



NATIONAL
CAREGIVERS
DAY



Pamlico County Schools to Host
"Discover Kindergarten" Event for
Prospective Families

Vol. 58 No.08, 12 Pages

The Pamlico News

Wednesday, February 18, 2026

Your County News Source Since 1968

www.thepamliconews.com | 50 Cents



Save the Date! 2nd Annual Veteran Resource Fair

On Saturday, March 21, there will be a Veteran Resource Fair presented by the Durham VA Health Care System. Lunch will be provided to veterans while supplies last. The purpose of this fair is to connect veterans and families with community resources to promote health, wellness and workforce development. Get the latest information about your VA benefits. Enroll on site and talk to specialists about what is available to you. The event will be held at Pamlico Community College's Delamar Center in Grantsboro, 5049 NC Hwy 306 South, Grantsboro, from 9am to 2pm. Plan to attend!



Johnson Presents Quarterly Report to BOC

by: Hiram Lupton

At Monday's Pamlico County Board of Commissioners meeting, Dr. Jeremy Johnson, Pamlico County Schools Superintendent gave his quarterly update to the Commissioners. His presentation focused on the school system's strategic plan as well as an update on the new school construction. He also took the opportunity to highlight the Advanced Placement (AP) classes that Pamlico County High School students have the opportunity to take and how passing those classes give students a head start in their collegiate career. "Through our partnership with the Board of Commissioners and the transparency of that partnership, we seek to make Pamlico County Schools the best in the state. I think that is a goal we all share and a goal we can attain."



Bennett Honored at Commissioners Meeting

by: Hiram Lupton

After over 19 years of service to the citizens of Pamlico County as Director of Elections, Lisa Bennett voted for retirement effective last January 2nd and at Monday evening's Board of Commissioners meeting, Mrs. Bennett was honored with a proclamation being read into the official record recognizing her outstanding work. She was also presented with a framed copy of the proclamation.

Nunley Wins East Regional Championship

by: Hiram Lupton



Addi-Kay flanked by her coaches, Phillip Coppo (L), and John Messer (R)

A little bit of history was made last Wednesday at the North Carolina High School Athletic Association Girls Eastern Regional 2A Wrestling Tournament held at South Davidson High School in Denton, North Carolina. Pamlico's Adalyn-Kay Nunley won four matches, all by pinfall, to earn

the eastern region championship in the 145-pound class. Addi, only a sophomore, becomes the first female Hurricane wrestler to advance this far in the state wrestling tournament. She will now compete in the state championship tournament beginning on February 19th in Greensboro, North Carolina.

Daniels Inducted into Hall-of-Fame



Mr. Garley along with his wife, children, and grandchildren at the induction ceremony. (Photo courtesy of the NC Drag Racing Hall-of-Fame)

As we told you in an article back in November, Pamlico County racing legend Garley Daniels was chosen for induction into the North Carolina Drag Racing Hall-of-Fame and last Saturday was the big day. In a ceremony held in Greensboro, NC, Mr. Daniels, along with six other inductees were honored by the Hall-of-Fame. He was a two-time World Champion in the modified division of the National Hot Rod Association and was accompanied to the ceremony by his wife, children and grandchildren. Congratulations Mr. Garley, you have made Pamlico County proud.

Varsity Boys to Forfeit Remaining Games

by: Hiram Lupton



The Pamlico County High School Varsity Boys Basketball season ended abruptly last week not on the court, but with an announcement, as the decision was made to forfeit the remaining four games on the schedule effectively drawing the season to a close two weeks early. A statement issued by Pamlico County Schools:

"Pamlico County Schools will forfeit the next four boys' varsity basketball games following an incident that occurred during a recent away game at Lejeune High School. The forfeitures are being issued in accordance with the NC High School Athletic Association's rules regarding conduct within a game. Due to student and personnel confidentiality laws, the district cannot share additional details. Situations of this nature are taken seriously and addressed in alignment with district policies and NC High School Athletic Association regulations."

The incident occurred on January 27th in the Hurricanes visit to Lejeune to take on the Devil

Pups. Near the end of the game, an on-court confrontation occurred between players of the opposing teams which escalated into a melee involving not only players but spectators as well. The confrontation occurred with approximately two minutes remaining in the game. The game concluded with Pamlico behind 78-56 once order was restored. Although local TV covered the story last week, incomplete and misleading reporting led to widespread speculation and misinformation on social media. As shared by school system's official statement, there is only so much they can legally comment on due to confidentiality laws. The decision to forfeit the remaining games on the schedule was made due to lack of eligible players after suspensions. The opposing team, Lejeune, also forfeited games on their schedule. After a thorough investigation, the punishments handed down were all in accordance with the Pamlico County School's established code of conduct as well as guidelines of the North Carolina High School Athletic Association.



HAPPY CHINESE NEW YEAR

LIKELY WEATHER OVER THE WEEKEND

Saturday, February 21st **61° Hi** Mostly cloudy skies

Sunday, February 22nd **51° Hi** Mostly cloudy early with showers developing



8 04879 31206

TURNAGE
Construction & Trucking Co. Inc.
2373 NC Hwy 304, Bayboro, NC 28515

FORESTRY MULCHING
Line & Property Line Cutting / Acreage Cutting
Hunting Lane & Recreational Cutting
Septic Perk Site & Custom Cutting Applications

Dustin Turnage
Office: 252-745-4976
Cell: 252-229-4688
Fax: 252-745-5240



Happy Birthday George

by: Hiram Lupton

There is perhaps no other person that stands out more in the history of the United States and symbolized the American Revolution and the formation of our country than George Washington. This year, 2026, the United States of America is celebrating its 250th birthday and on the 22nd of this month, we celebrate old George's 294th birthday. There has been so much written and said about George Washington there probably isn't much that isn't known about him but here are a few interesting facts you may or may not know:

-Although he is often referred to as the father of our country, George Washington never had any biological children of his own, at least that we know of. He did have two stepchildren from his marriage to Martha Custis in 1759.



George Washington the dancer

-It was extremely rare to see George Washington smile. In the many portraits painted of him, he always has a dignified, often stoic, serious look about him. This is because George had severe dental issues and had lost almost all his natural teeth by the time he became president. He did have some ill-fitting dentures crafted out of ivory, brass, lead, gold, and even human teeth. He lost his last natural tooth in 1796.



George Washington the Surveyor

-After leaving the presidency in 1797, he returned to Mount Vernon, Virginia, where he ran a farm and operated one of the nation's largest whiskey distilleries, producing about 12,000 gallons annually. He also brewed beer at Mount Vernon. As for George himself, his favorite drink is said to have been Madeira Wine.

-George loved parties and was said to be an excellent dancer and loved to show off his skills on the dance floor at balls and cotillions. If there had been a "Dancing with the Stars" back then, he would have taken home the mirror ball trophy.

-Washington was a huge dog lover and owned many different breeds. An avid breeder, in addition to being the father of the country, he is also considered the father of the American Foxhound. He gave his canines creative names like Sweetlips, Drunkard, Topsy, and Vulcan. He also had a Dalmatian named Madame Moose.

-George Washington had very little formal education and did not attend college. His father died in 1743 when George was just 11 and most of his schooling had ended by the time he was 15 due to lack of finances. After that, he was mostly self-taught. He was an avid reader, but he mostly concentrated on gaining practical knowledge such as mathematics, bookkeeping, geometry, and geography.

-George's first job was as land surveyor, a highly noble profession. He worked first under another surveyor, gaining experience before performing them himself. He worked mostly in western Virginia and the frontier of the Ohio Valley completing more than 190 surveys between 1749 and 1752.

-George Washington was the first signer of the United States Constitution on September 17, 1787.

-Even though it was common for the time, George Washington never wore a wig. He did however often powder his natural reddish/brown hair to a distinguished white.



New season, fresh start: Four short-term health care programs to begin in March

By Sandy Wall

Spring is just around the corner, so now is a good time to start thinking about a fresh start and a new career. Pamlico Community College has four short-term programs starting March 2 that could help!

The four programs are: Dental Billing and Coding; Electronic Health Records; Medical Billing and Coding; and Medical Office Professional.

All can be completed entirely online, and they are designed to help men and women launch new careers in the fast-growing health care sector.

“These four programs have been designed to accommodate the needs of adult learners,” said Lori Giles, the college’s chair of Continuing Education and Technical Programs. “Each of them is offered in a convenient, web-based format, which is great for busy students. They are perfect for people who want to explore careers that support the region’s health care providers.”

Registration for the programs is open now, and financial aid is available for qualified students.

Below is a brief description of the programs:

- * Dental Billing and Coding is a two-part program that prepares students for jobs handling dental bills and insurance claims.
- * Electronic Health Records covers the techniques and responsibilities for handling manual and electronic health records.
- * Medical Billing and Coding is a three-part program that prepares students for jobs handling medical bills and insurance claims.
- * Medical Office Professional Program is a four-course program to prepare men and women to work in medical offices and health clinics. Courses include Medical Administration, Medical

Legal Issues, Medical Billing, and Medical Office Procedures.

For more detailed information about these programs, including costs, please visit <https://pamlicocc.edu/programs/continuing-education/healthcare-occupations/>.

For additional questions, please call 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



Pamlico Community College’s short-term Medical Office Professional Program can prepare students for jobs in health care offices and other settings. Classes are scheduled to begin March 2. Contributed photo



sports concussion

The University of Pittsburgh Medical Center estimates that as many as three million sports- and recreation-related concussions happen each year. Young athletes and their parents must be especially mindful of concussions, as the UPMC notes that two in 10 high school athletes who play contact sports will get a concussion this year. Football might be the sport most think of when pondering the link between sports and concussions, and the UPMC notes that football accounts for roughly 300,000 concussions each year. However, contact sports such as soccer and lacrosse also put athletes at risk for concussion. In fact, the UPMC notes that girls’ soccer sees the second most concussions of all high school sports.



Land/Home Sales
Property Management
Appraisals Development



Agent of the Week

Gregory Green
Broker-

Here’s what one of Gregory’s customers had to say...

When my wife and I wanted to purchase a nearby property that was not currently listed for sale I contacted Gregory Green. Greg was able to identify the distant owner and negotiate a price for us. Once the deal was agreed on, he promptly and professionally managed the entire process. He even arranged to have expired permits on the property renewed and referred us to a local attorney to handle the closing. We would highly recommend Gregory Green to broker any real estate purchase or sale.

Dave & Lorraine, Arapahoe



GRANTSBORO – Unrestricted 1.57 acre mini-farm, 1,792 hsf, **3BR/2.5BA** with heated and cooled 2-car garage, detached workshop, detached poultry barn with outside fencing & a carriage barn building. Home built in 1980 & roof replaced w/architectural shingles in 2018.

OFFERED AT \$305,000



ORIENTAL – Spectacular waterfront views of Smith & Green Creeks from first floor unit at Oriental West Condos. B-7 is a **2BR/2BA** unit w/ a 40’ x 16’ boat slip w/5’ controlling water depth.

OFFERED AT \$339,000



ORIENTAL – **3BR/2.5BA** open floor plan, ideal for family gatherings or entertaining on 3 acres. Offers a great balance of space and tranquility. Property will be sold as is.

OFFERED AT \$425,500



ORIENTAL – 4,000 hsf commercial, fully-insulated. Covered porch opens to reception, conference room & 2 offices. Santos Mahogany flooring in admin areas, tiled floor powder room, Kohler toilets, Delta lavatory faucets, full bath features Kohler shower. Carrier 2.5 ton heat pump for office area, 2 5-ton HVAC systems for warehouse. Attic, 208 3-Phase 200 amp elec system. Ingersole Rand 200 PSI air compressor. Fabrication equipment does not convey.

OFFERED AT \$ 499,900



ORIENTAL – **3BR/2BA** 1,894 sf open floor plan, deeded boat slip on 1 acre lot. Screened outdoor entertainment area & fire pit. Bright, open spaces indoors and inviting outdoor areas surrounded by mature trees and natural beauty. Being sold as-is.

OFFERED AT \$545,000



MERRITT – Waterfront **3BR/2BA** with deep water deeded boat slip on Ball Creek. Wide water views, 2.27 acres, 1,919 sf, metal roof, zoned HVAC, & LP Smartside exterior for rot-resistant long-life durability. Gas log fireplace in living room, & Widow’s Walk with views of the Pamlico Sound.

OFFERED AT \$ 625,000

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014
Or contact Allen Propst
252-671-4644
704 Broad St, PO Box 750, Oriental, NC 28571

REGISTER FOR FREE NOW!!!!

“Canva Deep Dive” Workshop

(for small business and nonprofits)

Click. Create. Conquer.



...part of the Small Business Saturday series at Pamlico County Library



Tierra Norwood

SATURDAY, FEB. 28TH
10AM - NOON
PAMLICO COUNTY LIBRARY

- Interactive, hands-on workshop to “level up” your visuals, confidence, and creativity.
- Create polished, professional designs for social media posts, marketing materials, event fliers, that actually support your goals.
- Learn how to work smarter, build visual consistency, and use Canva as a real business tool, not just a design app.



Register NOW at www.PamlicoSBC.com

THIS WEEK IN HISTORY

by: Hiram Lupton

- February 18th – Today is National Drink Wine Day. Winos rejoice and get some Boone's Farm.
- February 19th – 1985, Cherry Coke was introduced by the Coca-Cola Company.
- February 20th – Today is National Caregivers Day.
- February 21st – Today is National Sticky Bun Day. If you are nice to me, I'll share my sticky buns.
- February 22nd – Today is National Margarita Day.
- February 23rd – 1896, The Tootsie Roll was first introduced.
- February 24th – Today is National Tortilla Chip Day.

BIRTHDAYS THIS WEEK

- February 18th – 1898, Car builder Enzo Ferrari
- February 18th – 1954, Actor John Travolta
- February 18th – 1957, Letter turner Vanna White
- February 19th – 1949, Singer William Robinson, Jr. (Smokey Robinson)
- February 20th – 1963, Basketball Hall-of-Famer Charles Barkley
- February 21st – 1979, Actress Jennifer Love Hewitt
- February 22nd – 1732, The First (and the best) President of the United States, George Washington
- February 23rd – 19??, Librarian Fran Benniger



LETTER TO THE EDITOR

Public recitation of the Rosary for peace

We are at a loss as to how to combat the division that seems to have overtaken our country's politics and people. And really the entire world. So we are asking for help from God through the intercession of his blessed mother to solve this divide.

This Saturday, February 21st, across from The Bean at 12 noon we (so far a small group of maybe 10 are expected) are assembling to recite a decade of the rosary asking Our Lady for her promised help.

That's our simple plan. Anyone is welcome to join us in prayer.

Claudia McLean
Rally leader

Dear Editor,

As we celebrate Presidents Day this year the Republican Party will be reminding us that they are the party of Lincoln, but we must ask, is the Republican Party today a party he would support?

Abraham Lincoln was called "Honest Abe" because he was a man of "just and firm principles" and of integrity. He believed above all in the Rule of Law, "without which there could be no real freedom". He believed in universal economic opportunity and that without racial equality there could not be equality for anyone.

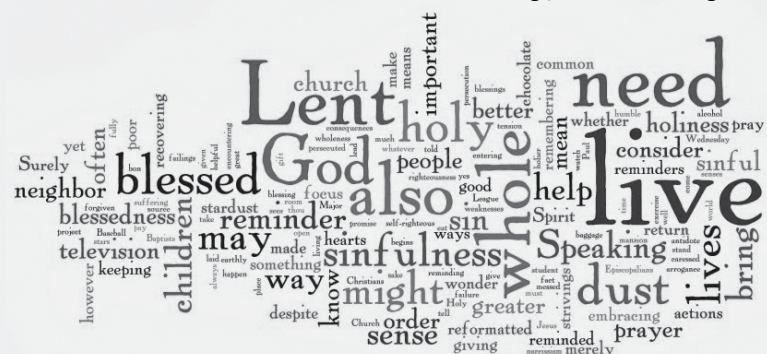
Would he support a party that is undermining working men and women and brave entrepreneurs in favor of the Corporate Class? A party claiming, by removing illegal immigrants, they are upholding the law when the vast majority being grabbed have legal status here? A party pardoning/protecting drug dealers and pedophiles, obstructing justice and due process, ignoring court orders and undermining Constitutional rights?

Today Lincoln would be campaigning against the Republican Party; calling out their lies and corruption and it is an affront to him and his legacy for the Republican Party of today to try to claim they are the Party of Lincoln. Lincoln said that we the people are the masters "to overthrow the men who would pervert the constitution".

Melanie Fluharty
Diane Lemieux
Arapahoe

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day. The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

The start of Lent is on **Ash Wednesday, February 18th, 2026**



The Pamlico News

Publisher
Sandy Winfrey
Office Manager
Katherine Winfrey
Jeannine Russo
Editor
Sandy Winfrey
Photographer Reporter
Hiram Lupton
Advertising Sales
Jeannine Russo
Production
J.P. Miller
Distribution
Neal McCraw

Press Releases, Events, News
editor@thepamliconews.com
Photographer Reporter
hiram@thepamliconews.com
Advertising
frontdesk@thepamliconews.com
Billing Inquiries
frontdesk@thepamliconews.com
USPS 782-460
Published 51 times a year
801 Broad St., P.O.Box 510
Oriental, NC 28571
(252) 249-1555 fax: (252) 249 0857
www.thepamliconews.com

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day. The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.

COMMUNITY

OBITUARIES



It is with great sorrow that we share the passing of our beloved mother, sister, grandmother, and great grandmother – **Elizabeth Lupton Campen**. After a brief, courageous battle with cancer, she went home to God on Friday, February 13 at 92 years young.

A graveside service to honor Elizabeth's life will be held at 1 p.m., Saturday, February 21st at Gethsemane Memorial Park, officiated by Rev. Brad Smith.

Born Catherine Elizabeth Lupton to the late Virgil and Violet Lupton of Hobuken, N.C., Elizabeth (or more affectionately "Libby") was one of eight children. She married Eric Campen in 1951, and they had three children- Doug, Eric Jr., and Tami- before settling in Cape Carteret and building their forever home on Lejeune Road. They joined Cape Carteret Baptist Church where Libby remained a member until her death. They became extremely active with the Cape Carteret Volunteer Fire Department where Libby became a member of the Ladies Auxiliary, a Firefighter, and a Rescue Squad E.M.T. She later was named "Runner-up Firefighter of the Year" paving the way for granddaughters and beyond to strive and achieve success in non-traditional female roles.

As the years passed, you could find Libby anywhere... at the church, the firehouse, gardening or crafting, or even up on a roof assisting Eric on a job. You could also find her delivering food to someone sick or sitting with a friend or neighbor in need. She was a loyal and loving friend. In 2015, Libby lost Eric and began a life on her own. She was devastated by the death of her oldest son, Doug two years later in 2017. She leaned on her faith to carry her through, and God took her hand in his.

A year later, while convalescing from major surgery, her home of 50 years was destroyed by the relentless rain, wind, and flooding that was Hurricane Florence. Again, she relied on her faith- and dear friends who cared for her and pro-

vided her with a place to live while we rebuilt. She weathered it all with strength, dignity, and grace- as well as a healthy dose of hard-headedness thrown in. She lived independently in that new house she loved until the last 3 weeks of her life when Eric Jr. came to care for her full-time.

She is survived by her brother, Jasper Lupton of Chesapeake, Va.; and sister, Helene Glazebrook of Rocky Point, N.C.; son, Eric Campen Jr. and wife Pam of Rougemont, N.C.; daughter, Tami Schleiching and husband Butch of Maysville, N.C.; daughter-in-law, Cathy Campen of Morehead City, N.C.; grandchildren, Lisa, Shelley, Ashleigh, Bradley, Morgan, and Michael; great grandchildren, Brenden, Autumn, Parker, Makayla, Lauren, Logan, Landen, and Sam; and best friend and honorary family, Sue Gillikin.

Libby was preceded in death by siblings Clifton, Forest, Earl, Lucy and Beulah, as well as, husband Eric and son, Doug.

We will always remember the love and laughter she brought to us all and the tea towels that are a lasting reminder of her to each of us. And we can imagine the homecoming it must have been when she reunited with family and friends after so very long. The sunrise was magnificent Saturday morning as it sparkled over the frosted ground, Libby was most certainly shining. In her last few days, Eric Jr. settled her in bed and as usual told her he loved her. She quietly responded, "I love you more" and he leaned down close and said, "No, I love you more" ...

Mom, we'll miss you every single day and we definitely... Love you more!

As an expression of sympathy, flowers are welcome or memorial contributions may be made to Cape Carteret Baptist Church, 101 Anita Forte Drive, Cape Carteret, N.C. 28584, American Cancer Society, P.O. Box 6704, Hagerstown, MD 2174, or St. Jude's Children's Hospital, P.O. Box 1999, Memphis, TN 38101.

Family and friends are welcome to submit online condolences at www.mundenfuneralhome.net.

Arrangements by Munden Funeral Home & Crematory in Morehead City, NC.



Margaret "Peggy" Altman McClees, beloved wife, sister, mother, and grandmother, went to be with her Lord and Savior on Friday, February 13th, 2026, at the age of 79.

A celebration of life service will be held at 2 p.m., Monday, February 23rd at Cherry Point Baptist Church in Havelock, NC. The family will receive friends prior to the service from 12 p.m. until 2 p.m., a reception will follow in the church fellowship hall immediately after the service.

Peggy was born on July 7, 1946, to Florence Elizabeth and Francis Marion Altman, Sr. She was the eldest of five children, followed by her sister Sandra "Sandy", and three brothers, Francis Marion Jr. "Marion", Athol Gilmore II, and Jody Weaver. She grew up in Oriental, NC, and graduated from Pamlico High School in 1964. After high school, she began dating a local boy, William McClees, Jr. Like many other teenagers, they would frequent Red Lee's grill in downtown Oriental, listening to songs on the jukebox. She and William were later married on June 22nd, 1968.

Peggy obtained her undergraduate degree in Child Development from UNC Greensboro (formerly Women's College of UNC), and her Master's of Education from East Carolina University. She was an elementary teacher and later headmaster at Gramercy Christian School in Newport. She also helped with office management tasks for many years at William's veterinary practice, Havelock Animal Hospital. She made room for leisure, planning out trips or cruises, often with her family or

friends by her side. She especially enjoyed taking trips with and for her grandchildren. She enjoyed the comforts of home, as well, watching a crime drama on TV, or playing a game or two (or several) with dear friends at the dining table.

The most central part of Peggy's character was her love for the Lord. She "let [her] light shine before others" (Matthew 5:16, ESV). She could often be found humming a hymn as she went about her day, or preparing for her next Bible study. She demonstrated great service and hospitality, often hosting great crowds for shared meals at "The Shop" at her & William's house. She and William were active members of Cherry Point Baptist Church.

In addition to her parents, Peggy was preceded in death by her siblings, her brother Athol Altman and her brother, Jody Weaver; sister-in-law, Jane Tyndall; and daughter, Paula Tyndall Steele.

Those remaining to cherish her memory are her husband of 57 years, Dr. William McClees, Jr.; siblings, Marion Altman (Donna) and Sandra Bond (George); children, Michael McClees (Beth), Valerie Reed (Nicky), Tom McClees, and Eric Steele (Aby); grandchildren, Jackson McClees (Makayla), Wyatt McClees, Reece Reed, Bentley Reed, Tyndall Steele, Janeson Steele, Marett Steele, Hartleigh Steele, and Davis Steele; and numerous nieces and nephews.

In lieu of flowers, donations may be made to the "General Fund" of Cherry Point Baptist Church, 212 Church Rd., Havelock, NC 28532.

Family and friends are welcome to submit online condolences at www.mundenfuneralhome.net.

Arrangements by Munden Funeral Home & Crematory in Morehead City, NC.



Ashley Yates Cahoon, 70, passed away on February 11, 2026. A beloved father, grandfather, and brother, Ashley lived a life dedicated to his family, a passion for classic cars, and a deep appreciation for the outdoors.

Born on April 16, 1955, to Edwin and Gladys Cahoon, Ashley grew up and moved to the Greenville area but returned home to Pamlico County to raise his family. Ashley prided himself on being an involved father to his three sons. He chaperoned every single field trip the boys attended throughout school. He was especially passionate about restoring classic cars as well as enjoying the Atlantic beach area. You could also find him cheering on the Duke Blue Devils basketball team every chance he could.

Above all, Ashley cherished time with his sons. He is survived by his three sons, Ross (Joyce) Cahoon, Tyler (Shelby) Cahoon, and Jarod Cahoon, who were the pride and center

of his world. He was a devoted grandfather to Clementine, August, Ozell, Bayes, Killian, and Lachlan, and was eagerly anticipating the arrival of his newest granddaughter in June.

Ashley is also survived by his brother, Dennis Cahoon, and sister, Clara Cahoon; his nieces and nephews, Edwina (Scott) Miller, Stephanie (Raymon) Walker, and Dennis Cahoon Jr.; as well as many great-nieces and great-nephews who will remember him fondly.

He was preceded in death by his parents, Edwin and Gladys Cahoon, and his niece, Jessica Cahoon Royal.

Ashley's legacy lives on in the engines he restored, the paths he walked, and most importantly, in the hearts of those who loved him.

Funeral Service will be held at Daniels-Sadler Funeral Home, located at 52 Bryant St, Grantsboro, NC 28529, on Saturday March 14, 2026, at 11:00 am.

Arrangements provided by Daniels-Sadler Funeral Home & Crematory, Alliance, NC.

"Time you enjoy wasting is not wasted time." –Unknown

NOTICE OF SOLICITATION OF BIDS

PAMLICO SENIOR SERVICES NUTRITION PROGRAM FOR OLDER ADULTS

Sealed bids will be received by the Pamlico Department of Senior Services at the Senior Center 800 Main Street, Alliance NC until 3:00pm, Tuesday, March 10, 2026.

Bids will be opened immediately, thereafter providing meals for the Congregate and Home Delivered Meals Programs for the period beginning July 1, 2026, through June 30, 2028.

Bids must be enclosed in a sealed envelope addressed to Tracy Shaw, Director and Michelle Boomer, Nutrition Manager at the Pamlico Senior Services Center, P O Box 184, Alliance NC 28509. The project will consist of preparing 80 meals a day, 5 days per week for the contract years. Meals must ensure a minimum of one-third of the daily recommended dietary allowances for people 60 years of age or older. Caterer must have a Grade A Sanitation Rating at the time of submitting the bid and maintain it during the project years.

A copy of the bid specifications may be obtained from the Office of the Director of Pamlico Seniors Services, 800 Main Street, Alliance NC.

For additional information, contact Tracy Shaw or Michelle Boomer at 252-745-7196.

The County of Pamlico reserves the right to reject any or all bids. Minority-owned, women-owned, and small businesses are encouraged to submit proposals. The County of Pamlico is an Equal Opportunity and Affirmative Action Employer.

FINANCIAL FOCUS

Unlock the full potential of your 401(k)



Dan M. Roberts

Your 401(k) is one of the most powerful tools for securing your financial future. The question is: Are you using it to its full potential?

Here are some strategies to help you maximize its benefits:

- **Earn your employer's match.** It's a good idea to contribute as much as you can afford to your 401(k) plan. (In 2026, you can put in up to \$24,500, or \$32,500 if you're 50 or older. If your plan allows, there's also a "super catch-up" contribution of \$11,250 for people aged 60 to 63, for a total contribution limit of \$35,750). At least put in enough to earn a matching contribution if one is offered. Otherwise, you're shortchanging yourself. For example: Your employer matches 50% of your contribution up to \$5,000. If put in \$8,000, your employer's 50% match is \$4,000, and you're leaving \$1,000 "on the table."

- **Give your plan a raise.** When your income increases, consider increasing contributions to your 401(k). When you get a bonus or a tax refund, you could use some or all of that to boost your retirement savings.

- **Evaluate the Roth option.** When you invest in a traditional 401(k), you contribute pre-tax dollars, lowering your taxable income that year. Your earnings grow tax-deferred and are taxed when you withdraw. If your employer offers a Roth 401(k), you contribute after-tax dollars, so your taxable income doesn't drop that year. However, withdrawals in retirement, contributions and earnings alike, are generally tax-free. (Employer matching contributions and related earnings remain taxable.) If you expect

a higher tax bracket in retirement or want to diversify tax treatment for flexibility in retirement, consider the Roth option. In 2026, the Roth option must be used for catch-up contributions if you earn more than \$150,000 and you are 50 or older. Consult your tax advisor before deciding.


- **Build an appropriate investment mix.** You may have multiple investment options in your 401(k). The driving principle early on is growth so your plan can fund a long retirement. But growth-oriented investments are naturally riskier than fixed-income vehicles. When starting your career, you may prefer a portfolio weighted toward aggressive growth, as you have years to recover from downturns. Nearing retirement, though, consider shifting to a more conservative mix. A financial advisor can help you choose an appropriate mix at different stages, based on your risk tolerance, time horizon and goals.

- **Keep your plan intact.** At times, you may feel a financial pinch that leads you to consider taking out loans or early withdrawals from your 401(k). However, this can cause you to incur taxes and penalties and will likely slow the growth needed to help reach your retirement savings goals. Taking steps to prepare for unexpected expenses, such as building an emergency fund containing three to six months' worth of living expenses, can help you avoid dipping into your 401(k). You may also be able to find other ways to access cash.

By following these steps, you can unlock the full potential of your 401(k) and position it as a cornerstone of your retirement income.


This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

Edward Jones > edwardjones.com | Member SIPC



Will you be separating from your current job in the public sector?

As you leave your current job, let's work together to help ensure your retirement plans stay on track. To learn more, contact my office today.



Dan Roberts IV, AAMS[®]
Financial Advisor
301 South Front Street
Building 1, Suite A
New Bern, NC 28560
252-633-5263

RET-4873J-A-E-DA AECSPAD 27633038

NC COOPERATIVE EXTENSION Pamlico County

2026 Master Gardener Training Class

By: Daniel Simpson County Extension Director, Agriculture Agent



The North Carolina Cooperative Extension Pamlico County office will be conducting a Master Gardener Training Class from **April 14 – May 28, 2025**. This training class will meet **Tuesday and Thursday** at the Pamlico County Extension office (13724 NC Hwy. 55, Bayboro, NC 28515 from **9 AM-12 PM**, and will cover approximately 40-hours of instructional material focused on home horticulture. Cost for this program is \$135.00 and includes supply costs and a hardcover copy of the North Carolina Extension Gardener Handbook, 2nd Edition. Topics for this class will include:

- Basic Botany: How Plants Grow & Starting Seeds
- Soil: Understanding Soil Fertility & Improvements
- Small Fruit & Tree Fruit Production
- Home Vegetable Gardening
- Lawn & Weed Management
- Insect & Disease Management
- Ornamental Plant Care & Plant Propagation
- Practical Problem Solving for Homeowners & Master Gardeners

Applications for this program will be accepted through April 7, 2026 at our office location and online at: <https://go.ncsu.edu/lud6q8y>. The course syllabus is linked within this application but can also be found at <https://go.ncsu.edu/wg7x-o3j>. Participants will be notified of their acceptance via email. Additional information, as well as payment options, will be included in that email.

Participants who wish to pursue the title of Extension Master Gardener must first complete this training course and complete an additional 40-hours of volunteer service with Cooperative Extension (to learn more follow this link: <https://emgv.ces.ncsu.edu/become-a-volunteer/>). Participants who do not wish to pursue this title may still complete the training program and are welcome to apply.

The goal for this training course is to provide practical knowledge and skills that can help residents maintain sustainable and productive gardens and landscapes. Hands-on learning opportunities coupled with classroom instruction will be provided. Occasional field trips will also be used to introduce participants to course subjects and local experts.

If you would like to take part in this program, then please complete the application at <https://go.ncsu.edu/lud6q8y>. For more information about the program please contact Daniel Simpson at 252-745-4121 or daniel_simpson@ncsu.edu.

In compliance with the Americans with Disabilities Act, Extension will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to: Daniel Simpson, Daniel_simpson@ncsu.edu. Requests can be served more effectively if notice is provided at least 10 days before the event.

North Carolina Cooperative Extension is an equal opportunity provider.



2026 Master Gardener Info Site QR Code


DOVE LANDING TRAINING, LLC

*Professional and Positive Training
For Dogs of all Ages*




Alecia Williams, Owner,
ABCDT
Consults, Private Sessions
Group Classes

3690 Whortonsville Rd, Merritt, NC
252-249-3034
www.dovelandingtraining.com



Daniels-Sadler Funeral Home & Crematory
52 Bryant St., PO Box 99, Alliance, NC 28509
252-745-4966 | info@dsfunerals.com

Serving Pamlico, Craven, Beaufort and surrounding counties with courteous, compassionate and professional service



Formerly Bryant Funeral Home, under new ownership

Preplanning | Full-Service Funeral Establishment
Monument Sales | Crematory Onsite
Final Expense Insurance Sales | Affordable Pricing

Website: danielssadlerfunerals.com

Town of Oriental – Owner Bid 2026-01
507 Church St PO Box 472
Oriental, NC 28571

The Town puts the following project out for bid:
Separate sealed Bids for the construction of:

Town of Oriental Valve Replacement the installation and replacement of valves. The project will involve the installation of approximately 11 gate valves and 14 insertion valves, as well as the replacement of 21 gate valves. Work will include efforts in traffic control, sediment and erosion control, and surface restoration of disturbed roadways and driveways.

Will be received by: Town of Oriental at the Town of Oriental Town Hall until **2:00 PM, (Local Time) Wednesday, February 25, 2026**, and then at said office publicly opened and read aloud.

The Contract Documents may be examined at the following location(s):
Owner – Oriental Town Hall, Oriental, NC 28571 Issuing Engineer Office – TRC Engineers, Inc.
114 Edinburgh South Drive, Suite 200, Cary, NC 27511 (919) 827-0864
Contract Documents can be downloaded for free from the TRC Companies Online Planroom (<https://www.trccompanies.com/knowledge/trc-construction-planroom/>) or purchased from: TRC Companies – located at
114 Edinburgh South Drive, Suite 200
Cary, NC 27511
upon payment of \$100 (non-refundable)

General Contractor's license is required.

With request for Bidding Documents please supply the following information:

- Company name
- Contact person
- Street address
- Phone and fax numbers of Bidding office
- N.C. contractor's license numbers with limitation and classification.

Also please indicate if firm will be a bidder, supplier, or sub-contractor.

Bids will be received for a single prime Contract. Bids shall be on a lump sum and unit price basis.

Each bid must be accompanied by a Bid Security as specified in the Instructions to Bidders.

HOME & GARDEN LIVING



Home & Garden Advertising to Grow Spring Sales



Call today to reserve your spot in our Spring Home & Garden section of our March 25 issue!

252.249.1555 • frontdesk@ThePamlicoNews.com
Advertising Deadline: March 18

A Special Section From

The Pamlico News

SPORTS

FOR SALE High Visibility - Prime Commercial Opportunity!



4000 Total Sq Ft
1080 Heated Sq Ft
 Can Convert to a 2 Bed, 1.5 Bath
2920 Heated Sq Ft
 Garage/Warehouse

PRICE REDUCED! **[\$499,900]** 22327 NC HWY 55 Oriental, NC 28571







.92 Acres / Not Zoned / Not in Flood Zone / I - Beam Construction on 6" Concrete Slab

Allen Propst
 c: 252-671-4644
 e: allenpropst@orientalncwaterfront.com

MARINER REALTY, INC.

Middle School Athletics The CMSAC Wrestling Tournament

by: Hiram Lupton

The Pamlico County Middle School wrestling team wrapped up another season last Monday at the Coastal Middle School Athletic Conference Wrestling Tournament hosted this year by H. J. MacDonald Middle School. Both the boys and girls teams did well and each produced a Conference Champion, Kinley Small for the girls and Damarion Roberts for the boys. Roberts is a back-to-back champion as he was also the top wrestler in his weight class last year. While those were the only Hurricane champs this year, several others made the podium. For the girls, Sophia Golden picked up a second place medal, while Delaney Trauth earned a third place finish in their respective weight classes. The boys team had a pair of second place finishers with Ashton Heath at 138 pounds and Nizah Gibbs at 215 pounds getting silver. There were six Hurricane boys who earned third place finishes; Axl Barnes (83), Gabe Niznik (90), Bryson Green (98), Colt Cowell (106), Dylan Sisney (132), and Kallen Jones (250). Congratulations to all of the PCMS wrestlers and coaches on a successful season of winning and learning.



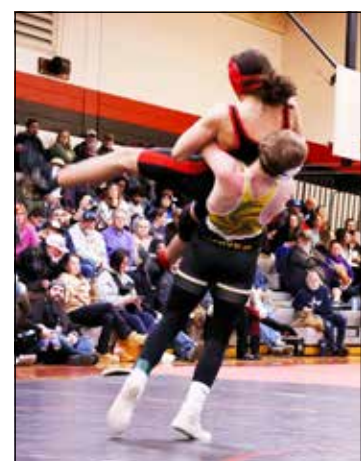
Damarion Roberts about to pin his opponent for the Championship



Kinley Small



Colt Cowell with an early round win



Ashton Heath gives his opponent a lift

Hurricanes on the Mat

Four Pamlico Wrestlers Headed to State Championships

by: Hiram Lupton

Pamlico County High School had nine wrestlers competing at the North Carolina High School Athletic Association's Men's Eastern 2A regionals held last Friday and Saturday in Kernersville, NC, and by virtue of a top four finish, four of them will be headed to the State Championships. Riley Treacy competing in the 132-pound class came in fourth, Ayden Gomez in the 285-pound class came in third, and Syler Hall competing at 215 pounds was a second-place finisher. Also going to the State Championships will be Isaiah Mewborn. Mewborn, the Coastal Plains Conference wrestler of the year, continued his hot streak, winning all three of his matches to be crowned Eastern Regional Champion in the 150-pound class. Best of luck gentlemen as you go for the gold this weekend in Greensboro, NC.



(L to R); Coach John Messer, Ayden Gomez, Syler Hall, Isaiah Mewborn, Riley Treacy, Coach Phillip Coppo.


Middle School Soccer Kicks Off season

by: Hiram Lupton



Pamlico County Middle School hit the pitch last Wednesday afternoon and kicked off their boys soccer season by taking on the Mustangs of Tucker Creek Middle School. The Mustangs were able to gallop away with a 1-0 win over the Hurricanes in a tight, highly competitive contest. PCMS is coached by Bryan Jones and Meagan Brooks and play their games at the Pamlico County High School football field.


BLOOD SHORTAGE

Blood donors needed now 

Blood Drive@ Pamlico Rescue Squad
 In the Bay

Friday, March 6, 2026
 9:00 a.m. to 2:00 p.m.

Please use QR code below to schedule your appointment!



911 Grace Daniels Road, Bayboro, NC 28515

Give in March for a \$15 Gift Card by email & successful donations get A1C testing! rcblood.org/march

For an appointment, please visit RedCrossBlood.org and enter: PamlicoRescueSquad
 Or call 1-800-RED CROSS (1-800-733-2767).

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

© 2021 The American National Red Cross. (347421-01 09)

ACE The helpful place. **RED HOT BUYS VALID THRU FEBRUARY-28**

Milwaukee

BUY ONE GET ONE FREE

SALE \$199⁰⁰



Milwaukee® M18™ REDLITHIUM™ Extended Capacity Battery & Charger
 2809424

UP TO \$159.00 VALUE



Select Milwaukee® Power Tools (tools only)
 A. SAWZALL® Reciprocating Saw, 2802023
 B. Wet/Dry Vac, 2808855
 C. Cut-Off/Angle Grinder, 2030592

PAMLICO HOME BUILDERS & SUPPLIES, INC.
 Hwy 55, Alliance • (252) 745-4111
 Hours: Mon. - Fri. 7:00 am to 6:00 pm • Sat. 8:00 am to 2:00 pm

Hurricane Hoops Busy Week Yields Conference Title

by: Hiram Lupton



Lady Hurricane Seniors, (L to R); Audri Leon, Brinley Altman, Madison Anderson, Julia Bain, and Allie Daniels.

As the season winds down, The Lady Hurricanes had a busy week thanks to weather rescheduling. First up for the Lady 'Canes was a Tuesday trip up Hwy 33 for a visit to Southside to take on the Seahawks. The Seahawks may have wings, but it was Pamlico who was flying high in this one. Southside did lead at one point 2-0, but that was the only time, as the Hurricanes turned up the pressure and led 22-4 at the end of the first quarter. Those 22 points would have been enough to take home a win because Southside only managed to score 15 for the entire game as Pamlico won with a final score of 43-15. Sydney Whitley-Reese led Pamlico with 13 points. The following evening, the Lady 'Canes hosted the Trojans who marched down from Jones Senior and once again Pamlico dominated early and cruised to the finish. It was senior night and after a pregame recognition ceremony honoring basketball seniors, team managers, and cheerleaders, the game got underway with five awesome seniors in the starting lineup. Some of these seniors occasionally start and some rarely get any game time, but all five hustled, scored, and played excellent defense, holding Jones to only 6 points in the quarter. By halftime the lead had grown to 38-7. Coach April Rose played her entire bench from end to end with a final score ending up at 59-22. The final game of the week came on Friday as Pamlico traveled up to Northside-Pinetown to battle the Panthers. A win by the Hurricanes would lock up the Conference Championship and Pamlico aimed to leave nothing in doubt as to who the champion was. Northside led 2-0 early, but that was their only lead of the game as the Hurricanes turned up the intensity on defense and by the end of the first quarter it was 29-6 and the rout was on. Northside never mounted a serious threat with Pamlico winning by a final score of 75-50. Nya Clark poured in 26 points with Sydney Whitley-Reese right behind with 23. Kyliyah Barber barely missed double figures with 9 points but amazingly hit double figures in steals with 13 thefts. The win sealed up an unbeaten conference record (10-0) for the Hurricanes and the title of Coastal Plains Conference Champions. This week they will try to put some icing on their championship cake in the Conference Tournament on Thursday and Friday in Bayboro.



Brinley Altman



Julia Bain



Madison Anderson



Audri Leon



Allie Daniels



The five most popular ethnic foods across Canada and the U.S.

The United States and Canada are home to millions of people who trace their ancestry to other nations. Many of those people embrace the cuisines of their ancestors, which is one reason why it's so easy to find such a diverse array of foods throughout the U.S. and Canada.

Various ethnic dishes are quite popular across North America. When it comes to ethnic cuisine, these reign supreme in Canada and the U.S.

Canada

According to an analysis of Google Trends by Chef's Pencil, these are the five most popular cuisines in Canada with derived popularity score.

1. Chinese (popularity score 55)
2. Italian (popularity score 36)
3. Thai (popularity score 33)
4. Indian (popularity score 25)
5. Mexican (popularity score 23)

United States

According to Google search data compiled by FoodFireFriends.com, these are the most popular cuisines across the United States and the number of internet searches each cuisine generates per month.

1. Chinese (3.35 million searches)
2. Mexican (1.22 million searches)
3. Thai (823,000 searches)
4. Indian (673,000 searches)
5. Korean (246,000 searches) DE23B422

Pamlico Vistas

vista /vis-ta/ n / : a distant view through or along an avenue or opening



Sunset over the Neuse – Near Beards Creek, Arapahoe

Photo by: Hiram Lupton

Real, Trusted Knowledge
NEWSPAPERS in EDUCATION

Newspapers are living textbooks, sharing important lessons about everything from geography and history to art, politics, business, finance, science and beyond. They also help teach essential reading, writing, critical thinking and life skills, both in and out of the classroom!

What can you do to support newspapers in education?

- Support your local newspaper with a print or online subscription.
- Donate a newspaper subscription to a local school or classroom, or consider making a financial donation to your local newspaper.
- Encourage the kids and teens in your life to read the newspaper.
- Help teens and kids understand the importance of getting their news and information from a standards-based news organization, as well as the importance of supporting and protecting these organizations, to help prevent the spread of misinformation and disinformation.

The Pamlico News
Trusted News for All
Subscribe • Donate • Advertise
252.249.1555 • www.thepamliconews.com

Pamlico County's Library and Small Business Center introduce:

Small Business Saturdays

- a FREE monthly series on site at Pamlico County Library!

**2026 TAX PREP:
HANDS-ON ASSISTANCE FOR SMALL BUSINESSES**

Saturday, March 14th, 10am
Pamlico County Library

(with Kelly Michaud from Solid Rock Accounting)

Pamlico County Library
13896 NC-55
Bayboro, NC 28515

REGISTER FOR FREE AT
www.PamlicoSBC.com

What parents can do to cultivate kids' creativity

Kids love to play, and moms and dads know that watching children have fun is one of the true joys of parenting. Play time might be all about fun for youngsters, but it's also vital to their development.

A recently reaffirmed clinical report from the American Academy of Pediatrics originally released in 2018 noted that developmentally appropriate play promoted social-emotional, cognitive, language, and self-regulation skills in children's brains. The authors of the report noted that play promotes executive function, allowing children to pursue goals and ignore distractions.

Kids indeed have much to gain from creative play, and parents can do much to encourage youngsters to cultivate their creative side.



- Offer a creative space at home. Whether you live in an apartment or a single-family home, designating a space inside for creative pursuits ensures kids always have a place to go when the mood to be creative strikes. Outfit the designated creative space with a table and comfortable chair (to keep kids from leaving a project due to discomfort) and an assortment of toys and supplies that encourage kids to use their imaginations.
- Allow children to pick their own projects. Parents might be inclined to urge children to engage in particular creative pursuits, but kids are more likely to embrace and enjoy creative play time if they're allowed to pick their own projects and hobbies. Some children may be partial to drawing and coloring, while others may be natural born builders. Parents should resist any urge to direct kids toward projects and instead allow kids to identify their own ways to be creative.
- Don't hesitate to participate. While kids should be allowed to pick their own projects, parents can still get involved. In fact, studies have found that children benefit in myriad ways when their parents play with them. Such interactions help to build children's self-esteem and help kids learn about the world. Children also learn new skills and strengthen bonds with their parents through play. Kids who are encouraged to direct play sessions also learn and sharpen their decision-making skills. Participation also can extend to asking questions about kids' creative pursuits, including what drove their decision-making during a given project and what they hope to do next.
- Take creativity on the road. Kids' creativity can be cultivated anywhere, including outside the house. Let kids plan trips to a museum, nature preserve or another local attraction that encourages them to get in touch with their creativity in a fun and unique way.

Time to be creative benefits kids in numerous ways, and parents can do much to encourage kids to use their imaginations.

Health & Wellness

HOW FAMILIES CAN SHARE CAREGIVING RESPONSIBILITIES



Family caregivers are unsung heroes. Such individuals typically provide vital services to their loved ones who cannot fully care for themselves, and they often do so without compensation.

Data from the U.S. Bureau of Labor Statistics indicates the prevalence of family caregivers across the country. According to the BLS, 14 percent of the population, which equates to roughly 37 million people, provide unpaid eldercare across the nation. Unpaid caregivers also provide vital services in Canada, where the Canadian Institute for Health Information reports such individuals provide an average of 17 hours of unpaid care each week (26 hours for those who care for seniors with dementia). Caregiving for a family member can take a toll that affects caregivers' physical and mental health. According to the Centers for Disease Control and Prevention, caregivers are at increased risk for developing multiple chronic diseases since many neglect their own health needs while caring for others. In addition, roughly 15 percent of caregivers who participated in a CDC survey reported experiencing 14 or more mentally unhealthy days in the past month.

The physical and mental toll of caregiving underscores how important it can be for families to find ways to share caregiving duties. Though each situation is unique, the National Institute on Aging offers the following advice to families as they seek to share the responsibility of caring for a loved one in need.

- Identify the care required. The NIA recommends families discuss caregiving needs as early as possible and ideally before an emergency situation arises. If possible, the person in need can participate in this conversation and help to calmly discuss which services are wanted and needed. If a loved one is diagnosed with a condition in its early stages, such as dementia, families can then work together to identify the level of care required in the immediate future and potentially down the road should the condition worsen.
- Choose a primary caregiver. The primary caregiver will be the individual who accepts the bulk of the daily responsibilities of caregiving. Identifying this person early, ideally before a primary caregiver is even needed, can limit confusion should the day come when the individual needs daily care.
- Determine each caregiver's contribution. The caregiving team can discuss each person's skills and how they can be used to take care of the individual in need. This can be particularly useful when assigning specific tasks. For example, a caregiver who works in the medical field may be most qualified to speak to medical staff about their loved one's condition, while another who works in the financial sector may be tasked with managing a loved one's bank accounts and ensuring bills are paid on time.
- Recognize everyone has limits. A caregiving team is just that: a team. As noted, caregiving can take both a physical and emotional toll, so it's important that everyone, and particularly the individual chosen as the primary caregiver, receive routine breaks to ensure everyone can take care of themselves. It's important that a caregiving team maintain a degree of flexibility to account for the physical and mental challenges caregivers may encounter as they tend to a loved one in need.

Sharing the responsibility of caregiving can ensure caregivers and their loved ones in need are not overwhelmed by the challenges they might confront each day. More information about caregiving can be found at nia.nih.gov.



We specialize in primary medical and dental care for the entire family.



313 Main Street | Bayboro, NC
 252-745-2070 (medical) | 252-745-0781 (dental)
contentnea.org/Locations



CALL THE ELEVATOR AND LIFT EXPERTS: 1-888-634-1717



Visit our new showroom located at 4430 Hwy 70E, New Bern, NC 28560

With over 30 years of experience, Liftavator is your best source for residential and commercial elevators and lifts. Our qualified and licensed technicians provide professional installation, maintenance, service and inspection. We also offer 24-hour emergency calls. Whether you need an outdoor lift, luxury home elevator, stairlift, or commercial elevator, call Liftavator for a free consultation. We will find a solution that is right for you!

savaria[™]
ELITE DEALER

LIFTAVATOR.COM
1-888-634-1717

TEN TIPS FOR FAMILY CAREGIVERS

1. Seek support from other caregivers. You are not alone!
2. Take care of your own health so that you can be strong enough to take care of your loved one.
3. Accept offers of help and suggest specific things people can do to help you.
4. Learn how to communicate effectively with doctors.
5. Caregiving is hard work so take respite breaks often.
6. Watch out for signs of depression and don't delay getting professional help when you need it.
7. Be open to new technologies that can help you care for your loved one.
8. Organize medical information so it's up to date and easy to find.
9. Make sure legal documents are in order.
10. Give yourself credit for doing the best you can in one of the toughest jobs there is!

CaregiverAction.org

COASTAL LIVING

2026 Chinese/Lunar/New Year
THE YEAR OF THE HORSE



Photo by: Hiram Lupton - 2025 Dragon Run

There will be a Dragon Dance at 2PM on Saturday, February 21 at the Oriental Waterfront on Hodges Street. Bring Pots and Pans to Bang on to make Noise. Kids, with their parents, are welcome to march along with us. Throughout the day

a number of local restaurants will be offering various Asian specialties to tempt your palates. The Toucan, Silos and even the Piglet (Piggly Wiggly) and perhaps others will give you something Asian to enjoy.



The Lunar New Year, commonly referred to as the Chinese New Year, highlights Chinese astronomical animals and elements. With 12 signs and five elements, certain combinations only arrive once every 60 years. In 2026, celebrants will recognize the Fire Horse with celebrations that begin on February 17.

Chinese astrology assigns a year with one of the 12 zodiac animals paired with one of the five elements: metal, wood, water, fire, or earth. As these elements complement and clash, it is believed they promote order, harmony and balance in the natural world.

The Chinese lunisolar calendar is based on a sexagenary (60-year) cycle of "ganzhi," which means "stems and branches." Although the last Year of the Horse was in 2014, that was a Wood Horse. We haven't seen a Fire Horse since 1966. The combination of fire and horse can bring about certain effects.

According to Sinocultural, the horse has earned a distinguished place in the Chinese Zodiac through legendary speed

and unwavering endurance. Horses were indispensable in ancient Chinese society and representative of power, nobility and ambition. China Highlights says Chinese astrology asserts that personality and luck are determined by both zodiac sign and 12-year cycle element. The fire element provides warmth, enthusiasm, connection, and creativity.

For the Fire Horse, the element modifies the animal's trait. Fire Horses are said to be strong-willed, proactive and lively. They can handle various problems simultaneously and they thrive on challenges, succeeding in the face of adversity. According to myNEWS, The Year of the Fire Horse is expected to be full of breakthroughs, rapid changes and innovations. People are encouraged to chase their dreams this year as many opportunities await. A Fire Horse allegedly burns everything to rebuild, so the year could be tumultuous in the name of progress.

Celebrating the Lunar New Year will be even more exciting with the vibrant and change-inducing Fire Horse.

The ACS Winter Wonderland Wax Museum

by: Hiram Lupton

Where could you have a conversation with Abraham Lincoln or Thomas Jefferson? How about meeting Queen Elizabeth or Sacagawea or learn about such inspirational figures as Rosa Parks or Harriet Tubman? The one place where you could meet all these famous folks last Friday was at the Arapahoe Charter School's Winter Wonderland Wax Museum. Fifth grade students at ACS depicted more than thirty historical figures, including

Presidents, Scientists, Athletes, Entertainers, and others. The students researched their historical figure, created a biographical display about them, and dressed as up in costume to greet visitors and answer questions about them. This approach was both educational and a means to support the community. A \$1 donation for admission went to support ACS student's efforts to support Pamlico and Craven County Senior Services.



There are three different types of people. Those who can count, and those who can't.

"A good rule to remember for life is that when it comes to plastic surgery and sushi, never be attracted by a bargain."

- Graham Norton

BOBBY CAHOON
MARINE Construction
THE ONLY MARINE CONTRACTOR YOU'LL EVER NEED
252.665.4976

EXCELLENCE, RELIABILITY, & INNOVATION.
THE FOUNDATION OF EVERY PROJECT.

Our Services:

- Custom Docks & Piers
- Seawalls & Retaining Walls
- Boat Lifts
- Boat Houses & Gazebo Roofs
- Lot Clearing
- Site Preparation
- Bulkhead Backfilling, Grading & Demolition
- Dirt, Rock & Equipment Hauling

BOBBYCAHOONCONSTRUCTION.COM

The Inland Waterway Provision Company

We're a fully stocked marine store and what we don't have we can order for you usually with overnight delivery so you can get back on the water in no time!

Check out our fishing tackle and make your requests as we grow the selection! We also stock an assortment of craft beer, wines, snacks, condiments, personal care products and ice.

HOURS:
Monday - Thursday 9:00 am - 5:00 pm
Friday - Saturday 9:30 am - 5:30 pm
Sunday 10:00 am - 4:00 pm

305 Hodges Street, Oriental, NC 28571
Located at ICW statute mile marker 181
252.249.1797

ESTD. 1980 2020
Mill Creek
PHOTOGRAPHY

Jeff Roberts
Veteran Owned & Operated

Landscape • Wildlife • Sports • Portrait • Real Estate • Commercial •
Newborn • Maternity • Senior

for all your photography needs. Serving Pamlico and Surrounding Counties.

252-229-3851
millcreekphotography252@gmail.com
millcreekphotography.zenfolio.com

WAYFARERS COVE
MARINA & BEACH, LLC

1107 Bennett Rd.
Minnesott Beach, NC 28510
252-249-0200

Your Hurricane Hole!
60 Ton Travel lift, Beams to 19'2"
Dry Storage to 55', Lounge and
Bathhouse & WiFi

WET AND DRY STORAGE AVAILABLE
HELP WANTED

Scott
PLUMBING & HEATING

We service and install all brands and models of
Heating & Air Conditioning Units
Natural or Propane Gas, Oil, Electric, or Geothermal

- Free estimates on new installations and/or replacements.
- Residential and commercial applications
- Complete ductwork inspections, repairs, and now offering duct cleaning.
- Serving five counties for over 35 years

American Standard
HEATING & AIR CONDITIONING

(252) 745-5135
6690 Hwy. 55 East in Reelsboro
Emergency, Nights & Weekends 252-670-7688
www.scottph.com

CLASSIFIEDS



WINFREY BUILDERS
252-670-2915



World Wide Marine Training, LLC
U.S.C.G. Approved Training & Testing

Captains Licenses ★ Master 100 Tons ★ Master 200 Tons ★ AB
★ STCW 5-day Basic Training ★ Radar Endorsements ★
Auxiliary Sail and Assistance Towing Endorsements

Call 252-249-2135
worldwidemarinettraining.com
22532 NC Hwy 55 East, Oriental, NC 28571

Pamlico Tree Care, LLC
Servicing New Bern & Surrounding Counties
Owner: Jonathan Mitchell



New Omme 90' Tractlift
Access through a 4' wide gate
Complete Tree Removal
Stump Grinding

Brush & Branch Chipping
Cabling & Crown Reduction
Tree Pruning & Shaping

Fully Insured with Liability and Workmen's Comp
252-745-7232/252-671-7563
Pamlicotreecare@aol.com
www.pamlicotreecare.com

FOR SALE



Arapahoe - Fully renovated, 3BR/2Bath home featuring a new roof, new HVAC and brand-new appliances (refrigerator needed). Enjoy access to the Neuse River from a nearby shared waterfront lot complete with a sandy beach! **\$279,000**

CENTURY 21
Sail/Loft Realty
252-249-1787
www.SailLoftRealty.com

T.O.P.P. Care For Pets
The Oriental Pet Parlour

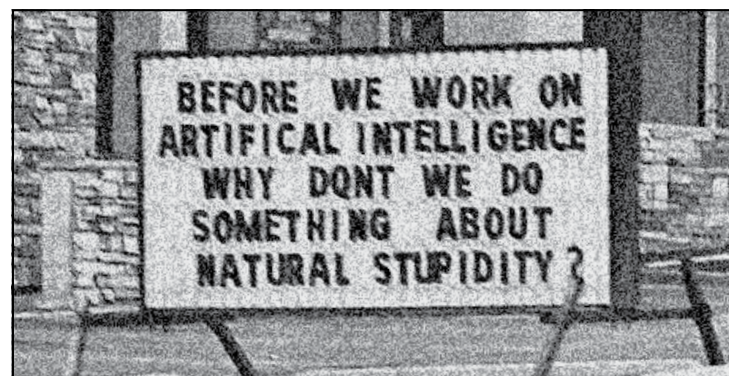
- Full Service Grooming
- Licensed Boarding
- Day Care
- For Dogs, Cats, Birds & Other Pets

252-249-0243
315 White Farm Road Oriental, NC 28571
Hours: M-F 8:30-5 Sat. 9-3
Check out our website at
www.TheOrientalPetParlour.com

Katherine H. Winfrey
Income Tax Service


801 Broad St.
Oriental, NC 28571

533 South Creek Rd.
Aurora, NC 27806
252-670-7728
252-675-2828



SUBSCRIBE TODAY

Stay connected to your community and support local journalism!



Mail To: THE PAMLICO NEWS,
P.O. Box 510, Oriental, NC 38571 or Call 252-249-1555

Yearly Subscription Rates

- \$30 in Pamlico County & Beaufort County
- \$45 in North Carolina
- \$55 outside North Carolina

Name: _____
Address: _____
Zip: _____ Phone: _____

LEGALS

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF WILLIAM DAVIS
File No.: 25E000009-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MAXINE FISHER CO-EXECUTOR or HARTENSE LATHAM CO-EXECUTOR on or before APRIL 28, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named CO-EXECUTORS.

This 28TH OF JANUARY 2026

ESTATE OF WILLIAM DAVIS
C/O MAXINE FISHER
2948 MILL POND RD
BAYBORO, NC 28515

ESTATE OF WILLIAM DAVIS
C/O HARTENSE LATHAM
508 BELL LANE
BAYBORO, NC 28515

Publish JANUARY 28 AND FEBRUARY 4, 11 AND 18 2026.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF HERBERT EMIL FRITZE
File No.: 26E000008-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to LISA RICE, EXECUTOR on or before APRIL 28, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 28TH OF JANUARY, 2026

ESTATE OF HERBERT EMIL FRITZE
C/O LISA RICE
6711 VALLEY FALLS RD
HOPE MILLS, NC 28348

Publish JANUARY 28 AND FEBRUARY 4, 11 AND 18, 2026.

NORTH CAROLINA PAMLICO COUNTY

NOTICE TO CREDITORS:

All persons, firms and corporations having claims against the Estate of Ernest Lee Riggs, deceased, of Pamlico County, N.C., are notified to present the same to the personal representative listed below on or before April 29, 2026, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment.

This 28th day of January, 2026.

Edward Riggs, Jr., Executor of the Estate of Ernest Lee Riggs, Deceased, c/o David B. Baxter, Jr.
416 Pollock Street
P.O. Drawer 889
New Bern, NC 28563

1/28/26; 2/4/26; 2/11/26; and 2/18/26

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF THEDA RAE BUTKUS
File No.: 26E000019-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MARY C. DILLON, EXECUTOR on or before May 5, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 4TH DAY OF FEBRUARY 2026

ESTATE OF THEDA RAE BUTKUS
C/O MARY C. DILLON
1922 MAIDEN LANE SW
ROANOKE, VA 24015

Publish February 4, 11, 18 AND 25 2026

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ROLAND RAY JOSEPH SANNER
FILE NO. 25E001122-680

All persons, firms, and corporations having claims against Roland Ray Joseph Sanner, deceased, of Pamlico County, NC, are notified to exhibit the same to the undersigned on or before May 5, 2026, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment. This is the 4th day of February 2026. Elizabeth Sanner, the fiduciary, is fully authorized to receive and administer all assets belonging to the estate.

Elizabeth Sanner, Administrator
C/O Attorney Caitlin A. Preston,
Pierce Law Group, PLLC
3020 South Miami Blvd, Ste 201
Durham, NC 27703

State of Maine

Probate Court
Cumberland, SS.
Location: Portland
Docket No: 2025-1690

ORDER FOR SERVICE BY PUBLICATION

In re: Estate of Stella Santos
Petition for Guardianship Of Minor

This notice is directed to Angela Gayton, last of Plymouth, County of Washington, State of North Carolina, whereabouts unknown.

This cause came to be heard on a Motion of the Petitioner whose name and address is: Erica Ouellet and Dean Ouellet, 318 Maine Street Brunswick, ME 04011 for Service by Publication on Angela Gayton.

This Motion has been submitted for the following reasons: Angela Gayton's whereabouts are unknown.

Petitioner believes the newspaper in which public notice is most likely to reach Angela Gayton is: The Pamlico News, PO Box 510 Oriental, North Carolina 28571 for the following reasons: newspaper of general circulation in Angela Gayton's last known location.

It is hereby ORDERED that Angela Gayton appear and defend the cause and serve a response to the Petition upon Petitioner, on or before March 25, 2026. Angela Gayton is notified that if he/she shall fail to do so, the Petition for Guardianship of Minor will proceed without objection. His/her response should also be filed with the Cumberland County Probate Court, 142 Federal Street, Suite 125, Portland, ME 04101.

It is FURTHER ORDERED that this Order be published in the above-named newspaper of general circulation on or before February 18, 2026, once a week for two successive weeks.

Date

Paul Aranson, Judge of Probate

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ALONZA BERRY SAWYER SR
File No.: 26E000021-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to WENDY SAWYER, EXECUTOR on or before MAY 19, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 18TH OF FEBRUARY, 2026

ESTATE OF ALONZA BERRY SAWYER SR
C/O WENDY SAWYER
PO BOX 807
BAYBORO, NC 28515

Publish FEBRUARY 18, 25 AND MARCH 4 AND 11 2026.

NOTICE OF INTENT TO LEASE PROPOSED SHELLFISH BOTTOM AND/OR WATER COLUMN LEASES IN PUBLIC TRUST WATERS OF PAMLICO COUNTY

Notice is hereby given pursuant to N.C. Gen. Stat. § 113-202(f) that the following parties have filed applications to lease public trust waters in Pamlico County for shellfish aquaculture:

1) Evan R. Gadow – Shellfish Bottom and Water Column – No. 25-018BL/25-019WC – 0.72 acres – Little Bear Creek, Pamlico County.

The areas will be marked at each corner as a Proposed Shellfish Bottom Lease and/or Water Column Lease with the above numbers.

The Director of the NC Division of Marine Fisheries (DMF) has notified the applicants that a public hearing will be held on Tuesday, February 24, 2026, beginning at 6:00 p.m. at the Pamlico County Courthouse, Commissioners Room - upstairs, 202 Main Street, Bayboro, NC 28515. The hearing will be conducted both in person and virtually via Webex. Meeting materials, including the biological investigation report and presentation materials, and the Webex link and call-in number will be posted on the Division's hearing webpage: deq.nc.gov/2026-02-18-pamlico-county-shellfish-lease-hearing.

Members of the public may comment in person or via Webex. Those who wish to comment by Webex must pre-register to speak no later than 4:00 p.m. on March 23, 2026, at: deq.nc.gov/pamlico-county-shellfish-lease-hearing-speaker-registration. Those who wish to comment in person must register to speak at the meeting location between 5:00 p.m. and 6:00 p.m. on March 24, 2026.

Sworn written comments may be submitted up to twenty-four (24) hours following the proceedings by mail to: NC DMF, Shellfish Lease and Aquaculture Program, PO Box 769, 3441 Arendell St, Morehead City, NC 28557, or through the online form at: deq.nc.gov/pamlico-county-shellfish-lease-hearing-comment-form.

Kathy B. Rawls, Director
NC Division of Marine Fisheries

STATEWIDE CLASSIFIEDS

Auctions
ONLINE AUCTION – MODULAR CLASSROOMS – Bid on portable classroom units from Charlotte-Mecklenburg Schools! Ends Feb 26 12PM. Preview Feb 19. – Rogers Realty & Auction - NCAL#685 – 336-789-2926, rogersauctiongroup.com/auctions/detail/bw155960

Home Improvement
No more cleaning out gutters. Guaranteed! LeafFilter is backed by a no-clog guarantee and lifetime transferrable warranty. Call today 1-877-649-1190 to schedule a FREE inspection and no obligation estimate. Plus get 75% off installation and a bonus \$250 discount! Limited time only. Restrictions apply, see representative for warranty and offer details.

Miscellaneous
We Buy Vintage Guitar's! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. These brands only! Call for a quote: 1-833-641-6577

Miscellaneous
We Buy Houses for Cash AS-IS! No repairs. No fuss. Any condition. Easy process: Call, get cash offer and get paid. Call today for your fair cash offer: 1-919-925-6362.

Miscellaneous
Get a High Quality, Modern Design bath or shower transformation in as little as One Day. \$0 Down, \$0 Installation, \$0 Payments for 12 months! Call: 1-877-243-7050.

Miscellaneous
Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Steppacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503]

Miscellaneous
BEHIND ON YOUR MORTGAGE PAYMENTS? Threatened with foreclosure? Denied a loan modification? Let us help! Call the Homeowner Relief Line to speak with a mortgage specialist 844-492-0883

Miscellaneous
Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-869-7055 today!

Miscellaneous
Replace your roof with the best looking and longest lasting material – steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer – up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815

Miscellaneous
WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-833-928-1861. Have zip code of service location ready when you call!

Sale
Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-877-920-7405

Time Share
Wesley Financial Group, LLC Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 844-213-6711

AROUND THE COUNTY

Aurora Joy McCracken, Correspondent



It's official: we got 12-17 inches around here for the snow. It brought out the Juncos and a Woodcock (who surprisingly stuck around for several days and the first one I've seen in many years and is the Photo of the Week).

White Pelicans swooped in for about a week hanging out with the diving ducks. I'm thinking I'm starting to see some Cormorants which I saw none last year. Other birds dropping by included a Towhee, Pine Warblers, Catbirds and an explosion of Nuthatches and juvenile Blue Herons.

The blast of cold air froze up the pipes for a couple of hours on 2/2 and immediately I was offered portable water from my thoughtful neighbors, Kim and Beth.

Campbell's Creek Methodist had their first ever Galentine's Luncheon on 2/11 and it looks like it was a huge affair.

The couple of days of warm air have gotten the yardbirds singing and it kind of rubbed off on me. I played rock and roll on the car stereo loudly on the way to town for the first time in a long spell.



Grantsboro Jeff Roberts, Correspondent



Good morning, good afternoon, and good evening. I hope this all finds you well and hope you all enjoyed the weekend. Lately the weather surely has given us a variety of all the seasons. I know I am personally ready for a little bit of warmer weather and hopefully the forecast will remain with those warmer temps this week. This past month has been another hard one for our community, friends, and neighbors. The loss of loved ones has affected most of this county in some shape or form. When you add the different illnesses that affect the community as well adds a whole different level of hurt. Please take a moment to say a prayer, bring a meal, or just simply call and check on them.

Growing up in the area and having strong roots here makes me remember growing up and how our communities supported everyone. I can remember growing up in Arapahoe that if there was a death or need it was taken care of. Back then you had Bethany Christian, Arapahoe Free Will Baptist, and the Methodist Church all within a stones throw of each other and let me tell you these churches were power houses. Each church would take a day and whatever that family needed was taken care of whether it be food, cleaning, or just greeting people at the door. That community spirit was amazing to watch.

The hardest part of dealing with loss and illness is when the dust settles. When the house quiets, the walls close in and reality of what has happened sinks in. Adapting to a life that you are not used to and really don't want to be a part of. It takes strength and faith to get through that transition. There are some who can't, and we need to be watchful and diligent in checking on those struggling. All of us have lived and had experiences some were proud of and some we don't speak of but they all make us who we are. I myself have had a life that has not been easy and I have fought my own battles and demons throughout my life.



Fortunately I have found my peace and understanding about life and now I try to use those experiences to help others.

On a lighter note I did run into a former teacher, Mr. Peacock. I always love when I see him, when he calls me by name and I am always like wow, how does he do it, how does he remember so many. He talked to me about my articles and how he looks forward to reading them. He is a great lover of history, especially of our area. I share that love with him. He advised me to make sure I talk to the elders of our community and collect the vast knowledge, stories, and tales that only they have. It's not usually written in a book or a diary, it's often kept close to their hearts and in their minds, waiting for someone to come along, sit and just listen. If you are one of those people I would love to come join you and listen to those stories in hopes to preserve them in some way even if I just pass it along to another. You may reach out to me either through this article or my email at nckikn@gmail.com. I would love to hear from you and hear your story about our community.

Pamlico Betty Jo Rodgers, Correspondent



It is hard to imagine after two weeks, but there are still places where I see snow on the ground in Pamlico. I am not referring to the mounds left by the DOT motor graders that scraped the roads after the Snow of 2026. We were thankful for heat in the sanctuary at Stonewall today because they have been meeting in the fellowship hall for several weeks.

Joannis and Walt Summerlin visited and the four of us went out for a special supper on Friday night. I got a beautiful bouquet of flowers from Roy and was blessed to sing Happy Birthday to my sister who has always been a special Valentine in our family.

It was another sad week for the residents of Stonewall and all of Pamlico County. Derek Spain died this week. He was the son of Jimmy and Marie Spain. Please continue to remember the Spain family in your prayers this week.

Since the snow has melted most places, contractors are busy working on the houses at the intersection of Trent Road and Straight Road. I noticed a new construction is in the beginning stages in downtown Pamlico on the property where we lived when

I attended school in the town of Oriental in the 50's. It is exciting, first to see how big the trees have grown over the years, and secondly to see that someone will live in one of our old homes.

Ash Wednesday is February 18, 2026. Bayboro Baptist Church is hosting the weekly Lenten services this year. For anyone new to the county, these are short ecumenical services each Wednesday during Lent at noon, followed by a donation fellowship meal. Various clergy from different denominations speak each week. On February 18th, Reverend B. J. Rodgers will officiate the imposition of ashes. On February 25, Father Jeremiah Day will bring the message. Here is a partial schedule for March, Reverend Peg Witt will preach on March 4th, and Reverend Joyce Bell will preach on the 11th of March.

Celebrating birthdays in February are Sheryl Kaye Sanders, Esther Jane Lupton, & Sharon Rowe (2/20), Tillie Roberts (2/24), Elizabeth Cuthrell (2/25), Lupe Bennett (2/28), and Bless Her Heart, Penny Ford will not get a year older since her birthday is February 29th.

Have a blessed week. Crying? Take Spiritual Vitamin C. "Cast all your cares upon him; for he cares for you." (1 Peter 5:7)

Pamlico County Schools to Host "Discover Kindergarten" Event for Prospective Families

Bayboro, NC – Pamlico County Schools invites prospective kindergarten families to attend Discover Kindergarten on February 20, 2026, at 9:00 a.m. The event will provide families with an opportunity to learn more about the district's kindergarten program, tour classrooms, and meet the educators who help our youngest learners build a strong foundation for success.

Designed as an open house experience, Discover Kindergarten will allow families to explore what a typical kindergarten day looks like, including early literacy instruction, hands-on learning activities, and opportunities for social and emotional growth. Staff members will be available to answer questions and share information about enrollment and student support services.

Pamlico County Schools is committed to providing a nurturing and engaging environment where students develop confidence, curiosity, and a lifelong love of learning. Kindergarten is an important milestone, and the district looks forward to welcoming its newest students and their families.

For additional information about Discover Kindergarten or enrollment for the 2026-2027 school year, families may contact Pamlico County Schools or visit the district website.

www.pamlicoschools.org



"Time flies like an arrow; fruit flies like a banana."

GUESS WHO?

I am a singer/actress born in California on February 20, 2003. My acting debut was a role based on a character from a book series I was introduced to as a child. Early in my career I starred in movies and in a Disney show before progressing to music. A song about driving propelled my fame.

Answer: Olivia Rodrigo

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to the library.

S B K O O

--	--	--	--	--

Answer: Books

The Bath or Shower You've Always Wanted IN AS LITTLE AS A DAY

\$1,500 OFF*
PLUS
ZERO Interest, ZERO Payments
financing for 12 Months**
OFFER EXPIRES 3/30/2026

BATH CONCEPTS AUTHORIZED DEALER

CALL NOW (855) 932-7733

*Includes labor and product; bathtub, shower or walk-in tub and wall surround. This promotion cannot be combined with any other offer. Other restrictions may apply. This offer expires 3/30/26. Each dealership is independently owned and operated. **Third party financing is available for those customers who qualify/Participating dealers only. See your dealer for details. ©2026 Bath Concepts Industries.

Hale Mini Honeybells
The once a year citrus sensation!

ONLY \$34.99
Reg. Price \$44.99
Special Limited Time Offer!
27% SAVINGS INCLUDING SHIPPING

Call 1-855-653-0034 to order item 2692X or Visit HaleGroves.com/H6YU43
* Only \$34.99 (reg. \$44.99) plus \$7.99 shipping and handling per pack to 48 contiguous states. Some restrictions may apply. Limit 5 boxes per customer. IC: H6YU43

Start the new year clog-free!

LeafFilter GUTTER PROTECTION

Claim by: 02/28/2026

15% OFF + 10% Discount For Seniors + Military

LeafFilter™

We install year-round!

Get a **FREE** full gutter inspection and estimate: **1-877-649-1190**
Promo: 285

**Promotional offer includes 15% off plus an additional 10% off for qualified veterans and/or seniors. One coupon per household. No obligation estimate valid for 1 year. See Representative for full warranty details. AZ: 800-244-2727, AR: 800-244-2727, CA: 800-244-2727, CO: 800-244-2727, CT: 800-244-2727, DC: 800-244-2727, FL: 800-244-2727, GA: 800-244-2727, HI: 800-244-2727, IA: 800-244-2727, IL: 800-244-2727, IN: 800-244-2727, KS: 800-244-2727, KY: 800-244-2727, LA: 800-244-2727, MA: 800-244-2727, MD: 800-244-2727, ME: 800-244-2727, MI: 800-244-2727, MN: 800-244-2727, MO: 800-244-2727, MS: 800-244-2727, MT: 800-244-2727, NC: 800-244-2727, ND: 800-244-2727, NE: 800-244-2727, NH: 800-244-2727, NJ: 800-244-2727, NM: 800-244-2727, NV: 800-244-2727, NY: 800-244-2727, OH: 800-244-2727, OK: 800-244-2727, OR: 800-244-2727, PA: 800-244-2727, RI: 800-244-2727, SC: 800-244-2727, SD: 800-244-2727, TN: 800-244-2727, TX: 800-244-2727, VA: 800-244-2727, VT: 800-244-2727, WA: 800-244-2727, WI: 800-244-2727, WY: 800-244-2727. The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the #1 rated professionally installed gutter guard system in America.

DENTAL Insurance

Great coverage for retirees.

Get your FREE Information Kit

Ask about the Premier Plan - our most popular option!

1-844-496-8601

Dental50Plus.com/NCpress

Physicians Mutual Insurance Company

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/find-dentist. This specific offer not available in CO, NV, NY - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469 (GA: P154GA; OK: P154OK; TN: P154TN). 6347-0125

Grand Alaskan Cruise & Tour

12 DAYS INSIDE CABIN
STARTING AT \$3,549 \$3,299*

MUST BOOK BY 3/31

BASED ON JUL 8, 2026 DEPARTURE

CALL US: 1-844-639-0552

*Per person based on double occupancy & includes tax service/gov't fees. Ask your Travel Consultant for terms & conditions. Add-on airfare with transfers available for most major gateways.

OUR SCHOOLS



Prospective kindergarten families are invited to join us for an open house and school tour. Learn about our kindergarten program, explore classrooms, and hear how we support early literacy, social development, and a love of learning.



“You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose.” —Dr. Seuss

HARDISON TIRE COMPANY
 Alliance, NC 28509
 745-4561
 745-4161
 www.hardisontire.com
 24 Hour Towing & Wrecker Service – 252-745-3777
 Copyright © 2022 Michelin North America, Inc. All rights reserved.

A Touchstone Energy® Cooperative

Tideland EMC
 Real People, Real Power.
 We believe in the power of education.

WE MEAN BUSINESS.
 Talk to us about strategic local advertising solutions for your small business!
The Pamlico News
 252.249.1555 • www.thepamliconews.com

DELAMAR & DELAMAR, PLLC
 ATTORNEYS AT LAW
 Sara L. Delamar

408 Main Street • Bayboro, NC
 252-745-3222 • M-F 8:30am to 5:00pm

Proud to serve Pamlico County!

PAMLLICO
 COMMUNITY COLLEGE
 www.pamlicocc.edu

INCIDENTS

Jan. 2, NC Hwy 55, Alliance, order for arrest driving while license revoked
 Jan. 2, Alligator Loop Rd., Stonewall, vehicle versus deer
 Jan. 2, Scott Town Rd., Grantsboro, larceny of property or goods <= \$1,000
 Jan. 2, NC Hwy 306 S., Grantsboro, wildlife violation
 Jan. 2, NC Hwy 304, Vandemere, child custody complaint
 Jan. 2, NC Hwy 55, Grantsboro, injury to personal property
 Jan.2, Main St., Bayboro, assault inflicting serious bodily injury, simple assault
 Jan. 3, Water St., Bayboro, civil dispute

- verbal argument
 Jan. 4, Wichita Village Lane, Bayboro, verbal domestic
 Jan. 4, Longleaf Dr., New Bern, domestic verbal
 Jan. 4, NC Hwy 306 S., Grantsboro, injury to personal property, assault on a female by male at least 18 years of age
 Jan. 5, Chair Rd., New Bern, order for arrest driving while license revoked not impaired revoked
 Jan.5, NC Hwy 306 S., Arapahoe, injury to personal property, communicating threats
 Jan. 6, Winchester Way, Merritt, cyber-

stalking
 Jan. 6, Main St., Bayboro, juvenile complaint
 Jan. 7, Main St., Bayboro, communicating threats, second degree trespass
 Jan. 7, NC Hwy 55, Grantsboro, employee dispute
 Jan. 8, Mill Pond Rd., Alliance, accidental shooting - hunting accident
 Jan. 8, NC Hwy 55, Grantsboro, driving while license revoked not impaired
 Jan. 8, NC Hwy 55, Grantsboro, driving while license revoked not impaired revoked, expired registration plate
 Jan. 9, Main St., Bayboro, order for

arrest for failure to appear contributing delinquency of juvenile
 Jan. 9, Pine Lane, Grantsboro, injury to personal property, injury to real property, communicating threats
 Jan. 9, Neuse Rd., Grantsboro, stalking
 Jan. 10 Florence Rd., Merritt, missing person
 Jan. 10, Prescott Rd., Grantsboro, harassment complaint
 Jan. 11, NC Hwy 55, Merritt, injury to personal property
 Jan. 11, Griffin Farm Rd., Arapahoe, obtain property by false pretenses
 Jan. 11, NC Hwy 306 S., Arapahoe,

alarm - residential
 Jan. 12, Anderson Dr., Bayboro, injury to personal property
 Jan. 12, Kershaw Rd., Oriental, larceny of property or goods <= \$1,000
 Jan. 12, Alligator Creek Rd., Merritt, reported identity theft, possible mental health subject
 Jan. 13, Hart Dr., Oriental, identity theft
 Jan. 14, Main St., Bayboro, gambling
 Jan. 15, NC Hwy 306 N., Grantsboro, suspicious activity
 Jan. 15, Hobucken School Rd., Hobucken, cruelty to animals (M)

PRESIDENT TRUMP NEEDS WARRIORS IN CONGRESS

LAURIE BUCKHOUT FOR CONGRESS

- ✓ STAND WITH TRUMP
- ✓ LOWER COSTS FOR WORKING FAMILIES
- ✓ DEPORT CRIMINAL ALIENS



VOTE REPUBLICAN COL. LAURIE BUCKHOUT FOR CONGRESS. EARLY VOTING STARTS FEBRUARY 12TH!

PAID FOR BY LAURIE BUCKHOUT FOR CONGRESS

LaurieBuckhoutForCongress.com

— YOUR RETIREMENT —
well-lived.

Welcome to Brice Pointe, New Bern's first Life Plan Community. Nestled on 70 picturesque acres along Carolina Lake, every detail is designed to support the life you've imagined.

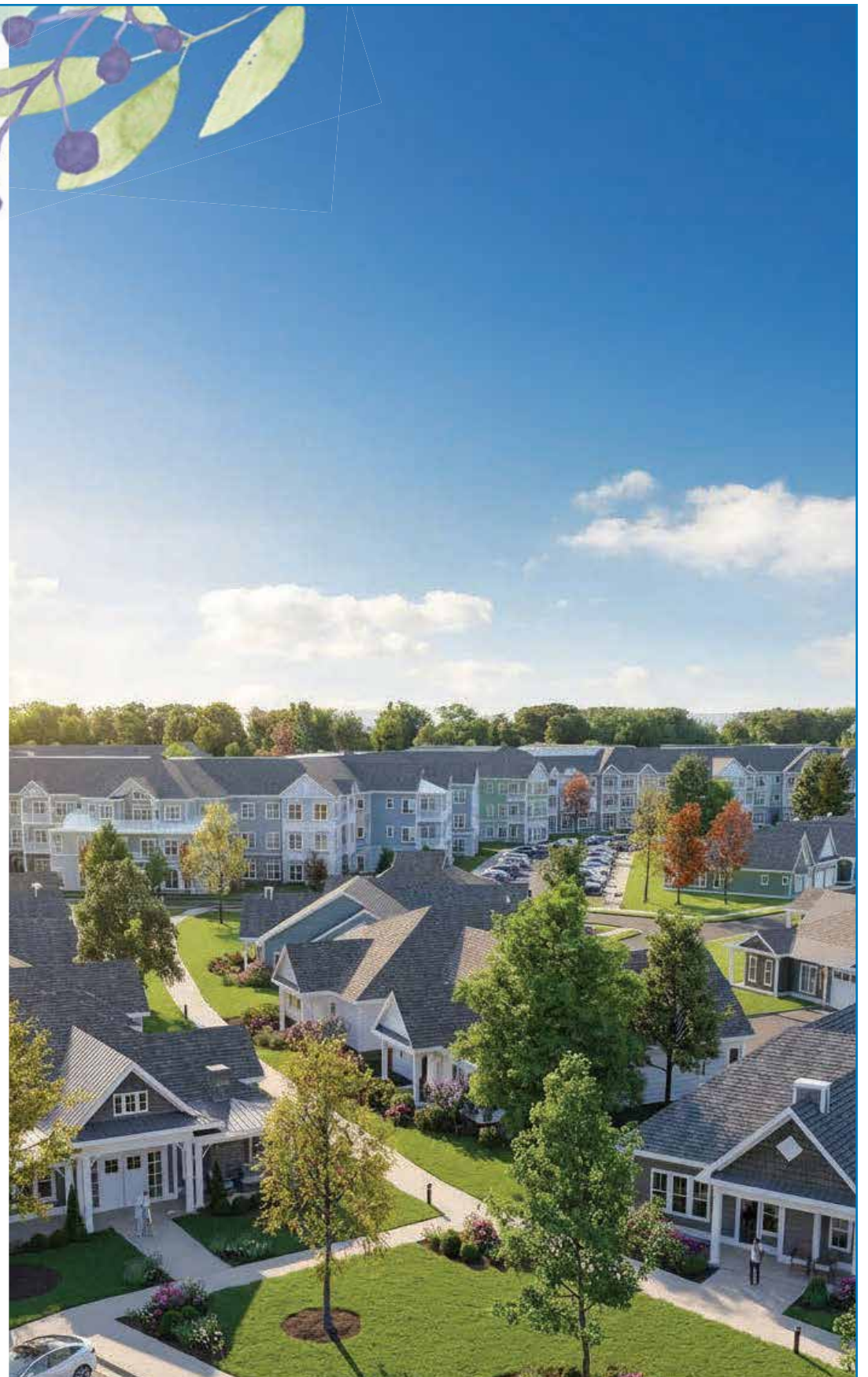
JOIN US FOR ONE OR BOTH EVENTS

TUESDAY, MARCH 10
 12:00 PM - 1:30 PM
ThriveMore Leadership Panel

TUESDAY, MARCH 24
 12:00 PM - 1:30 PM
Life Plan 101

Carolina Colours Pavilion
 3300 Waterscape Way | New Bern, NC 28562

RSVP by calling 252-659-4550 or emailing HQuinones@ThriveMoreInc.org
 Space is limited.



BRICE POINTE
 A THRIVEMORE COMMUNITY

503 WEST THURMAN ROAD
 NEW BERN, NC 28562

BRICEPOINTE.ORG