

The Pamlico News

Wednesday, August 19, 2026

Your County News Source Since 1968

www.thepamliconews.com | 50 Cents



2026 Ol' Front Porch Music Festival Announces Full Festival Lineup

ORIENTAL, NC — August 11, 2026 — The Ol' Front Porch Music Festival returns to Oriental's Neuse River waterfront October 2-3, 2026, with a full weekend of free, family-friendly music. Music begins Friday at 1pm and Saturday at 11am. In addition to the previously announced Riverfront Stage headliners, the festival will spread nearly 30 acts across a dozen porches and venues throughout the village, spanning genres from bluegrass, gospel and jazz to Latin, zydeco and Celtic folk. As always, thanks to generous sponsors, all performances are free and open to the public.

Anchoring the weekend, the Riverfront Stage features Farayi, Caleb Caudle and the Robbie Fulkas Band on Friday, and Los Sabrosos Del Son, Unknown Tongues, The Barefoot Movement and Tan and Sober Gentlemen on Saturday, with performances running into early evening both days. Come dance on the Community Labyrinth!

Beyond the main stage, the village's front porches and community venues come alive throughout the weekend. Rose, Lynch, Abboud, Decker, Stallings, Hadley, Messer and Thompson porches each host multiple sets, with performers including Hoff & Finch, Mark Tesh, Pamlico Flutes, Brant Island Strings, Dust Parade, Pamlico High School Jazz Combo, Harbor Sounds, Ken Belangia and Down East Dulcimers, among many others. Oriental United Methodist Church hosts gospel performances both days, and evening sets close out Friday and Saturday at New Village Brewery with Noah Cobb and Ryan Rubich.

Now in its 12th year, the Ol' Front Porch Music Festival continues to celebrate Eastern North Carolina's small-town hospitality and the power of live music to bring the community together. Not just great music. An eclectic mix of arts and craftsmen. And it's a foodie destination! Golf cart shuttles along the festival route provided. The complete schedule, with set times and locations for every stage and porch, is available at olfrontporch.org.

Media Contact: Leslie Kellenberger (919) 621-5332 leslie@kellenbergernc.com



Davis Visits Pamlico County

by: Hiram Lupton



United States House Representative Don Davis made a stop Saturday in Pamlico County appearing at the Pamlico County Heritage Center. Davis is seeking reelection to the U.S. House, where due to redistricting, he would be representing Pamlico County. Representative Davis spoke to a full room

about the values he gained from growing up and working in eastern North Carolina, serving his country in the Air Force, and now representing the area in Washington, DC. He stressed his beliefs in a strong national defense, healthcare, and education.

Defensive Dog Handling at the Library

by: Hiram Lupton



There are always some great educational programs at the Pamlico County Public Library and last week Alecia Williams of Dove Landing Dog Training presented a great seminar on defensive Handling. The program covered what to do if you are confronted by an unfamiliar, possibly aggressive canine particularly if out walking your own pet. From the proper way to hold a leash, understanding canine body language, and distraction tips, it is important to know what to do and just as importantly what not to do.

Get Hooked Again Thrift Store

by: Hiram Lupton

There is a new Thrift Store now open that with every purchase you make, helps local animal welfare groups right here in Pamlico County. They have a wide selection of clothing for the entire family, accessories, jewelry, toys, and plenty more. The best part, every donation and every purchase go to help pay for food and veterinary services for animals in need. They gladly accept donations of gently used clothing, shoes, toys, home décor and pet supplies. Stop by their location at 13529, NC Hwy 55, Bayboro in the Mayo's Restaurant building. See what they have to offer and perhaps see what you may offer them. They are always looking for volunteers to help out. They are currently open from 10 AM – 5 PM, Wednesday thru Saturday. Shop, Save, and Support our furry friends.



Jackie, Harper, and Marlena invite you to stop by Get Hooked Again Thrift Store.



Dear Friends of Hope Clinic,



lead this incredible organization into its next chapter.

This is certainly a bittersweet transition for me. Hope Clinic has been such an important part of my life, and I am incredibly proud of what we have accomplished together. From expanding our clinical services and programs to moving into our own facility, strengthening our community partnerships, and finding new ways to reach people who lack access to affordable healthcare, Hope Clinic has grown in ways I could only have imagined. None of that happened because of one person. It happened because of you.

Our donors, volunteers, board members, healthcare providers, community partners, staff, and friends have believed in Hope Clinic and in the people we serve. Your generosity, encouragement, time, and trust have allowed us to continue bringing health and hope within reach for our community. I am deeply grateful for the support you have given Hope Clinic and for the support you have given me personally

throughout my time here.

As part of this transition, Hope Clinic is now seeking its next Executive Director. We are looking for someone who will embrace our mission, value the extraordinary team and volunteers already in place, and bring the leadership and vision needed to continue building on the strong foundation we have created together.

I am sharing this announcement with you because you know Hope Clinic. You understand what makes this organization special, and you may know someone who would be an excellent fit for this role. I hope you will help us spread the word by sharing the Executive Director opportunity with individuals in your professional and community networks. Please share this link - <https://www.indeed.com/viewjob?jk=7f7ee953b7f94d1e&from=appshareandroid>

While my role may be changing, my belief in Hope Clinic and its future has not. I am excited to see where the next chapter takes this organization, and I am committed to helping make this transition a successful one.

Thank you for allowing me the privilege of being part of Hope Clinic's story and thank you for being part of it with me.

With heartfelt thanks,
Yolanda Cristiani

CLASSES BEGIN



Photos by Hiram Lupton



The Daily Bread Christian Bookstore Celebrates 40 Years

by: Hiram Lupton

When you have managed to maintain and thrive a business for forty years, it is cause for celebration and last Saturday that is exactly what Gladys Wright, owner of the Daily Bread Christian Bookstore in Bayboro did. Since starting the bookstore back in 1986, Pastor Wright has served God and her community with devotion and passion. There was music, refreshments, and great testimonials, all celebrating The Daily Bread and the great contributions Pastor Wright has made to the community. Congratulations Mrs. Gladys and here's to forty more years.

LIKELY WEATHER OVER THE WEEKEND

 Saturday, August 22nd **86°Hi** Cloudy with showers – thunderstorms

 Sunday, August 23rd **87°Hi** Cloudy with showers - thunderstorms


Gastroparesis
AWARENESS MONTH
AUGUST



Save the Date for Pirate Jam
The FREE On-Water Concert
Saturday, September 5 at 1pm
Teach's Point
(across from the Boat Ramp in Oriental)



PCC Convocation features teambuilding activities, announcement of new initiatives

Submitted by Pamlico Community College

Pamlico Community College officially launched the new academic year last week with a two-day Convocation featuring internal updates, news on AI advancements, enlightening team activities, the introduction of new colleagues, and the unveiling of a community-based learning initiative for students called Pearl Path.

The event, officially named “Convocation 2026: Builders,” also gave colleagues an opportunity to give their input on the direction of the college, ways to improve processes, and ideas for decorating and dressing up the campus.

“We are about to make Pamlico Community College a diamond here,” PCC President Zac Schnell said in the event’s final session last Wednesday. “Let’s go build – and build the future we want.”

Nearly all the college’s full-time faculty members and staffers participated in Convocation, which took place in the Delamar Center.

The college’s standing committees held meetings on Day 1, and Dr. Andrea Crowley, executive director of the N.C. Student Success Center, was the guest speaker on Day 2.

Lunch was provided on both days by the college.

Seated curriculum courses for the Fall 2026 semester began earlier this week. Online classes start Aug. 31.



Pamlico President Zac Schnell, left, and Dr. Andrea Crowley, executive director of the N.C. Student Success Center, do some building with LEGOs in the Delamar Center during last week’s Convocation. Crowley visited last Wednesday to speak to faculty members and staffers about how colleges can prepare students for jobs in the age of AI. Contributed photo

WalletHub again recognizes Pamlico Community College for Education Outcomes

Submitted by Pamlico Community College

Pamlico Community College has again been recognized by WalletHub for outstanding student success.

In its annual list of the Best & Worst Community Colleges, WalletHub ranked Pamlico No. 6 nationally for Education Outcomes.

It’s the fifth time in the last seven years that Pamlico has been ranked in the top 20 (or higher) for Education Outcome (characterized by the college as “student success”) by the organization.

Pamlico previously was recognized in 2020, 2022, 2023 and 2025. WalletHub compared 610 community colleges this year to compile its 2026 rankings.

According to the methodology it posted online, WalletHub determined its Educational Outcomes rankings by scoring colleges on these factors: first-year retention rate; graduation rate; transfer-out rate; degree and certificates awarded per 100 full-time-equivalent students; student-faculty ratio; share of full-time faculty; presence of special learning opportunities such as dual enrollment or distance education programs; and credit for life experiences.

The top-ranked community college for Education Outcomes in 2026 was Lake Land College in Illinois.

Here’s a link to WalletHub’s 2026 study: <https://wallethub.com/edu/e/best-worst-community-colleges/15076>

LEARN. GROW. SUCCEED.

FREE SEMINARS & WEBINARS

1. GIVINGTUESDAY SUCCESS:

Build a Campaign That Inspires Donors

Wed., Sept. 15 | 10am – Noon | Pamlico County Library

2. AI IN ACTION:

Practical Tools for Small Businesses & Nonprofits

Sat., Sept. 26 | 9am – 3:30pm | Pamlico County Library

3. MAKE AI WORK FOR YOU

(WEBINAR SERIES)

Mon., Oct. 5, 12, 19, 26 | 6 – 7:30pm | Online

4. AIRBNB MASTERCLASS:

From Startup to Five Stars (WEBINAR SERIES)

Tues., Oct. 6, 13, 20, 27 | 6 – 7pm | Online

5. THE CANVA TOOLBOX:

Unlock Canva’s Most Powerful Features

Sat., Nov. 7 | 9am – 3pm | Pamlico County Library

REGISTER TODAY!

PamlicoSBC.com

Land/Home Sales Property Management Appraisals Development

Agent of the Week

Gregory Green
Broker-

Here’s what one of Gregory’s customers had to say...

When my wife and I wanted to purchase a nearby property that was not currently listed for sale I contacted Gregory Green. Greg was able to identify the distant owner and negotiate a price for us. Once the deal was agreed on, he promptly and professionally managed the entire process. He even arranged to have expired permits on the property renewed and referred us to a local attorney to handle the closing. We would highly recommend Gregory Green to broker any real estate purchase or sale.

Dave & Lorraine, Arapahoe

BAYBORO – 3BR/1.5BA near the new Pamlico County High School. Will be sold as-is, offering an excellent opportunity for buyers who want to add their own updates and personal touches. Screened porch, outdoor BBQ pit, mature peach trees.

OFFERED AT \$225,000

ORIENTAL – 3BR/2BA 1,152 sf on 1 ac in the Buccaneer Bay West community close to downtown Oriental. Convenient access to marinas, boating, fishing, local restaurants, unique shops, and community events. Built in 1996, open porch, deck, patio areas, multiple storage sheds and a fenced in, above ground swimming pool.

OFFERED AT \$399,000

ORIENTAL – 3BR/2.5BA open floor plan, ideal for family gatherings or entertaining on 3 acres. Offers a great balance of space and tranquility. Property will be sold as is.

OFFERED AT \$415,000

ORIENTAL – Waterfront 3BR/3BA on 10 acres with scenic gardens, and a dock and solar boat lift. Screened deck, sunroom, living room fireplace, completely remodeled kitchen. HVAC system replaced in 2023, and hot water heater replaced in 2026.

OFFERED AT \$615,000

MINNESOTT BEACH – Luxurious waterfront 3BR/3.5BA town-home on Neuse River near Golf & Country Club & Marina. Screened porch, elevator to 2nd floor, 2nd floor balcony, 2-car garage, close to ferry, & elevation of this home is not in a flood zone.

OFFERED AT \$ 629,900

MERRITT – 3BR/2.5BA Simpson Creek waterfront with concrete pier on the property & a 2nd deeded boat slip within walking distance. Great views, water depth of 4-5 feet, 3-car garage, 2 screened decks, open floor plan, located at end of the cul-de-sac.

OFFERED AT \$ 632,500

See all Listings & Visual Tours at www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014
Or contact Allen Propst
252-671-4644
704 Broad St, PO Box 750, Oriental, NC 28571

THIS WEEK IN HISTORY

by: Hiram Lupton

- August 19th – Today is National Potato Day. Fry them, bake them, or make vodka from them.
- August 20th – Today is National Bacon Lovers Day.
- August 21st – Today is National Senior Citizens Day. I want my respect, and my discount.
- August 22nd – 1902, The Cadillac Motor Company is founded.
- August 23rd – 1850, The first National Women’s Rights Convention convenes in Worcester, MA. God help us if they ever get the right to vote.
- August 24th – Today is National Waffle Day.
- August 25th – Today is National Kiss and Makeup Day.

BIRTHDAYS THIS WEEK

- August 19th – 1871, Aviation Pioneer Orville Wright
- August 19th – 1940, Actress Jill Arlyn (Jill St. John)
- August 20th – 1948, Singer Robert Plant
- August 20th – 1954, TV weatherman Al Roker
- August 21st – 19??, Educator Joshua Gaskill
- August 23rd – 1931, Actress Barbara Morehead (Barbara Eden)
- August 23rd – 1946, Drummer Keith Moon
- August 25th – 1930, Actor Sir Thomas Sean Connery (Sean Connery)



69th Lupton Family Reunion

The 69th Lupton Family reunion was held at the Goose Creek Island Community Center in Hobucken, NC on August 8, 2026. We had 30 family members in attendance.

Betty Ireland Shingleton registered everyone who attended with the assistance of Randi Zelenski Ireland and Karen Lupton Ireland. Thanks to all who assisted in the background in cooking and setting up.

Our president Floyd Ireland, Jr opened the meeting and welcomed all. Vice-President Lee Edwards blessed the food.

We began the day with lunch and had lots of delicious sides with our hamburgers and hot dogs which were enjoyed by all. Everyone continues to enjoy the new simplified meal of hamburgers and hot dogs. We plan to continue this simplified meal next year but plan to add chicken breasts provided we have enough donations.

Winners of the dessert contest were as follows: Mindy Ireland Epps - Pineapple Cake, Sharon Lupton Leary – Peach Cobbler, and Betty Jo Rodgers – Fudge w/Walnuts.

Mary Kirk donated some Goose Creek Island souvenir items to give away. Priscilla Edwards also donated 2 loaves of homemade yeast bread. The winners were as follows: Sharon Lupton Leary, Lee Edwards, Margaret Ireland, Karen Lupton Ireland, Joannis Summerlin, William Ipock, and Tillman Ireland.

Betty Jo Rodgers and Mildred Harrison sang a duet “Hold Him Under”. They heard this song for the first time in Ashville, NC. Then, they led the group in a sing-along. The first song was a different rendition of “Jesus Loves Me”. Joannis Summerlin assisted them with singing a humorous parody of “These Are a Few of My Favorite Things” (Senior Citizen Version). They ended the sing-along with “Amazing Grace”. President Floyd asked is anyone was interested in taking the President or Secretary/Treasurer positions. No one in the group was interested in taking these positions.

Everyone enjoyed searching for their family history in the original Lupton Family History book from 1974. You can purchase your own copy of this book from the Pamlico County Heritage and Museum in Grantsboro. The cost is \$40. It is not bound like a book, but it is a copy of the original printed version of the book. It would be great to have someone in the family who could keep up with the births, marriages, and deaths, so we could continue the traditions of keeping up with our genealogy. Karen Lupton Ireland agreed to check the Pamlico News for information on family she is aware of for now. Don’t forget about requesting access from a website managed by Jim Seaman that keeps up with the Lupton Genealogy Family Pages. That website is luptonfamily.net

We forgot to ask who traveled furthest but is appears that may Walter and Joannis Summerlin traveled the farthest from Seven Springs, NC to attend the reunion (approximately 87 miles).

Married longest – Roy and Betty Jo Rodgers - 61 years – Oriental

Oldest Lupton Male – None in Attendance

Oldest Lupton Female – Patricia Lupton Dunn – 82 – New Bern

Oldest Lupton Male descendant – Tommy Ireland – 66 - Reelsboro

Oldest Lupton Female descendant – Mildred Harrison – 83 – New Bern

Youngest Lupton Male – None in Attendance

Youngest Lupton Female – Sharon Lupton Leary – 78 - Lowland

Youngest Lupton Male descendant – Branch Edwards – 9 – New Bern

Youngest Female descendant – Lillie-Mae Ipock – 9 - Maribel

The 70th Lupton Family Reunion will be held at the Goose Creek Island Community Center on Saturday, August 14, 2027, at 12 PM with lunch following soon afterwards. Rain Date set for August 28, 2027.

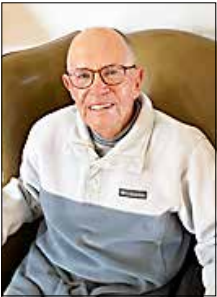
Respectfully Submitted,
Betty Ireland Shingleton
Betty Ireland Shingleton
Secretary/Treasurer

The Pamlico News

Publisher Sandy Winfrey Office Manager Katherine Winfrey Jeannine Russo Editor Sandy Winfrey Photographer Reporter Hiram Lupton Advertising Sales Jeannine Russo Production J.P. Miller Distribution Neal McCraw	Press Releases, Events, News editor@thepamliconews.com Photographer Reporter hiram@thepamliconews.com Advertising frontdesk@thepamliconews.com Billing Inquiries frontdesk@thepamliconews.com USPS 782-460 Published 51 times a year 801 Broad St., P.O.Box 510 Oriental, NC 28571 (252) 249-1555 fax: (252) 249 0857 www.thepamliconews.com The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.
---	---

COMMUNITY

OBITUARIES



Grosvenor G. Barber passed peacefully on June 14, 2026, at the age of 96, to be with Jesus, his first love. He was a loving husband, father, and friend. He is survived by his wife, Sandy Welch Barber; daughter, Becky Davis and husband, Joe Davis; son, Dick Barber and wife, Nel Barber. Grosvenor was born in New York City and grew up in Pomfret, CT. At the age of 20, he joined the 82nd Airborne as a para-trooper and was stationed at Fort Bragg in Fayetteville, NC. He completed 30 jumps and served 3 years and finished his term

as a Sergeant E-5. He went on to attend Elon College where he received his B.A. in math, science, and physics. He taught 8th grade for 30 years at Carrol Middle School in Raleigh, NC where he was known as “Mr. B.” After retiring he moved with family to Oriental. He worked at Pecan Grove Marina until he was 83 as Dock Master, where he loved taking care of the boats and especially the people! He also volunteered once a week for Yoke Fellow Ministries for 17 years at the Pamlico Correctional Institution in Bayboro, NC. He was so loved by many and will be truly missed.

Arrangements made by Daniels-Sadler Funeral Home & Crematory, Alliance, NC.



Mr. Jack Robert Lee, 97, of Arapahoe, passed away peacefully on Saturday, August 15, 2026, at his home. Jack was a devoted member of Bethany Christian Church, where he faithfully served for many years as a deacon and church treasurer. His faith was an important part of his life, and he gave generously of his time, talents, and resources to support the church and those around him. A proud U.S. Army veteran, Jack carried with him the same sense of dedication and responsibility throughout his life. He was also the co-owner and operator of Don Lee Farms, Inc., where his strong work ethic and commitment to a job well done were evident to all who knew him. Jack was a very hard worker, and his life reflected the values of perseverance, generosity, and service. Jack graduated from North Carolina State University with an agronomy degree. He believed in giving back to the institutions and organizations that meant so much to him and his community. He was a generous supporter and donor to North Carolina State University, Barton College, Camp Don-Lee, and Camp Caroline. Through his generosity, he touched many lives and helped support

opportunities for others for years to come. In his younger years, Jack developed a love for travel and had the opportunity to see much of the world. He traveled extensively, experiencing different places and cultures and creating memories that remained a cherished part of his life. Yet, despite the many places he visited, home and family always held a special place in his heart. Jack was preceded in death by his parents, Don and Dewey Lee; his wife, Gladys Lee; brother, Don Lee, Jr. and wife, Barbara; brothers-in-law, Buck Jones and Charlie Cook; and infant sisters, Marilyn Grace Lee and Anne Marie Lee. He leaves behind his two sisters, Mrs. Iris Lee Jones of New Bern and Mrs. Rose Lee Cooke of Virginia Beach, along with several nieces and nephews who will cherish the memories they made with him. A funeral service for Mr. Jack will be held at 11:00 a.m. on Friday, August 21st at Bethany Christian Church, with Rev. Merritt Watson and Rev. Amanda Moore officiating. Interment will follow at Don Lee Cemetery. In lieu of flowers the family requested memorial contributions be made to Bethany Christian Church, PO Box 156, Arapahoe, NC 28510.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance.

LETTER TO THE EDITOR

Letter to the Editor
Ferry Toll/Taxes
The North Carolina State Legislature has been trying, since a budget bill in 2010, to toll/ tax the commuter ferries in Eastern North Carolina. The New Statute, signed into law as part of the State Budget on 7 July 2026 explains, (paraphrased) that the Department of Transportation has the authority to provide for the establishment and maintenance of ferries connecting the parts of the state highway system; and the Board of Transportation shall prescribe and collect tolls on ferry routes and to charge persons, firms or corporations reasonable tolls that represent the “fair value” for the service rendered. The only dollar amount mentioned is for a pass that shall be available for \$150 and “will enable the individual issued the pass” to travel on any ferry route for one year with no additional fees. In 2012, when the legislature was trying to implement ferry tolls, they were simultaneously attempting to put a toll on 195. A couple of former NC state legislators told me that the, long term plan, was to replace the income tax with various types of fees. In Eastern NC we have both ferries and bridges. In other parts of NC there are no ferries but there are many bridges and tunnels that have to be built and maintained. What if the next Tolls/fees/taxes to be added by the legislature were to be used to maintain and/or replace those bridges and tunnels? I guess the poor and middle class could choose to skip the toll/taxed roads and bridges and use more gas and pollute the environment more but maybe save a little money. What if the state had to replace the FEMA contribution when flooding and hurricanes occur? What kind of fees could that entail.? Oh, and by the way, what about the costs for collecting these Toll/ Tax/Fees? We were told in 2012, for the ferries, that it would be approximately 20-30% of the income taken in from the tolls. This law is aimed at the pockets of the working middle class along with civilian and military retirees who must use the ferries to get across the Neuse or Pamlico Rivers for work, shopping, and/or health care needs. We can drive, for me, around it is 22.7 miles of driving as opposed to 45 miles to drive around to get to the VA Clinic on base. Larry Summers
Retired U. S. Army Vietnam Veteran
Oriental, NC

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day.
The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

Tips to Get the Most Out of a Tank of Gas

Buy Good-Quality Gas
We typically recommend using Top Tier gas—that is, gas that’s held to a higher standard through the voluntary participation of numerous gas station brands, including Chevron, Costco, Exxon, Mobil, and Shell. Beware that many familiar brands don’t have Top Tier gas. The goal is to feed your car good-quality gas whenever possible, but it’s fair to be flexible during a shortage or when traveling. If you use non-Top Tier gas on occasion, it may cause engine deposits. But the detergents in Top Tier gas can eventually clean any engine deposits that may accumulate.

Concerned about your drinking?

You are not alone, there is help available!
Come join others who have found a Solution!

Alcoholics Anonymous: New Bern Hotline (252) 349-0898

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

- | | |
|---|---|
| Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55) | Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55). |
| Thursday *7:30pm* - Recovery and Beyond Group - Beginner/ Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center) | Sunday *7pm – Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left) |

<https://aaeasternnc.org/> <https://aanorthcarolina.org/> <https://www.aa.org/>

FINANCIAL FOCUS

Help your graduate use credit and debit cards wisely



As your new graduate prepares to step into the next chapter of life – whether that’s more education or starting a career – one of the best things you can do is help them understand how to use credit cards, debit cards and prepaid cards wisely. They can be powerful financial tools, but without some basic knowledge, they can also lead to trouble.

Here are a few things for graduates, whether from high school or graduate school, should know.

Credit cards have benefits — and risks. About 69% of Americans ages 18-29 have at least one credit card, according to the Federal Reserve. They can borrow money up to a set limit, pay it back and borrow again – a cycle known as revolving credit. Used responsibly, credit cards can help build their credit history, cover unexpected expenses and even earn rewards like cash back or travel discounts.

On the cautionary side, if your child or grandchild doesn’t pay the full balance each month, interest charges can accumulate quickly. Carrying a high balance relative to the credit limit can hurt their credit score. Perhaps most importantly, it’s easy to fall into a debt cycle in which they charge more than they can pay, interest can add up to more than the original purchases cost, and they might even open new cards to cover old ones. It creates a hole that’s hard to climb out of.

The key message is simple: pay off the balance monthly, pay on time

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
Edward Jones, Member SIPC*

NC

COOPERATIVE
EXTENSION

Pamlico County

Yellow-legged Hornet in the NC

Article taken from a July 27, 2026 press release issued by the North Carolina Department of Agriculture & Consumer Services (NCDA&CS) and summarized by Debbie Roos at <https://growingmallfarms.ces.ncsu.edu/news/invasive-yellow-legged-hornet-confirmed-in-north-carolina>.

Daniel Simpson, County Extension Director, Agriculture Agent



RALEIGH – The North Carolina Department of Agriculture and Consumer Services has confirmed the first established presence of the invasive yellow-legged hornet (*Vespa velutina*) in the state, in Matthews, NC. (Find NCDA release at <https://www.ncagr.gov/YLH>)

Yellow-legged hornet adults were reported to NCDA&CS by a Union County homeowner who noticed suspicious hornet activity at her hummingbird feeder. A follow-up survey found additional adults near the Union and Mecklenburg County line. Survey, trapping and response efforts by NCDA&CS and USDA-APHIS-PPQ are ongoing.

“NCDA&CS has been monitoring for yellow-legged hornet since it was first detected in the United States in Savannah, Georgia, in November 2023. This aggressive pest of honey bees and other pollinators had been previously localized near Savannah, Georgia, and Charleston, South Carolina, until a population was identified last December in York County, South Carolina, just south of the Charlotte metropolitan area,” said Dr. Bill Foote, director of the NCDA&CS Plant Industry Division. “This detection prompted us to ramp up surveillance this year in southern Union and Mecklenburg counties. North Carolina has thousands of beekeepers statewide, and our apiary team has been working diligently to alert them to the threat yellow-legged hornet poses to their hives.”

Beekeepers are asked to watch for hornets around hives exhibiting “hawking-like behavior.” This behavior is a distinctive characteristic to the yellow-legged hornet as they prey on bees. Their hives are another distinctive feature as they can grow much larger than other hornets’ nests and have a reddish, muddy color to them

and treat the card as a convenience, not a lifeline.

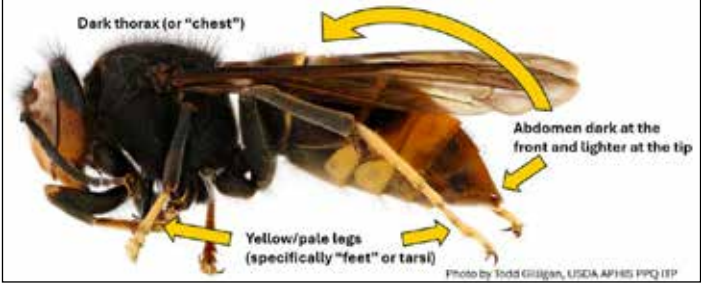
Debit cards can be a good option. Since debit cards draw directly from a bank account, they naturally limit overspending. But they aren’t risk-free. Overdrawing the account can trigger fees, and debit cards generally offer fewer fraud protections than credit cards. Additionally, since you’re spending your own money rather than borrowing, debit cards don’t help build a credit score. Still, for a young person just starting out, a debit card can be a practical way to manage day-to-day spending.

Prepaid cards can help teach the basics. Money is loaded onto the card before use, and your young adult can only spend what’s already on the card. Because of this, there’s no risk of debt, no credit history needed and no bills to pay.

Prepaid cards come in several forms. General purpose reloadable cards can be used anywhere cards are accepted. Payroll cards are sometimes used by employers to distribute wages. Gift cards are another option.

The downside is that prepaid cards typically don’t help build a credit history, since transactions usually aren’t reported to credit bureaus. Some also come with fees for activation, reloading or transactions. These fees can add up, so it pays to read the fine print.

Teaching your graduate the difference between these tools, and how to develop good habits for each, can help them build financial confidence for decades to come.



compared to gray colored nests of bald-faced hornets for example (see photo below). At this time in the season, hives would likely be the size of a volley ball, although they can grow to fill a pick-up truck bed.

Because yellow-legged hornets attack honey bees, they can cause reduced foraging and colony failure, said State Apiarist Don Hopkins. “This would result in reduced honey and other honey bee products, reduced crop production due to decreased pollination by honey bees and native pollinators, making the hornet a serious threat to North Carolina’s beekeeping community,”

NCDA&CS is working to locate and remove the yellow-legged hornet nest to prevent further spread. More than 200 survey traps have been set in the area surrounding the Union County home

where the adults were spotted to target the nest and find additional populations. Homeowners and beekeepers throughout North Carolina are encouraged to visit the NCDA&CS website for instructions to build, report and monitor traps on their property.

Dr. Matt Bertone, Director and Entomologist with the NC State Plant Disease and Insect Clinic (PDIC), says that “yellow-legged hornets are not an increased risk to humans (the risk of stings/attacks is similar to other native relatives), but they are dangerous to honey bees. This is a species that will actively hunt honey bees and destroy hives, making it a destructive pest for beekeepers.” Bertone urges North Carolinians to be on the lookout for this invasive pest and report any suspected sightings (report sightings through the NCDA survey found in the NCDA release at the beginning of this article).

For more information about this subject, visit the NC State Extension note at <https://content.ces.ncsu.edu/yellow-legged-hornet> or you may contact Pamlico County Extension Agent Daniel Simpson at 252-745-4121 or Daniel_simpson@ncsu.edu.

HAVING DOUBTS?
YOU'RE NOT ALONE

LEAVINGMAGA.ORG

AUGUST 19

6:30 – 8:00 PM

ORIENTAL TOWN HALL

PRESENTING

RICH LOGIS

EX-MAGA ACTIVIST AND AUTHOR OF
ONE BETRAYAL TOO MANY:
WHY I LEFT MAGA

Rich Logis is the founder of Leaving MAGA, which empowers others to leave MAGA and tell their stories, foster reconciliation with their friends and family and creates a community for all who leave MAGA.

SPONSORED BY

PAMLICO PROGRESSIVES

INDIVISIBLE

FREE AND OPEN TO THE PUBLIC

D

S

Daniels-Sadler Funeral Home & Crematory

52 Bryant St., PO Box 99, Alliance, NC 28509

252-745-4966 | info@dssfunerals.com

erving Pamlico, Craven, Beaufort and surrounding counties with courteous, compassionate and professional service

Formerly Bryant Funeral Home, under new ownership

Preplanning | Full-Service Funeral Establishment

Monument Sales | Crematory Onsite

Final Expense Insurance Sales | Affordable Pricing

Website: danielssadlerfunerals.com

WHAT'S THE DIFFERENCE?

There are four differences between Picture A and Picture B.

A

B

Answers:

1. Missing logo on man's shirt 2. Woman wearing life jacket 3. Tall tree in background 4. Water bottle on right

The many ways a thriving agricultural sector is beneficial

Inflation has been a hot topic for several years running. Many businesses have been forced to raise their prices in an effort to combat a host of variables, including materials costs, labor shortages and political uncertainty across the globe. That’s been hard on consumers’ and business owners’ pocketbooks, and precisely when inflation will simmer down remains a mystery.

Though the cost of many goods and services has skyrocketed in recent years, discussions about inflation often focus on the rising cost of groceries. According to USDA Economic Research, food prices in the United States rose 23.6 percent between 2020 and 2024. That’s led many people to cut back on luxuries like dining out. As people dine out less, they may be looking to expand their culinary horizons at home, and that goal is best achieved when the agricultural sector is put in position to meet consumer demands. Indeed, that link is just one of the many ways that a thriving agricultural sector benefits everyone.

- A strong agricultural sector greatly benefits the economy. Job creation is widely cited as a pathway to economic recovery, and a well-supported agricultural sector can create millions of jobs. The agricultural tech firm Sabanto estimates 2025 began with around 2.4 million unfilled jobs within the agricultural sector. A 2022 report from Maryville University indicated the agricultural sector contributes \$7 trillion to the U.S. economy, employing as much as 10.3 percent of the

nation’s workers. The link between a thriving agricultural sector and a strong economy is undeniable, making it a worthy endeavor to support policies that prioritize agriculture.

- A thriving farm is a productive farm. Modern grocery stores offer an abundance of healthy foods, and many of those foods are grown on farms. The Farm Bureau reports that a single acre of land can grow various crops, producing as much as 50,000 strawberries or just under 2,800 bushels of wheat. Consumers who enjoy visiting grocery stores that offer an array of fresh, nutritious foods, including fruits and vegetables, should know that those options are only available when a thriving agricultural sector is prioritized.
- Farms are vital to production of other products as well. Maryville University notes a thriving agricultural sector is involved in more than just food production. IFP Energies notes that bio-based chemistry uses raw materials derived from biomass, such as plants like wheat, corn and potatoes, to produce an array of products, including inks, dyes and detergents. So it’s not just the foods people eat that can be traced to a thriving agricultural sector. Bio-based chemistry also is considered green because it promotes a reduction of the environmental impact of industrial production. There’s no shortage of reasons to support a thriving agricultural sector. Indeed, consumers from all walks of life benefit in myriad ways when the success of the agricultural sector is prioritized.

SUDOKU

	5				4		
		7	3		6		
4	2					6	
		2		5	8		3
1	6		4			9	8
5	8		1				4
					2		
8		1		2	4		7
	7						1

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How it Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ANSWER:

8	1	5	9	6	3	9	4	2
9	7	1	4	5	2	8	6	3
6	4	2	7	8	1	5	3	9
4	2	7	8	9	1	6	7	5
5	8	9	2	7	4	3	6	1
1	3	9	8	5	6	2	1	7
3	6	1	5	7	9	4	2	8
9	1	7	3	4	8	6	5	2
2	5	6	1	2	8	3	7	4

ACS and PCA Begin Volleyball Seasons

Area schools are getting cranked back up and so are area high school sports. Arapahoe Charter School and Pamlico Christian Academy began their volleyball seasons last Thursday with an intra-county matchup with ACS hosting. The Bobcats took the Junior Varsity match-up, 2-0 (25-18, 25-10). The visitors bounced back in the varsity contest with the Mariners serving up a win, 3-0 (25-20, 25-17, 25-16). These two teams will face off in a rematch on September 22 on the Mariners home court.



CENTURY 21[®]

Sail/Loft Realty

Local. Trusted. Proven.

SERVING ORIENTAL & PAMLICO COUNTY FOR 50 YEARS.

EXCEPTIONAL PROPERTIES. ENDLESS POSSIBILITIES.

\$535,000

COMMERCIAL/RESTAURANT

303 SOUTH AVE - ORIENTAL NC 28571

\$294,000

509 BROAD STREET - ORIENTAL NC 28571

\$279,000

59 NEUSE HILL RD - ARAPAHOE NC 28510

\$279,000

COMMERCIAL/STOREFRONT

16377 N NC 55 HWY - STONEWALL NC 28583

\$789,500

138 SHORELINE CT - ORIENTAL NC 28571

\$380,000

349 CREEK PL RD - ARAPAHOE NC 28510

Local Experts.
Coastal Knowledge.
RESULTS THAT MOVE YOU.

252.249.1787

SailLoftRealty.com

1000 Broad Street
Oriental, NC 28571

Hurricanes Serve Up New Volleyball Season

by: Hiram Lupton

The Pamlico County High School Volleyball team jumped right into their 2026 season in a busy way last week with three road matchups. On Tuesday they butted heads with the Rams of Havelock and took a 3-1 (25-13, 25-19, 22-25, 25-16) win to open the season. Senior Hayden Gibbs-Ireland was strong for the 'Canes with 20 kills at the net. The following evening, the Hurricanes hit the crystal coast, visiting Swansboro and the Pirates weathered the storm, taking down the Hurricanes 3-0 (8-25, 11-25, 19-25). Pamlico rounded out the week on Thursday with a trip to Jacksonville to do battle with the Warriors of Living Water Christian. Pamlico jumped out quickly and never let up, earning a 3-0 (25-5, 25-12, 25-5) victory. Bella-Ann Schulz was strong for Pamlico in this one with 8 kills. This week, if the schedule holds, Pamlico will open their home gym on Tuesday against Bear Grass Charter before traveling to West Craven on Wednesday.

Ehren Rolle battles Swansboro at the net

Hayden Gibbs-Ireland with a Kill

LIFTAVATOR

ACCESSIBILITY SOLUTIONS

CALL THE ELEVATOR AND
LIFT EXPERTS: 1-888-634-1717

Visit our new showroom located at 4430 Hwy 70E, New Bern, NC 28560

With over 30 years of experience, Liftavator is your best source for residential and commercial elevators and lifts. Our qualified and licensed technicians provide professional installation, maintenance, service and inspection. We also offer 24-hour emergency calls. Whether you need an outdoor lift, luxury home elevator, stairlift, or commercial elevator, call Liftavator for a free consultation. We will find a solution that is right for you!

savaria[™]

ELITE DEALER

LIFTAVATOR.COM

1-888-634-1717

Pamlico Cross Country Opens Season with Invitational Event

by: Hiram Lupton

The Pamlico County High School Cross Country team hit the trails and track last Tuesday with their opening meet of the season by hosting the Coach Bob Girani Invitational Cross Country Meet. Coach Bob has achieved legendary status in our area as a Cross Country and Track & Field coach, often offering advice and tips to competing athletes to help them be the best they can be, regardless of what school they may be competing for. He is still going strong at 92 years old and is currently an assistant coach at Terra Ceia Christian School. You could also call this the “Big meet in the heat,” as 135 different runners were entered in boys and girls high school divisions and a combined middle school division. Five different schools; Pamlico County, Pamlico Christian Academy, West Carteret, Terra Cia Christian, and Havelock were represented as well as numerous independent runners. In the middle school division, which runs 3000-meters, the overall winner was Tommy Delamar of the Tides XC club, who clocked a 10:58.36. In the girls high school division, out of 43 competitors starting, Pamlico County placed two runners in the top ten, Isla Weiman (24:04.88) who came home in third, Jessica Pichardo-Madrid (26:07.60) in eighth. Pamlico Christian’s top female runner was Leigha Wilson (31:09.73) in twenty-fourth. In the high school boys division, there were 71 entries and Pamlico County placed two in the top ten, Tucker Carey (17:42.14) in fifth and Edgar Muro (18:07.07) in sixth. Pamlico Christian’s top runner was Levi Mercer (20:35.14) who came in at twenty-first. The team championship in both boys and girls divisions went to West Carteret.



Tucker Carey



Isla Weiman



Leigha Wilson



Tommy Delamar



Levi Mercer



Every mile pushes you past limits you didn't know you had, and there's no shortcut.

"Education is an admirable thing, but it is well to remember from time to time that nothing worth knowing can be taught."
- Oscar Wilde

ACE

The helpful place.

RED HOT BUYS VALID AUGUST 1–31

SALE

\$36⁹⁹

Zero-G® 50' Garden Hose
7465248
Zero-G® 100' Garden Hose,
7539711...SALE \$58.99

SALE

\$23⁹⁹

Ace® 2 Gal. Home & Garden Sprayer
7437668
Ace® 4 Gal. Pro Backpack Sprayer,
7006696...SALE \$99.99

SALE

2/\$18⁰⁰

Ace® Wild Bird Food, 20 Lb.
81995
\$9.00 each

PAMLICO HOME BUILDERS & SUPPLIES, INC.

Hwy 55, Alliance • (252) 745-4111

Hours: Mon. – Fri. 7:00 am to 6:00 pm • Sat. 8:00 am to 2:00 pm

HAPPY BIRTHDAY, USA!

1776

PIG ROAST

Presented by the PAMLICO REPUBLICAN PARTY

SATURDAY SEPTEMBER 12

12:00 PM to 4:00 PM

PAMLICO HERITAGE CENTER GRANTSBORO, NC

\$15 AT THE DOOR

CASH OR CHECK

THE HALIFAX RESOLVES

April 12, 1776

North Carolina became the first colony to officially authorize its delegates to the Continental Congress to vote for independence from Great Britain.

NORTH CAROLINA FIRST IN LIBERTY APRIL 12, 1776

COME CELEBRATE AMERICA!

Read Local

Keep up with your community!

NEWS

We Deliver the Best Local Deals and Offers!

Subscribe by phone or online today, and starting saving.

Local news, shopping and entertainment

Subscribe • Support • Advertise

The Pamlico News

Your County News Source Since 1968

252.249.1555 www.ThePamlicoNews.com

TRANE

COMFORT SPECIALIST

It's Hard To Stop A Trane.®

Dixon

HVAC

HEATING & AIR COND.

New Bern, NC

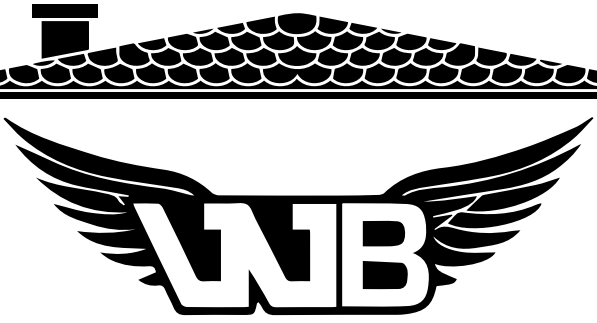
We provide professional HVAC installation and repair service for residential and commercial properties in Craven, Pamlico, and surrounding areas.

Our heating and cooling experts offer accurate and free estimates for your convenience. Call us to schedule your estimate!

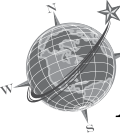
(252) 745-4022 (252) 633-2173

dixonheatingandair.com

CLASSIFIEDS



WINFREY BUILDERS
252-670-2915



World Wide
Marine Training, LLC
U.S.C.G. Approved Training & Testing

Captains Licenses ★ Master 100 Tons ★ Master 200 Tons ★ AB
★ STCW 5-day Basic Training ★ Radar Endorsements ★
Auxiliary Sail and Assistance Towing Endorsements
Call 252-249-2135
worldwidemarinettraining.com
22532 NC Hwy 55 East, Oriental, NC 28571

Pamlico Tree Care, LLC

Servicing New Bern & Surrounding Counties

Owner Jonathan Mitchell



New Omme 90’ Tracklift
Access through a 4’ wide gate
Complete Tree Removal
Stump Grinding

Brush & Branch Chipping
Cabling & Crown Reduction
Tree Pruning & Shaping

Fully Insured with Liability and Workmen’s Comp
252-745-7232/252-671-7563
Pamlicotreecare@aol.com
www.pamlicotreecare.com

FOR SALE



Minnesott Beach - Fully furnished 2BR condo is move-in ready and has captivating views of the Neuse River. Featuring granite countertops, luxurious LVT flooring and newly renovated bathrooms, this first floor unit is absolute heaven!
\$240,000

CENTURY 21
Sail/Loft Realty
252-249-1787
www.SailLoftRealty.com

T.O.P.P. Care For Pets

The Oriental Pet Parlour

✦ Full Service Grooming
✦ Licensed Boarding
✦ Day Care
✦ For Dogs, Cats, Birds & Other Pets

252-249-0243

315 White Farm Road Oriental, NC 28571
Hours: M - F 8:30 - 5 ✦ Sat. 9 - 3
Check out our website at
www.TheOrientalPetParlour.com



Katherine H. Winfrey
Income Tax Service

801 Broad St.
Oriental, NC 28571

533 South Creek Rd.
Aurora, NC 27806
252-670-7728
252-675-2828

HELP WANTED

Laborer needed, pick up and put down, Follow instructions, weed whack. Paying cash daily. Semi-retired, part time ok.
Capt. Ron Diamond 518-657-1348 in Oriental
Must have drivers license. Non-smoker preferred.

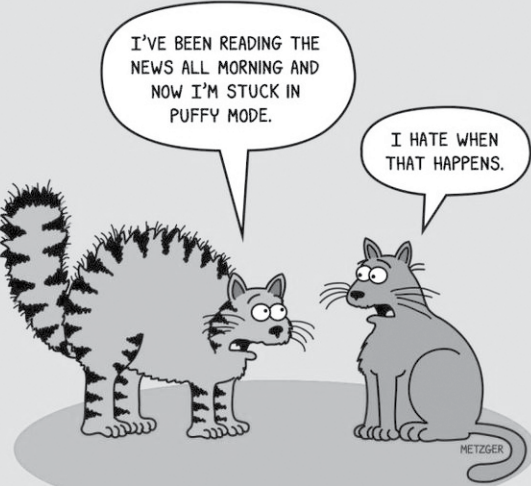
FOR RENT

838 Scotts Store Road,
Grantsboro, NC

• 3 bedrooms, 2 bathrooms
• Newly remodeled throughout
• Brand-new appliances
• Fenced backyard
• Lawn maintenance and trash pickup are included in the monthly rent
• We have a strict no pet policy

The monthly rent is \$1,800.00, with a \$1,800.00 security deposit required.
Call: (252) 254-7097
Email: tbythecrentals@gmail.com





I'VE BEEN READING THE NEWS ALL MORNING AND NOW I'M STUCK IN PUFFY MODE.

I HATE WHEN THAT HAPPENS.

NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
WILLIAM ODELL SPAIN
File No.: 26E000133-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to STEVEN O. WALKER, ADMINISTRATOR, on or before NOVEMBER 3, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR.

This 5TH OF AUGUST 2026

ESTATE OF WILLIAM ODELL SPAIN
C/O STEVEN O. WALKER
93 ROBIN RD
GRANTSBORO, NC 28529

Publish AUGUST 5, 12, 19 AND 26, 2026.

NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF

JULIAN BECTON BROUGHTON, SR.
File No.: 26E000136-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to EUGENE BROUGHTON, EXECUTOR, on or before NOVEMBER 3, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 5TH OF AUGUST 2026

ESTATE OF JULIAN BECTON BROUGHTON, SR.
C/O EUGENE BROUGHTON
163 N TRENT RD
MERRITT, NC 28556

Publish AUGUST 5, 12, 19 AND 26, 2026.

NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
JONATHON TYLER LOWERY
File No.: 26E000131-680

All persons, firms and corporations having claims against deceased, are notified to exhib-

LEGALS

it them to ERVIN NOBLES, ADMINISTRATOR, on or before NOVEMBER 3, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR.

This 5TH OF AUGUST 2026

ESTATE OF JONATHON TYLER LOWERY
C/O ERVIN NOBLES
1206 OLD BAY RIVER RD
GRANTSBORO, NC 28529

Publish AUGUST 5, 12, 19 AND 26, 2026.

NORTH CAROLINA IN THE
GENERAL COURT OF JUSTICE
PAMLICO COUNTY
SUPERIOR COURT DIVISION
NOTICE TO CREDITORS
AND DEBTORS OF
FRED A. JOHNSON
File No.: 26E000137-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to PAULA J. DAVIS, ADMINISTRATOR, on or before NOVEMBER 3, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make

immediate payment to the above-named ADMINISTRATOR.

This 5TH OF AUGUST 2026

ESTATE OF FRED A. JOHNSON
C/O PAULA J. DAVIS
615 GIBBTOWN RD
MERRITT, NC 28556

Publish AUGUST 5, 12, 19 AND 26, 2026.

NOTICE TO CREDITORS

All persons, firms and corporations having claims against the Estate of Jane Haley A/K/A Jane Limbocker Haley Deceased, of Pamlico County, N.C., are notified to present the same to the Personal Representative listed below on or before November 12, 2026, or this Notice will be plead- ed in bar of recovery. All debtors of the said Estate are asked to make immediate payment. This is the 12th day of August 2026.

SARITA PORTER
Executor
c/o TERRI W. SHARP
Ward and Smith, P.A.
Attorneys at Law
Post Office Box 867
New Bern, NC 28563-0867

Section 4 MB 4/101; New Lot; Metes & Bounds, PIN D061-188-216 from Ronnie James Hill, II, Shawn Elaine McDonald Hill to Crystal Bartlett, Cody Bartlett, \$636
March 17, River Dunes Lot: 29 Marina Village Section 3; Quidley Cove, Oriental PCA 149-2, PCA 148-7, PCA 148-11, PCA 148-13, PCA 148-15 & PCA-17, PIN L10-3-MV3-29; Quitclaim from Lynda Loytty, Lynda Brown Turner to Lynda Loytty, John F. Turner, Jr., \$0
March 17, Port Vandemere Lot: 48 PCA 164-8 & PCA 149-4, PIN K04-6-48 from Gwinn O. Hedrick to Ricky Kaleb Langley, \$30
March 18, Beards Creek Acres Lot: 12 Section Three PCA 27-2, Beards Creek Acres Lot: X Section Three PCA 27-2 from Philip O. Nichols, Janice Nichols to Michael H. Thomas, Patricia H. Thomas, \$160
March 18, Arlington Place Lot: 97 Phase 1 PCA 153-17 from Alton W. Earley, Betty J. Earley to Bradley S. Gordon, Lisa L. Gordon, \$110
March 18, ¼ AC S/S NC Hwy 55 Reelsboro from Teresa M. Scott/TR, Teresa M. Scott, Teresa M. Scott Revocable Trust to Mark Shawn Scott, Lisa F. Scott, Scott Plumbing & Heating Company, Inc., \$1,300
March 18, ¼ AC N/S Old Rd Vandemere from Calvin Henry Roberson, Calvin H. Roberson, Cathy Roberson, James Ernest Roberson, Jr., James E. Roberson, Jr., Jamica Roberson, Eric Lamont Roberson, Eric L. Roberson, Keshia Roberson, Elethia Faye Roberson Woodham, John Woodham, Jermaine Channing Roberson to Darlene L. Roberson, \$0
March 18, Arlington Place Lot: 184 Phase 1 PCA 153-17 & PCA 172-2 from Arlington Place, LLC to Timothy J. Moore, Johnnie S. Moore, \$100
March 19, Pecan Grove Marina 1/178 Und Int Exhibit A DB 334/140, Pecan Grove Marina 1/178 Und Int Piers & Docks PCA 108-5, Pecan Grove Marina Boat Slip 36 PCA 108-5 PIN I092-178-36SL, \$0
March 19, PIN E041-3; 2 AC NC 306 Hwy S Grantsboro from Mary Barrington Lemon, Mary B. Lemon, Scott A. Lemon to Mary Kathryn Barrington Lemon, Scott Alexander Lemon, \$0
March 19, PIN E041-3; 2 AC NC Hwy 306 S Grantsboro from Mary Kathryn Barrington Lemon, Mary Lemon, Scott Alexander Lemon, Scott A. Lemon to Scott Alexander Lemon/TR, Scott Lemon, Mary Kathryn Barrington Lemon/TR, Mary Kay Lemon, Scott and Mary Kay Lemon Living Trust, \$0
March 19, PIN E06-11, E06-12, E06-13, E06-14 & E06-15; Multiple Parcels See Instrument from Blake Toler to Paul Toler, \$0
March 19, PIN H091-4 & H091-6; 13.71 AC SR 1307 & SR 1350 Map DB 218/856 & DB 218/860; 8.50 AC SR 1350 & Hickory St from Eva E. Humphrey, Wendy Mayo/AIF, Wendy H. Mayo/AIF to Stanley Craig Odom, Lisa Hatcher Odom, \$374
March 19, 3.83 AC Thomas & Ella Taylor Subdivision PCA 126-1 from Mark Leonard/TR, Mark Leonard, Michelle Ann Leonard/TR, Michelle Ann Leonard, Mark Leonard Living Trust, Michelle Ann Leonard Living Trust to Mark Leonard, Michelle Ann Leonard, \$0
March 20, Landings Hargett Lot: 10 PCA 21-1, PIN J081-137-10 from Walter C. Dollman, Jr., Rebecca E. Dollman to James R. Oakley, Collette Z. Oakley, \$830
March 23, Teachs Cove Lot: 47 MB 9/63; Treasure Dr, Oriental, PIN I081-5-47 from Richard J. Cardosa, Lori Ann Curtis to Richard J. Cardosa, Lori Ann Curtis, \$0
March 23, Arlington Place Lot: 46 Phase 1 PCA 153-17; Sassafrass Loop, Arlington Place Lot: 47 Phase 1 PCA 153-17; Sassafrass Loop from Judith M. Henning to Dan A. Ragle, Susan T. Ragle, \$1,370
March 23, Quitclaim Deed; PIN F09-33 (Portion) 344.67 AC PCB 21-12 from Bay River Capital, LLC to Green Road Holdings, LLC, \$0
March 24, .50 AC Swan Point Rd (SR 1219); Life Estate from Walton Oswald Williams, Jr. to Richard Seay, Walton Oswald Williams, Jr., \$0
March 25, River Dunes Lot: 28 Marina Village - Harbor Village III-B, PCA 166-7, PCA 148-7, PCA 148-11, PCA 148-13, PCA 148-15 & PCA 148-17, PIN L10-3-HV3B-28 from Adria Zagula, Pavel Zagula, Pavel P. Zagula to Barton A. Horne, \$1,350
March 25, Port Vandemere 1/47 Und Int Common Area Phase I Dock A PCA 179-20, Port Vandemere Boat Slip 8 Dock A PCA 183-13, Port Vandemere Lot: 43 PCA 165-7 from Michael T. McGee, Sr., Doris E. McGee to Walter E. Popp, \$76
March 26, Hortons Landing Lot: 6 Section 2 & 3; 1/10 Und Int Tracts 2, 3 & 4, PCA 48-9, Hortons Landing Boat Slip 4 & Wooden Pier, PCA 45-10, 24E118; See Instrument from Nancy Norris/EST, Laura K. Nuechterlein/ EXR, Laura K. Nuechterlein, Bruce Nuechterlein, Susan Leigh Tosi, Joe Tosi to Laura K. Nuechterlein, Bruce Nuechterlein, \$0
March 26, One Tract NW/S Styrons Beach Rd (SR 1310) & NE/S Weed Rd ((SR 1309); One Tract NWS Styrons Beach Rd (SR 1310) & Wiggins Point Rd from Peter E. Messikomer, Kelly K. Messikomer to Eric S. Ringler, \$350
March 26, One Tract NW/S Styrons Beach Rd (SR 1310) & NE/S Weed Rd (SR 1309); One Tract NWS Styrons Beach Rd (SR 1310) & Wiggins Point Rd from Eric S. Ringler to Eric S. Ringler, Joyce Ann Umperovitch, \$0
March 27, Osprey Point Lot: 21 PCA 23-9; 1.25 AC PCA 200-11, DB 751/639 Deed of Correction; PIN L07-29-21; 0.47 AC Tract Map DB 408/604 from Edward Hill Williams, III/TR, April Ogburn Williams/TR, The Williams Family Revocable Trust to Timothy W. Quinn, Laura M. Quinn, \$0
March 27, PIN B032-22 & Portion B-032-23; 2.35 AC NCSR 1127 (Bayleaf Rd) PCB 22-5 from Craig A. Holton, Melissa L. Holton, Dennis B. Holton, Jeannie R. Holton to Catherine Decker, Jefferson Decker, \$0
March 30, Camp Creek Lot: 9 0.23 AC (10,224 Sq Ft) PCA 171-2 from Brown Pelican Construction, LLC to Carroll Construction Homes, Inc., \$80
March 30, Mill Creek Lot: 332 Arlington Place; Phase II, PCA 164-2, Mill Creek Lot: 333 Arlington Place; Phase II 0.8 AC PCA 164-2, Mill Creek Lot: 334 Arlington Place; Phase II PCA 164-2, Quit-Claim Deed; Interest from Howard Ray Hein, Howard R. Hein, Sheila Rosemary Hein, Sheila R. Hein, Sheila Hein to Jason T. Hein/TR, The Howard Ray and Sheila Rosemary Hein Irrevocable Trust, Howard Ray Hein, Sheila Rosemary Hein, \$0

March 30, Mill Creek Lot: 332 Arlington Place; Phase II PCA 164-2, Mill Creek Lot: 333 Arlington Place; Phase II 0.8 AC PCA 164-2, Mill Creek Lot: 334 Arlington Place; Phase II PCA 164-2, Quit-Claim Deed; Life Estate from Howard Ray Hein, Howard R. Hein, Sheila Rosemary Hein, Sheila R. Hein, Sheila Hein to Howard Ray Hein/TR, Sheila Rosemary Hein/TR, The Jason T. Hein Revocable Trust, Jason T. Hein, \$0
March 30, Sea Vista Windward Shores Lot: 35 Sec 1 MB 5/34; Albemarle Dr Oriental, PIN J083-27-35 from Henry J. Kobik, Marilyn L. Kobik, Marilyn T. Kobik to Belinda Lee Wimbush, \$67
March 30, PIN K081-69-7; One Tract Gwaltney Land PCA 41-10 from Douglas J. Calcaterra, Anne Marie Calcaterra to Adam L. Bedard, Sarah O. Bedard, \$770
March 30, 1 AC W/S NC Hwy 55; 18E57 from Thomas Wayne Taylor, Thomas W. Taylor, Laura B. Taylor to Douglas M. Delisle, Keri A. Delisle, \$120
March 30, Indian Bluffs Lot: 2 MB 12/68 from Robert S. Persan to Jessica Nancy Persan, \$0
March 30, PIN C071-3; 24 AC Tract E/S Upper Broad Creek; Creek Pointe Rd New Bern; Interest from Jill Ann Sheehan, Raymond John Sheehan to Judith H. Newing/EXR, Donnell Howard/EST, \$0
March 30, PIN C071-3; 24 AC Tract E/S Upper Broad Creek; Creek Pointe Rd, New Bern, Interest from Joy Lee Howard-Snow, Joy Lee Howard Snow, Joy Lee Howard Snow, William B. Snow, III, Donnell Howard/EST to Judith H. Newing/EXR, Donnell Howard/EST, \$0
March 30, Hortons Landing Lot: 6 Section Two & Three; PCA 48-9 & 1/10 Und Int Tracts Two, Three & Four, Hortons Landing Lot: 13 Boatslip 4, Multiple Tracts See Instrument from Laura K. Nuechterlein to Bruce E. Nuechterlein, Laura K. Nuechterlein, \$0
March 30, 0.18 AC Tract One & 0.19 AC Tract Two from Brian P. Kearney to Brian P. Kearney, Brian Kearney, Jr., Karyn Mackie, Jason Kearney, \$0
March 30, Rivershore Development Lot: 12, MB 5/61; Map DB308/38; MB 3/6, PIN I091-17; 25E001162-680 from Margaret Ann Pryor, Thomas James Pryor, Grace Jerome Creech, Christopher William Lamberg-Karlovsky, Christopher William Lamberg Karlovsky, Christopher William Lamberg Karlovsky, Margaret Ann Pryor/EXR, David Ward Creech/ EST to Robert T. Taylor, Judith M. Taylor, \$670
March 31, One Acre E/S Caton Rd South from Old County Rd from Glynn R. Guimbal, Beverly H. Guimbal to Beverly H. Guimbal, 40
March 31, PIN D061-214-1; Property DB 188/733 & 516/882 from Glynn R. Guimbal, Beverly H. Guimbal to Denard T. Potter, Helen D. Potter, \$74
March 31, PIN F081-62 Parsonage Tract Free Will Baptist Church of Arapahoe, MB9/50; NC Hwy 306 S Arapahoe from Richard Raynor/TR, Stephan Carey/TR, Arapahoe Free Will Baptist Church, Freewill Baptist Church of Arapahoe to Francis Marion Altman, Jr./TR, Donna L. Altman/TR, Altman Revocable Living Trust, \$400
March 31, Lake Minnesott Estates Lot: 32 Section VI MB 6/9, PIN F093-6-32 from Livingston Franklin, LLC to Kenneth R. Howard, Cynthia W. Howard, \$530

AROUND THE COUNTY

Aurora Joy McCracken, *Correspondent*



Bee Diary:
You should hear the buzzing going on with the figs (the girls are drinking off the already ripe ones). They are using the bird bath again. Devil's Walking Stick and Sumac are also a resource for them now. Pulled more frames of honey for a total of 14 so far. Didn't see the queen or eggs this time but didn't want to disrupt the colony any more than necessary with the harvesting and organic varroa mite treatment being applied. As much as possible the uncapped will be dried in the honey house to below 18% moisture and bottled. Anything marginal will be returned to the bees for movement and restorage in the honey frames of the two bottom deeps for winter food stores.
There's always been a bully Hummingbird chasing others away from the feeder, but this summer he's chasing and harassing wrens!
Got to see former student Chloe Womble at Frank & Shirley's where I got some delicious chicken salad plates. Wayside will be reopening soon and their hours will be M-Saturday from 5:30-2:30.
Am seeing either a Viceroy or Monarch fluttering about. Saw my first ever Salt Water Moth.
PARTP and Goodwill have provided the town with attractive and informative signs (this week's photo) for locating important places in Aurora.

Getting closer to the opening of the new grocery store (that was the old Family Dollar) and the medical center reopening.
The PS Jones African-American Education Museum has a new exhibit about education here in Aurora. It is located in the old band room at the Ed Tech Center.
Aurora's VFD has a new engine that replaces one from 1983 and pays homage to education in Aurora with schools' colors.



Grantsboro Jeff Roberts, *Correspondent*



It Only Takes Three
Good morning, good afternoon, and good evening. Come on up on the porch and sit awhile. This week I want to introduce you to three people.
Three doesn't sound like a very big number. We probably wouldn't think three people could accomplish all that much in a day. But Saturday morning I spent some time with the folks at Truitt Seafood in Oriental, and before the morning was over, I had a very different appreciation for just how much three people can do.
Clint and Tiffany Belangia are the owners, with deep ties to the commercial fishing industry going back generations. William LeVeen is the deckhand, but he does so much more.
My morning started before we ever stepped aboard the boat. The first job was checking the peeler crabs. I watched as they carefully went through them, looking for the ones that had shed and were ready to be removed. I quickly learned that this isn't something you check in the morning and come back to tomorrow. Those crabs are checked roughly every four hours, day and night.
Nature doesn't punch a time clock.
When a crab is ready to shed, it doesn't particularly care that it's two o'clock in the morning and somebody would rather be sleeping. And that's only one small part of what these three people do.
There are hard crabs harvested from our local waters. Mullet caught for a local bait shop. Clams and oysters harvested by hand tong. After living around seafood for more than 50 years, I can tell you that some of the clams and oysters I've seen them have are among the finest I've seen.
Then it was time to climb aboard the skiff.
I've spent plenty of mornings standing along our creeks and rivers photographing commercial fishermen from the shore. Saturday was different. This time I wasn't watching a boat disappear into the distance. **I was going with them.**
Once on the water, I began noticing something that photographs from the shoreline can't really show: the rhythm of the work. There wasn't a lot of wasted movement. One task flowed into another because these weren't people putting on a demonstration for the guy carrying the camera. Clint and William work together like a fine-tuned 350 engine. **They were simply doing their job.**
And maybe that's what impressed me most.

We see the finished product. We see a bushel of crabs, a bag of clams or oysters, or bait waiting at the local tackle shop.
What we don't always see are the hours attached to it.
We don't see someone checking peeler crabs throughout the night. We don't see the early mornings, the fuel, the equipment, the weather, or all the work that happens before something from our local waters ever reaches us.
We see the seafood.
We don't always see the people.
We hear the words "support local" so often these days that sometimes I wonder if we've forgotten what they really mean.
Local isn't just a slogan printed on a sign.
Local is three people checking peeler crabs in the middle of the night. It's a skiff leaving the dock in the morning. It's mullet going to a bait shop down the road. It's clams and oysters harvested by hand from waters not far from our own back doors.
Saturday morning I went to Truitt Seafood in Oriental carrying my camera and expecting to come home with photographs.
And I did.
But once again, the people on the other side of my camera gave me something more important.
They gave me a better understanding of the work behind the photograph.



Pamlico Betty Jo Rodgers, *Correspondent*



Sunday morning, I attended Pamlico Methodist Church for their early Sunday School and Worship service. Four young children sang special music, and it was nice to worship with old and dear friends. The Pamlico Church fellowship hall expansion looks great. Debbie says it should be open by Christmas. I am glad to see the church growing again. I remember as a child when there was just the sanctuary. Sunday school class would huddle around one of the two electric heaters when it was cold. I remember raising money to build bathrooms and a classroom about 45 years ago. Then when Mr. Parker was here, the present fellowship hall and kitchen had been enlarged by extending the first addition.
Some other exciting news for Pamlico was the visit of our granddaughter Hannah and her husband Aidan Broecker. This is their first visit to Pamlico since they returned from serving for two years as missionaries to Norway. It was a short visit, but they are also expecting their first child, so Mildred and I went to Raleigh on Sunday afternoon for a baby shower. They are expecting a boy and

have already picked out his name. My fourth great grandson will be named Shepherd Isaiah Broecker.
I have not given up the ministry. I am still teaching a Bible Study on Wednesday mornings at 10:00 am in the fellowship hall at Stonewall Methodist Church. This Bible study is open to anyone who wants to study the Word of God. I am also still an adjunct chaplain at the Carolina East hospital.
Chatted with my friend Ms. Reba Tiller. She is back playing the piano for Bethel again. She is about to celebrate her 93rd birthday. She and I share puzzles and a dear friendship. I wish her a simply wonderful birthday and many more to come.
Celebrating birthdays in August are Linda Gwaltney (8/17), Jodi Moore (8/18), Judy Styron, Irene Wright (8/21), Aiden Reason, Mark Norman, and Reba Tiller (8/23), Carrie Ellen Hopkins (8/24), Cathy Muse Bunn (8/25), and Chris Meadows (8/27).
Have a blessed week. Concerned? Take Spiritual Vitamin C. "Come to me, all you who labor and are heavy laden, and I will give you rest." (Matthew 11:28)

STATEWIDE CLASSIFIEDS

Auctions
2-Day AbsoluteAuction: 500+ Knives-Razors-Hatchets. 220+ Firearms-Ammunition-Accessories. August 28-29 at LeinbachAuctionGallery, 9497 N.NC Hwy150 Clemmons,NC 27012. AuctionZip.com for Info ID#5969 NCAL#5871
Home Improvement
No more cleaning out gutters. Guaranteed! LeafFilter is backed by a no-clog guarantee and lifetime transferable warranty. Call today 1-877-649-1190 to schedule a FREE inspection and no obligation estimate. Get 15% off your entire order. Plus, Military & Seniors get an additional 10% off. Limited time only. Restrictions apply, see representative for warranty and offer details.
Miscellaneous
WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-866-489-0571. Have zip code of service location ready when you call!
Miscellaneous
We Buy Houses for Cash AS-IS! No repairs. No fuss. Any condition. Easy process: Call, get cash offer and get paid. Call today for your fair cash offer: 1-919-925-6362.

Miscellaneous
Get a High Quality, Modern Design bath or shower transformation in as little as One Day. \$0 Down, \$0 Installation, \$0 Payments for 12 months! Call: 1-877-243-7050.
Miscellaneous
Donate your car today, running or not. Support Patriotic Hearts for our Veterans and their Families! Free fast pickup. May be tax deductible. Se habla Español. Call now: 877-317-3360
Miscellaneous
BEHIND ON YOUR MORTGAGE PAYMENTS? Threatened with foreclosure? Denied a loan modification? Let us help! Call the Homeowner Relief Line to speak with a mortgage specialist 844-492-0883
Miscellaneous
We Buy Vintage Guitar's! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelo, Stromberg. And Gibson Mandolins / Banjos. These brands only! Call for a quote: 1-866-923-0482
Miscellaneous
Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-869-7055 today!

Miscellaneous
Replace your roof with the best looking and longest lasting material – steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer – up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815
Miscellaneous
Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Stappacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503]
Sale
Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-877-920-7405
Time Share
Wesley Financial Group, LLC Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 844-213-6711

Breakdowns happen. We'll take it from there.

Let Cinch Home Services help you save on costly repair bills.

Our home warranty covers:

Air Conditioning Systems	Garage Door Openers
Boat Lifting Systems	Heating Systems (Boiler or Radiators)
Boiler Systems	Hot Water Heaters
Brick Chimneys	Interior Gas Lines
Central Air Conditioning	Laundry Pumps
Central Heating	Refrigerators
Central Vacuum Systems	Septic Systems
Ceiling Fans	Stoves
Ceiling Repairs	Water Damage
Ceiling Repairs	Water Heaters
Ceiling Repairs	Water Heaters
Ceiling Repairs	Water Heaters
Ceiling Repairs	Water Heaters

Get 30% off your home warranty plan!

Don't wait! Call now for your best offer.

(855) 209-0350

ERIEHOME

Erie Roofing Since 1976

Trust the Nation's #1 Roofing Contractor

Award-Winning Roofing and Customer Service

LIMITED TIME OFFER

50% OFF

Installation

FREE ESTIMATE

SCHEDULE TODAY!

Call 1.855.585.1815

CALL TODAY! 1.855.585.1815

New orders only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Construction Mid-West, Inc. ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use on hometimeservices.com/compliance. All rights reserved. License numbers available at eriehome.com/erielicenses/

GENERAC

#1 standby generator worldwide.

Get whole-home power, automatically.

Call 855-553-0363 to schedule your free quote today!

*Terms & conditions apply

HELLO SUNSHINE

Goodbye Clogged Gutters

Upgrade your gutters this summer! LeafFilter blocks out common debris.

Save up to*

35% Off

+ Free gutter inspection, quote good for 1 year

Promo code: 285

Call 1-877-649-1190

*Promotional offer includes 35% off plus an additional 10% off for qualified veterans and/or seniors. Cannot be combined with other offers. See representative for full warranty details. AR 368920626, AZ ROC 344027, CA 1035795, CT HIC067820, DC 420225E-11, FL CBC058678, IA C127230, ID ROC-51804, LA 559444, MA 213282, MD MHIC11225, HIC04458, MI 262300331, 262300330, 262300329, 262300328, 262300318, 262300317, MN 1810304, NY 2681022, ND 47034, NE 50145-24, 50145-25, NJ NJ01H1020200, NM 420555, NV 86800, OR 216294, PA PA179643, RI GO-41354, TN 10981, UT 10783585-5501, VA 2705169445, VT 1740000871, WA LEAFLH1763PG, WI No. 637, DC-FRR WV WV05592. Promotion exp. 8/31/2026.

DENTAL Insurance

Big dental bills? Get protection.

Dental insurance from Physicians Mutual Insurance Company, Inc.

Get your FREE Information Kit

It's easy! Call or scan today

1-844-496-8601

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/find-dentist. This specific offer not available in CO, KS, NY, OR – call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, (ID: C254ID); PA: C254PA); Insurance Policy P154/B469 (GA: P154GA; OK: P154OK; TN: P154TN). 6370

FEEL SAFE ON EVERY LEVEL

\$750 OFF

+ FREE Installation of your new Safe Step Stairlift

1-844-843-0593

Why So Relaxed?

Even Fido knows you need to get informed.

Get busy and subscribe today.

The Pamlico News

Your County News Source Since 1968

801 Broad Street. • 249-1555 • www.ThePamlicoNews.com

The Pirate Jam,

a **FREE** concert you attend by water is back!

Patronize our Pirate Jam Sponsors and get this free burgee!



Pirate Jam 2026
Oriental, NC

Sat. Sept. 5
1 - 6:30 pm
Teach's Point
Oriental
Raindate: Sunday, Sept. 6

Brought to you by:



Get yourself this **FREE** 3' x 2' burgee (flag) by spending \$150 at any one, or a collection of our **PJ SPONSORS**. Just bring your receipts to a redemption center to get your burgee. Check our website for our qualifying sponsors and redemption centers.

Pamlico County Arts Council is the designated County partner of the North Carolina Arts Council, a division of the Department of Natural and Cultural Resources, a state agency dedicated to the promotion and protection of North Carolina's arts, history and culture.



The Signature Blend band entertains a crowd of waterborne music fans at the 2025 Pirate Jam.

Ahoy, Mateys! Pirate Jam to Cap Off a Swashbuckling PAC Pirate Month!

Get ready to hoist the main sail and set a course for adventure, Pamlico County! The Pamlico Arts Council (PAC) is once again bringing back everyone's favorite concert attended by water-craft (Boats, kayaks, rubber duckies, whatever!) – the legendary Pirate Jam – on the afternoon of September 5th. This year's Pirate Jam promises to be the grand finale to an entire month of "mis-chief and mayhem (within lawful limits)" during the officially decreed PAC Pirate Month!

Pirate Jam: The Ultimate On-Water Concert Returns!

Mark your calendars for Saturday, September 5th, because you won't want to miss the most fun, FREE concert you can ever attend by water: the Pirate Jam! Get yourself over to Teach's Point (also know as Dewey Point) across from the launch ramp in Oriental, and prepare for an afternoon of incredible live music from three absolutely awesome bands. The musical festivities kick off at 1 p.m. with the lively sounds of Carolina Revival. At 3:00 p.m., get ready to rock with the Southern Hellcats, and to bring the day to a climactic close, Heart Stop will take the stage starting at 5 p.m. Gather your crew, decorate your vessel, and prepare for an unforgettable experience on the water!

A Month of Mayhem: PAC Pirate Month Kicks Off!

As decreed by Oriental Mayor, Sally Belangia, PAC Pirate Month is in full swing, offering a treasure trove of entertainment leading up to the main event. The Pamlico Arts Council has packed August with activities designed to delight pirates of all ages.

Burgee Bucks Drive: Get Your Free Pirate Flag!

The month began with the annual Burgee Bucks drive, your chance to earn a coveted free Pirate Jam burgee (flag)! Thanks to the generous backing of PAC sponsors, you can collect \$150 in receipts from any one or combination of participating sponsors from August 1st to September 5th. Hurry, as a limited number of burgees are available! Keep an eye on the PAC website for new sponsors joining daily!

Band Sponsors: Oriental Village Veterinary Hospital, Piggly Wiggly, The Silos, Southern Sky Lodge, Tideland EMC, Tow BoatUS Oriental, Triton Yachts, Zimmerman Marine.

Burgee Sponsors: A&B Land development, Aggie's, Banks Built Custom Homes, Bayboro Pharmacy, The Bean, Brantley's Village Restaurant, Dragon Wagon, Evolution Sailmakers, Farm Bureau Grantsboro, First Citizens Bank, Gretchen's Bistro, Harbourside Garden Co., Inland Waterway Provision Co., Magnolia House, Mariner Realty, Nick Castro Landscaping, Oasis Spa, Oriental Marina & Inn, Sailcraft Service, Scuba Steve, and Studio 55.

Redemption Centers: Harbourside Garden Co., Inland Waterway Provision Co., Mariner Realty, Nautical Wheelers, and The Silos.

We also extend our gratitude to Delamar & Delamar and Diversified Auto for their generous donations (please note: receipts from these donors do NOT count towards Burgee redemptions).

Pirate Movie Night Under the Stars!

On Friday, August 21, come to the Red Rooster for a rollicking good time at Pirate Movie Night! Start the evening with live music by Ken Belangia and friends before the sun sets. They'll set the perfect mood for the feelgood pirate movie, "Swashbuckler," once the sun goes down (7:47). This classic stars Robert Shaw (Captain Quinn from Jaws), James Earl Jones, Peter Boyle, Genevieve Bujold, and Beau Bridges. Fun fact: "Swashbuckler" was the only pirate movie filmed aboard an actual ship of that era, the galleon Golden Hinde replica!

Join the Pirate Crawl!

On Saturday, August 22nd, watch out for pirates taking over Oriental! Beginning at 5 p.m., a Pirate Crawl will embark, with buccaneers visiting many of their favorite spots for grub and grog. You are heartily welcome to join the crew on this festive crawl – pirate attire is strongly encouraged! Watch our Facebook page for details.

Pop-Up Pirate Fun!

Keep your spyglass peeled for Pirate Pop-Ups at our sponsors' businesses, which have already begun and will continue throughout the rest of the month. Check the Pamlico Arts Council Facebook page frequently for lots of photo fun and updates with our amazing sponsors!

Join us in celebrating our rich piratical heritage this August! This project is proudly supported by the North Carolina Arts Council, a division of the Department of Natural and Cultural Resources.

Did you know?

Car guys and gals tend to be passionate about their vehicles and their love of the open road, and that might be one reason why the average summer vacation road trip is hundreds of miles. Though there's more to a driving vacation than a love of the open road, a recent survey from Road Runner Auto Transport found that 42 percent of respondents planned to drive between 200 and 499 miles for their summer vacations in 2025. An additional 26 percent intended to drive between 500 and 999 miles. The romanticization of the open road affects a significant percentage of road trippers, 14 percent of whom identified nostalgia for classic road trip memories as their motivation to take a driving vacation.



PAMLICO RESCUE



WE WILL NEVER FORGET.
★ 9.11.01 ★

Honoring the Heroes.
Serving Our Community.

Give Blood. Save Lives.



BLOOD DRIVE

★ EVERY DROP HONORS A HERO. ★ EVERY DONATION SAVES A LIFE. ★



DATE:
FRIDAY,
SEPTEMBER 11TH, 2026



TIME:
9:00 AM – 2:00 PM



LOCATION:
PAMLICO RESCUE
911 Grace Daniels Rd.
Bayboro, NC



★ ★ ★ ★
WE REMEMBER.
WE HONOR.
WE SERVE.



TOGETHER, WE MAKE A DIFFERENCE.



Scan to register
to donate with
RapidPass®



WALK-INS WELCOME!
APPOINTMENTS ENCOURAGED.
Please eat, hydrate, and
bring a photo ID.

Thank You
to Our First Responders
AND TO EVERY DONOR WHO
KEEPS OUR COMMUNITY STRONG.



★ THANK YOU FOR GIVING THE GIFT OF LIFE. ★

Please go to RedCross.com to Pre-Register

"Health is not just about feeling good, it's about functioning at your best."



SPORTS INJURIES?

High School Sports can be TOUGH on you.

► **BACK PAIN** ► **KNEE PAIN**
► **NECK PAIN** ► **SHOULDER PAIN**
IMPROVING FUNCTION, IMPROVES PERFORMANCE



Dr. Ken Vieregge, II
13550 Hwy 55 East, Alliance
252-745-0334

Refine Your Body And Your Life

The benefits of learning a foreign language

People choose to learn a second (or third) language for a variety of reasons. Career opportunities, travel plans or enriching an academic portfolio are some reasons to learn a foreign language, but the benefits to becoming multilingual don't stop there.

UNESCO notes that roughly half of the world's population is bilingual. Ninety-two percent of students in Europe learn another language in school; nearly 25 percent of Canadians can hold a conversation in both English and French; but only about one in five K through 12 students in the United States are enrolled in a world language class, says ACTFL® Language Connects. Knowing more than one language pays numerous personal and professional dividends, and here are some of the top benefits to consider.



Boost brain reserves

Bilingual people may have more impressive brains than those who speak one language. With the help of MRI technology, researchers are able to compare the differences between monolingual brains and bilingual brains on a visual level. Bilingual people have been shown to have more neurons and dendrites, which are the connections between neurons. These components are known as gray matter. People who are bilingual have denser gray matter, says World of Better Learning. Bilingualism also impacts white matter, which is the system of nerve fibers that connect all four lobes of the brain. Bilingual people have increased white matter integrity.

Cognitive benefits

Ithaca College notes bilingual people typically exhibit greater attention and task-switching capacities than monolingual individuals. They may also be more creative and better at developing visual-spatial skills. A more active brain might delay neurological diseases like dementia.

Introduction to a new culture

Language is one of the first introductions to a new culture, and can be the gateway to learning more about a country or a people. Taking part in the language makes for a more immersive experience.

Better memory

Practicing vocabulary and learning grammar skills in another language can boost memory power. According to a 2013 study published in the Journal of Cognitive Psychology, people who speak a second language regularly perform better on memory tests than those who are monolingual.

Personal growth

Language study helps students to develop new interests and push themselves in new directions. Learning a new language is challenging, and overcoming obstacles can offer a lesson in resilience. There are scores of reasons to learn another language. Students who add language classes to their schedules can benefit in myriad ways.





QUALITY HEALTHCARE WHEN
INSURANCE ISN'T AN OPTION

At Hope Clinic, our dedicated providers and staff offer high-quality, whole-person care in a welcoming and supportive environment.

WHO WE SERVE

Uninsured and underinsured adults without access to healthcare
Ages 18-64
Pamlico, Craven, & Beaufort Counties
Household income is not more than listed below. Some exceptions may apply.
Please call the office with any questions regarding eligibility.

Family Size	Annual	Monthly	Weekly
1	\$ 47,880	\$ 3,990	\$ 921
2	\$ 64,920	\$ 5,410	\$ 1,457
3	\$ 81,960	\$ 6,830	\$ 1,839
4	\$ 99,000	\$ 8,250	\$ 2,221
5	\$ 116,040	\$ 9,670	\$ 2,603
6	\$ 133,080	\$ 11,090	\$ 2,986
7	\$ 150,120	\$ 12,510	\$ 3,368
8	\$ 162,450	\$ 13,930	\$ 3,750
Each Add'l add	\$ 5,680	\$ 473	\$ 109

2026 Federal Poverty Level Guidelines

SCAN FOR INFO!



Phone: (252)-745-5760 Ext 501
Email: info@hopeclinic.net
www.hopeclinic.net

Nosotros hablamos español!

13808 NC Hwy 55
Bayboro, NC 28515

SERVICES

- Primary Medical Care
- Lab Testing
- Medications
- Case Management
- Specialist Referrals
- Substance Use Support Services
- Peer Support
- Mobile Outreach Locations

Multiple Language Translation Services Available in over 200 languages including American Sign Language



PROUDLY SERVING EASTERN NC
LOCALLY OWNED & OPERATED



BACK TO SCHOOL SAVINGS

★ MENTION THIS AD FOR AN EXCLUSIVE DISCOUNT! ★

TEACHERS, SCHOOL STAFF, VETERAN, FIRST RESPONDER DISCOUNTS AVAILABLE



LOWEST PRICES GUARANTEED ON QUALITY PRODUCTS, BUILT TO LAST

TRAILERS 20% BELOW MSRP!
ENCLOSED CARGO • UTILITY • DUMP
EQUIPMENT • CAR HAULERS • TILT-BED

 15-25% OFF SHEDS + GREENHOUSES
100% AMERICAN MADE STEEL BUILDINGS

- ✓ TRAILERS, SHEDS, GARAGES
- ✓ CARPORTS, GREENHOUSES
- ✓ WOODEN FURNITURE
- ✓ CHICKEN COOPS
- ✓ BRUSH MOWERS
- ✓ PUSH TRIMMERS
- ✓ MINI EXCAVATORS
- ✓ SAWMILLS + WOOD SPLITTERS

AND MORE!



 252-649-5630
 23201 NC-55 ORIENTAL NC
 ENCPRODUCTS.COM

 FINANCING
OPTIONS AVAILABLE

 NO CREDIT
RENT-TO-OWN

 FREE DESIGNS &
LOCAL SITE VISITS

- ✓ QUALITY YOU DESERVE.
- ✓ SERVICE YOU CAN TRUST.
- ✓ PRICES YOU WILL LOVE.

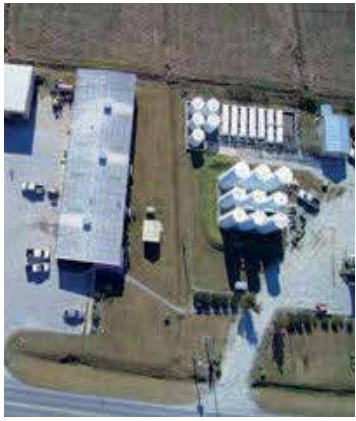
Best Wishes To All Students Starting A New School Year

Located in Aurora, North Carolina, Potter Oil Co., Inc. has been in operation for over 50 years. We are licensed to distribute gasoline and distillates in NC, SC, and Virginia for all of your commercial fuels and lubricant needs.



Potter Oil Co., Inc.

24250 NC-33, Aurora, NC 27806
252-322-4031 • 1-800-962-8473
www.potteroil.com



Check Out Our Lower Prices On Basic Maintenance Items

Lube, Oil & Filter



\$15 Off

Most cars – up to 5 quarts & standard oil filter

Free Brake Inspection

+\$20 off

Any Brake Service

Free alignment check w/4 tire purchase

\$10 OFF

any tire

Complete fuel injection cleaning

\$119.95

(reg. \$149.95)

Offer good until 9/30/26



Hours : Monday - Friday 8:00 a.m. to 5:00 p.m. Call Us! 12006 Hwy 55 East Alliance (252) 745-9078



The unexpected perks of extracurriculars

Once a new school year begins, students soon find themselves back in the hustle and bustle. Extracurricular activities likely will figure prominently in students’ and parents’ schedules.

Extracurriculars offer many benefits to students, but also come with a considerable commitment of tim and even money. The University of Florida notes that a study of more than 13,000 tenth graders found that, on average, the teens participated in two to three extracurriculars and spent about five hours per week on them. While moderate involvement in these extracurriculars was found to improve academic performance, at very high levels of involvement (more than 14 hours a week), teens’ academic well-being declined.

The most obvious benefit of extracurriculars is spending time with like-minded peers who share the same interests. But there are many additional and lesser-known benefits of extracurricular activities.

- Take healthy risks. Extracurriculars enable students to try something out of their comfort zone. This is low-stakes risk-taking where students can try, sometimes fail, and brush themselves off to try again to build confidence.
- Become civically minded. The University of Florida also notes a study of 1,000 teens who were followed from high school into young adulthood as a testament to the potential benefits of extracurriculars. Study participants who were involved in extracurriculars were more likely to vote, volunteer and be psychologically healthy, well-educated adults.
- Strengthen executive functioning skills. Extracurriculars can help students coordinate complex, non-academic tasks, such as organizing a play or musical performance. They also help to rewire the brain to handle stress, collaborate and manage multifaceted projects.
- Motivate kids to exercise. Though not all extracurriculars are physical in nature, many are. Sports help kids be more active in ways that may not seem like the work of heading to the gym, according to WebMD. Those who regularly exercise are at lower risk for many health conditions, including high cholesterol and obesity.
- Students can reinvent themselves. Extracurriculars offer students a chance to get a break from how they may be seen at home or in school. If a student is dubbed “the science kid” in a different setting, an extracurricular may afford him or her a chance to try on a creative persona. Similarly, a typically quiet student may be gregarious when participating in the school play. Extracurriculars enable reinvention and can help kids find their real voices.
- Make learning fun. School can be taxing on students, especially by the time they reach high school. Extracurriculars can renew students’ passions, especially when they choose an activity for themselves that they truly enjoy.

Extracurricular activities enable students to adopt new personas, make friends, boost physical and mental health, and realize long-term advantages as they age.







BRICE POINTE

A THRIVEMORE COMMUNITY

Reserve it all before rates increase.

From beautiful homes and resort-style amenities to engaging experiences and access to long-term care – Brice Pointe will redefine retirement in New Bern with upscale independent living and the security of a Life Plan Community.

Secure your future at Brice Pointe now, while the best homes are still available.

Call 252-659-4550 to reserve your home.



Brice Pointe Sales Center
503 W. Thurman Rd., New Bern, NC 28560 | BricePointe.org



COASTAL LIVING

Hurricane Community Forum



North Carolina’s coastline is the most hurricane prone area in the United States and if you live and own property here, it is essential that you are prepared for the potential effects of tropical weather. On Monday, to better prepare for such an event, the Town of Oriental hosted their annual Hurricane Community Forum. Whether you are a hurricane newbie or a veteran of many landfalls, this forum is full of great information you need to know to protect your life and home. First up was Oriental Town Manager Diane Miller with information specific to Oriental. Being prepared by stocking up on essential supplies is a priority. “The first 72 is on you” is a point of emphasis, meaning that if you chose to remain in your home after an evacuation order is given, be prepared to be without assistance for 72 hours. “No one can force you to leave your home, but if you chose to stay, emergency responders may not be able to assist you. Having food, water, medicine, and pet care supplies are essential.” She also stressed that the town website is packed with information and that hurricane packets are available to residents at town hall. Next up was Lauren Wargo, Community Relations Representative with Duke Energy. She spoke appropriately enough about electricity, including what Duke Energy has done in the past year to help keep you from losing power. She also gave important information about getting your power restored after a storm. Ms. Wargo was followed by a familiar face if you have attended these forums before, National Weather Service Meteorologist Erik Heden. Mr. Heden’s presentation was packed full of information about tropical weather and how to best stay informed during hurricane season. “Make sure you are getting your information from a reliable source such as weather.gov.” He also spoke about three things

everyone should do to prepare now. Assess your risk level, make a hurricane kit, and have an evacuation plan that you can implement in advance of the storm. “Remember, water in the number one killer when it comes to hurricanes.” Finishing up the evening’s program was Oriental’s own Bruce Perkins, who represented the Pamlico Amateur Radio Society. He spoke of the role amateur radio operators play in maintaining a communication network during an emergency. The system the radio society uses, the GMRS (General Mobile Radio Service), will work when cell service and the internet are down and provide an important link in our communication system. He encouraged anyone who is interested to join the group. A great evening full of information to get you prepared for the season and possibly save your life.



National Weather Service Meteorologist Erik Heden goes over Hurricane Preparedness

Town of Oriental – www.townoforiental.com
Duke Energy – www.duke-energy.com
National Weather Service, Newport, NC – www.weather.gov.mhx
Pamlico Amateur Radio Society - www.n4prs.org
National Hurricane Center – www.nhc.noaa.gov

Pamlico County Schools Names Chervon Evans-Morris District Teacher of the Year

By Elizabeth Harwick, PIO Pamlico County Schools

BAYBORO, N.C. Pamlico County Schools is proud to announce **Chervon Evans-Morris, second grade teacher at Pamlico County Primary School, as the 2026–2027 Pamlico County Schools Teacher of the Year.**

Evans-Morris has 15 years of teaching experience, including three years with Pamlico County Schools. She was named Pamlico County Primary School’s 2026 Teacher of the Year before earning the districtwide honor.

“I became a teacher because I want to make a difference in the lives of my students,” Evans-Morris said. “Every child deserves someone who believes in them, challenges them, and reminds them that their possibilities are endless.”

That commitment is evident both inside and outside her classroom. Evans-Morris serves on the District Teacher Leadership Advisory Council and School Improvement Team, is a grade-level chair, mentors student teachers, and provides after-school tutoring for students needing additional support.

She also looks for ways to connect students with their school and community. Evans-Morris created a **Military Hero Wall** honoring military family members of students, educators, and community members and organized a service-learning project in which students created Thanksgiving cards for the crew of the **USS Mason**. She has also founded and directed after-school dance teams during her career, including reestablishing a dance team at Pamlico County Primary School during the 2024–2025 school year.

For Evans-Morris, some of the most meaningful moments in teaching come when students begin to recognize their own abilities. She recalled listening to a student who had struggled with reading complete a fluency passage and realizing the child had made significant progress.

“Sometimes, success is not just about a test score or



a grade - it is about seeing a child believe in herself and recognize that she is capable of achieving something that once seemed difficult,” Evans-Morris said.

That belief is what she hopes students carry with them long after they leave her classroom.

“I hope my students remember that **once a Morris’ baby, always a Morris’ baby!**” she said. “No matter how much they grow or where life takes them, I want them to know that they will always have a special place in my heart.”

She also hopes they leave believing one important message: **“I can do this!”**

Evans-Morris credits her mother, who is also an educator, with inspiring her career and teaching philosophy. “She taught me that being a teacher is about more than delivering lessons - it is about building relationships, believing in children, encouraging them through challenges, and helping them see the potential within themselves.”

Evans-Morris holds a **Master of Arts in Early Childhood Education** and a **Bachelor of Science in Family and Community Services**. She is licensed in Elementary Education (K–6) and Birth to Kindergarten and has completed LETRS training. She was also recognized as a Craven County Spotlight Teacher in 2018.

When asked what makes teaching in Pamlico County special, Evans-Morris pointed to her students, their families, and her colleagues.

“For me, Pamlico County is more than a place where I work, it is a community where I have the privilege of teaching, growing, advocating, and making a difference.”

Pamlico County Schools congratulates **Chervon Evans-Morris** on being named the **2026–2027 District Teacher of the Year** and celebrates her commitment to helping every student feel valued, supported, and capable of success.

THE ONLY MARINE CONTRACTOR YOU'LL EVER NEED

252.665.4976

EXCELLENCE, RELIABILITY, & INNOVATION.
THE FOUNDATION OF EVERY PROJECT.

Our Services:

- Custom Docks & Piers
- Seawalls & Retaining Walls
- Boat Lifts
- Boat Houses & Gazebo Roofs
- Lot Clearing
- Site Preparation
- Bulkhead Backfilling, Grading & Demolition
- Dirt, Rock & Equipment Hauling

BOBBYCAHOONCONSTRUCTION.COM

"I Ain't Scared of No Hurricane"

The Inland Waterway Provision Company

We're a fully stocked marine store and what we don't have we can order for you usually with overnight delivery so you can get back on the water in no time!

Check out our fishing tackle and make your requests as we grow the selection! We also stock an assortment of craft beer, wines, snacks, condiments, personal care products and ice.

HOURS:
Monday – Thursday 9:00 am – 5:00 pm
Friday – Saturday 9:30 am – 5:30 pm
Sunday 10:00 am – 4:00 pm

305 Hodges Street, Oriental, NC 28571
Located at ICW statute mile marker 181

252.249.1797

ESTD. 2020

Jeff Roberts
Veteran Owned & Operated

Mill Creek PHOTOGRAPHY

Landscape • Wildlife • Sports • Portrait • Real Estate • Commercial • Newborn • Maternity • Senior

for all your photography needs. Serving Pamlico and Surrounding Counties.

252-229-3851
millcreekphotography252@gmail.com
millcreekphotography.zenfolio.com

1107 Bennett Rd.
Minnesott Beach, NC 28510
252-249-0200

Your Hurricane Hole!
60 Ton Travel lift, Beams to 19'2"
Dry Storage to 55', Lounge and Bathhouse & WiFi

WET AND DRY STORAGE AVAILABLE

HELP WANTED

Taming kindergarten first day jitters



Kindergarten may be a child’s introduction to formal schooling. Although many families send their children to pre-K programs, it’s not a necessity. Kindergarten, particularly full-day sessions, will set the course of formal schooling for years to come. USAFacts.com says between 3.5 to four million children attend kindergarten each year. Many children about to begin kindergarten understandably are anxious about what lies in store. First day of school jitters are common and may lead to fears and tears in many homes. There are ways to make the first day of kindergarten less scary for kids. Here are some pointers families can follow.

Gradually introduce separations

Kindergarten may be the first time children are away from their parents for extended periods of time. Families can intro-

duce controlled separations that gradually increase in duration. Play dates with friends at friends’ homes can stretch a few hours, or grandparents can take kids out for excursions. The goal is to show kids they can thrive without their parents being around.

Attend school-sponsored functions

Many schools offer meet-and-greet opportunities for incoming kindergarteners in a fun setting. It may be an ice cream social or a pizza party that enables newcomers to mingle. This way some faces will be familiar when school begins.

Create a special send-off goodbye

Make children look forward to leaving with a handshake, wave or another goodbye that is unique to them. Then this goodbye can be repeated each morning at drop-off.

Touch base with other parents

Parents can use community social media groups to connect with other families who have kids going into kindergarten. Then children can make friends before the start of school and arrive together.

Wind down summer hours

Parents can acclimate kids to going to bed earlier and rising earlier to mimic a school year schedule. Begin this transition a few weeks before school starts. Kindergarten is a chance to learn new things and make friends. Although the change comes with some nerves, families take various steps with a goal toward making sure kids are excited about starting kindergarten.

We service and install all brands and models of Heating & Air Conditioning Units

Natural or Propane Gas, Oil, Electric, or Geothermal

- Free estimates on new installations and/or replacements.
- Residential and commercial applications
- Complete ductwork inspections, repairs, and now offering duct cleaning.
- Serving five counties for over 35 years

American Standard
HEATING & AIR CONDITIONING

(252) 745-5135

6690 Hwy. 55 East in Reelsboro
Emergency, Nights & Weekends 252-670-7688
www.scottph.com

PCC offers short-term training courses that can lead to great jobs in healthcare and more!



Billing and Coding programs!
Medical and Dental tracks! Starting Aug. 24!



Medical Office Professional
Online program starting Aug. 24!



Phlebotomy Technician
Day and evening options start Aug. 25!

And don't forget about PCC's other great short-term courses:

- * **Electronic Health Records, Starts Aug. 24!**
- * **ServSafe, One-day training on Aug. 24!**
- * **Basic Computers for Seniors, Begins Aug. 25!**
- * **Community Health Worker, Starts Sept. 1!**
- * **Microsoft Office, Starting Sept. 3!**
- * **Medication Aide, Course begins Sept. 8!**
- * **Nurse Aide I, Daytime course starts Sept. 9!**



Financial aid is available for many of Pamlico's short-term Continuing Education courses! Call 252-249-1851, ext. 3015, or email lgiles@pamlicocc.edu for more information!

FREE Basic Skills courses! Fall classes forming now! Complete your GED® at PCC or learn English with our English as a Second Language (ESL) classes! Call 252-249-1851, ext. 3015!

For more information or to register for any of these great courses, please call 252-249-1851, ext. 3015, today!



Health & Wellness

Gastroparesis Awareness Month 2026:

“More Than Invisible” Campaign Shines a Light on a Hidden Digestive Disease

During Gastroparesis Awareness Month, the International Foundation for Gastrointestinal Disorders (IFFGD) is proud to launch its national awareness campaign, “More Than Invisible,” to educate the public, empower patients, and increase understanding of gastroparesis—a chronic digestive disorder that affects millions of people yet often goes unrecognized.

Gastroparesis, also known as delayed gastric emptying, occurs when the stomach empties food too slowly despite there being no physical blockage. Because symptoms are often not visible to others, many individuals experience years of misunderstanding, delayed diagnosis, and isolation before receiving appropriate care.

Although the illness is largely invisible, its impact is anything but. People living with gastroparesis may experience persistent nausea, vomiting, abdominal pain, bloating, early fullness after eating only a few bites, reflux, regurgitation, unintended weight loss, and malnutrition. Symptoms often occur during or after meals and can significantly affect nutrition, employment, emotional well-being, and overall quality of life.

The “More Than Invisible” campaign aims to remind communities that while a person with gastroparesis may not appear ill, they are often managing a complex medical condition every day. Beyond the physical symptoms, many individuals face anxiety, depression, social isolation, and the challenges of planning daily activities around unpredictable symptoms and dietary restrictions.

Throughout Gastroparesis Awareness Month, IFFGD will share educational resources, patient stories, expert interviews, downloadable fact sheets, and social media content to increase awareness and encourage meaningful conversations about the condition. The campaign also seeks to help patients recognize symptoms earlier and encourage healthcare providers to consider gastroparesis when evaluating individuals with persistent upper gastrointestinal symptoms.

“Too many people living with gastroparesis feel unseen and unheard,” said Ceciel T. Rooker, President of IFFGD. “Our More Than Invisible campaign is about giving a voice to patients whose daily struggles often go unnoticed. By increasing awareness, we hope to shorten the path to diagnosis, improve access to care, and build greater compassion for everyone affected by this condition.”

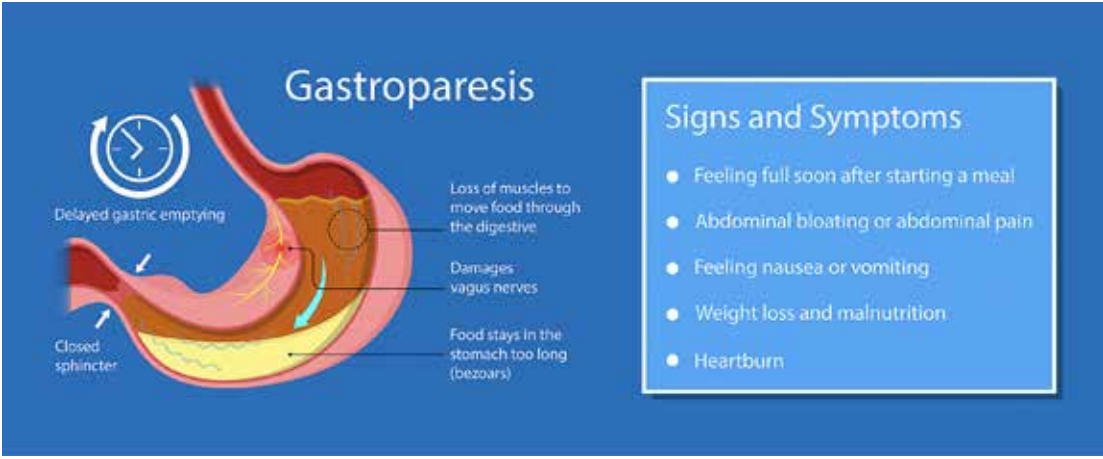
IFFGD encourages patients, caregivers, healthcare professionals, and advocates to participate by sharing their stories, posting educational messages using #MoreThanInvisible, and helping spread reliable, evidence-based information throughout their communities.

Visitors can learn more about gastroparesis, including symptoms, diagnosis, treatment options, and patient support resources by visiting the About Gastroparesis website. (<http://www.aboutgastroparesis.org>)

Together, we can ensure that gastroparesis is recognized as more than invisible—it is a serious, life-altering condition that deserves understanding, research, and compassionate care.

About IFFGD

The International Foundation for Gastrointestinal Disorders (IFFGD) is a nonprofit education and research organization dedicated to informing, assisting, and supporting people affected by chronic gastrointestinal disorders. Through education, advocacy, and research, IFFGD works to improve the quality of life for individuals living with digestive health conditions and to advance understanding among patients, healthcare professionals, and policymakers.



We specialize in primary medical and dental care for the entire family.



313 Main Street | Bayboro, NC
252-745-2070 (medical) | 252-745-0781 (dental)
contentnea.org/Locations

“Of all the paths you take in life, make sure a few of them are dirt.”

– John Muir

High school students are eligible to take tuition-free PCC courses!

The N.C. Career & College Promise program is a great way to save money and to get ahead in your studies or your career!

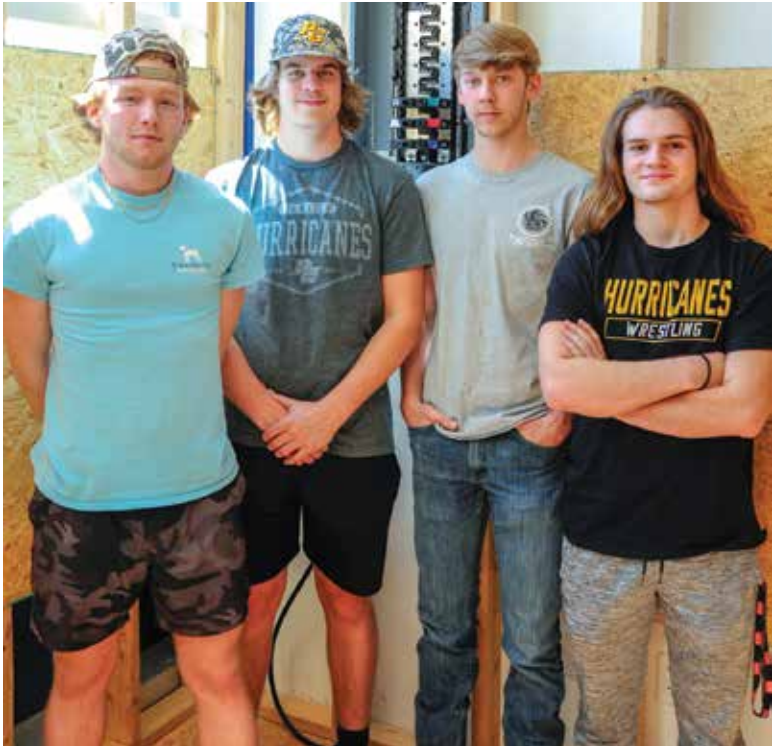


Registration for high school students who want to take tuition-free PCC courses will take place Aug. 24, 25 and 26 from 8 a.m. to 3 p.m. at the college’s Mattocks Center in Bayboro!



The courses are open to students who attend Pamlico County High School, Arapahoe Charter School, Pamlico Christian Academy or a home school!

For details, call PCC’s Derek Godwin at 252-249-1851, ext. 3106.



There’s still time to register for classes for the Fall 2026 semester!
Pamlico’s online courses start Aug. 31, so you need to act FAST!
Call PCC today at 252-249-1851, ext. 3001, email studentservices@pamlicocc.edu or drop by the campus to discuss your options!



PAMLICO

COMMUNITY COLLEGE

Recognized as a national leader in student success!

5049 N.C. 306 South
Grantsboro, NC 28529
252-249-1851, ext. 3001
studentservices@pamlicocc.edu
www.pamlicocc.edu