

The Pamlico News

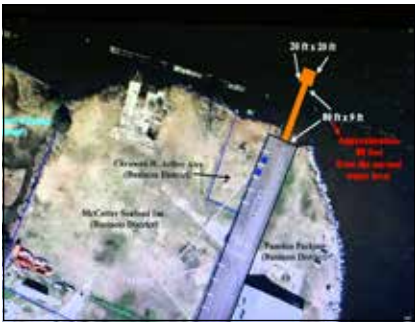
Wednesday, July 16, 2025

Your County News Source Since 1968

www.thepamliconews.com | 50 Cents

Vandemere Pursues New Fishing Pier

by: Hiram Lupton



Proposed Site of a New Fishing Pier in Vandemere

If grant applications are successful in bringing in funding, anglers could have a new place to wet a line in the Town of Vandemere. At a public hearing Monday evening, the Town Board and attending residents heard an update from Mayor Sandra Snipes on the status of a possible new fishing pier for the town. The pier would be located at the end of First Street at the site of the old town boat ramp. Parking for the pier would be provided by widening and resurfacing the existing pavement of First Street, along which the Town owns a 50' Right-of-Way. The Town has applied for a pair of grants to help fund the project, one a \$50,000 T-Mobile grant and the other a North Carolina Division of Environmental Quality (DEQ) grant provided by the Division of Coastal Management. The DEQ grant would require matching town funding of 25% with the grant providing the remaining 75%. That grant application requires a public hearing, necessitating the need for Monday's meeting. The total cost is projected to be up to \$223,600, however it could possibly be implemented in two stages, with phase 1 being construction of the pier itself and phase 2 being the resurfacing and widening of First Street for parking. If funded, it is hoped that the pier could be completed by August of next year. It would be roughly 80' long with a 20' X 20' area at the end and be ADA compliant. According to Mayor Snipes, "This project would repurpose an unused space and contribute to the revitalization of our waterfront. It also supports the fishing heritage of the Town of Vandemere." The Town Board voted to continue the process of pursuing grant funding for the project.



PCC
Hosting
STEM

Back to School with the PCHD Immunizations and Physicals

by: Hiram Lupton

It is almost that time of year again. Parents may be ready for it and kids, well not so much. We are of course talking about heading back to school. As parents, when you are checking those supply lists and gathering pencils, paper, and notebooks, there is one more thing to check, your child's immunization record. There are certain diseases that schools require your child to be immunized against before allowing attendance. According to Immunization Lead at the Pamlico County Health Department (PCHD), Norma Jones, the PCHD can help with that. "We can give required immunizations to any school aged children, in the county aged 18 and under, regardless of income. That includes those just starting school or those in middle school who may require a booster shot on some immunizations. You will need an appointment, but immunizations can be administered by one of our nurses, so the wait for an appointment is not usually very long," Jones adds, "If you are an adult, we can help with your vaccinations too. Whether it is tetanus



(recommended every 10 years), RSV, or the flu, we can get you protected from these diseases." Another item that the Pamlico County Health Department can help you with as you are headed back to school are pre-participation physicals. These are what used to be commonly referred to as "sports physicals," but several school programs that may have physical exertion, such as ROTC, now require them as well, thus the name change. You will need an appointment for these. Says Jones, "It is required that a health care provider administer these physicals so they are usually given on Monday through Thursday with an appointment. Often insurance doesn't cover these. The cost is usually \$80, but the Health Department offers a sliding scale on cost that is income based." You can reach the Pamlico County Health Department at (252) 745-5111. Immunizations and physicals are two things the Pamlico County Health Department can help you with and remove from your back to school to do list.

■ Continued on Page A12

Port Vandemere Celebrates Third Major Milestone of the Year

Sandra Snipes



Port Vandemere is celebrating a trio of major accomplishments this year, marking continued progress and promise for the community.

First, the sewer line connecting the subdivision to the main system on Pennsylvania Avenue has been completed. Second, new spec homes are now under development in Vandemere Cove by Mr. John Logan and Andromeda Construction. And third, thanks in large part to support from the state's Disaster Relief and Mitigation Fund, the roads throughout the subdivision have been newly improved.

The road improvement project was made possible through this critical funding source, which aims to help communities become more resilient in the face of natural disasters. With erosion control measures built into the plan from start to finish, the project not only improves daily access for residents but also protects the subdivision from long-term damage caused by flooding and runoff.

S.T. Wooten Paving Company completed the resurfacing work despite record-setting heat, delivering a high-quality finished product. We thank them for their professionalism and efficiency, and we are equally grateful to Mr. Todd Tripp and his team at The East Group in Greenville for engineering the project and providing expert oversight.

Special thanks also go to David Snipes, David Howlett, and Danny Wooten for leading the project on the ground for the Town, and to Town Clerk Sue Britt for keeping the administrative and financial aspects in line, especially under a tight budget.

These efforts reflect not only progress but resilience. By securing disaster mitigation funds and planning responsibly, Vandemere is laying the foundation for a stronger, more sustainable future.

While we know residents are eager to experience the new road, we kindly ask everyone to avoid driving on it for the next three weeks. The extreme heat has left the asphalt soft, and allowing more time to cure will ensure its long-term durability. Your patience and cooperation are greatly appreciated.

Children's Theater Workshop

by: Hiram Lupton



The cast of King Midas and the Sparkle Touch

The Old Theater in Oriental was alive with young thespian talent last Thursday evening as the Children's Theater Workshop wrapped up their first session of the summer with sharing night. Session I had performers from two age groups, the 1st and 2nd grade, and the 5th through 7th grade. The first performance of the night was "King Midas and the Sparkle Touch," put on by the younger actors. It was a cautionary tale about being careful what you wish for. The Middle School group had such a large interest

this year that they divided into two groups for a pair of excellent productions, both written by the performers themselves. "Stranded" and "Murder at the Manor" both involved what must be a popular theme, a murder mystery. Both groups blended humor and drama that showcased both their writing and stage skills. A big congratulations goes out to all the performers, sponsors, volunteer teachers, teen assistants and Drama Coach Lynn Whalen on a job well done. We can't wait for Session II Sharing Night.



The cast of Stranded



The cast of Murder at the Manor

The Dog Aging Project- Calling All Dogs!



■Page A7

Teaching Kids Chess



■Page A5

LIKELY WEATHER OVER THE WEEKEND



Saturday, July 19th **93°Hi** Cloudy and humid; an afternoon thunderstorm



Sunday, July 20th **91°Hi** Cloudy and humid a thunderstorms in the afternoon

TURNAGE
Construction & Trucking Co. Inc.
2373 NC Hwy 304, Bayboro, NC 28515

Rock, Sand & Topsoil
Custom Excavation, Bulldozer & Backhoe Services
Clearing • Grading • Rock Bulkheads
Custom Septic & Drainage Installation
NC Onsite Wastewater Contractors & Inspectors
Cert # 2043 | Grade IV | Cert # 20431 | Grade Inspector

Dwight Turnage
Office: 252-745-4976
Cell: 252-637-8817
Fax: 252-745-5240



Pamlico Community College

PCC hosting STEM-focused day camp this week

By Sandy Wall

Pamlico Community College is hosting a group of 20 rising sixth-, seventh- and eighth-graders this week for a hands-on, educational and fun STEM-focused day camp.

The four-day camp, titled “Fast Track to STEM,” will focus on building and racing remote-controlled (RC) cars.

Additionally, the participants will hear presentations on horticulture, forensic science and environmental science. They also will take part in hands-on activities during each presentation.

The camp, which is free to participants, is funded by a generous grant from STEM East, a Greenville-based consortium of schools, community colleges, employers, state and local governments and others designed to enhance Science, Technology, Engineering and Math learning opportunities that align with jobs available in Eastern North Carolina.

During Monday’s opening event, PCC President Zac Schnell led the group in some ice-breaking activities so the students could get to know each other. He also introduced the camp’s staffers and volunteers.

Organizers have spent the last several days preparing camp T-shirts, organizing lunch menus and planning for fun activities.

Camp participants come from Pamlico County Middle School, Arapahoe Charter School and Pamlico Christian Academy. Many of them participated in a similar STEM-focused day camp hosted by the college last year.

To follow this week’s day camp online, please visit <https://www.facebook.com/PCCFastTracktoSTEM/>

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



Pamlico Community College President Zac Schnell, seated in front, welcomes a group of 20 rising sixth-, seventh- and eighth-graders for this week’s STEM-focused day camp. Joining them in the photo are the day camp’s staffers and volunteers. Contributed photo



Pamlico Community College President Zac Schnell, standing on the left, describes how day camp participants will assemble their remote-controlled cars and race them later this week. Each participant has been given a kit to build a car. Contributed photo



Camp participants will build remote-controlled cars similar to this one. Contributed photo



Land/Home Sales
Property Management
Appraisals Development



Agent of the Week

Linda Hoff
Broker

Here’s what one of Linda’s customers had to say...

Linda Hoff made what could have been a complex sale into a simple process. She was very attentive to detail and followed up regularly. I enjoyed meeting and dealing with the staff at Mariner Realty, who are very professional and good for their word.

Branson, Oriental



GRANTSBORO – Unrestricted 1.57 acre mini-farm, 1,792 hsf, **3BR/2.5BA** with heated & cooled 2-car garage, detached workshop, detached poultry barn with outside fencing and a carriage barn building. Home built in 1980 & roof replaced w/architectural shingles in 2018.

OFFERED AT \$325,000



ORIENTAL – Enjoy amazing views of Camp Creek where it joins Smith Creek from this **3BR/2BA** waterfront home on .55 acres inside the Town of Oriental city limits. Bulkhead already in place, oversized garage with a lean-to gives full access to your watercraft and tools. Manufactured house is considered real property and is listed on the deed as such.

OFFERED AT \$345,000



ORIENTAL – Spectacular waterfront views of Smith & Green Creeks from first floor unit at Oriental West Condos in the Heart of Oriental. Building B, Unit 7 is a **2BR/2BA** condo with a 40’ x 16’ deeded boat slip with 5’ controlling water depth.

OFFERED AT \$350,000



ORIENTAL – Built in 2023, this **3BR/2BA** 1,583 hsf home on .7 acres in Dolphin Point is surrounded by the Neuse River, Pierce Creek & Bonito Channel. Offers a deep-water boat ramp and neighborhood tennis court. Two major deep-water marinas are also nearby in case you own a sailboat or large power boat/trawler.

OFFERED AT \$435,000



BAYBORO – Attention Investors: 3 rental properties must be sold together. Each is a **2BR/1BA** home with a back deck. Each unit has a Rinnai tankless water heater. Close to New Bern, Grantsboro and Oriental. Location ideal for rental properties. All 3 homes are leased.

OFFERED AT \$475,000



MERRITT – Waterfront **3BR/2.5BA** with dock and boat lift on Moores Creek. Great water views. Oversized garage with workshop, garden shed, whole house generator, whole house 400 AMP service. Screened deck, open deck, close to ICW on 1 acre in the Bay Shores Estate community.

OFFERED AT \$ 665,000

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014

Or contact Allen Propst
252-671-4644

704 Broad St, PO Box 750, Oriental, NC 28571



THIS WEEK IN HISTORY

by: Hiram Lupton

- July 16th – Today is National AI (Artificial Intelligence) Day. I'm of the opinion that Artificial Intelligence is no match for Natural Stupidity.
- July 17th – Today is National Tattoo Day. I currently have zero tattoos on my body. I don't want to ruin perfection.
- July 18th – 1994, Crayola begins making scented crayons. I like their flavored crayons.
- July 19th – Today is National Daiquiri Day.
- July 20th – 1969, The first earthling set foot on the moon.
- July 21st – Today is National Junk Food Day.
- July 22nd – Today is National Mango Day.

BIRTHDAYS THIS WEEK

- July 18th – 1918, Activist and former President of South Africa Nelson Mandela
- July 18th – 20??, Master of the Saxophone, Conner Daniels
- July 19th – 19??, The glue of The Pamlico News Jeannine Russo
- July 20th – 1938, Actress Natalie Wood
- July 20th – 1947, Guitarist Carlos Santana
- July 21st – 1924, Actor Don Knotts
- July 21st – 1951, Robin Williams
- July 22nd – 1946, Actor Danny Glover



The best way to experience life is to be in the moment.” – Carlos Santana

LETTER TO THE EDITOR

Headline in the July 9th Wall Street Journal: "President Plans Copper Tariffs, Sends Metal To Record Highs". No bias here; Rupert Murdoch, an Australian, owns both the WSJ and Fox News. Copper is used in almost everything: power generators, electrical wiring, plumbing, cars, cell phones, televisions and coffee makers. If you don't think new tariffs will raise prices, you don't understand the situation.

Bill Deighton
Arapahoe

COMMUNITY PLANT EXCHANGE
with Rachel from Harbourside
giving a plant talk at 11am
SATURDAY JULY 19
10 AM-2 PM

PAMLICO COUNTY PUBLIC LIBRARY
BRING A PLANT - TAKE A PLANT

Concerned about your drinking?
You are not alone, there is help available!
Come join others who have found a Solution!
Alcoholics Anonymous: New Bern Hotline (252) 349-0898
Meetings in Pamlico County:
(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)
Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)
Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).
Sunday *7pm – Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)
<https://aaeasternnc.org/> **<https://aanorthcarolina.org/>** **<https://www.aa.org/>**

The Pamlico News

Publisher
Sandy Winfrey
Office Manager
Katherine Winfrey
Jeannine Russo
Editor
Sandy Winfrey
Photographer Reporter
Hiram Lupton
Advertising Sales
Jeannine Russo
Production
J.P. Miller
Distribution
Neal McCraw

We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.

Press Releases, Events, News
editor@thepamliconews.com
Photographer Reporter
hiram@thepamliconews.com
Advertising
frontdesk@thepamliconews.com
Billing Inquiries
frontdesk@thepamliconews.com
USPS 782-460
Published 51 times a year
801 Broad St., P.O.Box 510
Oriental, NC 28571
(252) 249-1555 fax: (252) 249 0857
www.thepamliconews.com

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day. The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

COMMUNITY

According to the Zillow Home Value Index, the median value of homes in the United States increased dramatically between 2019 and 2024. Data from the online real estate listing service indicates the median value of a home in the U.S. in August 2019 was \$243,386. Just half a decade later, that value had risen to \$361,282, marking a 67 percent increase in median home value over that time. Housing prices have experienced an even greater uptick in Canada, where data from the Canadian Real Estate Association indicates that the average selling price of homes sold in August 2024 was \$717,800 CAD (\$529,427.75 USD), a roughly 73 percent increase since August 2019, when the average homes sold in Canada went for \$522,700 (\$385,527.84 USD). The spike in housing costs has greatly outpaced inflation. In fact, according to a 2024 report from the real estate data firm Clever, if home prices had increased at the same rate as inflation since 1963, the median price of a home in the U.S. would be \$177,511, which is less than half the median value reported by Zillow in August 2024.



Attention PCHS incoming and current students!

CHEER CAMP & TRYOUTS

- Bring Copy of current physical (within the last year)
- Practice Wear suggested (more info provided after sign-up)

New Coach!

July 21-23 8:50am-12pm

PCHS GYM – More Info after RSVP

Please call 252-745-3151 to RSVP

Horoscopes

ARIES – Mar 21/Apr 20
Aries, your confidence is peaking and people are noticing. Even though you are on a roll, don't let it go to your head. Midweek might be a test of your patience, but you'll keep your cool.

TAURUS – Apr 21/May 21
You are craving creature comforts, Taurus. This week you might be happy with keeping things slow and relaxing. You also may want to splurge on a treat.

GEMINI – May 22/Jun 21
Gemini, this week your brain may be best compared to a Wi-Fi signal. In other words, moving fast, seeking new information and maybe a little glitchy. Slow down enough to focus on necessary tasks.

CANCER – Jun 22/Jul 22
Cancer, you might be feeling tender this week, and others may be realizing that you're giving off warm-and-fuzzy vibes. That will suit you at home, but you may need to be more firm at work.

LEO – Jul 23/Aug 23
Your charisma is showing this week, Leo, and people could be eating it up. You're giving off lead character energy right now, but don't forget to let others share some of your spotlight.

VIRGO – Aug 24/Sept 22
This week you are completely focused on organizing your life, Virgo. Whether you need to use spreadsheets or label makers, do whatever it takes to fix what you think needs it most.

LIBRA – Sept 23/Oct 23
Libra, it's time to embrace some social events, or at least get them on the calendar. Practice your small talk and get ready to mingle. You will be ready to be the life of the party.

SCORPIO – Oct 24/Nov 22
Scorpio, if you've been holding on to secrets, one may slip out this week. It could be a confession or a breakthrough, but it will be intense to reveal.

SAGITTARIUS – Nov 23/Dec 21
You may be halfway out the door and ready for some adventure, Sagittarius. Spontaneity will look good on you this week, but reserve some time for your responsibilities.

CAPRICORN – Dec 22/Jan 20
Take inventory of what you have accomplished thus far and enjoy what you have built, Capricorn. You don't need to prove anything because you've been rocking it.

AQUARIUS – Jan 21/Feb 18
What to-do list, Aquarius? Your ability to focus on tasks and knock them off one by one is monumental this week. Your brain definitely has been firing on all cylinders.

PISCES – Feb 19/Mar 20
Someone might surprise you this week with an unexpected compliment or an offer of help, Pisces. Accept either gladly and then figure out how to pay it forward.

CANCER Traits & Overview

Emotional, intuitive, and practically psychic; ruled by the moon and characterized by the crab, Cancer has so much going on in its watery depths. Cancer signs may seem prickly and standoffish at first meeting, once they make the decision to become friends with someone, that person has a friend for life.

Most Cancer signs have been called psychic at some point, and with good reason—Cancer can often intuit relationships, ideas, and motivations before anyone has actually spoken. That can make for challenging interactions with this sign—Cancer hates small talk, especially when it contains white lies (like saying, "How nice to see you!" when it's clear that both parties would rather avoid each other). That's why social gatherings can be overwhelming for Cancers. They'd much rather spend time in small groups where everyone is on the same page.

FOR ENTERTAINMENT PURPOSES ONLY

FINANCIAL FOCUS

Investing With Heart: Find a Financial Advisor Who Shares Your Values



Dan M. Roberts

When it comes to managing your money, there’s more to consider than just the bottom line. For many people, investing isn’t only about building wealth or reaching goals — it’s about making sure their dollars support charitable causes and principles that are in line with their closely held values. Whether your focus is on protecting the planet, aligning with your faith or giving back to your community, a financial advisor who understands your values can help you build a portfolio that reflects what matters to you. Here’s how to help find a good fit.

Know What You Stand For

Before you start searching for a financial advisor, take a moment to reflect on your own values. Are you passionate about sustainability? Do you want your investments to avoid companies that conflict with your faith? Is charitable giving a big part of your life and something you want to incorporate into your financial strategy? Make a list of your top priorities. Understanding what drives you can help make it easier to find a financial advisor who shares and respects your vision.

Do Your Homework

Once you’ve clarified your goals, start looking for financial advisors who focus on values-based investing. Terms like “socially responsible investing” (SRI), “faith-based investing,” “impact investing” or “ESG” (which stands for environmental, social, and governance) are good keywords to use during your search. Browse financial advisor websites and check their credentials. Some may highlight their experience with sustainable funds or philanthropic planning. Look for signs that they’re comfortable helping clients invest with a conscience.

Ask the Right Questions

After narrowing your list, schedule a few introductory discussions, which can be done in person or remotely, depending on your preference. These chats are your chance to learn more about how the financial advisor works and whether they’ll be a good fit. Ask about their investment approach:

- Do they offer portfolios with a focus on ESG or faith-based filters?
- Have they worked with clients who have similar values to yours?
- How do they assess charitable giving strategies or donor-advised funds?
- Do they know the complex tax rules associated with charitable giving?

Listen closely to the questions they ask of you. Are they truly interested in what matters to you? Do they understand your values and priorities? Also, consider their communication style. Will they keep you updated regularly? Are they open to collaboration when you want to adjust your plan?

Trust Your Instincts

Choosing a financial advisor is a personal decision. Beyond their professional qualifications, you want someone who listens well and respects your goals. Don’t hesitate to meet with several financial advisors before making your choice. The right person will make you feel understood and supported, both financially and personally. Ideally, you and your financial advisor will forge a long-term relationship that spans the changes and milestones in your life. As the details of your financial strategy may change, you’ll still want to hold onto your values in your investments.

Investing With Purpose

Whether you’re hoping to reduce your carbon footprint, stay true to your faith or make the world a better place through giving, you don’t have to choose between your values and your financial future. Many good financial advisors can help you do both. Taking the time to find someone who shares your vision can help you feel confident that your investment strategy can align with your personal beliefs.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

NC

COOPERATIVE
EXTENSION

Pamlico County

Positive Learning Environments with 4-H



Kait Neeland
4-H Agent

Every year it seems that there are new challenges facing our youth as they grow up. Between school pressures, social challenges, and the endless stream of online content, today’s kids are juggling more than ever. But here’s some good news: giving young people the chance to learn in positive environments and build healthy social connections isn’t just nice—it’s powerful. In fact, it’s one of the most effective ways to boost mental well-being and academic success.

So what does that look like, and why does it work? When kids engage in learning that feels relevant, hands-on, and enjoyable—whether it’s robotics, gardening, cooking, or art—they begin to associate learning with confidence and joy. These moments spark curiosity, resilience, and even creativity. Programs like 4-H, afterschool clubs, or summer camps give kids the chance to explore new subjects without the pressure of grades. That freedom encourages intrinsic motivation—they want to learn because it’s interesting, not just because there’s a test. And guess what? That mindset transfers right back to the classroom. When a child feels capable and confident outside of school, they’re more likely to:

- Participate in class
- Take on leadership roles
- Set goals and problem-solve
- Bounce back from failure

In short, positive learning environments build skills that academic settings often don’t have time to fully develop. Positive social interaction is a game-changer for youth mental health. When kids are part of a club, team, or group where they feel safe and included, they learn:

- How to communicate effectively
- How to resolve conflict respectfully
- Empathy and teamwork
- That they’re not alone

These aren’t just “soft skills.” They’re emotional lifelines. Kids with healthy peer connections are more likely to:

- Report higher self-esteem
- Have fewer symptoms of anxiety and depression
- Feel a stronger sense of purpose
- Cope better with stress and change

In fact, studies consistently show that youth with strong peer support and adult mentorship report better mental health outcomes, especially during tough transitions like middle school or the teen years. Here’s where it all ties together: when kids feel mentally well, they can focus better, retain information, and persevere through challenges. But when they feel isolated, overwhelmed, or disconnected, it becomes harder to engage—no matter how smart or capable they are. In other words, mental health and academic achievement aren’t separate lanes. They’re intertwined. Positive learning and social spaces act like a “buffer” against life’s stressors. They give young people:

- A sense of belonging
- Purpose and structure
- Encouragement and feedback
- Safe ways to take healthy risks

And those are the exact ingredients kids need to thrive both emotionally and academically. One important thing to note: kids don’t need perfect environments to grow. They just need consistent, caring adults and spaces where they’re seen and valued. Whether it’s a teacher, coach, 4-H leader, youth pastor, or librarian — connection matters more than perfection.



When kids feel like someone’s in their corner, they’re far more likely to take the steps needed to succeed—both in school and in life. If you’re a parent, educator, or youth leader, know this: every opportunity you give a young person to explore, connect, and belong is an investment in their mental health and future success. It doesn’t take a fancy program or a big budget—just a willingness to create space for kids to be curious, confident, and connected. Because when we give young people the tools to grow in a supportive environment, everything gets better—from test scores to self-esteem. We will be releasing our 25/26 program calendar shortly. Currently we are looking forward to several 4-H Programs. We will be attending 4-H Electric Congress with five of our 4-H Youth this week. We will be participating in service projects, workshops, and fun activities. Two of our 4-Hers will be heading to State 4-H Presentation Competition, and we have two more Book Explorers at the Pamlico County Library. With Book Explorers, we’ll take a fantastic journey around the world—one book and one country at a time. You can join us as we read our way around the globe, learning about the cultures, arts, foods, and landscapes of countries around the world. Each week, we’ll debut a new book and country to explore, learning about the people and places that make up our diverse world. We’ve already learned about the geography of several countries—their capital cities, famous landmarks, and interesting native animals. You can find registration and in for on our website. You will also need to register in 4-H online to complete your registration for any program. You can access the link on our website. If you have any questions about accessing 4-H Online or the enrollment process please give us a call and we will be happy to walk you through it. You can also sign up for our Pamlico 4-H Email list. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or kait_neeland@ncsu.edu, or check us out online at pamlico.ces.ncsu.edu. Don’t FORGET to REGISTER, spaces will fill up!!

Daniels-Sadler Funeral Home & Crematory

52 Bryant St., PO Box 99, Alliance, NC 28509

252-745-4966 | info@dssfunerals.com

Serving Pamlico, Craven, Beaufort and surrounding counties with courteous, compassionate and professional service

Formerly Bryant Funeral Home, under new ownership

Preplanning | Full-Service Funeral Establishment

Monument Sales | Crematory Onsite

Final Expense Insurance Sales | Affordable Pricing

Website: danielssadlerfunerals.com

The Bath or Shower You've Always Wanted

IN AS LITTLE AS A DAY

\$1000 OFF*

OR

\$1500 OFF when financing with remodelingloans.com OR 0% Interest For 18 Months*

OFFER EXPIRES 9/30/2025

CALL NOW (855) 932-7733

*Includes labor and product; bathtub, shower or walk-in tub and wall surround. This promotion cannot be combined with any other offer. Other restrictions may apply. This offer expires 9/30/25. Each dealership is independently owned and operated. **Third party financing is available for those customers who qualify/Participating dealers only. See your dealer for details. ©2025 Bath Concepts Industries.

LeafFilter

GUTTER PROTECTION

CALL TODAY FOR A FREE INSPECTION!

1-877-649-1190

20% OFF

Your Entire Purchase*

10% OFF

Seniors + Military

++ We offer financing that fits your budget!¹

Promo: 285

* See Representative for full warranty details. *One coupon per household. No obligation estimate valid for 1 year. 15subject to credit approval. Call for details. AR 366920923, AZ ROC 344027, CA 1035795, CT HIC0671520, FL CBC054678, IA C127230, ID REC51604, LA S09544, MA 176447, MD MHIC111225, MI 262300318, 262300328, 262300329, 262300330, 262300331, MN IR731804, MT 226192, ND 47304, NE 50145-22, 50145-23, NJ 134049953900, NM 408693, NV 80990, NY H-19114, H-52229, OR 218294, PA 179643, 069383, RI GC-41354, TN 10981, UT 10783638-5501, VA 2705169445, WA LEAFNW60232, WV WV056912.

SAVE \$160

12 TOP WINES + BONUS GIFTS

OMAHA STEAKS® WINE

POWERED BY LAITHWAITES

Go to Get0SWine.com/Sip153

or call 1.833.997.3394 and mention code AGJF002

Omaha Steaks Wine is operated independently from Omaha Steaks, LLC. Full terms and conditions online. Void where prohibited by law.

DENTAL Insurance

Great coverage for retirees.

Get your FREE Information Kit

Ask about the Premier Plan – our most popular option!

1-844-496-8601

Dental50Plus.com/NCpress

Physicians Mutual Insurance Company

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/find-dentist. This specific offer not available in CO, NV, NY - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469 (GA: P154GA; OK: P154OK; TN: P154TN). 6347-0125

SAVE \$350 when you transform your patio into an outdoor oasis.

- Instant shade—at the touch of a button.
- Enjoy more quality time with family and friends.
- Up to 10-Year Limited Warranty.

Call 1-866-735-0123 now to SAVE \$350 TODAY!

America's #1 Awning!

“To succeed in life, you need three things: a wishbone, a backbone and a funny bone.”

— Reba McEntire

prioritizing home office space



Professionals might be returning to work in offices after years of pandemic-related remote work, but that doesn't mean home buyers aren't still prioritizing home office space when shopping for a new place to call their own. According to a recent survey of home buyers conducted by the National Association of Home Builders, 66 percent would prefer to buy a home with exactly one home office space and 13 percent want at least two offices. Just one in five buyers indicated they do not want any home office space. The majority of buyers who want home office space prefer a medium-sized space, which the NAHB defined as between 100 and 150 square feet. Just 22 percent of buyers prefer a home office space larger than 150 square feet, while only 19 percent want a small space (less than 100 square feet). The NAHB survey indicates the enduring popularity of home office spaces, recognition of which can be particularly useful for current homeowners preparing to put their homes on the market as well as those looking to add office space.

Final Notice and Public Explanation of a Proposed Activity in a 100-Year Floodplain Pamlico County 2023 ESFRLP

Date: July 16, 2025

Pamlico County has received grant funding listed above and has reviewed the program for compliance with FEMA floodplain and wetland requirements. This is to give notice that Pamlico County has conducted an evaluation, in accordance with HUD regulations at 24 CFR 55.20 Subpart C Procedures for Making Determinations on Floodplain Management, to determine the potential affect that its activity in the floodplain will have on the human environment for the 2023 Essential Single Family Rehabilitation Loan Program under SFRLP2023. The proposed program seeks to rehabilitate an existing structure in Pamlico County located at 175 Maine St in Bayboro. This project will involve less than one and a half acres in the AE floodplain. Pamlico County has considered the alternatives and mitigation measures to be taken to minimize adverse impacts and to restore and preserve natural and beneficial values. The proposed activities must take place in their current location due to the existing locations of the structures and financial limitations of the funding proposal. The rehabilitation activity will not impact the floodplain. All construction will be in accordance with state and local floodplain protection procedures. Pamlico County has re-evaluated the alternatives to activities in the floodplain and has determined it has no practicable alternative. Environmental files that document compliance with steps 3 through 6 of the Eight-Step Process are available for public inspection, review and copying, upon request, at the times and location delineated in the last paragraph of this notice for receipt of comments. Rehabilitation of the current structures will have no effect on the floodplain. There are three primary purposes for this notice. First, people who may be affected by activities in floodplain and those who have an interest in the protection of the natural environment should be given an opportunity to express their concerns and provide information about these areas. Second, an adequate public notice program can be an important public educational tool. The dissemination of information about floodplains can facilitate and enhance Federal efforts to reduce the risks associated with the occupancy and modification of these special areas. Third, as a matter of fairness, when the Federal government determines it will participate in actions taking place in floodplains, it must inform those who may be put at greater or continued risk. Comments must be received by the individual listed below, in writing or by email, on or before July 30, 2025. This information is available in Spanish or any other language upon request. Esta información está disponible en español o en cualquier otro idioma bajo petición. Esta información está disponible en español o en cualquier otro idioma a petición. Póngase en contacto con el individuo que figuran a continuación para alojamiento para esta solicitud.

Jordan Kearney, Project Manager
McDavid Associates, Inc.
P.O. Drawer 49, Farmville, NC, 27828
Phone: (252) 753-2139
ajk@mcdavid-inc.com

Edward Jones

> edwardjones.com | Member SIPC

Dreaming up the ideal retirement is your job. Helping you get there is ours.

We're excited to hear from you.



Dan Roberts IV, AAMS[®]
Financial Advisor
301 South Front Street
Building 1, Suite A
New Bern, NC 28560
252-633-5263



RET-1849K-A-E-AD AECSPAD 20240115

Teaching Kids Chess

by: Hiram Lupton

“Chess is a game which involves strategic thinking and decision-making skills,” says Rod Lee. “Both are great for a young person to learn. Plus, it is a lot of fun.” Mr. Lee has been playing chess for a long time and now he is sharing his love of the game with some of the young students at HeartWorks afterschool learning center and summer learning program. The club was started by Tony Santore several years ago and now Rod is coaching and working with these young players. “Some of the skills they are developing can be used in all facets of their life, right on into adulthood. We have anywhere from 6 to 10 players at the middle school age level. We usually meet about twice a week and some of these kids are becoming quite good.” Chess offers numerous cognitive and social-emotional benefits for children. It enhances critical thinking and problem-solving while also improving memory and concentration. It also encourages important social skills like sportsmanship, patience, and respect for others. Things kids of all ages need. If you are a chess enthusiast who likes to work with young people, contact HeartWorks. They would love to have some more volunteers to share chess knowledge with these young players.



Some of the young players at the HeartWorks Chess Club



Players sharpen their skills under the tutelage of Mr. Rod Lee

“The battle for the ultimate truth will never be won. And that’s why Chess is so fascinating.”
– Hans Kmoch Niemann



Final Notice and Public Explanation of a Proposed Activity in a 100-Year Floodplain Pamlico County 2023 ESFRLP

Date: July 16, 2025

Pamlico County has received grant funding listed above and has reviewed the program for compliance with FEMA floodplain and wetland requirements. This is to give notice that Pamlico County has conducted an evaluation, in accordance with HUD regulations at 24 CFR 55.20 Subpart C Procedures for Making Determinations on Floodplain Management, to determine the potential affect that its activity in the floodplain will have on the human environment for the 2023 Essential Single Family Rehabilitation Loan Program under SFRLP2023. The proposed program seeks to rehabilitate an existing structure in Pamlico County located at 105 Jones St in Vandemere. This project will involve less than one and a half acres in the AE floodplain. Pamlico County has considered the alternatives and mitigation measures to be taken to minimize adverse impacts and to restore and preserve natural and beneficial values. The proposed activities must take place in their current location due to the existing locations of the structures and financial limitations of the funding proposal. The rehabilitation activity will not impact the floodplain. All construction will be in accordance with state and local floodplain protection procedures. Pamlico County has re-evaluated the alternatives to activities in the floodplain and has determined it has no practicable alternative. Environmental files that document compliance with steps 3 through 6 of the Eight-Step Process are available for public inspection, review and copying, upon request, at the times and location delineated in the last paragraph of this notice for receipt of comments. Rehabilitation of the current structures will have no effect on the floodplain. There are three primary purposes for this notice. First, people who may be affected by activities in floodplain and those who have an interest in the protection of the natural environment should be given an opportunity to express their concerns and provide information about these areas. Second, an adequate public notice program can be an important public educational tool. The dissemination of information about floodplains can facilitate and enhance Federal efforts to reduce the risks associated with the occupancy and modification of these special areas. Third, as a matter of fairness, when the Federal government determines it will participate in actions taking place in floodplains, it must inform those who may be put at greater or continued risk. Comments must be received by the individual listed below, in writing or by email, on or before July 30, 2025. This information is available in Spanish or any other language upon request. Esta información está disponible en español o en cualquier otro idioma bajo petición. Esta información está disponible en español o en cualquier otro idioma a petición. Póngase en contacto con el individuo que figuran a continuación para alojamiento para esta solicitud.

Jordan Kearney, Project Manager
McDavid Associates, Inc.
P.O. Drawer 49, Farmville, NC, 27828
Phone: (252) 753-2139
ajk@mcdavid-inc.com

This FOR SALE | \$350K

THIS CONDO

THIS BOAT SLIP

THIS VIEW

This can be yours!

In the Heart of Oriental | 303 Midgette St. Unit B7
Spectacular Waterfront Views of Smith and Green Creeks
First Floor Unit | 2 Beds/2 Baths
40' x 16' Protected and Deeded Boat Slip



Contact Allen Propst Today!
o: 252-249-1014 c: 252-671-4644
e:allenpropst@orientalncwaterfront.com

Pamlico County Animal Control services are temporarily unavailable.

There will be no cat trapping or pickup. If you pick up a stray or have an unwanted animal, please call Craven Animal Services Center at 252-637-4606 option 2. Do not drop off without speaking to a representative.

If there is any animal bite to a human, please call the Communicable Disease Nurse at Pamlico County Health Department, 252-745-5111 ext. 229.

Please do not feed ANY stray animals. Thank you.
~Animal Control Officer



ticks can wreak havoc on people and pets

Despite being very small creatures, ticks can wreak havoc on people and pets. The Centers for Disease Control and Prevention indicates that ticks can carry a host of diseases, which they may pass on to animals and their human companions. Though Lyme disease gets the most attention, dogs, who tend to spend more time outdoors than cats, may be susceptible to any of these conditions:

- Ehrlichiosis
- Rocky Mountain spotted fever
- Babesiosis
- Bartonella
- Hepatozoonosis
- Tularemia
- Tick paralysis
- Anaplasmosis



Illnesses from tick bites can cause fever, loss of appetite, painful and swollen joints, lameness, swollen lymph nodes, and lethargy. Topical and oral flea and tick products can minimize the number of ticks found on pets, and also prevent the types of long latch times that can lead to disease transmission through tick saliva. In addition, keeping pets away from tall grasses and removing ticks after coming indoors can help reduce the risk for tick-related illnesses.

How to make grilling healthier



Summer is synonymous with many things, including family vacations and relaxing days at the beach. For foodies, perhaps nothing evokes the spirit of summer more effectively than grilled foods. Grilling is a beloved tradition, but it's not necessarily the healthiest way to eat. Traditional backyard barbecue fare like hot dogs and hamburgers likely won't make physicians' hearts flutter, but there are ways to enjoy the flavor of grilling without compromising a nutritious diet.

- Replace burgers and hot dogs with healthy proteins. The occasional hamburger or hot dog won't do much damage, but people who regularly grill should skip these summertime staples and replace them with healthy proteins. The American Heart Association reports that fish and skinless chicken breasts are healthy alternatives to hamburgers and hot dogs. Burger devotees can still enjoy their go-to grilled food, but replace ground beef with lean ground poultry, which contains less saturated fat than red meat.



- Avoid overdoing it. Most people have overindulged at a backyard barbecue at one point or another. The relaxed, party-like atmosphere of the backyard barbecue makes it easy to snack on chips and other unhealthy fare before moving on to burgers and hot dogs. Hosts can do guests a favor by replacing snacks and sides like chips and potato salad with healthier fare like celery, fruit salad or chickpea salad. Keep portions of grilled fare as close to a healthy size as possible. The AHA notes that a healthy portion of meat is around three ounces and no more than six ounces.
 - Create a salt-free rub. There's no denying salt makes food more flavorful. But that flavor comes at a high cost. The health care experts Piedmont note that excessive amounts of salt can contribute to inflammation from fluid retention and increase a person's risk for hypertension, or high blood pressure. Salt may be a go-to for many grilling enthusiasts, but it doesn't have to be. A salt-free rub made with chili powder, garlic powder, paprika, and/or other spices is an effective and salt-free way to add flavor to meat, chicken and fish.
 - Grill more vegetables. Grilled vegetables, whether they're part of kebabs or simply grilled alongside the main course, add significant flavor and provide all the health benefits of veggies cooked in more traditional ways. The AHA notes that coating vegetables in a healthy oil like olive oil makes it easy to grill them directly over an open flame without sticking. Cooking in this way imparts that signature smoky, grilled flavor to vegetables.
- This summer, grilling can be as healthy as it is flavorful. All it takes is a few simple strategies to make the menu at your next backyard barbecue one any doctor would love.





CALL THE ELEVATOR AND LIFT EXPERTS: 1-888-634-1717



Visit our new showroom located at 4430 Hwy 70E, New Bern, NC 28560

With over 30 years of experience, Liftavator is your best source for residential and commercial elevators and lifts. Our qualified and licensed technicians provide professional installation, maintenance, service and inspection. We also offer 24-hour emergency calls. Whether you need an outdoor lift, luxury home elevator, stairlift, or commercial elevator, call Liftavator for a free consultation. We will find a solution that is right for you!

**savaria™**
ELITE DEALER

LIFTAVATOR.COM
1-888-634-1717

SAVE THE DATE !!!!

"Using AI for Grant Writing"

FOR NON-PROFITS

Wednesday, Sept 17th
9am-11am
Pamlico County Library



Dr. Justin Rose
Instructor

FREE SEMINAR!!

- For beginning and experienced AI users
- Learn how to use AI for research, data organization, and building your grant content
- Live demos of free AI tools in action



**IMAGINE PAMLICO**

**PAMLICO COMMUNITY COLLEGE**

REGISTER FOR FREE AT
www.PamlicoSBC.com

Certificate of Membership



INDY IS THE 14,801ST MEMBER OF THE DOG AGING PROJECT PACK!

The Dog Aging Project is an innovative initiative that brings together a community of people committed to giving our dogs the longest, healthiest lives possible.

AS A MEMBER OF THE PACK, INDY HAS MOVED US CLOSER TO THAT GOAL!



The Dog Aging Project Chief Veterinary Officer

OCTOBER 18, 2020
Date

Longer, healthier lives. Together.

The Dog Aging Project-Calling All Dogs!

Spring 2020- The beginning of Covid- we all have our memories of this time period. I was having lunch with a friend at a local restaurant when the owner came from the kitchen and announced he had to close by 6pm. We were some of the last customers- for months.

Owning a small business back then was a trying time for many of us. No travel equalled no boarding of dogs (for me),no socialization, no going to the salon or anywhere else, and worst of all, no income. Trying to obtain a loan or unemployment was overwhelming and frustrating for myself and many others is an understatement. Finding something worthwhile to do during this unscheduled time off eventually proved to be a time to do a good bit of research and learn new things. Furthering my career with inexpensive (maximum limit \$20) online dog training courses was the beginning. Then I ran across The Dog Aging Project.

The DAP is a Citizen Science project with a current enrollment of close to 50,000 dogs of all breeds and ages. The project began in 2014 with a grant from the University of Washington. It has since received grants from The National Institute on Aging and is partnered with Texas A&M College of Veterinary Medicine. The DAP is made up of researchers and veterinarians who track and study the health and longevity of dogs accepted into the program.

I found this to be extremely facinating and filled out the rather lengthy survey for both of my dogs: Indy and Remy. The survey included information on diet,health, geographic location, breed, home life

among others. Several weeks later I received an email informing me that Indy had been accepted into the program and was now Pack Member# 14,801. My dog- a science project!

Since her acceptance in October 2020, we have completed yearly tasks and games which are done at home. The games are designed to measure her cognitive ability throughout the years and are fun for both of us since many involve treats! We also do measurement and mobility tasks and update the survey on a yearly basis. Most of this requires a helper, so it's also doggie social hour when a neighbor visits.

The most exciting perk of the Pack membership was a free DNA test. Indy was a 2017 New Leash on Life graduate of unknown ancestry,but Whippet seemed to be in there somewhere. The test results indicated she was a mix of fourteen identifiable breeds (no Whippet) as well as 60% "unknowns". A true Carolina ditch dog!

The DAP is a fun, interactive, and extremely interesting program which is always looking to enroll new dogs. You can also become part of the DAP by filling out the survey on their website: thedogagingproject.org .

This may have been one of the most positive experiences I had during the Covid era. Looking back on this five years later I feel very fortunate to have come out of this just a bit off in the finance department, but richer in knowledge and more than happy to have my health.



Alecia Williams and Indy Pack Member 14,801
Dove Landing Training LLC



The helpful place.®



The go to brand for outdoor power equipment now at Ace Hardware Pamlico Home Builders



PAMLICO HOME BUILDERS & SUPPLIES, INC.

Hwy 55, Alliance • (252) 745-4111

Hours: Mon. – Fri. 7:00 am to 6:00 pm • Sat. 8:00 am to 2:00 pm





PAMLICO SMALL BUSINESS CENTER

free seminars and webinars

SEPTEMBER	OCTOBER
Wed., Sept 17, 9am-11am	Thursdays, 10/23-11/20
"USING AI FOR GRANT WRITING"	"HOW TO START A SMALL BUSINESS" series (online)
Mondays, 9/9/-9/30	Saturday, Nov. 1st
"HOW AI CAN HELP YOUR BUSINESSES" Series Mondays, 6pm-8pm Sept 9th - 30th	"STARTING A BUSINESS AFTER 50" "HOW TO TURN A HOBBY INTO A BUSINESS" "THE BEST BUSINESS TO START RIGHT NOW!"



701 N. Main St.
Bayboro, NC 28562
252.670.2468



Seating is limited!
REGISTER NOW AT
www.PamlicoSBC.com



"Ok now a serious one"





boredpanda.com



Scott PLUMBING & HEATING

We service and install all brands and models of **Heating & Air Conditioning Units** Natural or Propane Gas, Oil, Electric, or Geothermal

- Free estimates on new installations and/or replacements.
- Residential and commercial applications
- Complete ductwork inspections, repairs, and now offering duct cleaning.
- Serving five counties for over 35 years



American Standard
HEATING & AIR CONDITIONING

(252) 745-5135

6690 Hwy. 55 East in Reelsboro
Emergency, Nights & Weekends 252-670-7688
www.scottph.com

COASTAL LIVING



New Online Boating Accident Avoidance Course from BoatUS Foundation: ‘S.C.A.N. – Improving Situational Awareness’ Takes on the biggest cause of accidents: distracted boating

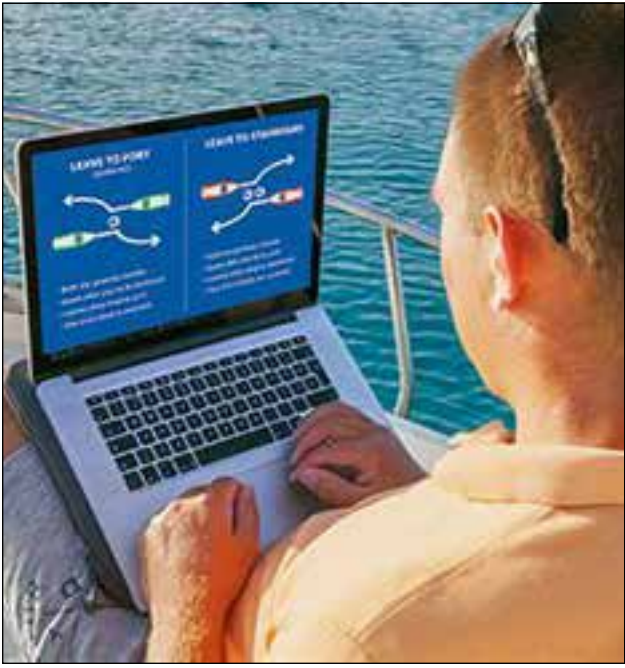
SPRINGFIELD, Va., July 7, 2025 – A quick look at the annual U.S. Coast Guard recreational boating accident statistics shows “operator inattention” and “improper lookout” to be perennial placeholders in the top five primary contributing factors in boating accidents. A new online micro course, “S.C.A.N. – Improving Boater Situational Awareness,” aims to address the issue head-on by helping boaters avoid distracted boating and enhance situational awareness and boating safety skills. The free accident-avoidance course is designed to make boating safety instruction accessible and fits into busy schedules, typically taking less than 30 minutes to complete. Course takers will learn the importance of maintaining a proper lookout, understanding and applying the nautical rules of the road, and mastering the S.C.A.N. method (Search, Concentrate, Analyze, Navigate) to help stay focused and avoid collisions. The course also covers common distractions and practical strategies to mitigate them, ensuring a safer and more enjoyable boating experience.

Through engaging video scenarios and interactive quizzes, learners will also practice key techniques and reinforce their knowledge. By the end of the course, students will be equipped with essential tools to navigate waterways confidently and responsibly. “The growing list of distractions aboard a boat only made us more determined to offer a new and innovative accident avoidance course that will sharpen anyone’s skills,” said BoatUS Foundation Director of Boating Safety Ted Sensenbrenner.

The new course was created in partnership with a grant from the U.S. Coast Guard Office of Boating Safety and funding from the Sport Fish Restoration and Boating Trust Fund. While the S.C.A.N. course does not meet any state education requirements, the Foundation separately offers the only free online boating safety course that provides required NASBLA boating safety certification in 37 states, as well as a range of other paid courses.



How to analyze and respond to boaters around you is part of the learning process with the new free online course, “S.C.A.N. – Improving Situational Awareness,” from the BoatUS Foundation. (Credit: Stacey Nedrow-Wigmore)



A new online course from the BoatUS Foundation introduces and helps boaters master the S.C.A.N. method (Search, Concentrate, Analyze, Navigate) to stay focused and avoid collisions.

Bobby Cahoon Construction, Inc.

The only marine contractor you'll ever need.



For all your commercial & residential applications.

“Specializing in custom designed docks, seawalls/ retaining walls, pile driving and boat lifts.”

As natives of Eastern NC, owners Bobby and Teresa have developed an understanding of our waters and a deep appreciation for its natural beauty. They take pride in providing excellence in craftsmanship and professionalism.

Fully licensed, insured & bonded

Call: 252.249.1617 www.bobbycagoonconstruction.com



CKB

Creative Kitchen & Bath

Design and Remodel

Showroom Open

CKB

HOME INTERIORS

Cabinets - Countertops - Flooring
Tile - Backsplash
Custom Walk-In Showers
and home decor
Consultation - Design - Installation

32 East Trent Rd - Merritt, NC 28556
Just OFF Route 55
252-745-7978

CKBdesign.net - CKBhomeinteriors.com

The Inland Waterway Provision Company

We're a fully stocked marine store and what we don't have we can order for you usually with overnight delivery so you can get back on the water in no time!

Check out our fishing tackle and make your requests as we grow the selection! We also stock an assortment of craft beer, wines, organic foods, snacks, condiments, personal care products and ice.



HOURS:
Monday – Thursday 9:00 am – 5:00 pm
Friday – Saturday 9:30 am – 5:30 pm
Sunday 10:00 am – 4:00 pm

305 Hodges Street, Oriental, NC 28571
Located at ICW statute mile marker 181
252.249.1797

ESTD. 2024

Mill Creek

PHOTOGRAPHY

Landscape • Midlife • Sports • Portrait • Real Estate • Commercial • Newborn • Maternity • Senior

for all your photography needs. Serving Pamlico and Surrounding Counties

252-229-3851
millcreekphotography252@gmail.com
millcreekphotography.zenfolio.com

Jeff Roberts
Veteran Owned & Operated

Read Local

Keep up with your community!



We Deliver the Best Local Deals and Offers!
Subscribe by phone or online today, and starting saving.
Local news, shopping and entertainment
Subscribe • Support • Advertise

The Pamlico News
Your County News Source Since 1968

252.249.1555 www.ThePamlicoNews.com



TRANE

It's Hard To Stop A Trane.®



Dixon

HVAC

HEATING & AIR COND.

New Bern, NC

We provide **professional HVAC installation and repair service** for residential and commercial properties in Craven, Pamlico, and surrounding areas.

Our heating and cooling experts offer accurate and **free estimates** for your convenience. *Call us to schedule your estimate!*

(252) 745-4022 ▽ **(252) 633-2173**

dixonheatingandair.com

CLASSIFIEDS



WINFREY BUILDERS
252-670-2915



World Wide Marine Training, LLC
U.S.C.G. Approved Training & Testing

Captains Licenses ★ Master 100 Tons ★ Master 200 Tons ★ AB
★ STCW 5-day Basic Training ★ Radar Endorsements ★
Auxiliary Sail and Assistance Towing Endorsements

Call 252-249-2135
worldwidemarinettraining.com
22532 NC Hwy 55 East, Oriental, NC 28571

Pamlico Tree Care, LLC
Servicing New Bern & Surrounding Counties
Owner: Jonathan Mitchell




New Omme 90’ Tracklift
Access through a 4’ wide gate
Complete Tree Removal
Stump Grinding

Brush & Branch Chipping
Cabling & Crown Reduction
Tree Pruning & Shaping

Fully Insured with Liability and Workmen’s Comp
252-745-7232/252-671-7563
Pamlicotreecare@aol.com
www.pamlicotreecare.com

FOR SALE



Oriental - 3.9 acres means you can build your beautiful new home and still maintain your privacy. Wooded corner lot is located in a lovely waterfront community. County water available. Located 10 minutes from charming Oriental, the Sailing Capital of NC.
\$21,000

CENTURY 21
Sail/Loft Realty
252-249-1787
www.SailLoftRealty.com

T.O.P.P. Care For Pets
The Oriental Pet Parlour

- Full Service Grooming
- Licensed Boarding
- Day Care
- For Dogs, Cats, Birds & Other Pets

252-249-0243
315 White Farm Road Oriental, NC 28571
Hours: M - F 8:30 - 5 ♦ Sat. 9 - 3
Check out our website at
www.TheOrientalPetParlour.com



Katherine H. Winfrey
Income Tax Service

801 Broad St.
Oriental, NC 28571

533 South Creek Rd.
Aurora, NC 27806
252-670-7728
252-675-2828

HAULING & MORE
Small Driveways - granite, limestone, base, crushed concrete. Also topsoil, sand and mixed green.
Roy Holton **252-670-7124**.

FOR SALE
BLACKWELL CEMETERY
LOT FOR SALE.
3 PERSON LOT
CALL GEORGIE
252-249-1727




BAYBORO DEVELOPMENT REENTRY CENTER
13632 Hwy 55 – Alliance

Ms. Vennie Himbry
Executive Director
252-229-9041

Monday-Thursday 10:00 - 4:00 REENTRY SERVICES
Court Advocacy Expungement – Counseling – ID Recovery – Housing – Job Referrals
Food/Gas Cards – Clothing
Bayboro Development Reentry Center <http://tinyurl.com/bdcreentry>

“Sun is shining.
Weather is sweet.
Make you wanna move your
dancing feet.”
– Bob Marley



ADVERTISEMENT FOR BIDS

The Town of Oriental is requesting Bids from qualified (licensed) contractors for the Whittaker Creek Dredging - Spoils Site Cleanout (2025-01B).

Bids for the execution of the Project, according to specifications will be received at the Town Hall of the Town of Oriental located at 507 Church St. (PO Box 472), Oriental, NC 28571, until Wednesday, July 23, 2025 at 2:00 pm local time. Once a sufficient number of bids have been received, The Project will be awarded and executed.

Complete plans and specifications for this project can be obtained from the Town’s website at www.TownofOriental.com and questions can be directed to the Town Manager at manager@townoforiental.com The Town reserves the unqualified right to reject any and all proposals.

INCIDENTS

July 3, Hill Dr., Grantsboro, larceny of firearm

July 3, Longview Dr., Bayboro, simple assault

July 3, NC Hwy 306 S., Grantsboro, injury to real property

July 3, Chair Rd.,New bern, all other offenses

July 3, Sea Gull Landing, Arapahoe, obtain property by false pretenses, identity theft

July 3, Neuse Blvd., New Bern, order for arrest

July 3, Wichita Village Lane, Bayboro, injury to real property

July 4, N. Third St., Bayboro, possess controlled substance prison/jail premises

July 5, Oakwood Dr., New Bern, vandalism

July 5, Sandy Lane, Grantsboro, misdemeanor crime of domestic violence

July 5, Wall St., Oriental, communicating threats

July 6, Beech Lane, Grantsboro, injury to personal property, communicating threats

July 6, NC Hwy 306 S., Grantsboro, violation of court order

July 6, Bay River Shores Rd., S, Merritt, misdemeanor crime of domestic violence

July 7, Wayne Dr., Arapahoe, simple assault (2)

July 8, NC Hwy 55, New Bern, harassing phone calls

July 9, Neuse Rd./Lee Landing Rd., New Bern, resist/delay/obstruct public officer

PROPERTY TRANSFERS

June 19, Brandy Bay Estates Section Two Lot: 12 PCA 48-8; map inDB 269/878, Brandy Bay Estates Section Two Lot: 15A PCA 48-8; map in DB 269/878, Brandy Bay Estates Section Two use of Boat Slip C map in DB 273/249 from Michael S. St. Pierre, Susan M. St. Pierre to Thomas A. Greaves, Robin A. Greaves, \$560

June 19, B031-7; 1.79 AC Hugh Wayne Homeplace SR 1126 (Olympia Rd) from Pennymac Loan Services, LLC to Secretary of Veterans Affairs United States of America, \$0

June 19, Arlington Place Lot: 100 Phase 1 PCA 153-17 from Kirt Palagyi, Autum Palagyi to Timothy Wright, Alisa Wright, \$1,015

June 19, PIN D08-64-2; 43.63 AC Tract 2 PCA 171-9 from Ronald N. Guion, Janis L. Furman, Charlie F. Tripp, Janie R. Tripp, Lillie B. Ferguson, Mamie Jones-Wilson, Mamie Jones Wilson, Goldie E. Guion, James D. Collins, Marvin Beasley, Winnora Corey, Larry Junior Broadie, Delbra Broadie, Dudley Knight, Roger M. Finn, Sandra E. Finn, James Dowe, Jr., Hazel G. Dowe, Shirley Foster Guion, Rudolph Dowe, Vernon Augustus Guion, Noiranyah Yisreal, Eleanor E. Maxwell Olive, Barbara Guion James, Charlie F. Tripp/AIF, Delbra Broadie/AIF, James Dowe, Jr./AIF, James W. Dowe, Jr./AIF to Terri Lynn Rogers, \$510

June 20, Tarkiln Acres Lot: 16 PCA 3-2 25SP001024-680 from Mark J. Hale, Jr./GDN, Lynda K. Bundy/EST, Gwendolyn Brooke Bundy to Buddy Wayne Burke, \$130

June 20, Tarkiln Acres Lot: 16 PCA 3-2 from Buddy Wayne Burke, Kara Glosson Burke to Buddy Wayne Burke, Jaxson Wayne Burke, \$0

June 20, Brown Creek Lot: 18 Phase Two PCA 123-1, Brown Creek Boat Slip 5 PCA 122-10 from John Keith, Jeannie Keith to Denise M. Oliveri, Christopher J. Donahue, \$730

June 20, Sea Vista, Pierce Creek Area Lot: 18 Addition III MB 10/2; map in DB 361/263 from Patricia M. DeBiase to Sergei Lissotchenko, \$54

June 23, J082-321-F; 0.238 AC Vandemere St Oriental; map in DB 345/442 from George Peele, Lori Bryant Peele to George Peele/TR, Lori B. Peele/TR, Peele Family Legacy Trust, \$0

June 23, Mariner’s Landing Lot: 9 Lot 9A Lee Landing RD (SR 1003) PCA 192-14 PIIN C05-7-9 from Daryl C. Ranton, Kim Smith Ranton, Kim S. Ranton to Directed Trust Company, Premier Land Hub Retirement Plan Trust, Harshdeep Ahluwalia Solo, 401K Trad, Premier Land Hub Retirement Plan Trust, Harshdeep Ahluwalia Solo, 401K Trad, Harshdeep Ahluwalia Solo, \$60

June 23, 2.96 AC W/S Gales Creek Intercoastal Waterway MB 7/71 from Brent Fulkerson, Kathryn Fulkerson to 1447 Live Oak LLC, \$1,400

June 23, Cherrywood Estates Lot: 2 PCA 165-2, Cherrywood Estates PCA 165-2, Cherrywood Estates Lot: 4 PCA 165-2 from Bayboro Limited Partnership, Susan Sprecker/PTNR to Susan Sprecker, \$0

June 23, Cherrywood Estates Lot: 4 PCA 165-2 PIN K051-2-4 from Susan Sprecker, Limited Partnership Bayboro, Bayboro Limited Partnership, Susan Sprecker/PTNR, \$0

June 23, Bairds Shore Lot: 6 Section I MB 11/18 from Oriental Boulder, LLC to Lawrence F. Anito, Jr., \$0

June 23, Bairds Shore Lot: 6 Section I MB 11/18 from Lawrence F. Anito, Jr., Ann E. Anito to Harold W. Anthony, Jr., Laura L. Anthony, \$120

June 24, Pleasant Acres Lot: 20B Section II Map in DB 490/671, Pleasant Acres Lot: 21 Section II MB 10/90 from George William Barr, III, Shannon Marie Capriola to George Wolfe, Michele G. Wolfe, \$538

June 24, Camp Creek Lot: 6 PCA 171-2 from Steven M. Dance, Erica C. Quinby to Timothy J. Purifoy, \$616

June 25, Mainsail Point Lot: 4 MN 6/47 from Katharine Paige O’Hale, K. Paige O’Kale, David P. Terry to Claudia Ward O’Hale, \$0

June 25, Arlington Place Mill Creek Multiple Lots, Welcome Center & Vacant Lot PCA 172-2, PCB 9-14, PCA 164-2, PCB 8-12, PCB 19-15, PCB 19-20, Mill Creek Multiple Lots; PCA 164-2 Arlington Estates Parcels 1 through 7; PCB 8-12, See Instrument from Burton Farm Development Company, LLC, Boddie-Noell Enterprises, Inc. to Arlington Place, LLC, \$1,850

June 25, Sea Harbour Marina Boat Slip 39 CB 1/71 from Brad M. Cole, Sea Harbour Condominium Yacht Club, Inc. to Eileen M. Daniel, James M. Denmark, \$56

June 26, Caraway Cove Lot: 16 0.65 AC PCA 164-11 PIN E-09-17-16 from Freedom Lots USA LLC to Michael S. Schriver/TR, Mick Rivers Revocable Trust, Mick Rivers, \$37

June 26, PIN I06-86-1; 13.66 AC NC Hwy 55 PCA 147-10 from Linwood Patterson Britton, Jr. to Hancock Wildlife Consulting, LLC, Daniel Hancock, \$110

June 27, Timber Point Lot: 15 PCA 142-6, Timber Point Lot: 15A Offsite Septic PCA 142-6, PIN J05-4-1-15 from Michael L. Russo, Marybeth

Russo to Baucom Industries, LLC, \$100

June 27, Spicers Creek Lot: 5 PCA 58-5 from Michael J. Gould, Lisa L. Gould to Jeffrey F. Gabriel, Kathleen M. Lilieholm, \$1,100

June 27, Lucille E. Hall Lot: 3 PCB 13-3 PIN D08-5-3 from Livingston Franklin LLC to Harold Edward Maus, Sr., Mary Annette Maus, \$520

June 27, Neuse Heights Lot: 26 NW/S Neuse Dr Map in DB 236/90 from Andrew Cox, Tammy Cox, Tammy L. Cox to Sergei Lissotchenko, \$600

June 27, PINS G05-75-3 & G05-75-4-1; 1.03 AC N/S NCSR 1005 (Kershaw Rd); 0.65 AC Metes & Bounds from James B. Glenn, Patricia Walter Glenn to William Shawn Clark, Michelle Lynn Clark, \$1,000

June 30, Neuse River Heights Lot: 123 Oriental Map in DB 45/354 from Johnnie M. Gregory, Donna F. Gregory to Greg Wilkens, Tricia Wilkens, \$780

June 30, Neuse Winds Lot: 31 PCA 43-7 (Less Exception) from William H. Talbert, Sr., Lillian P. Talbert to David S. Stallings, Adelaide H. Stallings, \$1,800

June 30, 32/100 AC W/S Mildred St Oriental; map in DB 495/432 from Ronald Edward Rice to James E. Kraekel/TR, Suzanne L. Kraekel/TR, Kraekel Family Trust, \$770

June 30, Oriental Harbor Place Condominiums Unit: A-8 CC1 9-4 from Thomas W. Soderholm, Pamela J. Soderholm to Ronald Edward Rice, \$790

June 30, PIN K08-40; 2.95 AC map in DB 667/104 from Aldo Cristiani, Yolanda Cristiani to Nicholas Michael Castro, Mary Taylor McIntosh, Horace Smithy McIntosh, \$596

June 30, Marital Deed; PIN I042-97 0.994 AC map in DB 298/798 from Michelle Theresa Neice, Jeffrey Alan Neice to Michelle Theresa Neice, \$0

July 1, Park of K06-1; 17.61 AC (767, 064.76 Sq Ft) Tract 1 NCSR 1321 PCB 19-19 from OW World, LLC to Spear Fish, LLC, \$72

July 1, Part of K06-1; 17.61 AC (767,064.76 Sq Ft) Tract 1 NCSR 1321 PCB 19-19 from Spear Fish, LLC to Romy Perpetua, \$94

July 1, 0.23 AC map attached rom Stanley Aeschleman, Ellen Aeschleman to Lisa Mannion, Raymond Mannion, \$1,412

July 1, Substitute Trustee’s Deed’ D09/332; 0.74 AC NC Hwy 306 Grantsboro from Philip A. Glass/TR, Jo Ann Stowe, Jo Ann Stowe to John R. Norton, \$177

July 2, 11.9 AC E/S Cowell Rd & S/S NC Hwy 55 PCA 127-8 from Denard Potter, Denard T. Potter, Helen Potter to Jacquelyn Schmidt/TR, Sherri Hicks/TR, Linda T. May/TR, Carolyn E. Dressler Charitable Trust, Carolyn E. Dressler, \$500

July 2, Hortons Landing Lot: 36 Section Four PCA 54-10, Hortons Landing PCA 43-8; Entire Wooden Pier & Boat Slip 7 PCA 45-10, PIN: I092-7-36 & I092-8-7-SL; See Instrument from Mark J. Zilliox, Kristen L. Zilliox to Ricardo Ledbetter, Gwendolyn Ledbetter, \$90

July 3, 1% Interest 1.29 AC SW/S Old Vandemere Rd & SE SR 1220 Vandemere from Kelly L. Jones, Carolyn Jones to Effie Midgett, \$0

July 3, 0.41 AC W/S Mill Pond Rd & S/S Ralph Brooks’ Farm Lane from Rosa Davis Ward, Sylvester Ward, Annie Davis Moore, James Moore, James E. Moore to Paula Miller-Sheelor, Paula Miller Sheelor, Paula Miller Sheelor, \$0

July 3, PIN M02-3; 10 AC Upper Spring Creek from Harry Lee Carpenter to Harry Lee Carpenter, Sherry N. Carpenter, \$0

July 3, Gift Deed; PIN J082-481; 0.64 AC Map in DB 588/808 from Stephen Eugene Jarrell/TR, Susan Goodman Jarrell/TR, Jarrell Living Trust to Allison Virginia Williams, \$0

July 3, 25E06; 0.59 AC Map in 682/850 from Leland Bradley White/EXR, Trudy F. White/EST, Leland Bradley White, Ashley J. White, Courtney L. Hamilton, Matthew C. Hamilton, James Connor, James B. Connor, James Connor, James B. Conner, Katelyn E. Conner to Compass Rose NC LLC, \$1,073

July 3, 20E10; 3.63 AC Parcel 4 PCB 8-9; Stillwater Lane Oriental from David H. Harris, Tina Delehman Harris to Michael Eduardo Bautista Angel, Michael Eduardo Bautista Angel, \$140

July 3, Cutter Bay Lot: 78, 3.34 AC Cutter Bay South St, Merritt, PCB 15-15 & PCB 13-9, Cutter Bay Lot: 78A Septic Offsite PCB 13-9 PIN H042-70-78 from Cutter Bay LLC to Kristina R. Tickle, Colleen Tickle, \$280

July 3, 72.71 AC Folly Public Rd (SR 1324) from Fred T. Howell, Debbie R. Howell to Buck H. Jones, Don Lee Jones, Christopher R. Jones, D. Bryan Jones, \$750

July 7, Hudsonstown Lot: 6, 2 Tracts Life Estate from Freda Maxine Smith, Darrell Hargett, Sr. to Freda Maxing Smith, Darrell Hargett, Sr., Darrell Hargett, Jr., \$0

July 7, Janerio Park Lot: 10 Section II MB 4/84 from Kenneth M. Bunch, Mabel P. Bunch to Wayne H. Mandel, Christine L. Mandel, Andrew T. Plaiice, Tonya M. Plaiice, \$165

July 8, PIN J082-263 & G092-81; .17 AC NW/S Academy St Oriental Map DB 255/458; 37/100 AC NW/S Midyette St Oriental; 0.5 AC NCSR 1301 (Don Lee Rd) Arapahoe from Giseline Lundqvist to Giseline Lundqvist Revocable Trust, Giseline Lundqvist, Giseline Lundqvist/TR, Bertil Lundqvist/TR, \$0

July 8, Sea Vista, Pierce Creek Area Block: A Lot: 10, Addition VI MB 11/63 PIN J083-34-10 from Richard Edward Kraus, Dolores S. Kraus to John George Schwab, Beth Ann Schwab, \$85

July 8, PIN L011-67; One Tract N/S Fulford Point or River Rd (SR 1233) with exceptions; see instrument; interest from Sandra G. Mooring to Sandra Gurley Mooring/TR, Sandra Gurley Mooring, Sandra Gurley Mooring Revocable Living Trust, \$0

July 8, 15,073 Sq Ft Tract Map Attached from Susan Allyne Coppage Perritt/TR, Susan Allyne Coppage Perritt/EXR, Susan Allyne Coppage Perritt, Susan Allyne Perritt/EXR, Susan Coppage Perritt, Susan Coppage Perritt/AIF, Sussan Coppage Perritt/TR, Susan Coppage Perritt/EXR, David Lyton Perritt, David Lyton Perritt, Merry Ann Coppage Irrevocable Trust, Merry Ann Coppage Trust, Merry Ann Coppage, Cassie May Coppage/EST, Dudley Ross Coppage II, Dudley Ross Coppage, Wanda Whitney Coppage, Cassandra Ross Coppage Faulker, Cassandra Ross Coppage Faulker, Ashley Ross Brown, Amy Davis Brown, Megan Brown Howard, Timothy Aaron Howard, Kevin Michael Howard to Terrey G. Stidham, Laurel M. Stidham, \$36

July 9, 4.48 AC (195,209 Sq Ft) Lots 3 & 4, PCB 19-18 from Gilbert F. Brinson, III to Nyan Kendrick, Stephanea Kendrick, \$200

STATEWIDE CLASSIFIEDS

Auctions
RESTAURANT
EQUIPMENT AUCTION
Wednesday, July 23rd @10am
1109 E. Ozark Ave. Gastonia, NC.
Selling All Inventory from YOUR EQUIPMENT GUYS. New and Like New Restaurant, Bar, & Bakery Equipment.
www.ClassicAuctions.com
704-791-8825 NCAFS479

Home Improvement
No more cleaning out gutters. Guaranteed! LeafFilter is the most advanced gutter protection for your home, backed by a no-clog guarantee and lifetime transferrable warranty. Call today 1-877-649-1190 to schedule a FREE inspection and no obligation estimate. Plus get 20% off! Seniors and military save an additional 10%. Restrictions apply, see representative for warranty and offer details

Miscellaneous
WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-833-928-1861. Have zip code of service location ready when you call!

Miscellaneous
HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced 90% less than competitors. Tiny and NEARLY INVISIBLE! 45-day money back guarantee! 888-970-4637

Miscellaneous
Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Steppacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503]

Miscellaneous
We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-247-1189

Miscellaneous
We Buy Vintage Guitar's! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. These brands only! Call for a quote: 1-833-641-6577

Miscellaneous

Replace your roof with the best looking and longest lasting material – steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer – up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815


Miscellaneous
Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-869-7055 today!

Sale
Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-877-920-7405

Time Share
Wesley Financial Group, LLC Timeshare Cancellation Experts.
Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 844-213-6711

AROUND THE COUNTY


Whortonsville Reba Tiller, *Correspondent*

 This week has been a little quieter after all the Croaker Festival events last week. Thanks so much to the Pamlico Paper for putting the Pamlico Brass and the Pamlico Chorale's pictures in the paper. This was my last time as the Director of the Chorale and Beth Burch is going to take over when they resume rehearsals in September. I also want to thank the Oriental Methodist Church for giving us a place to rehearse all these years. I was persuaded by Evelyn Stevenson in 1989 to start a Community Chorus in the theater, but that was before the theater was redone so we gradually moved on to the Methodist Church. We did not have that nice piano that is there now and it was very dark in the theater at that time. When we moved here in 1984 I thought that was the end

of music for me but it was actually a new beginning. The Chorale grew and I was ordering 70 sheets of music with a very enthusiastic group of singers that brought music to large audiences, and to me it was the highlight of my music career! Thanks so much to all that sang over the years and thanks for the audiences who came to hear us. Now a little about Bethel Church, on Sunday there were 16 folks for morning service and at the end of the service Matt Scott was brought in as a deacon which would make Rhonda, J.C. and Jo Hazel very proud. Received bad news recently that Berkley Hill was in a very bad accident, was in the hospital but is home now. We wish him a swift recovery.

THOUGHT FOR THE WEEK— MUSIC WASHES AWAY FROM THE SOUL THE DUST OF EVERYDAY LIFE.

Pamlico Betty Jo Rodgers, *Correspondent*

 The Pamlico community has been sprucing up this summer. Yards have been mowed, crops are bountiful, Ms. Mary Mattocks has new plants hanging on her front porch and she has moved her wind spinner to the front of the porch where she can see it spin its beautiful colors. Across the street, Mr. Dubois has put a metal roof on his little cottage (man cave) beside the Broad Creek United Church of Christ.

A few holes have been patched on Trent Road, but it is still one of the worst roads in the county. It gets worse every day, and the condition it is in is wearing out my tires sooner than should be expected.

The Stonewall Methodist Women had their Salad Supper this past week with guest speaker Tonya Jordan. Ms. Jordan is the director of the Pamlico County Hospice in Bayboro. Her talk to the group was very informative and she encourages the public to stop by and learn more about the free services to residents of Pamlico County as well as parts of Beaufort and Craven County. Hospice serves north toward Aurora and Edward and also west toward Bridgeton.

Family Reunion time is rapidly approaching. The Gwaltney National Family Reunion in Smithfield, VA will be the weekend of July 25-27. The Lupton Family Reunion will be August 9, 2025


at the Goose Creek Island Community Center in Hobucken, NC beginning at noon. They will have a dessert contest as in years past. There are a lot of Lupton's who live in Pamlico County, but many do not attend the family reunion. Please come if you are able. I am a Lupton descendant and have been involved with the family reunions ever since the first one when I wrote 3-cent postcards to invite people to attend when it was held in Whortonsville.

Just a note, there will not be a Pamlico News newspaper published next week, so I will be writing again at the end of the month. If you want some up to date news for the coming week, come join us at Stonewall Methodist Church for one of our services.

Celebrating birthdays in July are Annette Jones (7/17), Jeannine Russo (7/19), Joanne Gwaltney Ashton (7/22), Mark Norman (7/23), Stephen Carey, Kenneth Dixon, and Karen Keast (7/24), Doug Spain, Chris Spain (7/25), Gladys Wright (7/26), Ed Kelleher (7/29), and Bertha Gilliam (7/31). Celebrating their anniversary in July are Cathy and Brent Fulcher (7/24).

Have a blessed week. Anxious? Take Spiritual Vitamin A. All things work together for good to those who love God, to those who are the called according to His purpose. (Romans 8:28)

Grantsboro Jeff Roberts, *Correspondent*


 Good morning, good afternoon, and good evening. I sure hope everyone has been staying cool the best they can because boy oh boy has it been hot. You walk outside and the air almost takes your breath away. Make sure you are drinking plenty of fluids and always be checking for dehydration. Some of those include the color of your urine, the darker the yellow the more dehydrated that you are. You can also squeeze the skin on your hand, kind of pull the skin up and pinch it together. If the skin bounces back quickly then your hydration level is pretty good however, if it stays then you are dehydrated. I checked for events this week and not much happening around town. The library always seems to have a little something going on so always make sure you are following their events, it is a friendly environment to take the kids to and have them enjoy and learn in a fun way. If you have an event and want me to mention it please feel free to reach out to me or just reach out. You can email me anytime at nckikn@gmail.com. In my travels around town the farmers have been busy. I had the pleasure the other week to watch the crop duster between Mill Pond and New Ditch. That is just a spectacular performance that is well orchestrated. Whoever is in the cockpit has nerves of steel. Gracious some of the aerobatics performed are incredible. I have always been fascinated by them, I do wonder something, why are they always yellow? Does anyone know?

Sackett Potatoes sure have been on the move. I see them hauling potatoes almost every day. That's a lot of tater chips! Do those guys ever sleep? I know I have been out as early as 4:30 am and those guys and girls are already on the move. It takes a lot of work from field to table to make something as simple as a potato chip happen. We wonder why those chips are getting expensive, because of all the work that goes into producing them.

I would like to thank each and everyone of you for taking the time to read my little section each week. It is such a pleasure to do. Again if you have any information that you would like me to have or to mention please reach out to me through my email or find me on Facebook. My email is nckikn@gmail.com. I look forward to hearing from anyone. Until then have a great week and enjoy this weeks picture of early morning at Sackett.



Vandemere Sandra Snipes, *Correspondent*

 **Hello from Vandemere!**

We just returned from an unforgettable two-week journey aboard *The Eladene*, our 30-foot motorboat, traveling the Intracoastal Waterway all the way to Washington, D.C. for the Fourth of July. We arrived in the big city on July 3rd, docking alongside vessels from all over the country.

Along the way, we found ourselves explaining, more than once, exactly where Vandemere, North Carolina is. By the end of the trip, at least ten more people are now aware of our location! So in our own small way, we put Vandemere on the radar for a few more travelers.

They say, "*Calm seas do not make a skilled sailor*," and while we didn't venture into the open ocean, the mighty Chesapeake Bay gave us plenty of opportunities to learn. We navigated rough waters, swing bridges and locks, tangled with a rogue crab pot (which required some interesting maneuvering to free our propeller), and faced a variety of mechanical challenges. There was even an ER visit, a series of on-the-fly engine fixes from port to port, and an unexpected encounter with a submerged log that left us slowly taking on water.

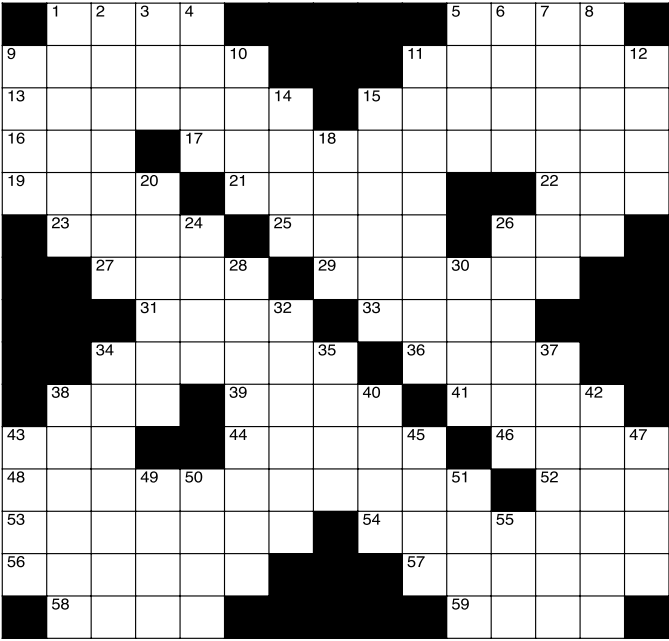
In the end, *The Eladene* had to be hauled out for repairs, but not before we gained a trove of memories and lessons we won't soon forget. We're certain there's still much more to learn, and that's part of the adventure.

As always, the best part of traveling is spending quality time with loved ones and meeting new people. We found that the small towns and villages we visited along the way share many of the same challenges we face here in Vandemere, yet each community finds its own unique way to adapt and thrive.



After this experience, a boat trip to Ocracoke sounds like a relaxing day cruise! We're grateful to call Vandemere home, a place where such adventures are not only possible but encouraged. It's good to be back, and now we begin planning the next leg of the journey: bringing *The Eladene* home. Stay tuned!

CROSSWORD



CLUES ACROSS

1. Resorts

5. One point south of southwest

9. Musical performances

11. Matched

13. Four-footed animal part

15. Express severe disapproval of

16. Type of leaf

17. Preparatory

19. Walk heavily

21. Succulent plants

22. Rectangle of grass

23. Lump in yarn

25. Too

26. Foot (Latin)

27. Afflicts

29. Smoothed

31. Mind (Greek)
33. Tampa ballclub

34. Semitic language

36. Sheltered sides

38. Ocean

39. Electronic point of sale

41. Thrust a knife into

43. 12th month (abbr.)

44. Ringworm

46. Father of Aoris (Greek myth.)

48. Fighting back

52. Cease to exist

53. Insects in adult stage

54. Freestanding sculpture

56. Caps

57. Repents

58. Brown and Wallace are two

59. Moved quickly

CLUES DOWN

1. Goes bad

2. Yard structure

3. They __

4. Marine invertebrate

5. European river

6. Office supplies firm

7. Physically abused

8. Service stations in Australia

9. Kills

10. Liquid body substances

11. Particular to a given individual

12. Brave or noble act

14. Sicilian city

15. Conqueror

18. Elected officials

20. Type of "pig"

24. Drop of viscous substance
26. Monetary unit of Spain

28. Guarantees

30. Coloring materials

32. Reddish browns

34. Square measure

35. Will not

37. Canned fish

38. Appeared

40. Six (Spanish)

42. Took off

43. Negligible amount

45. Posts in a Greek temple

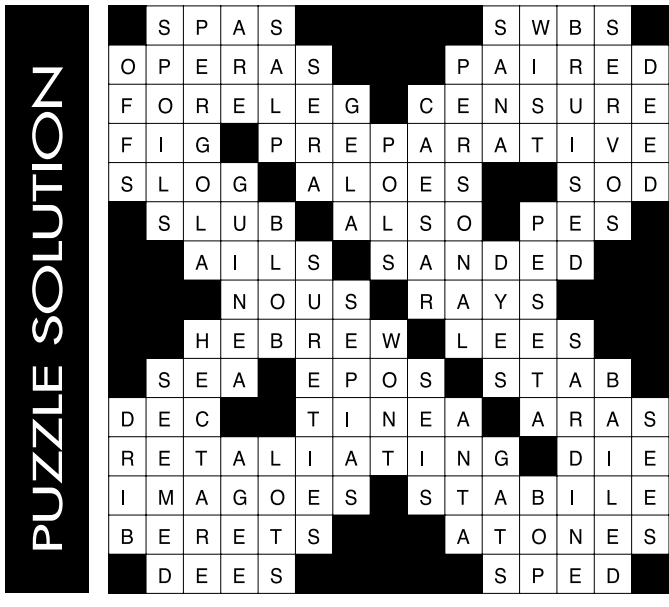
47. Witnesses

49. Phil __, former CIA

50. Places to park

51. Guns

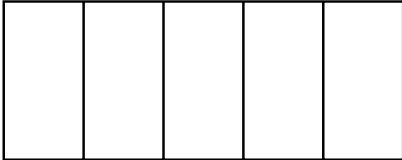
55. Dance to pop music



WORD SCRAMBLE

Rearrange the letters to spell something pertaining to air conditioning.

S N V T E



Answer: Vents

GUESS WHO ?

I am an actor born on July 18, 1967 in California. Before finding fame, I worked as a bouncer at bars in New York. I am best known as the protagonist in several films where I played a mechanic and elite street car racer. I'm also the voice of a sentient tree-like creature.

Answer: Vin Diesel

"If pizza can't fix it, it's a serious problem."
– Unknown

ARTHRITIS is a common condition that affects millions of people. According to the Centers for Disease Control and Prevention, roughly one in five adults in the United States is affected by arthritis, with an estimated 54.5 million adults reporting they have the condition. The Arthritis Society Canada has similar findings for Canadians suffering from arthritis. Again, one in five adults has the illness and about six million people in the country already have received an arthritis diagnosis. Arthritis causes joint pain, stiffness and inflammation. The Cleveland Clinic reports osteoarthritis, a type of arthritis that is caused by wear and tear on the joints, is the most common type of the condition. Osteoarthritis can occur naturally as a person ages due to a lifetime of using the joints and wearing down their cartilage cushioning. Other types of arthritis occur from illness (gout) or the immune system can cause arthritis when it damages the joints by mistake (rheumatoid arthritis).



CALLING ALL DOGS!

Join the largest canine health study in the world and help dogs live longer, healthier lives!

[Join at dogagingproject.org](https://dogagingproject.org)

Dog Aging Project

The Dog Aging Project team will follow tens of thousands of companion dogs for ten years in order to identify factors that maximize healthy longevity and help future generations of dogs live the best lives possible. Dogs of all ages are welcome, but the research team can learn the most from dogs who are enrolled as puppies, ideally before they've been spayed or neutered.

Together we can:



Understand how biology, lifestyle, and environment influence aging



Intervene to increase healthspan, the period of life spent in good health

Join at-home research activities:

- Nominate your dog at dogagingproject.org
- Complete surveys about canine health, diet, behavior, and more
- Upload your dog's electronic medical records
- Engage your dog in at-home behavioral assessments
- Help study the genetics and physiology of aging from your own home
- Connect with others in a private, online community of fellow dog lovers

Join today! ➡

TO ENROLL YOUR DOG
TEXT "DOGS" TO 66866










National Institute on Aging

The Dog Aging Project is a non-profit, academic research study funded by the National Institute on Aging, part of the National Institutes of Health, and other partners. We don't sell products or data. All of our canine participants live and play at home with their families.

Health&Wellness

July is National Cleft and Craniofacial Awareness and Prevention Month.





— July is National —
Cleft & Craniofacial
Awareness & Prevention
— Month —

Cleft lip and cleft palate happen when a baby's lip or mouth doesn't form completely during pregnancy. Cleft lip is an opening in a baby's upper lip. Cleft palate is an opening in the roof of a baby's mouth. Cleft lip and cleft palate are birth defects. These conditions affect thousands of babies, children, teens and adults in the United States each year.

Cleft lip and palate happen very early in pregnancy. Your baby's lips form between 4 and 7 weeks of pregnancy, and the palate forms between 6 and 9 weeks of pregnancy. Cleft lip and palate don't have to happen together — a baby can have one without the other.

What causes cleft lip and cleft palate?

We're not sure what causes cleft lip and cleft palate. They may be caused by a combination of factors, like genes and things in your everyday life, like certain medicines you take. Risk factors include:

- Having a family history of cleft lip and cleft palate
- Smoking or drinking alcohol during pregnancy
- Having diabetes before pregnancy
- Taking certain anti-seizure medicines during the first trimester of pregnancy, like topiramate or valproic acid
- Being obese during pregnancy.
- Having certain infections during pregnancy, like rubella (also called German measles)

How can you reduce your baby's risk for cleft lip and palate?

Here's what you can do to reduce your baby's risk:

- Take folic acid. Folic acid is a B vitamin that can help prevent certain birth defects in your baby. Before pregnancy, take a vitamin supplement with 400 micrograms of folic acid in it every day. During pregnancy, take a prenatal vitamin with 600 micrograms of folic acid in it every day.
- Don't smoke or drink alcohol.
- Get a preconception checkup. This is a checkup you get before pregnancy to help make sure you're healthy when you get pregnant.
- Get to a healthy weight before pregnancy and talk to your provider about gaining the right amount of weight during pregnancy.
- Talk to your provider to make sure any medicine you take is safe during pregnancy. Don't stop taking any medicine without talking to your provider first.
- Get early and regular prenatal care. This is medical care you get during pregnancy to make sure you and your baby are doing well.
- Protect yourself from infections. Make sure all your vaccinations are up to date, especially for rubella (also called German measles). Wash your hands often.
-

Visit marchofdimas.org for more information.







Summer
**HEALTH
TIPS**

Water safety is family safety.

Supervise kids, wear life vests, and swim sober.

That's care as special as you are.



CAROLINA EAST
HEALTH SYSTEM

CarolinaEastHealth.com



Contentnea Health
Pamlico

We specialize in primary medical and dental care for the entire family.



313 Main Street | Bayboro, NC
252-745-2070 (medical) | 252-745-0781 (dental)
contentnea.org/Locations

■Continued from page A1


Back to School with the PCHD Immunizations and Physicals

It is almost that time of year again...

Your child needs vaccines as they grow!

2025 Recommended Immunizations for Birth Through 6 Years Old

Want to learn more? Scan this QR code to find out which vaccines your child might need. Or visit www2.cdc.gov/vaccines/childquiz/




VACCINE OR PREVENTIVE ANTIBODY	BIRTH	1 MONTH	2 MONTHS	4 MONTHS	6 MONTHS	7 MONTHS	8 MONTHS	12 MONTHS	15 MONTHS	18 MONTHS	19 MONTHS	20-23 MONTHS	2-3 YEARS	4-6 YEARS
RSV antibody	Depends on mother's RSV vaccine status						Depends on child's health status							
Hepatitis B	Dose 1	Dose 2			Dose 3									
Rotavirus		Dose 1	Dose 2	Dose 3										
DTaP		Dose 1	Dose 2	Dose 3					Dose 4					Dose 5
Hib		Dose 1	Dose 2	Dose 3					Dose 4					
Pneumococcal		Dose 1	Dose 2	Dose 3					Dose 4					
Polio		Dose 1	Dose 2		Dose 3									Dose 4
COVID-19														
Influenza/Flu														
MMR									Dose 1					Dose 2
Chickenpox									Dose 1					Dose 2
Hepatitis A														

KEY

- ALL children should be immunized at this age
- SOME children should get this dose of vaccine or preventive antibody at this age
- Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child

Talk to your child's health care provider for more guidance if:

- Your child has any medical condition that puts them at higher risk for infection.
- Your child is traveling outside the United States. Visit www2.cdc.gov/travel/ for more information.
- Your child misses a vaccine recommended for their age.




U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

FOR MORE INFORMATION
Call toll-free: 1-800-CDC-INFO (1-800-232-4636)
Or visit: www2.cdc.gov/vaccines/childquiz/

Older children and teens need vaccines too!

2025 Recommended Immunizations for Children 7-18 Years Old

Want to learn more? Scan this QR code to find out which vaccines your child might need. Or visit www2.cdc.gov/vaccines/childquiz/




RECOMMENDED VACCINES	7 YEARS	8 YEARS	9 YEARS	10 YEARS	11 YEARS	12 YEARS	13 YEARS	14 YEARS	15 YEARS	16 YEARS	17 YEARS	18 YEARS
HPV												
Tdap												
Meningococcal ACWY												
Meningococcal B												
Influenza/Flu	Every year, two doses for some children											
COVID-19												
Mpox												
Dengue												

KEY

- ALL children in age group should get the vaccine
- SOME children in age group should get the vaccine
- ALL children in age group can get the vaccine
- Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child

Talk to your child's health care provider for more guidance if:

- Your child has any medical condition that puts them at higher risk for infection or is pregnant.
- Your child is traveling outside the United States. Visit www2.cdc.gov/travel/ for more information.
- Your child misses any vaccine recommended for their age or for babies and young children.




U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

FOR MORE INFORMATION
Call toll-free: 1-800-CDC-INFO (1-800-232-4636)
Or visit: www2.cdc.gov/vaccines/childquiz/

CHRISTMAS IN JULY- COASTAL STYLE!






Check out our new coastal Christmas Decor all made from authentic crab pots - many styles to choose from to create your winter wonderland

- Christmas Trees
- Pink Flamingo
- Stacked Presents
- Lighted Anchor
- A Shining Cross



PAMLICOGifts

11326 NC Hwy 55 E • Grantsboro, NC • 745-6337
Open Monday - Friday 9am to 6pm – Saturday 9am to 4pm – CLOSED SUNDAY



Imagine Your View

UNPARALLELED LIVING



Brice Pointe, New Bern's first Life Plan Community, is coming in 2029. Nestled on a 70-acre campus overlooking Carolina Lake, it offers maintenance-free living in spacious apartments and villa homes, with over 12 thoughtfully designed floor plans. Enjoy scenic views and a vibrant social lifestyle. Not sure what a Life Plan Community is? Want to know more about ThriveMore? Interested in learning how you can be a part of our new community? **Join us for answers and preview our plans.**

RSVP by calling **252.497.7070** or emailing **HQUINONES@THRIVEMORENC.ORG**
Space is limited.



ENJOY LUNCH & LEARN MORE ABOUT THIS RETIREMENT LIVING OPTION.

Thursday, July 31st
11:30 AM – 1:00 PM

Riverfront Convention Center
203 S Front Street | New Bern, NC 28560

