



The Pamlico News

Wednesday, June 3, 2026

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Commissioners Receive Formal Budget Proposal

by: Hiram Lupton

After weeks of bouncing numbers back and forth amongst themselves, the County Manager, and the Finance Officer, the Pamlico County Board of Commissioners were formally presented with the County's budget proposal for the fiscal year 2026-27 at their regular monthly meeting Monday evening. With speculation about the budget and tax rates, an overflow crowd of around 50 forced the meeting to be moved from the Commissioners room to the courtroom. In his presentation, County Manager Mark Brewington stated that the budget recognizes the fact that the cost of living has gone up, not just for households. He also stated that in the past few years, the county has relied on drawing from the fund balance, also known as the "rainy day fund," to achieve a balanced budget for the year. This, as Brewington pointed out, is not sustainable and this budget takes a "meaningful step" in fiscal solvency for the county. The interest for many in attendance centered on the tax rate. The majority of the county's revenue comes from property taxes and this being a revaluation year, many residents have seen large increases in the appraised value of their property. The actual tax rate applied to that value determines the real dollars that property owners will pay in taxes. You often hear the term "revenue neutral" to describe the setting of the tax rate and it is often misunderstood. The term does not mean that someone's individual taxes will not go up. It refers to a concept that compared with the previous year's total tax collections the tax collections for the new fiscal year will be the same or "neutral." This is done by taking a projected value of all taxable property in the county and applying a new tax rate to that figure as a whole, to come up with a forecast of property tax revenue. This is often done during property revaluation years and as Brewington pointed out, represents a six-year reset plan since property values will not be revalued for another six years. The proposed budget of a little over \$29,800,000 is

Continued on Page A05

Representative Davis Visits Senior Center



The Last Walk

by: Hiram Lupton

School was not in session last Sunday afternoon, but the halls of Pamlico County High School were crowded with a sea of black and gold. Alumni, former teachers, staff and administrators came from near and far to a place that held so many memories for so many, to walk the halls one last time before the old building is demolished in the

coming weeks. Classmates from the 1950's up to just the past few years greeted one another with hugs and in some cases tears. Many families came with three and four generations of former Hurricanes to experience the last walk together. There were numerous stories told that often began with "remember the time when we were right here and..."

Soon the building will be gone, and those memories will be all that is left. There will, however, be a brand new building, and new memories created, proving once again that while structures are important, what counts are the people and relationships that are built within them. Once a 'Cane, always a 'Cane on one last walk.



Walking the halls one last time



The old gym



Signing the door



The class of 1977. The loudest and proudest.

INN at Pamlico Celebrates

by: Hiram Lupton

When you reach a milestone in a quest, it's nice to celebrate a little and that is just what the folks associated with building the INN at Pamlico did last Saturday. The INN at Pamlico initiative seeks to construct a transitional facility to help formerly incarcerated women reenter society through housing, resources, and employment. The INN is to be constructed at the corner of NC Hwy 55 and Third Street in Bayboro and the celebration centered on the lot now being cleared and ready for the next step, permitting and construction. The event was also significant in that with the lot now cleared, it could be held at the actual site where the INN will be located. There was food, kid's games, and music, as well as a bit of fund raising to get to the next milestone.



by: Hiram Lupton

June 17, 1775 – In the first major action of the war, colonial soldiers hold off British regulars in the battle of Bunker Hill. Although often called the battle of Bunker Hill, most of the fighting occurred on Breed's Hill. The British forced the continentals to withdraw but not before suffering over 1,000 dead or wounded of the 2,200 of their troops that were engaged.

June 15, 1775 – George Washington is unanimously appointed Commander in Chief of the Continental Army. He receives his commission on June 19th.

June 11, 1776 – The Second Continental Congress, meeting in Philadelphia, Pennsylvania, appointed the "Committee of Five" to begin work



June 28, 1778 – The Battle of Monmouth was fought in New Jersey and ended in a stalemate.

on a draft Declaration of Independence. The "Committee of Five" was made up of Thomas Jefferson, John Adams, Benjamin Franklin, Roger Sherman, and Robert Livingston.

June 28, 1776 – The British attempt to seize Charleston, South Carolina but are repulsed by colonial forces. They would return three years later and be successful in occupying the city.

June 14, 1777 – The Continental Congress passed an act creating the first official flag of the colonies resolving that it was to have thirteen stripes alternating between red and white and thirteen stars on a blue field representing a new constellation.

Library Pet Food Pantry

by: Hiram Lupton

The Pamlico County Public Library and the Friends of the Pamlico Library have entered into a partnership with the Pamlico Animal Welfare Society (PAWS) and 4 Paws Pamlico to provide a community collection point for pet pantry donations. "As part of the library's mission to connect people with community resources and support local partnerships, donations of pet food and supplies may be dropped off at the library's front desk," says Library manager Sidney Phibbons. "The library staff will place donations in the PAWS collection bin. PAWS will then coordinate distribution events and provide donated items to community members as donations allow and needs arise." According to Mary Hiatt of PAWS, they hope to partner with other sites throughout the county and establish similar sites at other charitable giving organizations. "We are delighted to announce the start of this pet food pantry program," says Hiatt. "People needing food or litter can either call PAWS [252-745-PAWS (7297)] anytime or meet our volunteers the second Saturday of each month at the library between 10 and 2." The library and animal welfare groups, joining forces to help the pets of Pamlico County.



Your Health Department Working for You – WIC

There is a very important program that helps provide nutritional assistance to those who are eligible that the Pamlico County Health Department wants you to take advantage of. WIC stands for Women, Infants, and Children and is a program administered through your local health department that provides nutritional support to pregnant women, new mothers, and infants and children up to age five. While financial assistance is a big part of the program, it is only one small facet of it. "Education is the top priority of the WIC program," says the Pamlico County WIC Director, Brenda Hart. "Understanding the importance of nutrition in the development of children is what we emphasize. This begins with the pregnant mom and goes through infancy and early childhood. As soon as you realize you are pregnant, you may be eligible for WIC assistance." Once a baby is delivered, breastfeeding plays a huge role in providing the nutrition it needs. "Mom's milk is best" says Hart who is also the Health Department's DBE (Designated Breastfeeding Expert). "Many new mothers may have trouble with breastfeeding at first. We can teach them some techniques that help make sure their new baby is getting the nutrition it needs to get a healthy start." WIC also can provide monetary assistance to new mothers. Unlike many cash assistance programs, WIC targets healthy foods to meet specific nutritional needs. Educating new mothers about what the best food options are and then helping them to obtain them is essential. Another aspect of WIC is providing connections to healthcare providers, immunization services and other community resources. To see if you are eligible for WIC, contact the Pamlico County Health Department at (252) 745-5111 or stop by their office and set up an appointment. They are located at 203 North Street in Bayboro, behind the courthouse. Healthy mothers to be produce healthy infants and healthy infants grow into healthy adults.

LIKELY WEATHER OVER THE WEEKEND

Saturday, June 6th **92° Hi** Partly cloudy skies.

Sunday, June 7th **90° Hi** Overcast throughout the day



Talk to us today about community-focused advertising and promotional opportunities to attract more customers to your small business!

OBITUARIES



Sue Gaskins Ireland passed peacefully on Monday, May 25, 2026, surrounded by the love of her family, just one day after celebrating her 90th birthday.

Sue was a devoted mother, grandmother, great-grandmother, aunt and faithful friend whose life reflected grace, humility, strength, and unwavering love for her family. She lived a life centered on faith and service to others, and her family was always the greatest joy and priority of her life.

Although her passing leaves an immeasurable void, her family finds comfort in knowing she lived a beautiful and meaningful life filled with faith, love, and devotion to others.

Sue was preceded in death by her husband, Jackie F. Ireland and granddaughter, Ashly Grey Wallace.

She is survived by her children, Jackie F. Ireland, Jr. (Pamela), Guy Dwayne Ireland (Paula) and Carla Ireland Spencer; grandchildren, Jaclyn E. Gardner (Bucky), Evan Dwayne Ireland (Megan), Aimee Love, David Spencer, Jr. (Kimmie), Scott Spencer (Courtnee), Jenny

Satsatin (Romeo); great-grandchildren, Jackson Wayne, Ava Elaine and Lena Grey Nolin, Anna Grace and Colin Ireland, Miles Love, Cora Kathleen and Luke Spencer, Zelda Spencer, and Tori Satsatin. She also leaves behind her sister, Lucille Hobson, many nieces and nephews, extended family members, and dear friends who will forever cherish her memory.

A celebration of Sue's life was held at Daniels-Sadler Funeral Home Chapel at noon on Friday, May 29th. Interment was private in Paul Cemetery, Arapahoe.

Visitation was held prior to the service and at other times at her home.

The family extends heartfelt gratitude to Sue's devoted caregivers and the many individuals who lovingly cared for her during her final years. Their compassion, patience, and faithful support provided comfort, dignity, and peace, and the family will remain forever grateful for the love they showed her.

In lieu of flowers, memorial contributions may be made to Hospice of Pamlico, PO Box 6, Bayboro, NC 28515.

"Her children arise and call her blessed." – Proverbs 31:28

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance, NC.



Timothy Gray Carawan, D.D.S., P.A., 74, of Grantsboro passed away peacefully on May 25, 2026, at Pruitt Health-Neuse in New Bern, NC.

Tim dedicated his life to caring for others, both through his profession and through the many ways he served his community. In 1977, he opened his dental practice, T.G. Carawan D.D.S., P.A., where he faithfully served generations of families for as long as his health allowed.

A proud graduate of UNC-Chapel Hill, Tim earned his doctorate in dentistry and remained an avid Tar Heel fan throughout his life. He was especially honored to have been the second Morehead Scholar from Pamlico County, an achievement that reflected his dedication, intelligence, and strong work ethic.

Outside of his profession, Tim found great joy in mentoring and supporting young people in his community. He loved coaching Little League baseball and assisting with high school baseball, sharing both his knowledge of the game and encouragement with countless players over the years. For more than 20 years, he also faithfully served as videographer for the Pamlico County High School football games.

Tim deeply loved the outdoors and treasured every opportunity to hunt and fish. Whether duck hunting, bird hunting, deer hunting, or

spending time on the water fishing, he was happiest surrounded by nature and the people he loved most. To his patients and the community, he was known as "Doc", and to his grandchildren, he was affectionately called "Papa Doc".

He was preceded in death by his parents, Virgil and Millie Carawan; his great-grandchild, Brooks Salter; and his beloved companion, Mickey Dog.

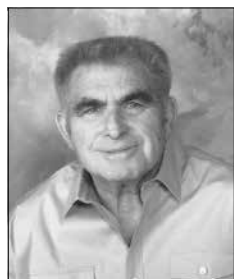
Left to cherish his memory are his children, Terri Salter (Bryan), Chris Carawan (Lauren Holly), and Brian Carawan; the mother of his children, Joy Carawan Baker; grandchildren, Bryce (Kenlee), Faith, and Brandon Salter and Kiera Carawan; great-grandchildren, Charlie and Carson Salter; and his extended work family, Patricia Varley and Debbie Arnold.

A funeral service to celebrate his life will be held at 2:00 p.m., Sunday, May 31st at Daniels-Sadler Funeral Home Chapel. Pamlico Hurricane or Tar Heel attire is encouraged. Interment will be held privately in Lee Family Cemetery. The funeral will be live-streamed on his obituary page through Daniels-Sadler Funeral Home website on the day of the service and remain there for 90 days.

The family will receive friends immediately following the service at the funeral home.

In lieu of flowers the family suggested memorial contributions be made to Pamlico County Booster Club, 601 Main St. Bayboro, NC 28515.

Arrangements by Daniels-Sadler Funeral Home and Crematory, Alliance, NC.



Charles Ashley Lane, 82 of Minnesott Beach, passed away peacefully at home on Saturday, May 30, 2026. Charles loved the Lord and was a longtime member of Arapahoe Methodist Church where

he had previously served on the church board. He was a Veteran having served 24 years in the US Navy, four of which were in Vietnam. Charles had a love for the water growing up, which led to working on a shrimp boat in his early years. In 1963 he joined the US Navy. After his retirement, he worked at Minnesott Beach Golf & Country club for many years where he appreciated being outside and close to home. He loved his country and the town of Minnesott Beach, where he had previously served on the town board. He especially loved his family, boating, gardening and nature.

Survivors include his daughters, Donna Lane Miller (Jeff), Barbara Ann Lane; Brother, Jerry Douglas Lane; sister, Laura Ann Berryhill (Kim); grandchildren, Caleb Lane Miller (Ana), Carson Ava Miller, Madison Kate Lane; great grandchildren, Luca Charles Miller, Rome Alexander Miller; and many beloved family members. His loving sister-in-law, Janet Kornegay, was a special sibling.

Charles was preceded in death by his wife, Linda Kornegay Lane; son, Charles Michael Lane (Teresa); and parents, Andrew and Rosa Lane.

A Memorial service will be held at Arapahoe Methodist Church, June 5, 2026, at 11:00 am and will be officiated by Rev. Hal Harbin. Visitation will be prior to the service at 10:30 am.

In lieu of flowers, contributions can be made to Arapahoe Methodist Church.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance, NC.

outdoors

Increasing time spent outdoors enjoying nature can positively affect mood and mental health. Generally speaking, outdoor enthusiasts tend to be happier overall. The American Psychological Association says spending time in nature is linked to both cognitive benefits and improvements in mood, mental health and emotional well-being. Both green spaces and blue (aquatic) spaces benefit overall well-being. Several years ago, the University of Derby in the United



Kingdom conducted a study titled, "The 30 Days Wild." The study encouraged people to do something wild once a day for 30 days. Participants shared that their connection to nature and doing things in nature created a significant increase in happiness and health. People who spend more time outside can experience greater self-esteem, less stress, increased memory retention, and more positive body image. Natural environments also lower activity in the rumination area of the brain, decreasing negative, repetitive thoughts. Also, those who are outside more tend to be engaging in physical activities, and exercise directly correlates to better mental health.

THIS WEEK IN HISTORY

by: Hiram Lupton

- June 3rd – Today is National Egg Day. I wonder when is National Chicken Day? That would answer a big question.
- June 4th – Today is National Cheese Day. Sharp Cheddar please.
- June 5th – Today is National Moonshine Day.
- June 6th – 1944, During World War II, The Allies invaded Normandy.
- June 7th – Today is National Cancer Survivor's Day.
- June 8th – 0793, The first Viking raid on England occurred in Northumbria.
- June 9th – 1934, Donald Duck made his first appearance in a cartoon.

BIRTHDAYS THIS WEEK

- June 4th – 1975, Actress Angelina Jolie Voight
- June 5th – 19??, Outstanding Pamlico Citizen Leslie Kellenberger
- June 6th – 1755, American Patriot and spy Nathan Hale
- June 7th – 1958, Musician Prince Rogers Nelson (Prince)
- June 7th – 19??, Mayor of Bayboro Keith Cowell
- June 8th – 19??, Master Saxophonist and Band Leader, Jim Durham
- June 9th – 1963, Actor Johnny Depp
- June 9th – 1981, Actress Natalie Hershlag (Natalie Portman)



LETTER TO THE EDITOR

Dear Editor,

I am writing as someone who deeply cares about the many people who are choosing to leave MAGA. This shift is significant and deserves thoughtful attention.

Those who are stepping away from MAGA often share profound concerns about the health of our democracy, the Rule of Law, and the Constitution—the very foundations of our nation. They are alarmed by actions and rhetoric they see as undermining these principles, and they are choosing to step back because their loyalty to our country's core values outweighs their allegiance to any one movement.

For many, leaving MAGA represents a painful but necessary decision. It is motivated by a desire to uphold truth, justice, and democratic norms, even when that means confronting uncomfortable truths and distancing themselves from a cause that once felt promising. Their departure is a testament to the strength of their commitment to American ideals over political loyalty.

As a society, we should approach this development with compassion and understanding. These individuals are not abandoning hope—they are changing course in the hopes of preserving what makes our democracy work. We need to listen to their concerns and work together to rebuild trust, respect the Constitution, and protect the Rule of Law.

The path forward requires us to emphasize unity, empathy, and a shared commitment to our nation's founding principles. By doing so, we can create a future where all Americans feel heard, valued, and secure.

Thank you for considering this perspective.

Sincerely,
Diane Lemieux
Arapahoe

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day.

The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

"When we choose to spread negativity, the bad vibes, or focus too much on spreading rumors and gossiping about the other person, it doesn't show who that other person is but, it shows who we are to the world." – Anonymous

Concerned about your drinking?

You are not alone, there is help available!

Come join others who have found a Solution!

Alcoholics Anonymous: New Bern Hotline (252) 349-0898

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday *7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)

<https://aaeasternnc.org/>

<https://aanorthcarolina.org/>

<https://www.aa.org/>

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**Land/Home Sales
Property Management
Appraisals Development**



Agent of the Week

Linda Hoff
Broker

Here's what one of Linda's customers had to say...

We just purchased a condo at Minnesott Beach. Linda Hoff served as our Broker for this purchase and we could not have been more pleased working with her. Linda is personable, knowledgeable, and most of all caring and compassionate. This sale must have been challenging for her because I, (Debby) am currently having some health issues limiting my mobility and, therefore, my physical availability to be at the site. She made herself available at all hours and times and helped us coordinate everything by phone, email and internet. She worked primarily with Michael face to face but, always kept me in the loop so I knew what was going on and what needed to be done at each step.

We can't say enough good things about her help and availability during this purchase. We would definitely use her again if ever needed and will refer her to anyone in need of a Broker.

Michael and Debby



ARAPAHOE – Unobstructed lakeview and golf course frontage, 3BR/2BA not in a flood zone, no HOA dues. Lifetime metal roof w/ gutters & leaf guards, Anderson double-hung windows & patio door. One-car finished garage w/ attached golf cart garage. Detached workshop and detached storage building.
OFFERED AT \$345,000



ORIENTAL – Waterfront 3BR/2BA w/private dock on .55 acre lot in Buccaneer Bay subdivision. Back deck, ideal for outdoor dining, entertaining, or simply enjoying the coastal breeze and scenic surroundings.
OFFERED AT \$510,000



ORIENTAL – 3BR/2BA 1,894 sf open floor plan, deeded boat slip on 1 acre lot. Screened outdoor entertainment area & fire pit. Bright, open spaces indoors and inviting outdoor areas surrounded by mature trees and natural beauty. Being sold as-is.
OFFERED AT \$545,000



MERRITT – Waterfront 3BR/2BA with deep water deeded boat slip on Ball Creek. Wide water views, 2.27 acres, 1,919 sf, metal roof, zoned HVAC, & LP Smartside exterior for rot-resistant long-life durability. Gas log fireplace in living room, & Widow's Walk with views of the Pamlico Sound.
OFFERED AT \$ 625,000



ARPAHOE – Waterfront 3BR/2BA on 1.04 acres not located in a flood zone, dock has 2 boat lifts on protected deep-water. not in HOA, no HOA dues. Attached 2-car garage, 2 storage-workshop buildings. Fire pit & gathering area overlooking Dawson Creek with invisible fencing in the front yard and back yard.
OFFERED AT \$ 685,000

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014
Or contact Allen Propst
252-671-4644
704 Broad St, PO Box 750, Oriental, NC 28571



Pamlico Community College

**AI
BASICS**



There's still time to register for Pamlico Community College unique eight-week course on the basics of Artificial Intelligence (AI) and its uses in everyday life. The course is open to retirees, working professionals, small business owners, and anyone interested in this exciting new technology. Day (9 a.m. to noon) and evening (5:30 to 8:30 p.m.)

classes are available. The course will begin on Monday, June 8, and run through Wednesday, July 29. PCC alumnus Russell Williams will teach. Cost is \$125.55. For details or to register, please call 252-249-1851, ext. 3015, or visit https://pamlicocc-register.fundfive.com/filtered/course/AI_Basics. Contributed image



Nurse Aide I

The next edition of Pamlico Community College's popular Nurse Aide I course is scheduled to begin Monday, June 15. The accelerated course will be offered in a hybrid format, with Monday and Wednesday daytime classes on campus and other coursework online. There also is an off-site clinical component. Cost of the course is \$180.55, and financial aid is available for qualified students. For more information or to register, please call 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu. Contributed image



Notary course

Pamlico Community College will offer its next Notary course on Saturday, June 20, from 8:30 a.m. to 5 p.m. at the Mattocks Center in Bayboro. Cost is \$70.55, plus a book. Call 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu. Contributed photo

Mapping the future of agriculture

The demand for food is directly related to population growth. By 2050, food needs are expected to double, according to a study published in the journal *Agricultural Economics*. That puts increasing pressure on the agricultural sector to meet growing demand. However, many experts think the industry will fall short.

In addition to increased food demand, consumer habits, technology, and policies continue

to force the agricultural industry to evolve. Indeed, the agricultural sector may look very different in the future.

Bigger digital footprint

Social media has transformed many industries, and it can do the same for agriculture. Farming supply chains can communicate with one another by getting feedback from customers in real time through social media. However,

agricultural operations will have to devote teams to manage social media presence, especially since misinformation is so widespread on social media.

Apart from social media, local farmers may increase their efforts to utilize mobile apps and direct-to-consumer purchasing options. The global pandemic helped businesses reimagine takeout and curbside shopping. Local farms may want to market to the home-shopping community, providing ways to deliver produce, fresh meat and poultry and other items direct to customers' homes.

Regenerative agriculture

The future may feature a significant shift in the way farms source their ingredients. Regeneration International says that regenerative agriculture can be the future. This describes farming and grazing practices that may help reverse climate change by rebuilding soil organic matter and restoring degraded soil biodiversity. Some insist that farmers who utilize regenerative agriculture produce food that is more sustainable and healthy. This is something eco- and health-conscious consumers can stand behind.

Technological advancement

There's a good chance that technology will continue to play important and growing roles in farming operations. New agricultural technologies can collect data on soil and plant health and produce results in real time. Precision farming technology can be developed to deliver integrated solutions no matter the size of the operation.

Shift in what's grown

Farmers may give more thought to sustainable products. Crops like hemp and cannabis are being utilized in new and innovative ways, and they're only the start as consumers have expanded their views on plant-based foods and products.

While there's no way to see into the future, individuals can anticipate changes that could be in store for the agricultural sector in the decades ahead.

**HORSES OF PAMLICO, ETC
ANIMAL RESCUE
SUMMER FUN SHOW**

★ JUNE 6, 2026 ★

**GATES OPEN AT 9 AM, FUN STARTS AT 10 AM
GEORGE BRINSON MEMORIAL ARENA
★ 127 RIVER VIEW DR, ARAPAHOE NC ★**

**Concessions ★ \$40 entry per horse ★ Spectators are free
Drawings ★ 50/50 Raffle ★ Ribbons ★ Negative Coggins Required**

**★ ALL PROCEEDS GO TO THE RESCUE, CARE AND REHABILITATION
OF ABUSED OR NEGLECTED ANIMALS. ★**

Health & Wellness

Options to consider when a migraine strikes



Migraine headaches can be debilitating, result in lost hours at work and time spent away from friends and loved ones. Migraines are quite common, as studies estimate 12 percent of the United States population experiences them.

The Cleveland Clinic says researchers aren't certain about what causes migraines, but studies indicate genetics play a role in their severity and frequency. Migraines occur when nerves in blood vessels send pain signals to the brain. This releases inflammatory substances into the head's nerves and blood vessels. Migraines can cause severe, throbbing pain or a pulsing sensation, usually on one side of the head, states the Mayo Clinic. This is often accompanied by extreme sensitivity to light and sound, nausea and vomiting. Attacks may last anywhere from a few hours to several days.

When suffering a migraine, people want to alleviate symptoms as quickly as possible. These options, courtesy of the Association of Migraine Disorders®, may be helpful when a migraine strikes.

Lifestyle changes

Lifestyle choices that promote good health also can reduce the number of migraines a person has and lessen the pain. Taming stress and spending time in a calm environment may keep migraines at bay. Heating pads can relax tense muscles and warm showers may be soothing. It's important to maintain regular sleeping patterns and unwind at the end of the day. Eat a healthy diet and avoid any foods and beverages you've found trigger migraines. These may include wine, aged cheese and chocolate. Don't skip meals, as fasting increases the risk of migraines, indicates the Mayo Clinic.

Preventive treatments

Preventive treatments aim to reduce severity and frequency of migraine attacks. Many of the options originally were designed for other ailments but have been used as "off-label" migraine treatments. These include:

- Antidepressants: Antidepressants stabilize the levels of neurotransmitters in the brain and may help with pain.
- Anti-seizure medications: These medicines are thought to calm hyper-excitabile nerve cells in the brain.
- Botulinum toxin: This neurotoxin is used for the prevention of chronic migraines in adults. It is injected in key muscles of the head and neck to help block pain-signaling chemicals.
- Beta-blockers: Typically used for high blood pressure, beta-blockers affect the blood vessels in the brain, make the nervous system less excitable and increase activity in the hypothalamus.

Acute treatments

Certain treatments are used when migraines are about to occur or are occurring. These may be over-the-counter or prescription options.

- OTC: OTC pain killers like acetaminophen, aspirin and ibuprofen help some people who suffer from migraines.
- Caffeine: Whether on its own or mixed with NSAIDs, caffeine in small amounts can be helpful in easing migraine symptoms.
- Triptans: Triptans target specific serotonin receptors on the brain's blood vessels and nerve endings. They also narrow blood vessels to decrease inflammation and pain.
- Gepants: CGRP is a protein found in the peripheral and central nervous system. Levels of CGRP are higher during a migraine attack. Gepants target CGRP and block it from attaching to its receptor in the nervous system.

Nerve blocks, eye drops and even neuromodulation also may be options for people experiencing intense or frequent migraines. It's important to speak with a doctor about the treatments available.



We specialize in primary medical and dental care for the entire family.

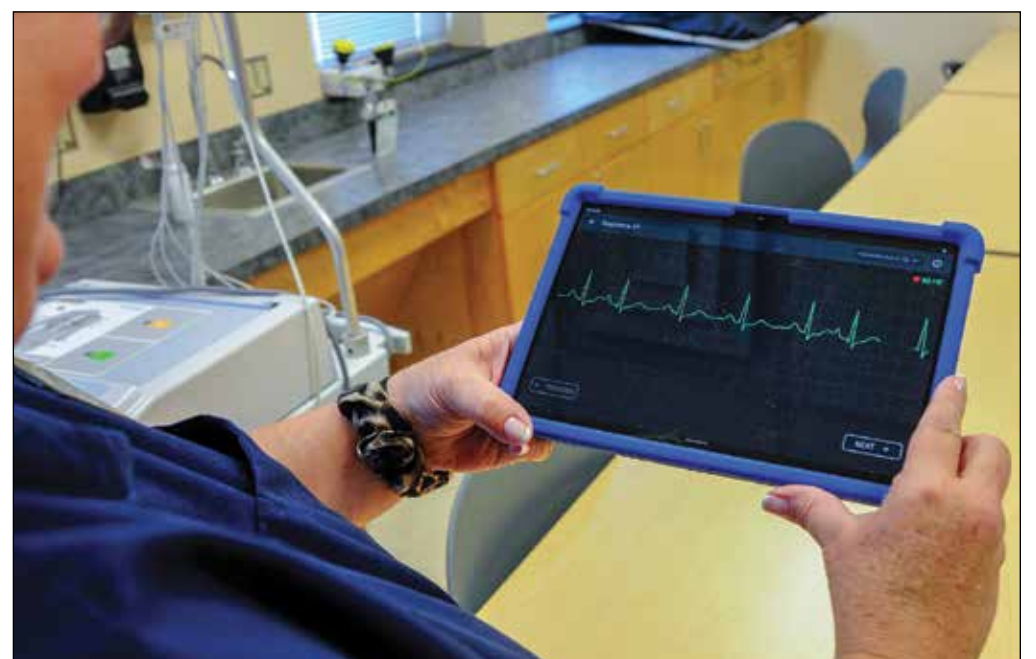


313 Main Street | Bayboro, NC
 252-745-2070 (medical) | 252-745-0781 (dental)
 contentnea.org/Locations

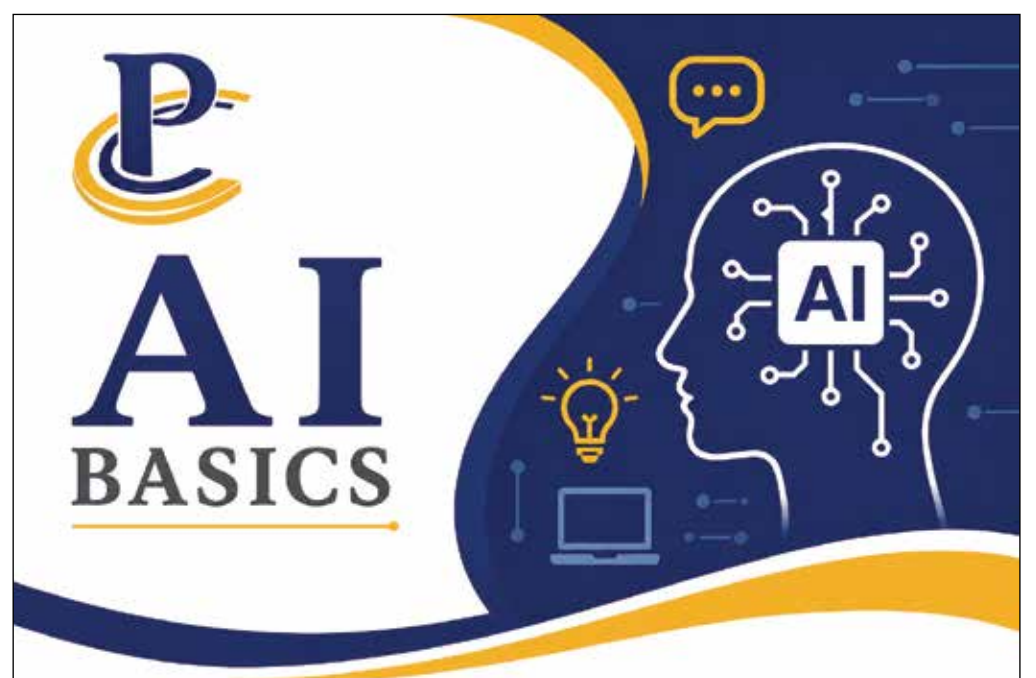
PCC offers short-term training courses that can lead to great jobs in healthcare and more!



Nurse Aide I
 Daytime course starts June 15!



Cardiac Monitor Technician
 Register now!



AI Basics
 Day and evening classes begin June 8!

Other great short-term courses starting soon:

- * **Notary, One-day course in Bayboro June 20!**
- * **Phlebotomy Technician, Register now!**



Financial aid is available for many of Pamlico's short-term Continuing Education courses! Call 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu for more information!

FREE Basic Skills courses!
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Arapahoe Charter School Graduation

by: Hiram Lupton

Arapahoe Charter School held their Tenth Commencement Exercise last Thursday Evening at the Delamar Center on the campus of Pamlico Community College, and for the 21 newly minted graduates it marked a major milestone in their lives. Whether they will be headed for an institution of higher learning to further their education, going straight into the workforce, or joining the military as one young man is doing, they now carry with them the accomplishment of being a high school graduate. Congratulations Bobcats, you've earned it.



Chief Executive Officer of Arapahoe Charter School Chris Watson presents the ACS Graduating Class of 2026.



Salutatorian Elizabeth "Libby" Legein



Valedictorian Breanna Travis

Continued from page A1

Commissioners Receive Formal Budget Proposal

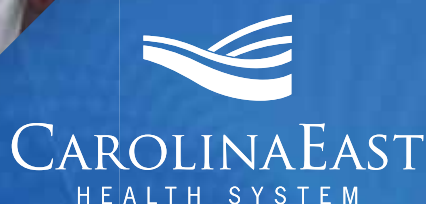


County Manager Mark Brewington presents the 2026-27 County Budget to the Board of Commissioners.

based on a tax rate of .505 per \$100 value of property. This is above the .4375 rate that would result in a "neutral" rate of collections. This represents a decrease from the current rate of .645 per \$100. The budget also includes the county's other sources of revenue, chiefly sales taxes and the housing of federal prisoners in the county jail. The County Manager did not go through the budget line by line and we won't either. It is available for review at the county managers' office and will be posted to the county website. He did highlight the growing expense burden that has stressed the county's bottom line in recent years. The budget includes a 3% cost of living increase for county employees as well as a career development program that aims for employee retention. It also puts money into a capital improvement program that will buffer the costs of unexpected expenditures for the county infrastructure. No doubt the budget will be heavily scrutinized over the coming two weeks. In the monthly public comment period allotted at the first meeting of every month, five of the six speakers voiced concerns about property values and tax rates. No vote on the proposal was taken by the Board and the public will get another opportunity to express their views specifically about the budget at the next Commissioners' meeting on June 15, when a public hearing on the budget is scheduled.

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COASTAL LIVING

This small inland beach in North Carolina feels like the coast

Story by Carolyn Harmon
Only in your State



balashark - stock.adobe.com

If you live in North Carolina, you might think you know all of the local spots to jump into the ocean after a long day. But there are tons of hidden beaches sprawled across the state, including John Bond Town Beach—a tiny inland beach in North Carolina. This beach near Oriental, NC, is located on the Neuse River, and even if you don't live nearby, it's worth the drive.

Some folks have said this unexpected natural wonder is one of the best beaches in North Carolina. It's the perfect place to create some memories on a summer day, or stop along on a road trip in the Tar Heel State. Ready to spend some time at John Bond Town Beach yourself? Pack your beach bag and your umbrella, and enjoy a perfect time in the sun and sand.



Sam Fam via Flickr

Why John Bond Town Beach Feels Like a Coastal Escape

John Bond Town Beach is a river beach, but you'll feel like you're on the coast. The soft sand and clear, inviting water are almost identical to the ocean, except there's no saltwater or huge waves. The breeze off the shore will transport you to beach days on the Outer Banks or a pristine lake getaway.

As soon as you arrive at this riverfront beach, you'll see why it's so special. The excitement that comes when your feet hit the sand, knowing that the water is really crisp and cold, plus the quiet, remote location, all make it an ideal place. It's way less crowded than beaches on the coast!

You can even bring your dogs—you'll have some competition retrieving that ball with the minnows, crabs, turtles, and other cool creatures who live there.



Rich Ogin via Flickr

Best Things to Do at This Inland Beach in North Carolina

One of the best things to do at John Bond Beach is to explore the rocks to find critters. But you can also try out your fishing skills for beauties like red drum, speckled trout, rockfish, cobia, and albacore. If fishing is not your thing, locals love to play in the sand, dig for hidden sea treasures, and simply lie on the shore.

Once you've worked up an appetite, the covered picnic table is the perfect place to have a yummy afternoon snack. It's also a welcome relief from the sun! It's also

Pamlico Vistas

vista /vis-ta/ n /: a distant view through or along an avenue or opening – Oriental



The Bay City Parkway – Bay City Road, north of Bayboro

the perfect scenic spot to enjoy your lunch if you work in town. Daydream of another world where you own a lovely, peaceful sailboat. Or, if you already own one, maybe a fancy jet ski instead!

Try not to leave until the sun turns the sky into a golden



James Willamore via Flickr

glow. Sunset is one of the most beautiful times on this calm North Carolina river—you won't want to miss the spectacular views by leaving too soon. In fact, we suggest staying the night at River Neuse Suites, so you can get up and do it again tomorrow.



Zach Frailey via Flickr

What to Know Before Visiting Oriental's Hidden Beach

While John Bond Town Beach is fairly quiet and remote, there are a few things to keep in mind before you go. Parking can be tricky, as there's no parking lot and the beach access is at the end of the neighborhood. You'll have to park along the street, and you'll have about 4 hours. Just make sure it's not in front of someone's driveway!

Another thing to keep in mind is that no fishing is allowed on the beach. You'll have to take your boat or kayak out from the shore for fresh catches. Some locals have also mentioned to watch out for jellyfish that may have washed up on shore. Depending on the season, the water might be a little murky, too. The best time to go is in the spring or fall.



Ted via Flickr

Bottom line: You don't have to go to a quiet coastal town to experience a lovely beach day. You can drive to Oriental's Neuse River and enjoy the private inland beaches there, or visit peaceful North Carolina lakes like Lake Glenville in Cashiers.

Have you had the opportunity to visit the beautiful John Bond Town Beach? If not, plan a trip to visit the hidden inland beach soon. It's only about a two-hour drive from Raleigh and an hour away from Greenville, making it a great day trip or weekend getaway.

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– Dr. Hans Selye

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– Jedi "Chief" Brynjulson

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262301013, 262301014, 2623

AROUND THE COUNTY

Pamlico Betty Jo Rodgers, *Correspondent*



Trinity Sunday was a wonderful day full of the Holy Spirit. Since Memorial Day used to be May 30, Stonewall had a patriotic service with Craig Cooper singing special music. The children's message on the Trinity was about the Great Commission as found in Matthew 28 verses 19-20. The Trinity message was about the Triune God, the Father, the Son, and the Holy Spirit.

Sunday afternoon, I was one of many across the county who returned to PCHS for a final walkthrough. The old school will be demolished so that a parking lot can be provided for the new school which will open in the fall. I was glad to know that they will keep the auditorium. I had provided funds to buy new seats in honor of my sister, Amy Sue Gwaltney Hope, class of 1957 and my son, the Reverend Dr. Kevin Wade Rodgers, class of 1984. I taught math at PCHS in 2004-2006 but then I retired when I was called into the ministry.

The corn on the farm is thriving. I am seeing many squirrels this spring scampering around the yard. I hope that does not

mean next winter will be harsh. In Pamlico, Mrs. Bertha Gilliam's son passed away, and Deacon Thomas Jones is in the hospital. These families could use some prayer.

Bayboro Baptist Church is having Vacation Bible School the week of June 15. Stonewall Methodist Church will have a joint planning meeting on June 1, 2026 at 7:00 pm with the Goose Creek Pentecostal Holiness Church since they will join together this year for VBS.

Celebrating birthdays in June are James Edwards (6/4), Cathie Hopkins (6/5), Gray Winfrey (6/7), Peg Graves (6/14), Julie Sanders McCulley (6/15), Samuel Wade Rodgers (6/16), Trisha Wood (6/18), Walter Graves and Phillip G. Nanny (6/19), Brantley Norman, Jr., Dennis Delamar, and Bruce Spain (6/20), Jonathan Fulcher (6/21), Tyler Davis Green (6/22), Russell Gregory, Brent and Cathy Fulcher (6/25), Carly Alisha Sanders (6/28), Sidney Phibbons (6/29), and Grace Farmer Nanny (6/30).

Have a blessed week. Restless? Take Spiritual Vitamin R. Rest in the Lord, and wait patiently for Him (Psalms 37:7)

Gear first-time campers will want to take along to the campsite

The natural beauty of the great outdoors compels millions of people to incorporate nature into their daily routines. Whether it's a morning walk around the neighborhood, an oceanfront weekend spent with toes in the sand or an afternoon lounging on a lake, there's no shortage of ways to enjoy the great outdoors.

Camping is a wildly popular way for outdoor enthusiasts to enjoy nature. Spending daylight hours in a wooded area or forest may not be unusual for outdoor enthusiasts, but camping under the stars at night can be intimidating for first-timers accustomed to comfortable, climate-controlled bedrooms. The right gear can calm any nervousness first-time campers may have, and the following are some items to take along.

- **Tent:** A tent is obviously a must-have when planning to spend the night under the stars. Shelter protects campers from the elements, insects and wildlife, so it's imperative that first-time campers bring along enough tents to accommodate everyone on the trip. Novice campers may be overwhelmed by the assortment of options available when they look to buy a tent, so it's best to visit a local outdoor retailer for advice. Share the specifics of the trip, including how long it will be and how many people will need to be accommodated. Such information will help to determine the best tent for your trip.

- **Sleeping bag, pad and pillow:** A sleeping bag is another necessity, but it's also important to bring along a sleeping pad. Temperatures drop at night, so a well-insulated sleeping bag can keep campers warm at night. A multi-season sleeping bag can be an especially useful investment that helps campers prepare for fluctuating temperatures. No matter how comfortable a sleeping bag may seem, the hard ground does not typically increase the chances of a good night's rest. That's why a sleeping pad is vital,



particularly for first-time campers unaccustomed to sleeping in anything other than a bed. Round out your sleeping must-haves by bringing along a pillow.

- **Chairs:** Of course, camping trip comfort isn't all about sleeping. A comfortable and foldable chair for everyone in the party is another essential. Chairs should be sturdy and ideally not too heavy, particularly if the campsite is a long walk from the car.

- **Kitchenware:** Cooking is a fun part of camping, especially when campers remember to bring along the appropriate kitchenware. A camp stove with two burners can make it easy to whip up just about anything. A single burner stove might suffice for small camping parties, but the double burner stove enables cooking more than one item at once. In addition to a sturdy stove, bring along some forks, knives and plates.

- **Bug spray:** Bugs won't get the hint that campers don't want them around the campsite, so don't forget to pack some bug spray to repel these unwanted guests.

- **Sunscreen:** Even if you're staying in a wooded area or forest with ample shade overhead, you'll want to apply sunscreen to avoid skin damage. Even a mild sunburn can make sleeping in a tent for the first time more difficult, so apply sunscreen early and reapply as directed on the bottle.

- **Miscellaneous items:** Lighting to augment light coming from a campfire, toiletries to ensure bathroom breaks are as comfortable as possible, garbage bags and containers to secure trash and reduce the risk of attracting wildlife, and a few books or magazines to read while resting at the campsite are some additional items first-time campers won't want to forget.

Camping is a fun activity that's even more enjoyable when campers remember to pack the right gear.



"When you get a little dirt in your food while camping, it's called 'trail seasoning'."

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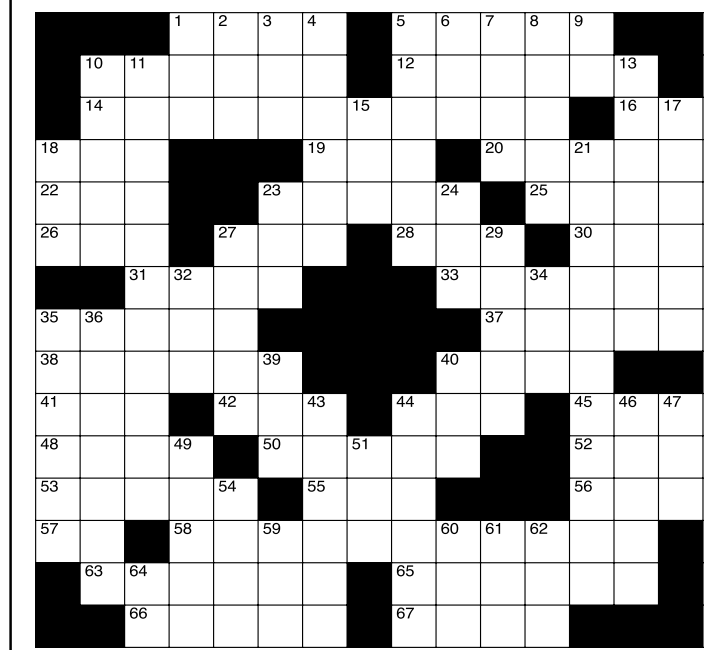
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CROSSWORD



CLUES ACROSS

1. Type of bread
5. Range of mountains
10. Ended
12. Musical forms with a recurring theme
14. On the nature of being
16. Law enforcement agency
18. Australian flightless bird
19. Subway rodent
20. More dried-up
22. A beaver might build one
23. Suggestive of the supernatural
25. Art __, around 1920
26. American rocker Snider
27. Not or
28. Earliest human: __-Magnon Man
30. Firearm
31. Tough outer skin of fruit
33. Alternative form of a gene
35. Low shrub some call "fat pork"
37. Plants in the chamomile tribe
38. Revolutionary War era spy
40. Portion of a book
41. Hoover's office
42. Title of respect
44. Tax collector
45. Cool!
48. Real estate
50. Boy's name
52. Airborne (abbr.)
53. Strongly recommends
55. Hit lightly
56. Bar bill
57. Atomic #54
58. Devotes again
63. Fish sauce
65. French stock market
66. Things that consist of two elements or parts
67. Tense

CLUES DOWN

1. Retired game show host Sajak
2. Equal (prefix)
3. Israeli city __ Aviv
4. Loved
5. A type of analyst
6. Ad __
7. Gasteyer and de Armas are two
8. Ran without moving
9. Opposite of yes
10. Diffuse clouds of gas
11. Mentioning one by one
13. Instruments used to dilate
15. Freshwater fish
17. Remotely-manned flying objects
18. Doctor of Education
21. Renewals
23. Not the start
24. Pitching stat
27. Small water buffaloes
29. Ceramic jars
32. I (German)
34. Something to toss on a fire
35. The process of flowing in
36. A series of acts at a night club
39. Egg of a louse
40. Inquire too closely
43. Travelers
44. Drink
46. Behave in a way that degrades
47. Electronic music style
49. Northern Ireland city
51. Upset
54. Stiff structure resembling a hair
59. Father
60. North Atlantic fish
61. 8th month (abbr.)
62. Make an effort
64. Commercial

PUZZLE SOLUTION

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PUBLIC NOTICE

Town of Vandemere Budget Hearing

Notice is hereby given that the Board of Commissioners of the Town of Vandemere will hold a Public Hearing on the proposed budget for Fiscal Year 2026–2027 on Monday, June 22, 2026, at 6:30 p.m. at the Vandemere Town Hall, 117 NC Highway 304, Vandemere, North Carolina.

The purpose of the hearing is to receive public comment on the proposed budget for the 2026–2027 fiscal year. A copy of the proposed budget has been submitted to the Board of Commissioners and is available for public inspection at the Vandemere Town Hall during regular business hours.

All interested persons are invited to attend and be heard.

Town of Vandemere
Board of Commissioners

NOTICE OF PUBLIC HEARING TOWN OF MINNESOTT BEACH 2026-2027 Budget

The Town of Minnesott Beach Board of Commissioners will hold a Public Hearing on June 9, 2026 at 7:00pm at the Minnesott Beach Town Hall, located at 11758 NC Hwy. 306 S. in Minnesott Beach on the proposed Fiscal Year 2026-2027 Budget pursuant to NC GS 159-12(b).

A copy of the proposed budget is on file at the Town Hall for public inspection Monday- Thursday from 9:00AM to 2:30PM.

This is an open meeting, and all residents are invited to attend.

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THE THREE LITTLE PIGS MAKE A ROOKIE MISTAKE

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF WALTON OSWALD WILLIAMS, JR. File No.: 26E000082-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to HELENA MAYO, EXECUTOR on or before AUGUST 11, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 13TH OF MAY 2026

ESTATE OF WALTON OSWALD WILLIAMS, JR.
C/O HELENA MAYO
921 AIRSTRIP RD
BAYBORO, NC 28515

Publish MAY 13, 20, 27 AND JUNE 3, 2026.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF BERYL HOPPING File No.: 26E000073-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to KRISTEN BLYDENBURGH, CO-ADMINISTRATOR or MELISSA BLYDENBURGH, CO-ADMINISTRATOR on or before AUGUST 25, 2026 at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named CO-ADMINISTRATORS.

This 25TH OF MAY 2026

ESTATE OF BERYL HOPPING
C/O KRISTEN BLYDENBURGH
844 TANGLEWOOD RD
WEST ISLIP, NY 11795

Or

ESTATE OF BERYL HOPPING
C/O MELISSA BLYDENBURGH

INSPECTIONS

- May 8, Sanderson Winfrey, Oriental, carport, \$119.12; Steve Mayhew, Oriental, bulkhead, \$147.50; Beth Martin, Oriental, miscellaneous, \$100; Howard Garfinkle, Oriental, building misc., \$50; Tammy Gurrera, New Bern, singlewide, \$235
- May 12, Will Gaining, Arapahoe, 200 amp, \$150; Mike Marlena Ivy, Merritt, garage, \$165.20; Arthur Halpern, Oriental, new cottage, \$455.92; Velvet Corwin, Oriental, mechanical, \$100; Mike Flora, Arapahoe, mechanical, \$100
- May 13, John Chappell, Oriental, mechanical, \$100; Tim Murray, Arapahoe, mechanical, \$100; Melody Banks, Bayboro, electrical, \$50; Jeffrey Peacock, Oriental, electrical, \$50; Steward Bakley, Oriental, CAMA Mult., \$263.44
- May 14, Streamline Developers, Minnesott Beach, new residential, \$1,618.52
- May 15, James Ford, Oriental, boatlift, \$277.84; Jared Burch, Merritt, electrical 400 amp, \$200
- May 18, Anita Harvill, New Bern, building/storage, \$82
- May 19, Ann Marie Wolf, Oriental, boatlift, \$77.04; Allison Williams, Oriental, boatlift, \$77.04; David Wise, Oriental, boatlift, \$77.04; Grace Bean, Oriental, pier/dock-CAMA, \$58; Gary Butts, Arapahoe, electrical, \$100; Katherine Wilcox, Arapahoe, mechanical/electrical, \$100
- May 20, Justin Rohrman, Minnesott Beach, mechanical/electrical, \$200; Michael Fox, Bayboro, electrical, \$50; John Dirrane, Merritt, electrical, \$50; Valley Ice, Bayboro, mechanical, \$56.60; Terry Walsh, Oriental, mechanical, \$100; Hugh Avera, Arapahoe, plumbing, \$50
- May 21, Arapahoe Charter School, Arapahoe, fire inspection, \$100; Grace Bean, Oriental, CAMA Minor, \$119; Kim Owen, Arapahoe, garage, \$169.12
- May 22, Dale Thompson, Grantsboro, plumbing, \$50
- May 26, Glenn Bucklin, Merritt, electrical 200 amp, \$150; Tidewater Grain, Merritt, electrical 200 amp, \$150; Maurice Seals, Arapahoe, doublewide, \$260
- May 27, Rebecca Smith, Arapahoe,

LEGALS

1 SALTBOX LANE
UNCASVILLE, CT 06382

Publish MAY 27 AND JUNE 3,10, AND 17 2026.

NORTH CAROLINA PAMLICO COUNTY Special Proceedings No. 26SP00010-680 Substitute Trustee: Philip A. Glass NOTICE OF FORECLOSURE SALE

Date of Sale: June 11, 2026
Time of Sale: 1:00 p.m.
Place of Sale: Pamlico County Courthouse
Description of Property: See Attached Description
Record Owners: Edward H. Allen
Address of Property: 202 Neals Creek Road
Bayboro, NC 28515
Deed of Trust:
Book : 532 Page: 630
Dated: June 26, 2009
Grantors: Edward H. Allen, unmarried
Original Beneficiary: Local Government Federal Credit Union
CONDITIONS OF SALE:

This sale is made subject to all unpaid taxes and superior liens or encumbrances of record and assessments, if any, against the said property, and any recorded leases. This sale is also subject to any applicable county land transfer tax, and the successful third party bidder shall be required to make payment for any such county land transfer tax. It is the intent of the holder of the above Deed of Trust that the execution, delivery and recordation of a Trustee Deed to the holder as high bidder shall not merge with any superior Deeds of Trust held by the holder of the above Deed of Trust, and that the holder of said superior Deed of Trust shall continue to enjoy all rights and remedies set forth in said superior Deed of Trust, including the right to foreclose either by judicial action or under power of sale contained in the superior Deed of Trust.

The property to be offered pursuant to this Notice of Sale is being offered for sale "AS IS, WHERE IS." THERE ARE

NO REPRESENTATIONS OR WARRANTIES relating to the title or to any physical, environmental, health or safety conditions existing in, on, at or relating to the property being offered for sale, and any and all responsibilities or liabilities arising out of or in any way relating to any such condition are expressly disclaimed.

A cash deposit of 5% of the purchase price will be required at the time of the sale. Remote bidding will not be accepted pursuant to North Carolina General Statutes Section 45-21.25 (a). Credit bids on behalf of the Noteholder will be accepted. Any successful bidder shall be required to tender the full balance of the purchase price so bid in cash or certified check at the time the Substitute Trustee tenders to him a deed for the property or attempts to tender such deed, and should said successful bidder fail to pay the full balance purchase price so bid at that time, he shall remain liable on his bid as provided for in North Carolina General Statutes Section 45-21.30 (d) and (e). This sale will be held open ten (10) days for upset bids as required by law. Residential real property with less than 15 rental units, including single-family residential real property: an order for possession of the property may be issued pursuant to G.S. 45-21.29 in favor of the purchaser and against the party or parties in possession by the clerk of superior court of the county in which the property is sold. Any person who occupies the property pursuant to a rental agreement entered into or renewed on or after October 1, 2007, may, after receiving notice of sale, terminate the rental agreement by providing written notice of termination to the landlord, to be effective on a date stated in the notice that is at least 10 days, but not more than 90 days, after the sale date contained in the notice of sale, provided that the mortgagor has not cured the default at the time the tenant provides the notice of termination. Upon termination of a rental agreement, the tenant is liable for rent due under the rental agreement prorated to the effective date of the termination.

Dated: 5/14/2026

Philip A. Glass, Substitute Trustee
Nodell, Glass & Haskell, L.L.P.
Posted on 5/14/2026

Exhibit A

On the west side of Neal's Creek Road (Secondary Road 1143), Beginning at the south east corner of the 23 foot right of way, heretofore conveyed to BAY RIVER FARMS, INC. by grantor by deed dated August 9, 1 976, at its intersection with the western edge of said road, thence southward along said road edge to the northeast corner of the Thomas Credle lot, thence westward with the Cradle line to the eastern line of the J. W. Cowell, Jr., 8.54 Acres Tract, thence northwardly with the Cowell line to the southwest corner of the 33 foot right of way, thence eastwardly with the southern line of said right of way to beginning.

For further reference see that certain map prepared by William H. Utley and Associates entitled "Survey for J. W. Cowell, Jr. 8.54 Acres", copy of which is attached to the deed recorded in Book 226, Page 119 and in incorporated herein by reference.

Subject to easements, restrictions and rights of way of record, and utility lines and rights of way in existence over, under or upon the above-described property.

PIN: 6561244141000
Property Address: 202 Neals Creek Rd. Bayboro, NC 28515

NOTICE TO CREDITORS

All persons, firms and corporations having claims against the Estate of Birdie Clifton Potter, Deceased, of Pamlico County, N.C., are notified to present the same to the Personal Representative listed below on or before September 3, 2026, or this Notice will be pleaded in bar of recovery. All debtors of the said Estate are asked to make immediate payment. This 3rd day of June, 2026.

Jane Potter Whitley
Executor
c/o GREGORY T. PEACOCK
Ward and Smith, P.A.
Attorneys at Law
Post Office Box 867
New Bern, NC 28563-0867

Harrison Revocable Living Trust,
Heather E. Harrison, \$0

Dec. 12, Lake Minnesott Estates Section V Lot: 14 MB 6/10, Lake Minnesott Estates Section V Lot: 15, MB 6/10, PIN F093-5-14 & F093-5-15 from Robert Semkewyc, Regina Semkewyc to Christy R. Winter, Craig J. Winter, \$68

Dec. 12, PIN: E031-54-1; Marital Deed; 1 Tract see instrument from Gilbert Wayne Morton, Kitena Denise Morton, Kitena D. Morton to Gilbert Wayne Morton, \$0

Dec. 12, Buccaneer Bay West Lot: 16 Sec 1 PCA 24-6 25E001162-680 from Margaret Ann Pryor, Thomas James Pryor, Grace Jerome Lamberg Creech, Christopher William Karlovsky, Christopher William Lamberg Karlovsky, Christopher William Lamberg-Karlovsky, Margaret Ann Pryor/EXR, David Ward Creech/EST to Hillbilt Investments, LLC, \$1,220

Dec. 15, Dawson Creek Hills Lot: 16 MB 7/25; Map DB 302/351, Dawson Creek Hills Lot: 17 MB 7/25; MB DB 302/351, Dawson Creek Hills Lot: 18 MB 7/25; Map DB 302/351 See Map DB 254/156 from Frederick W. Jupitz, Claudia J. Jupitz to Jacob Adolph Williamson, Jr., Alice Marie Williamson, \$2,130

Dec. 15, PIN I04368; Mary E. Fentress Estate Lincoln Tract MB 8/23 with Exceptions MB 10/45; see instrument from Katherine Margaret Clouser/AIF, Mary Joyce Hasell/AIF, Mary S. Hasell to Randy Steskal, \$95

Dec. 16, Sea Vista, Pierce Creek Area Lot: 31 Section III MB 6/4; Map DB 509/169, PIN J083-37-31 from Judy K. Wayland to Judy K. Wayland/TR, Judy K. Wayland Revocable Trust, Judy K. Wayland, \$0

Dec. 16, Preservation Lot: 11 Sec 2 PCB 10-9, PIN L10-5-11 from Preservation Associates, LLC to George William McCammon, Jr., Rebecca Mullikin McCammon, \$730

Dec. 16, 1/6 AC N/S Bucklin Rd from Carrie Jane Smith to Myra Larkibia Smith, \$0 Dec. 17, One Tract NC Hwy 306; Map DB 166/43 from Michael Scott Powers, Sandra Sawyer Powers to Aaron Becker, Kristen Becker, \$0

Dec. 17, PIN L071-3; One Tract

Folly Rd (SR 1324) & Springs Creek Rd (SR 1325) Map DB 275/210 from Ivesta P. Johnson to Michelle Meyer Sylivant, Ernest Luther Sylivant, III, \$100

Dec. 18, Sea Vista, Pierce Creek AArea Block: A Lot: 50, Addition III MB 10/2, PIN J083-33-50 from June Gage Moran/TR, William E. Follendorf Revocable Trust, William E. Follendorf to Erik Follendorf, \$0

Dec. 18, Pinedale Lot: 218 Section 5 MB 4/101 from Frank P. Kuhl to Frank P. Kuhl, Elizabeth Anne Kuhl, \$0

Dec. 18, Old South Rod & Gun Club Unit: 205 Phase II CB 1/40, 1/61 & 1/69; Map in DB 242/425, Old South Rod & Gun Club 1/34 Und Int Common Area CB 1/40, 1/61 & 1/69; Map in DB 242/425 from Joseph E. Thomas, Linda M. Thomas to Tailpin LLC, \$370

Dec. 18, River Dunes Lot: 124, Section 11 PCA 157-10, PIN L10-3-11-124 from David J. Pytel, Kim A. Pytel to The Pytel Family Trust, David J. Pytel/TR, Kim A. Pytel/TR, \$0

Dec. 18, Oriental West Unit: 1 Building A CB 1/33 & 1/59; Boat Slip 2 from Austin Nastasi, Kelsey R. Nastasi to Benjamin Peele Vester, Emily Cannady Vester, \$610

Dec. 18, Multiple Tracts See Instrument from Matthew Bond, Danielle Bond to Danielle Bond, \$0

Dec. 18, Sea Vista Oriental Heights Block: D Lot: 31 MB5/84 & Map in DB 356/734, 23D94 from Sara Tate, Sara M. Tate, Gabriel Jones to Amy Chapin, \$490

Dec. 18, Pecan Grove Marina 1/220 Und Int Exhibit A DB 334/140 & DB 352/697, Pecan Grove marina 1/110 Und Int Peirs & Docks PCA 108-5, PCA 118-4, PCA 173-10 & PCB 4-17, Pecan Grove Marina Boat Slip 267 Phase 4 PCB 4-17 from Kenneth P. Reed, Joann Reed, Jo Ann Reed to Timothy Paul Mitchell, Martha Boynton Mitchell, 470

Dec. 18, PIN J082-76; 0.66 AC NWS Midyette St Map DB 682/878 from Amy Chapin to William Forrest Tingle, Jo Jarvis Tingle, \$0

Dec. 18, 10.36 AC Lot 3 Tutton Division N/S Paul J. Daniels Rd at Callisons from Jimmy Louis Hancock to Jimmy Louis Hancock, \$0

Representative Davis Visits Senior Center

by: Hiram Lupton

Congressman Don Davis, who represents North Carolina's 1st U. S. Congressional District in the U.S. House, stopped by the Pamlico County Senior Center Monday. Davis spoke with seniors in attendance as well as staff on a wide range of subjects including border control, foreign policy, national defense, rural health care, support for law enforcement, jobs, Veterans issues, and Senior Citizen concerns. Davis emphasized part of his reason for visiting is to get to know the people in the counties he represents and find out what issues are important to them. The Veteran and graduate of the United States Air Force Academy is running for reelection in a district which now includes Pamlico County. Davis also took some time to meet with County officials in attendance including County Manager Mark Brewington, Commissioners Edward Riggs, Candy Bohmert, Carl Ollison, Kari Forrest, Thomas Mills, and Doug Brinson. The main topic of concern from County officials was the Senior Center itself and the need for a new building. Although no promises were made, Davis expressed that his goal is to make a difference. The Greene County native said, "Eastern North Carolina is my home. I want to make sure it gets the respect and resources it needs and is not forgotten."



(L to R): County Manager Mark Brewington, Representative Don Davis, Commissioner Candy Bohmert, and Commissioner Ed Riggs



Representative Davis chats with Seniors



Congressman Don Davis, who represents North Carolina's 1st U. S. Congressional District

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SUPPORT OUR LEGACY

ALUMNI PCT PCS ASSOCIATION, INC.

★ Preserving Our History. Building Our Future. ★

Our Mission
The Pamlico County Training - Pamlico Central School Alumni Association, Inc is dedicated to preserving the history and legacy of the only public consolidated school for Black students in Pamlico County, North Carolina, while contributing to the social and economic strength of the community it served.

Why We Need Your Support

- The current Pamlico County Middle School - located on the original PCT-PCS property - is scheduled to close in 2026.
- We seek to repurpose the building into a multicultural, multi-use, community-driven facility that supports youth and adults.
- Without action, this historic property may be sold, donated, or demolished.
- Our goal is to secure the property and transform it into a lasting community resource.

★ **OUR GOAL: \$500,000** ★

Your contribution helps secure the PCT-PCS property and ensures that its legacy continues for future generations.

★ **HOW YOU CAN HELP** ★

Become a Member - \$50 Annual Membership

- Donate any amount - every dollar makes a difference
- Contributions from \$1 to \$1,000 or more appreciated
- Open to alumni, families, and community supporters

Federal Tax ID: 33-3482026
Donate via Zelle: 240-441-8200
Donations are tax-deductible

MAIL DONATIONS TO:
PCT-PCS Alumni Association
P.O. Box 103
Bayboro, NC 28515

Contact Information:
Jacqueline Gibbs Matthews, Chairman: (301) 502-2164
Terry Garrison, Vice-Chairman: (252) 432-3577
Vanessa Cole, Fundraising Chairman: (910) 915-3679

PCT-PCS REUNION COMING SEPTEMBER 2026
Together, we can preserve our legacy for future generations.

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Meet the Brice Pointe team over coffee and light breakfast bites – a relaxed opportunity to connect and explore all that Brice Pointe has to offer.

Brice Pointe Sales Center
503 W. Thurman Rd., New Bern, NC 28560

RSVP
252-659-4550 or [BricePointe.org/news-events](https://www.bricepointe.org/news-events)