helping us lead the way!"

Fesmire-Kennedy has been employed as a full-time faculty member at Pamlico since 2017. Russell, the only adjunct faculty member in North Carolina to complete the NC3MI program this year, teaches students enrolled in campus programs as well as those housed at Pamlico Correctional Institution.

The application process for the 2026 NC3MI cohort is scheduled to begin in October.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



# Dove Landing Dog Training

by: Hiram Lupton



When Alecia Williams decided to shift gears in her business life, she did it for several reasons. "I felt it was time to make a change for me, I really needed to gain some flexibility time-wise," Alecia says. "I also saw a need here in Pamlico County that I felt I could fill. I was getting inquiries about dog training and was referring clients to other places. I am a certified dog trainer and

can provide this service." Thus, Dove Landing Kennels became Dove Landing Training, a certified dog training facility right here in Pamlico County. Ms. Williams' classes typically meet once a week for six weeks and involve the owner and their dog. "We take things slow. The most important thing to begin with is socialization of the dog to other dogs and people. Once that is accomplished, we move on into other areas." Classes have a maximum of six owners/



dogs and since there is a spacious indoor training area, are not weather dependent. Dove Landing Training is also fully insured. As far as when to start training a dog, Alecia says as soon as you get it. "They may only be a small puppy, but they can learn, especially how to interact with each other." Dove Landing Training is located at 3690 Whortonsville Road. More information about classes can be found at www.dovelandingtraining.com and on their Facebook page. They can also be reached at dovekennels@gmail.com and by phone at (252) 249-3034.

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garage, and back deck is located on a .5-acre corner lot in the Cypress Circle subdivision. Walk, bike or drive to all the amenities offered by the town of Oriental.

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#### THIS WEEK IN HISTORY

by: Hiram Lupton

- June 25th 1876, Lt Colonel George Custer and his troops are defeated by Sioux and Cheyenne warriors at the Battle of Little Big Horn.
- June 26th Today is National Barcode Day. I'm thinking of getting a barcode tattooed on my butt so when I get lost and someone finds me, they can scan my butt and see where I belong.
- June 27th Today is National Ice Cream Day. Eat it fast before it melts.
- June 28th Today is National Insurance Awareness Day. I'm aware that I pay way too much for insurance.
- June 29th Today is National Camera Day. Smile or flash me, your choice.
- June 30th Today is National Social Media Day. I think I will stay off social media today.
- July 1st Today is National U.S. Postage Stamp Day and National Postal Worker Day.

#### **BIRTHDAYS THIS WEEK**

June 25th - 1943, Singer Carly Simon

June 26th - 1974, Baseball Hall-of-Famer Derek Jeter

June 27th - 1927, Kids TV host Bob Keeshan (Captain Kangaroo)

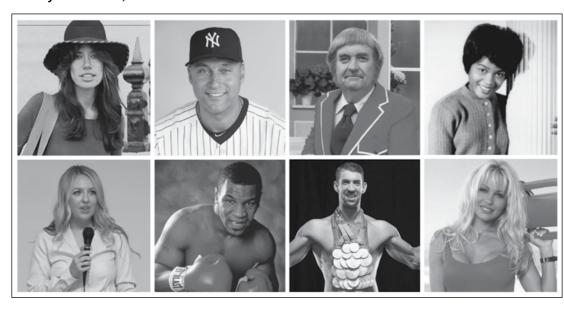
June 29th - 1943, Singer Little Eva Boyd (in Belhaven, NC)

June 29th - 19??, Pamlico County Library Manager Sidney Phibbons

June 30th - 1966, Heavyweight Boxer Mike Tyson

June 30th - 1985, Champion Olympic swimmer Michael Phelps

July 1st - 1967, Model and Actress Pamela Anderson



## **FUN FACTS**

Lima beans have an amazing ability to command wasps as a defense. If insects are eating the lima bean's leaves, the plant gives off a substance that acts as a signal to parasitic wasps to swoop in and destroy their enemy (i.e. the leaf-eating insects).



Prime Time provides services and activities promoting the physical, social, mental and spiritual well being of individuals aged 50+ in Oriental and surrounding Pamlico County. Prime Time partners with numerous organizations bringing together many resources helping area residents sustain an enriched and independent quality of life.

Director Phone: 252-675-0909 • Email: director@primetimepamlico.org

June 2025 To RSVP call 252.675.0909 or email director@primetimepamlico.org

**Breakfast with Friends** 

Brantley's Restaurant Thursday – June 26 8:30 am

Please join the group at Brantley's (Center Room) for breakfast. The breakfast will continue every Thursday at 8:30. (Except for when they are closed). Come as you are able. Breakfast is on your own. All are welcome!

#### **Prayer Shawl**

Thursday - June 26 10:00 am

Oriental United Methodist Church -Fellowship Hall

Crochet, knit shawls or lap robes to share with those that are in need of comfort and support.

Please can 919.219.2446.

Prime Time's mission is to provide services and activities promoting the well-being for the 50 plus community in Oriental and Pamlico County. Prime Time brings together many resources helping area residents sustain an independent and enriched quality of life. All are welcome!

Have a suggestion for a program or day trip, please contact Debora Steenson @ 252.675.0909 or email director@primetime-

https://www.aa.org/

# COMMUNITY

## **OBITUARIES**



Mooningham, 57, of Bayboro, NC, passed Wednesday, June 18, 2025, at CarolinaEast Medical Center.

Greg was a man who lived life with passion, kindness, and a deep love for both people and

animals. A dedicated Tennessee Walking Horse trainer, he poured his heart into his work at Fulcher's Red Fox Stables, where he trained numerous world champion horses.

He attended Motion Church, where his faith was a source of strength and comfort throughout his life. Outside of his work, Greg found joy in the simple pleasures - deer hunting, fishing, and especially dancing. His fun-loving spirit and natural rhythm made

**Gregory "Greg" Wayne** him the life of any gathering.

Greg was preceded in death by his parents, Claude and Janice Mooningham and brothers, Billy Joe, Terry, and Calvin Mooningham; and niece, Brandie Buyajian.

He leaves behind to cherish his memory his beloved wife of nearly 32 years, Michelle Mooningham; his children, Kayla Williams (Colby), Morgan Mooningham (Jeremy), and Lucas Mooningham (Sydni); sisters, Mary Ellen Clay (Chris) and Creda Tucker; and five cherished grandchildren, Abel, Julian, and Elijah Willians and Ava and Finn Douell.

A celebration of life will be announced at a later date.

As an expression of sympathy, memorial contributions may be made to Daniels-Sadler Funeral Home, PO Box 99, Alliance, NC 28509.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance, NC.

#### March 1933 - June 2025



Tommy Rue Lee passed on June 16, 2025 at the age of 92. He passed peacefully at home surrounded by family and close friends.

He was born in Arapahoe, North Carolina to Eva and Lytle Lee. Preceded in death by,

brother, Waddell, and sister, Danie Mae Martin (Ellis Martin). Survived by brother Davis lee and his wife Beth, and Judy Roads.

He is also preceded in death by his wife of 63 years, Corrine. Michael Leitner, stepson, Judy Brown, stepdaughter, Terry Lee, son. Survived by daughter, Robin and her husband Richard Ferguson. Tommy enjoyed 12 grandchildren and 13 great-grandchildren. Also survived by numerous and much beloved nieces and nephews.

Tommy worked in the computer industry from the early beginnings and again later in life as a technician for computer installs and repairs, traveling in an RV with Connie covering the entire country. An adventure of a lifetime shared together. In the mid to late 1970's, Tommy also owned and operated Lee Ford Tractor Dealership in Burgaw, NC. Tommy served in the Army from 1951 thru 1952, serving as Corporal in the Artillery/ Radio Corp.

Tommy's first true love was his family. He also enjoyed fishing, camping, travel, hunting, gardening and keeping his property in tip top shape. Tommy knew no enemies, and loved and respected everyone he met and counted as a friend.

Memorial services will be announced for a future time and place.

In lieu of flowers, please send any donations to Tunnel to Towers in honor of his service to his country and community.

A train station is where a train stops. A bus station is where a bus stops. I have a work station on my desk. so ...



#### Vandemere Sandra Snipes, Correspondent



Hello From Vandemere! OMG the heat has been tremendous. By the time you read this, the budget message will have been blessed and we continue to pace the progress. So much is happening: The spec home that we showed you last week continues toward completion very quickly; road improvements are finally going to start soon for the Port Vandemere subdivision; and Team Economic Growth and Team Parks and Recreation will be meeting with engineers to start master planning for a Community Center. We are so excited to share all this great news with you! We thank the community that supports us, works right along side us, and cheers us on to get

the job done! Cannot do this without you! Get ready for the Squidder Festival July 5, 2025, at the town park. Hope you can make it!



#### ARIES - Mar 21/Apr 20 Nothing is too much for you to handle

right now, Aries. But don't take on even more as a way to prove something to someone. That could be a recipe for trouble.



#### TAURUS - Apr 21/May 21

Your physical energy is strong right now, Taurus. This may work to your advantage regarding your relationship. Your desire for love and passion is intense right now, so explore it.



#### GEMINI - May 22/Jun 21

Matters of the heart may need a little work right now, Gemini. If things haven't been going too smoothly, you might have to examine the dynamics



#### of the relationship and make changes. CANCER - Jun 22/Jul 22 You have an incredible passion for life,

Cancer. It's attracting friends and family members into your circle. Partner with someone who shares your energy. LEO - Jul 23/Aug 23



Leo, if things aren't going smoothly at work, be careful about blaming yourself. You need to look at the bigger picture and figure out who all the players are in this situation.



#### VIRGO - Aug 24/Sept 22

Virgo, even when others may count you out, you can be full of surprises. Do not let a recent success go entirely to your head, however. You still have a lot of work to do.



#### LIBRA - Sept 23/Oct 23 Libra, even though you may like to

plan ahead and take things slowly, sometimes you need to throw caution to the wind. When an opportunity all but falls in your lap, run with it.



#### SCORPIO - Oct 24/Nov 22 Scorpio, recent conflicts may ignite

some mixed feelings, which could prove confusing. Think about solutions that potentially benefit all around you, including yourself.



#### SAGITTARIUS - Nov 23/Dec 21 You might not be having the best luck

right now, Sagittarius, but things can change quickly. Keep your chin up and your eyes set on your goal. Networking may help you move forward. CAPRICORN - Dec 22/Jan 20



#### Capricorn, if you have any health questions, make an appointment to talk to

stay ahead of things. AQUARIUS - Jan 21/Feb 18 Something that has been taking up a bulk of your time is finally coming to a close, Aquarius. This will be a big relief

and a lot of stress will be lifted in the

someone right away. It is important to



#### PISCES - Feb 19/Mar 20

People keep coming up to you expecting all of the answers, Pisces. Don't feel pressured to please everyone. Right now you may be content to enjoy some alone time.

#### **CARCER** Traits & Overview

Emotional, intuitive, and practically psychic; ruled by the moon and characterized by the crab, Cancer has so much going on in its watery depths. Cancer signs may seem prickly and standoffish at first meeting, once they make the decision to become friends with someone, that person has a

Most Cancer signs have been called psychic at some point, and with good reason—Cancer can often intuit relationships, ideas, and motivations before anyone has actually spoken. That can make for challenging interactions with this sign-Cancer hates small talk, especially when it contains white lies (like saying, "How nice to see you!" when it's clear that both parties would rather avoid each other). That's why social gatherings can be overwhelming for Cancers. They'd much rather spend time in small groups where everyone is on the same page.

FOR ENTERTAINMENT PURPOSES ONLY

#### **Publisher** Sandy Winfrey Office Manager Katherine Winfrey Jeannine Russo

https://aaeasternnc.org/

**Editor** 

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**Photographer Reporter** hiram@thepamliconews.com

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Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church

Thursday \*7:30pm\*\* - Recovery and Beyond Group - Beginner/Open Discussion Meeting at

Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church,

Sunday \*7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St.

The Pamlico News

https://aanorthcarolina.org/

Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)

600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

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# FINANCIAL FOCUS

## Steps to take following a job loss



what happens when you're busy making other plans." It's certainly true about an unexpected job loss. And it may cause stress over your financial situation. Here are a handful of steps you can take shortly after the loss of employment to help put yourself in the best financial position. Some of these are time-sensitive, so the sooner you act, the

File for unemployment – While unemployment insurance typically covers less than half of your previous paycheck, it can provide some financial relief - generally up to 26 weeks. Since filing a

claim can be time-consuming, file immediately so payments begin as soon as possible. There are eligibility requirements, including your unemployment being involuntary and through no fault of your own, and meeting your state's time worked and wage requirements. You can learn more about your state's unemployment insurance program online.

• Adjust your budget and spending - You'll likely require some changes to your budget, at least temporarily. Try to focus on the essentials, like housing, utilities and food, and see where you can cut costs — or find cheaper alternatives — on nonessentials, like coffee shops and entertainment. If you're saving for longer-term goals, like retirement or college, you may want to pause those contributions temporarily.

• Evaluate other sources of income - In addition to any severance and unemployment payments, you can consider cashing in emergency or other savings and investment accounts. You could look for part-time work, which generally does not affect your unemployment insurance income as long as you're earning less than your unemployment benefits. Other possibilities are cashing in the value of insurance policies or annuities outside of surrender charge peri-

Perhaps you've heard the expression: "Life is ods, accessing retirement accounts early, selling investments without taxable gains and borrowing money. Be aware that some of these options come with tax implications and fees. A financial advisor can help you navigate the trade-offs.

> • Understand your HSA and FSA options – You'll want to get the maximum benefit from your flexible spending account (FSA) and health savings account (HSA). The funds in an FSA are subject to a "use-it-or-lose-it" rule, generally within 60 days from termination. Consult your Summary Plan Description to understand how your FSA works and how to use your funds. Your HSA is yours to keep after leaving a company, and there's no deadline to use the funds. While you typically can't pay health insurance premiums from an HSA, there are exceptions for COBRA premiums and some other health insurance premiums if you're receiving federal or state unemployment benefits. Your plan administrator can help guide you.

> • Ensure you have health insurance coverage - Find out if your health benefits continue for any period and what is included. You generally can extend your employer's coverage up to 18 months under COBRA, though it's often expensive because you are liable for all monthly premiums. Joining your spouse's or partner's workplace plan could be an option, but you may only have 30 days to enroll. You can also look for coverage through the Health Insurance Marketplace, a function of the Affordable Care Act (ACA), where lower-income households may qualify for subsidies. Learn more about ACA coverage at healthcare.gov.

> Whether your next step is moving into early retirement or finding new employment, working through these steps may help you feel more confident in your financial position and more prepared to take on whatever comes next.

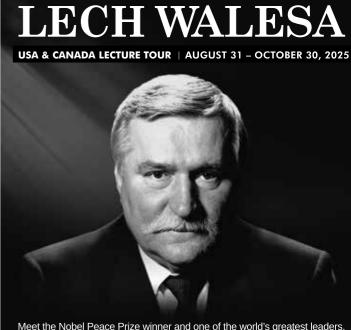
> This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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# EXTENSION Pamlico County

# **Look Out for Squash Bugs**

(Article written by Jessica Strickland Wayne CES, taken from https://wayne.ces.ncsu. edu/2025/05/lookout-for-squash-bugs/)

Squash is a popular summer vegetable we often try to grow in our gardens. However, one challenge when growing squash is having to deal with a common pest called squash bugs. This insect can be a serious problem, not only on squash, but also on zucchini and pumpkin plants.

The life cycle of the squash bugs begins with the adult insects overwintering in protected areas under plant debris, and then emerge in the spring. When they emerge, they seek out squash plants to feed on. The females will lay clusters of about 20 bronze/ copper-colored eggs on the underside of leaves, commonly where two leaf veins meet to form a V, or on the stems. The eggs hatch in 1-2 weeks, typically from mid-May to mid-June. The newly hatched nymphs will have a black head and legs with light green bodies. As they grow, they turn light gray as they become adults. Adult squash bugs are brownish-black and about 5/8" long. It takes about 5 weeks for the squash bugs to complete their life cycle from egg to adult.

Squash bugs have straw-like or piercing-sucking mouthparts they stick in the plant and suck the sap out similar to how we would drink from a juice box. The symptoms that show up on squash plants will be yellow spots on the leaves where they have fed. The leaves will eventually turn brown and die. A squash bug's damage will also disrupt the flow of water and nutrients to leaves causing the leaves to wilt. Squash bug feeding can reduce yields and eventually lead to plant death.

There are several strategies listed below for controlling squash bugs:

- Since squash bugs overwinter on plant debris, it is important to do a good clean up in the fall by removing all plant
- Squash bugs can also hide out in mulch, so removing mulch may also be necessary where populations are increasing.
- It is important to keep plants healthy and avoid stresses like lack of water, close spacing, etc. to help the squash plants to be more tolerable of insect damage.
- Control of early nymphal stages is more effective, as mature squash bugs can be difficult to control.
- Frequent scouting and handpicking are effective, especially when you have only a few squash plants to care for.
- Squash bugs can simply be knocked off into a bucket of
- Look for copper colored egg masses on underside of leaves and crush them or tear off that part of the leaf to reduce squash bug populations.
- Do note that squash bugs are "shy". They will run quickly for cover when disturbed so you will have to hunt for them on the underside of leaves within large plants. Since they are "shy" you can set a trap for them. Place boards, pieces

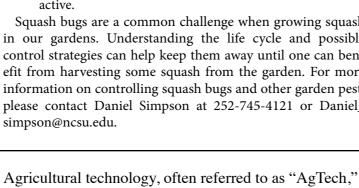




of newspaper, or cardboard out in the garden near plants. Squash bugs will congregate under them at night and then come morning, you can dispose of them.

- Early season planting will allow you to harvest squash before squash bug populations begin to increase.
- Use row covers on young plants to create a barrier to prevent squash bugs from reaching plants.
- Insecticides containing the active ingredients Permethrin, Bifenthrin, Imidacloprid, Malathion should provide effective control. Remember to apply insecticides in the early morning or late evening with pollinating insects are less

Squash bugs are a common challenge when growing squash in our gardens. Understanding the life cycle and possible control strategies can help keep them away until one can benefit from harvesting some squash from the garden. For more information on controlling squash bugs and other garden pest, please contact Daniel Simpson at 252-745-4121 or Daniel\_





is playing an increasingly bigger role on modern farms, and that role is evident when examining AgTech startups' growing access to venture capital. Data from PitchBook and the National Venture Capital Association's PitchBook-NVCA Venture Monitor, a quarterly report on venture capital activity in the entrepreneurial ecosystem, indicates that AgTech startups received \$6.1 billion in VC investments in 2020. That reflects a nearly 60 percent increase in investment over 2019. Weaknesses in the agricultural and food supply chain revealed during the pandemic undoubtedly drove some of that investment. Widespread recognition of a need for improvements within the agricultural sector so it can meet the demands of a global population that the United Nations estimates will increase by two billion people by 2050 also likely contributed to the considerable rise in VC investment in AgTech startups.



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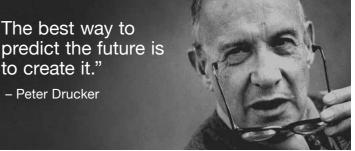
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■Continued from page A1

# Tips to make a computer run more smoothly

- Turn off automatic startups. The more applications that are running at a given time, the slower a computer is likely to perform. And users may not realize just how many apps are running on their computers at one time. Many apps may be starting automatically whenever a user restarts his or her computer, and these programs could be running in the background. Individuals who suspect this might be why their devices are operating inefficiently can go into their application settings and turn off automatic startups, particularly with apps they rarely use.
- Uninstall apps that aren't used. Device performance also can improve when users uninstall apps they don't use. New computers come with a variety of programs that are pre-installed. These programs take up space and memory and adversely affect performance, which makes them prime targets for removal.
- Save files to cloud storage and/or a backup hard drive. Inadequate storage space on a hard drive also affects device performance in a negative way. Users with lots of files, be it documents or photos or both, on their computers are urged to utilize cloud storage and delete those files once they're successfully uploaded. Files that users prefer to keep on their computer hard drives can be compressed to free up memory and thus improve speed and performance.
- Utilize the cleanup function on the computer. A cleanup function can help to improve performance by deleting temporary files that are created whenever a computer is rebooted or an application is opened after being shut down. These temporary files can take up a lot of storage but the cleanup function will delete them, thus improving the speed of the device.



• Update the operating system. An outdated operated system also can adversely affect device performance. Access the settings of the device to determine if a new OS is available. Some people may be utilizing an OS that is several updates behind, and in such instances the performance of the device can be quite poor.

No one wants to see a spinning color wheel on their computer screen. But that wheel might be a byproduct of a host of variables that can be easily and quickly addressed to improve computer performance.

# SAVE LOCAL SHRIMPING — PRESERVE OUR COASTAL HERITAGE

As a long-time resident of Pamlico County, I'm calling on neighbors and lawmakers to support our local shrimpers.

Shrimping here isn't just a job—it's HERITAGE, ECONOMY and a WAY OF LIFE.



# **BUT NOW IT'S UNDER THREAT.**

THE NC SENATE JUST PASSED AN AMENDMENT TO HOUSE BILL 442 that would BAN SHRIMP TRAWLING IN INSHORE WATERS. Local shrimpers already follow strict rules to protect estuaries. This bill would destroy a responsible, regulated industry.

Meanwhile, the market is flooded with CHEAP IMPORTED SHRIMP from countries with NO ENVIRONMENTAL OR LABOR PROTECTIONS. Why punish our people while rewarding foreign practices we wouldn't tolerate at home?

THE HOUSE COULD VOTE ON THIS ANY DAY.
NOW IS THE TIME TO ACT.

Oriental's future may lean toward retirement and tourism, but its SOUL IS STILL TIED TO COMMERCIAL FISHING. Let's not lose that.

STAND WITH OUR SHRIMPERS.
PROTECT WHAT MAKES
OUR COAST AUTHENTIC.

Frank Roe 502 South Avenue Oriental, NC 28571

# CROAKER FESTIVAL 2025

# Mini Miss Minnow Pageant



CALLIE HARRISON - Age: 5
Daughter of: Lora Ashley & Dustin Harrison
Hometown: Merritt



MIA HOUGH - Age: 5 Daughter of: Marissa & Brennon Hough Hometown: Arapahoe



PARKER STEVENSON - Age: 5 Daughter of: Kyle & Ashton Stevenson Hometown: Oriental



BERKLEY BANKS - Age: 5 Daughter of: Steve & Lauren Banks Hometown: Grantsboro



TINLEY HACKER - Age: 5 Daughter of: Daniel & Hunter Hacker Hometown: Oriental



COLLINS PRESCOTT - Age: 4
Daughter of: Trent & Ashley Prescott
Hometown: Merritt



ANNIE CLAY – Age: 5 Daughter of; Clint & Casey Clay Hometown: Arapahoe

# Miss Minnow Pageant



BETHANY BURTON - Age: 7 Daughter of: Tonya Burton Hometown: Reelsboro



KAYLEE HOLLOWELL - Age: 9 Daughter of: Kathrine & Stanley Armstrong Hometown: Hobucken



ALEXANDRIA WILKINSON – Age: 7 Daughter of: Jeremy Wilkinson (Courtney) & Sara Futrell (Kevin) Hometown: Grantsboro



LILLIANA GARDNER-GODY – Age: 7 Daughter of: Ashley Gody & Kyle Gardner Hometown: Merritt



PIPER CLAY - Age: 8
Daughter of: Clint & Casey Clay
Hometown: Arapahoe



DAVIS HARPER - Age: 7 Daughter of: Eric & Emily Harper Hometown: Grantsboro



ADALEY BETTIS - Age: 9 Daughter of: Braxton & Amanda Bettis Hometown: Blounts Creek

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# CROAKER FESTIVAL 2025

# Proaker Queen Pageant



NATALIE REED – Age: 18 Daughter of: Chris & Sherri Reed Hometown: Oriental



DANICA MOGEY – Age: 16 Daughter of: Brittney Lee Hometown: Grantsboro



JULIA BAIN- Age: 17 Daughter of: Karl & Lisa Bain Hometown: Bayboro



RIPLEY ATKINS – Age: 17 Daughter of: Rebecca & James Atkins Hometown: Reelsboro



EMMA PETERSON – Age: 16
Daughter of: Jonathan & Ashlynne Peterson
Hometown: Reelsboro



ASHLEY WARREN – Age: 16 Daughter of: Johnny & Christina Warren Hometown: Vandemere



CATHERINE LACKEY – Age: 17 Daughter of: Jennifer Lackey & Eric Pare Hometown: Hobucken



EMMA SPAIN - Age: 17 Daughter of: Amber Caraway Spain Hometown: Merritt



EMERSON GASKINS – Age: 16 Daughter of: Courtney Boyles (Jeremy) Hometown: Grantsboro



ABIGAIL CAHOON – Age: 17 Daughter of: Jeremy & Amber Kimla, BJ & Sabra Cahoon Hometown: Oriental

Let the pomp & circumstance begin!



COME OUT AND SEE ALL THE AMAZING AND BEAUTIFUL MISS CROAKERS FRIDAY JULY 4<sup>TH</sup> AT 6:30 PM ON THE MAIN STAGE.

# COASTAL LIVING



#### Neuse Riverkeeper Shares Vital Work of Sound Rivers with Oriental Rotary Club



At a recent meeting of the Oriental Rotary Club, members were treated to an eye-opening presentation by Samantha Krop, the Neuse Riverkeeper and dedicated environmental advocate with Sound Rivers. Krop shared insights into the mission and impact of Sound Rivers, a nonprofit organization committed to protecting the Neuse and Tar-Pamlico River basins—two of the most vital watersheds in eastern North Carolina.

Krop highlighted the organization's multifaceted approach, which includes water quality monitoring, pollution investigation, education, and advocacy. She spoke passionately about the importance of clean water for both ecological health and community well-being, especially in rural areas where rivers are

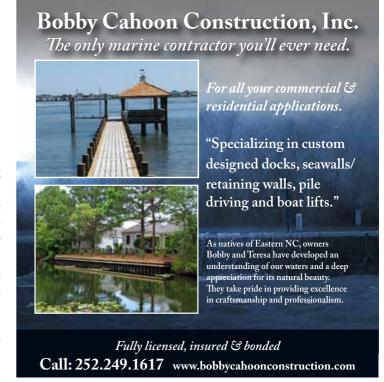
integral to daily life, recreation, and local economies.

With vivid examples, Krop described recent work tracking harmful algal blooms, addressing industrial pollution, and supporting communities impacted by environmental injustices. She also emphasized the power of citizen science, encouraging club members to get involved by reporting pollution, volunteering for cleanups, and supporting Sound Rivers' outreach efforts.

The presentation resonated with Rotary's commitment to service and environmental stewardship. "Samantha's work is a reminder of how one voice—amplified by community—can protect something as essential as our rivers," said one club member.

Founded in 1971, Sound Rivers continues to be a leading force in safeguarding eastern North Carolina's waterways. Krop's presentation not only informed but inspired, sparking interest in how local groups like the Oriental Rotary can support regional conservation efforts. For more information, visit www.soundrivers.org.

If you're interested in learning more, please visit www. OrientalRotary.org or email us at orientalrotaryclub@gmail.com.





# CarolinaEast Foundation Awards 14 Nursing Scholarships to Area Students



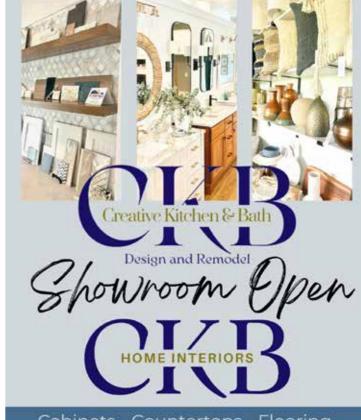
(New Bern, NC) - The CarolinaEast Foundation recently awarded \$63,000 in nursing scholarships to local students. These scholarships are made possible through the Foundation's Joseph Hageman Memorial Nursing Scholarship Fund, Robert and Beatrice Honnet Nursing Scholarship Fund, and David Elliott Nursing Scholarship.

The recipients were celebrated along with other recognized nurses at the annual Joseph Hageman Nursing Scholarship Dinner at the Flame Catering and Banquet Center on June 11. Three nursing scholarships in the amount of \$8,000 were presented to students pursuing Bachelor of Science degrees in Nursing: Brooke Cumbo, Tailynn Turner, and Madelyn Vogan. Four scholarships of \$3,500 were presented to students pursuing an Associate of Applied Science degree in Nursing: Kendall Harris, Shineka Grice, Kelsey Roach, and Carolyn Bright. Two scholarships of \$3,000 were presented to Maria Howard and Diann Jones, who are pursuing a Practical Nursing diploma. Four scholarships of \$3,500 were awarded to CarolinaEast Health

System nurses pursuing an advanced degree in nursing: Katie Carson, Alfredo Saucedo Gonzalez, Hannah Lopez, and Nanette Rupke. Finally, one \$5,000 scholarship was rewarded to a previous recipient of the Hageman Scholarship, Stephanie Futh, who is currently pursuing her Bachelor of Science in Nursing degree.

"We are so thankful for our donors and sponsors for providing the Foundation with the financial resources to invest in our community nurses," said Jared Brinkley, Executive Director of the CarolinaEast Foundation. "The CarolinaEast Foundation is committed to supporting our nurses through education in order to continue to be the safety net for our healthcare community."

Since the first scholarship of its kind was given in 2007, a total of \$579,500 has been awarded to 156 nursing students. Additional information about the Joseph Hageman Memorial Nursing Scholarship can be found online at www.carolinaeastfoundation. com. If you would like to contribute to the Hageman Scholarship Program or would like additional information, please contact the Foundation office at 252-633-8247.



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#### Notice to Creditors Estate of Betty Jane Walker, File No.

25E001068-680

Having qualified as the Executor of the Estate of Betty Jane Walker, late of 1009 Drake Avenue SE, Huntsville, AL 35802, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to present them before the undersigned at 1009 Drake Avenue SE, Huntsville, AL 35802, on or before the 4th day of September, 2025, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 4th day of June, 2025.

Emanuel Jaynes Walker, Jr. Executor of the Estate of Betty Jane Walker 1009 Drake Avenue SE Huntsville, AL 35802

For Publication 06/04/2025: 06/11/2025; 06/18/25; 06/25/25

**NORTH CAROLINA IN THE** GENERAL COURT OF JUSTICE All persons, firms and corpo-PAMLICO COUNTY SUPERIOR COURT DIVISION **NOTICE TO CREDITORS** AND DEBTORS OF **BRADFORD LEVON STOKES** File No.: 24E000218-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to BRADFORD LEVON STOKES, ADMINISTRATOR CTA on or before SEPTEMBER 1ST. 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named

This 3RD DAY OF JUNE 2025

ADMINISTRATOR CTA.

ESTATE OF BRADFORD LEVON STOKES C/O MAURICE STOKES 1453 KNOLLWOOD DRIVE BURLINGTON, NC 27217

Publish JUNE 11, 18, 25 AND JULY 2, 2025.

NORTH CAROLINA IN THE **GENERAL COURT OF JUSTICE PAMLICO COUNTY** SUPERIOR COURT DIVISION **NOTICE TO CREDITORS** AND DEBTORS OF **RONALD ANTHONY PEARSON** File No.: 25E001104-680

rations having claims against deceased, are notified to exhibit them to RONALD ANTHONY PEARSON, ADMINISTRATOR CTA on or before SEPTEMBER 1ST, 2025, at the address listed

below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

**LEGALS** 

This 3RD DAY OF JUNE 2025

**ESTATE OF RONALD ANTHONY** PEARSON C/O JOHN PIERSON 490 ADAMS DRIVE SW SUPPLY, NC 28462

Publish JUNE 11, 18, 25 AND JULY 2, 2025.

NORTH CAROLINA IN THE **GENERAL COURT OF JUSTICE PAMLICO COUNTY** SUPERIOR COURT DIVISION **NOTICE TO CREDITORS** AND DEBTORS OF **MILDRED SQUIRES** File No.: 25E001108-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MILDRED SQUIRES, ADMINISTRATOR CTA on or before SEPTEMBER 11TH. 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 13TH DAY OF JUNE 2025

**ESTATE OF MILDRED SQUIRES** C/O VANESSA HOPE COLE 207 ELM STREET BAYBORO, NC 28515

Publish JUNE 18, 25 AND JULY 2, 9 2025.

NORTH CAROLINA IN THE **GENERAL COURT OF JUSTICE PAMLICO COUNTY** SUPERIOR COURT DIVISION **NOTICE TO CREDITORS** AND DEBTORS OF **EDWIN S BEAMAN** File No.: 25E001107-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to EDWIN S BEAMAN, ADMINISTRATOR CTA on or before SEPTEMBER 11TH, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 13TH DAY OF JUNE 2025

**ESTATE OF EDWIN S BEAMAN** C/O BETTIE WILLIAMS 38 SAWYER ROAD BAYBORO, NC 28515

Publish JUNE 18, 25 AND JULY 2, 9 2025.

#### **REPORTS**

#### **INCIDENTS**

June 12, Bayleaf Rd., New Bern, order for arrest driving while license revoked not impaired revoked, order for arrest open container after consumption ALC

June 13, Neuse Rd., Grantsboro, iden-

June 13, Creek View Court, Merritt, death investigation

June 13, Main St., Bayboro, speeding (15+ mph over), driving while license revoked not impaired revoked, drive/allow drive motor vehicle not registered/plate not displayed, expired/no inspection

June 13, Craven County Rd., New Bern, natural death

June 13, Hardison Dr., Arapahoe, domestic violence protective order violation (misdemeanor)

June 14, NC Hwy 55, Merritt, civil com-

June 14, Main St., Bayboro, identity theft June 14, Arnetta Way, Oriental, injury to personal property

June 15, Oakwood Dr., New Bern, resist/ delay/obstruct public officer

June 15, NC Hwy 55, Bayboro, abandoned vehicle in roadway

June 16, N. Third St., Bayboro, assault employee state/local detention center cause physical injury, assault on government official or employee, corrections

staff written statements, footage of the incident, offender OPUS info sheet, lieutenants's incident report, attempt escape from state prison system June 16, NC Hwy 55, New Bern, pos-

session of marijuana up to ½ oz.

June 17, Hill Dr., Grantsboro, first degree burglary of occupied dwelling Jan. 19, NC Hwy 55, Grantsboro, communicating threats, carry concealed gun

June 19, Country Club Dr., Minnesott Beach, injury to real property

#### **INSPECTIONS**

May 12, Richard Acosta, Oriental, gener-

ator, \$100; Learn as We Grow, Bayboro, fire, \$100; Teresa Vaughn, Merritt, elevation, \$663.24; Rachel Mercer, Oriental, build modular, \$1,057.24; Debbie & Gary Solanick, Oriental, build/reno, \$60 May 13, Arapahoe Charter School,

Arapahoe, fire, \$100; Cutter Bay LLC, Stonewall, CAMA, \$1,756 May 14, Mary Chester, Oriental, plumb-

ing/gas, \$100; Mary Chester, Oriental, electrical, \$50; Jonny Bright, Oriental, electrical, \$50 May 15, Michael Kane, Oriental, new, \$1,688.80; Lawrence Dinisio, Oriental,

reno, \$610; Coastal Heritage, Oriental, new, \$2,053.28; Edward McNally, Oriental, deck, \$59.60; Bruce Cheney, New Bern. electrical. \$100 May 16, Zaytoun-Raines, Oriental, gas,

\$50; Steven Addy, Oriental, generator, \$100; John Stewart, Oriental, generator, \$100; Sue Sanders, electrical, \$50; Lynn Mattea, mechanical, \$100; Glenn Allen Steward, Bayboro, building, \$338

May 19, Barry Cowklin, slab, \$50; Kirby Spencer, Grantsboro, mechanical, \$100; Pamlico County, Bayboro, mechanical,

May 20, Rob Adams, Bayboro, build shed, \$194.08

May 21, Michael Gaskins, Grantsboro, build, \$307.36; Gera Price, Grantsboro, doublewide, \$260

May 22, Julia Lee, Grantsboro, demo, \$0; Richard Wilder, Bayboro, residential, \$1,041.48; Walmart #7238, Grantsboro, generator, \$733; Andrew & Margaret Keasler, Oriental, addition, \$546.04

May 23. Hollinger-Cranor, Oriental, new. \$1,450.92; Steve & Wendy Lacy, Vandemere, mechanical, \$100; Scotty Sells, Oriental, mechanical, \$100; Rob Adams, Oriental, electrical, \$150

May 27, Nick Frank, Minnesott Beach, reno, \$50; Tammy McCann, Oriental, solar, \$128; Lynnett Shelton, Arapahoe, demo, \$0; Mike Gaskins, Grantsboro, electrical, \$150; Sackett Potatoes, Vandemere, electrical, \$50; Mark Philips, New Bern, electrical, \$103.76; Jennifer & Joseph Guarriello, Arapahoe, CAMA Minor App, \$100; Robert Wolfinger, Oriental, mechanical, \$162; Mark Smith/ Robert Smith, Grantsboro, build, \$50; Jill Lewis, New Bern, fire, \$100

May 28, Mike Flora, Arapahoe, garage, \$737.34; Pamlico Schools, Bayboro, mechanical, \$100; Bruce Strickland, Arapahoe, mechanical, \$100; Leonard Bennett, Oriental, re-inspect, \$50; Tammy & William Ponton, Arapahoe, reno, \$50; Steven Yochum, Oriental, CAMA Minor App Fee, \$100

May 29, Mark Davidson, Oriental, CAMA, \$74; Brenton Heidi Wood, Arapahoe, new, \$1,302.44

May 30, Daryl Pendry, Merritt, CAMA, \$708.24; Tommy Bulla, Oriental, CAMA, \$65.36; John Walker, Oriental, electrical, \$150; Pamlico Christian Academy, Grantsboro, fire, \$100; James Earl Woolard, Lowland, electrical, \$50

June 2, Ken Stearman, Bayboro, electrical, \$150

June 3, Leslie Hammer, Oriental, mechanical, \$100

#### PROPERTY TRANSFERS

June 5, Dolphin Point Lot: 56A Section II PCA 46-3, Dolphin Point Lot: 56B Section II PCA 46-3, Dolphin Point Lot: 56 Section II PCA 46-3 from Tammy Gail Honeycutt/TR, Samuel Jefferson Honeycutt/TR, The Honeycutt Living Trust to Tammy Gail Honeycutt/TR, Samuel Jefferson Honeycutt/TR, The Honeycutt Living Trust, \$0

June 5, Windward Shores Lot: 19 Phase II Section IV PCA 146-6 PIN J083-28-19 from Kathy Kobik to Christopher H. Kobik, \$0

June 5, 0.60 AC Tract Map in DB 681/382; One Tract Metes & Bounds from Francis J. Doucette, Leanne M. Doucette to Francis J. Doucette, Leanne M. Doucette, \$0

June 5, PIN J082-396; 0.17 AC Tract Map in DB 727/348 from John E. Rice, Mary Jane Rice to Bryan Michael O'Toole, Sr., Lisa O'Toole, \$1,178

June 6, Dawson Creek Lot: 230 Phase 1 Sections 1 & 2 PCA 192-1 from Michelle P. Gardner, James B. Scheff to John F. Engelhardt, Tracey Lee Engelhardt, \$60

June 6, Pleasant Acres Lot: 6 Section II MB 9/96 & MB 3/22, Pleasant Acres Lot: 7 Section II MB 9/96 & MB 3/22, Pleasant Acres Lot: 8 Section II MB 9/96 & MB 3/22, PIN E091-71, E091-71-1 & E091-71-2 from Chester Gartin, Brenda Gartin, Randal C. Hemminger to Brian Keith Johnson, Pamela Reese Johnson,

June 6, Lucille E. Hall Lot: 7, 131,437 Sq Ft (3.02 AC) PCB 13-3 PIN D08-6 from Naomi Rupp to Gordon Anthony Crook, Patricia Ann Zebron, \$490

June 6, WG Brinson Lot: 22 Western Portion of Lot; W/S NC Hwy 306 Grantsboro PCA 16-8, WG Brinson Lot: 22 Portion of Lot; W/S NC Hwy 306 Grantsboro PCA 16-8 from Senta D. Davis to Senta D. Davis, \$0

June 6, WC Yacht Club 1/82 Und Int Exhibit A. DB 262/835. WC Yacht Club ½ Und Int Piers & Docks PCA 47-9 & PCA 103-5, WC Yacht Club Boat Slip West Eleven (W11) PCA 103-5, Re-Record DB 477/144 from Wilfred A. Anderson, Judy Anderson to Steven L. Grogan, \$0 June 6, Whittaker Creek Yacht Club 1/82 Und Int Exhibit A. DB 262/835 & 323/911, Whittaker Creek Yacht Club 1/82 Und Int Piers & Docks PCA 47-9 & PCA 103-5, Whittaker Creek Yacht Club Boat Slip West eleven (W11) PCA 103-5 Re-Record 441/699 from Steven L. Grogan to Gerald Crowley, Cheryl Crowley, \$0

1/82 Und Int Exhibit A, DB 262/835 & 323/911, Whittaker Creek Yacht Club 1/82 Und Int Piers & Docks PCA 47-9 & PCA 103-5, Whittaker Creek Yacht Club Boat Slip West Eleven (W11) PCA 103-5, PIN J082-484-W-11; Re-Record 638/490 from Cheryl Ann Kuldau, Cheryl Ann Crowley to Gerald Crowley, \$0

June 6, Whittaker Creek Yacht Club

June 6, WC Yacht Club 1/82 Und Int Exhibit A, DB 262/835 & 323/911, WC Yacht Club 1/82 Und Int Pier & Docks PCA 47-9 & PCA 130-5, Whittaker Creek Yacht Club Boat Slip W-11 PCA 47-9 & PCA 103-5 from Amy B. Crowley, Jon B. Abrams to Mark Clay Easter, \$48

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#### Miscellaneous

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ors available. Guaranteed to last a lifetime! Limited Time Offer - up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815

#### Miscellaneous

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# AROUND THE COUNTY

#### Whortonsville Reba Tiller, Correspondent



As we travel through the county it is so good to see the seas of green in the fields as the corn and other crops are growing after the rain. I wasn't at church yesterday so I can't give a report on it. I can tell you that this weekend on Saturday at 5:00 will be the Community wide picnic with food, games, and fun at Bethel and everyone is invited. My next door neighbors Maura and Melydia had guests from

Greenville. They attended the concert at the theater and said it was very good. Richard Ogg has been here from Pennsylvania working on his house next door. Can't wait to see it finished. It is getting close to time for the Croaker Festival and I want to remind everyone in the Chorale that we will be singing with the band so pull out the music for the Salute to the Armed Forces and the American Celebration. If you do not have the music when we rehearse with the band on Tuesday July 1st at the Catholic Church, I will have the music for you. Be at the Catholic Church at 7:00 to rehearse with Dave and the band.

the Armed Forces for the mission they carried out this past weekend!

## Thought for the week— So proud of the men and women of

#### Grantsboro Jeff Roberts, Correspondent



Good morning, good afternoon, and good evening. I hope that all of you have had a great week so far and have stayed cool. This heat has definitely warmed things up around here. How exactly did we use to do it without the help of AC? Really makes you think of how spoiled we are. Fortunately most

days when I am out riding around, I ride with the windows down and the air blowing in. There is just something about it, the smell of the air, the sounds surrounding me as I drive. These days I hardly even turn the radio on. I am constantly looking around to see what I see and look for the things that I hear. Most every day I have my camera with me for those special moments that come about.

There are a few things going on this coming weekend around the county. First it shall be HOT! So make sure whatever you do to stay cool and hydrated. Sunday at 2:30 New Village Brewery will be celebrating 8 years, they will also host Packhouse Friday night starting at 6. Frank has definitely done well here. Friday night Ghent Sandwich Shop will be hosting Breakfast for Dinner starting at 5. When I went last time the food was just incredible.

For those that don't know Ghent Sandwich Shop & Ghent Event Center, have strong ties to Pamlico County and live in the county. Greg & Sandra Collins are the owners, and are probably the most genuine people you shall have the pleasure of meeting. Their commitment to community drives their daily lives. The restaurant has monthly charitable events to help various causes throughout the year. The hot hamburger fundraisers are a time to come together and support those in need. They have helped the Marching Hurricanes, Hope for Horses, and various other groups. They host the Haunted Trail of Moore's Swamp. The list goes on and on. During hurricane season they are often a supply drop off and have even coordinated getting those supplies to the

I was able to visit with the folks managing the

Pamlico Aquaculture Field Laboratory (PAFL)

here near Hickory Point which is operated by NC State and owned by the state. They do research

with Hybrid Striped Bass which is a cross between

White Bass and Striped Bass. In the '80's the

Striped Bass population crashed and then began the research of how to farm them. There are many

tanks that mostly use well water for different stages of develop-

ment and growth. They sometimes directly and indirectly supply

Aurora Joy McCracken, Correspondent

people in need. Their reach has extended as far as Louisiana and I'm sure other places I don't know. The Ghent Event Center can handle about 50 people and is a quaint spot for all your event needs. If

supports local. Other things in our community that we need to stand up and speak on is Bill H442, which if passed will not only devastate

you get a chance, stop

by and see them. Local

our local economy but hurt our local commercial fisherman big and small. Not to mention having local seafood will be a thing of the past. This county was built on the backs of these men and their ancestors. Make sure you contact the people who are supposed to represent us and protect our way of life.

Next is the water we drink in this county, there is hardly a week goes by that I don't see a post about the water we are supposed to drink. I saw one the other day of water being filled in a pot that looked like tea. This is not acceptable. Our infrastructure here is definitely compromised and needs to be corrected. Reach out to your Commissioners immediately to give them the support and information to do the jobs they were elected for. Today's picture is of Greg and Sandra Collins feeding the New Bern South Paw's.

fish to restaurants. They host students from nearby community

college aquaculture programs. The first hybrid fish farm in the

nation was established in Spring Creek by Lee Brothers in the

'80's which continues to get specimens. There are now countless

hybrid farms all over the country with the genetics being original





#### Trafficking in Opiates Trafficking in Marijuana Maintain a Dwelling for Sell of Controlled Substance Possession of Firearm by Felon Possession with Intent to Sell or Deliver Cocaine

Pamlico County

SHERIFF'S OFFICE

Over the past several months,

the Pamlico County Sheriff's Office has conducted multiple

narcotics-related investigations

aimed at addressing illegal drug

activity throughout the county. As a result of these efforts.

several individuals have been

arrested on various drug-relat-

These investigations reflect the

ongoing commitment of the

Sheriff's Office to proactively combat the distribution and

possession of illegal narcot-

ics within our community. The

arrests were made following a series of coordinated opera-

tions and investigative work by

deputies and narcotics detec-

The following individuals have

been arrested in connection

Steven Warner

Possess Methamphetamine

with these investigations:

ed charges.

tives.



Alexander Sinclair Possession of Methamphetamine Possession of Opiates



Larry Pipkin Trafficking in Methamphetamine



Shannon Jones

Possession with Intent to Sell or Deliver Schedule II Controlled Substance ossession of Marijuana Breaking and Entering a Motor Vehicle Larceny of Firearm

> Possession of Stolen Firearm Possession of Firearm by Felon Possession of Stolen Goods



with Intent to Sell or Delive Schedule I Controlled Substance Possession of Schedule II Controlled Substance Maintain a Vehicle for the Sell of

Controlled Substance

## Sheriff Chris Davis



Felony Possession of Schedule II Controlled Substance (2 Counts)



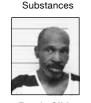
Kenneth Bird



Adrian Mattocks



Possession with Intent to Sell or Deliver Schedule II Controlled Substance Possession of Hallucinogenic Mushrooms Possession of Schedule II Controlled Substances Maintaining a Dwelling for Sale of Controlled



Randy Gibbs Possession of Schedule I Controlled Substances Weapon of Mass Destruction



**Hoyett Smith** Trafficking in Methamphetamine Trafficking in Opioids
Possession with Intent to Sell and **Deliver Cocaine** Possession of Firearm by Felon Maintaining a Dwelling for Sale of Controlled Substance



Possession of Methamphetamine Felony Maintaining a Dwelling for Use

**Drugs and Property Seized** During the course of these investigations, the following narcotics and related

- 124 grams of Methamphetamine 30 grams of Cocaine
- 70 grams of Heroin/Fentanyl 287 units of Prescription Pills
- 4 Firearms

#### LAW ENFORCEMENT

The Pamlico County Sheriff's Office is responsible to enforce North Carolina laws in Pamlico County. The responsibilities include county patrols, investigating crime and apprehending suspects. Within the Town of Oriental, that responsibility is shared with the Oriental Police

# Pamlico Betty Jo Rodgers, Correspondent



"Midnight Hammer" was the big news this week for all of America. I personally was glad that our country finally was able to complete a task without any leaks to the press until after the operation took place. I think too many have known the United States plans before they were ever put into action, and that makes for a weak government. The media

Brood stock of bass

used to be more supportive of the government and would not even show pictures of Roosevelt in a wheelchair.

The corn fields in Pamlico are green and have tassels on top. With the recent rains, both the corn and the soybeans are thriving. My tomato plant is doing well, it has over 15 tomatoes on it, but alas none are ripe enough to pull just yet. I will make a run to Paul's Produce between Oriental and Merritt to get a couple of beautiful ripe tomatoes just right for a "mater" sandwich.

On Friday June 20, the hot dog supper at Stonewall Methodist Church was a big success with over 80 in attendance. Everyone enjoyed the "Pickin' and Grinnin' " music by the Uhoos (ukelele players from Oriental) and the Harbor Sounds. This event sponsored by the Ina Gaskins Circle from Stonewall Methodist Church, with the help of the young adult Sunday school class, raised about \$600 in donations that will go towards the Ina Gaskins Circle mission projects.



From June 5 through June 28, the North Carolina Global Methodist Conference will have its annual conference in Winston Salem, NC. I will attend the conference.

PAFL managers Ben Reading and Bobby Clark (left to right).

Celebrating birthdays in June are Russell Gregory, Brent and Cathy Fulcher (6/25), Carly Alisha Sanders (6/28), Sidney Phibbons (6/29), and Grace Farmer Nanny (6/30).

Have a blessed week. eXhausted? Take Spiritual Vitamin X. "But refuse profane and old wives' fables, and exercise thyself rather unto









LPSOO



Answer: Loops

# GUESS WHO?

I am a singer and actress born in Florida on June 26, 1993. I began my career as a soloist with various symphonies. I made my Broadway debut at the age of 13. After doing some Nickelodeon shows, I released my debut album in 2013. Recently, I appeared as a "good" witch on the big screen.

Answer: Ariana Grande

#### ■Continued from page A1

#### **Inshore Shrimp Trawling - A Commentary**

By Dee Lupton - Retired Deputy Director, NC Division of Marine

The 1997 NC Fisheries Reform Act (FRA), specifically NC General Statute 113-182.1, requires the adoption of Fishery Management Plans (FMPs) for all commercially or recreationally significant fisheries, including conservation and management measures that will provide the greatest overall benefit to the State, particularly with respect to food production, recreational opportunities, and the protection of marine ecosystems, and that will produce a sustainable harvest. The FMPs have goals and objectives based on the status/health of the fish stock and addresses issues such as bycatch, user conflict, and environmental/habitat concerns, to name a few, to achieve sustainability. Stakeholder participation and input

are a cornerstone of plan development. It is the gold standard for fisheries management processes. No other east or gulf coast state manages all commercially or recreationally significant fisheries based on such a data-based science-driven process that is inclusive of all stakeholders.

Science does NOT support a wholesale ban of trawling from inside waters. Since the implementation of the 1997 NC FRA, there have been six Shrimp Fishery Management Plans (FMPs), amendments, or revisions. Data and science helped shape the management contained in these plans and a wholesale shrimp trawl ban has not been an adopted management action. Shrimp trawling in the inside waters is heavily regulated and shrimping areas are highly restricted to protect critical habitat. The vast majority of NC's inside waters are closed to trawling to reduce bycatch, protect juvenile fish/crabs, and protect oyster reefs, nursery areas, submerged aquatic vegetation, etc.

The special interests have tried on numerous occasions to circumvent this process, whether it was through petitions for rulemaking, lawsuits, requiring studies that are later ignored because they did not result in preconceived outcomes, lobbying, and having various fisheries bills introduced in the legislature because the process is not meeting their desired outcome. Each time, these actions cause the shrimp industry in NC to continually defend itself causing lots of angst, time away from work, expense, etc. It is continuous, relentless, costly, and exhausting.

The state has been leading the way in requiring bycatch reduction from shrimp trawls. In 1992, NC was the first state on the east coast to require bycatch reduction devices (BRD) in shrimp trawls. In 2015, the MFC asked

PROHIBIT SHRIMP TRAWLING IN ALL INSHORE FISHING WATERS AND WITHIN ONE-HALF MILE OF THE SHORELINE

SECTION 3.(a) G.S. 113-187(d) reads as rewritten:

"(d) Any person in charge of a commercial fishing operation conducted in violation of the following provisions of this Subchapter or the following rules of the Marine Fisheries Commission; and any person in charge of any vessel used in violation of the following provisions of the Subchapter or the following rules, shall be guilty of a Class A1 misdemeanor. The violations of the statute or the rules for which the penalty is mandatory are:

- Taking or attempting to take, possess, sell, or offer for sale any oysters, mussels, or clams taken from areas closed by statute, rule, or proclamation because of suspected pollution.
- (2) Taking or attempting to take or have in possession aboard a vessel, shrimp taken by the use of a trawl net, in areas not opened to shrimping, pulled by a vessel not showing lights required by G.S. 75A-6 after sunset and before sunrise.
- (3) Using a trawl net in any coastal fishing waters closed by proclamation or rule to trawl nets.
- (3a) Taking or attempting to take shrimp using a trawl net in any coastal fishing waters other than areas of the Atlantic Ocean located more than one-half mile from the shoreline.
- (4) Violating the provisions of a special permit or gear license issued by the Department.

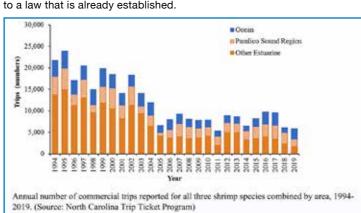
Page 2

House Bill 442-Fourth Edition

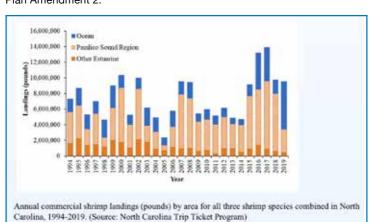
General Assembly Of North Carolina

(5) Using or attempting to use any trawl net, long haul seine, swipe net, mechanical methods for oyster or clam harvest or dredge in designated nrimary nursery areas."

Amendment added to HB 442. The underlined text (3a) is the amendment to a law that is already established.



Excerpt copied from the 2022 North Carolina Shrimp Fishery Management Plan Amendment 2.

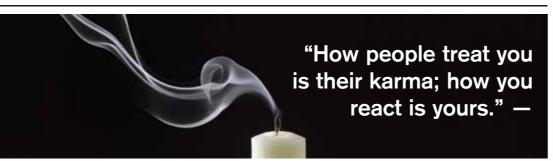


Excerpt copied from the 2022 North Carolina Shrimp Fishery Management Plan Amendment 2.

for the reduction of shrimp trawl bycatch by at least 40%. This was on top of the 30% already required by the federal government for a net that had no bycatch reduction devices. The state formed a work group of scientists and members of the shrimp industry and tested the configurations for scientists to evaluate. The 40% reduction was achieved or exceeded. These data were peer-reviewed and published in the scientific journal, Fisheries Bulletin. These additional measures were contained in the 2018 Revision to Amendment 1 to the North Carolina Shrimp Fishery Management Plan for any vessel shrimping in NC.

The destruction of people's livelihoods will be devastating. There will be loss of infrastructure and it will hurt other businesses (welders, trucking, etc.) that support the industry. The consumer loses out. Inside trawling and other commercial and recreational fishing can sustainably exist together in North Carolina. Fisheries management is complex, and the influences on stock health, size, and availability are not singular and needs to be evaluated and managed through the FMP process. There is no evidence that a wholesale ban on inshore trawling will improve NC's fish stocks. In fact, the state can do more to support this industry and promote NC sourced shrimp and other seafood instead of dismantling it overnight. It is shameful.

I will close in saying, this week's issue is about eliminating inshore shrimp trawling, but it will not stop there. These interest groups go after all commercial fishing. It will not stop with shrimp trawls. Everyone needs to get involved and follow the issues because these types of underhanded actions occur all the time. I know some readers will not agree with my comments and that is okay because I really do not care. I have been fed up with these types of tactics and groups long enough.



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# Health&Wellness



7 Tips to Take Charge of Your Well-Being Now (and Every Day!)

Prioritize Preventive Care, Healthy Habits, and Mental Wellness for a Stronger You During Men's Health Month

June is Men's Health Month, a dedicated time to shine a spotlight on the importance of prioritizing our well-being as men. While every month should be about taking care of ourselves, this focused period serves as a powerful reminder to men of all ages to step up, check in, and take charge of their health.

#### Why Men's Health Matters:

The reality is concerning: statistics show men tend to lag behind women in preventive healthcare. According to the Centers for Disease Control and Prevention (CDC), men are 41% more likely to die prematurely (before age 65) compared to women This gap is partly due to fewer doctor visits and a tendency to delay screenings. Men are also more likely to engage in risky behaviors like smoking and excessive alcohol consumption, further impacting their health outcomes.

Taking Action: Simple Steps for Big Wins Men's Health Month is a springboard, but prioritizing your health is a lifelong commitment. Here are some actionable tips to get you started, along with some additional details on the benefits:

#### Schedule Regular Checkups:

Think of it as a yearly maintenance plan for your body. Talk openly with your doctor about your health history, concerns, and lifestyle habits. Preventive care for men is crucial for early detection and treatment of potential health issues. A 2023 study published in the Journal of the American Medical Association found that regular checkups can significantly reduce a man's risk of developing chronic diseases like heart disease and diabetes.

#### **Know Your Numbers:**

Blood pressure, cholesterol, and blood sugar levels are crucial health indicators. Regular screenings help you and your doctor identify potential health risks early on. High blood pressure, for example, is a major risk factor for heart disease, stroke, and kidney disease. Early detection and treatment can significantly improve health outcomes.

#### Embrace Preventative Screenings: Don't shy away from screenings for p

Don't shy away from screenings for prostate cancer, colorectal cancer, and other age-appropriate checks. Early detection often leads to better treatment outcomes. According to the American Cancer Society, a recent study suggests that regular prostate cancer screenings can significantly reduce a man's risk of dying from the disease. Early detection

of colorectal cancer can also greatly improve the chances of successful treatment.

#### Move Your Body:

Physical activity isn't just about aesthetics. Aim for at least 150 minutes of moderate-intensity exercise or 75 minutes of vigorous activity each week. This improves overall health, boosts energy levels, and can even reduce stress. Exercise strengthens your heart and lungs, helps manage weight, and improves mood. A 2022 study published in Medicine & Science in Sports & Exercise found that regular physical activity can significantly reduce the risk of depression in men.

#### **Fuel Up Right:**

Diet plays a critical role in maintaining a healthy weight and reducing your risk of chronic diseases. Focus on whole foods, fruits, vegetables, and lean protein sources. Don't forget to stay hydrated! A healthy diet provides your body with the essential nutrients it needs to function optimally. Eating a balanced diet can help you maintain a healthy weight, reduce your risk of heart disease, type 2 diabetes, and certain cancers.

#### **Prioritize Mental Wellbeing:**

Men are less likely to seek help for mental health concerns. Talking to a doctor or therapist is a sign of strength, not weakness. Taking care of your mental health for men is just as important as your physical health. A recent study published in JAMA Psychiatry found that men with untreated depression were more likely to develop heart disease. Taking care of your mental health can improve your overall well-being, relationships, and work performance.

#### **Build a Support System:**

Surround yourself with positive influences who encourage healthy habits. Talk openly with friends, family, and even connect with men's health support groups – you're not alone! Having a strong support system can provide you with encouragement, motivation, and accountability on your health journey.

Men, this is your call to action! Men's Health Month is a great time to get started, but remember, taking charge of your well-being is an ongoing journey. By prioritizing these simple steps, you can invest in a healthier, happier future for yourself and those you love.

Bonus Tip: Be a role model for the younger generation! Talk openly about your own health journey and encourage them to prioritize healthy habits from a young age.



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### **BCCC Breaks Ground in Aurora**

by: Hiram Lupton



The ceremonial breaking ground of the new Rev. Dr. Robert B. Cayton Regional Center of Beaufort County Community College

"This will create commerce, and grow the Town of Aurora." Those words spoken by Aurora Mayor Clif Williams echoed a theme of positivity for the day as Beaufort County Community College (BCCC) broke ground on a new regional educational center in the Town of Aurora. Local, regional, and state officials as well as those who have supported this endeavor gathered last Thursday for the event. This is the first new construction in the town in many years and is part of the new Aurora Industrial Park. Among many other secondary educational opportunities, the new BCCC center will work closely with Nutrien to provide training for their employees. Dr. David Loope,



President of BCCC stated that, Beaufort County Community College President Dr. David R. Loope

"This new center brings learning and opportunity directly to the people of Aurora and Richland Township." This is a town that could certainly use an uplift. Over the past few years, Aurora has seen its only grocery store as well as its medical center close. Earlier this year the only banking facility in town closed and this month the K through 8 school, the S.W. Snowden School, which serves the area closed. Funding for the 5,000 square foot center was provided by a \$2.5 million State Capital Grant from the North Carolina General Assembly with Nutrien donating \$100,000 for training. It is hoped to be completed by the spring of 2026. Much of the funding for infrastructure of the industrial park came in the form of grants from the Golden LEAF Foundation. In attendance were members of the family of Rev. Dr. Robert Cayton, including his wife, Debra Rose Cayton who participated in the groundbreaking. Cayton, who worked tirelessly for many years serving the area in many capacities including as a trustee of the Community College passed away in 2022. The new educational center will bear his name.







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