

Produced By: Rotary Club of Oriental

In North Carolina's Sailing & In-Shore Fishing Capital Oriental In-Water Boat Show

Nautical Flea Market At Oriental Marina & Inn
Friday, April 10 – Sunday 12, 2026



Vol. 58 No.15, 14 Pages

The Pamlico News

Wednesday, April 8, 2026

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Arbor Day Declared in Oriental

At their March 10, 2026 meeting, the Oriental Town Commissioners proclaimed April 18, 2025 to be Arbor Day in Oriental. On that day, the Oriental Tree Board will conduct an Arbor Day tree planting and pruning demonstration at 309 High Street, Oriental, at 10:00am.

The NC Forest Service and the National Arbor Day Foundation have granted Oriental the designation of TreeCityUSA for the 31st year, and will present a certificate to the Oriental Tree Board at the tree planting.

This honor recognizes the Herculean efforts of many remarkable residents of this small town through the years. Come show your support for this important town program and help celebrate our 31-year TreeCity USA anniversary.

The Oriental Tree Board is an all-volunteer extension of the Town administration, charged with the planning, planting and maintenance of trees on Town property and rights-of-way. They can always use able-bodied adjunct volunteers to help with these activities. They work most Tuesdays from 9:00am until noon, depending on season. If you are interested in helping, contact the Town Hall to find out where they are working that day. Bring loppers, work gloves and a smile.



Just for Teens at the Library

Need a place to hang out, socialize, and have some fun? We have events across our branches exclusively for middle and high schoolers!

Teen STEAM at the Pamlico County Library*
Tuesday, April 14, 3:30 pm

Perfect for teens who are curious, creative, and ready to explore!
Teen LEGO Science at the Pamlico County Library*
Tuesday, April 21, 4:00 pm

Explore real-world science and engineering concepts with LEGO-based designs!

Your Health Department Working for You – Physical Exams

by: Hiram Lupton

If you have been alive for any length of time, chances are you have been required to get a physical for one reason or another. Whether it was a simple “open up and say ah!” and listening to your heart, or a complete poking, prodding, and fondling along with lab work, it is something many of us are required to go through as a condition of employment, licensure, participation, or just peace of mind for health concerns. The good news is that there is a resource right here in Pamlico County that can take care of many of the requirements of physical exams for you. “At the Pamlico County Health Department, we are committed to making essential health services accessible, convenient, and focused on keeping our community safe, healthy, and ready for work, school, and life,” according to Lynn Hardison, Clinical Services Director. “Here are a few of the physical exams the PCHD can help you with.”

A Coast Guard physical, often termed a Merchant Mariner Physical or a USCG Medical Exam, is a mandatory health evaluation ensuring that mariners are fit for duty. It includes a medical history review, vision and hearing tests, a physical exam checking vitals, reflexes and overall health. It is documented on Form CG-719K which is required for application for renewing or obtaining a captain's license as well as other mariner certifications.

An NCDOT DMV commercial driving physical exam is a mandatory, FMCSA-regulated medical evaluation for commercial driver license (CDL) holders to ensure they are physically fit to operate heavy vehicles safely. It must be conducted by a certified examiner and includes vision, hearing, and blood pressure checks as well as a comprehensive physical. Passing results in gaining a Medical Examiners Certificate known in North Carolina as a CDL-Med 1 Medical Certification form which is required by the NCDMV.

A sports participation physical, or preparticipation physical evaluation (PPE), is a medical checkup required by schools and sports organizations to ensure an athlete is safe to play. It assesses overall health, reviews medical history and focuses on cardiovascular and musculoskeletal systems to



identify and prevent potential injury risks. While it was once required for athletic competition, the requirement now applies for participation in other school organizations and clubs which may require strenuous physical activity such as ROTC.

Camp physicals for both participants and employees are often required by camps to ensure individuals are healthy and able to safely engage in camp activities. These exams typically include a review of medical history, immunization status, and a general physical assessment to identify any conditions that may require accommodations or limit participation. For camp staff, these exams help ensure they are physically capable of supervising and responding to the needs of participants in an active outdoor environment.

Employer mandated physical exams are legal, job-related medical exams which are required by some companies of their workers to ensure they are physically fit enough to perform their job duties. These can be required for operating heavy equipment, transportation, and healthcare and must be consistent with business necessity and comply with the Americans with Disabilities Act (ADA).

Of course, the PCHD can also perform a personal wellness physical exam for you to assess your overall health, identify risk factors and help form a health care plan tailored to fit your needs. This is important at any point in our lives, but particularly as we age.

“Your health is your most valuable asset—routine physical exams are a simple step that can make a lasting difference in protecting and improving your quality of life, Says Hardison. “Call Pamlico County Health Department at 252-745-5111 to schedule an appointment and ask sk about our fee schedule and your eligibility for a sliding fee.”

Revolutionary Counties and Towns

by: Hiram Lupton



(L to R): The Marquis de Lafayette, General Anthony Wayne, General Nathaneal Greene.

You may already know that the city of Washington is named for General George Washington, perhaps the most iconic figure in the American Revolution, but there are quite a few other towns and counties in North Carolina named after important figures of the fight for independence, some famous, some obscure. First, in addition to the city, Washington County is also named for the father of our country. General Nathaneal Greene, one of Washington's most trusted commanders and leader of the army in the southern colonies, has three places named for him. Greensboro, Greenville, and Greene County. Fayetteville is named in honor of French nobleman Gilbert du Motier, better known as the Marquis de Lafayette, who came to America to help the patriot cause and became one of General Washington's most trusted and beloved staff members. Lenoir County as well as the town of Lenoir are named after General William Lenoir. Morganton is the namesake of General Daniel Morgan and Lincoln,

as well as Lincoln County are named for General Benjamin Lincoln. The “Winston” part of Winston-Salem comes by way of North Carolina militia leader Joseph Winston who fought at the battle of Guilford Courthouse. In addition to these, numerous counties are named for officers in the Colonial Army.

They include:

- Buncombe County** – Colonel Edward Buncombe
- Cleveland County** – Colonel Benjamin Cleveland
- Davidson County** – General William Davidson (also Davidson College)
- Davie County** – General William Davie
- Gates County** – General Horatio Gates (also the town of Gatesville)
- McDowell County** – Colonel Joseph McDowell
- Montgomery County** – General Richard Montgomery
- Avery County** – Colonel Waightstill Avery
- Wayne County** – General Anthony Wayne
- Nash County** – General Francis Nash
- Person County** – General Thomas Person
- Roberson County** – Colonel Thomas Roberson
- Sampson County** – Colonel John Sampson
- Stokes County** – Colonel John Stokes
- Rutherford County** – General Griffith Rutherford (also the town of Rutherfordton)

The list is long and we didn't even get into a few named for noted patriots such as Benjamin Franklin (Franklin County) and Warren County along with the town of Warrenton (Dr. Joseph Warren, key early patriot leader in Boston). The Town of Jefferson is named in honor of the primary writer of the Declaration of Independence, Thomas Jefferson.



Meet Unknown Tongues!

The Pamlico Arts Council is proud to once again bring you Gospel, Blues & Rockin' BBQ, a festival tracing the heritage and development of the uniquely American musical traditions. This FREE event will take place on Saturday, April 25 at the Red Rooster Bar & Stage behind The Silos restaurant in Oriental.

PAC with the help of Pamlico News, will, in the next few weeks, be introducing you to our wonderful musicians who will be performing throughout the day and into the evening, starting at 2 p.m.



Unknown Tongues Cajun Zydeco Dance Band with a Carolina twist has been rocking NC and beyond with Cajun and Zydeco music since 1990. They hail from the marshes of North Carolina, and sponsor the Gloucester Mardi Gras each February and the new Wild Caught Local Seafood and Music Festival each summer.

Cajun and Zydeco music originated in Southwest Louisiana, born from a mix of French, African, Spanish, and Native American influences. Cajun music grew from Acadian folk ballads and fiddling, while Zydeco evolved from Black Creole “lala” music, both blending in the early 20th century to create unique, dance-driven sounds centered on the accordion.

So we hope you come ready to dance and celebrate this musical tradition with us! Please visit Pamlicoarts.org for more information about the Gospel, Blues & Rockin' BBQ festival.

Caption for accompanying photo: The Unknown Tongues are guaranteed to have you on your feet to dance to their Cajun Zydeco sounds.

Tech Time with the Book Tech Mobile

SPRING CLEANING

Spring Clean Your Digital Space

Give your digital life a little spring cleaning! Join the CPRL Outreach Team for hands-on help decluttering your online space. Learn how to delete unwanted photos, free up storage, and organize your devices so everything feels fresh and manageable again. No knowledge of any tech is required! If you have any questions, contact Outreach at (252) 638-7804.

Pamlico County Library

Friday, April 10, 2:00 - 3:30 pm



LIKELY WEATHER OVER THE WEEKEND

Saturday, April 11th **83° Hi** Generally sunny despite a few afternoon clouds

Sunday, April 12th **76° Hi** Except for a few afternoon clouds, mainly sunny.



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Pamlico Community College

College's AI Fest to feature competitions, prizes and fun

by: Sandy Wall



Pamlico Community College's inaugural AI Fest will give area residents and businesses the opportunity to see how Artificial Intelligence (AI) can change the way they work, create, share, and live in the years to come.

It also will give attendees a chance to win some great prizes, too!

The college's AI Fest is set for Thursday, April 16, at PCC's Grantsboro campus. The free event, which is scheduled to run from noon to 6:45 p.m., will feature workshops, panel discussions, and demonstrations of AI's capabilities.

Food trucks and live entertainment will be on site, and there will be interesting displays of AI-enhanced art, music, video, writing, and innovation projects created by high school students for participants to see and hear.

And there will be prizes! Pamlico President Zac Schnell, who conceived the AI Fest as a way to show the community all the possibilities the emerging technology offers, said the event's Awards Ceremony will include multiple opportunities for attendees to take home great door prizes.

"Not only are we going to award \$200 for the student winners in each of our competitions, we're also going to offer those who stick around for the ceremony a chance to win great prizes, which are valued from \$50 to \$600," he said. "This day is going to be all about the community. We're going to have some fun while learning and interacting with new technological capabilities."

Also at the ceremony, the college will honor the high school that wins the overall competition.

PCC Director of Admissions/Recruiter Shellie Saxby, who has led a campus committee that's organizing the event, said AI Fest promises to be a fun, engaging, and informative event.

"We are excited to have the first-ever AI Fest at Pamlico Community College," she said. "This free community event is the perfect opportunity to

explore the world of Artificial Intelligence and enjoy a fun day on campus. Come learn, discover, and experience all that AI has to offer. We can't wait to see you there!

For more information about AI Fest, including a schedule of activities, please visit www.pcciaifest.com or contact Shellie Saxby at 252-249-1851, ext. 3025, or ssaxby@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.

Dawson Creek Bridge to Close Mid-July

by: Hiram Lupton

The long anticipated, or perhaps dreaded, closure of the Dawson Creek Bridge on Janiero Road will begin on or about July 16 and be closed for approximately a year while a new bridge is built on the same site.



**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Allen Propst
Owner/Broker/GRI

Here's what one of Allen's customers had to say...

Allen assisted us in finding the house that met ALL our needs. He responded IMMEDIATELY to every text message with a phone call. Allen negotiated vigorously on our behalf. We have bought and sold homes in 5 different states. Our buying experience with Allen far surpassed any other.

Susan, Oriental



NEW BERN – Fairwinds 2BR/2BA Condo in Fairfield Harbor. Open floor plan, screened deck and open deck, roof replaced last year. Community boat dock, pool, golf course, and restaurant.
OFFERED AT \$202,000



ORIENTAL – 3BR/2BA on 0.72 acres 2 miles outside of town surrounded by farm fields and mature pecan, hardwood, and pine trees. Beautifully renovated coastal cottage offers peaceful country living. Recent renovations include a new kitchen with updated appliances, new flooring, updated bathrooms, new HVAC system.
OFFERED AT \$289,000



ORIENTAL – Spectacular waterfront views of Smith & Green Creeks from first floor unit at Oriental West Condos. B-7 is a 2BR/2BA unit w/ a 40' x 16' boat slip w/5' controlling water depth.
OFFERED AT \$339,000



ORIENTAL – 4,000 hsf commercial, fully-insulated. Covered porch opens to reception, conference room & 2 offices. Santos Mahogany flooring in admin areas, tiled floor powder room, Kohler toilets, Delta lavatory faucets, full bath features Kohler shower. Carrier 2.5 ton heat pump for office area, 2 5-ton HVAC systems for warehouse. Attic, 208 3-Phase 200 amp elec system. Ingersole Rand 200 PSI air compressor. Fabrication equipment does not convey.
OFFERED AT \$ 499,900



ORIENTAL – Waterfront 3BR/2BA w/private dock on .55 acre lot in Buccaneer Bay subdivision. Back deck, ideal for outdoor dining, entertaining, or simply enjoying the coastal breeze and scenic surroundings.
OFFERED AT \$525,000



MERRITT – Waterfront 3BR/2BA with deep water deeded boat slip on Ball Creek. Wide water views, 2.27 acres, 1,919 sf, metal roof, zoned HVAC, & LP Smartside exterior for rot-resistant long-life durability. Gas log fireplace in living room, & Widow's Walk with views of the Pamlico Sound.
OFFERED AT \$ 625,000

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014

Or contact Allen Propst
252-671-4644

704 Broad St, PO Box 750, Oriental, NC 28571



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APRIL 15TH
9-11AM
PAMLICO COUNTY LIBRARY

AI for Small Business
Operations



APRIL 16TH
1-2PM
PAMLICO CC MAIN CAMPUS

AI for Marketing



APRIL 16TH
2-3 PM
PAMLICO CC MAIN CAMPUS

AI for Grant Writing



APRIL 16TH
3-4 PM
PAMLICO CC MAIN CAMPUS

Farm-Starter and
Agribusiness Workshop



APRIL 25^H
10AM -2PM
PAMLICO SMALL BUS. CENTER



**REGISTER AT
WWW.PAMLICOSBC.COM**

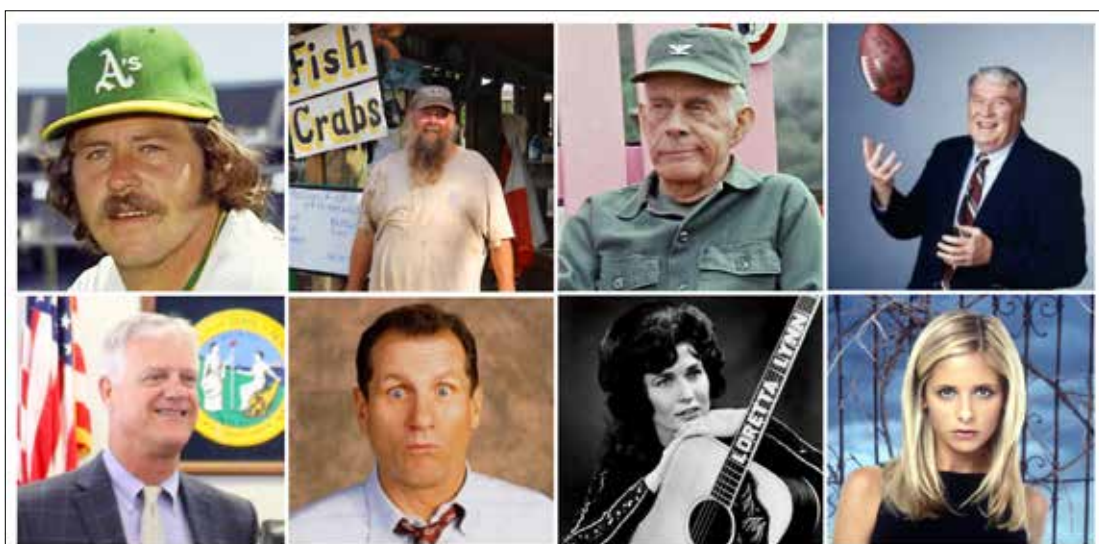
THIS WEEK IN HISTORY

by: Hiram Lupton

- April 8th – 1789, The U.S. House of Representatives met for the first time. They almost immediately took a break and went on recess without doing anything.
- April 9th – Today is National Former POW Recognition Day
- April 10th – Today is National Farm Animals Day. Pigs, Cows, and Sheep get the day off. Llamas and chickens too.
- April 11th – Today is National Pet Day. Pet your pet.
- April 12th – Today is National Grilled Cheese Sandwich Day.
- April 13th – 1782, Washington, NC was incorporated becoming the first town to be named for George Washington.
- April 14th – Today is National Dolphin Day. I think I'll watch an episode of Flipper.

BIRTHDAYS THIS WEEK

- April 8th – 1946, Baseball Hall-of-Famer Jim "Catfish" Hunter (in Hertford, NC)
- April 9th – 1977, Commercial Fisherman Keith Bruno
- April 10th – 1915, Actor Harry Bratsberg (Harry Morgan)
- April 10th – 1936, Football Hall-of-Famer John Madden
- April 11th – 1977, Pamlico County Clerk of Superior Court Steven Hollowell
- April 12th – 1946, Actor Ed O'Neill
- April 14th – 1935, Singer Loretta Lynn
- April 14th – 1977, Actress Sarah Michelle Gellar



Join us this April for our annual Poetry Contest! This year's theme is Words in Bloom - celebrating the beauty and power of nature. The contest is completely free - no entry fees! Submissions will be accepted from April 1-30 at any CPRL branch or by using the online form below.

Contest Rules:

Step 1: Draw a set of five random words at your CPRL branch or generate them online by clicking here. (Keep these handy for your entry form!)

Step 2: Write a poem with the theme of nature, using your 5 words anywhere in the poem. Any poetry style is accepted, 40 lines maximum.

Step 3: Fill out an entry form from your local CPRL branch or online, and submit your poem!

Age Categories:

- Children: Up to 12 years old
- Teen: 13 to 18 years old
- Adult: 19 years and up

Prizes (in each age category):

- 1st place: \$35.00 Amazon Gift Card
- 2nd place: \$25.00 Amazon Gift Card
- 3rd place: \$15.00 Amazon Gift Card

Judging:

Contest entries will be judged on poetic technique, thematic effectiveness, style and creativity. Winners will be announced by Monday, May 11. Gift cards will be awarded after prizes are announced on our website and social media.

Full Contest Rules:

No entry fees required. You must have an active Craven-Pamlico Regional Library card. Only one poem per person. Maximum of 40 lines per poem. Entries will be accepted from April 1 to April 30, 2026, at any CPRL library branch or online at www.mycprl.org/poetry-contest. Contest entries are judged based on poetic technique, thematic effectiveness, style, and creativity. Poem may be written in any poetic style and on any subject, but must include your 5 random words. The poem in its entirety must be an original work by the person entering the contest. Entry into this contest is consent to publish your poem on our website and social media with full name credit. Poems containing language that is vulgar, offensive, or wholly inappropriate will not be accepted. Gift cards will be available to the winners after judging of poems and the winners are posted on our website. All prizes sponsored by Peggi Carman. Winners will be announced by Monday, May 11.

COMMUNITY

INN at Pamlico Receives Rotary Donation

by: Hiram Lupton

Monday evening, prior to their regular meeting, the Rotary Club of Oriental presented a donation of \$4,500 to the INN at Pamlico. The INN at Pamlico initiative seeks to construct a transitional facility to help formerly incarcerated women reenter society through housing, resources, and employment. This donation will be put to good use in helping to obtain the necessary sewer installation, laying the groundwork for the eventual construction of the facility.

IPD1 – (L to R); Lorraine Yaeger of the INN at Pamlico, Bonita Simmons of Tried by Fire, Carol DeMoranville, President of the Rotary Club of Oriental, and Bill Craven, Secretary/Treasurer of the Rotary Club of Oriental.



THANK YOU

The Ragan family would like to extend our gratitude and thanks to all of the friends and family that have supported us during our time of sorrow. Jimmy/Dad would have loved to be here to see the community he cared so much for come together and support his family. It was this quality of small community life and spirit which brought him back here and kept him here. Your love, kind thoughts and prayers were greatly appreciated.

Respectfully,
Marilyn, Renee and Jamie

Did you know?

Extracurricular activities can help students be more well-rounded and present opportunities to make friends and beef up college applications. Extracurricular activities are associated with a range of positive outcomes for students, including improved academic performance, higher academic aspirations, greater self-esteem, better social skills, and reduced incidences of risky behaviors. The U.S. Census Bureau indicates children are now participating in more extracurricular activities than they did in previous decades. A 2014 study from researchers at the University of Florida asked more than 13,000 tenth graders from a wide range of backgrounds about extracurricular activity participation. Teens who participated in the study indicated they engaged in two to three extracurriculars and spent about five hours per week on them. Those participation rates may seem low to modern students, many of whom may be driven by a desire to be admitted to notable universities. A 2025 study from Pioneer Academics indicated students who participated in four extracurricular activities had 30 percent admission rates at elite universities, while admission rates among applicants with two extracurricular activities was 15 percent. That higher admission rate is notable, but parents and students should note findings from the University of Florida regarding moderate involvement in activities and the benefits of such participation on students. At very high levels of involvement, which amounted to more than 14 hours a week, teens' academic well-being declined. The Urban Institute says 83 percent of children age six to 17 participate in at least one extracurricular activity. Rates of participation may be growing, but families should be sure that there is balance so students are not overwhelmed.



Concerned about your drinking?

You are not alone, there is help available!

Come join others who have found a Solution!

Alcoholics Anonymous: New Bern Hotline (252) 349-0898

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday *7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)

<https://aaeasternnc.org/> <https://aanorthcarolina.org/> <https://www.aa.org/>

The Pamlico News

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Hope Regala 2026 Weekend

Two Nights, One Mission...Growing Hope
River Dunes Harbor Club Front Lawn, Oriental NC

Tickets \$85 per person

Purchase tickets at www.hoperegala.com or call (252) 745-5760

BBQ & LIVE MUSIC
Friday, May 8th at 6pm
BBQ by Brinson and Hodges
Meal provided and hosted by
Reelsboro Methodist Church
Music by Southern Hellcats
Basket and 50/50 raffles

Hope Regala Event
Saturday, May 9th at 5:30pm
Dinner catered by the Flame
Open Bar
Live & Silent Auctions
Music & Dancing by BTA Entertainment
\$10K Golden Ticket Raffle

The Hope Regala provides nearly one-third of Hope Clinic's annual operating budget, making this weekend critical to sustaining care for our community. For more info, visit www.hopeclinic.net.

FINANCIAL FOCUS

Risks threatening Gen Z's retirement — and how to tackle them



Dan M. Roberts

While older generations worry about having enough money for retirement, many Gen Z workers aren't even starting to save. Research in 2025 by Edward Jones and Morning Consult shows that nearly half haven't begun setting money aside for their golden years, and only 22% are contributing to a workplace retirement plan.

The culprit is a perfect storm of financial pressures that can make saving for the future feel impossible.

One of the biggest challenges this generation faces is debt. High-interest credit card balances and persistent student loan payments leave many feeling they're just trying to stay afloat, rather than planning decades ahead.

The cost of living doesn't help either. Nearly 60% of Gen Z renters are considered "rent-burdened," spending more than 30% of their pre-tax income on rent, according to a StreetEasy analysis of U.S. Census Bureau data. Rising prices driven by inflation and tariffs squeeze budgets further, moving retirement savings down the priority list.

The nature of work has also changed. Gen Z is more likely than previous generations to hold gig jobs, contract positions or other flexible work arrangements that often don't include employer retirement plans, according to Pew Research. Even when plans are available, only 22% participate. Feeling overwhelmed by jargon, confused by investment choices or focusing only on today's experiences and technology can all delay participation. These early gaps may lead to catch-up needs later in life.

Unfortunately, Gen Z has little faith in the retirement safety net. Only about a third of Gen Z-ers say they believe Social Security will still exist when they retire, according to the latest information from the CATO Institute.

Fortunately, there are steps Gen Z can take now to get their retirement savings off to a good start:

- **Start small:** Even a few dollars per paycheck builds a savings habit and gets compounding interest working in their favor. Early momentum matters more than starting big.
- **Let compounding do its work:** Small, consistent contributions can grow dramatically over time, especially when they have decades to accumulate.
- **Use a workplace retirement account:** For anyone with access to a plan, enroll and contribute at least enough to receive any employer match. It's one of the few forms of "free money" available.
- **Open an IRA:** If no plan is available through work, take charge by opening an individual retirement account (IRA).
- **Simplify investing:** If the choices feel confusing, consider options such as a target date fund, which reduces complexity and helps keep you properly invested without needing expert advice.
- **Use found money:** Direct tax refunds, bonuses or gig income into retirement savings to boost progress without straining the monthly budget.
- **Automate contributions:** Automatic transfers make saving effortless. Review this annually and increase contributions as income grows.
- **Build confidence:** If investing feels overwhelming, look for quick financial education resources from an employer, plan provider or reputable nonprofit organization. Even a little knowledge can make decisions easier.

The path to retirement doesn't require perfection — just progress. Building consistency early helps create choices, security and financial breathing room later in life.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
Edward Jones, Member SIPC*



4-H Presentations Fun and Fundamental

Kait Neeland
4-H Agent

One of the corner stones of 4-H Programming is providing youth with the opportunity to learn fundamental life skills. Life skills encompass a great deal of skills: cooking, nutrition, health, budgeting, time management, leadership, career development, and communication. Often discussing life skills because we are considering the best ways to prepare our youth for secondary education and their future careers. These conversations often revolve around involving youth in varying STEM based projects and activities. While education in STEM disciplines is important for our ever-changing industries, success cannot rely exclusively on STEM skills. What is often forgotten when preparing our youth for their future is communication.

What are Soft Skills? For that matter what are Hard Skills? Hard Skills are the cumulation of all formal education and technical training with an emphasis on Science, Technology, Engineering, Math (STEM). Soft Skills, however, are knowledge of and ability to utilize relation skills and emotional intelligence. All these soft skills are integral to a person's ability to collaborate with coworkers and to provide superior understanding to clients. Communication is ranked as the most important of several key Soft Skills. However, without the ability to communicate, in all forms, all other skills and knowledge are often underutilized.

Identifying the broad range of skills our youth need to be successful in both secondary education and in navigating their career path is a great first step; it's also important to involve youth in programs that help them learn and practice these skills. Can formal education be expected to provide all the necessary opportunities for kids to develop these important communication skills? While formal education provides some opportunities to learn well rounded communication skills, our kids can never have enough opportunities to develop these skills. Our Pamlico

County 4-H Presentation Work Group is a great way to assess kids' existing communication skills and develop new ones.

In this group, youth will be able to work on their active listening skills, extemporaneous speaking, and formal speaking. By engaging with other youth in team activities they will develop their relation abilities and effective communication. Our big project will be for each participant to research and write a presentation on a topic they are passionate about or something they want to learn more about and practice that presentation for our County Activity Day in June. We will polish those presentations and take them to District competition in June where youth can interact with many others youth ages 8 to 18 from multiple counties across NC.

NC 4-H Presentations isn't just a county program, it also expands to the district, state, and national level. The development of written and oral communication is awesome; and also allows youth to gain experience in presenting information to a panel, and answering follow up questions in an encouraging, exciting environment. Further this program offers the opportunity for youth to attend national conference in their subject matter as well as win prizes.

Our 4-H Presentation Program will be kicking off on April 18th! We are also looking forward to our spring next Chopped International! April 28th!

Registration for these programs can be found on our website. You will also need to register in 4-H online to complete your registration for any program. You can access the link on our website. If you have any questions about accessing 4-H Online or the enrollment process please give us a call and we will be happy to walk you through it. You can also sign up for our Pamlico 4-H Email list. To learn more about all 4-H programs in Pamlico County contact Kait Neeland at (252) 745-4121, or kait_neeland@ncsu.edu, or check us out online at pamlico.ces.ncsu.edu. Don't FORGET to REGISTER, spaces will fill up!!

4 careers in modern AG

Farming and ranching may be the first roles people think of when they envision jobs in agriculture. But the modern agricultural sector offers a much wider range of career paths as well. As technology, sustainability and consumer demand impacts the industry, a greater number of unique and innovative career paths have emerged and opened doors for people with a wide range of skills.

According to the United States government and industry projections, the agricultural and food sectors supported about 22.1 million jobs in 2022, and growth is expected. Those exploring agriculture as a possible career field can look to these unique roles.

Precision agriculture specialist

A precision agriculture specialist is an emerging and dynamic role in the field. These professionals apply data analytics, GPS, sensor technology, and drone usage to optimize crop yields and input use. According to data reported by Zipdo, use of digital devices, AI and other tools in farming has surged. Digital tool use has risen by roughly 50 percent in the last five years, and drone technology adoption grew by 48 percent between 2019 and 2023. Estimates suggest that precision agriculture will expand robustly through the latter half of the decade, and individuals guiding this expansion will be in demand.

Sustainability consultants

Agriculture sustainability consultants also are important to modern farming. These professionals are responsible for advising farms and agribusinesses on eco-friendly practices. These may include



soil conservation, water management, carbon sequestration, and regenerative agriculture. In addition, animal welfare and livestock technology specialists improve animal health and support ethical and sustainable farming practices. The Bureau of Labor Statistics says agriculture and food scientists working in science and sustainability are projected to see employment opportunities grow by about 6 percent between 2024 and 2034, which is faster than the average for all U.S. occupations.

Digital marketing

Careers in digital marketing and agricultural communications also are gaining traction, with consumers increasingly being interested in where their food comes from. Agricultural businesses need storytellers, social media managers and content creators to share engaging and transparent narratives about the innovative efforts taking place on their farms.

Agricultural entrepreneurs

Entrepreneurs, known as "agripreneurs" within the industry, are the go-getters who are helping to redefine the agricultural sector. These people develop plant-based products or ag-tech startups, combining creativity with agricultural knowledge and business development. The U.S. Chamber of Commerce says the agriculture and food industries contributed \$1.53 trillion to the U.S. economy in 2023, and agripreneurs are a rising part of that equation who are fueling innovation.

Careers in agriculture are diverse and profitable. There are many paths individuals can take to contribute to this vital industry.

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Health & Wellness

What is Parkinson's disease?



Who hasn't tapped fingers on a desk with anxiety or shook a leg under a table awaiting some sort of news? These motor impulses may seem involuntary, but they largely are under the control of the individual. For a portion of the population, fidgeting and tremors are out of their control, and are hallmarks of a movement disorder called Parkinson's disease.

The Parkinson's Foundation says Parkinson's disease (PD) affects 10 million people worldwide. PD is a progressive neurodegenerative disorder that predominantly affects the dopamine-producing neurons in an area of the brain called the substantia nigra.

Since PD affects the nervous system, various parts of the body controlled by nerves can be impacted by the disease. Symptoms often start slowly and may be virtually undetectable to the average person. The Mayo Clinic says the first symptoms may be a barely noticeable tremor in just one hand. Stiffness or slowing of movement also can be an early marker of the disease. Some people with PD may begin to have expressionless faces and speech may become soft or slurred. Symptoms worsen as the condition progresses.

The National Institute of Neurological Disorders and Stroke identify these four primary symptoms of PD, though it should be noted that everyone experiences symptoms differently.

- **Tremor:** Shaking often begins in a hand, although a foot or the jaw may be first affected. One tremor characteristic of PD is a rhythmic back-and-forth motion that may involve the thumb and forefinger and appear as "pill rolling." It is most obvious when the hand is at rest.

- **Rigidity:** Muscle stiffness and resistance to movement affects many people with PD. The muscles remain constantly tense and contracted so that a person aches or feels stiff. This rigidity can become obvious when another person tries to move the individual's

arm, which will only move in short, jerky movements known as "cogwheel."

- **Bradykinesia:** This is a slowing down of spontaneous and automatic movement. Activities that were once easily performed now take much longer. There often is a decrease in facial expression, called "masked face." A person with PD may not move his or her arms while walking.

- **Postural instability:** This impaired balance and change in posture can increase the risk of falls. Postural instability also may affect walking gait. Someone with PD may appear to be shuffling.

The cause of PD remains unknown. Scientists believe a combination of genetic and environmental factors are at the root of the disease. There is no cure for PD, although there are treatment options that may help alleviate some symptoms. Currently there is no treatment to slow the progression of PD.

The Mayo Clinic says changes occur in the brains of people with PD. Notably there is the presence of clumps of substances called Lewy bodies. These Lewy bodies often show a widespread protein called alpha-synuclein, which cells can't break down. Researchers have found alpha-synuclein in the spinal fluid of people who later develop PD.

The Parkinson's Foundation says people with PD take dopaminergic medications to replace missing dopamine in the brain. This helps to treat various symptoms. Ongoing research into PD has led researchers to find ways to identify biomarkers for PD that can lead to earlier diagnoses and more tailored treatments.

Various conditions can produce symptoms similar to PD. It is best to discuss any concerns with a doctor. A consultation with a neurologist likely will be recommended. With the right treatment and support, someone with PD can still live a quality life for years after diagnosis.



National Donate Life Month (NDLM) was established by Donate Life America and its partnering organizations in 2003. Observed in April each year, National Donate Life Month helps raise awareness about donation, encourages Americans to register as organ, eye and tissue donors and honors those who have saved lives through the gift of donation.

Leave a Legacy

During National Donate Life Month in April, we honor the people who have given the gift of life through organ, eye and tissue donation. We also celebrate the lives that have been saved and healed because of a donor's generosity.

This year's theme uses trees as a symbol of life and connection. Just like trees grow and support each other in a forest, donation connects people – donors, recipients, and their families. Like a tree that grows and stands for generations, a donor's gift leaves a lasting legacy of hope and life.

Your decision to be an organ, eye and tissue donor gives hope to the 100,000 people on the national organ transplant waiting list who are waiting for a second chance at life.

During National Donate Life Month (NDLM) and throughout the year, join us in helping save and heal lives by: registering your decision to be an organ, eye and tissue donor, learning more about living donation, and supporting the Donate Life cause.

Get out in your local community and on Facebook, Instagram, LinkedIn, and DonateLife.net to help us honor donors, recipients, and their families and caregivers. During NDLM, we will also be recognizing the clinical teams continuing their dedicated work during this time to help honor the gift of donation and save the lives of those waiting for a transplant.



Did you know?

Consumers familiar with the disparity in price between organic fruits and vegetables and conventional alternatives may be curious if that difference in price pays off with healthier foods. According to a 2014 study published in the British Journal of Nutrition, it does. Researchers behind the study concluded that the antioxidant compounds in organic fruits and vegetables deliver between 20 and 40 percent higher antioxidant activity. That's a significant benefit, as the Harvard T.H. Chan School of Public Health notes that antioxidant-rich fruits, vegetables and legumes are associated with a lower risk of various diseases, including cardiovascular diseases and cancer, and deaths from all causes. In addition, the Mayo Clinic notes that organically grown produce has traditionally had lower levels of pesticide residue than conventionally grown alternatives, though safety measures governing conventional produce and residue levels have changed in recent years and reduced that gap.

Yard of the Month: April – Lenise Kilborn, 307 Ragan Rd.

If you drive along Ragan Road in Oriental, you may notice that one mailbox has blossomed into a miniature garden. That charming touch belongs to Lenise Kilborn of 307 Ragan Rd., whose entire yard is a colorful, creative landscape full of surprises.

After fourteen years of tending, shaping, and beautifying her property, Lenise has created a space that feels both welcoming and whimsical. Brightly painted pots overflow with blooms, a blue bottle tree catches the light, and a vintage bicycle adds character among the plantings. Garden flags flutter throughout the yard, and a small “school” of painted wooden fish appears to swim along the edge of one bed — a playful detail that makes you smile as you pass.

Her plant collection is just as impressive. Among the many varieties growing in her garden are Day Lilies, Hosta, Knock Out Roses, Amaryllis, Golden Mops, Crepe Myrtles, Loropetalum, Japanese Maples, and Lantana.

For her creativity, dedication, and the joy her garden brings to the neighborhood, Lenise has been selected as the Oriental Woman’s Club Garden Program’s Yard of the Month for April.

If you see her out working in her yard, be sure to congratulate her on this well-deserved recognition.



Pamlico Vistas

vista /vis-ta/ n / : a distant view through or along an avenue or opening



Mesic Town Park Fishing Pier - Mesic

Photo by: Hiram Lupton

“I love deadlines. I like the whooshing sound they make as they fly by.” –Unknown

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INSPECTIONS

March 11, Chiquie Gregory, Oriental, new residential, \$1,415.28; Sharon Baechtle, Oriental, CAMA, \$73.04; John Findley, Oriental, CAMA, \$119.12; Jake Williamson, Arapahoe, mechanical, \$100

March 12, Pamlico County Library, Alliance, building, \$50

March 13, River Dunes, Oriental, renovations, \$200 (6); Billy Sanders, Merritt, building, \$50; Sherry Sanders, Merritt, electrical, \$50; Keith Fulchers, Merritt, electrical, \$50; Katherine Stewart, Merritt, electrical, \$50; Andrew & Holly White, Oriental, new modular, \$900.92

March 16, John Graves, Merritt, electrical, \$50; Deborah Iannitto, Arapahoe, building - misc., \$50; Bobby McLawhorn, Merritt, electrical, \$50; Darryl Swingle, Bayboro, new residential, \$2,735

March 17, Buddy Stallings, Merritt, electrical, \$50; Gerald Price, Jr., Grantsboro, building, \$62.80; Lisa Cummings/Carraway, Merritt, electrical, \$50; Steve Carey, Jr., Bayboro, building, \$330.40; Louis Davis, Arapahoe, handicap ramp, \$0

March 18, Richard & Monica Horton, Oriental, electrical, \$150; Rita Carol Volk, Bayboro, plumbing, \$50; James & Adrienne Earle, New Bern, building/renovations, \$450; Charles Banks, Arapahoe, building-porch, \$65.36; Jeff Benson, Minnesott Beach, plumbing, \$50; Renee Pender, Grantsboro, plumbing, \$50 (2); Brett/Anne Marie McMaster, Oriental, electrical, \$50

March 19, Aaron Becker, Grantsboro, building - doublewide, \$260; Tom Kennelly, Minnesott Beach, building - reno, \$102

March 20, Tom Lachman, Oriental, electrical transfer switch 200 amp, \$150

NORTH CAROLINA PAMLICO COUNTY
Notice to creditors:

All persons, firms and corporations having claims against The Estate of PHYLLIS JEAN ROBINSON deceased, of PAMLICO County, N.C., are notified to present the same to the personal representative listed below on or before June 18, 2026, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This 18th day of March, 2026.

Sandra Lee Smith – ADMINISTRATOR
C/O MARY T. SKINNER, ATTORNEY
Dunn, Pittman, Skinner & Ashton, PLLC
3230 Country Club Road
New Bern, NC 28562

March 18, 25, April 1 and 8

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF STEPHEN E. CARPENTER
File No.: 26E000047-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to BRETT A. CARPENTER, EXECUTOR on or before JUNE 16, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 18th OF MARCH 2026

ESTATE OF STEPHEN E. CARPENTER
C/O BRETT A. CARPENTER
1432 HUNTERS LANE

PROPERTY TRANSFERS

Oct. 6, Quit Claim Deed; 2.18 AC S/S NCSR 1200 (Paul Rd) Silverhill PCA 96-6; interest from Joseph Casey Gysbers to Savannah Lynn Torres/TR, The Joseph Casey Gysbers Irrevocable Trust, Joseph Casey Gysbers, \$0

Oct. 6, Quit Claim Deed; 2.18 AC S/S NCSR 1200 (Paul Rd) Silverhill PCA 96-6; Life Estate Interest from Joseph Casey Gysbers to Joseph Lynn Torres Revocable Trust, Savannah Lynn Torres

Oct. 6, Cutter Bay Lot: 14 8.91 AC PCB 13-9 PIN H042-70-14 from Cutter Bay LLC to Michael Scott McDermott, \$320

Oct. 6, Arlington Place Lot: 138 Phase 1 PCA 153-17 & PCA 172-2 from Streamline Developers, LLC to Shelby Jean Barker, \$1,070

Oct. 7, Bluffs Lot: M MB 8/85-A from Teresa Marie Edwards to Leigh Ann Woodall/TR, Tony W. Woodall/TR, Woodall Revocable Trust, \$187

Oct. PIN I08-34; 214.7 AC DB 157/484 from Cynthia C. Godwin, Deborah D. Godwin, Alan R. Williams, William T. Godwin, Jr., Debra T. Godwin to Christopher D. Hadley, Krystine L. Hadley, \$1,700

Oct. 7, PIN K031-102; One Tract Swamp Rd (NCSR 1222) & NC Hwy 304; Park Ave Bayboro from William Ollison, Terral Ollison to Mejoron Ollison, \$0

Oct. 7, PIN K05-7-14; 10.07 AC Tract 14 Exhibit A DB 276/696; PCA 51-10 from Juergen W. Miller, Pamela S. Miller to Anthony J. Doban, \$1,030

Oct. 7, 1.04 AC & 0.16 AC (1.20 AC Total) Tracts Griggs Rd & NC Hwy 307 Vandemere; NW/S Vandemere Creek; map DB 589/29 from Arthur William Watkins, Melanie Britt Watkins to Arthur William Watkins/TR, Melanie Britt Watkins/TR, Watkins Pamlico Property Trust, \$0

Oct. 8, 18/100 AC NE/S Hodges St & NW/S Academy St from David L. Mayfield, Kelli S. Mayfield to Catherine Ryan Hawley, Timothy Allan Harris, \$770

Oct. 8, Oriental West Unit: 10 Building B CB 1/33 & CB 1/59 & Boat Slip 12, PIN J082-98-B-CON-10 from Robert C. Pugh,

GREENVILLE, NC 27834

Publish MARCH 18, 25 AND APRIL 1 AND 8, 2026.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF TRELIS BRYANT MOORE
File No.: 25E001080-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to HOPE BRYANT, ADMINISTRATOR on or before JUNE 23, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR.

This 25th OF MARCH 2026

ESTATE OF TRELIS BRYANT MOORE
C/O HOPE BRYANT
PO BOX 398
ORIENTAL, NC 28571

Publish MARCH 25 AND APRIL 1, 8 AND 15, 2026.

NOTICE TO CREDITORS:

All persons, firms and corporations having claims against the Estate of Daniel Spruill Robinson aka Daniel Spruill Robinson, Sr., deceased, of Pamlico County, N.C., File No.: 26E000046 are notified to present the same to the undersigned on or before June 25, 2026, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment.

This 25th day of March 2026.

Daniel Spruill Robinson, Jr.,
Executor of the Estate of Daniel Spruill Robinson aka Daniel

LEGALS

Spruill Robinson, Sr., deceased
c/o John W. King, Jr.
King & Moss PLLC
Attorneys at Law
PO Box 1112
New Bern, NC 28563
(252) 638-1103

Run Dates
1) March 25, 2026
2) April 1, 2026
3) April 8, 2026
4) April 15, 2026

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF TIM D. WALL
File No.: 26E000043-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to ANGELA W. BOATWRIGHT, EXECUTOR on or before JUNE 30, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 1ST OF APRIL 2026

ESTATE OF TIM D. WALL
C/O ANGELA W. BOATWRIGHT
415 STOKLEY COURT
ATMORE, AL 36502

Publish APRIL 1, 8, 15 AND 22, 2026.

NOTICE TO CREDITORS NORTH CAROLINA PAMLICO COUNTY

The undersigned, Laura Alison Miller Stanbrough, having qualified on March 17, 2026, as Administratrix of the Estate of Gary Nelson Stanbrough, late of Pamlico County, does hereby notify all persons having claims against the Estate to present them

to the undersigned in care of White & Allen, P.A., 901 College Court, New Bern, North Carolina 28562, on or before July 1, 2026, or this Notice will be pleaded in bar of their recovery.

All persons indebted to the Estate are requested to make immediate payment to Laura Alison Miller Stanbrough, Administratrix, in care of White & Allen, P.A., 901 College Court, New Bern, North Carolina 28562.

This the 1st day of April, 2026.

Laura Alison Miller Stanbrough, Administratrix, of the Estate of Gary Nelson Stanbrough
WHITE & ALLEN, P.A.
901 College Court
New Bern, North Carolina 28562

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ALTON BRADFORD HOLMES
File No.: 26E000005-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JOANN HOLMES, EXECUTOR on or before JULY 7, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 8TH OF APRIL 2026

ESTATE OF ALTON BRADFORD HOLMES
C/O JOANN HOLMES
615 BENT TREE RD
ORIENTAL, NC 28571

Publish APRIL 8, 15, 22 AND 29, 2026.

REPORTS

Tracy L. Vail to Robert C. Pugh, Tracy L. Vail, \$0

Oct. 8, Sail Loft Lot: 57 Portion; MB 6/83; Map DB 217/24, PIN I092-4-57 from Corbin L. Wellford, George Ann Wellford to Sean Hawes, \$760

Oct. 9, Deed of Correction DB 745/701; Lot 111 Parcel 2 PCA 138-13, MB 2/76 & PCA 10-6 from William Joseph Phelan to Peter O'Leary, Mari-Lynn Raptis, \$0

Oct. 9, Sea Vista Windward Shores Lot: 10 Section I MB 5/34 from Joseph Mathews, Jr. to Lisa Mathews, \$0

Oct. 9, Spicers Creek Lot: 1 PCA 58-5 from Steven W. Crim, Mary C. Crim to Barbara Whitehouse, Douglas Whitehouse, \$42

Oct. 9, One Tract South Street; Map DB 506/504 from Alicia G. Celis to Caden Douglass, Kenlee J. Douglass, \$340

Oct. 9, 25E001022-680; One Tract S/S Hwy 55 Alliance MB 10/24 from Steven Ernest Harrison/EXR, Gary Spruill Harrison/EST to Steven Ernest Harrison, \$0

Oct. 9, 2.59 AC Lot 1 PCB 21-1 from Rosia H. Joyner, Rosia Lee Joyner, Rosia Joyner, Emanuel Joyner to Benjamin Franklin Stancil, III, \$16

Oct. 10, 1.75 AC Tract W/S Alfred Rd (NCSR 1215) from Mohammed Bryant-El, Mohammed Bryant El, Jimmy Bryant, Jr., Gennail B. Negron, Manuel Negron, Stephanie Edwards, Marcel B. Waddell, Laticia Bryant, Jackie Johnson, Jackie Johnson, Jr., Ora Fisher, Debra H. Shannon, Byron Shannon, Timothy House, Kym H. Torrence, Kym G. Torrence, Sandra H. Newsome, Sandra S. Newsome, Edward Newsome, Jr., James Hatchel, Anita Hatchel, Jennifer B. Campbell, Jennifer Campbell, Donovan Campbell, Shonna B. Isaacs, Shonna Isaacs, Keith Isaacs, Lisa B. Smith, Demetric Smith, William T. Beasley, III, Mary Beasley, Yvonne Beasley, Blanche B. Booker, Karisha Beasley, Karisha S. Beasley to Sandra S. Newsome, \$0

Oct. 10, 1.75 AC N/S NC Hwy 304 from Mohammed Bryant-El, Mohammed Bryant El, Jimmy Bryant, Jr., Gennail B. Negron, Manuel Negron, Stephanie Edwards, Marcel B. Waddell, Laticia Bryant, Jackie

Johnson, Jackie Johnson, Jr., Ora Fisher, Debra H. Shannon, Byron Shannon, Timothy House, Kym H. Torrence, Kym G. Torrence, Sandra H. Newsome, Sandra S. Newsome, Edward Newsome, Jr., James Hatchel, Anita Hatchel, Jennifer B. Campbell, Jennifer Campbell, Donovan Campbell, Shonna B. Isaacs, Shonna Isaacs, Keith Isaacs, Lisa B. Smith, Demetric Smith, William T. Beasley, III, Mary Beasley, Yvonne Beasley, Blanche B. Booker, Karisha Beasley, Karisha S. Beasley to Sandra S. Newsome, \$0

Oct. 10, Oriental Harbor Village Marina Boat Slip 7 Dock C CB 1/78, 1/101/1/104 & 1/135 from Aurora M. Benettirodriguez to Gregory T. Whitley, Jesse C. Tally, William L. Tally, \$54

Oct. 10, Sea Gull Villas Unit: 4 Building ACB 1/31; Map DB 232/672 from Carlos Perez, Susan Perez to Patrick Reid Connor, Ginger Proctor Connor, \$430

Oct. 10, Sea Vista, Pierce Creek Area Block: A Lot: 38 Addition III, MB 10/2 & Map DB 293/725 from June Gage Moran/TR, William E. Follendorf, Revocable Trust, William E. Follendorf to Randolph M. McKenzie, Dawn McKenzie, \$90

Oct. 10, Sail Loft Lot: 34 MB 6/83, Sail Loft Lot: 35 NE Part Map DB 254/545 from Michael James Kelley to John Robert Harvan, Susan Elizabeth Wonderly, \$662

Oct. 13, One Tract Tingle Ave & NCSR 1203 from Iris Laverne Sawyer to Lora Ann Mattocks, \$80

Oct. 13, Quitclaim Deed; PIN L05-62; 1 AC Meekins Rd Bayboro from Owen Lupton, Jr., Barbara C. Lupton to Penney Leigh Lewis, \$0

Oct. 13, Quitclaim Deed; 38/100 AC E/S Alfred Rd (SR 1213) Maribel from Carol W. Sawyer to Carol W. Sawyer, Milton Sawyer, \$0

Oct. 14, Oriental Harbor Village Marina Boat Slip 33 Dock B CB 1/78, 1/101, 1/104 & 1/135 from Lori K. Smith, Richard B. Preble to Edward Charles Lammers, \$46

Oct. 14, Lot 2-A E/S Chair Rd (NCSR 1131) Map in DB 417/873 from Shirley L. McElroy, Shirley McElroy to Shirley L. McElroy, Samuel K. McElroy, \$0

Oct. 14, PIN L021-13 & L021-14; 2 Tracts Lowland Rd PCB 12-5

from Gary Brian Slagle to Gary Brian Slagle/TR, Gary Brian Slagle Revocable Trust, Gary Brian Slagle, \$0

Oct. 14, 17,971 Sq Ft Tract A Map DB 743/842 from Bay River Capital, LLC to Eileen John, \$488

Oct. 15, Oriental Harbor Village Marina Boat Slip i16 Dock B & Und Int Common Areas CB 1/78, 1/101, 1/104 & 1/135 from Jack Wilson Boyles, III, Susan Hillard Boyles to BDS Group B16, LLC, \$0

Oct. 15, Tracts 1, 2-A & A PCA 64-8 from Tonya Burton to Cathy Ann Potter, \$0

Oct. 15, Dawson Creek Lot: 29 Phase 1 PCA 150-10, Dawson Creek Lot: 29A Phase 1 PCA 150-10 from Kristin Havdoglous to Matthew C. Howard, Darcy S. Howard, \$5

Oct. 15, One Tract N/S Norfolk-Southern Railroad Grantsboro map in DB 222/617 from Vanessa J. Joyner, Vanessa H. Joyner to Vanessa J. Joyner, \$0

Oct. 15, Oriental Harbor Place Condominiums Unit: A-5 CC 1 Slide 9-4 & UndInt Common Elements from Keith Dean Gapen, Janet Smith Gapen to Christopher F. Weinheimer, Nancy D. Berglund, \$860

Oct. 15, Quitclaim Deed; Land Registration Book 1 page 27 & Book 181 page 54; see instrument from Reserveco, Inc. to PCS Phosphate Company, Inc., \$46,116

Oct. 15, Deed and Transfer of Registered Estate Number 9; PIN E02-4; Torrens Book 1 page 27 & 36; see instrument from Reserveco, Inc., Registered Estate Number 9, Registered Estate No. 9 to PCS Phosphate Company, Inc., \$0

Oct. 15, J.W. Cowell's China Grove Lot: 17 MB 1/128, PIN H094-64 24E000052-680 from Patricia E. Stephenson, Patricia E. Stephenson/EXR, Patricia E. Stephenson/TR, Helen G. Williams/EST, Williams Janeiro Cottage Trust, Amy William Allison, David Allison, Harvey D. Williams, Angela Williams to Datdar, LLC, \$395

Oct. 15, LL Wise 7370 Sq Ft & AC Between Tarklin Creek & Cow Pen Gut & Dawson Creek from Margaret Wellington to Thomas Tompkins, \$360

AROUND THE COUNTY

Whortonsville Reba Tiller, *Correspondent*



What a beautiful Easter morning this was but unfortunately as I write this the weather has turned and it is now raining. Even though we did not get our azaleas cut back, some have been gorgeous. There were 23 in the congregation today with new folks at Bethel. I had their names to put in my column but when I came home the wind was gusting so hard as I came up the steps and reached for the door the wind slammed the door against me, threw me down and I lost every thing I had in my hands. I will get their names as we welcome them to our community. It was with a heavy heart when I read that Judge Ragan had passed away. He

was such a great man in every way, a judge, a volunteer, a writer of plays, a husband, a family man. He was the kind of person you would want to be your next door neighbor. Today was Easter and we had our first miracle. I always have a cup of coffee when I arise in the morning, then turn on the news to see what happened during the night. The miracle was the second Colonel that was ejected from the plane when it was shot down had been rescued by us. When I heard Trump say “We Got Him” it made my day!

THOUGHT FOR THE WEEK— THANK YOU GOD. FOR THE EASTER MIRACLE!

Vandemere Sandra Snipes, *Correspondent*



Greetings from Vandemere!

We're loving the recent rain; it cleared the pollen and brought cooler temps, perfect for planting! Thanks to our generous neighbors, the Seed Library at Town Hall is full of seeds ready for gardeners of all ages. A special shoutout to Mr. Greg Simeon, who donated heirloom seeds for fruits and vegetables. I tried his cantaloupe and honeydew seeds—100% germination! There's still time to grab seeds and grow with us.

Big thanks to NC Wildlife for resealing and repainting the boat ramp parking lot—it looks phenomenal! Fishermen didn't waste a minute getting back to their favorite spots.

Our local entrepreneurs continue to shine, networking and sharing progress to make Vandemere stronger and more connected.

Meanwhile, the Commissioners and Town Planners are updating key ordinances that will soon go to public hearing, including Minimum Housing and Non-Residential Building Codes, Property Maintenance, Pest and Rodent Control, Sanitation, Illegal Dumping, Junked Vehicles and Boats, and the Condemnation of Abandoned or Dilapidated Dwellings.

Once published, the Town will begin implementing these ordinances to help maintain safety, preserve our small-town

charm, and support thoughtful growth for everyone who calls Vandemere home. Stay tuned to the Pamlico News for hearing dates—your input and participation are encouraged and appreciated.



Here's wishing everyone a week full of sunshine, gardening, and quality time with friends and family. Come see what Vandemere has to offer at www.vandemerenc.com!

Pamlico Betty Jo Rodgers, *Correspondent*



HE IS RISEN! Easter was April 5, 2026, and what a wonderful day it was. Stonewall Methodist Church had their Easter Sunrise service in the Stonewall Campground at 6:30 am followed by breakfast in the fellowship hall. The service was well attended, and all were able to see the glorious sunrise on this resurrection day. I underestimated the attendance and only printed 20 bulletins, so we passed them out to every other person so two could share each bulletin. As usual, there was more than enough food to feed everyone a hearty breakfast. It was a wonderful buffet of casseroles, grits, sausage, bacon, cheese biscuits, sweet rolls, donuts, two kinds of fruit bowls, and breakfast pies.

Worship at Stonewall began at 10:30 am with the choir singing “Up From the Grave” as their Call to Worship. Members of the congregation decorated the cross with live flowers. Secret Prayer Pals were revealed, and the 2026-2050 Time Capsule was sealed and prayed over before placing it back into the wall for another generation to open in 2050. Micah and Jesse Rodriguez sang the duet “One Day” from the previous week's cantata. Beth Wood shared a special message with the children using play doh and a plastic egg to show

how the empty egg could roll over, but the one with play doh in it could not be knocked over. She explained that when they have Jesus in them, they too can stand strong. The message “In The Tomb” revealed the importance of the folded napkin and how it emphasizes the fact that Jesus is coming back one day for his bride, the church.

Pamlico Methodist Church had their Sunrise service at 7 am, with Craig Cooper bringing the special music. They had breakfast and a wonderful worship service according to Craig and Eleanor Cooper.

This was a wonderful day in many ways. The airman who had been behind enemy lines in Iran was rescued and his first response was, “GOD IS GOOD!”

Celebrating birthdays in April are Walt Summerlin (4/7), Elsie Alexander (4/10), Noah Rodgers (4/11), Tommy Lupton (4/13), Zeffie Roberts (4/14), JoAnn Kelleher (4/16), Maria Machle (4/17), Chris Machle (4/18), Shannon Ellenberg (4/22), April Dawn Edwards (4/23), Serenity Henries (4/24), Justin Rodgers (4/28), Amy Smith (4/29) and Cynthia Delamar (4/30). Celebrating their anniversary in April are Tillie & Zeffie Roberts (4/14).

Have a blessed week. Jittery? Take Spiritual Vitamin J. “Jesus Christ the same yesterday, and today, and forever.” (Hebrews 13:8)

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PUBLIC NOTICE

TEMPORARY CHANGE OF WATER TREATMENT PROCESS

From April 15, 2026, through June 1, 2026, the Pamlico County Water Department will change its drinking water disinfectant from chloramines to chlorine. The purpose of this change, which occurs annually, is to help ensure a high level of disinfection in our community's network of water mains.

In an effort to maintain compliance with the disinfection by-product requirements of the Safe Drinking Water Act (SDWA) the Pamlico County Water System utilizes chloramination at its water treatment facilities. Chloramination is the controlled application of ammonia to chlorination, which does not react with naturally occurring organic material in the source water to form disinfection by-products currently regulated by the SDWA.

Water systems that utilize chloramination must periodically return to the free chlorine process. This change provides additional assurance that the proper disinfection of water in the system is maintained.

Most customers probably will not detect the difference; however, those with a keen sense of taste or smell may detect a slight chlorine odor in the water during this period. This would be due to the presence of residual chlorine rather than odorless residual chloramines.



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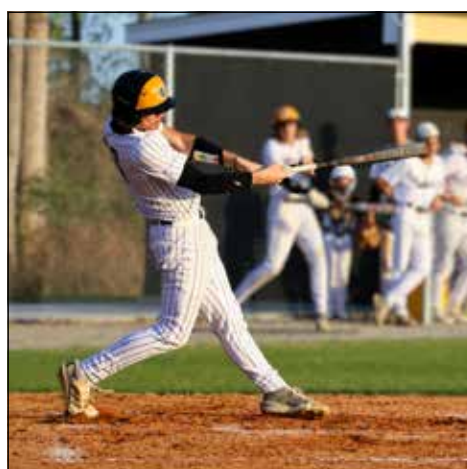
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Hurricane Baseball

Pamlico Finishes Strong in Grainger Stadium Visit

by: Hiram Lupton

It was a mixed bag of losses and a win for the Pamlico County High School baseball team last week. On Wednesday the Hurricanes hosted the Chargers of Ayden-Grifton and after Pamlico scored a run in their half of the first, things settled down in a pitchers duel with neither team able to break through either team's starters, Pamlico's Ayden Broughton and AG's Slater Persinger. That changed in the sixth inning as a couple of misplays by the Pamlico defense snowballed into four Charger runs. They added three more in the seventh but there was no quit in Pamlico. Ross McLamb smacked a bases loaded double to the fence scoring two runs, but the final runner was called out by the home plate umpire attempting to score, ending the game with a 7-4 Charger win. On Thursday Pamlico headed north to take on the Bears of Bear Grass Charter School and this game was also a close one early on as neither team crossed the plate for the first three innings before Pamlico managed to score in the top of the fourth. The Bears answered back in the fifth with four runs and while Pamlico scored five in the sixth, their lead was short lived as Bear Grass took the lead for good in their half of the inning, scoring four times and holding on for an 8-6 win. At the plate, Cam Daniels was 3 for 4 for the Hurricanes, scoring a pair of runs. Ross McLamb added a big triple and Brady Caccavaro doubled and drove in 3 runs. Finally on Saturday evening, Pamlico traveled to Kinston to play in the DBC Easter Classic Holiday tournament at historic Grainger Stadium. Pamlico played in the final game of the day against North Lenoir. Going into the seventh, the Hurricanes held a 3-1 lead, but the Hawks tied things up, forcing extra innings. In the top of the eighth with a runner on, Freshman Chase Henthorn singled driving in what would prove to be the winning run as Pamlico held on in the bottom of the eighth for a 4-3 win.



Jeremiah Mitchell at the plate for Pamlico.



Ross McLamb dives back to first after a pickoff attempt by Ayden-Grifton.

Hurricane Softball

Pamlico goes 1-1 in Saturday Holiday Tourney

by: Hiram Lupton

The Pamlico County High School Lady 'Canes traveled up to Northside High School last Saturday to participate in the Panthers holiday softball tournament. The Hurricanes opened up against Manteo and used pitching and speed to shutout the Redskins 6-0. Avery Cain was in the circle and went the distance for Pamlico, allowing only 2 hits, striking out 6, and issuing zero walks. On offense, the Hurricanes used the speed of Sarah Scott and Kyliyah Barber on the basepaths to force Manteo into seven errors. Pamlico's second game against the host school, Northside, didn't go as well. The Panthers jumped out to a 4-0 lead in the first inning and never looked back, defeating the Hurricanes 7-0. Pamlico takes a little break this week and gets back in action on the 14th, visiting East Carteret and then hosting the Mariners for a rematch on the 16th.



Sarah Scott beats the throw home to score against Manteo



Melody Armstrong at bat for the Hurricanes

Special Needs Baseball Takes the Field for Their 23rd Season

by: Hiram Lupton



It was a beautiful day at the ballpark Saturday as Special Needs Baseball (SNB) took the field for their 23rd season. Since 2003, SNB has provided Special Needs athletes of all ages, who may not otherwise have the opportunity, the chance to play some baseball. It really is not as much about the game itself, as it is about the fellowship among the athletes, caregivers, and the volunteers who assist them. The focus is not about limitations, but of the possibilities. The games are played at Creekside Park in New Bern every Saturday, weather permitting, beginning at 9:30 AM, running through May 23rd. SNB is always looking for volunteers to help, or just come out and cheer on these amazing athletes. Just by watching them play and seeing their smiles, enthusiasm, and sheer joy they have in participating, you can't help but receive a blessing. For more information on SNB and how you can be a part of it, check out their Facebook page by searching Special Needs Baseball, their website at www.specialneedsbaseball.com, or call (252) 671-6679.



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Saturday, April 11, 2026
8:00am - 11:00am
Pamlico County Courthouse Parking Lot (follow the cones/guides)

\$10.00/vaccine
\$10.00 microchipping also available
Please bring exact change - CASH ONLY

1-year and 3 year vaccine doses available
*Must have previous records to obtain 3-year vaccine

All dogs must be leashed.
All cats and ferrets must be in a carrier at all times.
Only one animal per carrier. Animals must remain in vehicles.



As a child of the 1980s, I have always been a fan of video games. The release of the Nintendo when I was about 9 years old led to months of begging my parents for the system – but it didn't arrive until a couple years later. My parents didn't have a whole lot of extra money and couldn't see the value in a gaming system in our home. As a parent today, I can certainly see where they were coming from.

While I waited for a Nintendo, I was occasionally able to go to Chuck E. Cheese for birthday parties where I could play all the games I wanted for an hour or two until my tokens ran out. Then we would watch the animatronic show, which I found (and still find) pretty creepy. If you have ever seen Five Nights at Freddy's, that movie makes my mid-80s nightmares come alive!

But, I digress. One time at a Chuck E. Cheese birthday party, just as I had spent my last token playing Skee ball, I found a \$10 bill on the floor of the arcade. After looking around to see if I could find the person who lost it, I had a choice to make. I had a lot of little jobs from a young age and was always focused on saving that money, but this money was "free." Found money was somehow different in my mind than what I earned, so I headed right for the token machine and spent it all.

Which brings me to a fundamental principle in financial matters that young me didn't understand – fungibility. It's a funny word for a powerful concept. Essentially, fungibility means that money is money. Dollars earned or dollars found are actually indistinguishable from each other and are completely interchangeable. But that's not the way most people think about money. Just like me at Chuck E. Cheese, somehow found money we can be careless with, but earned money we hold tight.

People use all sorts of expressions to justify this – one I hear all the time in the investment business is "playing with house money." This is when you make money on an investment or a bet, sell or return your original investment and keep speculating with the remaining profits. As if somehow the money you made counts differently or is valued differently, than the money you put into the investment. This is a great way to lose the profits you made. In fact, the expression itself devalues the profits you made by making you think you can be frivolous with it.

But we all know that you shouldn't be. It is obviously important to find joy in life and to spend money reasonably to support living a full life, but I encourage you to embrace the principle of fungibility. Don't waste money, no matter what the source. And save yourself some nightmares and pass on the opportunity to watch Five Nights at Freddy's!

navigating your golden years



Saving for retirement ensures people can navigate their golden years with enough money to comfortably say goodbye to working full-time. The earlier one begins to set aside savings for retirement, the more money accumulates. Mass Mutual says a saver at age 22 with a goal to retire at age 65 can achieve total savings of \$2,255,844 before taxes and inflation when putting away \$500 a month for retirement. Waiting until age 32 to start saving the same amount monthly drops the total savings down to \$972,542, while waiting until age 42 shaves it down to \$395,866. When a person starts saving at age 22, the rate of savings increases because of compounding

interest over time. The earlier a person starts, the easier it is to end up with a nest egg that can ensure a comfortable retirement. While it may be challenging to think about retirement when just starting out in a career, keeping an eye on the future with smart saving strategies can set people up for financial security later in life.

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Powerful Local Gospel Group
- Unknown Tongues**
Cajun-Zydeco Dance Band
- Bob Tyson Band**
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Easter Celebration!



ACS staff members spread joy this season by “adopting” senior students for a special Easter celebration, organizing a fun-filled scavenger hunt and egg hunt that ended with smiles and sweet treats for all.

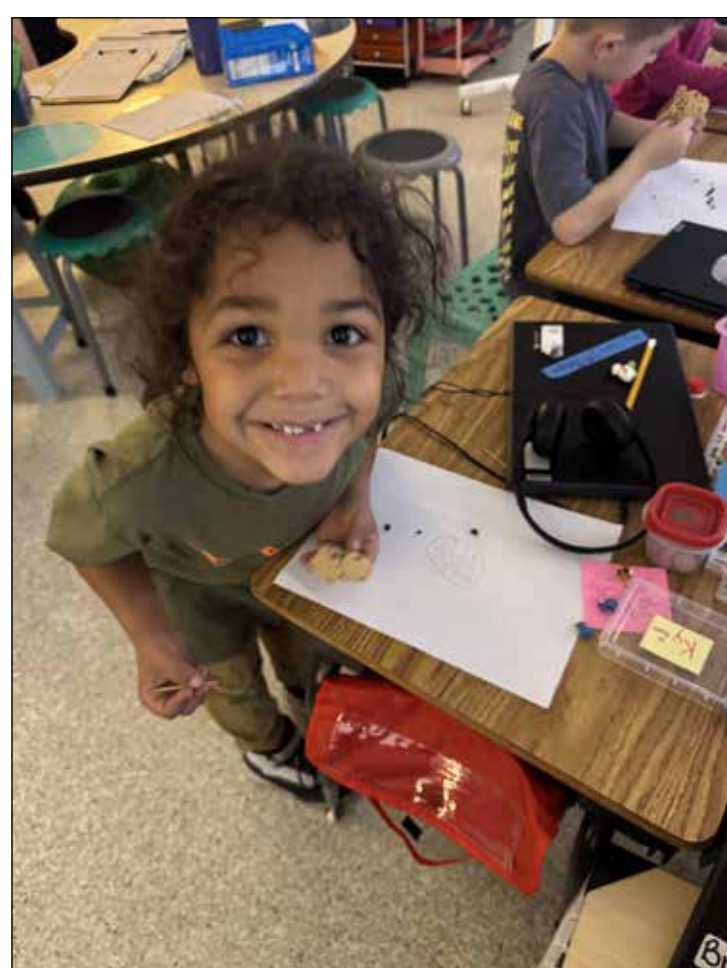
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COLONIAL LIFE



ACS kindergartners stepped back in time as they welcomed Mrs Myra Jane Price for a special weaving demonstration, bringing their CKLA lessons on colonial towns and tradespeople to life through hands-on learning.



First grade students have been digging into learning as young geologists and paleontologists, bringing their CKLA History of the Earth unit to life through hands-on exploration and discovery.

BABY CHICKS!



Mrs. Rattler’s 2nd grade class brought their CKLA life cycle unit to life by incubating and hatching their very own baby chicks! Students experienced each stage firsthand, watching in amazement as new life emerged right before their eyes, an unforgettable, hands-on learning moment.

Europa, one of Jupiter’s moons, has saltwater geysers that are 20x taller than Mt. Everest.

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COASTAL LIVING

Is a sunroom right for you?

There is no denying the appeal of a sunroom. Sunrooms bring more of the outdoors inside by bridging the gap between home and yard. Demand is shifting, with more than 61 percent of homeowners now preferring four-season insulated rooms for year-round use, according to Market Reports World. A sunroom has the potential to offer a roughly 50 percent return on investment and can cost anywhere from \$22,000 to \$72,000 on average.

A sunroom addition is a significant investment and a decision not to take lightly, as it changes both the interior floor plan and backyard space. To decide if a sunroom really is a worthwhile endeavor, it's important for homeowners to consider the footprint of their homes/yards, how they plan to use the space, and the amount of sun the home receives.

HOME FOOTPRINT

Professionals with the National Association of Realtors say that a sunroom should not consume more than 30 percent of the remaining backyard and urge homeowners to avoid over-developing a lot. If installing a sunroom will leave a homeowner with only a small patch of yard afterwards, the result can feel heavy and unbalanced. It also won't match the neighborhood. Another consideration is the local zoning ordinances where a person lives. The City of Los Angeles, for example, warns that most towns require a setback between the sunroom structure and the property line. It's also important to look at the home's roof and whether or not the sunroom will fall right under the eaves or if it will require an expensive tie-in to the existing roof.

UTILITY

It is vital that homeowners determine how they will use the space and when. This will dictate the type of sunroom that should be built. A three-season room is typically uninsulated with only single-pane glass. This is ideal if someone is looking for a screened-in retreat without all of the bugs and a little weather protection. Four-season rooms are fully insulated and tie into a home's HVAC system. This space will be functional all year long, but it is a more expensive undertaking as well.

LIGHT EVALUATION

The purpose of a sunroom is to benefit from the sun. The value of the space will depend entirely on which way the room faces. North-facing sunrooms have



soft light with minimal heat or glare that likely can be used all day. Morning people can appreciate an east-facing sunroom while drinking coffee or reading, and the space will cool down in the afternoon. South-facing rooms will be bright most of the day and may need high-end HVAC hookups or shades to stay comfortable, even in cooler months. West-facing sunrooms are great for watching sunsets, but the hot afternoon sun must be considered. UV-rated glass to prevent floor fading and even sunburn likely will be needed.

It is important to work with a company that specializes in sunrooms. Such firms are experienced in helping homeowners design and ultimately build these spaces to avoid common pitfalls, advises Champion, a window, sunroom and home exterior company. In general, a sunroom is not a DIY project since it typically involves a major structural change. It can be a viable addition to a home when built correctly to remain durable through every season.

Turn your yard into a vacation-worthy oasis

Warm weather means more time to relax outdoors. For those homeowners lucky enough to have entertaining spaces outside, spring and summer provides plenty of opportunities to enjoy fresh air under the sun or stars.

Over the last few years, families have become especially familiar with what works about their yards and where there is room for improvement. Pandemic-related travel restrictions and early stay-at-home mandates resulted in plenty of time spent in backyards on staycations. Even though many such restrictions have been lifted, homeowners may have seen the benefits of having functional respites right outside their doors.

A backyard renovation can cost anywhere from \$5,000 to \$50,000. The American Society of Landscape Architects suggests homeowners budget the cost of a major landscaping project at between 5 and 10 percent of their home's value. Large or small, here are ways to make an outdoor oasis at home.

CREATE LIVING PRIVACY

Living in close proximity to neighbors may make privacy harder to come by. Wood or vinyl fences, however effective, may not provide the all-natural look many people desire. Vertical gardening, which trains easy-care vines like English ivy, Clematis or various climbing roses to grow on trellis or fencing adds greenery and privacy. Hedges and fast-growing shrubs also can be used for natural barriers.

INSTALL A POOL

Pools are the ultimate spots to cool off on hot days. An elaborately shaped inground pool can blend in with the landscape and offer the ultimate hang-out zone. However, above-ground pools also serve the purpose and are more budget-friendly. Stock tank pools are popular among those who want minimal pool expenditure or have small spaces to work with. Stock tanks are metal vessels traditionally used as watering holes for livestock. They also can be "adult kiddie pools" when combined with some plumbing. Galvanized steel frames make them sturdy.



With floats and other accessories, they can become the perfect oasis.

PROVIDE OUTDOOR ATMOSPHERE

Create a bespoke bistro vibe by using freestanding planters and posts along with hanging lights to make an intimate outdoor hangout spot at night. For those with permanent structures, like a deck or a gazebo, lights can be strung across the area or on railings or edging.

EXTEND THE LIVING SPACE

Decks and patios can help make outdoor entertaining areas more comfortable by eliminating the need to sit on the grass or gravel. Plus, they add another "room" to the home. When paired with weatherproof patio furniture, such as sofas, loungers and tables, a private seating area can be crafted and utilized for any number of entertaining desires.

HANG A HAMMOCK

Few things evoke feelings of relaxation better than a hammock. Fitted between two trees (or two posts if trees are sparse), a hammock is an ideal place to grab a nap or read a book.

Additional oasis-inspired ideas include outdoor kitchens, letting up lanterns, cascading water features, and bird feeders to attract the sounds of nature.

Did you know?

A well-manicured lawn appeals to homeowners when they look out their windows. But such a view also can look nice when homeowners peruse their bank statements after selling a property. According to the "2023 Remodeling Impact Report: Outdoor Features" from the National Association of Realtors®, standard lawn care service yields an estimated cost recovery of 217 percent. Landscape maintenance, with an estimated cost recovery of 104 percent, and an overall landscape upgrade (100 percent) also yield great returns for homeowners. The NAR® report also noted the effects of such projects related to homeowners' desire to spend time on their property. Among homeowners who participated in the NAR® report and committed to standard lawn care service, 58 percent indicated they had a greater desire to be at home since completing the project, while 46 percent indicated they have an increased sense of enjoyment when spending time at home.



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What's a Float Plan

Why should you take the time to prepare a float plan? The answer is simple... there are just too many facts that need to be accurately remembered and ultimately conveyed in an emergency situation. Without a float plan you are counting on someone else, a friend, neighbor, or family member to remember detailed information that rescue personnel need in order to find you. Information that can make a difference in the outcome.



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- Hunters
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- Water skiers
- Family day cruisers
- Private charter boat services
- Canoeists
- Rowers
- Rafters
- Sail boaters
- Power boaters
- Stand up paddlers

Typically, the Boat Operator of the vessel is the individual who prepares the Float Plan. However, all persons onboard should be aware of the importance of letting someone know where you are going and when you will be back. Don't be afraid to ask the operator if they have left a float plan with a reliable person.

It is recommended that you include a photo of your vessel with your float plan.

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Oriental In-Water Boat Show

Nautical Flea Market

Oriental Marina & Inn

This club stands as a beacon of service and community spirit. Established in 1951 in the Whitehurst Hotel, it has grown from a small group of twenty chartered members to a vibrant community of leaders committed to making a difference. "Captain Bill Mason" was our first president and active in our club until he passed away in 2001.

The founding members of the Rotary Club of Oriental embarked on their journey with a clear vision: to foster camaraderie among professionals and leaders and to leverage their skills and resources for the betterment of the community. Over the years, the club has become synonymous with initiatives that span the various facets of community life, ranging from education and health to environmental conservation and disaster relief.

While the club has made significant financial contributions to non-profits both locally and across the globe, the group also volunteers their time and expertise for a variety of efforts including building houses for Habitat for Humanity in Pamlico County, repairing homes impacted by Hurricane Florence, and delivering food to home-bound Food Bank recipients.

Today, the Rotary Club of Oriental continues its legacy of service with unwavering dedication. Its members, diverse in their professions yet united in their purpose, embody the Rotary motto, "Service Above Self." Through their various programs and initiatives, they continue to touch lives and build a stronger, more cohesive community.

As the club looks towards the future, it remains committed to identifying and addressing the evolving needs of Oriental and Pamlico County. With a focus on youth development, sustainable projects, and international partnerships, the Rotary Club of Oriental is poised to continue its journey of making a lasting impact in the lives of many.

The Oriental In-Water Boat Show

The Oriental In-Water Boat Show is produced by the Rotary Club of Oriental and is the primary

fundraising activity of the club. 100% of the profits from this event go towards supporting its programs and initiatives.

In the last four years the Rotary Club of Oriental has contributed more than \$500,000 to the organizations and initiatives below:

- College scholarships for Pamlico County students
- Pamlico Community College tuition awards
- Grants to top 10 graduating high school seniors in Pamlico County
- Dictionaries for all Pamlico County 3rd graders
- Gaga pits for Heartworks and Fred Anderson Elementary School
- Sound system for Fred Anderson Elementary
- Diapers for Pamlico Children
- Friends of Pamlico County Library
- Hospice of Pamlico
- Hope Clinic
- Girls on the Run
- Coins for Alzheimer's Research (CARTS)
- Heartworks
- Neuse Neighbors
- Pamlico County Fishes and Loaves
- Ukrainian Relief
- End Polio
- YNTO (Youth Navigating Toward Opportunity)
- Oriental History Museum

Rotary International Foundation

This year is the 16th Annual Oriental In-Water Boat Show. The club is grateful to our past member, Sam Myers, for leading the efforts to produce the show in its early years. This year club members started planning the event in September with a dedicated committee of about ten people led by our intrepid and hard-working co-chairs, John Barlow and Sally Belangia. On the week of the show it's 'all hands on deck' for the club to make this production successful and support its charitable efforts.

We hope you enjoy the boats, exhibitors, presenters, and camaraderie of the show. Your attendance is greatly appreciated and helps us continue to make a positive impact on those in need in our local community and the world.

Hobbies that suit a summertime vibe

Summer is the season of R&R. When the mercury rises, who can resist a backyard hammock or the sound of waves lapping against a picturesque shoreline?

The relaxing nature of summer makes it the perfect season to revisit old hobbies or pick up new ones. Hobbies can run the gamut from the complex to the simple, but when choosing a habit to pick up this summer, individuals may want to look to these somewhat relaxing endeavors that are tailor-made for warm days and nights.

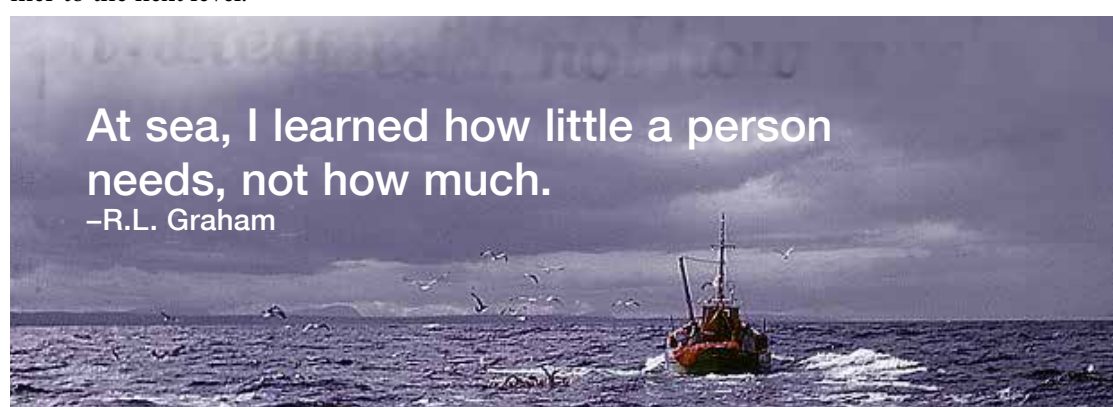
- **Reading:** Individuals who have long wanted to read more should know that they're not alone. A 2019 survey commissioned by the reading subscription service Scribd and conducted by The Harris Poll found that 35 percent of respondents wished they could read more. Finding time to read more may be difficult during spring, summer and fall, when parents must contend with their own hectic schedules as well as their children's. Even individuals without children or empty nesters may find it difficult to carve out time to read in a typical day. But people who aspire to read more can take a book to the beach or out on the deck on a warm afternoon or evening. Leave the smartphone inside so you can relax and read distraction-free.

- **Gardening:** Gardening is another hobby that coordinates well with a summertime vibe. Gardening gets people outdoors, giving them a chance to soak up some summer sun and engage in an activity that's rewarding but not too physically demanding. One of the biggest attractions of gardening is that it can be enjoyed by people of all ages. That makes it an ideal hobby for busy families to enjoy together when their schedules slow down in the summer. It's also a great way for adults to spend quality time with aging parents.

- **Photography:** Summer seascapes and landscapes are awe-inspiring, making this an ideal time of year to take up photography. Novices can begin by utilizing their smartphone cameras to take snapshots of local landscapes. Once the skill of pointing and clicking has been honed, amateur photogs can graduate to more expensive and precise cameras.

- **Sailing/boating:** Though it might involve a little more physical activity than reading, sailing and/or boating is an ideal summertime activity. The National Oceanic and Atmospheric Administration reports that nearly 40 percent of the United States population lives in a coastal area, making boating and sailing an accessible hobby for a significant percentage of Americans. Even those who live far away from the ocean undoubtedly live close to a river or lake. What better way to enjoy warm summer afternoons than on a boat?

The best summertime hobbies are often those that help people take the relaxing nature of summer to the next level.





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